

Lakeland Trails in Coniston

Coniston Trail Challenge 15km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
Coniston Trail Challenge 15km							
1.	862	Paul Chamberlain	m	Veteran 40	U/A Wigginton, Hertfordshire	1:07:02	1:07:01
2.	733	Paul Macfarlane	m		Batala Mountain Runners	1:08:24	1:08:22
3.	478	Paul Cresswell	m	Veteran 40	Skelmersdale boundary harriers	1:09:59	1:09:56
4.	903	Adrian Filipek	m		U/A Coniston, Cumbria	1:11:24	1:11:23
5.	570	James Ireland	m		U/A Knaresborough, North Yorkshire	1:11:43	1:11:43
6.	802	Chris Lewarne	m		U/A Blackburn , Lancashire	1:12:14	1:12:09
7.	447	steve brown	m	Veteran 50	U/A windermere, cumbria	1:12:21	1:12:19
8.	520	Phill Beard	m	Veteran 40	N/a	1:12:47	1:12:44
9.	878	Chris Heap	m		U/A Salford,	1:13:08	1:12:52
10.	574	Dan Foley	m		U/A Harrogate, N.Yorks	1:13:30	1:13:30
11.	913	John Deasey	m	Veteran 50	Rochdale Harriers & AC	1:13:45	1:13:40
12.	562	Jonny Lambert	m	Veteran 40	Oswestry Olympians	1:13:54	1:13:52
13.	653	Scott Ross	m	Veteran 40	Thornton Cleveleys Running club	1:14:52	1:14:39
14.	727	John Spooner	m	Veteran 40	Lancaster&morecambeA/C	1:14:54	1:14:49
15.	825	Dayle Armstrong	m		U/A CARLISLE, Cumbria	1:15:27	1:15:22
16.	619	David Stevenson	m	Veteran 40	U/A Wilmslow, Cheshire	1:16:10	1:16:07
17.	782	Alex Snaitth	m		U/A Manchester,	1:17:06	1:16:58
18.	866	Graeme Lawson	m	Veteran 50	U/A Newcastle,	1:17:08	1:17:03
19.	463	Owen Panton	m		U/A Manchester, Lancashire	1:17:13	1:16:55
20.	719	simon wright	m	Veteran 50	U/A lytham st. annes, lancashire	1:17:16	1:16:56
21.	551	Jonathan Fletcher	m	Veteran 50	Bedale and Aiskew	1:17:41	1:17:35
22.	879	Bjorn Abraham	m		U/A Ambleside, Cumbria	1:18:10	1:18:01
23.	867	Nev Oldfield	m	Veteran 40	U/A Shotley bridge,	1:18:14	1:18:10
24.	581	Martin Middlemiss	m	Veteran 40	Carlisle	1:18:30	1:18:30
25.	781	john birkett	m	Veteran 50	U/A kendal, cumbrai	1:18:30	1:18:27
26.	468	Stephen Huyton	m		Newburgh Nomads	1:18:41	1:18:38
27.	547	darren ernst	m		U/A Carlisle, cumbria	1:18:52	1:18:01
28.	678	David Liley	m		U/A Carnforth, Lancashire	1:18:58	1:18:39
29.	413	terry moss	m	Veteran 40	U/A preston, lancashire	1:19:05	1:18:58
30.	858	Leigh Walton	m	Veteran 40	U/A Aycliffe village, Durham	1:19:11	1:19:09
31.	702	Harry Vaneris	m		U/A London,	1:19:42	1:19:30
32.	754	jon shard	m	Veteran 40	U/A manchester, lancashire	1:20:03	1:19:59
33.	821	Apollo Rai	m		U/A Leicester, Leicestershire	1:20:12	1:19:17
34.	484	Iain Rankin	m	Veteran 40	U/A Macclesfield, Cheshire	1:20:23	1:19:31
35.	440	alan parker	m	Veteran 50	U/A stoke on trent,	1:20:29	1:20:24
36.	832	Paul Lindley	m		U/A Liverpool, Merseyside	1:20:33	1:20:02
37.	872	Gary Clarke	m		Oswestry Olympians	1:20:54	1:20:48
38.	874	William Powis	m		U/A Whitley Bay, Tyne and Wear	1:21:10	1:21:02
39.	575	greg swinbourne	m	Veteran 40	Hartlepool burn road harriers	1:21:18	1:21:09
40.	723	Phil Dale	m		U/A Barrow-in-Furness, Cumbria	1:21:54	1:21:49
41.	534	Phil Stones	m	Veteran 50	U/A Cleator Moor, Cumbria	1:21:57	1:21:31
42.	569	Nick Howe	m		U/A Liverpool,	1:21:57	1:21:51
43.	831	William McAllister	m		Parkside Panthers	1:22:08	1:21:42
44.	742	Ray Padgett	m	Veteran 60	U/A Grange over Sands, Cumbria	1:22:08	1:22:05
45.	908	Edward Swinden	m	Veteran 40	U/A Manchester,	1:22:15	1:21:59
46.	477	Fiona Johnston	f	Lady Veteran 40	Parbold pink panthers	1:22:32	1:22:23
47.	906	PHILIP DAVIDSON	m	Veteran 50	RED ROSE ROAD RUNNERS	1:22:49	1:22:44
48.	883	Matthew Brown	m	Veteran 40	U/A Witney, Oxfordshire	1:22:58	1:22:55
49.	801	Peter Little	m	Veteran 40	U/A High Harrington, Cumbria	1:23:06	1:23:04
50.	828	Pete Lashley	m	Veteran 40		1:23:16	1:22:58
51.	891	Peter Sanders	m		U/A Manchester,	1:23:17	1:23:00
