

Lakeland Trails in Cartmel

Cartmel Trail Run 10km

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
1.	1584	Ewan Sewell	m		U/A York, North Yorkshire	0:44:10
2.	1004	Victoria Sewell	f		Knavesmire Harriers	0:45:03
3.	1606	Catherine Slater	f		Preston Harriers	0:45:32
4.	1566	Malcolm Rudge	m		U/A Kendal,	0:48:40
5.	1467	Alex Nixon	m		U/A Preston, Lancashire	0:50:07
6.	1350	John Jones	m	Veteran 50	Kendal Amateur Athletic Club	0:51:14
7.	1005	Nadia Shaw	f		U/A	0:51:17
8.	1334	alex jarzyna	m	Veteran 40	langholm primary	0:51:28
9.	1066	Andy Bennett	m		U/A Morecambe, Lancashire	0:51:31
10.	1329	Graham Jackson	m		Allithwaite Running Club	0:51:49
11.	1088	Sietse Braakman	m		U/A Cheshire,	0:51:55
12.	1006	Natalie McCarron	f		U/A	0:52:00
13.	1619	Aaron Spencer	m		U/A Whitehaven, Cumbria	0:52:01
14.	1705	Scott Williams	m		Kings Heath Running Club	0:52:12
15.	1772	Patrick Chilton	m		U/A Stockton,	0:52:16
16.	1147	Craig Coombes	m	Veteran 40	U/A Kendal, Cumbria	0:52:22
17.	1742	Louise Winter	f	Lady Veteran 40	Keswick AC	0:52:34
18.	1543	Simon Richardson	m	Veteran 40	U/A Seascale ,	0:52:37
19.	1286	Greg Hart	m	Veteran 40	U/A Stockton-On-Tees , Cleveland	0:52:40
20.	1480	Steven Oldfield	m		N/A	0:52:43
21.	1604	Tim Slack	m		U/A Sheffield, South Yorkshire	0:52:52
22.	1072	MARTIN BERRY	m	Veteran 40	U/A SHEFFIELD, S.YORKS	0:52:55
23.	1406	Richard Manley	m		U/A Wirral, Merseyside	0:53:04
24.	1318	Sophie Hunt	f		U/A Wirral,	0:53:08
25.	1405	Stuart Mallender	m	Veteran 40	Team Nidderdale	0:53:10
26.	1265	Jonny Grisedale	m	Veteran 40	Team inov-8.com	0:53:11
27.	1080	Matthew Blakeley	m	Veteran 40	Roundhay Runners	0:53:13
28.	1554	Ian Robinson	m	Veteran 40	SCC	0:53:14
29.	1561	Simon Rogers	m		U/A Kilbarchan,	0:53:21
30.	1414	Simon Maughan	m	Veteran 50	U/A Blackburn, Lancashire	0:53:31
31.	1382	Lois Lee	f		SDC	0:53:31
32.	1725	Chad Wright	m	Veteran 40	MerseyTRI	0:53:43
33.	1118	Nick Carruthers	m		U/A Ulverston,	0:53:46
34.	1738	Jason Pattison	m	Veteran 40	Stockton Striders AC	0:53:55
35.	1241	Liam Gorman	m		U/A Grange over sands, Cumbria	0:53:57
36.	1165	Allison Daly	f	Lady Veteran 40	Helm Hill	0:54:00
37.	1373	Wayne Laird	m		Border Warrior	0:54:00
38.	1171	Angela Davies	f		Team inov-8.com	0:54:10
39.	1002	Lee Procter	m		Team Inov-8	0:54:11
40.	1389	Peter Llewellyn	m	Veteran 40	Bowland Fell Runners	0:54:17
41.	1541	Gary Reynolds	m		U/A Preston , Lancashire	0:54:20
42.	1759	Nick Lewthwaite	m	Veteran 40	U/A Windermere, Cumbria	0:54:22
43.	1387	Matthew Lister	m		U/A Ulverston,	0:54:23
44.	1647	Andrew Taylor	m		U/A Bury,	0:54:41
45.	1574	Lance Saxby	m	Veteran 40	U/A Harrogate, North Yorkshire	0:54:53
46.	1762	Jonny Swiers	m	Veteran 40	U/A Bedale,	0:54:57
47.	1512	Dave Poole	m	Veteran 40	U/A Askam in Furness, Cumbria	0:55:03
48.	1571	Nathan Sansom	m		U/A LONDON,	0:55:08
49.	1246	Zoe Graham	f		Dumfries Running Club	0:55:11
50.	1755	Adam Wedgwood	m	Veteran 40	U/A Cockermouth,	0:55:14
51.	1316	David Hull	m	Veteran 50	U/A Nr Chorley, Lancashire	0:55:15
52.	1049	Deborah Barrett-Walsh	f	Lady Veteran 40	U/A Beckermet , Cumbria	0:55:25
53.	1666	John Turner	m	Veteran 40	Lancaster Runners	0:55:35
54.	1609	Chris Smith	m		Keswick AC	0:55:37
55.	1243	Cat Graham	f		U/A Carlisle ,	0:55:37
56.	1397	Bethan Lowe	f		U/A Manchester,	0:55:38
57.	1225	Steve Foreman	m	Veteran 40	Sedgefield Harriers	0:55:41
58.	1201	Robbie Edwards	m	Veteran 40	Southport running cluc	0:55:52
59.	1158	Mick Cull	m		Glaxo Hoad Hill Harriers	0:55:59
60.	1761	Ben Clarke	m	Veteran 40	Team Nidderdale	0:56:08
61.	1272	Jo Haigh	f	Lady Veteran 60	U/A Skipton, North Yorkshire	0:56:10
62.	1668	Desmond Varian	m	Veteran 60	U/A Carlisle, Cumbria	0:56:17
63.	1233	Scott Friend	m		Darwen Cricket Club	0:56:33
64.	1203	Simon Eggleston	m	Veteran 40	U/A Sunderland, Tyne & Wear	0:56:34
65.	1683	Paul Weal	m	Veteran 40	U/A Chipperfield, Hertfordshire	0:56:57
66.	1144	nick cook	m	Veteran 40	U/A carnforth, lincs	0:57:00
67.	1190	Mark Donohue	m	Veteran 40	U/A Leeds, West Yorkshire	0:57:03
68.	1282	Lorna Harper	f		Merseytri	0:57:05
69.	1184	Mark Dewell	m	Veteran 40	U/A Wilmslow,	0:57:10
70.	1720	Harvey Woods	m	Veteran 40	U/A Wilmslow,	0:57:11
71.	1537	ian revell	m		U/A west kirby, Merseyside	0:57:13
72.	1592	Stephanie Shaw	f		None	0:57:17
73.	1434	Andy Mellor	m	Veteran 40	U/A Sale,	0:57:32
74.	1451	terry moss	m	Veteran 40	U/A preston, lancashire	0:57:36
75.	1583	Oli Sergeant	m		U/A Kendal, Cumbria	0:57:46
76.	1332	Phill James	m	Veteran 40	U/A Preston, Lancashire	0:57:54
77.	1336	karen johnson	f	Lady Veteran 40	U/A Ulverston,	0:58:05

