

## Coniston Trail Challenge 16k

Pos	Gender Pos	Bib	Name	Age Cat	Club	Finish Time
1	1	451	Ewan Ling	MU25		1:15:29
2	2	166	Bob Milton	M	The rummers club	1:18:04
3	3	127	Marc Lyons	MV 40		1:19:36
4	4	597	Ben Compton	MU25	Chorlton Runners	1:21:15
5	5	156	Sean Freestone	M		1:23:38
6	6	422	Sylvain Husson	MV 40		1:23:51
7	7	155	Teddy Ferguson	MU25		1:25:21
8	8	576	Matthew Wright	M		1:26:06
9	1	34	Sally McCulloch	FV 40	Eden Runners	1:26:37
10	9	680	Joseph Thompson	MU25		1:26:57
11	10	636	Isaac Mills	MU25		1:27:36
12	11	657	Jack Vickers	M		1:27:47
13	12	512	Josh Rymer	M		1:27:56
14	13	313	Jamie Cashmore	M		1:28:16
15	14	494	Ethan Joel Patton	M		1:28:22
16	2	343	Michelle Crowley-foxwell	FV 50	Ambleside Ac	1:28:28
17	15	492	Jake Parker	M		1:28:34
18	16	148	James Carter	MU25		1:30:32
19	3	618	Candice Heys	FV 40	Clayton Le Moors Harriers	1:30:45
20	17	365	David Dufton	M		1:32:14
21	4	466	Grace McGarvey	GU25		1:33:39
22	5	331	Erin Colclough	GU25		1:33:39
23	18	560	James Whiston	MU21		1:34:35
24	19	106	Josh Brierley	M	The rummers club	1:34:55
25	20	115	Aiden Ellis	M		1:35:47
26	21	165	Liam Maddison	M		1:36:01
27	6	62	Milly Vine	GU25		1:36:03
28	22	350	Chris Davies	MV 40	Team inov-8	1:38:12
29	23	105	Matthew Birchall	M		1:38:26
30	24	176	Roger Taylor	MV 50		1:38:34
31	7	579	Amelia Young	GU25	ENDURE Ascent	1:38:35
32	25	317	Shane Chapman	MV 40	South Derbyshire road runners	1:38:41
33	26	109	Hugh Carter	M		1:39:12
34	27	456	Stuart Mansfield	MV 40	Bradford Airedale AC	1:39:19
35	8	277	Victoria Bateman	FV 40	Prestwich Athletics	1:39:31
36	28	605	Andy Drake	MV 50		1:39:33
37	29	312	David Carr	M		1:39:55
38	9	361	Kate Donnelly	FV 40	Derwent Valley Trail Runners	1:40:22
39	30	170	Russell Openshaw	MV 50		1:40:38
40	31	541	Elias Thierry	MU25		1:40:45
41	32	371	Ferit Eyuboglu	M		1:40:49
42	33	529	Martin Stewart	MV 50		1:41:02
43	34	381	Patrick Geldard-Williams	M		1:41:09
44	35	380	Chris Gee	MV 50	Rochdale Harriers	1:42:16
45	36	192	Anthony Carroll	MV 40		1:42:18
46	10	315	Alice Chamberlain	F		1:42:23
47	37	209	Robert Harper	MV 50	Yorkshire Wolds Runners	1:42:47
48	38	600	Gavin Coverley	MV 40		1:43:02
49	11	204	Lucy Vine	GU25		1:43:40
50	39	483	Andrew O'boyle	MV 60		1:43:43
51	40	152	Simon Darlington	MV 50		1:43:48
52	41	160	Rob Johnson	M	The rummers club	1:44:29
53	42	602	Luut De Jong	MV 50	AV Horror	1:45:22
54	43	124	Alan Lea	MV 40		1:45:55
55	44	535	Mark SWAINSON	MV 40		1:46:42
56	45	603	Michael Devlin	MV 40		1:46:51
57	12	617	Isabelle Harrison	GU25		1:47:51
58	46	213	Andrew Rivett	MV 60	DCH	1:48:03
59	47	581	Andrew higginson Andrew higginson	MV 40		1:48:03
60	48	137	Sean Sunley	MV 50	DCH Coaching	1:48:10
61	49	397	Andrew Hamman	MV 40		1:48:16
62	50	288	Chris Birkett	M		1:48:17
63	51	385	Ian Goodall	MV 40		1:48:19
64	13	54	Morag OBrien	FV 50	St Bees Triers	1:48:34
65	14	46	Claudia Hammond-Price	FV 40		1:48:39
66	52	270	Jamie Ball	M		1:49:44

