

Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
<b>Helvellyn Sport Trail 5k</b>						
1	457	Zander Gribbon	m	U16	New Marske Harriers	0:22:58
2	989	William Horobin	m	U16	Ackworth Road Runners	0:23:18
3	1212	Jenny Milburn	f	FV 40		0:26:26
4	386	james Galloway-Booth	m			0:26:29
5	721	Kevin Harber	m	MV 40		0:30:35
6	423	Alice Tolley	f	U16	City of Sheffield and Dearne	0:30:39
7	177	Don Oldcorn	m	MV 50		0:30:56
8	467	Henry Milburn	m	U16		0:31:18
9	727	Mark Broxton	m	MV 50		0:31:29
10	234	Graeme Atkinson	m	MV 50		0:31:52
11	287	Thomas Bull	m	U16		0:32:49
12	943	Martyn Green	m	MV 60		0:32:56
13	795	Sandra Guise	f	FV 50		0:33:22
14	35	Dave Pilkington	m	MV 60		0:33:26
15	866	Ewen Alcorn	m	MV 50		0:33:32
16	428	Eve Briffett	f	U16	Lancaster and Morecambe Athletics Club	0:33:42
17	885	Noah Kinghan	m	U16		0:33:51
18	827	Amanda Darby	f			0:34:23
19	904	Krzysztof Minikowski	m	MV 40		0:34:49
20	653	Edward Flanagan	m	MV 60		0:35:10
21	980	Mandy Bond	f	FV 50		0:35:47
22	1264	Jemima Oboyle	f	U16	St Gregory's High School	0:36:32
23	115	Tony Mather	m	MV 50		0:36:37
24	233	Phil Jones	m	MV 40		0:36:43
25	680	Mark Harrison	m	MV 40		0:37:15
26	485	Alison Hodges	f	FV 50	Blackball Bounders	0:39:58
27	848	Peter WILKINSON	m	U16		0:40:49
28	385	Sian Hamilton	f	FV 50	Washlands Women Runners	0:41:10
29	817	John Wiseman	m	MV 50	Red Rose Road Runners	0:41:11
30	468	Bella Milburn	f	U16		0:41:39
31	1213	Gareth Milburn	m	MV 40		0:41:40
32	405	Sian Saxby	f	U16	DCH Run Club	0:41:43
33	404	Dawn Saxby	f	FV 50	DCH Run Club	0:41:43
34	484	Brian Richardson	m	MV 50	Blackhill Bounders	0:41:59
35	884	Millie Kinghan	f	U16		0:42:06
36	790	Karen Mackey	f	FV 40		0:42:07
37	883	Catriona Kinghan	f			0:42:08
38	920	Jo Catterall	f	FV 50		0:42:10
39	89	Mike Hamilton	m	MV 50		0:42:19
40	654	Sarah Pruettt	f	FV 40		0:42:19
41	929	Lana Hughes	f			0:42:56
42	1205	Nicole Miles	f			0:43:50
43	818	Clare Briggs	f	FV 40		0:44:09
44	819	Mark Briggs	m	MV 50		0:44:10
45	429	Georgina Briffett	f	FV 40	Dallam Running Club	0:44:46
46	671	Lois Baker	f	U16		0:45:06
47	336	James Whiston	m	U16		0:45:07
48	337	Philip Whiston	m	MV 40		0:45:15
49	178	Karen Oldcorn	f	FV 50		0:45:38
50	960	Steven Moran	m			0:46:36
51	801	Kelly Lawson	f			0:47:13
52	1280	Niki Stockton	f	FV 50		0:47:15
53	116	Lisa Mather	f	FV 50		0:47:28
54	564	Chloe Sellick	f			0:48:18
55	767	John Conway	m	MV 40		0:48:45
56	915	Holly Unsworth	f			0:49:58
57	914	Melanie Foster	f	FV 50	Thornton-cleveleys Running Club	0:49:58
58	454	Angela Bell	f	FV 50		0:50:41
59	641	Natalie Lewis	f	FV 40	Fellside Ladies	0:52:06
60	782	Sam Nicholson	f	FV 50	Border Reiver Runners	0:53:26
61	588	Jane Patel	f	FV 60	Colt	0:53:31
62	198	Lynn Bennett	f	FV 50		0:56:05
63	652	Kirsten Flanagan	f	FV 40		0:57:32
64	26	Maf Servante Haddow	f	FV 50	Furness Fell Runners	0:58:14
65	533	Adrian Hale	m	MV 40		0:58:24



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
<b>Helvellyn Trail Challenge 15k</b>						
66	689	Stephen Leahy	m			1:08:10
67	1120	Stuart Wilson	m			1:10:12
68	1029	Joe Dorgham	m			1:11:11
69	1249	Jack Harrison	m			1:12:13
70	1027	Ciaran Roddy	m		Red Rose Runners	1:13:50
71	543	Matt Routledge	m	MV 50	UTS	1:15:10
72	921	James Doddrell	m			1:17:12
73	545	David Pollitt	m	MV 50	Leigh Harriers	1:17:25
74	291	Andrew Watson	m			1:18:39
75	137	Matthew Croughan	m	MV 40	Meltham AC	1:20:04
76	84	Stuart Taylor	m	MV 50		1:20:14
77	93	Sara Lewis	f		Meltham Ac	1:20:40
78	478	Kyle Balnave	m	MV 40		1:20:43
79	286	David Bull	m	MV 40		1:20:53
80	792	James Crossan	m			1:20:56
81	510	Ben Read	m			1:22:27
82	936	Michael Worthington	m	MV 50		1:23:21
83	675	Ryan Martindale	m			1:24:22
84	603	Ian Croft	m	MV 50	Red Rose Road Runners	1:24:38
85	480	Sarah Morris	f	FV 50		1:25:10
86	418	Laurie Diaz-steptoe	m			1:25:12
87	738	Rob Copley	m			1:25:15
88	169	David Sargent	m			1:25:21
89	136	John Gray	m	MV 50	Meltham Ac	1:25:24
90	970	David Tittensor	m	MV 50	Wigan harriers a/c	1:26:02
91	1009	Joe Sheils	m			1:26:06
92	697	Adam Smith	m			1:26:10
93	822	Lee Marks	m	MV 40	Salford met ac	1:26:13
94	821	Simon Lobas	m	MV 40		1:26:13
95	1102	Lyndon Levett	m	MV 50		1:26:23
96	1209	Laura Molyneux	f	FV 40		1:26:40
97	462	Jonny Hughes	m			1:27:47
98	990	Darren Horobin	m	MV 40		1:27:52
99	1028	Eleanor Houghton	f			1:27:56
100	1266	Tim Lavin	m			1:28:44
101	363	Kevin Webster	m			1:28:55
102	686	Tim Kings	m	MV 50		1:29:23
103	486	Darren Atkinson	m			1:29:38
104	852	Andy Carpenter	m	MV 50		1:29:56
105	776	Alex Kelly	m			1:30:24
106	1106	Phil Horner	m	MV 40	Garstang RC	1:30:43
107	152	Laura Owen	f		Warrington Running Club	1:30:44
108	1138	John McConnell	m	MV 50		1:30:48
109	830	Steven Beahan	m	MV 50		1:31:00
110	674	Paul Bretherton	m	MV 50		1:31:49
111	1007	Debbie Torr	f	FV 40		1:32:07
112	886	Marek Majtyka	m	MV 40		1:32:12
113	163	Colin Gilchrist	m	MV 40	Fleetwood tri club	1:32:15
114	791	Paul Mackey	m	MV 40	Manchester Muckers RC	1:32:20
115	118	Find Jorgensen	m	MV 60		1:33:06
116	1035	Ian Mckay	m	MV 50		1:33:10
117	1197	Howard Rand	m	MV 40		1:33:22
118	1265	James Morris	m	MV 40		1:33:24
119	768	Paul Hodgkin	m	MV 40		1:33:52
120	783	Kerry Wilson	f			1:34:18
121	895	Callum Hodgson	m			1:34:41
122	168	Sally Anderson	f		Saddleworth runners	1:34:45
123	488	Ian Davenport	m	MV 50		1:34:54
124	315	Joanna Fitch	f			1:35:11
125	392	Kev Kendal	m	MV 50	Howgill Harriers	1:35:13
126	846	Dan Lewis	m	MV 40		1:35:14
127	1016	John Wiggans	m	MV 50	Red Rose Road Runners	1:35:56
128	777	Matthew Hodson	m			1:35:57
129	1107	Roger Harrison	m	MV 60	Cheshire Hash House Harriers	1:37:20
130	964	Rebecca Leahy	f		Women on the Run (Kendal)	1:37:24