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
78.	1320	Gerard Hurst	m	Veteran 60	U/A Wigan,	0:58:05
79.	1610	Felicity Smith	f	Lady Veteran 40	Elswick	0:58:11
80.	1372	Andrew Laidlow	m	Veteran 40	U/A Wigton, Cumbria	0:58:16
81.	1263	Joe Grimwade	m		U/A Shap , Cumbria	0:58:21
82.	1679	Steve Watson	m	Veteran 50	U/A Gleaston, Ulverston	0:58:22
83.	1267	Michael Gudgeon	m	Veteran 40	U/A Settle, North Yorkshire	0:58:26
84.	1713	Paul Wilson	m	Veteran 50	U/A Durham, Durham	0:58:35
85.	1378	Jennifer Lapping	f	Lady Veteran 40	Jog on the Tyne	0:58:38
86.	1254	Julia Gray Carnaffin	f	Lady Veteran 50	Jog on the Tyne	0:58:38
87.	1324	Graham Ingham	m	Veteran 50	U/A Kirkham,	0:58:40
88.	1600	Frances Simpson	f	Lady Veteran 40	U/A Cononley, North Yorkshire	0:58:40
89.	1506	Gareth Phillips	m	Veteran 40	Gateshead harriers	0:58:50
90.	1578	Jake Schofield	m		U/A LIVERPOOL, Merseyside	0:58:51
91.	1413	Tony Mather	m	Veteran 50	U/A Stockport, Cheshire	0:58:52
92.	1687	Antony Weedall	m	Veteran 50	n/a	0:58:54
93.	1087	Meggan Bowman	f		U/A Carlisle , Cumbria	0:58:54
94.	1061	Ian Bell	m		U/A Carlisle,	0:59:06
95.	1363	Sally Kenyon	f		U/A Liverpool,	0:59:11
96.	1710	Mark Wilson	m	Veteran 40	Skipton Athlectics Club	0:59:12
97.	1770	Michael Ball	m	Veteran 40	u/a	0:59:17
98.	1235	James Gaffney	m		-	0:59:18
99.	1112	Freddy Careless	m		U/A Carnforth, Lancashire	0:59:19
100.	1138	Alastair Coldham	m	Veteran 50	Wirral Vikings TRC	0:59:31
101.	1538	Mags Revell	m	Veteran 40	None	0:59:32
102.	1095	Julian Brook	m	Veteran 40	U/A Grundisburgh,	0:59:35
103.	1625	Kevin Stead	m	Veteran 40	U/A Kendal,	0:59:37
104.	1563	Rebecca Rooke	f		Black Combe Runners	0:59:38
105.	1130	Simon Clarke	m	Veteran 40	Tri Lakeland	0:59:39
106.	1242	Ross Gourlay	m	Veteran 40	Roundhay Runners	0:59:41
107.	1056	David Bayliss	m		Red Rose Road Runners	0:59:43
108.	1037	David Ashworth	m	Veteran 60	U/A Bolton, Lancs	0:59:54
109.	1109	James Cameron	m		U/A Carlisle, Cumbria	1:00:10
110.	1259	Toby Gregory	m	Veteran 40	U/A Preston, Lancashire	1:00:17
111.	1408	Steven Marsh	m	Veteran 50	U/A Penrith, Cumbria	1:00:22
112.	1232	Mark Friend	m		U/A Manchester,	1:00:22
113.	1290	Phil Hayes	m	Veteran 50	Thornton Cleveleys	1:00:29
114.	1520	Gillian Pryor	f	Lady Veteran 40	Thornton Cleveleys Running Club	1:00:43
115.	1368	Cheryl King	f	Lady Veteran 40	U/A Barrow in Furness, Cumbria	1:00:55
116.	1009	N.N. 1009				1:00:58
117.	1629	Phil Stones	m	Veteran 60	U/A Cleator Moor, Cumbria	1:01:00
118.	1333	Stephen James	m	Veteran 40	Fylde Coast Runners	1:01:03
119.	1664	Kate Turnbull	f		U/A Kendal ,	1:01:20
120.	1194	Jennifer Duncan	f		U/A York, Yorkshire	1:01:26
121.	1435	Jane Mellor	f	Lady Veteran 40	U/A Bridge of Weir,	1:01:29
122.	1682	Alison Weal	f		U/A Chipperfield, Hertfordshire	1:01:30
123.	1335	David Johnson	m	Veteran 50	U/A Grasmere, Cumbria	1:01:41
124.	1052	Simon Barton	m	Veteran 60	Hoad Hill Harriers	1:01:56
125.	1539	Emma Reynolds	f		Riversway Roadrunners	1:01:57
126.	1758	Michael Brinkhuijsen	m		U/A Tarleton , Lancs	1:02:00
127.	1369	Laura Kirkham	f		riversway road runners	1:02:02
128.	1673	Matthew Walton	m		U/A Carlisle , Cumbria	1:02:03
129.	1101	steven burgess	m	Veteran 50	thornton cleveleys running club	1:02:10
130.	1447	James Moor	m		Nativeve	1:02:10
131.	1471	Anna Nolan	f	Lady Veteran 40	Ilkley Harriers	1:02:11
132.	1091	Helen Brant	f		Saltaire Striders	1:02:11
133.	1000	Graham Patten	m	Veteran 50		1:02:12
134.	1665	Jean Turner	f	Lady Veteran 50	Telford Harriers	1:02:19
135.	1113	Stephen Careless	m	Veteran 40	U/A Carnforth, Lancashire	1:02:20
136.	1207	Darren Entwistle	m	Veteran 40	U/A Bury , Lancashire	1:02:20
137.	1598	David Simmons	m	Veteran 40	Wirral vikings TRC	1:02:34
138.	1245	Stuart Graham	m	Veteran 50	U/A Dumfries,	1:02:45
139.	1476	Peter O'Grady	m	Veteran 60	Red Rose Road Runners	1:02:47
140.	1773	Sarah Burnett	f	Lady Veteran 50	U/A Kendal, Cumbria	1:02:55
141.	1383	Moir Leishman	f	Lady Veteran 40	U/A Kilmarnock, Ayrshire	1:03:00
142.	1183	Chris Devlin	m		U/A Manchester, LANCS	1:03:03
143.	1455	Karen Munnely	f	Lady Veteran 50	Riversway Road Runners	1:03:03
144.	1182	Greg Denwood	m	Veteran 50	U/A Carlisle, Cumbria	1:03:07
145.	1515	Joanne Preston	f	Lady Veteran 40	Wirral Vikings TRC	1:03:09
146.	1475	Peter Norton	m	Veteran 50	U/A York,	1:03:15
147.	1104	James Burt	m	Veteran 40	Stepping Stone Striders	1:03:31
148.	1485	Kate Orf	f		U/A LONDON, London	1:03:45
149.	1443	Richard Mitchell	m		U/A Kirkham, Lancashire	1:03:50
150.	1575	Sandra Scally	f		Carnethy Hill Runners	1:03:52
151.	1253	Julie Gray	f	Lady Veteran 50	n/a	1:03:54
152.	1774	mark wardley	m	Veteran 40	U/A preston, lancs	1:03:56
153.	1613	Susanne Smith	f	Lady Veteran 40	Leigh Harriers	1:04:15
154.	1145	David Cooke	m	Veteran 50	U/A Bowness,	1:04:17
155.	1410	Adam Mason	m		U/A Wigan,	1:04:18
156.	1535	Andrew Reid	m		U/A Merseyside,	1:04:20
157.	1711	Martin Wilson	m		U/A Warton, Lancashire	1:04:23

