

Coniston Trail Run 10k

Pos	Gender Pos	Bib	Name	Age Cat	Club	Finish Time
Coniston Trail Run 10k						
1	1	590	Matty Brown	M		0:49:13
2	2	633	Tom McCluskey	M		0:49:53
3	3	293	Macauley Bond	M		0:50:18
4	4	679	Patrick Reilly	MV 50	Marshlane Harriers	0:50:27
5	1	7	Bethan Lowe	F		0:50:32
6	5	140	Peter White	M	Derwent AC	0:51:48
7	6	297	Christopher Bowers	MV 50		0:52:18
8	2	394	Annie Haine	F	City Of Lancaster Triathlon COLT	0:53:43
9	7	513	Colin Sandie	M		0:53:50
10	8	678	Sam Garel-Jones	M		0:54:57
11	9	259	Jim Andrews	MV 60	Ambleside	0:55:31
12	10	586	Samuel Bhatti	MU25		0:55:33
13	11	118	John Gorman	MV 40		0:55:59
14	3	203	Devkee Trivedi	F	Hoad hill harriers	0:56:09
15	12	424	Ian Irwin	MV 50		0:56:14
16	13	634	Jake McGill	M		0:56:45
17	14	406	Elliot Haworth	M		0:57:29
18	15	103	Glyn Arthur	MV 40		0:57:37
19	16	616	Chris Griffiths	M		0:57:42
20	17	178	Daniel Tierney	M		0:58:19
21	18	672	Sam Lebus	M		0:58:30
22	19	388	Thomas Gorst	M		0:58:37
23	20	612	Mike Geldard	MV 50	Ribble Valley Runners	0:58:59
24	21	354	Martin Dick	MV 50	Red rose road runners	0:59:40
25	22	464	Daniel McDonagh	M		0:59:51
26	23	539	Joe Taylforth	M		0:59:57
27	24	382	Scott Gillespie	M		1:00:00
28	4	446	Kerry Law	FV 40	Moorfoot Runners	1:00:20
29	25	128	Al McKain	M		1:00:26
30	26	151	Alberto Dalla Fiora	MV 50	Atletica Manara	1:00:34
31	27	268	Oscar Balchin	MU25		1:02:52
32	5	428	Jessica Jackson	F	Ambleside	1:03:02
33	28	445	Matt Lannaghan	MU21		1:03:48
34	29	489	Sam Oldridge	M		1:04:38
35	6	49	Anna Harrison	GU25		1:06:23
36	30	403	David Harrison	MV 50		1:06:23
37	31	195	David S Hall	MV 40		1:06:26
38	32	452	Matt Loines	MV 40		1:06:29
39	33	572	Mark Wilson	MV 50	No Drama Llamas Running	1:06:50
40	34	610	Stephen Forster	MV 50	Wharfedale Harriers	1:07:14
41	35	250	Dan Ackroyd	MV 50		1:07:19
42	7	314	Nellie Chadwick-Smith	F		1:07:23
43	36	379	Tom Gathercole	M		1:07:23
44	8	647	Gillian Rowland	FV 60		1:07:25
45	9	559	Jackie Watts	FV 40		1:07:30
46	37	273	Lee Barlow	MV 40	Nob End Run Club	1:07:32
47	38	267	Felix Balchin	M		1:07:38
48	10	554	Ruth Walker	GU21	Border	1:07:41
49	11	68	Debbie Walker	FV 50	Derwent Athletics Club	1:07:49
50	12	61	Alice Tolley	GU21	High Peak Athletics Club	1:07:50
51	39	265	Graeme Atkinson	MV 50		1:08:00
52	40	667	Nic Locock	M	Team inov-8	1:08:04
53	41	670	Rory Reames	M		1:08:25
54	42	669	Adam Stapleton	M		1:08:26
55	43	474	Alistair Mitchell	MV 60		1:08:52
56	44	359	David Dodgson	MV 60		1:09:30
57	45	674	Will Pearce	M		1:09:51
58	46	675	Ben Marchand	M		1:09:51
59	47	587	Toby Blackburn	M		1:09:56
60	48	196	David Hudson	MV 60	Benfleet RC	1:10:08
61	49	216	Josh Snalam	MV 40	Hoad Hill Harriers	1:10:20
62	50	650	Graham Smith	MV 50		1:10:29
63	13	153	Marie Decadt	F		1:11:10
64	51	671	Joe Lebus	M		1:11:16
65	14	449	Kelly Lewis	FV 40		1:11:23
66	15	592	Lynne Carruthers	FV 60	Dch	1:11:33

