

2019 Spring Series

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR	10K	KES	CON	HEL	ULL	Total
Lakeland Trails 2019 14-18K Series Results : Women													
1.	Holmes, Christine	Trentham Running club		1000	999	999							2998
2.	Dermott, Louise	U/A Ormskirk, Lancashire		992	995	992							2979
3.	connell, sandra	U/A Liverpool,		982	986	973							2941
4.	Moyers, Joanne	Widnes Wasps LRC		947	970	970							2887
5.	Clemmens, Michelle	Rotherham Harriers		971	948	960							2879
6.	Owen-Hughes, Ruth	U/A Yarm,		962	959	956							2877
7.	sowerby, susan	U/A workington, cumbria		930	953	946							2829
8.	Neate, Alison	U/A Allithwaite,		943	937	932							2812
9.	Dore, Jayne	U/A Formby,		952	929	923							2804
10.	Clennett, Catherine	Stockton Striders		941	926	930							2797
11.	Saunders, Lucy	Leven Valley AC		952	932	897							2781
12.	Summers, Rachel	U/A Preston,		920	952	883							2755
13.	Cresswell, Michelle	U/A Kendal, Cumbria		924	934	891							2749
14.	Samuelson, Katie	Cambridge & Coleridge AC		803	964	975							2742
15.	Butcher, Vicky	U/A Hebden bridge , West yorks		896	923	888							2707
16.	Lupton, Margaret	Red Rose Road Runners		872	901	926							2699
17.	Marshall, Jane	U/A York,		865	916	905							2686
18.	Beck, Joanne	U/A Lancs,		847	954	877							2678
19.	entwistle, mary ellen	U/A lancaster, lancashire		869	892	915							2676
20.	Cunningham, Clair	Horwich Harriers		885	866	900							2651
21.	Blennerhassett, Claire	U/A Rsinford,		906	924	815							2645
22.	James, Tanith	Steel City Striders		911	888	841							2640
23.	Edwards, Kerry	U/A Cupar, Fife		874	884	871							2629
24.	Owens, Sophie	U/A Stockton on Tees,		886	882	856							2624
25.	Barker, Kirsty	U/A Wigton, Cumbria		869	907	835							2611
26.	Shaw, Gerry	St Helens Striders		903	847	851							2601
27.	Yakobi, Shiran	RSCAC		863	871	864							2598
28.	Cheveaux, Sandra	Gog Triathlon		818	877	889							2584
29.	Atherton, Emma	U/A Cockermouth, Cumbria		888	863	830							2581
30.	Harper, Karen	Sytal Running Club		845	878	858							2581
31.	Csizmadia, Gillian	Wrexham AC		849	861	860							2570
32.	Goldrick, Sue	U/A Manchester,		895	824	831							2550

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Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
33.	Saxby, Dawn			839	870	840						2549
34.	Warrington, Sarah	U/A Tarporley, Cheshire		868	845	826						2539
35.	McKenna, Catherine	Belle Vue Racers		862	836	836						2534
36.	gibson, janet	U/A york, north yorkshire		838	846	849						2533
37.	Mckenna, Rebecca	St Helens Striders		880	838	814						2532
38.	Griffiths, Nicola	Fuelled By Fun		855	844	827						2526
39.	Summers, Sara	U/A Preston,		815	888	790						2493
40.	White, Debs	Cambridge and Coleridge		816	852	824						2492
41.	Hawkes, Diane	U/A Liverpool, Merseyside		855	868	765						2488
42.	Thorn, Sarah	U/A Lancaster, Lancashire		840	868	770						2478
43.	Hutchinson, Claire	U/A Liverpool,		809	858	810						2477
44.	Searle, Jane	U/A Liverpool , Merseyside		895	780	796						2471
45.	Hill, Louise	U/A WARRINGTON, CHESHIRE		820	810	820						2450
46.	Wilcock, Alexa	U/A Old Langho, Lancashire		731	949	749						2429
47.	Davies, Jane	U/A Manchester,		819	802	776						2397
48.	Dyer, Charlotte	Fen Edge Runners		825	805	761						2391
49.	Taggart, Katharine	St. Helens Striders		817	822	735						2374
50.	Samuelson, Viv	Swinton RC		804	815	744						2363
51.	Moore, katy	U/A Hebden Bridge,		808	801	750						2359
52.	Thorpe, Donna	U/A Hornby, Lancs		822	785	752						2359
53.	Marron, Al	U/A Lancaster , Lancashire		821	786	751						2358
54.	Lloyd, Lisa	Warrington Running Club		901	747	704						2352
55.	Pimblett-Tattley, Ruth			805	799	747						2351
56.	Leah, Ange	Warrington Running Club		893	748	705						2346
57.	Sutton-Riley, Jacqui	U/A Ulverston, Cumbria		788	784	745						2317
58.	Forster, Carol	U/A Cockermouth, Cumbria		789	782	732						2303
59.	Brocklehurst, Tracey	U/A Wigan, Lancashire		782	783	727						2292
60.	Dudley, Giselle	U/A Sunderland, Tyne and Wear		784	767	734						2285
61.	Meeten, Rebecca	U/A Manchester,		783	766	722						2271
62.	Nordon, Alison	U/A Paisley,		766	763	742						2271
63.	Walsh, Josephine	Red Rose Road Runners		763	779	721						2263
64.	Reely, Jo	Boldmere Bullets		769	743	709						2221
65.	Covell, Janette	Red Rose Road Runners		759	730	702						2191