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
158.	1117	barrie carruthers	m	Veteran 50	U/A Carlisle, Cumbria	1:04:26
159.	1765	Peter Lane	m		U/A Newark, Nottinghamshire	1:04:33
160.	1274	Brian Hanley	m	Veteran 50	Red Rose Road Runners	1:04:38
161.	1092	Colin Briffett	m	Veteran 40	U/A Middleton, Lancashire	1:04:41
162.	1240	Kevin Gorman	m	Veteran 60	U/A Grange over sands, Cumbria	1:05:06
163.	1022	Louise Addy	f		U/A Kendal, Cumbria	1:05:07
164.	1343	Christina Jones	f		U/A Birmingham, West Midlands	1:05:10
165.	1337	Stephen Johnson	m	Veteran 40	U/A Harrogate, North Yorkshire	1:05:12
166.	1281	Karyn Harper	f	Lady Veteran 50	Yorkshire Wolds Runners	1:05:20
167.	1349	Michael Jones	m	Veteran 50	U/A Carnforth, Lancashire	1:05:22
168.	1618	Matt Spaulding	m		U/A Preston, United Kingdom	1:05:24
169.	1008	N.N. 1008				1:05:31
170.	1264	Jo Grisedale	f	Lady Veteran 40	Team inov-8.com	1:05:32
171.	1499	Lisa Pattison	f	Lady Veteran 40	Stockton Striders AC	1:05:37
172.	1268	Lisa Guenther	f		U/A Lancaster,	1:05:41
173.	1108	Ian Cameron	m	Veteran 50	U/A Fleetwood, Lancashire	1:05:51
174.	1623	Adam Stanley	m		U/A Southport, Merseyside	1:05:58
175.	1055	Val Baxter	f	Lady Veteran 50	Birtley AC	1:06:04
176.	1050	Sarah Barry	f		U/A Kilbarchan,	1:06:13
177.	1599	Nicola Simmons	f	Lady Veteran 40	Wirral vikings TRC	1:06:16
178.	1135	Richard Clements	m	Veteran 40	U/A Manchester,	1:06:16
179.	1603	Tessa Singh	f	Lady Veteran 40	U/A Manchester ,	1:06:17
180.	1452	Zoe Moss	f	Lady Veteran 40	U/A Manchester,	1:06:17
181.	1051	Sally Barton	f	Lady Veteran 50	Hoad Hill Harriers	1:06:18
182.	1440	Kirstie Miller	f	Lady Veteran 40	U/A Hexham,	1:06:19
183.	1766	Wendy Butler	f		U/A Carlisle, Cumbria	1:06:19
184.	1238	Alexandra Gill	f		U/A Barrow-in-Furness, Cumbria	1:06:26
185.	1693	Lisa Whiteley	f		LWhiteley-Personal Training	1:06:29
186.	1033	Shelley Aplin	f		U/A Kendal, Cumbria	1:06:34
187.	1032	Liam Aplin	m	Veteran 40	U/A Cockermouth, Cumbria	1:06:35
188.	1626	Craig Stephenson	m	Veteran 40	U/A Leeds,	1:06:35
189.	1399	Stewart Macfarlane	m		U/A Hawarden, Flintshire	1:06:37
190.	1155	Matt Cross	m	Veteran 40	U/A Wolverhampton,	1:06:41
191.	1064	Clare Bellis-Jones	f		U/A Barrow In Furness, Cumbria	1:06:43
192.	1356	Robert Kearsley	m	Veteran 50	U/A Hexham, Northumberland	1:06:43
193.	1065	Paul Bellis-Jones	m		U/A Barrow In Furness, Cumbria	1:06:44
194.	1424	Nigel McIntyre	m	Veteran 50	U/A Longton, Lancashire	1:06:45
195.	1605	bridget slater	f	Lady Veteran 50	U/A Skipton, N Yorks	1:06:45
196.	1085	David Bowden	m		Darwen Cricket Club	1:06:47
197.	1341	Angela Jones	f	Lady Veteran 40	U/A Kendal, Cumbria	1:06:48
198.	1199	john edge	m	Veteran 60	none	1:06:52
199.	1473	Tracy Norman	f	Lady Veteran 50	Wirral Vikings TRC	1:06:54
200.	1662	AUSTIN TRELFA	m	Veteran 60	Red Rose Road Runners	1:06:54
201.	1311	Julie Houghton	f	Lady Veteran 40	Mossley Hill athletic club	1:06:56
202.	1296	Gill Hindle	f	Lady Veteran 40	Jog on the Tyne	1:06:58
203.	1663	Angie Trippitt	f	Lady Veteran 50	Kendal Tri Club	1:07:00
204.	1234	Philip Fry	m		U/A Manchester ,	1:07:00
205.	1308	Fran Horne	f	Lady Veteran 40	U/A Grange over Sands,	1:07:01
206.	1079	alyson blakeley	f	Lady Veteran 40	roundhay runners	1:07:06
207.	1767	Ruth Ramsdale	f		U/A Preston,	1:07:07
208.	1160	olwen cunningham	f	Lady Veteran 40	St Bees triers	1:07:15
209.	1131	gary clay	m	Veteran 50	U/A huddersfield, west yorkshire	1:07:16
210.	1212	Lorna Evans	f		U/A Preston, Lancashire	1:07:18
211.	1157	Michael Crozier	m	Veteran 50	U/A Colne,	1:07:19
212.	1322	Chris Hutchinson	m	Veteran 60	U/A Nr Hull, East Yorkshire	1:07:21
213.	1310	Helen Horton	f	Lady Veteran 50	U/A Otley ,	1:07:25
214.	1484	Stuart Oram	m	Veteran 40	U/A Manchester, Manchester	1:07:27
215.	1532	Andy Rankine	m	Veteran 40	U/A Chorley, Lancashire	1:07:30
216.	1390	Sarah Lockett	f		U/A Frodsham , Cheshire	1:07:33
217.	1642	Nicola Swann	f	Lady Veteran 40	U/A Leeds, West Yorkshire	1:07:33
218.	1287	Michelle Hart	f		U/A Stockton on tees, Cleveland	1:07:43
219.	1411	Scott Mason	m	Veteran 40	U/A Wigan, Lancashire	1:07:45
220.	1586	Robert Shanahan	m	Veteran 50	Wirral Viking	1:07:46
221.	1730	Glyn McGovern	m	Veteran 50	U/A Altrincham	1:07:49
222.	1632	Lucy Stubbs	f		U/A LIVERPOOL, Merseyside	1:07:50
223.	1094	Mark Britton	m	Veteran 50	Border Harriers	1:07:52
224.	1463	Wendy Navin	f	Lady Veteran 40	Cumberland AC	1:07:52
225.	1631	Emma Streets	f		U/A London,	1:07:53
226.	1771	David Beuzeval	m	Veteran 40	RED	1:08:02
227.	1306	Deborah Hope	f	Lady Veteran 40	U/A Carlisle , Cumbria	1:08:06
228.	1173	Martin Davies	m	Veteran 50	U/A Settle, North Yorkshire	1:08:06
229.	1023	Jo Adshead	f	Lady Veteran 40	Me	1:08:11
230.	1525	Christopher Pye	m	Veteran 60	U/A LIVERPOOL, Merseyside	1:08:13
231.	1970	Caroline McDonald	f	Lady Veteran 40		1:08:16
232.	1648	Jane Taylor	f	Lady Veteran 40	Women on the Run - Preston	1:08:19
233.	1700	Claire Williams	f	Lady Veteran 50	Eryri Harriers	1:08:19
234.	1696	Dorinda Wignall	f		Ulverston Triathlon club	1:08:21
235.	1697	Oliver Wignall	m	Veteran 40	U/A Grange over sands , Cumbria	1:08:21
236.	1054	Steve Bates	m	Veteran 60	Mossley AFC Running Club	1:08:21
237.	1053	Paul Bates	m	Veteran 40	Mossley AFC Running Club	1:08:21

