

Lakeland Trails in Staveley

Kentmere Trail Run 10K

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
Kentmere Trail Run 10K						
1.	743	Craig Gunn	m		U/A Sunderland	0:47:54
2.	741	Ciaron Roddy	m		Red Rose Runners	0:51:30
3.	596	Ben Pippard	m		U/A Newcastle upon Tyne, Tyne and Wear	0:55:15
4.	644	Martin Thomlinson	m	Veteran 40	Muckle Toon Sloggers	0:55:50
5.	548	Stuart Parry	m	Veteran 40	U/A Carlisle,	0:56:04
6.	734	Nick Sharp	m	Veteran 50	U/A Wakefield, West Yorkshire	0:57:43
7.	703	Ian Robinson	m	Veteran 40	SCC	0:58:27
8.	460	John Barker	m		Red Rose Runners	0:58:36
9.	517	Tom Chivers	m		U/A Kendal,	0:58:38
10.	775	Stacy Wheat	f		Herne Hill Harriers	0:59:00
11.	737	Lance Saxby	m	Veteran 50		0:59:08
12.	827	Ronnie Haddow	m	Veteran 40	Furness Fell Runners	0:59:29
13.	1148	Mark Lamb	m		Mornington Chasers	0:59:34
14.	696	Nick Lewthwaite	m	Veteran 40	U/A Windermere, Cumbria	0:59:49
15.	572	Richard Holmes	m	Veteran 40	U/A Lytham,	1:00:03
16.	550	Mark Storey	m		U/A Newcastle, Tyne & Wear	1:00:13
17.	859	Aaron Spencer	m		St Bees Triers	1:00:13
18.	856	Eva Mack	f		U/A Barnet,	1:00:29
19.	583	Ashley Stephenson	m		U/A Bury,	1:00:49
20.	475	Lauren Gora	f		Lancaster and Morecambe AC	1:00:55
21.	357	John Gorman	m	Veteran 40	U/A Preston , Lancashire	1:01:01
22.	315	Dave Jay	m	Veteran 40	Lonely Goat RC	1:01:15
23.	867	Jonny Grisedale	m	Veteran 40	Team inov-8.com	1:01:25
24.	80	Steve Boddy	m	Veteran 50	Gosforth Harriers	1:01:40
25.	410	David MacGillivray	m	Veteran 60	DH Runners	1:02:09
26.	404	Stephen Shaw	m		U/A Standish, Wigan, Gtr Manchester	1:02:23
27.	429	James Gaffney	m		-	1:02:33
28.	687	Andy Shaw	m		St Helens Striders	1:02:39
29.	519	Julian Fisher	m	Veteran 40	BunFit Running Club	1:02:43
30.	605	Jennifer Casson	f		U/A Lancaster ,	1:02:44
31.	662	Oliver Lees	m		U/A Leeds, West Yorkshire	1:02:55
32.	838	Rhys Mayor	m		U/A Liverpool,	1:02:59
33.	799	Sean Roddy	m		U/A Preston , Lancs	1:03:01
34.	468	Daniel Richardson	m		U/A Darlington,	1:03:11
35.	560	Louis Barden	m	Veteran 40	U/A Kendal, Cumbria	1:03:20
36.	778	Andrew Cave	m	Veteran 50	U/A Southport, Merseyside	1:03:25
37.	860	ANDREW TINKLER	m	Veteran 40	U/A LANCASTER, LANCS	1:03:28
38.	579	Rhiannon Page	f		Bowland Fell Runners	1:03:35
39.	490	Catherine Houston	f	Lady Veteran 40	U/A Kendal, Cumbria	1:03:38
40.	451	Sean Mitchell	m	Veteran 40	Barnet & District AC	1:03:49
41.	502	Howard Buckingham	m	Veteran 40	Stocksfield Striders	1:03:51
42.	503	Ted Buckingham	m		U/A Prudhoe, Northumberland	1:03:53
43.	706	Robbie Edwards	m	Veteran 40	Southport running cluc	1:03:59
44.	474	William Chick	m		U/A Grantham, lincs	1:04:08
45.	570	Dave Rooney	m	Veteran 50	U/A Southport, Merseyside	1:04:09
46.	602	Jake Ferm	m		U/A London ,	1:04:15
47.	368	Alice Clarkson	f		U/A Cambridge,	1:04:30
48.	369	Paul Bread	m		U/A Cambridge,	1:04:31
49.	630	Graham Ingham	m	Veteran 50	U/A Kirkham,	1:04:33
50.	47	Alice Chivers	f		U/A Kendal,	1:04:36
51.	514	Gareth Stockdale	m	Veteran 40	U/A Stockport,	1:04:38
52.	525	Jessica Booth	f		U/A Salford, Greater Manchester	1:04:50
53.	314	Stephen Biscoomb	m	Veteran 60	Clayton le moors	1:04:57
54.	379	Paul Morris	m	Veteran 60	U/A Hockley, Essex	1:05:35
55.	766	Mark Bateman	m	Veteran 40	U/A Windermere	1:05:46
56.	817	Helen Johnson	f	Lady Veteran 40	Wirral Vikings	1:05:52
57.	797	Hannah Brookfield	f		U/A Aughton, Lancashire	1:05:52
58.	431	Simon Ellmers	m	Veteran 40	U/A Crawley, West sussex	1:05:52
59.	524	Mark D'souza	m		U/A Salford, Lancs	1:05:53
60.	498	Louise Riley	f	Lady Veteran 40	U/A Nr Kendal, Cumbria	1:05:54
61.	601	Simon Richardson	m	Veteran 40	U/A Seascale ,	1:06:05
