

Lakeland Trails 2024 Series Championships - 14-18k Trail Run Series - Autumn



Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
1	James Grinbergs	m	MV 40	Eden Runners	950	968	975	990	3883
2	Simon Dodd	m	MV 40		880	970	957	981	3788
3	Ewan Taylor	m		Victoria Park Running Club, Warrin	917	946	929	970	3762
4	Kay Mcgreevy	f	FV 60	In2 The Wild	869	920	893	946	3628
5	Kerry Grinbergs	f	FV 40	Eden runners	915	929	869	912	3625
6	Gillian Rowland	f	FV 60		862	892	892	928	3574
7	owen panton	m			806	932	877	950	3565
8	Terry Moss	m	MV 50		863	909	855	922	3549
9	Mark Austin	m	MV 50		820	897	833	932	3482
10	anton moss	m			825	862	858	918	3463
11	John Waring	m			800	854	868	931	3453
12	Felicia Singleton	f	FV 60	Victoria Park Running Club, Warrin	789	870	824	904	3387
13	Terri Moore	f			807	864	796	882	3349
14	Leanne Jackson	f	FV 40		732	861	827	886	3306
15	Darren Gillman	m	MV 50	Todmorden Harriers	768	825	744	855	3192
16	Andrew Hemsley	m	MV 60	Walney Wind Cheetahs	741	826	715	846	3128
17	Stephen Race	m	MV 50		727	805	713	865	3110
18	Sandy Race	f	FV 40		726	806	712	866	3110
19	Mary Entwistle	f	FV 50		717	776	706	856	3055
20	Stephanie Bairet	f	FV 40		695	783	695	842	3015
21	Ian Johnson	m	MV 50		977	981	977	0	2935
22	Martin Ellison	m			940	982	987	0	2909
23	John Singleton-Hardy	m		Lancaster	0	976	979	948	2903
24	Peter Fishpool	m	MV 50	Yorkshire Wolds Runners	957	967	963	0	2887
25	Neil Ward	m	MV 50	Ponteland Runners	0	957	954	967	2878
26	Ewan Head	m	U21		0	938	959	971	2868

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
27	Ian Stainthorpe	m	MV 60	Rochdale Harriers	933	933	904	0	2770
28	Mike Duff	m	MV 40	Ealing Eagles	901	0	915	953	2769
29	Lindsay Turner	f	FV 40	Ramsbottom Running Club	617	730	572	809	2728
30	James Lilliott	m			836	916	0	960	2712
31	Brett Johnson	m	MV 40		849	0	899	942	2690
32	JONATHAN LILLIOTT	m	MV 60		829	904	0	945	2678
33	Tom Smith	m			856	908	900	0	2664
34	John Wiggans	m	MV 50		846	887	895	0	2628
35	Gail Bone	f	FV 40	St Bees Triers	865	878	847	0	2590
36	Sarah Temple	f	FV 40		774	835	0	862	2471
37	Katie Samuelson	f	FV 40	Todmorden Harriers	0	847	776	848	2471
38	Scott Rosevere	m			763	856	829	0	2448
39	Raymond Mooney	m	MV 60	Stainland Lions	582	0	865	898	2345
40	Owen Davies	m	MV 70		721	804	748	0	2273
41	rikki hammond	f	FV 50	Stainland Lions	581	0	809	876	2266
42	Michael Welsh	m	MV 50		688	796	743	0	2227
43	Lynne Midgley-ward	f	FV 50	Ponteland Runners	0	732	573	785	2090
44	Tim Harper	m			676	768	604	0	2048
45	Alison Nordon	f	FV 50		657	746	613	0	2016
46	Jonathan Cox	m		Eden Runners	999	0	0	1000	1999
47	Rorie McIntosh	m	MV 40	Ask Valley Fell Club	993	996	0	0	1989
48	James Forrest	m	MV 40		991	0	997	0	1988
49	Macauley Bond	m			0	995	992	0	1987
50	Jacob Mennell	m			0	0	989	997	1986
51	Jill Leader	f	FV 60		645	745	591	0	1981
52	Nicole Frisby	f		Springfield Striders	0	0	981	991	1972
53	Ben Ashton	m	MV 50	DOrunning	0	0	969	987	1956
54	Will Swan	m	U25		963	0	991	0	1954
55	Jim Andrews	m	MV 50	Ambleside	0	0	970	984	1954
56	Katie Georgeson	f	FV 40		0	977	966	0	1943
57	Stuart Haigh	m	MV 40	North Shields Polytechnic	0	0	961	980	1941
58	Angela Duff	f	FV 40	Ealing Eagles	591	0	556	792	1939
59	Michael Ives	m			0	0	968	965	1933
60	Stephen Sewell	m	MV 40		958	974	0	0	1932

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
61	Paul McGreevy	m	MV 50	In2 The Wild	0	0	949	975	1924
62	Joshua Wilson	m			0	948	974	0	1922
63	Joel Ingham	m			935	979	0	0	1914
64	Michelle Crowley	f	FV 40	Ambleside AC	952	0	960	0	1912
65	Paul Morris	m	MV 70	Keswick AC	0	0	937	973	1910
66	Ray Monk	m	MV 50		0	0	944	952	1896
67	Bruce Penhale	m	MV 60		937	0	951	0	1888
68	Stuart Taylor	m	MV 50		928	958	0	0	1886
69	Wendy Fraser	f	FV 60		588	0	518	774	1880
70	Natalie Swarbrick	f	FV 40		0	0	912	959	1871
71	John Orrell	m	MV 50	Hoghton Flyers	0	0	914	951	1865
72	Paul Blundell	m	MV 60	Hardley runners	0	0	916	947	1863
73	Andrew Stuart	m	MV 50		930	0	926	0	1856
74	Chris Bone	m	MV 40	St Bees Triers	0	930	924	0	1854
75	Christian Oxley	m	MV 40		0	917	0	934	1851
76	Martin Loveless	m	MV 60	Hardley Runners	0	0	920	929	1849
77	William Whall	m	MV 50	North Norfolk Beach Runners	0	0	903	943	1846
78	Nick Bunney	m			0	890	931	0	1821
79	Karl Bescoby	m	MV 50	Chorlton Runners	0	0	878	936	1814
80	Jonathan Watt	m	MV 60		888	913	0	0	1801
81	Robert Harper	m	MV 50		0	911	889	0	1800
82	Paul Lewis	m	MV 50		827	0	0	972	1799
83	Laura Hewitson	f	FV 40	St Bees Triers	0	893	905	0	1798
84	John Ryder	m	MV 50	Eden runners	905	885	0	0	1790
85	Brendan Ashton	m	MV 50		0	915	875	0	1790
86	Sam Benson	m			855	0	0	930	1785
87	Nick Fletcher	m	MV 50		0	888	890	0	1778
88	Stephen Stuart	m	MV 50		887	0	882	0	1769
89	Olivia Wiggans	f		Chorley Athletic and Tri Club	847	912	0	0	1759
90	Stephanie Bond	f			841	0	0	915	1756
91	Jo Andrews	f	FV 50		0	0	839	911	1750
92	Callum Norris	m			842	0	906	0	1748
93	Sam Davis	m			0	895	851	0	1746
94	Phillip Humphries	m			0	873	873	0	1746

