

## Lakeland Trails in Staveley

## Kentmere Trail Run 10K

| Pos | Bib  | Name               | M/F | Age Cat         | Club                                   | Finish Time |
|-----|------|--------------------|-----|-----------------|--|-------------|
| 1.  | 743  | Craig Gunn         | m   |                 | U/A Sunderland                         | 0:47:54     |
| 2.  | 741  | Ciaran Roddy       | m   |                 | Red Rose Runners                       | 0:51:30     |
| 3.  | 596  | Ben Pippard        | m   |                 | U/A Newcastle upon Tyne, Tyne and Wear | 0:55:15     |
| 4.  | 644  | Martin Thomlinson  | m   | Veteran 40      | Muckle Toon Sloggers                   | 0:55:50     |
| 5.  | 548  | Stuart Parry       | m   | Veteran 40      | U/A Carlisle,                          | 0:56:04     |
| 6.  | 734  | Nick Sharp         | m   | Veteran 50      | U/A Wakefield, West Yorkshire          | 0:57:43     |
| 7.  | 703  | Ian Robinson       | m   | Veteran 40      | SCC                                    | 0:58:27     |
| 8.  | 460  | John Barker        | m   |                 | Red Rose Runners                       | 0:58:36     |
| 9.  | 517  | Tom Chivers        | m   |                 | U/A Kendal,                            | 0:58:38     |
| 10. | 775  | Stacy Wheat        | f   |                 | Herne Hill Harriers                    | 0:59:00     |
| 11. | 737  | Lance Saxby        | m   | Veteran 50      |  | 0:59:08     |
| 12. | 827  | Ronnie Haddow      | m   | Veteran 40      | Furness Fell Runners                   | 0:59:29     |
| 13. | 1148 | Mark Lamb          | m   |                 | Mornington Chasers                     | 0:59:34     |
| 14. | 696  | Nick Lewthwaite    | m   | Veteran 40      | U/A Windermere, Cumbria                | 0:59:49     |
| 15. | 572  | Richard Holmes     | m   | Veteran 40      | U/A Lytham,                            | 1:00:03     |
| 16. | 550  | Mark Storey        | m   |                 | U/A Newcastle, Tyne & Wear             | 1:00:13     |
| 17. | 859  | Aaron Spencer      | m   |                 | St Bees Triers                         | 1:00:13     |
| 18. | 856  | Eva Mack           | f   |                 | U/A Barnet,                            | 1:00:29     |
| 19. | 583  | Ashley Stephenson  | m   |                 | U/A Bury,                              | 1:00:49     |
| 20. | 475  | Lauren Gora        | f   |                 | Lancaster and Morecambe AC             | 1:00:55     |
| 21. | 357  | John Gorman        | m   | Veteran 40      | U/A Preston , Lancashire               | 1:01:01     |
| 22. | 315  | Dave Jay           | m   | Veteran 40      | Lonely Goat RC                         | 1:01:15     |
| 23. | 867  | Jonny Grisedale    | m   | Veteran 40      | Team inov-8.com                        | 1:01:25     |
| 24. | 80   | Steve Boddy        | m   | Veteran 50      | Gosforth Harriers                      | 1:01:40     |
| 25. | 410  | David MacGillivray | m   | Veteran 60      | DH Runners                             | 1:02:09     |
| 26. | 404  | Stephen Shaw       | m   |                 | U/A Standish, Wigan, Gtr Manchester    | 1:02:23     |
| 27. | 429  | James Gaffney      | m   |                 | -                                      | 1:02:33     |
| 28. | 687  | Andy Shaw          | m   |                 | St Helens Striders                     | 1:02:39     |
| 29. | 519  | Julian Fisher      | m   | Veteran 40      | BunFit Running Club                    | 1:02:43     |
| 30. | 605  | Jennifer Casson    | f   |                 | U/A Lancaster ,                        | 1:02:44     |
| 31. | 662  | Oliver Lees        | m   |                 | U/A Leeds, West Yorkshire              | 1:02:55     |
| 32. | 838  | Rhys Mayor         | m   |                 | U/A Liverpool,                         | 1:02:59     |
| 33. | 799  | Sean Roddy         | m   |                 | U/A Preston , Lancs                    | 1:03:01     |
| 34. | 468  | Daniel Richardson  | m   |                 | U/A Darlington,                        | 1:03:11     |
| 35. | 560  | Louis Barden       | m   | Veteran 40      | U/A Kendal, Cumbria                    | 1:03:20     |
| 36. | 778  | Andrew Cave        | m   | Veteran 50      | U/A Southport, Merseyside              | 1:03:25     |
| 37. | 860  | ANDREW TINKLER     | m   | Veteran 40      | U/A LANCASTER, LANCS                   | 1:03:28     |
| 38. | 579  | Rhiannon Page      | f   |                 | Bowland Fell Runners                   | 1:03:35     |
| 39. | 490  | Catherine Houston  | f   | Lady Veteran 40 | U/A Kendal, Cumbria                    | 1:03:38     |
| 40. | 451  | Sean Mitchell      | m   | Veteran 40      | Barnet & District AC                   | 1:03:49     |
| 41. | 502  | Howard Buckingham  | m   | Veteran 40      | Stocksfield Striders                   | 1:03:51     |
| 42. | 503  | Ted Buckingham     | m   |                 | U/A Prudhoe, Northumberland            | 1:03:53     |
| 43. | 706  | Robbie Edwards     | m   | Veteran 40      | Southport running cluc                 | 1:03:59     |
| 44. | 474  | William Chick      | m   |                 | U/A Grantham, lincs                    | 1:04:08     |
| 45. | 570  | Dave Rooney        | m   | Veteran 50      | U/A Southport, Merseyside              | 1:04:09     |
| 46. | 602  | Jake Ferm          | m   |                 | U/A London ,                           | 1:04:15     |
| 47. | 368  | Alice Clarkson     | f   |                 | U/A Cambridge,                         | 1:04:30     |
| 48. | 369  | Paul Bread         | m   |                 | U/A Cambridge,                         | 1:04:31     |
| 49. | 630  | Graham Ingham      | m   | Veteran 50      | U/A Kirkham,                           | 1:04:33     |
| 50. | 47   | Alice Chivers      | f   |                 | U/A Kendal,                            | 1:04:36     |
| 51. | 514  | Gareth Stockdale   | m   | Veteran 40      | U/A Stockport,                         | 1:04:38     |
| 52. | 525  | Jessica Booth      | f   |                 | U/A Salford, Greater Manchester        | 1:04:50     |
| 53. | 314  | Stephen Biscoomb   | m   | Veteran 60      | Clayton le moors                       | 1:04:57     |
| 54. | 379  | Paul Morris        | m   | Veteran 60      | U/A Hockley, Essex                     | 1:05:35     |
| 55. | 766  | Mark Bateman       | m   | Veteran 40      | U/A Windermere                         | 1:05:46     |
| 56. | 817  | Helen Johnson      | f   | Lady Veteran 40 | Wirral Vikings                         | 1:05:52     |
| 57. | 797  | Hannah Brookfield  | f   |                 | U/A Aughton, Lancashire                | 1:05:52     |
| 58. | 431  | Simon Ellmers      | m   | Veteran 40      | U/A Crawley, West sussex               | 1:05:52     |
| 59. | 524  | Mark D'souza       | m   |                 | U/A Salford, Lancs                     | 1:05:53     |
| 60. | 498  | Louise Riley       | f   | Lady Veteran 40 | U/A Nr Kendal, Cumbria                 | 1:05:54     |
| 61. | 601  | Simon Richardson   | m   | Veteran 40      | U/A Seascale ,                         | 1:06:05     |
| 62. | 426  | Peter Llewellyn    | m   | Veteran 50      | Bowland Fell Runners                   | 1:06:09     |
| 63. | 161  | Gary Stones        | m   |                 | Lymington Athletics                    | 1:06:15     |
| 64. | 576  | Joel Green         | m   |                 | U/A Southport, Merseyside              | 1:06:17     |
| 65. | 339  | Mark Blundell      | m   | Veteran 50      | U/A Ormskirk , Lancashire              | 1:06:22     |
| 66. | 723  | Gerard Hurst       | m   | Veteran 60      | U/A Wigan,                             | 1:06:30     |
| 67. | 725  | Harry Godson       | m   | Veteran 40      | Bentham Beagles                        | 1:06:30     |
| 68. | 678  | David Pattison     | m   | Veteran 40      | U/A Chester, Cheshire                  | 1:06:36     |
| 69. | 682  | Andrew Hemsley     | m   | Veteran 50      | U/A Penrith, Cumbria                   | 1:06:39     |
| 70. | 765  | Joanna Murnane     | f   |                 | U/A Bridge of Weir Renfrewshire        | 1:06:44     |
| 71. | 565  | Callum Gallop      | m   |                 | U/A Kendal, Cumbria                    | 1:06:47     |
| 72. | 657  | jon shard          | m   | Veteran 40      | U/A manchester, lancashire             | 1:07:18     |
| 73. | 412  | Elizabeth Bell     | f   |                 | U/A High Peak , Derbyshire             | 1:07:33     |
| 74. | 523  | Karl Featherstone  | m   |                 | U/A Salford, Lancs                     | 1:07:34     |
| 75. | 652  | Richard Harrison   | m   | Veteran 40      | None                                   | 1:07:42     |

