

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
Lakeland Trails 2018 10K Series Results : Women												
1.	Mellor, Jane	U/A Bridge of Weir,		880	908	928	967	923	939	929	938	7412
2.	Grisedale, Jo	Team inov-8.com		831	883	894	947	892	914	745	812	6918
3.	Johnston, Vicky	St Bees Triers		733	801	735	920	800	849	741	837	6416
4.	Burnett, Sarah	U/A Kendal, Cumbria		861	904	919	959	853	922	917		6335
5.	Turner, Jean	Telford Harriers		867	889	901		915	924	864	815	6175
6.	Mossop, Carol	Dumfries Running Club		594	695	704	888	773	829	769	714	5966
7.	Winter, Louise	Keswick AC		984	957		986		969	978	981	5855
8.	Paton, Julie	U/A Preston, Lancashire		739	794	796		805	880	896	882	5792
9.	Navin, Wendy	Cumberland AC		777	828	785		788	850	747	862	5637
10.	Lee, Lois	SDC		970	913		990	976		993	645	5487
11.	Summers, Sara	U/A Preston,		718	747	701		762	814	836	755	5333
12.	Williams, Claire	Eryri Harriers		768	851	896	962	916	938			5331
13.	Miller, Allyson	U/A Chorley, Lancashire		489	570	636	861	695	746	720	599	5316
14.	Morley, Lizzie	U/A Ambleside, Cumbria		561	689	710		731	820	773	746	5030
15.	Summers, Rachel	U/A Preston,		744	810	797		829	884		876	4940
16.	johnson, karen	U/A Ulverston,		924	941	944		956	971			4736
17.	Dodd, Sarah	U/A Barrow In Furness, Cumbria			677	771		797	860	820	761	4686
18.	Edwards, Kerry	U/A Cupar, Fife			657	747		778	842	841	773	4638
19.	Booth, Jessica	U/A Salford, Greater Manchester			860	890	966	945	958			4619
20.	Phillips, Louisa	U/A Manchester, Greater Manchester			865	916		929	951		903	4564
21.	Collier, Debbie	Thornton Cleveleys Running Club			834	874	951	912		903		4474
22.	Irving, Beth	U/A Carlisle,				783		832	994	861	905	4375
23.	Brownsmith, Rachel	U/A Lancaster,		650	736	730		712	803		688	4319
24.	Braddon, Karen	Crocwalkers		462	545	613		641	728	701	600	4290
25.	Bonham, Jo	U/A Barrow in Furness, Cumbria		721	780	821			891	908		4121
26.	Gasior, Rachel	Keighley and Craven Athletic Club				801		815	846	832	818	4112
27.	Brown, Tracy	Sedgefield Harriers		749	814	859		786		846		4054
28.	Sullivan, Torrie	U/A Brampton, Cumbria		550	594	687			754	730	633	3948
29.	Haigh, Jo	U/A Skipton, North Yorkshire		940	949	962		971				3822
30.	Ball, Nicky	U/A Bolton , Lancashire		734	773	751			779		719	3756
31.	grimes, jeanette	U/A prescot, merseyside		732	701	695		776	816			3720
32.	Horne, Gill	Biddulph Running Club		642		765		719		800	787	3713

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
33.	Elliott, Kate	U/A Manchester,		611	676	738				829	799	3653
34.	Mellor, Kate	U/A Wetherby, W Yorkshire			877		963		907		877	3624
35.	Bale, Liz	U/A Penrith,						872	862	870	924	3528
36.	Parry, Susanne	U/A Carlisle,			849	875		884		905		3513
37.	Gray, Julie	n/a		850	869	885					823	3427
38.	slater, bridget	U/A Skipton, N Yorks		806	832	873		882				3393
39.	Jones, Kate	U/A Eccles,		595	633	676		699	772			3375
40.	Schofield, Belinda	U/A Manchester,		752	841			848	921			3362
41.	Krynem, Hilde	U/A Kendal, Cumbria						837	890	814	811	3352
42.	Oxley, Tara	Stockton Striders			846	845			871		740	3302
43.	Frank, Jackie	U/A Redcar,			836	830		785		844		3295
44.	Sharp, Susan	U/A Wakefield, west Yorkshire						825	852	798	808	3283
45.	Wearing, Catherine	U/A Lancaster,			567	627		683	748		646	3271
46.	White, Angela	CFR			805	779		791	887			3262
47.	Thorneycroft, Deborah	U/A Stoke on Trent, Staffs			720	767	919			799		3205
48.	Foster, Jenny	U/A Manchester,		753	795	846					765	3159
49.	Roblin, Aimee	U/A Richmond, North Yorkshire		707		787				847	777	3118
50.	Sandell, Sarah	U/A Richmond, North Yorkshire		708		786				848	776	3118
51.	Jones, Eileen	Clayton le Moors Harriers			740	750		767	799			3056
52.	McCarron, Natalie	U/A		989			998	991				2978
53.	cuthbert, catherine	wallasey ac		658	702	748			854			2962
54.	Higson, Catherine	U/A Keswick		656	761	753		781				2951
55.	Spiby, Alison	U/A Windermere, Cumbria		657	671	714	898					2940
56.	Radcliffe, Tricia	St Bees Triers		704		680		753		784		2921
57.	Daly, Allison	Helm Hill		965	962	966						2893
58.	Hopkins, Sarah	U/A Preston, Lancs		693	691	749					744	2877
59.	Bonner, Clair	U/A Keighley, West Yorkshire		589	647		877			727		2840
60.	Lapping, Jennifer	Jog on the Tyne		916						956	965	2837
61.	Gray Carnaffin, Julia	Jog on the Tyne		915						951	961	2827
62.	Bolton, Lisa	Red rose road runners			901	938		936				2775
63.	Eversfield, Catherine	Ilkley Harriers						888		933	950	2771
64.	Slaney, Jane	U/A Blackpool, Lancashire						684	741	725	616	2766
65.	Wilson, Abby	U/A Chester,			619			724		739	649	2731

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
66.	Jackson, Elizabeth	U/A Tunstall, East Riding of Yorkshire			585	655		717	768			2725
67.	Beresford, Amanda	Roundhay Runners						649	729	721	612	2711
68.	Turnbull, Kate	U/A Kendal ,		882	900					923		2705
69.	Mulcrone, Jane	Penny Lane Striders		572	650	706			773			2701
70.	Bridges, Zoe	U/A Sudbury, Suffolk			872					898	925	2695
71.	Rickards Collinson, Edwina	U/A CARNFORTH,						650	730	700	611	2691
72.	Pryor, Gillian	Thornton Cleveleys Running Club		887						889	869	2645
73.	Shaw, Gerry	Warrington Running Club						906		925	801	2632
74.	Silcock, Amy	U/A Frodsham,						886		880	863	2629
75.	McLachlan, Ellen	BWFAC				840		854	916			2610
76.	Bale, Katie	U/A Penrith, Cumbria						871	861	867		2599
77.	Hindle, Gill	Jog on the Tyne		799						862	892	2553
78.	Williams, Sara Lloyd	U/A Carlisle, Cumbria			561			651	732		608	2552
79.	Lockett, Sarah	U/A Frodsham , Cheshire		785						874	890	2549
80.	Spratt, Shirley	U/A Congleton, Cheshire				839				873	827	2539
81.	Addy, Louise	U/A Kendal, Cumbria		838	843	853						2534
82.	Ward, Rose	Smiley Paces			768					878	878	2524
83.	Johnson, Hilary	U/A London,				742				888	866	2496
84.	Madarasan, Petra	Jogging Pals				791		816	872			2479
85.	Horne, Fran	U/A Grange over Sands,		796	812	861						2469
86.	Trippitt, Angie	Kendal Tri Club		798	840	819						2457
87.	Jones, Angela	U/A Kendal, Cumbria		804	827	823						2454
88.	Keating, Sharon	U/A Lancaster , Lancashire				768		810			859	2437
89.	Lambert, Sally	U/A Ambleside, Cumbria		740	850	834						2424
90.	Ashton, Clare	U/A Warrington, Cheshire			820	824		775				2419
91.	Crate, Beverley	U/A Bedlington , Northumberland							851	822	737	2410
92.	Green, Karen	U/A Neston, Cheshire		717		766	923					2406
93.	McAninly, Abigail	Durham		747	803	841						2391
94.	Cash, Sue	Wirral Vikings TRC		754						872	758	2384
95.	Aplin, Shelley	U/A Kendal, Cumbria		815	685	837						2337
96.	Rollason, Kate	U/A Skipton, North Yorkshire		680	760	884						2324
97.	Haggerty, Catherine	U/A St Helens, Merseyside			716	795		802				2313
98.	Pye, Alison	U/A Kendal, Cumbria		727	770					802		2299

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
99.	Williams, Deborah	Jog on the Tyne		729						806	762	2297
100.	Betley, Catherine	N/A						700	801	778		2279
101.	Taylor, Jane	Women on the Run - Preston		769	709	790						2268
102.	Ashton, Rachel	U/A Nottingham, NOTTINGHAMSHIRE			683					782	767	2232
103.	Cattermole, Emma	Women on the Run		654		723		833				2210
104.	Hanson, Laura	U/A NEWCASTLE UPON TYNE, Tyne and Wear			713	763		727				2203
105.	Simmons, Nicola	Wirral vikings TRC		824						737	638	2199
106.	Kitchen, Zoe	U/A morecambe,		659	752	755						2166
107.	Martin, Heidi	St.Bees Triers				685				780	695	2160
108.	Johnson, Sue	U/A Penrith			634			756		746		2136
109.	Leader, Jill	U/A Kendal , Cumbria		687	722	716						2125
110.	Croft, Rachael	U/A Didsbury, Manchester		661	696					765		2122
111.	Stirling, Hannah	U/A Wilmslow,			666	675		772				2113
112.	FENNA, JOANNE	U/A ORMSKIRK, LANCASHIRE			600				760	735		2095
113.	Jackson, Elizabeth	U/A Tunstall, East Riding of Yorkshire			688	693		703				2084
114.	Gamberini, Ellena	Rocktart Runners				671		744			667	2082
115.	Mather, Lisa	U/A Stockport, Cheshire		651						740	691	2082
116.	Myatt, Ann	Cheadle			572	641	866					2079
117.	Roberts, Rose	261 Fearless				648		745			677	2070
118.	Thompson, Liane	U/A Barrow-in-Furness, Cumbria			646					728	656	2030
119.	Houlihan, Emma	U/A Windermere, Cumbria		638	673	715						2026
120.	Shaw, Nadia	U/A		994			996					1990
121.	Dowthwaite, Cassandra	Smiley Paces			563					732	648	1943
122.	henderson, margaret	U/A warton, lancs			973	967						1940
123.	Lowe, Bethan	U/A Manchester,		945	981							1926
124.	Stockton, Niki	U/A Manchester		513				668	743			1924
125.	Casson, Jennifer	U/A Lancaster ,					976	931				1907
126.	Smith, Felicity	Elswick		922					975			1897
127.	Trace, Katie	Biddulph Running Club								952	939	1891
128.	France, Katherine	U/A Kendal, Cumbria			934			952				1886
129.	Smith, Sue	U/A Morecambe, Lancs		480	552		851					1883
130.	Heys, Stephanie	U/A Wigan, Greater Manchester							929		944	1873
131.	McAuley, Fiona	U/A Manchester, Greater Manchester		628	573	665						1866

