

Lakeland Trails 2015 18KM Spring Series Results : Women

Name	Category	Club	Cartmel	Hawkshead	Staveley	Total
Abigail Tiplady		U/A Stockton, Cleveland	998	1000	996	2994
Melissa McGuire		U/A Morecambe, Lancashire	993	994	987	2974
Emily Heaviside			991	989	986	2966
Rachel Hudson		U/A Todmorden,	990	987	981	2958
anja coulthard		KESWICK AC	985	979	984	2948
Karen Foster	Lady Veteran 40	North Shields Poly AC	987	976	983	2946
Gemma Preston		U/A Chorley, Lancashire	983	974	977	2934
Katie Samuelson		Cambridge & Coleridge AC	994	983	940	2917
Renata Ruszkiewicz	Lady Veteran 50	Ealing Eagles	979	960	967	2906
Tamsin Cass		Tynedale Harriers	972	958	973	2903
sandy walster		Cleethorpes ath	973	949	971	2893
mary tavener	Lady Veteran 50	vale royal	969	947	960	2876
nichola swinbourne		Hartlepool burn road harriers	955	953	961	2869
Amy Wilkin		U/A Grange over sands, Cumbria	932	957	970	2859
Lesley Goodson	Lady Veteran 50	North Wales Road Runners Club	947	942	959	2848
Julia massey	Lady Veteran 40	Welly Bed Racers	961	930	956	2847
Jennifer Lyon		U/A Lancaster, Lancashire	926	948	958	2832
Sarah Stephenson		U/A Grange Over Sands, Cumbria	941	937	949	2827
Tiffany moorcroft	Lady Veteran 40	South Ribble Runners	963	917	939	2819
Kath Padgett	Lady Veteran 50	U/A Wakefield ,	958	911	946	2815
Helen Jones		U/A Burntisland , Fife	909	975	924	2808
Maureen Bartrum	Lady Veteran 40	Alnwick Harriers	936	928	942	2806
Vic Knott		U/A Manchester ,	913	921	963	2797
Diane Wilson	Lady Veteran 40	U/A Richmond, North Yorkshire	953	905	938	2796
Shirley Hunt	Lady Veteran 40	Tri Preston	948	901	945	2794
Helen Little	Lady Veteran 40	None	929	909	932	2770
Susan Tippin	Lady Veteran 50	U/A Southport,	935	900	935	2770
Viv Samuelson		Swinton RC	923	908	930	2761
Jenny Wroe		U/A Kendal,	907	910	917	2734
Victoria Sewell		U/A Kendal, Cumbria	920	893	910	2723
Tara Oxley		Stockton Striders A.C.	914	888	919	2721
Gill Myers		Creation pt	931	874	908	2713
Morag Donoghue	Lady Veteran 40	Alnwick Harriers	896	890	911	2697
Gillian Cszmadia	Lady Veteran 50	Wrexham AC	908	870	913	2691
Lisa Whetter	Lady Veteran 40	U/A Levens, Cumbria	886	881	906	2673
susan heaney	Lady Veteran 50	Royton Road Runners	870	884	918	2672
Joanne Moss	Lady Veteran 40	U/A Gainsborough, Lincolnshire	879	869	897	2645
Jacqui Sutton-Riley	Lady Veteran 40	U/A Ulverston, Cumbria	906	878	853	2637
Janice Metcalf	Lady Veteran 50	U/A Preston, Lancs.	924	800	905	2629
Dawn Saxby	Lady Veteran 50	U/A Harrogate, North Yorkshire	887	855	885	2627
Gina Mumford	Lady Veteran 50	U/A Barford St Michael,	899	837	888	2624
Ann Nicholson	Lady Veteran 60		866	853	882	2601
Janice Allan	Lady Veteran 50	U/A Dumfries, Dumfries & Galloway	854	849	896	2599
Luan Anderson	Lady Veteran 40	U/A York,	857	864	870	2591
Catherine Potts		U/A Newton-le-willows,	864	854	852	2570
Dawn Stainer		U/A Kendal, Cumbria	845	829	893	2567
Elizabeth MacKenzie	Lady Veteran 50	U/A Kendal, Cumbria	856	858	845	2559
Kath Lambert	Lady Veteran 40	U/A Leeds,	852	843	860	2555
sue woods	Lady Veteran 40	U/A levens, cumbria	850	852	846	2548
Becky Johnson	Lady Veteran 40	U/A Kendal, Cumbria	877	806	858	2541
Barbara Sloss	Lady Veteran 60	Clydeside Canicross	865	797	877	2539
Elisabeth Zambo	Lady Veteran 40	U/A Southampton,	831	830	878	2539
Christine Gill	Lady Veteran 40	U/A Welshpool, Powys	849	812	867	2528
Sarah Martin	Lady Veteran 40	U/A Bolton, Lancashire	824	805	862	2491
carol davison	Lady Veteran 40	Alnwick Harriers	851	799	840	2490
Diane Hawkes	Lady Veteran 40	Unaffiliated	783	838	865	2486
michelle armstrong	Lady Veteran 40	north east vets athletic club	778	835	873	2486
Paula Dalziel	Lady Veteran 50	U/A Bolton, Lancashire	825	804	854	2483
Jane Marshall	Lady Veteran 40	U/A York,	822	807	844	2473

