



Lakeland Trails 2022 Series Championships - 10k Trail Run Spring Series



Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
1	Ronnie Haddow	m	MV 50	Furness Fell Runners	994	998	999	2991
2	Jim Andrews	m	MV 50	Helm Hill Runners	988	994	992	2974
3	Mark Wilson	m	MV 50	No Drama Llamas Running	959	984	985	2928
4	Philip Neal	m	MV 40	Quakers Running Club	971	968	987	2926
5	Katrina Mccaughan	f	FV 40		941	951	976	2868
6	Jo Andrews	f	FV 50		910	944	968	2822
7	Graham Kenealy	m	MV 60		919	918	967	2804
8	Elaine Fisher	f	FV 50	Ambleside AC	884	908	959	2751
9	Rachel Summers	f	FV 50		859	877	936	2672
10	Lesley Neal	f	FV 40	Quakers running club	861	849	913	2623
11	Jean Turner	f	FV 60	Telford Harriers	837	835	915	2587
12	Pete Holding	m	MV 60		840	830	904	2574
13	Alanna Buckle	f			786	881	881	2548
14	Catherine Doyle	f	FV 50		785	822	919	2526
15	Claire Smith	f	FV 40	North Shields Poly Ac	806	824	892	2522
16	Sara Summers	f	FV 50		779	827	880	2486
17	Jayne Batt	f	FV 60		778	787	899	2464
18	Melissa Grocock	f	FV 40		759	780	897	2436
19	Angela Dallinger	f	FV 40	Red Rose	770	749	856	2375
20	Dan Bell	m			0	996	997	1993
21	Anna Hoogkamer	f			987	995	0	1982
22	Gary O'Neill	m	MV 40	Furness Fell Runners	978	0	991	1969
23	Rachel Crow	f			968	0	990	1958
24	David Atkinson	m	MV 50	Blengdale Runners	0	972	984	1956
25	Matt Smith	m	MV 40		964	979	0	1943
26	Simon Thomas	m	MV 40		0	960	975	1935
27	Andrew Fairweather	m	MV 40	Red rose road runners	969	963	0	1932
28	Karen Pickles	f	FV 50	Spensborough	966	965	0	1931
29	Nick Cook	m	MV 40		0	957	974	1931
30	michael watson	m	MV 40		954	973	0	1927
31	Margaret Henderson	f	FV 40		951	971	0	1922
32	Steve Jones	m	MV 40		979	0	939	1918
33	Tom Hadfield	m	MV 40		934	969	0	1903
34	John Gray	m	MV 50		939	0	962	1901
35	Kevin Eland	m			922	0	971	1893
36	Joseph Ritson	m	MV 60	Derwent Ac Cockermouth	0	933	954	1887
37	Thomas Pearson	m			949	936	0	1885
38	Jonny Grisedale	m	MV 40		904	0	957	1861
39	Martin Bates	m	MV 60	Wesham Road Runners	909	0	949	1858
40	Adam Birch	m			0	891	956	1847
41	Craig Rimmer	m			920	910	0	1830
42	Lizzie Simmons	f	FV 40		902	909	0	1811
43	Matthew MADDOCK	m	MV 40		886	921	0	1807
44	Christopher Bond	m	MV 40		881	916	0	1797
45	Paul Abrams	m	MV 40		889	902	0	1791
46	Richard Campbell	m	MV 40		836	0	955	1791
47	Jacq Charles	f	FV 40	Wirral Vikings Trc	866	0	923	1789
48	Richard Harding	m	MV 40		0	844	934	1778
49	Simon Barton	m	MV 60	Glaxo Hoad Hill Harriers	893	882	0	1775
50	Susanne Parry	f	FV 50		0	870	903	1773
51	Angie Trippitt	f	FV 50		883	886	0	1769
52	Lloyd Trippitt	m			885	884	0	1769
53	Sally Barton	f	FV 60	Glaxo Hoad Hill Harriers	882	883	0	1765

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54	Deborah Thorneycroft	f	FV 50		0	843	914	1757
55	Ben Higginson	m	MV 60	Preston Harriers	819	0	935	1754
56	Melissa Coleman	f			860	893	0	1753
57	Rob Bennion	m	MV 50		874	878	0	1752
58	Sharon OConnell	f	FV 50		864	879	0	1743
59	Ian Walker	m	MV 60	Glaxo Hoad Hill Harriers	0	820	921	1741
60	Korinne Shaw	f			789	0	947	1736
61	Glyn MCGovern	m	MV 50		829	0	896	1725
62	Jayne Dore	f	FV 50		825	0	890	1715
63	Graeme Atkinson	m	MV 50		794	0	917	1711
64	James Featherstone	m	MV 60		0	821	886	1707
65	Tina Gee	f	FV 60		813	0	893	1706
66	Kristy Wonders	f	FV 40	North Shields Poly	773	0	926	1699
67	Andy Floyd	m	MV 50		0	791	891	1682
68	Shirley Spratt	f	FV 60		843	831	0	1674
69	Bill Watts	m	MV 50	Riversway Road Runners	817	856	0	1673
70	Clare Thomas	f	FV 40		820	851	0	1671
71	Sarah Yeates	f			787	0	883	1670
72	Paul Mather	m	MV 40		797	872	0	1669
73	Amanda Gray	f	FV 50		780	0	888	1668
74	JEANETTE GRIMES	f	FV 60		0	815	849	1664
75	Andrea Lancaster	f	FV 40		834	829	0	1663
76	David Littlefair	m	MV 50		842	810	0	1652
77	Joanne Mather	f	FV 40		791	858	0	1649
78	Danny Thompson	m	MV 60		0	775	866	1641
79	Emma Teggart	f	FV 40	Lonely goat	795	0	844	1639
80	Emma Cafferty	f	FV 40		811	0	824	1635
81	Ruth Shooter	f	FV 40	Ruth's Runners	771	0	862	1633
82	Sue Kearney	f	FV 50		744	0	871	1615
83	Sharon Donald	f	FV 40	DCH Run Club	739	0	868	1607
84	Brian Winder	m	MV 70	Darwen Running Group	726	0	872	1598
85	Kate Peers	f	FV 40		792	804	0	1596
86	Claire Gillham	f	FV 60	Garstang RC	735	0	854	1589
87	Emma Brierley	f	FV 40		705	0	884	1589
88	Helen Patten	f	FV 50	Red Rose Runners	803	785	0	1588
89	Caron Parkes	f	FV 50		729	0	852	1581
90	Deb Bloom	f	FV 60		730	0	846	1576
91	Angela Jones	f	FV 50	St Helens Striders	720	0	853	1573
92	Jenny Mabbutt	f			747	0	826	1573
93	adele Cihlar	f	FV 50		765	778	0	1543
94	Julie Kelly	f	FV 60	St Bees Triers	0	707	835	1542
95	Sadie Dyson	f	FV 40		762	777	0	1539
96	Sally Anderson	f	FV 40	knowle And Dorrige Running Club	673	0	865	1538
97	Helen Bowerman	f	FV 50		756	773	0	1529
98	Nicky Ball	f	FV 50		750	761	0	1511
99	Penny Swann	f	FV 50		671	0	839	1510
100	Lynn Boylin	f	FV 60	Astley & Tyldesley	685	0	817	1502
101	J Graham Smith	m	MV 50		708	789	0	1497
102	Kathryn Pearson	f	FV 50	Astley & Tyldesley Road Runners	680	0	816	1496
103	Christina Davies	f	FV 40		0	671	823	1494
104	Gill Morgan	f	FV 50	A&T running club	679	0	814	1493
105	Chris Pearson	m	MV 60		749	743	0	1492
106	Jan Molyneux	f	FV 50		651	0	825	1476
107	Rachel Archer	f	FV 50	Swinton Running Club	648	0	822	1470
108	Linda Farquhar	f	FV 70	St Bees Triers	0	654	811	1465
109	Dot Carr	f	FV 70		638	0	810	1448
110	Sarah Hopkins	f	FV 40		724	713	0	1437
111	Paul Coldham	m	MV 50	DCH Run Club	702	721	0	1423
112	Adrian Dunbar	m	MV 60	Craven Energy	698	704	0	1402