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238.	1651	gary thacker	m	Veteran 50	U/A mkt harborough, leics	1:08:23
239.	1652	Holly Thacker	f		U/A Market Harborough, Leicestershire	1:08:24
240.	1303	Michael Holland	m		U/A Stockport,	1:08:25
241.	1757	paul jackson	m		U/A widnes, cheshire	1:08:25
242.	1168	Jon Davidson	m	Veteran 50	U/A Warrington,	1:08:36
243.	1645	Katie Syrett	f	Lady Veteran 40	U/A Manchester , Greater Manchester	1:08:40
244.	1573	Josie Saville	f		U/A Stockport,	1:08:40
245.	1174	Reece Davies	m		DCC	1:08:53
246.	1503	Thomas Pearson	m		U/A Grange Over Sands, Cumbria	1:08:56
247.	1107	Sue Cash	f	Lady Veteran 60	Wirral Vikings TRC	1:08:57
248.	1227	Jenny Foster	f		U/A Manchester,	1:08:58
249.	1577	Belinda Schofield	f	Lady Veteran 50	U/A Manchester,	1:08:58
250.	1058	mhairi beattie	f		langholm primary	1:09:01
251.	1534	ROB Rastelli	m	Veteran 40	U/A Ulverston, Cumbria	1:09:09
252.	1097	Tracy Brown	f	Lady Veteran 40	Sedgefield Harriers	1:09:20
253.	1659	Nichola Tomkow	f		U/A Newton-le-Willows, Merseyside	1:09:21
254.	1416	Abigail McAninly	f	Lady Veteran 40	Durham	1:09:28
255.	1222	Katie Flanagan	f		U/A Morecambe , Lancashire	1:09:29
256.	1641	Matthew Swann	m		St Helens Striders	1:09:33
257.	1635	Rachel Summers	f	Lady Veteran 40	U/A Preston,	1:09:51
258.	1211	Kate Evans	f		U/A Kendal, Cumbria	1:09:55
259.	1208	Amanda Epstein	f		U/A Newton-le-willows, Merseyside	1:10:03
260.	1331	sandre jackson	f	Lady Veteran 50	U/A congleton, cheshire	1:10:04
261.	1376	Sally Lambert	f	Lady Veteran 50	U/A Ambleside, Cumbria	1:10:08
262.	1497	Julie Paton	f	Lady Veteran 40	U/A Preston, Lancashire	1:10:09
263.	1330	malcolm jackson	m	Veteran 50	U/A congleton, cheshire	1:10:14
264.	1726	Pauline Wright	f	Lady Veteran 50	Jog on the Tyne	1:10:23
265.	1680	nicola watt	f	Lady Veteran 40	U/A hexham,	1:10:24
266.	1681	stephen watt	m	Veteran 50	U/A hexham, northumberland	1:10:24
267.	1041	Nicky Ball	f	Lady Veteran 50	U/A Bolton , Lancashire	1:10:33
268.	1338	Vicky Johnston	f	Lady Veteran 40	St Bees Triers	1:10:43
269.	1261	jeanette grimes	f	Lady Veteran 50	U/A prescot, merseyside	1:10:46
270.	1111	Fiona Campbell	f		U/A London,	1:10:49
271.	1367	Lizzy Kidd	f		Head Torches	1:10:51
272.	1704	Deborah Williams	f	Lady Veteran 40	Jog on the Tyne	1:10:52
273.	1764	Margaret Dixon	f	Lady Veteran 50	U/A Redcar,	1:10:58
274.	1524	Alison Pye	f		U/A Kendal, Cumbria	1:11:03
275.	1660	Adam Townsend	m		U/A Radstock,	1:11:05
276.	1585	Rachel Seymour Mead	f	Lady Veteran 40	U/A Manchester, Manchester	1:11:05
277.	1404	Nikky Majtanova	f		U/A Lostock Hall, Lancashire	1:11:05
278.	1752	Michael Gray	m	Veteran 40	Thornton and cleveleys RC	1:11:07
279.	1674	Hazel Ward	f	Lady Veteran 60	Jog on the Tyne	1:11:08
280.	1081	Jo Bonham	f	Lady Veteran 50	U/A Barrow in Furness, Cumbria	1:11:09
281.	1487	Simon Osmond	m	Veteran 40	U/A Carnforth, Lancashire	1:11:10
282.	1038	Jo Ayaz	f	Lady Veteran 40	U/A Heswall, Wirral	1:11:12
283.	1636	Sara Summers	f	Lady Veteran 50	U/A Preston,	1:11:13
284.	1257	Karen Green	f	Lady Veteran 40	U/A Neston, Cheshire	1:11:17
285.	1540	John Reynolds	m	Veteran 50	U/A Wigton, Cumbria	1:11:18
286.	1357	Heather Keiller	f	Lady Veteran 40	U/A Penrith , Cumbria	1:11:20
287.	1474	Angela Norton	f	Lady Veteran 40	U/A York,	1:11:24
288.	1593	Roger Shearer	m	Veteran 50	U/A Kendal, Cumbria	1:11:28
289.	1513	richard popple	m	Veteran 40	U/A Sheffield, South Yorkshire	1:11:34
290.	1278	Simon Hanson-Hamilton	m	Veteran 40	U/A Preston,	1:11:35
291.	1558	Thomas Roe	m	Veteran 40	U/A Worcester,	1:11:35
292.	1514	Daniel Pressler	m		U/A Bolton, Lancashire	1:11:37
293.	1569	Sarah Sandell	f		U/A Richmond, North Yorkshire	1:11:41
294.	1555	Aimee Roblin	f		U/A Richmond, North Yorkshire	1:11:41
295.	1482	Martin O'Neill	m	Veteran 40	U/A Liverpool, Merseyside	1:11:41
296.	1105	James Butler	m		Red Rose Road Runers	1:11:43
297.	1529	Tricia Radcliffe	f	Lady Veteran 50	St Bees Triers	1:11:43
298.	1620	Nicole Spibey	f		U/A Cartmel ,	1:11:44
299.	1430	Jessica Mclinden	f		U/A Liverpool, Merseyside	1:11:45
300.	1694	Melissa Whitworth	f	Lady Veteran 40	manchester frontrunners	1:11:46
301.	1075	Tracy Berry	f		Skelmersdale Harriers	1:11:48
302.	1025	James Airey	m		U/A Kendal,	1:11:52
303.	1046	Rachel Barnard	f		U/A Workington, Cumbria	1:12:00
304.	1060	Alison Belford	f	Lady Veteran 50	Formby Stormers	1:12:18
305.	1702	Jenny Williams	f	Lady Veteran 50	U/A Formby, Merseyside	1:12:19
306.	1191	Martin Donohue	m		U/A Wigan , Lancs	1:12:20
307.	1247	Carol Graham	f	Lady Veteran 50	U/A Dumfries,	1:12:22
308.	1307	Sarah Hopkins	f	Lady Veteran 40	U/A Preston, Lancs	1:12:25
309.	1209	Mark Etherington	m	Veteran 40	U/A Preston, Lancs	1:12:25
310.	1677	Melanie Waszkiel	f	Lady Veteran 40	U/A Heversham,	1:12:27
311.	1698	Johnny Wild	m	Veteran 50	Lytham St Anne's road runners	1:12:29
312.	1511	caleb polley	m	Veteran 40	U/A Stockport,	1:12:37
313.	1362	Rosie Kenyon	f		U/A Liverpool,	1:12:48
314.	1381	Jill Leader	f	Lady Veteran 50	U/A Kendal , Cumbria	1:12:52
315.	1189	Helen Donohue	f		U/A Wigan, Lancs	1:12:54
316.	1432	Janine McNeill	f	Lady Veteran 40	Glaxo Hoad Hill Harriers	1:12:54
317.	1388	Paul Littlefield	m	Veteran 50	U/A Bolton,	1:12:56

