

# Lakeland Trails in Coniston



Pos	Bib	Name	Gender	Age Group	Club	Time
Trail Run 10k 11am						
1	896	Richard Wilson	m	MV 40	Kendal AC	0:48:43
2	895	Ronnie Haddow	m	MV 50	Furness Fell Runners	0:50:01
3	800	James Barsby	m			0:50:06
4	111	Dan Bell	m			0:50:28
5	860	Jamie Marsland	m			0:50:43
6	887	Liam Gregory	m			0:52:07
7	875	Chris Kennedy	m	MV 40	Tyne and Wear fire and rescue service	0:54:08
8	970	Franklin Higgins	m			0:54:17
9	976	Jim Andrews	m	MV 50	Helm Hill Runners	0:54:32
10	844	Gary O'Neill	m	MV 40	Furness Fell Runners	0:54:44
11	955	Rachel Crow	f			0:55:44
12	925	Tim Gmerek	m	MV 40		0:56:14
13	985	Adrian Filipek	m			0:56:36
14	795	Philip Neal	m	MV 40	Quakers Running Club	0:56:56
15	142	Joel Tyler	m			0:56:56
16	947	Mark Wilson	m	MV 50	No Drama Llamas Running	0:58:07
17	989	David Atkinson	m	MV 50	Blengdale Runners	0:58:20
18	975	Hannah Whitelam	f			0:58:21
19	822	Chris Shaw	m	MV 60	Dark Peak Fell Runners	0:58:36
20	143	David Brooks	m	MV 50	Bowland Bimblers	0:58:46
21	135	Philip Hitchmough	m	MV 50		0:59:06
22	880	Gareth Stansfield	m			1:00:31
23	910	Lynsay Adair	f		Widnes Wasps	1:00:32
24	830	Mike Collins	m	MV 50		1:00:32
25	842	Katrina Mccaughan	f	FV 40		1:00:59
26	847	Simon Thomas	m	MV 40		1:01:19
27	848	Nick Cook	m	MV 40		1:01:39
28	936	Jack Stockton	m			1:02:12
29	950	James Southworth	m			1:02:12
30	832	Kevin Eland	m			1:02:56
31	871	Henry Lucas	m			1:03:13
32	870	Gerard Lucas	m	MV 40		1:03:13
33	977	Jo Andrews	f	FV 50		1:03:18
34	894	Graham Kenealy	m	MV 60		1:04:00
35	836	Colin Walton	m	MV 40		1:04:32
36	869	David Hull	m	MV 60		1:04:42
37	883	Joanne Moyers	f	FV 50	Widnes Wasps LRC	1:04:48
38	946	Steven Livingstone	m			1:05:10
39	444	John Gray	m	MV 50		1:05:38
40	156	Jane Disley	f	FV 50	Black Combe Runners	1:05:47
41	956	Richard Davison	m			1:06:14
42	915	Elaine Fisher	f	FV 50	Ambleside AC	1:06:54
43	794	Andy Brayshaw	m	MV 40		1:07:03
44	988	Jonny Grisedale	m	MV 40		1:07:04
45	808	Adam Birch	m			1:07:21
46	812	Richard Campbell	m	MV 40		1:07:47
47	798	Joseph Ritson	m	MV 60	Derwent Ac Cockermouth	1:08:12
48	127	Michael Hitchmough	m	MV 40		1:08:18