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Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
66.	Stockton, Niki	U/A Manchester,		723	742	713						2178
67.	Hazell, Joanne	DH Runners		995	996							1991
68.	Walsh, Hannah	Team inov-8		984	991							1975
69.	Ashcroft, Angela	U/A WIGAN, Lancashire			983	988						1971
70.	Blanks, Zoe	U/A Chopwell, Newcastle Upon Tyne		977	979							1956
71.	WrightRosie, Marion	U/A MILLOM, Cumbria		969	985							1954
72.	Adair, Lynsay	Widnes Wasps		968	984							1952
73.	Paul, Therasa	U/A Keswick, Cumbria		979		972						1951
74.	Farrow, Ellena	Cambridge & Coleridge AC			956	995						1951
75.	Fitch, Joanna	U/A Wandsworth, London		964	977							1941
76.	Hailey, Lindsay	U/A Grange Over Sands, Cumbria			974	965						1939
77.	Pryor, Gillian	Thornton Cleveleys Running Club			972	950						1922
78.	Gilchrist, Jade	U/A Barrow-In-Furness, Cumbria			976	945						1921
79.	Turner, Jane	U/A Newbiggin-on-Lune, Cumbria			968	935						1903
80.	Ryan, Annette	U/A Milnthorpe, Cumbria		955		940						1895
81.	Schofield, Belinda	U/A Manchester,		948		943						1891
82.	Newman, Ginny	U/A Manchester, Greater Manchester		940		938						1878
83.	Wicks, Dawn	U/A Penrith, Cumbria			944	934						1878
84.	Rowlands, Claire	U/A Chester,		964	913							1877
85.	Lashley, Louise			945	930							1875
86.	Jordan, Lisa	U/A Kendal, Cumbria		935		937						1872
87.	Wilson-Bell, Laura	U/A Durham,		933		917						1850
88.	Campbell, Shirley	U/A Gawsworth, Macclesfield			922	920						1842
89.	Napthen, Sally	Chester Tri		927		909						1836
90.	Storey, Jo	Jogonthetyne		925	908							1833
91.	Croft, Alicia	Red rose road runners		912	914							1826
92.	Mitchell, Sian	Garden City Runners			928	893						1821
93.	Sunderland, Joanne	Roundhay Runners			910	908						1818
94.	whetter, lisa	U/A Levens, Cumbria		918		884						1802
95.	Frost, Amy	U/A London,		910	891							1801
96.	Smith, Karen	Chester Triathlon Club		926		875						1801
97.	ryder, megan	U/A boston spa,		936		865						1801
98.	Berry, Anne	Wesham Road runners		902	897							1799

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99.	Parton, Helen	U/A Heswall, Wirral			920	873						1793
100.	Nuttall, Sally	U/A Chorley, Lancashire			906	885						1791
101.	Barclay, Helen	U/A Ulverston,		890	899							1789
102.	Hodgson, Sorcha	U/A Kendal,		991	793							1784
103.	Clarke, Deborah	Running Rebels		897	885							1782
104.	Iewis, katy	U/A Liverpool,			896	876						1772
105.	Keiller, Heather	U/A Penrith , Cumbria		889	880							1769
106.	Wright, Hannah	U/A Lancaster, Lancashire			917	852						1769
107.	Gant, Linda	Bodyfit Cumbria running club		872		892						1764
108.	Stirling, Hannah	U/A Wilmslow,			951	812						1763
109.	Jones, Lisa	Valley Striders		909		848						1757
110.	Brennan, Alison	Chester Tri Club		892		863						1755
111.	Howard, Lynn	U/A Bollington, Cheshire		899	855							1754
112.	Parkinson, Tracy	Trawden AC		894	860							1754
113.	White, Jacqui	U/A Preston, Lancashire		884	865							1749
114.	Owens, Lucy	Stockton Striders			886	861						1747
115.	Sealey, Ruth	U/A Kendal,			894	837						1731
116.	McDowall, Edith	U/A Linlithgow, West Lothian		891		839						1730
117.	cunningham, olwen	St Bees triers		940		781						1721
118.	Fazackerley, Lauren	U/A SETTLE, North Yorkshire		852		869						1721
119.	Cowie, Emma	U/A Warrington,			867	850						1717
120.	Maxwell, Sheila	U/A Bolton,			869	847						1716
121.	Hall, Sarah	U/A Wigan, Lancashire		881	833							1714
122.	Blakeley, Alyson	Roundhay Runner's		923		787						1710
123.	Reekie, Deborah	U/A holmrook, cumbria			879	823						1702
124.	Fishwick, Alison	U/A Chorley,		856	840							1696
125.	Wallbank, Angela	U/A Chorley, Lancashire		857	839							1696
126.	Deed, Tracy	Trawden AC		835	859							1694
127.	Taylor, Elizabeth	U/A Milnthorpe ,		859		834						1693
128.	Gordon, Amy	U/A Milnthorpe , Cumbria		858		833						1691
129.	Navin, Wendy	St Bees Triers		897		782						1679
130.	Christy, Jenni	U/A Liverpool ,			854	801						1655
131.	Woodcock, Anne-Marie	U/A Bamber Bridge, Lancashire		911		729						1640