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Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring	
113	Caitlin Stokes	f				687	697	0	1384
114	Nicola Machin	f	FV 40			691	693	0	1384
115	Fiona Gutteridge	f	FV 40	Red Rose Road Runners		675	708	0	1383
116	Laura Sweeting	f				693	684	0	1377
117	Elizabeth Eccles	f	FV 40	St. Helens Striders		666	706	0	1372
118	Alison Dick	f	FV 50	Red Rose Road Runners		674	686	0	1360
119	Carole Whiteley	f	FV 60	Women On The Run Kendal		665	679	0	1344
120	Tony Seddon	m	MV 50			658	682	0	1340
121	Ursula Collie	f	FV 60			657	676	0	1333
122	Dawn Anderson	f	FV 50			654	664	0	1318
123	Bev Mason	f	FV 50	Thornton Cleveleys Running Club		640	669	0	1309
124	Kirsty Waywell	f	FV 40	Thornton Cleveleys Running Club		641	668	0	1309
125	David Leyland	m	MV 50	Saddleworth Runners Club		650	651	0	1301
126	Debbie Hindley	f	FV 40	Thornton-cleveleys Running Club		639	646	0	1285
127	Dawn Saunders	f	FV 50	TCRC		637	647	0	1284
128	Julie Loftus	f	FV 50			624	645	0	1269
129	Philip Loftus	m	MV 60			623	644	0	1267
130	Chris Robson	m	MV 80			615	634	0	1249
131	Nick Taylor	m	MV 40	Didsbury Runners		1000	0	0	1000
132	Richard Walker	m	MV 40			0	1000	0	1000
133	Richard Wilson	m	MV 40	Kendal AC		0	0	1000	1000
134	James Gray	m				999	0	0	999
135	Lee Procter	m	MV 40	Team inov-8		0	999	0	999
136	James Barsby	m				0	0	998	998
137	Josh Bruney	m				998	0	0	998
138	Mark Havenhand	m	MV 50	Sheffield Triathlon Club		0	997	0	997
139	Owain Clark	m		Leven Valley AC		997	0	0	997
140	holly wootten	f		Keswick AC		996	0	0	996
141	Jamie Marsland	m				0	0	996	996
142	James Paybody	m	MV 40			995	0	0	995
143	Liam Gregory	m				0	0	995	995
144	Chris Kennedy	m	MV 40	ne and Wear fire and rescue servi		0	0	994	994
145	Franklin Higgins	m				0	0	993	993
146	Phil Burns	m	MV 40	Stockport Harriers		993	0	0	993
147	Sarah Harrison	f	FV 40	Sheffield Triathlon Club		0	993	0	993
148	Karl Dickenson	m		Lonely Goat Rc		992	0	0	992
149	Stephen Hackley	m	MV 40			0	992	0	992
150	Dan Lowthorpe	m	MV 40			0	991	0	991
151	Joshua Erlebach	m		Durham City Harriers		991	0	0	991
152	Daniel Brookfield	m				990	0	0	990
153	Rob Kendrick	m		Mansfield Harriers		0	990	0	990
154	Ben Taylor	m				0	989	0	989
155	Sharon Dixon	f	FV 50	Furness Fell Runners		989	0	0	989
156	Tim Gmerek	m	MV 40			0	0	989	989
157	Adrian Filipek	m				0	0	988	988
158	Jacob Ross	m				0	988	0	988
159	Kate Morris	f	FV 50	Sheffield Triathlon Club		0	987	0	987
160	Adrian Favill	m				986	0	0	986
161	Andy Firkin	m	MV 50	Lancaster and Morecambe ac		0	986	0	986
162	Joel Tyler	m				0	0	986	986
163	Anthony Irving	m	MV 40			0	985	0	985
164	Simon Blake	m	MV 40			985	0	0	985
165	Lauren Booth	f		Hoad Hill Harriers		984	0	0	984
166	Charlie Mackenzie	m				983	0	0	983
167	Fiona Jeffries	f	FV 50	Smiley Paces		0	983	0	983
168	Hannah Whitelam	f				0	0	983	983
169	Chris Shaw	m	MV 60	Dark Peak Fell Runners		0	0	982	982
170	Jorden Partington	m	MV 40			0	982	0	982
171	Andy Johnson	m				981	0	0	981

