

Lakeland Trails in Coniston

Coniston Trail Race 15K

Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
1	2564	Chris Richards	m		Helm Hill	0:54:32
2	3154	Mark Likeman	m	Veteran 40	Cumberland Fell Runners	0:58:58
3	2528	James largey	m		U/A Darlington, Durham	0:59:40
4	2516	Malcom Johnson	m	Veteran 40	Stockport Harriers	1:00:35
5	2	John French	m	Veteran 40	Eden Runners	1:01:34
6	2428	Scout Adkin	f		Ambleside AC	1:02:48
7	2590	Adam Thompson	m		Stockport Harriers	1:02:59
8	2572	James Scott-Buccleuch	m	Veteran 40	Stockport Harriers	1:03:17
9	2530	Sean Leckey	m		Ambleside AC	1:03:48
10	2483	Wayne Fennell	m		Selby Striders	1:05:39
11	2500	John Hannah	m		Lancaster and morecambe athletics	1:06:10
12	2581	Chris Smith	m		Glossopdale Harriers	1:07:13
13	2437	John Bell	m		Levels valley a c	1:08:50
14	2481	Simon Fawcett	m		U/A Stoke on trent, Staffordshire	1:08:56
15	2607	Liam Widdrington	m		U/A Windermere, Cumbria	1:09:30
16	8	Karen Smith	f		St Bees Triers	1:09:49
17	2526	David Kyriacou	m		U/A Barrow in Furness , Cumbria	1:10:14
18	2584	Adrian Sowerby	m	Veteran 50	Carlisle Triathlon Club	1:10:14
19	2472	Charles Day	m		U/A Ulverston, Cumbria	1:10:20
20	2465	Emma Clayton	f		U/A Horsforth / Leeds, West Yorkshire	1:10:22
21	2605	Matthew Whattam	m	Veteran 40	Selby Striders	1:10:35
22	2449	Nicholas Brown	m		Trafford AC	1:11:07
23	2473	Becky Dobson	f		U/A Kendal,	1:11:17
24	2429	Mike Allison	m	Veteran 60	Eden Runners	1:11:46
25	2433	Paul Banks	m	Veteran 40	Morpeth Harriers	1:12:11
26	2149	Steve Gould	m	Veteran 50	U/A Wigan, LANCS	1:12:15
27	2522	Richard Kessell	m		U/A Northallerton,	1:12:17
28	2017	Matt Reed	m			1:12:37
29	2492	Jonathan Gilroy	m		Jarrow and Hebburn AC	1:12:37
30	3158	David Stainthorpe	m	Veteran 50	Selby Striders	1:13:23
31	2538	Stuart Mallender	m	Veteran 40	Team Nidderdale	1:13:41
32	2561	Andrew Pye	m	Veteran 40	U/A Grange-over-Sands, Cuumbria	1:13:47
33	2566	Alberto Riveros	m	Veteran 40	Horsforth Harriers	1:13:55
34	3155	Sophie Likeman	f		Cumberland Fell Runners	1:14:00
35	2602	Neil Ward	m	Veteran 50	Ponteland runners	1:14:05
36	2576	Tom Shaw	m		North Endurance	1:14:15
37	2461	Nick Clarke	m		East London Runners	1:14:24
38	2496	Phil Gregory	m	Veteran 40	U/A Leeds,	1:14:56
