

Lakeland Trails in Keswick

Derwentwater Trail Run10km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
Derwentwater Trail Run10km							
1.	1016	Paul Graham	m		Derwent AC	0:36:40	0:36:39
2.	1487	Christina Wiejak	f		Barrow Striders	0:39:52	0:39:50
3.	1484	Mark Wade	m		Aycliffe Running Club	0:40:20	0:40:20
4.	1417	david mccabe	m	Veteran 40	trawden ac	0:40:28	0:40:26
5.	1207	Andrew Pipes	m		Derwent AC	0:40:45	0:40:43
6.	1141	Iain Leslie	m		U/A Bedford, Bedfordshire	0:41:26	0:41:25
7.	1422	Christopher de Silver	m		U/A Camforth, Lancashire	0:41:36	0:41:35
8.	1111	Paul Gorman	m		Bournville Harriers	0:42:15	0:42:14
9.	1179	Ben cooper	m		U/A Wymondham, Norfolk	0:42:33	0:42:28
10.	1476	Simon Maughan	m	Veteran 40	U/A Blackburn, Lancashire	0:43:34	0:43:33
11.	1415	Suzanne Toppin	f	Lady Veteran 40	U/A Penrith, Cumbria	0:43:38	0:43:38
12.	1023	Helen Woodley	f	Lady Veteran 40	U/A Ulverston, Cumbria	0:43:47	0:43:44
13.	1172	Christopher Durkin	m		None	0:44:08	0:43:40
14.	1214	Sue Howarth	f		U/A Keswick, Cumbria	0:44:22	0:44:20
15.	1397	Mark Armstrong	m		U/A Bolton, Greater Manchester	0:45:09	0:44:50
16.	1357	david atkinson	m	Veteran 50	blengdale runners	0:45:24	0:45:20
17.	1011	Tim Palmer	m	Veteran 50	Helsby Running Club	0:45:29	0:45:28
18.	1435	Phil Blaylock	m	Veteran 40	St Bees Triers	0:45:40	0:45:38
19.	1119	Louise Winter	f		Keswick AC	0:45:48	0:45:46
20.	1194	Ian Gibson	m	Veteran 40	U/A Ulverston, Cumbria	0:46:31	0:46:27
21.	1324	Shaun Thornton	m	Veteran 40	U/A Barnard Castle, Durham	0:46:35	0:46:22
22.	1086	Andrew Wadeson	m	Veteran 40	U/A Lancaster, Lancashire	0:46:40	0:46:34
23.	1178	Andrew Paton-Jones	m		U/A Warrington, Cheshire	0:46:42	0:46:09
24.	1416	Laura Leslie	f		Bournville Harriers	0:46:48	0:46:46
25.	1210	Megan Martin	f		U/A Cumbria, Cumbria	0:47:11	0:47:07
26.	1458	James Worrall	m		U/A Frodsham, Cheshire	0:47:46	0:47:43
27.	1108	Kris Carson	m	Veteran 40	U/A Egremont, Cumbria	0:48:03	0:48:01
28.	1083	Gary Cattermole	m	Veteran 50	U/A Kendal, Cumbria	0:48:04	0:48:01
29.	1048	Steve Foreman	m	Veteran 40	Sedgefield Harriers	0:48:08	0:47:52
30.	1325	Rob Dolan	m		U/A Manchester,	0:48:29	0:47:44
31.	1258	William Powis	m		U/A Newcastle upon Tyne, Tyne and Wear	0:48:50	0:48:46
32.	1370	Matt McGinley	m		Backbarrow Bombers	0:49:01	0:48:55
33.	1211	Ian Pipes	m		U/A Carlisle, Cumbria	0:49:29	0:49:24
34.	1022	Lance Saxby	m	Veteran 40	U/A Harrogate, North Yorkshire	0:49:31	0:49:29
35.	1310	Paul Mounsey	m	Veteran 60	U/A Preston, Lancs	0:49:32	0:49:08
36.	1093	Simon Robson	m		U/A York, North Yorkshire	0:49:34	0:49:25
37.	1381	Paul Stupples	m	Veteran 40	St Helens Tri	0:50:27	0:50:12
38.	1460	steve little	m	Veteran 40	U/A Baildon, West Yorkshire	0:50:28	0:50:21
39.	1463	Sarah linton	f	Lady Veteran 40	U/A St Anne's, Lancashire	0:50:31	0:50:15
40.	1198	Sarah Brotherton	f		U/A Keswick, Cumbria	0:50:35	0:50:31
41.	1007	Sam Perkins	f		U/A Hexham,	0:50:35	0:50:29
42.	1277	pete coe	m	Veteran 60	U/A Kendal,	0:50:37	0:50:21
43.	1461	jason wainwright	m	Veteran 40	U/A Baildon, West Yorkshire	0:50:39	0:50:31
44.	1068	Chris Burstow	m		U/A Bowness on Windermere, Cumbria	0:50:46	0:50:38
45.	1254	Mark Somers	m	Veteran 40	U/A Burton in Kendal, Cumbria	0:50:47	0:50:23
46.	1240	Andrew Martin	m		U/A Kendal, Cumbria	0:50:49	0:50:47
47.	1271	fay tuffen	f	Lady Veteran 40	U/A Troutbeck Bridge, Cumbria	0:50:49	0:50:42
48.	1385	Orlaith O'Mahony	f		U/A Burnley, Lancashire	0:50:54	0:50:48
49.	1013	John Tomlinson	m	Veteran 50	U/A Bolton,	0:50:57	0:50:23