Lakeland Trails in Cartmel

Cartmel Trail Run 10km

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
318.	1615	Neil Southern	m	Veteran 50	U/A Frodsham,	1:12:56
319.	1508	Maria Piacentini	f	Lady Veteran 40	Batala Mountain Drummers	1:13:01
320.	1658	Alana Tinsley	f		U/A Preston, Lancashire	1:13:02
321.	1562	Kate Rollason	f		U/A Skipton, North Yorkshire	1:13:04
322.	1175	Ana Dawson	f		U/A Peel,	1:13:05
323.	1141	shane collins	m	Veteran 50	red rose road runners	1:13:05
324.	1073	Phil Berry	m		U/A Ormskirk ,	1:13:08
325.	1676	Jonathan Washington	m		U/A Dalton-in-Furness, Cumbria	1:13:08
326.	1501	Louise Peake	f	Lady Veteran 40	U/A Liverpool, Merseyside	1:13:13
327.	1153	Rebecca Crellin	f		U/A Frizington, Cumbria	1:13:19
328.	1347	Jacq Charles	m	Veteran 40	Wirral Vikings TRC	1:13:20
329.	1690	Debby Whitby	f	Lady Veteran 40	U/A Carlisle, Cumbria	1:13:24
330.	1689	Jacqui Weston	f	Lady Veteran 40	Ilkley Harriers	1:13:27
331.	1258	Nicholas green	m		U/A penrith, cumbria	1:13:29
332.	1622	William Staniard	m	Veteran 50	Stockport Tri Club	1:13:31
333.	1701	Irene Williams	f	Lady Veteran 40	U/A Coventry, West Midlands	1:13:44
334.	1149	Peter Cornwall	m		U/A Lancaster,	1:13:46
335.	1244	DIANE GRAHAM	f	Lady Veteran 40	DH RUNNERS	1:13:49
336.	1448	Heather Moorhouse	f		Women on the Run-Kendal	1:13:49
337.	1076	Claire Bescoby	f	Lady Veteran 40	Helm hill	1:13:54
338.	1374	Darren Lamb	m	Veteran 40	U/A Preston, Lancashire	1:14:00
339.	1297	Rachel Hindle	f	Lady Veteran 40	U/A Grange-over-Sands, Cumbria	1:14:11
340.	1154	Rachael Croft	f		U/A Didsbury, Manchester	1:14:16
341.	1470	Stephen Noble	m	Veteran 40	MRG	1:14:21
342.	1370	Zoe Kitchen	f		U/A morecambe,	1:14:28
343.	1162	catherine cuthbert	f	Lady Veteran 40	wallasey ac	1:14:35
344.	1621	Alison Spiby	f	Lady Veteran 40	U/A Windermere, Cumbria	1:14:39
345.	1737	Catherine Higson	f		U/A Keswick	1:14:45
346.	1760	Victoria Hamilton	f		U/A Ramsbottom, Lancs	1:14:47
347.	1122	Emma Cattermole	f	Lady Veteran 40	Women on the Run	1:14:50
348.	1342	Angela Jones	f	Lady Veteran 40	St Helens Striders	1:14:57
349.	1071	Kristen Berry	f	Lady Veteran 40	U/A Sheffield ,	1:14:59
350.	1412	Lisa Mather	f	Lady Veteran 40	U/A Stockport, Cheshire	1:15:06
351.	1099	Rachel Brownsmith	f		U/A Lancaster,	1:15:17
352.	1754	Ruth Deakin	f	Lady Veteran 40	U/A Bury,	1:15:21
353.	1481	Penny Oliver	f	Lady Veteran 40	U/A Penrith, Cumbria	1:15:22
354.	1398	Sarah Lweis-Briggs	f	Lady Veteran 50	Head Torches around the Tarn - Brampton	1:15:22
355.	1601	Jen Simpson	f		U/A Wirral, Merseyside	1:15:26
356.	1530	David Rainger	m	Veteran 40	U/A Wigan, Lancashire	1:15:31
357.	1121	David Cassels	m	Veteran 50	Rocktart Runners	1:15:36
358.	1260	Rachel Griffiths	f	Lady Veteran 40	U/A Altrincham,	1:15:43
359.	1309	Gill Horne	f	Lady Veteran 60	Biddulph Running Club	1:15:45
360.	1354	Nicola Kay	f	Lady Veteran 40	Horwich RMI Harriers	1:15:46
361.	1114	Lynne Carmichael	f	Lady Veteran 50	Run in Wirral	1:15:51
362.	1486	Tony Orr	m	Veteran 50	U/A burton in kendal, cumbria	1:16:00
363.	1312	Emma Houlihan	f		U/A Windermere, Cumbria	1:16:04
364.	1479	Geraldine O'Kane	f		U/A Glasgow,	1:16:05
365.	1428	Jim Mclean	m	Veteran 60	Red Rose Road Runners	1:16:06
366.	1024	paula ainsley	f	Lady Veteran 40	U/A york, north yorkshire	1:16:09
367.	1317	James Humphreys	m	Veteran 40	U/A Bury,	1:16:10
368.	1667	Julia Twist	f		U/A Kendal , Cumbria	1:16:13
369.	1250	Nicky Graves	f	Lady Veteran 50	Batala Drummers	1:16:15
370.	1047	David Barnes	m	Veteran 50	Red Rose	1:16:18
371.	1507	Peter Phillips	m	Veteran 70	Loftus and Whitby AC	1:16:23
372.	1715	Elizabeth Wilson-Lagan	f		Crosby Stormers	1:16:24
373.	1417	Fiona McAuley	f	Lady Veteran 50	U/A Manchester, Greater Manchester	1:16:34
374.	1456	Fran Murray	f		U/A Manchester,	1:16:43
375.	1544	Anthony Richardson	m		U/A Altrincham,	1:16:44
376.	1545	Lucy Richardson	f		U/A Altrincham ,	1:16:44
377.	1067	Karen ann Bennett	f	Lady Veteran 40	walney wind cheetahs	1:16:45
378.	1650	Sharon Taylor	f	Lady Veteran 50	walney wind cheetahs	1:16:48
379.	1492	Gary Pargeter	m	Veteran 50	U/A Northwich, Cheshire	1:16:48
380.	1393	Clare Long	f		U/A Whitehaven,	1:16:54
381.	1239	Laura Gilmour	f		Kings Heath Running Club	1:16:55
382.	1504	Rachel Penrice	f		U/A Kendal, Cumbria	1:16:59
383.	1026	Sarah Airey	f		U/A Kendal,	1:16:59
384.	1688	Temesgen Weldegebriel	f		U/A Brighouse ,	1:16:59
385.	1044	Sharna Bannister	f		U/A Preston, Lancashire	1:17:04
386.	1292	Julie Henworth	f	Lady Veteran 40	U/A Lancaster,	1:17:17
387.	1706	Alison Wilson	f	Lady Veteran 40	U/A Summerbridge,	1:17:18
388.	1724	Jessica Wormald	f		U/A York, Yorkshire	1:17:26
389.	1252	Natalie Gray	f		U/A Warrington,	1:17:27
390.	1205	Kate Elliott	f		U/A Manchester,	1:17:27
391.	1502	Chris Pearson	m	Veteran 50	U/A Grange Over Sands, Cumbria	1:17:30
392.	1510	Sarah Plowman	f	Lady Veteran 40	U/A Swindon,	1:17:35
393.	1521	Richard Pugh	m	Veteran 40	Tri Preston	1:17:41
394.	1148	Emma Cooper	f	Lady Veteran 40	U/A Preston, Lancashire	1:17:44
395.	1255	Lorraine Grayston	f	Lady Veteran 50	U/A Preston, Lancs	1:17:44
396.	1280	Philip Harland	m	Veteran 50	U/A Warrington, Cheshire	1:17:56
397.	1608	Andy Smith	m	Veteran 40	Victoria Park Running Club	1:17:56