39	2562	Helen Quirk	f		U/A Sheffield, South Yorkshire	1:16:03
40	2468	Tom Cliffe	m		U/A Sheffield, South Yorkshire	1:16:04
41	2442	Steven Boocock	m	Veteran 50	Bramley Breezers	1:16:54
42	2513	Tim Hubbard	m		U/A Barrow in Furness,	1:17:05
43	2462	Ben Clarke	m	Veteran 40	Team Nidderdale	1:17:40
44	2583	Alan Smitheman	m	Veteran 40	Loftus & Whitby ac	1:17:58
45	2488	Dan Findlay-Robinson	m		Stafford Harriers	1:18:05
46	2477	Simon Eaton	m	Veteran 40	Ambleside A C	1:18:15
47	2498	Stuart Halsey	m	Veteran 50	South Derbyshire road runners	1:18:40
48	2457	Tom Chapman	m	Veteran 40	Quakers	1:18:40
49	2489	peter fishpool	m	Veteran 50	Yorkshire Wolds Runners	1:19:15
50	2435	Leona Beaumont	f		chorlton runners	1:19:17
51	2606	Andrew Green	m	Veteran 50	Pennine Fell Runners	1:19:20
52	2474	Liam Duggan	m		U/A Stafford,	1:19:25
53	2582	gary smith	m	Veteran 40	U/A warrington, cheshire	1:19:27
54	2434	Rowan Barton	m		U/A Lancaster ,	1:19:27
55	2558	Chris Pilkington	m		U/A Preston, Lancashire	1:19:31
56	2535	Neil Lyons	m		U/A Broughton – in Furness,	1:19:37
57	2571	Rory Schofield	m		U/A Crawshawbooth, Lancashire	1:19:49
58	2553	Garry Owens	m	Veteran 60	NFR	1:20:15
59	2425	Andrew Ackroyd	m		U/A Burnley, Lancashire	1:20:32
60	2006	David Baglee	m			1:21:25
61	2493	Phil Goadby	m	Veteran 40	U/A Ulverston, Cumbria	1:21:44
62	3132	Richard Bowes	m			1:21:52
63	2595	Antonio Treglia	m		Stafford Harriers	1:22:30
64	2545	Anton Mirafsari	m		Gateshead Harriers	1:23:05
65	2475	Carl Dunk	m	Veteran 50	U/A Shipley,	1:23:39
66	2444	Ian Boulger	m	Veteran 40	Trail Tuesdays	1:23:42
67	2570	Jimmy Ryan	m	Veteran 40	U/A Middleton , Manchester	1:23:57
68	2484	Paula Fenteman	f	Lady Veteran 40	Selby Striders	1:23:59
69	2467	Jonathan Clemens	m	Veteran 50	Knutsford Tri Club	1:24:15
70	2550	Robert Myatt	m		U/A Liverpool,	1:24:54
71	3133	John Shevelan	m			1:25:31
72	2580	Jerry Smith	m	Veteran 60	Chorlton Runners	1:25:36
73	2577	Harry Shearman	m		U/A Leeds , WestYorkshire	1:25:44
74	2507	jonathan Hepplewhite	m	Veteran 40	U/A Nottingham, Nottinghamshire	1:25:48
75	2485	Iain Fenwick	m	Veteran 50	Tri Northumberland Triathlon Club	1:25:50
76	2460	Ruth Clark	f		U/A Penrith, Cumbria	1:25:56
77	2574	Alexander Sharman	m		U/A Banbury Oxfordshire	1:26:14