62.	426	Peter Llewellyn	m	Veteran 50	Bowland Fell Runners	1:06:09
63.	161	Gary Stones	m		Lymington Athletics	1:06:15
64.	576	Joel Green	m		U/A Southport, Merseyside	1:06:17
65.	339	Mark Blundell	m	Veteran 50	U/A Ormskirk , Lancashire	1:06:22
66.	723	Gerard Hurst	m	Veteran 60	U/A Wigan,	1:06:30
67.	725	Harry Godson	m	Veteran 40	Bentham Beagles	1:06:30
68.	678	David Pattison	m	Veteran 40	U/A Chester, Cheshire	1:06:36
69.	682	Andrew Hemsley	m	Veteran 50	U/A Penrith, Cumbria	1:06:39
70.	765	Joanna Murnane	f		U/A Bridge of Weir Renfrewshire	1:06:44
71.	565	Callum Gallop	m		U/A Kendal, Cumbria	1:06:47
72.	657	jon shard	m	Veteran 40	U/A manchester, lancashire	1:07:18
73.	412	Elizabeth Bell	f		U/A High Peak , Derbyshire	1:07:33
74.	523	Karl Featherstone	m		U/A Salford, Lancs	1:07:34
75.	652	Richard Harrison	m	Veteran 40	None	1:07:42
76.	764	Stephanie Gillies	f	Lady Veteran 50	Glaxo Hoad Hill Harriers	1:07:47
77.	437	Katherine France	f	Lady Veteran 40	U/A Kendal, Cumbria	1:07:52

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
78.	310	Andrew Edwards	m	Veteran 40	U/A Cupar, Fife	1:07:58
79.	501	Paul frost	m	Veteran 50	Hyde Village Striders	1:08:12
80.	489	Vikki Brown	f		U/A Kendal, Cumbria	1:08:28
81.	781	Holly Satterly	f		Lancaster & Morecambe A/C	1:09:08
82.	729	Louisa Phillips	f		U/A Manchester, Greater Manchester	1:09:12
83.	831	Susie Anton	f		Susie Anton PT & Fitness	1:09:14
84.	540	Andy Walch	m	Veteran 40	U/A Barnsley, South yorkshire	1:09:30
85.	361	Phil Horner	m	Veteran 40	Garstang RC	1:09:44
86.	453	Andy Schofield	m	Veteran 40	U/A Rawtenstall , Lancashire	1:09:47
87.	777	Jonathan Evans	m	Veteran 50	Red Rose	1:09:52
88.	663	Catriona Curtis	f		U/A Kirkby Lonsdale, Cumbria	1:10:04
89.	708	Matthew Walton	m		U/A Carlisle , Cumbria	1:10:20
90.	452	Phil Anderson	m	Veteran 40	U/A Preston, Lancs	1:10:30
91.	858	David Watts	m	Veteran 40	U/A Carnforth, Lancashire	1:10:41
92.	793	Tom Mather	m		U/A Macclesfield,	1:10:55
93.	791	Jonathan McCabe	m	Veteran 40	U/A wilmslow,	1:10:55
94.	674	Luke fishpool	m		U/A driffield, East Riding of Yorkshire	1:10:59
95.	441	David Ashworth	m	Veteran 60	U/A Bolton, Lancs	1:11:11
96.	325	Ross Woods	m		U/A Kendal, Cumbria	1:11:22
97.	454	Helen Bonham	f	Lady Veteran 50	U/A Barrow-In-Furness , Cumbria	1:11:25
98.	595	Rhodri Harris	m		U/A Manchester, Lancashire	1:11:27
99.	472	Sarah Smallwood	f	Lady Veteran 50	U/A Chorley, Lancashire	1:11:35
100.	473	Ewan Smallwood	m		U/A CHORLEY, Lancashire	1:11:35
101.	575	Paul Smith	m		No club	1:11:42
102.	512	Luke Marriner	m		U/A Darwen, Lancashire	1:11:46
103.	866	Jo Grisedale	f	Lady Veteran 40	Team inov-8.com	1:11:47
104.	425	Andrew Davies	m	Veteran 50	U/A Wolverhampton, West Midlands	1:11:48
105.	787	Daniel Brookfield	m		U/A ORMSKIRK, Lancashire	1:11:56
106.	471	Simon Scarr	m	Veteran 50	BW&FAC	1:11:59
107.	408	Peter Lane	m	Veteran 40	U/A Newark, Nottinghamshire	1:12:03
108.	869	Tim Miles	m	Veteran 40	Millom Striders	1:12:09
109.	855	Andrew Reid	m	Veteran 40	U/A Merseyside,	1:12:15
110.	455	Daniel Mitchell	m	Veteran 40	Elvet Striders	1:12:18
111.	767	Carole Webster	f	Lady Veteran 40	U/A Warrington	1:12:37
112.	558	Nicola Mapes	f		U/A Congleton , Cheshire	1:12:37
113.	715	Duncan Roche	m	Veteran 50	U/A Millom, Cumbria	1:12:39
114.	389	Abby Wade	f		U/A Kendal, Cumbria	1:12:56
115.	388	Elizabeth Gibson	f		U/A Kendal , Cumbria	1:12:56
116.	608	Tom Hicks	m		U/A Newcastle upon Tyne ,	1:12:57
117.	532	Kathy Appleby	f	Lady Veteran 50	U/A Lancaster, Lancashire	1:13:00
118.	320	Christine Frank	f	Lady Veteran 50	U/A Yarm , Cleveland	1:13:06
119.	804	Claire Oldfield	f		U/A London, Cambridgeshire	1:13:11
120.	805	Laura Oldfield	f		U/A London,	1:13:13
