

Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
<b>Cartmel Trail Challenge 18k - Waves</b>						
1	108	Phil Cape	m	MV 40	Stone Master Marathoners	1:25:48
2	854	Daniel Stott	m			1:28:08
3	844	Stephen Leahy	m			1:29:06
4	1610	David Brooks	m	MV 50		1:31:30
5	909	Ian Jones	m			1:32:02
6	179	Peter Cushion	m	MV 40	Wirral Vikings Trc	1:35:33
7	721	Dave Abbott	m			1:36:34
8	915	Rob Brander	m			1:37:43
9	727	Phil Chesworth	m	MV 40		1:37:58
10	797	Andy Phillips	m	MV 40		1:39:00
11	888	Richard Holmes	m	MV 50		1:39:35
12	814	Darren Horobin	m	MV 40		1:39:46
13	806	David Booth	m		Macclesfield Harriers	1:40:35
14	920	Joe Wrigley	m		Black Combe Runners	1:42:36
15	635	Simon Dodd	m	MV 40		1:43:18
16	899	Nigel Tillott	m	MV 50	Tewkesbury Ac	1:43:23
17	719	Paul Stirrup	m	MV 50	Bowland Bimblers	1:43:30
18	768	Adam Mcginley	m	MV 40	Dh Runners	1:43:34
19	220	Steven Marsh	m	MV 60		1:43:41
20	1548	James Buckell	m	MV 40		1:45:14
21	787	Liam Godfree	m			1:45:57
22	803	Barry Williams	m		Mersey Tri	1:46:17
23	790	Lorna Harper	f		Mersey Tri	1:46:49
24	912	David Everson	m	MV 50		1:47:08
25	887	Mike Hitchen	m	MV 40		1:48:17
26	750	Emily Thwaites	f	FV 40	Alithwaite Running Club	1:48:22
27	718	Carole Stirrup	f	FV 50	Bowland Bimblers	1:48:28
28	625	Colin Sam Walton	m	MV 50	Wilmslow Running Club	1:49:36
29	862	Graeme Lee	m	MV 50	Meltham AC	1:49:42
30	733	Nick Graham	m	MV 40		1:49:43
31	749	Simon Thomas	m	MV 40		1:49:44
32	893	Harry Nicholls	m			1:49:48
33	728	Nick Cook	m	MV 40		1:50:08
34	679	Matt Routledge	m	MV 40	UTS	1:50:32
35	673	Peter Medicott	m	MV 40	St Helens Striders	1:50:35
36	1740	Ian Jones	m	MV 50		1:50:43
37	773	Michal Parka	m			1:51:12
38	740	Doug Lindsay	m	MV 40		1:51:15
39	796	Alan Parker	m	MV 50		1:51:16
40	609	Liam Heaphy	m			1:51:46
41	723	Louise Anderson	f	FV 50		1:51:58
42	656	Chris Pilkington	m		Hawkshead Brewery	1:52:01
43	651	Guy Lewcock	m	MV 40		1:52:17
44	657	Alison Piron	f	FV 40		1:52:54
45	639	Colin Fitton	m	MV 50		1:52:57
46	764	Alex Horne	m			1:53:17
47	917	Jen Moss	f		HI Runners	1:53:22
48	918	Tom Moss	m		HI Runners	1:53:22
49	843	Kev Kendal	m	MV 40	Howgill Harriers	1:53:51
50	1895	Victoria Millward	f			1:54:08
51	126	Heather Acton	f	FV 40		1:55:08
52	695	Denis Cleary	m	MV 40	None	1:55:47
53	892	James Morris	m	MV 40		1:56:02
54	618	Lesley Strickland	f	FV 50	Hartlepool Burn Road Harriers	1:56:32
55	18	Pete Lashley	m	MV 50		1:57:07
56	412	Paul Waldram	m	MV 40		1:57:45
57	686	Katie Trace	f	FV 40	Biddulph Running Club	1:57:50
58	786	Charl Erasmus	m	MV 40		1:58:07
