

Lakeland Trails in Coniston

Coniston Trail Challenge 15km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
1.	411	Matt HUXFORD	m		Unattached	1:10:03.7	1:09:53.2
2.	555	Adam OLIVER	m		Unattached : Stourbridge	1:10:56.3	1:10:54.5
3.	528	Martin TEDCASTLE	m	Vet 40	Unattached :	1:11:33.8	1:11:30.7
4.	878	Joshua VINCENT	m		Unattached - Wigan	1:12:54.0	1:12:43.9
5.	919	Nicky JOVANOVIC	f		Airecentre Pacers	1:13:50.0	1:13:40.2
6.	667	Roger COTTERILL	m	Vet 50	Unattached - Alsager	1:14:18.4	1:14:16.8
7.	974	Scott ROSS	m	Vet 40	Unattached - Fleetwood	1:14:22.1	1:14:19.9
8.	879	Andrew SUTHERLAND	m	Vet 40	Unattached : Brentwood	1:14:35.8	1:14:30.4
9.	651	Paul CHAMBERLAIN	m	Vet 40	Unattached : Berkhamsted	1:14:38.9	1:14:36.9
10.	959	Ian Dawson	m		Unattached : Cleveleys	1:15:12.5	1:15:10.8
11.	406	Richard BROADBENT	m	Vet 40	Kenilworth Runners	1:16:22.0	1:16:21.5
12.	495	Clive STEELE	m	Vet 40	Unattached : Carlisle	1:16:24.7	1:16:22.2
13.	933	Martin MIDDLEMISS	m	Vet 40	Mutzig Tri	1:16:26.9	1:16:24.2
14.	890	Natasha SHEEL	f		Serpentine Running Club	1:16:46.5	1:16:44.4
15.	968	Mike INNERDALE	m	Vet 40	Unattached : Appleby	1:17:05.5	1:17:03.3
16.	603	Steve BROWN	m	Vet 40	Unattached : Windermere	1:17:11.6	1:17:05.4
17.	938	Andrew KYLE	m		Unattached : Spennymoor	1:17:11.7	1:17:06.9
18.	943	Colin NEWBY	m		Unattached : Kirkby in Furness	1:17:21.6	1:17:20.8
19.	461	Graeme LEE	m	Vet 40	Meltham AC	1:17:22.6	1:17:20.8
20.	637	Sarah-Kay NORMAN	f		Unattached :	1:17:24.0	1:17:07.5
21.	726	Daniel SCOTT	m	Vet 40	Unattached : Greenfield	1:17:40.7	1:17:37.4
22.	948	Neil MAY	m	Vet 50	City of Hull AC	1:17:55.6	1:17:31.3
23.	924	David STEVENSON	m	Vet 40	Unattached : Wilmslow	1:18:01.4	1:17:23.0
24.	920	Danny TANFIELD	m	Vet 40	Unattached - Kendal	1:18:05.3	1:18:03.0
25.	893	Brian CULLEN	m		Unattached - Harrogate	1:18:08.7	1:18:01.3
26.	985	Steven GAGON	m	Vet 40	Unattached - Manchester	1:18:18.1	1:18:11.0
27.	934	Steve PERREN	m	Vet 40	Meltham AC	1:18:36.9	1:18:34.8
28.	886	Andrew PHILLIPS	m		Unattached - Manchester	1:18:45.2	1:18:25.1
29.	905	Graham JONES	m	Vet 40	Valley Striders, Leeds	1:18:52.3	1:18:48.9
30.	505	David VAUGHAN	m		Unattached - Ormskirk	1:19:18.4	1:19:03.1
31.	864	Matt PAGE	m		Unattached : Altrincham	1:19:29.1	1:19:26.9
32.	402	William ROBERTS	m		Asics	1:19:50.1	1:19:40.8
33.	498	Andrew WADESON	m	Vet 40	Unattached - Lancaster	1:19:52.8	1:19:40.9
34.	719	Andy DODD	m	Vet 40	Dow Schofield Running Club	1:19:58.4	1:19:57.1
35.	503	Fiona JOHNSTON	f	Lady Vet 40	Parbold Pink Panthers	1:19:59.7	1:19:45.3
36.	876	Charles COLBY	m	Vet 40	Bowland FR	1:20:12.6	1:19:57.5
37.	956	Phillip CARR	m	Vet 40	Unattached : Nottingham	1:20:14.7	1:19:59.7
38.	784	Graeme DENMAN	m		Unattached	1:20:38.4	1:19:59.0
39.	866	Ian DUGGAN	m		Unattached	1:20:43.4	1:20:21.3
40.	795	Geoffrey CARTER	m	Vet 40	Unattached - Cokermouth	1:20:44.1	1:20:12.0
41.	582	Andrew DRAPER	m		Unattached - Blackpool	1:20:47.3	1:20:40.5
42.	945	Nick KAY	m		Unattached - Lancaster	1:21:19.0	1:21:10.8
43.	408	Charlie MICHAELIS	m	Vet 50	Unattached :	1:21:40.3	1:21:16.2
44.	775	Chris CARTER	m		Creation PT	1:21:53.8	1:21:47.5
45.	516	Paul ROSS	m		Mac1 Fitness	1:21:59.6	1:21:40.7
46.	913	Angela GRACE	f	Lady Vet 40	Unattached : Cranage	1:22:06.1	1:21:54.4
47.	459	Dale ALLTREE	m	Vet 40	Unattached : Haltwhistle	1:22:06.5	1:21:57.9
48.	632	Bruce HARDY	m		Unattached - Cokermouth	1:22:24.6	1:22:08.0
