

Lakeland Trails in Coniston

Coniston Trail Race 15km

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
1.	3	Joe Kenny	m		U/A Ambleside	1:00:35
2.	251	Victoria Wilkinson	f	Lady Veteran 40	Team inov-8.com	1:02:25
3.	147	Stephen McCarron	m	Veteran 40	Team inov-8.com	1:02:52
4.	144	Andrew McCarron	m	Veteran 40	Queens Park Harriers	1:02:52
5.	11	Daniel Abbas	m		U/A Manchester,	1:03:51
6.	651	Annie Conway	f		Ambleside RC	1:04:11
7.	186	Ian Pickett	m	Veteran 40	Tyne Bridge Harriers	1:04:30
8.	216	Oliver Smith	m		U/A Leeds,	1:04:48
9.	114	Steven Henderson	m		Sale Harriers Manchester	1:04:55
10.	198	Paul Reilly	m	Veteran 40	Helm Hill	1:05:17
11.	162	Oliver Newell	m		thame runners	1:07:23
12.	160	Chris Neil	m		Barrow Runners	1:07:32
13.	142	Craig Marsh	m		Keswick AC	1:07:55
14.	95	Kevin Garlick	m		Bingley Harriers	1:07:56
15.	37	Charles Brister	m		BMF Glasgow	1:07:59
16.	208	Timothy Santon	m		U/A Leamington Spa,	1:08:00
17.	130	Martin Klavon	m		U/A Huddersfield, West Yorkshire	1:08:03
18.	16	James Ashworth	m		Yorkshire Regiment	1:08:36
19.	228	Adam Taylor	m		Kendal AAC	1:09:01
20.	225	Louise Stubbings	f		U/A Egremont, Cumbria	1:09:02
21.	191	charlie puche	m		thame runners	1:09:18
22.	25	Mark Blackwell	m	Veteran 40	WestCumbriaTri	1:10:14
23.	27	Matthew Blakeley	m	Veteran 40	Roundhay Runners	1:10:18
24.	161	John Nelson	m	Veteran 60	Alchester running club	1:10:19
25.	148	Chris McDonald	m	Veteran 50	U/A Carlisle, Cumbria	1:11:15
26.	1514	Dave Ramsay	m	Veteran 50	U/A	1:11:19
27.	140	Jonathon Male	m	Veteran 40	Barrow Runners	1:11:25
28.	127	Richard Kenyon	m		U/A Preston, Lancashire	1:12:21
29.	175	andy pace	m	Veteran 40	thame runners	1:12:25
30.	158	Pauline Munro	f	Lady Veteran 40	Ilkley harriers	1:12:45
31.	214	Chris Smith	m		Keswick AC	1:12:57
32.	26	Tanya Blake	f	Lady Veteran 40	Stainland lions	1:13:31
33.	200	Michael Richardson	m	Veteran 40	n/a	1:14:22
34.	38	Graham Britton	m	Veteran 60	U/A Kendal, Cumbria	1:14:27
35.	152	Craig Miller	m	Veteran 40	Stainland Lions	1:14:35
36.	240	Alastair Vale	m	Veteran 40	U/A Knutsford, Cheshire	1:15:06
37.	119	Heather Hughes	f		Manchester YMCA Harriers	1:15:12
38.	222	Ian Stainthorpe	m	Veteran 50	Rochdale Harriers	1:15:25
39.	221	Adrian Spencer	m	Veteran 40	Barrow Runners	1:15:31
40.	241	Harry Vaneris	m		U/A London,	1:16:12
41.	193	Andrew Pye	m	Veteran 40	U/A Kendal, Cuumbria	1:16:25
42.	188	Jonathan Poirrette	m	Veteran 50	U/A Windermere, Cumbria	1:16:50
43.	115	Darren Hendley	m	Veteran 40	York Knavesmire Harriers	1:17:07
44.	52	Andrew Christie	m		Red Rose Road Runners	1:17:34
45.	118	Adrian Hope	m	Veteran 40	Team inov-8.com	1:17:40
46.	151	Kevin Melling	m	Veteran 40	Team Lakeland Trails	1:17:52