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Pos	Bib	Name	Gender	Age Group	Club	Time
49	146	Stephanie Gillies	f	FV 50	Glaxo Hoad Hill Harriers	1:08:19
50	826	Richard Young	m	MV 50		1:09:03
51	858	Oscar Wiblishauser	m		SurvivalRunning Augsburg	1:09:16
52	902	Martin Bates	m	MV 60	Wesham Road Runners	1:09:40
53	991	Jake Eddleston	m			1:09:54
54	961	Korinne Shaw	f			1:10:10
55	958	Jackie Watts	f	FV 40		1:10:24
56	821	Neil Jarvis	m	MV 50		1:10:33
57	818	Bella Cuthbert	f			1:10:42
58	819	Katherine France	f	FV 40		1:10:58
59	897	Stacey Clark	f		Widnes Wasps Ladies Running Club	1:11:36
60	122	Nicky Race	f			1:11:47
61	962	Ashley Barrett	f			1:12:10
62	907	Steve Jones	m	MV 40		1:12:11
63	859	Helen Davies	f			1:12:22
64	149	Connie Higgins	f			1:12:40
65	15	Rachel Summers	f	FV 50		1:12:53
66	26	Ben Higginson	m	MV 60	Preston Harriers	1:12:57
67	968	Richard Harding	m	MV 40		1:13:40
68	857	Sam Birchall	m			1:13:43
69	876	Dale Gerrard	m			1:13:48
70	981	Martin Wiblishauser	m	MV 50	SurvivalRunning Augsburg	1:13:54
71	118	Sandra Guise	m	MV 50		1:14:03
72	147	Nick Lewer	m	MV 70		1:14:18
73	899	Roy Barton	m	MV 50		1:14:23
74	399	Lindsay Sutcliffe	f	FV 40	Knarborough Striders	1:14:46
75	957	Kristy Wonders	f	FV 40	North Shields Poly	1:14:54
76	861	Jo Bonham	f	FV 50		1:15:08
77	582	Nasreen Alexandra	f	FV 40		1:15:16
78	810	Jacq Charles	f	FV 40	Wirral Vikings Trc	1:15:24
79	834	Lucy McKenna	f		Wigan Harriers	1:15:28
80	117	Ian Walker	m	MV 60	Glaxo Hoad Hill Harriers	1:15:31
81	922	Nicola Daley	f	FV 50	Widnes Wasps	1:15:33
82	141	Catherine Doyle	f	FV 50		1:15:41
83	931	Jason Smith	m			1:15:50
84	846	Graeme Atkinson	m	MV 50		1:16:08
85	837	andy walton	m		alston FC	1:16:11
86	841	Jean Turner	f	FV 60	Telford Harriers	1:16:12
87	852	Deborah Thorneycroft	f	FV 50		1:16:16
88	796	Lesley Neal	f	FV 40	Quakers running club	1:16:22
89	850	Jane O'Brien	f	FV 50		1:16:28
90	980	Celia Wiblishauser	f	FV 40	Survival Running Augsburg	1:16:38
91	939	Vicky Barker	f	FV 50	Dragons Running Club	1:16:42
92	914	Liesl Allcock	f	FV 50		1:16:50
93	997	Louisa Graham	f	FV 40		1:16:53
94	162	Martin Allison	m		Wesham Road Runners	1:17:26
95	124	Alex OBrien	m			1:17:31
96	865	Jo Mccaffery	f	FV 40	Wesham Road Runners	1:17:36
97	148	Pete Holding	m	MV 60		1:17:38
98	881	Susanne Parry	f	FV 50		1:17:38
99	901	Sophie Roberts	f			1:17:41
100	121	Antonina Lach	f			1:17:51

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Pos	Bib	Name	Gender	Age Group	Club	Time
101	930	Elin Brooks	f			1:18:04
102	802	Jayne Batt	f	FV 60		1:18:06
103	831	Paul Cobham	m			1:18:10
104	853	Melissa Grocock	f	FV 40		1:18:28
105	827	Glyn Mcgovern	m	MV 50		1:18:41
106	155	Shelley Strydom	f	FV 40	Furness Fell Runners	1:18:52
107	824	Adam Dickinson	m			1:19:11
108	815	Tina Gee	f	FV 60		1:19:12
109	882	Claire Smith	f	FV 40	North Shields Poly Ac	1:19:27
110	921	Andy Floyd	m	MV 50		1:20:06
111	154	Jayne Dore	f	FV 50		1:20:10
112	849	Mandy Borthwick	f	FV 40		1:20:50
113	443	Amanda Gray	f	FV 50		1:21:17
114	898	Linda Moore	f	FV 60	Widnes Wasps LRC	1:21:31
115	974	James Featherstone	m	MV 60		1:21:47
116	969	Alison Bentley Higgins	f	FV 50	Frome Running Club	1:21:48
117	971	Emma Brierley	f	FV 40		1:21:50
118	999	Sarah Yeates	f			1:22:06
119	661	Annabel Rigby	f		Tri Preston	1:22:06
120	791	Alanna Buckle	f			1:22:07
121	407	Sara Summers	f	FV 50		1:22:09
122	123	Adam Pooley	f	FV 40		1:22:27
123	866	Dee Hughes	f	FV 60		1:22:31
124	120	Rebecca Day	f			1:22:44
125	934	Rachel Antill	f	FV 40		1:22:46
126	927	Gareth McGuire	m			1:23:21
127	929	Ian Staerck	m	MV 40		1:23:33
128	923	Barney Smith	m	MV 40		1:23:33
129	814	Brian Winder	m	MV 70	Darwen Running Group	1:23:36
130	987	Sue Kearney	f	FV 50		1:23:38
131	816	Catherine Cuthbert	f	FV 40	Wallasey Ac	1:23:49
132	839	Derek Ricketts	m	MV 60	City of Hull AC	1:23:51
133	928	Sharon Donald	f	FV 40	DCH Run Club	1:23:57
134	152	David Holliday	m	MV 50	DCH Run Club	1:23:58
135	843	Danny Thompson	m	MV 60		1:24:00
136	583	Sally Anderson	f	FV 40	Knowle And Dorridge Running Club	1:24:24
137	948	Paul Unsworth	m	MV 50		1:24:26
138	125	Beth Unsworth	f			1:24:26
139	793	Ruth Shooter	f	FV 40	Ruth's Runners	1:24:59
140	920	Andrew Scott	m			1:25:01
141	919	Leanne Jones	f			1:25:01
142	908	Helen Davies	f	FV 50	Widnes Wasps Ladies Rc	1:25:09
143	900	Helen Moore	f	FV 50	Widnes Wasps Lrc	1:25:09
144	138	Rachel Kuypers	f	FV 40	Widnes Wasps Ladies R C	1:25:41
145	966	Angela Dallinger	f	FV 40	Red Rose	1:25:55
146	904	Helen Beckett	f	FV 40	Widnes Wasps	1:25:59
147	886	Claire Gillham	f	FV 60	Garstang RC	1:26:32
148	828	Angela Jones	f	FV 50	St Helens Striders	1:27:09
149	854	Caron Parkes	f	FV 50		1:27:18
150	938	nathaniel hind	m			1:27:40
151	868	Julie Jerram	f	FV 50		1:27:43
152	145	jeanette grimes	f	FV 60		1:30:39