52.	693	kevin booth	m	Veteran 40	KTC	1:23:17	1:22:58
53.	755	Michael Breakspeare	m	Veteran 40	U/A Leeds, West Yorkshire	1:23:27	1:22:59
54.	485	Frank Tippin	m	Veteran 50	U/A Southport,	1:23:32	1:23:05
55.	449	Philip Higgins	m	Veteran 40	Kendal Tri Club	1:23:50	1:23:48
56.	423	Stuart Bell	m	Veteran 50	Kendal AC	1:23:54	1:23:52
57.	799	Stephen Careless	m	Veteran 40	U/A Carnforth, Lancashire	1:23:59	1:23:39
58.	796	Matthew Smith	m	Veteran 40	U/A Lancaster, Lancs	1:24:04	1:23:37
59.	732	Angela Grace	f	Lady Veteran 40	U/A Cranage, Cheshire	1:24:05	1:23:43
60.	890	Alex Bennett	m		U/A Irlam, Lancs	1:24:09	1:23:52
61.	629	Mary Narey	f	Lady Veteran 40	Stowmarket Striders	1:24:20	1:24:04
62.	792	Helen Palmer	f		U/A London,	1:24:20	1:23:41
63.	462	Darren Gillman	m	Veteran 40	Cambridge & Coleridge	1:24:24	1:24:11
64.	900	Mark Essery	m	Veteran 40	U/A Chorley,	1:24:28	1:24:13
65.	543	Paul Ross	m		U/A Rowlands Gill, Tyne and Wear	1:24:56	1:24:44
66.	923	Dave Bartrum	m	Veteran 40	Alnwick Harriers	1:25:08	1:24:31
67.	739	Louise Riley	f	Lady Veteran 40	U/A Kendal, Cumbria	1:25:09	1:25:02
68.	637	David Campbell	m		U/A Widnes, Cheshire	1:25:13	1:24:48
69.	779	Christopher Edwards	m		U/A Manchester,	1:25:15	1:24:34
70.	912	Mark Aldred	m		U/A Durham,	1:25:33	1:25:29
71.	563	Richard Manley	m		U/A Wirral, Merseyside	1:25:37	1:25:22
72.	911	Terry Wilkinson	m	Veteran 40	U/A Durham,	1:25:56	1:25:52
73.	824	Glen Carden	m	Veteran 40	U/A Liverpool, Merseyside	1:25:57	1:25:25
74.	731	Paul Jenkins	m	Veteran 40	U/A Wigan, Lancs	1:26:05	1:25:41
75.	471	Mike Collins	m	Veteran 40	U/A Whitley Bay, Tyne and Wear	1:26:23	1:26:14
76.	736	lisa hunsley	f		U/A crewe, cheshire	1:26:28	1:26:06
77.	918	Chris Corns	m			1:26:43	1:26:32

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
78.	919	MARK BARNARD	m	Veteran 60	U/A HENLEY IN ARDEN, WARWICKSHIRE	1:26:58	1:26:24
79.	774	Dave Roberts	m	Veteran 50	U/A Swanley, Kent	1:27:08	1:26:53
80.	720	Steven Hartle	m		Parkside Panthers	1:27:20	1:26:55
81.	461	Katie Samuelson	f		Cambridge & Coleridge AC	1:27:30	1:27:16
82.	665	Chris Lawrence	f	Lady Veteran 50	U/A Congleton, Cheshire	1:27:36	1:27:18
83.	778	Jamie Frankland	m		U/A Preston, Lancashire	1:27:40	1:27:33
84.	422	Andrew Hemsley	m	Veteran 50	U/A Penrith, Cumbria	1:28:09	1:27:55
85.	880	Richard Gordon	m	Veteran 40	U/A Penrith, Cumbria	1:28:32	1:27:55
86.	837	Gill Cox	f		U/A Ambleside, Cumbria	1:28:41	1:28:41
87.	540	Peter Houghton	m		U/A Chorley, Lancashire	1:28:46	1:28:38
88.	793	sarah gohil	f	Lady Veteran 40	preston harriers	1:29:00	1:28:32
89.	875	Jennifer Simpson	f		North Shields Poly	1:29:02	1:28:31
90.	596	Dominic Pope	m	Veteran 40	U/A Ulverston, Cumbria	1:29:15	1:29:15
91.	597	John Wilcock	m	Veteran 40	n/a	1:29:15	1:29:15
92.	747	Jimmy Mo	m	Veteran 50	U/A Manchester,	1:29:19	1:29:05
93.	915	Trevor Ablett	m	Veteran 50	Low Fell	1:29:21	1:28:58
94.	910	Michael Williams	m	Veteran 40	Dundee Road Runners AC	1:29:21	1:28:59
95.	546	Carl Fisher	m		U/A Leyland, Lancashire	1:29:23	1:28:49
96.	914	chris grogan	m	Veteran 40	U/A southport, merseyside	1:29:24	1:28:55
97.	750	Rachel Watson	f	Lady Veteran 40	U/A Manchester,	1:29:35	1:29:22
98.	437	Matthew Elliott	m		U/A Manchester,	1:29:39	1:29:24
99.	441	roger harrison	m	Veteran 60	cheshire hash house harriers	1:29:41	1:29:29
100.	916	Stephen Cruickshank	m	Veteran 40	U/A Formby,	1:29:49	1:29:33
101.	576	nichola swinbourne	f		Hartlepool burn road harriers	1:29:49	1:29:40
102.	466	Robert Fry	m	Veteran 50	U/A Wigan,	1:29:59	1:29:43
103.	780	WENDY BIRKETT	f	Lady Veteran 50	U/A KENDAL, CUMBRIA	1:30:01	1:29:58