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95	Glen Norris	m			850	0	891	0	1741
96	Stuart O'connor	m	MV 50		0	0	798	935	1733
97	Helen Tyson	f	FV 40	Eden Runners	0	0	819	910	1729
98	Joe Stevens	m	MV 60		839	881	0	0	1720
99	Andrew Carmichael	m	MV 40		874	843	0	0	1717
100	Gary Wintersgill	m	MV 50		799	0	0	916	1715
101	Alan Parker	m	MV 50		838	871	0	0	1709
102	Chris Lever	m	MV 50		833	0	860	0	1693
103	Kelly Barrett	f			0	0	797	892	1689
104	Michael Devlin	m	MV 40		794	0	883	0	1677
105	Pete Lashley	m	MV 50		815	0	861	0	1676
106	Bernice Blundell	f	FV 60	Skelmersdale Boundary Harriers	0	0	774	899	1673
107	Louise Anderson	f	FV 50		0	860	805	0	1665
108	Stuart Bond	m			762	0	0	903	1665
109	Elizabeth Carmo-silva	f	FV 40		0	845	812	0	1657
110	Doug Orr	m	MV 40		0	844	811	0	1655
111	Julie Rogerson	f			0	791	0	864	1655
112	Joe Richardson	m			808	0	846	0	1654
113	Nick Pape	m	MV 50	Hermitage Harriers	0	0	768	877	1645
114	Louise Jeffrey-read	f	FV 40	Lostock ac	803	839	0	0	1642
115	Chris Green	m	MV 50		0	0	767	875	1642
116	Philippe Werey	m	MV 50		0	0	808	830	1638
117	Fiona Dridge	f	FV 50	Thornton Cleveleys Running Club	0	770	0	851	1621
118	Louise Lowe	f		Craven Energy	0	0	736	885	1621
119	Ben Cheetham	m			0	0	734	887	1621
120	Hannah Daghish	f			812	0	799	0	1611
121	Timothy Knowles	m	MV 60	None	0	811	800	0	1611
122	Darrel White	m			733	877	0	0	1610
123	Anna Williams	f	FV 40	Skelmersdale Boundary Harriers	0	0	711	894	1605
124	James Campbell	m	MV 40		775	828	0	0	1603
125	Dorothy Pelly	f	FV 60	Ambleside Ac	0	834	755	0	1589
126	Elaine Malyn	f	FV 50	Eden runners	0	815	771	0	1586
127	Martin Barrett	m	MV 50		0	0	703	871	1574
128	Phil Blaylock	m	MV 40	Lakeland Trails	765	0	807	0	1572

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
129	Liz Molyneux	f	FV 40		0	729	0	832	1561
130	Eugenia Kervin	f	FV 50		0	728	0	833	1561
131	Ben Patterson	m	MV 40		708	0	850	0	1558
132	Russell Pilling	m	MV 60	North Shields Poly	0	0	694	858	1552
133	simon else	m	MV 50		731	0	813	0	1544
134	Margaret Mossman	f	FV 50	Eden Runners	0	817	723	0	1540
135	Doris Trueman	f	FV 70		728	812	0	0	1540
136	Jack Croskery	m	U21		743	0	795	0	1538
137	Anthony Blight	m	MV 50	Blackpool wyre and fylde	703	832	0	0	1535
138	Lesley Strickland	f	FV 50	Hartlepool Burn Road Harriers	0	0	693	839	1532
139	Jen Salt	f	FV 40	Wesham Road Runners	709	816	0	0	1525
140	Brian Weatherington	m	MV 40		760	0	757	0	1517
141	Gail Bristo	f	FV 50	Red Rose Road Runners	691	818	0	0	1509
142	Gary Anderson	m	MV 50		0	757	747	0	1504
143	Leonie Bell	f	FV 40		0	782	722	0	1504
144	Neil Hawkes	m	MV 50		0	781	721	0	1502
145	Jill Reed	f	FV 50		736	0	764	0	1500
146	Sarah Nutt	f	FV 40		693	0	801	0	1494
147	Andrea McEwan	f	FV 50		0	0	670	820	1490
148	Clare Laybourn	f	FV 50		643	0	0	840	1483
149	Margaret Lupton	f	FV 50	Red Rose Road Runners	0	0	642	841	1483
150	Emily Wilson	f	FV 40		754	717	0	0	1471
151	Ruth Lilliott	f	FV 60		650	0	0	816	1466
152	Jen Hayton	f	FV 40		633	0	0	818	1451
153	Richard Sabey	m	MV 60		0	0	635	811	1446
154	Jennifer Pugh	f	FV 40		0	0	637	808	1445
155	Danielle Radley	f	FV 40		637	0	0	806	1443
156	Steven Ohara	m	MV 40		719	0	716	0	1435
157	Elise Norbury	f	FV 40		0	0	626	803	1429
158	Tumkeen Badulla	f			0	0	625	802	1427
159	Michael Moss	m	MV 50	Total Transition Triathlon Club	0	0	614	810	1424
160	Paul Kirton	m	MV 50	Tetbury Dolphins Running Club	658	0	745	0	1403
161	Ian Trencher	m	MV 40	Billinge Running Club	0	0	590	805	1395
162	Jane Grantham	f	FV 40	Sunnywood on Tour	0	0	616	773	1389

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163	Kirsty Turnbull	f	FV 40		586	0	0	799	1385
164	Sara Lucas	f	FV 50		584	0	0	794	1378
165	Joanne Lewis	f	FV 50		580	0	0	783	1363
166	Cat Gooch	f	FV 50	Ponteland Runners	0	0	574	784	1358
167	Gail Farr	f	FV 50	west hull ladies	0	0	569	782	1351
168	Hannah Croskery	f			674	0	672	0	1346
169	Jenny Coupland	f	FV 40		622	716	0	0	1338
170	Wayne Lee Farr	m	MV 50		0	0	545	775	1320
171	Mark Sherwood	m	MV 50		0	721	598	0	1319
172	Mark Lightfoot	m	MV 50		0	720	597	0	1317
173	Lisa Riley	f	FV 40	Sunnywood Ladies on Tour	0	0	533	770	1303
174	Colette Clarkson	f	FV 50		0	708	588	0	1296
175	David Battersby	m	MV 50		0	715	579	0	1294
176	Matthew Almond	m	MV 40	Lancaster Runners	666	0	618	0	1284
177	Kevin Clarkson	m	MV 50		0	707	576	0	1283
178	Chloe Almond	f		Lancaster Runners	665	0	617	0	1282
179	Vicky Evans	f	FV 50		574	681	0	0	1255
180	Neil Sutcliffe	m	MV 60		0	693	531	0	1224
181	Melanie Jones	f	FV 50	Prestwich athletics club	0	686	538	0	1224
182	Jo Houghton	f	FV 50	Prestwich AC	0	689	535	0	1224
183	Nichola Cooke	f	FV 40	Prestwich Ac	0	687	536	0	1223
184	Evvie Feingold	f	FV 50	Prestwich AC	0	685	537	0	1222
185	Gillian Sharpe	f	FV 60		0	678	520	0	1198
186	Helen Knowles	f	FV 60	None	0	677	519	0	1196
187	Louise Roberts	f	FV 50	Border Reiver Runners	610	0	562	0	1172
188	Lauren Dean-Ashton	f	FV 40		570	0	510	0	1080
189	Chris Holdsworth	m		INOv8	1000	0	0	0	1000
190	Scout Adkin	f		Ambleside AC	0	1000	0	0	1000
191	Brogan McCawley	m		Leeds City AC	0	0	1000	0	1000
192	Craig Blakey	m		Bowland Fell Runners	0	999	0	0	999
193	Joe Grisdale	m			0	0	999	0	999
194	Richard Wilson	m	MV 40	Kendal AC	0	0	0	999	999
195	Daniel Thacker	m			998	0	0	0	998
196	Daniel Cottle	m	MV 40	Prestwich AC	0	998	0	0	998

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197	Paul Reilly	m	MV 40	Coniston Fell Runners	0	0	998	0	998
198	Conall Stobbs	m	U25	Cheviot Trail Runners	0	0	0	998	998
199	Gary Gregory	m	MV 40	Helm Hill Runners	997	0	0	0	997
200	Martin Klavon	m	MV 40	Northowram Pumas	0	997	0	0	997
201	Matt Clark	m			996	0	0	0	996
202	Chris Miles	m		Sale Harriers	0	0	996	0	996
203	Wayne Laird	m	MV 40	GoActiv	0	0	0	996	996
204	Catriona MacDonald	f		Morpeth Harriers	995	0	0	0	995
205	Jacob Goodwin	m		Chapel Allerton Runners	0	0	995	0	995
206	Nick Watson	m	MV 50		0	0	0	995	995
207	Stephen Pearce	m	MV 40	Eden Runners	994	0	0	0	994
208	Michael Smith	m	MV 40		0	994	0	0	994
209	John Cull	m	U21		0	0	994	0	994
210	Amy Weyers	f		Chorlton Runners	0	0	0	994	994
211	Martin Oldfield	m	MV 50	Darwen Dashers	0	993	0	0	993
212	Matthew Whipple	m			0	0	993	0	993
213	Matt Wilson	m	MV 50	Kendal AC	0	0	0	993	993
214	Jennifer Badger	f			0	992	0	0	992
215	Josh Evans	m		Bellahouston Road Runners	992	0	0	0	992
216	Robert Smith	m	MV 40	Cleethorpes AC	0	0	0	992	992
217	David Hatch	m			0	991	0	0	991
218	Eugene Grant	m	MV 50	Milltown Milers	990	0	0	0	990
219	Mark McAfee	m	MV 40		0	990	0	0	990
220	Paul Heron	m	MV 40		0	0	990	0	990
221	Jamie Arkle	m			989	0	0	0	989
222	Jason Redman	m		Sunderland Harriers	0	989	0	0	989
223	James Cornforth	m			0	0	0	989	989
224	Ant Naylor	m	MV 40		0	0	0	988	988
225	Tom Ward	m	U25	Ambleside AC	988	0	0	0	988
226	Grace Culling	f	U21	helm hill	0	988	0	0	988
227	Barrie Quigley	m			0	0	988	0	988
228	Oliver Lee	m		Sale Harriers Manchester	987	0	0	0	987
229	Alastair Vale	m	MV 40		0	987	0	0	987
230	Jamie Marsland	m			986	0	0	0	986

