

Lakeland Trails 2016 18KM Spring Series Results : Women

Name	Category	Club	Cartmel	Hawkshead	Staveley	Total
Rebecca Winter		Ackworth road runners	998	998	1000	2996
Rachel Kane		U/A Carlisle, Cumbria	994	1000	999	2993
Kristina Jackson		Allithwaite Running Club	997	997	997	2991
Sarah Atkinson		U/A Kendal, Cumbria	991	995	987	2973
Siobonne Brewster	Lady Veteran 40	U/A Carlisle, Cumbria	987	992	994	2973
Clare Smith	Lady Veteran 40	U/A Bolton,	980	987	978	2945
Laura Davies		U/A Whitley Bay,	978	985	980	2943
Katie Moore		U/A Otley,	977	958	988	2923
Suzanne McArdle		U/A Carlisle, Cumbria	976	980	964	2920
Tamsin Cass		Tynedale Harriers	974	979	961	2914
Hilary Davies		U/A Sale,	944	978	975	2897
Gill Cox		U/A Ambleside, Cumbria	959	961	955	2875
Charlotte Logie		South Cheshire Harriers	948	971	951	2870
Caitlin Ashcroft		Queen Katherine School	929	965	958	2852
Laura Barrow		Lostock AC	947	950	932	2829
Lorraine Cowan		U/A Dalbeattie ,	940	947	933	2820
Helen Walker	Lady Veteran 40	U/A Kendal, Cumbria	897	955	954	2806
Christine Loughran	Lady Veteran 50	U/A Stoke on Trent, Staffordshire	937	938	930	2805
Ginny Newman	Lady Veteran 50	U/A Manchester,	923	944	938	2805
Liz Cook	Lady Veteran 40	U/A Wigan, Lancs	895	943	943	2781
Shaneen Platten	Lady Veteran 40	U/A Hull, East Yorkshire	893	941	945	2779
Justine Carruthers	Lady Veteran 40	U/A Penrith, Cumbria	915	940	918	2773
Susan Tippin	Lady Veteran 50	U/A Southport,	894	939	940	2773
Kate Bowden	Lady Veteran 40	U/A Glossop, Derbyshire	922	928	914	2764
Helen Little	Lady Veteran 40	U/A High Harrington, Cumbria	898	934	913	2745
Renata Ruszkiewicz	Lady Veteran 50	Ealing Eagles	909	911	916	2736
natalie wood		U/A Penrith,	904	923	896	2723
Heather Acton	Lady Veteran 40	U/A Preston, Lancashire	883	916	904	2703
Sally Robinson	Lady Veteran 40	Veloart	901	903	874	2678
Dawn Saxby	Lady Veteran 50	U/A Harrogate, North Yorkshire	854	910	893	2657
anthea christie	Lady Veteran 40	U/A Carlisle, Cumbria	881	921	839	2641
Janice Allan	Lady Veteran 50	U/A Dumfries, Dumfries & Galloway	842	900	878	2620
Anna McClarnon	Lady Veteran 40	U/A Eastleigh, Hampshire	833	827	957	2617
Patty Davies	Lady Veteran 40	U/A Ulverston, Cumbria	848	920	843	2611
Claire Shaw		Red Rose Running Club	755	937	912	2604
Gina Bellhouse	Lady Veteran 40	Southport Waterloo AC	873	843	882	2598
Shirley Campbell	Lady Veteran 60	U/A Gawsworth, Macclesfield	830	880	884	2594
Allison Pollard	Lady Veteran 50	U/A Glasgow ,	882	801	907	2590
Tara Oxley		Stockton Striders A.C.	874	905	806	2585
Alison MacDonald	Lady Veteran 50	Unattached - Edinburgh	850	879	854	2583
Georgina Westwood	Lady Veteran 40	Telford Harriers	847	904	822	2573
julie brown	Lady Veteran 40	U/A Glasgow,	845	877	845	2567
Ann Lister	Lady Veteran 60	Glasgow Running Network	846	881	835	2562
Jayne Batt	Lady Veteran 50	U/A York,	841	887	827	2555
Catherine Potts		U/A Newton-le-willows,	816	870	862	2548
Viv Samuelson	Lady Veteran 40	Swinton RC	865	863	812	2540
Ann Nicholson	Lady Veteran 60	Allithwaite Running Club	826	848	865	2539
Katie Samuelson		Cambridge & Coleridge AC	864	864	811	2539
Paula Dalziel	Lady Veteran 50	U/A Bolton, Greater Manchester	808	874	857	2539
Natalie Beveridge		U/A Oxford,	799	851	866	2516
Sarah Martin	Lady Veteran 40	U/A Bolton, Lancashire	810	872	834	2516
Andrea Clark		24 Long Cram	798	850	853	2501
Carron Lane	Lady Veteran 50	Winston Runners	824	837	831	2492
Penny Oliver	Lady Veteran 40	U/A Penrith, Cumbria	814	859	816	2489
deborah Reekie		U/A Holmrook, Cumbria	836	808	830	2474
Rebecca Hanson		U/A Manchester,	787	834	846	2467
catherine broome	Lady Veteran 50	Achille Ratti	807	819	840	2466
cath Fairlam	Lady Veteran 40	Wigton Road Runners	802	869	790	2461
Lorraine Hetherington		South Shields Sanddogs	825	776	850	2451

Diane Hawkes	Lady Veteran 40	U/A Liverpool, Merseyside	818	889	737	2444
Shiran Yakobi	Lady Veteran 40	RSCAC	806	815	815	2436
Lindsay Plumb		Warrington Running Club	750	878	773	2401
Karen Campbell	Lady Veteran 50	Falkland Trail Runners	771	805	824	2400
Becky Johnson	Lady Veteran 40	U/A Kendal, Cumbria	803	824	766	2393