Jan Rayner	Lady Veteran 40	Roundhay Runners	836	798	802	2436
Tracy Twitchin	Lady Veteran 50	U/A Ormskirk, Lancs	833	780	819	2432
Alison Gould	Lady Veteran 40	U/A Tynemouth, tyne and wear	779	788	841	2408
Carron Lane	Lady Veteran 50	Winston Runners	812	774	821	2407
Allanah Bird	Lady Veteran 40	U/A Blackpool, Lancs	829	742	835	2406
Alison Gilchrist	Lady Veteran 50	Independent	806	794	805	2405
Jacqueline Stewart-brown	Lady Veteran 40	U/A Blackpool, Lancs	830	741	834	2405
Aimi Blueman	Lady Veteran 40	Nidd valley road runners	805	781	811	2397
joanne pennington		dumfries running club	785	772	822	2379
Paula Swan	Lady Veteran 40	U/A Dumfries, Dumfriesshire	781	767	826	2374
Sue Oliver	Lady Veteran 50	East london triathletes	793	777	804	2374
Jo Fallows	Lady Veteran 40	Manchester Harriers & AC	798	765	803	2366
Jennifer Williams	Lady Veteran 50	Stormers	803	738	815	2356
amanda Benson		Roundhay Runners	807	762	785	2354
Alison Belford	Lady Veteran 50	Formby Stormers	802	737	814	2353
Sharon White	Lady Veteran 40	U/A Kendal, Cumbria	804	755	783	2342
Giselle Dudley	Lady Veteran 50	U/A Sunderland, Tyne and Wear	789	761	791	2341
Rosalind Dyde	Lady Veteran 50	winstonrunners	800	757	779	2336
Janet Morris	Lady Veteran 50	Knaresborough Striders	786	770	778	2334
Miranda Bartlett	Lady Veteran 60	U/A ulverston, cumbria	869	713	750	2332
Karen Campbell	Lady Veteran 50	Falkland Trail Runners	774	747	793	2314
caroline vitty	Lady Veteran 50	U/A liverpool,	801	740	770	2311
Anna McClarnon	Lady Veteran 40	U/A Eastleigh, Hampshire	770	727	782	2279
Catriona West		Bridgnorth Running (We don't like run	776	736	762	2274
Margaret Thompson	Lady Veteran 60	Elvet Striders	768	734	768	2270
kim adamson	Lady Veteran 50	dumfries running club	758	731	775	2264
Alison Nordon	Lady Veteran 40	U/A Paisley,	764	719	763	2246
Dot Carr	Lady Veteran 60	U/A harrogate, yorkshire	760	712	745	2217
Lydia Plackett	Lady Veteran 60	Women's Running Network	751	711	751	2213
Estelle Morel		U/A Newcastle-under-Lyme,	747	702	740	2189
Victoria Graves		City of York AC		999	998	1997
Helen Smith		U/A Market Rasen, Lincolnshire	996		994	1990
Emma Buckland	Lady Veteran 40	Cambridge & Coleridge AC		992	995	1987
Anna Cunningham		Lancaster Women's Running Group		993	990	1983
Louise Mort		U/A Bolton, Lancashire		982	975	1957
leanne hayter		U/A hexham, northumberland	977	978		1955
Laura Davies		U/A Whitley Bay,		963	974	1937
Hilary Davies		U/A Sale,		962	969	1931
Claire Gray	Lady Veteran 40	U/A Dalston, Cumbria	967	959		1926
Andrea Horgosi		U/A Warrington, Cheshire	968	944		1912
Angela Colby	Lady Veteran 40	Bowland Fell Runners	966	941		1907
Kate Charlton	Lady Veteran 40	U/A Hexham, Northumberland	962	940		1902
Emma Wragg	Lady Veteran 40	U/A Glossop, Derbyshire	956		941	1897
Ginny Newman	Lady Veteran 50	U/A Manchester,	959	934		1893
Darina Delinova		U/A Windermere,	964	927		1891
sarah pool	Lady Veteran 40	U/A langholm, dumfriesshire	940	945		1885
Diane Hamblett	Lady Veteran 40	U/A Warrington, Cheshire	951	933		1884
Gill Wilkinson	Lady Veteran 50	Borrowdale Fell Runners	937		947	1884
Catherine Clennett	Lady Veteran 40	Billingham Marsh House Harriers	954		923	1877
deborah curle	Lady Veteran 50	border harriers ac	944	929		1873
Leanne Jackson		Barrow & Furness Striders	918	954		1872
Lisa Grandidge		U/A Sheffield,		915	954	1869
Alex Holden		U/A Thornton-Cleveleys, Lancashire	989	876		1865
Margaret Lupton	Lady Veteran 40	Red Rose Road Runners	915		944	1859
Liz Handford	Lady Veteran 40	U/A Ormskirk, Lancashire		919	931	1850
charlie birchall		U/A ingleton, North yorkshire		897	936	1833
Kathy Tedcastle		U/A Grange-over-sands, Cumbria		906	916	1822
Mary Mills	Lady Veteran 50	Holme Pierrepont Running Club	894	923		1817