121.	477	Russell Whyham	m	Veteran 40	U/A Blackpool,	1:13:18
122.	689	Nicholas Schaffer	m	Veteran 50	Millom Striders	1:13:34
123.	344	Michael Wilson	m	Veteran 50	Chorley Athletic & Triathlon Club	1:13:35
124.	562	Matthew Murray	m		U/A Newcastle upon Tyne,	1:13:36
125.	351	Justin Talboys-Cotton	m	Veteran 40	U/A Eccleshall, England	1:13:36
126.	449	Stuart Edwards	m	Veteran 50	U/A North Shields, Tyne and Wear	1:13:37
127.	854	Sarah Burnett	f	Lady Veteran 50	U/A Kendal, Cumbria	1:13:40
128.	606	Tim Sutton	m		U/A SOUTHSEA, Hampshire	1:13:52
129.	598	Janet Shaw	f	Lady Veteran 50	-	1:13:57
130.	338	Bernice Blundell	f	Lady Veteran 50	U/A Ormskirk, Lancashire	1:14:06
131.	705	Ted Smedley	m	Veteran 40	U/A Prescott, Merseyside	1:14:10
132.	642	Michael Gudgeon	m	Veteran 40	U/A Settle, North Yorkshire	1:14:21
133.	620	Sadie Dyson	f	Lady Veteran 40	U/A ROSSENDALE, LANCASHIRE	1:14:26
134.	701	Paul Otway	m	Veteran 40	U/A Natland, Cumbria	1:14:37
135.	665	Fatima Horn	f		Rothwell Harriers	1:14:42
136.	610	Jonty Tarbuck	m	Veteran 40	U/A Newcastle upon Tyne,	1:14:51
137.	486	Rebecca Clarke	f		U/A Kendal, Cumbria	1:14:51
138.	528	Joanna Dixon	f		U/A Manchester,	1:14:53
139.	354	Mairi Cullen	f	Lady Veteran 40	U/A Altrincham,	1:14:54
140.	568	Joel Durkin	m		U/A Wigan,	1:14:56
141.	467	Samantha Richardson	f		Darlington Harriers	1:15:00
142.	563	David Wright	m	Veteran 50	U/A Carnforth,	1:15:03
143.	586	nigel braithwaite	m	Veteran 40	U/A penrith, cumbria	1:15:07
144.	828	Liz Pilgrim	f	Lady Veteran 40	Helm Hill	1:15:24
145.	664	Stuart Sims	m		U/A Kirkby Lonsdale,	1:15:26
146.	784	Jane Mellor	f	Lady Veteran 40	U/A Bridge of Weir,	1:15:29
147.	632	Jean Turner	f	Lady Veteran 50	Telford Harriers	1:15:31
148.	375	David Ellicott	m	Veteran 40	Keswick AC	1:15:31
149.	313	Alyson Eggett	f	Lady Veteran 40	U/A Seaton Sluice,	1:15:42
150.	439	Ellen Stephenson	f	Lady Veteran 40	Moss Park Strollers	1:15:49
151.	669	Peter Robinson	m		U/A Leeds, Yorkshire	1:15:52
152.	670	Jake Kitching	m		n/a	1:15:53
153.	530	Thomas Pearson	m		U/A Grange Over Sands, Cumbria	1:16:03
154.	760	Gareth Phillips	m	Veteran 40	Gateshead Harriers	1:16:06
155.	492	Annie Holmes	f		U/A Didsbury, Manchester	1:16:12
156.	629	Ben Robins	m	Veteran 40	U/A Welwyn Garden City, Herts	1:16:17
157.	538	Sally Barton	f	Lady Veteran 50	Hoad Hill Harriers	1:16:18

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
158.	837	Louie Butlin	m		U/A Heysham,	1:16:22
159.	464	Nicola Hill	f		U/A Chorley,	1:16:25
160.	841	Janet Tolson	f	Lady Veteran 60	Red Rose	1:16:26
161.	811	Sarah Lord	f	Lady Veteran 40	U/A CARLISLE, Cumbria	1:16:39
162.	812	Michael Shaw	m	Veteran 40	U/A CARLISLE, Cumbria	1:16:39
163.	829	David Fox	m	Veteran 40	U/A Altrincham ,	1:16:42
164.	301	Sandy McBride	f	Lady Veteran 50	U/A London, London	1:16:43
165.	322	Michael Johnson	m	Veteran 50	U/A London,	1:16:43
166.	769	Emma Topping	f		Manchester Road Runners	1:16:47
167.	321	Hilary Johnson	f	Lady Veteran 60	U/A London,	1:16:50
168.	740	Julie Dean	f	Lady Veteran 50		1:16:51
169.	420	Andrew Appleton	m	Veteran 40	U/A Warrington, Cheshire	1:16:53
170.	569	Clair Priestley	f	Lady Veteran 40	U/A Todmorden,	1:17:05
171.	840	WENDY BIRKETT	f	Lady Veteran 60	U/A KENDAL, CUMBRIA	1:17:13
172.	581	Toby West	m	Veteran 40	Lonely Goat RC	1:17:13
173.	372	Susanne Parry	f	Lady Veteran 40	U/A Carlisle,	1:17:17
174.	704	Andrew Jones	m	Veteran 40	U/A Prescot, Merseyside	1:17:24
175.	616	Michael Bell	m	Veteran 50	U/A penrith,	1:17:32
176.	615	Pollyanna Bell	f		U/A penrith,	1:17:32
177.	461	Jeff Graham	m	Veteran 50	U/A Wotton under Edge,	1:17:35
178.	386	Paul Zergi	m	Veteran 50	U/A Scunthorpe,	1:17:40