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67	53	615	David Glass	M		1:50:11
68	54	526	Paul Southern	MV 50	Derwent valley trail runners	1:50:40
69	15	525	Marta Snopinska	FV 40	Ilkley Harriers	1:50:44
70	55	113	Martin Dodd	MV 50		1:51:12
71	56	333	Dylan Coltman	M		1:51:20
72	16	510	Megan Roys	F		1:51:26
73	17	472	Lucy Merlo	FV 50	Littleborough Runners	1:52:03
74	18	329	Eleanor Coates	F		1:52:11
75	57	266	Tim Baker	MV 50		1:52:14
76	19	341	Daisy Cripps	F		1:52:28
77	20	179	Lisa Tyrer	FV 50		1:52:37
78	58	666	Will Donagain	M		1:52:48
79	59	521	Thomas Sims	M		1:52:53
80	21	459	Heidi Marshall	FV 40	Eden Runners	1:52:59
81	22	280	Alexandra Battersby	FV 40	Tyne Bridge Harriers	1:53:15
82	23	221	Catherine Pochkhanavala-Cleeve	FV 40		1:53:16
83	24	318	Anastasia Chew	FV 40	Queen's Park harriers	1:53:23
84	25	562	Caroline White	FV 60	London Heathside	1:53:39
85	26	479	grace morrall-kelly	F	Stone master marathon	1:53:53
86	27	362	Gillian Doolan	FV 50		1:54:02
87	60	164	Peter Ling	MV 50	Congleton Harriers	1:54:13
88	28	334	Katarina Compton	FV 40		1:54:30
89	61	517	Dean Sharples	MU21		1:54:34
90	29	311	Janette Canfield	FV 50		1:55:01
91	62	454	Ryan Lynch	M		1:55:03
92	30	336	Annie Consiglio	F		1:55:32
93	63	543	Ryan Thorburn	M		1:55:47
94	64	367	Antony Ellis	M		1:56:10
95	65	310	Jack Campbell	M		1:56:11
96	66	134	Joseph Silva	MU25		1:56:13
97	31	485	Betty O'boyle	GU21		1:56:53
98	32	460	Tracy Mault	FV 40		1:56:58
99	33	254	Fiona Allen	FV 40	UTS	1:57:52
100	34	438	Vicky Kehoe	FV 50	UTS running club	1:57:52
101	67	540	Kieran Taylor-Bradshaw	M		1:58:05
102	35	545	Alice Tollan	F		1:58:21
103	68	442	Steven Kjar	MV 50	Benfleet	2:01:12
104	69	269	Douglas Ball	MV 70	Low Fell	2:01:20
105	36	58	Michelle Rushby	FV 50	Holmfirth Harriers AC	2:01:30
106	70	307	Chris Bunker	MV 40		2:01:31
107	37	542	Alison Thorburn	FV 50	Eden Runners	2:01:33
108	71	471	Daniel Merlo	MV 50	Rochdale Harriers and AC	2:01:51
109	38	501	Laura Premack	FV 50		2:02:01
110	39	493	Tracy Parker	FV 50		2:02:02
111	72	346	David Cummins	MV 50		2:02:02
112	73	347	Michael Cummins	MV 60		2:02:17
113	40	24	Sarah Mercer	F		2:02:26
114	41	65	Magdalena Wisniewska	FV 40		2:02:30
115	74	349	Steven Darwick	MV 40	Black Combe Runners	2:03:06
116	42	630	Jen Mackie	F		2:03:11
117	43	251	Susan Acott	FV 40		2:03:12
118	44	332	Emily Colebourne	F		2:03:30
119	75	480	Brian Moses	MV 50		2:03:47
120	76	121	Jamie Humphrey	M		2:03:50
121	77	101	Owen Reid	MU25	Endure ascent	2:03:59
122	45	417	Rachel Hodgson	F		2:04:09
123	46	437	Ces K	FV 40		2:04:09
124	78	401	Nick Harries	MV 60	Westcroft Triathlon Club	2:04:42
125	47	400	Jessica Harries	F		2:04:42
126	79	402	Scott Harries	M		2:04:42
127	80	110	Matt Carter	MV 50		2:05:04
128	81	159	Graham Ibbetson	MV 50		2:06:13
129	82	668	Pete Burlingham	MV 40		2:07:03
130	48	458	Lucy Marsden	F		2:07:31
131	49	644	Gerry Richards	FV 60	Women on the run	2:08:01
132	50	51	Cath Jones	FV 60	Radcliffe Athletics Club	2:08:30
133	83	433	Gary Jones	MV 60	Bolton Harriers	2:08:32
134	51	639	Joanne Moss	FV 50		2:08:36

