

Lakeland Trails in Coniston

Coniston Trail Race 15K

Bib	Name	M/F	Age Cat	Club	Finish Time
Coniston Trail Race 15K					
2564	Chris Richards	m		Helm Hill	0:54:32
3154	Mark Likeman	m	Veteran 40	Cumberland Fell Runners	0:58:58
2528	James largey	m		U/A Darlington, Durham	0:59:40
2516	Malcom Johnson	m	Veteran 40	Stockport Harriers	1:00:35
2	John French	m	Veteran 40	Eden Runners	1:01:34
2428	Scout Adkin	f		Ambleside AC	1:02:48
2590	Adam Thompson	m		Stockport Harriers	1:02:59
2572	James Scott-Buccleuch	m	Veteran 40	Stockport Harriers	1:03:17
2530	Sean Leckey	m		Ambleside AC	1:03:48
2483	Wayne Fennell	m		Selby Striders	1:05:39
2500	John Hannah	m		Lancaster and morecambe athletics	1:06:10
2581	Chris Smith	m		Glossopdale Harriers	1:07:13
2437	John Bell	m		Levels valley a c	1:08:50
2481	Simon Fawcett	m		U/A Stoke on trent, Staffordshire	1:08:56
2607	Liam Widdrington	m		U/A Windermere, Cumbria	1:09:30
8	Karen Smith	f		St Bees Triers	1:09:49
2526	David Kyriacou	m		U/A Barrow in Furness , Cumbria	1:10:14
2584	Adrian Sowerby	m	Veteran 50	Carlisle Triathlon Club	1:10:14
2472	Charles Day	m		U/A Ulverston, Cumbria	1:10:20
2465	Emma Clayton	f		U/A Horsforth / Leeds, West Yorkshire	1:10:22
2605	Matthew Whattam	m	Veteran 40	Selby Striders	1:10:35
2449	Nicholas Brown	m		Trafford AC	1:11:07
2473	Becky Dobson	f		U/A Kendal,	1:11:17
2429	Mike Allison	m	Veteran 60	Eden Runners	1:11:46
2433	Paul Banks	m	Veteran 40	Morpeth Harriers	1:12:11
2149	Steve Gould	m	Veteran 50	U/A Wigan, LANCS	1:12:15
2522	Richard Kessell	m		U/A Northallerton,	1:12:17
2017	Matt Reed	m			1:12:37
2492	Jonathan Gilroy	m		Jarrow and Hebburn AC	1:12:37
3158	David Stainthorpe	m	Veteran 50	Selby Striders	1:13:23
2538	Stuart Mallender	m	Veteran 40	Team Nidderdale	1:13:41
2561	Andrew Pye	m	Veteran 40	U/A Grange-over-Sands, Cuumbria	1:13:47
2566	Alberto Riveros	m	Veteran 40	Horsforth Harriers	1:13:55
3155	Sophie Likeman	f		Cumberland Fell Runners	1:14:00
2602	Neil Ward	m	Veteran 50	Ponteland runners	1:14:05
2576	Tom Shaw	m		North Endurance	1:14:15
2461	Nick Clarke	m		East London Runners	1:14:24
2496	Phil Gregory	m	Veteran 40	U/A Leeds,	1:14:56
