

Lakeland Trails 2019 10K Series Results : Women							
Pos	Name	Club	KES	CON	HEL	ULL	Total
1	Anton, Susie	Susie Anton PT and Fitness	994	993	993	996	3976
2	Ashton, Laura	U/A Telford, Shropshire	983	988	992	991	3954
3	Appleby, Kathy	U/A Lancaster, Lancashire	987	983	977	982	3929
4	Grisedale, Jo	Team inov-8	979	984	981	984	3928
5	Brookfield, Hannah	U/A Aughton, Lancashire	991	995	950	878	3814
6	Frank, Jackie	U/A Redcar,	926	954	938	961	3779
7	Turner, Jean	Telford Harriers	927	953	939	953	3772
8	Sharp, Susan	U/A Wakefield, west Yorkshire	924	919	923	939	3705
9	Thornecroft, Deborah	U/A Stoke on Trent, Staffs	913	905	918	935	3671
10	Crate, Beverley	U/A Bedlington , Northumberland	903	888	895	924	3610
11	Aitken, Anna	U/A West Linton,	874	879	889	914	3556
12	RICKARDS COLLINSON, EDWINA	CROCWALKERS	803	846	828	866	3343
13	Davies, Christina	U/A Bishop Auckland, Durham	800	844	826	863	3333
14	Myatt, Ann	Cheadle	787	849	830	854	3320
15	johnson, karen	U/A Ulverston,	995	996	996		2987
16	Krynen, Hilde	U/A Kendal, Cumbria		965	947	945	2857
17	Webb, Gillian	U/A Urmston , Greater Manchester	931	976	940		2847
18	Winter, Louise	Keswick AC		840	994	992	2826
19	Irving, Beth	U/A Carlisle,	943	929	952		2824
20	Gilgeous, Sian	Susie Anton Ladies On The Run	854		917	920	2691
21	Green, Suzanne	Fylde Coast Runners		885	884	916	2685
22	Bowerman, Helen	U/A York,	873	896	903		2672
23	Navesey, Bev	U/A Lewes, Sussex		869	886	904	2659
24	Pilkington, Laura	Miss	850		887	922	2659
25	Mather, Lisa	U/A Stockport, Cheshire	852		878	912	2642
26	morrison, rosie	U/A North Tyneside,	829		888	901	2618
27	Hopkins, Sarah	U/A Preston, Lancs	796		892	928	2616
28	Burns, Gill	U/A Edgworth,	855		858	900	2613
29	Ward, Rose	Smiley Paces		650	966	963	2579
30	Jardine, Abigail	U/A Penrith, Cumbria	823	858	834		2515
31	Beresford, Amanda	U/A	807		832	873	2512
32	Braddon, Karen	Crocwalkers		830	815	849	2494
33	Stockton, Niki	U/A Manchester,	808	842	818		2468
34	Davidson, Lesley	Horwich RMI Harriers	780		806	847	2433
35	Smith, Lynn	Horwich RMI Harriers	779		805	846	2430
36	Martin, Heidi	St.Bees Triers		497	885	905	2287
37	Bonner, Clair	U/A Keighley, West Yorkshire		462	919	895	2276
38	Thompson, Liane	U/A Barrow-in-Furness, Cumbria		461	876	896	2233
39	Naylor, Jane	Smiley Paces		453	859	887	2199
40	Pickles, Karen	Pudsey & Bramley			1000	998	1998
41	Stirling, Hannah	U/A Wilmslow,	884	603	507		1994
42	Hatch, Jennifer	U/A Manchester,			995	997	1992
43	Greenall, Vicki	U/A Wigan, Lancs		994		995	1989
44	Satterly, Holly	Lancaster & Morecambe AC			989	993	1982
45	Ashe, Jayne	U/A Long Preston,	985	992			1977
46	Pittard, Jill	Northbrook AC			987	986	1973
47	Hannam, Jude	YacYak			984	979	1963
48	Priestley, Joanna	U/A Preston, Lancs		982	978		1960
49	Greeson, Karen	U/A St. Bees, Cumbria	975			981	1956
50	Bridges, Zoe	U/A Sudbury, Suffolk			976	980	1956
51	Spratt, Shirley	U/A Congleton, Cheshire	976	978			1954
52	Royle, Janice	U/A Carlisle,			968	985	1953
53	Dyson, Sadie	U/A ROSSENDALE, LANCASHIRE	978		972		1950
54	Charles, Jacq	Wirral Vikings TRC			969	975	1944

55	Higham, Karen	U/A Woking, Surrey			973	968	1941
56	peffer, amanda	na	958	981			1939
57	Hatch, Carol	U/A Stockport, Cheshire			971	967	1938
58	Caspi, Anne	Mornington Chasers			958	974	1932
59	Buck, Lindsay	U/A Seascale, Cumbria	965		963		1928
60	Jerram, Melanie	U/A Strathaven, South Lanarkshire		967	955		1922
61	Bonham, Helen	U/A Barrow-In-Furness , Cumbria		974	945		1919
