

**Puma Lakeland Trails - Puma Derwentwater Trail Race  
Results**

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position	Club
1	James	Walsh	M	1	MOPEN	1	00:51:53	1	00:51:53	1	Leeds City AC
3	Matt	Whitfield	M	2	MOPEN	2	00:52:02	2	00:52:01	2	Bingley Harriers
10	Tom	Addison	M	3	MOPEN	3	00:54:11	3	00:54:10	3	Helm Hill Runners
9	Russell	Maddams	M	4	MOPEN	4	00:54:36	4	00:54:35	4	Horwich RMI
13	Phil	Winskil	M	5	MV40	1	00:54:45	5	00:54:44	5	Keswick AC
634	Mark	Russell	M	6	MV40	2	00:56:55	6	00:56:51	6	Bolton Triathlon Club
331	Andrew	Quinn	M	7	MOPEN	5	00:59:52	7	00:59:48	7	Lancaster
19	Vic	Wilkinson	F	1	FOPEN	1	01:00:10	8	01:00:07	8	Bingley Harriers
338	Gavin	Chatterton	M	8	MOPEN	6	01:00:28	9	01:00:27	9	Leeds City A C
586	Paul	Watham	M	9	MOPEN	7	01:01:03	10	01:01:02	10	ERYRI
213	John	Mcgrath	M	10	MV40	3	01:01:22	11	01:01:20	11	Worthing Striders
471	David	Walker	M	11	MOPEN	8	01:01:23	12	01:01:20	12	Clayton le moors Harriers
628	Neal	O Grady	M	12	MOPEN	9	01:01:51	13	01:01:47	13	Mornington chasers
43	Richard	Walsh	M	13	MOPEN	10	01:01:58	14	01:01:56	14	Worcester AC
157	Richard	Bell	M	14	MV40	4	01:02:05	15	01:02:03	15	Northwich
645	Nathan	Pavlik	M	15	MOPEN	11	01:02:13	16	01:02:09	16	Reigate Priory AC
133	Roger	Brewster	M	16	MV50	1	01:02:30	17	01:02:28	17	Clayton le Moors Harriers
520	Kevan	Garner	M	17	MV40	5	01:02:45	18	01:02:41	18	Stockport Harriers
525	Chris	Sanderson	M	18	MOPEN	12	01:02:52	19	01:02:51	19	Durham
196	Guy	Roberts	M	19	MOPEN	13	01:03:06	20	01:03:05	20	Mossley Hill AC
320	Graham	Kendall	M	20	MOPEN	14	01:03:18	21	01:03:11	21	Serpentine AC
104	Alan	Metcalf	M	21	MV40	6	01:03:22	22	01:03:17	22	Preston Harriers
405	Tom	Craggs	M	22	MOPEN	15	01:03:24	23	01:03:23	23	Mornington Chasers RC
630	Stephen	Fry	M	23	MV40	7	01:03:54	24	01:03:51	24	Bingley Harriers
618	Andrew	Evans	M	24	MV50	2	01:04:03	25	01:04:00	25	Settle Harriers
101	Brian	O'Donnell	M	25	MOPEN	16	01:04:20	26	01:04:18	26	Bellahouston Road Runners
116	Breton	Holdsworth	M	26	MOPEN	17	01:04:26	27	01:04:24	28	Burnley
468	Nick	Hindle	M	27	MOPEN	18	01:04:28	28	01:04:24	27	Penrith
189	Martin	Hibbert	M	28	MV40	8	01:04:31	29	01:04:26	29	Billingham
386	Jenny	Watts	F	2	FOPEN	2	01:04:58	30	01:04:55	30	Northumberland
188	Paul	Leary	M	29	MV40	9	01:04:59	31	01:04:57	31	Rochdale Harriers
67	Robert Ian	Mcaloon	M	30	MV50	3	01:05:25	32	01:05:20	32	Evenwood Road Runners
296	Kevin	Hesketh	M	31	MV50	4	01:05:33	33	01:05:29	33	Preston Harriers
553	David	Barry	M	32	MV60	1	01:05:49	34	01:05:47	34	Worthing Striders
114	Andy	Williams	M	33	MV40	10	01:05:54	35	01:05:51	35	Blackpool Wyre & Fylde AC
461	Gary	Johnson	M	34	MOPEN	19	01:05:55	36	01:05:52	36	Penrith
495	Tom	Hiles	M	35	MOPEN	20	01:06:18	37	01:05:53	37	Wrexham
256	Mrs	Carter	M	36	MV40	11	01:06:34	38	01:06:03	38	Crook
46	Stephen	Bark	M	37	MOPEN	21	01:06:47	39	01:06:40	39	HORNCASTLE
459	Neil	Cassidy	M	38	MV50	5	01:07:12	40	01:07:11	40	Tynedale Harriers
406	Glenn	Costin	M	39	MOPEN	22	01:07:27	41	01:07:16	42	East Cheshire Harriers
215	Dave	Almond	M	40	MOPEN	23	01:07:34	42	01:07:32	44	DEWSBURY
527	Chris	Mckenna	M	41	MOPEN	24	01:07:36	43	01:07:28	43	Preston
667	Daniel	Middleton	M	42	MOPEN	25	01:07:40	44	01:07:13	41	Norwich
305	Peter	Milburn	M	43	MV50	6	01:07:57	45	01:07:54	46	Durham
224	Yvonne	Wyke	F	3	FV40	1	01:07:58	46	01:07:55	47	Wigan Phoenix
350	Andrew	Houghton	M	44	MV50	7	01:08:04	47	01:07:54	45	Bury St Edmunds
504	Simon	West	M	45	MOPEN	26	01:08:19	48	01:08:07	48	Edinburgh
100	Chris	Hatton	M	46	MOPEN	27	01:08:33	49	01:08:29	50	CHORLEY
575	Paul	Stepito	M	47	MV40	12	01:08:34	50	01:08:31	51	Stockport Harriers
573	Craig	Burrow	M	48	MOPEN	28	01:08:35	51	01:08:24	49	Helm Hill Runners
669	Allan	Henderson	M	49	MOPEN	29	01:08:49	52	01:08:40	52	Shropshire
143	Martin	Barrett	M	50	MOPEN	30	01:08:58	53	01:08:54	53	stockton-on-tees