104.	426	Ginny Newman	f	Lady Veteran 50	U/A Manchester,	1:30:07	1:29:57
105.	787	Matt Davenport	m	Veteran 40	U/A Keighley,	1:30:20	1:29:59
106.	483	Phil Smith	m	Veteran 40	Dudley Kingswinford Running Club	1:30:28	1:30:04
107.	822	Vinnie Allonby	m	Veteran 40	Black Combe	1:30:36	1:30:23
108.	838	Thomas Robinson	m		U/A Poulton le Fylde, Lancashire	1:30:42	1:30:01
109.	775	Liz Thompson	f	Lady Veteran 40	U/A Tarporley, Cheshire	1:30:44	1:30:36
110.	465	Mark Jesson	m	Veteran 40	Pendle Forest Orienteers	1:30:47	1:30:42
111.	922	Maureen Bartrum	f	Lady Veteran 40	Alnwick Harriers	1:30:54	1:30:17
112.	808	Rosie Kenyon	f		U/A Liverpool, Merseyside	1:31:05	1:30:52
113.	598	Stuart Oram	m		U/A Manchester, Greater manchester	1:31:08	1:30:45
114.	460	Robert Bentley	m		U/A Manchester,	1:31:09	1:31:06
115.	881	Tracy Potter	f		U/A Barrow-in-furness, Please select...	1:31:10	1:30:44
116.	407	Mark Robinson	m	Veteran 40	Parkside Panthers	1:31:10	1:30:42
117.	420	Jonathan Watt	m	Veteran 50	U/A Altrincham, Cheshire	1:31:19	1:31:07
118.	753	steven milsom	m		U/A preston, lancashire	1:31:32	1:31:24
119.	482	michael pickard	m	Veteran 50	U/A Leeds,	1:31:50	1:31:21
120.	532	Liam Moden	m	Veteran 40	U/A Haslingden, Lancashire	1:31:51	1:31:37
121.	827	Lorna Young	f	Lady Veteran 40	U/A CARLISLE, Cumbria	1:31:55	1:31:45
122.	843	Amanda Maclaren	f		U/A Kings Lynn, Norfolk	1:31:55	1:31:26
123.	400	Stuart Waring	m	Veteran 40	U/A Blackburn, Lancashire	1:31:59	1:31:57
124.	856	Andrew Brown	m	Veteran 40	Fylde Coast Runing	1:32:01	1:31:58
125.	614	Andy Buckroyd	m	Veteran 50	U/A Bollington, Cheshire	1:32:01	1:31:53
126.	583	Tom Gallagher	m		Derwent AC	1:32:31	1:32:24
127.	636	Sam Charles	m		U/A Manchester,	1:32:34	1:32:23
128.	917	Oliver Brough	m	Veteran 40	U/A DAVENTRY, Northamptonshire	1:32:37	1:32:20
129.	730	Liz Cook	f	Lady Veteran 40	U/A Wigan, Lancs	1:32:43	1:32:16
130.	533	Sarah Stephenson	f		U/A Grange Over Sands, Cumbria	1:32:46	1:32:37
131.	538	Owen Davies	m	Veteran 60	U/A Sedbergh,	1:32:48	1:32:27
132.	609	Steve atkinson	m	Veteran 50	U/A Stockport, cheshire	1:32:53	1:32:00
133.	840	Ben Brennan	m	Veteran 40	U/A poulton-le-fylde, Lancashire	1:33:11	1:32:55
134.	625	Matthew Swann	m		St Helens Striders	1:33:11	1:32:37
135.	814	andrew ward	m		U/A carnforth,	1:33:25	1:33:21
136.	920	Jane Saint	f	Lady Veteran 50	U/A Great Alne, WARWICKSHIRE	1:33:30	1:32:55
137.	921	Charlie Michaelis	m	Veteran 50	U/A Stratford-upon-Avon, Warwicks	1:33:30	1:32:56
138.	804	John Croxford	m	Veteran 50	U/A Coniston, Cumbria	1:33:41	1:33:00
139.	905	Peter Hatch	m	Veteran 50	U/A Billingham,	1:33:43	1:33:05
140.	791	Michael Graham	m		U/A Upton, Merseyside	1:33:44	1:33:32
141.	768	Garry Richards	m	Veteran 50	U/A Wakefield,	1:33:53	1:33:19
142.	481	Steve Spooner	m	Veteran 40	U/A Bollington, Cheshire	1:34:00	1:33:08
143.	798	Sarah Rounding	f		U/A Crewe, Cheshire	1:34:04	1:33:41
144.	494	sandy walster	f		Cleethorpes ath	1:34:37	1:34:33
145.	459	Rob Walker	m	Veteran 50	U/A Bacup, Lancashire	1:34:39	1:34:18
146.	453	Alison Gilchrist	f	Lady Veteran 50	Independent	1:34:41	1:34:30
147.	772	Hayley Hunter	f		U/A Ashkirk,	1:34:48	1:34:39
148.	717	Stewart Pyrah	m	Veteran 60	U/A Manchester,	1:34:52	1:34:36
149.	718	Leo Pyrah	m		U/A Altrincham,	1:34:52	1:34:36
150.	514	Helen Halsall	f	Lady Veteran 50	U/A Altrincham, Cheshire	1:35:02	1:34:58
151.	553	Stephen Race	m	Veteran 40	U/A Grimsby,	1:35:12	1:34:59
152.	579	Shirley Hunt	f	Lady Veteran 40	Tri Preston	1:35:14	1:34:46
153.	769	howard burke	m	Veteran 50	Unattached	1:35:22	1:34:30
154.	428	IAN COOPER	m	Veteran 40	U/A WHITLEY BAY, TYNE AND WEAR	1:35:27	1:34:57
155.	501	Helen Little	f	Lady Veteran 40	U/A High Harrington, Cumbria	1:35:36	1:35:33