Deborah Porter	Lady Veteran 40	U/A Preston, Lancashire		896	915	1811
Tracey Bruce	Lady Veteran 40	U/A Lancaster, Lancashire	890	913		1803
Catherine Alderson	Lady Veteran 50	U/A Penrith, Cumbria		873	926	1799

Pauline Shearer	Lady Veteran 50	U/A Runcorn, Cheshire	903	889		1792
Liz Cook	Lady Veteran 40	U/A Wigan, Lancs	895	892		1787
MAXINE GEARY	Lady Veteran 40	Yoga Spirit International		862	920	1782
Bryony Catlow		U/A Gateshead, Tyne And Wear	911	863		1774
Christine Loughran	Lady Veteran 40	U/A Stoke on Trent, Staffordshire	891	882		1773
Deborah Reekie		U/A holmrook,		875	891	1766
Liz Price	Lady Veteran 40	Ilkley Harrier	863	903		1766
sarah burlinson	Lady Veteran 40	U/A hyde, cheshire	880		884	1764
Clare Laybourn	Lady Veteran 40	U/A Edinburgh,		883	874	1757
Kim Brown	Lady Veteran 40	U/A Darlington, Co Durham	910	845		1755
Marie Bainbridge		Blackhill Bounders	884	871		1755
Rachel Newbury	Lady Veteran 40	Lancs Womens		865	889	1754
Christine Marshall	Lady Veteran 50	Keswick ac		856	890	1746
jennifer cottrell	Lady Veteran 40	Team Appley Bridge		868	871	1739
Nicky Owen	Lady Veteran 50	Cheshire Hash House Harriers		857	879	1736
Alison Jepson		Airedale Dodgers		836	895	1731
Laura Attwood		U/A Blaydon on Tyne, Tyne and Wear		867	864	1731
Ruth Besford	Lady Veteran 40	St Helens Striders	809		922	1731
Nicky Jeffrey	Lady Veteran 50	Tynedale Harriers	883	844		1727
lisa richardson		stainland lions	882	841		1723
Lisa Kallal	Lady Veteran 40	U/A London,	872	846		1718
Bernice Edwards		U/A Yarm, Cleveland	844		868	1712
Sandra Hutchinson	Lady Veteran 50	U/A Wigan, Gt manchester		817	887	1704
Kate Thurman		U/A Sale , Manchester	862	840		1702
janet gibson	Lady Veteran 50	U/A york, north yorkshire	855	839		1694
Maria McCalmont	Lady Veteran 50	U/A Nr. Strathaven, South Lanarkshire	868	819		1687
Toni Chaplin-Armer	Lady Veteran 50	U/A Carlisle, Cumbria	893	783		1676
Di Newton	Lady Veteran 60	U/A Kendal, Cumbria		825	850	1675
Alison MacDonald	Lady Veteran 50	Unattached - Edinburgh		808	866	1674
Jennie Davies	Lady Veteran 60	U/A Sedbergh, Cumbria		811	855	1666
Gina Bellhouse	Lady Veteran 40	Southport Waterloo AC		803	856	1659
Mandie Richardson	Lady Veteran 40	U/A Manchester,	840	810		1650
Anita Hall	Lady Veteran 40	St Helens Striders	808		828	1636
Mary Conway	Lady Veteran 50	Red Rose Runners	810		824	1634
Mandy Keenan	Lady Veteran 50	South Ribble Runners		802	831	1633
Jill Ezard	Lady Veteran 40	U/A Ilkley,		782	849	1631
Gillian Graves	Lady Veteran 50	U/A York, North Yorkshire		801	823	1624
Lisa Holness	Lady Veteran 50	U/A Northwich, Cheshire		791	832	1623
Christina Adamson		Dumfries Running Club	787	820		1607
Amanda Poppleton	Lady Veteran 50	U/A Baildon, West Yorkshire	816	787		1603
Vivienne Lumb	Lady Veteran 50	U/A Kendal, Cumbria	814	789		1603
louise clayton	Lady Veteran 40	U/A kendal, cumbria		793	806	1599
Hilary Turner	Lady Veteran 60	Pickering running club	788		801	1589
Eilidh Simpson	Lady Veteran 50	U/A East Kilbride, Lanarkshire	796	792		1588
Jane Gibson	Lady Veteran 50	U/A Hexham, Northumberland	794		790	1584
Bridget Peacock	Lady Veteran 40	U/A London,		764	812	1576
Emma Cattermole	Lady Veteran 40	U/A Kendal, Cumbria	765	809		1574
Judith Weston	Lady Veteran 50	Marsh House Harriers		776	796	1572
Lucy Maggiori	Lady Veteran 40	U/A Dumfries,	782		784	1566
Margaret Wilson	Lady Veteran 60	U/A Poulton-le-Fylde, Lancs	777	766		1543
Nicky Graves	Lady Veteran 40	Batala Mountain Runners		750	792	1542
Maxine Grimshaw	Lady Veteran 50	walkB4Urun	780	759		1539
Lindsey Higham	Lady Veteran 40	Lancaster and Morecambe Running Cl	775		758	1533
Sabine Schindler	Lady Veteran 40	U/A Durham, Durham		735	795	1530