62	Dixon, Margaret	U/A Redcar,	960			955	1915
63	Parry, Susanne	U/A Carlisle,	950			965	1915
64	Swann, Nicola	Otley A.C.	947	964			1911
65	Sanders, Josephine	U/A Glossop, Derbyshire	948		962		1910
66	Johnson, Hilary	U/A London,			960	949	1909
67	McBride, Sandy	U/A London, London			959	950	1909
68	Chilton, Dawn	U/A Preston, Lancashire			932	977	1909
69	Lancaster, Andrea	U/A Congleton, Cheshire	942	962			1904
70	McIntosh, Sophie	U/A Burnley, Lancashire	953	948			1901
71	Robinson, Nathalie	Roefield Run Club			944	957	1901
72	Foreman, Anne	U/A Newcastle upon Tyne, Tyne and Wear			937	959	1896
73	Gittins, Katrina	YacYak			949	947	1896
74	Norton, Nicola	U/A Wigan, Lancashire	972			917	1889
75	Hook, Carole	U/A Thrapston, Northants			941	944	1885
76	McAninly, Abigail	Durham	930		946		1876
77	Hughes, Susan	U/A Carlisle, Cumbria		938	933		1871
78	Pearson, Emma	U/A Carlisle, Cumbria	914	950			1864
79	allen, shelly	U/A bury, lancashire	908	941			1849
80	Batt, Jayne	U/A York,	925		924		1849
81	Parkes, Caron	U/A Kendal, Cumbria		923	922		1845
82	Flight, Becky	N/A			910	931	1841
83	Sewell, Alicia	Smiley Paces			860	973	1833
84	Stockdale, Kim	U/A Carlisle,	896	930			1826
85	Wilson, Kerry	U/A Kendal, Cumbria	881	937			1818
86	Gibbs, Becky	Helm Hill	910	906			1816
87	Cihlar, adele	U/A Prestwich , Manchester	899		914		1813
88	thomas, julie	hampstead health park run			902	911	1813
89	Ashton, Rachel	U/A Nottingham, NOTTINGHAMSHIRE			882	926	1808
90	Crossley, Brenda	Darwen Dashers	894	912			1806
91	Reynolds, Jodie	U/A Rochdale,	898		905		1803
92	Lambert, Sally	U/A Ambleside, Cumbria	964	837			1801
93	Birch, Deborah	U/A Lancaster, Lancashire		894	893		1787
94	Barton, Catherine	U/A Carnforth ,		893	894		1787
95	Dewhurst, Victoria	U/A Bolton, Lancs		884	897		1781
96	BRENTNALL, Susan	U/A Cambridge,			851	930	1781
97	Nevin, Gill	Crosby Stormers	878		899		1777
98	Large, Anne Marie	U/A Shepshed, Leicestershire		886	883		1769
99	Noon, Caroline	U/A London,			872	893	1765
100	Stavert, Rachel	U/A Grange over Sands, Cumbria		881	879		1760
101	Lucas, Wendy	U/A Chalgrove,			870	889	1759
102	Frost, Pella	U/A London, London	844	910			1754
103	Kay, Nicola	Horwich RMI Harriers	858	889			1747
104	Scott, Katie	U/A Shevington, Lancashire			854	892	1746
105	O'Neill, Ann	U/A London ,			849	897	1746
106	Goodman, Pam	U/A London,			877	865	1742
107	Moore, Margaret	U/A Paisley, Renfrewshire			846	891	1737
108	Peacock, Bridget	U/A London,			852	881	1733
109	Holmes, Nic	U/A Ulverston,		863	868		1731
110	lamb, elaine	wirral runners			857	872	1729

111	Holmes-Rand, Anna	U/A Ulverston,		862	867		1729
112	Haworth, Katie	U/A Penrith, Cumbria			850	877	1727
113	Gromova, Marina	U/A London,			840	882	1722
114	Bostock, Carrie	U/A Ulverston , Cumbria		851	866		1717
115	Malcolm, Rhona	U/A Penicuik, Midlothian	868		839		1707
116	Collier, Debbie	U/A Blackpool, Lancashire		728	979		1707
117	McDonough, Jenn	U/A Bamber Bridge,		860	833		1693
118	Jimenez, Lola	U/A Southport, Merseyside			827	864	1691
119	Willoughby, Becky	Helm Hill			829	851	1680
120	White, Alexandra	U/A Stockport, Cheshire		838	835		1673
121	Sanders, Wendy	U/A Glossop, Derbyshire	814		844		1658
122	Oldham, Audrey	Fylde Coast Runners		834	821		1655
123	Miller, Allyson	U/A Chorley, Lancashire	815	839			1654
124	Strother, Susan	U/A Lytham St Annes, Lancashire	794			853	1647
125	Porter, Catriona	Women on the Run	785		817		1602