179.	370	Jo Dogherty	f	Lady Veteran 40	U/A Manchester, Lancashire	1:17:41
180.	483	Julia Carefoot	f		U/A Preston, Lancashire	1:17:41
181.	484	Edward Carefoot	m		U/A Kendal, Cumbria	1:17:42
182.	559	Andrea Lancaster	f	Lady Veteran 40	U/A Congleton, Cheshire	1:17:43
183.	710	Shirley Spratt	f	Lady Veteran 50	U/A Congleton, Cheshire	1:17:43
184.	653	Heather Thorn	f	Lady Veteran 40	Women on the run	1:18:04
185.	779	Mark Jesson	m	Veteran 50	Pendle Forest Orienteers	1:18:19
186.	434	Dorinda Wignall	f	Lady Veteran 40	Ulverston Triathlon club	1:18:22
187.	481	Ellen McLachlan	f		BWFAC	1:18:27
188.	857	Andrew Artemis	m		U/A Ruislip,	1:18:28
189.	414	Louise Ford	f	Lady Veteran 50	Knutsford Tri Club	1:18:33
190.	587	Shaun McGee	m	Veteran 50	Sale Harriers	1:18:36
191.	403	Stephen James	m	Veteran 40	Lancaster Runners	1:18:45
192.	627	Lucie Ethell	f		U/A Preston, Lancashire	1:18:50
193.	516	Nicola Brown	f		Bury AC	1:18:51
194.	383	Ian Ellis	m	Veteran 50	U/A Beverley, East Yorkshire	1:18:58
195.	702	Matt Blend	m	Veteran 40	Helm Hill	1:19:07
196.	819	Derek Woolley	m	Veteran 60	U/A Heysham, Lancashire	1:19:09
197.	651	James Morris	m		U/A Preston,	1:19:11
198.	551	Anna Storey	f		U/A Newcastle, Tyne & Wear	1:19:30
199.	510	Mark Culshaw	m	Veteran 40	U/A Leyland, Lancashire	1:19:36
200.	848	Vicky O'Neil Brien	f		U/A Salford,	1:19:37
201.	699	Hilde Krynen	f	Lady Veteran 50	U/A Kendal, Cumbria	1:19:38
202.	507	Glen Jeffries	m		U/A Plymouth,	1:19:42
203.	457	Glyn McGovern	m	Veteran 50	U/A Altrincham,	1:19:43
204.	1369	Geoff Griffiths	m	Veteran 50	Fuelled By Fun	1:19:47
205.	824	Justin Gill	m	Veteran 40	U/A Padiham,	1:19:48
206.	683	John Slater	m	Veteran 50	U/A Carnforth, Lancs	1:19:48
207.	535	Sharon Keating	f	Lady Veteran 40	U/A Lancaster , Lancashire	1:19:55
208.	447	Susan Richardson	f	Lady Veteran 50	St Bees Triers	1:19:56
209.	720	Ray Swainston	m	Veteran 40	U/A Bishop Auckland , Durham	1:20:02
210.	493	Nick Jackson	m	Veteran 40	U/A Manchester, Lancashire	1:20:03
211.	497	Oliver Barlow	m		U/A Godalming, Surrey	1:20:03
212.	476	Harry Vaneris	m		U/A London,	1:20:04
213.	411	Michael Holmes	m	Veteran 40	U/A Carlisle, Cumbria	1:20:07
214.	788	Ben Rigg	m		Wrea Green, Lancashire	1:20:13
215.	692	Ben Higginson	m	Veteran 60	Preston Harriers	1:20:14
216.	511	Jon Strivens	m	Veteran 40	U/A Leyland,	1:20:15
217.	470	Pete Holding	m	Veteran 60	U/A Kendal, Cumbria	1:20:18
218.	726	Anna Larden	f		U/A Southampton, Hampshire	1:20:22
219.	462	Nick McKenna	m		U/A Manchester,	1:20:23
220.	771	Teagan Morton	f		U/A Manchester,	1:20:23
221.	634	Jennifer Richardson	f	Lady Veteran 40	U/A Near Kendal, Cumbria	1:20:43
222.	557	Graham Brook	m	Veteran 50	Wesham Road Runners	1:20:47
223.	319	Jackie Frank	f	Lady Veteran 40	U/A Redcar,	1:20:49
224.	631	David Western	m	Veteran 50	U/A Sutton, Surrey	1:20:54
225.	371	Clare Laybourn	f	Lady Veteran 40	U/A Edinburgh,	1:21:13
226.	327	Debbie Macaro	f	Lady Veteran 40	U/A Banbury,	1:21:14
227.	564	Gillian Halhead	f	Lady Veteran 40	U/A Carnforth, Lancs	1:21:16
228.	423	Felicity Cross	f	Lady Veteran 60	Preston Harriers	1:21:33
229.	790	carl wild	m		U/A bowness, cumbria	1:21:38
230.	636	Gerry Garvey	m	Veteran 50	Muddy Boots Nursery	1:21:40
231.	391	Helen Smith	f	Lady Veteran 50	Lakeland Cross Country Ski Club	1:21:51
232.	432	Christine Buckley	f	Lady Veteran 40	U/A Skipton,	1:21:54
233.	846	Nicola Sloan	f	Lady Veteran 40	Derwent AC Cockermonth	1:21:55
234.	419	Clare Ashton	f	Lady Veteran 40	U/A Warrington, Cheshire	1:21:56
235.	515	Lucy Wallace	f		U/A Leeds,	1:21:56
236.	534	julie gray	f	Lady Veteran 50	U/A st annes, lancashire	1:21:57