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| Pos  | Bib | Name                  | M/F | Age Cat         | Club                                    | Finish Time |
|------|-----|-----------------------|-----|-----------------|---|-------------|
| 76.  | 764 | Stephanie Gillies     | f   | Lady Veteran 50 | Glaxo Hoad Hill Harriers                | 1:07:47     |
| 77.  | 437 | Katherine France      | f   | Lady Veteran 40 | U/A Kendal, Cumbria                     | 1:07:52     |
| 78.  | 310 | Andrew Edwards        | m   | Veteran 40      | U/A Cupar, Fife                         | 1:07:58     |
| 79.  | 501 | Paul frost            | m   | Veteran 50      | Hyde Village Striders                   | 1:08:12     |
| 80.  | 489 | Vikki Brown           | f   |                 | U/A Kendal, Cumbria                     | 1:08:28     |
| 81.  | 781 | Holly Satterly        | f   |                 | Lancaster & Morecambe A/C               | 1:09:08     |
| 82.  | 729 | Louisa Phillips       | f   |                 | U/A Manchester, Greater Manchester      | 1:09:12     |
| 83.  | 831 | Susie Anton           | f   |                 | Susie Anton PT & Fitness                | 1:09:14     |
| 84.  | 540 | Andy Walch            | m   | Veteran 40      | U/A Barnsley, South yorkshire           | 1:09:30     |
| 85.  | 361 | Phil Horner           | m   | Veteran 40      | Garstang RC                             | 1:09:44     |
| 86.  | 453 | Andy Schofield        | m   | Veteran 40      | U/A Rawtenstall , Lancashire            | 1:09:47     |
| 87.  | 777 | Jonathan Evans        | m   | Veteran 50      | Red Rose                                | 1:09:52     |
| 88.  | 663 | Catriona Curtis       | f   |                 | U/A Kirkby Lonsdale, Cumbria            | 1:10:04     |
| 89.  | 708 | Matthew Walton        | m   |                 | U/A Carlisle , Cumbria                  | 1:10:20     |
| 90.  | 452 | Phil Anderson         | m   | Veteran 40      | U/A Preston, Lancs                      | 1:10:30     |
| 91.  | 858 | David Watts           | m   | Veteran 40      | U/A Carnforth, Lancashire               | 1:10:41     |
| 92.  | 793 | Tom Mather            | m   |                 | U/A Macclesfield,                       | 1:10:55     |
| 93.  | 791 | Jonathan McCabe       | m   | Veteran 40      | U/A wilmslow,                           | 1:10:55     |
| 94.  | 674 | Luke fishpool         | m   |                 | U/A driffield, East Riding of Yorkshire | 1:10:59     |
| 95.  | 441 | David Ashworth        | m   | Veteran 60      | U/A Bolton, Lancs                       | 1:11:11     |
| 96.  | 325 | Ross Woods            | m   |                 | U/A Kendal, Cumbria                     | 1:11:22     |
| 97.  | 454 | Helen Bonham          | f   | Lady Veteran 50 | U/A Barrow-In-Furness , Cumbria         | 1:11:25     |
| 98.  | 595 | Rhodri Harris         | m   |                 | U/A Manchester, Lancashire              | 1:11:27     |
| 99.  | 472 | Sarah Smallwood       | f   | Lady Veteran 50 | U/A Chorley, Lancashire                 | 1:11:35     |
| 100. | 473 | Ewan Smallwood        | m   |                 | U/A CHORLEY, Lancashire                 | 1:11:35     |
| 101. | 575 | Paul Smith            | m   |                 | No club                                 | 1:11:42     |
| 102. | 512 | Luke Marriner         | m   |                 | U/A Darwen, Lancashire                  | 1:11:46     |
| 103. | 866 | Jo Grisedale          | f   | Lady Veteran 40 | Team inov-8.com                         | 1:11:47     |
| 104. | 425 | Andrew Davies         | m   | Veteran 50      | U/A Wolverhampton, West Midlands        | 1:11:48     |
| 105. | 787 | Daniel Brookfield     | m   |                 | U/A ORMSKIRK, Lancashire                | 1:11:56     |
| 106. | 471 | Simon Scarr           | m   | Veteran 50      | BW&FAC                                  | 1:11:59     |
| 107. | 408 | Peter Lane            | m   | Veteran 40      | U/A Newark, Nottinghamshire             | 1:12:03     |
| 108. | 869 | Tim Miles             | m   | Veteran 40      | Millom Striders                         | 1:12:09     |
| 109. | 855 | Andrew Reid           | m   | Veteran 40      | U/A Merseyside,                         | 1:12:15     |
| 110. | 455 | Daniel Mitchell       | m   | Veteran 40      | Elvet Striders                          | 1:12:18     |
| 111. | 767 | Carole Webster        | f   | Lady Veteran 40 | U/A Warrington                          | 1:12:37     |
| 112. | 558 | Nicola Mapes          | f   |                 | U/A Congleton , Cheshire                | 1:12:37     |
| 113. | 715 | Duncan Roche          | m   | Veteran 50      | U/A Millom, Cumbria                     | 1:12:39     |