126	Saxby, Fiona	U/A Neston, Cheshire	790		812		1602
127	Jackson, Chrissie	WOTR	784		816		1600
128	Wishart, Samantha	West Hull Ladies	787		813		1600
129	FENNA, JOANNE	Southport & Waterloo AC	724		807		1531
130	Brion, Miriam	U/A Slingsby ,		582	935		1517
131	Master, Sara	U/A Lancaster, Lancs		493	901		1394
132	Fleming, Kirsty	Kelvin Runners			311	848	1159
133	Parry, Ella	U/A Carlisle				1000	1000
134	Winskill, Helen	Keswick AC	1000				1000
135	Brewster, Siobonne	U/A Carlisle, Cumbria		1000			1000
136	Harper, Lorna	Merseytri	999				999
137	Smyth, Hazel	Dumfries Harriers		999			999
138	Thomas, Jane	Sale Harriers			999		999
139	Wiggans, Olivia	Red Rose Road Runners				999	999
140	henderson, margaret	U/A warton, lancs	998				998
141	Cooper, Emma	U/A Leeds			998		998
142	Nolan, Georgina	Gateshead Park Run	997				997
143	Booth, Lauren	Hoad Hill Harriers		997			997
144	Leese, Rona	U/A Dundee , Angus			997		997
145	O'Mahony, Lizzie	Mersey tri	996				996
146	Walker, Marie	Sedgefield Harriers	993				993
147	Jones, Lily	U/A Keswick , Cumbria	992				992
148	Taylor, Helen	Holcombe Harriers			991		991
149	Nettleton, Charlotte	U/A Portinscale ,	990				990
150	Giles, Laura	U/A Kendal				990	990
151	Wright, Hannah	U/A Millom, Cumbria		990			990
152	Duncanson, Helen	St bees triers	989				989
153	Bell, Kirsten	N/A				989	989
154	Haigh, Jo	U/A Skipton, North Yorkshire	988				988
155	Tomlinson, Gillian	Houghton Harriers AC			988		988
156	Correia, judith	U/A North Tyneside, County (optional)				988	988
157	Halls, Fiona	Saffron Striders		987			987
158	Holdich, Carole	U/A Carlisle , Cumbria				987	987
159	Bolton, Lisa	Red Rose Road Runners			986		986
160	Elsdon, Sharron	U/A Hawick, Scottish Borders	986				986
161	Herrick, Andi	Smiley Paces		986			986
162	Storey, Anna	U/A Whitley Bay, Tyne And Wear		985			985
163	Kelly, Eleanor	U/A Bury,			985		985
164	Birchall, Ann	Ashington Hirst Running Club	984				984
165	gerrard, laura	U/A Chorley, Lancashire			983		983
166	Mason, Angela	U/A Cambridge, Cambs				983	983

167	Dickinson, Claire	Northern Fells Running Club	982				982
168	Gleghorn, Emma	U/A Chorley ,			982		982
169	knowles, lizzy	U/A oxford,	981				981
170	Dobson, Becky	U/A Kendal,	980				980
171	Squires, Caroline	LANCASTER RUNNERS		980			980
172	Waland, Jack	Team inov-8			980		980
173	Heatley, Juliet	Smiley Paces		979			979
174	McGregor, Alison	U/A Ingleton , North Yorkshire				978	978
175	Hill, Jennifer	LSARRC	977				977
176	Frost-Pennington, Isla	Muncaster		977			977
177	ollier, louise	U/A london,				976	976
178	Hill, Michaela	U/A Huddersfield, West Yorkshire		975			975
179	gicquel, helene	droitwich ac	974				974
180	McKelvie, Ruth	U/A Glasgow, Lanarkshire			974		974
181	Wilson, Jane	U/A Heswall, Wirral	973				973
182	Lee, Sarah	Warrington running club		973			973
183	Brookes, Sara	U/A Preston		972			972
184	Tucker, Helen	U/A Manchester,	971				971
185	Lambert, Esther	U/A Ulverston, Cumbria		971			971
186	Gill, Alexandra	U/A Barrow-in-Furness, Cumbria				971	971
187	Cunliffe, Ali	Ribby Hall Tri Club	970				970
188	Haygarth, Julie	U/A Kirkby stephen , Cumbria		970			970
189	Bowden, Louise	Ramsbottom Running Club			970		970
190	Parker, Maureen	Tynedale Harriers				970	970
191	blackley, karen	U/A cockermouth, cumbria	969				969
192	Cullen, Mairi	U/A Altrincham,		969			969
193	Cooper, Vicki	U/A Oxford ,				969	969
194	slater, bridget	U/A Skipton, N Yorks	968				968