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
132.	Shaw, Stephanie	None		929				937				1866
133.	Aspinall, Linda	U/A Carlisle, Cumbria			910			944				1854
134.	Bluck, Elena	Tynedale Harriers			903			946				1849
135.	Westerman, Cheryl	U/A Keswick, Cumbria				920		927				1847
136.	Johnstone, Alecia	Red rose road runners								911	927	1838
137.	Appleby, Kathy	U/A Lancaster, Lancashire						917			915	1832
138.	Higgins, Donna	U/A Wigan , Lancashire		560	555					716		1831
139.	Taylor, Helen	U/A Bury, Greater Manchester			879					948		1827
140.	Borking, Helen	Women on the Run		516		632		664				1812
141.	Fildes, Christine	Nics Nordic Walks			547	615		648				1810
142.	farquhar, linda	st bees triers		491		629		688				1808
143.	Docherty, Antonia	Jarrow and Hebburn AC								907	900	1807
144.	Brookes, Sara	U/A Preston, Lancashire								887	906	1793
145.	Gorman, Margaret	U/A			890	899						1789
146.	Weal, Alison	U/A Chipperfield, Hertfordshire		879		908						1787
147.	McKay, Kat	U/A Glasgow,								868	919	1787
148.	Wood, Carole	U/A Kendal, Cumbria		530	598	654						1782
149.	Minshull, Heather	U/A Bolton,		518	607	656						1781
150.	Pattison, Lisa	Stockton Striders AC		830			938					1768
151.	Nolan, Anna	Ilkley Harriers		870	897							1767
152.	Islam, Elizabeth	U/A Sabden,		520	588	653						1761
153.	Johnson, Helen	Wirral Vikings								964	794	1758
154.	Richardson, Susan	St Bees Triers								856	895	1751
155.	Marechal, Christina	U/A Manchester, Lancashire			862			885				1747
156.	Hufton, Emily	U/A longridge, lancs								766	970	1736
157.	Sutton, Viki	U/A Lancaster,				872		863				1735
158.	Dove, Sarah	U/A Blackburn, Lancashire			821	900						1721
159.	Hart, Michelle	U/A Stockton on tees, Cleveland		783			937					1720
160.	Parker, Maureen	Tynedale Harriers						880		831		1711
161.	Perkins, Sam	U/A Hexham,								879	829	1708
162.	Millard, Rachel	U/A Worsley, Manchester						811	892			1703
163.	Habsudova, Lenka	U/A Manchester, Lancashire		503	576	621						1700
164.	Gibson, Elizabeth	U/A Kendal , Cumbria				794			903			1697

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
165.	Wade, Abby	U/A Kendal, Cumbria				793			902			1695
166.	Whiteley, Lisa	LWhiteley-Personal Training		816	874							1690
167.	Barton, Catherine	U/A Carnforth ,					893	794				1687
168.	hindle, elaine	U/A Liverpool,				825		842				1667
169.	Dinsdale, Nicola	Ribble valley Tri Club				775			881			1656
170.	Walsh, Natasha	COLT			833	820						1653
171.	Meynell, Louise	Billingham Marsh House Harriers			819	832						1651
172.	Nicholls, Emma	U/A Millom, Cumbria		471	554	622						1647
173.	Evans, Lorna	U/A Preston, Lancashire		791		854						1645
174.	Rickards-Collinson, Edwina	Crocwalkers		476	548	619						1643
175.	Barton, Sally	Hoad Hill Harriers		820	817							1637
176.	Daniels, Louise	Prestwich Athletic Club							847	787		1634
177.	Seigler, Jackie	U/A London,								807	825	1632
178.	Horton, Helen	U/A Otley ,		788	835							1623
179.	Dixon, Jo	U/A Keswick , Cumbria						814			809	1623
180.	Lewis, Anne	Independent					889	729				1618
181.	Edgar, Sal	U/A Ormskirk,			800				810			1610
182.	Ferreira, Sarah	U/A Ormskirk,			799				811			1610
183.	Brookfield, Hannah	U/A Aughton, Lancashire						761	841			1602
184.	Dixon, Margaret	U/A Redcar,		728					869			1597
185.	Tejera, Rachel	U/A Merstham, Surrey								850	747	1597
186.	Swann, Nicola	U/A Leeds, West Yorkshire		784						810		1594
187.	Hanley, vicki	Nordic walking Preston		451	537	605						1593
188.	Stavert, Rachel	U/A Penrith, Cumbria						764	825			1589
189.	Tomlinson, Jackie	U/A Bolton ,				684	904					1588
190.	Ridings, Susan	U/A Mold, Flintshire			763				824			1587
191.	Jones, Debra	Jogging Pals						766	821			1587
192.	O'Brien, Fiona	Jog on the Tyne								827	760	1587
193.	Bristo, Gail	Red Rose Road Runners			739				843			1582
194.	Lumley, Gemma	U/A York, North Yorkshire						789		789		1578
195.	Williams, Irene	U/A Coventry, West Midlands		668			905					1573
196.	Knowles, Claire	Jog on the Tyne								808	763	1571
197.	Parkes, Caron	U/A Kendal, Cumbria						751	819			1570

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
198.	Sunderland, Samantha									859	699	1558
199.	Ward, Hazel	Jog on the Tyne		722						834		1556
200.	Gunn, Carol	St Bees Triers								853	694	1547
201.	Goldrick, Sue	U/A Manchester,							744	797		1541
202.	Nevin, Gill	Crosby Stormers				728		799				1527
203.	beattie, mhairi	langholm primary		751	769							1520
204.	Hodgson, Susie	U/A Ambleside, Cumbria			759	760						1519
205.	Shaw, Hilary	U/A gateshead, Tyne & Wear							805		707	1512
206.	Gemson, Fiona	U/A Lancaster, Lancashire			617		895					1512
207.	Keegan, Alex	U/A Carlisle,			791						720	1511
208.	Majtanova, Nikky	U/A Lostock Hall, Lancashire		724	777							1501
209.	watt, nicola	U/A hexham,		736	764							1500
210.	Bamber, Liz	Lancaster Women's Running Club			710	789						1499
211.	Swift, Hannah	N/A						708	788			1496
212.	Hamilton, Sian	Washlands Women Runners								723	769	1492
213.	thomas, julie	hampstead health park run								786	706	1492
214.	Amos, Joanna	U/A Stanley, County Durham				672			818			1490
215.	Jones, Angela	St Helens Striders		653					832			1485
216.	Bennett, Clare	unattached			615		869					1484
217.	Jimenez, Lola	U/A Southport, Merseyside						713	763			1476
218.	Bannister, Sharna	U/A Preston, Lancashire		616				855				1471
219.	Tinsley, Alana	U/A Preston, Lancashire		681	787							1468
220.	Weston, Jacqui	Ilkley Harriers		671	793							1464
221.	Robson, Jo-Anna	U/A Formby,				725		735				1460
222.	Fawkes, Fiona									761	698	1459
223.	Noon, Caroline	U/A London,								748	711	1459
224.	Brocklehurst, Tracey	U/A Wigan, Lancashire								768	689	1457
225.	McGreen, Jane	n/a							742	712		1454
226.	Stafford, Jessica	U/A Preston, Lancashire								779	672	1451
227.	Oram, Sarah	Chorlton Runners		577			872					1449
228.	Waszkiel, Melanie	U/A Heversham,		691		758						1449
229.	Peacock, Bridget	U/A London,								763	676	1439
230.	Mabbutt, Jenny	U/A Accrington , Lancashire			711	727						1438

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
231.	Thomson, Kate								731	707		1438
232.	Birch, Deborah	U/A Lancaster, Lancashire			655			780				1435
233.	Airey, James	U/A Kendal,		699		734						1433
234.	Adlard, Angela	Wirral Vikings TRC								767	664	1431
235.	Sharples, Naomi	U/A Bury, Lancashire			694	731						1425
236.	Moor, Tracy	Loftus and Whitby athletics								754	671	1425
237.	Cummings, Deborah	U/A St. Helens, Merseyside			641	780						1421
238.	Crellin, Rebecca	U/A Frizington, Cumbria		674	744							1418
239.	Kirkham, Brenda	U/A Bury, Greater Manchester								743	674	1417
240.	Machin, Claire									762	655	1417
241.	Moorhouse, Heather	Women on the Run-Kendal		665	751							1416
242.	Jackson, Gill	Jog on the Tyne		601						813		1414
243.	Gromova, Marina	U/A London,								729	681	1410
244.	Evans, Kate	U/A Kendal, Cumbria		743	665							1408
245.	Donohue, Helen	U/A Wigan, Lancs		686	706							1392
246.	Hodgson, Sorcha	U/A Burneside, Cumbria				708					682	1390
247.	Byrne, Paula	U/A Arnside, Cumbria				707					680	1387
248.	Kay, Nicola	Horwich RMI Harriers		641				738				1379
249.	Bailey, Miriam	Trawden Athletic		527			849					1376
250.	Avison, Joanne	Wirral Vikings TRC								738	636	1374
251.	Franklin, Sylvia	Washlands women runners								722	644	1366
252.	TICKNER, Rachel	U/A Cockermouth, Cumbria						715			643	1358
253.	Mounsey, Elizabeth	U/A Preston , Lancashire			589				762			1351
254.	Airey, Sarah	U/A Kendal,		618		726						1344
255.	Hodges, Alison	Blackhill Bounders			660	682						1342
256.	Lane, Ellie	U/A Manchester				647		692				1339
257.	Gamberini, Lorna	Rocktart Runners				670					669	1339
258.	Earley, Alex	Lakeland Orienteering			648	686						1334
259.	Twist, Julia	U/A Kendal , Cumbria		633		699						1332
260.	Graves, Nicky	Batala Drummers		632		694						1326
261.	Sanders, Wendy	U/A Glossop, Derbyshire				639		687				1326
262.	WILSON, lynn	U/A New Milton, Hants								706	615	1321
263.	guttridge, marie	U/A Liverpool, Merseyside		600							712	1312