Lakeland Trails in Cartmel

Cartmel Trail Run 10km

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
398.	1403	Kate Macpherson	f	Lady Veteran 40	Elvet Striders	1:18:05
399.	1516	Katherine Preston	f	Lady Veteran 40	U/A Sacriston, Durham	1:18:05
400.	1328	Gill Jackson	f	Lady Veteran 60	Jog on the Tyne	1:18:17
401.	1270	marie guttridge	f	Lady Veteran 40	U/A Liverpool, Merseyside	1:18:18
402.	1419	Jeanette Mccormack	f	Lady Veteran 50	Kirkby Stormers	1:18:19
403.	1460	Theresa Murray	f	Lady Veteran 50	U/A Crook, Cumbria	1:18:26
404.	1639	Paul Sutton	m	Veteran 40	U/A Manchester,	1:18:34
405.	1560	Lisa Rogers	f	Lady Veteran 40	U/A Little sutton, Cheshire	1:18:35
406.	1348	Kate Jones	f	Lady Veteran 50	U/A Eccles,	1:18:36
407.	1453	Carol Mossop	f	Lady Veteran 50	Dumfries Running Club	1:18:39
408.	1714	Penny Wilson	f		U/A COCKERMOUTH,	1:18:39
409.	1295	Ben Higginson	m	Veteran 60	Preston Harriers	1:18:52
410.	1407	Nicky Marsh	f	Lady Veteran 40	U/A Catterall, Lancs	1:18:54
411.	1327	Mahfuzul Islam	m	Veteran 40	U/A Sabden,	1:19:04
412.	1082	Clair Bonner	f	Lady Veteran 40	U/A Keighley, West Yorkshire	1:19:16
413.	1712	Michelle Wilson	f	Lady Veteran 40	Warrington Running Club	1:19:32
414.	1198	Rachel Eastham	f		U/A Dalton-in-Furness, Cumbria	1:19:48
415.	1323	Mark Hutchinson	m		U/A Hull,	1:19:56
416.	1628	Graham Stevenson	m	Veteran 60	U/A euxton chorley, Lancashire	1:19:58
417.	1439	Ian Miller	m	Veteran 50	Stevenson's rockets	1:19:59
418.	1285	Kathryn Harrison	f	Lady Veteran 40	U/A Carnforth, Lancashire	1:20:00
419.	1446	Anne Molloy	f	Lady Veteran 60	U/A Halifax, West Yorkshire	1:20:03
420.	1415	Briony Mawson	f	Lady Veteran 50	U/A Tadcaster, North Yorkshire	1:20:06
421.	1150	Sarah cowdell	f	Lady Veteran 50	U/A Huddersfield, west yorks	1:20:06
422.	1649	Katie Taylor	f		U/A Cramlington, Northumberland	1:20:51
423.	1346	Heidi Jones	f		U/A Carnforth, Lancashire	1:21:06
424.	1483	Sarah Oram	f	Lady Veteran 40	Chorlton Runners	1:21:12
425.	1457	Leanne Murray	f		U/A Sale, Cheshire	1:21:13
426.	1352	Amrit Kaur	f	Lady Veteran 40	U/A Manchester ,	1:21:13
427.	1459	Sam Murray	m		U/A Manchester,	1:21:21
428.	1248	Cressida Graves	f	Lady Veteran 50	U/A Lancaster, Lancashire	1:21:29
429.	1454	Jane Mulcrone	f	Lady Veteran 40	Penny Lane Striders	1:21:30
430.	1344	Claire Jones	f		U/A Gomersal, West Yorkshire	1:21:34
431.	1708	Louise Wilson	f		U/A Carlisle,	1:21:35
432.	1617	Tracey Sowerby	f	Lady Veteran 50	DH RUNNERS	1:21:39
433.	1256	angela green	f		U/A penrith, cumbria	1:21:46
434.	1384	Jennifer Lewis	f	Lady Veteran 40	U/A Manchester,	1:21:52
435.	1703	Laura Williams	f	Lady Veteran 40	U/A Harrogate,	1:21:58
436.	1143	Grace Cook	f		U/A BARROW-IN-FURNESS,	1:22:05