195	Pritchett, Amy	U/A Bangor , Gwynedd		968			968
196	Ashton, Hannah	U/A Durham , Durham	967				967
197	Baines, Carly	U/A Darwen , Lancs			967		967
198	Hammond-Price, Claudia	U/A Cheadle Hulme, Cheshire	966				966
199	Sim, Lisa	U/A Preston, Lancashire		966			966
200	Holmes, Gillian	U/A Carlisle, Cumbria				966	966
201	Hartley, Jo	U/A Elland, West yorkshire			965		965
202	Wade, Abby	U/A Kendal, Cumbria			964		964
203	Clark, Denise	Sunderland Harriers				964	964
204	Simson, Camila	U/A ULVERSTON, Cumbria	963				963
205	Batchelor, Maia	U/A Manchester,		963			963
206	Halhead, Gillian	U/A Carnforth, Lancs	962				962
207	Reece-Loram, Sian	U/A Cockermouth, Cumbria				962	962
208	Dymore Brown, Laura Anne	U/A Walton on Thames,	961				961
209	McShane, Stacey	U/A Windermere, Cumbria		961			961
210	Fraser, Jenny	U/A Egremont, Cumbria			961		961
211	Wearmouth, Lea-anne	U/A Windermere, Cumbria		960			960
212	Roberts, Louise	U/A Corby Hill,				960	960
213	WILSON, KATE	U/A KENDAL, CUMBRIA	959				959
214	Tatham, Helen	U/A Kendal, Cumbria		959			959
215	Lloyd-Williams, Sarah	U/A Talybont , Ceredigion		958			958
216	russell, georgina	U/A Cambridge ,				958	958
217	Freer, Rachel	U/A Cockermouth, Cumbria	957				957
218	Rigby, Lucy	U/A Liverpool,		957			957
219	thomas, clare	U/A kendal, cumbria			957		957
220	Bird, Emily	Roberttown Roadrunners	956				956
221	Clarke, Katie	U/A Wigton, Cumbria			956		956
222	Tattersall, Laura	U/A Kendal,				956	956

223	Gilman, Stacey	Roberttown Road Runners	955				955
224	Wilkinson, Jayne	U/A Kendal, Cumbria		955			955
225	Gerrard, Gayle	Burnden Road Runners	954				954
226	Robinson, Lizzie	U/A Huddersfield ,			954		954
227	Smith, Charlene	U/A Wigan,				954	954
228	Oliver, Jan	Tynedale Harriers			953		953
229	Muttoni, Elisabetta	U/A Liverpool,	952				952
230	Watts, Delia	Smiley Paces		952			952
231	Harrison, Tiffany	U/A Darlington, Durham				952	952
232	Hayes, Kay	West Cheshire AC	951				951
233	Staniland, Nancy	U/A Sheffield, Yorkshire		951			951
234	Dickie, Sue	U/A				951	951
235	Wild, Anna	N/a			951		951
236	Cattermole, Emma	Women On The Run	949				949
237	Croft, Rachael	U/A Manchester,		949			949
238	Barrett, Kathryn	U/A Rishton , Lancashire			948		948
239	Balfour, Nicola	Ponteland Runners				948	948
240	Dinsdale, Nicola	Ribble valley Tri Club		947			947
241	Haggerty, Catherine	U/A St Helens, Merseyside	946				946
242	Cansfield, Judith	U/A Carnforth, Cumbria				946	946
243	Maher, Dawn	Blackpool Fylde and Wyre Athletics Club	945				945
244	Smith, Jennifer	U/A Preston, Lancashire		945			945
245	Riley, Kerry	St Helens Striders	944				944
246	Fale, Jennifer	U/A Leeds,		944			944
247	Buzdugan, Helen	U/A Stockport ,		943			943
248	Averill, Susan	Notts Women's Runners				943	943
249	Fairbairn, Sarah	U/A Durham, County Durham			943		943
250	Thacker, Emma	U/A Kendal, Cumbria		942			942
251	Willetts, Annie	U/A Wylam, Northumberland			942		942
252	Armitage, Kate	U/A Sheffield,				942	942
253	Dawson, Marie	U/A Peel,				941	941
254	Carter, Lynda	U/A Egremont,	940				940
255	Woods, Jacqueline	U/A Leeds,		940			940
256	Dawson, Ana	U/A				940	940
257	Brown, Nicola	Bury AC	939				939
258	Cook, Mags	Roundhay Runners		939			939
259	Neal, Lesley	U/A Darlington, Durham				939	939
260	Macleod, Ruth	U/A South Queensferry,	938				938
261	Richardson, Jennifer	U/A Near Kendal, Cumbria				938	938