50.	1076	John Gray	m	Veteran 40	U/A Bedford, Bedfordshire	0:50:59	0:50:31
51.	1101	Jackie Chapman	f	Lady Veteran 50	Lakeland Orienteering Club	0:51:06	0:51:03
52.	1335	Elizabeth Watson	f		Derwent AC	0:51:22	0:51:10
53.	1379	Katie Cooper	f		U/A Derby, Derbyshire	0:51:33	0:50:51
54.	1195	Nicola Gibson	f	Lady Veteran 40	U/A Ulverston, Cumbria	0:51:33	0:51:29
55.	1213	Louisa Burton	f		U/A Keswick, Cumbria	0:51:36	0:51:33
56.	1470	Jonathan Fairhurst	m		U/A Wigan, Lancashire	0:51:45	0:51:27
57.	1241	Jenny Clark	f		Thornton Cleveleys Running Club	0:51:53	0:51:29
58.	1337	Richard Openshaw	m		U/A Lytham St Annes, Lancashire	0:51:59	0:51:50
59.	1082	katy wilde	f		U/A Hexham, Northumberland	0:52:09	0:52:02
60.	1053	Rebecca Broome	f		Achille Ratti	0:52:09	0:51:46
61.	1456	Greg Denwood	m	Veteran 50	U/A Carlisle, Cumbria	0:52:10	0:51:50
62.	1433	Nicky Butler	f	Lady Veteran 50	Keswick AC	0:52:12	0:52:11
63.	1059	Stephen Clements	m	Veteran 50	U/A Stansted, Essex	0:52:13	0:52:06
64.	1290	Stephen Brereton	m	Veteran 40	U/A Cleator Moor, Cumbria	0:52:17	0:52:06
65.	1063	Nigel Forster	m	Veteran 40	U/A Whitehaven, Cumbria	0:52:22	0:52:17
66.	1490	Philip Davidson	m	Veteran 50	Red Rose Road Runners	0:52:31	0:52:12
67.	1153	David Stephens	m	Veteran 50	Clwydian Range Runners	0:52:35	0:52:10
68.	1008	Gill Petrucci	f	Lady Veteran 40	U/A Skipton, North Yorks	0:52:35	0:52:11
69.	1025	Angie Trippitt	f	Lady Veteran 40	Kendal Tri Club	0:52:35	0:52:33
70.	1216	Paul Holmes	m	Veteran 40	U/A Keswick, Cumbria	0:52:36	0:52:08
71.	1183	Linda Aspinall	f	Lady Veteran 40	U/A Carlisle, Cumbria	0:52:36	0:52:26
72.	1255	Amy Bastow	f		U/A Chester,	0:52:43	0:52:32
73.	1092	Andrew Reid	m		U/A Merseyside,	0:52:50	0:52:45
74.	1300	deborah curle	f	Lady Veteran 50	border harriers ac	0:52:56	0:52:52
75.	1186	Terry Bates	m	Veteran 50	U/A Overton, Lancs	0:52:58	0:52:33
76.	1121	David Lynn	m	Veteran 40	U/A North Shields, Tyne and Wear	0:53:25	0:52:31
77.	1431	Stuart Wakeham	m		U/A Wigan,	0:53:29	0:53:19

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
78.	1120	Graham Hawkins	m	Veteran 40	motherwell ac	0:53:29	0:53:18
79.	1489	Rachel Towe	f	Lady Veteran 40		0:53:33	0:52:57
80.	1051	Peter Evans	m	Veteran 50	Kings Heath Running Club	0:53:56	0:53:42
81.	1230	Sue Mcrobin	f		U/A Keswick,	0:54:05	0:54:01
82.	1020	Glenn Cundy	m	Veteran 40	U/A Warrington, Cheshire	0:54:06	0:53:57
83.	1314	Jason Heaton	m		U/A Preston,	0:54:07	0:53:33
84.	1303	Andy Walch	m		U/A Barnsley, South Yorkshire	0:54:08	0:53:23
85.	1084	Gerard Hurst	m	Veteran 50	U/A Wigan,	0:54:15	0:53:32
86.	1236	Matt Tinsley	m		U/A Preston , Lancashire	0:54:16	0:54:04
87.	1465	Bill Rogers	m	Veteran 50	Border	0:54:18	0:54:06
88.	1031	Peter Hatch	m	Veteran 50	U/A Billingham,	0:54:44	0:54:17
89.	1386	David Bayliss	m		Fylde Coast Running	0:54:44	0:54:32
90.	1180	Kate Turner	f		U/A Penrith, Cumbria	0:54:47	0:54:15
91.	1122	Stephen Pepper	m	Veteran 40	U/A Ardrossan, North ayshire	0:54:55	0:54:01
92.	1309	Lisa Bolton	f		Red rose road runners	0:54:56	0:54:33
93.	1312	Michael Jones	m	Veteran 60	Altrincham AC	0:55:02	0:54:53
94.	1350	carolyn willacy	f	Lady Veteran 50	U/A brampton, cumbria	0:55:06	0:54:47
95.	1333	Simon Osmond	m	Veteran 40	U/A Carnforth, Lancashire	0:55:11	0:55:02
96.	1477	Sarah Dove	f	Lady Veteran 40	U/A Blackburn, Lancashire	0:55:15	0:55:13
97.	1367	Mary Donohue	f		U/A Leeds, West Yorkshire	0:55:31	0:55:24
98.	1010	Carolyn Burns	f	Lady Veteran 40	U/A Penrith, Cumbria	0:55:33	0:55:32