| 114. | 389 | Abby Wade             | f   |                 | U/A Kendal, Cumbria                     | 1:12:56     |
| 115. | 388 | Elizabeth Gibson      | f   |                 | U/A Kendal , Cumbria                    | 1:12:56     |
| 116. | 608 | Tom Hicks             | m   |                 | U/A Newcastle upon Tyne ,               | 1:12:57     |
| 117. | 532 | Kathy Appleby         | f   | Lady Veteran 50 | U/A Lancaster, Lancashire               | 1:13:00     |
| 118. | 320 | Christine Frank       | f   | Lady Veteran 50 | U/A Yarm , Cleveland                    | 1:13:06     |
| 119. | 804 | Claire Oldfield       | f   |                 | U/A London, Cambridgeshire              | 1:13:11     |
| 120. | 805 | Laura Oldfield        | f   |                 | U/A London,                             | 1:13:13     |
| 121. | 477 | Russell Whyham        | m   | Veteran 40      | U/A Blackpool,                          | 1:13:18     |
| 122. | 689 | Nicholas Schaffer     | m   | Veteran 50      | Millom Striders                         | 1:13:34     |
| 123. | 344 | Michael Wilson        | m   | Veteran 50      | Chorley Athletic & Triathlon Club       | 1:13:35     |
| 124. | 562 | Matthew Murray        | m   |                 | U/A Newcastle upon Tyne,                | 1:13:36     |
| 125. | 351 | Justin Talboys-Cotton | m   | Veteran 40      | U/A Eccleshell, England                 | 1:13:36     |
| 126. | 449 | Stuart Edwards        | m   | Veteran 50      | U/A North Shields, Tyne and Wear        | 1:13:37     |
| 127. | 854 | Sarah Burnett         | f   | Lady Veteran 50 | U/A Kendal, Cumbria                     | 1:13:40     |
| 128. | 606 | Tim Sutton            | m   |                 | U/A SOUTHSEA, Hampshire                 | 1:13:52     |
| 129. | 598 | Janet Shaw            | f   | Lady Veteran 50 | -                                       | 1:13:57     |
| 130. | 338 | Bernice Blundell      | f   | Lady Veteran 50 | U/A Ormskirk, Lancashire                | 1:14:06     |
| 131. | 705 | Ted Smedley           | m   | Veteran 40      | U/A Prescott, Merseyside                | 1:14:10     |
| 132. | 642 | Michael Gudgeon       | m   | Veteran 40      | U/A Settle, North Yorkshire             | 1:14:21     |
| 133. | 620 | Sadie Dyson           | f   | Lady Veteran 40 | U/A ROSSENDALE, LANCASHIRE              | 1:14:26     |
| 134. | 701 | Paul Otway            | m   | Veteran 40      | U/A Natland, Cumbria                    | 1:14:37     |
| 135. | 665 | Fatima Horn           | f   |                 | Rothwell Harriers                       | 1:14:42     |
| 136. | 610 | Jonty Tarbuck         | m   | Veteran 40      | U/A Newcastle upon Tyne,                | 1:14:51     |
| 137. | 486 | Rebecca Clarke        | f   |                 | U/A Kendal, Cumbria                     | 1:14:51     |
| 138. | 528 | Joanna Dixon          | f   |                 | U/A Manchester,                         | 1:14:53     |
| 139. | 354 | Mairi Cullen          | f   | Lady Veteran 40 | U/A Altrincham,                         | 1:14:54     |
| 140. | 568 | Joel Durkin           | m   |                 | U/A Wigan,                              | 1:14:56     |
| 141. | 467 | Samantha Richardson   | f   |                 | Darlington Harriers                     | 1:15:00     |
| 142. | 563 | David Wright          | m   | Veteran 50      | U/A Carnforth,                          | 1:15:03     |
| 143. | 586 | nigel braithwaite     | m   | Veteran 40      | U/A penrith, cumbria                    | 1:15:07     |
| 144. | 828 | Liz Pilgrim           | f   | Lady Veteran 40 | Helm Hill                               | 1:15:24     |
| 145. | 664 | Stuart Sims           | m   |                 | U/A Kirkby Lonsdale,                    | 1:15:26     |
| 146. | 784 | Jane Mellor           | f   | Lady Veteran 40 | U/A Bridge of Weir,                     | 1:15:29     |
| 147. | 632 | Jean Turner           | f   | Lady Veteran 50 | Telford Harriers                        | 1:15:31     |
| 148. | 375 | David Ellicott        | m   | Veteran 40      | Keswick AC                              | 1:15:31     |
| 149. | 313 | Alyson Eggett         | f   | Lady Veteran 40 | U/A Seaton Sluice,                      | 1:15:42     |
| 150. | 439 | Ellen Stephenson      | f   | Lady Veteran 40 | Moss Park Strollers                     | 1:15:49     |
| 151. | 669 | Peter Robinson        | m   |                 | U/A Leeds, Yorkshire                    | 1:15:52     |
| 152. | 670 | Jake Kitching         | m   |                 | n/a                                     | 1:15:53     |
| 153. | 530 | Thomas Pearson        | m   |                 | U/A Grange Over Sands, Cumbria          | 1:16:03     |

