

Coniston Trail Run 10k

Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
Coniston Trail Run 10k						
1	1588	Billy Cartwright	m		Team Inov-8	0:39:16
2	1589	Nicola Jackson	f		Team Inov-8	0:46:28
3	1389	James Barsby	m			0:49:17
4	946	Adam Elkin	m	MV 40	Lancaster & Morecambe AC	0:49:47
5	856	Maccauley Bond	m			0:52:36
6	928	Karl Dickenson	m		Lonely Goat Rc	0:52:55
7	1585	Adrian Filipek	m			0:54:02
8	1434	Ronnie Haddow	m	MV 50	Furness Fell Runners	0:54:49
9	1474	Gary O'Neill	m	MV 40	Furness Fell Runners	0:54:59
10	877	Michel Carrillo	m			0:55:27
11	1555	Paul Lewis	m	MV 50		0:55:39
12	973	James Gaffney	m		-	0:56:16
13	986	Josh Glennon	m			0:56:24
14	1146	Gary Moran	m			0:56:44
15	1263	Samuel Stretch	m			0:56:53
16	1106	Paul Macfarlane	m	MV 40	Helm Hill Runners	0:58:03
17	904	Michael Cole	m			0:58:50
18	1120	Matt Marshall	m	MV 40		0:59:03
19	841	Thomas Bateson	m		LBC Tractors	0:59:13
20	1059	Paul Jeffrey-Read	m	MV 50		0:59:17
21	1050	Sophie Hunt	f			0:59:55
22	1011	Mikey Hanna	m		LBC Tractors	1:00:10
23	1097	Peter Llewellyn	m	MV 50	Mearley Runners	1:00:23
24	1431	Simon Gora	m	MV 40	Garstang RC	1:01:25
25	1570	Harrison Nicolson	m			1:01:34
26	1139	Decland Mernagh	m		LBC Tractors	1:02:17
27	1132	Jon Meeten	m	MV 50		1:02:26
28	1505	William Trewby	m			1:02:39
29	993	Ben Goodwill	m			1:03:31
30	1319	Jack Whitworth	m		LBC Tractors	1:04:04
31	825	Phil Anderson	m	MV 40	Riversway Roadrunners	1:04:43
32	1082	Tanya Lambert	f	FV 50	Eden Runners	1:05:10
33	978	Tom Gathercole	m			1:05:13
34	878	Asa Carrington	m			1:05:48
35	849	Luisa Blake	f			1:05:53
36	1329	Mark Wilson	m	MV 50	No Drama Llamas Running	1:05:54
37	1176	Alan Parker	m	MV 50		1:05:59
38	1295	Joseph Tyldesley	m			1:06:10
39	1233	Chris Shaw	m	MV 60	Dark Peak Fell Runners	1:06:40
40	1288	Matt Tinsley	m			1:06:47
41	987	Philip GLENNON	m	MV 60	Ambleside AC	1:06:54
42	925	Pete Davison	m	MV 50	Glaxo Hoad Hill Harriers	1:07:20
43	1044	Joe Horrocks-Taylor	m			1:07:50
44	1285	Daniel Tierney	m			1:08:13
45	1007	Tom Halliwell	m		Nob End Run club	1:08:45
46	1081	Richard Lambert	m	MV 50	Eden Runners	1:09:11
47	1573	Helen Hart	f			1:09:15
48	1048	David Hull	m	MV 60		1:09:19
49	1525	Kristopher Rath	m			1:09:41
50	1261	David Stephens	m	MV 60		1:09:52
51	1264	Frans Strydom	m	MV 40	Furness Fell Runners	1:09:53
52	843	David Bayliss	m	MV 40	Red Rose Road Runners	1:10:01
53	1475	Ray Padgett	m	MV 70		1:10:19
54	898	robert coakley	m			1:10:39
55	848	Adrian Blake	m	MV 40	Edenfield Eagles	1:10:42
56	888	David Chow	m	MV 50	Eden runners	1:11:00