49.	964	Paul LINDLEY	m		Unattached - Liverpool	1:22:29.3	1:21:48.2
50.	451	Owen PANTON	m		Unattached : Widnes	1:22:32.5	1:22:20.9
51.	485	Alastair MCINTOSH	m		Unattached - Warrington	1:22:35.0	1:22:03.6
52.	941	John MERCER	m	Vet 50	Unattached - Wigan	1:22:43.1	1:22:39.2
53.	776	Rosie KENYON	f		Unattached - Liverpool	1:22:44.1	1:22:21.1
54.	856	Avril CHERRY	f		Unattached - Sheffield	1:22:46.0	1:22:35.9
55.	904	Lee WINTER	m	Vet 40	GB Bootcamps	1:23:02.7	1:22:54.6
56.	868	Gareth BROWNSON	m		GB Bootcamps	1:23:02.9	1:22:55.0
57.	960	Les WARD	m	Vet 50	Unattached - Ormskirk	1:23:12.8	1:22:57.3
58.	649	Asa FITZGERALD	f		Unattached - South Shields	1:23:28.1	1:22:56.8

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
59.	675	Nic LEWIS	m	Vet 40	Unattached : Macclesfield	1:23:33.9	1:23:09.5
60.	962	Carly MORGAN	f		Blackpool Wyre & Flyde AC	1:23:38.3	1:23:36.7
61.	633	Phillip HIGGINS	m	Vet 40	Kendal Tri Club	1:23:49.6	1:23:44.1
62.	614	Mark JESSON	m	Vet 40	Pendle Forest Orienteers	1:23:50.9	1:23:42.2
63.	805	Peter LITTLE	m	Vet 40	Unattached	1:23:58.2	1:23:53.2
64.	780	Pascal DEMAINE	m	Vet 40	Unattached - Manchester	1:24:15.7	1:24:03.5
65.	883	Mike COLLINS	m	Vet 40	Unattached : Whitley Bay	1:24:42.9	1:24:39.6
66.	490	Paul CAMPBELL	m	Vet 50	Unattached - Sunderland	1:24:49.8	1:24:09.5
67.	902	Ruth DODWELL	f		Unattached - Lancaster	1:25:06.3	1:25:03.0
68.	605	Alan PARKER	m	Vet 50	Unattached : Stoke On Trent	1:25:08.0	1:24:40.9
69.	567	Leanne JACKSON	f		Unattached : Millom	1:25:08.6	1:24:48.6
70.	660	Anthony FRYER	m		Unattached : Derbyshire	1:25:14.7	1:24:32.8
71.	634	Patricia BUDD	f	Lady Vet 50	Unattached : Altrincham	1:25:15.2	1:24:55.5
72.	916	Gareth EVANS	m	Vet 50	Unattached - Skipton	1:25:30.1	1:25:23.2
73.	947	Juliet MAY	f		City of Hull AC	1:25:38.6	1:25:14.7
74.	405	Stef LUNN	f		Kenilworth Runners	1:25:39.4	1:25:34.7
75.	417	Glen Carden	m	Vet 40		1:25:46.2	1:25:05.0
76.	779	James BAKER	m		Unattached	1:25:47.0	1:25:28.8
77.	863	Alex JEFFERSON	m		Unattached : Flitwick	1:25:55.5	1:25:52.9
78.	857	Chris LYNCH	m		Unattached - Sheffield	1:25:58.9	1:25:48.7
79.	570	James HUXFORD	m		York Triathlon Club	1:26:03.1	1:25:50.9
80.	897	John STEELE	m	Vet 50	Unattached - Wigton	1:26:14.5	1:26:08.2
81.	976	Will CHARLES	m		Unattached - Runcorn	1:26:24.5	1:26:13.2
82.	873	Dave STOTT	m	Vet 40	Unattached : Chester	1:26:25.8	1:26:02.0
83.	997	Mike BALDWIN	m		Tasty Hogs	1:26:35.2	1:26:28.0
84.	862	Stuart BELL	m	Vet 50	Kendal AC	1:26:38.5	1:26:26.2
85.	949	Neil ELSENDER	m	Vet 50	Unattached	1:26:53.0	1:26:38.5
86.	517	Trevor FRANCIS	m		Mac1 Fitness	1:26:58.5	1:26:39.7
87.	892	Sarah SMALLWOOD	f	Lady Vet 40	Unattached : Chorley	1:27:10.3	1:26:46.7
88.	998	Clare FOGDEN	f		Unattached - Manchester	1:27:11.9	1:27:08.0
89.	797	Eva HARPER	f		Unattached : Selby	1:27:29.2	1:27:28.0
90.	927	Rachel NEWBURY	f	Lady Vet 40	Lancaster Womens Running	1:27:49.2	1:27:44.7
91.	785	Ian GIBSON	m	Vet 50	Unattached : Hexham	1:28:11.0	1:27:33.7
92.	661	Craig BISHOP	m		Unattached - Harrogate	1:28:18.6	1:27:54.9
93.	787	Joanne MARSDEN	f	Lady Vet 40	Tynedale Harriers	1:28:26.8	1:27:50.7
94.	578	Andrew HEMSLEY	m	Vet 50	Unattached - Penrith	1:28:41.4	1:28:30.5
95.	807	Simon CROMPTON	m	Vet 50	Unattached : Chorley	1:28:49.4	1:28:34.3
96.	996	Jonathan GUEST	m	Vet 40	Coffee Carriage	1:28:58.4	1:28:50.9
97.	691	Stuart ORAM	m		Unattached - Manchester	1:29:06.6	1:28:48.1