99.	1003	bridget slater	f	Lady Veteran 50	U/A Skipton, N Yorks	0:55:38	0:55:12
100.	1421	Cheryl Westerman	f	Lady Veteran 40	U/A Keswick, Cumbria	0:55:41	0:55:14
101.	1215	Ian Paterson	m		U/A Bootle, Merseyside	0:55:47	0:55:43
102.	1281	Derek Hardy	m	Veteran 50	BRAT Club	0:55:50	0:55:32
103.	1455	Allan Nicholson	m	Veteran 50	U/A Broughton-in-Furness, none	0:55:53	0:55:14
104.	1311	Jim Mclean	m	Veteran 60	U/A Preston, Lancashire	0:55:53	0:55:40
105.	1401	Beth Studholme	f	Lady Veteran 40	U/A Dalston, Cumbria	0:55:54	0:55:46
106.	1249	Maria Andrade	f		U/A Carlisle, Cumbria	0:55:54	0:55:49
107.	1028	Gary Pargeter	m	Veteran 50	U/A Northwich, Cheshire	0:56:01	0:55:46
108.	1248	Lee Simpson	m	Veteran 40	U/A South Shields, Tyne and Wear	0:56:04	0:55:58
109.	1291	Catherine Thorpe	f		U/A cockermouth, cumbria	0:56:05	0:55:32
110.	1413	Alison Mercer	f	Lady Veteran 50	Red Rose Road Runners	0:56:06	0:55:51
111.	1138	Philip Harland	m	Veteran 50	U/A Warrington, Cheshire	0:56:08	0:55:39
112.	1361	Emma Spooner	f		U/A Morecambe, Lancs	0:56:11	0:55:43
113.	1196	Shirley Gibson	f	Lady Veteran 60	Darlington Harriers	0:56:16	0:56:13
114.	1348	Vicky Higgins	f	Lady Veteran 40	U/A penrith, cumbria	0:56:20	0:56:02
115.	1467	Carey Young	f		U/A Watford,	0:56:21	0:56:11
116.	1340	Clare Ashton	f	Lady Veteran 40	U/A Warrington, Cheshire	0:56:22	0:56:18
117.	1212	Allistair Wright	m		U/A Carlisle, Cumbria	0:56:33	0:56:27
118.	1308	Heather Rowe	f	Lady Veteran 40	Carlisle Tri Club	0:56:35	0:56:28
119.	1030	Louise Meynell	f	Lady Veteran 50	Billingham Marsh House Harriers	0:56:36	0:56:10
120.	1231	Ryan Crellin	m		Cumberland Fell Runners	0:56:41	0:56:15
121.	1376	Kirsteen Kellock	f	Lady Veteran 40	U/A Dumfries,	0:56:55	0:56:47
122.	1274	paul glover	m		U/A scunthorpe ,	0:57:07	0:56:28
123.	1391	Amy Alcock	f		U/A Carlisle, Cumbria	0:57:10	0:57:01
124.	1039	Michael Ball	m	Veteran 40	U/A Swindon, Wiltshire	0:57:12	0:57:02
125.	1478	Beth calvert	f		The supers	0:57:15	0:57:02
126.	1185	Peter Murray	m		U/A Urmston, Manchester	0:57:18	0:57:05
127.	1436	David OSullivan	m	Veteran 50	U/A leicester,	0:57:20	0:57:08
128.	1073	paul beaumont	m	Veteran 40	U/A Burscough, Lancashire	0:57:22	0:56:56
129.	1479	Ruth Postlethwaite	f		The Supers	0:57:24	0:57:12
130.	1349	Amanda Prescott	f	Lady Veteran 40	Bridgnorth Running Club	0:57:52	0:57:49
131.	1454	Ellie Nicholson	f		U/A Broughton-in-Furness, none	0:58:00	0:57:20
132.	1393	Sam Massey	f		Rosley	0:58:12	0:58:02
133.	1286	Lucy Armstrong	f		U/A Darlington,	0:58:15	0:57:48
134.	1441	Ellena Gamberini	f		Rocktart Runners	0:58:20	0:58:02
135.	1004	Robert Ginder-Poulsen	m	Veteran 40	U/A Cheadle, Cheshire	0:58:23	0:57:57
136.	1067	Alison Saunders	f		The Northern Collective	0:58:42	0:57:52
137.	1206	karen blackley	f	Lady Veteran 50	U/A cockermouth, cumbria	0:58:47	0:58:32
138.	1105	David Ellicott	m	Veteran 40	U/A Askern, South Yorkshire	0:58:48	0:58:16
139.	1301	Lee Lawrenson	m		U/A Preston, Lancs	0:58:51	0:58:06
140.	1112	Mike Roe	m	Veteran 50	U/A Sale, Cheshire	0:58:53	0:58:20
141.	1475	Katie Moore	f		U/A Derby,	0:59:00	0:58:51
142.	1097	Zoe Bridges	f	Lady Veteran 40	U/A Sudbury, Suffolk	0:59:08	0:58:50
143.	1133	Josephine Alford	f	Lady Veteran 50	U/A Salisbury, WILTS	0:59:22	0:58:53
144.	1140	Chris Furphy	m	Veteran 50	U/A Guisborough,	0:59:23	0:58:47
145.	1272	Stacey McShane	f		U/A Windermere, Cumbria	0:59:25	0:59:19
146.	1263	Rebecca HODGSON	f		U/A Kendal , cumbria	0:59:26	0:59:08