237.	433	Paul Abrams	m	Veteran 40	U/A St Helens, Lancs	1:21:58

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
238.	360	Nick Kaufmann	m	Veteran 60	U/A Edgware, Middx	1:22:29
239.	613	Dave Thompson	m	Veteran 50	U/A Stoke on Trent, Staffordshire	1:22:35
240.	604	Mags Cook	f	Lady Veteran 60	Roundhay Runners	1:22:39
241.	332	Catherine Haggerty	f		U/A St Helens, Merseyside	1:22:46
242.	1421	Amanda Cirelli	f	Lady Veteran 50	U/A Blackpool , Lancashire	1:23:03
243.	485	Alexandra Battersby	f		Tyne Bridge Harriers	1:23:05
244.	814	Karen Greeson	f	Lady Veteran 40	U/A St. Bees, Cumbria	1:23:06
245.	619	Gay Goodson	f	Lady Veteran 40	U/A kirkby-in-Furness, cumbria	1:23:10
246.	621	adele Cihlar	f	Lady Veteran 40	U/A Prestwich , Manchester	1:23:26
247.	427	Josephine Sanders	f		U/A Glossop, Derbyshire	1:23:30
248.	422	Louise Addy	f		U/A Kendal, Cumbria	1:23:32
249.	768	Emma Cattermole	f	Lady Veteran 40	U/A Kendal	1:23:32
250.	853	Helen Little	f	Lady Veteran 40	U/A High Harrington, Cumbria	1:23:34
251.	352	Tracy Talboys-Cotton	f	Lady Veteran 40	U/A Eccleshall, England	1:23:34
252.	742	Carmen Harrington	f		Mornington Chasers	1:23:38
253.	850	Sarah Dodd	f		U/A Barrow In Furness, Cumbria	1:23:47
254.	809	Amy Lee	f		U/A Whalley, Lancashire	1:23:48
255.	413	Alex Shaw	m		U/A Macclesfield, Cheshire	1:23:50
256.	365	Kim Rigg	f	Lady Veteran 40	U/A Kendal, Cumbria	1:23:51
257.	798	Philip Blakeley	m		U/A Aughton, Lancs	1:23:53
258.	350	Ian McDowall	m	Veteran 60	U/A Linlithgow,	1:23:55
259.	862	Gerry Rooney	m	Veteran 60	U/A Carlisle,	1:23:56
260.	844	Claire Newton	f		U/A Wakefield, West Yorkshire	1:24:01
261.	591	Paul Fiddler	m	Veteran 40	U/A Warrington, Cheshire	1:24:05
262.	735	Susan Sharp	f	Lady Veteran 50	U/A Wakefield, west Yorkshire	1:24:17
263.	721	Brian Winder	m	Veteran 70	Darwen Running Group	1:24:18
264.	341	Marlies Wisse	f		U/A London, Merton	1:24:23
265.	806	Michelle Gallagher	f	Lady Veteran 50	U/A Chorley, Lancashire	1:24:26
266.	305	Kim Patel	f		U/A Preston, Lancashire	1:24:28
267.	626	Marnie Ethell	f		U/A Preston, Lancashire	1:24:31
268.	727	catherine cuthbert	f	Lady Veteran 40	wallasey ac	1:24:48
269.	531	Emma Thacker	f		U/A Kendal, Cumbria	1:24:53
270.	622	Jodie Reynolds	f		U/A Rochdale,	1:24:59
271.	424	Michael Jones	m	Veteran 60	U/A Stockport, Cheshire	1:25:11
272.	758	Catherine Vaneris	f	Lady Veteran 40	U/A London	1:25:13
273.	842	Jennie Eastham	f		U/A Wakefield, West Yorkshire	1:25:17
274.	358	Katy Smythe	f	Lady Veteran 40	Me	1:25:34
275.	387	Ian Hartwell	m	Veteran 40	U/A Manchester,	1:25:37
276.	421	Megan Lane	f		U/A WINDERMERE ,	1:25:40
277.	400	Gary Lane	m	Veteran 40	Howgill Harriers	1:25:42
278.	649	Liz Bamber	f	Lady Veteran 40	Lancaster Women's Running Club	1:25:45
279.	645	Jane Taylor	f	Lady Veteran 50	Women on the Run - Preston	1:25:45
280.	438	sarah spalding	f		U/A Kendal, Cumbria	1:25:51
281.	566	Claire Hall	f		NA	1:25:56
282.	676	Abigail McAninly	f	Lady Veteran 40	Durham	1:26:07
283.	796	Sarah Adams	f		U/A Kendal , Cumbria	1:26:09
284.	770	William Price	m		Team Inov 8	1:26:09
285.	750	Edward Price	m		Team Inov 8	1:26:10
286.	380	Mark Etherington	m	Veteran 50	U/A Preston, Lancs	1:26:12
287.	366	Claire Piela	f		U/A PRESTON, Lancashire	1:26:13
288.	815	Kate McBlane	f	Lady Veteran 40	U/A Derby, Derbyshire	1:26:14
289.	795	Niki Herbert	f	Lady Veteran 40	U/A Warrington, Cheshire	1:26:23
290.	324	Dan Dalton	m		U/A Gomersal,	1:26:24
291.	353	Melanie Burton	f	Lady Veteran 50	U/A Windermere, Cumbria	1:26:24
292.	141	tom downes	m	Veteran 40	U/A frome,	1:26:31
293.	561	Lindsay Downes	f	Lady Veteran 40	U/A Frome,	1:26:31
294.	614	Carol Robinson	f	Lady Veteran 40	U/A Kendal, Cumbria	1:26:33