Lakeland Trails in Coniston  
**Coniston Trail Challenge 16k**



Pos	Gender Pos	Bib	Name	Age Cat	Club	Finish Time
135	52	56	Helen Peacock	FV 40		2:08:58
136	53	409	Jen Helm	FV 40	Prestwich AC	2:08:59
137	54	599	Sharon Cooper	FV 50	Wesham Road Runners	2:09:00
138	55	582	Stephanie Bairet	FV 40		2:09:16
139	84	104	Mark Austin	MV 50		2:09:16
140	56	389	Rachel Grayson	FV 50	Quakers Running Club	2:09:34
141	57	220	Tracey Limbrick	FV 60		2:09:35
142	58	447	Cath Lee	FV 60		2:09:58
143	59	174	Lesley Strickland	FV 50	Hartlepool Burn Road Harriers	2:11:19
144	60	553	Marie Walker	FV 50	Sedgefield Harriers	2:11:33
145	85	184	Glyn Williams	MV 50	Prestwich AC	2:12:06
146	61	50	Jo Houghton	FV 60	Prestwich AC	2:12:06
147	62	194	Rach Garner	FV 50	Prestwich AC	2:12:06
148	86	410	Andrew Hemsley	MV 60	Walney Wind Cheetahs	2:12:30
149	63	443	Niki Lace	FV 50		2:12:44
150	64	415	Elaine Hindle	FV 50		2:13:39
151	65	45	Ang Gee	FV 50	Littleborough Runners	2:13:49
152	66	607	Mary Entwistle	FV 50		2:15:58
153	67	467	Emma McGivern	FV 40		2:16:00
154	87	205	Walt Cartwright	MV 50		2:16:04
155	88	272	Karl Barker	MV 40		2:16:09
156	68	21	Jane Hornby	FV 40	Yorkshire Wolds Runners	2:16:34
157	69	591	Emily Bruchez	F		2:16:50
158	70	573	Nicole Wilson	F		2:16:50
159	71	423	Debbie Huston	FV 60	Warrington Running Club	2:16:51
160	72	651	Rebecca Sogbetun	FV 50	Warrington running club	2:16:51
161	73	478	Sophie Moore	F		2:16:52
162	89	468	Peter McGivern	MV 50		2:17:01
163	74	64	Lynn Wilson	FV 50	Yorkshire Wolds Runners	2:17:29
164	75	39	Carol Spoor	FV 50	Tri Preston	2:17:35
165	90	646	Paul Roche	MV 60		2:17:37
166	76	55	Nicky Owen	FV 60	Cheshire Hash House Harriers	2:18:23
167	77	604	Jo Dewar	FV 70		2:19:12
168	78	518	Paula Sharrocks	FV 50	WRC Running Club	2:19:17
169	79	387	Menna Goodwin	FV 50	Warrington Running Club	2:19:21
170	80	509	Susan ROUTLEDGE	FV 40		2:19:41
171	81	663	Julie Wren	FV 60		2:19:52
172	82	154	Sonja Farish	FV 50	Parkside panthers	2:19:53
173	83	27	Suzy Vine	FV 50		2:20:05
174	91	180	Nick Vine	MV 50		2:20:09
175	92	462	Brian McCartan	MV 40		2:20:41
176	84	635	FIONA MCKEAN	FV 60	eden runners	2:21:04
177	85	324	Shiran Cleminson	FV 50	Boldmere bullets	2:21:22
178	93	486	Alan Oakley	MV 60		2:21:29
179	94	182	Thomas Walker	MV 40	Team Sixteen	2:21:40
180	86	22	Helen Jeffrey	FV 40		2:21:46
181	95	557	Matt Ward	MV 50		2:22:04
182	96	212	Paul Plant	MV 50	Skelmersdale Boundary Harriers	2:22:18
183	87	102	Rebecca Andrew	FV 40	Redcar Tri Club	2:22:22
184	88	482	stephanie myers	FV 40	Redcar Triathlon Club	2:22:22
185	89	511	Tracy Ruddick	FV 50		2:22:23
186	90	129	Emma Newton	FV 50	Warrington Running Club	2:22:25
187	91	53	Hannah McKenzie	FV 40		2:24:01
188	92	41	Claire Willis	FV 50		2:24:11
189	93	499	Emma Phillips	FV 40	Chester Road Runners	2:24:26
190	94	645	Amanda Ritchie	FV 60		2:24:51
191	95	126	Sara Lucas	FV 50	Elvet Striders	2:25:23
192	96	393	Jill Gundry	FV 60		2:25:31
193	97	631	Angela Marie Massey	FV 50		2:25:47
194	97	632	Ian Massey	MV 40		2:25:47
195	98	168	Alison Nordon	FV 50		2:26:27
196	99	564	Joanne Whiteley	FV 40		2:27:50
197	100	448	Sarah Lenehan	FV 40		2:27:50
198	98	434	Gary Jones	MV 50		2:28:20
199	101	342	Louise Cripps	FV 60	London Heathside	2:30:45
200	99	217	James Stacey	MV 50		2:31:15
201	100	141	Andy Williams	MV 60		2:31:15
202	102	642	Nicola Price	FV 40		2:32:33

