

Lakeland Trails in Coniston

Coniston Trail Challenge 15K

| Pos | Bib | Name | M/F | Age Cat | Club | Finish Time |
|-------------------------------------|------|------------------------|-----|-----------------|------------------------------------|-------------|
| Coniston Trail Challenge 15K | | | | | | |
| 1. | 1210 | Matthew Wackett | m | | Knutsford Tri Club | 1:10:06 |
| 2. | 1394 | Stefano Cossu | m | Veteran 40 | Warrington RC | 1:10:19 |
| 3. | 1135 | Craig Downs | m | Veteran 40 | U/A ROWLANDS GILL, | 1:10:28 |
| 4. | 1169 | Stuart Hanson | m | | U/A Lincoln, Lincolnshire | 1:12:11 |
| 5. | 1310 | Daniel Jenkinson | m | | U/A Lancaster, | 1:12:48 |
| 6. | 1375 | Raymond Duff | m | Veteran 40 | U/A Dumfries, | 1:12:55 |
| 7. | 1451 | Anthony Irving | m | Veteran 40 | U/A Carlisle, | 1:14:38 |
| 8. | 1029 | Stuart Airey | m | Veteran 40 | Eden runners | 1:16:01 |
| 9. | 1212 | philip lonsdale | m | Veteran 50 | U/A durham, | 1:16:10 |
| 10. | 1350 | Simon Maw | m | | U/A Durham, | 1:16:22 |
| 11. | 1092 | Richard George Spowart | m | | U/A Spennymoor, Durham | 1:16:33 |
| 12. | 1383 | ANDREW TINKLER | m | Veteran 40 | U/A LANCASTER, LANCS | 1:16:44 |
| 13. | 1349 | Colin Newby | m | Veteran 40 | U/A Kirkby-in-Furness, Cumbria | 1:17:21 |
| 14. | 1336 | philip Cuthbert | m | Veteran 40 | wallasey ac | 1:17:31 |
| 15. | 1432 | Gary Lingard | m | Veteran 40 | U/A Ulverston, | 1:17:58 |
| 16. | 1365 | Andy Phillips | m | | U/A Manchester, Greater Manchester | 1:18:13 |
| 17. | 1467 | Phillip Hallsworth | m | | U/A Carnforth, | 1:18:36 |
| 18. | 1263 | Rodney Lewis | m | | U/A Brixton, London | 1:18:41 |
| 19. | 1091 | john spowart | m | | U/A Spennymoor, Durham | 1:18:56 |
| 20. | 1301 | Nigel Tillott | m | Veteran 50 | Tewkesbury AC | 1:19:02 |
| 21. | 1371 | Stephen Leahy | m | | U/A Kendal, Cumbria | 1:19:05 |
| 22. | 1329 | Alex Snaith | m | | U/A MANCHESTER, GREATER MANCHESTER | 1:19:19 |
| 23. | 1126 | Jane Pugh | f | | U/A Newcastle-upon-Tyne, | 1:19:50 |
| 24. | 63 | Paul Rawlinson | m | Veteran 40 | U/A Carlisle, Cumbria | 1:19:56 |
| 25. | 169 | Neil Salt | m | Veteran 50 | U/A Malpas , Cheshire | 1:20:00 |
| 26. | 1328 | Scott White | m | Veteran 40 | Cambridge & Coleridge | 1:21:19 |
| 27. | 1270 | John Bracken | m | | U/A Brixon, | 1:21:25 |
| 28. | 1133 | Dan Bell | m | | U/A Crook Nr Kendal, Cumbria | 1:21:29 |
| 29. | 1028 | Simon Dodd | m | Veteran 40 | U/A Brampton, Cumbria | 1:21:30 |
| 30. | 1279 | Alasdair Chisholm | m | Veteran 60 | Dundee Road Runners | 1:21:39 |
| 31. | 1110 | Simon Downs | m | Veteran 50 | U/A Gateshead, Tyne and Wear | 1:22:07 |
| 32. | 1384 | David Pollitt | m | Veteran 50 | Leigh Harriers | 1:22:12 |
| 33. | 1093 | Gary Minns | m | Veteran 40 | U/A Bishop Auckland, | 1:22:23 |
| 34. | 1202 | Gary Smith | m | Veteran 50 | COLT | 1:22:53 |
| 35. | 1098 | Jeremy Crate | m | Veteran 50 | U/A Bedlington , Northumberland | 1:23:01 |
| 36. | 1480 | Katherine Rooney | f | | U/A Glasgow, | 1:23:21 |
| 37. | 1367 | Etienne Pansegrouw | m | | U/A Southport , | 1:23:23 |
| 38. | 1331 | Phil Williams | m | | U/A Kendal , Cumbria | 1:23:29 |
| 39. | 1320 | Angel Caubet-Goma | m | | U/A LONDON, London | 1:23:34 |
| 40. | 1069 | Adrian Gooding | m | Veteran 40 | Quakers | 1:23:49 |
| 41. | 1468 | katie kerr | f | Lady Veteran 40 | U/A Carlisle, | 1:24:12 |
| 42. | 1471 | Glenn Morris | m | Veteran 40 | U/A Lancaster, Lancs | 1:24:28 |
| 43. | 1482 | Nick Howe | m | Veteran 40 | U/A Liverpool, | 1:24:47 |
| 44. | 1141 | Pete Lashley | m | Veteran 50 | Unattached | 1:24:54 |
| 45. | 1102 | Rebecca Howard | f | | Quakers | 1:25:29 |
| 46. | 1456 | Andrew Taylor | m | | U/A Manchester, Lancashire | 1:25:49 |
| 47. | 43 | Chris Davies | m | | U/A Witton le wrar, Durham | 1:25:52 |
| 48. | 1223 | Mike Collins | m | Veteran 40 | U/A Whitley Bay, Tyne and Wear | 1:26:05 |
| 49. | 1101 | alan parker | m | Veteran 50 | U/A stoke on trent, | 1:26:15 |
| 50. | 1063 | Andy Yates | m | Veteran 50 | U/A Colwyn Bay, Conwy | 1:26:16 |
| 51. | 1050 | Mike Holmes | m | Veteran 40 | U/A Skipton, | 1:26:21 |
| 52. | 1316 | Robert Harper | m | Veteran 40 | Yorkshire Wolds Runners | 1:26:31 |
| 53. | 145 | Ed Jenkins | m | | U/A London, Waltham Forest | 1:26:33 |