ruth pimblett-tattley	Lady Veteran 40	U/A hebden bridge, w yorks	763	835	792	2390
Cynthia Carter	Lady Veteran 60	Crosby stormers	796	781	804	2381
caroline vitty	Lady Veteran 50	U/A liverpool,	797	780	803	2380
Margaret Wilson	Lady Veteran 60	U/A Poulton-le-Fylde,	782	823	775	2380
Jane Marshall	Lady Veteran 40	U/A York,	767	798	778	2343
Giselle Dudley	Lady Veteran 50	U/A Sunderland, Tyne and Wear	757	778	789	2324
Amanda Benson		Roundhay Runners	736	806	781	2323
Josephine Walsh	Lady Veteran 40	Red Rose Road Runners	745	802	774	2321
SUE SHEPHERD	Lady Veteran 60	U/A SOWERBY BRIDGE, W.YORKS	776	785	758	2319
Wendy Ward	Lady Veteran 40	Red rose road runners	754	783	779	2316
Linda Carey	Lady Veteran 50	Baildon Runners	737	794	776	2307
Lucy Maggiori	Lady Veteran 40	U/A Dumfries,	739	764	793	2296
Sharon White	Lady Veteran 40	U/A Kendal, Cumbria	738	782	772	2292
Carol Hart	Lady Veteran 50	Swinton Running Club	775	769	743	2287
rosalind dyde	Lady Veteran 50	U/A SALE, CHESHIRE	748	775	759	2282
Alison Nordon	Lady Veteran 40	U/A Paisley,	740	774	763	2277
margaret Thompson	Lady Veteran 60	Elvet Striders	747	768	744	2259
Rachel Halpin		U/A York,	727	765	748	2240
Lindsey Higham	Lady Veteran 40	Lancaster and Morecambe AC	728	772	727	2227
Zoe Tsvos		U/A Manchester,	718	762	738	2218
Maureen Kelly	Lady Veteran 40	Leverets	723	752	726	2201
Tracey McEwan	Lady Veteran 40	Leverets	722	751	721	2194
Jacqueline Wilson		Leverets	714	750	719	2183
Ramona Mulligan	Lady Veteran 40	Red Rose Road Runners	710	753	715	2178
ann goucher-patrick	Lady Veteran 40	fellside ladies	705	745	716	2166
Abigail Tiplady		U/A Stockton, Cleveland	996		993	1989
Helen Smith		U/A Market Rasen, Lincolnshire	993		996	1989
Nickey Russell	Lady Veteran 40	U/A Lancaster, Lancs		988	984	1972
anja coulthard		KESWICK AC		982	985	1967
Jenny Clark		Thornton Cleveleys Runnung Club	990		976	1966
Nicola Raby	Lady Veteran 40	Chorley Athletic and Tri Club	981		973	1954
Louise Watson		ASICS	973		971	1944
Leonie Hayler	Lady Veteran 40	Tynedale Harriers	965		977	1942
Kay McGreevy	Lady Veteran 50	BMF Glasgow	962	977		1939
Becky Boocock	Lady Veteran 40	Sweatshop Running Community		954	956	1910
Katie O'Sullivan		BMF	941	969		1910
TRACY PARKER	Lady Veteran 40	U/A WHITEHAVEN, CUMBRIA	953		949	1902
Olivia Wiggans		U/A Preston, Lancashire		957	944	1901
Dawn Winstanley	Lady Veteran 40	U/A Preston, Lancashire	942		950	1892
Laura Walsh		U/A Kendal,	946		946	1892
sarah pool	Lady Veteran 50	U/A langholm, dumfriesshire	952		936	1888
Diane Wilson	Lady Veteran 40	U/A Richmond, North Yorkshire	961		915	1876
Julie Cook	Lady Veteran 40	Tynedale Harriers	925		948	1873
Michelle Jeffrey	Lady Veteran 40	U/A Hexham, Northumberland	928	936		1864
Helen Halsall	Lady Veteran 50	U/A Altrincham, Cheshire		933	924	1857
Jenny Armer	Lady Veteran 40	U/A Carnforth, Lancs	908	948		1856
Andrea Horgosi	Lady Veteran 40	U/A Warrington, Cheshire	918		926	1844
Carol Farrell		U/A Keighley,	902		920	1822
Catherine Clennett	Lady Veteran 40	Stockton Striders		907	911	1818
jane burke	Lady Veteran 50	lymm runners		924	894	1818
Louise Lashley	Lady Veteran 40	U/A Milnthorpe, Cumbria		894	899	1793
Margaret Lupton	Lady Veteran 40	Red Rose Road Runners	887		900	1787
Rebecca Greaves		U/A Blackpool,		890	879	1769
sam perkins	Lady Veteran 40	U/A ingleton, n. yorkshire		820	942	1762
rose egan	Lady Veteran 50	U/A West Kirby,		883	877	1760
Ruth Sealey		U/A Kendal, Cumbria	852		906	1758

Clare Laybourn	Lady Veteran 40	U/A Edinburgh,	855		895	1750
Sarah Grey	Lady Veteran 40	U/A Whitley Bay, Tyne and Wear	858		875	1733
Emma Pitt	Lady Veteran 40	Team pie	834		888	1722
Helen Jones		U/A Burntisland , Fife	862		860	1722
Gay Goodson	Lady Veteran 40	U/A kirkby-in-Furness, cumbria	835	885		1720
Helen Farrell	Lady Veteran 40	U/A York,	840		861	1701
amanda Bentley	Lady Veteran 40	Warrington Running Club		849	851	1700
Liz Burns	Lady Veteran 40	U/A Knightswood gate , Glasgow	849		849	1698
Laraine Lindsey	Lady Veteran 40	U/A Clitheroe, Lancashire	823		858	1681