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
264.	Ewing, Alison	Warrington Running Club			629	683						1312
265.	Murray, Theresa	U/A Crook, Cumbria		598		713						1311
266.	Fairless-Aitken, Suzanne	Jog on the Tyne								702	598	1300
267.	Lawson, Sophie	U/A Melrose,		563				734				1297
268.	Ward, Beverley	U/A Stocksfield, Tyne & Wear			639	657						1296
269.	Dawson, Marie	U/A Peel,		519						774		1293
270.	Owen, Katherine	U/A Bury, Lancs			632	651						1283
271.	Wilson-Lagan, Elizabeth	Crosby Stormers		629	651							1280
272.	Davidson, Lesley	Horwich RMI Harriers		525					750			1275
273.	Hawthorne, Hayley	Ackworth Road Runners						660			613	1273
274.	Morgan-Hillam, Leanne	Wigan and District Harriers			556					714		1270
275.	Barrett, Jenni	U/A Ribchester, Lancashire		544				721				1265
276.	Strother, Susan	U/A Lytham St Annes, Lancashire						656			605	1261
277.	Davies, Vanessa	U/A Formby, Merseyside			602			654				1256
278.	Whiteley, Carole	U/A Kendal, Cumbria			571			669				1240
279.	Atkins, Kathryn	U/A Leeds, West Yorkshire			597	640						1237
280.	green, angela	U/A penrith, cumbria		568	662							1230
281.	Dodd, Bev	U/A Lancaster, Lancashire		486					740			1226
282.	Graves, Cressida	U/A Lancaster, Lancashire		573		644						1217
283.	Whitehead, Lisa	U/A Manchester		488					722			1210
284.	cowdell, Sarah	U/A Huddersfield, west yorks		580	627							1207
285.	Mawson, Briony	U/A Tadcaster, North Yorkshire		581	626							1207
286.	Molloy, Anne	U/A Halifax, West Yorkshire		582	625							1207
287.	Wilson, Alison	U/A Summerbridge,		614	586							1200
288.	Jones, Heidi	U/A Carnforth, Lancashire		578	610							1188
289.	Paxton, Lisa	Women on the Run		515				663				1178
290.	Roberts, Catherine	U/A Settle, N Yorkshire		547		623						1170
291.	Shepherd, Nicky	U/A Blackpool, LANCASHIRE		528		638						1166
292.	Lamb, Kathryn	U/A Carnforth , Lancashire		552	609							1161
293.	Williams, Laura	U/A Harrogate,		566	590							1156
294.	Gutteridge, Fiona	Red Rose Road Runners		505		643						1148
295.	Moore, Tira	U/A Durham, Durham			535	601						1136
296.	Rigby, Sue	Wesham Road Runners		498				636				1134

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
297.	Gray, Jaclyn	U/A Workington , Cumbria		459				667				1126
298.	Davies, Amy	U/A Settle, North Yorkshire		504	587							1091
299.	Carr, Dot	U/A harrogate, yorkshire		467		609						1076
300.	Campbell, Carol	U/A Grange over Sands, Cumbria		469	549							1018
301.	Finn, Gillian	Nordic Walking Preston		468	546							1014
302.	Sewell, Victoria	Knavesmire Harriers		999								999
303.	Slater, Catherine	Preston Harriers		998								998
304.	Conway, Annie	None						998				998
305.	Crank, Helen	U/A Ulverston, Cumbria		454	538							992
306.	Stoney, Jo	U/A Ulverston, Cumbria		453	539							992
307.	Macfarlane, Kate	Penny Lane Striders									992	992
308.	Cooper, Emma	U/A Leeds,								988		988
309.	Hoogkamer, Anna	Team inov-8			987							987
310.	Lomas, Christine	Nordic Walking Preston		450	534							984
311.	Jeffries, Ella	GoodGym					984					984
312.	Toppin, Suzanne	Team Mountain Fuel									983	983
313.	Cocker, Jessica	Cambridge and Coleridge AC			980							980
314.	Davis, Lydia	Newquay Roadrunners						980				980
315.	Cowan, Jess	Goodgym					979					979
316.	Hunt, Sophie	U/A Wirral,		977								977
317.	Thomas, Jane	Sale Harriers				976						976
318.	Smith, Caroline	U/A Warrington,					974					974
319.	Hatch, Jennifer	U/A Manchester,						974				974
320.	Oxlade, Claire						973					973
321.	Wiggans, Olivia	Red Rose Road Runners								973		973
322.	Brewster, Siobonne	U/A Carlisle, Cumbria						972				972
323.	Gillie, Susan	U/A Sheffield, S Yorks					968					968
324.	Paprzycka-Casson, Monika	U/A Uppermill, Oldham, Greater Manchester							967			967
325.	Marsh, Catherine	U/A Goonhavern, Cornwall									966	966
326.	Foley, Charlotte	U/A Tyne And Wear							965			965
327.	Davies, Angela	Team inov-8.com		963								963
328.	Tickle, Michelle	Blackpool Wyre & Fylde AC						963				963
329.	Houghton, Eleanor	U/A Liverpool,									963	963

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
330.	Philp, Michele	U/A Wylam, Northumberland								961		961
331.	Maguire, Kylie	St Helens Striders				960						960
332.	MacFarlane, Anne	Dumfries RC						960				960
333.	Dodds, Natalie	Hoad Hill Harriers							959			959
334.	Clennet, Catherine	Stockton Striders					958					958
335.	Wicks, Lilli	U/A Sheffield, South Yorkshire					956					956
336.	Hale, Sally	U/A Arnold Nottingham									956	956
337.	nuttall, nicola	U/A bury, lancashire					955					955
338.	tuffen, fay	U/A troutbeck bridge, cumbria			954							954
339.	Dobson, Rebecca					954						954
340.	Loughran, Beth	U/A Kendal,							954			954
341.	Muggleton, Julie	U/A Derby, Derbyshire					953					953
342.	Graham, Zoe	Dumfries Running Club		952								952
343.	Higginson, Catherine	U/A Banksia, NSW					952					952
344.	Booth, Lauren	Bury Athletics Club			951							951
345.	Lambert, Hannah	Holcombe Harriers						951				951
346.	Simmons, Sarah	N/A					950					950
347.	Barrett-Walsh, Deborah	U/A Beckermest , Cumbria		949								949
348.	Pawelczak, Basia	Blackpool Wyre and Fylde AC						948				948
349.	Fitzpatrick, Megan	Team inov-8.com			947							947
350.	Graham, Cat	U/A Carlisle ,		946								946
351.	Wilson, Joanne	U/A Wigton , Cumbria			946							946
352.	Wade-Rudin, Jenni	U/A Newcastle,					945					945
353.	Johansen, Miriam	U/A Durham,						940				940
354.	Bryant, Jane	Ilkley Harriers			939							939
355.	Turner, Robyn	U/A Blackburn,									936	936
356.	Fordham, Clare	U/A Bury, Manchester					935					935
357.	MacKenzie, Madeline	U/A London,								934		934
358.	Kirton, Megan	U/A Edinburgh, Edinburgh, City of							934			934
359.	Chapples, Rachael	U/A Askam in Furness, Cumbria					933					933
360.	Harper, Lorna	Merseytri		933								933
361.	Tippin, Susan	U/A Southport					932					932
362.	Rooney, Katherine	U/A Glasgow,									932	932

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
363.	Wright, Hannah	U/A Millom, Cumbria							932			932
364.	Holman, Denyse	U/A Lanchester , Durham				931						931
365.	Malcolm, anne	GoodGym					931					931
366.	Warwick, Sarah	U/A Wigton				929						929
367.	Radcliffe, Alison	U/A Fleetwood, Lancashire					929					929
368.	Rogers, Hannah	U/A Kenilworth,					928					928
369.	Le Bihan, Audrey	U/A Bramhall,					926					926
370.	hunter, manuela	U/A blackburn,					925					925
371.	Forsyth, Jennifer	U/A Ramsbottom, Lancashire					924					924
372.	Worthington, Eileen	U/A Fleetwood, Lancashire					922					922
373.	Bundgaard, Mette	FIF - Copenhagen									922	922
374.	Thornton, Callie	Canicross Clwyd				921						921
375.	Stokes, Carolyn	U/A Ormskirk					921					921
376.	Deane, Barbara	U/A Penrith,									921	921
377.	Fraser, Jenny	U/A Egremont, Cumbria								919		919
378.	Clegg, Bria	U/A Penrith, Cumbria									918	918
379.	Mason, Charlotte	U/A Kendal, Cumbria							917			917
380.	Law, Rose	U/A Preston , Wiltshire					917					917
381.	Holden, Claire	Lonsdale Fell Runners									916	916
382.	Charters, Kate	U/A Whitby, North Yorkshire					915					915
383.	Meadows, Jenny	U/A Fleetwood, Lancashire					914					914
384.	Brandon, Jane	None						914				914
385.	Simpson, Frances	U/A Cononley, North Yorkshire						913				913
386.	hutch, amy	U/A glasgow,								913		913
387.	Philburn-Powell, Katie	U/A Fleetwood, Lancashire					913					913
388.	Dumelow, Kirsty	Washlands Women Runners									913	913
389.	Smith, Anna	Baildon Runners								912		912
390.	Kenny, Gemma	U/A Staveley,					911					911
391.	Munroe, Lindsay	U/A London,					911					911
392.	Campbell, Jenni	U/A Hamilton ,						911				911
393.	Marfell-cadman, Sarah	U/A Bolton, Lancashire					910					910
394.	Sunderland, Joanne	Roundhay Runners					909					909
395.	Bowman, Meggan	U/A Carlisle , Cumbria						908				908