456	Terry	Aitken	M	51	MV40	13	01:09:05	54	01:08:58	54	Ambleside A C
489	Paul	Stead	M	52	MOPEN	31	01:09:09	55	01:09:03	55	Northbrook AC
574	Tony	Hesketh	M	53	MV60	2	01:09:27	56	01:09:23	56	Horwich RMI Harriers
458	Carol	Evans	F	4	FV40	2	01:09:35	57	01:09:30	57	South London Harriers
643	Ian	Mcdougall	M	54	MV40	14	01:09:38	58	01:09:36	59	Cumberland AC
278	Helen	Woodley	F	5	FOPEN	3	01:09:45	59	01:09:40	61	Ulverston
140	Graham	Pinder	M	55	MV50	8	01:09:46	60	01:09:38	60	Glaxo Hoad Hill Harriers
319	Clare	Mckeown	F	6	FOPEN	4	01:09:52	61	01:09:48	62	Border Harriers
307	Martin	Quinn	M	56	MOPEN	32	01:09:57	62	01:09:51	63	Chorley Harriers
97	Nick	Treitl	M	57	MOPEN	33	01:09:59	63	01:09:31	58	Barnoldswick
112	Phil	Abbott	M	58	MOPEN	34	01:10:04	64	01:09:55	64	Long Eaton Running Club
262	Paul	Crickett	M	59	MV40	15	01:10:08	65	01:10:04	65	Cumberland Fell Runners
328	Trevor	Hindle	M	60	MV40	16	01:10:31	66	01:10:21	67	MDOC
285	Jerry	Smith	M	61	MV50	9	01:10:34	67	01:10:30	68	Sale Harriers Manchester
566	John	Greenwood	M	62	MOPEN	35	01:10:36	68	01:10:17	66	Keighley
581	Phil	Conroy	M	63	MOPEN	36	01:10:36	69	01:10:32	70	Derby
380	Harry	Matthews	M	64	MV60	3	01:10:39	70	01:10:34	71	Elswick harriers
271	Phil	Young	M	65	MV40	17	01:10:47	71	01:10:30	69	Edinburgh
548	Matthew	Townley	M	66	MOPEN	37	01:11:00	72	01:10:49	72	Romiley Runners
454	Quentin	Ashby	M	67	MV40	18	01:11:04	73	01:10:51	73	Manchester
569	Neil	Clarke	M	68	MV40	19	01:11:10	74	01:10:59	75	Manchester
478	Michael	Edge	M	69	MV40	20	01:11:13	75	01:10:52	74	Wesham Road Runners
464	David	Higgins	M	70	MOPEN	38	01:11:31	76	01:11:26	77	leigh
173	Paul	Weaving	M	71	MV40	21	01:11:33	77	01:11:30	78	Cumberland Fell Runners

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64	David	Burton	M	72	MV40	22	01:11:41	78	01:11:26	76	Keswick AC
582	Tim	Edwards	M	73	MV40	23	01:11:43	79	01:11:39	79	Stockport Harriers
476	Daz	Slater	M	74	MOPEN	39	01:11:51	80	01:11:44	81	Windermere
136	Jonathan	Poirrette	M	75	MV40	24	01:11:54	81	01:11:40	80	Windermere
329	Nicholas	Cooper	M	76	MV50	10	01:11:57	82	01:11:44	82	Shelton Striders
81	Jon	Sear	M	77	MOPEN	40	01:12:07	83	01:11:58	84	Lancaster
391	Jon	Terry	M	78	MOPEN	41	01:12:07	84	01:11:58	83	Sale
1048	James	Lund	M	79	MOPEN	42	01:12:09	85	01:12:03	85	
284	Eddie	Close	M	80	MOPEN	43	01:12:12	86	01:12:04	86	Howgill Harriers
175	Huw	Johnson	M	81	MOPEN	44	01:12:20	87	01:12:11	87	Lancaster & Morecambe AC
109	Roger	Grey	M	82	MV50	11	01:12:22	88	01:12:17	88	Cumberland Fell Runners
499	Carl	Thompson	M	83	MOPEN	45	01:12:38	89	01:12:17	89	Salford
421	Simon	Stickley	M	84	MOPEN	46	01:12:39	90	01:12:22	91	Preston
96	Gary	Bradley	M	85	MV40	25	01:12:45	91	01:12:18	90	Barnoldswick
235	Keith	Thompson	M	86	MV50	12	01:12:46	92	01:12:38	95	Derwent AC
625	Nick	Hughes	M	87	MOPEN	47	01:12:48	93	01:12:35	94	Keswick
216	Clive	Hope	M	88	MV50	13	01:12:48	94	01:12:30	93	Hyde
368	Duncan	Hill	M	89	MOPEN	48	01:12:50	95	01:12:43	96	Manchester
99	Mark	Gibson	M	90	MOPEN	49	01:12:58	96	01:12:24	92	Whitehaven
411	Jamie	Hunter	M	91	MOPEN	50	01:12:59	97	01:12:45	97	leigh
181	John	Dowty	M	92	MV50	14	01:13:02	98	01:12:47	98	South London Orienteers
511	Gareth	Patchett	M	93	MV40	26	01:13:02	99	01:12:47	99	Spensborough & District AC
431	Angela	Armstrong	F	7	FOPEN	5	01:13:03	100	01:13:00	100	Carlisle
220	Simon	Wainwright	M	94	MOPEN	51	01:13:07	101	01:13:00	101	nottingham
538	Paul	Booth	M	95	MOPEN	52	01:13:17	102	01:13:02	102	Cheadle
259	Anthony	Metcalfe	M	96	MV50	15	01:13:27	103	01:13:25	103	Mossley Hill AC
552	Stuart	Hurst	M	97	MOPEN	53	01:13:35	104	01:13:29	104	Dallam Running Club
113	Alix	Critchley	F	8	FOPEN	6	01:13:44	105	01:13:37	105	Northbrook AC
252	Ian	Hunter	M	98	MOPEN	54	01:13:45	106	01:13:42	107	Kimberley and District Strider