2562	Helen Quirk	f		U/A Sheffield, South Yorkshire	1:16:03
2468	Tom Cliffe	m		U/A Sheffield, South Yorkshire	1:16:04
2442	Steven Boocock	m	Veteran 50	Bramley Breezers	1:16:54
2513	Tim Hubbard	m		U/A Barrow in Furness,	1:17:05
2462	Ben Clarke	m	Veteran 40	Team Nidderdale	1:17:40
2583	Alan Smitheman	m	Veteran 40	Loftus & Whitby ac	1:17:58
2488	Dan Findlay-Robinson	m		Stafford Harriers	1:18:05
2477	Simon Eaton	m	Veteran 40	Ambleside A C	1:18:15
2498	Stuart Halsey	m	Veteran 50	South Derbyshire road runners	1:18:40
2457	Tom Chapman	m	Veteran 40	Quakers	1:18:40
2489	peter fishpool	m	Veteran 50	Yorkshire Wolds Runners	1:19:15
2435	Leona Beaumont	f		chorlton runners	1:19:17
2606	Andrew Green	m	Veteran 50	Pennine Fell Runners	1:19:20
2474	Liam Duggan	m		U/A Stafford,	1:19:25
2582	gary smith	m	Veteran 40	U/A warrington, cheshire	1:19:27
2434	Rowan Barton	m		U/A Lancaster ,	1:19:27
2558	Chris Pilkington	m		U/A Preston, Lancashire	1:19:31
2535	Neil Lyons	m		U/A Broughton – in Furness,	1:19:37
2571	Rory Schofield	m		U/A Crawshawbooth, Lancashire	1:19:49
2553	Garry Owens	m	Veteran 60	NFR	1:20:15
2425	Andrew Ackroyd	m		U/A Burnley, Lancashire	1:20:32
2006	David Baglee	m			1:21:25
2493	Phil Goadby	m	Veteran 40	U/A Ulverston, Cumbria	1:21:44
3132	Richard Dowes	m			1:21:52
2595	Antonio Treglia	m		Stafford Harriers	1:22:30
2545	Anton Mirafsari	m		Gateshead Harriers	1:23:05
2475	Carl Dunk	m	Veteran 50	U/A Shipley,	1:23:39
2444	Ian Boulger	m	Veteran 40	Trail Tuesdays	1:23:42
2570	Jimmy Ryan	m	Veteran 40	U/A Middleton , Manchester	1:23:57
2484	Paula Fenteman	f	Lady Veteran 40	Selby Striders	1:23:59
2467	Jonathan Clemens	m	Veteran 50	Knutsford Tri Club	1:24:15
2550	Robert Myatt	m		U/A Liverpool,	1:24:54
3133	John Shevelan	m			1:25:31
2580	Jerry Smith	m	Veteran 60	Chorlton Runners	1:25:36
2577	Harry Shearman	m		U/A Leeds , WestYorkshire	1:25:44
2507	jonathan Hepplewhite	m	Veteran 40	U/A Nottingham, Nottinghamshire	1:25:48
2485	Iain Fenwick	m	Veteran 50	Tri Northumberland Triathlon Club	1:25:50
2460	Ruth Clark	f		U/A Penrith, Cumbria	1:25:56
2574	Alexander Sharman	m		U/A Banbury Oxfordshire	1:26:14