May Redfern	Lady Veteran 40	U/A York, North Yorkshire	769		746	1515
BRONWEN VINCENT	Lady Veteran 50	PARBOLD PINK PANTHERS		726	788	1514
Kristy Wise		U/A Dalry, North ayrshire	757	756		1513
Cynthia Carter	Lady Veteran 60	Crosby stormers		739	769	1508
Jane Petrie	Lady Veteran 50	Red Rose Road Runners		728	780	1508
Patty Davies	Lady Veteran 40	U/A Ulverston, Cumbria		717	787	1504
ruth pimblett-tattley	Lady Veteran 40	U/A hebden bridge, w yorks		743	761	1504

Fiona Murphy	Lady Veteran 50	U/A Glasgow,	766	732		1498
Catherine Mercer	Lady Veteran 50	U/A Wigan, Lancs	753		744	1497
Rosa Elliott	Lady Veteran 50	U/A Sale, Cheshire		729	764	1493
Charmain Robson	Lady Veteran 70	St Bees Triers		714	776	1490
Julie Grandidge		U/A Liverpool ,		720	759	1479
Wendy Ward	Lady Veteran 40	Red rose road runners		723	753	1476
Jacqueline Findlay		U/A Dalry , Ayrshire	756	718		1474
Maureen Kelly	Lady Veteran 40	U/A Thornhill, Dumfriesshire		706	749	1455
Julie Gardner	Lady Veteran 50	U/A Kendal,		705	747	1452
Annie Conway		Ambleside AC	1000			1000
carolyne baxter		Lancaster and morecambe			1000	1000
Jane Reedy		Ambleside Athletic Club			999	999
Lou Roberts	Lady Veteran 40	Ambleside AC	999			999
fiona wise		U/A middle claydon, bucks		998		998
Deborah Oakley		Lancaster and Morecambe Athletics			997	997
Kirsty Normanton	Lady Veteran 40	Burnden RR		997		997
Sarah-Kay Norman		U/A Kendal, Cumbria	997			997
Maria Armstrong		Tynedale Harriers		996		996
Raquel Gutierrez Abad		Valley Striders	995			995
sally houghton	Lady Veteran 50	Ripon Runners		995		995
jenny durkin		U/A edinburgh,			993	993
Gudrun Ravetz		U/A Penrith, Cumbria	992			992
Jackie Casey	Lady Veteran 50	Barrow Striders			992	992
Gwen Kinloch	Lady Veteran 50	Burnden Road Runners		991		991
Rebecca Winter		Ackworth road runners			991	991
Fiona Belgian		U/A corbridge, NE45 5EJ		990		990
Samantha Thomas	Lady Veteran 40	Stockport			989	989
Cat Wain-Hobson		North Derbs Runners	988			988
Claire Milton		U/A Salford,			988	988
Paula Pilling	Lady Veteran 40	Burnden Road Runners		988		988
Kate Lightfoot	Lady Veteran 40	Tattenhall Runners	986			986
lesley fisher	Lady Veteran 50	burnden road runners		986		986
Jackie Murdy	Lady Veteran 40	U/A Sunderland, Tyne and Wear		985		985
michelle thompson		north shields poly			985	985
Angie Tomlinson		U/A Carlisle, Cumbria	984			984
Fabienne SERRE	Lady Veteran 40	TGD France		984		984
jess prince		U/A manchester,	982			982
Katie Jones	Lady Veteran 40	North Shields Poly			982	982
Joanne Grant	Lady Veteran 40	Milltown Milers		981		981
Marianne Williams	Lady Veteran 40	U/A Carnforth, Lancashire	981			981
Cherry Collinson	Lady Veteran 40	Bolton United Harriers	980			980
Holly Craggs		Burnden Road Runners		980		980
sarah gohil	Lady Veteran 40	preston harriers			980	980
Helen Palmer		U/A London,			979	979
Jennifer Goddard		U/A Carnforth, Cumbria	978			978
Sarah Atkinson		U/A Kendal, Cumbria			978	978
Kristina Jackson		Allithwaite Running Club		977		977
jean turner	Lady Veteran 50	telford harriers	976			976
lizzie james	Lady Veteran 40	U/A Sedbergh, Cumbria			976	976
Rosie Kenyon		U/A Liverpool,	975			975
Jane Saint	Lady Veteran 40	U/A Great Alne, WARwickshire	974			974
Katherine Carman		U/A Felton, Northumberland		973		973
Paula Marie Abernethy	Lady Veteran 50	U/A Bury, Lancashire		972		972
Sara Owczarczak-Garste		Eton Manor			972	972
karen schofield		wWigan Harriers		971		971
Katie Halsall		U/A Leeds,	971			971
Anne Ferguson	Lady Veteran 50	Burnden		970		970

Trish Mellor	Lady Veteran 50	Penistone footpath runners	970			970
katie kerr	Lady Veteran 40	U/A Carlisle,		969		969
Claire Bates		U/A Stockport, Cheshire			968	968
Jenny Armstrong		U/A Hope Valley, Derbyshire		968		968