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
396.	Lambert, Kath	U/A Leeds,					908					908
397.	Astle, Hannah	U/A Edinburgh,						908				908
398.	Blake, Lorna	U/A Carshalton,					907					907
399.	Kenyon, Sally	U/A Liverpool,		906								906
400.	Lawrence, Jo	U/A Haslington , Cheshire				906						906
401.	Molenkamp, Victoria	GoodGym					906					906
402.	Haygarth, Julie	U/A Kirkby Stephen, Cumbria							905			905
403.	Batty, Fiona	U/A Worksop, Nottinghamshire					901					901
404.	Abbas, Andrea	U/A Manchester,							900			900
405.	sowerby, susan	U/A workington, cumbria					900					900
406.	Ingham, Becky	U/A Kirkham, Lancashire						900				900
407.	Rooke, Rebecca	Black Combe Runners		897								897
408.	Weston, Lynda	U/A Sutton Coldfield, West Midlands					897					897
409.	Carruthers, Anne-Marie	Wray Running Club								897		897
410.	Leon, Pamela	Smiley Paces									897	897
411.	White, Jackie	U/A Leek, Staffordshire					896					896
412.	Rousell, Christine	U/A Cockermouth, Cumbria							895			895
413.	Sandilands, Yat	U/A Aberdeen , Aberdeenshire					894					894
414.	Fletcher, Maxine	U/A Gargrave, Skipton									893	893
415.	Hughes, SAMANTHA	Accrington Road Runners							893			893
416.	Gott, Julie	U/A Kendal,					892					892
417.	birks, sarah	U/A london,								891		891
418.	Keyse, Bryony	U/A Derby, Derbyshire									889	889
419.	Bonham, Philippa	U/A Doncaster, South Yorkshire							889			889
420.	Wisely, Julie	U/A Manchester ,							888			888
421.	Bibby, Susan	U/A cumbria,			887							887
422.	Burnett, Helen	Clayton-le-Moors Harriers					887					887
423.	Noonan, Ruth	U/A Cockermouth, Cumbria									887	887
424.	King, Cheryl	U/A Barrow in Furness, Cumbria		886								886
425.	Brayshaw, Kate	U/A Kendal,			886							886
426.	Cardwell, Alison	Styal RC				886						886
427.	Wood, Helen	U/A Wylam , Northumberland								886		886
428.	Elson, Sarah	U/A Derby, Derbyshire									886	886

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
429.	Powrie, Frances	GoodGym Race Team					885					885
430.	Trueman, Dawn	Smiley Paces			884							884
431.	Longbon, Kim	GoodGym Sheffield					884					884
432.	Eggett, Alyson	U/A Seaton Sluice,								884		884
433.	tattersall, liza	U/A carnforth, lancashire				883						883
434.	Hammond, Angela						882					882
435.	Duncan, Jennifer	U/A York, Yorkshire		881								881
436.	Baxter, Joy	U/A Fleetwood, Lancashire					881					881
437.	Staunton, Hayley	U/A warrington, cheshire									881	881
438.	Johnston, Denise	U/A Maghull, Merseyside					880					880
439.	Davidson, Zoe	U/A Crewe,									880	880
440.	Bather, Philippa	U/A Manchester,				879						879
441.	Lutton, Heather	U/A Ashton, Chester, Cheshire					879					879
442.	McParland, Louise	U/A Glasgow,				878						878
443.	Willis, Donna	U/A Consett, Co Durham					878					878
444.	Buck, Lindsay	U/A Seascale, Cumbria							877			877
445.	Reynolds, Emma	Riversway Roadrunners		876								876
446.	Woollard, Laura	U/A Ellesmere Port, Cheshire				876						876
447.	Giddins, Jane	U/A Nottingham,					876					876
448.	Paul, Therasa	U/A Kendal, Cumbria						875				875
449.	Kirkham, Laura	riversway road runners		874								874
450.	Chaplin-Brice, Elizabeth	U/A Keswick,									873	873
451.	Thompson, Michelle	U/A Preston, Lancashire									872	872
452.	Hinch, Sara	Steel City Striders					871					871
453.	Blundell, Bernice	U/A Ormskirk, Lancashire				870						870
454.	Brant, Helen	Saltaire Striders		869								869
455.	McCullagh, Vanora	U/A Keighley, West Yorkshire						869				869
456.	Taylor, Cara	U/A Ulverston ,			868							868
457.	Whittaker, Laura	U/A Kendal, Cumbria				868						868
458.	Rawlinson, Annie	U/A Kendal, Cumbria					868					868
459.	Proctor, Wendy	Newcastle (Staffs) Triathlon Club						868				868
460.	Jenner, Mary	U/A Ambleside,			867							867
461.	Renyard, Corrie	U/A Carlisle, Cumbria				867						867

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
462.	Farquar, Linda	St Bees Triers					867					867
463.	Clark, Hazel	Ware Joggers									867	867
464.	Butcher, Bethany	U/A Ramsbottom ,							867			867
465.	Choe, Claire	U/A London, London					865					865
466.	Storey, Anna	U/A Newcastle, Tyne & Wear								865		865
467.	Proctor, Kathleen	U/A Keswick									865	865
468.	McFarlane, Kirsten	U/A Manchester, Greater Manchester							865			865
469.	Sherlock-Smith, Jessica	U/A Macclesfield,			863							863
470.	Forster, Carol	U/A Cockermouth, Cumbria					863					863
471.	Bethune, Julie	U/A Runcorn,									863	863
472.	Hoskins, Bethan	GoodGym					862					862
473.	Lynch, Anna	Ilkley Running Group			861							861
474.	Stevens, Christina	Tring Running Club						861				861
475.	Leishman, Moira	U/A Kilmarnock, Ayrshire		860								860
476.	O'Sullivan, Katie	BMF									860	860
477.	Wardle, Stephanie	U/A Salford,						859				859
478.	Randle, Jennifer	U/A Southport							859			859
479.	Munnelly, Karen	Riversway Road Runners		858								858
480.	Kelsall, Donna	Lostock AC				858						858
481.	Waddington, Rachel	U/A Wigginton , N Yorks					858					858
482.	Downing, Carol	Howgill Harriers							858			858
483.	Gibson, Jo	Penny Lane Striders					857					857
484.	Bland, Gillian	U/A Carnforth , Lancashire						857				857
485.	Preston, Joanne	Wirral Vikings TRC		856								856
486.	Bishop, Nicola	U/A Lancaster, Lancashire				856						856
487.	Young, Rachel	U/A Carlisle,									856	856
488.	Dyer, Camilla	Giffnock North							856			856
489.	Averill, Susan	Notts Women Runners				855						855
490.	Gall, Zara	Didsbury ladies							855			855
491.	Orf, Kate	U/A LONDON, London		853								853
492.	Loftus, Julie	U/A Bolton, Lancashire					853					853
493.	Wicks, Dawn	U/A Penrith, Cumbria									853	853
494.	Phillips, Nicola	U/A Manchester,							853			853

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
495.	Fairburn, Janice	U/A Fleetwood, Lancashire					852					852
496.	Willetts, Annie	U/A wylam, northumberland								852		852
497.	Lace, Chloe	U/A Wigan, Greater Manchester									852	852
498.	Scally, Sandra	Carnethy Hill Runners		851								851
499.	Buchan, Susan	U/A Glasgow, Glasgow				851						851
500.	Rushton, Heidi	U/A Hebden Bridge, West Yorkshire								851		851
501.	Howard, Bianca	U/A Bedford,					850					850
502.	Peters, Amy	U/A Sunderland,						850				850
503.	ryder, megan	U/A boston spa,									850	850
504.	Reiter, Karolina	U/A London,						849				849
505.	Jerram, Melanie	U/A Strathaven, South Lanarkshire								849		849
506.	Smith, Susanne	Leigh Harriers		848								848
507.	Mann, Catherine	Uttoxeter Road Runners					848					848
508.	Butler, Molly	U/A Ely, Cambridgeshire									848	848
509.	Anderson, Amanda	U/A Topcliffe, North Yorkshire							848			848
510.	McKinlay, Jessica	Wallasey AC									847	847
511.	Russell, Katharine	U/A Stocksfield, Northumberland					846					846
512.	Rowland, Caroline	U/A						845				845
513.	Battersby, Anna	U/A London,									845	845
514.	Macdonald, Larissa	U/A Clarkston,				844						844
515.	Bell, Alexandra	RAF						844				844
516.	Pratt, Claire	U/A Bolton,						843				843
517.	Hannam, Jude	YacYak									843	843
518.	Crowther, Sarah	U/A Ambleside , Cumbria			842							842
519.	Laverack, Julia	Ambleside AC				842						842
520.	Ford, Ruth	Washlands Women Runners									842	842
521.	Bullock, Emma	U/A Wood Green,									841	841
522.	Beckers, Angelique	U/A Nijmegen,								840		840
523.	Bailey, Rachel	U/A Marple Bridge,									840	840
524.	Sewell, Nicola	Smiley Paces									839	839
525.	Hall, Sarah	U/A Leeds,			838							838
526.	DeCurtis, Alison	U/A Padiham,				838						838
527.	Jacobs, Ruth	Smiley Paces									838	838