Coniston Trail Run 10k

Pos	Gender Pos	Bib	Name	Age Cat	Club	Finish Time
67	16	598	Sandra Connell	FV 60		1:11:51
68	52	327	Jonathan Clifford	M		1:12:08
69	17	432	Elizabeth Johnston	FV 50		1:12:24
70	53	112	Bart Decadt	MV 60		1:12:43
71	18	544	Deborah Thorneycroft	FV 60		1:12:55
72	54	186	William Woolcock	M		1:12:55
73	55	491	Alan Parker	MV 60		1:13:09
74	56	253	David Allen	MV 40		1:13:16
75	19	463	Michelle McCarthy	F	Chester tri	1:13:25
76	57	143	Robert Avent	MU25		1:13:30
77	20	264	Michelle Aston	FV 50		1:13:39
78	58	357	Mark Dobson	MV 60		1:13:48
79	21	358	Megan Dobson	F		1:13:48
80	59	157	Mark Hall	MV 50		1:13:59
81	22	298	Melissa Bowers	FV 50		1:14:12
82	23	296	Holly Borradaile	GU21		1:14:16
83	60	171	Iain Peacock	MV 40		1:14:35
84	24	652	Sharon Stones	FV 60		1:14:38
85	61	665	Ryan Thompson	M		1:14:44
86	62	578	Samuel Wroe	M		1:15:34
87	25	351	Mary Dawson	FV 50		1:15:36
88	26	189	Barbara Bellocchio	FV 50	Atletica Manara	1:15:45
89	27	589	Danielle Brockley	F		1:16:01
90	63	583	Tim Balchin	MV 60		1:16:37
91	64	546	Keith Tolley	MV 60	High Peak AC	1:16:55
92	65	570	Alan Wilson	MV 60	Hoad Hill Harriers	1:17:02
93	66	138	Dan Thomas	MV 40		1:17:13
94	67	677	Ben Davies	M		1:17:14
95	28	516	Claire Schofield	FV 50		1:17:24
96	29	588	Kiera Booth	GU21	Blackburn harriers	1:17:36
97	30	390	Alinka Greasley	FV 40		1:17:41
98	31	623	Eva Knowles	GU21		1:17:44
99	68	444	John Lannaghan	MV 50		1:17:47
100	32	487	Jemima Oboyle	GU21		1:17:47
101	69	119	SIMON Hackett	MV 60	Lymm Runners	1:17:53
102	33	658	Shadi Vossough	FV 40		1:18:03
103	34	515	Belinda Schofield	FV 50		1:18:43
104	70	396	Ben Hamilton	MV 40		1:18:52
105	35	490	Stephanie Onliné	F	Stavely Cat Thieves' Running Club	1:18:52
106	36	47	Ciara Harper	GU25	Yorkshire Wolds Runners	1:18:53
107	37	31	Karyn Harper	FV 60	Yorkshire Wolds Runners	1:18:56
108	38	473	Lynne Metcalfe	FV 50	Oakwell RunFit	1:18:58
109	71	218	Paul Wilson	MV 50	Yorkshire Wolds Runners	1:18:58
110	39	36	Gill Nevin	FV 50		1:19:14
111	40	286	Heather Bhatti	FV 50		1:19:20
112	72	536	MD SWANN	M		1:19:21
113	41	326	carole clifford	FV 60		1:19:27
114	42	130	Stephanie Nicol	FV 40		1:19:48
115	43	465	Jessica McGaffin	F		1:21:02
116	44	418	Susie Hodgson	FV 40		1:21:21
117	45	187	Danielle Baker	FV 40		1:21:46
118	73	305	Matthew Brooks	MV 40		1:21:47
119	74	370	CLIFF ETHERDEN	MV 70		1:22:31
120	75	116	George Finch	MU25		1:22:50
121	46	609	Caitlin Fawkes	F	Hoad Hill Harriers	1:23:07
122	47	279	Jayne Batt	FV 60		1:23:07
123	48	532	Ella Sunderland	GU25		1:23:08
124	49	533	Samantha Sunderland	FV 60		1:23:08
125	50	625	Katy Lewis	FV 60		1:23:17
126	76	323	Richard Clements	MV 50	Hip Replacement Runners	1:23:50
127	51	569	Isobel Williamson	FV 70		1:23:53
128	52	662	Lucy Wilson	FV 50	Shropshire Shufflers	1:23:54
129	77	290	Ian Birkett	MV 50		1:24:15
130	53	606	Rose Egan	FV 60	Cheshire Hash House Harriers	1:24:29
131	78	360	Philip Donaldson	MV 40	None	1:24:30
132	79	538	David Tarpey	MV 40		1:24:30
133	54	197	Jac Jones	FV 50		1:24:32
134	80	414	Ben Higginson	MV 70	Preston Harriers	1:24:41