262	Harrison, Fiona	U/A Gateshead, Tyne and Wear				937	937
263	Edmunds, Rachael	U/A Cockermouth ,	936				936
264	Smedley, Becky	U/A Birmingham ,		936			936
265	Preston, Faye	Vegan Runners				936	936
266	Potts, Annette	U/A Kendal, Cumbria	935				935
267	Rayner, Olga	Roberttown Road Runners	934				934
268	George, Catherine	U/A Cranleigh, Surrey		934			934
269	Durant, Jessica	Rugby & Northampton Athletics Club			934		934
270	Peters, Teresa	U/A Morpeth, Northumberland				934	934
271	Gooder, Helen	Roberttown Road Runners	933				933
272	McCracken, Yvette	Smiley Paces		933			933
273	Marshall, Sarah	U/A Morecambe, Lancs				933	933
274	Lowther, Jo	U/A Carlisle,	932				932
275	Rayner, Alyson	Smiley paces		932			932
276	Goulding, Natalie	U/A Morecambe,				932	932
277	Ball, Nicky	U/A Bolton , Lancashire		931			931
278	Mckechnie, Jo	U/A Witney , Oxfordshire			931		931

279	Averill, Susan	None			930		930
280	Lewis, Paige	U/A Birtley,	929				929
281	Bardon, Gina	U/A Washington, Tyne and Wear			929		929
282	Allan, Sandra	U/A Penrith				929	929
283	Stokes, Carolyn	U/A Ormskirk, Lancashire	928				928
284	Longhorn, Ellen	U/A Millom, Cumbria		928			928
285	Wright, Diane	Calder Valley fell runners			928		928
286	Spink, Lindsay	N/A		927			927
287	Cooper, Ali	n/a			927		927
288	Blake Darcy, Laura	U/A Newcastle upon Tyne ,				927	927
289	Burrow, Amy	U/A Silverdale, Lancs		926			926
290	Whitfield, Nicola	U/A Helsby, Cheshire			926		926
291	sylva, helen	U/A carnforth, lancashire		925			925
292	Newbegin, Claudia	U/A Newcastle upon Tyne,			925		925
293	Cooling, Lauren	U/A Bristol				925	925
294	Murray, Suzamme	U/A Silverdale, Lancs		924			924
295	Sutton, Orla	U/A Ambleside, Cumbria	923				923
296	Starkey, Louise	U/A Abington Pigotts, Herts				923	923
297	Haigh, Gemma	U/A Whitley Bay, Tyne & Wear	922				922
298	Barry, Sharon	Tri-Lakeland		922			922
299	Ley, Dara	U/A Grays, Essex	921				921
300	Steels, Nicky	U/A Keswick, Cumbria		921			921
301	Richmond, Julie	U/A Birmingham,			921		921
302	Lavin, Clare	U/A Blackpool, Lancashire				921	921
303	barker, gill	U/A kirkbride,	920				920
304	Huntley, Arlene	U/A Bolton, Lancashire		920			920
305	Rigg, Kim	U/A Kendal, Cumbria	919				919
306	cheek, hannah	Hannah the Runner				919	919
307	McBlane, Kate	U/A Derby, Derbyshire	918				918
308	Cullen, Carolyn	U/A Monton ,		918			918
309	Taylor, Kate	U/A Liverpool,				918	918
310	Garside, Angela	Roberttown Road Runners	917				917
311	Wood, Jessica	U/A Stockport, Greater Manchester		917			917
312	Renwick, Emma	Tri life Warriors	916				916
313	Tetley, Kim	U/A MANCHESTER, LANCASHIRE		916			916
314	Pattison, Catherine	U/A Newark, Nottinghamshire			916		916
315	Cummings, Vicki	U/A Lytham,	915				915
316	McManus, Pippa	U/A Wilmslow,		915			915
317	rewcastle, claire jane	Super Fast Mums			915		915
318	Lloyd, Gemma	U/A Twickenham , Middlesex				915	915
319	Hitchen, Helen	Evenwood road runners		914			914
320	Jackson, Andrea	Derwentside Athletics Club		913			913
321	Gee, Tina	Bingham tri			913		913
322	Schmutz, Alison	U/A Carlisle, Cumbria				913	913
323	Williamson, Amanda	U/A Leamington Spa,	912				912
324	Dowson, Jane	Tadcaster Harriers			912		912
325	CONLON, DIVYA	U/A Cocker mouth, Cumbria		911			911
326	Stothard, Jenny	U/A Chorley, Lancashire			911		911
327	hartley, stephanie	U/A Glasgow,				910	910
328	Highley, Ruth	U/A Leeds,	909				909
329	Blackshaw, Di	U/A Manchester,		909			909
330	Edwards, Debbie	Tadcaster Harriers			909		909