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
528.	Jones, Christina	U/A Birmingham, West Midlands		837								837
529.	Jerram, Julie	U/A Leeds,								837		837
530.	Crompton, Nicola	U/A Near Kendal,				836						836
531.	robinson, sarah	U/A poulton-le-fylde,							836			836
532.	Harper, Karyn	Yorkshire Wolds Runners		835								835
533.	townsley, julie	st bees triers						835				835
534.	Robinson, Lizzie	U/A Holmfirth ,								835		835
535.	Tomlinson, Sarah	U/A Poulton-le-Fylde, Lancs							835			835
536.	Walton, Anna								834			834
537.	Mackay, Ellie	U/A Kendal,				833						833
538.	Ashton, Laura	U/A Telford, Shropshire			831							831
539.	thomas, clare	U/A kendal, cumbria						831				831
540.	O'Neill, Helen	U/A ULVERSTON, CUMBRIA									831	831
541.	Hall, Isobel	U/A Kendal, Cumbria							831			831
542.	Thorpe, Rebecca	U/A Millom, Cumbria									830	830
543.	Chanter, Rachel	U/A Manchester ,							830			830
544.	Guenther, Lisa	U/A Lancaster,		829								829
545.	McBlane, Kate	U/A Derby, Derbyshire						828				828
546.	Tracy, Aynsley	U/A Glasgow, Glasgow City							828			828
547.	McGahey, Lindsey	Women on the Run				827						827
548.	Baxter, Val	Birtley AC		826								826
549.	Melvin, Lyn	Red Rose Road Runners			826							826
550.	Cross, Felicity	Preston Harriers				826						826
551.	DALE, JILL	None						826				826
552.	Clennett, Catherine	Stockton Striders									826	826
553.	Barry, Sarah	U/A Kilbarchan,		825								825
554.	Holden, Charlotte	U/A Cocker mouth, Cumbria								825		825
555.	Cook, Lindsey	U/A Lancaster, Lancashire						824				824
556.	Gordon, Katherine	U/A Cocker mouth, Cumbria								824		824
557.	Hadfield, Lauren	Washlands Womens Runners									824	824
558.	Ellis, Catherine	U/A Cocker mouth, Cumbria						823				823
559.	Mahony, Michelle	U/A Ulverston ,								823		823
560.	Singh, Tessa	U/A Manchester ,		822								822

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
561.	Black, Elaine	U/A Dundee,			822							822
562.	Chapman, Claire	Quakers						822				822
563.	Moss, Zoe	U/A Manchester,		821								821
564.	Maher, Dawn	Blackpool Wyre and Fylde AC						820				820
565.	Raassum, Kristin	Serpentine									820	820
566.	Miller, Kirstie	U/A Hexham,		819								819
567.	Barry, Sharon	U/A Cockermouth Cumbria								819		819
568.	Butler, Wendy	U/A Carlisle, Cumbria		818								818
569.	Steels, Nicky	U/A Ambleside								818		818
570.	Gill, Alexandra	U/A Barrow-in-Furness, Cumbria		817								817
571.	McBride, Sandy	U/A London, London				817						817
572.	Matharu, Ranj	U/A Manchester,								817		817
573.	de Gruchy, Jeanelle	U/A London ,						817				817
574.	Skelton, Yvonne	U/A Harrogate,				816						816
575.	Thomas, Linda	U/A Wylam,								815		815
576.	Overshott, Ella	U/A manchester, Select county						815				815
577.	Gerrard, Zoe	U/A Ashton-under-Lyne, Lancashire				814						814
578.	Coulson, Tessa	U/A Manchester,				813						813
579.	Murray, Rachel	U/A Millom, Cumbria									813	813
580.	Eaton, Helen	Kirkby Milers						813				813
581.	Cockburn, Rachel	Skelmersdale Boundary Harriers						812				812
582.	Wilson, Charlotte	U/A Manchester,				812						812
583.	DICKINSON, HILARY	TYNEDALE HARRIERS & A C			811							811
584.	bellis-jones, Clare	U/A Barrow In Furness, Cumbria		810								810
585.	Taylor, Susan	U/A Milnthorpe, Cumbria									810	810
586.	Wellings, Dean	Scunthorpe & District AC						809				809
587.	Collins, Clare	U/A Prudhoe, Northumberland								809		809
588.	Salt, Fiona	The Salts						808				808
589.	Wellings, Sharon	Scunthorpe and district AC						808				808
590.	Marritt, Kate	U/A Altrincham,						807				807
591.	Longhorn, Ellen	U/A Millom, Cumbria							807			807
592.	Macaro, Debbie	U/A Banbury,				806						806
593.	Purser, Beth	Yac yak									806	806

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
594.	Jones, Sarah	U/A Kendal,							806			806
595.	Adams, Sarah	U/A Kendal,				804						804
596.	Stevens, Sandra	U/A Chorley, Lancs								804		804
597.	Johnston, Sophie	U/A Carlisle,									804	804
598.	Joyce, Charlotte	U/A Newcastle ,							804			804
599.	Norman, Tracy	Wirral Vikings TRC		802								802
600.	Heatley, Juliet	Smiley Paces			802							802
601.	Miller, Jessica	U/A London,									802	802
602.	Blundell, Kay	U/A Manchester, Greater Manchester							802			802
603.	Stevenson, Carol	U/A Lutterworth, Leicestershire								801		801
604.	Houghton, Julie	Mossley Hill athletic club		800								800
605.	Harman, Sandra	York Knavesmire Harriers							800			800
606.	Gelder, Clare	U/A Cleckheaton, West Yorkshire				799						799
607.	Dowson, Jane	Tadcaster Harriers						798				798
608.	Livesey, Michelle	Red Rose Road Runners							798			798
609.	Brunton, Jackie	Red rose road runners							797			797
610.	Irving, Angela	U/A Silloth, Cumbria			796							796
611.	Skelton, Angela	Me								796		796
612.	Frost, Pella	U/A London, London							796			796
613.	blakeley, alyson	roundhay runners		795								795
614.	Evans, Lindy	Wirral Vikings									795	795
615.	Love, Leanne	Farsley Flyers								795		795
616.	Benson, Courtney	Howgill harriers							795			795
617.	Ramsdale, Ruth	U/A Preston,		794								794
618.	Lowry, Brenda	Red Kites								794		794
619.	cunningham, olwen	St Bees triers		793								793
620.	Derham, Ruth	U/A Bingley, West Yorkshire								793		793
621.	Bond, Isabelle	U/A Windermere,			792							792
622.	Marley, Jennifer	U/A Manchester,				792						792
623.	Wright, Sarah	U/A Penrith						792				792
624.	Battersby, Joanne	Smiley Paces									792	792
625.	Caluseru, Jayne	U/A Kendal, Cumbria							792			792
626.	Palmerley, Sheila	U/A Longbenton , Tyne and wear								791		791

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
627.	Darby, Samantha	U/A Shrewsbury , Shropshire									791	791
628.	Burn, Carolyn	U/A Millom,			790							790
629.	Finn, Janet	U/A Bolton,								790		790
630.	Hodge, Kate	U/A earlsfield,									790	790
631.	Swann, Penny	U/A Lancaster,							790			790
632.	McIntosh, Sophie	U/A Burnley, Lancashire			789							789
633.	Gittins, Katrina	YacYak									789	789
634.	Butcher, Debra	U/A Ramsbottom ,							789			789
635.	Horner, Claire	U/A Hornby,				788						788
636.	Gore, Vicky	Wesham Road Runners						787				787
637.	Forsman, Rebecca	U/A Millom,							787			787
638.	Hyatt, Karen	Smiley Paces			786							786
639.	Pickervance, Sherron	U/A Preston , Lancs									786	786
640.	Denning, Jeannette	Dragons running club leeds			785							785
641.	McGhee, SUSAN	U/A Prudhoe, Northumberland, Northumberland								785		785
642.	Mackintosh, Carolyn	Ambleside AC				784						784
643.	Murphy, Jo	TYnedale Harriers						784				784
644.	Rayner, Philippa	Quakers Running Club							784			784
645.	Rebello, Stef	U/A Bollington,			783							783
646.	Shaw, Francesca	U/A Ulverston, Cumbria							783			783
647.	Kelly, Linda	Shildon Athletic Running Club				782						782
648.	Dobson, Sara	Helm Hill Runners							782			782
649.	Castro, Sarah	Up and Running								781		781
650.	Blakemore, Holly	Warrington running club									781	781
651.	Wood, Jennifer	U/A Kendal, Cumbria							781			781
652.	Fairclough, Kym	South ribble runners							780			780
653.	Stubbs, Lucy	U/A LIVERPOOL, Merseyside			779							779
654.	White, Annmarie	U/A Kendal, Cumbria									779	779
655.	Meyrick, Kathrin	U/A Windermere, Cumbria							778			778
656.	Penny, Laura	U/A Bradford,						777				777
657.	Nicholl, Jane Marie	U/A Newcastle upon Tyne ,							777			777
658.	Streets, Emma	U/A London,			776							776
659.	Eccles, Kathryn	U/A Lincoln,								776		776

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
660.	Fox, Amelia	U/A Lancaster,							776			776
661.	cross, Joanne	Resolution Runners							775			775
662.	Hope, Deborah	U/A Carlisle , Cumbria		774								774
663.	Palmer, Sally	U/A London,			774							774
664.	Lynch, Wendy	Low Fell Running Club				774						774
665.	Davie, Shelagh	U/A Stoke-on-Trent, Staffordshire						774				774
666.	Rothwell, Amanda	U/A Manchester, Lancashire							774			774
667.	Torr, Debbie	U/A Kendal, Cumbria				773						773
668.	Adshead, Jo	Me		772								772
669.	Noble, Hannah	Washlands									772	772
670.	Bradley, Claire	Warwickshire RC						771				771
671.	Owen, Kirsty	U/A Whickham , Tyne and Wear			771							771
672.	Halliwell, Jemma	U/A NEWTON-LE-WILLOWS, Merseyside								771		771
673.	Stringer, Rebecca	Washlands Womens Runners									771	771
674.	McDonald, Caroline			770								770
675.	Schleiffer, Vera	Wigan and District Harriers and AC				770						770
676.	Woolgar, Kim	Metres to Miles						770				770
677.	eley, alison	washlands women runners									770	770
678.	Whittington, Ann	U/A Ilkley, WEST YORKSHIRE							770			770
679.	Downing, Gemma	U/A Stourbridge							769			769
680.	Caisley, Jo	Bellahousten Harriers						768				768
681.	Cleaver, Michelle	Washlands Women Runners									768	768
682.	Wignall, Dorinda	Ulverston Triathlon club		767								767
683.	Foster, Pauline	Wigan Harriers									766	766
684.	Stevens, Hannah	EDMC							766			766
685.	Hetherington, Alison	U/A Cockermouth , Cumbria						765				765
686.	Ryan, Nancy	Mums on the Run							765			765
687.	Semley, Lisa	Red Rose Runners				764						764
688.	Morton, Kerry	U/A York , Yorkshire								764		764
689.	Hutchinson, Kate	U/A Roslin, Midlothian									764	764
690.	Fox, Kathryn	U/A Lancaster,							764			764
691.	Vigar, Madeleine	U/A nr Haverhill, Essex						763				763
692.	Thacker, Holly	U/A Market Harborough, Leicestershire		762								762