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|------|------|---------------------|-----|-----------------|---------------------------------|-------------|
| 154. | 760  | Gareth Phillips     | m   | Veteran 40      | Gateshead Harriers              | 1:16:06     |
| 155. | 492  | Annie Holmes        | f   |                 | U/A Didsbury, Manchester        | 1:16:12     |
| 156. | 629  | Ben Robins          | m   | Veteran 40      | U/A Welwyn Garden City, Herts   | 1:16:17     |
| 157. | 538  | Sally Barton        | f   | Lady Veteran 50 | Hoad Hill Harriers              | 1:16:18     |
| 158. | 837  | Louie Butlin        | m   |                 | U/A Heysham,                    | 1:16:22     |
| 159. | 464  | Nicola Hill         | f   |                 | U/A Chorley,                    | 1:16:25     |
| 160. | 841  | Janet Tolson        | f   | Lady Veteran 60 | Red Rose                        | 1:16:26     |
| 161. | 811  | Sarah Lord          | f   | Lady Veteran 40 | U/A CARLISLE, Cumbria           | 1:16:39     |
| 162. | 812  | Michael Shaw        | m   | Veteran 40      | U/A CARLISLE, Cumbria           | 1:16:39     |
| 163. | 829  | David Fox           | m   | Veteran 40      | U/A Altrincham ,                | 1:16:42     |
| 164. | 301  | Sandy McBride       | f   | Lady Veteran 50 | U/A London, London              | 1:16:43     |
| 165. | 322  | Michael Johnson     | m   | Veteran 50      | U/A London,                     | 1:16:43     |
| 166. | 769  | Emma Topping        | f   |                 | Manchester Road Runners         | 1:16:47     |
| 167. | 321  | Hilary Johnson      | f   | Lady Veteran 60 | U/A London,                     | 1:16:50     |
| 168. | 740  | Julie Dean          | f   | Lady Veteran 50 |                                 | 1:16:51     |
| 169. | 420  | Andrew Appleton     | m   | Veteran 40      | U/A Warrington, Cheshire        | 1:16:53     |
| 170. | 569  | Clair Priestley     | f   | Lady Veteran 40 | U/A Todmorden,                  | 1:17:05     |
| 171. | 840  | WENDY BIRKETT       | f   | Lady Veteran 60 | U/A KENDAL, CUMBRIA             | 1:17:13     |
| 172. | 581  | Toby West           | m   | Veteran 40      | Lonely Goat RC                  | 1:17:13     |
| 173. | 372  | Susanne Parry       | f   | Lady Veteran 40 | U/A Carlisle,                   | 1:17:17     |
| 174. | 704  | Andrew Jones        | m   | Veteran 40      | U/A Prescott, Merseyside        | 1:17:24     |
| 175. | 616  | Michael Bell        | m   | Veteran 50      | U/A penrith,                    | 1:17:32     |
| 176. | 615  | Pollyanna Bell      | f   |                 | U/A penrith,                    | 1:17:32     |
| 177. | 461  | Jeff Graham         | m   | Veteran 50      | U/A Wotton under Edge,          | 1:17:35     |
| 178. | 386  | Paul Zergi          | m   | Veteran 50      | U/A Scunthorpe,                 | 1:17:40     |
| 179. | 370  | Jo Dogherty         | f   | Lady Veteran 40 | U/A Manchester, Lancashire      | 1:17:41     |
| 180. | 483  | Julia Carefoot      | f   |                 | U/A Preston, Lancashire         | 1:17:41     |
| 181. | 484  | Edward Carefoot     | m   |                 | U/A Kendal, Cumbria             | 1:17:42     |
| 182. | 559  | Andrea Lancaster    | f   | Lady Veteran 40 | U/A Congleton, Cheshire         | 1:17:43     |
| 183. | 710  | Shirley Spratt      | f   | Lady Veteran 50 | U/A Congleton, Cheshire         | 1:17:43     |
| 184. | 653  | Heather Thorn       | f   | Lady Veteran 40 | Women on the run                | 1:18:04     |
| 185. | 779  | Mark Jesson         | m   | Veteran 50      | Pendle Forest Orienteers        | 1:18:19     |
| 186. | 434  | Dorinda Wignall     | f   | Lady Veteran 40 | Ulverston Triathlon club        | 1:18:22     |
| 187. | 481  | Ellen McLachlan     | f   |                 | BWFAC                           | 1:18:27     |
| 188. | 857  | Andrew Artemis      | m   |                 | U/A Ruislip,                    | 1:18:28     |
| 189. | 414  | Louise Ford         | f   | Lady Veteran 50 | Knutsford Tri Club              | 1:18:33     |
| 190. | 587  | Shaun McGee         | m   | Veteran 50      | Sale Harriers                   | 1:18:36     |
| 191. | 403  | Stephen James       | m   | Veteran 40      | Lancaster Runners               | 1:18:45     |
| 192. | 627  | Lucie Ethell        | f   |                 | U/A Preston, Lancashire         | 1:18:50     |
| 193. | 516  | Nicola Brown        | f   |                 | Bury AC                         | 1:18:51     |
| 194. | 383  | Ian Ellis           | m   | Veteran 50      | U/A Beverley, East Yorkshire    | 1:18:58     |
| 195. | 702  | Matt Blend          | m   | Veteran 40      | Helm Hill                       | 1:19:07     |
| 196. | 819  | Derek Woolley       | m   | Veteran 60      | U/A Heysham, Lancashire         | 1:19:09     |
| 197. | 651  | James Morris        | m   |                 | U/A Preston,                    | 1:19:11     |
| 198. | 551  | Anna Storey         | f   |                 | U/A Newcastle, Tyne & Wear      | 1:19:30     |
| 199. | 510  | Mark Culshaw        | m   | Veteran 40      | U/A Leyland, Lancashire         | 1:19:36     |
| 200. | 848  | Vicky Oâ€™Brien     | f   |                 | U/A Salford,                    | 1:19:37     |
| 201. | 699  | Hilde Krynen        | f   | Lady Veteran 50 | U/A Kendal, Cumbria             | 1:19:38     |
| 202. | 507  | Glen Jeffries       | m   |                 | U/A Plymouth,                   | 1:19:42     |
| 203. | 457  | Glyn McGovern       | m   | Veteran 50      | U/A Altrincham,                 | 1:19:43     |
| 204. | 1369 | Geoff Griffiths     | m   | Veteran 50      | Fuelled By Fun                  | 1:19:47     |
| 205. | 824  | Justin Gill         | m   | Veteran 40      | U/A Padiham,                    | 1:19:48     |
| 206. | 683  | John Slater         | m   | Veteran 50      | U/A Carnforth, Lancs            | 1:19:48     |
| 207. | 535  | Sharon Keating      | f   | Lady Veteran 40 | U/A Lancaster , Lancashire      | 1:19:55     |
| 208. | 447  | Susan Richardson    | f   | Lady Veteran 50 | St Bees Triers                  | 1:19:56     |
| 209. | 720  | Ray Swainston       | m   | Veteran 40      | U/A Bishop Auckland , Durham    | 1:20:02     |
| 210. | 493  | Nick Jackson        | m   | Veteran 40      | U/A Manchester, Lancashire      | 1:20:03     |
| 211. | 497  | Oliver Barlow       | m   |                 | U/A Godalming, Surrey           | 1:20:03     |
| 212. | 476  | Harry Vaneris       | m   |                 | U/A London,                     | 1:20:04     |
| 213. | 411  | Michael Holmes      | m   | Veteran 40      | U/A Carlisle, Cumbria           | 1:20:07     |
| 214. | 788  | Ben Rigg            | m   |                 | Wrea Green, Lancashire          | 1:20:13     |
| 215. | 692  | Ben Higginson       | m   | Veteran 60      | Preston Harriers                | 1:20:14     |
| 216. | 511  | Jon Strivens        | m   | Veteran 40      | U/A Leyland,                    | 1:20:15     |
| 217. | 470  | Pete Holding        | m   | Veteran 60      | U/A Kendal, Cumbria             | 1:20:18     |
| 218. | 726  | Anna Larden         | f   |                 | U/A Southampton, Hampshire      | 1:20:22     |
| 219. | 462  | Nick McKenna        | m   |                 | U/A Manchester,                 | 1:20:23     |
| 220. | 771  | Teagan Morton       | f   |                 | U/A Manchester,                 | 1:20:23     |
| 221. | 634  | Jennifer Richardson | f   | Lady Veteran 40 | U/A Near Kendal, Cumbria        | 1:20:43     |
| 222. | 557  | Graham Brook        | m   | Veteran 50      | Wesham Road Runners             | 1:20:47     |
| 223. | 319  | Jackie Frank        | f   | Lady Veteran 40 | U/A Redcar,                     | 1:20:49     |
| 224. | 631  | David Western       | m   | Veteran 50      | U/A Sutton, Surrey              | 1:20:54     |
| 225. | 371  | Clare Laybourn      | f   | Lady Veteran 40 | U/A Edinburgh,                  | 1:21:13     |
| 226. | 327  | Debbie Macaro       | f   | Lady Veteran 40 | U/A Banbury,                    | 1:21:14     |
| 227. | 564  | Gillian Halhead     | f   | Lady Veteran 40 | U/A Carnforth, Lancs            | 1:21:16     |
| 228. | 423  | Felicity Cross      | f   | Lady Veteran 60 | Preston Harriers                | 1:21:33     |
| 229. | 790  | carl wild           | m   |                 | U/A bowness, cumbria            | 1:21:38     |
| 230. | 636  | Gerry Garvey        | m   | Veteran 50      | Muddy Boots Nursery             | 1:21:40     |
| 231. | 391  | Helen Smith         | f   | Lady Veteran 50 | Lakeland Cross Country Ski Club | 1:21:51     |