57	907	Tammy Connor	f	FV 40		1:11:44
58	1481	Howard Rand	m	MV 50		1:11:56
59	840	Sally Barton	f	FV 60	Glaxo Hoad Hill Harriers	1:12:02
60	1463	Karen Lloyd	f	FV 40		1:12:28
61	897	Jennifer Coakley	f			1:12:44
62	1339	Luke Wookey	m	MV 40		1:13:00
63	1379	Martha Anderson-Taylor	f			1:13:16



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Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
64	1019	Carol Hatch	f	FV 60		1:13:18
65	1127	Sally McFarlane	f	FV 40	None	1:13:27
66	1331	Paul Wilson	m			1:13:30
67	1181	Basia Pawelczak	f		Blackpool Wyre And Fylde Ac	1:13:34
68	982	Alison Gill	f	FV 50		1:13:35
69	1432	Grant Griffiths	m	MV 60		1:13:42
70	1403	Samantha Catarelli	f		Styal Rc	1:13:45
71	1149	Glenn Morris	m	MV 50	Running Bear	1:13:51
72	1058	Louise Jeffrey-read	f	FV 40		1:13:59
73	1244	Martin Slater	m	MV 40		1:14:18
74	895	Richard Clements	m	MV 50	Hip Replacement Runners	1:14:28
75	1529	Alex Sharman	m			1:14:32
76	1282	William Thomson	m			1:14:33
77	1426	Bradley Foster	m			1:14:38
78	1479	Tracy Pinder	f	FV 40		1:14:40
79	994	Thomas Gorst	m			1:14:42
80	1300	Emily Valentine	f		Wigan Harriers	1:15:01
81	1017	Mat Harrop	m	MV 40		1:15:05
82	1346	Lucy Zaboklicka	f	FV 40	Furness Fell Runners	1:15:11
83	980	Dale Gerrard	m			1:15:25
84	1038	Gillian Holland-Jones	f	FV 60	Styal Running Club	1:15:32
85	1027	Nick Helliwell	m	MV 50		1:15:39
86	1545	Kathryn Holmes	f	FV 40		1:16:18
87	963	Susan Fletcher	f	FV 40	Astley & Tyldesley Road Runners	1:16:36
88	872	Stuart Cairns	m	MV 40		1:16:39
89	921	Tim Cullimore	m	MV 40		1:16:52
90	880	david CARTER	m	MV 60		1:16:59
91	1172	Sophia Padt	f			1:17:02
92	1298	Alicson Daniela Fernandes Urbano	f			1:17:13
93	1325	Alan Wilson	m	MV 50	Glaxo Hoad Hill Harriers	1:17:17
94	1090	Nick Lewer	m	MV 70		1:17:21
95	1540	Sally Ledger	f			1:17:21
96	1049	Sam Humphreys	m			1:17:26
97	1247	Charlene Smith	f			1:17:27
98	1438	Claire Hall	f	FV 40	Na	1:17:40
99	808	Kirsten Abbott	f			1:17:42
100	1330	Paul Wilson	m	MV 60	Eden Runners	1:17:45
101	1162	TREVESSA NEWTON	f	FV 50		1:17:47
102	1342	Kevan Wylie	m	MV 60		1:17:54
103	1124	Michelle McCarthy	f			1:18:24
104	1410	Joanne Devitt	f	FV 50	Knowle & Dorridge Running Club	1:18:27
105	1409	Andrew Devitt	m	MV 50	Knowle & Dorridge Running Club	1:18:27
106	1257	Joel Stanier	m		Red Rose Road Runners	1:18:30
107	1250	Jennifer Smith	f			1:18:52
108	811	Paul Abrams	m	MV 40		1:18:54
109	1167	Alex OBrien	m			1:19:20
110	1512	Jackie Watts	f	FV 40		1:19:34
111	834	Carolyn Barker	f	FV 50	Burden Roadrunners	1:19:38
112	1405	Jenny Clark	f	FV 40	Blackpool Wyre & Fylde AC	1:19:50