98.	702	Kevin BLAKE	m	Vet 50	Unattached : Hull	1:29:08.2	1:29:07.1
99.	586	Roger HARRISON	m	Vet 50	Cheshire Hash House Harriers	1:29:14.1	1:29:01.8
100.	804	Chris DOUGLAS	m	Vet 50	Unattached : Delph	1:29:23.3	1:29:14.3
101.	629	Robert FRY	m		Unattached - Wigan	1:29:26.8	1:29:14.0
102.	773	Leonie HAYLER	f	Lady Vet 40	Tynedale Harriers	1:29:27.9	1:28:52.0
103.	900	Daniel DUNBABIN	m		Unattached - Warrington	1:29:53.7	1:29:46.7
104.	865	Steve JOBSON	m	Vet 40	Yoga-Spirit international	1:30:51.3	1:30:28.4
105.	810	Matthew SNARR	m		Unattached	1:31:00.7	1:30:56.8
106.	760	Joe PARKINS	m	Vet 40	Unattached - Kendal	1:31:04.6	1:30:58.7
107.	882	Richard PENNOCK	m	Vet 40	Unattached	1:31:09.7	1:30:41.2
108.	858	Michael LYNCH	m	Vet 50	Unattached : Malton	1:31:14.5	1:31:05.3
109.	813	Francis WOOFF	m	Vet 50	Chorlton Runners	1:31:17.6	1:31:05.2
110.	678	Christopher TULLY	m		Unattached : Waterloo	1:31:36.6	1:31:19.5
111.	653	Karl ALLERTON	m	Vet 40	Lichfield RC	1:31:42.4	1:31:20.6
112.	499	Stuart TILL	m	Vet 40	ua Caton	1:31:42.8	1:31:17.4
113.	791	Frank TIPPIN	m	Vet 50	Unattached - Southport	1:31:47.6	1:31:20.9
114.	407	Simon MOTTERSHEAD	m		Kenilworth Runners	1:31:59.7	1:31:55.0
115.	744	Laurence BURNS	m		Unattached : Stoke On Trent	1:32:08.5	1:31:34.6
116.	654	Rob WALKER	m	Vet 50	Unattached - Bacup	1:32:10.6	1:31:47.8

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
117.	901	Dominic COLEMAN	m		Unattached - Manchester	1:32:18.8	1:31:51.3
118.	936	Esther BROWN	f		Unattached : Leyburn	1:32:25.9	1:32:05.4
119.	409	Julie GRAHAM	f	Lady Vet 50	Garstang Running club	1:32:36.9	1:32:34.0
120.	696	Susan CHILTON	f	Lady Vet 40	Lune Valley Hash House	1:32:38.1	1:32:30.2
121.	723	Kerry DUCKWORTH	f		Unattached : Ulverston	1:32:51.7	1:32:47.3
122.	709	Anna WOODS	f		Unattached : Ulverston	1:32:51.8	1:32:47.0
123.	754	Scott PORTMAN	m	Vet 40	Unattached : Stoke On Trent	1:33:06.2	1:32:30.9
124.	812	Andrew BRUMLEY	m		Unattached - London	1:33:15.8	1:33:09.5
125.	790	Charles SATTERLY	m	Vet 40	Lancaster & Morcambe AC	1:33:27.8	1:33:18.4
126.	715	Chris LAWRENCE	f	Lady Vet 50	Unattached - Congleton	1:33:33.9	1:33:03.8
127.	504	Paul CRESSWELL	m	Vet 40	Skelmersdale Boundary	1:33:35.3	1:33:16.9
128.	590	Stephen DRAPER	m		Unattached : Chorley	1:33:36.7	1:33:29.6
129.	410	Emma FLINT	f	Lady Vet 40	Chorlton Runners	1:33:44.0	1:33:32.7
130.	756	Tracy PYATT	f	Lady Vet 40	Unattached : Stafford	1:33:44.2	1:33:09.5
131.	755	Jane PYATT	f	Lady Vet 40	Unattached : Stoke On Trent	1:33:44.4	1:33:09.7
132.	672	Diane WIDDOWSON	f	Lady Vet 50	Ackworth Road Runners	1:33:47.1	1:33:22.8
133.	450	Helen HALSALL	f	Lady Vet 40	Unattached : Altrincham	1:33:52.5	1:33:51.4
134.	874	Hisayo KAWAHARA	f	Lady Vet 40	Unattached - London	1:33:59.9	1:33:44.1
135.	681	Jason DIXON	m	Vet 40	Unattached - Kendal	1:34:01.8	1:33:34.1
136.	814	Oliver MATHAI	m	Vet 60	Unattached - London	1:34:08.2	1:33:35.9
137.	969	Andy BUCKROYD	m	Vet 50	Unattached : Bollington	1:34:15.3	1:34:10.1
138.	657	Johnathan BRYANT	m		Unattached - Birmingham	1:34:32.9	1:34:26.2
139.	815	Hazel PEARSON	f	Lady Vet 50	Helm Hill	1:34:42.0	1:34:34.4
140.	942	James BOON	m		Unattached - Kendal	1:34:42.3	1:34:28.3
141.	659	Kevin MATHER	m	Vet 50	Unattached - Warrington	1:34:47.1	1:34:33.1
142.	463	Ian RAYNER	m	Vet 50	Roundhay Runners	1:34:55.2	1:34:20.0
143.	888	Laura IRVING	f		Unattached - Newcastle	1:35:00.5	1:34:40.8
