

Cartmel Trail Race Emergency Route

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
1.	2	Christopher Holdsworth	m		Clayton Le Moors Harriers	0:36:28
2.	167	Cameron Ronaldson	m		U/A Manchester , Lancashire	0:40:37
3.	258	Dan Miller	m		Endurance store trail team	0:41:13
4.	273	Paul Brunger	m		Derwent Valley Running Club	0:42:13
5.	8	Gareth Raven	m		Sale Harriers	0:42:29
6.	256	Michael Gregory	m	MV 40	Ulverston Tri Club	0:42:56
7.	177	Andy Simpson	m	MV 40	Barrow Runners	0:43:13
8.	255	Sam Green	m		Team inov-8	0:43:35
9.	44	Chris corless	m	MV 40	Team mountain fuel	0:43:37
10.	19	Paul Singleton	m		Amblesida AC	0:43:40
11.	232	Paul Griffiths	m		U/A Liverpool,	0:43:45
12.	137	Jonathan Moon	m		Sowerby Bridge Snails R.C	0:43:53
13.	89	Dan Hartley	m	MV 40	Black Combe Runners	0:43:59
14.	178	William Sisson	m		U/A Grange over sands,	0:44:03
15.	183	Chris Smith	m		Keswick AC	0:44:54
16.	143	Tom Nicholson	m		Lancaster University Running Club	0:45:14
17.	91	James Hewitt	m		U/A Orrell, Lancashire	0:45:22
18.	203	Adam Taylor	m		Kendal AAC	0:45:24
19.	228	ryan crawley	m		U/A Carlisle, Cumbria	0:46:20
20.	168	Peter Roome	m	MV 50	Southport Waterloo AC	0:46:39
21.	83	John Greenwood	m	MV 40	U/A Keighley, West Yorkshire	0:46:43
22.	85	Ben Gudgeon	m		U/A Heysham, Lancashire	0:47:02
23.	231	Robert Coupe	m		Black Combe Runners	0:47:13
24.	236	Mike Allison	m	MV 60	Eden Runners	0:47:18
25.	118	Bryan Lowrie	m	MV 40	U/A Grange over sands ,	0:47:33
26.	200	Francisco Baratta	m	MV 40	Team inov-8	0:47:41
27.	100	Sylvain husson	m		U/A Liverpool, Merseyside	0:47:54
28.	46	Darren Coward	m		Glaxo hoad hill harriers	0:47:58
29.	72	Peter Fishpool	m	MV 50	U/A	0:48:02
30.	246	Matthew Birket	m		Manchester Road Runners	0:48:06
31.	55	peter cushion	m	MV 40	wirral vikings trc	0:48:07
32.	29	Christine Holmes	f		Trentham Running Club	0:48:08
33.	235	Stephen Abram	m	MV 40	U/A Warrington , Cheshire	0:48:32
34.	202	Andrzej Tadeusiak	m		U/A LANCASTER, Lancashire	0:48:38
35.	197	Andrew Strachan	m		U/A Manchester,	0:48:42
36.	253	Matthew Blakeley	m	MV 40	Roundhay Runners	0:48:48
37.	237	Dougal Anderson	m		U/A Carlisle, Cumbria	0:48:53
38.	166	Pedro Rodriguez	m		U/A Liverpool,	0:49:08
39.	263	Andrew Pye	m	MV 40	U/A Kendal, Cuumbria	0:49:12
40.	139	Marcus Moss	m	MV 40	Roundhay Runners	0:49:23
41.	115	Nigel Leeson	m	MV 50	Macclesfield Canoe Club	0:49:36
42.	95	Nick Holmes	m	MV 60	Tattenhall runners	0:49:57
43.	201	Rich Sykes	m	MV 40	Spa Striders	0:50:02
44.	229	Stephen Woodruffe	m	MV 50	Red rose Road runners	0:50:12
45.	81	Chris Graham	m	MV 40	U/A Windermere, Cumbria	0:50:16
46.	189	Adrian Spencer	m	MV 40	Barrow Runners	0:50:17
47.	90	Rob Hemming	m		U/A Edinburgh,	0:50:29
48.	56	David Dalziel	m		U/A Appleby-in-Westmorland, Cumbria	0:50:33
49.	58	Chris Davies	m		U/A Witton le wrar, Durham	0:50:37
50.	70	Dave Ferguson	m		U/A Carlisle ,	0:50:43
51.	186	Megan Smith	f		U/A Manchester, Greater Manchester	0:50:43
52.	126	Ian Maudsley	m	MV 40	U/A Sale, Cheshire	0:50:46
53.	103	Niamh Jackson	f		Kirkstall Harriers	0:50:49
54.	215	Robert Vincent	m	MV 40	U/A Leeds,	0:51:01
55.	86	Louise Harman	f	FV 40	Barrow Runners	0:51:16
56.	242	Neil Beckett	m	MV 40	UTS Run Club	0:51:20
57.	50	Ian Croft	m	MV 50	Red rose road runners	0:51:34
58.	45	graham coupe	m	MV 40	Wirral Vikings TRC	0:51:41
59.	271	Dominic Brophy	m	MV 50	U/A kirkham, Lancashire	0:51:47
60.	267	Daniel Stockton	m		The Fell Devils	0:51:54
61.	195	Kev Stockdale	m		Preesall Fire	0:51:57
62.	25	Fiona Belgian	f	FV 40	Jog on the Tyne	0:52:02
63.	147	Ben Oldendorp	m	MV 40	U/A Blackpool , Lancashire	0:52:24
64.	190	Ian Stainthorpe	m	MV 50	Rochdale Harriers	0:52:31
65.	205	Stuart Taylor	m	MV 40	U/A Preston, Lancashire	0:52:44
66.	135	Andy Mellor	m	MV 40	U/A Sale,	0:52:59
67.	99	Nicola Hughes	f		Red Rose Road Runners	0:53:03
68.	98	Daniel Hughes	m		Red Rose Road Runners	0:53:03
69.	122	Ian MacNamee	m	MV 50	Erewash Valley Running Club	0:53:09
70.	59	Mark Day	m	MV 40	U/A High Peak, Derbyshire	0:53:26
71.	187	Richard Smith	m	MV 50	U/A Ackworth, West Yorkshire	0:53:29
72.	131	Stuart McGurk	m	MV 50	Kendal	0:53:31
73.	181	Chris Smart	m		Sowerby Bridge Snails	0:53:39
74.	75	Oscar Garcia Rodriguez	m	MV 40	Aguas Nuevas	0:53:43
75.	61	IAN DIXON	m	MV 40	U/A STOCKPORT, CHESHIRE	0:53:48
76.	120	Hugh Macgregor	m		U/A Glasgow,	0:53:53
77.	140	David Moston	m	MV 40	Wirral Vikings	0:54:03