331	Stockton, Judith	U/A Carnforth, Lancashire				909	909
332	Birchall, Lucy	U/A Chorley,			908		908
333	Macdonald, Jen	U/A Cocker mouth,				908	908
334	Murphy, Jo	TYnedale Harriers	907				907

335	Atkins, Emma	U/A London,			907		907
336	Foister, Rachel	U/A Chichester, West Sussex				907	907
337	McMullen, Nicola	U/A Keswick , Cumbria	906				906
338	Vernon, Ali	U/A LONDON,			906		906
339	Shipton, Kate	U/A Lancaster, Lancashire				906	906
340	Cooper, Emma	U/A Preston, Lancashire	905				905
341	Bassett, Naomi	U/A Barrow in Furness, Cumbria		904			904
342	Grayston, Lorraine	U/A Preston, Lancs	904				904
343	WHEATLEY, VANESSA	U/A Derby, Derbyshire			904		904
344	Davies, Sarah	U/A Manchester,		903			903
345	Bannon, Ceit	U/A Liverpool,				903	903
346	Ashworth, Alexandra	U/A Preston,	902				902
347	Rudnicki, Joanne	U/A Sutton , Cambridgeshire		902			902
348	Dixon, Paula	U/A Liverpool,				902	902
349	Lowde, Emma	U/A Blackburn , Lancs	901				901
350	Bowers, Leeanne	U/A Sutton , Cambridgeshire		901			901
351	Cole, Dawn	U/A Manchester,	900				900
352	Langley, Emma	U/A Sutton , Cambridgeshire		900			900
353	stephenson, Hilary	U/A leeds,			900		900
354	Prout, Charmay	U/A Preston,		899			899
355	curry, katherine	U/A newcastle upon tyne,				899	899
356	Cooper, Lesley	U/A Preston, Lancashire		898			898
357	Tomlinson, Jackie	U/A Bolton ,			898		898
358	Viccars, Becky	U/A Nr Kendal,				898	898
359	Bradley, Claire	U/A	897				897
360	Higgs, Lynne	U/A Ulverston, Cumbria		897			897
361	Roberts, Rose	261 Fearless			896		896
362	Robinson, Carol	U/A Kendal, Cumbria		895			895
363	Starkey, Nicola	U/A Leeds,				894	894
364	Cummings, Deborah	U/A St. Helens, Merseyside	892				892
365	GRAHAM, DIANE	DH RUNNERS		892			892
366	Kennedy, Helen	Roundhay Foxes	891				891
367	Swift, Alison	U/A Tarlscough Lane, Burscough		891			891
368	Edwards, Antoinette	U/A Stockport, Cheshire			891		891
369	Hall, Sarah	U/A Leeds,	890				890
370	Regan, Shelley	U/A Preston, Lancashire		890			890
371	O'boyle, Gillian	U/A warrington, Cheshire			890		890
372	Burns, Liz	U/A Knightswood gate , Glasgow				890	890
373	Tudor Beamish, Amelia	U/A London,	889				889
374	Bzik, Emma	U/A Workington,	888				888
375	Noble, Rachel	U/A Andover, Hampshire				888	888
376	SANDFORD, DIANNE	AHRC	887				887
377	Robson, Sam			887			887
378	Gaddas, Helen	U/A Kendal, Cumbria	886				886
379	Mount, Fritha	U/A Lancaster,				886	886
380	Allen, Minnie	U/A Ulverston,	885				885
381	McIntyre, Lynda	U/A Longton, Lancashire				885	885
382	Kelly, Hannah	U/A Grimsargh,	884				884
383	Prescott, Emma	U/A Liverpool, Merseyside				884	884
384	Ridings, Susan	Clwydian Range Runners	883				883
385	Spibey, Nicole	U/A Cartmel ,		883			883
386	Penny, Joanne	U/A St Helens, Merseyside				883	883
387	Holcroft, Kim	U/A Bolton,	882				882
388	Nowak, Basia	U/A Grange-over-Sands,		882			882
389	Whyatt, Kirstie	U/A Cleveleys, Lancashire			881		881
390	Coward, Tracy	U/A		880			880

391	Hudson, Elaine	U/A Preston, Lancashire			880		880
392	Hocking, Elizabeth	U/A Upton Snodsbury, WORCS				880	880
393	Simpson, Geraldine	U/A Temple Sowerby, Cumbria	879				879
394	Horne, Gillian	Biddulph Running Club	879				879
395	Heggie, Claire	Border reiver runners				879	879
396	Sowerby, Tracey	DH RUNNERS		878			878
397	Haylett, Rachael	U/A Betws y Coed, Conwy	877				877
398	Lydon, Emma	U/A Backbarrow ,		877			877
399	Duff, Aishah	U/A Chester, Cheshire	876				876