Di Newton	Lady Veteran 60	U/A Kendal,	844		828	1672
Jill Ezard	Lady Veteran 40	U/A Ilkley,	821	846		1667
Mary Mills	Lady Veteran 50	Holme Pierrepont Running Club	786		876	1662
Helen Pedley	Lady Veteran 40	Dumfries Running Club		906	750	1656
Fiona Fawkes	Lady Veteran 50	U/A Barrow-in-Furness , Cumbria	793	857		1650
samantha sunderland	Lady Veteran 50	U/A dalton-in-furness, cumbria	792	856		1648
Sharon Irving	Lady Veteran 40	Muckle Toon Joggers	774		873	1647
Sue Kearney	Lady Veteran 50	U/A Bolton, Lancs		817	826	1643
JANET FINN	Lady Veteran 40	U/A BOLTON, LANCASHIRE		833	808	1641
Anita Kirkman	Lady Veteran 40	U/A Bolton,		832	807	1639
Karen Grant	Lady Veteran 40	Muckle Toon Joggers	765	868		1633
janette elrick	Lady Veteran 50	U/A glasgow, west dunbartonshire		842	787	1629
Ruth Toller	Lady Veteran 60	Dundee Road Runners AC	801		813	1614
Bernice Edwards		U/A Yarm, Cleveland		814	795	1609
Alison Gould	Lady Veteran 40	U/A Tynemouth, tyne and wear		830	771	1601
liza tattersall	Lady Veteran 40	U/A carnforth, lancashire	752		847	1599
Emma Luebke		Dumfries Running Club	791		794	1585
michelle armstrong	Lady Veteran 50	north east vets athletic club		790	770	1560
katy Moore	Lady Veteran 40	U/A Hebden Bridge,	764		791	1555
Emma atkinson	Lady Veteran 40	U/A kendal, cumbria		797	749	1546
Paula Swan	Lady Veteran 40	U/A Dumfries, Dumfriesshire	772	773		1545
Christine Burgess	Lady Veteran 50	thornton cleveleys running club	779		761	1540
Charmain Robson	Lady Veteran 70	St Bees Tri		759	757	1516
Kirsten Johnson		Newcastle Hash House Harriers		787	729	1516
Sarah Ng		U/A Liverpool,		771	745	1516
Miranda Bartlett	Lady Veteran 60	U/A ulverston, cumbria		763	741	1504
Angela Harker		Rocktart Runners	756		740	1496
Linda Wood		U/A Cockermouth, Cumbria	719	767		1486
Jo Reely	Lady Veteran 40	Boldmere KB Club	724	760		1484
Sarah Blundell	Lady Veteran 40	U/A Tebay, Cumbria	721	761		1482
Estelle Morel		U/A Newcastle-under-Lyme,	712	747		1459
lisa worsley	Lady Veteran 40	st helens striders		746	713	1459
Rhian Yates	Lady Veteran 50	U/A Colwyn Bay, Conwy	716		722	1438
Lou Roberts	Lady Veteran 40	Ambleside A C	1000			1000
Abigail Tiplady		U/A Stockton, Cleveland		999		999
Gail Stride		Knivesmire Harriers	999			999
Melanie Eyre		U/A Guildford,			998	998
Alice Du Vivier		U/A Durham, County Durham		996		996
Amelie Thickitt		U/A Liverpool,	995			995
Fiona Belgian		Jog On The Tyne			995	995
Bree Sutcliffe	Lady Veteran 40	Chester Tri		994		994
Lauren Marsden	Lady Veteran 40	Swinton Running Club		993		993
Elsa Morgan		U/A Cambridge,			992	992
Kaisleigh Atkinson		U/A Kendal, Cumbria	992			992
Emma Johnston		U/A Droitwich,			991	991
Monica Padilla		Hyde Park Harriers		991		991
Bev Ganose	Lady Veteran 50	Altrincham And District Athletic Club			990	990
Joanne Grant	Lady Veteran 40	Milltown Milers		990		990
Hayley Nancolas		Valley Striders	989			989
katie kerr	Lady Veteran 40	U/A Carlisle,			989	989
Liz Turner		Penny		989		989
Katrina Sutherland			988			988

Kelli Evans		COLT	986			986
Rebecca Streets		Airecentre Pacers		986		986
Tara Stott		Low Fell			986	986
Jackie Murdy	Lady Veteran 50	U/A Sunderland, Tyne and Wear	985			985
Anna Danby		U/A Edinburgh,		984		984
Iesley fisher	Lady Veteran 50	burnden road runners	984			984
Anna Wade		Riversway Roadrunners	983			983
Cath Fenn	Lady Veteran 40	Northbrook AC		983		983
Simone Rouse					983	983
Helen Close		Hyde Park Harriers	982			982
Joanna Merry		U/A London,			982	982
Chris Lawrence	Lady Veteran 50	U/A Congleton, Cheshire			981	981
Lindsey Welch		Keswick athletic club		981		981
Katie Halsall					979	979
Lisa Talbot	Lady Veteran 40	Fell Runners	979			979
Lisa Hopwood-Turner		U/A Stockport,		976		976
Joanne Marsden	Lady Veteran 40	Tynedale Harriers	975			975
Oonagh Jaquest	Lady Veteran 40	Penny Lane Striders		975		975
Katie Jones	Lady Veteran 50	North Shields Poly			974	974
Rosie Billett		U/A Carlisle, Cumbria		974		974
Sarah Walch		Penistone Footpath Runners		973		973
Beth Dutson		U/A Penrith, Cumbria			972	972
Jennie Edmondson	Lady Veteran 40	Dallam	972			972