| 54. | 1174 | Christina Lawrence | f | Lady Veteran 50 | U/A Manchester, Lancashire | 1:26:40 |
| 55. | 1217 | Kevin Church | m | Veteran 50 | Marshall Milton Keynes AC | 1:26:43 |
| 56. | 1188 | Tim Selves | m | Veteran 50 | U/A York, North Yorkshire | 1:26:54 |
| 57. | 1339 | Jonathan Fisher | m | | U/A Nottingham, Nottinghamshire | 1:27:01 |
| 58. | 1152 | Nicky Owen | f | Lady Veteran 50 | U/A Derby, Derbyshire | 1:27:01 |
| 59. | 1191 | Michael Ball | m | Veteran 40 | U/A Swindon, Wiltshire | 1:27:13 |
| 60. | 1268 | Graham Rishton | m | | U/A Manchester, | 1:27:14 |
| 61. | 1313 | John Birkett | m | Veteran 50 | n/a | 1:27:24 |
| 62. | 1011 | Chris Ryan | m | Veteran 40 | SW Running Crew | 1:27:27 |
| 63. | 1286 | Ivor Stirling | m | | U/A Lancaster, | 1:27:29 |
| 64. | 1172 | Kerry Dyson | m | Veteran 40 | U/A Oswestry , | 1:27:33 |
| 65. | 1323 | Tina Golubeva | f | | U/A Basildon, Essex | 1:28:01 |
| 66. | 1201 | Edward Hill | m | Veteran 50 | Wakefield Triathlon Club | 1:28:01 |
| 67. | 1021 | Tim Bateman | m | Veteran 40 | U/A Preston , Lancashire | 1:28:04 |
| 68. | 1042 | terry moss | m | Veteran 40 | U/A preston, lancashire | 1:28:16 |
| 69. | 1207 | Carol Reid | f | | U/A Leeds, | 1:28:37 |
| 70. | 1054 | Andrew Clitheroe | m | | U/A Carlisle, | 1:28:40 |
| 71. | 1033 | Gary Howe | m | | U/A Manchester, Lancashire | 1:28:50 |
| 72. | 1425 | Steve GRANT | m | Veteran 50 | U/A Altrincham, Cheshire | 1:28:54 |
| 73. | 1276 | Thomas Heaton | m | | U/A Whitley Bay, Tyne and wear | 1:29:12 |
| 74. | 1296 | Paul Wilson | m | Veteran 50 | Yorkshire Wolds Runners | 1:29:14 |
| 75. | 1332 | Gary Metcalfe | m | | U/A Kendal, Cumbria | 1:29:23 |

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| Pos | Bib | Name | M/F | Age Cat | Club | Finish Time |
|------|------|--------------------|-----|-----------------|--|-------------|
| 76. | 46 | Andy Neville | m | Veteran 40 | U/A Wesham, Lancs | 1:29:28 |
| 77. | 146 | Ian Murray | m | | U/A London, | 1:29:50 |
| 78. | 1209 | Frank Tippin | m | Veteran 60 | U/A Southport, | 1:29:51 |
| 79. | 1075 | sandra connell | f | Lady Veteran 60 | U/A Liverpool, | 1:30:01 |
| 80. | 1226 | David Miller | m | Veteran 60 | Chorley | 1:30:10 |
| 81. | 1147 | Trudy COYLE | f | Lady Veteran 40 | U/A Largs, | 1:30:11 |
| 82. | 539 | Matthew Scott | m | | U/A Newcastle upon Tyne , Northumberland | 1:30:15 |
| 83. | 1190 | Scott Logie | m | Veteran 50 | South Cheshire Harriers | 1:30:22 |
| 84. | 1464 | steven beahan | m | Veteran 40 | U/A sheffield, south yorkshire | 1:30:28 |
| 85. | 1080 | David Bayliss | m | Veteran 40 | Red Rose Road Runners | 1:30:35 |
| 86. | 1454 | Philippa Tooms | f | | U/A Chorley, Lancashire | 1:30:44 |
| 87. | 1045 | Zoe Blanks | f | | knavrs mire Harriers | 1:30:58 |
| 88. | 1008 | Andrew Hemsley | m | Veteran 50 | U/A Penrith, Cumbria | 1:31:01 |
| 89. | 1453 | Daniel Susnik | m | | N/A | 1:31:02 |
| 90. | 1407 | Charlotte Logie | f | Lady Veteran 40 | South Cheshire Harriers | 1:31:06 |
| 91. | 1181 | Katie Shorrock | f | Lady Veteran 40 | U/A Leamington Spa, Warwickshire | 1:31:10 |
| 92. | 188 | rebecca scott | f | | U/A morpeth, northumberland | 1:31:19 |
| 93. | 1003 | Ruth Owen-Hughes | f | Lady Veteran 50 | U/A Yarm, | 1:31:29 |
| 94. | 1009 | Dawn Winstanley | f | Lady Veteran 50 | U/A Preston, Lancashire | 1:32:15 |
| 95. | 1046 | Neil Brooks | m | Veteran 50 | U/A Preston , Lancashire | 1:32:33 |
| 96. | 1264 | Michael Fitzgerald | m | | U/A Cokermouth, Cumbria | 1:32:36 |
| 97. | 1012 | Ferg Ryan | m | Veteran 40 | SW Running Crew | 1:32:37 |
| 98. | 1262 | Esther Brier | f | | U/A Halifax, West Yorkshire | 1:32:38 |
| 99. | 1068 | Lindsay Hailey | f | Lady Veteran 40 | U/A Grange Over Sands, Cumbria | 1:32:50 |
| 100. | 1254 | Alecia Johnstone | f | | Red rose road runners | 1:33:23 |
| 101. | 1298 | roger harrison | m | Veteran 60 | cheshire hash house harriers | 1:33:25 |
| 102. | 1325 | Pippa Weir | f | Lady Veteran 50 | Totley AC running club | 1:33:44 |
| 103. | 1013 | Igal Nagar | m | Veteran 60 | U/A Sutton Coldfield, West Midlands | 1:33:46 |
| 104. | 1398 | Jen Hare | f | | U/A Cambridge | 1:33:47 |