295.	786	Sarah Nutt	f		U/A Stockport,	1:26:35
296.	618	Nathalie Robinson	f		Roefield Run Club	1:26:35
297.	567	Josh Riley	m		U/A Wigan,	1:26:35
298.	356	Morgan Jones	m	Veteran 40	U/A Stockton heath,	1:26:42
299.	648	David Wilkinson	m	Veteran 50	U/A Southport , Merseyside	1:26:48
300.	744	Sam Blackburn	m		Mornington Chasers	1:26:52
301.	712	Louise Robinson	f		WotR Kendal	1:26:57
302.	450	Kirsty Carruthers	f		U/A Morpeth, Northumberland	1:26:58
303.	803	Sophy Owen-Smith	f		U/A Witney,	1:27:01
304.	802	Gus Wilkie	m		U/A Witney ,	1:27:02
305.	671	Tricia Griffiths	f	Lady Veteran 50	U/A Lancaster,	1:27:20
306.	331	Helen Firth	f	Lady Veteran 40	U/A Altrincham, Cheshire	1:27:21
307.	792	damián moss	m	Veteran 50	U/A Preston, lancs	1:27:27
308.	625	Paul Ethell	m	Veteran 50	U/A Preston, Lancashire	1:27:36
309.	821	PAUL TICKNER	m	Veteran 60	U/A Cockermonth, Cumbria	1:27:42
310.	863	joanne mcwilliams	f	Lady Veteran 40	tri preston	1:27:51
311.	646	Alison Belford	f	Lady Veteran 50	Formby Stormers	1:27:52
312.	456	Laura Hanson	f		U/A NEWCASTLE UPON TYNE, Tyne and Wear	1:27:57
313.	571	Vicki Cummings	f	Lady Veteran 40	U/A Lytham,	1:27:58
314.	487	Claudia Hammond-Price	f		U/A Cheadle Hulme, Cheshire	1:28:02
315.	739	Vicky Johnston	f	Lady Veteran 40	St Bees Triers	1:28:07
316.	794	Sara Coxon	f	Lady Veteran 40	U/A Kendal , Cumbria	1:28:08
317.	751	Nicola Wright	f		U/A Ambleside	1:28:10

Lakeland Trails in Staveley

Kentmere Trail Run 10K

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
318.	868	Adrian Dobson	m	Veteran 50	Team Dobson	1:28:12
319.	835	Rachel Stavert	f	Lady Veteran 50	U/A Penrith, Cumbria	1:28:15
320.	807	Ailsa Wright	f		U/A Kendal, Cumbria	1:28:29
321.	316	Peter Belford	m	Veteran 50	U/A Liverpool, Merseyside	1:28:31
322.	542	Simon Cole	m	Veteran 50	U/A Ansdel, Lancs	1:28:41
323.	521	anita dennis	f	Lady Veteran 60	U/A leeds,	1:28:41
324.	582	Chris Newsham	m	Veteran 40	U/A Winsford ,	1:28:54
325.	717	Sophie McIntosh	f		U/A Burnley, Lancashire	1:28:55
326.	785	Kara Atkinson	f	Lady Veteran 40	U/A Lancaster,	1:28:59
327.	466	Robert Blewitt	m		U/A Manchester,	1:29:23
328.	465	Laura Coull	f		U/A Wrexham,	1:29:24
329.	444	ben Silva	m		carleton house	1:29:25
330.	443	elaine hindle	f	Lady Veteran 40	U/A Liverpool,	1:29:31
331.	590	Sally Cottrill	f	Lady Veteran 50	Burden Road Runners	1:29:37
332.	546	Zara Gall	f	Lady Veteran 40	Didsbury ladies	1:29:44
333.	818	Laura Pilkington	f		Miss	1:29:54
334.	820	Tony Pilkington	m	Veteran 60	U/A Preston, Lancashire	1:29:54
335.	382	Catherine Thomson	f	Lady Veteran 40	U/A Manchester,	1:29:56
336.	759	Peter Phillips	m	Veteran 70	Loftus and Whitby AC	1:30:35
337.	1600	Courtney Benson	f		Howgill harriers	1:31:05
338.	190	Kevin Kendall	m	Veteran 40		1:31:07
339.	641	Beverley Crate	f	Lady Veteran 40	U/A Bedlington , Northumberland	1:31:11
340.	849	Malcolm Beech	m	Veteran 60	Blackpool Wyre & Fylde Athletic Club	1:31:37
341.	526	Emma Henry	f		U/A St Helens,	1:31:37
342.	390	Laura Leitch	f		U/A Lancaster,	1:31:50
343.	337	Scott Grainger	m	Veteran 50	U/A Yarm ,	1:31:51
344.	825	Diane Blagden	f	Lady Veteran 50	Wesham Road Runners	1:31:53
345.	594	Carolyn Squires-Martin	f	Lady Veteran 50	U/A Gainford, Durham	1:32:15
346.	593	Darren Martin	m	Veteran 50	U/A Gainford, Durham	1:32:15
347.	364	Phil Dudley	m	Veteran 50	U/A Kendal, Cumbria	1:32:20
348.	529	Chris Pearson	m	Veteran 50	U/A Grange Over Sands, Cumbria	1:32:23
349.	377	Chris Hutchinson	m	Veteran 60	U/A Nr Hull, East Yorkshire	1:32:25
350.	688	Lynda Davenport	f		U/A Harrogate, North yorkshire	1:32:30
351.	342	Madeleine Vigar	f	Lady Veteran 50	U/A nr Haverhill, Essex	1:32:31