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132.	Appleby, Tracey	U/A Blackpool,		898		741						1639
133.	Mackintosh, Carolyn	U/A Kendal, Cumbria			830	807						1637
134.	Gaddas, Helen	U/A Kendal, Cumbria			841	794						1635
135.	Quayle, Marina	U/A Keswick, Cumbria			862	766						1628
136.	De-Maine, Sarah	U/A Frizington, Cumbria			853	774						1627
137.	atkinson, Emma	U/A kendal, cumbria			827	795						1622
138.	Jones, Margaret	U/A Stockport, Cheshire		802		813						1615
139.	Rayner, Jan	Roundhay Runners			829	786						1615
140.	Davies, Sally	Women on the Run			821	769						1590
141.	Ullrich, Katrin	U/A Leeds, West Yorkshire			804	780						1584
142.	Shack, Marsha	Wigan Harriers			765	816						1581
143.	Borrill, Michelle	U/A Littleborough, Lancashire			789	788						1577
144.	Morris, Sara	BTR Road Runners		799	770							1569
145.	Smith, Emma	U/A Kirkham,		770	798							1568
146.	johnson, michelle	Catherines Anyone Can Run		789		779						1568
147.	Allison, Lesley	Eden Runners		793		760						1553
148.	Thomson, Amy	U/A York,		801		743						1544
149.	Bassett, Milly	U/A Lewes, East Sussex			760	773						1533
150.	Lewis, Anne	Swans Tri Club		791		731						1522
151.	Howard, Rebecca	Quakers			777	740						1517
152.	Howard, Anna	U/A Scarborough,			776	739						1515
153.	Williams, Sian	U/A MORECAMBE , Lancs		785	727							1512
154.	Tuite, Danielle	U/A Kendal,		715	792							1507
155.	Woods, Tracy	Red Rose Road Runners		761	746							1507
156.	Plant, Sarah	U/A Warrington,		765	741							1506
157.	madden, Sue	U/A Kendal, Cumbria		714	791							1505
158.	Thomas, Bev	U/A Huddersfield , West Yorkshire		764	726							1490
159.	Swift, Hannah	N/A		730		748						1478
160.	Sowden, Cathy	Northwich Running Club		753	722							1475
161.	Stead, Rachel	U/A Bradford ,		751	723							1474
162.	Doroszkiewicz, Helen	Northwich Running Club		752	721							1473
163.	Moody, Karen	U/A Liverpool,			739	718						1457
164.	knowles, Helen	none			735	712						1447

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Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
165.	Morgan, Paula	U/A Milnthorpe, Cumbria			732	711						1443
166.	Sewell, Victoria	York Knavesmire Harriers		1000								1000
167.	Beecher, Katie	Les Croupiers RC			1000							1000
168.	Beever, Margaret	Stainland Lions AC				1000						1000
169.	Smith, Megan	U/A Manchester, Greater Manchester		999								999
170.	Jackson, Niamh	Kirkstall Harriers		998								998
171.	Lowe, Bethan	U/A Manchester,				998						998
172.	Sutton, Jo	Shrewsbury Athletics Club			998							998
173.	Harman, Louise	Barrow Runners		997								997
174.	Armstrong, Maria	Tynedale Harriers			997							997
175.	Johnston, Emma	Helm Hill Runners				997						997
176.	Belgian, Fiona	Jog on the Tyne		996								996
177.	Hayes, Melanie	U/A manchester, Greater Manchester				996						996
178.	Adams, Joanne	U/A Blackpool,		994								994
179.	tuffen, fay	U/A troutbeck bridge, cumbria			994							994
180.	e keeley, ruth	belper				994						994
181.	Hughes, Nicola	Red Rose Road Runners		993								993
182.	Marsden, Lauren	Swinton Running Club			993							993
183.	Rotherham, Melanie	U/A Nottingham				993						993
184.	Barr, Liz	Forres Harriers			992							992
185.	Brewster, Siobonne	U/A Carlisle, Cumbria		991								991
186.	Davies, Laura	U/A Whitley Bay,				991						991
187.	Harper, Lorna	Merseytri		990								990
188.	Jackson, Beverley	Altrincham and District AC			990							990
189.	Ferguson, Anne	Burnden				990						990
190.	Prow, Annabel	U/A Nottingham,			989							989
191.	Maguire, Kylie	St Helens Striders				989						989
192.	Lapping, Jennifer	Jog on the Tyne			988							988
193.	Treaddell, Beth	U/A Preston, Lancasshire		988								988
194.	Haigh, Jo	U/A Skipton, North Yorkshire		987								987
195.	O'Mahony, Lizzie	Mersey tri		987								987
196.	Rawcliffe, Charlotte	Penny Lane Striders			987							987
197.	Walch, Sarah	Penistone Footpath Runners				987						987

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Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
198.	kerr, katie	U/A Carlisle,		986								986
199.	Lawrenson, Helen	Wesham Road Runners				986						986
200.	Besford, Ruth	St Helens Striders				985						985
201.	Naylor, Lorraine	Stainland Lions Club				984						984
202.	Horton, Islay	U/A CREWE, Cheshire		983								983
203.	Caton, Sally	Stainland Lions Running Club				983						983
204.	Smith, Julie	The Fell Devils		982								982
205.	Quincey, Katie	U/A Bingley, West Yorkshire			982							982
206.	Foley, Charlotte	U/A East Boldon, Tyne and Wear				982						982
207.	Hudson, Rachel	U/A Todmorden,		981								981
208.	Mann, Rachel	Kendal AC			981							981
209.	Hooton, Zoe	Lancaster & Morecambe AC				981						981
210.	O'Donovan, Toni	Barrow Runners		980								980
211.	Brockhouse, Jo	U/A Hexham, Northumberland			980							980
212.	Lawrence, Chris	U/A Manchester, LANCS				980						980
213.	Robbins, Louise	U/A Urmston, Greater Manchester				979						979
214.	Connor, Joanna	U/A Liverpool, Please select a region, state or province.		978								978
215.	Smoker, Katherine	U/A London,			978							978
216.	Davies, Hilary	U/A Eccles, Manchester				978						978
217.	Denny, Gayle	Bentham Beagles				977						977
218.	Leslie, Fiona	U/A Manchester ,		976								976
219.	Hindle, Anne-Marie	Rosendale Harriers				976						976
220.	Reid, Carol	U/A Leeds,		975								975
221.	Smith, Rebecca	Glossopdale Harriers			975							975
222.	Gray, Claire	U/A Carlisle, Cumbria		974								974
223.	Dunlop, Danielle	U/A Edinburgh,				974						974
224.	Brooks, Jo	U/A Glossop , Derbyshire		973								973
225.	Sheldon, Alison	U/A Watnall, Nottinghamshire			973							973
226.	Smith, Michelle	U/A Glasgow ,		972								972
227.	Saunders, Natalie	U/A Leeds, West Yorkshire			972							972
228.	Lynam, Clare	U/A Leeds ,			971							971
229.	jones, dawn	Harlow Athletic Club				971						971
230.	WATSON, NICOLA	U/A CHORLEY, LANCS		970								970