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231	Graham Padget	m	MV 40		0	986	0	0	986
232	Peter Dinsmore	m			0	0	986	0	986
233	Katy Ward	f	FV 40	Eden Runners	0	0	0	986	986
234	Mike Allison	m	MV 60	Eden Runners	0	0	0	985	985
235	Andrew Pipes	m	MV 40	Derwent AC	985	0	0	0	985
236	Stephen Dunn	m	MV 40	Blackpool Wyre and Fylde AC	0	985	0	0	985
237	Lorenzo Brunero	m			0	0	985	0	985
238	Andrew Foster	m	MV 50	Liverpool Pembroke & Sefton	0	0	984	0	984
239	David Barras	m			0	984	0	0	984
240	Mark Quinn	m	MV 50		984	0	0	0	984
241	Mingma tshering Sherpa	m	MV 40	Inov8	983	0	0	0	983
242	Pauline Munro	f	FV 50	None	0	983	0	0	983
243	Jordan Lee	m			0	0	983	0	983
244	Simon Humphries	m	MV 50		0	0	0	983	983
245	Elaine Omand	f			982	0	0	0	982
246	Andrew Rutter	m	U25		0	0	982	0	982
247	Ruth Everson	f	FV 40		0	0	0	982	982
248	David Watts	m			981	0	0	0	981
249	David Walker	m	MV 50	Sedgefield Harriers	980	0	0	0	980
250	Clive Bandy	m	MV 40	Valley striders	0	980	0	0	980
251	James A Jackson	m			0	0	980	0	980
252	Daniel McGrath	m	MV 40		0	0	0	979	979
253	Adam Green	m			979	0	0	0	979
254	Sean Roddy	m	MV 40		0	0	0	978	978
255	Nick Hayward	m	MV 50		978	0	0	0	978
256	Anthony Lamb	m	MV 50		0	978	0	0	978
257	Helen Sharman	f		Keswick AC	0	0	978	0	978
258	David Lea	m	MV 50	Eden Runners	0	0	0	977	977
259	Scott Mason	m			0	0	976	0	976
260	Alec Graham	m			976	0	0	0	976
261	Matt Walker	m		Tyne Bridge Harriers	0	0	0	976	976
262	Helen Thompson	f	FV 40	Poynton Runners	975	0	0	0	975
263	Neil Griffiths	m	MV 40		0	975	0	0	975
264	Scott Burns	m	U25		974	0	0	0	974

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265	Henry Pickup	m		Rochdale harriers	0	0	0	974	974
266	Richard Bate	m	MV 40	Mercia Fell Runners	973	0	0	0	973
267	Stuart Halsey	m	MV 60	South Derbyshire Road Runners	0	973	0	0	973
268	Martin Bewick	m	MV 40		0	0	973	0	973
269	Paul Sanderson	m	MV 50	Tri Preston	972	0	0	0	972
270	Joe Unsworth	m			0	972	0	0	972
271	David Bartlett	m			0	0	972	0	972
272	Benjamin Sewell	m	U21		971	0	0	0	971
273	Elliot Owens	m		Flookburgh Boxing gym	0	971	0	0	971
274	Nick Saxton	m			0	0	971	0	971
275	Peter Hood	m	MV 60	Wolverhampton and Bilston	970	0	0	0	970
276	Timothy Forber	m		Lancaster & Morecambe Athletics	0	969	0	0	969
277	Simon Daniels	m	MV 50	Gosforth Harriers & AC	969	0	0	0	969
278	Joe Worthington	m	MV 40	Ackworth Road Runners	0	0	0	969	969
279	Koray Bacakoglu	m	U25		968	0	0	0	968
280	Chris Marshall	m			0	0	0	968	968
281	Sophie Pilkington	f			967	0	0	0	967
282	Laura Whitehouse	f			0	0	967	0	967
283	Pedro Rodriguez	m			0	966	0	0	966
284	Matthew Gregory	m			966	0	0	0	966
285	Robert Lilliott	m			0	0	0	966	966
286	Benjamin Logan	m			965	0	0	0	965
287	Paul Stuart	m	MV 50	East Kilbride Athletics Club	0	965	0	0	965
288	Sonny Playforth	m			0	0	965	0	965
289	Abbie Walker	f	U21	Sedgefield Harriers	964	0	0	0	964
290	Paul Gibson	m			0	964	0	0	964
291	Phil O'Sullivan	m			0	0	964	0	964
292	Liam Garnett	m			0	0	0	964	964
293	Robert Faulkner	m			0	963	0	0	963
294	Michael Rogers	m	MV 40	None	0	0	0	963	963
295	David Gean	m	U21		962	0	0	0	962
296	Anthony Irving	m	MV 40		0	962	0	0	962
297	David Connolly	m	MV 50		0	0	962	0	962
298	Graham Jenkins	m	MV 50	Ribble Valley Runners	0	0	0	962	962

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299	Ed Higgs	m	U25		961	0	0	0	961
300	Amy Whelan	f		Glaxo Hoad Hill Harriers	0	961	0	0	961
301	Chris Ryan	m	MV 40	Sw Running Crew	0	0	0	961	961
302	Andy Baguley	m	MV 40	Chorlton Runners	960	0	0	0	960
303	Andrew Webster	m	MV 50	Otley AC	0	960	0	0	960
304	Harry Vaneris	m	MV 40		959	0	0	0	959
305	Amelia Websdale	f	U25		0	959	0	0	959
306	Mark Cameron	m	MV 50		0	0	958	0	958
307	Tim Emery	m			0	0	0	958	958
308	Gemma Smith	f			0	0	0	957	957
309	David Calder	m	MV 60	Westerlands Cross Country Club	0	0	956	0	956
310	Richard Gover	m	MV 40	York Acorn Running Club	956	0	0	0	956
311	Stuart Hall	m	MV 40	Blackpool, Wyre and Fylde Athletic	0	956	0	0	956
312	stephen ormson	m	MV 50	Tricentral	0	0	0	956	956
313	Ian Crook	m	MV 50	Barrow Striders	0	955	0	0	955
314	Simon Lobas	m	MV 40		955	0	0	0	955
315	Eilidh Brown	f	U25		0	0	955	0	955
316	Derek Irwin	m	MV 60	AVOHK	0	0	0	955	955
317	Al Neal	m	MV 40		954	0	0	0	954
318	Michael Touhey	m	MV 40		0	0	0	954	954
319	Chris Thorpe	m	MV 50		0	954	0	0	954
320	James Carter	m	U25		953	0	0	0	953
321	Chris Derbyshire	m	MV 40	Thursday Cunt Club	0	953	0	0	953
322	Steven Rutter	m			0	0	953	0	953
323	Richard Hatton	m	MV 40	N/a	0	952	0	0	952
324	Heidi Rogers	f			0	0	952	0	952
325	Paul Jones	m	MV 60	Shropshire Shufflers	951	0	0	0	951
326	Gary Craven	m	MV 40	Manchester Muckers	0	951	0	0	951
327	Eric Austin	m	U21		0	950	0	0	950
328	Aoife Moss	f			0	0	950	0	950
329	James Shields	m			949	0	0	0	949
330	Sam Mooney	m			0	949	0	0	949
331	Neil Roberts	m	MV 50	Liverpool Pembroke & Sefton H&A	0	0	0	949	949
332	Mike Innerdale	m	MV 50	Eden Runners	948	0	0	0	948