113	847	Sam Birchall	m			1:20:32
114	1255	Garry Spivey	m	MV 70	Unattached	1:20:44
115	1416	David Dodgson	m	MV 50		1:20:47
116	831	Graeme Atkinson	m	MV 50		1:20:47
117	1321	Carl Wild	m	MV 40		1:20:56
118	1441	Emma Harnett	f	FV 40		1:20:59
119	1228	Belinda Schofield	f	FV 50		1:21:07
120	1439	Stephen Hanson	m	MV 40		1:21:12
121	1012	Katie Hanson	f		Selby striders	1:21:13
122	939	Andrew Eaton	m	MV 40		1:21:21
123	938	Collette Eames	f	FV 60	JogOnTheTYne	1:21:23
124	1465	Ellie Mackay	f	FV 40		1:21:31
125	1568	Georgia May	f			1:21:37
126	937	Ellie Dwan	f			1:21:44
127	1022	Victoria Hatton	f	FV 50		1:22:05
128	1283	Deborah Thorneycroft	f	FV 50		1:22:11
129	1454	Lee Johnston	m	MV 50		1:22:15



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Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
130	1530	Christopher D'Arcy	m	MV 50		1:22:16
131	1291	Jessica Trewby	f			1:22:22
132	1458	Mart Kissick	m	MV 40		1:22:22
133	1447	Ben Higginson	m	MV 60	Preston Harriers	1:22:32
134	1109	John Macholc	m	MV 60	Accrington Road Runner	1:22:49
135	1145	David Moran	m			1:23:00
136	944	Stuart Edwards	m	MV 60	Lonely Goat	1:23:05
137	1281	Dave Thompson	m	MV 60		1:23:32
138	896	Mary Clifford	f	FV 40		1:23:46
139	1542	Jonathan Frith	m	MV 40		1:23:52
140	1301	Imre Varga	m	MV 50		1:23:55
141	873	Richard Campbell	m	MV 40		1:23:55
142	972	Emma Frost	f			1:23:58
143	1390	Harriet Barton	f			1:24:05
144	1063	Wendy Johnson	f	FV 50	Eden Runners	1:24:07
145	1326	Iain Wilson	m			1:24:12
146	1144	Cathy Monaghan	f			1:24:17
147	970	Katherine France	f	FV 40		1:24:18
148	1035	Rebecca Hodgson	f	FV 40		1:24:19
149	1052	Paul Hutcheon	m	MV 50		1:24:21
150	806	Miriam Abbas	f			1:24:39
151	1182	Iain Peacock	m	MV 40		1:24:42
152	929	Sharon Donald	f	FV 40	DCH Run Club	1:24:53
153	1452	David Holliday	m	MV 50	DCH Run Club	1:24:53
154	1143	Rebecca Modeley	f			1:24:54
155	1485	Joseph Ritson	m	MV 60	Derwent Ac Cockermouth	1:25:01
156	910	Taylor Coppel	f			1:25:08
157	1306	Ian Walker	m	MV 60	Glaxo Hoad Hill Harriers	1:25:22
158	1072	Nicola Joyce	f	FV 50		1:25:32
159	1499	Nicola Stanley	f	FV 50		1:25:44
160	1213	Sarah Robinson	f	FV 50		1:25:59
161	1159	Robert Myatt	m	MV 50		1:26:01
162	1274	Stuart Tattersall	m	MV 50		1:26:12
163	1451	Pete Holding	m	MV 60		1:26:17
164	1160	Gill Nevin	f	FV 50	Rimrose Runners	1:26:27
165	1069	Imogen Jones	f			1:26:48
166	1442	Karen Harper	f	FV 50	Sytal Running Club	1:26:58
167	1514	Katie Welch	f	FV 50		1:26:59
168	1269	Rachel Summers	f	FV 50		1:27:04
169	1064	Aidan Jones	m			1:27:06
