

Lakeland Trails 2015 10KM Autumn Series Results : Women

Name	Category	Club	Keswick	Coniston	Helvellyn	Ullswater	Total
Suzanne Toppin	Lady Veteran 40	U/A Penrith, Cumbria	999	997	999	1000	3995
bridget slater	Lady Veteran 50	U/A Skipton, N Yorks	966	971	969	970	3876
Carolyn Burns	Lady Veteran 40	U/A Penrith, Cumbria	967	972	954	968	3861
Alison Saunders		The Northern Collective	944	960	962	984	3850
Zoe Bridges	Lady Veteran 40	U/A Sudbury, Suffolk	941	970	949	972	3832
Jackie Frank		U/A Redcar,	932	953	963	981	3829
Chloe Ainsworth		U/A Wigan,	909	966	967	982	3824
Vicky Gore		Red Rose Road Runners	936	949	964	965	3814
JACQ JONES		Delamere Spartans	931	918	939	960	3748
Susan Sharp	Lady Veteran 50	U/A Wakefield, west Yorkshire	914	926	942	957	3739
Tracy Brown		Sedgefield Harriers	906	964	924	942	3736
Sue Kearney	Lady Veteran 50	U/A Bolton, Lancs	900	902	948	953	3703
Heather Mannings	Lady Veteran 40	U/A Holmfirth, West Yorkshire	902	898	917	932	3649
Claire Shaw		Red Rose Running Club	895	900	911	941	3647
Louise Corrigan		Swinton RC	847	882	932	949	3610
paula ainsley	Lady Veteran 40	U/A york, north yorkshire	867	899	890	936	3592
Rachel Lee	Lady Veteran 50	DH Runners	875	845	875	926	3521
Lesley Allison	Lady Veteran 50	U/A Penrith, Cumbria	850	870	850	921	3491
Rachel Archer	Lady Veteran 40	Swinton Running Club	822	838	841	913	3414
Kathryn Wesley	Lady Veteran 50	U/A Livingston, West Lothian	788	817	808	903	3316
Gill Petrucci	Lady Veteran 40	U/A Skipton, North Yorks	979	991	990		2960
Sam Perkins		U/A Hexham,	991	987	981		2959
Hilde Krynen	Lady Veteran 50	U/A Kendal, Cumbria		975	953	971	2899
Louise Meynell	Lady Veteran 50	Billingham Marsh House Harriers	954		931	973	2858
Ellena Gamberini		Rocktart Runners	945	938	947		2830
Jayne Hall	Lady Veteran 50	U/A Egremont, Cumbria	912	917		919	2748
Julie Evans	Lady Veteran 40	Kings Heath Running Club	896		903	947	2746
Helen Scott		U/A Osgodby,		868	892	939	2699
Jane Dowson	Lady Veteran 40	U/A Tadcaster, North Yorkshire	903		848	928	2679
Jennifer Palmer	Lady Veteran 40	Helsby Running Club	878	858		931	2667
Theresa Murray	Lady Veteran 50	U/A Windermere, Cumbria	862	908	897		2667
Alison Spiby	Lady Veteran 40	U/A Windermere, Cumbria	848	907	898		2653
Nicki Hewson		U/A Solihull,	872		862	917	2651
Heidi Martin		St.Bees Triers	816		814	892	2522
Victoria Dewhurst	Lady Veteran 40	U/A Bolton, Lancs	795	848	830		2473
Christina Wiejak		Barrow Striders	1000	999			1999
Helen Woodley	Lady Veteran 40	U/A Ulverston, Cumbria	998	998			1996
Louise Winter		Keswick AC	996	996			1992
Nickey Russell	Lady V40	U/A Lancaster, Lancs			994	998	1992
Sarah linton	Lady Veteran 40	U/A st Anne's, Lancashire	993			999	1992
Dawn Trueman	Lady V40	Smiley Paces			989	996	1985
Julia Gray Carnaffin	Lady V50	U/A Bardon mill, Northumberland			991	990	1981
Rebecca Broome		Achille Ratti	981	995			1976
Nicola Gibson	Lady Veteran 40	U/A Ulverston, Cumbria	985	988			1973
Linda Aspinall	Lady Veteran 40	U/A Carlisle, Cumbria	977			995	1972
Kerry Mee		U/A Newcastle-upon-Tyne, Tyne and Wear			977	989	1966
Angie Trippitt	Lady Veteran 40	Kendal Tri Club	978	985			1963
katy wilde		U/A Hexham, Northumberland	982		979		1961
Kirsty McIntyre		Chorlton Runners			971	987	1958
Rebecca Mills		Swinton Running Club			985	969	1954
Lisa Bolton		Red rose road runners	971		978		1949
Louise Barley	Lady V40	U/A Harrogate,			973	975	1948
ruth lindsey		sale harriers		959		988	1947
Julia Sayburn	Lady V50	U/A Grange over sands, Cumbria			966	980	1946
Sarah Dove	Lady Veteran 40	U/A Blackburn, Lancashire	969		976		1945