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
333	Kash Singh	m			0	0	948	0	948
334	Ali Pennefather	f			947	0	0	0	947
335	Adam Seidel	m	U25		0	947	0	0	947
336	Peter Burke	m			0	0	947	0	947
337	Adrian Hadley	m	MV 40		946	0	0	0	946
338	Andy Cartridge	m			0	0	946	0	946
339	Kevin Scott	m	MV 60		945	0	0	0	945
340	Stuart Clayton	m	MV 50		0	945	0	0	945
341	Luke Wilson	m			0	0	945	0	945
342	Andrew Malcolm	m			944	0	0	0	944
343	James Barry	m			0	944	0	0	944
344	Steve Tinniswood	m	MV 50		0	0	0	944	944
345	Christoph Thomas	m			0	943	0	0	943
346	David Pollitt	m	MV 50	Leigh Harriers	943	0	0	0	943
347	Crawford Barber	m			0	0	943	0	943
348	Joe Brooke	m			942	0	0	0	942
349	Liam Tillett	m			0	942	0	0	942
350	Jack Lawton	m	U25		0	0	942	0	942
351	Andrew Fairweather	m	MV 40	Red rose road runner	0	941	0	0	941
352	Aidan Poynter	m			941	0	0	0	941
353	Lee Barker-field	m	MV 50		0	0	941	0	941
354	Ian Mckay	m	MV 50		0	0	0	941	941
355	Chris Howarth	m	MV 40	LAS Old Boys Basel	0	940	0	0	940
356	Callum Meadows	m		40% run club	0	0	940	0	940
357	Mark Hudson	m	MV 60	Liverpool Pembroke Sefton	0	0	0	940	940
358	Claire Thornton	f	FV 40	Methley Striders	939	0	0	0	939
359	Thomas Smith	m			0	939	0	0	939
360	Jack Lee-Thompson	m			0	0	939	0	939
361	Liam Webster	m			0	0	0	939	939
362	Jayne Collins	f	FV 60	Wigan Harriers	938	0	0	0	938
363	Carlos Botello	m			0	0	938	0	938
364	Caroline White	f	FV 40	Helm Hill Runners	0	0	0	938	938
365	Connor Dykes	m	U25		0	937	0	0	937
366	Katherine Clancy	f	FV 40	Liverpool Pembroke and Sefton AC	0	0	0	937	937

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
367	Peter Whaley	m	MV 40	St Bees Triers	936	0	0	0	936
368	Rachel Bailey	f	U25	Bolton United Harriers	0	936	0	0	936
369	Benn Stephenson	m	MV 40		0	0	936	0	936
370	Anthony Hayes	m	MV 40		0	935	0	0	935
371	Alan Barr	m	MV 50	Howgill Harriers	0	0	935	0	935
372	Connor McAleer	m			934	0	0	0	934
373	Katrina Hamilton	f		Wigan Harriers AC	0	934	0	0	934
374	Peter Roll	m	MV 50	Ilkley Harriers	0	0	934	0	934
375	Neil Cholmondeley	m	MV 40	N/a	0	0	933	0	933
376	Josh Morris	m			0	0	0	933	933
377	David Logan	m	MV 40		0	0	932	0	932
378	Ben Rowe	m	U25		932	0	0	0	932
379	Kasia Button	f			931	0	0	0	931
380	Chris Jones	m		Leven Valley AC	0	931	0	0	931
381	Dylan Lawton	m	MV 40	N/a	0	0	930	0	930
382	Emma Spooner	f	FV 40		929	0	0	0	929
383	Debbie Howard	f	FV 50	Furness Fell Runners	0	928	0	0	928
384	Nick Valentine	m			0	0	928	0	928
385	Jamie Funnell	m			0	0	0	927	927
386	George Scott	m			0	927	0	0	927
387	steven bamber	m	MV 60	Preston Harriers	927	0	0	0	927
388	Samuel Watts	m			0	0	927	0	927
389	Simon Winster	m		Red Rose Road Runners	0	926	0	0	926
390	Adam Kramer	m	MV 40		926	0	0	0	926
391	Mark Eccleston	m	MV 40		0	0	0	926	926
392	Richard Pennock	m	MV 50		0	0	0	925	925
393	Matt Hobby	m	MV 40		925	0	0	0	925
394	Matthew Mckeague	m	MV 40		0	925	0	0	925
395	Jamie Harrison	m			0	0	925	0	925
396	Julian Clarke	m	MV 50		924	0	0	0	924
397	Mark Ayrton	m	MV 50		0	924	0	0	924
398	Michael Roddy	m			0	0	0	924	924
399	Paul Hammond	m	MV 40		923	0	0	0	923
400	Jane Applegarth	f	FV 40		0	923	0	0	923

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
401	Andrew Fleming	m	MV 40		0	0	923	0	923
402	Patricio Fernandez Quintana	m	MV 40		0	0	0	923	923
403	Martyn Hurst	m	MV 40	Lonely Goat	922	0	0	0	922
404	Neil Mullinger	m	MV 40		0	922	0	0	922
405	Joanna Fitch	f			0	0	922	0	922
406	Hannah Stirling	f			0	0	0	921	921
407	Rebecca Howard	f		Quakers	921	0	0	0	921
408	Thomas Webster	m			0	921	0	0	921
409	Julia Gray Carnaffin	f	FV 60	Jog On The Tyne	0	0	921	0	921
410	Scott Dixon	m			0	0	0	920	920
411	Adrian Burgon-kisby	m			920	0	0	0	920
412	Al McKain	m			0	919	0	0	919
413	Rachael Collins	f	FV 40		0	0	0	919	919
414	Steven Edwards	m			919	0	0	0	919
415	Adam Long	m		40% club	0	0	919	0	919
416	Philip Pasco	m			918	0	0	0	918
417	John Paul Smith	m	MV 60		0	918	0	0	918
418	Jim Kellow	m	MV 40		0	0	918	0	918
419	Michiel Kieft	m	MV 40		0	0	917	0	917
420	Paul Hebden	m	MV 50	Bollington Harriers	0	0	0	917	917
421	Billy Duckworth	m			916	0	0	0	916
422	Mark Picksley	m	MV 60	Unattached	914	0	0	0	914
423	Fay Tuffen	f	FV 50		0	914	0	0	914
424	Peter Cox	m	MV 50		0	0	0	914	914
425	Katie Blackett	f		Bellahouston Road Runners	913	0	0	0	913
426	Ben Barnard	m	MV 40		0	0	913	0	913
427	Anne Macfarlane	f	FV 60	Dumfries Running Club	0	0	0	913	913
428	Joanne Grant	f	FV 50	Milltown Milers	912	0	0	0	912
429	Josh Tipper	m			911	0	0	0	911
430	Victor Ward	m	MV 50	Wolds Vets athletic club	0	0	911	0	911
431	Martin Le Roux	m			910	0	0	0	910
432	Robin Dallas-Childs	m	MV 40		0	910	0	0	910
433	Simon Robb	m			0	0	910	0	910
434	Steve Tupholme	m	MV 50	Holme Pierrepont RC	909	0	0	0	909