156.	646	Gemma Holden	f		U/A Manchester,	1:35:38	1:35:29
157.	682	Anna Gumley	f		U/A Poulton-le-Fylde, Lancashire	1:35:45	1:35:39

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158.	683	Ryan Gumley	m		U/A Poulton-le-Fylde, Lancashire	1:35:45	1:35:38
159.	830	Evonne Carr	f		U/A Manchester, LANCS	1:35:58	1:35:43
160.	431	Anna Gibbons	f		n/a	1:36:00	1:35:11
161.	767	Kath Padgett	f	Lady Veteran 50	U/A Wakefield ,	1:36:07	1:35:33
162.	770	steven gannon	m	Veteran 50	U/A stockport , cheshire	1:36:16	1:36:11
163.	859	Marc Taylor	m		U/A Castleford, W Yorkshire	1:36:21	1:36:19
164.	633	Sarah Hornby	f	Lady Veteran 40	U/A Wigan,	1:36:30	1:35:54
165.	415	Colin Sam Walton	m	Veteran 50	U/A Stockport, Cheshire	1:36:39	1:36:04
166.	427	Susan Tippin	f	Lady Veteran 50	U/A Southport,	1:36:42	1:36:15
167.	713	Ian Stephenson	m	Veteran 50	U/A Swarland, Northumberland	1:37:01	1:36:39
168.	417	Tara Oxley	f		Stockton Striders A.C.	1:37:13	1:36:54
169.	508	Jason Dixon	m	Veteran 40	U/A Kendal, Cumbria	1:37:16	1:37:08
170.	475	susan heaney	f	Lady Veteran 50	U/A rochdale, lincs	1:37:20	1:37:06
171.	738	steve jobson	m	Veteran 40	yoga-spirit international	1:37:25	1:37:01
172.	689	Richard Marsh	m	Veteran 40	U/A Wrexham,	1:37:39	1:37:20
173.	716	Emma Dent	f			1:37:46	1:37:39
174.	615	Chris Wilson	m	Veteran 50	Hardley	1:37:48	1:37:11
175.	909	Abby Sanderson	f		All the gear no idea	1:38:00	1:37:16
176.	826	Ian Verber	m	Veteran 60	Black Combe Runners	1:38:12	1:37:56
177.	438	louise clayton	f	Lady Veteran 40	U/A kendal, cumbria	1:38:32	1:38:21
178.	698	ESTHER SHARP	f		U/A BARROW IN FURNESS,	1:38:36	1:38:24
179.	855	Ashleigh Atkinson	f		U/A Ulverston, Cumbria	1:38:37	1:38:18
180.	545	Matthew Tyrer	m		U/A Heath charnock, Lancashire	1:38:44	1:38:36
181.	806	John Stout	m	Veteran 60	U/A Aughton, Lancashire	1:39:01	1:38:36
182.	904	Louise Meynell	f	Lady Veteran 50	Billingham Marsh House Harriers	1:39:21	1:38:43
183.	605	Sarah Rogan	f		U/A Wirral, Merseyside	1:39:29	1:39:15
184.	527	Asa Fitzgerald	m		U/A south shields,	1:40:06	1:40:00
185.	710	Laura Thompson	f		U/A Hartlepool,	1:40:12	1:39:29
186.	737	John Parry	m		U/A Grange-over-Sands, Cumbria	1:40:15	1:40:07
187.	751	Esther Aspinall	f		U/A Glasgow,	1:40:19	1:40:06
188.	552	Amanda Anderson	f	Lady Veteran 40	U/A Brompton on Swale, North Yorkshire	1:40:19	1:39:58
189.	566	Neil MacNeill	m	Veteran 40	U/A Edinburgh, Midlothian	1:40:21	1:39:35
190.	887	Laura-Ann Hartley	f		U/A Blackpool, Lancashire	1:40:23	1:40:07
191.	886	Warren Hartley	m	Veteran 40	U/A Blackpool, Lancashire	1:40:23	1:40:07
192.	516	stuart rome	m		U/A Carlisle, cumbria	1:40:29	1:40:17
193.	445	Marie Bainbridge	f		Blackhill Bounders	1:40:30	1:40:18
194.	499	Morag Donoghue	f	Lady Veteran 40	Alnwick Harriers	1:40:32	1:39:58
195.	560	Aimee Roblin	f		U/A Richmond, North Yorkshire	1:40:38	1:39:55
196.	670	MAXINE GEARY	f	Lady Veteran 40	Yoga Spirit International	1:40:39	1:40:16
197.	419	Gina Mumford	f	Lady Veteran 50	U/A Barford St Michael,	1:40:59	1:40:51
198.	658	John Edwards	m	Veteran 60	U/A Yarm, Cleveland	1:41:06	1:40:29
199.	899	S Taylor	f	Lady Veteran 40	U/A Newcastle upon Tyne, Tyne and Wear	1:41:18	1:40:33
200.	544	Pauline Shearer	f	Lady Veteran 50	U/A Runcorn, Cheshire	1:41:21	1:41:03
201.	535	Graham Parker	m	Veteran 50	U/A Kendal, Cumbria	1:41:21	1:41:03
202.	582	Dan Poltawski	m		U/A Lancaster,	1:41:33	1:41:00
203.	844	Marieka Thornberry	f		U/A Formby,	1:41:38	1:40:54
204.	448	Igal Nagar	m	Veteran 50	U/A Sutton Coldfield, West Midlands	1:42:04	1:42:03
205.	925	Chloe moore	f		U/A York,	1:42:12	1:41:32
206.	815	Gillian Nevin	f	Lady Veteran 40	Crosby Stormers	1:42:14	1:41:51