75	Gordon	Everard	M	99	MV50	16	01:13:48	107	01:13:41	106	Lancaster & Morecambe AC
176	Peter	Carpenter	M	100	MV40	27	01:14:00	108	01:13:56	109	Ellesmere Port
597	Ian	Lavender	M	101	MOPEN	55	01:14:14	109	01:13:42	108	Moray
341	Ian	Goulding	M	102	MV40	28	01:14:19	110	01:14:06	110	Ambleside
462	Christopher	Ryan	M	103	MOPEN	56	01:14:27	111	01:14:08	111	Liverpool
413	Clive	Steffen	M	104	MV40	29	01:14:38	112	01:14:27	112	Northamptonshire
274	Nick	Collier	M	105	MV40	30	01:14:43	113	01:14:29	113	DPFR
71	Kim	Crowther	F	9	FOPEN	7	01:14:55	114	01:14:43	115	Evenwood Road Runners
198	Ian	Horne	M	106	MV40	31	01:15:02	115	01:14:50	117	Eden Runners
567	Kathleen	Aubrey	F	10	FV40	3	01:15:07	116	01:15:01	118	Helm Hill Runners
241	Trevor	Brewster	M	107	MV50	17	01:15:08	117	01:14:49	116	leeds
633	Nick	Higham	M	108	MV40	32	01:15:26	118	01:14:42	114	Lancaster
606	Michael	Parker	M	109	MV50	18	01:15:39	119	01:15:15	119	Tyne and Wyre
177	Graham	Schofield	M	110	MV50	19	01:15:48	120	01:15:42	122	Chorley Harriers
50	Josephine	Holdsworth	F	11	FOPEN	8	01:15:55	121	01:15:52	125	Clayton le moors Harriers
165	Chris	Sumsion	M	111	MV40	33	01:15:58	122	01:15:28	120	Newcastle Upon Tyne
598	Mark	Earle	M	112	MV50	20	01:16:05	123	01:15:40	121	Lymm
453	Simon	Hooton	M	113	MV40	34	01:16:15	124	01:16:03	127	Manchester
445	David	Whitfield	M	114	MOPEN	57	01:16:18	125	01:16:00	126	Skipton
258	Sue	Wilkinson	F	12	FV40	4	01:16:20	126	01:16:18	132	Keswick AC
395	Rebecca	Sheffield	F	13	FOPEN	9	01:16:21	127	01:15:43	124	Colne
449	Matthew	Davies	M	115	MOPEN	58	01:16:27	128	01:15:42	123	Mossley Hill AC
517	Simon	Cox	M	116	MOPEN	59	01:16:30	129	01:16:04	129	Edinburgh
122	Stephen	Burrowes	M	117	MV40	35	01:16:31	130	01:16:23	135	Kendal Amateur Athletic Club
244	Ian	Hughes	M	118	MOPEN	60	01:16:32	131	01:16:16	131	manchester
614	Paul	Sparrow	M	119	MV40	36	01:16:34	132	01:16:04	128	Blackpool
272	David	Pearson	M	120	MV40	37	01:16:41	133	01:16:06	130	Cockermouth
85	Graham	Bingham	M	121	MV40	38	01:16:42	134	01:16:40	138	South Shields
396	Philip	Hanson	M	122	MOPEN	61	01:16:43	135	01:16:37	137	Leyland
58	Nick	Huckerby	M	123	MOPEN	62	01:16:44	136	01:16:23	134	Dunfermline
479	Carmel	Sullivan	F	14	FV40	5	01:16:44	137	01:16:23	136	Wesham Road Runners
107	Catherine	Spoons	F	15	FOPEN	10	01:16:51	138	01:16:40	139	Chester-le-Street
246	Kevin	Dickson	M	124	MOPEN	63	01:17:03	139	01:16:22	133	Warrington Road Runners
170	Keith	Brewster	M	125	MV50	21	01:17:03	140	01:16:45	142	leeds
298	Keith	Frost	M	126	MV40	39	01:17:08	141	01:16:44	141	Newcastle Upon Tyne
187	George	Royston-Bishop	M	127	MOPEN	64	01:17:15	142	01:16:42	140	St Bees
144	Roger	Quayle	M	128	MV50	22	01:17:17	143	01:17:08	144	Barrow & Furness Striders
533	Tom	Sharp	M	129	MOPEN	65	01:17:28	144	01:17:18	147	Keswick
121	Les	Stephenson	M	130	MV60	4	01:17:29	145	01:17:29	148	Kendal AC
441	Dave	Groombridge	M	131	MV40	40	01:17:31	146	01:17:05	143	Preston
656	Frank	Blakeley	M	132	MOPEN	66	01:17:33	147	01:17:16	146	widnes
333	Gordon	Carver	M	133	MV40	41	01:17:39	148	01:17:30	150	Newton Aycliffe Athletic Club
469	Craig	Mcgill	M	134	MOPEN	67	01:17:51	149	01:17:30	149	Windermere
540	Lee	Size	M	135	MOPEN	68	01:17:56	150	01:17:41	152	Liverpool
448	Helen	Davies	F	16	FOPEN	11	01:17:57	151	01:17:13	145	Mossley Hill AC
564	Steve	Harwood	M	136	MV60	5	01:18:12	152	01:17:57	154	Keswick AC
84	Graeme	Burns	M	137	MV40	42	01:18:14	153	01:17:40	151	Congleton
318	Errick	Hannah	M	138	MV50	23	01:18:22	154	01:18:16	158	Cumberland Athletic Club
218	Amanda	Schofield	F	17	FOPEN	12	01:18:22	155	01:18:16	159	Milton Keynes AC
390	Daniel	Hunsley	M	139	MOPEN	69	01:18:25	156	01:18:13	156	altrincham
323	Stephen	Strachan	M	140	MV40	43	01:18:25	157	01:17:42	153	Keswick AC

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532	John	Ainsworth	M	141	MV40	44	01:18:26	158	01:18:15	157	Wirral