Emma Spooner		U/A Morecambe, Lancs	960	984			1944
nicola watt	Lady V40	U/A hexham,			956	979	1935
sarah barry	Lady V40	U/A huddersfield,			961	974	1935
Hazel Ward	Lady V60	Jog on the Tyne			957	977	1934

Vicky Higgins	Lady Veteran 40	U/A penrith, cumbria	958		975		1933
Zoe Dixon	Lady V40	Jog on the tyne			955	978	1933
Heather Marsden	Lady V50	Tideswell Running Club			959	964	1923
Fiona Newman	Lady V40	U/A Calver,			958	963	1921
Lynn Melvin	Lady V50	South Ribble runners			945	954	1899
Rebecca HODGSON		U/A Kendal , cumbria	938	958			1896
Sharron Elsdon		U/A Hawick, Scottish Borders	925		965		1890
Claire Newton		U/A Wakefield, West Yorkshire	928	961			1889
Anne Barber	Lady V40	U/A Manchester,			933	955	1888
Susan Jones	Lady V40	thornton cleveleys			935	952	1887
Helen Dodd		U/A Hexham, Northumberland			936	950	1886
Jackie Harland	Lady Veteran 50	U/A Warrington, Cheshire	922			959	1881
jan phillips		none			923	958	1881
Natalie Stewart		U/A Lochinver,			913	966	1879
Jill Burns	Lady Veteran 40	U/A Kendal,		901		976	1877
Melissa Preston		U/A London,			914	962	1876
Vicky Collingwood		U/A Stocksfield, Northumberland			920	951	1871
Laura Robson		York Postal Harriers			910	948	1858
Emma Owen		Me	926	930			1856
Mags Cook	Lady V60	Roundhay Runners			907	943	1850
Irene Williams	Lady Veteran 40	U/A Coventry, West Midlands	923		926		1849
Rachel Leach		Stubbington Green Runners			905	944	1849
Joanne Sumner		U/A Poulton-le-Fylde, Lancashire		925	922		1847
lindsey whiteside		women on the run			909	934	1843
SARAH LAWLEY		U/A APPLEBY, CUMBRIA		905	925		1830
Vivienne Watson	Lady V40	U/A Hexham, Northumberland			893	937	1830
Debbie Dales	Lady V40	Cleethorpes AC			899	927	1826
Rebecca Hanson		U/A Manchester,	898		916		1814
Maxine Wilson	Lady V40	U/A Haltwhistle, Northumberland			888	925	1813
Deborah Thorneycroft	Lady Veteran 50	U/A Stoke on Trent, Staffs	889		915		1804
Amanda Duffy	Lady Veteran 40	U/A Liverpool, Merseyside		891	912		1803
Claire Bradley	Lady Veteran 50	Warwickshire Running Club	856			935	1791
Tia Harbour		U/A Rochdale, Lancs	876	911			1787
Nicola Cave	Lady Veteran 40	U/A Lytham St Anne's, Lancashire	885	890			1775
Natalie Hirst		U/A Livingston, West Lothian		887	885		1772
Anna Walton	Lady V40	None			849	918	1767
Kate Broome	Lady Veteran 50	Achille Ratti	892	875			1767
angela green		U/A penrith, cumbria	883		882		1765
Claire Bewsher	Lady Veteran 40	U/A Chorley, Lancashire	869	892			1761
Dawn Robinson		U/A Grange, Cumbria		849	902		1751
Joyce Casson	Lady V50	Jog on the Tyne			844	904	1748
Linda Clark	Lady V60	Jog on the Tyne			839	907	1746
Amanda Gray	Lady Veteran 50	U/A Bedford, Bedfordshire	866	871			1737
Josephine Walsh	Lady Veteran 40	Red Rose Road Runners	861	873			1734
Helen Borking	Lady V50	Women on the Run			819	911	1730
Catherine Almond	Lady V60	Jog on the Tyne			823	906	1729
Marie Fallon	Lady V50	Jog on the Tyne			824	905	1729
Penny Oliver	Lady Veteran 40	Aragon	880		845		1725
Janette Covell	Lady V50	South Ribble Runners			816	898	1714
Tracy Woods	Lady V40	Red Rose Road Runners			815	899	1714
Kathryn Atkins	Lady Veteran 50	U/A Leeds, West Yorkshire	835		872		1707
Janine Jordan		U/A Oldham,		865	840		1705
Lisa Kemp	Lady V40	Stormers			806	896	1702
Linda Bates	Lady Veteran 40	U/A Morecambe, Lancs	849		851		1700
Sarah Oram	Lady Veteran 40	U/A Manchester,	853	844			1697
Lynn Smith	Lady V50	Horwich RMI Harriers			807	889	1696
Yvonne Clement	Lady V40	U/A Brampton, Cumbria			799	897	1696
Louise Zandstra	Lady Veteran 40	U/A Crosby, Merseyside	834	857			1691