Lisa Ovington		U/A Manchester,		972		972
Dawn Lamb		U/A Langholm, Dumfriesshire	971			971
Francesca Best		DVRC			970	970
Leanne Jackson		Barrow & Furness Striders		970		970
Liz Berners Lee	Lady Veteran 40	U/A Kendal ,	970			970
Ali Raynor	Lady Veteran 40	Redhill Road runners Nottingham			969	969
Jennifer Simpson		North Shields Poly	969			969
arathi sriprakash		U/A cambridge,		968		968
Joanna Fitch		U/A Wandsworth, London	968			968
Sophie Johnstone		Roundhay Runners			968	968
Katharine Stott		U/A Liverpool, Merseyside			967	967
Lucy Stone		Marchall athletics		967		967
Naomi Shaw		U/A Newcastle upon Tyne,	967			967
Emily Whittome		U/A North Shields, Tyne and Wear			966	966
Linzi Hanlon		U/A Glasgow,	966			966
Rosie Halsall		U/A Altrincham, Cheshire		966		966
Hannah Astle		U/A Edinburgh,			965	965
ANGELA COLBY	Lady Veteran 40	Bowland Fell Runners	964			964
Vic Knott	Lady Veteran 40	U/A Manchester ,		964		964
Jane Latham	Lady Veteran 40	U/A Kendal , Cumbria	963			963
Kathleen Batty		Northern Fells		963		963
Louise Robbins	Lady Veteran 40	U/A Salford,			963	963
Abigail Chard	Lady Veteran 40	U/A Halifax, West Yorkshire		962		962
Emma Hayward		U/A London,			962	962
Helen Lawrenson	Lady Veteran 40	Wesham Road Runners			960	960
joanne beahan	Lady Veteran 40	U/A sheffield, south yorkshire		960		960
Yana Maksimochkina		U/A London,	960			960
Angela White	Lady Veteran 40	U/A Carlisle, Cumbria			959	959
Hazel Clark		Ware Joggers		959		959
Andrea Morley		Scunthorpe & District AC	958			958
Kath Hoyer	Lady Veteran 50	Wesham Road Runners	957			957
Caroline Middleton		U/A Hull, East Yorkshire	956			956
Rachel Heathcote		Hunters Bog Trotters		956		956
Joanna Duncan		U/A Kendal, Cumbria	955			955

Wendy Graham	Lady Veteran 40	Mac 1 Fitness	954			954
Debra Burns		Mornington Crescent Chasers		953		953
Kirsty Jones		U/A Bedford, Bedfordshire			953	953
Lilian Allan	Lady Veteran 50	U/A Carlisle,			952	952
Marina McCallum	Lady Veteran 40	Clydesdale Harriers		952		952
Jean Turner	Lady Veteran 50	Telford Harriers		951		951
Liz Campbell	Lady Veteran 50	U/A Settle, North Yorkshire	951			951
Jane Saint	Lady Veteran 50	U/A Alcester, Warwickshire	950			950
Elizabeth Forsyth	Lady Veteran 40	Muckle toon Joggers	949			949
Rebecca Edwards		U/A Kendal, Cumbria		949		949
Louise Chicken	Lady Veteran 40	Tynedale harrier			947	947
Clare Pinches		Harrogate Harriers		946		946
fay smith	Lady Veteran 40	U/A Bolton, Lancs	945			945
sarah barry	Lady Veteran 40	U/A huddersfield,		945		945
Alexandra McClellan		U/A Market Rasen, North Lincolnshire	943			943
Ashleigh Atkinson		U/A Ulverston, Cumbria		942		942
Catherine Moss		U/A Preston, Lancashire			941	941
Fay Waldram	Lady Veteran 40	U/A Bolton, England			939	939
Maggie Davies		U/A Fraserburgh, Aberdeenshire	939			939
Natasha Hingley		U/A Birmingham , West Midlands	938			938
Mark Haslam	Lady Veteran 40	U/A Bolton, Lancs			937	937
Lesley Weber		U/A London,	936			936
Debi Ives		U/A Fife,			935	935
Fran Walker	Lady Veteran 40	U/A Bolton,	935			935
Sarah Cross	Lady Veteran 40	Alnwick Harriers		935		935
Linda Shields	Lady Veteran 60	U/A Glasgow,	934			934
Sarah De-Maine	Lady Veteran 50	U/A Frizington, Cumbria			934	934
sandre jackson	Lady Veteran 50	U/A congleton, cheshire	933			933
Clare Simpson		U/A Wilmslow, Cheshire	932			932
Susan Gallagher	Lady Veteran 40	Dumfries Running Club		932		932
Nicky Jones		U/A lancaster,	931			931
Sarah Meyers		Penny Lane Striders		931		931
Tanya Nicholson	Lady Veteran 40	U/A Lancaster ,			931	931
Karla Napoleon		U/A Leeds, West Yorkshire		930		930
Kelly Packham		U/A Macclesfield, Cheshire	930			930
Elisabeth Smart	Lady Veteran 50	Forres Harriers			929	929
Jo Bindloss Gibb	Lady Veteran 60	Marlborough Running Club		929		929
Lorna Pelly		U/A Maldon,			928	928
Dorota Synowiec		U/A Geel,			927	927
Sally Hale		U/A Arnold, Nottingham	927			927
Wendy Birkett	Lady Veteran 50	U/A Kendal, Cumbria		927		927
Amy Frost		U/A London,	926			926
Nicky Jeffrey	Lady Veteran 50	Tynedale Harriers		926		926
Bridget Broadhurst	Lady Veteran 50	Tynedale Harriers		925		925