59	742	Myles Mason	m	MV 40	Bramhall Runners	1:58:17
60	741	Guy Mason	m	MV 40	LRGS	1:58:17
61	711	Ryan McShane	m	MV 40		1:58:27
62	847	Igal Nagar	m	MV 60		1:58:43
63	667	David Gilbert	m	MV 50		1:58:57
64	736	Andrew Harrison	m	MV 50		1:59:10
65	692	Gemma Bell	f	FV 40		1:59:19



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
66	674	Trevor Mercer	m	MV 70		1:59:19
67	851	Jo Rolls	f	FV 40	Keswick AC	1:59:22
68	761	Steve Higginbotham	m	MV 40		1:59:39
69	1755	Darren Atkinson	m			1:59:47
70	919	Alex Sugden	m			1:59:55
71	664	Adam Birch	m			2:00:00
72	859	Thomas Walker	m		Team Sixteen	2:00:41
73	684	Martin Tilbury	m	MV 50		2:00:46
74	670	Helen Lawrenson	f	FV 50	Wesham Road Runners	2:00:54
75	897	Chantelle Schulz	f			2:01:00
76	601	Mark Aldam	m	MV 50		2:01:10
77	871	Brian Smith	m	MV 50		2:01:17
78	870	Nicola Portergill	f	FV 50		2:01:17
79	660	Cefn Willis	m	MV 40		2:01:49
80	123	Owen David	m			2:02:23
81	1588	Daniel Maltman	m	MV 40		2:02:30
82	610	Graham Jackson	m		Allithwaite Running Club	2:02:32
83	855	David Taylor	m	MV 60	Cheshire Hash House Harriers	2:02:53
84	680	Nicholas Schaffer	m	MV 50	Millom Striders	2:03:08
85	720	Kelly Temple	f	FV 40		2:03:08
86	906	Steve Gray	m	MV 40		2:03:11
87	873	Mark Bades	m	MV 50		2:03:34
88	811	Andrew Halcro-johnston	m	MV 40	York Postal Harriers	2:03:39
89	817	Anthony Maxwell	m	MV 60	Lostock AC	2:03:40
90	921	Justin Wetters	m	MV 50	Goodgym Race Team	2:04:15
91	778	Sarah Temple	f	FV 40		2:04:32
92	900	John Walter	m	MV 70		2:04:43
93	636	Peter Doran	m	MV 40		2:04:58
94	659	Lynsey Taylor	f	FV 40		2:04:58
95	880	Andy Dickinson	m	MV 60		2:04:59
96	827	Alan Robinson	m	MV 60	Cmf	2:05:00
97	1565	Edward Ryder	m	MV 40	Otley AC	2:05:14
98	111	Menna Goodwin	f	FV 40	Warrington	2:05:19
99	1553	Graham Eardley	m			2:05:27
100	693	Leonie Bell	f	FV 40		2:05:42
101	705	Neil Hawkes	m	MV 50		2:05:42
102	230	Joshua Coupe	m			2:06:02
103	883	Garance Fourie	f			2:06:28
104	903	Owen Davies	m	MV 70		2:06:50
105	647	Suzanne Hughes-Rudd	f	FV 40	Bodyfit Cumbria Running Club	2:07:50
106	795	Alex McClellan	f			2:08:03
107	821	Ginny Newman	f	FV 60		2:08:13
108	683	Fay Smith	f	FV 40		2:08:38
109	895	Ashley Price-sabate	f	FV 50	Elvet Striders	2:08:56
110	678	Mark Robinson	m	MV 50		2:09:22
111	840	Tim Dunsby	m	MV 40		2:09:35
112	842	Alex Kelly	m			2:09:35
113	638	Jo Fee	f	FV 50	Bodyfit Cumbria running club	2:10:03
114	630	Anne-marie Woodcock	f	FV 50	Lions Running Community	2:10:07
115	704	Nesta Hawker	f	FV 50	Helsby Running Club	2:10:33
116	743	Claire Platt	f		Tri Preston	2:10:33
117	621	Philippa Tooms	f	FV 40		2:10:37