Rachel Brownsmith		U/A Lancaster,	821		870		1691
Nicola Higham	Lady V40	Ainsdale Stormers			801	883	1684
Michelle Bartram		Commando Fit	825	852			1677

Niki Stockton	Lady Veteran 40	Swinton Running Club		831	846		1677
Alice Melville	Lady Veteran 40	U/A Newcastle upon Tyne,	837		833		1670
Alana Tinsley		U/A Preston, Lancashire	809	850			1659
samantha hodgson	Lady Veteran 40	U/A grange over sands, cumbria	815		837		1652
Eleanor Seddon		U/A Richmond, North Yorkshire		815	832		1647
Sheila Gillie	Lady Veteran 60	U/A Lancaster,	820	825			1645
Rhian Yates	Lady Veteran 50	U/A Colwyn Bay, Conwy	803	833			1636
Caroline Johns	Lady Veteran 40	U/A Selby, North Yorkshire	808		820		1628
Ursula Collie	Lady V50	U/A Richmond, North Yorks		816	809		1625
Lorna Gamberini	Lady Veteran 50	Rocktart Runners		814	810		1624
Sue Smith	Lady Veteran 40	U/A Morecambe, Lancs		810	811		1621
Tracey Thompson	Lady Veteran 40	U/A Preston, Lancashire	791	826			1617
Louise Murray	Lady Veteran 50	U/A Manchester,	787	829			1616
ADRIENNE HARRIS	Lady Veteran 50	DH RUNNERS	800		813		1613
FRANCES BRAITHWA		DH Runners	799		812		1611
MICHELLE MACKAY	Lady Veteran 40	DH RUNNERS	798		800		1598
Rose Dodd Adkins	Lady Veteran 40	U/A Holmfirth, West Yorkshire	782	811			1593
Niki herbert		U/A warrington,	768		798		1566
Dawn Branson	Lady Veteran 40	U/A Keswick, Cumbria	764	800			1564
Melanie Smethhurst		ASICS	767		797		1564
Elaine Omand		Dundee Roadrunners AC			1000		1000
Mhairi Duff		Dumfries Running Club		1000			1000
Helen Wilkinson		Leamington Spa Striders			998		998
Angela Richardson		Elswick harriers				997	997
anna brooks		U/A london, london			997		997
Sue Howarth		U/A Keswick, Cumbria	997				997
Angela White	Lady V40	CFR			996		996
anna stancombe		none			995		995
Laura Leslie		Bournville Harriers	995				995
Megan Martin		U/A Cumbria , Cumbria	994				994
Melissa Carr		U/A Manchester,		994			994
Kate Ayres	Lady Veteran 50	Ambleside A.C.		993			993
Sarah linton	Lady V40	U/A st Anne's, Lancashire			993		993
dawn jones	Lady V40	U/A sawbridgeworth, herts			992		992
Sarah Brotherton		U/A Keswick, Cumbria	992				992
Zoe Chamberlain	Lady Veteran 40	U/A Berkhamsted, Herts		992			992
Charlotte Rawcliffe		Penny Lane Striders		990			990
fay tuffen	Lady Veteran 40	U/A troutbeck bridge, cumbria	990				990
Kim Porter	Lady Veteran 50	U/A mytholmroyd, Select state/region		989			989
Orlaith O'Mahony		U/A Burnley, Lancashire	989				989
Jackie Chapman	Lady Veteran 50	Lakeland Orienteering Club	988				988
KT Murphy		U/A Amersham, Bucks			988		988
Elizabeth Watson		Derwent AC	987				987
Sian Mitchell		Garden City Runners			987		987
Isabelle Newhouse		Kirkcudbright Academy			986		986
Juliette Norman		Liverpool Harriers		986			986
Katie Cooper		U/A Derby, Derbyshire	986				986
Maureen Parker	Lady Veteran 50	Tynedale Harriers				986	986
Ruth Ford	Lady Veteran 40	Washlands Women Runners				985	985
Louisa Burton		U/A Keswick, Cumbria	984				984
Ruth Mewis		U/A York, North Yorkshire			984		984
Hester Lea		U/A Kendal, Cumbria				983	983
Jenny Clark		Thornton Cleveleys Runnung Club	983				983
Rebecca Edwards		U/A Kendal, Cumbria			983		983
Victoria Duckett	Lady Veteran 40	Preston Harriers		983			983
Abigail Chard	Lady V40	U/A Halifax, West Yorkshire			982		982
Josephine Sanders		U/A Glossop, Derbyshire		982			982
Frances Simpson		U/A Cononley, North Yorkshire		981			981
jose bennett	Lady V50	jog on the tyne			980		980
Nicky Butler	Lady Veteran 50	Keswick AC	980				980
Susan Pritchard	Lady Veteran 40	U/A Manchester,		980			980

Gill Crennell	Lady Veteran 50	Manx Tri Club		979		979