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Pos	Bib	Name	Gender	Age Group	Club	Time
153	133	Sally Bowden	f	FV 40		1:30:44
154	851	Emma Bowden	f	FV 40		1:30:44
155	890	Deb Bloom	f	FV 60		1:31:37
156	790	Claire Logan	f	FV 40		1:31:48
157	932	Emma Teggart	f	FV 40	Lonely goat	1:31:49
158	885	Vicky Johnston	f	FV 50	St Bees Triers	1:32:12
159	856	Regan Crompton	f			1:32:14
160	906	Susan Campbell	f	FV 60	Widnes Wasps LRC	1:32:36
161	959	Karen Cutler	f	FV 50		1:33:42
162	863	Penny Swann	f	FV 50		1:34:25
163	996	Kirsten Mcateer	f	FV 50		1:34:34
164	820	Helen Craven	f	FV 50	Selby Striders	1:34:54
165	960	Melanie Armstrong	f	FV 40		1:35:28
166	979	Julie Kelly	f	FV 60	St Bees Triers	1:35:31
167	944	Georgina Briffett	f	FV 40	Dallam Running Club	1:35:57
168	913	Amanda Berry	f	FV 60	Red Rose Road Runners	1:36:57
169	130	Avril Rowley	f	FV 50	N/A	1:36:59
170	867	Ann Myatt	f	FV 60	Cheadle	1:37:14
171	140	Helen Lawrie	f	FV 40		1:38:45
172	917	Kate Brown	f	FV 50		1:40:00
173	916	Tony Greenhalgh	m	MV 60		1:40:00
174	926	Katie McGuire	f			1:40:36
175	952	Jenny Mabbutt	f			1:40:36
176	159	Jan Molyneux	m	MV 50		1:40:44
177	990	Emma Cafferty	f	FV 40		1:41:03
178	978	Christina Davies	f	FV 40		1:41:33
179	157	Rachel Archer	f	FV 50	Swinton Running Club	1:41:50
180	809	Elizabeth Mounsey	f	FV 60		1:42:45
181	903	Agata Rutkowska	f	FV 40		1:44:04
182	911	Joanne Mcgillicuddy	f	FV 50	Widnes Wasps Ladies Rc	1:48:37
183	144	Maria Kearns	f	FV 50	Widnes Wasps Ladies R C	1:48:37
184	941	Lynn Boylin	f	FV 60	Astley & Tyldesley	1:49:57
185	940	Kathryn Pearson	f	FV 50	Astley & Tyldesley Road Runners	1:49:58
186	983	Tracy Loughrey	f	FV 50	Astley&tyldesley Road Runners	1:49:58
187	942	Gill Morgan	f	FV 50	A&T running club	1:49:58
188	992	Tom Pearson	m			1:50:00
189	993	Binuka Gurung	f			1:50:00
190	982	Linda Farquhar	f	FV 70		1:55:53
191	889	Dot Carr	f	FV 70		1:58:02
192	116	Karen Braddon	f	FV 60	Crocwalkers	2:01:44
193	801	Maf Servante Hadow	f	FV 50	Furness Fell Runners	2:05:10