147.	1285	Thomas Pearson	m		U/A Grange Over Sands, Cumbria	0:59:31	0:59:06
148.	1273	Lea-anne Wearnmouth	f		U/A Windermere, Cumbria	0:59:42	0:59:37
149.	1315	Michael Holmes	m	Veteran 40	DH Runners	0:59:48	0:59:17
150.	1079	Vicky Gore	f		Red Rose Road Runners	0:59:49	0:59:26
151.	1106	Gavin Taylor	m		U/A doncaster,	0:59:53	0:59:45
152.	1307	Andrew Hewison	m	Veteran 40	U/A Shipley,	0:59:53	0:59:10
153.	1306	Alexandra Lester	f		Saltaire Striders	1:00:06	0:59:23
154.	1176	Sarah Wright	f	Lady Veteran 40	U/A Penrith, Cumbria	1:00:08	1:00:04
155.	1158	helen riple	f	Lady Veteran 50	sinfin	1:00:15	0:59:43
156.	1234	Graeme Lewis	m		U/A Nantwich, Cheshire	1:00:27	1:00:14
157.	1332	Andrew Marshall	m		U/A Kendal,	1:00:33	1:00:24

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
158.	1029	Jackie Frank	f		U/A Redcar,	1:00:35	1:00:08
159.	1265	Mathew Fairhurst	m		U/A Wigan,	1:00:35	1:00:17
160.	1270	Sam Cherrington	m		U/A Ashton-in-Makerfield, Greater Manchester	1:00:36	1:00:16
161.	1033	JACQ JONES	f		Delamere Spartans	1:00:52	1:00:52
162.	1136	Katie Moizer	f		U/A Mirfield, West Yorkshire	1:00:59	1:00:38
163.	1135	Damien Brockie	m	Veteran 40	U/A Mirfield, West Yorks	1:01:00	1:00:38
164.	1344	Haris Kaloudis	m		U/A Lancaster,	1:01:05	1:00:28
165.	1137	Neil Crossland	m	Veteran 50	U/A Retford, Notts	1:01:07	1:00:35
166.	1243	Vicky Johnston	f	Lady Veteran 40	St Bees Triers	1:01:17	1:01:03
167.	1293	Steven Mackenzie	m		U/A Guisborough,	1:01:17	1:01:00
168.	1109	Paul Rogan	m	Veteran 50	U/A Wirral, Merseyside	1:01:17	1:00:37
169.	1368	Claire Newton	f		U/A Wakefield, West Yorkshire	1:01:17	1:00:32
170.	1100	Jackie Tomlinson	f	Lady Veteran 40	U/A Bolton ,	1:01:18	1:00:48
171.	1229	Emma Owen	f		Me	1:01:19	1:01:01
172.	1276	Sharron Elsdon	f		U/A Hawick, Scottish Borders	1:01:19	1:01:10
173.	1080	andrew marrison	m	Veteran 40	U/A kendal, Cumbria	1:01:27	1:00:46
174.	1246	Anthony McCully	m	Veteran 50	none	1:01:30	1:00:52
175.	1438	David Stacey	m		U/A Chorley, Lancashire	1:01:33	1:01:03
176.	1219	Kathleen Newson	f	Lady Veteran 40	U/A Keswick,	1:01:35	1:01:16
177.	1319	Cameron Sowerby	m		U/A Workington, Cumbria	1:01:54	1:01:29
178.	1371	Irene Williams	f	Lady Veteran 40	U/A Coventry, West Midlands	1:01:59	1:01:55
179.	1323	David Czarnota	m	Veteran 60	U/A Preston,	1:02:03	1:01:40
180.	1322	Michael Masheter	m	Veteran 60	U/A Preston,	1:02:03	1:01:41
181.	1320	Nathan Sowerby	m		U/A Workington, Cumbria	1:02:05	1:01:39
182.	1139	Jackie Harland	f	Lady Veteran 50	U/A Warrington, Cheshire	1:02:10	1:01:41
183.	1399	Tracey Sowerby	f	Lady Veteran 40	DH RUNNERS	1:02:11	1:02:04
184.	1292	Rebecca Dawson	f	Lady Veteran 40	U/A cockermouth, cumbria	1:02:12	1:01:38
185.	1035	Rachael Hamblin	f	Lady Veteran 40	U/A Brampton, Cumbria	1:02:14	1:01:28
186.	1313	Maggie Jones	f	Lady Veteran 50	Altrincham AC	1:02:15	1:02:06
187.	1078	Patty Davies	f	Lady Veteran 40	U/A Ulverston, Cumbria	1:02:17	1:01:29
188.	1469	Leanne Slone	f	Lady Veteran 40	U/A Gt harwood, Lancashire	1:02:31	1:01:51
189.	1201	Jane Giddins	f	Lady Veteran 40	U/A Nottingham,	1:02:36	1:02:28
190.	1056	Susan Sharp	f	Lady Veteran 50	U/A Wakefield, west Yorkshire	1:02:43	1:02:26
191.	1244	Philip Hindmarsh	m	Veteran 40	Stocksfield Striders	1:02:46	1:02:32
192.	1245	Maria Hindmarsh	f	Lady Veteran 40	Stocksfield Striders	1:02:47	1:02:32
193.	1034	Jayne Hall	f	Lady Veteran 50	U/A Egremont, Cumbria	1:02:56	1:02:24
194.	1296	Dawn Hartley	m	Veteran 40	U/A Blackburn, Lancashire	1:03:07	1:03:02