Caroline Alderson		U/A Middlesbrough,		978		978
Di Blackshaw		U/A Manchester,		977		977
Amy Bastow		U/A Chester,	976			976
Jade Wilson		U/A Middlesbrough, Cleveland		976		976
deborah curle	Lady Veteran 50	border harriers ac	975			975
Rachel Lissauer		U/A London,		974		974
Rachel Towe	Lady Veteran 40		974			974
Sharron coates		U/A burton in kendal, cumbria			974	974
Emily Hufton		U/A longridge, lancs		973		973
Sue Mcrobin		U/A Keswick,	973			973
Kamila Robinson		U/A Grimsby , N.E. Lincs			972	972
Kate Turner		U/A Penrith, Cumbria	972			972
carolyn willacy	Lady Veteran 50	U/A brampton, cumbria	970			970
Joanne Lyon	Lady V40	U/A Lancaster, Lancashire			970	970
Eleanor Mackay		U/A kendal,		969		969
janis meek		U/A Seaham, Durham		968		968
Mary Donohue		U/A Leeds, West Yorkshire	968			968
Sarah Gibbon		Smiley Pacers, Sheffield			968	968
Elaine Tompkins		U/A Colne, Lancashire				967
Ksenia Semikhatova		U/A newent,		967		967
Cheryl Westerman	Lady Veteran 40	U/A Keswick, Cumbria	965			965
Jane Kemp	Lady Veteran 40	U/A Hoylake, Wirral		965		965
Beth Studholme	Lady Veteran 40	U/A Dalston, Cumbria	964			964
Ellen McLachlan		BWFAC		963		963
Maria Andrade		U/A Carlisle, Cumbria	963			963
Catherine Thorpe		U/A cockermouth, cumbria	962			962
Sara Brookes		U/A Preston, Lancashire		962		962
Alison Mercer	Lady Veteran 50	Red Rose Road Runners	961			961
Eve Howard		Women on the run			961	961
Ashleigh Atkinson		U/A Ulverston, Cumbria			960	960
Shirley Gibson	Lady Veteran 60	Darlington Harriers	959			959
Carey Young		U/A Watford,	957			957
Cathryn Hayhurst		U/A Ulverston,		957		957
Clare Ashton	Lady Veteran 40	U/A Warrington, Cheshire	956			956
Lindsay Buck	Lady Veteran 50	U/A Seascale, Cumbria		956		956
Sarah Williams	Lady Veteran 40	U/A Southport, Merseyside			956	956
Heather Rowe	Lady Veteran 40	Carlisle Tri Club	955			955
Kate Ravilious	Lady Veteran 40	U/A York,		955		955
Victoria Jamieson		U/A Southport,		954		954
Kirsteen Kellock	Lady Veteran 40	U/A Dumfries,	953			953
Amy Alcock		U/A Carlisle, Cumbria	952			952
clare williams		U/A newcastle upon tyne,		952		952
Ruth Power	Lady V40	U/A Carnforth, Lancs			952	952
Beth calvert		The supers	951			951
Sarah Hornby	Lady V40	U/A Wigan,			951	951
Susannah Eyre-Brook		U/A Newcastle upon Tyne,		951		951
Aimee Green		U/A Kendal, Cumbria			950	950
Jo-Anna Robson	Lady Veteran 40	U/A Formby,		950		950
Ruth Postlethwaite		The Supers	950			950
Amanda Prescott	Lady Veteran 40	Bridgnorth Running Club	949			949
Ellie Nicholson		U/A Broughton-in-Furness, none	948			948
Liz Bale		U/A Penrith,		948		948
Sam Massey		Rosley	947			947
Sandra Hutchinson	Lady Veteran 50	U/A Wigan, Gt manchester		947		947
Catherine Bowman	Lady Veteran 40	Smiley Paces			946	946
Clare Furlonger	Lady Veteran 40	U/A Sale, Cheshire		946		946

Lucy Armstrong		U/A Darlington,	946			946
Suzanne Smith	Lady V40	Keswick AC			946	946
Beth-Anne Webb		U/A Annan,				945
Rachael Holloway		U/A Liverpool,		945		945
Nicola Phillips	Lady V50	U/A Manchester,			944	944
Rosanna Talbot		U/A Lancaster,		944		944
Gaynor Wardle	Lady V40	U/A Salford,			943	943
karen blackley	Lady Veteran 50	U/A cockermouth, cumbria	943			943
Lisa Charlesworth	Lady Veteran 40	U/A Nottingham,		943		943
jenny white		U/A carnforth,		942		942
Katie Moore		U/A Derby,	942			942
Alice Patrick		U/A Leatherhead, Surrey		941		941
Rachael Edgar		U/A Carlisle,			941	941
Claire Thomson		U/A Barrow-in-Furness, Cumbria		940		940
helen cain	Lady Veteran 40	chorlton runners				940
Jayne Caudwell	Lady V40	U/A Blandford Forum, Dorset			940	940