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
131	400	Glyn Jones	m	MV 50		1:37:25
132	829	Joanne Beahan	f	FV 50		1:37:27
133	1134	Lauren Webster	f			1:37:32
134	563	Robert Hardy	m	MV 40		1:37:38
135	399	Glyn Williams	m	MV 50	Prestwich AC	1:37:51
136	719	Andrew Wilkinson	m	MV 50	Wesham road runners	1:37:59
137	1230	David Miller	m	MV 60	Chorley A. & T.	1:38:09
138	874	Ray Foulkes	m	MV 50	Redcar Running Club	1:38:15
139	994	Martin Tilbury	m	MV 50		1:38:16
140	583	Nadia Mckane	f			1:38:39
141	1202	Neil Venables	m	MV 60		1:39:02
142	91	Fiona Haigh	f	FV 50	Team Fi & B	1:39:31
143	144	Leonie Bell	f	FV 40		1:39:34
144	143	Neil Hawkes	m	MV 50		1:39:34
145	761	Gary Bigland	m	MV 40		1:40:09
146	974	Cathleen Casterton	f			1:40:28
147	952	John Wilks	m	MV 50	Tri Lakeland	1:40:32
148	1301	Rachel Bailey	f			1:40:55
149	146	Jen Moss	f		HI Runners	1:40:57
150	247	Ross Kirby	m	MV 40		1:41:19
151	32	Andrew Wright	m	MV 40		1:41:34
152	33	Nigel Dean	m	MV 50		1:41:35
153	688	Thomas Harkin	m	MV 40	Manchester Muckers RC	1:41:37
154	1309	Christopher D'Arcy	m	MV 50		1:41:39
155	180	Paul Haydon	m	MV 50	F.r.a.	1:41:42
156	201	Chris Green	m	MV 50		1:41:54
157	1140	Adam Ralph	m			1:42:35
158	1018	Fiona Little	f	FV 40		1:42:39
159	1240	Anthony Maxwell	m	MV 60	Lostock AC	1:42:41
160	1199	Emma Thacker	f	FV 40		1:42:43
161	659	Dan Stolworthy	m			1:42:48
162	368	Owen Davies	m	MV 70		1:42:55
163	1278	Hilary Dickinson	f	FV 60	Tynedale Harriers & A C	1:43:21
164	705	Andy Sheridan	m	MV 40		1:43:31
165	1179	Rebecca Hardacre	f			1:43:41
166	298	Keith Whitehead	m	MV 60	Knowle & Dorrige Running Club	1:44:30
167	682	Jodie Berry	f		RunTheWorldMcr	1:44:43
168	1186	Fiona Lobban	f	FV 50		1:45:01
169	865	darren hill	m			1:45:12
170	19	Rebecca Gregson	f		Tri Preston	1:45:20
171	85	Taylor Carver	f			1:45:22
172	253	Kit Erlebach	m	MV 50	Durham City Harriers	1:46:26
173	924	Mandy DYE	f	FV 50		1:46:33
174	676	Elizabeth Gribbin	f			1:46:45
175	1155	Ian Glendenning	f	FV 50		1:46:58
176	932	Craig Booth	m	MV 50		1:47:01
177	95	Emma Cousins	f			1:47:06
178	870	Robert Terry	m	MV 50	Belper Harriers	1:47:08
179	388	Emily Morrow	f			1:47:22
180	853	Karen Ashcroft	f	FV 40		1:47:35
181	511	NIKKI CRYER	f			1:47:49
182	1139	Helyn McConnell	f	FV 50	SE Fitness	1:48:35
183	749	Hannah O'connor	f			1:48:44
184	748	Stuart O'connor	m	MV 50		1:48:45
185	522	Carol Robinson	f	FV 40		1:48:53
186	1203	Jill Gregg	f	FV 40	Parbold Pink Panthers	1:48:55
187	99	Alex Abbott	f	FV 40		1:49:49
188	913	Heather Taylor	f	FV 40	Wearside Triathlon	1:49:51
189	551	Anna Holmes-Rand	f			1:50:01
190	587	Jill Reed	f	FV 50		1:50:09
191	133	David Aust	m	MV 50	Stamford Striders	1:50:12
192	105	Nick Pape	m	MV 50	Hermitage Harriers	1:50:12
193	926	Darren Eccles	m	MV 40		1:50:12
194	604	Alicia Croft	f	FV 50	Red Rose Road Runners	1:50:40
195	712	Anthony Barnes	m	MV 40		1:50:55
196	854	Stuart Bond	m			1:51:06
197	490	Andrew Turnbull	m	MV 40	St Bees Triers	1:51:09



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
198	739	Dan May	m			1:51:16
199	740	Kirstie May	f			1:51:16
200	459	Sandy Petrie	m	MV 70		1:51:27
201	897	Kathryn Green	f	FV 50		1:51:36
202	658	Kate Stolworthy	f			1:52:49
203	250	Steven Ohara	m	MV 40		1:53:07
204	70	Kirsty Martindale	f	FV 50	Women On The Run	1:53:16
205	461	Michael Matthews	m			1:53:40
206	505	Roger Grimble	m			1:53:54
207	506	Hannah Swift	f			1:53:54
208	1168	Jennifer Pugh	f	FV 40		1:54:02
209	869	Lynne Terry	f	FV 50		1:54:34
210	502	Nicholas Whitehead	m	MV 50		1:54:37
211	261	Tricia Griffiths	f	FV 60		1:55:11
212	202	Russ Kelly	m	MV 50	Redcar Running Club	1:55:24
213	1277	Sarah Wilding	f	FV 40		1:55:35
214	1287	Della Lansley	f	FV 50		1:55:42
215	96	Jane Marshall	f	FV 50	York Acorn Running Club	1:56:10
216	134	Lorna Aust	f	FV 50	Stamford Striders	1:56:34
217	81	Sarah Collins	f		Beverley Athletics Club	1:56:36
218	1297	Chris Probert	m	MV 60	Penny Lane Striders	1:56:38
219	439	Richard Quine	m	MV 50		1:56:53
220	1026	Elizabeth Bailey	f	FV 40	Garstang Running Club	1:57:20
221	1105	Claire Horner	f	FV 40	Garstang RC	1:57:20
222	496	Amanda Walsh	f	FV 50		1:57:28
223	497	Joanne Heron	f	FV 50		1:57:29
224	973	Laura Leitch	f			1:57:35
225	1221	Anne Stockley	f	FV 40	Keswick AC	1:57:38
226	246	Karen Thistlethwaite	f		Lonely Goat RC	1:57:42
227	464	David Ellicott	m	MV 40	Askern District RC	1:57:47
228	369	Janet Kay	f	FV 50	East hull harriers	1:58:00
229	1229	Adrian Kamis	m	MV 50	East Hull Harriers	1:58:00
230	556	Hannah Coupe	f	FV 40		1:58:12
231	707	Charlotte Casson	f			1:58:12
232	465	Alison Ferneyhough	f	FV 50		1:58:18
233	466	Mike Ferneyhough	m	MV 50		1:58:18
234	1130	Daniel Small	m			1:58:34
235	1141	Nicola Whitfield	f			1:58:34
236	633	Malcolm Adams	m	MV 70	Poynton Runners	1:58:46
237	474	Zena Cassels	f	FV 40	Women on the run	1:58:53
238	170	Sheila Williamson	f	FV 50		1:59:36
239	171	Rachel Blakeley	f	FV 40		1:59:36
240	164	Sandra Gilchrist	f	FV 40	Fleetwood tri club	1:59:42
241	520	Yvonne Bland	f	FV 50		1:59:58
242	757	Tiffany Mccullough	f			2:00:25
243	677	David Munday	m	MV 50		2:00:26
244	1173	Alison Ford	f	FV 50	SE Fitness	2:00:28
245	258	Katie Learman	f	FV 50		2:00:29
246	108	Gail Farr	f	FV 50	west hull ladies	2:00:39
247	204	Kathryn Greenlees	f	FV 40		2:00:54
248	1184	David Eatough	m	MV 50		2:01:04
249	601	John Cunningham	m	MV 50	Davenport Runners	2:01:05
250	181	Rachel Finn	f	FV 50		2:01:08
251	1252	Janet Finn	f	FV 50		2:01:34
252	1012	Kati Wood	f		Lancaster Runners	2:01:47
253	514	Diane Cawley	f	FV 40		2:02:09
254	503	Debbie Whitehead	f	FV 50	Farnham Runners	2:02:10
255	184	Rachel Ashton	f	FV 40		2:02:10
256	631	Joanne Slinger	f	FV 40		2:02:12
257	940	Kirstie Whyatt	f	FV 40		2:02:21
258	880	Andrea Howarth	f			2:02:33
259	881	Vish Parekh	m	MV 40		2:02:33
260	577	Abigail Jardine	f	FV 40	Eden Runners	2:03:02
261	1100	Deborah Easton	f	FV 40		2:03:04
262	1150	Helen Lyon	f			2:03:09
263	1204	Gabrielle Wenham	f		Parbold Pink Panthers	2:03:32
264	458	Fiona Petrie	f	FV 60		2:03:37