Chloe Summerfield					925	925
Dorothy Elliott	Lady Veteran 40	U/A North Berwick,	924			924
Debra Southworth	Lady Veteran 50	U/A Glossop,			923	923
Ali Garrigan		Chorlton Runners		922		922
sasha ban	Lady Veteran 40	DVRC			922	922
Gail Tombs	Lady Veteran 60	Calder Valley Fell Runners	921			921
Marcia Frith	Lady Veteran 40	Helm Hill			921	921
Rebecca Worsley	Lady Veteran 50	U/A Southport, Merseyside	920			920
Catherine Keevil		BodyFit		919		919
katie Georgeson		U/A liverpool,	919			919
yvonne garry		U/A east kilbride,			919	919
Charlotte Killick-Cole		U/A Bristol,		918		918

Charlotte Stevenson		Swinton Running Club			917	917
kim firstbrook	Lady Veteran 50	U/A hexham, northumberland		917		917
Susan Black	Lady Veteran 40	Tynedale Harriers	917			917
Andrea Benson	Lady Veteran 40	U/A Penrith, Cumbria	916			916
Georgia Davis	Lady Veteran 40	U/A Hullbridge, Essex		915		915
Liz Jordan	Lady Veteran 50	Stockton Striders AC	914			914
Sinead Hayes		Radcliffe AC		914		914
Karen Wilson		U/A Barnsley, South Yorkshire		913		913
Rachel Mcaleese		U/A St boswells, Scottish borders	913			913
Elizabeth Laycock	Lady Veteran 40	U/A Skipton, North Yorkshire		912		912
Kay Hack	Lady Veteran 50	Springwell Running Club	912			912
Julia Sorensen		U/A London,	911			911
Kathryn Sygrove	Lady Veteran 50	Elvet Striders			910	910
Victoria Dodd		U/A Kendal,	910			910
Carole Critchley	Lady Veteran 50	Holcombe Harriers			909	909
Catarina Loureiro		Gateshead Harriers		909		909
Charlotte Kershaw		U/A Warwick,		908		908
Rachel Young		U/A Carlisle,			908	908
Rachel Todd	Lady Veteran 40	Clayton Le-moor Harriers	907			907
Laura Kirkham		riversway road runners	906			906
Cherry Collison	Lady Veteran 40	Bolton United harriers	905			905
Ruth Besford	Lady Veteran 40	St Helens Striders			905	905
Alison Kitching	Lady Veteran 40	U/A Lytham, Lancashire	903			903
Jacqui Candlish	Lady Veteran 40	Saltwell Harriers			903	903
Kim Baxter	Lady Veteran 40	U/A Holmfirth, west Yorkshire			902	902
Sian Lewis		Northwich Running Club		902		902
Emma Puzylo		Northwich Running Club		901		901
Julia White	Lady Veteran 40	Warrington Running Club			901	901
Kirsty Ash	Lady Veteran 40	Muckle Toon Joggers	900			900
Frances Varian		U/A Carlisle,		899		899
Lynne aitken		Mickleton joggers	899			899
Andrea Jackson		Derwentside Athletics Club		898		898
Audrey Duncan	Lady Veteran 50	Sunderland Strollers			898	898
Joanne Anderson	Lady Veteran 40	Sunderland Strollers			897	897
Julie Evans	Lady Veteran 50	Kings Heath Running Club			897	897
Caroline Rowland	Lady Veteran 40	U/A Ulverston, Cumbria	896			896
Hannah Kelly		U/A Grimsargh,		896		896
Claire Edwin		U/A Craven Arms, Shropshire		895		895
Gemma Downing		U/A Stourbridge , West midlands		893		893
Eileen Sutton	Lady Veteran 50	U/A Preston, Lancashire		892		892
Laura Ruxton		Great Langdale AC	892			892
Maria Gaughan		Mornington Chasers			892	892
Jane Warner	Lady Veteran 50	Skelmersdale Boundary Harriers			891	891
Jessica Patten		U/A Penrith, Cumbria	891			891
Pauline Boardman		Dalbeattie Running Club		891		891
Laura Stanley		U/A Manchester,	890			890
Sian Beaumont		U/A Ansdell, Lancashire			890	890
Bryony Catlow		U/A Gateshead, Tyne And Wear			889	889
Susannah Bleakley	Lady Veteran 50	U/A Kendal, Cumbria	889			889
Caryl Gibson	Lady Veteran 50	Stafford Harriers		888		888
Gillian Nevin	Lady Veteran 40	Crosby Stormers	888			888
sarka jeremic	Lady Veteran 40	U/A wilmslow,			887	887
Annie McCaffrey	Lady Veteran 50	U/A Southport, Merseyside	886			886
Kathakoli Dasgupta		U/A Preston,		886		886
Lynda Harper		U/A Liverpool, Merseyside			886	886
Lalage Brown	Lady Veteran 50	U/A Ponteland, Northumberland			885	885

Maddalena Capp	Lady Veteran 40	Natterjacks Running Club	885			885
Catherine Lomax		U/A Edinburgh, Midlothian		884		884
Lynn Melvin	Lady Veteran 50	South Ribble runners	884			884
Susan Moss	Lady Veteran 50	U/A Manchester, Lancs			883	883
ann long	Lady Veteran 60	U/A hull, east yorks		882		882
julie smyth	Lady Veteran 40	Lymm Runners			881	881
Meg Jones		U/A Edinburgh, City of Edinburgh			880	880