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231.	McClellan, Alex	U/A Chislehurst, KENT			969								969
232.	Waddingham, Hannah	U/A London,				969							969
233.	Esson, Diane	U/A Amersham, Buckinghamshire				968							968
234.	Tugwell, Lucy	Spa Striders		967									967
235.	Hann, Rebecca	U/A Kettering, Northamptonshire			967								967
236.	Wilson, Karen	U/A Barnsley, South Yorkshire				967							967
237.	Bradshaw, Alison	U/A Preston, Lancashire		966									966
238.	Alty, Laura	U/A Manchester,			966								966
239.	McGibbon, Elizabeth	Cheshire Hash Harriers				966							966
240.	Fulford, Amy	U/A Leeds,				964							964
241.	Mason, Helen	U/A Chorley, Lancashire		963									963
242.	gittins, rosanne	keswick ac			963								963
243.	Oliver, Amy	Helm Hill				963							963
244.	Heppke, Sonja	Austria				962							962
245.	Brown, Nicola	U/A Liverpool , Merseyside		961									961
246.	Gardiner, Jen	U/A Darlington, Durham			961								961
247.	Chard, Abigail	U/A Halifax, West Yorkshire				961							961
248.	Kelsall, Helen	Kirkby milers ac		960									960
249.	bennett, jose	jog on the tyne			960								960
250.	McIntyre, Allison	U/A Ayr, Ayrshire		959									959
251.	Campbell, Liz	U/A Settle, North Yorkshire				959							959
252.	Lynch, Emma	U/A Mold,		958									958
253.	Kerfoot, Susan	St Helens Striders			958								958
254.	Lewis, Sara	Meltham AC				958							958
255.	Raaijmakers, Monique	Barrow Runners		957									957
256.	Rix, Linda	Manchester Frontrunners			957								957
257.	Page, Helen	Orchard Eagles Running Club				957							957
258.	Adlard, Donna	Wirral Vikings		956									956
259.	Walker, Marie	Sedgefield Harriers			955								955
260.	jackson-roe, katie	U/A wigan,				955							955
261.	Coombs, Kirsty	U/A Aboyne, Aberdeenshire		954									954
262.	Lewis, Jane	U/A Nottingham,			954								954
263.	Connolly, Fran	Blackpool Wyre & Fylde AC				954							954

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264.	Thomas, Lizzie	U/A Palmerston North,		953								953
265.	Mallender, Tiffany	Team Nidderdale				953						953
266.	Apps, Olivia	U/A Milton Keynes, Buckinghamshire			952							952
267.	Wardell, Catherine	U/A Northampton,				952						952
268.	Hayes, Hannah	U/A Stockport , Cheshire		951								951
269.	Riley, Sally	Wray Runners			951							951
270.	Tooms, Philippa	U/A Chorley, Lancashire				951						951
271.	Hunt, Lisa	Red rose road runners		950								950
272.	Stephenson, Elizabeth	U/A Cambridge , Cambs			950							950
273.	Preene, Fay	U/A Bowness-on-Windermere , Cumbria		949								949
274.	Mills, Claire	Sodbury Cycle Sport			949							949
275.	McGuire, Christina	Lancaster & Morecambe				949						949
276.	Page, Hilary	U/A Hebden Bridge, W. Yorkshire				948						948
277.	Jenkins, Emma	Cardiff Tri			947							947
278.	Allen, Alison	Datchet Dashers				947						947
279.	Laycock, Elizabeth	U/A Skipton, North Yorkshire		946								946
280.	Proctor, Kathleen	NBRC Keswick			946							946
281.	Brandon, Jane	None			945							945
282.	Humpleby, Hilary	Roundhay runners		944								944
283.	McKenna-Seed, Stacey	U/A Blackburn,				944						944
284.	WIERZBOWSKA, EDYTA	U/A London, - -			943							943
285.	Clayton, Jo	U/A Ulverston , Cumbria		942								942
286.	Lambert, Sally	U/A Ambleside, Cumbria			942							942
287.	Tomlinson, Rachel	Metham ac				942						942
288.	graham, julie	Garstang			941							941
289.	Brown, Vicki	Blackhill Bounders				941						941
290.	Bailey, Rachel	U/A Marple Bridge,			940							940
291.	Oliver, Jan	Tynedale Harriers			939							939
292.	Greenwood, Katharine	U/A Stockton-on-Tees,				939						939
293.	Bettinson, Zoe	St Bees Triers			938							938
294.	burke, jane	lymm runners		937								937
295.	Stevenson, Debra	U/A Doncaster, South Yorkshire			936							936
296.	Smith, Megan	U/A Shrewsbury, Shropshire				936						936

