

## Coniston Trail Challenge 15k - Waves

Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
1	3323	Wayne Beggs	m			1:11:19
2	3164	christian hoyle	m	MV 40		1:16:23
3	3253	James Clarke	m			1:17:39
4	3212	Tim Gregory	m		St Bees Triers	1:17:45
5	3425	Craig Downs	m	MV 50		1:18:05
6	3254	David Connolly	m	MV 40		1:18:18
7	3952	Robert Turner	m			1:18:32
8	3256	Simon Dodd	m	MV 40		1:18:33
9	3277	Stephen Bennett	m	MV 40		1:19:35
10	3255	John Dickinson	m	MV 50	Liverpool Pembroke Sefton	1:19:44
11	3101	Christian Rengers	m			1:19:51
12	3415	Phill Beard	m	MV 40	N/a	1:20:02
13	3480	Joe Wrigley	m		Black Combe Runners	1:20:05
14	3376	David Norton	m	MV 40		1:21:01
15	3248	Michael Smith	m			1:21:09
16	3946	Andy Phillips	m	MV 40		1:22:10
17	3257	Simon Downs	m	MV 50		1:23:16
18	3408	Joseph Priestley	m			1:23:18
19	3384	Jon Tose	m	MV 50		1:23:33
20	3289	Ian Looker	m	MV 50	N/a	1:23:46
21	3407	Owen Panton	m			1:24:06
22	3304	Philip Cuthbert	m	MV 40		1:24:39
23	3401	Andrew Kitts	m			1:24:54
24	3305	Louise Dermott	f	FV 50	LPS	1:24:57
25	3397	Adrian Gooding	m	MV 40	Quakers	1:25:47
26	3395	Dom Coleman	m			1:25:58
27	3672	Andrew Fleming	m	MV 40		1:26:24
28	3299	Neil Brooks	m	MV 50		1:27:38
29	3332	Baz Green	m	MV 40	Cookham Running Club	1:27:39
30	3368	James Brown	m		Sisu Run	1:27:46
31	3406	Laura Molyneux	f	FV 40		1:27:59
32	3383	michael stopford	m		Darwen Dashers	1:28:06
33	3227	Jeffrey Caunce	m	MV 40		1:28:32
34	3110	LIAM MCDONNELL	m	MV 40	SOUTHPORT	1:28:48
35	3655	Philip Kitchen	m	MV 40		1:28:56
36	3456	Dean Rowlandson	m			1:29:06
37	3435	Jon Meeten	m	MV 50		1:30:34
38	3377	Nicola Norton	f			1:30:43
39	3265	Jenny Lockett	f			1:30:57
40	3465	Quin Davies	f		Parbold Pink Panthers	1:30:57
41	3706	Andrew Foggo	m			1:31:02
42	3352	Jonathan Evans	m	MV 50	Wesham	1:31:05
43	3310	Jim Kellow	m	MV 40		1:31:16
44	3389	Kirstin Walker	f		Darwen Dashers	1:31:33
45	3394	Tom Burrows	m			1:31:36
46	3402	andrew lewis	m			1:31:37
47	3393	Doug Bryden	m	MV 50	Red Rose Road Runners	1:31:51
48	3154	Malcolm Anderson	m			1:31:56
49	3391	John Birkett	m	MV 60	N/a	1:31:57
50	3677	Sandra Connell	f	FV 60		1:32:37
51	3674	Nick Jones	m	MV 40		1:32:37
52	3673	Bruce Helme	m	MV 40		1:32:37
53	3313	Dylan Lawton	m	MV 40	N/a	1:32:54
54	3267	Howard Rand	m	MV 40		1:32:56
55	3708	Bryan Waters	m	MV 50		1:32:58
56	3339	Neil Pomfret	m	MV 50	Ilkley Harriers	1:32:59
57	3296	Thomas Walker	m		Team Sixteen	1:33:05
58	3362	Matthew Soanes	m			1:33:22
59	3689	Jonathan Watt	m	MV 50		1:34:05
60	3158	John Beedles	m	MV 40		1:34:10
61	3680	Raymond Riley	m	MV 40		1:34:11
62	3364	Liz Thompson	f	FV 40		1:34:20
63	3444	Ian Davenport	m	MV 50		1:34:34
64	3661	Pete Lashley	m	MV 50		1:34:54
65	3126	Karen Jones	f	FV 40		1:35:09