Nicola Raby	Lady Veteran 40	Chorley Athletic and Tri Club		967		967
Anna Blackburn	Lady Veteran 50	CFR			966	966
Helen Barton	Lady Veteran 40			966		966
Fiona Johnston	Lady Veteran 40	Parbold Pink Panthers			965	965
Katie Stephens	Lady Veteran 40	U/A Ulverston, Cumbria	965			965
Rachel Heathcote		Hunters Bog Trotters		965		965
Angela White	Lady Veteran 40	Eden Runners		964		964
Chris Lawrence	Lady Veteran 50	U/A Congleton, Cheshire			964	964
Jo Marsden	Lady Veteran 40	Tynedale Harriers			962	962
Lynne Sweeney	Lady Veteran 50	U/A Bowness On Windermere, Cumbria		961		961
Abigail Macfarlane	Lady Veteran 40	U/A Ulverston, Cumbria	960			960
Helen Frost		U/A Salford,	957			957
Moirá Alderson	Lady Veteran 40	Stainland Lions RC			957	957
Angela Davies		U/A Cockermouth, Cumbria		956		956
Clare Firth		spectrum striders			955	955
katy thompson	Lady Veteran 40	Burnden Road Runners		955		955
Alexandra McClellan		U/A Market Rasen, North Lincolnshire			953	953
Bev Wright	Lady Veteran 40	Todmorden Harriers		952		952
Laura Boothman		London Heathside	952			952
Sarah Hall		Red Rose Road Runners			952	952
Lisa Hamilton-Arrandale		U/A Stockport, Cheshire			951	951
SHELLEY MATHIESON		U/A Doune, Perthshire		951		951
HEATHER JACKSON		U/A Congleton, Cheshire			950	950
Julie Lomax	Lady Veteran 40	Bolton United Harriers	950			950
Katherine Harvey		U/A Cockermouth, Cumbria		950		950
Andrea Harbourne	Lady Veteran 40	U/A Keswick, Cumbria	949			949
Rose Egan	Lady Veteran 50	U/A West Kirby,			948	948
Joanne May	Lady Veteran 40	Eden Runners	946			946
Shirley Staveley	Lady Veteran 50	Burnden Roadrunners		946		946
Victoria Curry	Lady Veteran 40	Wooler Running Club	945			945
Helena Lewis	Lady Veteran 40	U/A Morecambe, Lancashire			943	943
Kay Shaw	Lady Veteran 40	Styal Running Club	943			943
Lisa Fielding		Ellesmere Port Running Club		943		943
Tracey Apperley	Lady Veteran 40	U/A Newmarket, Suffolk	942			942
Amy Norfolk		Liverpool Running Club	939			939
Clare Page		Cheshire Fire and Rescue		939		939
Jill Graham		Muckle Toon Joggers		938		938
Shiran Yakobi	Lady Veteran 40	RSCAC	938			938
Jose Bennett	Lady Veteran 50	Jog on the Tyne			937	937
Ruth Doctor	Lady Veteran 40	Alnwick Harriers		936		936
Laura Walsh		U/A Kendal,		935		935
Becky Worsley	Lady Veteran 40	U/A Southport, Merseyside			934	934
Karla Napoleon		U/A Leeds, West Yorkshire	934			934
Jacqui Candlish	Lady Veteran 40	Saltwell Harriers	933			933
Lina Hansson		U/A Oxford,			933	933
Lilian Allan	Lady Veteran 40	U/A Carlisle, Cumbria		932		932
Sarah Nuttall		Warrington Running Club		931		931
Nicola Sumbler		U/A Keswick, Cumbria	930			930
Lynn Melvin	Lady Veteran 50	South Ribble Runners			929	929
Helen Halsall	Lady Veteran 50	U/A Altrincham, Cheshire	928			928
Jane Pugh		U/A Newcastle-upon-Tyne,			928	928
Jane Nicholson	Lady Veteran 40	Altrincham and District Athletics Club			927	927

Mary Beckett		Eden Runners	927			927
Apryle Horbal		U/A Edinburgh,		926		926
Alison Phillips	Lady Veteran 40	U/A Penrith, Cumbria		925		925
Anne Christian		U/A Millom, Cumbria	925			925
Louise Mainwaring		U/A Northwich, Cheshire			925	925
anna beaty	Lady Veteran 40	U/A penrith, cumbria		924		924
joanne beahan	Lady Veteran 40	U/A sheffield, south yorkshire		922		922
Rachel Poynter		Eden Runners	922			922
Catherine Keevil		BodyFit			921	921
Joanna Duncan		U/A Kendal, Cumbria	921			921
nancy FALLOWS	Lady Veteran 40	U/A Altrincham, Cheshire		920		920
Fay Waldram	Lady Veteran 40	U/A Bolton,	919			919
Kathleen Batty		Carlisle Tri Club		918		918
karen lee		U/A bolton,	917			917
christele marquet	Lady Veteran 40	tgd france		916		916
Deborah Hawker	Lady Veteran 40	Ellesmere Port RC	916			916
ann carney	Lady Veteran 50	U/A Manchester,			914	914