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172	David Brooks	m	MV 50	Bowland Bimblers	0	0	981	981
173	Harry Beaumont	m			0	981	0	981
174	Andrew Gilmour	m	MV 40		980	0	0	980
175	Paula Pilling	f	FV 40	Ramsbottom Running Club	0	980	0	980
176	Philip Hitchmough	m	MV 50		0	0	980	980
177	Gareth Stansfield	m			0	0	979	979
178	Lynsay Adair	f		Widnes Wasps	0	0	978	978
179	Tim Selves	m	MV 50		0	978	0	978
180	Jacob Davidson	m		Chester-le-Street athletes club	977	0	0	977
181	Michael Garside	m	MV 40		0	977	0	977
182	Mike Collins	m	MV 50		0	0	977	977
183	Alan Huggon	m	MV 50	Border Reiver Runners	0	976	0	976
184	Ashley Willis	m	MV 40		976	0	0	976
185	Gordon Blunt	m	MV 40	Kendal Hockey Club	975	0	0	975
186	Guy Holt	m			0	975	0	975
187	kirt O'hara	m			974	0	0	974
188	Robbie Jones	m	MV 50		0	974	0	974
189	Ivan Holroyd	m	MV 50	Keswick AC	973	0	0	973
190	Jack Stockton	m			0	0	973	973
191	Adam Wedgwood	m	MV 40	Cumberland AC	972	0	0	972
192	James Southworth	m			0	0	972	972
193	Chris Heaton	m	MV 40		970	0	0	970
194	Henry Lucas	m			0	0	970	970
195	Robert Clayton	m		Lancaster & Morecambe AC	0	970	0	970
196	Gerard Lucas	m	MV 40		0	0	969	969
197	Asheesh Sharma	m	MV 40		967	0	0	967
198	Elizabeth Watson	f	FV 40	Derwent AC	0	967	0	967
199	Colin Walton	m	MV 40		0	0	966	966
200	Scott Gillespie	m			0	966	0	966
201	Corin Willis	m	MV 40		965	0	0	965
202	David Hull	m	MV 60		0	0	965	965
203	David Pattison	m	MV 50		0	964	0	964
204	Joanne Moyers	f	FV 50	Widnes Wasps LRC	0	0	964	964
205	Chris Pilkington	m		Hawkshead Brewery	963	0	0	963
206	Steven Livingstone	m			0	0	963	963
207	Christopher Hill	m			0	962	0	962
208	Hazel Davies	f	FV 50	Keswick AC	962	0	0	962
209	Jane Disley	f	FV 50	Black Combe Runners	0	0	961	961
210	Julia Gray Carnaffin	f	FV 60	Jog On The Tyne	0	961	0	961
211	Matthew Ashton	m	MV 40		961	0	0	961
212	Gareth Davies	m	MV 40	St Helens Striders	960	0	0	960
213	Richard Davison	m			0	0	960	960
214	Christopher Snelling	m	MV 40		0	959	0	959
215	Andy Brayshaw	m	MV 40		0	0	958	958
216	MATTHEW DUNBAR	m	MV 50	SHEFFIELD TRI CLUB	0	958	0	958
217	Paul Amiss	m	MV 40		958	0	0	958
218	Sarah Ridehalgh	f	FV 40	Accrington Road Runners	957	0	0	957
219	Harry Vaneris	m	MV 40		956	0	0	956
220	William Uttley	m	MV 40	Lancashire constabulary AC	0	956	0	956
221	Naomi Erlebach	f		Durham City Harriers	955	0	0	955
222	Shaun Holland	m			0	955	0	955
223	Mark Bades	m	MV 50		0	954	0	954
224	Liam Conway	m		Wigan Harriers	953	0	0	953
225	Louisa Phillips	f	FV 40		0	953	0	953
226	Michael Hitchmough	m	MV 40		0	0	953	953
227	Dave Garwood	m			952	0	0	952
228	Jack Colling	m			0	952	0	952
229	Stephanie Gillies	f	FV 50	Glaxo Hoad Hill Harriers	0	0	952	952
230	Richard Young	m	MV 50		0	0	951	951

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231	Nick Howe	m	MV 40		950	0	0	950
232	Oscar Wiblishauser	m		SurvivalRunning Augsburg	0	0	950	950
233	Samuel Gilmore	m			0	950	0	950
234	Richard Dodds	m	MV 40		0	949	0	949
235	Andrew Blackwell	m	MV 40		0	948	0	948
236	Andy Williamson	m	MV 50	Tri Preston	948	0	0	948
237	Jake Eddleston	m			0	0	948	948
238	Addam Darnell	m		Sheffield Triathlon Club	0	947	0	947
239	Paul Hartley	m	MV 50		947	0	0	947
240	Hannah Peel	f	FV 40	Sheffield Triathlon Club	0	946	0	946
241	Jackie Watts	f	FV 40		0	0	946	946
242	Stuart Heatley	m			946	0	0	946
243	Chris Smith-duque	m	MV 40		0	945	0	945
244	Neil Jarvis	m	MV 50		0	0	945	945
245	Steve Wilkinson	m	MV 40		945	0	0	945
246	Bella Cuthbert	f			0	0	944	944
247	Gillian Atkinson	f	FV 50	Keswick AC	944	0	0	944
248	Andrew Laidlow	m	MV 50		943	0	0	943
249	Jennifer Casson	f			0	943	0	943
250	Katherine France	f	FV 40		0	0	943	943
251	Riad Arfin	m			0	942	0	942
252	Richard Holmes	m	MV 40		942	0	0	942
253	Stacey Clark	f		Widnes Wasps Ladies Running Club	0	0	942	942
254	Nicky Race	f			0	0	941	941
255	Timothy Hatch	m	MV 50		0	941	0	941
256	Ashley Barrett	f			0	0	940	940
257	David Macgillivray	m	MV 60	Dh Runners	0	940	0	940
258	Miles Witham	m	MV 50	N/a	940	0	0	940
259	Andrew Cave	m	MV 50		0	939	0	939
260	Colin Briffett	m	MV 50	Lonsdale Fell Runners	0	938	0	938
261	Helen Davies	f			0	0	938	938
262	James Bartholomew	m	MV 50		938	0	0	938
263	Angela Grace	f	FV 50		937	0	0	937
264	Connie Higgins	f			0	0	937	937
265	Dorothy Kesterton	f	FV 70	Steel City Striders	0	937	0	937
266	Rosie Warnett	f	FV 40	Sedgefield Harriers	936	0	0	936
267	Aliki Traianou	f		Glasgow Triathlon Club	0	935	0	935
268	Liam Hall	m			935	0	0	935
269	James Bellarby	m	MV 40		0	934	0	934
270	Peter Evans	m	MV 50	Kings Heath Running Club	933	0	0	933
271	Sam Birchall	m			0	0	933	933
272	Dale Gerrard	m			0	0	932	932
273	Jane Langham	f	FV 50	Smiley Paces	0	932	0	932
274	Yvonne Hung	f	FV 40		932	0	0	932
275	John Pollard	m	MV 60	Glossopdale Harriers	931	0	0	931
276	Martin Wiblishauser	m	MV 50	SurvivalRunning Augsburg	0	0	931	931
277	Robin Lee	m	MV 40		0	931	0	931
278	Edward Scott	m			0	930	0	930
279	Hannah Jackson	f			930	0	0	930
280	Sandra Guise	f	FV 50		0	0	930	930
281	Ann Birchall	f	FV 50	Ashington Hirst Running Club	0	929	0	929
282	Nick Lewer	m	MV 70		0	0	929	929
283	Paul Jackson	m	MV 50	Cap	929	0	0	929
284	Beth Irving	f	FV 50		0	928	0	928
285	Ralph Liddell	m	MV 70	Eden Runners	928	0	0	928
286	Roy Barton	m	MV 50		0	0	928	928
287	Kath Hoyer	f	FV 60	Wesham Road Runners	927	0	0	927
288	Lindsay Sutcliffe	f	FV 40	Knaresborough Striders	0	0	927	927
289	Lisa Jackson	f		Derwent AC Cockermouth	0	927	0	927