195.	1447	Tim Johnson	m		U/A Wigton, Cumbria	1:03:08	1:02:54
196.	1260	Amber Poole	f		U/A Chesterfield, Derbyshire	1:03:13	1:02:57
197.	1116	rose egan	f	Lady Veteran 50	U/A West Kirby,	1:03:24	1:02:35
198.	1014	Paul Blakemore	m		U/A Wigan,	1:03:25	1:02:35
199.	1015	Chloe Ainsworth	f		U/A Wigan,	1:03:27	1:02:38
200.	1102	Katy O'Connor	f	Lady Veteran 50	Lymm Runners	1:03:28	1:03:08
201.	1038	Dave Hall	m	Veteran 50	Honister 92	1:03:28	1:02:56
202.	1448	Tara Dickson	f		U/A Thursby, Cumbria	1:03:30	1:03:16
203.	1047	Tracy Brown	f		Sedgefield Harriers	1:03:31	1:03:03
204.	1259	Richard Poole	m	Veteran 60	U/A Chesterfield, Derbyshire	1:03:33	1:03:16
205.	1143	Georgina Infield	f	Lady Veteran 40	U/A Mayfield Ashbourne, Derbyshire	1:03:33	1:02:58
206.	1019	Michael Church	m		U/A Vigo Village, Kent	1:03:35	1:02:53
207.	1124	Jane Davies	f	Lady Veteran 50	U/A Manchester,	1:03:37	1:02:48
208.	1218	Steve Twomlow	m	Veteran 40	Kings Heath Running Club	1:03:42	1:03:27
209.	1395	Nicholas green	m		U/A penrith, cumbria	1:03:48	1:03:01
210.	1040	Jane Dowson	f	Lady Veteran 40	U/A Tadcaster, North Yorkshire	1:03:52	1:03:45
211.	1087	Heather Mannings	f	Lady Veteran 40	U/A Holmfirth, West Yorkshire	1:03:54	1:03:38
212.	1242	Becky Coates	f		Bridgnorth Running Club	1:04:00	1:03:56
213.	1064	Sue Kearney	f	Lady Veteran 50	U/A Bolton, Lancs	1:04:03	1:03:40
214.	1252	Jenni Barrowclough	f	Lady Veteran 40	U/A Carlisle, Cumbria	1:04:04	1:03:39
215.	1488	Rebecca Hanson	f		U/A Manchester,	1:04:09	1:03:54
216.	1390	DIANE GRAHAM	f	Lady Veteran 40	DH RUNNERS	1:04:20	1:04:12
217.	1050	Julie Evans	f	Lady Veteran 40	Kings Heath Running Club	1:04:22	1:04:09
218.	1295	Andrew Higginson	m		U/A Blackburn, Lancashire	1:04:24	1:04:19
219.	1088	Claire Shaw	f		Red Rose Running Club	1:04:30	1:04:07
220.	1451	Sarah Corbett	f		U/A Kendal, Cumbria	1:04:30	1:03:44
221.	1442	Fiona Tracey	f		U/A London,	1:04:34	1:04:07
222.	1052	Kate Broome	f	Lady Veteran 50	Achille Ratti	1:04:37	1:04:14
223.	1018	Anthony Church	m	Veteran 50	U/A Vigo Village, Kent	1:04:39	1:03:56
224.	1346	Jayne Dore	f	Lady Veteran 40	U/A Formby,	1:04:44	1:04:01
225.	1321	jenny clare	f	Lady Veteran 50	U/A bowness on windermere, cumbria	1:04:44	1:04:01
226.	1347	Simon Cowling	m	Veteran 40	U/A Formby,	1:04:45	1:04:02
227.	1269	Deborah Thorneycroft	f	Lady Veteran 50	U/A Stoke on Trent, Staffs	1:04:49	1:04:25
228.	1103	Lisa Todhunter	f		U/A Frizington,	1:04:53	1:04:24
229.	1144	Ursula Kaul	f	Lady Veteran 40	U/A Ashbourne,	1:04:58	1:04:22
230.	1449	Gemma Haigh	f		U/A Whitley Bay, Tyne & Wear	1:05:09	1:04:50
231.	1193	Nicola Cave	f	Lady Veteran 40	U/A Lytham St Anne's, Lancashire	1:05:14	1:04:54
232.	1266	Adam Stephenson	m		U/A Kendal, Cumbria	1:05:19	1:04:58
233.	1459	Amy Silcock	f		U/A Frodsham, Cheshire	1:05:19	1:05:16
234.	1394	angela green	f		U/A penrith, cumbria	1:05:22	1:04:34
235.	1372	Matthew Zandstra	m	Veteran 40	U/A Crosby, Merseyside	1:05:34	1:04:57
236.	1173	Jenna Carpenter	f		U/A Broughton In Furness, Cumbria	1:05:35	1:04:56
237.	1174	Jackie Casey	f	Lady Veteran 50	Barrow Striders	1:05:35	1:04:56

Lakeland Trails in Keswick

Derwentwater Trail Run10km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
238.	1355	Krzysztof Niewinski	m	Veteran 40	Zeb Team	1:05:36	1:04:53
239.	1483	Penny Oliver	f	Lady Veteran 40	Aragon	1:05:37	1:04:46
240.	1282	Carol Sinkinson	f	Lady Veteran 40	BRAT Club	1:05:39	1:05:20