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
693.	Willson, Lydia	Lymm Runner				762						762
694.	Thomson, Catherine	U/A Manchester,				761						761
695.	Marsh, Penny	U/A Gravesend, Kent							761			761
696.	caunce, andrea	Tri Preston						759				759
697.	Martin, Julie	Kent Police AC									759	759
698.	Gray, Amanda	U/A Bedford, Bedfordshire							759			759
699.	Syrett, Katie	U/A Manchester , Greater Manchester		758								758
700.	Christmas, Pauline	U/A Kidderminster,			758							758
701.	Saville, Josie	U/A Stockport,		757								757
702.	Faulkner, Elspeth	Smiley Paces			757							757
703.	Maxwell, Sheila	U/A Bolton,						757				757
704.	RITSON, Jill	WOTR				757						757
705.	Dodd, Helen	U/A Hexham, Northumberland								757		757
706.	Latimer, Nicola	Wigton Road Runners									757	757
707.	fishpool, Alex	U/A driffield, East Riding of Yorkshire			756							756
708.	Ashton, Maggie	U/A Carlisle,				756						756
709.	Davies, Christina	U/A Bishop Auckland, Durham							756			756
710.	Howkins, Lucy	U/A Wellingborough, Northants								756		756
711.	Robson, Laura	York Postal Harriers									756	756
712.	walshaw, samantha	U/A preston,						754				754
713.	Pye, Jane	U/A Lancaster, Lancashire									754	754
714.	Barden, Louise	U/A Kendal, Cumbria									753	753
715.	Helm, Katherine	Unattached						752				752
716.	Atkinson, Kathryn	Pendle Triathlon Club								752		752
717.	Robinson, Carol	U/A Kendal, Cumbria									752	752
718.	Evans, Laura	U/A York,								751		751
719.	Smith, Lynn	Horwich RMI Harriers							751			751
720.	Goodson, Gay	U/A kirkby-in-Furness, cumbria			750							750
721.	Campion, Peggy	NA						750				750
722.	Clark, Bethany	U/A York,								750		750
723.	O'Neill, Linda	U/A Dundee									750	750
724.	Carruthers, Kirsty	U/A Morpeth, Northumberland			749							749
725.	Smith, Despina	U/A Manchester ,							749			749

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
726.	Tompkins, Lucy	U/A Cockermouth , Cumbria						749				749
727.	O'boyle, Gillian	U/A warrington, Cheshire								749		749
728.	Tomkow, Nichola	U/A Newton-le-Willows, Merseyside		748								748
729.	Kon, Ella	U/A Harrogate,			748							748
730.	Cock, Florence	U/A London,						748				748
731.	Dyche, Helen	Washland women runners									748	748
732.	Oliver, Gillian	Lytham St Annes Road Running Club							747			747
733.	Flanagan, Katie	U/A Morecambe , Lancashire		746								746
734.	Watts, Delia	Smiley Paces			746							746
735.	Astall, Laura	U/A Prudhoe,				746						746
736.	Boyles, Jude	U/A Leeds, West Yorkshire						746				746
737.	Joinson, Emma	U/A Chorley Lancs				745						745
738.	Bandesha, Gunjit	U/A Manchester, Grtr Manchester							745			745
739.	Allan, Kathy	U/A Newcastle upon Tyne,				744						744
740.	Eccles, Anne	U/A Lincoln, Lincs								744		744
741.	Dickie, Sue	U/A London, camden				743						743
742.	Seton, Ruth	U/A Sale Cheshire						743				743
743.	Benson, Judith	Ponteland Runners									743	743
744.	Epstein, Amanda	U/A Newton-le-willows, Merseyside		742								742
745.	Chambers, Jennifer	Tattenhall Runners			742							742
746.	jackson, sandre	U/A congleton, cheshire		741								741
747.	Felstead, Alison	Lymm Runners				741						741
748.	Aaron, Bonnie	U/A Blackpool, Lancashire						740				740
749.	Westney, Charlie	U/A Arnside, Cumbria				739						739
750.	dos SANTOS, Paloma	U/A Durham, DURHAM						739				739
751.	Park, Julia	U/A							739			739
752.	Parry, Sandra	Eden Runners									738	738
753.	Barrett, Julie	Resolution Runners							738			738
754.	Wright, Pauline	Jog on the Tyne		737								737
755.	Evans, Julie	Kings Heath Running Club			737							737
756.	Storey, Katie	U/A Liverpool , Merseyside				737						737
757.	Moss, Victoria	Bollys Warriors						737				737
758.	Napier, Lisa	U/A Wigan ,							737			737

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
759.	Shaw, Tracey	Cumberland AC						736				736
760.	Hudson, Catherine	Washlands Womens Runners								736		736
761.	hudd, lindsay	na							736			736
762.	Tomlins, Jacqueline	U/A Edinburgh,			735							735
763.	bennett, jose	jog on the tyne							735			735
764.	Bradshaw, Steph	U/A Keswick,			734							734
765.	Lomas, Robyn	U/A Westhoughton, Bolton, Greater Manchester								734		734
766.	Letman, Angela	Ellesmere port running club									734	734
767.	Fallon, Marie	Jog on the Tyne							734			734
768.	Bradshaw, Heather	U/A Workington, Cumbria			733							733
769.	Ibbotson, Sarah	U/A Skipton, North Yorkshire				733						733
770.	Husbands, Alison	Biddulph Running Club						733				733
771.	Turner, Lucinda	U/A London,									733	733
772.	Watson, Vivienne	Jog on the Tyne							733			733
773.	Sharrock, Tracey	Blackpool Wyre & Fylde						732				732
774.	Campbell, Fiona	U/A London,		731								731
775.	Grimshaw, Siobhan	Blackburn road runners								731		731
776.	Turner, Dawn	Ilkley Harriers									731	731
777.	Kidd, Lizzy	Head Torches		730								730
778.	Outterside, Joanna	U/A Cheadle, Cheshire			730							730
779.	Herbert, Niki	U/A Warrington, Cheshire						730				730
780.	Gregg, Jill	Parbold Pink Panthers									730	730
781.	Knight, Sarah	Parbold Pink Panthers									729	729
782.	Munn, Jane	U/A Milton Keynes,						728				728
783.	Leigh, Claire	Washland Women Runners									727	727
784.	Fenna, Phoebe	U/A Bradford, West yorkshire							727			727
785.	Mack, Caroline	U/A Sale, Cheshire			726							726
786.	Lumaca, Silvia	U/A Birmingham,						726				726
787.	Sugden, Fiona	U/A Huddersfield,								726		726
788.	Peters, Cat	U/A Penrith, Cumbria									726	726
789.	Seymour Mead, Rachel	U/A Manchester, Manchester		725								725
790.	Maas, Mandy	U/A London, London						725				725
791.	Richmond, Nicola	U/A Broadstairs , Kent							725			725

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
792.	Hill, Lucy	Women on the run				724						724
793.	Burke, Gemma	U/A Eccles , Manchester								724		724
794.	Hill, Micheala	U/A Huddersfield, West Yorkshire			723							723
795.	Whittington, Kate	U/A Ilkley, LEEDS									723	723
796.	O'Grady, Marion	Red Rose Road Runners						722				722
797.	Bonner, Naomi	Rosemere				721						721
798.	Murray, Louise	Unnattached							721			721
799.	Knight, Cindy	Biddulph Running Club						720				720
800.	Ayaz, Jo	U/A Heswall, Wirral		719								719
801.	Peacock, Kathy	U/A Shipton by Beningbrough ,			719							719
802.	Hickson, Jennifer	U/A LONDON,				719						719
803.	Sendlhofer, Britta	Team inov-8.com			718							718
804.	Christie, Karen	U/A penarth,								718		718
805.	Flight, Becky	N/A				717						717
806.	Barrett, Elizabeth	U/A Frodsham,								717		717
807.	Ridley, Michaela	Riverside Runners									717	717
808.	Mann, Laura	U/A Falkirk,						716				716
809.	Jackson, Laura	Washland Women Runners									716	716
810.	Keiller, Heather	U/A Penrith , Cumbria		715								715
811.	Mitchell, Sian	Garden City Runners			715							715
812.	Johnstone, Ann-Marie	U/A Middlesbrough, Cleveland								715		715
813.	Stockley, Anne	U/A St Albans, Herts									715	715
814.	Norton, Angela	U/A York,		714								714
815.	Davies, Jennie	U/A Sedbergh, Cumbria			714							714
816.	Dewhurst, Victoria	U/A Bolton, Lancs						714				714
817.	Wood, Laura	U/A Ormesby, Middlesbrough								713		713
818.	Monkhouse, Lucy	U/A Huddersfield,						711				711
819.	Holmes, Claire	U/A Grange over Sands, Cumbria						710				710
820.	Healy, Kerry	U/A Huthwaite, Nottingham								710		710
821.	Warner, Jane	Skelmersdale Boundary Harriers									710	710
822.	Longhorn, Marie	The dude club						709				709
823.	Hurn, Jane	Parbold Pink Panthers									709	709
824.	Holloway, Rachael	U/A Liverpool,			708							708

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
825.	O'Hare, Belinda	U/A Leeds, West Yorkshire			707							707
826.	Tweedy, Julie	Billingham Marsh House Harriers						707				707
827.	Jurin, Amanda	U/A Lytham St Annes, Lancashire						706				706
828.	Richardson, Sara	U/A St Annes, Lancashire						705				705
829.	van der Vliet, katrina	U/A Penarth, Vale of Glamorgan								705		705
830.	Childe, Casey	U/A Abberley,			704							704
831.	muir, rachel	U/A alyth, perthshire								704		704
832.	Baldwin, Georgia	U/A Carnforth , Lancashire									704	704
833.	Spibey, Nicole	U/A Cartmel ,		703								703
834.	Gibson, Kelly	Darlington Tri			703							703
835.	blackburn, susie	U/A Barnard Castle , Co Durham								703		703
836.	Coupe, Hannah	U/A Parbold, Lancs									703	703
837.	Mclinden, Jessica	U/A Liverpool, Merseyside		702								702
838.	Mcguinness, Andrea	mersey tri						702				702
839.	Gill, Sue	Parbold Pink Panthers									702	702
840.	Whitworth, Melissa	manchester frontrunners		701								701
841.	Gunn, Sarah	U/A Nottingham									701	701
842.	Berry, Tracy	Skelmersdale Harriers		700								700
843.	West, Viv	Staveley Choral								700		700
844.	Viccars, Becky	U/A Nr Kendal,									700	700
845.	Fasolino, Jennie	U/A Wallasey, Merseyside									699	699
846.	Barnard, Rachel	U/A Workington, Cumbria		698								698
847.	Holman, Ceri	U/A Grange over Sands, Cumbria									698	698
848.	Harrison-Round, Tammy	U/A westhoughton, Lancashire									698	698
849.	Waring, Laura	U/A Wigan, Lancashire									698	698
850.	Belford, Alison	Formby Stormers		697								697
851.	Leigh, Lisa	U/A Wigan,									697	697
852.	Hoyle, Lucy	U/A Manchester,									697	697
853.	Williams, Jenny	U/A Formby, Merseyside		696								696
854.	Gentilcore, Gabriella	U/A Edgware, Middx									696	696
855.	Weston, Judith	Marsh House Harriers									696	696
856.	Graham, Carol	U/A Dumfries,		694								694
857.	MacFarlane, Fiona	U/A									694	694