118	732	Steven Gannon	m	MV 60		2:10:48
119	168	Stephen Wallwork	m	MV 40		2:11:02
120	706	Kathryn Holmes	f	FV 40		2:11:04
121	805	Ali Azfar	m	MV 50	Saltaire Striders	2:11:07
122	882	David Ellicott	m	MV 40	Askern District RC	2:11:18
123	775	Kathleen Proctor	f	FV 60	KAC	2:11:31
124	766	Orry King	m	MV 50		2:11:36
125	688	Jonathan Warriner	m			2:12:02
126	623	Alison Unsworth	f	FV 50		2:12:09
127	147	Ben Melrose	m			2:12:45
128	874	Tim Bateman	m	MV 50		2:12:51
129	780	Mark Wardley	m	MV 50	Red rose	2:13:10
130	802	Emma Thacker	f	FV 40		2:13:11
131	769	Adelle Mcnamara	f	FV 40		2:13:18
132	913	John Stout	m	MV 60		2:13:21



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
133	856	Jordan Travis	m			2:13:25
134	140	Adam Thornton	m			2:13:31
135	826	Peter Reed	m	MV 70	Northumberland Fell Runners	2:13:46
136	837	Mike Church	m			2:14:05
137	824	Ian Peters	m	MV 60	Glaxo Hoad Hill Harriets	2:14:15
138	831	Neil Taylor	m	MV 40		2:14:16
139	658	Jonathan Richardson	m	MV 40	York Postal Harriers	2:14:23
140	1574	Abigail Chard	f	FV 50		2:14:27
141	807	Sarah Booth	f		Macclesfield Harriers	2:14:30
142	896	Heather Santar	f	FV 50		2:14:36
143	763	Simon Hodgson	m	MV 50		2:14:43
144	860	Michael Welsh	m	MV 40		2:14:50
145	852	JOANNE SALTER	f		Red Rose Road Runners	2:14:55
146	876	Susan Chilton	f	FV 50	Lune Valley Hash House Harriers	2:15:00
147	889	James Jardine	m		Eden Runners	2:15:19
148	881	Jessica Durant	f		Rugby & Northampton Athletics Club	2:15:25
149	687	Pete Wareham	m	MV 50		2:15:45
150	722	Gary Anderson	m	MV 50		2:15:58
151	894	David Owen	m	MV 60		2:16:09
152	603	Neil Brooks	m	MV 50		2:16:16
153	690	Sue Woods	f	FV 50		2:16:30
154	105	Allison Cape	f	FV 50	Stone Master Marathoners	2:16:53
155	853	Guy Simpson	m	MV 40	Eden Runners	2:16:53
156	627	Mel Waring	m	MV 60		2:16:55
157	696	Christopher Colebourn	m	MV 50		2:17:02
158	867	Darren Gillman	m	MV 50	Todmorden Harriers	2:17:55
159	868	Katie Samuelson	f	FV 40	Todmorden Harriers	2:17:56
160	848	Nicky Owen	f	FV 60	Cheshire Hash House Harriers	2:18:11
161	845	Michael Mason	m	MV 50		2:18:14
162	652	Margaret Lupton	f	FV 50	Red Rose Road Runners	2:18:24
163	729	Angela Dallinger	f	FV 40	Red Rose	2:18:26
164	631	Kathryn Abbott	f	FV 50	Red Rose Road Runners	2:18:26
165	725	Steve Bellamy	m	MV 40	Red Rose Road Runners	2:18:27
166	833	Andrew Woodhead	m			2:18:35
167	1611	Nicky Cannon	f	FV 40	Colt	2:18:42
168	143	Sonja Farish	f	FV 50	Parkside panthers	2:19:02
169	819	Shaun Mcfaul	m	MV 50		2:19:05
170	753	Gail Bristo	f	FV 50	Red Rose Road Runners	2:19:05