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290	Margaret Duncan	f	FV 50	Sheffield Triathlon Club	0	926	0	926
291	Roman Minett	m			926	0	0	926
292	David Taylor	m	MV 60	Cheshire Hash House Harriers	0	925	0	925
293	Iain Thacker	m	MV 50		925	0	0	925
294	Jo Bonham	f	FV 50		0	0	925	925
295	Howard Rand	m	MV 40		0	924	0	924
296	Julie Sparrow	f	FV 60	New Marske Harriers	924	0	0	924
297	Nasreen Alexandra Knight	f	FV 40		0	0	924	924
298	Chris Devlin	m	MV 40		923	0	0	923
299	Niki Stockton	f	FV 50		0	923	0	923
300	Felicity Cross	f	FV 60	Preston Harriers	0	922	0	922
301	Lucy McKenna	f		Wigan Harriers	0	0	922	922
302	Gemma Favill	f			921	0	0	921
303	Duncan Rossall	m	MV 60		0	920	0	920
304	Nicola Daley	f	FV 50	Widnes Wasps	0	0	920	920
305	Paul Beaumont	m	MV 40		0	919	0	919
306	Daniella Zimmerman	f			918	0	0	918
307	Jason Smith	m			0	0	918	918
308	Jonty Tarbuck	m	MV 50		917	0	0	917
309	Will Phillips	m			0	917	0	917
310	andy walton	m		alston FC	0	0	916	916
311	James Slater	m			916	0	0	916
312	Lindsay Walker	f	FV 40	Keswick Ac	915	0	0	915
313	Mark Bramall	m	MV 50	Sheffield triathlon club	0	915	0	915
314	Christine Frank	f	FV 50		0	914	0	914
315	Olga Solovyeva	f			914	0	0	914
316	Ashley King	m			0	913	0	913
317	Sophie Bell	f			913	0	0	913
318	andrew mckenna	m	MV 40		0	912	0	912
319	Jane O'Brien	f	FV 50		0	0	912	912
320	Jo Rolls	f	FV 40	Keswick AC	912	0	0	912
321	Celia Wiblishauser	f	FV 40	Survival Running Augsburg	0	0	911	911
322	David Stephens	m	MV 60		911	0	0	911
323	Stephen Biscomb	m	MV 60	Clayton-le-moors	0	911	0	911
324	Vicky Barker	f	FV 50	Dragons Running Club	0	0	910	910
325	Liesl Allcock	f	FV 50		0	0	909	909
326	Laura Ashton	f	FV 40		908	0	0	908
327	Louisa Graham	f	FV 40		0	0	908	908
328	Barry Lyonette	m	MV 60		0	907	0	907
329	Beth Jenks	f			907	0	0	907
330	Martin Allison	m		Wesham Road Runners	0	0	907	907
331	Alex OBrien	m			0	0	906	906
332	Dave Brisco	m	MV 50	St. Helens Striders	0	906	0	906
333	Lynne Carruthers	f	FV 60	Dch	906	0	0	906
334	Andrew Edwards	m	MV 40	East Fife Triathlon Club	905	0	0	905
335	Gerard Rooney	m	MV 60		0	905	0	905
336	Jo Mccaffery	f	FV 40	Wesham Road Runners	0	0	905	905
337	Michael Bellwood	m		N/a	0	904	0	904
338	Dawn Chilton	f	FV 50		903	0	0	903
339	Shirley Buckley	f	FV 60	The Stragglers	0	903	0	903
340	Sophie Roberts	f			0	0	902	902
341	Antonina Lach	f			0	0	901	901
342	David Offord	m	MV 50		0	901	0	901
343	Greg Zimmerman	m			901	0	0	901
344	Elin Brooks	f			0	0	900	900
345	Julian Burgess	m	MV 40		0	900	0	900
346	Lee Craven	m	MV 50		900	0	0	900
347	Christopher Billington	m	MV 40		0	899	0	899
348	David McCluskey	m	MV 40		899	0	0	899



<b>TRAILS</b>								
<b>Position</b>	<b>Name</b>	<b>Gender</b>	<b>Age Cat</b>	<b>Club</b>	<b>Hawkshead</b>	<b>Staveley</b>	<b>Coniston</b>	<b>Spring</b>
349	Ellena Farrow	f		Red Rose Road Runners	0	898	0	898
350	Graham Macham	m	MV 40		898	0	0	898
351	Paul Cobham	m			0	0	898	898
352	Emma Gleghorn	f			897	0	0	897
353	Kirsten Rhodes	f		N/A	0	897	0	897
354	Neil Patrick	m			896	0	0	896
355	Colin Wilson	m	MV 50		0	895	0	895
356	Shelley Strydom	f	FV 40	Furness Fell Runners	0	0	895	895
357	Tim Forster	m	MV 60	Saltwell Harriers	895	0	0	895
358	Adam Dickinson	m			0	0	894	894
359	David Brisco	m	MV 50		894	0	0	894
360	Keith Tolley	m	MV 50		0	894	0	894
361	John Howarth	m	MV 50		0	892	0	892
362	Shaun Favill	m	MV 60		892	0	0	892
363	Hannah Gill	f			891	0	0	891
364	Joanna Priestley	f		Riversway Roadrunners	0	890	0	890
365	Mark Davison	m	MV 50		890	0	0	890
366	Cecilia Marsh	f	FV 40		0	889	0	889
367	Mandy Borthwick	f	FV 40		0	0	889	889
368	Hilary Royston-bishop	f		Derwent Athletic Club	0	888	0	888
369	John Croxford	m	MV 60	N/A	888	0	0	888
370	David Ashworth	m	MV 60		0	887	0	887
371	Linda Moore	f	FV 60	Widnes Wasps LRC	0	0	887	887
372	Robert Gardner	m			887	0	0	887
373	Alison Bentley Higgins	f	FV 50	Frome Running Club	0	0	885	885
374	Gail Rason	f	FV 40		0	885	0	885
375	Annabel Rigby	f		Tri Preston	0	0	882	882
376	Ben Atkinson	m			880	0	0	880
377	Lynda Carter	f	FV 40		0	880	0	880
378	Adam Pooley	f	FV 40		0	0	879	879
379	Katie Wilkinson	f	FV 40		879	0	0	879
380	Dee Hughes	f	FV 60		0	0	878	878
381	Jennifer Forsyth	f	FV 50		878	0	0	878
382	Karen Waite	f	FV 50		877	0	0	877
383	Rebecca Day	f			0	0	877	877
384	Greg Stannard	m	MV 40		876	0	0	876
385	Jack Taylor	m			0	876	0	876
386	Rachel Antill	f	FV 40		0	0	876	876
387	Barry Green	m	MV 60	None	0	875	0	875
388	Chris Waite	m	MV 50		875	0	0	875
389	Gareth McGuire	m			0	0	875	875
390	Ian Staerck	m	MV 40		0	0	874	874
391	Yvonne Grunder	f	FV 40		0	874	0	874
392	Barney Smith	m	MV 40		0	0	873	873
393	Glen Jeffries	m			0	873	0	873
394	Mark Bottomley	m	MV 50	Idle Ac	873	0	0	873
395	Sarah Hall	f	FV 40	Roundhay Runners	872	0	0	872
396	Alison Westworth	f			871	0	0	871
397	Emma Robinson	f			0	871	0	871
398	Catherine Cuthbert	f	FV 40	Wallasey Ac	0	0	870	870
399	Phillipa Haworth	f		Keswick AC	870	0	0	870
400	Anna Jaques	f	FV 40	Selby Striders	0	869	0	869
401	Derek Ricketts	m	MV 60	City of Hull AC	0	0	869	869
402	Kirsty Barker	f	FV 50	Keswick AC	869	0	0	869
403	Lee Gillies	m	MV 40		0	868	0	868
404	Patricia Lewis	f			868	0	0	868
405	Alex Gardner	m			867	0	0	867
406	David Holliday	m	MV 50	DCH Run Club	0	0	867	867
407	John Barr	m	MV 70	St. Helens Striders	0	867	0	867