400	Bodenham, Rachel	U/A CARNFORTH, Lancashire				876	876
401	cuthbert, catherine	wallasey ac		875			875
402	Spanswick, Catherine	U/A Thornaby, Stockton on Tees			875		875
403	Dunbar, Fiona	U/A Buxton, Derbyshire				875	875
404	Meyrick, Kathrin	U/A Windermere, Cumbria			874		874
405	Lewis, Sarah	U/A Buxton, Derbyshire				874	874
406	Peacock, Joanne	U/A Consett, Durham		873			873
407	Grimes, Deborah	U/A Consett, Durham		872			872
408	Jones, Anna	U/A Chester ,		871			871
409	Eccles, Kathryn	U/A Lincoln,			871		871
410	Williams, Kerry	U/A Wigan,				871	871
411	TICKNER, Rachel	U/A Cocker mouth, Cumbria	870				870
412	Wellings, Sharon	Scunthorpe and district AC		870			870
413	King, Clare	U/A Chester, Cheshire				870	870
414	Paszatory, Julia	U/A Wigan,	869				869
415	Hull, Sarah	U/A Six Mile Bottom, Suffolk			869		869
416	Goodliffe, Liz	Norfolk Trail Runners				869	869
417	France, Sue	Julie's Joggers		868			868
418	Hill, Annie	Rosley Rockets				868	868
419	Tweedy, Julie	Billingham Marsh House Harriers	867				867
420	Salt, Jackie	Julie's joggers		867			867
421	Marsh, Fiona	U/A Penrith , Cumbria				867	867
422	schweizer, Kate	U/A Darlington,	866				866
423	Foster, Jenny	U/A Manchester		866			866
424	Dewar, Joanne	U/A Darlington, Durham	865				865
425	Cook, Cherie	U/A Manchester,		865			865
426	Clarke, Rebecca	U/A Kendal, Cumbria			865		865
427	Henniker, Victoria	Warrington Running Club	864				864
428	Currie, Kathryn	U/A Ulverston , Cumbria		864			864
429	Brown, Vikki	U/A Kendal, Cumbria			864		864
430	Atkinson, Sarah	U/A Kendal, Cumbria			863		863
431	jackson-roe, katie	U/A wigan,			862		862
432	Taylor, Alexia	U/A Tonbridge,				862	862
433	Woznikowska, Gwen	Susie Anton PT Ladies on the Run	861				861
434	Money, Victoria	Durham Mums on the Run		861			861
435	Butler, Jenna	U/A Kendal, Cumbria			861		861
436	Taylor, Julie	U/A St. Bees, Cumbria				861	861
437	Horner, Tara	Sunderland strollers	860				860
438	Graham, Sonia	U/A Rosley, CUMBRIA				860	860
439	Barella, Val	Sunderland stroller	859				859
440	Craven, Claire	U/A Preston , Lancashire		859			859
441	Massey, Sam	Rosley				859	859
442	Howe, Joanne	U/A Rosley, Cumbria				858	858
443	Swann, Penny	U/A Lancaster,	857				857
444	Myerscough, Joanna	U/A Reading, Berkshire		857			857
445	Lonergan Cooke, Tracy	iStayLakes				857	857
446	Kelsall, Anna	U/A Edgworth,	856				856



447	Flower, Michelle	Michelle		856		856
448	Love, Leanne	Farsley Flyers			856	856
449	clark, helen	U/A macclesfield, cheshire		855		855
450	Donohue, Helen	U/A Wigan			855	855
451	Taylor, Aimee	U/A Grange Over Sands			855	855
452	Clark, Rebecca	Bollington Harriers		854		854
453	Sloan, Nicola	Derwent AC	854			854
454	Lewis, Anne	Swans Tri Club	853			853
455	Partridge, Kate	U/A Warrington,		853		853
456	Pringle, Gill	U/A Woodford Green , Essex			853	853
457	Finn, Rachel	U/A High Peak, Derbyshire		852		852
458	Smith, Andrea	U/A Lytham St Annes, Lancashire			852	852
459	Johnson, Sue	U/A	851			851
460	Dyer, Kath	U/A Kirkby Stephen, Cumbria	850			850
461	Harrington, Beth	U/A Ulverston,		850		850
462	McDougall, Sue	DH Runners			850	850
463	McGregor, Kathryn	U/A Liverpool ,	849			849
464	Yin, Jennifer	U/A Bristol,	848			848
465	Skelton, Angela	Me		848		848
466	Knowles, Nicola	Chorlton Runners			848	848
467	Chard, Joanne	Women on the Run	847			847
468	Eccles, Anne	U/A Lincoln, Lincs			847	847