| 105. | 1222 | Richard Young | m | Veteran 40 | U/A Malmesbury, Wiltshire | 1:34:08 |
| 106. | 1053 | Owen Davies | m | Veteran 70 | U/A Kendal, | 1:34:19 |
| 107. | 1473 | Jon Broome | m | Veteran 50 | Achille Ratti | 1:34:30 |
| 108. | 1224 | Doug Bryden | m | Veteran 50 | Red Rose Road Runners | 1:34:51 |
| 109. | 1228 | Caroline Meades | f | Lady Veteran 50 | U/A Preston, Lancashire | 1:34:56 |
| 110. | 1215 | Martin Free | m | Veteran 40 | Lonely Goat RC | 1:35:13 |
| 111. | 1198 | Nicholas Hayes | m | | U/A Liverpool, Merseyside | 1:35:21 |
| 112. | 1475 | Andy Buckroyd | m | Veteran 50 | Macclesfield Harriers | 1:35:25 |
| 113. | 1483 | Jo Gruchy | f | | DCH run club | 1:35:29 |
| 114. | 1431 | John Wiseman | m | Veteran 50 | Red Rose Road Runners | 1:35:32 |
| 115. | 1035 | Gerry Rooney | m | Veteran 60 | U/A Carlisle, | 1:35:37 |
| 116. | 1348 | Colin Newby | m | Veteran 50 | U/A Newcastle Upon Tyne, | 1:35:48 |
| 117. | 1139 | Andrew Hopkinson | m | Veteran 40 | U/A Bolton, Lancashire | 1:35:56 |
| 118. | 1318 | Joe Harper | m | | Yorkshire Wolds Runners | 1:35:58 |
| 119. | 1018 | Neil Barrett | m | Veteran 40 | U/A Preston, Lancashire | 1:36:30 |
| 120. | 1461 | Belinda Schofield | f | Lady Veteran 50 | U/A Manchester, | 1:36:50 |
| 121. | 1481 | simon cheung | m | Veteran 40 | U/A moreton, wirral | 1:36:56 |
| 122. | 1363 | Kate Bowden | f | Lady Veteran 40 | U/A Glossop, Derbyshire | 1:37:01 |
| 123. | 1305 | Jack Downes | m | | U/A Merseyside, Merseyside | 1:37:02 |
| 124. | 1470 | Craig Rimmer | m | | U/A Warrington, | 1:37:04 |
| 125. | 1308 | WENDY BIRKETT | f | Lady Veteran 60 | U/A KENDAL, CUMBRIA | 1:37:09 |
| 126. | 1027 | Stuart Corbett | m | Veteran 50 | U/A Preston, Lancashire | 1:37:11 |
| 127. | 1250 | Jonathan Paul | m | | U/A Wolverhampton, 18 St Johns Road | 1:37:12 |
| 128. | 1424 | Moirá Leishman | f | Lady Veteran 40 | U/A Kilmarnock, Ayrshire | 1:37:13 |
| 129. | 1067 | Lucy Saunders | f | | U/A Grange Over Sands, Cumbria | 1:37:15 |
| 130. | 1341 | John McGartland | m | | U/A Lancaster, | 1:37:19 |
| 131. | 1138 | Jon Trubshaw | m | Veteran 50 | U/A Ormskirk, Lancashire | 1:37:24 |
| 132. | 1435 | Joe Stevens | m | Veteran 50 | U/A Ormskirk, Lancashire | 1:37:24 |
| 133. | 1236 | Steven Robinson | m | Veteran 60 | Thornton Cleveleys Running Club | 1:37:26 |
| 134. | 1249 | Gregg McCall | m | Veteran 40 | U/A Burntwood, | 1:37:28 |
| 135. | 1225 | Paul Moss | m | Veteran 60 | Garstang Running Club | 1:37:29 |
| 136. | 1142 | Chris Wilson | m | Veteran 50 | U/A New Milton, Hants | 1:37:29 |
| 137. | 1291 | Lara Dickinson | f | | U/A Manchester, Lancashire | 1:37:29 |
| 138. | 1006 | Margaret Lupton | f | Lady Veteran 50 | Red Rose Road Runners | 1:37:41 |
| 139. | 1187 | Andrew Kelly | m | Veteran 40 | U/A Workington, Cumbria | 1:37:43 |
| 140. | 1242 | Mark Rose | m | | U/A Fleetwood , Lancashire | 1:37:49 |
| 141. | 1182 | Phil Hayes | m | Veteran 50 | Thornton Cleveleys | 1:37:56 |
| 142. | 1307 | Tim Farron | m | Veteran 40 | Dallam Runners | 1:38:03 |
| 143. | 1056 | mark wardley | m | Veteran 40 | U/A preston, lancs | 1:38:11 |
| 144. | 1055 | Gail Bristo | f | Lady Veteran 40 | Red Rose Road Runners | 1:38:12 |
| 145. | 1216 | Thomas Wright | m | | U/A Ormskirk, Lancashire | 1:38:16 |
| 146. | 1373 | Helen Mortimer | f | Lady Veteran 40 | U/A Langley, Cheshire | 1:38:23 |
| 147. | 1372 | Rebecca Wilkinson | f | | U/A Kendal, Cumbria | 1:38:35 |
| 148. | 1356 | Debbie Collier | f | Lady Veteran 40 | U/A Blackpool, Lancashire | 1:38:42 |
| 149. | 1047 | Steve Green | m | | U/A Cokermouth, Cumbria | 1:38:43 |
| 150. | 1457 | Simon Clarke | m | Veteran 40 | U/A Maryport, Cumbria | 1:38:53 |
| 151. | 1469 | Paul Kirton | m | Veteran 50 | U/A Ulverston, Cumbria | 1:39:17 |
| 152. | 1288 | Sharon Astin | f | Lady Veteran 40 | Rammy Runners | 1:39:21 |
| 153. | 1369 | Donald Wilkinson | m | Veteran 50 | Southport and Waterloo | 1:39:25 |

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| Pos | Bib | Name | M/F | Age Cat | Club | Finish Time |
|------|------|----------------------|-----|-----------------|---|-------------|
| 154. | 1235 | Nancy Melrose | f | Lady Veteran 50 | Tri Rivington | 1:39:42 |