144.	811	Philippa DAVIES	f		Unattached - London	1:35:04.6	1:34:58.5
145.	793	Susan BLACK	f	Lady Vet 40	Tynedale Harriers	1:35:05.1	1:34:28.2
146.	987	Lorna YOUNG	f	Lady Vet 40	Unattached : Carlisle	1:35:08.5	1:34:56.0
147.	662	Mark FIDLER	m	Vet 40	Delamere Spartans	1:35:08.8	1:34:48.0
148.	877	Tiffany MOORCROFT	f	Lady Vet 40	South Ribble Runners	1:35:12.6	1:34:58.3
149.	508	Ginny NEWMAN	f	Lady Vet 50	Unattached - Manchester	1:35:14.1	1:35:00.2
150.	748	Peter BARDON	m	Vet 40	Unattached : Washington	1:35:19.4	1:34:58.6
151.	682	David ELSWORTHY	m	Vet 40	Unattached : Brough	1:35:24.7	1:34:48.7
152.	768	Victoria SEWELL	f		Unattached - Kendal	1:35:27.5	1:35:16.5
153.	761	Kate WILSON	f		Unattached - Kendal	1:35:31.4	1:35:15.8
154.	796	Peter HARPER	m		Unattached : Selby	1:35:32.5	1:35:30.9
155.	808	Steve TOWERS	m	Vet 50	Unattached - Carnforth	1:35:35.3	1:35:14.4
156.	977	Michael RAFFERTY	m		Unattached : Cremlington	1:35:37.9	1:35:17.9
157.	774	Julie COOK	f	Lady Vet 40	Tynedale Harriers	1:35:44.4	1:35:08.7
158.	783	Louise CHICKEN	f	Lady Vet 40	Tynedale Harriers	1:35:44.7	1:35:08.6
159.	884	Catherine SOWERBY	f	Lady Vet 50	Serpentine Running Club	1:35:46.4	1:35:30.2
160.	915	Angie EVANS	f	Lady Vet 50	Unattached - Skipton	1:35:48.0	1:35:41.2
161.	701	John BAKER	m	Vet 50	Unattached : Hull	1:35:56.6	1:35:40.2
162.	716	Katrina JARDINE	f		Unattached - Skipton	1:35:57.9	1:35:31.9
163.	736	Damian DUFFY	m		Unattached - Manchester	1:36:00.3	1:35:51.9
164.	650	Danny Brazier	m			1:36:01.4	1:35:27.6
165.	506	Emma DENT	f		Unattached - Kendal	1:36:15.2	1:36:09.3
166.	452	Andrew TRAVIS	m	Vet 40	Unattached - Lancaster	1:36:27.3	1:36:18.4
167.	612	Robert MYATT	m	Vet 50	Unattached - Stoke-on-Trent	1:36:33.4	1:36:05.7
168.	894	Josephine OWEN	f	Lady Vet 50	Unattached - Blackburn	1:36:38.1	1:36:27.4
169.	963	Philippa BONHAM	f	Lady Vet 40	Unattached : Doncaster	1:36:44.2	1:36:11.2
170.	907	Matthew TYRER	m		Unattached : Heath Charnock	1:36:44.6	1:36:11.3
171.	789	Richard RYVES	m		Unattached - Warrington	1:36:48.5	1:36:26.9
172.	707	Jonathan FURAY	m	Vet 40	Unattached - Manchester	1:36:58.0	1:36:40.8
173.	636	Paul THOMPSON	m	Vet 50	Hornsea Harriers	1:37:02.3	1:36:52.5
174.	465	Nancy MELROSE	f	Lady Vet 40	Unattached : Chorley	1:37:05.1	1:36:33.2

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175.	414	Anne Macfarlane	f	Vet 50		1:37:27.4	1:37:22.7
176.	563	Pauline SHEARER	f	Lady Vet 40	Unattached - Runcorn	1:38:05.4	1:37:54.3
177.	610	William GRAYSON	m	Vet 50	Unattached - Manchester	1:38:07.6	1:37:53.6
178.	674	Dave PRESCOTT	m	Vet 40	Bridnorth Running Club	1:38:08.8	1:38:06.2
179.	562	Helen DEASON	f	Lady Vet 40	Dallam RC	1:38:11.3	1:38:04.9
180.	931	Susan GRAYSON	f	Lady Vet 40	Unattached : Walsall	1:38:19.0	1:38:05.4
181.	978	Steve PARKES	m	Vet 50	Unattached Darlington	1:38:41.4	1:38:12.9
182.	951	Elizabeth JAMESON	f		Unattached : Wetherby	1:38:52.8	1:38:13.8
183.	415	Sean Mvgleenan	m	Vet 50		1:39:00.6	1:38:56.3
184.	566	Simon KNIGHTON	m	Vet 60	Unattached : Aldbourne	1:39:08.7	1:39:07.9
185.	859	Jane NICHOLSON	f	Lady Vet 40	Altrincham & District AC	1:39:09.9	1:39:06.0
186.	992	Julia FIDLER	f	Lady Vet 40	Unattached : Ellesmere Port	1:39:13.3	1:38:52.3
187.	454	Katie SAMUELSON	f		Cambridge & Coleridge	1:39:26.4	1:39:08.7
188.	469	Viv SAMUELSON	f		Swinton Running Club	1:39:26.4	1:39:08.3