207.	790	Richard Watson	m	Veteran 40	U/A Allithwaite, Cumbria	1:42:23	1:42:00
208.	442	rose egan	f	Lady Veteran 50	U/A West Kirby,	1:42:27	1:42:16
209.	849	Lynda Harper	f		U/A Liverpool, Merseyside	1:42:30	1:42:09
210.	850	Michael Harrison	m		U/A Southport,	1:42:32	1:42:11
211.	408	Sabiene Ross	f	Lady Veteran 40	U/A Wigton, Cumbria	1:43:02	1:42:55
212.	839	Steven Robinson	m	Veteran 60	U/A Poulton le Fylde, Lancashire	1:43:03	1:42:23
213.	643	Kate Bowden	f	Lady Veteran 40	U/A Glossop, Derbyshire	1:43:08	1:42:42
214.	617	Richard Young	m	Veteran 40	U/A Malmesbury, Wiltshire	1:43:21	1:43:12
215.	472	Viv Samuelson	f	Lady Veteran 40	Swinton RC	1:43:34	1:43:21
216.	789	Jon Davidson	m	Veteran 50	U/A Warrington,	1:43:38	1:42:52
217.	608	william hargreaves	m	Veteran 50	U/A bolton,	1:43:41	1:43:31
218.	734	Jenny Wroe	f		Batala Mountain Runners	1:43:46	1:43:31
219.	661	Hannah Rosborough	f	Lady Veteran 40	U/A Ashton Under Lyne, Lancs	1:43:51	1:43:36
220.	410	Janice Allan	f	Lady Veteran 50	U/A Dumfries, Dumfries & Galloway	1:43:59	1:43:29
221.	656	john wiseman	m	Veteran 50	U/A poynton, cheshire	1:44:01	1:43:33
222.	565	Alison MacDonald	f	Lady Veteran 50	Unattached - Edinburgh	1:44:13	1:43:28
223.	845	Nicky Owen	f	Lady Veteran 50	Cheshire Hash House Harriers	1:44:19	1:44:08
224.	606	Richard Poynton	m	Veteran 40	U/A Lowestoft, Suffolk	1:44:22	1:43:43
225.	740	Jane France	f	Lady Veteran 40	U/A Glossop, Derbyshire	1:44:24	1:43:36
226.	773	Stephen Brohan	m	Veteran 40	U/A Worcester,	1:44:35	1:44:18
227.	624	Liz Kippax	f	Lady Veteran 50	U/A Waterhouses, Durham	1:44:37	1:44:31
228.	559	Chris Smart	m		U/A Halifax,	1:44:39	1:44:06
229.	489	Dawn Saxby	f	Lady Veteran 50	U/A Harrogate, North Yorkshire	1:44:41	1:44:31
230.	639	Clare Weaver	f	Lady Veteran 50	U/A Bromsgrove, Worcestershire	1:44:44	1:44:03
231.	561	Elaine Platt	f	Lady Veteran 40	U/A Preston, Lancashire	1:44:47	1:44:31
232.	586	Jon Tibke	m	Veteran 50	Lancaster And Morecambe A C	1:44:47	1:44:20
233.	655	Clare Jones	f		U/A Huddersfield, West Yorkshire	1:44:56	1:44:43
234.	654	Tom Mellor	m		U/A Huddersfield,	1:44:56	1:44:44
235.	557	Emma Johnson	f		Red Rose Road Runners	1:45:00	1:44:28
236.	554	kevin burse	m	Veteran 40	U/A staines, middlesex	1:45:03	1:44:16
237.	741	Jackie Clayton	f	Lady Veteran 40	U/A Glossop, Derbyshire	1:45:04	1:44:16

Lakeland Trails in Coniston

Coniston Trail Challenge 15km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
238.	788	Sarah Pearson	f	Lady Veteran 40	U/A Clitheroe, Lancashire	1:45:04	1:44:38
239.	785	Stacey McKenna-Seed	f		U/A Blackburn,	1:45:04	1:44:38
240.	421	Debra Southworth	f	Lady Veteran 50	U/A hyde, cheshire	1:45:06	1:44:19
241.	704	Ali Cooper	f	Lady Veteran 50	n/a	1:45:08	1:45:05
242.	650	jan rumsey	f	Lady Veteran 60	U/A workington, cumbria	1:45:08	1:45:05
243.	805	Helen Moffat	f	Lady Veteran 40	U/A Kendal, Cumbria	1:45:19	1:44:32
244.	433	Elisabeth Zambo	f	Lady Veteran 40	U/A Southampton,	1:45:39	1:45:25
245.	746	Wendy Jones	f	Lady Veteran 50	U/A Newcastle upon Tyne, Tyne and Wear	1:45:43	1:45:12
246.	647	lisa mcgilvray	f	Lady Veteran 40	U/A glasgow,	1:45:43	1:45:19
247.	644	Alasdair Start	m		U/A Leyland,	1:45:47	1:45:29
248.	667	deborah Reekie	f		U/A holmrook, cumbria	1:45:48	1:45:30
249.	464	Gill Myers	f		Creation pt	1:46:11	1:46:01
250.	505	Chris Carter	m		Creation pt	1:46:12	1:46:01
251.	901	Emily Tarrant	f		U/A Barnsley, South Yorkshire	1:46:13	1:46:07
252.	613	Jane Davies	f	Lady Veteran 50	U/A Manchester,	1:46:19	1:45:31
253.	416	mark cuerden	m	Veteran 50	U/A preston, lancs	1:46:23	1:45:34
254.	648	ally walker	f	Lady Veteran 50	U/A glasgow,	1:46:28	1:46:04