## Lakeland Trails in Staveley

## Kentmere Trail Run 10K

| Pos  | Bib  | Name                 | M/F | Age Cat         | Club                              | Finish Time |
|------|------|----------------------|-----|-----------------|-----------------------------------|-------------|
| 232. | 432  | Christine Buckley    | f   | Lady Veteran 40 | U/A Skipton,                      | 1:21:54     |
| 233. | 846  | Nicola Sloan         | f   | Lady Veteran 40 | Derwent AC Cockermonth            | 1:21:55     |
| 234. | 419  | Clare Ashton         | f   | Lady Veteran 40 | U/A Warrington, Cheshire          | 1:21:56     |
| 235. | 515  | Lucy Wallace         | f   |                 | U/A Leeds,                        | 1:21:56     |
| 236. | 534  | julie gray           | f   | Lady Veteran 50 | U/A st annes, lancashire          | 1:21:57     |
| 237. | 433  | Paul Abrams          | m   | Veteran 40      | U/A St Helens, Lancs              | 1:21:58     |
| 238. | 360  | Nick Kaufmann        | m   | Veteran 60      | U/A Edgware, Middx                | 1:22:29     |
| 239. | 613  | Dave Thompson        | m   | Veteran 50      | U/A Stoke on Trent, Staffordshire | 1:22:35     |
| 240. | 604  | Mags Cook            | f   | Lady Veteran 60 | Roundhay Runners                  | 1:22:39     |
| 241. | 332  | Catherine Haggerty   | f   |                 | U/A St Helens, Merseyside         | 1:22:46     |
| 242. | 1421 | Amanda Cirelli       | f   | Lady Veteran 50 | U/A Blackpool , Lancashire        | 1:23:03     |
| 243. | 485  | Alexandra Battersby  | f   |                 | Tyne Bridge Harriers              | 1:23:05     |
| 244. | 814  | Karen Greeson        | f   | Lady Veteran 40 | U/A St. Bees, Cumbria             | 1:23:06     |
| 245. | 619  | Gay Goodson          | f   | Lady Veteran 40 | U/A kirby-in-Furness, cumbria     | 1:23:10     |
| 246. | 621  | adele Cihlar         | f   | Lady Veteran 40 | U/A Prestwich , Manchester        | 1:23:26     |
| 247. | 427  | Josephine Sanders    | f   |                 | U/A Glossop, Derbyshire           | 1:23:30     |
| 248. | 422  | Louise Addy          | f   |                 | U/A Kendal, Cumbria               | 1:23:32     |
| 249. | 768  | Emma Cattermole      | f   | Lady Veteran 40 | U/A Kendal                        | 1:23:32     |
| 250. | 853  | Helen Little         | f   | Lady Veteran 40 | U/A High Harrington, Cumbria      | 1:23:34     |
| 251. | 352  | Tracy Talboys-Cotton | f   | Lady Veteran 40 | U/A Eccleshell, England           | 1:23:34     |
| 252. | 742  | Carmen Harrington    | f   |                 | Mornington Chasers                | 1:23:38     |
| 253. | 850  | Sarah Dodd           | f   |                 | U/A Barrow In Furness, Cumbria    | 1:23:47     |
| 254. | 809  | Amy Lee              | f   |                 | U/A Whalley, Lancashire           | 1:23:48     |
| 255. | 413  | Alex Shaw            | m   |                 | U/A Macclesfield, Cheshire        | 1:23:50     |
| 256. | 365  | Kim Rigg             | f   | Lady Veteran 40 | U/A Kendal, Cumbria               | 1:23:51     |
| 257. | 798  | Philip Blakeley      | m   |                 | U/A Aughton, Lancs                | 1:23:53     |
| 258. | 350  | Ian McDowall         | m   | Veteran 60      | U/A Linlithgow,                   | 1:23:55     |
| 259. | 862  | Gerry Rooney         | m   | Veteran 60      | U/A Carlisle,                     | 1:23:56     |
| 260. | 844  | Claire Newton        | f   |                 | U/A Wakefield, West Yorkshire     | 1:24:01     |
| 261. | 591  | Paul Fiddler         | m   | Veteran 40      | U/A Warrington, Cheshire          | 1:24:05     |
| 262. | 735  | Susan Sharp          | f   | Lady Veteran 50 | U/A Wakefield, west Yorkshire     | 1:24:17     |
| 263. | 721  | Brian Winder         | m   | Veteran 70      | Darwen Running Group              | 1:24:18     |
| 264. | 341  | Marlies Wisse        | f   |                 | U/A London, Merton                | 1:24:23     |
| 265. | 806  | Michelle Gallagher   | f   | Lady Veteran 50 | U/A Chorley, Lancashire           | 1:24:26     |
| 266. | 305  | Kim Patel            | f   |                 | U/A Preston, Lancashire           | 1:24:28     |
| 267. | 626  | Marnie Ethell        | f   |                 | U/A Preston, Lancashire           | 1:24:31     |
| 268. | 727  | catherine cuthbert   | f   | Lady Veteran 40 | wallasey ac                       | 1:24:48     |
| 269. | 531  | Emma Thacker         | f   |                 | U/A Kendal, Cumbria               | 1:24:53     |
| 270. | 622  | Jodie Reynolds       | f   |                 | U/A Rochdale,                     | 1:24:59     |
| 271. | 424  | Michael Jones        | m   | Veteran 60      | U/A Stockport, Cheshire           | 1:25:11     |
| 272. | 758  | Catherine Vaneris    | f   | Lady Veteran 40 | U/A London                        | 1:25:13     |
| 273. | 842  | Jennie Eastham       | f   |                 | U/A Wakefield, West Yorkshire     | 1:25:17     |
| 274. | 358  | Katy Smythe          | f   | Lady Veteran 40 | Me                                | 1:25:34     |
| 275. | 387  | Ian Hartwell         | m   | Veteran 40      | U/A Manchester,                   | 1:25:37     |
| 276. | 421  | Megan Lane           | f   |                 | U/A WINDERMERE ,                  | 1:25:40     |
| 277. | 400  | Gary Lane            | m   | Veteran 40      | Howgill Harriers                  | 1:25:42     |
| 278. | 649  | Liz Bamber           | f   | Lady Veteran 40 | Lancaster Women's Running Club    | 1:25:45     |
| 279. | 645  | Jane Taylor          | f   | Lady Veteran 50 | Women on the Run - Preston        | 1:25:45     |
| 280. | 438  | sarah spalding       | f   |                 | U/A Kendal, Cumbria               | 1:25:51     |
| 281. | 566  | Claire Hall          | f   |                 | NA                                | 1:25:56     |
| 282. | 676  | Abigail McAninly     | f   | Lady Veteran 40 | Durham                            | 1:26:07     |
| 283. | 796  | Sarah Adams          | f   |                 | U/A Kendal , Cumbria              | 1:26:09     |
| 284. | 770  | William Price        | m   |                 | Team Inov 8                       | 1:26:09     |
| 285. | 750  | Edward Price         | m   |                 | Team Inov 8                       | 1:26:10     |
| 286. | 380  | Mark Etherington     | m   | Veteran 50      | U/A Preston, Lancs                | 1:26:12     |
| 287. | 366  | Claire Piela         | f   |                 | U/A PRESTON, Lancashire           | 1:26:13     |
| 288. | 815  | Kate McBlane         | f   | Lady Veteran 40 | U/A Derby, Derbyshire             | 1:26:14     |
| 289. | 795  | Niki Herbert         | f   | Lady Veteran 40 | U/A Warrington, Cheshire          | 1:26:23     |
| 290. | 324  | Dan Dalton           | m   |                 | U/A Gomersal,                     | 1:26:24     |
| 291. | 353  | Melanie Burton       | f   | Lady Veteran 50 | U/A Windermere, Cumbria           | 1:26:24     |
| 292. | 141  | tom downes           | m   | Veteran 40      | U/A frome,                        | 1:26:31     |
| 293. | 561  | Lindsay Downes       | f   | Lady Veteran 40 | U/A Frome,                        | 1:26:31     |
| 294. | 614  | Carol Robinson       | f   | Lady Veteran 40 | U/A Kendal, Cumbria               | 1:26:33     |
| 295. | 786  | Sarah Nutt           | f   |                 | U/A Stockport,                    | 1:26:35     |
| 296. | 618  | Nathalie Robinson    | f   |                 | Roefield Run Club                 | 1:26:35     |
| 297. | 567  | Josh Riley           | m   |                 | U/A Wigan,                        | 1:26:35     |
| 298. | 356  | Morgan Jones         | m   | Veteran 40      | U/A Stockton heath,               | 1:26:42     |
| 299. | 648  | David Wilkinson      | m   | Veteran 50      | U/A Southport , Merseyside        | 1:26:48     |
| 300. | 744  | Sam Blackburn        | m   |                 | Mornington Chasers                | 1:26:52     |
| 301. | 712  | Louise Robinson      | f   |                 | WotR Kendal                       | 1:26:57     |
| 302. | 450  | Kirsty Carruthers    | f   |                 | U/A Morpeth, Northumberland       | 1:26:58     |
| 303. | 803  | Sophy Owen-Smith     | f   |                 | U/A Witney,                       | 1:27:01     |
| 304. | 802  | Gus Wilkie           | m   |                 | U/A Witney ,                      | 1:27:02     |
| 305. | 671  | Tricia Griffiths     | f   | Lady Veteran 50 | U/A Lancaster,                    | 1:27:20     |
| 306. | 331  | Helen Firth          | f   | Lady Veteran 40 | U/A Altrincham, Cheshire          | 1:27:21     |
| 307. | 792  | damian moss          | m   | Veteran 50      | U/A Preston, lancs                | 1:27:27     |
| 308. | 625  | Paul Ethell          | m   | Veteran 50      | U/A Preston, Lancashire           | 1:27:36     |
| 309. | 821  | PAUL TICKNER         | m   | Veteran 60      | U/A Cockermonth, Cumbria          | 1:27:42     |