Kay McGreevy	Lady Veteran 50	BMF Glasgow		914		914
Carolyn Barker	Lady Veteran 40	Burnden Roadrunners		912		912
claire wilson		Stockport Harriers			912	912
Rebecca Greaves		U/A Blackpool,	912			912
Nickie Smith	Lady Veteran 40	Bridgnorth Running Club			909	909
Natalie Carr		Bridgnorth Running Club			907	907
Sarah Walch		U/A Barnsley, South yorkshire		907		907
KATE WILSON		U/A KENDAL, CUMBRIA	905			905
Bridget Broadhurst	Lady Veteran 50	Tynedale Harriers	904			904
Dorota Synowiec		U/A Geel,			904	904
Gillian McLaughlin	Lady Veteran 40	U/A Sunderland,		904		904
Nicola Ridley					903	903
ELAINE STATHAM	Lady Veteran 70	Midland Masters	902			902
julie graham	Lady Veteran 50	Garstang		902		902
Anne Crocker	Lady Veteran 40	U/A Manchester,	901			901
Jenny MacDonald	Lady Veteran 40	U/A Preston,	900			900
Lalage Brown	Lady Veteran 50	U/A Ponteland, Northumberland		899		899
Lisa Rickard	Lady Veteran 40	Heinz	898			898
Patricia White	Lady Veteran 50	U/A Kendal, Cumbria			898	898
Ruth Morgan		U/A Edinburgh,		898		898
CATHERINE SHANLEY	Lady Veteran 50	U/A Cheadle, Greater Manchester	897			897
Charlotte Logie		U/A Aston, Cheshire		895		895
alison dwyer	Lady Veteran 50	washland womens runners		894		894
Heather Moore	Lady Veteran 40	U/A Natland, Cumbria			894	894
elaine hindle	Lady Veteran 40	U/A Liverpool,	892			892
Jennifer Mulvenna		U/A Larne,			892	892
Deborah Lyons	Lady Veteran 40	U/A Darwen, Lancs		891		891
Louise McEveley	Lady Veteran 40	Helsby Running Club	889			889
Nesta Hawker	Lady Veteran 40	Helsby	888			888
Debbie Watson		U/A Leeds, West Yorkshire		887		887
Hannah Wilding		U/A Lakeside, Ulverston,			886	886
sadie wood		U/A Ulverston, cumbria		886		886
Gillian Nevin	Lady Veteran 40	Crosby Stormers	885			885
Hannah Hill		St Bees Triers		885		885
Catherine Newton		red rose road runners			883	883
Jane Searle	Lady Veteran 40	U/A Liverpool , Merseyside	881			881
Lucy Wallace	Lady Veteran 40	U/A Northwich, Cheshire			881	881
Anne Holme	Lady Veteran 40	U/A Penrith, Cumbria		880		880
Louise Lashley	Lady Veteran 40	U/A Milnthorpe, Cumbria			880	880

Sarah Newby	Lady Veteran 40	U/A Penrith, Cumbria		879		879
Kirsty Jones		U/A Bedford, Bedfordshire	878			878
Iz Kempster	Lady Veteran 50	U/A London,		877		877
Jane Saul	Lady Veteran 50	Tynedale Harriers	876			876
Linda Boyles	Lady Veteran 50	U/A Ashton-under-Lyne, Lancashire			876	876
Catherine Jones	Lady Veteran 50	U/A Bolton, Lancashire	875			875
Rachel McAleese		U/A St Boswells, Scottish Borders			875	875
Catherine Moss		U/A Preston, Lancashire	874			874
Jo Bonham	Lady Veteran 40	U/A Barrow in Furness, Cumbria	873			873
Joanne McWilliams		Tri Preston			872	872
Karen Green	Lady Veteran 40	U/A Wirral,		872		872
Clare Westwood	Lady Veteran 40	U/A Richmond, North Yorkshire	871			871
Claire Newton		U/A Manchester, Greater Manchester			869	869
Melanie Conaghan	Lady Veteran 40	U/A Leeds, West Yorkshire	867			867
Nici McAllister	Lady Veteran 40	U/A Merseyside,		866		866
Yvonne Rippeth	Lady Veteran 40	U/A Bristol,			863	863
Beverley Milburn	Lady Veteran 40	U/A Stockport, Cheshire			861	861
Sarah Watson		Warrington Running Club		861		861
Vicky Butcher	Lady Veteran 40	U/A Hebden Bridge, West Yorkshire	861			861
GEMMA HOLDEN		U/A MANCHESTER,	860			860
Kirsty Ash	Lady Veteran 40	Muckle Toon Joggers		860		860
Catherine Rigby	Lady Veteran 50	Mossley Hill AC	859			859
Lucy Derby	Lady Veteran 40	Moss Park Strollers		859		859
Sarah Crame		U/A Kendal,			859	859
Donna Pickup		U/A Leyland,	858			858
Lucy Darling	Lady Veteran 40	Sandbach Striders			857	857
Kim Firstbrook	Lady Veteran 50	U/A Hexham, Northumberland	853			853
Jenny Fairclough	Lady Veteran 50	Red Rose Road Runners			851	851
Laura Nuttall		U/A West Didsbury, Greater Manchester		851		851