2019 Spring Series

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
297.	Duncan-Price, Alexandra	Tattenhall Runners			935							935
298.	Stiven, Amy	n/a		934								934
299.	Gill, Olivia	U/A Glasgow,			933							933
300.	Allardyce, Tina	Mornington Chasers				933						933
301.	hodskinson, Fran	wesham road runners		932								932
302.	Walker, Emma	Trawden AC		931								931
303.	Roberts, Jane	U/A Ambleside,				931						931
304.	Smedley, Becky	U/A Birmingham ,		929								929
305.	Wilson, Kate	U/A Oldham, Lancs				929						929
306.	Johnson, Elizabeth	Wesham Road Runners		928								928
307.	Funderburk, Sarah	Mornington Chasers				928						928
308.	Basey, Sarah	Delamere Spartans			927							927
309.	Barker, Carolyn	Burnden Roadrunners				927						927
310.	GOCER, CAROLINE	U/A STOCKPORT, CHESHIRE		925								925
311.	Stanley, Laura	U/A Manchester,			925							925
312.	Astin, Sharon	Rammy Runners				925						925
313.	Pollitt, Rachel	Leigh Harriers				924						924
314.	O'Grady-Thomas, Geraldine	Pennine		922								922
315.	Dixon, Sarah	Easingwold RC				922						922
316.	O'Doherty, Ree	New Balance Run Club Keswick		921								921
317.	Martin, Alison	U/A Glasgow, South Lanarkshire			921							921
318.	Jarrett, Dawn	U/A WILMSLOW,				921						921
319.	Bell, Gillian	Tynedale harriers			920							920
320.	Dent, Emma	Helm Hill		919								919
321.	Gittins, Katrina	YacYak			919							919
322.	Macdonald, Alison	U/A Edinburgh ,				919						919
323.	Harper, Karyn	Yorkshire Wolds Runners			918							918
324.	Schofield, Claire	U/A York,				918						918
325.	woods, sue	U/A levens, cumbria		917								917
326.	Chandler, Elizabeth	Carnethy		916								916
327.	Riley, Jill	U/A Llanberis, Caernarfon Gwynedd				916						916
328.	Guy, Wendy	U/A Penrith, Cumbria		915								915
329.	Gill, Alexandra	U/A Barrow-in-Furness, Cumbria			915							915

2019 Spring Series

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR	10K	KES	CON	HEL	ULL	Total
330.	Greenlee, Hannah	Chorlton runners		914									914
331.	Neill, Jacqueline	U/A Jedburgh ,				914							914
332.	Rochester, Louise	U/A Tring, Herts				913							913
333.	Dodd, Michaela	U/A Cheshire				912							912
334.	Weyers, Amy	Chorlton runners			912								912
335.	Miller, Jessica	U/A London,			911								911
336.	jarvis, kathryn	U/A Edinburgh, Scotland				911							911
337.	Zambo, Elisabeth	U/A Southampton,				910							910
338.	watt, nicola	U/A hexham,			909								909
339.	Mccracken, Dawn	Colt		908									908
340.	Essery, Suzanne	Fitness Outdoors		907									907
341.	Gilman, Lara	U/A London,				907							907
342.	Davenport, Lorna	U/A Jedburgh, Scottish Borders				906							906
343.	Darby, Samantha	U/A Shrewsbury , Shropshire		905									905
344.	Burgess-Thomas, Jennifer	U/A Liverpool, Merseyside			905								905
345.	Mcbride, Julie	U/A Blackpool, Lancashire		904									904
346.	Basford, Sharon	Tattenhall Runners			904								904
347.	Langfalvy, Anna	U/A Kendal,				904							904
348.	Taylor, Jennifer	Tattenhall Runners			903								903
349.	Lashley, Louise	N/A				903							903
350.	Evans, Lamyong	U/A Blackpool, Lancashire		902									902
351.	Matthews, Liz	York Knavesmire Harriers			902								902
352.	Smart, Elisabeth	Forres Harriers				902							902
353.	Hawden, Joanne	Rothwell&District Harriers				901							901
354.	Patten, Jess	U/A Penrith,		900									900
355.	Jones, Michelle	Delamere Spartans			900								900
356.	Robins, Helen	U/A Welwyn Garden City, Herts				899							899
357.	Matzen, Sarah	Northwich Running Club		898									898
358.	Duckers, Fiona	BTR Road Runners			898								898
359.	Livingstone, Mandy	Team Trident				898							898
360.	Omonira, Rebecca	Victoria Park Harriers				896							896
361.	Jeffrey, Nicky	Tynedale Harriers			895								895
362.	blackley, karen	U/A cockermouth, cumbria				895							895

2019 Spring Series

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
363.	Owen, Nicky	Cheshire Hash House Harriers				894						894
364.	O'Neill, Linda	Perth Road Runners			893							893
365.	Gilchrist, Claire	U/A Newcastle upon Tyne, Tyne and Wear			892							892
366.	Hawker, Nesta	Helsby		891								891
367.	Birkett, Diana	U/A Northwich, Cheshire			890							890
368.	Aden, Gemma	St Helens Striders				890						890
369.	Cullum, Sue	Liss Runners			889							889
370.	Dalziel, Paula	U/A Bolton, Greater Manchester				887						887
371.	Newton, Georgina	U/A London,		887								887
372.	Cullum, Laura	U/A Alton, Hampshire			887							887
373.	Barrett, Sherrill	Lonely Goat				886						886
374.	Pleasantr, Elizabeth	U/A Hyde, Cheshire		883								883
375.	Andrew, Alison	Cumberland AC			883							883
376.	Terry, Lynne	U/A Belper, Derbyshire		882								882
377.	Crowhurst, Susanne	Lonely Goat				882						882
378.	Bruce, Tracey	L&MAC			881							881
379.	Halsall, Helen	U/A Altrincham, Cheshire				881						881
380.	Caspi, Anne	Mornington Chasers				880						880
381.	Hunt, Amelia	City of Lancaster Triathlon		879								879
382.	Hunter, Samantha	U/A Staveley, Cumbria				879						879
383.	Carney, Ann	U/A Manchester,		878								878
384.	Gamberini, Lorna	N/A				878						878
385.	Bidwell, Imogen	U/A e58ad,		876								876
386.	Brosse, Carine	U/A grassington, North Yorkshire			876							876
387.	Mackay, Miriam	U/A Inverness,		875								875
388.	Little, Elizabeth	U/A Newcastle upon Tyne,			875							875
389.	Gallacher, Jude	U/A Newcastle upon Tyne, Tyne and Wear			874							874
390.	Gentilcore, Gabriella	U/A London,				874						874
391.	Parkinson, Helen	U/A Salford, Gtr Mcr		873								873
392.	Wood, Sarah	U/A Stockport, Cheshire			873							873
393.	Walker, Judith	U/A Appleby - in - Westmorland, Cumbria			872							872
394.	Taylor, Maxine	Didsbury Runners				872						872
395.	Mitchell, Jayne	U/A Penruddock,		871								871