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
435	Matthew Eustace	m	MV 40		0	0	909	0	909
436	Anna Newton-Clarke	f			0	0	0	909	909
437	Emma Reynolds	f	FV 40	Riversway Roadrunners	0	0	0	908	908
438	Antony Briscoe	m	MV 60	Cumberland AC	908	0	0	0	908
439	Mihir Joshi	m	MV 40		0	0	908	0	908
440	Laurent Stauffer	m	MV 60	MILA Rheintal	907	0	0	0	907
441	Matthew Higginson	m			0	907	0	0	907
442	Chris Craven	m	MV 40	LPS	0	0	907	0	907
443	Jim Laycock	m	MV 50		0	0	0	907	907
444	Graeme Atkinson	m	MV 50		0	0	0	906	906
445	Peter Maguire	m	MV 40	Derwent Valley Running Club	906	0	0	0	906
446	Kyla Bennett	f	FV 40		0	906	0	0	906
447	Bruce Austin	m	U25		0	905	0	0	905
448	Jamie Doyle	m			0	0	0	905	905
449	Graham Pickering	m		Vegan Runners	904	0	0	0	904
450	Neil Mclachlan	m	MV 40		903	0	0	0	903
451	James Pearson	m	MV 40		0	903	0	0	903
452	Nick Massey	m	U25		902	0	0	0	902
453	Jonathan Vose	m	MV 40		0	902	0	0	902
454	Alan McTavish	m	MV 40		0	0	902	0	902
455	Richard Bacon	m	MV 70		0	0	0	902	902
456	Jen Helm	f	FV 40	Prestwich AC	0	901	0	0	901
457	Callum Broadleday	m			0	0	901	0	901
458	Erin Crompton	f	U25	Nob End	0	0	0	901	901
459	Daniel Gilchrist	m	MV 40		900	0	0	0	900
460	Philip Arrowsmith	m	MV 40		0	900	0	0	900
461	Ralph Fletcher	m	U25	Cool Runnings	0	0	0	900	900
462	LEE MCDONOUGH	m	MV 40		899	0	0	0	899
463	Kevin Duncan	m	MV 40		0	899	0	0	899
464	Gemma Cargin	f		Chorlton Runners	898	0	0	0	898
465	Kate Formstone	f	FV 40		0	898	0	0	898
466	Nicola Hughes	f			0	0	898	0	898
467	Alan Smitheman	m	MV 40	Loftus & Whitby Ac	897	0	0	0	897
468	Dave Tonge	m	MV 60		0	0	897	0	897

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
469	Peter EVANS	m	MV 50	Kings heath rc	0	0	0	897	897
470	Charlie Murray	m			896	0	0	0	896
471	Anthony Thorley	m	MV 50	Red Rose Road Runners	0	896	0	0	896
472	Phil Kitchman	m	MV 50		0	0	896	0	896
473	Ferg Ryan	m	MV 40	Sw Running Crew	0	0	0	896	896
474	Neil Venables	m	MV 60		895	0	0	0	895
475	Lotti Gecaite Collier	f	FV 40		0	0	0	895	895
476	John Wilson	m	MV 40		894	0	0	0	894
477	Colin Howard	m	MV 60	Furness Fell Runners	0	894	0	0	894
478	Peter Cantwell	m	MV 40		0	0	894	0	894
479	Michael Harding	m			893	0	0	0	893
480	Alice Burrill	f		Barlick Fell Runners	0	0	0	893	893
481	David Holliday	m	MV 50	DCH Run Club	892	0	0	0	892
482	Hugh Carter	m	U25		891	0	0	0	891
483	Craig Rimmer	m	MV 40		0	891	0	0	891
484	Helen Pointon	f	FV 40	#mrptrundamentalist	0	0	0	891	891
485	Brian Clifford	m	MV 40		890	0	0	0	890
486	Rebecca Bazire	f			0	0	0	890	890
487	Rebecca Willmott	f		Vegan Runners	889	0	0	0	889
488	Trudy Coyle	f	FV 50		0	889	0	0	889
489	Ian Goodall	m	MV 40		0	0	0	889	889
490	Nathan Lord	m			0	0	888	0	888
491	Annie Consiglio	f			0	0	0	888	888
492	Brenda Rutter	f	FV 60		0	0	887	0	887
493	Tom Langridge	m			886	0	0	0	886
494	Jack Ryder	m			0	886	0	0	886
495	John McCoy	m			0	0	886	0	886
496	Joshua ROBSON	m	U25	Derwent Valley Running Club	885	0	0	0	885
497	Chris Mccoy	m		Mersey Tri	0	0	885	0	885
498	Megan Stake	f		Marsh Lane Harriers	884	0	0	0	884
499	Chris Bluck	m	MV 40	Blackpool Wyre & Fylde AC	0	884	0	0	884
500	Find Jorgensen	m	MV 60		0	0	884	0	884
501	Danielle Harper-Brady	f		Elvet striders	0	0	0	884	884
502	Sandy Currie	m			883	0	0	0	883

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
503	John Bamforth	m	MV 50		0	883	0	0	883
504	Lauren Strong	f			0	0	0	883	883
505	David Norman	m	MV 50	Wolverhampton & Bilston AC	882	0	0	0	882
506	Phil Nixon	m	MV 50		0	882	0	0	882
507	Andrew Hickson	m	MV 50	Cornwall AC	881	0	0	0	881
508	Andrew Cunliffe	m	U25		0	0	881	0	881
509	Neil Tattersall	m	MV 50		0	0	0	881	881
510	Andrew Harrison	m	MV 50		0	880	0	0	880
511	James Lynch	m			0	0	880	0	880
512	Stephanie Barlow	f	FV 50	Elvet striders	0	0	0	880	880
513	John Findlay	m	MV 50		879	0	0	0	879
514	Jim Harling	m	MV 40		0	879	0	0	879
515	Albert Wood	m			0	0	879	0	879
516	Jonathan Fletcher	m	MV 50	Ripon Runners	0	0	0	879	879
517	Ömer Bacakoglu	m	MV 50		878	0	0	0	878
518	Libby Fletcher	f			0	0	0	878	878
519	Mark Salmon	m		N/a	877	0	0	0	877
520	Andy Pettit	m	MV 50		876	0	0	0	876
521	Stuart Tattersall	m	MV 50		0	876	0	0	876
522	Nick Postill	m			0	0	876	0	876
523	John Kelly	m	MV 50		875	0	0	0	875
524	Jo Bonham	f	FV 50		0	875	0	0	875
525	Thomas Rosser	m	MV 50		0	874	0	0	874
526	Suzanne Hughes-Rudd	f	FV 40		0	0	0	874	874
527	Jason Loveridge	m			0	0	874	0	874
528	Laura Disley	f	FV 40		0	0	0	873	873
529	Magda Trafas	f	FV 40	Summit Ultra	873	0	0	0	873
530	David Green	m	MV 60		872	0	0	0	872
531	Alexandra Battersby	f	FV 40	Tyne Bridge Harriers	0	872	0	0	872
532	Jennifer Thornton-Smith	f			0	0	872	0	872
533	Hannah Spencer	f			0	0	0	872	872
534	Stephen McGinn	m	MV 50		871	0	0	0	871
535	Jimmy Mcquillan	m			0	0	871	0	871
536	Arron Cook	m			870	0	0	0	870

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
537	Jo Fee	f	FV 50	CFR	0	0	0	870	870
538	Dean McCluskey	m			0	0	870	0	870
539	Carl Robinson	m	MV 60	Red Rose	0	869	0	0	869
540	Lewis Horrocks	m			0	0	0	869	869
541	Liz Handford	f	FV 50		0	868	0	0	868
542	Kieran Ridley	m			868	0	0	0	868
543	Joanna Popiela	f			0	0	0	868	868
544	Jonathan Beckham	m			867	0	0	0	867
545	Jake Baker	m			0	867	0	0	867
546	Lucy Courtney	f	FV 50	Jog on Tyne	0	0	867	0	867
547	Nicola Smith	f	FV 40	Cleethorpes AC	0	0	0	867	867
548	Mark Walker	m	MV 50	Rochdale Harriers and AC	866	0	0	0	866
549	Julie Hall	f	FV 40	Blackpool, Wyre and Fylde Athletic	0	866	0	0	866
550	Gerard Rooney	m	MV 60	Dalston Caldew Runners	0	0	866	0	866
551	Sarah Cartmel	f	FV 50		0	865	0	0	865
552	Matthew McEwan	m			864	0	0	0	864
553	Ravind Bhangal	m			0	0	864	0	864
554	Rachel Gray	f			0	0	0	863	863
555	Tom Morris	m			0	863	0	0	863
556	Stephen Gornall	m	MV 60		0	0	863	0	863
557	Adam Gornall	m			0	0	862	0	862
558	Jack Gargan	m			861	0	0	0	861
559	Marion Bell	f	FV 40		0	0	0	861	861
560	Robert Houghton	m		Billinge Running Club	860	0	0	0	860
561	Michelle Durney	f	FV 50		0	0	0	860	860
562	Steven Reynolds	m	MV 40		0	0	859	0	859
563	Dean Sharples	m	U25		859	0	0	0	859
564	Shaun McMullen	m	MV 60		0	859	0	0	859
565	Rob Coppell	m	MV 40		0	0	0	859	859
566	Matthew Rowan	m			858	0	0	0	858
567	Thomas Scott	m			0	858	0	0	858
568	Shaun Babar	m	MV 50		857	0	0	0	857
569	Dean Latham	m			0	857	0	0	857
570	Marieke Chalmers	f	FV 40		0	0	857	0	857