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
858.	Barnett, Clare	U/A Edinburgh, Scotland						693				693
859.	Horsman, Jen	Witney Road Runners									693	693
860.	Coutts, Janet	Skipton AC				692						692
861.	Bowyer, Jodi	U/A Lancaster , Lancashire			690							690
862.	Taggart, Ailsa	Galloway Harriers				690						690
863.	Richardson, Joanne	Elvet Striders						690				690
864.	Wright, Nicola	U/A Ambleside,				689						689
865.	Shakespeare, Fleur	U/A Northampton,						689				689
866.	Kenyon, Rosie	U/A Liverpool,		688								688
867.	teggart, Emma	U/A Grange-Over-Sands , Cumbria									687	687
868.	Davenport, Carrie	U/A Stockport,			686							686
869.	Holmes, Janet	St Helens Sutton AC									686	686
870.	McNeill, Janine	Glaxo Hoad Hill Harriers		685								685
871.	Cleminson, Shiran	Boldmere Bullets									685	685
872.	Piacentini, Maria	Batala Mountain Drummers		682								682
873.	Willett, Lesley	U/A Braco, Perthshire			681							681
874.	Weir, Lynsey	U/A Renfrew, Renfrewshire						681				681
875.	Fallon, Jackie	U/A Paisley , Renfrewshire						680				680
876.	Dawson, Ana	U/A Peel,		679								679
877.	Fuller, Amanda	Blackpool Wyre & Fylde AC						679				679
878.	Mackenzie, Joanna	U/A Edinburgh,				678						678
879.	Harper, Charlotte	U/A London,									678	678
880.	Dyball, Melissa	U/A Darlington, Durham				677						677
881.	Bloor-Steen, Mel	U/A Llandudno, Conwy						677				677
882.	Peake, Louise	U/A Liverpool, Merseyside		675								675
883.	Maclean, Laura	U/A Manchester,						675				675
884.	Rooney, Louise	U/A Carlisle,									675	675
885.	Fortun, Dawn	U/A SOT, Staffordshire			674							674
886.	WILSON, KATE	U/A KENDAL, CUMBRIA						674				674
887.	Sumner, Suzanne	Ribble Valley Triathlon Club				673						673
888.	Dyer, Kath	U/A Kirkby Stephen, Cumbria						673				673
889.	Monkman, Sophie	U/A Preston, Lancashire									673	673
890.	Whitby, Debby	U/A Carlisle, Cumbria		672								672

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
891.	Wilding, Hannah	U/A Lakeside, Ulverston,			672							672
892.	Bean, Emily	Vegan Runners						672				672
893.	Cartledge, Emma	U/A Gatley, Cheadle, Greater Manchester			670							670
894.	Pearce, Sara	U/A Ilkley,			669							669
895.	Donthamsetty, Tripthi	Lymm runners				669						669
896.	Latimer, Hannah	Wigton Road Runners				668						668
897.	Dawson, Hannah	U/A Kendal, Cumbria			667							667
898.	Gibbins, Ann	U/A Grimsby , North East Lincs				667						667
899.	GRAHAM, DIANE	DH RUNNERS		666								666
900.	Brazier, Caroline	U/A Aylesbury,						666				666
901.	Winspear, Sarah	U/A Riding Mill, Northumberland								666		666
902.	Green, Rebecca	U/A Norwich,						665				665
903.	Bescoby, Claire	Helm hill		664								664
904.	Kon, Colette	U/A Harrogate, North Yorkshire			664							664
905.	Dempsey, Justine	Lymm runners				664						664
906.	Davidson, Marie	U/A Blackpool,				663						663
907.	Kelsall, Anna	U/A Bolton, Manchester									663	663
908.	Hindle, Rachel	U/A Grange-over-Sands, Cumbria		662								662
909.	Kelly, Denise	U/A Ferryhill, Durham				662						662
910.	Rodgerson, Hilary	U/A Middlesbrough, North Yorkshire						662				662
911.	Burns, Gill	U/A Edgworth,									662	662
912.	Crimlisk, Helen	Smiley Paces			661							661
913.	Wood, Angela	U/A Great Ayton, North Yorkshire						661				661
914.	Wilkinson, Laura	U/A Huddersfield,				660						660
915.	Crocker, Jennifer	U/A Manchester									660	660
916.	Robinson, Lizzie	U/A Huddersfield,				659						659
917.	Strother, Bethany	U/A Lytham St Annes, United Kingdom						659				659
918.	Bell, Joanne	Washlands women runners									659	659
919.	Fox, Jo	U/A Altrincham,			658							658
920.	Firth, Helen	U/A Altrincham, Cheshire				658						658
921.	Casey, Mon	U/A Manchester , Greater Manchester						658				658
922.	Greenhalgh, Helen	Red Rose Road Runners									658	658
923.	Shuttleworth, Jo	U/A Manchester						657				657

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
924.	Mihaly, Beata	U/A Sidcup, Kent									657	657
925.	Chard, Joanne	Women on the Run			656							656
926.	Hamilton, Victoria	U/A Ramsbottom, Lancs		655								655
927.	Harris, Katherine	U/A Wigan, Lancashire						655				655
928.	Huntley, Bethane	Team Cropper			654							654
929.	Ley, Amanda	Colt									654	654
930.	Talbot, Rebecca	Elves Striders			653							653
931.	Conway, Kate	The Garland Girls						653				653
932.	Benson, Nicola	City of Lancaster Triathlon Club									653	653
933.	Berry, Kristen	U/A Sheffield ,		652								652
934.	Levitt, Emma	U/A Leeds,				652						652
935.	Mcgregor, Laura	The garland girls						652				652
936.	McCracken, Dawn	City of Lancaster Triathlon COLT									652	652
937.	Greenney, Anne	U/A Carnforth, Lancashire									651	651
938.	Rothwell, Mandy	U/A Manchester, LANCS				650						650
939.	Patterson, Sarah	City of Lancaster Triathlon (COLT)									650	650
940.	Deakin, Ruth	U/A Bury,		649								649
941.	Self, Katherine	U/A Keighley,			649							649
942.	Lavery, Theresa	U/A Dumfries, Dumfries and Galloway				649						649
943.	Oliver, Penny	U/A Penrith, Cumbria		648								648
944.	Lweis-Briggs, Sarah	Head Torches around the Tarn - Brampton		647								647
945.	Hardy, Nicola	U/A Bolton,						647				647
946.	Oldcorn, Karen	U/A Wantage, Oxon									647	647
947.	Simpson, Jen	U/A Wirral, Merseyside		646								646
948.	Hughes, Ellen	U/A Manchester, Greater Manchester			644							644
949.	Griffiths, Rachel	U/A Altrincham,		643								643
950.	McNicholl, Fritha	U/A Morpeth, Northumberland			643							643
951.	Rogan, Laura	U/A Kirkby Stephen, Cumbria						643				643
952.	Schindler, Sabine	U/A Durham, Durham			642							642
953.	Brookes, Jane	None						642				642
954.	Ashford, Pamela	U/A Barnard Castle, Durham									641	641
955.	Carmichael, Lynne	Run in Wirral		640								640
956.	Aldred, Vanessa	N/a									640	640

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
957.	Fairlam, cath	wigton road runners						639				639
958.	Todd, Megan	N/A									639	639
959.	Bee, Michelle	U/A Johnstown, Wrexham						638				638
960.	O'Kane, Geraldine	U/A Glasgow,		637								637
961.	Thorpe, Donna	U/A Hornby, Lancs			637							637
962.	Fitzgerald, Isla	U/A kendal ,				637						637
963.	Raynor, Laura	Blackpool Wyre and Fylde AC						637				637
964.	Marron, Al	U/A Lancaster , Lancashire			636							636
965.	ainsley, paula	U/A york, north yorkshire		635								635
966.	Maxfield, Victoria	U/A Bolton,			635							635
967.	Little, Fiona	Blackpool Wyre & Fylde Athletics Club						635				635
968.	Kelly, Gillian	St. Helens striders						634				634
969.	Francis, Nadine	U/A Warrington, Cheshire				633						633
970.	Marsh, Fiona	U/A Penrith , Cumbria									632	632
971.	Lehm, Kathryn	U/A Kendal, Cumbria				631						631
972.	Ward, Maxine	Durham mums on the run									631	631
973.	Ridings, Kate	Lancaster Women's Running Group			630							630
974.	White, Christina	U/A Sedgefield , Cleveland									630	630
975.	Kain, Ann	U/A Sedgefield , Cleveland									629	629
976.	Stretton, Maddy	Washland womens runner									628	628
977.	Murray, Fran	U/A Manchester,		627								627
978.	Stubbs, Anna	Washlands Women Runners									627	627
979.	McCluskey, Andrea	U/A Warrington , cheshire				626						626
980.	Jackson, Karen	Washlands Women Runners									626	626
981.	Richardson, Lucy	U/A Altrincham ,		625								625
982.	Collins, Sam	U/A Warrington, Cheshire				625						625
983.	Owen, Sam	Washland women									625	625
984.	Bennett, Karen ann	walney wind cheetahs		624								624
985.	Bowden, Sally	U/A SELBY, North Yorkshire				624						624
986.	Taylor, Sharon	walney wind cheetahs		623								623
987.	Newton, Georgina	U/A Altrincham, Cheshire									623	623
988.	Pyrah, Janie	U/A Altrincham ,									622	622
989.	Long, Clare	U/A Whitehaven,		621								621