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2443	Andrew Boulger	m	Veteran 50	Kirkby Milers	1:26:18
2504	Simon Hawkyard	m	Veteran 50	U/A Scarborough, North yorkshire	1:26:22
2514	Sarah Hunter	f		U/A Whitby	1:26:30
2019	Christina Mcguire	f			1:26:58
3150	Andrew Vincent	m	Veteran 50	U/A Macclesfield	1:27:13
2544	Andrew Miles	m		U/A Barrow-in-furness, Cumbria	1:27:17
2427	Peter Adams	m	Veteran 40	Chorlton Runners	1:27:29
2476	Joel Durkin	m		U/A Wigan,	1:27:34
2608	Melanie Williamson	f	Lady Veteran 40	Chorlton Runners	1:27:49
2554	Gus Palmer	m		U/A Bristol,	1:28:04
2508	Lee Hetherington	m	Veteran 40	South Shields Harriers	1:28:10
2609	Bradley Wyer	m	Veteran 40	U/A Keighley ,	1:28:22
2578	Robert Sheridan	m	Veteran 40	U/A Gateshead, Tyne and Wear	1:28:29
2505	Mick Haynes	m	Veteran 50	U/A Burton-on-Trent, Staffordshire	1:28:34
2517	Mihir Joshi	m		U/A Glasgow,	1:28:42
2542	Jonathan McCabe	m	Veteran 40	U/A wilmslow,	1:28:44
2598	Chris Turner	m	Veteran 50	NYP Tri	1:28:49
2456	Gary Cattermole	m	Veteran 50	U/A Kendal, cumbria	1:29:08
2533	Jason Littlewood	m		Stafford Harriers	1:30:25
2022	Az Alam	m			1:30:42
2448	James Brookling	m		U/A Belper, Derbyshire	1:30:52
2551	Dennis Nelson	m	Veteran 50	Lancashire Constabulary Athletic club	1:30:53
2527	Al Langford	m		Stafford Harriers	1:31:16
2487	James Field	m		U/A Penrith , Cumbria	1:31:20
2603	Vanessa Welham	f		Stafford Harriers	1:32:25
2426	Paul Adams	m	Veteran 50	Chorlton Runners	1:32:35
2549	Joseph Muscat	m	Veteran 40	U/A Warrington, Cheshire	1:32:39
2464	Phil Clayton	m	Veteran 50	U/A Keighley ,	1:32:40
2556	DOROTHY PELLY	f	Lady Veteran 60	Ambleside AC	1:33:23
2529	Carole Laycock	f	Lady Veteran 40	U/A Wigton, Cumbria	1:33:25
2539	Katie Marshall	f		Women on the run	1:33:32
2436	Leonie Bell	f	Lady Veteran 40	U/A Lichfield , Staffs	1:33:36
2503	Neil Hawkes	m	Veteran 50	U/A Lichfield , Staffs	1:33:37
2459	Hazel Clark	f	Lady Veteran 40	Kendal AAC	1:34:01
2466	Craig Cleaver	m	Veteran 40	U/A Crewe,	1:34:31
2501	Chris Harrop	m	Veteran 50	U/A Warrington, Cheshire	1:34:47
2440	Amy Bonner	f		U/A Clitheroe, Lancashire	1:34:59
2509	lee heywood	m		U/A newcastle-under-lyme, staffordshire	1:35:08
2510	charlotte hopkinson	f	Lady Veteran 50	U/A Blackburn,	1:35:52
2441	Gavin Bonner	m	Veteran 40	U/A Radcliffe , Greater Manchester	1:36:22
2593	Richard Toller	m	Veteran 60	Dundee Road Runners AC	1:36:52
2548	Tom Moss	m		U/A Cambridge, Cambridgeshire	1:37:58
2547	Jen Moss	f		HI Runners	1:37:58
3131	Tim Farron	m			1:38:17
3159	Lesley Stainthorpe	f	Lady Veteran 40	Selby Striders	1:38:38
2431	Elaine Ball	f	Lady Veteran 40	NYP TRI	1:38:52
2568	Paul Roche	m	Veteran 60	U/A Chester,	1:39:27
2536	Michele Maestrini	m	Veteran 50	U/A Dartford	1:40:33
2482	Cassandra Fennell	f		Selby Striders	1:40:49
2594	Heather Toppin	f		U/A Penrith,	1:41:36
2396	Chris Davies	m	Veteran 40	Team inov-8	1:42:16
2499	Rebecca Hann	f		U/A Cambridge, Cambridgeshire	1:44:02
2446	Matthew Bradberry	m		U/A Basingstoke, South East	1:44:33
2599	Kathryn Vernon	f	Lady Veteran 50	U/A Ness, Cheshire	1:46:49
2520	Phil Kemp	m	Veteran 50	U/A Cumbria ,	1:49:44
2495	rachel gorajala	f	Lady Veteran 40	manchester harriers	1:50:05
2512	kate howes	f	Lady Veteran 60	rutland running and triathlon club	1:52:30
2540	Sarah Mason	f		Derwentside athletic club	1:54:53
2497	Louise Griffin	f	Lady Veteran 50	Tynedale Harriers	2:01:09
2455	Rachael Carroll	f	Lady Veteran 40	Women On The Run	2:18:45

Number of records: 137