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Pos	Bib	Name	Gender	Age Group	Club	Time
<b>Trail Challenge 15k 1pm</b>						
1	415	Philip Cuthbert	m	MV 40	Wallasey AC	1:15:54
2	633	Bethan Lowe	f			1:17:22
3	686	Sam Bayer	m			1:17:23
4	637	Philip Lonsdale	m	MV 50		1:17:51
5	688	Paul Whittemore	m			1:17:57
6	520	Peter Cushion	m	MV 40	Wirral Vikings Trc	1:18:05
7	426	Nigel Barnes	m	MV 40		1:18:17
8	565	Christian Harrison	m			1:19:51
9	689	Rob Moss	m			1:20:06
10	66	Phill Beard	m	MV 50	N/a	1:20:28
11	687	Stephen Ray	m			1:21:01
12	653	Douglas McClintick	m			1:21:29
13	521	Graham Coupe	m	MV 40	Wirral Vikings Trc	1:22:30
14	650	Pedro Riera	m			1:22:36
15	549	Sarah Morris	f	FV 50		1:22:40
16	745	Ben Hall	m	MV 40	Elswick Harriers	1:23:04
17	516	Daniel McDonagh	m			1:23:39
18	543	David Sargent	m			1:23:40
19	442	Andy Firkin	m	MV 50	Lancaster and Morecambe ac	1:24:51
20	638	Matthew Croughan	m	MV 40	Meltham AC	1:25:04
21	573	Steve Worthington	m			1:25:22
22	569	Adam Barker	m	MV 50		1:25:26
23	530	Louisa Phillips	f	FV 40		1:25:59
24	69	Chris Davies	m	MV 40	Team inov-8	1:26:14
25	632	Ed Potter	m			1:26:57
26	1220	N.N. 1220				1:26:57
27	83	David Parkes	m	MV 50		1:27:54
28	553	Sam Coward	m			1:28:00
29	694	Sophie Lee	f		City of Hull AC	1:28:04
30	639	Rachel Tomlinson	f	FV 40	Metham Ac	1:28:25
31	547	David Pattison	m	MV 50		1:29:18
32	109	Salvatore Genovese	m	MV 50		1:29:38
33	608	Steven Cullen	m	MV 40		1:29:59
34	39	Richard Hankins	m	MV 50	Helsby Running Club	1:30:05
35	494	Hazel Mcwilliams	f	FV 50		1:30:19
36	27	Nicholas Barr	m	MV 60	Forres Harriers	1:30:34
37	471	Alan Parker	m	MV 50		1:30:48
38	572	Marjoiljn Spoorenberg	f			1:31:26
39	71	Nick Howe	m	MV 40		1:31:33
40	610	John Lafferty	m			1:31:51
41	70	Katherine Rooney	f			1:31:58
42	425	Bob Hartley	m	MV 50		1:32:15
43	663	Andrew Carmichael	m	MV 40		1:32:22
44	447	Robin Cattermole	m	MV 50		1:32:46
45	488	Matthew Soanes	m			1:33:07
46	46	Howard Rand	m	MV 40		1:33:27
47	744	Mary Hall	f	FV 40	Elswick Harriers	1:33:46
48	461	Wayne Murtagh	m	MV 40	City of Hull ac	1:33:56
49	64	Michal Parka	m		Glaxo Hoad Hill Harriers	1:34:00
50	86	Rachel Love	f	FV 50	City of Hull AC	1:34:19
51	44	Joanna Fitch	f			1:34:33

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52	566	Jonathan Antill	m	MV 40		1:34:48
53	600	Adam Smith	m			1:35:09
54	390	Justin Wetters	m	MV 50	Goodgym Race Team	1:35:14
55	486	Tom Webster	m			1:35:46
56	559	Anthony Mclaughlan	m	MV 50	Highfield Old Fellers	1:36:14
57	472	Ian Dewar	m	MV 40		1:36:14
58	602	Sandra Connell	f	FV 60		1:36:20
59	522	Louise Chicken	f	FV 50	Tynedale Harriers	1:36:27
60	575	David Macdonald	m	MV 50		1:36:45
61	16	David Miller	m	MV 60	Chorley A. & T.	1:36:53
62	414	Karen Jones	f	FV 40		1:37:06
63	662	Paul Dye	m	MV 50	St Bees Triers	1:37:29
64	527	Leonie Hayler	f	FV 50	Tynedale Harriers	1:37:29
65	771	Sharon Pendleton	f		Dockside Runners	1:37:39
66	612	Andy Buckroyd	m	MV 50	Macclesfield Harriers	1:37:41
67	51	Al Topping	m			1:38:01
68	52	Emily Topping	f	FV 40		1:38:01
69	622	Mark Robinson	m	MV 50		1:38:01
70	498	Ian Davenport	m	MV 50		1:38:19
71	692	Lucy Khan	f	FV 50	City Of Hull Ac	1:38:21
72	616	Gerard Rooney	m	MV 60		1:38:26
73	469	Neil Crossman	m	MV 40		1:38:43
74	601	Neil Coulson	m	MV 40		1:38:49
75	770	Mirjam Kallis	f		inov-8	1:39:39
76	534	Lee Craven	m	MV 50		1:39:44
77	584	Michael Welsh	m	MV 50		1:40:09
78	481	Garance Fourie	f			1:40:12
79	528	Susan Black	f	FV 50	Tynedale Harriers	1:40:20
80	42	Joanne Marsden	f	FV 50		1:40:20
81	34	Garry Smith	m	MV 70	Milltown Milers	1:40:29
82	526	Julie Cook	f	FV 50	Tynedale Harriers	1:40:35
83	411	Robert Harper	m	MV 50	Yorkshire Wolds Runners	1:41:14
84	504	Martin Tilbury	m	MV 50		1:41:19
85	478	Paul Hodgkin	m	MV 40		1:41:58
86	453	Sally Precious	f	FV 50	City Of Hull	1:42:18
87	536	David Proctor	m	MV 40		1:42:42
88	33	Laura Kenny	f	FV 40		1:42:47
89	459	Lee Fletcher	m	MV 40	City of Hull Athletic Club	1:42:48
90	557	Tim Farron	m	MV 50	Dallam Runners	1:42:53
91	641	Jane Mellor	f	FV 40		1:43:03
92	570	Louisa Porter	f	FV 50	Blackpool Freedom Runners	1:43:03
93	503	Andrew Hollowbread	m	MV 50		1:43:19
94	510	Katie Samuelson	f	FV 40	Todmorden Harriers	1:43:27
95	421	Victoria Brooker	f		Ambleside AC	1:43:37
96	523	Zoe Dale	f	FV 50	Yorkshire Wolds runners	1:43:39
97	48	Anthony Maxwell	m	MV 60	Lostock AC	1:43:46
98	605	Patrick Mclean	m	MV 40		1:43:52
99	664	Gareth Amos	m	MV 40	Davenport Runners	1:44:00
100	55	Kath Sibley	f	FV 40		1:44:07
101	640	Rachel Atherton	f	FV 40		1:44:07
102	593	Paul Furness	m	MV 50	Beverley AC	1:44:15
103	455	Jeannine Ursell	f	FV 40		1:44:16