Paula Longden		U/A Retford, Notts	880			880
Jane Marshall	Lady Veteran 50	Team Stupidity	879			879
Tracey Apperley	Lady Veteran 40	U/A Ingleton, North Yorkshire	878			878
Elisabeth Zambo	Lady Veteran 40	U/A Southampton,	877			877
Marie Bainbridge		Blackhill Bounders	876			876
Stephanie Goodchild	Lady Veteran 50	Manchester YMCA Harriers		876		876
Elsbeth Fawcett		U/A Aberlady ,	875			875
JILL GUTHRIE		U/A MANCHESTER,		875		875
Mandy Baldam	Lady Veteran 50	U/A preston, lancs		873		873
elaine hindle	Lady Veteran 40	U/A Liverpool,			872	872
Lynn Mordey	Lady Veteran 50	Mac 1 Fitness	872			872
Amanda Anderson	Lady Veteran 40	U/A Brompton on Swale, North Yorksh	871			871
Monica Rodriguez		Freestyle			871	871
Rachel Gough	Lady Veteran 40	Lancaster Women's Running Group		871		871
Jane Searle	Lady Veteran 40	U/A Liverpool , Merseyside			870	870
Kath Lambert	Lady Veteran 40	U/A Leeds,	870			870
HELEN HOPE		U/A Cockermouth, Cumbria	869			869
Sophie Baker		U/A Alfreton, Derbyshire			869	869
Ashley Price-Sabate	Lady Veteran 40	Elvet Striders	868			868
Joanne Baker	Lady Veteran 60	U/A Whaley Bridge, High Peak			868	868
Alexandra de Joux		U/A Shipley,	867			867
julie gray	Lady Veteran 50	U/A st annes, lancashire			867	867
Nicola Craven	Lady Veteran 40	Me		867		867
Sarah Davies	Lady Veteran 40	U/A Leeds, West Yorkshire		866		866
Tracey Bruce	Lady Veteran 40	L&MAC	866			866
Alix Almond		Northbrook AC		865		865
Hester Lea		U/A Kendal, Cumbria			864	864
Lorna Taylor		Red Rose Road Runners	863			863
Skye Sarahs		Dumfries Running Club			863	863
Abbey Wrathall		U/A Edinburgh, Midlothian		862		862
Claire Buchanan	Lady Veteran 40	U/A Grangemouth, Falkirk		861		861
Sarah Grundy	Lady Veteran 40	U/A Wigton, Cumbria	861			861
Beverley Milburn	Lady Veteran 50	U/A Stockport, Cheshire	860			860
Helen Parton	Lady Veteran 50	U/A Heswall Hills, Wirral		860		860
Erica Donnison	Lady Veteran 50	U/A Kendal,	859			859
Mandy Keenan	Lady Veteran 50	South Ribble Runners			859	859
liz kempster	Lady Veteran 50	U/A london,		858		858
Pamela Mcildowie	Lady Veteran 40	U/A Glasgow,	857			857
Jackie Kerr	Lady Veteran 50	U/A Milnthorpe, Cumbria			856	856
Sharon Newbold	Lady Veteran 50	Barlick Fellrunners	856			856
Gai Maxfield	Lady Veteran 50	U/A Bolton, Greater Manchester			855	855
Jo Darlington	Lady Veteran 40	South Cheshire Harriers		855		855
Kathryn Cooper	Lady Veteran 40	U/A Balfron , Stirlingshire		854		854
elaine Charles		wirral runners		853		853
Pauline Irving	Lady Veteran 40	Muckle Toon Joggers	853			853
Kathryn McGregor		U/A Liverpool ,			852	852
Vicky Willett		SBC Ploddors		852		852
Kat Healey		Bolton Harriers	851			851
Kirsty Vis	Lady Veteran 40	Lymm Runners			848	848

Joanne Finch	Lady Veteran 40	U/A Liverpool,		847		847
Laura Hirst		U/A Huddersfield , West Yorkshire		845		845
Emily Tarrant		U/A Barnsley , South Yorkshire		844		844
Jackie Frank		U/A Redcar			844	844
Jane Dobson	Lady Veteran 40	Wigton road runners	843			843
Jennie Davies	Lady Veteran 60	U/A Sedbergh, Cumbria			842	842
Linda O'neill	Lady Veteran 50	Perth Road Runners		841		841
Tracy Brown		Sedgefield Harriers			841	841
Ann-Marie Fairclough	Lady Veteran 50	Bramhall Runners		840		840
Charlotte Hines		U/A Knareborough , North Yorkshire	839			839
Clair Scaife	Lady Veteran 40	U/A Sheffield, South Yorkshire		839		839
Ailsa Rowles	Lady Veteran 40	Hermitage Harriers			838	838
Angela Bamford	Lady Veteran 50	Altrincham and District AC		838		838
Heather Mannings	Lady Veteran 40	U/A Holmfirth, West Yorkshire	838			838
Aimee Kirkbride		Wigton road runners			837	837
Julia Lowes	Lady Veteran 50	U/A Bradwell, Derbyshire	837			837
Andrea Casson	Lady Veteran 40	U/A Buxton, Derbyshire		836		836
Becky Kirkbride		Wigton road runners			836	836
Angela Escott	Lady Veteran 40	U/A Haltwhistle,			833	833
Alexandra New	Lady Veteran 40	U/A Wimbledon , London			832	832
Vanessa Connor	Lady Veteran 40	Wigton Road Runners	832			832
Jane Hunter	Lady Veteran 50	Lancaster Womens Running Club		831		831
Sandra Harman	Lady Veteran 40	York Knavesmire Harriers	831			831