255.	687	BRONWEN VINCENT	f	Lady Veteran 50	PARBOLD PINK PANTHERS	1:46:34	1:46:17
256.	675	Louise Lashley	f	Lady Veteran 40	U/A Milnthorpe, Cumbria	1:46:36	1:46:17
257.	868	Peter Jackson	m	Veteran 60	U/A MILLOM, Cumbria	1:46:36	1:46:00
258.	721	Abi Catt	f		U/A Coniston, Cumbria	1:46:52	1:46:24
259.	711	Richard Crossley	m	Veteran 40	U/A Stafford, Staffs	1:46:56	1:46:08
260.	685	Emma Cattermole	f	Lady Veteran 40	U/A Kendal, Cumbria	1:46:57	1:46:46
261.	593	Elly Jones	f		U/A Leeds, West Yorkshire	1:47:00	1:46:17
262.	748	Lucy Stuart	f		U/A Warrington,	1:47:00	1:46:18
263.	820	Gary Carlile	m	Veteran 40	Nuneaton Harriers	1:47:10	1:46:15
264.	884	Nicola Latimer	f	Lady Veteran 40	Wigton Road Runners	1:47:14	1:46:51
265.	507	AUSTIN TRELFA	m	Veteran 60	U/A LEYLAND, LANCASHIRE	1:47:37	1:47:30
266.	611	ann long	f	Lady Veteran 60	U/A hull, east yorks	1:47:47	1:47:19
267.	610	john long	m	Veteran 50	east hull harriers	1:47:48	1:47:20
268.	758	John Slater	m	Veteran 50	U/A Carnforth, Lancs	1:47:51	1:47:23
269.	729	Sharon Smith	f	Lady Veteran 40	nil	1:47:55	1:47:35
270.	681	Claire Buchanan	f	Lady Veteran 40	U/A Grangemouth, Falkirk	1:47:55	1:47:35
271.	451	Jill Ezard	f	Lady Veteran 40	U/A Ilkley,	1:48:06	1:47:35
272.	896	Emily Matthews	f		U/A Coventry, West Midlands	1:48:07	1:47:16
273.	539	Jennie Davies	f	Lady Veteran 60	U/A Sedbergh, Cumbria	1:48:13	1:47:45
274.	555	Chris Chew	m	Veteran 40		1:48:23	1:47:44
275.	847	Alison Ward	f	Lady Veteran 40	U/A Bolton, Lancashire	1:48:27	1:47:51
276.	846	Zinet Hassan	f	Lady Veteran 40	U/A Bolton, Lancashire	1:48:27	1:47:51
277.	495	Catherine Potts	f		U/A Newton-le-willows,	1:48:41	1:48:17
278.	680	Mark Finn	m	Veteran 40	U/A BOLTON, LANCASHIRE	1:49:08	1:48:42
279.	498	carol davison	f	Lady Veteran 40	Alnwick Harriers	1:49:11	1:48:36
280.	588	Jenny Panton	f		U/A Scarborough, North Yorkshire	1:49:13	1:48:55
281.	892	Maira O'Connor	f	Lady Veteran 40	U/A rochdaleWhitworthRochdale, Lancs	1:49:16	1:48:39
282.	756	Jonathan Downs	m		U/A Preston,	1:49:34	1:49:05
283.	757	Dominic Coleman	m		U/A Manchester,	1:49:34	1:49:04
284.	679	JANET FINN	f	Lady Veteran 40	U/A BOLTON, LANCASHIRE	1:49:45	1:49:19
285.	871	Diane Hawkes	f	Lady Veteran 40	Unaffiliated	1:50:21	1:49:52
286.	594	Lesley Wallace	f	Lady Veteran 40	U/A Kendal, Cumbria	1:50:33	1:50:10
287.	692	Catherine Isaac	f	Lady Veteran 40	U/A London,	1:50:34	1:50:22
288.	725	Shiran Yakobi	f	Lady Veteran 40	RSCAC	1:50:51	1:50:14
289.	623	Matthew Smith-Lilley	m		U/A Leicester, Leicestershire	1:50:57	1:50:04
290.	895	Helen Moulton	f	Lady Veteran 50	U/A Kendal, Cumbria	1:51:33	1:50:45
291.	885	Christine Johnson	f	Lady Veteran 50	U/A Kendal, Cumbria	1:51:34	1:50:46
292.	694	Paul Keegan	m	Veteran 40	U/A Liverpool,	1:51:38	1:51:06
293.	600	philip wright	m	Veteran 50	U/A Teddington, Middx	1:51:56	1:51:15
294.	589	Ruth Toller	f	Lady Veteran 60	Dundee Road Runners AC	1:52:33	1:51:47
295.	724	Gina Bellhouse	f	Lady Veteran 40	Southport Waterloo AC	1:52:36	1:52:29
296.	873	ROB WHISTON	m	Veteran 60	U/A CREWE, CHESHIRE	1:52:49	1:52:29
297.	851	Clive Shaw	m	Veteran 50	U/A Liverpool,	1:52:55	1:52:04
298.	797	Mark Buckingham	m		U/A Barrow in Furness, Cumbria	1:52:57	1:52:48
299.	771	KATY COWPER	f		U/A SELKIRK,	1:53:18	1:53:08
300.	640	Barbara Pack	f	Lady Veteran 50	U/A BROMSGROVE, Worcs	1:53:19	1:52:41
301.	429	Emma Wragg	f	Lady Veteran 40	U/A Glossop, Derbyshire	1:53:22	1:52:36
302.	852	Abigail Wrathall	f		U/A Dumfries, Dumfries & Galloway	1:53:25	1:52:55
303.	456	Anna McClarnon	f	Lady Veteran 40	U/A Eastleigh, Hampshire	1:53:26	1:53:12
304.	765	Linda Carey	f	Lady Veteran 50	Baldon Runners	1:53:31	1:52:44