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408	Sharon Swift	f	FV 50	St Helen's Striders	0	866	0	866
409	Claire Piela	f	FV 40		0	865	0	865
410	Jerry Barnes	m	MV 60	York Acorn Running Club	865	0	0	865
411	Anna Holmes-Rand	f			0	864	0	864
412	Paul Unsworth	m	MV 50		0	0	864	864
413	Alyson Eggett	f	FV 50		0	863	0	863
414	Beth Unsworth	f			0	0	863	863
415	Dave Carter	m			863	0	0	863
416	Denis Cleary	m	MV 40	None	0	862	0	862
417	Tiffany Harrison	f			862	0	0	862
418	Andrew Scott	m			0	0	861	861
419	Nic Holmes	f	FV 40		0	861	0	861
420	Leanne Jones	f			0	0	860	860
421	Liz Meekings	f	FV 40	Smiley Paces	0	860	0	860
422	Joanne Battersby	f	FV 50	Smiley Paces	0	859	0	859
423	Anna Carter	f			858	0	0	858
424	Helen Moore	f	FV 50	Widnes Wasps Lrc	0	0	858	858
425	Gary Roberts	m			857	0	0	857
426	mark bateman	m	MV 40		0	857	0	857
427	Rachel Kuypers	f	FV 40	Widnes Wasps Ladies R C	0	0	857	857
428	Nicholas Brown	m		Trafford AC	856	0	0	856
429	Damien Cullington	m	MV 40		855	0	0	855
430	Helen Beckett	f	FV 40	Widnes Wasps	0	0	855	855
431	Sharon-lee Lukas	f	FV 50	Ladies Who Run	0	855	0	855
432	Gareth Kerr	m	MV 40		0	854	0	854
433	Karl Jackson	f	FV 50		854	0	0	854
434	Jill Kerr	f	FV 40		0	853	0	853
435	Nicola Nuttall	f	FV 40		853	0	0	853
436	David Dodgson	m	MV 50		852	0	0	852
437	Helen Fulson	f	FV 40	Sheffield Triathlon Club	0	852	0	852
438	nathaniel hind	m			0	0	851	851
439	Rachel Wood	f			851	0	0	851
440	Abby Wade	f			0	850	0	850
441	Julie Jerram	f	FV 50		0	0	850	850
442	Roger Harrison	m	MV 60	Cheshire Hash House Harriers	850	0	0	850
443	Anne Lee	f	FV 50	Giffnock North Aac	849	0	0	849
444	Amy Robson	f			0	848	0	848
445	Hilary Millar	f	FV 50		848	0	0	848
446	Sally Bowden	f	FV 40		0	0	848	848
447	Emma Bowden	f	FV 40		0	0	847	847
448	Kathryn Tidswell	f			847	0	0	847
449	Patricia White	f	FV 60	Women on the Run	0	847	0	847
450	Claudia Hammond-Price	f	FV 40	Stockport Harriers	846	0	0	846
451	Mark Aldam	m	MV 50		0	846	0	846
452	Christopher D'Arcy	m	MV 50		0	845	0	845
453	Claire Gilchrist	f			845	0	0	845
454	Claire Logan	f	FV 40		0	0	845	845
455	Karen Mackintosh	f	FV 60	Biddulph Running Club	844	0	0	844
456	Vicky Johnston	f	FV 50	St Bees Triers	0	0	843	843
457	Michael Harden	m			0	842	0	842
458	Regan Crompton	f			0	0	842	842
459	Hazel Hall	f	FV 50		841	0	0	841
460	Kirsty Batchelor	f			0	841	0	841
461	Susan Campbell	f	FV 60	Widnes Wasps LRC	0	0	841	841
462	Gillian Woon	f	FV 40	Vegan Runners UK	0	840	0	840
463	Karen Cutler	f	FV 50		0	0	840	840
464	Ash Podda	m			0	839	0	839
465	Tony Pilkington	m	MV 60	MV65	839	0	0	839
466	Damian Moss	m	MV 50		0	838	0	838



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467	Kathleen Proctor	f	FV 60	KAC	838	0	0	838
468	Kirsten Mcateer	f	FV 50		0	0	838	838
469	Helen Craven	f	FV 50	Selby Striders	0	0	837	837
470	Naomi Morrison	f	FV 50	Smiley Paces	0	837	0	837
471	Melanie Armstrong	f	FV 40		0	0	836	836
472	Nigel Mcintyre	m	MV 50		0	836	0	836
473	Clare Fordham	f	FV 40		835	0	0	835
474	Georgina Briffett	f	FV 40	Dallam Running Club	0	0	834	834
475	Louise Higham	f	FV 50		0	834	0	834
476	Amanda Berry	f	FV 60	Red Rose Road Runners	0	0	833	833
477	John Herriott	m	MV 40		833	0	0	833
478	Ruth Jacobs	f	FV 50	Smiley Paces	0	833	0	833
479	Avril Rowley	f	FV 50	N/A	0	0	832	832
480	Jo Herriott	f	FV 40	St Helens Striders	832	0	0	832
481	Stephen Cruickshank	m	MV 50		0	832	0	832
482	Ann Myatt	f	FV 60	Cheadle	0	0	831	831
483	Di Blackshaw	f	FV 40		831	0	0	831
484	Finlay Mccalman	m	MV 50	Wesham Road Runners	830	0	0	830
485	Helen Lawrie	f	FV 40		0	0	830	830
486	Kate Brown	f	FV 50		0	0	829	829
487	Rebecca Howe	f			0	828	0	828
488	Tony Greenhalgh	m	MV 60		0	0	828	828
489	Vicky Veevers	f			828	0	0	828
490	Katie McGuire	f			0	0	827	827
491	Suzanne Green	f	FV 50	Red Rose Runners	827	0	0	827
492	Emma Shaw	f			0	826	0	826
493	Louise Lowe	f		Craven Energy	826	0	0	826
494	Camila Varo	f			0	825	0	825
495	Lucy Hartley	f			824	0	0	824
496	Jane Burke	f	FV 60	Lymm Runners	823	0	0	823
497	Jane Marshall	f	FV 40	St Helens	0	823	0	823
498	Julie Smyth	f	FV 50	Lymm Runners	822	0	0	822
499	Andy Froud	m	MV 50		821	0	0	821
500	Elizabeth Mounsey	f	FV 60		0	0	821	821
501	Agata Rutkowska	f	FV 40		0	0	820	820
502	Joanne McGillicuddy	f	FV 50	Widnes Wasps Ladies Rc	0	0	819	819
503	Josh Riley	m			0	819	0	819
504	Kenneth Stanley	m	MV 60	Northern Masters	818	0	0	818
505	Maria Kearns	f	FV 50	Widnes Wasps Ladies R C	0	0	818	818
506	Sam Nicholson	f	FV 50	Border Reiver Runners	0	818	0	818
507	Rachael Lagocka	f			0	817	0	817
508	Geoffrey Gill	m	MV 40		816	0	0	816
509	Joanna Fox	f			0	816	0	816
510	Julie Evans	f	FV 50	Kings Heath Running Club	815	0	0	815
511	Tracy Loughrey	f	FV 50	Astley&tyldesley Road Runners	0	0	815	815
512	Emily Aldridge	f			0	814	0	814
513	Rebecca Modeley	f			814	0	0	814
514	Sue Woods	f	FV 50		0	813	0	813
515	Tom Pearson	m			0	0	813	813
516	Binuka Gurung	f			0	0	812	812
517	Kathryn Lamey	f			812	0	0	812
518	Sally Gardner	f	FV 50		0	812	0	812
519	Julie Melotte	f	FV 60	Stragglers	0	811	0	811
520	Deb Roberts	f	FV 50	Rimrose Runners	810	0	0	810
521	david martin	m	MV 50		809	0	0	809
522	Hannah Swift	f		N/a	0	809	0	809
523	Karen Braddon	f	FV 60	Crocwalkers	0	0	809	809
524	Anne Cox	f	FV 50		808	0	0	808
525	Maf Servante Haddow	f	FV 50	Furness Fell Runners	0	0	808	808