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265	109	Wayne Lee Farr	m	MV 50	N/a	2:03:41
266	515	Rhian Broomhead	f	FV 40		2:03:48
267	1172	Tim Ford	m	MV 50		2:04:03
268	1241	Lisa Kallal	f	FV 50		2:04:11
269	29	James Murrin	m	MV 40		2:04:16
270	550	Nic Holmes	f	FV 40		2:04:50
271	549	James Bostock	m	MV 40		2:04:50
272	548	Carrie Bostock	f	FV 40	10CaKers	2:04:50
273	1228	Lorna Mundy	f	FV 40		2:04:53
274	264	Luke Bell	m			2:04:56
275	265	Faye Cox	f			2:04:56
276	297	Linda Whitehead	f	FV 60	Knowle & Dorridge Running Club	2:04:59
277	690	Michael Leahy	m	MV 70		2:04:59
278	176	Ronni Kirkham	f	FV 50	Esk valley	2:05:04
279	154	Clare Agar	f	FV 40	Redcar Running Club	2:05:05
280	175	Jean Ann Wilde	f	FV 50		2:05:05
281	1251	Mark Finn	m	MV 50		2:07:40
282	1239	Sheila Maxwell	f	FV 60	Lostock AC	2:07:52
283	240	Karen Lillie	f	FV 50	Lonely goat	2:08:44
284	1019	Maxine Grimshaw	f	FV 60	RED Community	2:09:30
285	111	Rachel Cartwright	f	FV 40	Warrington Running Club	2:10:15
286	103	Menna Goodwin	f	FV 50	Warrington	2:10:15
287	946	Sorcha Hodgson	f			2:10:39
288	894	Paula Byrne	f	FV 60		2:10:39
289	698	Tony Pilkington	m	MV 60	PENWORTHAM PANTHERS	2:11:06
290	696	Laura Pilkington	f			2:11:06
291	1122	Katie Storey	f	FV 40	Liverpool Running Bugs	2:11:51
292	256	Alison Nordon	f	FV 50		2:11:53
293	348	Sarah Erlebach	f	FV 50	Mums on the Run	2:11:56
294	684	Lynne Hardwick	f	FV 40		2:12:56
295	440	Jonathan Clubb	m	MV 40		2:13:09
296	65	Thomas Murrin	m	MV 40		2:13:53
297	80	Marie Guttridge	f	FV 40		2:17:46
298	112	John Harrington	m			2:17:46
299	687	Michael Kirkham	m	MV 50	Tri Rivington	2:17:57
300	280	Phil Owen	m	MV 50	Fetcheveryone	2:21:23
301	1255	Paul Cameron	m	MV 40		2:21:23
302	1282	Rowan Luck	f	FV 40	Woodthorpe Huffers & Puffers	2:21:27
303	1281	Debbie Crouch	f	FV 50	Woodthorpe Huffers & Puffers	2:21:27
304	1153	Lucy Glendenning	f	FV 50		2:22:27
305	1154	Kiera Glendenning	f			2:22:28
306	1031	Richard Walker	m	MV 40		2:24:01
307	1032	Lizzie Simmons	f	FV 40		2:24:01
308	1171	Wendy Fraser	f	FV 60		2:24:18
309	1170	Amanda Forbes	f	FV 60		2:24:19
310	427	Donna Thorpe	f	FV 40		2:24:20
311	426	Al Marron	f	FV 40		2:24:20
312	649	Sarah Baird	f			2:26:39
313	222	Helen Dutton	f			2:27:59
314	224	Helen Greenhalgh	f	FV 40	Wesham Road Runners	2:28:03
315	413	Dawn Anderson	f	FV 50		2:30:23
316	906	Anne Gash	f	FV 50		2:35:37
317	907	Charmel Clark	f			2:35:37
318	555	Catherine Wernham	f	FV 60	Farnham Runners	2:35:47
319	928	Megan Skelhorn	f			2:36:01
320	927	Andy Skelhorn	m	MV 60		2:36:01
321	205	Lauren Dean-Ashton	f	FV 40		2:38:31
322	640	Katie Lee	f			2:39:25
323	106	Maria Sowerby	f	FV 60	Stamford Striders	2:39:27
324	531	Caroline Rixon	f	FV 60		2:41:07
325	643	Jeanette McCormack	f	FV 60		2:41:15
326	644	Marie Caveen	f	FV 70		2:41:47