469	Howarth, Claire	Chorlton Runners	846			846
470	Bettinson, Sarah	U/A Ulverston, Cumbria		845		845
471	Heighton, Sandra	Women On The Run			845	845
472	Bibby, Rebecca	Valley Striders	843			843
473	Garnock-Jones, Chrissie	Smiley Paces		843		843
474	Jones, Morgan	U/A Gwyddgrug, Pencader, Carmarthenshire	842			842
475	Sugden, Fiona	U/A Huddersfield ,			842	842
476	Volmer, Heidi	U/A Nethy Bridge,	841			841
477	Maloney, Joanna	U/A Ribchester ,		841		841
478	Ward, Joanne	U/A Tyne and Wear, whitley bay	840			840
479	Wright, Carolyn	U/A Lancaster, Lancashire	839			839
480	devlin, sandra	U/A workington,			838	838
481	Avison, Joanne	Wirral Vikings	837			837
482	Mault, Tracy	U/A Preston, Lancs			837	837
483	Gill, Gemma	Roberttown Road Runners	836			836
484	Shufflebottom, Michelle	U/A Broughton In Furness, Cumbria		836		836
485	Holmes, Zoe	U/A Preston ,		835		835
486	Betley, Catherine	N/A	833			833
487	Daniels, Jennie	U/A St Helens, Merseyside		833		833
488	Belsey, Wendy	U/A Kirkby Stephen , Cumbria	832			832
489	Cooper, Gisela	Smiley Paces		832		832
490	Malcolm, Jane	U/A Penicuik, Scotland	831			831
491	Dowthwaite, Cassandra	Smiley Paces		831		831
492	Mounsey, Elizabeth	U/A Preston , Lancashire			831	831
493	Hetherington, Helen	BodyFit Cumbria	830			830
494	Morgan, Gill	U/A Hindley green, Wigan	829			829
495	Wilkinson, Zoe	Durham Mums on the Run	828			828
496	Houlden, Kate	Women On The Run, Kendal	827			827
497	White, Patricia	U/A Kendal, Cumbria	826			826
498	Morgan-Hillam, Leanne	Wigan Harriers			823	823
499	Higgins, Susan	U/A Windermere , Cumbria	822			822
500	Higgens, Donna	U/A Wigan , Lancashire			822	822
501	Cummings, Karen	U/A St Helens, Merseyside	821			821
502	Dalby, Helen	U/A Middlesbrough,	820			820

503	Kee-McParlin, Leyla	U/A Bromborough , Merseyside			820		820
504	Lovett, Melissa	U/A Kendal,	819				819
505	Finch, Joanne	U/A Liverpool,			819		819
506	Donaldson, Rachel	U/A Sittingbourne , Kent	818				818
507	Ford, Kat	Medway & Maidstone AC	817				817
508	Wells, Karen	U/A Lancaster , Lancashire	816				816
509	BROWN, Jo	U/A Hessle, East Yorkshire			814		814
510	Durkan, Amanda	U/A Cockermouth, Cumbria	813				813
511	Mounsey, Liz	U/A Preston ,	812				812
512	Smith, Nikki	Kirkstall Harriers	811				811
513	Sperring, Sue	U/A Bebington,			811		811
514	Marshall, Jan	Selby Striders	810				810
515	blackburn, susie	U/A Barnard Castle , Co Durham			810		810
516	Craven, Helen	Selby Striders	809				809
517	muir, rachel	U/A alyth, perthshire			809		809
518	Brignall, Matisse	U/A Lancashire,			808		808
519	Joyce, Nicola	U/A Preston, lincs	806				806
520	Bloye, Mary	U/A PRESTON, Lancashire	805				805
521	farquhar, linda	st bees triers	804				804
522	Hardy, Nicola	Burnden Road Runners	802				802
523	Crawford, Clare	U/A Altrincham, Cheshire	801				801
524	Stokes, Vickie	U/A Leyburn ,	798				798
525	Taylor, Lynn	U/A Tern Hill, Shropshire	797				797
526	Frost, Wendy	U/A Market Drayton, Shropshire	796				796
527	Slack, Lynda	U/A St Annes on Sea, Lancashire	795				795
528	Watson, Tessa	U/A Kendal,	793				793
529	Mellard, Natalie	U/A Kendal,	792				792
530	Pembroke, Marie	Crocwalkers	791				791
531	Sperring, Sue	U/A Wirral,	789				789
532	Lewis, Natalie	Fellside Ladies	788				788
533	Whiteley, Carole	U/A Kendal, Cumbria	783				783
534	Pitchford, Kay	U/A Whitehaven, Cumbria	782				782
535	Yates, Anne	U/A Whitehaven, Cumbria	781				781
536	Burge, Robyn	Dockside Runners	772				772