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526	Peter Swift	m	MV 60	N/a	0	808	0	808
527	Elaine Shepherd	f	FV 50		807	0	0	807
528	Paul Thornton	m	MV 50		0	807	0	807
529	Diana Griffiths	f		St Bees Triers	0	806	0	806
530	Alison Swift	f	FV 40		0	805	0	805
531	Catherine Cooper	f	FV 50	Lyme Runners	805	0	0	805
532	Debra Hodgson	f	FV 50		804	0	0	804
533	Isobel Williamson	f	FV 70		0	803	0	803
534	Fiona Jones	f	FV 50		802	0	0	802
535	Helen Firth	f	FV 40		0	802	0	802
536	Aidan Jones	m			801	0	0	801
537	Thomas Baxendale	m			0	801	0	801
538	Jackie Frank	f	FV 40		800	0	0	800
539	Kathryn Furness	f	FV 60		0	800	0	800
540	Catherine Hollyoak	f			0	799	0	799
541	Sarah Marfell Cadman	f	FV 40		799	0	0	799
542	Catherine McElhinney	f	FV 50	Southport Waterloo Athletics Club	0	798	0	798
543	Katie Winder	f	FV 40		798	0	0	798
544	Graham Brooks-Dale	m	MV 40		0	797	0	797
545	Karen Harper	f	FV 50	Sytl Running Club	796	0	0	796
546	Katie Todd	f			0	796	0	796
547	Katie Fyall	f			0	795	0	795
548	Gill Nevin	f	FV 50	Rimrose Runners	0	794	0	794
549	Jim Lucas	m	MV 40		793	0	0	793
550	Kate Thompson	f	FV 40		0	793	0	793
551	Rebekah Cooke	f	FV 50		0	792	0	792
552	James Clarke	m			790	0	0	790
553	Rachel Bellwood	f			0	790	0	790
554	Grace Constance-main	f			0	788	0	788
555	Lauren Burch	f			788	0	0	788
556	David Whiteley	m	MV 60		0	786	0	786
557	Isabel Serey	f			784	0	0	784
558	Shelley Regan	f			0	784	0	784
559	Caitlin Johnston	f		Hoad Hill Harriers	0	783	0	783
560	Elizabeth Gaston	f			783	0	0	783
561	Jenny Stinton	f	FV 40		0	782	0	782
562	Julia Evans	f	FV 50	Prestatyn Running Club	782	0	0	782
563	Lesley Nelson	f	FV 50		0	781	0	781
564	Neil Greenhalgh	m		Radcliffe AC	781	0	0	781
565	Sam Perkins	f	FV 50		0	779	0	779
566	Kurt Broadbent	m	MV 40		777	0	0	777
567	Rosie Egan	f	FV 50	Cheshire Hash House Harriers	776	0	0	776
568	William Williams	m	MV 60		0	776	0	776
569	Lee Johnston	m	MV 50		775	0	0	775
570	Alison Holmes	f	FV 50	Whitchurch Tri Club	774	0	0	774
571	Iain Melville	m	MV 60		0	774	0	774
572	Charles Allen	m	MV 60	Datchet Dashers	772	0	0	772
573	Chris Hutchinson	m	MV 60		0	772	0	772
574	James Harris	m			0	771	0	771
575	Ali Cooper	f	FV 60		0	770	0	770
576	Andrew O'boyle	m	MV 50		0	769	0	769
577	Kay Standing	f	FV 50	Run in Wirral	769	0	0	769
578	Grace Frost	f			768	0	0	768
579	Louise Stevens	f	FV 50		0	768	0	768
580	Eve Frost	f			767	0	0	767
581	Tony Orr	m	MV 60		0	767	0	767
582	Charlotte Fleming	f			766	0	0	766
583	Rachel Bodenham	f	FV 50		0	766	0	766
584	Allan Johnson	m	MV 70	Lakeside Lincoln	0	765	0	765