Coniston Trail Run 10k

Pos	Gender Pos	Bib	Name	Age Cat	Club	Finish Time
135	81	211	Steve Longney	MV 50	Yorkshire Wolds Runners	1:24:45
136	55	40	Sara Williamson	FV 50	Chorton Runners	1:25:08
137	56	348	Poppea Daniel	F		1:25:10
138	57	571	Fiona Wilson	FV 50		1:25:20
139	58	425	Kate Irwin	FV 40	Mossley Hill AC	1:25:29
140	59	255	Tracey Allen	FV 40		1:25:29
141	82	676	Teddy James	M		1:26:00
142	60	355	Margaret Dixon	FV 60		1:26:08
143	83	340	Simon Cowling	MV 50		1:26:11
144	61	614	Rose Gillibrand	F		1:26:31
145	62	455	Jenny Mabbutt	F		1:26:32
146	63	601	Calleigh Cowling	GU21		1:26:33
147	64	363	Jayne Dore	FV 50		1:26:34
148	65	284	Elizabeth BENTLEY	FV 40		1:26:38
149	66	477	Anna Moore	FV 40		1:26:38
150	84	426	Mahfuzul Islam	MV 50		1:26:54
151	67	505	Teen Redpath	F		1:27:15
152	85	321	Thom Clarke	M		1:27:15
153	86	356	Phil Dixon	MV 60		1:27:40
154	68	42	Erica Carter	FV 50		1:27:57
155	69	369	Katy England	FV 40		1:28:09
156	70	252	Caroline Allen	FV 40		1:28:09
157	71	484	Gillian O'boyle	FV 50		1:28:19
158	72	549	Emma Wagenvelt	FV 40		1:28:22
159	73	547	Jean Turner	FV 60	Wooler running club	1:28:56
160	74	63	Colette Whelan	FV 60		1:28:58
161	87	117	Jonathan Ford	MV 50	Penwortham Panthers	1:29:18
162	75	411	Rebecca Hepworth	F		1:29:34
163	76	584	Judith Barker	FV 50		1:29:35
164	77	66	Zoya zoya_1980@hotmail.co.uk	FV 40		1:29:56
165	78	43	Louisa Corlett	FV 50	Littleborough Runners	1:29:58
166	79	626	Helen Livesey	FV 60		1:30:30
167	80	33	Sophie Mackay	F		1:30:39
168	88	135	Sean Soulsby	MV 40		1:30:51
169	81	59	Lucy Stark	GU21		1:30:53
170	82	202	Kate Stark	FV 40		1:30:53
171	83	295	Claire Borradaile	FV 40		1:31:34
172	84	476	Sophie Monk	F		1:31:59
173	89	111	Martin Creasor	MV 60		1:33:09
174	85	419	Sarah Hoggarth	FV 50	Orchard Eagles Running Club	1:33:13
175	90	574	John Wiseman	MV 60		1:33:16
176	91	177	Michael Thompson	MV 40		1:33:21
177	86	289	Diana Birkett	FV 50		1:33:24
178	87	556	Josephine LOUISE Walsh	FV 50		1:33:35
179	88	44	Courtney Deakin	F		1:33:38
180	89	29	Angela Briggs	FV 40		1:33:41
181	92	142	Brian Winder	MV 70	Trailblazers	1:36:10
182	90	416	Clare Hiscock	FV 50		1:36:19
183	91	475	Samantha Mitchell	F		1:36:19
184	92	37	Gail Richards	FV 40	Evenwood Road Runners	1:37:03
185	93	210	Elizabeth Hird	FV 50	Fylde Mountaineering Club	1:37:39
186	93	508	David Rosen	MV 70	Lancaster & Morecambe AC	1:38:38
187	94	190	Helen Bowerman	FV 50		1:38:51
188	94	673	Ben Lebus	M		1:39:38
189	95	439	Julie Kelly	FV 60	St Bees Triers	1:41:00
190	96	640	Laura Newsham	FV 40		1:41:41
191	97	167	Jane Mooney	FV 40		1:43:57
192	98	372	Linda Farquhar	FV 70	St Bees Triers	1:44:08
193	95	122	Chris Hutchinson	MV 60		1:45:53
194	99	353	Alison Dick	FV 50	Red Rose Road Runners	1:48:02
195	100	527	Anne Statham	FV 50	None	1:48:54
196	101	23	Emma Luebke	FV 40		1:49:59
197	102	25	Kate Nish	FV 40		1:50:12
198	103	368	Janet Ellis-Pickles	FV 60	CROCWALKERS	1:50:32
199	104	506	Edwina Rickards Collinson	FV 60	Crocwalkers	1:50:33
200	105	28	Caroline Bowsher	FV 60		1:54:05
201	96	100	Richard Macfarlane	MV 40		1:54:37
202	106	257	Pam Anderson	FV 60	York Knavesmire Harriers	1:58:25

Coniston Trail Run 10k

Pos	Gender Pos	Bib	Name	Age Cat	Club	Finish Time
203	97	352	David De Paeztron	MV 70		2:00:09
204	98	258	Richard Anderson	MV 60	York Knavesmire Harriers	2:00:34
205	107	519	Jane Shimmin	FV 60	Croc walkers	2:00:47
206	108	207	Joyce Hamilton	FV 60	Dumfries Running Club	2:06:40
207	109	567	Vivien Wilkinson	FV 70		2:08:23
208	99	175	Mark Sullivan	MV 60		2:10:25
209	110	497	Marie Pembroke	FV 70	Croc walkers	2:10:57

Number of records: 209