| 155. | 13 | Michael Price | m | Veteran 50 | Team Inov-8 | 1:39:44 |
| 156. | 1463 | joanne beahan | f | Lady Veteran 40 | U/A sheffield, south yorkshire | 1:39:45 |
| 157. | 1324 | Emily Tarrant | f | | U/A Barnsley , South Yorkshire | 1:39:59 |
| 158. | 1399 | David Allen | m | | Delamere Spartans | 1:40:00 |
| 159. | 1051 | jim little | m | Veteran 40 | U/A cheshire, | 1:40:17 |
| 160. | 1396 | Katie Stephens | f | Lady Veteran 40 | U/A Brackley Northamptonshire | 1:40:27 |
| 161. | 247 | Graham Schofield | m | Veteran 60 | Chorley Harriers | 1:40:31 |
| 162. | 1030 | Dan Stolworthy | m | | U/A Huddersfield, West Yorkshire | 1:40:54 |
| 163. | 1193 | Claire Schofield | f | Lady Veteran 40 | U/A York, | 1:41:14 |
| 164. | 1072 | Jayne Dore | f | Lady Veteran 40 | U/A Formby, | 1:41:23 |
| 165. | 1411 | Mary Mills | f | Lady Veteran 50 | Holme Pierrepont RC | 1:41:28 |
| 166. | 1123 | Louise Lashley | f | Lady Veteran 40 | U/A | 1:41:30 |
| 167. | 1317 | Karyn Harper | f | Lady Veteran 50 | Yorkshire Wolds Runners | 1:41:45 |
| 168. | 1227 | Ian Oakey | m | Veteran 40 | Settle Harriers | 1:42:00 |
| 169. | 1278 | Alan Taylor | m | Veteran 60 | U/A Rochdale, Greater Manchester | 1:42:04 |
| 170. | 1381 | Claire Towner | f | Lady Veteran 40 | U/A Newcastle under Lyme, Staffordshire | 1:42:11 |
| 171. | 77 | Steve Navesey | m | Veteran 50 | U/A South Chailey, | 1:42:14 |
| 172. | 66 | Julie Paton | f | Lady Veteran 40 | U/A Preston, Lancashire | 1:42:19 |
| 173. | 1026 | John Stout | m | Veteran 60 | U/A Leigh, Greater Manchester | 1:42:25 |
| 174. | 1255 | Martin Tilbury | m | Veteran 40 | U/A Sale, Cheshire | 1:42:26 |
| 175. | 376 | Leila Kara | f | Lady Veteran 50 | Valley Striders | 1:42:34 |
| 176. | 1283 | Stephen Tysome | m | Veteran 50 | Trail Running Association | 1:42:40 |
| 177. | 1032 | Peter Woodfield | m | | U/A Newton Stewart , | 1:42:44 |
| 178. | 1277 | John Walter | m | Veteran 60 | U/A Penrith, Cumbria | 1:43:05 |
| 179. | 1476 | Dan Maltman | m | Veteran 40 | U/A Durham, Durham | 1:43:16 |
| 180. | 1477 | Pete Wallwork | m | Veteran 40 | U/A Wilmslow, Cheshire | 1:43:16 |
| 181. | 1010 | Nicholas Schaffer | m | Veteran 50 | Millom Striders | 1:43:18 |
| 182. | 1366 | Helen Halsall | f | Lady Veteran 50 | U/A Altrincham, Cheshire | 1:43:28 |
| 183. | 1344 | Jimmy Love | m | | U/A Lancaster, Lancashire | 1:43:30 |
| 184. | 1306 | Emma Howe | f | | U/A Swinton, Lancashire | 1:43:31 |
| 185. | 1022 | Michelle Cresswell | f | Lady Veteran 40 | U/A Kendal, Cumbria | 1:43:46 |
| 186. | 1071 | Rachel Summers | f | Lady Veteran 40 | U/A Preston, | 1:43:49 |
| 187. | 1321 | Julia Guste | f | | U/A London , | 1:43:53 |
| 188. | 1043 | Karen Sutherland | f | Lady Veteran 50 | U/A Richmond, North Yorkshire | 1:43:58 |
| 189. | 1189 | Craig Booth | m | Veteran 40 | U/A Kendal, Cumbria | 1:44:06 |
| 190. | 1275 | Christopher Snelling | m | Veteran 40 | U/A Orpington, Kent | 1:44:15 |
| 191. | 1251 | Linda Edmondson | f | Lady Veteran 50 | U/A Sale, Cheshire | 1:44:38 |
| 192. | 1140 | Lisa Jones | f | Lady Veteran 40 | Valley Striders | 1:44:46 |
| 193. | 1271 | Robin Lee | m | Veteran 40 | U/A NORTH SHIELDS, Tyne & Wear | 1:44:47 |
| 194. | 1274 | Alex Meir | m | Veteran 40 | U/A Walton-on-Thames, | 1:44:47 |
| 195. | 1052 | amanda Bentley | f | Lady Veteran 40 | Warrington Running Club | 1:44:50 |
| 196. | 1409 | Daisy Munn | f | | U/A Lancaster | 1:44:57 |
| 197. | 1443 | steven burgess | m | Veteran 50 | thornton cleveleys running club | 1:45:01 |
| 198. | 1319 | Andrea Reynolds | f | Lady Veteran 40 | U/A Preston, Lancashire | 1:45:02 |
| 199. | 1017 | Gerry Shaw | f | | St Helens Striders | 1:45:03 |
| 200. | 1192 | Victoria Jefferies | f | | U/A Lancaster, | 1:45:04 |
| 201. | 1064 | Michael Nelson | m | Veteran 50 | U/A Barrow in Furness, Cumbria | 1:45:14 |
| 202. | 1195 | James Glass | m | Veteran 50 | U/A Lancaster, Lancs | 1:45:20 |
| 203. | 1079 | Clement Bidwell | m | | U/A Salford, | 1:45:22 |
| 204. | 1436 | sue woods | f | Lady Veteran 50 | U/A levens, cumbria | 1:46:04 |
| 205. | 1299 | rosie egan | f | Lady Veteran 50 | Cheshire hash house harriers | 1:46:25 |
| 206. | 1200 | Jane Wade | f | Lady Veteran 50 | U/A Blackpool, Lancashire | 1:46:51 |