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66	3399	Andrew Hemsley	m	MV 50	Walney Wind Cheetahs	1:35:13
67	3683	Graeme White	m	MV 50		1:35:25
68	3247	Charlene Smith	f			1:35:38
69	3336	Richard Hooper	m	MV 50		1:35:55
70	3133	Alexander Wrigley	m			1:36:15
71	3285	Kev Kendal	m	MV 40	Howgill Harriers	1:36:23
72	3478	Gerard Rooney	m	MV 60		1:36:24
73	3308	Robert Harper	m	MV 50	Yorkshire Wolds Runners	1:36:25
74	3229	Denis Cleary	m	MV 40	None	1:36:25
75	3222	Terry Moss	m	MV 40		1:36:25
76	3404	Fiona Lobban	f	FV 40		1:36:54
77	3422	Julie Cook	f	FV 50	Tynedale Harriers	1:37:18
78	3688	David Miller	m	MV 60	Chorley	1:37:22
79	3340	Chris Price	m	MV 50	Kendal AAC	1:37:32
80	3331	Andrew Green	m	MV 40	York Acorn	1:37:32
81	3298	Paul Wilson	m	MV 50		1:37:44
82	3392	Wendy Birkett	f	FV 60		1:38:05
83	3651	Karla Napoleon	f	FV 40		1:38:12
84	3363	Danny Tanfield	m	MV 40		1:38:13
85	3350	James Boon	m	MV 40		1:38:13
86	3681	Siobhan Riley	f	FV 50		1:38:22
87	3303	Jason Copp	m	MV 50		1:38:28
88	3358	Nadia Mckane	f			1:38:32
89	3970	Rachel Watson	f	FV 40		1:38:41
90	3168	Andrew Haley	m	MV 50	Lonsdale Fell Runners	1:38:46
91	3105	Charlie O'hare	m		Walney Wind Cheetahs	1:38:57
92	3210	Caroline Ford	f	FV 40	Parbold Pink Panthers	1:39:03
93	3670	James Chaplin-brice	m			1:40:12
94	3301	Elizabeth Chaplin-Brice	f			1:40:12
95	3238	Sarah Lockett	f			1:40:35
96	3290	Nina Maggiori	f			1:40:52
97	3293	Katie O'sullivan	f	FV 40		1:41:18
98	3467	Jill Gregg	f	FV 40	Parbold Pink Panthers	1:41:19
99	3316	Mark Robinson	m	MV 50		1:41:22
100	3203	Peter Burlingham	m		Lonely Goat RC	1:42:17
101	3274	Peter Yates	m			1:42:48
102	3297	Dawn Wicks	f	FV 50		1:42:55
103	3353	Chris Gumbley	m	MV 60		1:43:04
104	3161	John Cleworth	m	MV 40		1:43:08
105	3419	Louise Chicken	f	FV 50	Tynedale Harriers	1:44:11
106	3325	Alex Chaplin	m	MV 50		1:44:22
107	3324	Jason Berridge	m	MV 50		1:44:22
108	3474	Sarah Connors	f	FV 50	Knowle And Dorridge Rc	1:44:41
109	3646	Jeff Borradaile	m	MV 50		1:44:48
110	3431	Leonie Hayler	f	FV 40	Tynedale Harriers	1:45:05
111	3705	Lucy Dunlop	f	FV 50	Tynedale Harriers	1:45:14
112	3221	Tom Lawson	m	MV 40	Netherhall AC	1:45:17
113	3459	Adam Thornton	m			1:45:27
114	3412	Jason Tuddenham	m	MV 50		1:45:39
115	3461	Heather Yates	f	FV 40		1:45:47
116	3344	Liz Anderson	f			1:45:50
117	3445	Alice Fantom	f			1:46:12
118	3202	Rob Bennion	m	MV 50		1:46:15
119	3441	Lindsay Bennison	f	FV 50		1:46:26
120	3687	Cecilia Marsh	f	FV 40		1:46:29
121	3288	Steve Longney	m	MV 50	Yorkshire Wolds Runners	1:46:35
122	3421	Lindsay Cobham	f			1:46:38
123	3428	Mark Essery	m	MV 50		1:46:38
124	3307	Karyn Harper	f	FV 50	Yorkshire Wolds Runners	1:46:40
125	3149	Simon Forshaw	m	MV 50		1:46:43
126	3014	Deb Reekie	f	FV 40		1:46:45
127	3343	Carl Wild	m			1:46:55
128	3232	Gerry Garvey	m	MV 50	Muddy Boots Nursery	1:46:59
129	3660	Louise Lashley	f	FV 40		1:47:06
130	3379	Paul Regan	m	MV 50	Lancs Police ** Heart Attack Survivor and will never give up running :-)	1:47:12
131	3246	Skye Sarahs	f		Dumfries Running Club	1:47:17
132	3219	Sarah Knight	f	FV 40	Parbold Pink Panthers	1:47:19