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104	35	David Walsh	m	MV 60		1:44:25
105	645	Steve Rolls	m	MV 50		1:44:29
106	589	Zoe Hooton	f		Lancaster & Morecambe Ac	1:44:41
107	409	Ross Kirby	m	MV 40		1:44:41
108	439	Stephen Perry	m	MV 60	Lancaster And Morecambe Ac	1:44:47
109	607	Alison Jackson-Hedges	f	FV 40	Trentham Running Club	1:44:49
110	397	Daniel Maltman	m	MV 40		1:44:55
111	18	Cecilia Marsh	f	FV 40		1:44:57
112	629	Sam Jones	f		Penwortham Panthers	1:45:12
113	630	Chris Pilkington	m		BookofPilx	1:45:12
114	457	Helen Duncan	f		City Of Hull Ac	1:45:32
115	587	Daniel Martino	m	MV 40		1:45:34
116	635	Paul Abrams	m	MV 40		1:45:36
117	579	Julian Egan	m	MV 50		1:45:37
118	451	Elaine Shepherd	f	FV 50		1:46:04
119	571	Trevor Billington	m			1:46:34
120	618	Peter McGivern	m	MV 40		1:46:47
121	420	Thomas Walker	m		Team Sixteen	1:47:01
122	624	Victoria Pearman	f		Allithwaite Running Club	1:47:13
123	762	Andrew Wilkinson	m	MV 50	Wesham road runners	1:47:13
124	578	Abbey Wilson	f		Yorkshire Wolds Runners	1:47:16
125	412	Paul Wilson	m	MV 50		1:47:17
126	479	Kirsten Rhodes	f		N/A	1:47:27
127	590	Richard Pennock	m	MV 50		1:47:32
128	537	Jason Robinson	m	MV 40		1:47:42
129	393	Carl Wild	m	MV 40		1:47:48
130	419	Caroline Ford	f	FV 40	Parbold Pink Panthers	1:47:50
131	429	Ian Lucas	m	MV 60	Witham Running Club	1:47:54
132	462	Greg Swinbourne	m	MV 50	Hartlepool burn road harriers	1:47:56
133	654	Hannah McClintick	f			1:48:46
134	490	Deborah Wallwork	f	FV 40		1:49:02
135	752	Graham Schofield	m	MV 60	Chorley Harriers	1:49:06
136	538	Nigel Meier	m	MV 50	N/a	1:49:10
137	1182	N.N. 1182				1:49:20
138	41	Dave Arnold	m	MV 40		1:49:25
139	416	Anna Howard	f		Knaresborough striders	1:49:26
140	626	Mark Shaw	m	MV 50		1:49:28
141	491	Diane Cawley	f	FV 40		1:49:32
142	410	Karyn Harper	f	FV 50	Yorkshire Wolds Runners	1:49:46
143	396	Peter Wallwork	m	MV 40		1:49:55
144	29	Mike Smith	m	MV 60		1:50:19
145	517	Jo Colvin	f	FV 40		1:50:23
146	67	Susan Smerdon	f	FV 40	Widnes running club	1:50:48
147	22	Jen Husdan	f			1:50:51
148	665	Amanda Cirelli	f	FV 50		1:50:53
149	405	Belinda Schofield	f	FV 50		1:50:56
150	404	Richard Clements	m	MV 50	Hip Replacement Runners	1:50:57
151	389	Polly Gould	f			1:50:58
152	619	Gary Morton	m			1:51:00
153	452	Andrea Keen	f	FV 40	City of Hull	1:51:15
154	609	Damian Moss	m	MV 50		1:51:19
155	483	Katie O'sullivan	f	FV 40		1:51:23