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327	702	Anthony Staffieri	m			1:09:09
328	92	Mathew Carver	m			1:11:46
329	708	Neil Stephenson	m			1:14:38
330	438	Michael Robinson	m		Ackworth road runners	1:17:25
331	590	Aaron Rickard	m			1:17:30
332	477	Gavin Birkett	m	MV 40		1:18:10
333	933	Steven Price	m			1:22:50
334	934	Katherine Lafferty	f			1:23:36
335	694	Richard Kenyon	m	MV 40		1:23:37
336	1259	Michelle Price	f			1:23:38
337	389	George Clayton	m	MV 50	Brighton And Hove Athletics	1:23:47
338	217	Chris Brearton	m	MV 40	Wirral Vikings	1:24:52
339	871	Serena Miles	f	FV 50	Olney Runners	1:24:58
340	922	Simon Robb	m			1:25:32
341	800	Chris Carruthers	m			1:28:59
342	878	Anthony Connolly	m	MV 40		1:30:04
343	281	Terry Moss	m	MV 50		1:30:31
344	421	Chris Barnes	m	MV 50	Olney Runners AC	1:30:57
345	609	Gillian Glynn	f	FV 50		1:32:02
346	354	Mary Jones	f	FV 40	Olney Runners	1:32:32
347	1238	Sarah McAuliffe	f		Olney Runners	1:32:32
348	296	Louise Chikken	f	FV 50	Tynedale Harriers	1:32:39
349	135	Nicholas Schaffer	m	MV 60	Millom Striders	1:33:04
350	918	Simon Eggleston	m	MV 50	South Shields Harrers	1:33:06
351	736	Claire Allan	f		Dalston Caldew Runners	1:33:09
352	737	Nick Allan	m		Dalston Caldew Runners	1:33:10
353	303	Julie Cook	f	FV 50	Tynedale Harriers	1:33:27
354	1119	Chris Davies	m	MV 40	Team inov-8	1:34:04
355	1038	Jenny Jakeman	f		Team Inov-8	1:34:04
356	723	Michael Rogers	m	MV 40	None	1:34:12
357	651	Sandra Connell	f	FV 60		1:34:47
358	300	Joanne Marsden	f	FV 50		1:34:51
359	1217	Jayne Ashe	f			1:34:53
360	754	Michael Bellwood	m			1:34:58
361	725	Mike Lowes	m	MV 50	Saltwell Harriers	1:35:12
362	724	Joe Gregson	m			1:35:59
363	991	rebecca Byrne	f		St Bees Triers	1:36:05
364	810	Louise Anderson	f	FV 50		1:36:14
365	873	Sharon Barry	f	FV 50	Tri-lakeland	1:36:28
366	1219	amy kirk	f			1:37:15
367	304	Leonie Hayler	f	FV 50	Tynedale Harriers	1:37:21
368	851	Fran Connolly	f	FV 40	Blackpool Wyre & Fylde AC	1:38:16
369	151	Neil Brooks	m	MV 50		1:38:53
370	407	Andrew Hollowbread	m	MV 50		1:38:57
371	965	Gillian Rowland	f	FV 60		1:39:03
372	524	Daisy Munn	f			1:39:05
373	1191	James Watts	m			1:39:11
374	211	Peter Mylett	m	MV 40	Wirral Vikings Trc	1:39:19
375	1006	Michael Harrison	m	MV 40		1:39:43
376	1109	Katharine Greenwood	f	FV 50		1:41:28
377	862	Lee Clark	m	MV 40	Team Acf	1:41:57
378	559	Jen Powley	f	FV 40		1:42:01
379	872	Nicky Steels	f	FV 40	Keswick AC	1:42:06
380	1214	Alan Davidson	m	MV 70		1:42:26
381	560	Ann-Marie Tulloch	f	FV 40		1:42:53
382	726	Susan Lowes	f	FV 50	Saltwell Harriers	1:43:22
383	1246	Diane Wright	f	FV 50	Calder Valley Fell Runners	1:43:39
384	993	Helen Foster	f	FV 40		1:43:59
385	669	Sharon Stones	f	FV 60		1:44:13
386	493	Emily Hudson	f	FV 40		1:44:18
387	401	Paul Kirton	m	MV 50	Tetbury Dolphins Running Club	1:44:59
388	244	Simon Forshaw	f	FV 50		1:45:29
389	1036	Julia Guste	f			1:45:31
390	579	Meg Daintith	f	FV 50	Warrington Runing Club	1:45:36
391	382	Ryan Parry	m	MV 40		1:45:51



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
392	591	Alison Unsworth	f	FV 50		1:46:45
393	529	Charles Larsson	m	MV 50	Silverdale Tv	1:46:46
394	390	Jenny Dilworth	f	FV 50		1:46:59
395	436	Nathalie Robinson	f	FV 40	Roefield Run Club	1:48:26
396	25	Sue Woods	f	FV 50		1:48:33
397	617	Louise Roberts	f	FV 50		1:48:50
398	598	John Stout	m	MV 60		1:49:06
399	252	Bob Preston	m	MV 50		1:49:55
400	424	Val Houghton	f	FV 50		1:50:54
401	241	Jane Davies	f	FV 50		1:50:54
402	1167	Katy Lewis	f	FV 50		1:51:08
403	508	Guy Simpson	m	MV 40	Eden Runners	1:51:34
404	807	Ken Brown	m	MV 60		1:52:19
405	806	Vicki Brown	f	FV 50		1:52:20
406	931	Scott Burrow	m	MV 50		1:53:05
407	912	Sharon Duthie	f	FV 50		1:54:32
408	1108	Hannah Stirling	f			1:55:43
409	966	Kathryn Abbott	f	FV 50	Red Rose Road Runners	1:57:17
410	756	Sam Davis	m			1:57:19
411	77	Debbie Hallsworth	f		Derwent Ac	1:57:32
412	823	Marie Walker	f	FV 50	Sedgefield Harriers	1:57:43
413	856	Jennifer Burtonwood	f	FV 50	Blackpool Wyre And Fylde Athletics Club	1:58:13
414	141	Lee Latham	m	MV 40	Victoria Park Running Club	1:58:48
415	140	RACHAEL LATHAM	f	FV 40	VICTORIA PARK RUNNING CLUB	1:58:48
416	811	Gary Anderson	m	MV 50		2:00:02
417	242	Judith Barker	f	FV 50		2:00:48
418	938	Rachel Bellwood	f		N/A	2:01:44
419	1037	Chris Lee	m			2:02:59
420	1114	Genna Robb	f			2:04:06
421	1303	Ali Cooper	f	FV 60		2:06:04
422	879	Anthony Brewis	m	MV 40		2:07:44
423	1236	Martin Duffy	m	MV 40		2:09:42
424	1190	Tabitha Stanmore	f			2:10:32
425	589	Suze Rickard	f			2:10:32
426	94	Nichola Cooke	f	FV 40	Prestwich Ac	2:11:57
427	398	Jo Houghton	f	FV 50	Prestwich AC	2:11:58
428	552	Richard Payne	m	MV 60	Quakers Running Club	2:12:37
429	607	Claire St John	f	FV 40	BLACKPOOL WYRE & FYLDE ATHLETICS CLUB	2:12:37
430	544	Jez Makin	m	MV 50	Darlington Harriers & AC	2:12:38
431	526	Chloe Slee	f		Goodgym Race Team	2:13:40
432	358	Jackie Moxon	f	FV 60		2:13:52
433	513	Sarah Bowden	f	FV 40		2:14:03
434	512	Marie Clay	f	FV 40	N/a	2:14:21
435	189	Deborah Williams	f	FV 40	Jog On The Tyne	2:15:16
436	1294	Claire Knowles	f	FV 40	Jog On The Tyne	2:15:32
437	357	GARY MOXON	m	MV 60		2:15:55
438	243	Eleanor Forshaw	f			2:18:50
439	857	Wendy Hope	f	FV 40	Blackpool Fylde & Wyre AC	2:19:16
440	942	Elizabeth Gartshore	f	FV 60	Pensby Runners	2:19:23
441	1279	Catherine Jones	f	FV 60		2:21:35
442	845	Maree Barugh	f	FV 40		2:26:35
443	475	Elaine Hudson	f	FV 40		2:26:46
444	859	Beverley Miller	f	FV 60	Hyde Park harriers	2:26:57
445	858	Samantha Tinsdale	f	FV 40		2:30:30
446	787	Gillian Kelly	f	FV 40	St. Helens Sutton	2:36:09
447	785	Paul Kelly	m	MV 40		2:36:09