Sheila Christie	Lady Veteran 50	Burnden Road Runners		850		850
Carole Leeder	Lady Veteran 40	U/A Warrington, Cheshire		848		848
Emma Houlihan		U/A Windermere, Cumbria			848	848
Rachel Hay		U/A Manchester,	848			848
Sandie Donald	Lady Veteran 40	Dumfries Running Club			847	847
Tina Gardner		Chorlton Runners	847			847
Vicky Russell	Lady Veteran 40	U/A Carlisle, Cumbria		847		847
Erica Donnison	Lady Veteran 50	U/A Kendal,	846			846
Jenni Butler		Mr & Mrs Butler	843			843
Rebecca Tushingham		U/A Cheadle, Cheshire			843	843
Claire Oglethorpe		U/A Barrow-in-Furness, Cumbria		842		842
Sarah Rogan		U/A Wirral, Merseyside	842			842
Vivienne Watson	Lady Veteran 40	U/A Hexham, Northumberland			842	842
Caroline Kenyon	Lady Veteran 50	U/A Liverpool,	841			841
Anna Gibbons		n/a	839			839
Ruth Toller	Lady Veteran 60	Dundee Road Runners AC			839	839
Danielle Nelson	Lady Veteran 40	Serpentine RC			838	838
Sarah Gibbons		U/A London,	838			838
Alba Con Iglesias		Valley Striders	837			837
Kirsty Hollier-Cox		U/A York, North Yorkshire			837	837
Alison Chapman	Lady Veteran 40	U/A Morecambe,			836	836
Amanda Pugh	Lady Veteran 40	U/A Ulverston, Cumbria	836			836
Jo Cater	Lady Veteran 40	N/A	835			835
Claire Mason	Lady Veteran 40	U/A Kendal, Cumbria	834			834
Elaine Charles	Lady Veteran 50	U/A Wirral, Merseyside		834		834
Alison Garrigan		U/A Longsight,		833		833
Emily Tarrant		U/A Barnsley, South Yorkshire			833	833

Heather Keiller	Lady Veteran 40	U/A Penrith , Cumbria		832		832
Lynn Smith	Lady Veteran 50	Crosby Stormers	832			832
Di Blackshaw		U/A Manchester,		831		831
helen Pedley	Lady Veteran 40	dumfries Running Club			830	830
Bernadette Haddock		U/A Wigan, GTR Manchester			829	829
Sharon Newbold	Lady Veteran 50	Wharfedale Harriers	828			828
Steve Ballard	Lady Veteran 40	U/A Warrington,		828		828
Caroline Roberts	Lady Veteran 40	U/A Alnwick, Northumberland	827			827
Fiona Morris	Lady Veteran 40	U/A Prudhoe, Northumberland			827	827
Kate Lee		U/A Manchester,		827		827
Elisabeth Sullivan		Edinburgh triathletes	826			826
Julia Curtis		U/A Bourne,		826		826
Nicola Caudle	Lady Veteran 40	Mossley Pikers			825	825
Clemmie Dodwell		U/A London,		824		824
Lisa Holmes	Lady Veteran 40	U/A Skipton, N Yorks	823			823
Mary Plumley	Lady Veteran 40	Alnwick Harriers		823		823
Jay Jones		U/A Penrith, Cumbria		822		822
Katharine Taggart		St. Helens Striders		821		821
Vicky Willett		U/A Skipton, N Yorks	821			821
Julie Maycock		Ambleside Athletics Club			820	820
Lorna Seal	Lady Veteran 40	Styal Running Club	820			820
Sarah Wood		U/A Stockport, Cheshire	819			819
Helen Orson	Lady Veteran 50	Red Rose Road Runners			818	818
Helen White	Lady Veteran 40	U/A Sunderland,		818		818
Kate Jenkins	Lady Veteran 40	U/A Stafford, Staffs	818			818
Fiona Keating		Carron Valley Trail Runners			817	817
Helen Roberts		U/A Manchester,	817			817
Clare Parker		U/A New Mills, Derbyshire			816	816
Michelle Coleman	Lady Veteran 40	Elswick Harriers		816		816
Jane Wood	Lady Veteran 40	U/A Leeds, West Yorkshire	815			815
Paula Hale	Lady Veteran 50	U/A Wigan, Lancs		815		815
Megan Wood	Lady Veteran 40	U/A Dunfermline, Fife		814		814
Anita Pickard	Lady Veteran 40	U/A Coxhoe, Durham			813	813
Anna Cocker		U/A Bury,		813		813
Nicola Craven		Me	813			813
Mo McGeorge	Lady Veteran 40	U/A Leeds, West Yorkshire	811			811
Dawn Robinson		U/A Grange, Cumbria			810	810
Marie Webster	Lady Veteran 40	U/A Manchester,			809	809
Katie Lee		N/A			808	808
Alice Sullivan	Lady Veteran 40	Mornington Chasers			807	807
Suzannah Dykes	Lady Veteran 40	Shorrocks Hill Running Club			800	800
Catherine Smith		Vegetarian Running and AC	799			799
Debbie Millington		Warrington Running Club			799	799