2019 Spring Series

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
396.	sutton, kate	U/A southport, merseyside		870								870
397.	Wilkie, Veronica	U/A Hartlebury, Worcs				870						870
398.	Harrison, Jodie	U/A Lanchester, County Durham		868								868
399.	Fuller, Amanda	Blackpool Wyre & Fylde AC				868						868
400.	Maddison, Katie	U/A Bishop Auckland, County Durham		867								867
401.	Ward, Wendy	Red rose road runners				867						867
402.	Cleator, Becca	U/A Barrow, Cumbria		866								866
403.	taylor, lorna	Red Rose road runners				866						866
404.	Dickinson, Hannah	U/A Warrington, Cheshire		864								864
405.	Chambers, Jennifer	Tattenhall Runners			864							864
406.	Rand, Lorna	U/A swindon, wiltshire				862						862
407.	Taylor, Joanna	u/a		860								860
408.	Kay, Stephanie	Swinton Running Club		859								859
409.	Lawson, Steph	Easingwold				859						859
410.	Cocker, Anna	U/A Bury,		858								858
411.	Garner, Claire	U/A London,			857							857
412.	Collett, Suzanne	Women on the Run				857						857
413.	Dale, Jen	U/A WIGAN, Lancashire			856							856
414.	Alexander, Deborah	Rosendale Harriers				855						855
415.	Martin, Emma	U/A Taunton, Somerset		854								854
416.	Jefferies, Victoria	U/A Lancaster,				854						854
417.	burlinson, sarah	U/A hyde, cheshire		853								853
418.	Southworth, Debra	U/A Glossop,				853						853
419.	Beveridge, Natalie	U/A Liverpool,		851								851
420.	Taktak, Diane	U/A St Helens, Merseyside			851							851
421.	smyth, julie	Lymm runners		850								850
422.	Chow, Gen-Nam	U/A London, London			850							850
423.	Beuzeval, Trudi	U/A Milnthorpe,			849							849
424.	Whitehead, Linda	Knowle & Dorridge Running Club		848								848
425.	Whitehead, Debbie	Farnham Runners			848							848
426.	Corrigan, Louise	Swinton		846								846
427.	Hall, Anita	St Helens Striders				846						846
428.	Martindale, Kirsty	Women on the Run				845						845

2019 Spring Series

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR	10K	KES	CON	HEL	ULL	Total
429.	Sandell, Sarah	U/A Richmond, North Yorkshire		844									844
430.	Murray, Sara Jane	U/A Bentham, North Yorkshire				844							844
431.	Roblin, Aimee	U/A Richmond, North Yorkshire		843									843
432.	Tattersall, Liza	U/A Carnforth			843								843
433.	Brannen, Jo	U/A CHESTER LE STREET,				843							843
434.	Nevin, Gill	Crosby Stormers		842									842
435.	Hobbs, Andrea	None			842								842
436.	Watson, Kim	Hartlepool				842							842
437.	Cooper, Emma	U/A Chorley, Lancs		841									841
438.	gibson, Caryl	U/A birmingham,		840									840
439.	Farron, Julie	Atherton Running Club				838							838
440.	Duxbury, Helen	U/A Chorley, Lancashire		837									837
441.	Lockhart, Beth	Glasgow Triathlon Club			837								837
442.	Richardson, Charlotte	U/A Chorley		836									836
443.	Wilson, Lynn	Yorkshire Wolds Runners			835								835
444.	nicholson, melanie	U/A Hebden bridge, west yorkshire		834									834
445.	Coffey, Linda	Darwen Dashers			834								834
446.	Cartwright, Rachel	Warrington Running Club		833									833
447.	fletcher, sue	U/A High Peak, Derbyshire		832									832
448.	Hodgkins, Lisa	U/A Shifnal,			832								832
449.	Henderson, Catherine	U/A Edinburgh,				832							832
450.	Thompson, Julie	U/A Manchester,		831									831
451.	Forsyth, Rachel	U/A Ambleside, Cumbria			831								831
452.	Mason, Bev	Thornton Cleveleys Running Club		830									830
453.	Foster, Melanie	Thornton-Cleveleys running club		829									829
454.	Iguchi, Ayako	U/A Matsudo, Chiba				829							829
455.	Scarfe, Judith	Lytchett Manor Striders		828									828
456.	Leach, Alison	U/A Darwen, Lancashire			828								828
457.	Hara, Kaori	U/A Matsudo, Chiba				828							828
458.	Hockenhull, Sharon	U/A Bolton,		827									827
459.	Ofarrell, Lisa	U/A Stockport, Cheshire		826									826
460.	Finn, Janet	U/A Bolton,			826								826
461.	Kirkman, Anita	U/A Bolton,			825								825