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78	2443	Andrew Boulger	m	Veteran 50	Kirkby Milers	1:26:18
79	2504	Simon Hawkyard	m	Veteran 50	U/A Scarborough, North yorkshire	1:26:22
80	2514	Sarah Hunter	f		U/A Whitby	1:26:30
81	2019	Christina Mcguire	f	Lady Veteran 50	Lancaster & Morecambe AC	1:26:58
82	3150	Andrew Vincent	m	Veteran 50	U/A Macclesfield	1:27:13
83	2544	Andrew Miles	m		U/A Barrow-in-furness, Cumbria	1:27:17
84	2427	Peter Adams	m	Veteran 40	Chorlton Runners	1:27:29
85	2476	Joel Durkin	m		U/A Wigan,	1:27:34
86	2608	Melanie Williamson	f	Lady Veteran 40	Chorlton Runners	1:27:49
87	2554	Gus Palmer	m		U/A Bristol,	1:28:04
88	2508	Lee Hetherington	m	Veteran 40	South Shields Harriers	1:28:10
89	2609	Bradley Wyer	m	Veteran 40	U/A Keighley ,	1:28:22
90	2578	Robert Sheridan	m	Veteran 40	U/A Gateshead, Tyne and Wear	1:28:29
91	2505	Mick Haynes	m	Veteran 50	U/A Burton-on-Trent, Staffordshire	1:28:34
92	2517	Mihir Joshi	m		U/A Glasgow,	1:28:42
93	2542	Jonathan McCabe	m	Veteran 40	U/A wilmslow,	1:28:44
94	2598	Chris Turner	m	Veteran 50	NYP Tri	1:28:49
95	2456	Gary Cattermole	m	Veteran 50	U/A Kendal, cumbria	1:29:08
96	2533	Jason Littlewood	m		Stafford Harriers	1:30:25
97	2022	Az Alam	m			1:30:42
98	2448	James Brookling	m		U/A Belper, Derbyshire	1:30:52
99	2551	Dennis Nelson	m	Veteran 50	Lancashire Constabulary Athletic club	1:30:53
100	2527	Al Langford	m		Stafford Harriers	1:31:16
101	2487	James Field	m		U/A Penrith , Cumbria	1:31:20
102	2603	Vanessa Welham	f		Stafford Harriers	1:32:25
103	2426	Paul Adams	m	Veteran 50	Chorlton Runners	1:32:35
104	2549	Joseph Muscat	m	Veteran 40	U/A Warrington, Cheshire	1:32:39
105	2464	Phil Clayton	m	Veteran 50	U/A Keighley ,	1:32:40
106	2556	DOROTHY PELLY	f	Lady Veteran 60	Ambleside AC	1:33:23
107	2529	Carole Laycock	f	Lady Veteran 40	U/A Wigton, Cumbria	1:33:25
108	2539	Katie Marshall	f		Women on the run	1:33:32
109	2436	Leonie Bell	f	Lady Veteran 40	U/A Lichfield , Staffs	1:33:36
110	2503	Neil Hawkes	m	Veteran 50	U/A Lichfield , Staffs	1:33:37
111	2459	Hazel Clark	f	Lady Veteran 40	Kendal AAC	1:34:01
112	2466	Craig Cleaver	m	Veteran 40	U/A Crewe,	1:34:31
113	2501	Chris Harrop	m	Veteran 50	U/A Warrington, Cheshire	1:34:47
114	2440	Amy Bonner	f		U/A Clitheroe, Lancashire	1:34:59
115	2509	lee heywood	m		U/A newcastle-under-lyme, staffordshire	1:35:08
116	2510	charlotte hopkinson	f	Lady Veteran 50	U/A Blackburn,	1:35:52
117	2441	Gavin Bonner	m	Veteran 40	U/A Radcliffe , Greater Manchester	1:36:22
118	2593	Richard Toller	m	Veteran 60	Dundee Road Runners AC	1:36:52
119	2548	Tom Moss	m		U/A Cambridge, Cambridgeshire	1:37:58
120	2547	Jen Moss	f		HI Runners	1:37:58
121	3131	Tim Farron	m			1:38:17
122	3159	Lesley Stainthorpe	f	Lady Veteran 40	Selby Striders	1:38:38
123	2431	Elaine Ball	f	Lady Veteran 40	NYP TRI	1:38:52
124	2568	Paul Roche	m	Veteran 60	U/A Chester,	1:39:27
125	2536	Michele Maestrini	m	Veteran 50	U/A Dartford	1:40:33
126	2482	Cassandra Fennell	f		Selby Striders	1:40:49
127	2594	Heather Toppin	f		U/A Penrith,	1:41:36
128	2396	Chris Davies	m	Veteran 40	Team inov-8	1:42:16
129	2499	Rebecca Hann	f		U/A Cambridge, Cambridgeshire	1:44:02
130	2446	Matthew Bradberry	m		U/A Basingstoke, South East	1:44:33
131	2599	Kathryn Vernon	f	Lady Veteran 50	U/A Ness, Cheshire	1:46:49
132	2520	Phil Kemp	m	Veteran 50	U/A Cumbria ,	1:49:44
133	2495	rachel gorajala	f	Lady Veteran 40	manchester harriers	1:50:05
134	2512	kate howes	f	Lady Veteran 60	rutland running and triathlon club	1:52:30
135	2540	Sarah Mason	f		Derwentside athletic club	1:54:53
136	2497	Louise Griffin	f	Lady Veteran 50	Tynedale Harriers	2:01:09
137	2455	Rachael Carroll	f	Lady Veteran 40	Women On The Run	2:18:45

Number of records: 137