305.	823	Vera Ostojic	f	Lady Veteran 50	Skipton AC	1:53:33	1:52:44
306.	695	Mark Curran Jnr	m	Veteran 40	U/A Liverpool,	1:53:35	1:53:04
307.	712	Michael Murray	m	Veteran 40	U/A hartlepool, cleveland	1:54:05	1:53:22
308.	894	Lynn Smith	f	Lady Veteran 50	Crosby Stormers	1:54:32	1:53:41
309.	430	Jo Fallows	f	Lady Veteran 40	Manchester Harriers & AC	1:54:35	1:54:04
310.	807	Anita Kirkman	f	Lady Veteran 40	U/A Bolton,	1:54:37	1:54:13
311.	784	Steve Green	m		U/A Cocker mouth , Cumbria	1:54:49	1:53:55
312.	577	Patty Davies	f	Lady Veteran 40	U/A Ulverston, Cumbria	1:54:55	1:54:08
313.	860	Margaret Wilson	f	Lady Veteran 60	U/A Poulton-le-Fylde,	1:54:58	1:54:37
314.	709	jennifer cottrell	f	Lady Veteran 40	Team Appley Bridge	1:55:45	1:55:28
315.	701	shelly allen	f	Lady Veteran 40	U/A bury, lancashire	1:55:59	1:55:41
316.	436	Martin Henderson	m	Veteran 40	U/A Preston, Lancashire	1:56:18	1:55:29
317.	708	BARRY GREEN	m	Veteran 60	NONE	1:56:24	1:55:55

Lakeland Trails in Coniston

Coniston Trail Challenge 15km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
318.	659	Bernice Edwards	f		U/A Yarm, Cleveland	1:56:30	1:55:52
319.	660	Tony Boyle	m		U/A Liverpool,	1:56:31	1:55:59
320.	474	Jan Rayner	f	Lady Veteran 40	Roundhay Runners	1:56:38	1:56:02
321.	492	Eilidh Simpson	f	Lady Veteran 50	U/A East Kilbride, Lanarkshire	1:56:43	1:56:19
322.	809	Emma atkinson	f	Lady Veteran 40	U/A kendal, cumbria	1:56:52	1:56:00
323.	529	Luan Anderson	f	Lady Veteran 40	U/A York,	1:57:06	1:56:12
324.	542	Thomas Walker	m		Team Sixteen	1:58:17	1:57:25
325.	786	Cynthia Carter	f	Lady Veteran 60	Crosby stormers	1:58:17	1:57:26
326.	870	Robert Sweeting	m	Veteran 60	Nidd Valley	1:58:26	1:57:40
327.	759	Catherine Betley	f		N/A	1:58:28	1:58:00
328.	642	Andrew Woodhead	m		U/A Preston, Lancashire	1:58:39	1:58:15
329.	455	Rebecca Hanson	f		U/A Manchester,	1:58:39	1:58:15
330.	435	Anthony Jenner	m	Veteran 50	U/A Sunderland, Tyne and Wear	1:58:48	1:58:47
331.	434	Giselle Dudley	f	Lady Veteran 50	U/A Sunderland, Tyne and Wear	1:58:49	1:58:47
332.	752	Caroline Kenyon	f	Lady Veteran 50	U/A Liverpool,	1:59:09	1:58:17
333.	476	Jane Marshall	f	Lady Veteran 40	U/A York,	1:59:14	1:58:29
334.	602	Sarah Macdonald	f		U/A Kincardine,	2:00:22	1:59:42
335.	601	Louise Bird	f		U/A Hampton, Middlesex	2:00:22	1:59:43
336.	548	Amanda Benson	f		Roundhay Runners	2:00:41	2:00:06
337.	800	Jo Hall	f	Lady Veteran 40	U/A Carnforth, Lancashire	2:00:43	2:00:22
338.	829	Cheryl Hodgson	f	Lady Veteran 40	U/A Stockton on Tees,	2:00:58	2:00:36
339.	509	Dawn Stainer	f		U/A Kendal, Cumbria	2:01:03	2:00:19
340.	510	Vivienne Lumb	f	Lady Veteran 50	U/A Kendal, Cumbria	2:01:03	2:00:19
341.	515	Judith Weston	f	Lady Veteran 50	Marsh House Harriers	2:01:28	2:00:32
342.	690	Lynne Higgs	f		U/A Ulverston, Cumbria	2:01:40	2:01:08
343.	818	Deirdre Dobson	f	Lady Veteran 40	U/A Ulverston, Cumbria	2:01:40	2:01:08
344.	819	Catherine Humphreys	f	Lady Veteran 40	U/A Ulverston, Cumbria	2:01:42	2:01:09
345.	638	Alison Bolton	f	Lady Veteran 50	U/A Redditch, Worcestershire	2:02:03	2:01:22
346.	587	Gillian Hart	f	Lady Veteran 40	U/A Stockton Heath, Cheshire	2:02:08	2:01:25
347.	402	Sharon White	f	Lady Veteran 40	U/A Kendal, Cumbria	2:03:07	2:02:17
348.	591	Catherine Smith	f		U/A Pontefract, West Yorkshire	2:03:34	2:02:51
349.	564	Ron McCormack	m	Veteran 60	Alnwick Harriers	2:03:45	2:03:10
350.	479	Alison Nordon	f	Lady Veteran 40	U/A Paisley,	2:03:45	2:03:03
351.	411	Paula Swan	f	Lady Veteran 40	U/A Dumfries, Dumfriesshire	2:04:04	2:03:34
352.	409	Lucy Maggiori	f	Lady Veteran 40	U/A Dumfries,	2:04:04	2:03:34
353.	444	Karen Campbell	f	Lady Veteran 50	Falkland Trail Runners	2:04:12	2:03:58
