

Lakeland Trails in Coniston

Coniston Trail Race 15K

Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
1.	2564	Chris Richards	m		Helm Hill	1:57:25
2.	3154	Mark Likeman	m	Veteran 40	Cumberland Fell Runners	1:29:51
3.	2528	James largey	m		U/A Darlington, Durham	1:57:30
4.	2516	Malcom Johnson	m	Veteran 40	Stockport Harriers	1:37:24
5.	2	John French	m	Veteran 40	Eden Runners	1:31:28
6.	2428	Scout Adkin	f		Ambleside AC	1:37:39
7.	2590	Adam Thompson	m		Stockport Harriers	1:39:52
8.	2572	James Scott-Buccleuch	m	Veteran 40	Stockport Harriers	1:40:10
9.	2530	Sean Leckey	m		Ambleside AC	1:41:43
10.	2483	Wayne Fennell	m		Selby Striders	1:57:33
11.	2500	John Hannah	m		Lancaster and morecambe athletics	2:01:04
12.	2581	Chris Smith	m		Glossopdale Harriers	2:12:04
13.	2437	John Bell	m		Levels valley a c	1:46:44
14.	2481	Simon Fawcett	m		U/A Stoke on trent, Staffordshire	1:59:52
15.	2607	Liam Widdrington	m		U/A Windermere, Cumbria	2:17:25
16.	8	Karen Smith	f		St Bees Triers	1:39:42
17.	2526	David Kyriacou	m		U/A Barrow in Furness , Cumbria	1:48:07
18.	2584	Adrian Sowerby	m	Veteran 50	Carlisle Triathlon Club	2:16:08
19.	2472	Charles Day	m		U/A Ulverston, Cumbria	1:46:13
20.	2465	Emma Clayton	f		U/A Horsforth / Leeds, West Yorkshire	1:45:16
21.	2605	Matthew Whattam	m	Veteran 40	Selby Striders	2:18:29
22.	2449	Nicholas Brown	m		Trafford AC	1:58:01
23.	2473	Becky Dobson	f		U/A Kendal,	2:01:12
24.	2429	Mike Allison	m	Veteran 60	Eden Runners	1:56:39
25.	2433	Paul Banks	m	Veteran 40	Morpeth Harriers	2:20:06
26.	2149	Steve Gould	m	Veteran 50	U/A Wigan, LANCS	1:44:07
27.	2522	Richard Kessell	m		U/A Northallerton,	2:10:10
28.	2017	Matt Reed	m			1:55:31
29.	2492	Jonathan Gilroy	m		Jarrow and Hebburn AC	2:04:31
30.	3158	David Stainthorpe	m	Veteran 50	Selby Striders	2:19:18
31.	2538	Stuart Mallender	m	Veteran 40	Team Nidderdale	2:13:35
32.	2561	Andrew Pye	m	Veteran 40	U/A Grange-over-Sands, Cuumbria	2:15:42
33.	2566	Alberto Riveros	m	Veteran 40	Horsforth Harriers	2:16:49
34.	3155	Sophie Likeman	f		Cumberland Fell Runners	1:44:53
35.	2602	Neil Ward	m	Veteran 50	Ponteland runners	2:22:00
36.	2576	Tom Shaw	m		North Endurance	2:19:09
37.	2461	Nick Clarke	m		East London Runners	1:45:18
38.	2496	Phil Gregory	m	Veteran 40	U/A Leeds,	2:07:51