170	1066	Fiona Jones	f	FV 50		1:27:06
171	1577	Tony Orr	m	MV 60		1:27:20
172	1055	Nizam Ismail	m			1:27:27
173	1126	Jamie McCreath	m	MV 40		1:27:35
174	1543	Mike Parker	m	MV 40		1:27:55
175	1258	Laura Stanley	f			1:27:56
176	1163	Lesley Nixon	f	FV 50	Red Rose Road Runners	1:28:04
177	1472	Josephine Murray	f	FV 60		1:28:29
178	1235	Mark Shaw	m	MV 50		1:28:33
179	1094	Ruth Lilliott	f	FV 60		1:28:40
180	1256	Shirley Spratt	f	FV 60		1:29:29
181	858	Mandy Borthwick	f	FV 40	Billinge Running Club	1:29:35
182	1428	Zara Gall	f	FV 40	Didsbury Ladies	1:29:38
183	1493	Rachel Seymour Mead	f	FV 40		1:29:38
184	1083	Andrea Lancaster	f	FV 40		1:29:51
185	1273	Liza Tattersall	f	FV 50		1:29:51
186	1065	Charlotte Jones	f			1:30:26
187	1041	Anna Holmes-Rand	f			1:30:29
188	1040	Nic Holmes	f	FV 50		1:30:31
189	1280	Danny Thompson	m	MV 60		1:30:44
190	1287	Alana Tinsley	f			1:30:50
191	1226	Dawn Saxby	f	FV 50	DCH Run Club	1:30:58
192	1519	Claire Willis	f	FV 40		1:31:05
193	1245	Tracy Slater	f	FV 40		1:31:20
194	1323	Andrew Wilkinson	m	MV 50		1:31:25
195	819	Shelly Allen	f	FV 50		1:31:25



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196	957	Amy Fern	f			1:32:16
197	879	Alison Carroll	f	FV 40		1:32:22
198	1309	Peter Wallwork	m	MV 40		1:33:15
199	1248	Claire Smith	f	FV 40	North Shields Poly	1:33:22
200	1194	Tony Priest	m	MV 50		1:33:23
201	1171	Jane O'Brien	f	FV 50		1:33:26
202	1294	Jean Turner	f	FV 60	Telford Harriers	1:33:30
203	835	Matthew Barker	m	MV 50		1:33:31
204	902	Charlotte Cole	f			1:33:43
205	920	Natasha Cruickshank	f	FV 40		1:33:47
206	1080	James Laking	m			1:33:55
207	1005	Andrew Gudgeon	m	MV 50		1:34:21
208	820	Chloe Almond	f		Lancaster Runners	1:34:22
209	1289	Leanne Topcuoglu	f	FV 40	ACF Standish	1:34:30
210	1102	Sharon-lee Lukas	f	FV 50		1:34:35
211	1515	Lisa Whiteley	f			1:34:51
212	942	Jamie Edgar	m			1:34:57
213	1133	Rebecca Meeten	f	FV 50		1:35:05
214	1267	Paul Stubbins	m	MV 50		1:35:06
215	1535	Anna Richings	f	FV 50		1:35:06
216	870	Melanie Burton	f	FV 40		1:35:20
217	1429	Sally Gardner	f	FV 50		1:35:31
218	1103	Aleksandra Lupa	f			1:35:35
219	1488	Simon Robson	m	MV 40		1:35:36
220	1564	Kirstie Whyatt	f	FV 40		1:35:44
221	1310	Julie Walton	f	FV 60	Notts Women Runners	1:36:15
222	916	Helen Craven	f	FV 50	Snaith & Cowick Running Club	1:36:37
223	1393	Emma Brierley	f	FV 50		1:36:58
224	1307	Sarah Walker	f	FV 40		1:37:21
225	850	Amanda Blessington	f	FV 50		1:37:21
226	821	Matthew Almond	m	MV 40		1:37:22
227	1200	Alison Rayner	f	FV 50		1:37:29
228	1101	Katherine-Lee Lukas	f			1:37:38