47.	184	Bruce Penhale	m	Veteran 50	Trafford AC	1:18:26
48.	111	Christopher Hargreaves	m		Red rose runners	1:18:41
49.	223	Joe Steele	m	Veteran 40	U/A LEEDS, West Yorkshire	1:18:42
50.	121	Niamh Jackson	f		Kirkstall Harriers	1:18:43
51.	203	Martyn Robinson	m	Veteran 40	Lower Hardhorn AC	1:19:18
52.	212	faye sharpley	f		thame runners	1:19:19
53.	176	Mike Page	m		U/A Lancaster,	1:19:35
54.	74	Matt Devlin	m		U/A Hoddesdon,	1:19:44
55.	13	John Allen	m	Veteran 50	Red Rose Road Runners	1:20:01
56.	171	Robert Overton	m	Veteran 40	U/A Huddersfield ,	1:20:22
57.	224	Tom Stratton	m		U/A Manchester,	1:20:31
58.	129	James Kidd	m		U/A Chester ,	1:20:42
59.	53	Kawai Chung	m	Veteran 40	Mornington Chasers	1:20:54
60.	78	Alice Du Vivier	f		U/A Durham, County Durham	1:21:01
61.	82	Mark Emmett	m	Veteran 50	Thame Runners	1:21:27
62.	72	Stephen Davenport	m	Veteran 40	U/A Warrington,	1:21:32
63.	219	Alan Smitheman	m	Veteran 40	Loftus & Whitby ac	1:21:45
64.	246	Andy Whitlock	m		U/A Lymm, Cheshire	1:21:45
65.	35	Siobonne Brewster	f	Lady Veteran 40	U/A Carlisle, Cumbria	1:21:49
66.	122	leslie johnson	m	Veteran 50	Northwich Running Club	1:21:51
67.	30	Chris Bowker	m		Lytham St Anne's Road Runners Club	1:22:06
68.	196	Ian Rattray	m	Veteran 40	Colchester Harriers AC	1:22:31
69.	253	David Wilson	m	Veteran 40	Woo Haa Runnit	1:22:33
70.	239	Andrew Unitt	m	Veteran 60	Barrow Runners	1:22:36
71.	133	Ralph Leech	m		U/A Bristol,	1:22:36
72.	43	Aarron Butterworth	m		U/A Northallerton, N Yorkshire	1:22:43
73.	187	Chris Pilkington	m		U/A Preston, Lancashire	1:22:48
74.	83	Melanie Eyre	f		U/A Guildford,	1:22:48
75.	169	peter osborne	m		U/A Reading, Berkshire	1:22:49
76.	195	Tom Ratcliffe	m		U/A Baildon,	1:22:50
77.	87	Joseph Fisher	m		U/A Harrogate,	1:23:03

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
78.	61	nathan cornish	m	Veteran 40	U/A Staveley,	1:23:07
79.	84	Laura Fairhurst	f		Altrincham AC	1:23:17
80.	57	sam colman	m	Veteran 40	U/A otley, yorkshire	1:23:32
81.	120	Beverley Jackson	f	Lady Veteran 50	Altrincham And District Athletic Club	1:23:34
82.	90	Megan Fitzpatrick	f		Team inov-8.com	1:24:26
83.	23	Kirsten Bell	f		N/A	1:24:33
84.	71	Sam Dabin	m		U/A Harrogate,	1:24:36
85.	104	Paul Gunn	m	Veteran 50	BMF Glasgow	1:24:42
86.	112	Louise Harman	f		Barrow Runners	1:24:58
87.	237	Rob Tweddle	m		Cumberland AC	1:25:00
88.	192	emma pughe	f		thame runners	1:25:12
89.	230	Andrew Taylor	m	Veteran 40	Running 4CF	1:25:30
90.	242	Robin Walker	m		U/A Manchester,	1:25:32
91.	49	Gary Cattermole	m	Veteran 50	U/A Kendal, cumbria	1:25:33
92.	213	Catherine Smith	f		U/A Leeds,	1:25:34
93.	249	Emily Wilford	f		U/A Bristol,	1:25:36
94.	76	Richard Downey	m		U/A Cockermouth, Cumbria	1:25:52