437.	1142	Elizabeth Cook	f		U/A Northwich, Cheshire	1:22:05
438.	1380	Sophie Lawson	f		U/A Melrose,	1:22:06
439.	1366	Imran Khan	m		U/A Accrington, Lancashire	1:22:17
440.	1450	Lizzie Morley	f		U/A Ambleside, Cumbria	1:22:23
441.	1294	Donna Higgins	f	Lady Veteran 40	U/A Wigan , Lancashire	1:22:54
442.	1749	Catherine Cannon	f		Wirral Vikings	1:22:55
443.	1495	Hannah Parmley	f		Roundhay Runners	1:23:11
444.	1611	James Smith	m		U/A Congleton,	1:23:12
445.	1653	Sharon Thomas	f	Lady Veteran 50	U/A Chapels, Kirkby in Furness	1:23:12
446.	1491	simpson ovans	m	Veteran 40	U/A malvern,	1:23:14
447.	1161	susan cunningham	f	Lady Veteran 50	U/A manchster, Greater Manchester	1:23:28
448.	1546	Carolyn Rigby	f	Lady Veteran 50	Widnes Wasps	1:23:30
449.	1375	Kathryn Lamb	f	Lady Veteran 50	U/A Carnforth , Lancashire	1:24:04
450.	1423	Lynda McIntyre	f	Lady Veteran 50	U/A Longton, Lancashire	1:24:11
451.	1634	Torrie Sullivan	f		U/A Brampton, Cumbria	1:24:19
452.	1302	Amanda Hogge	f		U/A Isle of Arran, Ayrshire	1:24:31
453.	1582	Isla Senior	f	Lady Veteran 40	RED	1:24:33
454.	1551	Catherine Roberts	f		U/A Settle, N Yorkshire	1:24:40
455.	1678	David Watson	m	Veteran 50	Red rose Road runners	1:24:42
456.	1231	Tom French	m		U/A Skipton, North Yorkshire	1:24:44
457.	1048	Jenni Barrett	f	Lady Veteran 40	U/A Ribchester, Lancashire	1:24:52
458.	1249	Gillian Graves	f	Lady Veteran 50	U/A York, North Yorkshire	1:24:53
459.	1550	Andrew Roberts	m	Veteran 50	U/A Leeds,	1:25:04
460.	1431	Joanne Mclinden	f	Lady Veteran 40	U/A Liverpool, Merseyside	1:25:06
461.	1493	laura park	f	Lady Veteran 40	U/A lyth,	1:25:08
462.	1494	mariann park	f	Lady Veteran 50	U/A crook,	1:25:08
463.	1462	shelley myers	f		U/A millom, cumbria	1:25:11
464.	1193	Rosie Dowe	f		U/A Leeds,	1:25:21
465.	1180	Sabina Delcassian	f		U/A London,	1:25:21
466.	1179	Derfogaill Delcassian	f		U/A Cheshire,	1:25:21
467.	1027	Charlotte Alston	f	Lady Veteran 40	U/A Gateshead, Tyne and Wear	1:25:24
468.	1028	Emily Alston	f	Lady Veteran 40	U/A Gateshead, Tyne and Wear	1:25:24
469.	1276	Gill Hannay	f		U/A Rossendale, Lancashire	1:25:33
470.	1221	Christina Flanagan	f		U/A Rossendale, Lancashire	1:25:33
471.	1718	Carole Wood	f	Lady Veteran 50	U/A Kendal, Cumbria	1:26:10
472.	1768	Martha Laxton-Kane	f	Lady Veteran 40	Milltown Milers	1:26:15
473.	1594	Nicky Shepherd	f	Lady Veteran 40	U/A Blackpool, LANCASHIRE	1:26:18
474.	1039	Miriam Bailey	f	Lady Veteran 50	Trawden Athletic	1:26:39
475.	1638	Jeanette Sutcliffe	f	Lady Veteran 50	Trawden Athletic	1:26:39
476.	1169	Lesley Davidson	f	Lady Veteran 60	Horwich RMI Harriers	1:26:53
477.	1751	Jim Dean	m	Veteran 70	U/A Kendal, Cumbria	1:26:55