Josephine Alford	Lady Veteran 50	U/A Salisbury, WILTS	940			940
Jane Edwards	Lady Veteran 40	U/A Liverpool, Merseyside		939		939
Stacey McShane		U/A Windermere, Cumbria	939			939
Dawn Robinson		U/A Grange, Cumbria				938
Louise Lashley	Lady V40	U/A Milnthorpe, Cumbria			938	938
Emily Danby		Team Emily			937	937
Lea-anne Wearmout		U/A Windermere, Cumbria	937			937
Suzanne Fletcher		Helsby Running Club		937		937
Rachel Antill		U/A Witney, Oxfordshire		936		936
Alexandra Lester		Saltaire Striders	935			935
Anne Eldred	Lady Veteran 50	U/A Cockermouth, Select a county		935		935
Daniella Hope		U/A Bassenthwaite, Cumbria			934	934
Dorothy Zigaityte		Bruntwood		934		934
Sarah Wright	Lady Veteran 40	U/A Penrith, Cumbria	934			934
ann hurst	Lady Veteran 40	arragons cumbrian tri club				933
EMMA MITCHELL		U/A KENDAL, CUMBRIA		933		933
helen ripley	Lady Veteran 50	sinfin	933			933
Zara Gall		Didsbury ladies		932		932
Rachel Seymour Mea	Lady Veteran 40	U/A Manchester, Manchester		931		931
Gemma Craig		U/A Aston Clinton, Bucks			930	930
Katie Moizer		U/A Mirfield, West Yorkshire	930			930
Rebecca Evans	Lady Veteran 40	U/A Matlock, Derbyshire				930
Jane Carre		U/A Bath, Somerset			929	929
Sarah Davies	Lady Veteran 50	U/A Manchester,		929		929
Sarah Fowler		U/A Matlock, Derbyshire				929
Vicky Johnston	Lady Veteran 40	St Bees Triers	929			929
Alison Hallewell	Lady V50	U/A Polegate, East Sussex			928	928
Viv Riley	Lady Veteran 40	Black Combe Runners		928		928
Emily Thompson		U/A Keswick, Cumbria		927		927
Jackie Tomlinson	Lady Veteran 40	U/A Bolton ,	927			927
Lesley Wallace	Lady V40	U/A Kendal, Cumbria			927	927
Aimee Short		U/A Manchester,		924		924
Kathleen Newson	Lady Veteran 40	U/A Keswick,	924			924
sarah coddell	Lady Veteran 50	U/A huddersfield , west yorks				924
Annika Unsworth		ASICS		923		923
Briany Mawson						923
Anne Molloy	Lady Veteran 50	U/A Halifax, West Yorkshire				922
Barbara Hills	Lady Veteran 50	Goyt Valley Striders		922		922
Donna Griffiths	Lady V40	Maldwyn harriers			921	921
Helen Cruise	Lady Veteran 40	Bruntwood		921		921

Tracey Sowerby	Lady Veteran 40	DH RUNNERS	921				921
Kate Lee		U/A Manchester,		920			920
Rebecca Dawson	Lady Veteran 40	U/A cockermouth, cumbria	920				920
Sarah Dawson		U/A Beverley, East Yorkshire				920	920
Caroline Davies	Lady Veteran 40	U/A Gateshead, Tyne & wear		919			919
Nina Wessels	Lady V40	U/A London,			919		919
Rachael Hamblin	Lady Veteran 40	U/A Brampton, Cumbria	919				919
Clare Cooper	Lady V40	Belper harriers			918		918
Maggie Jones	Lady Veteran 50	Altrincham AC	918				918
Patty Davies	Lady Veteran 40	U/A Ulverston, Cumbria	917				917
Leanne Slone	Lady Veteran 40	U/A Gt harwood, Lancashire	916				916
steph Dale		ASICS		916			916
Torrie Sullivan		U/A Brampton, Cumbria				916	916
Deborah Williams	Lady Veteran 40	Jog on the Tyne		915			915
Jane Giddins	Lady Veteran 40	U/A Nottingham,	915				915
Karen Jones	Lady Veteran 50	Blackwater Valley Runners				915	915
Ann Green	Lady Veteran 50	U/A Liverpool,				914	914
Claire Welburn		U/A Basingstoke,		914			914
Kerry Hallsworth	Lady Veteran 40	U/A Market Rasen, Lincolnshire		913			913
Maria Hindmarsh	Lady Veteran 40	Stocksfield Striders	913				913
Dolores Marshall	Lady Veteran 50	U/A BRAMPTON, CUMBRIA				912	912
Gemma Dale		U/A Tal-y-Cafn, Conwy		912			912
Amber Poole		U/A Chesterfield, Derbyshire	911				911
Anita Pickard	Lady Veteran 40	U/A Coxhoe, Durham		910			910
Lorna Stephenson	Lady Veteran 40	Alnwick Harriers				910	910
rose egan	Lady Veteran 50	U/A West Kirby,	910				910