95.	86	Deborah Farrington	f	Lady Veteran 40	U/A Southport , Merseyside	1:25:53
96.	48	Toby Casstles	m		U/A Rainford, Merseyside	1:26:15
97.	34	keith brewster	m	Veteran 60	U/A leeds,	1:26:33
98.	24	Stuart Bell	m	Veteran 60	Kendal AC	1:26:43
99.	89	Emily Fitzherbert	f	Lady Veteran 40	Helm Hill	1:26:48
100.	131	Chee Lau	m	Veteran 40	U/A Morecambe	1:26:58
101.	45	Chris Calderbank	m		U/A Manchester,	1:27:15
102.	41	Keith Butler	m	Veteran 40	U/A Preston, Lancashire	1:27:31
103.	51	Rosie Christiansen	f		U/A witherslack, cumbria	1:27:34
104.	31	Philip Boylin	m	Veteran 40	U/A Hexham, Northumberland	1:27:45
105.	197	Darren Readman	m	Veteran 40	Thame runners	1:28:02
106.	117	Christian Hook	m	Veteran 40	Chorlton Runners	1:28:07
107.	155	Jimmy Mo	m	Veteran 50	U/A Manchester,	1:28:37
108.	190	Berwyn Pritchard-Jones	m	Veteran 40	thame runners	1:28:38
109.	185	Rachael Perowne	f	Lady Veteran 40	Tyne Bridge Harriers	1:28:52
110.	180	Huw Parry	m	Veteran 50	North Shields Polytechnic	1:28:55
111.	234	Mike Thomson	m	Veteran 40	Lower Hardhorn AC	1:28:57
112.	206	Michael Rogers	m	Veteran 40	None	1:29:00
113.	46	Daniel Calderbank	m		U/A Wigan, Lancashire	1:29:05
114.	250	Andrew Wilkinson	m	Veteran 50	U/A Stanley, Co Durham	1:29:19
115.	77	David Draper	m	Veteran 40	U/A Eccleston, Lancs	1:29:21
116.	145	Bernard McCarron	m	Veteran 50	Macclesfield Harriers	1:29:22
117.	80	Brandon Ellis	m	Veteran 50	Manx Tri Club	1:29:30
118.	149	carys mcgowan	f		Trilakeland	1:29:41
119.	168	Robbie Oliver	m		U/A Lancaster,	1:30:01
120.	134	Stephen Lester	m	Veteran 60	U/A Ross-on-Wye, Herefordshire	1:30:11
121.	137	Mike Lloyd	m		U/A Ossett,	1:30:14
122.	136	Caroline Lloyd	f	Lady Veteran 40	U/A Ossett,	1:30:31
123.	66	Jonathan Crawley	m	Veteran 50	U/A Kenilworth, Warwickshire	1:30:36
124.	135	Dan Lewis	m	Veteran 40	Keswick AC	1:30:54
125.	62	Roger Cornthwaite	m		U/A Preston, lancashire	1:31:05
126.	181	Neil Paterson	m	Veteran 60	U/A Hexham, Northumberland	1:31:06
127.	59	steph cooke	f	Lady Veteran 50	thame runners	1:31:10
128.	227	Mike Swift	m	Veteran 60	U/A Manchester, Manchester	1:31:11
129.	218	Paul Smitham	m	Veteran 50	GMFRS	1:31:20
130.	215	Elizabeth Smith	f		U/A Kelso, Roxburghshire	1:31:33
131.	33	Joseph Brereton	m		N/a	1:31:47
132.	124	Rob Kedian	m	Veteran 40	Manchester YMCA Harriers	1:32:17
133.	150	Kay McGreevy	f	Lady Veteran 50	BMF Glasgow	1:32:17
134.	172	Suzu Overton	f	Lady Veteran 40	U/A Huddersfield ,	1:32:27
135.	97	Stephanie Goodchild	f	Lady Veteran 50	Manchester YMCA Harriers	1:32:32
136.	248	Martyn Wigglesworth	m	Veteran 40	U/A Richmond,	1:33:04
137.	154	Iain Mitchell	m		Red Rose Road Runners	1:33:10
138.	28	Jason Borrill	m	Veteran 40	U/A Littleborough, Lancashire	1:33:21