62	Janet	Wright	F	18	FV40	6	01:18:33	159	01:18:23	160	Aire Valley Runners
226	Mark	Walker	M	142	MV40	45	01:18:34	160	01:18:30	161	Rochdale Harriers
660	Mark	Treadwell	M	143	MV40	46	01:18:35	161	01:18:09	155	WEST SUSSEX
530	Simon	Dowson	M	144	MOPEN	70	01:18:40	162	01:18:36	162	Skipton
556	Stephen	Loneragan	M	145	MOPEN	71	01:18:49	163	01:18:36	163	Wootton Road Runners
526	Jonathan	Miller-Crook	M	146	MV40	47	01:19:15	164	01:19:08	166	Preston
195	Andy	Letheren	M	147	MV40	48	01:19:16	165	01:18:40	164	Kendal
48	Mike	Jones	M	148	MOPEN	72	01:19:29	166	01:19:25	169	Barrow-in-Furness
202	Emma	Graham	F	19	FOPEN	13	01:19:34	167	01:18:56	165	St. Bees Triers
267	John	Chapman	M	149	MV50	24	01:19:44	168	01:19:22	168	Howgill Harriers
546	Stephen	Ellis	M	150	MV40	49	01:19:50	169	01:19:39	170	Neston
353	David	Wilson	M	151	MV50	25	01:19:51	170	01:19:43	171	stoke-on-trent
365	Phil	Owen	M	152	MV40	50	01:20:03	171	01:19:20	167	Fetcheveryone
325	Kath	Woodley	F	20	FOPEN	14	01:20:03	172	01:19:57	173	Kendal
642	John	Bamforth	M	153	MV40	51	01:20:19	173	01:19:49	172	Seascale
91	Suzy	Grindley	F	21	FOPEN	15	01:20:23	174	01:20:10	175	Keswick AC
484	Robert	Hankin	M	154	MOPEN	73	01:20:23	175	01:20:11	176	Keswick AC
147	John	Coates	M	155	MV40	52	01:20:26	176	01:20:07	174	skipton
616	Albert	Douglas	M	156	MV50	26	01:20:29	177	01:20:12	177	Penrith
512	Christopher	Glover	M	157	MV40	53	01:20:30	178	01:20:14	178	Kirkstall Harriers
326	Hayley	Hodgson	F	22	FV40	7	01:20:32	179	01:20:25	182	Keswick AC
378	Jeff	Prestridge	M	158	MV50	27	01:20:33	180	01:20:17	180	Serpentine AC
313	Matthew	Warboys	M	159	MOPEN	74	01:20:41	181	01:20:19	181	stockport
131	Peter	Newstead	M	160	MOPEN	75	01:20:43	182	01:20:14	179	Warrington
311	Jane	Jackson	F	23	FV40	8	01:20:46	183	01:20:29	183	Edinburgh Athletic Club
477	Mark	Richards	M	161	MV40	54	01:20:57	184	01:20:34	185	Bromborough
273	Penny	Collier	F	24	FV40	9	01:20:58	185	01:20:42	187	DPFR
40	Steph	Scott	F	25	FOPEN	16	01:21:01	186	01:20:58	193	Northumberland Fell Runners
327	Andrew	Tomkinson	M	162	MOPEN	76	01:21:01	187	01:20:41	186	Rochdale
265	Angela	Dixon	F	26	FOPEN	17	01:21:03	188	01:20:48	189	Skelmersdale Boundary Harriers
571	Dave	Cope	M	163	MV50	28	01:21:06	189	01:20:56	192	Kendal
257	Annabel	Holmes	F	27	FV40	10	01:21:07	190	01:21:05	194	Keswick Athletics Club
243	Stephen	Webb	M	164	MV50	29	01:21:11	191	01:20:32	184	Warrington Road Runners
518	Rob	Laybourne	M	165	MOPEN	77	01:21:20	192	01:20:53	191	Chester-le-Street
247	Stuart	Hardcastle	M	166	MV50	30	01:21:22	193	01:20:42	188	Quakers R.C.
314	Jol	Marsh	M	167	MOPEN	78	01:21:27	194	01:21:06	195	stockport
124	Dave	Walker	M	168	MV40	55	01:21:33	195	01:20:51	190	Durham
637	Elliot	King Davies	M	169	MOPEN	79	01:21:56	196	01:21:38	196	Leeds
661	Philip	Davidson	M	170	MV40	56	01:22:01	197	01:21:50	198	Preston Harriers
18	Paul	Titley	M	171	MV50	31	01:22:11	198	01:21:56	199	Keswick AC
621	Carolyn	Mackintosh	F	28	FOPEN	18	01:22:13	199	01:22:07	201	Ambleside AC
600	Terry	Fenton	M	172	MV50	32	01:22:28	200	01:22:11	203	Great Western Runners
264	Allen	Smith	M	173	MV50	33	01:22:29	201	01:21:49	197	Nr. Chester
222	Andy	Lawrence	M	174	MV40	57	01:22:29	202	01:22:04	200	Keighley
438	Graham	Brown	M	175	MOPEN	80	01:22:33	203	01:22:08	202	Batley
158	Paul	Clutterbuck	M	176	MV40	58	01:22:40	204	01:22:27	205	Vale Royal Athletics Club
568	Louise	Griffin	F	29	FV40	11	01:22:45	205	01:22:42	209	Oakwood