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585	Malcolm Alderton	m	MV 60	Lions Running Community	0	764	0	764
586	Pete Doran	m	MV 40		764	0	0	764
587	Carl Barber	m	MV 50		763	0	0	763
588	Fiona Alderton	f	FV 60	Lions Running Community	0	763	0	763
589	Jodie Reynolds	f	FV 40		761	0	0	761
590	Frances Shoesmith	f	FV 50		0	760	0	760
591	Kit Erlebach	m	MV 50	Durham City Harriers	760	0	0	760
592	Emma Mason	f	FV 50		0	759	0	759
593	Louise Millo	f	FV 50		0	758	0	758
594	Trevor Watts	m	MV 50		758	0	0	758
595	Amanda Watts	f	FV 50		757	0	0	757
596	Rachel Grayson	f	FV 40	Quakers	0	757	0	757
597	Laura Goldsworthy	f			0	756	0	756
598	Miriam Rosen	f	FV 70	Lancaster & Morecambe AC	755	0	0	755
599	Stephen Perry	m	MV 60	Lancaster and Morecambe ac	0	755	0	755
600	Anna Richings	f	FV 50	Lancaster and Morecambe ac	0	754	0	754
601	Helen Honeyman	f	FV 60		754	0	0	754
602	Angela Martland	f	FV 40		0	753	0	753
603	Jane Nicholson	f	FV 60		753	0	0	753
604	Arwa Eskander	f	FV 40	Colt	0	752	0	752
605	Geoff Walker	f	FV 60		752	0	0	752
606	Gerry Berry	m			751	0	0	751
607	Miras Eskander	m	MV 40	Chorlton Runners	0	751	0	751
608	John Wiseman	m	MV 50	Red Rose Road Runners	0	750	0	750
609	Hannah Hobson	f			0	748	0	748
610	Sally Wilkinson	f	FV 50	Get Over Yourself	748	0	0	748
611	Ian Gilbert	m	MV 60		0	747	0	747
612	Louise Clayton	f	FV 50		746	0	0	746
613	Scott Grainger	m	MV 50		0	746	0	746
614	Johnny Wild	m	MV 60	Lytham St Anne's Road Runners	745	0	0	745
615	Laura Leitch	f			0	745	0	745
616	Alison Scally	f	FV 50		0	744	0	744
617	Gill Horne	f	FV 60	Biddulph Running Club	743	0	0	743
618	Ali Budd	f	FV 50		742	0	0	742
619	Zoe Clarke	f	FV 50		0	742	0	742
620	Alison Hodges	f	FV 50	Blackball Bounders	0	741	0	741
621	Sam Wilkinson	f			741	0	0	741
622	Alison Wingate	f	FV 50	Kirkby Milers Athletics Club	740	0	0	740
623	David Carver	m	MV 50		0	740	0	740
624	Dave Haines	m	MV 40		0	739	0	739
625	Lorraine Grayston	f	FV 50		0	738	0	738
626	Sam Robson	f	FV 50	N/a	738	0	0	738
627	Mandy Rothwell	f	FV 50		0	737	0	737
628	Susan Ridings	f	FV 60		737	0	0	737
629	Brian Richardson	m	MV 50	Blackhill Bounders	0	736	0	736
630	Natasha Cruickshank	f	FV 40		736	0	0	736
631	Rebecca Crellin	f		Cumberland Fell Runners	0	735	0	735
632	Gwen Woznikowska	f	FV 40	Susie Anton Pt Ladies On The Run	0	734	0	734
633	Lynne Callaghan	f	FV 40	Trentham RC	734	0	0	734
634	Deborah Hill	f	FV 40		733	0	0	733
635	Lenka Ward	f	FV 40	Susie Anton Ladies On The Run	0	733	0	733
636	Jane Dring-Morris	f	FV 50	Leicestershire Orienteering Club	732	0	0	732
637	Ruth Craxford	f			0	732	0	732
638	Deborah Ross	f	FV 40		0	731	0	731
639	Hazel Davison	f	FV 50		731	0	0	731
640	Chris Land	m	MV 50	Quakers	0	730	0	730
641	Kathryn Atkinson	f	FV 40	Pendle Triathlon Club	0	729	0	729
642	Jack Walker	m	MV 60		0	728	0	728
643	Laura Owen	f			728	0	0	728

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644	Alice Walker	f			0	727	0	727
645	Hannah March	f			727	0	0	727
646	Hannah Stirling	f			0	726	0	726
647	Lewis Sherratt	m			0	725	0	725
648	Ritchie Budd	m			725	0	0	725
649	Cate Barnes	f			0	724	0	724
650	Sally Rustige	f	FV 50		723	0	0	723
651	Sandra Allan	f	FV 60	Fellside Ladies	0	723	0	723
652	Kerry Edwards	f	FV 50		0	722	0	722
653	Suzanne Bremner	f		These Girls Can Run	722	0	0	722
654	Ailsa Taggart	f	FV 60	Galloway Harriers	721	0	0	721
655	Christian Martin	m			0	720	0	720
656	Richard Macfarlane	m	MV 40		719	0	0	719
657	Tyler Howarth	f			0	719	0	719
658	Marie Clay	f	FV 40	N/a	718	0	0	718
659	Alexandra Martin	f			0	717	0	717
660	Denise Gregory	f	FV 50	Bramhall runners	717	0	0	717
661	Rosalie Liddell	f	FV 60	Eden Runners	716	0	0	716
662	Sandra Devlin	f	FV 40		0	716	0	716
663	Laura O'Donnell	f	FV 40		0	715	0	715
664	Michael Thompson	m	MV 40		715	0	0	715
665	Adam Young	m			714	0	0	714
666	Nicholas Riley	m	MV 50		0	714	0	714
667	Ruth Jacques	f			713	0	0	713
668	Laura Stanton	f	FV 40		0	712	0	712
669	Mandy Haworth	f	FV 60		712	0	0	712
670	Dawn Saxby	f	FV 50	DCH Run Club	711	0	0	711
671	Tracy Mault	f	FV 40		0	711	0	711
672	Fran McNeela	f			710	0	0	710
673	Helen Proctor	f	FV 50	Women on the Run Kendal	0	710	0	710
674	Charlotte Hinsley	f			709	0	0	709
675	Deborah Catlow	f	FV 50	Blackburn Road Runners	0	709	0	709
676	Amanda Mortlock	f	FV 50		707	0	0	707
677	Lucy Peart	f	FV 50		706	0	0	706
678	Sally Hislop	f	FV 50		0	705	0	705
679	Katy Dowdall	f			703	0	0	703
680	Victoria Rankin	f			0	703	0	703
681	Wayne Qualter	m	MV 50		0	702	0	702
682	Holly Seeger	f			701	0	0	701
683	Lorraine Rossall	f	FV 60		0	701	0	701
684	Elliot Chew	m			0	700	0	700
685	Sarah Harrison	f			700	0	0	700
686	Anne Lewis	f	FV 70	Selby Swans tri club	699	0	0	699
687	Sandra Heighton	f	FV 50	Women On The Run	0	699	0	699
688	Catherine Callaghan	f	FV 60	Wotr	0	698	0	698
689	Alison Medicott	f	FV 50	Warrington Running Club	697	0	0	697
690	Ana Gonzalez	f	FV 50		696	0	0	696
691	Raymond Dang	m	MV 50	Eaglescliffe Running Group	0	696	0	696
692	David Watson	m	MV 50	Red Rose Road Runners	695	0	0	695
693	Donna Thorpe	f	FV 40		0	695	0	695
694	Al Marron	f	FV 40		0	694	0	694
695	Suzanne Crozier	f	FV 50	Monkey Runners	694	0	0	694
696	David Rosen	m	MV 60	Lancaster & Morecambe AC	692	0	0	692
697	Jon Parshall	m	MV 60		0	692	0	692
698	Karen Quan-soon	f	FV 60		0	691	0	691
699	Maria Dvorkin	f			690	0	0	690
700	Sarah Hoggarth	f	FV 50	Orchard Eagles Running Club	0	690	0	690
701	Derek Delaney	m	MV 60		689	0	0	689
702	Robert Crosland	m	MV 60		0	689	0	689