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
448	1	Jonathan Cox	m		Eden Runners	0:54:52
449	893	Alasdair Russell	m		Kendal AC	0:56:44
450	1039	Keith Wigley	m		Swaledale Runners	0:58:24
451	417	Richard Wilson	m	MV 40	Kendal AC	1:04:41
452	273	Ted Leahy	m	MV 40	Ripon Runners	1:04:41
453	534	andrew wallace	m	MV 40		1:05:10
454	626	Matthew Moran	m			1:05:37
455	835	Matthew Turnbull	m	MV 40	Ponteland Runners	1:06:20
456	489	Ben Swarbrick	m			1:06:32
457	411	Matt Wilson	m	MV 40	Kendal AC	1:07:52
458	1022	Daniel Brookfield	m			1:08:08
459	1118	Steve Paterson	m	MV 50		1:08:25
460	925	Peter German	m	MV 40		1:10:21
461	863	Mohammed Jabbar	m		Transition	1:10:38
462	769	Andrew Johnson	m			1:10:52
463	1110	Rob Mills	m		Ponteland Runners	1:11:33
464	672	Ben Ashton	m	MV 40	DOrunning	1:11:59
465	1222	Tom Shaw	m		North Endurance	1:12:32
466	367	Stephanie Fauset	f	FV 40	Smiley Paces	1:12:33
467	812	David Walker	m	MV 50	Sedgefield Harriers	1:12:44
468	1177	Steve Abbott	m	MV 40	Wesham Road Runners	1:12:50
469	1149	Tim Goldfarb	m			1:12:52
470	1115	Lee Gilbertson	m	MV 40		1:12:56
471	935	Andy Johnson	m			1:12:56
472	209	Peter Cushion	m	MV 40	Wirral Vikings Trc	1:12:57
473	1271	Peter Fishpool	m	MV 50	Yorkshire Wolds Runners	1:13:01
474	632	Billy Stephens	m			1:13:05
475	325	Karen Robertson	f	FV 50	Northumberland Fell Runners	1:13:21
476	210	Graham Coupe	m	MV 50	Wirral Vikings Trc	1:13:36
477	804	David James Upcott	m			1:13:52
478	403	Vicky Penn	f	FV 40	Smiley Paces	1:13:59
479	355	James Grinbergs	m	MV 40	Eden Runners	1:14:28
480	41	Joel Pilkington	m			1:14:40
481	1162	Joe Allaby	m		Poynton Runners	1:14:50
482	796	Melanie Funnell	f	FV 40	Shropshire Shufflers	1:15:08
483	327	Peter Hood	m	MV 60	Wolverhampton and Bilston	1:15:32
484	528	Christopher Wild	m			1:15:44
485	864	Tomasz Pelowski	m			1:16:03
486	939	Ally Robson	m	MV 40	Ponteland	1:16:23
487	307	Gina Howorth	f	FV 40		1:16:37
488	381	Stephen Robson	m	MV 40	York Knavesmire Harriers	1:16:56
489	635	Helen Thompson	f		Poynton Runners	1:16:57
490	499	Christopher Bridge	m			1:16:58
491	42	Sophie Pilkington	f		Red Rose Road Runners	1:16:59
492	1268	Rachel Ross Russell	f	FV 50	Rzh	1:17:15
493	1145	Richard Bowes	m	MV 40	The Stragglers	1:18:07
494	637	Scott Macdonald	m			1:18:14
495	834	Richie Coss	m	MV 40		1:18:26
496	995	Andrew Mainwaring	m	MV 40		1:18:57
497	998	Jamie O'Callaghan	m			1:18:59
498	747	Andrew Stuart	m	MV 50		1:19:05
499	338	Antony Beynon	m	MV 40		1:19:14
500	629	Paul Lewis	m	MV 50		1:19:45
501	558	Amy Lowe	f		Washlands Women Runners	1:19:56
502	1232	Ciaran O'Neill	m			1:20:00
503	1288	Paul Morris	m	MV 60	Keswick AC	1:21:04
504	1188	Chris Shearlock	m	MV 40		1:21:11
505	380	Tomo Armstead	m			1:21:17
506	636	Phil Harold	m	MV 50	Poynton Runners	1:21:23
507	498	Matt Garnett	m		Goodgym Race Team	1:21:29
508	923	Harry Lewis	m			1:21:35
509	619	Jonathan Goldsworthy	m	MV 40		1:21:35
510	673	James Brown	m		SISU RUN	1:21:41
511	889	Jack Whitworth	m		LBC Tractors	1:22:11
512	1196	Matthew Wernham	m	MV 60	Farnham Runners	1:22:58



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
513	1137	tony gill	m	MV 50		1:23:08
514	274	Sam Goodall	m	MV 40		1:23:14
515	255	Austin Jarrett	m	MV 50	Dawn Jarrett	1:23:22
516	1147	Dominique Boyle	f		Shaw Hill Runners	1:23:34
517	1005	LUKE MCGOWAN	m			1:24:16
518	272	Chris Turner	m	MV 60	NYP Tri	1:24:27
519	611	EDWARD FORSTER	m	MV 40		1:24:45
520	547	Al Neal	m	MV 40		1:24:46
521	608	Hilary Neal	f	FV 40		1:24:47
522	565	Julian Clarke	m	MV 50		1:24:48
523	750	Andy Mellor	m	MV 40		1:25:32
524	1163	Mikey Goodman	m			1:25:50
525	746	Stephen Stuart	m	MV 50		1:25:55
526	945	Tom Willox	m		Helm Hill Runners	1:26:22
527	890	Mikey Hanna	m		LBC Tractors	1:26:39
528	899	Richard Hermitage	m	MV 60		1:27:08
529	888	Decland Mernagh	m		LBC Tractors	1:27:23
530	622	Simon Brady	m	MV 40		1:27:46
531	1143	Rachael Shaw	f			1:28:05
532	722	Anthony Blight	m	MV 50	Blackpool wyre and fylde	1:28:35
533	1161	Lucy Allaby	f			1:28:42
534	1267	Duncan Ross Russell	m	MV 50		1:29:00
535	434	Gary Smith	m	MV 40		1:29:29
536	1121	Lloyd Allen	m	MV 50	Kirkstall Harriers	1:29:53
537	1125	Michael Jordan	m			1:29:54
538	716	Harry Hodgson	m			1:30:05
539	275	Matt Brookes	m	MV 40	Ripon Runners	1:30:09
540	1226	Jane Langham	f	FV 50	Smiley Paces	1:30:20
541	1182	Carol Reid	f	FV 40	Valley Striders	1:30:21
542	18	Michael Gregson	m	MV 60	Tri Preston	1:30:36
543	1013	kate Prior	f		Ilkley Harriers	1:30:45
544	614	Nicola Hughes	f			1:30:48
545	831	Edward Cross	m	MV 40		1:30:56
546	911	Kevin Brooks	m	MV 40	Black Combe Runners	1:30:56
547	780	Eleanor Gallon	f	FV 40	Kirkstall Harriers	1:30:57
548	1165	Fiona Panes	f	FV 50		1:31:10
549	364	Rebecca Shaw	f		Ilkley harriers	1:31:19
550	860	Therese Sheehan	f		Kirkstall Harriers	1:31:24
551	634	Michael Harte	m	MV 50	Poynton Runners	1:31:29
552	566	Andi Herrick	f	FV 50	Smiley Paces	1:31:29
553	955	Melanie Williamson	f	FV 40	Chorlton Runners	1:31:30
554	1144	Emily Hart	f			1:31:34
555	1192	Karen Stevens	f	FV 40	Smiley Paces	1:31:34
556	734	Jonathan Davis	m	MV 40		1:31:34
557	113	Darren Gillman	m	MV 50	Todmorden Harriers	1:32:06
558	332	Allen Smith	m	MV 60	Buckley RR	1:32:36
559	527	Matt Wright	m			1:32:37
560	333	Ceri Nicholas	f	FV 50	Buckley RR	1:32:42
561	887	Thomas Bateson	m		LBC Tractors	1:32:44
562	773	Laura Spencer	f	FV 40	Goodgym	1:33:03
563	441	Alison McGourty	f	FV 40	Smiley Paces	1:33:23
564	1116	Holly Gilbertson	f			1:33:38
565	665	Mark Shorting	m	MV 40	North Shields Polytechnic AC	1:33:47
566	568	Julia Gray Carnaffin	f	FV 60	Jog On The Tyne	1:34:15
567	580	Jennifer Lapping	f	FV 40	Jog On The Tyne	1:34:15
568	379	Lauren Docksey	f			1:34:19
569	1126	Ian Lockhart	m	MV 40		1:34:25
570	745	Basia Pawelczak	f		Blackpool Wyre And Fylde Ac	1:34:39
571	599	Owen Lewis	m	MV 40	Independent	1:34:51
572	456	Sam Lewis	m			1:35:18
573	455	Larissa Penny	f			1:35:18
574	406	Fleur Roberts	f	FV 40	Smiley Paces	1:36:25
575	951	Jessica Hall	f			1:36:39
576	803	Christine Dewsbury	f	FV 40	Stockport Tri club	1:36:43
577	917	Charlotte Black	f	FV 40	Stockport Tri Club	1:36:53
578	802	Janet Grint	f	FV 40	Stockport tri	1:36:53
579	132	Kenny Goodliffe	m	MV 40		1:36:58