## Lakeland Trails in Staveley

## Kentmere Trail Run 10K

| Pos  | Bib  | Name                   | M/F | Age Cat         | Club                                   | Finish Time |
|------|------|------------------------|-----|-----------------|--|-------------|
| 310. | 863  | joanne mcwilliams      | f   | Lady Veteran 40 | tri preston                            | 1:27:51     |
| 311. | 646  | Alison Belford         | f   | Lady Veteran 50 | Formby Stormers                        | 1:27:52     |
| 312. | 456  | Laura Hanson           | f   |                 | U/A NEWCASTLE UPON TYNE, Tyne and Wear | 1:27:57     |
| 313. | 571  | Vicki Cummings         | f   | Lady Veteran 40 | U/A Lytham,                            | 1:27:58     |
| 314. | 487  | Claudia Hammond-Price  | f   |                 | U/A Cheadle Hulme, Cheshire            | 1:28:02     |
| 315. | 739  | Vicky Johnston         | f   | Lady Veteran 40 | St Bees Triers                         | 1:28:07     |
| 316. | 794  | Sara Coxon             | f   | Lady Veteran 40 | U/A Kendal , Cumbria                   | 1:28:08     |
| 317. | 751  | Nicola Wright          | f   |                 | U/A Ambleside                          | 1:28:10     |
| 318. | 868  | Adrian Dobson          | m   | Veteran 50      | Team Dobson                            | 1:28:12     |
| 319. | 835  | Rachel Stavert         | f   | Lady Veteran 50 | U/A Penrith, Cumbria                   | 1:28:15     |
| 320. | 807  | Ailsa Wright           | f   |                 | U/A Kendal, Cumbria                    | 1:28:29     |
| 321. | 316  | Peter Belford          | m   | Veteran 50      | U/A Liverpool, Merseyside              | 1:28:31     |
| 322. | 542  | Simon Cole             | m   | Veteran 50      | U/A Ansdel, Lancs                      | 1:28:41     |
| 323. | 521  | anita dennis           | f   | Lady Veteran 60 | U/A leeds,                             | 1:28:41     |
| 324. | 582  | Chris Newsham          | m   | Veteran 40      | U/A Winsford ,                         | 1:28:54     |
| 325. | 717  | Sophie McIntosh        | f   |                 | U/A Burnley, Lancashire                | 1:28:55     |
| 326. | 785  | Kara Atkinson          | f   | Lady Veteran 40 | U/A Lancaster,                         | 1:28:59     |
| 327. | 466  | Robert Blewitt         | m   |                 | U/A Manchester,                        | 1:29:23     |
| 328. | 465  | Laura Coull            | f   |                 | U/A Wrexham,                           | 1:29:24     |
| 329. | 444  | ben Silva              | m   |                 | carleton house                         | 1:29:25     |
| 330. | 443  | elaine hindle          | f   | Lady Veteran 40 | U/A Liverpool,                         | 1:29:31     |
| 331. | 590  | Sally Cottrill         | f   | Lady Veteran 50 | Burnden Road Runners                   | 1:29:37     |
| 332. | 546  | Zara Gall              | f   | Lady Veteran 40 | Didsbury ladies                        | 1:29:44     |
| 333. | 818  | Laura Pilkington       | f   |                 | Miss                                   | 1:29:54     |
| 334. | 820  | Tony Pilkington        | m   | Veteran 60      | U/A Preston, Lancashire                | 1:29:54     |
| 335. | 382  | Catherine Thomson      | f   | Lady Veteran 40 | U/A Manchester,                        | 1:29:56     |
| 336. | 759  | Peter Phillips         | m   | Veteran 70      | Loftus and Whitby AC                   | 1:30:35     |
| 337. | 1600 | Courtney Benson        | f   |                 | Howgill harriers                       | 1:31:05     |
| 338. | 190  | Kevin Kendall          | m   | Veteran 40      |  | 1:31:07     |
| 339. | 641  | Beverley Crate         | f   | Lady Veteran 40 | U/A Bedlington , Northumberland        | 1:31:11     |
| 340. | 849  | Malcolm Beech          | m   | Veteran 60      | Blackpool Wyre & Fylde Athletic Club   | 1:31:37     |
| 341. | 526  | Emma Henry             | f   |                 | U/A St Helens,                         | 1:31:37     |
| 342. | 390  | Laura Leitch           | f   |                 | U/A Lancaster,                         | 1:31:50     |
| 343. | 337  | Scott Grainger         | m   | Veteran 50      | U/A Yarm ,                             | 1:31:51     |
| 344. | 825  | Diane Blagden          | f   | Lady Veteran 50 | Wesham Road Runners                    | 1:31:53     |
| 345. | 594  | Carolyn Squires-Martin | f   | Lady Veteran 50 | U/A Gainford, Durham                   | 1:32:15     |
| 346. | 593  | Darren Martin          | m   | Veteran 50      | U/A Gainford, Durham                   | 1:32:15     |
| 347. | 364  | Phil Dudley            | m   | Veteran 50      | U/A Kendal, Cumbria                    | 1:32:20     |