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
990.	Cox, Angela	U/A Skipton, North Yorkshire			621							621
991.	Brothers, Toby	Hampstead Heath Park Run									621	621
992.	Gilmour, Laura	Kings Heath Running Club		620								620
993.	Clarke, Anita	U/A Lichfield,				620						620
994.	Penrice, Rachel	U/A Kendal, Cumbria		619								619
995.	Carter, Cynthia	Crosby stormers									619	619
996.	Davies, Hannah	U/A Liverpool, Merseyside			618							618
997.	vitty, caroline	U/A liverpool,									618	618
998.	Weldegebriel, Temesgen	U/A Brighouse ,		617								617
999.	Fox, Janet	Nordic Walker				617						617
1000.	Ward, Sharon	Smiley Paces									617	617
1001.	Hrachowina, Catherine	U/A Heysham, Lancashire			616							616
1002.	Henworth, Julie	U/A Lancaster,		615								615
1003.	Garnock-Jones, Christine	Smiley Paces			614							614
1004.	Gardiner, Sam	U/A Bedford, Bedfordshire				614						614
1005.	Wormald, Jessica	U/A York, Yorkshire		613								613
1006.	McIntyre, Helen	U/A Warrington, Cheshire			613							613
1007.	Gray, Natalie	U/A Warrington,		612								612
1008.	Daintith, Meg	Warrington RC				612						612
1009.	WOODS, MARGARET	FELLSTRIDERS			612							612
1010.	Hanley, Gillian	U/A Warrington, Cheshire			611							611
1011.	Walsh, Josephine	Red Rose Road Runners									610	610
1012.	Plowman, Sarah	U/A Swindon,		609								609
1013.	Colquhoun, Nina		Children U8								609	609
1014.	Kelly, Rebecca	U/A Leeds, West Yorkshire			608							608
1015.	Abernethy, Michelle	U/A Wilmslow, Cheshire				608						608
1016.	Cooper, Emma	U/A Preston, Lancashire		607								607
1017.	Pearson, Shonagh	U/A Handforth , Cheshire				607						607
1018.	Hamilton, Joyce	Dumfries running club									607	607
1019.	Grayston, Lorraine	U/A Preston, Lancs		606								606
1020.	Davies, Tracy	Knowle & Dorridge Running Club			606							606
1021.	Davies, Lorna	Knowle and Dorridge			605							605
1022.	Paterson, Jackie	Knowle & Dorridge RC			604							604

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
1023.	Finch, Linda	Rosemere Cancer Foundation				604						604
1024.	Macpherson, Kate	Elvet Striders		603								603
1025.	Wassell, Sue	Knowle & Dorridge Running Club			603							603
1026.	Wilson, Jennifer	U/A Doncaster, South Yorkshire				603						603
1027.	Preston, Katherine	U/A Sacriston, Durham		602								602
1028.	Allan, Hannah	U/A Altrincham, Cheshire				602						602
1029.	Smith, Andrea	U/A Lytham St Annes, Lancashire									602	602
1030.	Lewis, Natalie	Fellside Ladies Kirkoswald									601	601
1031.	Mccormack, Jeanette	Kirkby Stormers		599								599
1032.	Ensor, Bev	Smiley Paces			599							599
1033.	Thompson, Helen	U/A Silsden, West Yorkshire									597	597
1034.	Rogers, Lisa	U/A Little sutton, Cheshire		596								596
1035.	Wilson, Penny	U/A COCKERMOUTH,		593								593
1036.	Tracey, Fiona	U/A Northallerton, NORTH YORKSHIRE			592							592
1037.	Marsh, Nicky	U/A Catterall, Lancs		591								591
1038.	Wilson, Michelle	Warrington Running Club		588								588
1039.	Eastham, Rachel	U/A Dalton-in-Furness, Cumbria		587								587
1040.	Kaye, Caroline	U/A Windermere, Cumbria			584							584
1041.	Harrison, Kathryn	U/A Carnforth, Lancashire		583								583
1042.	Clark, Lyndsey	U/A Edinburgh,			582							582
1043.	Hancock, Tanya	Wigan harriers			581							581
1044.	Brooks, Amanda	U/A Preston, Lancashire			580							580
1045.	Taylor, Katie	U/A Cramlington, Northumberland		579								579
1046.	Medlicott, Alison	U/A Leigh, Lancs			579							579
1047.	Lomas, Sarah	U/A Warrington, Cheshire			577							577
1048.	Murray, Leanne	U/A Sale, Cheshire		576								576
1049.	Kaur, Amrit	U/A Manchester ,		575								575
1050.	Hamilton, Robyn	U/A Morpeth, Northumberland			575							575
1051.	Jones, Claire	U/A Gomersal, West Yorkshire		571								571
1052.	Wilson, Louise	U/A Carlisle,		570								570
1053.	Sowerby, Tracey	DH RUNNERS		569								569
1054.	Lewis, Jennifer	U/A Manchester,		567								567
1055.	Jaszczuk, Agata	U/A			566							566

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
1056.	Cook, Grace	U/A BARROW-IN-FURNESS,		565								565
1057.	Cummings, Karen	U/A St Helens, Merseyside			565							565
1058.	Cook, Elizabeth	U/A Northwich, Cheshire		564								564
1059.	Weekes, Emma	U/A Saffron Walden Essex			564							564
1060.	Egan, Rosie	Cheshire Hash House Harriers			562							562
1061.	Parry, Abbie	U/A Caernarfon, Gwynedd			560							560
1062.	Cannon, Catherine	Wirral Vikings		559								559
1063.	Rodman, Sue	U/A Stoke on Trent, Staffordshire			559							559
1064.	Parmley, Hannah	Roundhay Runners		558								558
1065.	Townley, Kerry	U/A Cambridge			558							558
1066.	Taylorson, Julie	U/A Hartlepool , Cleveland			557							557
1067.	Thomas, Sharon	U/A Chapels, Kirkby in Furness		556								556
1068.	cunningham, susan	U/A manchester, Greater Manchester		554								554
1069.	Rigby, Carolyn	Widnes Wasps		553								553
1070.	McIntyre, Lynda	U/A Longton, Lancashire		551								551
1071.	Hogge, Amanda	U/A Isle of Arran, Ayrshire		549								549
1072.	Senior, Isla	RED		548								548
1073.	Guth, Jessica	U/A Keighley, West Yorkshire			544							544
1074.	Graves, Gillian	U/A York, North Yorkshire		543								543
1075.	Elmore, Rosie	Smiley Paces			542							542
1076.	Mclinden, Joanne	U/A Liverpool, Merseyside		541								541
1077.	Gregson, Vikki	U/A Leyland, Lancashire			541							541
1078.	park, laura	U/A lyth,		540								540
1079.	park, mariann	U/A crook,		539								539
1080.	myers, shelley	U/A millom, cumbria		538								538
1081.	Dowe, Rosie	U/A Leeds,		537								537
1082.	Delcassian, Sabina	U/A London,		536								536
1083.	Delcassian, Derfogail	U/A Cheshire,		535								535
1084.	Alston, Charlotte	U/A Gateshead, Tyne and Wear		534								534
1085.	Alston, Emily	U/A Gateshead, Tyne and Wear		533								533
1086.	Hannay, Gill	U/A Rossendale, Lancashire		532								532
1087.	Flanagan, Christina	U/A Rossendale, Lancashire		531								531
1088.	Laxton-Kane, Martha	Milltown Milers		529								529

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
1089.	Sutcliffe, Jeanette	Trawden Athletic		526								526
1090.	Macleod, Fiona	U/A Lancaster,		523								523
1091.	Hastie, Sarah	U/A Shap, Cumbria		522								522
1092.	Clarke, Fiona	U/A Maryport, Cumbria		521								521
1093.	Ovans, helen	Stowmarket Striders		517								517
1094.	Ghosh, Helene	U/A Gomersal,		514								514
1095.	Beardmore, Alison	Cheshire Hash House Harriers		512								512
1096.	Melville, Alice	U/A Newcastle upon Tyne,		511								511
1097.	Pye, Eliza	U/A Liverpool, Merseyside		510								510
1098.	Daintree, Helen	U/A Dalton-in-Furness, Cumbria		508								508
1099.	Wicks, Kirsty	N/A		507								507
1100.	Hall, Jo	U/A Carnforth, Lancashire		506								506
1101.	Black, Roisin	U/A Skipton		502								502
1102.	Sutton, Suzanne	U/A Kirkby Lonsdale, Lancs		500								500
1103.	Rooney, Julie	Wesham road runners		499								499
1104.	Coombe, Patricia	U/A Carlisle, Cumbria		496								496
1105.	Britton, Laura	Head torches around the Tarn		495								495
1106.	Crossley, Alison	U/A Carnforth, Cumbria		494								494
1107.	Nelson, Pauline	U/A Hoghton, Preston		492								492
1108.	Berry, Amanda	Red Rose Road Runners		485								485
1109.	bowling, davina	redrose road runners		484								484
1110.	Lord, Julie	Beeston AC		482								482
1111.	Tasker, Lucy	WeRunLiv		481								481
1112.	Grzywna, Jayne	U/A Preston, Lancs		479								479
1113.	Winslow, Jacqueline	Red Rose Road Runners		478								478
1114.	Clayton, Wyn	Women on the Run		477								477
1115.	Andrews, Emma	U/A Carlisle, Cumbria		475								475
1116.	Scott, Laura	Red rose road runners		474								474
1117.	McLean, Dawn	Red Rose Road Runners		473								473
1118.	pyciak, sylwia	U/A workington, cumbria		472								472
1119.	Cleary, Jo	none		470								470
1120.	hodgson, maddi	Victoria Park Running Club		466								466
1121.	Rutter, Eileen	U/A Warrington , Cheshire		464								464

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
1122.	Coleman, Tracey	VPRC		463								463
1123.	Lonergan Cooke, Tracy	U/A Bowness, Cumbria		461								461
1124.	Mcleavy, Danielle	U/A Wigton, Cumbria		458								458
1125.	nixon, samantha	Victoria Park Running Club		457								457
1126.	Cunningham, Nat	Victoria Park Running Club		455								455

Number of records: 1126