39.	2562	Helen Quirk	f		U/A Sheffield, South Yorkshire	1:49:56
40.	2468	Tom Cliffe	m		U/A Sheffield, South Yorkshire	1:49:56
41.	2442	Steven Boocock	m	Veteran 50	Bramley Breezers	2:02:49
42.	2513	Tim Hubbard	m		U/A Barrow in Furness,	2:13:59
43.	2462	Ben Clarke	m	Veteran 40	Team Nidderdale	2:05:31
44.	2583	Alan Smitheman	m	Veteran 40	Loftus & Whitby ac	2:23:53
45.	2488	Dan Findlay-Robinson	m		Stafford Harriers	1:56:58
46.	2477	Simon Eaton	m	Veteran 40	Ambleside A C	2:09:10
47.	2498	Stuart Halsey	m	Veteran 50	South Derbyshire road runners	2:11:35
48.	2457	Tom Chapman	m	Veteran 40	Quakers	2:06:34
49.	2489	peter fishpool	m	Veteran 50	Yorkshire Wolds Runners	2:11:11
50.	2435	Leona Beaumont	f		chorlton runners	2:00:12
51.	2606	Andrew Green	m	Veteran 50	Pennine Fell Runners	2:27:14
52.	2474	Liam Duggan	m		U/A Stafford,	1:58:19
53.	2582	gary smith	m	Veteran 40	U/A warrington, cheshire	1:30:18
54.	2434	Rowan Barton	m		U/A Lancaster ,	1:55:20
55.	2558	Chris Pilkington	m		U/A Preston, Lancashire	1:51:25
56.	2535	Neil Lyons	m		U/A Broughton – in Furness,	2:19:31
57.	2571	Rory Schofield	m		U/A Crawshawbooth, Lancashire	1:52:43
58.	2553	Garry Owens	m	Veteran 60	NFR	2:22:09
59.	2425	Andrew Ackroyd	m		U/A Burnley, Lancashire	1:53:26
60.	2006	David Baglee	m			2:03:19
61.	2493	Phil Goadby	m	Veteran 40	U/A Ulverston, Cumbria	2:17:39
62.	3132	Richard Bowes	m			2:22:43
63.	2595	Antonio Treglia	m		Stafford Harriers	2:01:24
64.	2545	Anton Mirafsari	m		Gateshead Harriers	2:24:00
65.	2475	Carl Dunk	m	Veteran 50	U/A Shipley,	2:14:34
66.	2444	Ian Boulger	m	Veteran 40	Trail Tuesdays	1:59:37
67.	2570	Jimmy Ryan	m	Veteran 40	U/A Middleton , Manchester	2:26:51
68.	2484	Paula Fenteman	f	Lady Veteran 40	Selby Striders	2:00:54
69.	2467	Jonathan Clemens	m	Veteran 50	Knutsford Tri Club	2:14:07
70.	2550	Robert Myatt	m		U/A Liverpool,	2:25:49
71.	3133	John Shevelan	m			2:25:27
72.	2580	Jerry Smith	m	Veteran 60	Chorlton Runners	2:06:31
73.	2577	Harry Shearman	m		U/A Leeds , WestYorkshire	2:30:41
74.	2507	jonathan Hepplewhite	m	Veteran 40	U/A Nottingham, Nottinghamshire	2:21:43
75.	2485	Iain Fenwick	m	Veteran 50	Tri Northumberland Triathlon Club	2:17:44
76.	2460	Ruth Clark	f		U/A Penrith, Cumbria	2:13:52
77.	2574	Alexander Sharman	m		U/A Banbury Oxfordshire	2:31:09