139.	132	Ben Laws	m		U/A Barrow In Furness,	1:33:24
140.	178	Emma Parkin	f	Lady Veteran 40	Stratford AC	1:33:27
141.	201	Alice Ridout	f	Lady Veteran 40	U/A Hilton Beach, Ontario	1:33:27
142.	110	Aaron Hargreaves	m		U/A Huddersfield, West Yorkshire	1:33:38
143.	102	sarah grimes	f	Lady Veteran 40	thame runners	1:33:46
144.	123	Paul Kain	m	Veteran 40	Team inov-8.com	1:33:47
145.	54	Allan Clarke	m		U/A Wigan, Lancs	1:33:47
146.	141	Tiffany Mallender	f	Lady Veteran 40		1:33:47
147.	194	Monique Raaijmakers	f	Lady Veteran 50	Barrow Runners	1:34:17
148.	17	Rebecca Atkinson	f		U/A Kendal, Cumbria	1:34:39
149.	15	MICHAEL ARMSTRONG	m	Veteran 50	sunderland strollers	1:34:41
150.	20	Elaine Ball	f	Lady Veteran 40	NYP TRI	1:34:45
151.	220	gavin souter	m	Veteran 40	thame runners	1:34:51
152.	243	Michael Wallach	m		U/A London ,	1:35:10
153.	98	Ross Gourlay	m	Veteran 40	Roundhay Runners	1:35:44
154.	202	Julie Robertson	f	Lady Veteran 40	U/A Manchester , Greater Manchester	1:35:55
155.	19	Katherine Baines	f		U/A Manchester,	1:35:55
156.	254	Diane Wilson	f	Lady Veteran 40	U/A Richmond, North Yorkshire	1:36:04
157.	96	rosanne gittins	f	Lady Veteran 40	keswick ac	1:37:32

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
158.	68	David Cummins	m	Veteran 40	U/A chorley,	1:37:36
159.	209	Graham Schofield	m	Veteran 60	Chorley Harriers	1:38:14
160.	204	Dave Robson	m	Veteran 50	Barrow Runners	1:38:23
161.	165	Valerie O'Donnell	f	Lady Veteran 50	U/A Lancaster	1:39:02
162.	29	Kate Bowden	f	Lady Veteran 40	U/A Glossop, Derbyshire	1:39:08
163.	244	David Walsh	m	Veteran 50	U/A Walkden, Manchester	1:39:35
164.	177	Lynsey Parker	f	Lady Veteran 40	Maryhill harriers	1:40:25
165.	231	Iorna Taylor	f		Red Rose road runners	1:40:36
166.	138	Emma Lynch	f		U/A Mold,	1:41:21
167.	100	Julie Graham	f	Lady Veteran 50	Garstang	1:41:46
168.	139	Trevor Mackay	m	Veteran 40	U/A Edinburgh,	1:42:19
169.	103	Lisa Guenther	f		U/A Lancaster, Lancashire	1:46:02
170.	170	Greg Oulton	m	Veteran 50	Lytham St Annes Road Runners	1:46:34
171.	44	Allan Calderbank	m	Veteran 60	U/A Wigan, Lancashire	1:47:46
172.	113	John Harris	m		U/A Bradford, County (optional)	1:48:38
173.	252	Mandy Williams	f	Lady Veteran 40	U/A Malvern, Worcestershire	1:48:45
174.	173	Lucy Owens	f	Lady Veteran 40	Stockton Striders	1:48:45
175.	174	Sophie Owens	f		Stockton Striders	1:48:51
176.	85	Susan Fallon	f	Lady Veteran 50	Thame Runners	1:48:55
177.	12	Ruth Akers	f		U/A	1:51:59
178.	39	Julian Brook	m	Veteran 40	U/A Grundisburgh,	1:55:58
179.	65	Jane Crawley	f	Lady Veteran 50	U/A Kenilworth, Warwickshire	1:57:51
180.	238	Mark Twitchett	m	Veteran 40	U/A Leeds,	1:59:02
181.	106	Sarah Hall	f	Lady Veteran 40	U/A Leeds,	1:59:03

Number of records: 181