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
571	Rachel Ainsworth	f	FV 40	Johnson's Triathlon Coaching	0	0	0	857	857
572	John Halliday	m			0	0	856	0	856
573	Paul Mccowen	m	MV 40		0	855	0	0	855
574	Natasha Powell	f		Derwent valley running club	854	0	0	0	854
575	Stuart Kane	m	MV 40	Lancashire Constabulary	0	0	854	0	854
576	Lori Mcarthur	f	FV 40		0	0	0	854	854
577	Mark Holden	m	MV 40	Billinge Running Club	0	853	0	0	853
578	Claire Knox	f	FV 40	Derwent Valley Running Club	853	0	0	0	853
579	Neil Croskery	m	MV 50		0	0	853	0	853
580	Charlotte Scott	f	FV 40	Upper Wharfedale Runners	0	0	0	853	853
581	Alison Eagle	f	FV 60	Upper Wharfedale Runners	0	0	0	852	852
582	Duncan Milne	m		GC-RBB	852	0	0	0	852
583	Marianne McDermott	f			0	852	0	0	852
584	amy kirk	f			0	0	852	0	852
585	Katie Murray	f			851	0	0	0	851
586	Adam Myers	m			0	851	0	0	851
587	Philip Whitfield	m	MV 50	Eden Runners	0	850	0	0	850
588	Sharon Roberts	f	FV 50	Liverpool Pembroke & Sefton	0	0	0	850	850
589	Julie Gate	f	FV 50	Eden Runners	0	849	0	0	849
590	Callum Grant	m			0	0	849	0	849
591	Victoria Hatton	f	FV 50		0	0	0	849	849
592	Rozanne Nolte	f			0	0	848	0	848
593	Jason Bowman	m	MV 50		848	0	0	0	848
594	Simon James	m			0	848	0	0	848
595	Christina Loveridge	f	FV 40	Bbrc	0	0	0	847	847
596	Deb Stanaway	f	FV 50	Tattenhall Runners	0	846	0	0	846
597	Alastair Durno	m	MV 60	Hoad Hill Harriers	0	0	0	845	845
598	Andy Carpenter	m	MV 60		845	0	0	0	845
599	Rachel Dimelow	f			0	0	845	0	845
600	Michael Ollier	m	MV 40	Vail Royal AC in Winsford	844	0	0	0	844
601	Sam Coward	m			0	0	844	0	844
602	Sarah Hoggarth	f	FV 50	Orchard Eagles Running Club	0	0	0	844	844
603	David Ormrod	m			843	0	0	0	843
604	Jamie Birks	f			0	0	843	0	843

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
605	Alec MacLean	m	MV 50	Beeston AC	0	0	0	843	843
606	Jordan Hancock	m			0	842	0	0	842
607	David Butler	m	MV 50	Blackpool Freedom Runners	0	0	842	0	842
608	Scott Damerum	m	MV 50		0	841	0	0	841
609	Eva Harker	f	U21		0	0	841	0	841
610	Tracey J Burlinson Campbell	f	FV 50	Lonely Goat Running Club	840	0	0	0	840
611	Elaine Louise Parry	f	FV 40		0	840	0	0	840
612	Richard Thomas	m			0	0	840	0	840
613	Roger Harrison	m	MV 60	Cheshire Hash House Harriers	0	0	838	0	838
614	Jack Roberts	m	U25		0	838	0	0	838
615	James Parkinson	m			0	0	0	838	838
616	William Fitch	m			0	0	837	0	837
617	Andy Fisher	m	MV 40		837	0	0	0	837
618	Gareth Eaton	m	MV 40		0	837	0	0	837
619	Suzie Daw	f	FV 40		0	0	0	837	837
620	Andre Mair	m			0	836	0	0	836
621	Leon Dack	m	U25		0	0	836	0	836
622	Paul Main	m	MV 40		0	0	0	836	836
623	David Bone	m	MV 60		835	0	0	0	835
624	Kate Harrison	f		Abbey Runners	0	0	835	0	835
625	Jackie Welburn	f	FV 40	Beeston AC	0	0	0	835	835
626	Carol Edwards	f	FV 60		0	0	0	834	834
627	Andy Johannesen	m		Glaxo Hoad Hill Harriers	834	0	0	0	834
628	Simon Slatter	m		4ZERO	0	0	834	0	834
629	Laura Lawler	f	FV 50	BWFAC	0	833	0	0	833
630	Michael Curry	m	MV 40		832	0	0	0	832
631	Claire Faulkner	f			0	0	832	0	832
632	Nicola Aindow	f	FV 50		0	0	0	831	831
633	Andy Drake	m	MV 50		831	0	0	0	831
634	Jordan Jenkinson	m			0	831	0	0	831
635	Hayley Gardner	f			0	0	831	0	831
636	Sophie Tedham	f			830	0	0	0	830
637	Stephen Stanaway	m	MV 50	Tattenhall Trotters	0	830	0	0	830
638	Jamie Butler	m		Birstall Rc	0	0	830	0	830

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
639	Hilary Royston-bishop	f		Derwent Athletic Club	0	829	0	0	829
640	Lizzy Fawcett	f			0	0	0	829	829
641	Siobhan Firman	f			828	0	0	0	828
642	Kate Bowden	f	FV 50	Glossopdale Harriers	0	0	828	0	828
643	Holly Morrison-Carter	f			0	0	0	828	828
644	Helen Foster	f	FV 50		0	0	0	827	827
645	Caitlin Fawkes	f	U25	Glaxo Hoad Hill Harriers	0	827	0	0	827
646	Gary Lacey	m	MV 40		0	0	0	826	826
647	Sam Brown	m			826	0	0	0	826
648	Nat Pawlowski	m	MV 50	Kendal Tri	0	0	826	0	826
649	Victoria Slinger	f	FV 40		0	0	0	825	825
650	Dawn Jones	f	FV 50	Harlow Athletic Club	0	0	825	0	825
651	Kay Hebden	f	FV 50	Bollington Harriers	0	0	0	824	824
652	Alex White	m			824	0	0	0	824
653	Alexandra Smith	f			0	824	0	0	824
654	Chloe Dufton	f			0	0	0	823	823
655	Amanda Gray	f			823	0	0	0	823
656	christina downham	f			0	823	0	0	823
657	Stephen King	m	MV 60	Ilkley Harriers	0	0	823	0	823
658	Paul Senior	m			822	0	0	0	822
659	Darren Roberts	m	MV 50		0	822	0	0	822
660	Mark Blundell	m	MV 60	Edge Pistols	0	0	822	0	822
661	Wolfgang Altenau	m	MV 70		0	0	0	822	822
662	Graeme White	m	MV 50		0	821	0	0	821
663	Michael Bellwood	m			821	0	0	0	821
664	Matthew Riley	m			0	0	821	0	821
665	Marie Nunes	f			0	0	0	821	821
666	Zoe Dale	f	FV 50	Yorkshire Wolds runners	0	0	820	0	820
667	Michael Nelson	m	MV 50		0	820	0	0	820
668	Charlotte Bennett	f			819	0	0	0	819
669	Colin Sam Walton	m	MV 60	Wilmslow Running Club	0	819	0	0	819
670	Carole Hopkinson	f	FV 60		0	0	0	819	819
671	Amy Danaher	f			818	0	0	0	818
672	Martyn Earle	m	MV 40		0	0	818	0	818