Lakeland Trails in Coniston

Coniston Trail Race 15K

Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
78.	2443	Andrew Boulger	m	Veteran 50	Kirkby Milers	2:02:11
79.	2504	Simon Hawkyard	m	Veteran 50	U/A Scarborough, North yorkshire	2:21:17
80.	2514	Sarah Hunter	f		U/A Whitby	2:23:23
81.	2019	Christina Mcguire	f	Lady Veteran 50	Lancaster & Morecambe AC	2:09:52
82.	3150	Andrew Vincent	m	Veteran 50	U/A Macclesfield	2:10:04
83.	2544	Andrew Miles	m		U/A Barrow-in-furness, Cumbria	2:28:13
84.	2427	Peter Adams	m	Veteran 40	Chorlton Runners	2:02:24
85.	2476	Joel Durkin	m		U/A Wigan,	2:18:29
86.	2608	Melanie Williamson	f	Lady Veteran 40	Chorlton Runners	2:02:43
87.	2554	Gus Palmer	m		U/A Bristol,	2:30:55
88.	2508	Lee Hetherington	m	Veteran 40	South Shields Harriers	2:24:05
89.	2609	Bradley Wyer	m	Veteran 40	U/A Keighley ,	2:21:16
90.	2578	Robert Sheridan	m	Veteran 40	U/A Gateshead, Tyne and Wear	2:33:26
91.	2505	Mick Haynes	m	Veteran 50	U/A Burton-on-Trent, Staffordshire	2:23:30
92.	2517	Mihir Joshi	m		U/A Glasgow,	2:25:36
93.	2542	Jonathan McCabe	m	Veteran 40	U/A wilmslow,	2:01:39
94.	2598	Chris Turner	m	Veteran 50	NYP Tri	2:10:44
95.	2456	Gary Cattermole	m	Veteran 50	U/A Kendal, cumbria	2:17:03
96.	2533	Jason Littlewood	m		Stafford Harriers	2:09:19
97.	2022	Az Alam	m			2:03:37
98.	2448	James Brookling	m		U/A Belper, Derbyshire	2:16:48
99.	2551	Dennis Nelson	m	Veteran 50	Lancashire Constabulary Athletic club	2:32:49
100.	2527	Al Langford	m		Stafford Harriers	2:10:11
101.	2487	James Field	m		U/A Penrith , Cumbria	2:25:14
102.	2603	Vanessa Welham	f		Stafford Harriers	2:11:19
103.	2426	Paul Adams	m	Veteran 50	Chorlton Runners	2:07:30
104.	2549	Joseph Muscat	m	Veteran 40	U/A Warrington, Cheshire	2:33:34
105.	2464	Phil Clayton	m	Veteran 50	U/A Keighley ,	2:04:34
106.	2556	DOROTHY PELLY	f	Lady Veteran 60	Ambleside AC	2:35:18
107.	2529	Carole Laycock	f	Lady Veteran 40	U/A Wigton, Cumbria	2:31:20
108.	2539	Katie Marshall	f		Women on the run	2:04:27
109.	2436	Leonie Bell	f	Lady Veteran 40	U/A Lichfield , Staffs	2:18:31
110.	2503	Neil Hawkes	m	Veteran 50	U/A Lichfield , Staffs	2:18:31
111.	2459	Hazel Clark	f	Lady Veteran 40	Kendal AAC	2:21:57
112.	2466	Craig Cleaver	m	Veteran 40	U/A Crewe,	2:24:26
113.	2501	Chris Harrop	m	Veteran 50	U/A Warrington, Cheshire	2:29:39
114.	2440	Amy Bonner	f		U/A Clitheroe, Lancashire	2:05:54
115.	2509	lee heywood	m		U/A newcastle-under-lyme, staffordshire	2:04:57
116.	2510	charlotte hopkinson	f	Lady Veteran 50	U/A Blackburn,	2:31:47
117.	2441	Gavin Bonner	m	Veteran 40	U/A Radcliffe , Greater Manchester	2:22:17
118.	2593	Richard Toller	m	Veteran 60	Dundee Road Runners AC	2:43:47
119.	2548	Tom Moss	m		U/A Cambridge, Cambridgeshire	2:19:53
120.	2547	Jen Moss	f		HI Runners	2:19:53
121.	3131	Tim Farron	m			2:38:12
122.	3159	Lesley Stainthorpe	f	Lady Veteran 40	Selby Striders	2:44:34
123.	2431	Elaine Ball	f	Lady Veteran 40	NYP TRI	2:23:46
124.	2568	Paul Roche	m	Veteran 60	U/A Chester,	2:20:20
125.	2536	Michele Maestrini	m	Veteran 50	U/A Dartford	2:40:28
126.	2482	Cassandra Fennell	f		Selby Striders	2:31:43
127.	2594	Heather Toppin	f		U/A Penrith,	2:35:27
128.	2396	Chris Davies	m	Veteran 40	Team inov-8	2:27:10
129.	2499	Rebecca Hann	f		U/A Cambridge, Cambridgeshire	2:36:57
130.	2446	Matthew Bradberry	m		U/A Basingstoke, South East	2:30:28
131.	2599	Kathryn Vernon	f	Lady Veteran 50	U/A Ness, Cheshire	2:53:44
132.	2520	Phil Kemp	m	Veteran 50	U/A Cumbria ,	2:43:37
133.	2495	rachel gorajala	f	Lady Veteran 40	manchester harriers	2:43:01
134.	2512	kate howes	f	Lady Veteran 60	rutland running and triathlon club	2:48:25
135.	2540	Sarah Mason	f		Derwentside athletic club	2:54:47
136.	2497	Louise Griffin	f	Lady Veteran 50	Tynedale Harriers	2:54:03
137.	2455	Rachael Carroll	f	Lady Veteran 40	Women On The Run	3:05:39

Number of records: 137