2019 Spring Series

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
462.	Rust, Casey	U/A Edinburgh ,				825						825
463.	Keighley, Jo	U/A Hebden bridge, West Yorkshire		824								824
464.	Beech, Sally	RRRC		823								823
465.	Martin, Heidi	CFR			823							823
466.	Hindle, Millie-may	U/A Bacup, Lancs				822						822
467.	Benson, Emma	U/A Lindale ,				821						821
468.	Robson, Laura	York Postal Harriers			820							820
469.	Roberts, Michelle	U/A Prestatyn,		819								819
470.	Ackroyd, Lynne	U/A York			819							819
471.	Lacey, Emma	U/A Stourbridge,				819						819
472.	Zbadyński, Diane	Sweat equity			818							818
473.	Lockie-Anrig, Keira	U/A Stourbridge,				818						818
474.	Thomas, Samantha	U/A Cambridge, Cambridgeshire			817							817
475.	Welburn, Claire	U/A Basingstoke,				817						817
476.	Butler, Laura	U/A Edinburgh,			816							816
477.	morrison, rosie	U/A North Tyneside,		814								814
478.	Clarke, Fiona	U/A Maryport, Cumbria			814							814
479.	Graves, Cressida	U/A Lancaster, Lancashire		813								813
480.	Wagenvelt, Emma	U/A The Woodlands, Texas			813							813
481.	Aaron, Bonnie	U/A Blackpool, Lancashire		812								812
482.	Whelan, Colette	U/A Lancaster, Lancashire			812							812
483.	Graves, Nicky	Batala Drummers		811								811
484.	Simms, Rebecca	Darwen Dashers			811							811
485.	Beaumont, Katherine	U/A Lower Bentham, Lancashire				811						811
486.	Ley, Amanda	Colt		810								810
487.	Clementson, Anita	Elvet striders				809						809
488.	Grimshaw, April	MGPT			808							808
489.	Madarasan, Petra	Jogging Pals				808						808
490.	Stewart, Karen	Stocksfield Striders		807								807
491.	Poole, Suzanne	MGPT			807							807
492.	Conroy, Helen	U/A Sunderland,			806							806
493.	Owen, Denise	Rosendale Harriers				806						806
494.	Rae, Sue	Easingwold				805						805

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Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR	10K	KES	CON	HEL	ULL	Total
495.	Christian, Marie	Rossendale harriers				804							804
496.	Bland, Yvonne	U/A Alton,			803								803
497.	Ulmer, Kim	U/A St. Neots, Cambs				803							803
498.	King, Julie	Helm Hill Runners				802							802
499.	Auty, Joanne	U/A Huddersfield , West Yorkshire			800								800
500.	Sullivan, Alice	Mornington Chasers				800							800
622.	Leatherland, Jen	U/A Preston, Lancashire		800									800
501.	Iamb, elaine	wirral runners				799							799
502.	Dasgupta, Jane	Btr roadrunners		798									798
503.	Weston, Judith	Marsh House Harriers				798							798
504.	Rogan, Sarah	BTR Road Runners		797									797
505.	Woolgar, Kim	U/A Doncaster, South Yorkshire				797							797
506.	Hirons, Carolyn	Wilmslow RC		796									796
507.	Holmes, Louise	U/A Thursby , Carlisle			796								796
508.	Gibbons, Anna	n/a		795									795
509.	Boundy, Michelle	Berkshire Tri Squad			795								795
510.	Gibbons, Sarah	U/A London,		794									794
511.	Spencer, Alison	Davenport Runners				793							793
512.	Oliver, Sue	East london triathletes			792								792
513.	Wakeham, Helen	EA Harriers		792									792
514.	Money, Kathryn	U/A Lincoln, Lincolnshire				792							792
515.	Adams, Alyson	Bramhall Runners		791									791
516.	Maggs, Claire	U/A Solihull, West Midlands			791								791
517.	Davies, Jennie	U/A Sedbergh, Cumbria				791							791
518.	Holmes, Kathryn	Bramhall Runners		790									790
519.	Davies, Lorna	Knowle and Dorridge			790								790
520.	Toller, Ruth	Dundee Road Runners AC				789							789
521.	Yates, Isobelle	U/A Billinge,			788								788
522.	ROBERT, MARY	U/A STOCKPORT, CHESHIRE		787									787
523.	Baines, Karen	U/A Lancaster , Lancashire			787								787
524.	Lindsay, Fiona	U/A Glasgow,		786									786
525.	Hastie, Emma	Parbold Pink Panthers				785							785
526.	Edwards, Bernice	U/A Liverpool,				784							784