241.	1024	Jennifer Palmer	f	Lady Veteran 40	Helsby Running Club	1:05:41	1:05:29
242.	1177	Anna Paton-Jones	f		U/A Warrington, Cheshire	1:05:53	1:05:19
243.	1226	Tia Harbour	f		U/A Rochdale, Lancs	1:05:55	1:05:07
244.	1225	Luke Harbour	m	Veteran 40	U/A Wardle,	1:05:55	1:05:08
245.	1054	Rachel Lee	f	Lady Veteran 50	DH Runners	1:06:02	1:05:55
246.	1486	susan sowerby	f	Lady Veteran 40	U/A workington, cumbria	1:06:06	1:05:40
247.	1152	Susan Ridings	f	Lady Veteran 50	Clwydian Range Runners	1:06:19	1:05:52
248.	1220	Nicki Hewson	f		U/A Solihull,	1:06:28	1:06:14
249.	1192	Monika Hozdekova	f		U/A Glasgow,	1:06:33	1:05:50
250.	1343	Martha Smith	f		NO	1:06:36	1:05:43
251.	1342	Andrew Smith	m	Veteran 50	No	1:06:37	1:05:43
252.	1480	Claire Bewsher	f	Lady Veteran 40	U/A Chorley, Lancashire	1:06:39	1:05:55
253.	1327	Paul Crawford	m	Veteran 50	U/A Altrincham, Cheshire	1:06:40	1:06:25
254.	1374	jonathan fisk	m	Veteran 60	U/A york,	1:06:41	1:06:03
255.	1362	gavin fisk	m	Veteran 40	U/A manchester,	1:06:41	1:06:03
256.	1427	Susannah Rolls	f	Lady Veteran 40	U/A York, Yorkshire	1:06:48	1:06:16
257.	1094	paula ainsley	f	Lady Veteran 40	U/A york, north yorkshire	1:06:48	1:06:16
258.	1077	Amanda Gray	f	Lady Veteran 50	U/A Bedford, Bedfordshire	1:06:59	1:06:11
259.	1302	Lizzie Boutwood	f	Lady Veteran 50	U/A St Albans, Herts	1:07:00	1:06:19
260.	1247	Tara McCully	f		none	1:07:01	1:06:25
261.	1317	Rachel TICKNER	f	Lady Veteran 60	U/A Cockermouth, Cumbria	1:07:12	1:06:33
262.	1091	Theresa Murray	f	Lady Veteran 50	U/A Windermere, Cumbria	1:07:13	1:06:38
263.	1161	Josephine Walsh	f	Lady Veteran 40	Red Rose Road Runners	1:07:14	1:06:50
264.	1482	Linda Kelly	f	Lady Veteran 40	jellylegs	1:07:16	1:06:54
265.	1130	RAY BESSANT	m	Veteran 40	U/A WIDNES, CHESHIRE	1:07:18	1:06:27
266.	1131	Clare Mason	f	Lady Veteran 40	Twinkle	1:07:18	1:06:27
267.	1425	Kate Clarke	f		U/A Derby, Derbyshire	1:07:24	1:06:55
268.	1115	Nikki Baker	f	Lady Veteran 40	U/A Wakefield , west Yorkshire	1:07:27	1:06:40
269.	1402	Claire Bradley	f	Lady Veteran 50	Warwickshire Running Club	1:07:30	1:06:59
270.	1251	Shona Baxter	f		U/A Blyth, Northumberland	1:07:32	1:07:27
271.	1217	Viridiana Sica	f	Lady Veteran 40	U/A Keswick, Cumbria	1:07:32	1:06:58
272.	1250	Lee Baxter	m		U/A Blyth, Northumberland	1:07:32	1:07:27
273.	1157	Sarah Oram	f	Lady Veteran 40	U/A Manchester,	1:07:35	1:07:24
274.	1036	Peter Phillips	m	Veteran 60	Loftus and Whitby AC	1:07:36	1:07:34
275.	1037	Gareth Phillips	m	Veteran 40	Gateshead harriers	1:07:36	1:07:33
276.	1128	Dawn Fortun	f	Lady Veteran 40	U/A SOT, Staffordshire	1:07:37	1:06:52
277.	1481	denise kelly	f	Lady Veteran 40	jellylegs	1:07:41	1:07:20
278.	1432	Iain Spence	m	Veteran 60	U/A Wigan,	1:07:55	1:07:45
279.	1383	Phil Barlow	m	Veteran 50	U/A Sheffield, South Yorkshire	1:08:09	1:07:33
280.	1085	Lesley Allison	f	Lady Veteran 50	U/A Penrith, Cumbria	1:08:29	1:08:25
281.	1187	Linda Bates	f	Lady Veteran 40	U/A Morecambe, Lancs	1:08:31	1:08:07
282.	1090	Alison Spiby	f	Lady Veteran 40	U/A Windermere, Cumbria	1:08:35	1:08:00
283.	1468	David Binks	m	Veteran 60	Allithwaite Running Club	1:08:36	1:07:52
284.	1065	Louise Corrigan	f		Swinton RC	1:08:39	1:08:28
285.	1060	Laura Hipple	f	Lady Veteran 50	U/A Penrith, Cumbria	1:08:42	1:08:35
286.	1000	joe dobbs	m	Veteran 70	independent	1:08:57	1:08:21
287.	1446	Kathryn Kelly	f		U/A Ulverston, Cumbria	1:09:00	1:08:25
288.	1232	Rebecca Crellin	f		U/A Frizington, Cumbria	1:09:25	1:08:59
289.	1268	Jane Nicholson	f	Lady Veteran 50	U/A WIGTON, CUMBRIA	1:09:27	1:08:38