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Pos	Gender Pos	Bib	Name	Age Cat	Club	Finish Time
203	103	20	Charlotte Dennison	FV 40	PRC	2:35:00
204	104	611	Laura Fry	FV 40	Skelmersdale Boundary Harriers	2:35:36
205	105	364	Angela Duff	FV 40	Ealing Eagles	2:36:02
206	106	408	Tara Hellier	F		2:36:57
207	107	285	Sarah Bettinson	FV 40		2:36:58
208	101	133	Greg Ralph	MV 50		2:38:54
209	108	622	Karen Jones	FV 50	Skelmersdale Boundary Harriers	2:38:54
210	109	681	Sandra Riley	FV 50		2:39:36
211	110	322	Wyn Clayton	FV 70	Women On The Run	2:40:11
212	111	38	Nicola Robertson	FV 50		2:40:53
213	102	555	Dan Wallis	MV 70		2:41:23
214	112	163	Joanne Lewis	FV 50	Elvet striders	2:43:33
215	103	534	Neil Sutcliffe	MV 60	TriPreston	2:45:22
216	104	407	Austin Heath	MV 50	Slow A/F Run Club	2:47:34
217	113	520	Jacqueline Shore	FV 60		2:48:03
218	114	429	Abigail Jardine	FV 40	Eden Runners	2:50:22
219	115	654	Catherine Vaneris	FV 50		2:52:08
220	105	655	Harry Vaneris	MV 40		2:52:09
221	116	320	Josephine Clare	FV 50		2:56:58
222	117	191	Stephanie Caldwell	FV 70	Prestwich Athletic Club	2:57:44
223	118	309	Suzanne Cain	FV 50	Prestwich AC	2:57:44
224	119	301	Michelle Bradshaw	FV 40		2:57:44
225	120	139	joanne wells	FV 50	Prestwich AC	2:57:44
226	121	496	DONNA PEARSON	FV 50		3:11:20
227	122	325	sue Clensy	FV 50	Smileys	3:27:02
228	123	158	Martha Henocq	FV 40	Smiley Paces	3:27:03
229	124	404	Delyth Harrison	FV 50		3:27:05

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