189.	453	Darren GILLMAN	m	Vet 40	Cambridge & Coleridge	1:39:26.4	1:39:06.6
190.	999	Alix ALMOND	f		Northbrook AC	1:39:26.4	1:39:11.1
191.	772	Kate ROTHWELL	f	Lady Vet 40	Unattached - Hyde	1:39:30.3	1:39:05.1
192.	766	Stuart WARING	m		Unattached - Blackburn	1:39:30.4	1:39:05.6
193.	861	Maxine GEARY	f	Lady Vet 40	Yoga Spirit International	1:39:41.1	1:39:15.3
194.	580	Catherine POTTS	f		Unattached : Newton le Willows	1:39:41.1	1:39:14.4
195.	887	Louisa PHILLIPS	f		Unattached - Manchester	1:39:46.0	1:39:25.9
196.	871	Maeve LARGEY	f		Unattached - Sheffield	1:40:01.0	1:39:50.2
197.	771	Gill MYERS	f		Unattached : Wirral	1:40:11.6	1:39:37.4
198.	718	Julie GRAY	f	Lady Vet 40	Unattached : St Annes	1:40:17.7	1:39:54.5
199.	404	Tessa Lukehurst	f		Spar Strider	1:40:18.1	1:39:57.8
200.	738	Ian THOMPSON	m	Vet 40	Unattached : Tarporley	1:40:18.6	1:39:54.6
201.	737	Liz THOMPSON	f	Lady Vet 40	Unattached : Tarporley	1:40:18.7	1:39:54.1
202.	765	Niamh LEWIS	f		ua Little Neston	1:40:20.7	1:40:15.0
203.	733	Richard YOUNG	m	Vet 40	ua Malmesbury	1:40:25.0	1:40:14.2
204.	806	Helen LITTLE	f	Lady Vet 40	Unattached	1:40:30.3	1:40:25.0
205.	413	Allison POLLARD	f	Lady Vet 50	Unattached - Glasgow	1:40:40.3	1:40:07.6
206.	477	Clare LAYBOURN	f	Lady Vet 40	Unattached - Edinburgh	1:40:45.4	1:40:27.5
207.	792	Susan TIPPIN	f	Lady Vet 50	Unattached - Southport	1:40:51.5	1:40:25.5
208.	673	Emma SMITH	f	Lady Vet 40	Unattached : Pontefract	1:40:53.7	1:40:29.1
209.	970	Alan PLATTS	m	Vet 50	Unattached - Kendal	1:41:11.3	1:40:40.1
210.	935	Gerard CONWAY	m	Vet 50	Unattached - Blackburn	1:41:27.2	1:40:49.6
211.	597	Jonathan DOWNS	m		Unattached - Preston	1:41:54.0	1:41:26.4
212.	509	Stuart ROME	m		Unattached - Carlisle	1:42:00.9	1:41:38.4
213.	740	Lisa MCGILVRAY	f	Lady Vet 40	Unattached - Glasgow	1:42:06.1	1:41:52.8
214.	742	Ally WALKER	f	Lady Vet 50	Unattached - Glasgow	1:42:06.2	1:41:53.2
215.	928	David HAYES	m	Vet 40	Unattached - Kendal	1:42:29.3	1:42:04.2
216.	747	Gina Bardon	f		Unattached : Washington	1:42:35.8	1:42:16.3
217.	911	Paul BOWES	m		Unattached : Southam	1:42:58.4	1:42:22.8
218.	912	Louise BOWES	f		Unattached : Southam	1:42:58.7	1:42:23.6
219.	560	Marie BAINBRIDGE	f		Unattached	1:43:03.9	1:42:35.1
220.	713	Adam BARKER	m		Unattached : Chorley	1:43:05.5	1:42:44.0
221.	722	Dawn SAXBY	f	Lady Vet 50	Unattached - Harrogate	1:43:22.9	1:43:17.9
222.	782	Lou LASHLEY	f		Unattached : Milnthorpe	1:43:23.1	1:42:44.5
223.	561	Julie PEARCY	f	Lady Vet 50	Dallam RC	1:43:50.3	1:43:44.2
224.	527	Janice METCALF	f	Lady Vet 50	Preston Harriers	1:44:16.2	1:43:54.6
225.	923	Tom HADFIELD	m		Unattached - Stockport	1:44:42.1	1:44:03.2
226.	576	Dave MANGAN	m	Vet 50	Penny Lane Striders	1:44:52.9	1:44:22.4
227.	952	Liza TATTERSALL	f	Lady Vet 40	Unattached - Carnforth	1:44:58.6	1:44:50.2
228.	953	Neil STOKER	m		Unattached - Carnforth	1:44:58.6	1:44:49.2
229.	961	Mark GRAYSON	m	Vet 50	Unattached - Lancaster	1:44:58.6	1:44:49.1
230.	699	John LONG	m	Vet 50	East Hull Harriers	1:45:09.3	1:44:52.1
231.	700	Ann LONG	f	Lady Vet 60	Unattached : Hull	1:45:09.9	1:44:53.8
232.	552	Ann LISTER	f	Lady Vet 60	Glasgow Running Network	1:45:29.9	1:44:56.5

Lakeland Trails in Coniston

Coniston Trail Challenge 15km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
233.	462	Janice ALLAN	f	Lady Vet 50	Unattached - Dumfries	1:45:47.2	1:45:13.0
234.	486	Richard WHEATLEY	m	Vet 40	Redhill Road Runners	1:45:49.1	1:45:35.7