171	832	Catherine Vaneris	f	FV 40		2:19:07
172	642	John Glass	m			2:19:07
173	114	Dean Ramsden	m	MV 50	Tri Rivington	2:19:23
174	904	Sophie Farnell	f	FV 40		2:19:44
175	861	Jack Youngs	m	MV 50		2:20:02
176	211	Jill Leader	f	FV 60		2:20:28
177	224	Steven Francom	m	MV 40		2:20:45
178	905	Julie Graham	f	FV 50	Garstang	2:20:51
179	782	Phil Berry	m	MV 40		2:21:00
180	602	Sally Beech	f	FV 60	RRRC	2:21:06
181	151	Peter Wallwork	m	MV 40		2:21:08
182	815	Ric Jaques	m	MV 50		2:21:17
183	116	Julian Brook	m	MV 40		2:21:18
184	748	Dorothy Stirling	f	FV 50	Hoad Hill Harriers	2:21:18
185	746	Mel Simmonds	f	FV 40	Hoad Hill Harriers	2:21:19
186	825	Wendy Pratt	f	FV 40		2:21:25
187	665	Raphael Dunne	m	MV 40		2:22:02
188	789	Sue Guyton	f	FV 40		2:22:23
189	792	Steven Haslam	m	MV 40	Tri Rivington	2:22:24
190	791	Sarah Haslam	f	FV 40	Tri Rivington	2:22:24
191	816	James Kemp	m		Warrington Running Club	2:22:33
192	615	Julie Russell	f	FV 50	Quakers Rc	2:22:41
193	885	Rachel Hay	f	FV 40		2:22:44
194	149	Jason Tuddenham	m	MV 50		2:22:59
195	622	Austin Trelfa	m	MV 60	Red Rose Road Runners	2:23:01
196	771	Jonathan Moss	m	MV 50		2:23:37
197	818	Sheila Maxwell	f	FV 60	Lostock AC	2:23:57
198	813	Joanne Hawden	f	FV 50	Rothwell&district Harriers	2:23:57
199	877	Linda Coffey	f	FV 60	Darwen Dashers	2:24:24



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
200	606	David Evans	m	MV 40		2:24:26
201	800	Carol Robinson	f	FV 40		2:24:46
202	738	Clare Laybourn	f	FV 50		2:25:43
203	902	Jennie Davies	f	FV 70	Women On The Run	2:26:03
204	128	Matthew Tollitt	m	MV 60	Penny Lane Striders	2:26:38
205	604	Hannah Coates	f		Chorlton Runners	2:27:10
206	717	Clare Smith	f	FV 40		2:27:22
207	714	Gillian Ramsden	f	FV 50	Tri Rivington	2:27:25
208	697	Donna Cooper	f	FV 40	Tri Rivington	2:27:25
209	799	Deborah Reekie	f	FV 40		2:27:44
210	755	Tracey Clarke	f	FV 50		2:28:04
211	689	Lisa Whetter	f	FV 40		2:28:06
212	739	Amanda Ley	f	FV 50	Colt	2:28:41
213	698	Jane Davies	f	FV 50		2:28:41
214	148	Adam Brant	m	MV 40	Chorlton Runners	2:29:13
215	865	Keith Whitehead	m	MV 60	Knowle & Dorridge Running Club	2:29:37
216	866	Linda Whitehead	f	FV 60	Knowle & Dorridge Running Club	2:29:37
217	182	Nicola Sloan	f	FV 40		2:29:49
218	676	Stephanie Phillips	f		Parbold Pink Panthers	2:33:14
219	783	Tracy Berry	f	FV 40	Skelmersdale Harriers	2:33:42
220	102	Gary Burt	m	MV 50		2:33:45
221	770	Joanne Moss	f	FV 50		2:33:46
222	709	Ian Lucas	m	MV 60	Witham Running Club	2:34:52
223	708	Claire Lucas	f			2:34:52
224	616	Nadine Scaife	f	FV 40		2:35:25