<b>TRAILS</b>								
<b>Position</b>	<b>Name</b>	<b>Gender</b>	<b>Age Cat</b>	<b>Club</b>	<b>Hawkshead</b>	<b>Staveley</b>	<b>Coniston</b>	<b>Spring</b>
703	Karen M Fay	m	MV 50		0	688	0	688
704	Sarah Baird	f			688	0	0	688
705	Debz Bunting	f	FV 60	Lancaster Runners	0	687	0	687
706	Sarah Erlebach	f	FV 50	Mums on the Run	686	0	0	686
707	Jason Deacon	m	MV 50		0	685	0	685
708	Catherine Vaneris	f	FV 40		684	0	0	684
709	Andrea Counce	f	FV 40	Preston Tri	683	0	0	683
710	Edgar Buhl	m	MV 40		0	683	0	683
711	Rachel Willis	f	FV 40		682	0	0	682
712	Lucia Hull	f	FV 40		681	0	0	681
713	Ruth Holden	f	FV 50		0	681	0	681
714	Sarah Uttley	f	FV 40		0	680	0	680
715	Rebecca Rendle	f	FV 60	Women on the Run	678	0	0	678
716	Susan Heatley	f	FV 40	Red Rose Road Runners	0	678	0	678
717	Edwina Rickards Collinson	f	FV 60	Crocwalkers	0	677	0	677
718	Lucy Roberts	f			677	0	0	677
719	Samantha Howes	f			676	0	0	676
720	Martin Duffy	m	MV 40		0	675	0	675
721	David Battersby	m	MV 50		0	674	0	674
722	Joanna Mackenzie	f	FV 40		0	673	0	673
723	Jackie Paterson	f	FV 50	Knowle & dorridge Rc	672	0	0	672
724	Michael D'Arcy	m	MV 50		0	672	0	672
725	Paul Mcmonagle	m	MV 40		0	670	0	670
726	Sara Geary	f	FV 60	Lyme Runners	670	0	0	670
727	Lesley McGrail	f	FV 40	St Helens Striders	669	0	0	669
728	Jenny Appleton	f	FV 40	St Helens Striders	668	0	0	668
729	Jo Moss	f			667	0	0	667
730	Rosa Elliott	f	FV 60	Mileshyclub	0	667	0	667
731	Anna Hatch	f	FV 50		0	666	0	666
732	Stephanie Costich	f			0	665	0	665
733	Jane Malcolm	f	FV 50	Jogscotland	664	0	0	664
734	Jackie Routledge	f	FV 60	Thornton Cleveleys	0	663	0	663
735	Yvonne O'malley	f	FV 40	Jogscotland Penicuik	663	0	0	663
736	Laura Tyler	f			0	662	0	662
737	Vikki Hodkinson	f			662	0	0	662
738	Claire Howarth	f	FV 40	Chorlton Runners	661	0	0	661
739	John Melling	m	MV 60		0	661	0	661
740	Beth Crooks	f	FV 60		660	0	0	660
741	Edward Melling	m	MV 60		0	660	0	660
742	Benjamin Riley	m			0	659	0	659
743	Gem Winter	f			659	0	0	659
744	Cheryl Chaffe	f	FV 50		0	658	0	658
745	Rob Chaffe	m	MV 50		0	657	0	657
746	Pat Wyke	f	FV 60	Run in Wirral	0	656	0	656
747	Sally Maddock	f	FV 50	South Ribble Runners	656	0	0	656
748	Emma Nicholls	f	FV 40		0	655	0	655
749	Susan Wilson	f	FV 60	These Girls Can Run	655	0	0	655
750	Deborah Gordon	f	FV 50		653	0	0	653
751	Gill Dunbar	f	FV 60	Craven Energy	0	653	0	653
752	Amanda Craven	f	FV 40		652	0	0	652
753	Ann Leyland	f	FV 50		0	652	0	652
754	Marie Pembroke	f	FV 60	CROCWALKERS	0	650	0	650
755	Andrea Jones	f	FV 50		649	0	0	649
756	Judy Bainbridge	f	FV 60		0	649	0	649
757	Alexandra Cranfield	f			0	648	0	648
758	John Conway	m	MV 40		647	0	0	647
759	Angela Wood	f	FV 50	F.r.a.	646	0	0	646
760	Janet Holmes	f	FV 60	St Helens Striders	645	0	0	645
761	John Greenwood	m	MV 60	Walney Wind Cheetahs	644	0	0	644

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<b>Position</b>	<b>Name</b>	<b>Gender</b>	<b>Age Cat</b>	<b>Club</b>	<b>Hawkshead</b>	<b>Staveley</b>	<b>Coniston</b>	<b>Spring</b>
762	Chrissie Jackson	f	FV 40	Wotr	0	643	0	643
763	Clare Greenwood	f	FV 60	Walney Wind Cheetahs	643	0	0	643
764	Rose Thompson	f	FV 60	Women On The Run - Kendal	0	642	0	642
765	Simon Taggart	m	MV 60	Galloway Harriers	642	0	0	642
766	Rosalyn Turner	f	FV 60	WOTR	0	641	0	641
767	Gaynor Clarke	f			0	640	0	640
768	Sarah Broad	f			0	639	0	639
769	Nicola Dunlop	f	FV 40		0	638	0	638
770	Vicki Rutland	f	FV 40		0	637	0	637
771	Dawn Eastwood	f	FV 50		0	636	0	636
772	Meg Ablett	f	FV 50	Finedon Gladstones	636	0	0	636
773	Emma Jerrams	f	FV 40		635	0	0	635
774	Sarah Holland	f	FV 40		0	635	0	635
775	Laura Aldridge	f	FV 40	Finedon Gladstones	634	0	0	634
776	Chloe Salter	f			633	0	0	633
777	Frankie Downes	f		Finedon Gladstones Running Club	632	0	0	632
778	Jonny Yare	m	MV 40		631	0	0	631
779	Trevor Wright	m	MV 60	Finedon Gladstones	630	0	0	630
780	Steve Ablett	m	MV 50	finedon Gladstones	629	0	0	629
781	Sandra Robinson	f	FV 40	Manchester Ymca Harriers	628	0	0	628
782	Jonny Gilchrist	m			627	0	0	627
783	Iain Wood	m	MV 40		626	0	0	626
784	Sean Daniels	m	MV 50		625	0	0	625
785	Joe Cook	m			622	0	0	622
786	Sheila Dunn	f	FV 60	These Girls Can Run	621	0	0	621
787	Lesley Davidson	f	FV 70	Horwich Rmi Runners	620	0	0	620
788	Lynn Smith	f	FV 60		619	0	0	619
789	Janet Wood	f	FV 50	A Team Runners	618	0	0	618
790	Kelly Blankson	f	FV 40	Red rose runners	617	0	0	617
791	Davina Bowling	f	FV 70	Redrose Road Runners	616	0	0	616
792	Audrey Oldham	f	FV 60	Fylde Coast Runners	614	0	0	614
793	Nin Fletcher	f	FV 40	A Team Runners	613	0	0	613