673	Sarah	Thompson	F	30	FOPEN	19	01:22:51	206	01:22:39	208	Keswick
205	Ian	Baker	M	177	MV50	34	01:22:52	207	01:22:19	204	STOCKPORT
439	Angus	Nicholson	M	178	MOPEN	81	01:22:58	208	01:22:31	206	Whitby
197	Julia	King	F	31	FV50	1	01:23:01	209	01:22:48	211	Eden Runners
217	David	Neate	M	179	MV40	59	01:23:03	210	01:22:43	210	Natland
590	Sarah	Jones	F	32	FOPEN	20	01:23:04	211	01:22:54	213	Lothian RC
214	Mark	Shuttleworth	M	180	MV40	60	01:23:08	212	01:22:34	207	Lostock AC
310	Joanne	Leah	F	33	FOPEN	21	01:23:10	213	01:23:01	216	Ulverston
355	Simon	Humphries	M	181	MV40	61	01:23:17	214	01:23:09	218	Wigton
437	James	Christmas	M	182	MOPEN	82	01:23:18	215	01:22:54	212	St. Ives
200	Stephen	Tysome	M	183	MV40	62	01:23:26	216	01:22:59	215	Trail Running Association
270	Nicola	Davison	F	34	FOPEN	22	01:23:28	217	01:23:19	221	Keswick AC
485	Jill	Horsburgh	F	35	FV50	2	01:23:33	218	01:23:24	223	Lothian Running Club
424	Colin	Hill	M	184	MV40	63	01:23:33	219	01:23:26	225	Sale
493	Bill	Mumford	M	185	MV50	35	01:23:34	220	01:23:03	217	Barford St Michael
472	Stuart	Matthews	M	186	MV40	64	01:23:35	221	01:23:29	226	North Shields Poly AC
82	Sharon	Nesmith	F	36	FOPEN	23	01:23:36	222	01:23:11	219	Ambleside
559	Gary	Allington	M	187	MV40	65	01:23:37	223	01:22:57	214	West Yorkshire
930	Neil	O'Brien	M	188	MOPEN	83	01:23:39	224	01:23:21	222	Manchester Tri
442	Jan	Oliver	F	37	FV50	3	01:23:41	225	01:23:35	227	Tynedale Harriers
42	Becky	Butterfield	F	38	FOPEN	24	01:23:44	226	01:23:15	220	Lancaster and Morecambe AC
351	Christina	Mcquire	F	39	FV40	12	01:23:50	227	01:23:24	224	Lancaster & Morecambe AC
92	Dave	Robinson	M	189	MOPEN	84	01:23:52	228	01:23:39	228	Kendal
178	Tim	Smith	M	190	MV40	66	01:23:55	229	01:23:42	229	Dallam Running Club
681	Catherine	Bent	F	40	FOPEN	25	01:24:04	230	01:23:58	232	Wetheral
379	Kim	Matthews	F	41	FV50	4	01:24:10	231	01:23:48	230	Elswick harriers
428	Sarah	Brown	F	42	FOPEN	26	01:24:15	232	01:24:09	233	LONDON
466	Lee	Tasker	M	191	MOPEN	85	01:24:19	233	01:23:55	231	Chester
306	Susan	Milburn	F	43	FV50	5	01:24:31	234	01:24:23	236	Newton Aycliffe AC
402	Liz	Hughes	F	44	FV40	13	01:24:34	235	01:24:25	237	London
225	Paul	Chrisp	M	192	MV40	67	01:24:41	236	01:24:29	239	Tarporley
611	Robert	Hanlon	M	193	MV50	36	01:24:42	237	01:24:11	235	Windermere

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position	Club
125	Alan	Davidson	M	194	MV50	37	01:24:45	238	01:24:10	234	Witney
885	Robin	Lees	M	195	MV50	38	01:24:51	239	01:24:44	243	Ambleside
594	Ian	Tarvitt	M	196	MV60	6	01:25:01	240	01:24:26	238	Vale of Aylesbury
245	Terry	Herbert	M	197	MV50	39	01:25:09	241	01:24:53	246	North East Veterans A C
635	Cameron	Whitehead	M	198	MOPEN	86	01:25:11	242	01:25:03	247	Bridgedale
201	Anita	Barker	F	45	FOPEN	27	01:25:13	243	01:24:37	242	COCKERMOUTH
557	Clare	Tromans	F	46	FOPEN	28	01:25:14	244	01:24:32	240	York
558	David	Tromans	M	199	MV40	68	01:25:14	245	01:24:33	241	York
451	Emma	Cassidy	F	47	FOPEN	29	01:25:20	246	01:25:10	252	Hexham
132	Adrian	Roberts	M	200	MV40	69	01:25:21	247	01:24:47	244	Lostock AC
123	Ian	Grace	M	201	MV50	40	01:25:23	248	01:24:50	245	Chorley Harriers
488	Paul	Roche	M	202	MV50	41	01:25:25	249	01:25:12	253	Merseyside Police
435	Chadlea	Jenkins	M	203	MOPEN	87	01:25:33	250	01:25:19	255	Bedford Harriers
537	Nigel	Burkitt	M	204	MV50	42	01:25:35	251	01:25:05	248	Cleethorpes AC
397	Ritchie	Head	M	205	MV40	70	01:25:37	252	01:25:08	251	Wallasey
102	Antony	Brown	M	206	MOPEN	88	01:25:38	253	01:25:26	257	Batley