290.	1253	Bev Barnes	f	Lady Veteran 40	U/A Carlisle, Cumbria	1:09:29	1:09:03
291.	1182	Helen Honeyman	f	Lady Veteran 50	U/A Wigton, Cumbria	1:09:29	1:08:40
292.	1387	teresa Gallagher	f	Lady Veteran 50	U/A Carlisle, Cumbria	1:09:30	1:09:09
293.	1406	Sonia Charters	f	Lady Veteran 40	U/A Wigton, Cumbria	1:09:35	1:09:25
294.	1430	Joanne Howe	f	Lady Veteran 40	U/A Wigton, Cumbria	1:09:35	1:09:25
295.	1163	Alice Melville	f	Lady Veteran 40	U/A Newcastle upon Tyne,	1:10:18	1:09:57
296.	1165	Madeleine Vigar	f	Lady Veteran 50	U/A nr Haverhill, Essex	1:10:23	1:09:39
297.	1164	Kathryn Atkins	f	Lady Veteran 50	U/A Leeds, West Yorkshire	1:10:25	1:09:39
298.	1363	Louise Zandstra	f	Lady Veteran 40	U/A Crosby, Merseyside	1:10:26	1:09:49
299.	1328	Joanne Lowther	f	Lady Veteran 40	U/A Carlisle, Cumbria	1:10:27	1:10:07
300.	1132	Kath Saunders	f	Lady Veteran 50	DH Runners	1:10:38	1:10:31
301.	1125	Jo Hutchinson	f	Lady Veteran 60	U/A Carlisle, Cumbria	1:10:45	1:10:38
302.	1142	Amanda McPherson	f	Lady Veteran 40	Rutland Running & Triathlon Club	1:11:01	1:10:50
303.	1440	Neil Stirling	m	Veteran 70	Allithwaite Running Club	1:11:32	1:10:48
304.	1278	Ann Coe	f	Lady Veteran 60	U/A Kendal,	1:11:45	1:11:20
305.	1380	Mark Drummond	m	Veteran 40	DH Runners	1:12:14	1:11:44
306.	1117	Alison Fitzpatrick	f	Lady Veteran 50	U/A Sale, Cheshire	1:12:18	1:11:24
307.	1289	Beth Howard	f		U/A Shaw, Oldham	1:12:23	1:11:45
308.	1055	Simon Howard	m	Veteran 40	Rocktart Runners	1:12:24	1:11:45
309.	1170	Farina Harris	f		U/A Ambleside, Cumbria	1:12:32	1:11:45
310.	1366	Michelle Bartram	f		Commando Fit	1:12:42	1:11:53
311.	1017	Martin Stanley	m	Veteran 40	U/A Wirral, Merseyside	1:12:46	1:12:00
312.	1373	Helen Cupac	f	Lady Veteran 40	DH Runners	1:12:50	1:12:20
313.	1375	Nicola Jackson	f	Lady Veteran 40	DH Runners	1:12:50	1:12:20
314.	1046	Rachel Archer	f	Lady Veteran 40	Swinton Running Club	1:13:20	1:13:09
315.	1434	Rachel Brownsmith	f		U/A Lancaster,	1:13:27	1:13:05
316.	1262	Sheila Gillie	f	Lady Veteran 60	U/A Lancaster,	1:13:41	1:13:14
317.	1400	Laura Sweeting	f		U/A Manchester,	1:13:53	1:13:06

Lakeland Trails in Keswick

Derwentwater Trail Run10km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
318.	1113	Nicola Roe	f	Lady Veteran 50	U/A Sale, Cheshire	1:13:56	1:13:02
319.	1114	Judith Leather	f	Lady Veteran 50	U/A Sale, Cheshire	1:13:56	1:13:03
320.	1443	Heidi Martin	f		St.Bees Triers	1:14:20	1:13:38
321.	1330	samantha hodgson	f	Lady Veteran 40	U/A grange over sands, cumbria	1:14:32	1:13:48
322.	1147	sandra devlin	f		U/A workington,	1:14:34	1:14:10
323.	1148	tracy mault	f		U/A workington,	1:14:35	1:14:11
324.	1150	Laura Pinn	f		U/A Wakefield,	1:14:46	1:13:56
325.	1365	Roisin Black	f		U/A Skipton, North Yorkshire	1:14:46	1:13:59
326.	1364	Heather Burrow	f		U/A Lancaster,	1:14:46	1:13:59
327.	1237	Alana Tinsley	f		U/A Preston, Lancashire	1:14:51	1:14:35
328.	1318	Caroline Johns	f	Lady Veteran 40	U/A Selby, North Yorkshire	1:14:54	1:14:40
329.	1466	Sarah George	f		U/A Killingworth, Newcastle upon Tyne	1:14:55	1:14:14
330.	1428	Catherine Lintern	f	Lady Veteran 40	U/A Hexham, Northumberland	1:14:56	1:14:22
331.	1429	Jane Cottrell	f	Lady Veteran 40	U/A Hexham, Northumberland	1:14:56	1:14:22
332.	1162	becky cooper	f	Lady Veteran 40	U/A Wymondham , Norfolk	1:15:06	1:14:46
333.	1444	Rhian Yates	f	Lady Veteran 50	U/A Colwyn Bay, Conwy	1:15:09	1:14:29
334.	1181	Geraldine Townend	f	Lady Veteran 40	U/A Harrogate, North Yorkshire	1:15:19	1:14:34