352.	690	Louise McKenzie	f		U/A Linlithgow, West Lothian	1:32:37
353.	336	Janet Coutts	f	Lady Veteran 60	Skipton AC	1:32:52
354.	506	Simon Taggart	m	Veteran 50	Galloway harriers	1:32:59
355.	416	Claire Ford	f		U/A Knutsford,	1:33:03
356.	612	David Cole	m	Veteran 70	U/A Penrith, Cumbria	1:33:09
357.	597	Jenny Mabbutt	f		U/A Accrington , Lancashire	1:33:11
358.	738	Susan Averill	f	Lady Veteran 50	Notts womens runners	1:33:24
359.	401	Diane Hubbard	f	Lady Veteran 50	U/A Kendal, Cumbria	1:33:26
360.	549	Gail Richards	f	Lady Veteran 40	Evenwood Road Runners	1:33:31
361.	328	Gill Burns	f	Lady Veteran 50	U/A Edgworth,	1:33:38
362.	362	Claire Horner	f	Lady Veteran 40	U/A Hornby,	1:33:39
363.	329	Chris Holland	m	Veteran 50	U/A Edgworth,	1:33:41
364.	624	Megan Hall	f		U/A Preston,	1:33:54
365.	635	Deborah Thorneycroft	f	Lady Veteran 50	U/A Stoke on Trent, Staffs	1:33:57
366.	639	Helen Bowerman	f	Lady Veteran 50	U/A York,	1:34:24
367.	396	Graeme Wordsworth	m	Veteran 40	North Shields Poly	1:34:28
368.	666	Andrew Melling	m	Veteran 40	U/A Leyland,	1:34:34
369.	823	Tom Melling	m		U/A Preston, Lancashire	1:34:36
370.	1451	Paula Byrne	f	Lady Veteran 60	U/A Arnside, Cumbria	1:34:50
371.	711	Catherine Betley	f	Lady Veteran 40	N/A	1:34:53
372.	707	Mark Thornber	m	Veteran 60	U/A Arnside, Cumbria	1:34:54
373.	800	paula ainsley	f	Lady Veteran 40	U/A york, north yorkshire	1:34:57
374.	813	Victoria Dewhurst	f	Lady Veteran 40	U/A Bolton, Lancs	1:34:58
375.	333	Deborah Cummings	f	Lady Veteran 40	U/A St Helens, Merseyside	1:35:00
376.	335	Mark Cummings	m	Veteran 50	U/A St Helens, Merseyside	1:35:00
377.	378	Carolyn Goulden	f		U/A Lancaster,	1:35:04
378.	397	Gillian O'boyle	f	Lady Veteran 40	U/A warrington, Cheshire	1:35:15
379.	847	Emma Howe	f		U/A Swinton, Lancashire	1:35:21
380.	355	Di Blackshaw	f		U/A Manchester,	1:35:25
381.	577	Nickola Walker	f	Lady Veteran 40	blackpool, wyre and fylde AC	1:35:27
382.	599	Joanna Harvey	f		U/A Liverpool,	1:35:27
383.	580	Zoe Gerrard	f	Lady Veteran 40	U/A Ashton-under-Lyne, Lancashire	1:35:34
384.	488	Michael Thompson	m		U/A Cheadle Hulme, Cheshire	1:35:50
385.	409	Joanne Chard	f	Lady Veteran 40	Women on the Run	1:35:57
386.	541	Catherine Hunt	f	Lady Veteran 40	Women on the Run	1:35:57
387.	633	Allan Dean	m	Veteran 60	U/A OAKHAM, Rutland	1:36:04
388.	780	Sarah Blinkhorn	f		N/a	1:36:05
389.	647	Jo-Anna Robson	f	Lady Veteran 40	U/A Formby,	1:36:14
390.	430	Naomi Bonner	f	Lady Veteran 40	Rosemere	1:36:24
391.	393	Rebecca Evans	f		U/A Stockport,	1:36:29
392.	394	Martin Evans	m		U/A Isle of Man,	1:36:29
393.	547	Nicola Kay	f	Lady Veteran 40	Horwich RMI Harriers	1:36:53
394.	801	Shelley Regan	f		U/A Preston, Lancashire	1:37:01
395.	445	Beckie Waine	f		Run Mummy Run	1:37:14
396.	442	Kate Thatcher	f		U/A Urmston,	1:37:28
397.	545	Hannah Stevenson	f		U/A lancaster, lancashire	1:37:39

Lakeland Trails in Staveley

Kentmere Trail Run 10K

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
398.	637	David Watson	m	Veteran 50	Red rose road runners	1:37:42
399.	505	Ailsa Taggart	f	Lady Veteran 50	Galloway Harriers	1:37:56
400.	553	Nancy Ryan	f	Lady Veteran 40	U/A Altrincham, Cheshire	1:38:05
401.	607	Grace Mason	f		U/A Southsea,	1:38:06
402.	638	Victoria Henniker	f	Lady Veteran 40	Warrington Running Club	1:38:21
403.	680	Liane Thompson	f	Lady Veteran 50	U/A Barrow-in-Furness, Cumbria	1:38:23
404.	522	Joanne Avison	f	Lady Veteran 40	Wirral Vikings	1:38:25
405.	306	Robert Shanahan	m	Veteran 50	Wirral Vikings	1:38:26
406.	643	Fiona Gutteridge	f		Red Rose Road Runners	1:38:33
407.	716	Theresa Murray	f	Lady Veteran 50	U/A Crook, Cumbria	1:38:55