580	David	Cummins	M	207	MV40	71	01:25:40	254	01:25:06	249	chorley
579	Michael	Cummins	M	208	MV40	72	01:25:40	255	01:25:07	250	chorley
536	Hilary	Burkitt	F	48	FV50	6	01:25:44	256	01:25:14	254	Cleethorpes AC
409	Steve	Hails	M	209	MV40	73	01:25:55	257	01:25:24	256	Newcastle upon Tyne
541	Cath	Fenn	F	49	FOPEN	30	01:25:57	258	01:25:45	261	Northbrook AC
539	Kevin	Brown	M	210	MOPEN	89	01:25:59	259	01:25:44	260	maghull
570	Oliver	Downing	M	211	MV60	7	01:26:02	260	01:25:33	258	Bingley Harriers & AC
481	Claire	Shanley	F	50	FV40	14	01:26:05	261	01:25:55	263	Lothian Running Club
152	Michael	Law	M	212	MV60	8	01:26:16	262	01:25:34	259	Ayrshire
652	Stephanie	Marshall	F	51	FOPEN	31	01:26:21	263	01:26:08	266	bolton - appleby
412	Neil	Metcalf	M	213	MOPEN	90	01:26:27	264	01:25:46	262	Carlisle
339	Ruth	Batty	F	52	FOPEN	32	01:26:31	265	01:26:12	268	Sheffield
440	Glenn	Dawson	M	214	MOPEN	91	01:26:35	266	01:26:08	265	Rotherham
39	Steve	Mees	M	215	MV50	43	01:26:35	267	01:25:57	264	Kendal
465	David	Murphy	M	216	MOPEN	92	01:26:36	268	01:26:11	267	Ellesmere Port
29	Peter	Graham	M	217	MOPEN	93	01:26:41	269	01:26:21	273	Aspatria
613	Helen	Wilson	F	53	FV40	15	01:26:44	270	01:26:17	270	Garstang Running Club
180	Alun	Davies	M	218	MV40	74	01:26:44	271	01:26:25	274	Leeds
496	Salman	Shamim	M	219	MOPEN	94	01:26:49	272	01:26:16	269	Realbuzz
130	Stuart	Bell	M	220	MV50	44	01:26:51	273	01:26:18	271	Kendal AC
115	Graham	Parker	M	221	MV40	75	01:26:57	274	01:26:20	272	Kendal
74	Dave	Horseman	M	222	MOPEN	95	01:27:03	275	01:26:50	276	Lancaster
588	Mark	Allitt	M	223	MV40	76	01:27:06	276	01:26:40	275	Selby Striders
286	Peter	Garratty	M	224	MV40	77	01:27:13	277	01:27:02	277	Hyndburn AC
502	Rod	Crawford	M	225	MV40	78	01:27:43	278	01:27:25	280	Lockers Pacemaker
239	Chris	Francis	M	226	MV50	45	01:27:45	279	01:27:23	279	Tynedale Harriers
208	Ann	Cummings	M	227	FV40	16	01:27:46	280	01:27:15	278	Cockermouth
192	Anne	Jeynes	F	54	FOPEN	33	01:27:49	281	01:27:33	281	Mossley Hill AC
139	Elisabeth	Smart	F	55	FV50	7	01:27:53	282	01:27:37	284	Dumfries Running Club
52	Ciara	Fitzpatrick	F	56	FOPEN	34	01:27:53	283	01:27:36	283	London
203	Rhiannon	Robinson	F	57	FV40	17	01:28:01	284	01:27:56	287	Tynedale Harriers
528	Steve	Fairclough	M	228	MV40	79	01:28:07	285	01:27:47	285	Stockport Harriers
659	Lorraine	Treadwell	F	58	FV40	18	01:28:09	286	01:27:33	282	west sussex
410	Neil	Hunter	M	229	MV40	80	01:28:10	287	01:27:56	286	leigh
474	Ian	Shuttleworth	M	230	MOPEN	96	01:28:45	288	01:28:07	289	st bees triers
168	Stephen	Cruickshank	M	231	MV40	81	01:28:47	289	01:28:03	288	Formby Runners
342	Daniela	Rivatelli	F	59	FV40	19	01:29:03	290	01:28:55	292	Stuttgart GERMANY
407	Anja	Coulthard	F	60	FOPEN	35	01:29:08	291	01:28:58	293	London
212	Caroline	Gavin	F	61	FOPEN	36	01:29:11	292	01:28:43	290	Wigan
475	Rachael	Mcdougal	F	62	FOPEN	37	01:29:15	293	01:28:48	291	Lockerbie
423	Dominic	Hattee	M	232	MOPEN	97	01:29:33	294	01:29:09	294	Essex
32	Lorna	Gold	F	63	FV40	20	01:29:54	295	01:29:23	296	Birmingham
33	Leon	Bond	M	233	MV40	82	01:29:54	296	01:29:24	297	Birmingham
501	Jocelyn	Pye	F	64	FV40	21	01:30:06	297	01:29:23	295	Keswick
315	Renata	Safranauskas	F	65	FV40	22	01:30:17	298	01:29:53	299	Manchester
228	Julie	Lundrigan	F	66	FOPEN	38	01:30:22	299	01:29:46	298	Preston
297	Megan	Owen	F	67	FOPEN	39	01:30:33	300	01:30:31	303	Leeds
457	Karen	Mcgrath	F	68	FV40	23	01:30:40	301	01:30:35	304	Worthing
54	Leah	James	F	69	FOPEN	40	01:30:44	302	01:30:21	301	Barnsley