| 207. | 1220 | Karen Smith | f | Lady Veteran 40 | Chester Triathlon Club | 1:46:52 |
| 208. | 1062 | Angela Bamford | f | Lady Veteran 50 | Altrincham and District Athletics Club | 1:47:22 |
| 209. | 1176 | Jake Gotham | m | Veteran 40 | U/A Carmarthen, | 1:47:28 |
| 210. | 1455 | Michelle Griffiths | f | Lady Veteran 50 | Red Rose Road Runners | 1:47:28 |
| 211. | 1445 | Pauline Moorcroft | f | Lady Veteran 60 | Red rose road runners | 1:47:28 |
| 212. | 1024 | Steven Houghton | m | Veteran 40 | U/A Beetham , Cumbria | 1:47:48 |
| 213. | 1031 | Gary Morton | m | | U/A Brighouse, West Yorkshire | 1:47:57 |
| 214. | 1390 | Edward Ryder | m | Veteran 40 | None | 1:48:01 |
| 215. | 1221 | Sally Napthen | f | Lady Veteran 50 | Chester Tri | 1:48:16 |
| 216. | 1327 | Sarah Lockett | f | | U/A Frodsham , Cheshire | 1:48:22 |
| 217. | 1074 | katy lewis | f | Lady Veteran 50 | U/A Liverpool, | 1:48:25 |
| 218. | 1240 | Kevin Greenwood | m | Veteran 60 | U/A NACTON, Suffolk | 1:48:25 |
| 219. | 1205 | Matthew Tollitt | m | Veteran 50 | Penny Lane Striders | 1:48:46 |
| 220. | 1105 | Tim Harper | m | | U/A Nottingham, Nottinghamshire | 1:49:00 |
| 221. | 1352 | Jonathan Moss | m | Veteran 50 | U/A Scunthorpe, | 1:49:08 |
| 222. | 1300 | Alex fisher | m | Veteran 40 | U/A Fleet, | 1:49:09 |
| 223. | 1257 | mark shaw | m | Veteran 50 | U/A Audenshaw, MANCHESTER | 1:49:18 |
| 224. | 1311 | Geoff Griffiths | m | Veteran 50 | Fuelled By Fun | 1:49:21 |
| 225. | 1037 | Claire Shaw | f | | Red Rose Running Club | 1:49:21 |
| 226. | 1073 | Shiran Yakobi | f | Lady Veteran 40 | RSCAC | 1:49:23 |
| 227. | 1248 | Julie Wisely | f | Lady Veteran 40 | U/A Manchester , | 1:49:54 |
| 228. | 1430 | Sara Jane Murray | f | Lady Veteran 40 | U/A Bentham, North Yorkshire | 1:49:58 |
| 229. | 1345 | Raphael Dunne | m | Veteran 40 | U/A Irby, Merseyside | 1:50:00 |
| 230. | 1294 | Steve Longney | m | Veteran 50 | Yorkshire Wolds Runners | 1:50:01 |
| 231. | 1016 | KIRSTY BARKER | f | Lady Veteran 50 | U/A WIGTON, Cumbria | 1:50:08 |

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|------|------|---------------------|-----|-----------------|--------------------------------------|-------------|
| 232. | 1166 | Anthony Barnes | m | Veteran 40 | U/A London, | 1:50:15 |
| 233. | 1358 | Lisa Semley | f | Lady Veteran 50 | Red Rose Runners | 1:50:19 |
| 234. | 1001 | Robert Myatt | m | Veteran 50 | U/A Stoke on trent, Staffordshire | 1:50:19 |
| 235. | 1241 | Zara Gall | f | Lady Veteran 40 | Didsbury ladies | 1:50:21 |
| 236. | 1258 | Rachel Seymour Mead | f | Lady Veteran 40 | U/A Manchester, Manchester | 1:50:21 |
| 237. | 1478 | Fiona Richardson | f | Lady Veteran 40 | Batala | 1:50:31 |
| 238. | 1165 | Anne Stockley | f | Lady Veteran 40 | U/A St Albans, Herts | 1:50:32 |
| 239. | 1285 | Hannah Stirling | f | | U/A Wilmslow, | 1:50:46 |
| 240. | 1177 | Elizabeth Gotham | f | Lady Veteran 40 | U/A Carmarthen, | 1:50:50 |
| 241. | 1343 | Jill Dawson | f | | U/A Lancaster, Lancashire | 1:50:53 |
| 242. | 1382 | Judith Benson | f | Lady Veteran 40 | Ponteland Runners | 1:50:55 |
| 243. | 1472 | Kate Broome | f | Lady Veteran 50 | Achille Ratti | 1:51:09 |
| 244. | 285 | Dawn Saxby | f | Lady Veteran 50 | U/A | 1:51:31 |
| 245. | 1282 | Caroline Weinberger | f | Lady Veteran 50 | U/A Cupar, Fife | 1:51:38 |
| 246. | 1280 | Joy Chisholm | f | | Dundee Road Runners | 1:51:42 |
| 247. | 1265 | Siobhan Farmer | f | | U/A Salford, | 1:51:44 |
| 248. | 104 | Helen Pennington | f | Lady Veteran 40 | Smiley Paces | 1:51:44 |
| 249. | 1023 | Chris Piper | m | Veteran 50 | U/A Wigan, Lancashire | 1:51:46 |
| 250. | 1389 | Rebecca Richards | f | | U/A Ulverston, Cumbria | 1:51:54 |
| 251. | 1007 | Tara Hilton | f | | U/A Ulverston, Cumbria | 1:52:00 |
| 252. | 12 | Marina Quayle | f | Lady Veteran 50 | | 1:52:02 |
| 253. | 1449 | Angela Dallinger | f | Lady Veteran 40 | Redrose | 1:52:03 |
| 254. | 1403 | Lucy Hoyle | f | | U/A Manchester | 1:52:05 |
| 255. | 1293 | Jane Hornby | f | Lady Veteran 40 | Yorkshire Wolds Runners | 1:52:08 |
| 256. | 1106 | Rebecca Parish | f | | None | 1:52:11 |
| 257. | 1417 | Zoe Cain | f | | Red Rose Road Runners | 1:52:28 |