235.	420	Andrew WOOD	m	Vet 40	Unattached : Leigh-on-Sea	1:45:53.5	
236.	746	Susan HEANY	f	Lady Vet 50	ua Rochdale	1:45:53.7	1:45:29.4
237.	708	Christine GILL	f	Lady Vet 40	Unattached : Welshpool	1:45:58.7	1:45:46.4
238.	966	Susan SHARP	f	Lady Vet 50	Unattached - Wakefield	1:46:26.3	1:46:15.9
239.	965	Nick SHARP	m	Vet 40	Unattached - Wakefield	1:46:26.5	1:46:16.4
240.	558	Julie WAREING	f	Lady Vet 40	Unattached : Chorley	1:46:32.5	1:46:22.2
241.	929	John AVERY	m	Vet 60	Unattached - Wigan	1:46:36.6	1:46:06.5
242.	600	Rebecca HANSON	f		Unattached - Manchester	1:46:44.8	1:46:15.8
243.	502	Liam MODEN	m	Vet 40	Unattached - Haslingden	1:46:46.1	1:46:07.0
244.	983	Jane MCFIE	f	Lady Vet 40	Unattached : Millom	1:46:47.6	1:46:41.0
245.	751	Rose EGAN	f	Lady Vet 50	Unattached : West Kirby	1:46:49.3	1:46:36.8
246.	478	Jo FALCONER	f		Fellside Ladies	1:46:51.5	1:46:33.7
247.	627	Emma BOYD	f		Fellside Ladies	1:46:51.7	1:46:33.9
248.	909	Sally JENKINSON	f		Unattached - Keswick	1:47:12.4	1:47:04.7
249.	418	Catherine JONES	f	Lady Vet 50	Bolton Harriers	1:47:26.2	
250.	652	Lucy BARNES	f		Unattached - Lancaster	1:47:45.1	1:47:41.4
251.	688	Jane DAVIES	f	Lady Vet 40	Unattached - Manchester	1:47:55.3	1:47:21.0
252.	917	Chris WHITBY	m	Vet 40	Unattached - Carlisle	1:48:07.1	1:47:52.0
253.	921	Joanne TODD	f	Lady Vet 40	Darlington Tri Club	1:48:10.0	1:47:58.3
254.	658	Louise BIRD	f		ua Hampton	1:48:10.7	1:47:43.7
255.	474	Gary WHITELEY	m	Vet 40	Unattached - Manchester	1:48:12.3	1:47:47.5
256.	958	Jo BONHAM	f	Lady Vet 40	Unattached : Barrow in Furness	1:48:15.2	1:47:43.3
257.	753	Adam CHAPMAN	m		Unattached :Timperley	1:48:17.1	1:47:44.3
258.	479	David CHALMERS	m	Vet 60	Unattached : Symington	1:48:27.1	1:47:53.1
259.	635	Jill EZARD	f	Lady Vet 40	Unattached - Ilkley	1:48:28.7	1:48:09.4
260.	523	Kate SCHWEIZER	f	Lady Vet 40	Quakers Running Club	1:48:29.4	1:48:18.2
261.	524	Shirley CONNER	f	Lady Vet 40	Unattached Darlington	1:48:29.6	1:48:18.7
262.	687	Jon SILCOCK	m		Unattached - Kendal	1:48:33.5	1:48:17.7
263.	729	Catherine MOSS	f		Unattached - Preston	1:48:43.9	1:48:21.7
264.	412	Elizabeth SLOAN	f	Lady Vet 40	Glasgow Running Network	1:48:51.7	1:48:18.8
265.	730	Paul MOSS	m	Vet 50	Baxi Group Preston	1:48:58.8	1:48:36.5
266.	466	Sharon SUTCLIFFE	f	Lady Vet 40	Unattached : Chorley	1:49:15.4	1:48:43.4
267.	778	Elen LAWTON	f		ua Marlow	1:49:25.0	1:49:19.9
268.	489	Philippa MOORSE	f		Nidd Valley Road Runners	1:50:08.9	1:49:41.5
269.	494	Stephen BROHAN	m	Vet 40	Unattached - Worcester	1:50:12.9	1:50:04.4
270.	679	Aleksandra KUBASIAK	f		Ackworth Road Runners	1:50:14.3	1:49:47.8
271.	799	Joel CULLEN	m		Unattached : Hornchurch	1:50:28.5	1:50:19.2
272.	573	Lynne JARVIS	f	Lady Vet 40	Dallam RC	1:50:32.0	1:50:26.5
273.	518	Gordon SLAYMAKER	m	Vet 70	Garstang Running club	1:50:34.9	1:50:24.4
274.	781	Claire LYONS	f	Lady Vet 50	Unattached : Freshfield	1:50:36.0	1:49:54.1
275.	559	Gavin SPICKETT	m	Vet 50	Tynedale Harriers	1:50:41.0	1:50:12.0
276.	809	Jennie DAVIES	f	Lady Vet 60	Unattached : Sedbergh	1:50:42.2	1:50:08.4
277.	932	Ben RANSON	m		Unattached - Cokermonth	1:50:46.9	1:50:05.2
278.	416	Emily Beaumont	f		Quakers Running Club	1:50:54.7	1:50:47.3
279.	581	Erin BOLTON	f	Lady Vet 40	Unattached : Oswaldtwistle	1:50:55.1	1:50:44.8
280.	615	Penny OLIVER	f	Lady Vet 40	Unattached - Penrith	1:50:59.7	1:50:38.7