53	David	Lockwood	M	234	MOPEN	98	01:30:44	303	01:30:26	302	Barnsley
83	Peter	Ling	M	235	MV40	83	01:30:51	304	01:30:16	300	Congleton
678	Gradley	Pitman	M	236	MOPEN	99	01:31:09	305	01:31:05	309	Ribble Runners
287	Jonathan	Garratty	M	237	MOPEN	100	01:31:15	306	01:31:05	308	Hyndburn AC
151	Michael	Durston	M	238	MV60	9	01:31:21	307	01:30:36	305	Saltburn
76	Tracey	Benson	F	70	FOPEN	41	01:31:23	308	01:30:56	306	Lancaster & Morecambe AC
415	Steve	Boyer	M	239	MV40	84	01:31:24	309	01:30:56	307	Stainland Lions
542	Mike	Pezet	M	240	MV40	85	01:31:40	310	01:31:10	310	kendal
45	George	Adamson	M	241	MV50	46	01:31:47	311	01:31:15	311	North Shields Polytechnic AC
398	Louisa	Dever	F	71	FV40	24	01:31:52	312	01:31:19	313	Wallasey
79	Dan	Gibson	M	242	MOPEN	101	01:31:56	313	01:31:15	312	Manchester
498	Jimmy	Bell	M	243	MV60	10	01:32:04	314	01:31:41	315	Newcastle upon Tyne
360	Ruth	Akers	F	72	FOPEN	42	01:32:04	315	01:31:21	314	Sheffield
88	Janet	Carling	F	73	FV50	8	01:32:45	316	01:32:25	318	Nidd Valley Road Runners
110	Elizabeth	Waters	F	74	FOPEN	43	01:32:46	317	01:32:17	317	Warrington

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404	Emily	Gent	F	75	FOPEN	44	01:32:46	318	01:32:11	316	Kendal
577	Kenneth	Parr	M	244	MV40	86	01:32:52	319	01:32:28	319	Wigan
61	Peter	Ingham	M	245	MV50	47	01:32:54	320	01:32:42	321	Aire Valley Runners
420	Claire	Piela	F	76	FOPEN	45	01:33:10	321	01:32:42	320	preston
626	Deborah	Varnfield	F	77	FV40	25	01:33:14	322	01:32:45	322	Kettering
629	Kerrie	Bumby	F	78	FOPEN	46	01:33:17	323	01:33:10	328	Kendal
15	Ron	Hill	M	246	MV60	11	01:33:18	324	01:32:59	323	Clayton le Moors Harriers
249	Steve	Harris	M	247	MV60	12	01:33:19	325	01:33:07	326	Lingfield Surrey
108	Les	Male	M	248	MV40	87	01:33:20	326	01:33:09	327	Loughborough
447	Oliver	Bird	M	249	MOPEN	102	01:33:23	327	01:33:03	324	Wallasey
294	Hilda	Frost	F	79	FV40	26	01:33:32	328	01:33:04	325	Elswick Harriers
497	Sarah Kate	Atkins	F	80	FOPEN	47	01:33:40	329	01:33:31	332	Otley
309	Claire	Maxted	F	81	FOPEN	48	01:33:43	330	01:33:32	333	Eye Community Runners
163	Michelle	Shuttleworth	F	82	FOPEN	49	01:33:52	331	01:33:14	329	st bees triers
237	Ann	Pretswell	F	83	FV40	27	01:33:55	332	01:33:47	336	Keswick
545	Robert	Surgener	M	250	MV40	88	01:33:56	333	01:33:24	330	Penrith
639	Neil	Taylor	M	251	MOPEN	103	01:34:00	334	01:33:26	331	Preston
30	Peter	Lymer	M	252	MV50	48	01:34:11	335	01:33:43	335	Droitwich AC
230	Alan	Miles	M	253	MV50	49	01:34:12	336	01:33:51	337	Bushfield Joggers
683	Sarah	Bailey	F	84	FOPEN	50	01:34:24	337	01:34:00	338	Keswick AC
153	Sally	Law	F	85	FV60	1	01:34:26	338	01:33:43	334	Ayrshire
73	Sandra	Nelson	F	86	FV40	28	01:34:38	339	01:34:02	339	Cockermouth
513	Alyson	Glover	F	87	FV40	29	01:34:42	340	01:34:25	341	Pudsey Pacers
480	Jane	Warner	F	88	FV40	30	01:34:53	341	01:34:21	340	Wigan
602	Ben	Lambert	M	254	MOPEN	104	01:34:57	342	01:34:41	344	Essex
374	Brian	Dobson	M	255	MV50	50	01:35:00	343	01:34:27	342	Pocklington Runners
127	Stephen	Graham	M	256	MV40	89	01:35:09	344	01:35:09	348	Wigton
670	Debbie	Garfield	F	89	FOPEN	51	01:35:14	345	01:34:50	345	Border H
343	Franco	Guarasci	M	257	MOPEN	105	01:35:21	346	01:35:02	346	Leeds
146	Hilary	Robinson	F	90	FV40	31	01:35:22	347	01:34:37	343	Bolton United Harriers
301	Ian	Gibson	M	258	MV50	51	01:35:34	348	01:35:12	349	Tynedale Harriers
191	Kev	Kendal	M	259	MOPEN	106	01:35:51	349	01:35:08	347	Trail Runners Association