| 258. | 1204 | Chris Probert | m | Veteran 50 | Penny Lane Striders | 1:52:43 |
| 259. | 1340 | Miriam Brion | f | Lady Veteran 40 | U/A Slingsby , | 1:52:54 |
| 260. | 1231 | Oliver Culley | m | | U/A London, | 1:52:55 |
| 261. | 1230 | Rachael Culley | f | | U/A London, | 1:52:55 |
| 262. | 1397 | Kirsty Argall | f | Lady Veteran 50 | U/A Brackley Northamptonshire | 1:53:06 |
| 263. | 1066 | Stewart Mcnicholl | m | Veteran 40 | U/A Morpeth , Northumberland | 1:53:10 |
| 264. | 1089 | Debs White | f | Lady Veteran 40 | Cambridge and Coleridge | 1:53:18 |
| 265. | 1388 | Jill Leader | f | Lady Veteran 60 | U/A Windermere, Cumbria | 1:53:50 |
| 266. | 1246 | Anne-Marie Woodcock | f | Lady Veteran 40 | U/A Bamber Bridge, Lancashire | 1:53:57 |
| 267. | 1439 | MARGARET WOODS | f | Lady Veteran 60 | MILLOM STRIDERS | 1:54:09 |
| 268. | 1127 | Helen Greenhalgh | f | Lady Veteran 40 | Red Rose Road Runners | 1:54:13 |
| 269. | 1153 | gavin fisk | m | Veteran 40 | U/A manchester, | 1:54:13 |
| 270. | 1438 | ANDREW WOODS | m | Veteran 60 | MILLOM STRIDERS | 1:54:20 |
| 271. | 1426 | Rachel Bell | f | Lady Veteran 50 | U/A Altrincham, | 1:54:35 |
| 272. | 1315 | Geoff Walker | m | Veteran 60 | U/A Carnforth, Cumbria | 1:54:41 |
| 273. | 1444 | Aidan Egleston | m | Veteran 50 | U/A Edgmond, | 1:54:42 |
| 274. | 1408 | Phil Parker | m | | U/A Winsford | 1:54:47 |
| 275. | 1206 | janet gibson | f | Lady Veteran 50 | U/A york, north yorkshire | 1:55:02 |
| 276. | 1448 | Steve Bellamy | m | Veteran 40 | U/A Preston, Lancashire | 1:55:13 |
| 277. | 1287 | Ian Gilbert | m | Veteran 60 | U/A Ipswich, Suffolk | 1:55:19 |
| 278. | 1000 | Steven OHara | m | Veteran 40 | U/A Sunderland, Tyne & Wear | 1:55:52 |
| 279. | 1334 | Jack Youngs | m | Veteran 50 | U/A Barnsley , South Yorkshire | 1:56:16 |
| 280. | 1084 | Jane Marshall | f | Lady Veteran 40 | U/A York, | 1:56:18 |
| 281. | 1213 | Rachael Holloway | f | | U/A Liverpool, | 1:56:20 |
| 282. | 1297 | Chris Chew | m | Veteran 50 | U/A | 1:56:21 |
| 283. | 1360 | Ian McDowall | m | Veteran 60 | U/A Linlithgow, | 1:56:25 |
| 284. | 1359 | Edith McDowall | f | Lady Veteran 50 | U/A Linlithgow, West Lothian | 1:56:26 |
| 285. | 1144 | Melanie Rendall | f | Lady Veteran 40 | U/A London, | 1:56:30 |
| 286. | 1353 | Joanne Moss | f | Lady Veteran 50 | U/A Scunthorpe, | 1:56:32 |
| 287. | 1145 | Brendan Rendall | m | Veteran 40 | U/A Salford , | 1:56:34 |
| 288. | 594 | Catherine Vaneris | f | Lady Veteran 40 | U/A Manchester, | 1:56:39 |
| 289. | 1178 | Chloe Hardman | f | | U/A Bury, | 1:56:41 |
| 290. | 1416 | Catherine Higson | f | | U/A Keswick | 1:56:43 |
| 291. | 1229 | Julie Luckman | f | Lady Veteran 50 | Rochdale Triathlon Club | 1:56:50 |
| 292. | 1116 | Jennie Davies | f | Lady Veteran 60 | Women on the Run | 1:57:05 |
| 293. | 1446 | Louise Withnell | f | Lady Veteran 40 | Red Rose Road Runners | 1:57:22 |
| 294. | 1232 | Dave Higson | m | Veteran 50 | U/A kendal, cumbria | 1:57:29 |
| 295. | 1125 | Jennifer Deakin | f | | U/A Sale, Cheshire | 1:57:30 |
| 296. | 1378 | Paula Dailey | f | Lady Veteran 40 | U/A Newcastle Upon Tyne, Tyne & Wear | 1:57:36 |
| 297. | 1295 | Lynn Wilson | f | Lady Veteran 40 | Yorkshire Wolds Runners | 1:57:39 |
| 298. | 1150 | Andrew Gibson | m | Veteran 50 | U/A Cockermonth, Cumbria | 1:57:57 |
| 299. | 1041 | Hannah Swift | f | | U/A Wigan, Lancashire | 1:57:57 |
| 300. | 1040 | Alexa Wilcock | f | | U/A Old Langho, Lancashire | 1:57:57 |
| 301. | 1314 | Deborah Easton | f | Lady Veteran 40 | U/A Newcastle upon Tyne, | 1:58:06 |
| 302. | 1082 | Deborah Reekie | f | Lady Veteran 40 | U/A holmrook, cumbria | 1:58:17 |
| 303. | 1163 | Elizabeth Connor | f | Lady Veteran 40 | U/A St Helens , | 1:58:35 |
| 304. | 1428 | James Airey | m | Veteran 40 | U/A Kendal, | 1:58:35 |
| 305. | 1429 | Sarah Airey | f | | U/A Kendal, | 1:58:36 |
| 306. | 1164 | Jo-Anne Duckworth | f | Lady Veteran 40 | U/A St Helens, | 1:58:37 |
| 307. | 1108 | Laura Robson | f | | York Postal Harriers | 1:59:13 |
| 308. | 1312 | Nicola Griffiths | f | Lady Veteran 40 | U/A Tarporley, Cheshire | 1:59:23 |
| 309. | 281 | Samantha Kimberley | f | | U/A Lancaster, | 1:59:28 |

Lakeland Trails in Coniston

Coniston Trail Challenge 15K