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
673	Simon Yates	m	MV 50		0	0	817	0	817
674	Eliot Manning	m	U25		817	0	0	0	817
675	Niamh O'Malley	f			0	0	0	817	817
676	Harry Hardcastle	m	U25		816	0	0	0	816
677	Sally Williamson	f	FV 40		0	0	816	0	816
678	Alex Bowling	m			0	0	815	0	815
679	Elaine Farrer	f	FV 50		0	0	0	815	815
680	Cathryn Rostron	f	FV 50	Bollington Harriers	0	0	0	814	814
681	Danii Houghton	f			814	0	0	0	814
682	Stephen Draper	m	MV 40		0	814	0	0	814
683	Ben Clay	m		Slaithwaite Striders	0	0	814	0	814
684	Diane Ward	f	FV 40		0	0	0	813	813
685	Jonathan Davis	m	MV 40		813	0	0	0	813
686	Ste Gregory	m	MV 40		0	813	0	0	813
687	Andrew Turnbull	m	MV 40		0	0	0	812	812
688	Pip Mclachlan	f	FV 40		811	0	0	0	811
689	Steve Dodds	m	MV 50		810	0	0	0	810
690	Emma Cook	f			0	810	0	0	810
691	Catherine Harker	f	FV 40		0	0	810	0	810
692	Andy Hitchen	m	MV 60	Keswick A C	809	0	0	0	809
693	Jane Damerum	f	FV 40	Dragons Running Club (Sale)	0	809	0	0	809
694	John Macholc	m	MV 60	Accrington Road Runner	0	808	0	0	808
695	Oli Tomlinson	f	FV 50		0	0	0	807	807
696	Shirley Swanson	f	FV 60	Steeple Chasers Running & Cycling	0	807	0	0	807
697	Laurel Sleet	f			0	0	806	0	806
698	Bill Hornby	m	MV 50	Hartlepool Burn Road Harriers	805	0	0	0	805
699	Kirsty Robson	f	FV 50	Derwent Valley Running Club	804	0	0	0	804
700	Julie Cook	f	FV 50	Tynedale Harriers	0	0	804	0	804
701	Louise Milburn	f	FV 50	Upper wharfedale runners	0	0	0	804	804
702	John Edwards	m	MV 70		0	803	0	0	803
703	Hannah Newcomb	f	FV 40		0	0	803	0	803
704	Richard Rayner	m	MV 50		0	0	802	0	802
705	Catherine Brydon	f	FV 40		802	0	0	0	802
706	Julie Thorley	f	FV 50	Red Rose Road Runners	0	802	0	0	802

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
707	Esther Neal	f			801	0	0	0	801
708	Nanne Brattinga	m	MV 40		0	801	0	0	801
709	Garry Corr	m	MV 50		0	0	0	801	801
710	Peter van den Belt	m	MV 40		0	800	0	0	800
711	Amie Naylor	f	FV 50		0	0	0	800	800
712	Tracy Slater	f	FV 40		0	799	0	0	799
713	Grace Richardson	f		Roundhay Runners	798	0	0	0	798
714	Vicki Moretti	f	FV 40		0	798	0	0	798
715	Karen Henthorn	f	FV 40		0	0	0	798	798
716	Andy Buckroyd	m	MV 60	Macclesfield Harriers	797	0	0	0	797
717	Simon Scarr	m	MV 60	Bw&fac	0	797	0	0	797
718	Paul Henthorn	m	MV 50		0	0	0	797	797
719	Paula Marshall	f	FV 50	Bollington Harriers	0	0	0	796	796
720	Lee Marks	m	MV 40	Salford Metropolitan AC	796	0	0	0	796
721	Rachel Day	f			795	0	0	0	795
722	Janette Canfield	f	FV 50		0	795	0	0	795
723	Sarah King	f	FV 40		0	0	0	795	795
724	Gary Bigland	m	MV 40		0	794	0	0	794
725	Mark Pearson	m	MV 50		0	0	794	0	794
726	John Green	m	MV 50		793	0	0	0	793
727	James Kemp	m			0	793	0	0	793
728	Kerry Barker	f	FV 40		0	0	793	0	793
729	Karen Eckworth	f	FV 60	Alton Runners	0	0	0	793	793
730	Emma Blundell	f		Lonsdale Fell Runners	792	0	0	0	792
731	Dane Browne	m			0	792	0	0	792
732	Louise Chicken	f	FV 50	Tynedale Harriers	0	0	792	0	792
733	Lynne Carruthers	f	FV 60	Dch	791	0	0	0	791
734	Gareth Robinson	m	MV 40		0	0	791	0	791
735	Jane Marshall	f	FV 50	York Acorn Running Club	0	0	0	791	791
736	Karen Bennett	f	FV 50	Lymm Runners	0	790	0	0	790
737	Chris Taylor	m	MV 40	Elvet Striders	790	0	0	0	790
738	Paul Gibbons	m	MV 60		0	0	790	0	790
739	Naomi Clague	f			0	0	0	790	790
740	Peter Cushion	m	MV 50	Wirral Vikings Trc	0	0	789	0	789

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
741	Mark Ewing	m		Penny lane striders	0	789	0	0	789
742	Heather Boden	f			0	0	0	789	789
743	Zoe winter	f	FV 40		788	0	0	0	788
744	David Smith	m	MV 60		0	788	0	0	788
745	Jan-Friedrich Wulf	m	MV 50	Settle Harriers	0	0	788	0	788
746	Helen Mcintyre	f	FV 40		0	0	0	788	788
747	Anthony Wilkinson	m	MV 60		787	0	0	0	787
748	Andi Edge	m	MV 50	Wyre Triathlon	0	787	0	0	787
749	Jeremy Dyke	m	MV 50		0	0	787	0	787
750	Ian Wood	m	MV 50	4Zero / Wildsoles	0	0	0	787	787
751	Julie Graham	f	FV 60	Garstang	0	786	0	0	786
752	Pauline Carrera-Silva	f	FV 50		0	0	0	786	786
753	jordan Rothery	m			786	0	0	0	786
754	Rebecca Egerton	f			0	0	786	0	786
755	Stephen Dale	m	MV 60	Yorkshire wolds runners	0	0	785	0	785
756	Colin Copland	m	MV 60		0	785	0	0	785
757	Alex Jirat	m			785	0	0	0	785
758	Alan Jones	m	MV 60	Garstang Running Club	784	0	0	0	784
759	Anne Cox	f	FV 60		0	0	784	0	784
760	Glyn Kilsby	m	MV 60	Dubai Creek Striders	0	784	0	0	784
761	Alan Vicarage	m	MV 60	Derwent valley running club	783	0	0	0	783
762	Glyn Jones	m	MV 50		0	0	783	0	783
763	Lee Ashcroft	m			782	0	0	0	782
764	Liz Thompson	f	FV 50		0	0	782	0	782
765	Nicholas Cox	m			781	0	0	0	781
766	Ian Thompson	m	MV 50		0	0	781	0	781
767	Viv Samuelson	f	FV 40		0	0	0	781	781
768	Matthew Gribbin	m	MV 50		780	0	0	0	780
769	Glyn Williams	m	MV 50	Prestwich AC	0	0	780	0	780
770	Millie Trowsdale	f	U25		0	780	0	0	780
771	Helen Kelly	f	FV 50		0	0	0	780	780
772	Michelle Davies	f	FV 40		0	779	0	0	779
773	Matthew Duckett	m			779	0	0	0	779
774	Abbey Wilson	f		Yorkshire Wolds Runners	0	0	779	0	779