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
580	1223	Georgina Gavins	f			1:37:10
581	235	Gogs Davies	m	MV 50	Vegan Runners UK	1:37:16
582	1274	Sarah Darley	f	FV 40	Vegan Runners UK	1:37:17
583	1176	Andrew Slatter	m			1:37:18
584	443	Gill Pomfret	f	FV 50	Smiley Paces	1:37:33
585	383	Sarah Nutt	f	FV 40		1:37:53
586	798	Kate Morley	f			1:38:01
587	704	Clare Clarke	f	FV 50	10 caKers	1:38:14
588	610	Anton Mirafsari	m		Gateshead Harriers	1:39:05
589	331	Steve Watson	m	MV 50		1:39:43
590	122	Leigh Jenkins	f		Chester Triathlon Club	1:41:05
591	350	Rebecca White	f	FV 40	Ilkley Harriers	1:41:05
592	310	Wendy Birkett	f	FV 60		1:41:16
593	1104	Holly Arnold	f		Fellside Ladies	1:41:28
594	117	Laura Ashford	f		Chester Tri Club	1:41:31
595	373	Ruth Ford	f	FV 40	Washlands Women Runners	1:41:31
596	1180	John Newton	m	MV 50		1:41:39
597	254	Dawn Jarrett	f	FV 50		1:43:29
598	1269	Ben Cheetham	m			1:44:25
599	1270	Russell Pilling	m	MV 60		1:44:26
600	972	Lotty Bradford	f	FV 40	Keswick AC	1:44:30
601	114	Katie Samuelson	f	FV 40	Todmorden Harriers	1:44:37
602	179	Naomi Le Voi	f		Jag outdoors	1:44:42
603	778	Jack Forshaw	m		TTC	1:45:16
604	896	Sarah Lord	f	FV 50	DH Runners	1:45:27
605	59	Rachel Clark	f	FV 50	Belper Harriers	1:45:43
606	978	Angie Wright	f	FV 50	Smiley Paces	1:45:54
607	374	Catherine Bowman	f	FV 40	Smiley Paces	1:45:54
608	444	Fiona Hulley	f	FV 50	Smiley Paces	1:45:54
609	448	Rachel Savage	f	FV 40		1:46:20
610	664	Catherine Sunderland-Hughes	f	FV 50		1:47:15
611	638	Jessica Wood	f			1:47:25
612	283	Katie Battersby	f		Smiley Paces	1:48:02
613	282	Joanne Battersby	f	FV 50	Steel City Striders	1:49:27
614	958	Parish Minton	f		10cakers	1:50:16
615	232	Linda Field	f	FV 50		1:50:21
616	372	Clare Moody	f	FV 40	Smiley Paces	1:53:40
617	1175	Colin Hill	m			1:54:25
618	1004	Terry Charles	m	MV 60	Wirral Vikings Trc	1:54:47
619	1123	Shevonne McLarnon	f	FV 40	Kirkstall Harriers	1:57:31
620	375	Sandi Carman	f	FV 50	Smiley Paces	2:00:14
621	1159	John Hetherington	m	MV 60	Bodyfit Cumbria	2:01:40



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
<b>Helvellyn Trail Run 10k</b>						
622	613	David Hatch	m			0:41:06
623	605	Steve Jones	m	MV 40		0:43:04
624	562	Ewan Maynard	m	MV 40		0:43:45
625	435	Maccauley Bond	m			0:44:24
626	318	Ronnie Haddow	m	MV 50	Furness Fell Runners	0:44:32
627	967	Fergal Duffy	m	MV 50		0:44:36
628	774	Chris Ingham	m	MV 40		0:44:43
629	482	Lee Rudd	m	MV 50	Wrekin Road Runners	0:45:17
630	227	Gary O'Neill	m	MV 40	Furness Fell Runners	0:46:23
631	182	Stephen Entwistle	m	MV 60	Wirral Vikings TRC	0:48:09
632	554	Philip Lonsdale	m	MV 50		0:49:34
633	820	Gary Moran	m			0:49:49
634	616	Rob Coakley	m			0:49:52
635	142	Andrew Fairweather	m	MV 40	Red rose road runners	0:50:00
636	775	Christopher Hill	m			0:50:15
637	789	Rachel Crow	f		BFR	0:50:17
638	212	Helen Johnson	f	FV 50	Wirral Vikings	0:50:43
639	158	Andy Firkin	m	MV 50	Lancaster and Morecambe ac	0:50:48
640	930	James Stubbs	m			0:51:14
641	824	Marcus Carter-Strutt	m			0:51:31
642	483	Paul Spriggs	m	MV 50	Wrekin Road Runners	0:51:51
643	578	Andrew Duggan	m	MV 50	Wrekin Road Runners	0:51:51
644	1254	Jack Liddell	m			0:52:07
645	17	John Wilson	m	MV 40		0:52:58
646	535	David Dalziel	m			0:54:06
647	1117	Christian Scott	m			0:54:09
648	971	Keith O'Connor	m			0:54:25
649	771	Eli Mitchell-Larson	m			0:54:29
650	1025	Neil Burnett	m	MV 50	Kendal	0:54:41
651	299	Emilia Wright	f		Calder Valley Fell Runners	0:54:47
652	409	Steven Livingstone	m			0:54:49
653	223	Katrina Mccaughan	f	FV 40		0:55:03
654	1156	Abbie Wilcock	f		Dallam Running Club	0:55:33
655	316	Lara Clayson	f		Brighton And Hove Athletics	0:55:36
656	284	Ralph Liddell	m	MV 70	Eden Runners	0:55:36
657	1113	Jonathan Fletcher	m	MV 50	Ripon Runners	0:55:37
658	1314	David Ormrod	m			0:55:47
659	714	Andrew Edwards	m	MV 40	East Fife Triathlon Club	0:57:02
660	460	Clare Thompson	f	FV 40	Smiley Paces	0:57:15
661	221	Claire Lester	f	FV 50		0:57:16
662	131	Raymond Riley	m	MV 40		0:57:32
663	1158	Robin Lee	m	MV 40		0:57:34
664	1148	Christopher Snelling	m	MV 40		0:57:35
665	961	David Moran	m			0:58:13
666	816	Matthew Dack	m			0:58:15
667	371	Harvey Wooldridge	m	MV 50		0:58:18
668	815	Scott Houston	m			0:58:29
669	98	Martin Dick	m	MV 50		0:58:43
670	214	Spencer Reynolds	m	MV 40	Wirral Viking's	0:59:43
671	1215	Laura Miggins	f			0:59:45
672	1103	Jessica Booth	f			1:00:01
673	1151	Robert Meadows	m	MV 50		1:00:07
674	125	Dawn Chilton	f	FV 50		1:00:08
675	437	Andrew Connor	m	MV 50		1:00:12
676	130	Siobhan Riley	f	FV 50		1:00:26
677	867	Vicky Bloor	f	FV 40	Furness Fell Runners	1:00:28
678	1276	Dawn Jones	f	FV 50		1:00:30
679	794	Jimmy Hark	m			1:00:31
680	700	Kerry Bromhall	f	FV 50		1:00:33
681	919	Richard Catterall	m	MV 40		1:00:34
682	46	Jennifer Smith	f			1:00:47
683	760	Jerry Barnes	m	MV 60	Vegan runners	1:00:51
684	384	Carol Hatch	f	FV 60		1:00:52
685	366	Jim Higham	m	MV 50		1:01:06
686	781	Alan Huggon	m	MV 50	Border Reiver Runners	1:01:21