| Pos | Bib | Name | M/F | Age Cat | Club | Finish Time |
|------|------|-----------------------|-----|-----------------|---|-------------|
| 310. | 1183 | Ian Trencher | m | Veteran 40 | U/A Wigan, Lancashire | 1:59:33 |
| 311. | 1237 | Isobel Hall | f | Lady Veteran 50 | U/A Kendal, Cumbria | 1:59:40 |
| 312. | 1364 | Vicky Bunnage | f | Lady Veteran 40 | Glossop ladies | 1:59:45 |
| 313. | 1160 | Nicola Daley | f | Lady Veteran 50 | Widnes Wasps | 1:59:46 |
| 314. | 1156 | Julie Moses | f | Lady Veteran 50 | Widnes Wasps LRC | 1:59:46 |
| 315. | 1044 | Luke Madge | m | | Derek Zoolander school for kids that can't run good | 1:59:48 |
| 316. | 1387 | Lisa Kirkwood | f | | U/A Windermere , Cumbria | 1:59:59 |
| 317. | 1433 | Helen Ormerod-Pateman | f | | Red Rose Road Runners | 2:00:09 |
| 318. | 1450 | Matt Deane | m | Veteran 40 | U/A Preston , Lancashire | 2:00:41 |
| 319. | 1173 | Margaret Jones | f | Lady Veteran 60 | U/A Stockport, Cheshire | 2:00:48 |
| 320. | 1244 | Sarah Williams | f | Lady Veteran 50 | U/A Arnside, Lancashire | 2:01:06 |
| 321. | 1256 | Melanie Burton | f | Lady Veteran 50 | U/A Windermere, Cumbria | 2:01:09 |
| 322. | 1253 | mark taylor | m | Veteran 50 | U/A manchester, lancashire | 2:01:22 |
| 323. | 120 | Jane Pike | f | Lady Veteran 40 | U/A BOLTON, County (optional) | 2:01:51 |
| 324. | 1131 | Jo Colvin | f | Lady Veteran 40 | U/A Bolton, Lancs | 2:01:52 |
| 325. | 1385 | Tony Dimuantes | m | Veteran 60 | None | 2:02:01 |
| 326. | 1038 | Matt Ford | m | Veteran 50 | U/A Ulverston, Cumbria | 2:02:05 |
| 327. | 1377 | Martin Duffy | m | Veteran 40 | U/A Swinton, | 2:02:05 |
| 328. | 1112 | andrew wilde | m | Veteran 40 | U/A mission, CA/BC_CA | 2:02:53 |
| 329. | 1113 | teri bonneau | f | Lady Veteran 40 | U/A mission, CA/BC_CA | 2:02:53 |
| 330. | 1368 | Dan Williams | m | | U/A Baldock, Hertfordshire | 2:02:56 |
| 331. | 1362 | Jane Hunter | f | Lady Veteran 60 | Lancaster Womens Running Club | 2:03:00 |
| 332. | 1239 | Jackie Greenwood | f | Lady Veteran 60 | U/A Ipswich, Suffolk | 2:03:37 |
| 333. | 1460 | Eloise Whitmore | f | Lady Veteran 40 | U/A Manchester, | 2:03:56 |
| 334. | 201 | Annie Rawlinson | f | Lady Veteran 50 | U/A Kendal, Cumbria | 2:04:16 |
| 335. | 1094 | AUSTIN TRELFA | m | Veteran 60 | Red Rose Road Runners | 2:04:23 |
| 336. | 1157 | Joanne Moyers | f | Lady Veteran 40 | Widnes Wasps LRC | 2:04:23 |
| 337. | 1290 | Sharon Nunn | f | Lady Veteran 50 | Widnes Wasps Ladies RC | 2:04:27 |
| 338. | 1441 | Lyn-Marie Waters | f | Lady Veteran 40 | U/A TODMORDEN, West Yorkshire | 2:04:39 |
| 339. | 1208 | Katie Fairless | f | | Todmorden Harriers | 2:04:39 |
| 340. | 1086 | Heidi Martin | f | | CFR | 2:04:43 |
| 341. | 1214 | Christine Ryder | f | Lady Veteran 50 | Marshall Milton Keynes | 2:04:47 |
| 342. | 1333 | Kevin Iddon | m | Veteran 50 | U/A Pteston, Lancashire | 2:05:10 |
| 343. | 1245 | Diane Iddon | f | Lady Veteran 50 | Fylde coast runners | 2:05:10 |
| 344. | 1269 | Sara Master | f | | U/A lancaster, Lancs | 2:05:35 |
| 345. | 1479 | Nicky Graves | f | Lady Veteran 50 | Batala Drummers | 2:05:38 |
| 346. | 1376 | Michael Leahy | m | Veteran 60 | U/A Grange-Over-Sands, Cumbria | 2:06:14 |
| 347. | 1458 | Fiona Clarke | f | | U/A Maryport, Cumbria | 2:06:24 |
| 348. | 1342 | Jules Telford | f | Lady Veteran 60 | U/A Kendal, Cumbria | 2:07:00 |
| 349. | 1238 | Nancy Ryan | f | Lady Veteran 40 | U/A Altrincham, Cheshire | 2:07:25 |
| 350. | 1440 | katy Moore | f | Lady Veteran 40 | U/A Hebden Bridge, | 2:07:37 |
| 351. | 1379 | Phillip Tunney | m | Veteran 40 | U/A Manchester, | 2:07:51 |
| 352. | 1090 | Charlotte Dyer | f | Lady Veteran 50 | Fen Edge Runners | 2:07:53 |
| 353. | 1355 | Kate Taylor | f | Lady Veteran 40 | Running4CF | 2:07:56 |
| 354. | 1380 | Veronica Tunney | f | Lady Veteran 50 | U/A Manchester, | 2:07:56 |
| 355. | 1361 | Stacey McKenna-Seed | f | Lady Veteran 40 | U/A Blackburn, | 2:07:57 |
| 356. | 1151 | Paul Heap | m | Veteran 60 | Blackpool Freedom Runners | 2:08:04 |
| 357. | 1484 | Jan Molyneux | f | Lady Veteran 50 | U/A | 2:08:08 |
| 358. | 1452 | ruth pimblett-tattley | f | Lady Veteran 50 | U/A hebden bridge, w yorks | 2:08:14 |