229	830	Laura Astles	f			1:37:44
230	1018	Emma Harvey-Robinson	f			1:37:45
231	1074	Francesca Kelly	f			1:39:14
232	1567	Stephanie Kelly	f			1:39:15
233	884	Petrina Cassell	f	FV 60	Eden Runners	1:39:16
234	859	Emma Bowden	f	FV 40		1:39:29
235	1500	Sara Summers	f	FV 50		1:39:36
236	1284	Paul Thornton	m	MV 50		1:39:37
237	933	Jane Dring-Morris	f	FV 50	Leicestershire Orienteering Club	1:39:39
238	871	Vicki Buss	f	FV 50		1:40:11
239	1180	Helen Patten	f	FV 50	Red Rose Runners	1:40:35
240	1108	Nicola Machin	f	FV 50		1:40:36
241	1304	LOUISE WAINWRIGHT	f	FV 50	Thornton CLEVELEYS RUNNING CLUB	1:40:43
242	1234	Lynn Shaw	f	FV 50	Thornton Cleveleys Running Club	1:40:43
243	1470	Robert Mundy	m	MV 70		1:41:22
244	1276	mark taylor	m	MV 60	audenshaw asthmatics running society	1:41:34
245	1517	Sally Wilkinson	f	FV 50	Get Over Yourself	1:42:00
246	1240	Ruth Shooter	f	FV 40	Ruth's Runners	1:42:00
247	1277	Michael Taylor	m	MV 40		1:42:06
248	807	Kathryn Abbott	f	FV 50	Red Rose Road Runners	1:42:26
249	1208	Susan Ridings	f	FV 60		1:43:10
250	1377	Amanda Anderson	f	FV 50		1:43:11
251	1424	Jonathan Fletcher	m	MV 50	Ripon Runner	1:43:11
252	1556	Joanne Lewis	f	FV 50		1:43:34
253	1433	jeanette grimes	f	FV 60		1:43:52
254	822	Joanna Amos	f	FV 50		1:44:31
255	833	Elaine Baker	f	FV 50	St Helens Striders	1:45:12
256	1135	Edward Melling	m	MV 60		1:45:26
257	1336	John Wiseman	m	MV 50	Red Rose Road Runners	1:45:26
258	1136	John Melling	m	MV 60		1:45:50
259	1227	Nadine Scaife	f	FV 50		1:46:14
260	1051	Linda Hutcheon	f	FV 50		1:46:24
261	1466	Angela Martland	f	FV 50		1:46:31



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262	1527	Gabby Thorpe	f	FV 40		1:46:57
263	809	Megan Ablett	f	FV 50	Finedon Gladstone Running Club	2:06:59
264	810	Stephen Ablett	m	MV 50	Finedon Gladstone Running Club	2:06:59
265	1521	Trevor Wright	m	MV 60	Finedon Gladstones	2:06:59
266	1177	Steve Parry	m	MV 60		2:06:59
267	1100	Catherine Lowry	f		Finedon Gladstones	2:06:59
268	816	Laura Aldridge	f	FV 40	Finedon Gladstone's	2:07:00
269	823	Dawn Anderson	f	FV 50		2:07:46
270	979	Sara Geary	f	FV 60	Lyme Runners	2:12:08
271	1254	Alison Spencer	f			2:15:58
272	1031	Louise Hill	f	FV 40	Astley & Tyldesley Road Runners	2:15:59
273	1241	Jade Shorrock	f			2:16:08
274	1158	Ann Myatt	f	FV 60	Cheadle	2:16:52
275	997	Jaclyn Gray	f	FV 40		2:31:06
276	1268	Mark Sullivan	m	MV 60		3:11:45
277	1000	Kim Griffiths	f	FV 60	Run in Wirral	3:15:07
278	1205	Gaynor Reid	f	FV 60		3:23:43

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