281.	604	S TAYLOR	f	Lady Vet 40	Unattached - Newcastle	1:51:04.0	1:50:23.6
282.	645	Sarah ROGAN	f		Unattached : Wirral	1:51:09.1	1:51:06.2
283.	686	Tim GRAHAM	m		ua Rochdale	1:51:12.9	1:50:56.8
284.	818	Peter JACKSON	m	Vet 60	Unattached : Millom	1:51:15.6	1:50:39.8
285.	986	Michael ROUGHLEY	m		Unattached - Wigton	1:51:15.8	1:51:01.4
286.	988	Mathew WANING	m		Unattached - Wigton	1:51:16.1	1:51:01.6
287.	728	Vicky WILLETT	f		Unattached - Skipton	1:51:16.8	1:50:50.4
288.	870	Rob WHISTON	m	Vet 60	Unattached - Crewe	1:51:16.8	1:50:47.7
289.	619	Kev KENDAL	m	Vet 40	Howgill Harriers	1:51:32.1	1:51:12.9
290.	513	Chris FURPHY	m	Vet 50	Unattached - Guisborough	1:51:32.1	1:51:01.1

Lakeland Trails in Coniston

Coniston Trail Challenge 15km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
291.	579	Catherine CLENNETT	f	Lady Vet 40	Billingham Marsh House	1:51:32.3	1:51:01.8
292.	990	Claire Trinder	f		Stockport Harriers	1:51:36.2	1:51:16.5
293.	491	Michael SCOTT	m	Vet 50	ua Stockton on Tees	1:51:40.7	1:51:00.2
294.	950	Kat SUDDABY	f		Unattached : Wetherby	1:51:52.7	1:51:13.6
295.	903	Rhian YATES	f	Lady Vet 50	unattached : Colwyn Bay	1:52:28.6	1:52:11.0
296.	493	Kevin KELLY	m		Unattached - Carnforth	1:52:40.0	1:52:31.4
297.	717	Dawn STAINER	f		Unattached - Kendal	1:52:49.6	1:52:30.8
298.	926	Vivienne LUMB	f	Lady Vet 50	Unattached - Kendal	1:52:49.8	1:52:31.5
299.	706	Catherine FURAY	f		Unattached - Manchester	1:52:50.3	1:52:32.3
300.	664	Sarah O'NEILL	f	Lady Vet 40	Unattached - Manchester	1:52:50.3	1:52:33.5
301.	712	Clive BARKER	m	Vet 50	Unattached - Chorley	1:52:59.3	1:52:28.6
302.	473	Amy CALDERBANK	f		Unattached : Chorley	1:53:01.2	1:52:27.9
303.	939	Elizabeth GARTSHORE	f	Lady Vet 60	Pensby Running Club	1:53:05.2	1:52:53.5
304.	464	Jan RAYNER	f	Lady Vet 40	Roundhay Runners	1:53:20.5	1:52:44.4
305.	734	Linda CAREY	f	Lady Vet 50	Baildon Runners	1:53:22.6	1:52:51.9
306.	598	Oliver COLLINS	m		Unattached : Bolton	1:53:29.5	1:53:01.3
307.	769	Cathy ROBERTSON	f	Lady Vet 50	Unattached : Bromborough	1:53:37.9	1:53:11.8
308.	752	Paul NAYLOR	m	Vet 40	Dragons Running Club Sale	1:54:03.8	1:53:44.4
309.	587	Jane WHEATLEY	f	Lady Vet 40	Unattached : Nottingham	1:54:13.0	1:53:59.4
310.	684	Cat ALTOUNYAN	f		Unattached - Kendal	1:55:02.7	1:54:46.9
311.	401	Robert MUNDY	m	Vet 60	Ripon Runners	1:55:22.6	1:54:52.8
312.	564	Margaret MOORE	f	Lady Vet 60	Unattached : Paisley	1:55:43.8	1:55:10.7
313.	533	David CASSELS	m	Vet 50	Rocktart Runners	1:55:43.9	1:55:26.7
314.	532	Lorna GAMBERINI	f	Lady Vet 50	Rocktart Runners	1:55:44.0	1:55:27.1
315.	571	Sharon WHITE	f	Lady Vet 40	Unattached - Kendal	1:56:15.3	1:55:44.0
316.	984	Shirley WHITBY	f	Lady Vet 40	Unattached - Cokermouth	1:56:32.4	1:56:15.9
317.	867	Caroline LARKMAN	f	Lady Vet 40	Unattached - Newcastle	1:56:38.0	1:56:03.8
318.	705	Jude CHRISP	f	Lady Vet 40	Unattached - Liverpool	1:56:43.4	1:56:00.4
319.	955	Megan WOOD	f	Lady Vet 40	Unattached : Dunfermline	1:57:10.4	1:56:48.8
320.	918	John THOMPSON	m	Vet 50	Sweatshop running community	1:57:12.7	1:56:49.1
321.	482	Eilidh SIMPSON	f	Lady Vet 50	Unattached : East Kilbride	1:57:43.9	1:57:11.0
322.	468	Amanda BENSON	f		Roundhay Runners	1:57:55.5	1:57:19.0
323.	724	Katy MOORE	f	Lady Vet 40	Unattached - Hebden Bridge	1:58:01.3	1:57:23.0
324.	764	Gillian GRAVES	f	Lady Vet 50	Unattached - York	1:58:10.1	1:57:47.5