| 359. | 1167 | Stacey Clark | f | | Widnes Wasps Ladies Running Club | 2:08:18 |
| 360. | 1442 | Rachel Kuypers | f | Lady Veteran 40 | Widnes Wasps Ladies R C | 2:08:22 |
| 361. | 1162 | Anna Morris | f | Lady Veteran 40 | U/A Stockport, | 2:08:32 |
| 362. | 1161 | Jennifer Lewis | f | Lady Veteran 40 | U/A Manchester, | 2:08:32 |
| 363. | 1159 | Helen Davies | f | Lady Veteran 50 | Widnes Wasps Ladies Rc | 2:08:49 |
| 364. | 1179 | Michele Lindsay | f | Lady Veteran 50 | Widnes wasps | 2:08:56 |
| 365. | 1180 | Lisa Stockley | f | Lady Veteran 40 | U/A London, London | 2:10:40 |
| 366. | 1267 | Emma atkinson | f | Lady Veteran 40 | U/A kendal, cumbria | 2:11:01 |
| 367. | 1158 | Joanne McGillicuddy | f | Lady Veteran 40 | Wisnes Wasps Ladies RC | 2:11:07 |
| 368. | 1233 | Lynne Midgley-ward | f | Lady Veteran 50 | Ponteland Runners | 2:11:14 |
| 369. | 1085 | Alison Nordon | f | Lady Veteran 40 | U/A Paisley, | 2:11:28 |
| 370. | 1292 | Helen Beckett | f | Lady Veteran 40 | Widnes Wasps | 2:11:32 |
| 371. | 1347 | Sandra Wood | f | Lady Veteran 50 | Proper Northern Plodders | 2:11:53 |
| 372. | 1419 | Clair Bonner | f | Lady Veteran 40 | U/A Keighley, West Yorkshire | 2:12:21 |
| 373. | 1420 | Liane Thompson | f | Lady Veteran 50 | U/A Barrow-in-Furness, Cumbria | 2:12:21 |
| 374. | 1034 | Louise Rooney | f | Lady Veteran 50 | U/A Carlisle, | 2:12:42 |
| 375. | 1465 | Tracey Brocklehurst | f | Lady Veteran 50 | U/A Wigan, Lancashire | 2:13:32 |
| 376. | 1149 | Carol Forster | f | Lady Veteran 40 | U/A Cockermonth, Cumbria | 2:14:01 |
| 377. | 1211 | Malcolm Kidby | m | Veteran 50 | Marshall Milton Keynes AC | 2:14:17 |
| 378. | 1218 | Hazel Church | f | Lady Veteran 50 | Marshall Milton Keynes AC | 2:14:18 |
| 379. | 1083 | Viv Samuelson | f | Lady Veteran 40 | Swinton RC | 2:15:50 |
| 380. | 1087 | Katie Samuelson | f | Lady Veteran 40 | Cambridge & Coleridge AC | 2:15:51 |
| 381. | 1088 | Darren Gillman | m | Veteran 40 | Trail Running Association | 2:15:51 |
| 382. | 1155 | Helen Moore | f | Lady Veteran 50 | Widnes Wasps LRC | 2:15:52 |
| 383. | 1168 | Agata Rutkowska | f | | Widnes Wasps LRC | 2:15:52 |
| 384. | 1143 | Sara Bracken | f | | U/A Wilmslow, | 2:16:41 |
| 385. | 1322 | STEVEN MOORE | m | Veteran 60 | NORDIC WALKING UK | 2:17:48 |
| 386. | 1309 | John Harrison | m | Veteran 70 | U/A Carlisle, Cumbria | 2:18:43 |
| 387. | 1124 | Jenni Chadwick | f | Lady Veteran 40 | U/A Macclesfield, Cheshire | 2:18:46 |

Lakeland Trails in Coniston

Coniston Trail Challenge 15K

| Pos | Bib | Name | M/F | Age Cat | Club | Finish Time |
|------|------|------------------|-----|-----------------|--------------------------------|-------------|
| 388. | 1122 | Louise Russell | f | Lady Veteran 40 | U/A Sale, Cheshire | 2:18:46 |
| 389. | 1117 | Anna Russell | f | Lady Veteran 40 | U/A Sale, Cheshire | 2:18:46 |
| 390. | 1118 | Elizabeth Ross | f | Lady Veteran 40 | U/A Sale, Cheshire | 2:18:46 |
| 391. | 1119 | Lucy Ellis | f | | U/A Knutsford, Cheshire | 2:18:46 |
| 392. | 1247 | Helen Hardy | f | Lady Veteran 40 | U/A Morpeth , Northumberland | 2:18:55 |
| 393. | 1370 | Caroline Rose | f | Lady Veteran 50 | Proper Northern Plodders | 2:20:06 |
| 394. | 1154 | Jonathan Fisk | m | Veteran 70 | U/A York, | 2:23:28 |
| 395. | 1335 | Elaine Robinson | f | Lady Veteran 50 | U/A Barnsley , South Yorkshire | 2:25:39 |
| 396. | 1395 | Lynn Wilson | f | Lady Veteran 50 | U/A | 2:25:48 |
| 397. | 1259 | Hannah Stevenson | f | | U/A Lancaster, Lancashire | 2:27:00 |
| 398. | 1095 | MARTIN Simpson | m | | Red Rose Road Runners | 2:32:51 |
| 399. | 1203 | Jane McGreen | f | Lady Veteran 60 | n/a | 2:33:38 |
| 400. | 1418 | Amanda Simpson | f | | RunSmart | 2:36:02 |
| 401. | 1059 | Tracy Woods | f | Lady Veteran 50 | Red Rose Road Runners | 2:36:04 |
| 402. | 1081 | Josephine Walsh | f | Lady Veteran 40 | Red Rose Road Runners | 2:38:19 |
| 403. | 1107 | Emma Penney | f | Lady Veteran 40 | This Mum Runs | 2:38:19 |
| 404. | 1386 | Simon Dimuantes | m | Veteran 60 | None | 2:48:11 |
| 405. | 1057 | JAMES SWIRE | m | | U/A Southport, Merseyside | 3:00:04 |
| 406. | 1025 | Chris Harbord | m | Veteran 70 | Great Yarmouthh Road Runners | 3:13:39 |

Number of records: 406