Claire Winters	Lady Veteran 50	U/A Liverpool, Merseyside		909			909
susan cunningham	Lady Veteran 50	U/A manchester,				909	909
fiona reid	Lady Veteran 40	U/A manchester,				908	908
Katy O'Connor	Lady Veteran 50	Lymm Runners	908				908
rebecca ludlam		U/A carnforth, lancashire			908		908
Tara Dickson		U/A Thursby, Cumbria	907				907
Laura Jones		U/A Appleby, Cumbria		906			906
Michele Philp		U/A Wylam, Northumberland			906		906
Georgina Sinfield	Lady Veteran 40	U/A Mayfield Ashbourne, Derbyshire	905				905
Hanna Burgess		U/A Stockport, Cheshire			904		904
Jane Davies	Lady Veteran 50	U/A Manchester,	904				904
Milda Fletcher		Bruntwood		904			904
Catherine Haggerty		U/A St Helens,		903			903
Susan Wilson	Lady Veteran 40	North east marathon club				902	902
Becky Coates		Bridgnorth Running Club	901				901
Rachel Cooper	Lady Veteran 40	Elswick Harriers				901	901
Tracey J Burlinson Ca	Lady V40	Sunderland Strollers			901		901
Ruth Patten		U/A Preston,				900	900
Toby Brothers	Lady V50	Hampstead Heath Park Run			900		900
Jenni Barrowclough	Lady Veteran 40	U/A Carlisle, Cumbria	899				899
Cheryl King	Lady Veteran 40	U/A Barrow in Furness, Cumbria		897			897
DIANE GRAHAM	Lady Veteran 40	DH RUNNERS	897				897
Jude Carey	Lady V40	U/A Bristol,			896		896
Karen Christou	Lady Veteran 40	U/A Milnthorpe, CUMBRIA		896			896
Jen O'Brien	Lady Veteran 40	U/A NEWCASTLE, TYNE AND WEAR				895	895
Kat Kelly					895		895
Louise Yates	Lady Veteran 40	U/A Wilmslow, Cheshire		895			895
Elizabeth Law		U/A Chorley, Lanashire			894		894
Rebecca Douglas		U/A Ulverston, Cumbria		894			894
Sarah Corbett		U/A Kendal, Cumbria	894				894

Vicky Moran	Lady Veteran 40	U/A Barnton, Cheshire				894	894
Chloe Wilkinson		U/A Wirral, Merseyside				893	893
Fiona Tracey		U/A London,	893				893
Nicola Bishop		U/A Lancaster, Lancashire		893			893
Helen Bowers	Lady V40	U/A kirkby lonsdale, lancashire			891		891
Jayne Dore	Lady Veteran 40	U/A Formby,	891				891
Lisa Wilkinson	Lady Veteran 40	U/A Merseyside,				891	891
Geraldine Luxton	Lady Veteran 60	U/A WALLASEY, Wirral				890	890
jenny clare	Lady Veteran 50	U/A bowness on windermere, cumb	890				890
Helen Pedley	Lady Veteran 40	Dumfries Running Club		889			889
Yvonne Clarke	Lady V40	U/A Leyland, Lancashire			889		889
Faith Hillier		U/A Kendal, Cumbria		888			888
Janet Mullin	Lady Veteran 50	Formby Stormers				888	888
Lisa Todhunter		U/A Frizington,	888				888
Karen Daniels	Lady V40	U/A Bristol,			887		887
kim Griffiths	Lady Veteran 50	Run in Wirral				887	887
Ursula Kaul	Lady Veteran 40	U/A Ashbourne,	887				887
Casey Rust		U/A Edinburgh ,		886			886
Gemma Haigh		U/A Whitley Bay, Tyne & Wear	886				886
Leanne Morgan-Hilla		U/A Wigan, Lancashire			886		886
Louise Fury	Lady Veteran 40	RunThrough				886	886
Andrea Bale	Lady Veteran 40	U/A Birkenhead, Wirral				885	885
Rachel Walker		Skelmersdale Boundary Harriers		885			885
Amanda Green	Lady V40	U/A Kendal, Cumbria			884		884
Amy Silcock		U/A Frodsham, Cheshire	884				884
Rachael Broadbent		Commando Fit		884			884
sally king	Lady Veteran 50	U/A Wisbech, Cambridgeshire				884	884
ruth seton	Lady Veteran 40	U/A sale, cheshire		883			883
Sue Jeff	Lady V50	Tideswell Running Club			883		883
Jenna Carpenter		U/A Broughton In Furness, Cumbria	882				882
Vicky Marcus	Lady Veteran 40	U/A Liverpool,				882	882
Angela Bates	Lady Veteran 50	Formby Stormers				881	881
Jackie Casey	Lady Veteran 50	Barrow Striders	881				881
Juliet Rodgers	Lady V50	U/A London,			881		881
Lucy Dobson McAule		U/A London,		881			881