Lakeland Trails in Cartmel

Cartmel Trail Run 10km

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
478.	1402	Fiona Macleod	f	Lady Veteran 50	U/A Lancaster,	1:27:01
479.	1288	Sarah Hastie	f		U/A Shap, Cumbria	1:27:01
480.	1129	Fiona Clarke	f		U/A Maryport, Cumbria	1:27:04
481.	1326	Elizabeth Islam	f		U/A Sabden,	1:27:06
482.	1176	Marie Dawson	f	Lady Veteran 40	U/A Peel,	1:27:07
483.	1441	Heather Minshull	f	Lady Veteran 40	U/A Bolton,	1:27:16
484.	1490	helen Ovans	f		Stowmarket Striders	1:27:22
485.	1083	Helen Borking	f	Lady Veteran 50	Women on the Run	1:27:22
486.	1500	Lisa Paxton	f	Lady Veteran 40	Women on the Run	1:27:23
487.	1237	Helene Ghosh	f	Lady Veteran 40	U/A Gomersal,	1:27:26
488.	1746	Niki Stockton	f	Lady Veteran 50	U/A Manchester	1:27:28
489.	1057	Alison Beardmore	f	Lady Veteran 50	Cheshire Hash House Harriers	1:27:29
490.	1436	Alice Melville	f	Lady Veteran 40	U/A Newcastle upon Tyne,	1:27:36
491.	1526	Eliza Pye	f		U/A Liverpool, Merseyside	1:27:39
492.	1719	Iain Wood	m	Veteran 40	U/A Ormskirk, Lancashire	1:27:39
493.	1164	Helen Daintree	f	Lady Veteran 40	U/A Dalton-in-Furness, Cumbria	1:27:41
494.	1695	Kirsty Wicks	f	Lady Veteran 40	N/A	1:27:41
495.	1273	Jo Hall	f	Lady Veteran 40	U/A Carnforth, Lancashire	1:27:52
496.	1269	Fiona Gutteridge	f		Red Rose Road Runners	1:28:46
497.	1170	Amy Davies	f		U/A Settle, North Yorkshire	1:28:52
498.	1271	Lenka Habsudova	f		U/A Manchester, Lancashire	1:28:52
499.	1729	Roisin Black	f		U/A Skipton	1:28:53
500.	1547	Ian Rigby	m	Veteran 50	U/A Widnes, Cheshire	1:29:00
501.	1640	Suzanne Sutton	f	Lady Veteran 50	U/A Kirkby Lonsdale, Lancs	1:29:12
502.	1756	Julie Rooney	f	Lady Veteran 40	Wesham road runners	1:29:15
503.	1548	Sue Rigby	f	Lady Veteran 40	Wesham Road Runners	1:29:15
504.	1661	Alan Townsend	m	Veteran 70	U/A Radstock,	1:29:38
505.	1146	Patricia Coombe	f	Lady Veteran 50	U/A Carlisle, Cumbria	1:29:43
506.	1093	Laura Britton	f	Lady Veteran 50	Head torches around the Tarn	1:29:43
507.	1156	Alison Crossley	f	Lady Veteran 50	U/A Carnforth, Cumbria	1:29:58
508.	1527	Christopher Pyke	m	Veteran 40	U/A Manchester,	1:30:27
509.	1734	Pauline Nelson	f	Lady Veteran 50	U/A Hoghton, Preston	1:30:40
510.	1214	linda farquhar	f	Lady Veteran 70	st bees triers	1:30:47
511.	1185	Phil Dixon	m	Veteran 50	U/A Redcar,	1:30:56
512.	1438	Allyson Miller	f	Lady Veteran 40	U/A Chorley, Lancashire	1:31:01
513.	1747	Lisa Whitehead	f	Lady Veteran 50	U/A Manchester	1:31:32
514.	1120	Matt Cartwright	m	Veteran 40	U/A Preston, Lancashire	1:31:37
515.	1186	Bev Dodd	f	Lady Veteran 40	U/A Lancaster, Lancashire	1:31:53
516.	1069	Amanda Berry	f	Lady Veteran 50	Red Rose Road Runners	1:31:54
517.	1086	davina bowling	f	Lady Veteran 70	redrose road runners	1:31:54
518.	1396	Michael Lord	m	Veteran 50	Beeston AC	1:32:25
519.	1395	Julie Lord	f	Lady Veteran 50	Beeston AC	1:32:25
520.	1646	Lucy Tasker	f		WeRunLiv	1:33:14
521.	1612	Sue Smith	f	Lady Veteran 50	U/A Morecambe, Lancs	1:33:41
522.	1266	Jayne Grzywna	f	Lady Veteran 40	U/A Preston, Lancs	1:35:38
523.	1716	Jacqueline Winslow	f		Red Rose Road Runners	1:35:53
524.	1132	Wyn Clayton	f	Lady Veteran 70	Women on the Run	1:36:21
525.	1750	Edwina Rickards-Collinson	f	Lady Veteran 50	Crocwalkers	1:37:48
526.	1030	Emma Andrews	f		U/A Carlisle, Cumbria	1:37:48
527.	1581	Laura Scott	f		Red rose road runners	1:38:33
528.	1427	Dawn McLean	f	Lady Veteran 50	Red Rose Road Runners	1:38:34
529.	1523	sylwia pyciak	f		U/A workington, cumbria	1:38:56
530.	1466	Emma Nicholls	f		U/A Millom, Cumbria	1:39:23
531.	1133	Jo Cleary	f	Lady Veteran 40	none	1:39:24
532.	1110	Carol Campbell	f	Lady Veteran 60	U/A Grange over Sands, Cumbria	1:40:27
533.	1219	Gillian Finn	f	Lady Veteran 50	Nordic Walking Preston	1:40:35
534.	1116	Dot Carr	f	Lady Veteran 70	U/A harrogate, yorkshire	1:40:36
535.	1300	maddi hodgson	f	Lady Veteran 50	Victoria Park Running Club	1:40:36
536.	1045	Tex Barker	m	Veteran 50	VPRC	1:40:36
537.	1567	Eileen Rutter	f	Lady Veteran 60	U/A Warrington , Cheshire	1:40:36
538.	1139	Tracey Coleman	f	Lady Veteran 40	VPRC	1:40:36
539.	1089	Karen Braddon	f	Lady Veteran 60	Crocwalkers	1:40:46
540.	1392	Tracy Lonergan Cooke	f	Lady Veteran 40	U/A Bowness, Cumbria	1:41:05
541.	1313	J Howard	m	Veteran 60	U/A Ashton under Lyne, Lancs	1:41:27
542.	1251	Jaclyn Gray	f	Lady Veteran 40	U/A Workington , Cumbria	1:41:38
543.	1429	Danielle Mcleavy	f		U/A Wigton, Cumbria	1:41:38
544.	1468	samantha nixon	f		Victoria Park Running Club	1:42:33
545.	1644	JAMES SWIRE	m		U/A Southport,	1:42:47
546.	1159	Nat Cunningham	f	Lady Veteran 50	Victoria Park Running Club	1:45:11
547.	1151	Helen Crank	f	Lady Veteran 40	U/A Ulverston, Cumbria	1:45:34
548.	1630	Jo Stoney	f	Lady Veteran 60	U/A Ulverston, Cumbria	1:45:34
549.	1206	David Elsander	m	Veteran 70	Nic's Nordic Walks	1:48:28
550.	1275	vicki Hanley	f	Lady Veteran 40	Nordic walking Preston	1:53:08
551.	1391	Christine Lomas	f	Lady Veteran 50	Nordic Walking Preston	1:58:15
552.	949	N.N. 949				5:09:21

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