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Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
133	3106	Ming Ho Lui	m	MV 40		1:47:26
134	3130	Moira Garner	f	FV 50		1:47:32
135	3283	Jane Hornby	f	FV 40	Yorkshire Wolds Runners	1:47:44
136	3320	Sue Woods	f	FV 50		1:48:06
137	3458	John Stout	m	MV 60		1:48:07
138	3479	Neil Taylor	m	MV 40		1:48:23
139	3153	Margaret Lupton	f	FV 50	Red Rose Road Runners	1:48:32
140	3472	Jane Warner	f	FV 50	Parbold Pink Panthers	1:48:40
141	3214	Dave Haines	m	MV 40		1:48:43
142	3679	Katy Lewis	f	FV 50		1:48:47
143	3417	Nick Brookes	m	MV 50		1:48:50
144	3322	Rebecca Bean	f			1:48:52
145	3335	James Heslop	m		Stockton Striders Ac	1:48:52
146	3424	Hannah Darbyshire	f	FV 40		1:49:05
147	3429	Sue Essery	f	FV 50		1:49:07
148	3226	Gail Bristo	f	FV 50	Red Rose Road Runners	1:49:09
149	3416	Victoria Brooker	f			1:49:20
150	3440	Heather Santar	f	FV 50		1:49:32
151	3699	Rachel Haines	f	FV 40		1:49:56
152	3698	Matthew Haines	m	MV 40		1:49:56
153	3652	Chris Probert	m	MV 50	Penny Lane Striders	1:49:59
154	3361	Chris Piper	m	MV 50		1:50:02
155	3249	Mark Wardley	m	MV 50	Red rose	1:50:04
156	3260	Phil Halpin	m	MV 40		1:50:21
157	3448	Jon Gilson	m	MV 50		1:50:34
158	3457	Lizzie Simmons	f	FV 40		1:50:43
159	3659	Olga Koepping	f	FV 40		1:51:09
160	3436	Gill Nevin	f	FV 40	Rimrose Runners	1:51:12
161	3665	Alan Davidson	m	MV 60		1:51:36
162	3955	Nicola Brown	f	FV 40		1:51:39
163	3157	Thomas Everitt-Stewart	m			1:51:45
164	3224	Shirley Spratt	f	FV 60		1:51:49
165	3220	Andrea Lancaster	f	FV 40		1:51:50
166	3963	Helen Kelsall	f	FV 40	Kirkby Milers Ac	1:51:52
167	3342	John Walter	m	MV 70		1:51:53
168	3365	Martina Trapani	f			1:51:57
169	3470	Stephanie Phillips	f		Parbold Pink Panthers	1:52:08
170	3657	Jessica Ainsley Gill	f			1:52:39
171	3662	Mathew Yates	m			1:52:39
172	3678	Hilary Graham	f	FV 60	Tynedale Harriers	1:52:53
173	3236	Ann Kent	f	FV 40	Run In Wirral	1:53:46
174	3237	James Kent	m	MV 40	Run In Wirral	1:53:46
175	3250	Ian Woodgate	m	MV 50	Manchester Tri Club	1:53:50
176	3291	Jane Marshall	f	FV 50	York Acorn Running Club	1:53:58
177	3902	Sonja Farish	f	FV 50	Parkside panthers	1:54:07
178	3317	Paul Tickner	m	MV 60		1:55:06
179	3188	Hannah Stirling	f			1:55:20
180	3329	Helen Louise FORSTER	f	FV 40		1:55:29
181	3338	Nicky Jeffrey	f	FV 50	Tynedale Harriers	1:55:29
182	3318	Lisa Whetter	f	FV 40		1:55:40
183	3218	Paul Kirtley	m	MV 40	Me	1:55:50
184	3450	Dean Hamer	m			1:55:54
185	3684	Jessica Clifton	f	FV 40		1:57:22
186	3686	Richard Hudson	m			1:57:22
187	3964	Sheona Lawrence-Silver	f			1:57:22
188	3382	Svetlana Stewart	f			1:57:34
189	3330	David Goodyear	m	MV 50	Eccleshill Road Runners	1:57:36
190	3374	Akvile McCabe	f			1:57:57
191	3371	Clare Laybourn	f	FV 50		1:58:07
192	3262	Anna Holmes-Rand	f			1:58:21
193	3414	Judith Barker	f	FV 50		1:59:15
194	3454	Sarah Kinsella	f	FV 40		1:59:25
195	3243	Amanda Newby	f			1:59:29
196	3244	Colin Newby	m	MV 50		1:59:30
197	3245	Garry Ogden	m	MV 40		1:59:33
198	3385	Sheila Tose	f	FV 50		1:59:38
199	3696	Margaret Woods	f	FV 60	Millom Striders	2:00:00