335.	1378	Denise Howie	f	Lady Veteran 50	U/A St Albans, Hertfordshire	1:15:30	1:14:51
336.	1356	ADRIENNE HARRIS	f	Lady Veteran 50	DH RUNNERS	1:15:48	1:15:19
337.	1074	Jim Dean	m	Veteran 70	U/A Kendal, Cumbria	1:16:05	1:15:14
338.	1353	FRANCES BRAITHWAITE	f		DH Runners	1:16:18	1:15:50
339.	1354	MICHELLE MACKAY	f	Lady Veteran 40	DH RUNNERS	1:16:21	1:15:53
340.	1228	Peter Swift	m	Veteran 50	U/A Wigan, Lancashire	1:16:25	1:16:08
341.	1227	Hannah Swift	f		U/A Wigan, Lancashire	1:16:25	1:16:09
342.	1154	Kathryn Osborne	f		DH Runners	1:16:40	1:16:08
343.	1184	Victoria Dewhurst	f	Lady Veteran 40	U/A Bolton, Lancs	1:16:43	1:16:09
344.	1299	Jeanette Caddick	f	Lady Veteran 40	U/A Warrington,	1:16:44	1:15:53
345.	1298	Chris Caddick	m	Veteran 50	U/A Warrington, Cheshire	1:16:45	1:15:53
346.	1358	tracey cooper	f	Lady Veteran 40	Canicross Anglesey	1:17:09	1:16:18
347.	1159	Maria Langham	f		U/A Horbury, west yorkshire	1:17:16	1:16:27
348.	1239	Chris Thompson	m	Veteran 40	U/A Preston, Lancashire	1:17:16	1:17:00
349.	1238	Tracey Thompson	f	Lady Veteran 40	U/A Preston, Lancashire	1:17:16	1:17:00
350.	1326	Clare Crawford	f	Lady Veteran 50	U/A Altrincham, Cheshire	1:18:06	1:17:50
351.	1392	Annie Hill	f		U/A Carlisle, Cumbria	1:18:13	1:18:02
352.	1049	Kathryn Wesley	f	Lady Veteran 50	U/A Livingston, West Lothian	1:18:36	1:17:43
353.	1123	Louise Murray	f	Lady Veteran 50	U/A Manchester,	1:18:48	1:17:57
354.	1359	Linda Wood	f		U/A Cockermouth, Cumbria	1:18:57	1:18:03
355.	1209	Amy Walkingshaw	f		U/A Arlecdon, Cumbria	1:18:58	1:18:03
356.	1352	Sarah Blundell	f	Lady Veteran 40	U/A Tebay, Cumbria	1:18:58	1:18:20
357.	1398	Helen Armstrong	f	Lady Veteran 40	U/A Bolton, Greater manchester	1:20:15	1:19:33
358.	1026	Rose Dodd Adkins	f	Lady Veteran 40	U/A Holmfirth, West Yorkshire	1:20:39	1:20:18
359.	1223	Sarah Jane Burrill	f		U/A Rochdale, Lancs	1:22:09	1:21:20
360.	1222	Martin Burrill	m		U/A Rochdale, Lancs	1:22:09	1:21:20
361.	1261	Hilary Chuter	f	Lady Veteran 50	U/A Lancaster,	1:22:26	1:21:58
362.	1336	Hannah Beattie	f		DH Runners	1:23:02	1:22:32
363.	1316	Gillian Holmes	f	Lady Veteran 40	DH Runners	1:23:08	1:22:37
364.	1445	Eleanor Yates	f		U/A Colwyn Bay,	1:23:33	1:22:52
365.	1221	Jen Milburn	f		U/A Edinburgh, edinburgh	1:24:06	1:23:20
366.	1382	Anna Stupples	f	Lady Veteran 40	U/A	1:24:35	1:23:42
367.	1360	Sara Parsons	f	Lady Veteran 40	U/A Colne, Lancashire	1:25:50	1:25:17
368.	1283	Chris Pearson	m	Veteran 50	U/A Grange Over Sands, Cumbria	1:25:55	1:25:34
369.	1284	Claire Pearson	f	Lady Veteran 40	U/A Grange Over Sands, Cumbria	1:25:56	1:25:36
370.	1396	Michelle Hedley	f	Lady Veteran 40	Stockton Striders	1:27:25	1:26:51
371.	1129	Fiona Shaw	f	Lady Veteran 40	Stockton Striders	1:27:26	1:26:53
372.	1107	Hannah Cranston	f		U/A Scunthorpe,	1:27:56	1:27:06
373.	1264	Jenny Radford	f	Lady Veteran 60	U/A Kendal, Cumbria	1:31:26	1:31:00
374.	1485	Chris Robson	m	Veteran 70	St Bees Triers	1:31:28	1:30:50
375.	1151	David Elsander	m	Veteran 70	U/A Carlisle, Cumbria	1:32:25	1:31:52
376.	1405	Niki herbert	f		U/A warrington,	1:34:33	1:33:37
377.	1408	Melanie Smethurst	f		ASICS	1:34:33	1:33:37
378.	1145	Tania Fox	f	Lady Veteran 40	U/A Ashbourne, Derbyshire	1:43:03	1:42:26
379.	1149	Jannine McCarthy	f	Lady Veteran 40	U/A Matlock, Derbyshire	1:43:03	1:42:26
380.	1204	Dawn Branson	f	Lady Veteran 40	U/A Keswick, Cumbria	1:51:04	1:50:11

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