408.	714	Alison Spiby	f	Lady Veteran 50	U/A Windermere, Cumbria	1:38:56
409.	418	David Ford	m		U/A Bristol,	1:39:18
410.	326	Gwen Woznikowska	f		U/A Staveley , Cumbria	1:39:22
411.	376	Mandy Rothwell	f	Lady Veteran 50	U/A Manchester, LANCS	1:39:25
412.	312	Lola Jimenez	f		U/A Southport, Merseyside	1:39:29
413.	536	Mandy Haworth	f	Lady Veteran 50	New Balance Run Club Keswick	1:39:30
414.	698	Angela Skelton	f	Lady Veteran 40	Me	1:39:38
415.	691	Jane Mulcrone	f	Lady Veteran 40	Penny Lane Striders	1:39:41
416.	588	Lucy McGee	f	Lady Veteran 50	U/A Sale, Cheshire	1:39:46
417.	554	Kirsty Pettit	f	Lady Veteran 50	Keighley and craven	1:39:47
418.	833	Vicky Willett	f	Lady Veteran 40	SBC Plodders	1:39:47
419.	533	Vera Schleiffer	f		Wigan and District Harriers and AC	1:40:11
420.	440	DAVID LASH	m	Veteran 60	U/A SEAHAM, CO. DURHAM	1:40:33
421.	500	Soraya Weir	f		U/A Preston ,	1:40:42
422.	499	Nicola Brookes	f	Lady Veteran 50	U/A Presto , Lancashire	1:40:42
423.	870	Jan molyneux	f	Lady Veteran 50	none	1:40:44
424.	736	Amanda Beresford	f			1:41:02
425.	754	Paul Coldham	m	Veteran 50	U/A Keswick	1:41:04
426.	508	Lauren Cobb	f		Stainland Lions	1:41:21
427.	527	John Harrison	m	Veteran 70	U/A Carlisle, Cumbria	1:41:24
428.	555	Mahfuzul Islam	m	Veteran 40	U/A Sabden,	1:42:03
429.	435	Christina Davies	f		U/A Bishop Auckland, Durham	1:43:07
430.	385	Sara Lloyd Williams	f		U/A Carlisle, Cumbria	1:43:13
431.	861	Louise Rooney	f	Lady Veteran 50	U/A Carlisle,	1:43:18
432.	304	Emma Owen	f	Lady Veteran 40	Me	1:43:20
433.	513	Alison Unsworth	f	Lady Veteran 40	U/A WIGAN,	1:43:21
434.	334	Karen Cummings	f	Lady Veteran 50	U/A St Helens, Merseyside	1:43:22
435.	783	Lia Lucarello	f		U/A London,	1:43:23
436.	491	Katie Hall	f		U/A Didsbury ,	1:43:34
437.	839	Peter Swift	m	Veteran 50	U/A Wigan, Lancashire	1:43:51
438.	808	Elizabeth Mounsey	f	Lady Veteran 50	U/A Preston , Lancashire	1:43:52
439.	810	Allyson Miller	f	Lady Veteran 40	U/A Chorley, Lancashire	1:44:03
440.	782	Nigel Harris	m	Veteran 50	U/A Stafford,	1:44:13
441.	719	Carol Gunn	f	Lady Veteran 50	St bees triers	1:44:25
442.	772	Sarah Lomas	f	Lady Veteran 40	U/A Warrington, Cheshire	1:44:38
443.	654	Rachael Dodds	f	Lady Veteran 40	Roundhay Runners	1:44:59
444.	836	Catherine Wearing	f		U/A Lancaster,	1:45:04
445.	845	Deb Drinkall	f	Lady Veteran 40	Solemothers	1:45:19
446.	544	Carole Wood	f	Lady Veteran 60	U/A Kendal, Cumbria	1:45:30
447.	789	Deborah Cliff	f		Radcliffe AC	1:45:41
448.	363	Sarah McGrath	f		Bury AC	1:45:41
449.	694	EDWINA RICKARDS COLLINSON	f	Lady Veteran 60	CROCWALKERS	1:47:07
450.	482	Julie Gardner	f	Lady Veteran 50	U/A Kendal,	1:48:07
451.	428	Mark Pryor	m	Veteran 40	Thornton Cleveleys Running Club	1:51:05
452.	830	Christine Burgess	f	Lady Veteran 50	thornton cleveleys running club	1:51:05
453.	851	Karen Livesey	f	Lady Veteran 50	Thornton Cleveleys Running Club	1:51:05
454.	518	Christine Fildes	f	Lady Veteran 50	Nics Nordic Walks	1:52:07
455.	834	Bev Dodd	f	Lady Veteran 40	Millom Striders	1:52:15
456.	494	Julie Murray	f	Lady Veteran 50	U/A Gateshead, Tyne and Wear	1:54:13
457.	495	Rachel Elizabeth Murray	f		U/A Gateshead, Tyne and Wear	1:54:13
458.	303	Jane Patel	f	Lady Veteran 50	COLT	1:54:24
459.	578	Fiona Little	f	Lady Veteran 50	Blackpool Wyre & Fylde Athletics Club	1:55:36
460.	695	Marie Pembroke	f	Lady Veteran 60	Crocwalkers	1:58:07
461.	307	Susan Strother	f	Lady Veteran 50	U/A Lytham St Annes, Lancashire	2:00:09
462.	730	Dot Carr	f	Lady Veteran 70	U/A harrogate, yorkshire	2:02:47
463.	348	Tira Moore	f	Lady Veteran 40	U/A Durham, Durham	2:05:42
464.	1255	Helen Kennedy	f		Roundhay Runners	4:51:34

Number of records: 464