325.	930	Margaret WILSON	f	Lady Vet 60	Unattached : Poulton Le Fylde	1:58:18.4	1:57:59.4
326.	536	Ruth PIMBLETT-TATTLE	f	Lady Vet 40	Unattached - Hebden Bridge	1:58:28.9	1:57:50.6
327.	720	Lisa HOLMES	f	Lady Vet 40	Unattached - Skipton	1:58:31.6	1:58:05.1
328.	596	Caroline KENYON	f	Lady Vet 50	Unattached - Liverpool	1:58:36.3	1:57:54.5
329.	735	Aimi BLUEMAN	f	Lady Vet 40	Nidd Valley Road Runners	1:59:16.7	1:58:49.0
330.	624	Giselle DUDLEY	f	Lady Vet 50	Unattached - Sunderland	1:59:39.6	1:59:35.7
331.	625	Anthony JENNER	m	Vet 40	Unattached - Sunderland	1:59:39.7	1:59:35.3
332.	989	Lynn SMITH	f	Lady Vet 50	Crosby Stormers	1:59:49.7	1:59:07.5
333.	455	Lucy MAGGIORI	f	Lady Vet 40	Unattached - Dumfries	2:00:05.5	1:59:30.8
334.	967	Rosalind DYDE	f	Lady Vet 50	Winston Runners	2:00:10.6	1:59:54.4
335.	975	Stuart ADAMSON	m	Vet 60	Unattached - Bradford	2:00:26.2	2:00:04.1
336.	979	Laurence BRISTOW	m	Vet 40	Unattached - Hebden Bridge	2:00:39.5	2:00:02.3
337.	786	Jane GIBSON	f	Lady Vet 50	Tynedale Harriers	2:01:05.9	2:00:28.1
338.	749	Liz KRAFT	f	Lady Vet 50	Scarborough AC	2:01:19.4	2:01:04.2
339.	554	Amanda KIRTLEY	f	Lady Vet 40	carlisle Triathlon	2:01:43.2	2:01:17.1
340.	683	Cheryl ELSWORTHY	f	Lady Vet 40	Unattached : Brough	2:01:46.9	2:01:10.8
341.	937	Austin TRELFA	m	Vet 50	Unattached - Leyland	2:02:04.5	2:01:27.5
342.	403	Terry MOSS	m	Vet 40	Unattached - Preston	2:02:04.5	2:01:28.1
343.	759	Jason TAN	m		Unattached : Stanmore	2:02:12.8	2:01:59.5
344.	758	Sharon POON	f		Unattached - London	2:02:15.0	2:02:01.8
345.	670	Karen YOUEL	f	Lady Vet 50	Ackworth Road Runners	2:02:53.4	2:02:26.6
346.	655	Charmian ROBSON	f	Lady Vet 70	St Bees Triers	2:03:05.8	2:02:39.5
347.	704	Leigh CAMPBELL	f	Lady Vet 40	Unattached - Liverpool	2:03:17.0	2:02:34.4
348.	630	Katie BATES	f	Lady Vet 40	Unattached : Barnsley	2:04:06.5	2:03:48.9

Lakeland Trails in Coniston

Coniston Trail Challenge 15km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
349.	954	Nicola DUNBABIN	f		Unattached - Warrington	2:06:58.9	2:06:51.1
350.	788	Karen DANIELS	f	Lady Vet 40	Unattached - Bristol	2:07:20.5	2:06:42.1
351.	470	Alison NORDON	f	Lady Vet 40	Unattached : Paisley	2:08:42.8	2:08:04.6
352.	599	Gerald BRADLEY	m	Vet 40	Unattached : West Cornforth	2:10:45.9	2:10:40.6
353.	895	Maxine GRIMSHAW	f	Lady Vet 50	WalkB4Urun	2:11:44.3	2:11:16.3
354.	647	Kathryn BEESLEY	f	Lady Vet 40	Unattached - Winterley	2:12:17.9	
355.	940	Catherine MERCER	f	Lady Vet 50	ua Wigan	2:12:46.1	2:12:05.2
356.	631	Jonathan WILLOWS	m	Vet 40	ua Fishlake	2:13:52.7	2:13:44.6
357.	557	Maureen KELLY	f	Lady Vet 40	Leverets	2:16:13.7	2:15:45.2
358.	656	Chris ROBSON	m	Vet 70	St Bees Triers	2:19:12.1	2:18:31.7
359.	816	Susan GRAHAM	f	Lady Vet 50	Dumfries Running Club	2:20:05.5	2:19:36.3
360.	898	Nikki KNAPPETT	f	Lady Vet 40	Bramhall Runners	2:27:52.5	2:27:15.6
361.	668	Clare HILL	f		Ackworth Road Runners	2:28:45.8	2:28:15.9
362.	671	Lindsay PINDER	m	Vet 40	Ackworth Road Runners	2:28:45.9	2:28:15.9
363.	618	Ian HOLLOWAY	m	Vet 60	Unattached : Whitley Bay	2:30:47.7	2:30:09.0
364.	669	Nicola HENSHAW	f		Ackworth Road Runners	2:30:52.1	2:30:22.8
365.	665	Ruth SAVILLE	f	Lady Vet 40	Ackworth Road Runners	2:30:52.3	2:30:21.8
366.	520	Emma ORMEROD	f	Lady Vet 40	Nordic Wanderers	2:34:46.8	2:34:02.8
367.	519	Edwina RICKARDS	f	Lady Vet 50	Nordic Walker	2:34:47.1	2:34:03.2

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