Lindsay Plumb		Warrington Running Club			798	798
Alison Carroll		U/A Liverpool, Merseyside	797			797
Alison Webster	Lady Veteran 40	U/A Hightown, Merseyside			797	797
Emily Alston		Edinburgh Running Network		796		796
Juliet Grieves	Lady Veteran 40	U/A Cockermonth, Cumbria		795		795
Suzanne Layzell		U/A Clitheroe,	795			795
samantha scanlon		Red Rose Runner			794	794
natasha keirby		U/A kettering, northamptonshire	792			792
Andree Rose	Lady Veteran 40	U/A Tarporlety, Cheshire	791			791
helen clark	Lady Veteran 40	U/A macclesfield, cheshire	790			790
Maria Piacentini	Lady Veteran 40	Batala Mountain Runners		790		790
Joanna Ip	Lady Veteran 40	Glasgow Running Network			789	789
Catherine Hornby	Lady Veteran 40	U/A Darwen, Lancashire			786	786

Jen Lewis		U/A Kendal, Cumbria		786		786
Jen Yates		U/A Plymouth, Devon		785		785
Helen Burn	Lady Veteran 40	Alnwick Harriers		784		784
Sarah-jane Boud		U/A Stockport, Cheshire	784			784
Joanne Dodd	Lady Veteran 40	U/A Wiswell, Lancashire			781	781
janette elrick	Lady Veteran 50	U/A glasgow, west dunbartonshire		779		779
Emma Burke		U/A Sunderland,		778		778
Karen Daniels	Lady Veteran 40	U/A Bristol,			777	777
jo keenan	Lady Veteran 40	U/A york,		775		775
jacqueline rankin	Lady Veteran 40	U/A glasgow,			774	774
caroline walker	Lady Veteran 60	U/A goole, e yorkshire			773	773
Linda Bray	Lady Veteran 50	Morpeth harriers	773			773
Sarah O'Neill	Lady Veteran 40	U/A Manchester,		773		773
Jo Reely	Lady Veteran 40	Boldmere KB Club	772			772
Zoï Whittington		U/A Knutsford, Cheshire			772	772
Adele Hurst	Lady Veteran 40	U/A Milnthorpe, Cumbria	771			771
Linda Clark	Lady Veteran 60	Jog on the Tyne			771	771
Louise Adams	Lady Veteran 40	U/A Wirral,		771		771
Sally Cape	Lady Veteran 40	Red Rose Road Runners		769		769
gemma leadbetter		dumfries running club		768		768
balquees khan		U/A preston, lancs	767			767
Lisa Whitehead	Lady Veteran 40	Swinton			767	767
Joanne Auty	Lady Veteran 40	U/A Huddersfield , West Yorkshire			766	766
Hannah Justice		U/A Stourbridge, West Midlands			765	765
Laura penny		Saltire Striders	763			763
Sheila Carruthers	Lady Veteran 60	SHEPSHED RUNNING CLUB		763		763
Anna Handley	Lady Veteran 40	U/A Kendal, Cumbria	762			762
Laraine Lindsey		U/A Clitheroe, Lancashire	761			761
Alice Carruthers		U/A Huddersfield,		760		760
Marie Fallon	Lady Veteran 50	Jog on the Tyne			760	760
Laura McMillan		U/A Edinburgh,	759			759
penny moreton	Lady Veteran 50	Black Combe Runners		758		758
DEBORAH HILL	Lady Veteran 40	ST HELENS STRIDERS			757	757
Victoria Kehoe	Lady Veteran 40	St Helens Striders			756	756
nicola hall		U/A blyth, northumberland	755			755
Vikki Gregson	Lady Veteran 40	Tri Preston			755	755
Erica Conroy		U/A Derby,		754		754
Jo Murphy	Lady Veteran 40	TYnedale Harriers	754			754
Kristel Kemp					754	754
Alison Hanlon		U/A Edinburgh,		753		753
Alison Macleod	Lady Veteran 50	U/A Carnforth, Lancs		752		752
Angela Brooks		Red Rose Road Runners			752	752
Rachael Webb		Team Bee	752			752
Fiona Macleod	Lady Veteran 40	Batala Mountain Runners		751		751
Ramona Mulligan	Lady Veteran 40	Red Rose Road Runners	750			750
josie bamford		Headway	749			749
Louise Wall	Lady Veteran 50	Burnden Road Runners		749		749
katy Moore	Lady Veteran 40	U/A Hebden Bridge,		748		748
Maureen Kelly	Lady Veteran 40	Leverets			748	748
Rhian Yates	Lady Veteran 50	U/A Colwyn Bay, Conwy	748			748
Christine Farnsworth	Lady Veteran 60	Elvet Striders		746		746
Barbara Muir	Lady Veteran 50	Hartree Harriers		745		745
Jo Macsween	Lady Veteran 40	U/A Biggar , South Lanarkshire		744		744
Catherine Almond	Lady Veteran 60	Jog on the Tyne			743	743
Emma Phillips		Penny Lane Striders			742	742
Michelle O'Hara		U/A Edinburgh,			741	741