# Lakeland Trails in Coniston



Pos	Bib	Name	Gender	Age Group	Club	Time
156	591	Darren Eccles	m	MV 40		1:51:25
157	435	Paul Amit	m	MV 40		1:51:25
158	698	Natalie Bell	f		City of Hull AC	1:51:29
159	492	Robert Myatt	m	MV 50		1:51:29
160	551	John Miller	m	MV 50		1:51:33
161	592	Laura Porter	f	FV 40	Penny Lane Striders	1:51:51
162	533	Anna Holmes-Rand	f			1:51:54
163	401	Steve Longney	m	MV 50	Yorkshire Wolds Runners	1:51:57
164	532	Nic Holmes	f	FV 40		1:51:58
165	524	Stephen Dale	m	MV 60	Yorkshire wolds runners	1:52:04
166	586	Simon Yates	m	MV 50		1:52:27
167	585	Jacinta Yates	f	FV 40		1:52:28
168	596	Liam Blyth	m	MV 40		1:52:31
169	454	Martyn Precious	m	MV 50	Unattached	1:52:35
170	65	Katy Lewis	f	FV 50		1:52:39
171	56	Sue Smith	f	FV 40		1:52:57
172	467	Patrick Loughlin	m			1:53:31
173	466	Eve Frost	f			1:53:32
174	54	Luke Watkins	m			1:53:53
175	514	Donna Wood	f	FV 40	Milltown Milers	1:53:53
176	474	Colin Copland	m	MV 60		1:54:13
177	659	Andrea Hobbs	f	FV 50	None	1:54:26
178	614	Nicky Jones	f	FV 50		1:55:39
179	487	Martina Trapani	f			1:55:49
180	433	Louise Steel	f	FV 40		1:55:53
181	24	Gayle Clarke	f	FV 40	None	1:55:53
182	649	Peter Reed	m	MV 70	Northumberland Fell Runners	1:56:03
183	53	Victoria Wehrmeyer	f	FV 40		1:56:47
184	652	Dan Barnett	m	MV 40		1:56:52
185	634	Caroline Stephens	f			1:56:55
186	57	Clare Pain	f	FV 40		1:56:58
187	563	Jennie Bateson	f	FV 40		1:57:11
188	568	Jennifer Hill	f	FV 40		1:57:13
189	32	Ruth Beesley	f	FV 40		1:58:05
190	413	Lynn Wilson	f	FV 50	Yorkshire Wolds Runners	1:58:26
191	707	Caroline Mack	f	FV 50		1:58:40
192	28	John Mack	m	MV 40		1:58:40
193	385	Rebecca Hanson	f	FV 40		1:58:55
194	519	Andrew Godfrey	m	MV 40	Milltown Milers	1:59:04
195	482	Alexandra Miron	f			1:59:15
196	651	James Fialho	m			1:59:18
197	475	Hannah Swift	f		N/a	1:59:37
198	476	Roger Grimble	m			1:59:40
199	505	Catherine Vaneris	f	FV 40		2:00:15
200	408	Karen Thistlethwaite	f		Lonely Goat	2:00:50
201	595	Paul Hatton	m	MV 60		2:01:05
202	594	Grace Hatton	f			2:01:05
203	432	Paul Heaton	m	MV 60		2:01:20
204	470	Steven Ohara	m	MV 40		2:01:42
205	540	Linda Clark	f	FV 60		2:01:56
206	49	Sheila Maxwell	f	FV 60	Lostock AC	2:01:58
207	577	Colleen Thundercliffe	f	FV 50	City Of Hull Ac	2:02:10



# Lakeland Trails in Coniston



Pos	Bib	Name	Gender	Age Group	Club	Time
208	456	Suzie Hilton-bell	f	FV 40	City Of Hull	2:02:10
209	511	Jo Burgoyne	f	FV 50	City of Hull	2:02:10
210	621	Tony Pilkington	m	MV 60	MV65	2:02:26
211	1574	N.N. 1574				2:02:28
212	507	Paul Denyer	m	MV 50	St Bees Triers	2:02:45
213	508	Amanda Denyer	f	FV 40		2:02:46
214	625	Paul Thornton	m	MV 50		2:03:04
215	567	Niki Ray	f	FV 40		2:03:11
216	427	Emma Hastie	f	FV 40	Parbold Pink panthers	2:03:22
217	400	Jane Hornby	f	FV 40	Yorkshire Wolds Runners	2:03:28
218	636	Laura Pilkington	f			2:03:33
219	506	Joanne Slinger	f	FV 40		2:03:57
220	11	Rhian Broomhead	f	FV 40		2:04:07
221	17	Em Yolland	f			2:04:18
222	25	Cheryl Stanley	f	FV 40		2:04:24
223	499	Graham Collins	m	MV 60	Milltown Milers	2:04:58
224	423	Clare Laybourn	f	FV 50		2:05:09
225	45	Lisa Kallal	f	FV 50		2:05:33
226	617	Gay Goodson	f	FV 40		2:05:53
227	620	Vic Atkinson	f	FV 50		2:05:53
228	445	Wendy Lynch	f	FV 50	Low Fell Running Club	2:05:54
229	440	Robert Clayton	m		Lancaster & Morecambe AC	2:06:13
230	437	Jo Moss	f	FV 40		2:06:14
231	441	Faith Firkins	f	FV 50		2:06:14
232	438	Anna Richings	f	FV 50	Lancaster and Morecambe ac	2:06:15
233	160	Mark Taylor	m	MV 60		2:06:38
234	606	Sarah Jackson-Hedges	f	FV 50	Trentham Running Club	2:06:57
235	598	Claire St John	f	FV 40	BLACKPOOL WYRE & FYLDE ATHLETICS	2:07:04
236	541	Catherine Almond	f	FV 60		2:08:10
237	631	Viv Sherry	f			2:08:19
238	398	Jane Marshall	f	FV 50	York Acorn Running Club	2:08:19
239	73	Robert Mundy	m	MV 60		2:08:30
240	556	Eoin Matthews	m			2:09:29
241	493	Sonja Farish	f	FV 50	Parkside panthers	2:10:16
242	38	Teresa Shrestha	f	FV 50		2:10:38
243	37	Fiona Knox	f	FV 50		2:10:39
244	500	Row Spencer	m	MV 70	Milltown Milers	2:11:35
245	657	Linda Gant	f	FV 60	N/a	2:11:46
246	658	Karen Blackley	f	FV 50		2:11:48
247	623	Paul Wallis	m	MV 50		2:12:12
248	560	Jason Stanley	m	MV 40		2:12:13
249	59	John Kelsey	m	MV 50		2:12:13
250	734	Chris Land	m	MV 50	Quakers	2:12:18
251	40	Jessica Gould	f			2:12:48
252	1373	N.N. 1373				2:13:28
253	613	Shiran Cleminson	f	FV 50	Boldmere bullets	2:13:34
254	387	Darren Maggs	m	MV 50		2:13:35
255	386	Claire Maggs	f	FV 50		2:13:35
256	558	Susie Hanley	f	FV 40	Milltown Milers	2:14:15
257	107	Claire Brierley	f	FV 50		2:14:31
258	552	Kay Campbell	f	FV 40	RI Hughes Primary School	2:14:46
259	774	Marianne Manson	f	FV 40	Dockside Runners	2:14:54