225	685	James Trace	m	MV 40	Biddulph Running Club	2:35:32
226	710	Jane Marshall	f	FV 50	York Acorn Running Club	2:36:29
227	645	Dave Haycock	m	MV 60	Parkbootcamp	2:36:35
228	1631	Nicholas Taylor	m	MV 50		2:37:02
229	703	Michael Harrison	m	MV 40		2:37:07
230	138	Dean Hamer	m			2:37:14
231	700	Claire Green	f	FV 40		2:38:28
232	699	Andrew Green	m	MV 40	York Acorn	2:38:29
233	828	Anthony Ryder	m	MV 40		2:38:32
234	829	Sarah Ryder	f	FV 40		2:38:32
235	157	Sara Summers	f	FV 50		2:39:52
236	752	Joanne Bretherton	f	FV 40		2:40:20
237	626	John Waring	m			2:40:55
238	762	Jacqueline Hodgson	f	FV 50		2:41:47
239	644	Debbie Hallsworth	f		Derwent Ac	2:42:05
240	669	Abigail Jardine	f		Eden Runners	2:42:18
241	784	Iryna Eaton	f			2:43:23
242	822	Helen Ohagan	f	FV 40		2:43:37
243	724	Matthew Atkinson	m	MV 40		2:43:41
244	735	Mark Hammond	m	MV 40		2:43:41
245	666	Melanie Foster	f	FV 50	Thornton-cleveleys Running Club	2:43:42
246	672	Bev Mason	f	FV 50	Thornton Cleveleys Running Club	2:43:42
247	849	Carolyn Rigby	f	FV 50	Widnes Wasps	2:45:26
248	850	Ian Rigby	m	MV 50		2:45:28
249	808	Emma Coopland-Lee	f	FV 40		2:45:53
250	607	Maxine Grimshaw	f	FV 60	RED Community	2:45:54
251	830	Neil Sutcliffe	m	MV 60		2:47:36
252	1660	Hannah Stirling	f			2:51:22
253	812	Graham Hawden	m	MV 60	Rothwell & District Harriers	2:54:23
254	648	Catherine Jones	f	FV 60		2:54:56
255	914	Gavin Blakemore	m	MV 40		2:55:17
256	916	Michaela Dodd	f	FV 40		2:55:18
257	878	Val Cumberpatch	f	FV 60		2:57:22
258	804	Gordon Armitstead	m	MV 60		2:57:27
259	624	Josephine LOUISE Walsh	f	FV 40	Red Rose Road Runners	3:00:06
260	776	Mike Smith	m	MV 60		3:00:35
261	731	Martin Duffy	m	MV 40		3:01:46
262	712	Janet Morris	f	FV 60	Knaresborough Striders	3:02:07
263	836	Anthony Church	m	MV 60		3:02:36
264	612	Heidi Martin	f	FV 40	CFR	3:02:58
265	682	Emma Smith	f			3:04:35
266	777	Lynda Tam	f	FV 40	Lonely Goat	3:05:32



**Cartmel Trail Challenge 18k - Waves**

<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>Gender</b>	<b>Age Cat</b>	<b>Club</b>	<b>Finish Time</b>
267	759	Karen Crozier	f	FV 40	Lonely Goat	3:05:33
268	875	Gina Biggs	f		Red Rose Road Runners	3:06:51
269	758	Mairead Crossey	f			3:07:30
270	767	Kayleigh Lord	f			3:07:31
271	713	Stephen Morris	m	MV 60	Knaresborough Striders	3:13:53
272	835	Ira Smith	m	MV 70	BUNGAY BLACK DOG	3:14:13
273	785	Richard Eaton	m	MV 40		3:16:17
274	863	Paula Morgan	f	FV 40		3:23:21
275	864	Paul Towers	m	MV 50		3:23:23
276	702	Chris Harbord	m	MV 70	Great Yarmouthh Road Runners	4:00:46

Number of records: 276