| 348. | 529  | Chris Pearson          | m   | Veteran 50      | U/A Grange Over Sands, Cumbria         | 1:32:23     |
| 349. | 377  | Chris Hutchinson       | m   | Veteran 60      | U/A Nr Hull, East Yorkshire            | 1:32:25     |
| 350. | 688  | Lynda Davenport        | f   |                 | U/A Harrogate, North yorkshire         | 1:32:30     |
| 351. | 342  | Madeleine Vigar        | f   | Lady Veteran 50 | U/A nr Haverhill, Essex                | 1:32:31     |
| 352. | 690  | Louise McKenzie        | f   |                 | U/A Linlithgow, West Lothian           | 1:32:37     |
| 353. | 336  | Janet Coutts           | f   | Lady Veteran 60 | Skipton AC                             | 1:32:52     |
| 354. | 506  | Simon Taggart          | m   | Veteran 50      | Galloway harriers                      | 1:32:59     |
| 355. | 416  | Claire Ford            | f   |                 | U/A Knutsford,                         | 1:33:03     |
| 356. | 612  | David Cole             | m   | Veteran 70      | U/A Penrith, Cumbria                   | 1:33:09     |
| 357. | 597  | Jenny Mabbutt          | f   |                 | U/A Accrington , Lancashire            | 1:33:11     |
| 358. | 738  | Susan Averill          | f   | Lady Veteran 50 | Notts womens runners                   | 1:33:24     |
| 359. | 401  | Diane Hubbard          | f   | Lady Veteran 50 | U/A Kendal, Cumbria                    | 1:33:26     |
| 360. | 549  | Gail Richards          | f   | Lady Veteran 40 | Evenwood Road Runners                  | 1:33:31     |
| 361. | 328  | Gill Burns             | f   | Lady Veteran 50 | U/A Edgworth,                          | 1:33:38     |
| 362. | 362  | Claire Horner          | f   | Lady Veteran 40 | U/A Hornby,                            | 1:33:39     |
| 363. | 329  | Chris Holland          | m   | Veteran 50      | U/A Edgworth,                          | 1:33:41     |
| 364. | 624  | Megan Hall             | f   |                 | U/A Preston,                           | 1:33:54     |
| 365. | 635  | Deborah Thorneycroft   | f   | Lady Veteran 50 | U/A Stoke on Trent, Staffs             | 1:33:57     |
| 366. | 639  | Helen Bowerman         | f   | Lady Veteran 50 | U/A York,                              | 1:34:24     |
| 367. | 396  | Graeme Wordsworth      | m   | Veteran 40      | North Shields Poly                     | 1:34:28     |
| 368. | 666  | Andrew Melling         | m   | Veteran 40      | U/A Leyland,                           | 1:34:34     |
| 369. | 823  | Tom Melling            | m   |                 | U/A Preston, Lancashire                | 1:34:36     |
| 370. | 1451 | Paula Byrne            | f   | Lady Veteran 60 | U/A Arnside, Cumbria                   | 1:34:50     |
| 371. | 711  | Catherine Betley       | f   | Lady Veteran 40 | N/A                                    | 1:34:53     |
| 372. | 707  | Mark Thornber          | m   | Veteran 60      | U/A Arnside, Cumbria                   | 1:34:54     |
| 373. | 800  | paula ainsley          | f   | Lady Veteran 40 | U/A york, north yorkshire              | 1:34:57     |
| 374. | 813  | Victoria Dewhurst      | f   | Lady Veteran 40 | U/A Bolton, Lancs                      | 1:34:58     |
| 375. | 333  | Deborah Cummings       | f   | Lady Veteran 40 | U/A St Helens, Merseyside              | 1:35:00     |
| 376. | 335  | Mark Cummings          | m   | Veteran 50      | U/A St Helens, Merseyside              | 1:35:00     |
| 377. | 378  | Carolyn Goulden        | f   |                 | U/A Lancaster,                         | 1:35:04     |
| 378. | 397  | Gillian O'boyle        | f   | Lady Veteran 40 | U/A warrington, Cheshire               | 1:35:15     |
| 379. | 847  | Emma Howe              | f   |                 | U/A Swinton, Lancashire                | 1:35:21     |
| 380. | 355  | Di Blackshaw           | f   |                 | U/A Manchester,                        | 1:35:25     |
| 381. | 577  | Nickola Walker         | f   | Lady Veteran 40 | blackpool, wyre and fylde AC           | 1:35:27     |
| 382. | 599  | Joanna Harvey          | f   |                 | U/A Liverpool,                         | 1:35:27     |
| 383. | 580  | Zoe Gerrard            | f   | Lady Veteran 40 | U/A Ashton-under-Lyne, Lancashire      | 1:35:34     |
| 384. | 488  | Michael Thompson       | m   |                 | U/A Cheadle Hulme, Cheshire            | 1:35:50     |
| 385. | 409  | Joanne Chard           | f   | Lady Veteran 40 | Women on the Run                       | 1:35:57     |
| 386. | 541  | Catherine Hunt         | f   | Lady Veteran 40 | Women on the Run                       | 1:35:57     |
| 387. | 633  | Allan Dean             | m   | Veteran 60      | U/A OAKHAM, Rutland                    | 1:36:04     |