Karen Sullivan	Lady Veteran 50	Formby Stormers				880	880
Linda Thomas		U/A Wylam,			880		880
Nicola Underhill		Horsforth Harriers		880			880
Carol Sinkinson	Lady Veteran 40	BRAT Club	879				879
Emily Morrow		U/A Morecambe , Lancashire			879		879
Kathryn Maynard		U/A Staveley, Cumbria		879			879
Janet Hemming	Lady V50	U/A Hexham, Northumberland			878		878
Rachel Shaw	Lady Veteran 40	U/A Milnthorpe, Cumbria		878			878
Anna Paton-Jones		U/A Warrington, Cheshire	877				877
Helen Brinkley		U/A hyde,			877		877
Katja Osswald	Lady Veteran 40	U/A York,		877			877
davina bowling	Lady Veteran 60	redrose road runners		876			876
Laura Clements	Lady V50	U/A Penrith, Cumbria			876		876
Louise Harrop		U/A Sheffield, South Yorkshire			874		874
Nancy Ryan	Lady Veteran 40	U/A Altrincham, Cheshire		874			874
susan sowerby	Lady Veteran 40	U/A workington, cumbria	874				874
Janet Grindrod	Lady V40	U/A Leyland, Lancashire			873		873
Susan Ridings	Lady Veteran 50	Clwydian Range Runners	873				873
kath baxter	Lady Veteran 50	U/A filey, north yorks		872			872
claire wilding	Lady V40	U/A Preston,			871		871
Monika Hozdekova		U/A Glasgow,	871				871

Martha Smith		NO	870				870
Emma Forrester	Lady Veteran 40	U/A Manchester,		869			869
Lucie Gage	Lady V50	Elswick Harriers			869		869
Catherine Mann	Lady V40	Uttoxeter Road Runners			868		868
Susannah Rolls	Lady Veteran 40	U/A York, Yorkshire	868				868
Claire Large	Lady V40				867		867
Philippa Graham		U/A Eccleshall, Stafford		867			867
Catherine Spanswick		U/A Thornaby, Stockton on Tees			866		866
Linda Frankland	Lady Veteran 50	U/A Kendal, Cumbria		866			866
Ann-Marie Johnstone		U/A Middlesbrough, Cleveland			865		865
Lizzie Boutwood	Lady Veteran 50	U/A St Albans, Herts	865				865
Dorota Synowiec		U/A Geel,			864		864
kim ellis		U/A kendal, Cumbria		864			864
Tara McCully		none	864				864
Anouska Kent		U/A Oldham,			863		863
Charlotte Smith		Bruntwood		863			863
Rachel TICKNER	Lady Veteran 60	U/A Cockermouth, Cumbria	863				863
Grace Lees		U/A Urmston, Manchester		862			862
Bridget Peacock	Lady V40	U/A London,			861		861
Tracey Barker	Lady Veteran 40	U/A Rowlands Gill, --- Please Select ---		861			861
Julie Egglestone	Lady V40	U/A Appleby, Cumbria			860		860
Linda Kelly	Lady Veteran 40	jellylegs	860				860
Liza Swart	Lady Veteran 40	U/A Cartmel, Cumbria		860			860
Clare Mason	Lady Veteran 40	Twinkle	859				859
Sophie Collinson		ASICS		859			859
Susan Dunne		U/A King's Lynn, Norfolk			859		859
Jane Oakley	Lady V40	Howgill Harriers			858		858
Kate Clarke		U/A Derby, Derbyshire	858				858
Caroline Noon	Lady V50	U/A London,			857		857
Nikki Baker	Lady Veteran 40	U/A Wakefield , west Yorkshire	857				857
Alison Leach	Lady Veteran 60	U/A Darwen, Lancashire		856			856
Lisa Grandcourt	Lady V40	U/A Doncaster, S Yorks			856		856
Sarah White		Yorkshire Wolds Runners		855			855
Shona Baxter		U/A Blyth, Northumberland	855				855
Silvia Zediu		U/A London,			855		855
Gemma Marwood		None		854			854
Lorraine Hetherington		sanddogs			854		854
Viridiana Sica	Lady Veteran 40	U/A Keswick, Cumbria	854				854
Lauren Tilston		U/A Wrexham, Wrexham			853		853
Naomi Whittam		U/A Barrow in Furness, Cumbria		853			853
claire houghton	Lady V50	U/A warrington, cheshire			852		852
Dawn Fortun	Lady Veteran 40	U/A SOT, Staffordshire	852				852
denise kelly	Lady Veteran 40	jellylegs	851				851
Philippa Jackson	Lady Veteran 40	U/A Innerleithen,		851			851
Pam Bungay	Lady Veteran 50	Totton RC		847			847
Sarah Briggs	Lady V50	U/A Bampton			847		847
Katie Gray	Lady Veteran 50	Knaresborough Striders		846			846