# Lakeland Trails in Coniston



Pos	Bib	Name	Gender	Age Group	Club	Time
260	458	Susan Fletcher	f	FV 50	Fit Mums And Friends	2:15:33
261	436	Karen Scott	f	FV 40	City of Hull AC	2:15:33
262	58	Paul Amos	m	MV 50		2:18:15
263	430	Carole Heaton	f	FV 50	Lions Running Community	2:18:52
264	509	Darren Gillman	m	MV 50	Todmorden Harriers	2:20:36
265	542	Dave Cope	m	MV 70		2:20:38
266	477	Alison Nordon	f	FV 50		2:20:48
267	424	Steve Webster	m	MV 60		2:22:53
268	464	Jacqueline Shore	f	FV 60		2:23:01
269	495	Timothy McWilliams	m	MV 50		2:23:58
270	450	Lenka Ward	f	FV 40	Susie Anton Ladies On The Run	2:24:45
271	448	Gwen Woznikowska	f		Susie Anton Pt Ladies On The Run	2:24:45
272	574	John Bibby	m	MV 40		2:25:36
273	79	Gillian MacDonald	f			2:26:38
274	644	Mark Gray	m	MV 50	Blackpool Freedom Runners	2:30:19
275	643	Hayley Gray	f	FV 40		2:30:19
276	75	Julie Dugdale	f	FV 50		2:34:06
277	74	Sarah Boyle	f	FV 50		2:34:06
278	76	Julie Bland	f	FV 50		2:34:06
279	647	Gabby Thorpe	f	FV 40		2:34:37
280	550	Vivienne Watson	f	FV 50		2:38:05
281	535	Amanda Craven	f	FV 40		2:38:39
282	68	Jill Reed	f	FV 50		2:43:22
283	473	Roberta Whyte	f	FV 60	Linlithgow Athletic Club	2:46:34
284	838	Katy Hartley	f			2:49:07
285	78	Matthew Butler	m	MV 40		3:07:55
286	60	Roza Housby	f			3:07:55
287	539	Carl Lockwood	m	MV 60		3:27:02