## Lakeland Trails in Staveley

## Kentmere Trail Run 10K

| Pos  | Bib  | Name                | M/F | Age Cat         | Club                               | Finish Time |
|------|------|---------------------|-----|-----------------|------------------------------------|-------------|
| 388. | 780  | Sarah Blinkhorn     | f   |                 | N/a                                | 1:36:05     |
| 389. | 647  | Jo-Anna Robson      | f   | Lady Veteran 40 | U/A Formby,                        | 1:36:14     |
| 390. | 430  | Naomi Bonner        | f   | Lady Veteran 40 | Rosemere                           | 1:36:24     |
| 391. | 393  | Rebecca Evans       | f   |                 | U/A Stockport,                     | 1:36:29     |
| 392. | 394  | Martin Evans        | m   |                 | U/A Isle of Man,                   | 1:36:29     |
| 393. | 547  | Nicola Kay          | f   | Lady Veteran 40 | Horwich RMI Harriers               | 1:36:53     |
| 394. | 801  | Shelley Regan       | f   |                 | U/A Preston, Lancashire            | 1:37:01     |
| 395. | 445  | Beckie Waine        | f   |                 | Run Mummy Run                      | 1:37:14     |
| 396. | 442  | Kate Thatcher       | f   |                 | U/A Urmston,                       | 1:37:28     |
| 397. | 545  | Hannah Stevenson    | f   |                 | U/A Lancaster, Lancashire          | 1:37:39     |
| 398. | 637  | David Watson        | m   | Veteran 50      | Red rose road runners              | 1:37:42     |
| 399. | 505  | Ailsa Taggart       | f   | Lady Veteran 50 | Galloway Harriers                  | 1:37:56     |
| 400. | 553  | Nancy Ryan          | f   | Lady Veteran 40 | U/A Altrincham, Cheshire           | 1:38:05     |
| 401. | 607  | Grace Mason         | f   |                 | U/A Southsea,                      | 1:38:06     |
| 402. | 638  | Victoria Henniker   | f   | Lady Veteran 40 | Warrington Running Club            | 1:38:21     |
| 403. | 680  | Liane Thompson      | f   | Lady Veteran 50 | U/A Barrow-in-Furness, Cumbria     | 1:38:23     |
| 404. | 522  | Joanne Avison       | f   | Lady Veteran 40 | Wirral Vikings                     | 1:38:25     |
| 405. | 306  | Robert Shanahan     | m   | Veteran 50      | Wirral Vikings                     | 1:38:26     |
| 406. | 643  | Fiona Gutteridge    | f   |                 | Red Rose Road Runners              | 1:38:33     |
| 407. | 716  | Theresa Murray      | f   | Lady Veteran 50 | U/A Crook, Cumbria                 | 1:38:55     |
| 408. | 714  | Alison Spiby        | f   | Lady Veteran 50 | U/A Windermere, Cumbria            | 1:38:56     |
| 409. | 418  | David Ford          | m   |                 | U/A Bristol,                       | 1:39:18     |
| 410. | 326  | Gwen Woznikowska    | f   |                 | U/A Staveley , Cumbria             | 1:39:22     |
| 411. | 376  | Mandy Rothwell      | f   | Lady Veteran 50 | U/A Manchester, LANCS              | 1:39:25     |
| 412. | 312  | Lola Jimenez        | f   |                 | U/A Southport, Merseyside          | 1:39:29     |
| 413. | 536  | Mandy Haworth       | f   | Lady Veteran 50 | New Balance Run Club Keswick       | 1:39:30     |
| 414. | 698  | Angela Skelton      | f   | Lady Veteran 40 | Me                                 | 1:39:38     |
| 415. | 691  | Jane Mulcrone       | f   | Lady Veteran 40 | Penny Lane Striders                | 1:39:41     |
| 416. | 588  | Lucy McGee          | f   | Lady Veteran 50 | U/A Sale, Cheshire                 | 1:39:46     |
| 417. | 554  | Kirsty Pettit       | f   | Lady Veteran 50 | Keighley and craven                | 1:39:47     |
| 418. | 833  | Vicky Willett       | f   | Lady Veteran 40 | SBC Plodders                       | 1:39:47     |
| 419. | 533  | Vera Schleiffer     | f   |                 | Wigan and District Harriers and AC | 1:40:11     |
| 420. | 440  | DAVID LASH          | m   | Veteran 60      | U/A SEAHAM, CO. DURHAM             | 1:40:33     |
| 421. | 500  | Soraya Weir         | f   |                 | U/A Preston ,                      | 1:40:42     |
| 422. | 499  | Nicola Brookes      | f   | Lady Veteran 50 | U/A Presto , Lancashire            | 1:40:42     |
| 423. | 870  | Jan molyneux        | f   | Lady Veteran 50 | none                               | 1:40:44     |
| 424. | 736  | Amanda Beresford    | f   |                 |                                    | 1:41:02     |
| 425. | 754  | Paul Coldham        | m   | Veteran 50      | U/A Keswick                        | 1:41:04     |
| 426. | 508  | Lauren Cobb         | f   |                 | Stainland Lions                    | 1:41:21     |
| 427. | 527  | John Harrison       | m   | Veteran 70      | U/A Carlisle, Cumbria              | 1:41:24     |
| 428. | 555  | Mahfuzul Islam      | m   | Veteran 40      | U/A Sabden,                        | 1:42:03     |
| 429. | 435  | Christina Davies    | f   |                 | U/A Bishop Auckland, Durham        | 1:43:07     |
| 430. | 385  | Sara Lloyd Williams | f   |                 | U/A Carlisle, Cumbria              | 1:43:13     |
| 431. | 861  | Louise Rooney       | f   | Lady Veteran 50 | U/A Carlisle,                      | 1:43:18     |
| 432. | 304  | Emma Owen           | f   | Lady Veteran 40 | Me                                 | 1:43:20     |
| 433. | 513  | Alison Unsworth     | f   | Lady Veteran 40 | U/A WIGAN,                         | 1:43:21     |
| 434. | 334  | Karen Cummings      | f   | Lady Veteran 50 | U/A St Helens, Merseyside          | 1:43:22     |
| 435. | 783  | Lia Lucarello       | f   |                 | U/A London,                        | 1:43:23     |
| 436. | 491  | Katie Hall          | f   |                 | U/A Didsbury ,                     | 1:43:34     |
| 437. | 839  | Peter Swift         | m   | Veteran 50      | U/A Wigan, Lancashire              | 1:43:51     |
| 438. | 808  | Elizabeth Mounsey   | f   | Lady Veteran 50 | U/A Preston , Lancashire           | 1:43:52     |
| 439. | 810  | Allyson Miller      | f   | Lady Veteran 40 | U/A Chorley, Lancashire            | 1:44:03     |
| 440. | 782  | Nigel Harris        | m   | Veteran 50      | U/A Stafford,                      | 1:44:13     |
| 441. | 719  | Carol Gunn          | f   | Lady Veteran 50 | St bees triers                     | 1:44:25     |
| 442. | 772  | Sarah Lomas         | f   | Lady Veteran 40 | U/A Warrington, Cheshire           | 1:44:38     |
| 443. | 654  | Rachael Dodds       | f   | Lady Veteran 40 | Roundhay Runners                   | 1:44:59     |
| 444. | 836  | Catherine Wearing   | f   |                 | U/A Lancaster,                     | 1:45:04     |
| 445. | 544  | Carole Wood         | f   | Lady Veteran 60 | U/A Kendal, Cumbria                | 1:45:30     |
| 446. | 789  | Deborah Cliff       | f   |                 | Radcliffe AC                       | 1:45:41     |
| 447. | 363  | Sarah McGrath       | f   |                 | Bury AC                            | 1:45:41     |
| 448. | 307  | Susan Strother      | f   | Lady Veteran 50 | U/A Lytham St Annes, Lancashire    | 2:00:09     |
| 449. | 348  | Tira Moore          | f   | Lady Veteran 40 | U/A Durham, Durham                 | 2:05:42     |
| 450. | 1255 | Helen Kennedy       | f   |                 | Roundhay Runners                   | 4:51:34     |

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