Catherine Isaac	Lady Veteran 40	U/A London,			829	829
Louise De Havilland		U/A Lochwinnoch, Renfrewshire		829		829
Michelle Teasdale	Lady Veteran 40	Mac 1 Fitness	829			829
Rebecca Glassman	Lady Veteran 40	Reservoir chicks		828		828
Rebecca Tushingam		U/A Cheadle, Cheshire	828			828
Rebecca Judson		Man tri	827			827
KELLY OBI		U/A LIVERPOOL, Merseyside		826		826
Annabelle Cambo		U/A Liverpool,		825		825
Kay Shaw	Lady Veteran 40	Styal running club			825	825
janine denney	Lady Veteran 40	thornton cleveleys running club			823	823
Tracey J Burlinson Camp	Lady Veteran 40	Sunderland Strollers		822		822
victoria valovin		U/A clitheroe , Lancashire	822			822
Alice Sullivan	Lady Veteran 40	Mornington Chasers			821	821
Rachel Sutton	Lady Veteran 40	U/A Milton Keynes,		821		821
Carol Irving	Lady Veteran 40	Muckle Toon Joggers	820			820
Emma Jackson		Riversway Road Runners			820	820
Ann Marie Marshall	Lady Veteran 40	U/A GRIMSBY, North East Lincolnshire	819			819
Louise Millo	Lady Veteran 40	U/A Liskeard, Cornwall			819	819
jane Hallows	Lady Veteran 40	Penny lane striders			818	818
Kim Matthews	Lady Veteran 50	Elswick Harriers		818		818
Eilidh Simpson	Lady Veteran 50	U/A East Kilbride, Lanarkshire	817			817
Emily Dydymska	Lady Veteran 40	Mornington Chasers			817	817
Karen Jagan		U/A Stockport, Greater Manchester		816		816
Samantha Goodwin	Lady Veteran 40	U/A Oldham, Lancs	815			815
MAXINE GEARY	Lady Veteran 40	Yoga Spirit International			814	814
Helen Conroy	Lady Veteran 40	U/A Sunderland,		813		813
Julia Sayburn	Lady Veteran 50	U/A Grange over sands, Cumbria	813			813
Ailsa Taggart	Lady Veteran 50	Galloway Harriers		812		812
Debbie Millington		Warrington Running Club	812			812
Clare Killick-Cole				811		811
Sarah Bowden		U/A Manchester, Lancashire	811			811
Andrea Skelton	Lady Veteran 40	Darwen Dashers		810		810
Carol Mossop	Lady Veteran 40	Dumfries Running Club			810	810

Kathryn Kemp	Lady Veteran 40	U/A Wolsingham, Durham	809			809
Michelle Coleman	Lady Veteran 40	Elswick Harriers		809		809
Sarah O'Neill	Lady Veteran 40	U/A Manchester,			809	809
Helen McIntyre		U/A Warrington, Cheshire		807		807
Alexa Hartwell		U/A Birmingham , West Midlands	805			805
Joanna Marks		U/A London,			805	805
Helen Wood		Rodillian Runners	804			804
Leanne Ruddick		U/A Appleby-in-Westmorland, Cumbria		804		804
Louise Adams	Lady Veteran 40	U/A Wirral,		803		803
Victoria Maxfield		U/A Bolton, Lancs			802	802
Amanda Gray	Lady Veteran 50	U/A Bedford, Bedfordshire	800			800
Bev Thomas	Lady Veteran 50	U/A Huddersfield , West Yorkshire		800		800
Amanda Cirelli	Lady Veteran 40	U/A Blackpool ,		799		799
Grace Crawford		U/A Knutsford,			797	797
Lisa Holmes	Lady Veteran 40	U/A Skipton, N Yorks		796		796
Melanie Nicholson		U/A Hebden bridge,			796	796
Joanne Auty	Lady Veteran 40	U/A Huddersfield , West Yorkshire		795		795
Liz Locke	Lady Veteran 40	U/A Ulverston, Cumbria	795			795
Catherine Humphreys	Lady Veteran 40	U/A Ulverston, Cumbria	794			794
Irene Williams	Lady Veteran 40	U/A Coventry, West Midlands		793		793
Charlotte Ward	Lady Veteran 40	St Helens Striders		792		792
Relinda Shepherd	Lady Veteran 40	U/A Heysham, Lancashire		791		791
Deirdre Dobson	Lady Veteran 40	U/A Ulverston, Cumbria	790			790
Alison Leach	Lady Veteran 60	U/A Darwen, Lancashire		789		789
Lynne Higgs		U/A Ulverston, Cumbria	789			789
Claire Large	Lady Veteran 40	U/A Hull, England	788			788
Elizabeth Chandler	Lady Veteran 50	Carnethy		788		788
Marie Baxandall	Lady Veteran 50	FROCS			788	788
Julie Spencer	Lady Veteran 40	U/A Neston, Cheshire		786		786
Michelle McCrindle	Lady Veteran 40	Dumfries Running Club			786	786
Lynn Smith	Lady Veteran 50	Crosby Stormers	785			785
Sandie Donald	Lady Veteran 40	Dumfries Running Club			785	785
Alison Ewing	Lady Veteran 50	Warrington Running Club		784		784
Anita Hall	Lady Veteran 40	St Helens Striders			784	784
Yvette Linehan	Lady Veteran 50	U/A Portishead,	784			784
Jane Gibson	Lady Veteran 50	U/A Hexham, Northumberland	783			783
Kat Suddaby		U/A Wetherby,			783	783