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Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
200	3676	Bridget Broadhurst	f	FV 60	Tynedale Harriers	2:00:29
201	3481	Christine Rostron	f	FV 50	Red Rose Road Runners	2:00:37
202	3123	Thomas Pygott	m			2:00:50
203	3475	Shaun Mcfaul	m	MV 50		2:00:50
204	3122	Hannah Lucas	f			2:00:51
205	3208	Hilary Dickinson	f	FV 60	Tynedale Harriers & A C	2:00:53
206	3372	Karen Lillie	f	FV 50	Lonely goat	2:02:04
207	3276	Richard Bartlett	m	MV 60		2:02:10
208	3312	Timothy Knowles	m	MV 50	None	2:02:22
209	3438	Kay Pitchford	f	FV 50		2:02:25
210	3234	Debbie Hallsworth	f		Derwent Ac	2:02:47
211	3667	Lucy Moran	f	FV 50		2:03:09
212	3215	Emma Hastie	f	FV 40	Parbold Pink panthers	2:03:11
213	3390	Andrew Woods	m	MV 60	Millom Striders	2:03:40
214	3278	Caroline Bones	f			2:04:00
215	3261	Nic Holmes	f	FV 40		2:04:24
216	3251	Carrie Bostock	f	FV 40	10CaKers	2:04:24
217	3217	Anthony Kirtley	m	MV 40		2:04:54
218	3411	Gabi Smallbone	f	FV 50		2:05:26
219	3231	Carol Forster	f	FV 50		2:05:50
220	3233	Andrew Gibson	m	MV 50		2:05:50
221	3464	Hannah Coupe	f	FV 40		2:06:18
222	3956	Brijesh Desai	m	MV 40		2:06:33
223	3649	Martin Duffy	m	MV 40		2:07:09
224	3934	Nick Collie	m	MV 50		2:07:13
225	3471	Beverley Prescott	f	FV 50	Parbold Pink Panthers	2:07:26
226	3388	Geoff Walker	m	MV 60		2:07:30
227	3266	Alison Nordon	f	FV 50		2:07:32
228	3235	Nicky Jones	f	FV 40		2:07:36
229	3230	Shiran Cleminson	f	FV 50	Boldmere bullets	2:07:36
230	3447	Ian Gilbert	m	MV 60		2:08:00
231	3430	Denise Grace	f	FV 50		2:08:13
232	3432	Natalie Lowe	f			2:08:13
233	3426	Shaun Dubiel	m	MV 40		2:08:13
234	3337	Sarah Jackson	f	FV 40	Radcliffe Ac	2:10:11
235	3333	Claire Green	f	FV 40		2:10:11
236	3242	Katy Moore	f	FV 40		2:10:26
237	3466	Janet Farrow	f	FV 50	Parbold Pink Panthers	2:10:55
238	3468	Jane Hurn	f	FV 40	Parbold Pink Panthers	2:10:56
239	3656	Ruth Pimblett-tattley	f	FV 50		2:11:09
240	3125	Ann Nicholson	f	FV 70	Cartmel	2:11:52
241	3663	Helen Carter	f	FV 40		2:12:02
242	3442	Tim Bettley	m	MV 50		2:12:34
243	3271	Sarah Taylor	f	FV 40		2:14:03
244	3314	Joanne Marshall	f	FV 50		2:14:22
245	3378	Sarah O'neil	f	FV 40		2:14:36
246	3306	Fiona Gutteridge	f	FV 40	Red Rose Road Runners	2:15:21
247	3423	Sean Daniels	m	MV 50		2:16:15
248	3666	Anne Louise Kershaw	f	FV 40		2:16:18
249	3707	VICTORIA MAY	f	FV 40		2:18:04
250	3693	Shona Noble	f			2:18:19
251	3690	Ruth Farquharson	f			2:18:20
252	3213	Maxine Grimshaw	f	FV 60	RED Community	2:22:03
253	3360	Jacqueline MOXON	f	FV 50		2:22:24
254	3359	GARY MOXON	m	MV 60		2:22:24
255	3334	Carole Heaton	f	FV 50	Lions Running Community	2:24:21
256	3695	Tony Seddon	m	MV 50		2:24:28
257	3272	Julie Webster	f	FV 50	Redhill Road Runners	2:24:41
258	3273	Mark Webster	m	MV 50	Redhill Road Runners	2:24:41
259	3462	Wyn Clayton	f	FV 70	Women On The Run	2:31:29
260	3463	Sue Fletcher	f	FV 60		2:31:30
261	3654	Nicole Goh	f	FV 40		2:31:33
262	3380	Fiona Robb	f			2:33:21
263	3369	Courtney Gunn	f			2:33:21
264	3658	Jo Gibson	f			2:34:06
265	3228	Karen Cherry	f	FV 50	Middleton Harriers	2:41:22
266	3685	Ursula Collie	f	FV 50		2:46:40



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
267	3275	Miranda Bartlett	f	FV 60		3:04:28
268	3104	Carl Lockwood	m	MV 60		3:20:57

Number of records: 268