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687	557	Jackie Watts	f	FV 40		1:01:24
688	799	Mark Cowan	m	MV 40	Wirral Vikings Trc	1:01:25
689	1111	Damien Cheema	m	MV 40		1:01:57
690	733	Beth Wyld	f			1:02:21
691	1224	Delia Watts	f	FV 50	Smiley Paces	1:02:29
692	360	Juliet Rayment	f	FV 40		1:02:30
693	445	Caitlin Baty	f			1:02:37
694	1250	Jess Ormerod	f			1:02:38
695	833	Matt Goffatt	m			1:02:47
696	1024	Sarah Burnett	f	FV 50		1:02:53
697	82	Jacq Charles	f	FV 40	Wirral Vikings Trc	1:03:16
698	1133	Kirsty Batchelor	f			1:03:23
699	370	Carl Wild	m	MV 40		1:03:33
700	1000	Chloe Almond	f			1:03:35
701	1001	Matthew Almond	m	MV 40		1:03:35
702	408	Sarah Jones	f	FV 50		1:03:42
703	842	Anthony Marechal	m	MV 60		1:03:42
704	986	Richard Clements	m	MV 50	Hip Replacement Runners	1:03:45
705	797	Simon Funnell	m	MV 40		1:03:47
706	861	Sally McFarlane	f	FV 40	None	1:04:03
707	1283	Joanne Boreham	f	FV 50	4 Amigos	1:04:06
708	720	Tom Blackman	m			1:04:35
709	73	Jane Mellor	f	FV 40		1:04:45
710	718	Graham Ibbetson	m	MV 50		1:04:52
711	86	Clare Thomas	f	FV 40		1:05:07
712	353	Frances Mayson	f			1:05:20
713	751	Louise Sargeant	f			1:05:23
714	1142	Christine Findlay	f			1:05:24
715	56	Lesley Neal	f	FV 40	Quakers running club	1:05:26
716	742	Nigel Eddy	m	MV 60	Quakers running club	1:05:26
717	365	Karen Higham	f	FV 50		1:05:32
718	1257	Nicola Sewell	f	FV 50	Smiley Paces	1:05:36
719	836	Rachel Barnes	f	FV 40	Smiley Paces	1:05:36
720	471	Leigh Curran	m			1:06:18
721	987	Belinda Schofield	f	FV 50		1:06:23
722	1135	Claire Appelquist	f	FV 50		1:06:26
723	1136	Kathryn Tracey	f	FV 40	Riverside Runners	1:06:26
724	826	David Hurst	m	MV 50		1:06:27
725	1112	Pete Holding	m	MV 60		1:06:30
726	422	Keith Tolley	m	MV 50	High Peak AC	1:06:32
727	999	Ellie Krukowski	f	FV 40	St Bees Triers	1:06:42
728	849	Jean WILKINSON	f	FV 50		1:06:42
729	196	Philip Sturgess	m	MV 50		1:06:47
730	218	Jean Turner	f	FV 60	Telford Harriers	1:06:54
731	1231	Zoe Bridges	f	FV 50	Trail Running Association	1:07:14
732	753	James Featherstone	m	MV 60		1:07:23
733	744	Hannah Hobson	f			1:07:43
734	345	Jackie Frank	f	FV 40		1:08:18
735	260	Jo Clayton	f	FV 50		1:08:26
736	79	Louise Lowe	f		Craven Energy	1:08:29
737	259	jo fowler	f	FV 40		1:08:30
738	352	Christabel Buchanan	f			1:08:31
739	248	Richard Campbell	m	MV 40		1:08:38
740	231	Laura Carter	f	FV 50	Stockport Tri Club	1:09:00
741	155	Gillian Doolan	f	FV 50		1:09:00
742	1178	Mart Kissick	m	MV 40		1:09:14
743	167	Lenka Ward	f	FV 40	Susie Anton Ladies On The Run	1:09:24
744	957	Shelly Allen	f	FV 50		1:10:01
745	60	Catherine George	f	FV 50		1:10:11
746	1300	Nicky Ball	f	FV 50		1:11:00
747	1198	Edward Melling	m	MV 60		1:11:03
748	1014	Katy Woodman	f	FV 40	Border Reiver Runners	1:11:12
749	219	Helen Lester	f	FV 50	Wirral Vikings	1:11:15
750	516	Katie Welch	f	FV 50		1:11:21
751	553	Sarah Castro	f			1:11:28
752	1273	Ian Walker	m	MV 60	Glaxo Hoad Hill Harriers	1:11:29
753	977	Faith Firkins	f	FV 50	Lancaster and Morecambe Athletics Club	1:11:31



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
754	160	Stephen Perry	m	MV 60	Lancaster and Morecambe ac	1:11:32
755	840	Christina Marechal	f			1:11:33
756	420	Rachael Price	f	FV 40		1:12:01
757	908	Jenny Garbe	f			1:12:04
758	446	Leigh Crawford	f	FV 40		1:12:15
759	1225	Carol Downing	f	FV 60	Howgill Harriers	1:12:37
760	49	Rach Stavert	f	FV 50		1:12:54
761	1253	Rosalie Liddell	f	FV 60	Eden Runners	1:13:13
762	592	Emma Teggart	f	FV 40	Lonely goat	1:14:11
763	962	Leanne Topcuoglu	f	FV 40	ACF Standish	1:14:32
764	662	Rebecca Modeley	f			1:14:32
765	663	Karl Dickenson	m		Lonely Goat Rc	1:14:33
766	623	Gill Hindle	f	FV 50	Jog On The Tyne	1:14:47
767	645	Hazel Ward	f	FV 60	Jog On The Tyne	1:14:48
768	1189	Sam Perkins	f	FV 40		1:14:48
769	509	Austin Trelfa	m	MV 60	Red Rose Road Runners	1:14:50
770	743	Sophie Bodenham	f			1:14:58
771	452	Rachel Bodenham	f	FV 50		1:14:58
772	340	Lindsay Halliwell	f	FV 50		1:15:00
773	487	LAURA ATKINSON	f	FV 40		1:15:01
774	728	Marie Dawson	f	FV 50		1:15:14
775	1261	Gillian O'boyle	f	FV 50		1:16:03
776	153	Ruth Shooter	f	FV 40	Ruth's Runners	1:16:13
777	814	Greg Murphy	m	MV 50		1:16:13
778	825	Catherine Roche	f			1:16:15
779	546	Caron Parkes	f	FV 50		1:16:19
780	102	Caitlin Stokes	f			1:16:21
781	996	Rachael Dinsdale	f	FV 50		1:16:32
782	988	Joanna Dent	f	FV 50		1:16:32
783	161	Rob Clayton	m	MV 40	Lancaster and Morecambe athletic club	1:16:44
784	159	Anna Richings	f	FV 50	Lancaster and Morecambe ac	1:16:44
785	157	Jo Moss	f	FV 40		1:16:45
786	1195	Justin Wilkinson	m	MV 50	Nicky Nook Fell Noncers	1:16:49
787	1193	James Fowler	m	MV 50	Nicky Nook Nackermen	1:16:49
788	1194	Joel Wilkinson	m	MV 50	Nicky Nook Nackermen	1:16:49
789	597	Brenda Lowry	f	FV 50		1:17:06
790	110	Brian Winder	m	MV 70	Darwen Running Group	1:17:12
791	758	Natasha Cruickshank	f	FV 40		1:17:24
792	701	Andy Gornall	m	MV 50	Cumberland AC/Tri Lakeland	1:17:31
793	982	Vanessa Thomson	f	FV 40		1:17:38
794	630	Miss Sharon White	f	FV 50	Mossley afc running club	1:18:09
795	1286	Julie Murrell	f	FV 50		1:18:29
796	992	Macarena Vergara	f	FV 50		1:18:36
797	875	Carol Greenhalgh	f	FV 50		1:18:36
798	188	Julie Cole	f	FV 50	Jog on the Tyne	1:19:00
799	192	Natalie Swift	f	FV 40		1:19:10
800	193	Ian Swift	m	MV 40		1:19:10
801	624	Susan McGhee	f	FV 50		1:19:18
802	731	Edward Jones	m			1:19:25
803	732	Mario Portela	m			1:19:25
804	730	Siana Jones	f		Shaw Hill Runners	1:19:32
805	661	Claire Heggie	f	FV 40	Border Reiver Runners	1:19:35
806	226	Sandra Allan	f	FV 60	Fellside Ladies	1:20:19
807	586	Kathryn Atkinson	f	FV 40	Pendle Triathlon Club	1:21:28
808	594	Catherine Thornber	f	FV 50	Pendle Triathlon Club	1:21:28
809	1206	Lynn Boylin	f	FV 60	Astley & Tyldesley	1:22:00
810	525	Karen Burgoyne	f		Invictus	1:22:03
811	541	John Melling	m	MV 60		1:22:19
812	447	Melanie Fraser	f	FV 40		1:23:30
813	847	Helen Craven	f	FV 50		1:23:33
814	362	Stewart Grieve	m	MV 40		1:27:21
815	361	Alison Hardiker	f	FV 40		1:27:27
816	97	Alison Dick	f	FV 50	Red Rose Road Runners	1:27:50
817	87	Fiona Gutteridge	f	FV 40	Red Rose Road Runners	1:28:21
818	530	Gill Morgan	f	FV 50	A&T running club	1:31:43
819	561	Kathryn Pearson	f	FV 50	Astley & Tyldesley Road Runners	1:31:43
820	183	Kate Wilkinson	f	FV 60	Jog on tyne	1:32:25