Vicky Butcher	Lady Veteran 40	U/A Hebden bridge , West yorks			782	782
Marie Watson		N/a	781			781
Helen Orson	Lady Veteran 50	Red Rose Road Runners	780			780
Jean Ruane	Lady Veteran 60	Froc			780	780
Fiona Murphy	Lady Veteran 60	U/A Glasgow,		779		779
Maggy Lightfoot	Lady Veteran 60	U/A Lancaster, Lancashire	778			778
Carla Grindley-Oliver		U/A Lancaster, Lancashire	777			777
Helen Baker		U/A Bingley, West Yorkshire		777		777
Sophie Armstrong		Leverets			777	777
helen clark	Lady Veteran 40	U/A macclesfield, cheshire	773			773
Eli Atkinson		Northwich Running Club		770		770
Julie Beckett	Lady Veteran 40	U/A Colne, Lancashire	770			770
Charlotte Ward	Lady Veteran 40	St Helens Striders	769			769
Jenny Brown					769	769
Jade Chapman					768	768
Margaret Moore	Lady Veteran 60		768			768
Lucy Darling	Lady Veteran 40	Sandbach Striders			767	767
Gillian Greeves	Lady Veteran 50	U/A Redcar, Cleveland		766		766
Satpal Burns	Lady Veteran 40	Dumfries running club	766			766

Margaret Kaye	Lady Veteran 50	U/A Carlisle, Cumbria			765	765
Jennifer Steele		Leverets trail running			764	764
Abigail Wrathall		U/A Dumfries, Dumfries & Galloway			762	762
Angela Cropper	Lady Veteran 40	MuckleToon Joggers	762			762
Syena Skinner	Lady Veteran 40	U/A London,	761			761
Fiona Bell	Lady Veteran 40	U/A Manchester, Manchester	760			760
Mary Kirwan	Lady Veteran 50	U/A Liverpool,			760	760
Fiona Timney	Lady Veteran 40	U/A Workington, Cumbria	759			759
Maria Piacentini	Lady Veteran 40	Batala Mountain Drummers	758			758
Niki Stockton	Lady Veteran 40	Swinton Running Club		758		758
Lisa Whitehead	Lady Veteran 50	Swinton		757		757
emma raynes	Lady Veteran 40	northwich running club		756		756
Paula Park		U/A Kendal, Cumbria			756	756
Christine Farnsworth	Lady Veteran 60	Elvet Striders			755	755
Rosie KAur	Lady Veteran 40	U/A Frodsham,		755		755
Jacqueline Williams	Lady Veteran 40	U/A Liverpool, Merseyside		754		754
Sandra Mcbeth		U/A Edinburgh , Midlothian			754	754
Alison Carroll		U/A Liverpool,	753			753
Emma Stockdale		U/A Wigton , Cumbria			753	753
Sharon Cook	Lady Veteran 40	U/A Altrincham,			752	752
Nicky Graves	Lady Veteran 50	Batala Drummers	751			751
Sarah Laird	Lady Veteran 40	U/A Altrincham,			751	751
Catherine Smith		Saltire Striders	749			749
Marie Horsell	Lady Veteran 60	U/A Newton Stewart, Wigtownshire		749		749
Andrea Williams	Lady Veteran 50	Galloway Harriers		748		748
Jane Wheatley	Lady Veteran 40	U/A Nottingham, Notts			747	747
Jan Rayner	Lady Veteran 40	U/A leeds, west yorkshire	746			746
Melanie Rennie		U/A Dumfries, Dumfriesshire			746	746
Becky Coates		Bridgnorth Running Club	744			744
Georgina Wilcox		U/A xx,		744		744
Catriona Richards		Bridgnorth Running Club	743			743
Stephanie Acton	Lady Veteran 40	Northwich Running Club		743		743
Alyssa Emmons					742	742
Karina Wallace		Mac 1 Fitness	742			742
Sonya Scott	Lady Veteran 40	Mac 1 Fitness	741			741
Torrie Sullivan		U/A Brampton, Cumbria			739	739
Anna Jackson	Lady Veteran 60	U/A Richmond, North Yorkshire			736	736
Angela Wood	Lady Veteran 50	F.R.A.	735			735
Caroline Jones	Lady Veteran 50	U/A Northwich, Cheshire			735	735
Claire Myers		U/A Hexham, Northumberland	734			734
Morag Sutton	Lady Veteran 40	Northwich Running Club			734	734
Hannah Wilding		U/A Lakeside, Ulverston,			733	733
Lara Beaumont	Lady Veteran 40	U/A Bolton, Lancashrie	733			733
Sarah Crame		U/A Withington ,			732	732
Vicki Olthoff	Lady Veteran 40	Fylde Coast Runners	732			732
Nina Colquhoun		U/A Hoghton, PRESTON	731			731
Yeolande Davies	Lady Veteran 50	Leverets			731	731
Cheryl Hodgson	Lady Veteran 40	U/A Stockton on Tees,	730			730
Helen Joseph	Lady Veteran 40	U/A London,			730	730
Linda Bray	Lady Veteran 50	Morpeth Harriers	729			729
Marie Findlay		Leverets Trail Running			728	728
Joanna HOLMES		U/A Cockermouth, Cumbria	726			726
alexandra modder	Lady Veteran 50	U/A liverpool, merseyside			725	725
Leanne Rose		U/A Lancaster, Lancashire	725			725
Mandy Schofield	Lady Veteran 50	U/A Liverpool,			724	724
Janine Arndt		U/A Whitley Bay,			723	723