Laura Hipple	Lady Veteran 50	U/A Penrith, Cumbria	846				846
Kathryn Kelly		U/A Ulverston, Cumbria	845				845
Rebecca Crellin		U/A Frizington, Cumbria	844				844
Catriona Jackson		U/A Leeds,		843			843
Jane Nicholson	Lady Veteran 50	U/A WIGTON, CUMBRIA	843				843
Kate Matheson		U/A South shields, Tyne and wear			843		843
Bev Barnes	Lady Veteran 40	U/A Carlisle, Cumbria	842				842
Christine Gibbons	Lady V50	bramhall runners			842		842
Rachel Halpin		U/A York,		842			842

Helen Honeyman	Lady Veteran 50	U/A Wigton, Cumbria	841			841
June Graham	Lady Veteran 50	Knaresborough Striders		841		841
Jenny Beresford-Jones	Lady Veteran 40	U/A milnthorpe,		840		840
teresa Gallagher	Lady Veteran 50	U/A Carlisle, Cumbria	840			840
Gemma Swart	Lady Veteran 40	U/A Cartmel, Cumbria		839		839
Sonia Charters	Lady Veteran 40	U/A Wigton, Cumbria	839			839
Joanne Howe	Lady Veteran 40	U/A Wigton, Cumbria	838			838
Meg Lee					838	838
Fiona Wood		U/A Salford, Lancs		837		837
Liane Thompson	Lady V40	U/A Barrow-in-Furness, Cumbria			836	836
Madeleine Vigar	Lady Veteran 50	U/A nr Haverhill, Essex	836			836
Wendy Sanders	Lady Veteran 50	U/A Glossop, Derbyshire		836		836
Clair Bonner	Lady V40	U/A Keighley, West Yorkshire			835	835
Ruth Wilson	Lady Veteran 50	U/A Hayfield, High Peak		835		835
Bronwen Currie	Lady Veteran 60	U/A Bruichladdich, Isle of Islay, Argyll		834		834
Nicola parker	Lady V40	U/A carnforth,			834	834
Joanne Lowther	Lady Veteran 40	U/A Carlisle, Cumbria	833			833
Gillian Hanley	Lady Veteran 50	U/A Warrington, Cheshire		832		832
Kath Saunders	Lady Veteran 50	DH Runners	832			832
Janine Arndt		U/A Whitley Bay,			831	831
Jo Hutchinson	Lady Veteran 60	U/A Carlisle, Cumbria	831			831
Amanda McPherson	Lady Veteran 40	Rutland Running & Triathlon Club	830			830
Laura Reynolds		U/A Wigan, Lancs		830		830
Ann Coe	Lady Veteran 60	U/A Kendal,	829			829
Charlotte Strachan		U/A Haslingden, Lancashire			829	829
Alison Fitzpatrick	Lady Veteran 50	U/A Sale, Cheshire	828			828
Denize Alston	Lady Veteran 40	U/A Preston, Lancashire		828		828
Jo Caisley	Lady V40	Bellahousten Harriers			828	828
Beth Howard		U/A Shaw, Oldham	827			827
Jane Slaney	Lady V40	U/A Blackpool, Lancashire			827	827
Roz Currie		U/A Edinburgh,		827		827
Farina Harris		U/A Ambleside, Cumbria	826			826
Jenny Neate		U/A Ottringham ,			826	826
Katherine Neate		U/A Guisborough,			825	825
Helen Cupac	Lady Veteran 40	DH Runners	824			824
Lisa Whitehead	Lady Veteran 40	Swinton		824		824
Nicola Donald	Lady Veteran 40	Muckle Toon Joggers		823		823
Nicola Jackson	Lady Veteran 40	DH Runners	823			823
Corinne Attwell		U/A Bradford, West Yorkshire		822		822
Helen Huthwaite		U/A Kew, Surrey			822	822
Emma Hughes		U/A Manchester,			821	821
Juliette Kumar	Lady Veteran 40	U/A Liverpool,		821		821
Karen Cummings	Lady Veteran 40	U/A St Helens, Merseyside		820		820
Charlotte Gaines	Lady Veteran 40	U/A Hexham,		819		819
Laura Sweeting		U/A Manchester,	819			819
Louise Earley	Lady Veteran 40	U/A Lichfield , Staffs		818		818
Nicola Roe	Lady Veteran 50	U/A Sale, Cheshire	818			818
Sheila Fitzgerald	Lady V50	Hampstead Heath parkrun			818	818
Briony Fane	Lady V50	U/A London, London			817	817
Judith Leather	Lady Veteran 50	U/A Sale, Cheshire	817			817
sandra devlin		U/A workington,	814			814
Louise Siddle	Lady Veteran 40	U/A Middlesbrough,		813		813
tracy mault		U/A workington,	813			813
Kerry Walker	Lady Veteran 40	U/A Stockton on tees ,		812		812
Laura Pinn		U/A Wakefield,	812			812
Roisin Black		U/A Skipton, North Yorkshire	811			811