# Lakeland Trails in Coniston



Pos	Bib	Name	Gender	Age Group	Club	Time
Trail Race 15k 2pm						
1	729	Philip Hinchcliffe	m		Holmfirth Harriers	1:03:03
2	730	Lewis Hinchcliffe	m			1:03:25
3	96	Alex Haine	m			1:04:17
4	102	Tim Campbell	m	MV 40	Astley & Tyldesley Road Runners	1:05:00
5	161	Lewis Bowness	f			1:06:20
6	788	Helen Smith	f		Wharfedale Harriers	1:06:53
7	743	Jack Gribbin	m		Ilkley Harriers	1:07:32
8	765	Bobby Jones	m			1:08:30
9	754	Jon Gardiner	m			1:08:43
10	777	Jacob Tonkin	m		Keswick AC	1:09:36
11	701	Jim Harlock	m	MV 50	City Of Hull Ac	1:09:40
12	779	Steve Paterson	m	MV 50		1:11:02
13	98	Adam Taylor	m		Kendal AAC	1:11:42
14	164	N.N. 164				1:12:34
15	715	Tom Shaw	m		North Endurance	1:13:07
16	757	Daniel Scott	m			1:13:32
17	749	Lucy Rawlinson	f		Leigh Harriers	1:13:48
18	763	Richard Bate	m		Mercia Fell Runners	1:15:00
19	87	Peter Mason	m	MV 40	City of Hull AC	1:15:15
20	726	Karen Smith	f		St Bees Triers	1:16:06
21	671	Stephen Walker	m	MV 40	Beverley Ac	1:16:16
22	699	Tim Savage	m	MV 50	City of Hull AC	1:16:21
23	90	Peter Fishpool	m	MV 50	Yorkshire Wolds Runners	1:17:05
24	695	Tim Pattle	m	MV 40		1:17:10
25	782	Ed Galloway	m			1:17:22
26	163	Ben Birtles	m	MV 40	City of Hull	1:17:33
27	685	Kate Gibson	f			1:18:43
28	691	Paul Cartwright	m	MV 60	City Of Hull Ac	1:18:59
29	100	Peter Hood	m	MV 60	Wolverhampton And Bilston	1:19:21
30	751	Eleanor Fowler	f	FV 40	Badgers	1:19:24
31	696	Rob ALEXANDER	m	MV 40	City Of Hull Ac	1:19:50
32	783	Becky Lloyd	f			1:19:56
33	719	Gary Bonner	m	MV 50	Sedgley Striders	1:20:08
34	735	James Grinbergs	m	MV 40	Eden Runners	1:20:13
35	679	David Stainthorpe	m	MV 50	Selby Striders	1:21:07
36	92	Bill Hulme	m	MV 40	Non aff.	1:21:21
37	767	Andrew Dawson	m	MV 40		1:22:00
38	85	John Smith	m	MV 60	City Of Hull Ac	1:22:21
39	746	Freddie Jewell	m			1:22:25
40	778	Bruce Penhale	m	MV 60		1:22:34
41	756	Glenn Boulter	m	MV 40	Glaxo Hoad Hill Harriers	1:23:44
42	758	David Norman	m	MV 50	Wolverhampton & Bilston AC	1:24:03
43	88	Rupert Wilks	m	MV 50	City Of Hull Ac	1:24:22
44	690	LIAM MCDONNELL	m	MV 40	SOUTHPORT	1:24:22
45	93	Ruth Mackenzie	f			1:24:36
46	684	Will Hastings	m			1:24:39
47	740	Joy Livermore	f	FV 40	The Bield, Valley Road	1:25:10
48	709	Lynne Callaghan	f	FV 40	Trentham RC	1:25:40
49	717	Eugene Grant	m	MV 50		1:25:47
50	723	Abby Huxtable	f		Pocklington Runners	1:26:03
51	700	Chris Birkett	m	MV 40		1:26:34

# Lakeland Trails in Coniston



Pos	Bib	Name	Gender	Age Group	Club	Time
52	736	Andrew Tomlinson	m	MV 40		1:27:00
53	759	Lesley Fisher	f	FV 60	Burden Road Runners	1:27:30
54	716	Joanne Grant	f	FV 50	Milltown Milers	1:27:48
55	706	Nicola Hughes	f			1:28:02
56	760	Geoff Dale	m	MV 40		1:28:02
57	89	Merlin Duff	m			1:28:25
58	775	Bruce Sawyer	m	MV 40		1:28:50
59	733	Andrew Teague	m			1:28:51
60	785	Stevie Mulgrave	m			1:29:13
61	784	Harry Gawler	m			1:29:14
62	772	Stephen Stuart	m	MV 50		1:29:21
63	108	Michelle Thompson	f	FV 40	Morpeth Harriers AC	1:29:29
64	675	John Pollard	m	MV 60	Glossopdale Harriers	1:29:53
65	104	Aileen Gibson	f	FV 40		1:30:06
66	766	Andrew Robertson	m			1:30:29
67	776	Boris Psodorov	m		Keswick AC	1:30:50
68	103	Simon Hawkyard	m	MV 60		1:31:18
69	708	Lindsay Smith	f		Derwent Valley Running Club	1:33:30
70	681	Richard Hawkins	m	MV 40	York Postal Harriers	1:34:01
71	99	Rosie Taylor	f			1:34:01
72	680	Lesley Stainthorpe	f	FV 40	Selby Striders	1:34:40
73	710	Emma Giles	f	FV 40	Selby Striders	1:35:27
74	676	Paula Fenteman	f	FV 40	Selby Striders	1:35:27
75	678	Adrian Craven	m	MV 50	Selby Striders	1:35:28
76	721	Philippa Leach	f	FV 60		1:35:57
77	786	James Bartholomew	m	MV 50		1:36:33
78	773	Andrew Stuart	m	MV 50		1:36:51
79	110	Mandy Clarke	f	FV 50	Bingley Harriers	1:39:25
80	82	Stuart Brighouse	m	MV 50		1:40:18
81	764	Ewan Taylor	m			1:40:28
82	101	Felicia Singleton	f	FV 50		1:40:28
83	105	Richard Toller	m	MV 60	Dundee Road Runners Ac	1:42:42
84	683	Claire Peek	f			1:42:59
85	761	Stacy Dale	f	FV 40		1:43:14
86	106	Donald Nichol	m	MV 60	ramsbottom running club	1:43:18
87	741	Phil Smith	m	MV 50		1:43:24
88	81	Sarah Hastings	f	FV 50		1:44:16
89	94	Georgia Villalobos	f	FV 40	Prudhoe plodders	1:44:19
90	711	Danielle Glover	f			1:44:21
91	712	Christopher Wardrope	m	MV 40		1:44:22
92	713	John Summers	m	MV 40		1:45:09
93	95	Daniel Shercliff	m	MV 40		1:45:10
94	748	Lee Clark	m	MV 40	Team Acf	1:50:44
95	738	Emma Fance	f		Victoria Park Running Club, Warrington	1:53:03