354.	657	Charmain Robson	f	Lady Veteran 70	St Bees Tri	2:05:13	2:04:38
355.	412	Rosalind Dyde	f	Lady Veteran 50	winstonrunners	2:05:24	2:05:20
356.	649	Erica Conroy	f		U/A Derby,	2:05:25	2:05:09
357.	714	Julie Ive	f	Lady Veteran 50	U/A Swaffham, Norfolk	2:05:56	2:05:06
358.	700	Sue Tuff	f	Lady Veteran 50	Ryston Runners AC	2:05:56	2:05:06
359.	446	Gerald Bradley	m	Veteran 40	U/A Newton Aycliffe, Durham	2:06:06	2:05:48
360.	627	michael straker	m	Veteran 50	U/A newcastle upon tyne, tyne and wear	2:06:35	2:05:52
361.	876	DEBORAH HILL	f	Lady Veteran 40	ST HELENS STRIDERS	2:06:35	2:06:01
362.	502	Fiona Murphy	f	Lady Veteran 50	U/A Glasgow,	2:06:38	2:06:14
363.	607	Bernadette Haddock	f		U/A Wigan,	2:06:46	2:06:07
364.	470	Peter Samuelson	m	Veteran 70	Spectrum striders	2:06:51	2:06:37
365.	811	kirstie wilson	f	Lady Veteran 40	U/A cleator moor,	2:07:02	2:06:20
366.	812	Caroline Howland	f	Lady Veteran 40	U/A Cleator,	2:07:02	2:06:20
367.	863	Stephen Fahy	m		U/A London,	2:07:45	2:07:15
368.	869	Laura Sweeting	f		U/A Manchester,	2:08:42	2:08:09
369.	573	Mary Conway	f	Lady Veteran 50	Red Rose Runners	2:08:44	2:08:11
370.	749	James Robinson	m		U/A Chorlton-Cum-Hardy, Manchester	2:08:45	2:07:56
371.	877	Wendy Ward	f	Lady Veteran 40	Red rose road runners	2:08:45	2:08:12
372.	893	Shona McDowell	f		U/A Rochdale, Lancs	2:08:51	2:08:14
373.	854	Anthony Fahy	m		U/A Earlsfield, London	2:08:57	2:08:26
374.	634	maria lawson	f	Lady Veteran 40	U/A Stockton on tees, North Yorkshire	2:09:34	2:08:55
375.	842	Mike Scott	m	Veteran 50	U/A Stockton on Tees,	2:09:56	2:09:23
376.	766	Maxine Grimshaw	f	Lady Veteran 50	walkB4Urun	2:10:05	2:09:59
377.	726	Jo Reely	f	Lady Veteran 40	Boldmere KB Club	2:11:27	2:10:49
378.	761	Andree Rose	f	Lady Veteran 40	U/A Tarporley, Cheshire	2:11:35	2:11:08
379.	500	Dale Berry	m		U/A Nelson, Lancashire	2:12:54	2:12:35
380.	924	Lindsey Higham	f	Lady Veteran 40	Lancaster and Morecambe Running Club	2:13:03	2:12:07
381.	616	Lynn Wilson	f	Lady Veteran 50	unattached	2:13:26	2:12:49
382.	424	Mark Farmer	m	Veteran 50	U/A Lincoln, Lincolnshire	2:14:22	2:14:00
383.	763	Angela Wood	f	Lady Veteran 40	F.R.A.	2:16:12	2:15:50
384.	762	Paul Haydon	m	Veteran 50	F.R.A.	2:16:12	2:15:50
385.	865	Zelia Coates	f	Lady Veteran 40	U/A Milnthorpe, Cumbria	2:16:30	2:15:57
386.	621	Emmett Graham	m	Veteran 50	U/A Warrington, cheshire	2:17:43	2:16:58
387.	622	Jo Yarnall	f	Lady Veteran 40	Aldridge Running Club	2:17:43	2:16:57
388.	688	Clare Marsh	f	Lady Veteran 40	U/A Wrexham,	2:18:49	2:18:30
389.	677	Miranda Bartlett	f	Lady Veteran 60	U/A ulverston, cumbria	2:19:05	2:18:53
390.	764	Jenni Barker	f		Oldham Council	2:19:19	2:18:29
391.	864	Samantha Fahy	f		U/A London,	2:20:12	2:19:42
392.	853	Anine Fahy	f		U/A Earlsfield, London	2:20:59	2:20:29
393.	406	Nick Haslam	m	Veteran 40		2:21:42	2:21:02
394.	652	Russell Powell	m	Veteran 40	U/A Tadley, Hants	2:25:30	2:24:48
395.	651	Sarah Powell	f	Lady Veteran 40	U/A Tadley, Hants	2:25:30	2:24:48
396.	669	Dot Carr	f	Lady Veteran 60	U/A harrogate, yorkshire	2:30:43	2:30:16
397.	536	EDWINA RICKARDS COLLINSON	f	Lady Veteran 50	NORDIC WALKER	2:39:36	2:37:58

Lakeland Trails in Coniston

Coniston Trail Challenge 15km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
398.	549	Karen Braddon	f	Lady Veteran 60	U/A Lancaster, Lancashire	2:39:36	2:37:59
399.	432	Maureen Kelly	f	Lady Veteran 40	Leverets	2:51:43	2:50:58
400.	506	Tracey Mcewan	f	Lady Veteran 40	Leverets	2:51:43	2:50:59
401.	735	Andrew Hunt	m	Veteran 40	U/A Bury,	2:55:38	2:54:47
402.	861	Jean Lowe	f	Lady Veteran 50	Creation PT	3:08:14	3:07:37

Number of records: 402