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
821	119	Gwen Woznikowska	f	FV 40	Susie Anton Pt Ladies On The Run	1:34:34
822	120	Kristen Hopkins	f	FV 40		1:34:36
823	910	Julie Luckman	f	FV 50		1:38:47
824	909	Simon Turgoose	m	MV 50		1:38:47
825	901	John Gore	m	MV 40	Rochdale Tri Club	1:39:44
826	902	Joanne Gore	f	FV 40		1:39:44
827	1023	Amanda Berry	f	FV 60	Red Rose Road Runners	1:43:29
828	433	Davina Bowling	f	FV 70	Redrose Road Runners	1:43:29
829	595	Fiona O'brien	f	FV 50	Jog On The Tyne	1:50:36
830	625	Suzanne Fairless-aitken	f	FV 40	Jog On The Tyne	1:50:37



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
<b>Helvellyn Trail Run 10k - Early Start</b>						
831	976	Laura Bartlett	f			0:47:35
832	1312	Kevin Scott	m	MV 50		0:47:43
833	311	Karen Johnson	f	FV 40		0:49:37
834	1292	Nick Martland	m	MV 50		0:53:18
835	301	Duncan Rossall	m	MV 60		0:55:20
836	569	Graham Forsyth	m			0:58:55
837	954	William Edwards	m			0:59:58
838	953	Eilidh Mann	f			0:59:58
839	1124	david CARTER	m	MV 50		1:02:07
840	916	Lewis Stokes	m	MV 40		1:02:13
841	166	Elaine Shepherd	f	FV 50		1:03:21
842	1291	Shirley Spratt	f	FV 60		1:03:32
843	24	Claire Gall	f	FV 40		1:04:48
844	346	Fran Pearson	f		Bury AC	1:05:15
845	347	Liz Lloyd	f	FV 40	Calder Valley Fell Runners	1:05:15
846	891	Sarah Ashcroft	f	FV 40	LYTHAM	1:05:33
847	841	Phil Chew	m	MV 60	Little fellas on fells	1:05:41
848	1146	Matthew Mccormack	m			1:05:48
849	139	Andrea Lancaster	f	FV 40		1:07:21
850	1002	Hannah Staffieri	f			1:07:23
851	1008	Fiona Bond	f			1:08:06
852	1101	Marjolein Thickett	f			1:08:09
853	172	Debra Hodgson	f	FV 50		1:10:11
854	216	Gary Cash	m	MV 70	Wirral Vikings TRC	1:10:34
855	279	Liz Meekings	f	FV 40	Smiley Paces	1:11:20
856	90	Bev Navesev	f	FV 50		1:11:44
857	185	Helen Bowerman	f	FV 50		1:12:05
858	11	Johnny Wild	m	MV 60	Lytham St Anne's Road Runners	1:12:20
859	100	Dawn Fahy	f	FV 60	Burgess Hill Runners	1:12:32
860	13	Neil Brannelly	m	MV 40		1:13:14
861	1284	Patricia Hynes	f	FV 60		1:13:37
862	27	Barbara Bath	f	FV 50	Red Rose Road Runners	1:13:43
863	83	Suzanne Collett	f	FV 40	Women On The Run	1:15:02
864	213	SUE CASH	f	FV 70	Wirral Vikings TRC	1:15:35
865	165	Jocelyn Coppard	f	FV 50		1:15:39
866	969	Patricia White	f	FV 60	Women on the Run	1:15:43
867	1127	Christine Sutherland	f	FV 60		1:16:03
868	667	Susan Winn	f	FV 50		1:17:23
869	425	Tanya Bushell	f	FV 40	Women On Run	1:18:53
870	150	Helen Newman	f	FV 50		1:18:54
871	138	Tracey Brocklehurst	f	FV 50		1:19:50
872	12	Iain Wood	m	MV 40		1:21:47
873	1313	Sue Burns	f	FV 50		1:22:29
874	1310	Jan Molyneux	f	FV 50		1:22:51
875	278	Jane Naylor	f		Smiley Paces	1:23:21
876	276	Rachel Suddrick	f	FV 50	Smiley Paces	1:23:21
877	391	Martha Henocq	f	FV 40	Smiley Paces	1:23:21
878	277	Rose Ward	f	FV 40	Smiley Paces	1:23:22
879	415	Helen Proctor	f	FV 50	Women on the Run Kendal	1:23:31
880	666	Hayley Fleming	f		Women on the run kendal	1:24:03
881	618	Elliot Chew	m			1:24:12
882	349	Tony Fahy	m	MV 70		1:24:46
883	532	Jennifer Hale	f		Witherslack Warriors	1:25:17
884	832	Lucy Price	f	FV 40		1:25:23
885	882	Christina Davies	f	FV 40		1:26:19
886	572	Carole Whiteley	f	FV 60	Women On The Run Kendal	1:26:35
887	450	Daryl Marshall	m			1:28:09
888	451	Caroline Morris-jones	f	FV 50	Adderbury Runners	1:28:09
889	14	Deborah Lund	f	FV 40		1:28:12
890	876	Andrea Jones	f	FV 50		1:28:13
891	186	Rosalyn Turner	f	FV 60	WOTR	1:29:13
892	128	Rose Thompson	f	FV 60	Women on the Run	1:29:16
893	1311	Rachel Archer	f	FV 50		1:31:41
894	156	Yvonne O'malley	f	FV 40	Jogscotland Penicuik	1:32:29
895	239	Jane Malcolm	f	FV 50	Jogscotland	1:32:31



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
896	215	Catherine Ball	f	FV 50	Wirral TRC	1:33:54
897	949	Tracy Norman	f	FV 50	Wirral Vikings Trc	1:33:54
898	416	Chrissie Jackson	f	FV 40	Wotr	1:34:58
899	711	Jane Cummins	f	FV 60		1:37:36
900	793	Edwina Rickards Collinson	f	FV 60	Crocwalkers	1:38:08
901	715	Sally Wilkinson	f	FV 50	Get Over Yourself	1:38:08
902	107	Lizzie Coleshill	f	FV 60		1:40:40

Number of records: 902