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
775	Jenny Brown	f	FV 40		0	0	0	779	779
776	Julian Egan	m	MV 50		778	0	0	0	778
777	Emma Counce	m			0	778	0	0	778
778	Joanna Ledson	f			0	0	778	0	778
779	Kirstie Harrison	f	FV 40		0	0	0	778	778
780	Sara Heath	f			777	0	0	0	777
781	Lee-Victoria Davies	f	FV 40	Southport Strollers	0	777	0	0	777
782	Jo Rolls	f	FV 50	Keswick AC	0	0	777	0	777
783	Suzanne Bremner	f	FV 40	These Girls Can Run	0	0	0	777	777
784	Patrycja Respondek	f			776	0	0	0	776
785	Susan Wilson	f	FV 60	These girls can run	0	0	0	776	776
786	Lindsey Black	f	FV 40	Southport Strollers Running Club	0	775	0	0	775
787	Jane Mellor	f	FV 40		0	0	775	0	775
788	Rachel Grayson	f	FV 50	Quakers	0	774	0	0	774
789	Martin Tilbury	m	MV 50		0	0	773	0	773
790	Esther Stanier	f	FV 40	Red Rose Road Runners	0	773	0	0	773
791	Hannah Greenwood	f			773	0	0	0	773
792	Robyn Hogg	f			772	0	0	0	772
793	Elisabeth Zambo	f	FV 50		0	772	0	0	772
794	Brodie Peers	m	MV 40		0	0	772	0	772
795	Victoria Kibler	f	FV 50		0	0	0	772	772
796	Phil Smith	m	MV 50		771	0	0	0	771
797	Chris Watts	m	MV 40		0	771	0	0	771
798	Sandra Robinson	f	FV 40	Manchester Ymca Harriers	0	0	0	771	771
799	Les Schmid	m	MV 70		770	0	0	0	770
800	Lana Roy	f	FV 50		0	0	770	0	770
801	Katie O'sullivan	f	FV 40		769	0	0	0	769
802	Martin Baker	m	MV 50	Lonely Goat	0	769	0	0	769
803	Sara Wolstenholme	f	FV 50		0	0	769	0	769
804	Debbie Worthington	f	FV 40	Ackworth Road Runners	0	0	0	769	769
805	Patricia Bacon	f	FV 70		0	0	0	768	768
806	John Stout	m	MV 70		767	0	0	0	767
807	Yvonne Collingham	f	FV 50	Durham Mums on the Run	0	767	0	0	767
808	Andrea Donaldson	f	FV 40	St Bees Triers	766	0	0	0	766

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
809	Sharon Cooper	f	FV 50	Wesham Road Runners	0	766	0	0	766
810	Nigel Burkitt	m	MV 60		0	0	766	0	766
811	James Howe	m	U25		0	765	0	0	765
812	Maxime Werckx	m			0	0	765	0	765
813	Rob England	m			764	0	0	0	764
814	Amy Brinkman	f	U25		0	764	0	0	764
815	Chris Caldwell	m			0	763	0	0	763
816	jane THOMAS	f			0	0	763	0	763
817	Angela Shepherd	f	FV 60	Tadcaster Harriers	0	762	0	0	762
818	Kim Ramshaw	f	FV 50	Eden Runners	0	0	762	0	762
819	Rob Huntbach	m	MV 60		761	0	0	0	761
820	Jan Elkins	f	FV 60		0	761	0	0	761
821	Jamie Southern	f			0	0	761	0	761
822	SIMON Hackett	m	MV 60	Lymm Runners	0	760	0	0	760
823	Louise Battey	f	FV 40		0	0	760	0	760
824	David Faulkner	m	MV 60	Lymm Runners	0	759	0	0	759
825	Alan bell	m	MV 40		759	0	0	0	759
826	Caroline Greenen	f	FV 50	Sunnywood Ladies on Tour	0	0	759	0	759
827	Christine Ramsbottom	f	FV 60	lymm runners	0	758	0	0	758
828	Kieran Murray	m			758	0	0	0	758
829	Lisa Harrop	f	FV 50	Sunnywood Ladies On Tour	0	0	758	0	758
830	David Holliday	m	MV 40	HH	757	0	0	0	757
831	Daniel Howgate	m			756	0	0	0	756
832	Josie Holding	f	U25		0	756	0	0	756
833	Lucy Dunlop	f	FV 50	Tynedale Harriers	0	0	756	0	756
834	Sarah Clarke	f	FV 40		755	0	0	0	755
835	Rachel Johnson	f	U25		0	755	0	0	755
836	Isadora Pizzo	f			0	754	0	0	754
837	Lucy Vine	f	U21		0	0	754	0	754
838	Karen Ashcroft	f	FV 40		753	0	0	0	753
839	Leanne Bluck	f	FV 40	Blackpool Wyre Fylde AC	0	753	0	0	753
840	James Snutch	m	MV 40	Birstall Running Club	0	0	753	0	753
841	Jordan Wade	m			752	0	0	0	752
842	Jim Byrne	m	MV 60		0	752	0	0	752

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
843	Tom England	m			0	0	752	0	752
844	Paul Gardner	m	MV 50	Chorlton Runners	751	0	0	0	751
845	Ali Cooper	f	FV 60	Kendal Tri Club	0	751	0	0	751
846	Luke Harris	m			0	0	751	0	751
847	Mark Ormerod	m	MV 60		750	0	0	0	750
848	Paul Appelquist	m	MV 50		0	750	0	0	750
849	Ben Melrose	m			0	0	750	0	750
850	Paul Cookson	m	MV 40		749	0	0	0	749
851	Claire Appelquist	f	FV 50		0	749	0	0	749
852	Anna Fishpool	f	FV 50	Blackpool Freedom Runners	0	0	749	0	749
853	Daryn Allinson	m			748	0	0	0	748
854	Sophie Strelling	f			0	748	0	0	748
855	Helen Marriner	f	FV 50		0	747	0	0	747
856	Laura Wilson Bell	f			747	0	0	0	747
857	Darren Stockdale	m	MV 40	Darlington Harriers	746	0	0	0	746
858	Nicholas Barlow	m		4ZERO Run Club	0	0	746	0	746
859	Matt Carter	m	MV 50		745	0	0	0	745
860	Mark Harper	m	MV 50		744	0	0	0	744
861	Isobel Hall	f	FV 50	Jogging Pals	0	744	0	0	744
862	Jenny Smith	f			0	743	0	0	743
863	Graham Read	m	MV 60		742	0	0	0	742
864	Hannah Hayhurst	f			0	742	0	0	742
865	Ella Wragg	f		NA	0	0	742	0	742
866	Thomas Walker	m	MV 40	Team Sixteen	0	741	0	0	741
867	Shane Lynas	m			0	0	741	0	741
868	Richard Carr	m	MV 50		0	740	0	0	740
869	Joe Llewellyn	m	MV 40		740	0	0	0	740
870	Robina Kane	f			0	0	740	0	740
871	Matt Jarvis	m	MV 50		739	0	0	0	739
872	FIONA MCKEAN	f	FV 50	eden runners	0	739	0	0	739
873	George Woodfield	m			0	0	739	0	739
874	Rach Garner	f	FV 50	Prestwich AC	738	0	0	0	738
875	Vin Caldwell	m	MV 60		0	738	0	0	738
876	Chris Ledson	f	FV 50		0	0	738	0	738

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
877	Ryan Lynch	m			0	737	0	0	737
878	Jason Copp	m	MV 50		737	0	0	0	737
879	John McConnell	m	MV 50		0	0	737	0	737
880	Jack Pearce	m			0	736	0	0	736
881	Ruth Howarth	f	FV 40		735	0	0	0	735
882	Gregg Cropper	m	MV 40		0	735	0	0	735
883	Lucy Moss	f			0	0	735	0	735
884	Curtis Radcliffe	m			734	0	0	0	734
885	Sarah Bellew	f	FV 40		0	734	0	0	734
886	Sarah Edwards	f	FV 50		0	733	0	0	733
887	Claire Crewe	f		Eden Runners	0	0	733	0	733
888	Susan Black	f	FV 50	Tynedale Harriers	0	0	732	0	732
889	Fiona Headley	f	FV 60	Selby Striders	0	731	0	0	731
890	Jo Hall	f	FV 50		0	0	731	0	731
891	Peter Cheung	m	MV 60		730	0	0	0	730
892	Helen Fairgrieve	f	FV 50		0	0	730	0	730
893	Ruth Jack	f			729	0	0	0	729
894	Gayle Hanson-Jones	f	FV 50		0	0	729	0	729
895	Miguel Menes	m			0	0	728	0	728
896	Nic Edwards	f	FV 50	Hitchin Hares and Steeple Chasers	0	727	0	0	727
897	Leonie Hayler	f	FV 50	Tynedale Harriers	0	0	727	0	727
898	Kevin Browne	m	MV 40		0	726	0	0	726
899	Emma Wragg	f	FV 50		0	0	726	0	726
900	Sam Livesey	f	FV 40		0	725	0	0	725
901	David Bishop	m	MV 60		725	0	0	0	725
902	Simon King	m			0	0	725	0	725
903	Debbie Torr	f	FV 40		0	0	724	0	724
904	Camilla Carruthers	f			724	0	0	0	724
905	Pradeep Kadu	m	MV 60		0	724	0	0	724