425	David	Seaman	M	260	MOPEN	107	01:36:16	350	01:35:54	350	Essex
336	Di	Jelley	F	91	FV50	9	01:36:27	351	01:35:55	351	North Shields Polytechnic AC
148	Stephen	Laker	M	261	MV40	90	01:36:28	352	01:36:07	352	preston
103	Janice	Metcalf	F	92	FV40	32	01:36:28	353	01:36:09	353	Preston Harriers
251	Stephen	Watson	M	262	MV60	13	01:36:52	354	01:36:38	355	Cumberland AC
638	Matthew	Gibbs	M	263	MOPEN	108	01:37:09	355	01:36:35	354	Preston
299	Jeff	Spencer	M	264	MV40	91	01:37:20	356	01:37:04	358	Ormskirk
665	Jane	Ambler	F	93	FOPEN	52	01:37:25	357	01:36:41	356	Razzers Runners
507	Jason	Watters	M	265	MOPEN	109	01:37:32	358	01:36:58	357	dalton-in-furness
145	Jane	Woodburn	F	94	FV40	33	01:37:34	359	01:37:18	360	Skelmersdale Boundary Harriers
494	Gina	Mumford	F	95	FV40	34	01:37:39	360	01:37:08	359	Barford St Michael
641	Lawrence	Woodley	M	266	MV60	14	01:37:52	361	01:37:32	361	Tattenhall Runners
149	Stephen	Tallentire	M	267	MV50	52	01:38:30	362	01:37:50	362	durham
255	David	Sinnott	M	268	MV60	15	01:39:06	363	01:38:24	363	Saddleworth Running Club
137	Judy	Greenwood	F	96	FV50	10	01:39:22	364	01:38:44	365	Nidd Valley Road Runners
183	Annie	Burns	F	97	FV50	11	01:39:22	365	01:38:43	364	Nidd Valley Road Runners
279	Neil	Baker	M	269	MV40	92	01:39:46	366	01:39:13	366	Sawtry
129	Karen	Holmes	F	98	FV40	35	01:40:16	367	01:39:41	367	Keswick
624	Marie	Allen	F	99	FV40	36	01:40:21	368	01:39:42	368	Barrow & Furness Striders AC
369	Amanda	Daly	F	100	FV40	37	01:40:44	369	01:40:36	369	Manchester
647	George	Crawford-Smith	M	270	MV60	16	01:42:08	370	01:41:26	370	Bridgedale
636	Matt	Dooleys	M	271	MOPEN	110	01:42:11	371	01:42:02	371	Bridgedale
408	Jules	Burrell	F	101	FV40	38	01:42:31	372	01:42:10	372	Penrith
106	Janice	Allan	F	102	FV40	39	01:42:53	373	01:42:19	373	Dumfries
680	Simon	Martin	M	272	MV40	93	01:43:31	374	01:43:05	375	Linton
544	Carmen	Sykes	F	103	FV40	40	01:43:40	375	01:42:55	374	north devon
675	Kevin	Feeney	M	273	MV50	53	01:44:42	376	01:44:28	378	Hamsters
674	Sarah	Shepley	F	104	FV40	41	01:44:42	377	01:44:27	377	Hamsters
561	Cer	Mulliss	F	105	FOPEN	53	01:44:54	378	01:44:23	376	Gwynedd
142	Jo-Anna	Robson	F	106	FOPEN	54	01:45:42	379	01:44:59	379	Shropshire
444	Rene	Guenther	M	274	MOPEN	111	01:45:56	380	01:45:33	382	Wigan
443	Petra	Guenther	F	107	FOPEN	55	01:45:56	381	01:45:33	383	Wigan
190	Andrew	Sutton	M	275	MOPEN	112	01:46:07	382	01:45:29	380	Whitehaven
89	Eleanor	Parker	F	108	FOPEN	56	01:46:07	383	01:45:30	381	Whitehaven
668	Rachel	Cubitt	F	109	FOPEN	57	01:46:17	384	01:45:49	384	Norwich
662	Sharon	Farmer	F	110	FOPEN	58	01:46:39	385	01:45:54	385	Mossley Hill AC
269	Mary	Smallwood	F	111	FV40	42	01:46:58	386	01:46:12	386	Mossley Hill AC
154	Penny	Moreton	F	112	FV40	43	01:47:17	387	01:46:52	387	Black Combe Runners
664	Kate	Loftus O'Brien	F	113	FOPEN	59	01:47:47	388	01:47:30	388	Levens
663	Vincent	O'Brien	M	276	MV50	54	01:47:52	389	01:47:34	389	Levens
364	Fiona	Saxby	F	114	FOPEN	60	01:48:00	390	01:47:51	392	Cheshire
347	William	Lockett	M	277	MV60	17	01:48:15	391	01:47:41	390	Blythe Bridge RC
345	Lucy	Maggiori	F	115	FOPEN	61	01:48:18	392	01:47:44	391	Dumfries
179	Charmian	Robson	F	116	FV60	2	01:49:19	393	01:48:39	393	St Bees
531	Kate	Ainsworth	F	117	FV40	44	01:50:10	394	01:50:00	395	Wirral
376	Jim	Whelan	M	278	MV50	55	01:50:24	395	01:49:56	394	Witney
562	Richard	Creek	M	279	MV50	56	01:50:42	396	01:50:42	397	Omaha
470	Ewen	Menzies	M	280	MOPEN	113	01:51:00	397	01:50:20	396	Budleigh Salterton