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Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR	10K	KES	CON	HEL	ULL	Total
527.	Banks, Vicki	Warrington Running Club				783							783
528.	Melvin, Lynn	Red rose running Club		781									781
529.	Hill, Diane	Wigan & Diatrick Harriers AC			781								781
530.	Barker, Joanna	U/A Ulverston, Cumbria		780									780
531.	Birchall, Katie	U/A Ulverston, Cumbria		779									779
532.	Patterson, Sarah	City of Lancaster Triathlon (COLT)		778									778
533.	Rawlings, Yvonne	U/A Bristol,			778								778
534.	Tose, Sheila	U/A manchester, Lancashire				778							778
535.	Fairclough, Jenny	Red Rose Road Runners		777									777
536.	Simms, Emma	U/A Manchester,				777							777
537.	Crozier, Karen	U/A Richmond, North Yorkshire		776									776
538.	Tarn, Lynda	U/A Hudswell Richmond, North Yorkshire		775									775
539.	Syms, Lesley	U/A Southport, Merseyside			775								775
540.	Clark, Rachel	U/A Dalton, Lancashire				775							775
541.	Fitzpatrick, Megan	Team inov-8		774									774
542.	Lavery, Theresa	U/A Dumfries, Dumfries and Galloway		774									774
543.	Webster, Alison	U/A Hightown, Merseyside			774								774
544.	Fraser, Wendy	U/A Stockton on Tees, Cleveland			773								773
545.	Phillipson, Elizabeth	St. Helens Striders		773									773
546.	Mason, Karen	St Helens Striders		772									772
547.	Davies, Tracy	Knowle & Dorridge Running Club			772								772
548.	Dykes, Suzannah	Shorrocks Hill Running Club				772							772
549.	Fleming, Hayley	U/A Kendal,		771									771
550.	Wassell, Sue	Knowle & Dorridge Running Club			771								771
551.	O'Neill, Sarah	U/A Manchester,				771							771
552.	Brough, Emily	U/A Stockport,		770									770
553.	Spendlove, Deb	U/A Belper, Derbyshire			769								769
554.	Cooper, Clare	Belper Harriers			768								768
555.	Moore, Jenny	Mornington Chasers				768							768
556.	Clasby, Rachel	Wimbledon Windmilers		767									767
557.	Woodley, Samantha	U/A Chester,				767							767
558.	McNeill, Grace	U/A Wetherby,			764								764
559.	Rickwood, Cheryl	Blackpool Wyre & Fylde ac				764							764

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Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
560.	Maher, Sally Anne	U/A Ambleside, Cumbria				763						763
561.	Colquhoun, Nina	Red Rose Road Runners		762								762
562.	Gould, Alison	U/A Tynemouth, tyne and wear			762							762
563.	Greenhalgh, Helen	Red Rose Road Runners				762						762
564.	armstrong, michelle	north east vets athletic club			761							761
565.	Johansson, Ann	U/A Bakewell , Derbyshire		760								760
566.	Rockliffe, Karen	U/A Windermere, Cumbria				759						759
567.	Fallon, Marie	Jog on the Tyne			759							759
568.	Bouttell, Janet	U/A Glasgow,		758								758
569.	Morris-Jones, Caroline	U/A Banbury, Oxon			758							758
570.	Dyer, Michelle	Meltham AC				758						758
571.	O'Donnell, Siobhan	U/A Solihull,			757							757
572.	Hilton, Tara	U/A Ulverston, Cumbria				757						757
573.	Threadgold, Caroline	Wimbledon windmilers		756								756
574.	Deeley, Claire	Knowle and Dorridge Running Club			756							756
575.	Upton, Jen	Witney Road Runners				756						756
576.	Watts, Sally	Acre Street Runners		755								755
577.	Robinson, Clare	Abingdon & Vale Triathlon Club			755							755
578.	Holland, Sarah	U/A Leeds				755						755
579.	May, Hannah	Acre Street Runners		754								754
580.	Bramwell, Gwen	Ramsbottom Running Club			754							754
581.	McBeth, Sandra	U/A Edinburgh ,				754						754
582.	Felstead, Alison	Lymm Runners			753							753
583.	Biggs, Gina	Red rose road runners				753						753
584.	Reed, Dawn	Lymm Runners			752							752
585.	Marsh, Helen	Lymm Runners			751							751
586.	Houghton, Jane	Warrington running club			750							750
587.	Baldock, Clair	Warrington running club			749							749
588.	Taylor, Kate	Running4CF				746						746
589.	Thompson, margaret	Elvet Striders			745							745
590.	Molyneux, Jan	Swinton Running Club			744							744
591.	Patten, Mags	U/A London,			738							738
592.	Geist, Chrissy	Warrington Running club				738						738

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Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR	10K	KES	CON	HEL	ULL	Total
593.	Cannon Jones, Jill	U/A Ulverston			737								737
594.	Roberts, Kathryn	Warrington Running Club				737							737
595.	Sica, Viridiana	U/A Keswick , Cumbria			736								736
596.	Peters, Kerry	Warrington Running Club				736							736
597.	Statter, Elaine	Team Graphskill			734								734
598.	Ramsden, Carol	Horsforth Harriers			733								733
599.	Wood, Kerry	U/A Halifax, West Yorkshire				733							733
600.	Chenery, Ruth	None			731								731
601.	Poon, Sharon	U/A London,				730							730
602.	Williams, Cat	U/A Orpington ,			729								729
603.	Weed, Gemma	U/A Carnforth , Lancashire			728								728
604.	Wood, Bernie	Easingwold Running Club				728							728
605.	rose, joanna	U/A cockermouth, cumbria				726							726
606.	Tosh, Claire	U/A Halifax,			725								725
607.	PICKLES, Lorraine	Rossendale Harriers				725							725
608.	White, Joanne	U/A Consett, United Kingdom			724								724
609.	Sanig, Rachel	Didsbury Runners				724							724
610.	Morgan, Lizzie	Didsbury Runners				723							723
611.	Hemsley, Liz	U/A Keighley, West Yorkshire				720							720
612.	Talbot, Rebecca	Elves Striders				719							719
613.	Pathy, Yalini	U/A Enfield, Middlesex				717							717
614.	Mackenzie, Joanna	U/A Edinburgh,				716							716
615.	Francis, Nadine	U/A Warrington, Cheshire				715							715
616.	Peacock, Kim	Not				714							714
617.	Swindells, Sarah	U/A Preston , Lancashire				710							710
618.	Riley, Peta	Womens Rnning network				708							708
619.	Seddon, Sarah	Warrington running club				707							707
620.	Hayes, Gillian	Warrington Running Club				706							706
621.	Newton, Caroline	Warrington running club				703							703

Number of records: 622