Lakeland Trails in Cartmel

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
78.	277	Toby Casstles	m	MV 40	U/A Rainford, Merseyside	0:54:09
79.	341	Kevin Melling	m	MV 40	U/A	0:54:10
80.	102	Andy Jackson	m	MV 40	The Fell Devils	0:54:11
81.	239	Mark Bailey	m	MV 40	Glaxo Hoad Hill Harriers	0:54:15
82.	193	David Stevenson	m	MV 40	U/A Wilmslow, Cheshire	0:54:15
83.	280	Alice Chivers	f		U/A Kendal,	0:54:15
84.	164	Dave Robson	m	MV 50	Barrow Runners	0:54:18
85.	169	dean rowlandson	m		U/A grange over sands, cumbria	0:54:41
86.	210	Beth Treaddell	f	FV 40	U/A Preston, Lancashire	0:55:01
87.	130	craig mcgougan	m		Lochaber AC	0:55:59
88.	150	Emma Parkin	f	FV 40	Stratford AC	0:56:02
89.	162	Paul Robertson	m	MV 50	Wirral Vikings	0:56:05
90.	244	Michael Beech	m	MV 50	U/A Skipton, North Yorkshire	0:56:08
91.	160	rich roberts	m	MV 50	n/a	0:56:30
92.	66	John Elder	m		U/A Oldmeldrum, Aberdeenshire	0:56:35
93.	198	Euan Strachan	m		U/A Glasgow,	0:56:36
94.	268	Hannah Walsh	f		Team inov-8	0:56:37
95.	149	Mark Palmer	m	MV 50	Wimbledon Windmilers	0:56:38
96.	185	Julie Smith	f	FV 50	The Fell Devils	0:56:38
97.	78	Tom Anstiss	m		U/A Morecambe, Lancashire	0:56:53
98.	248	Philip Boylin	m	MV 40	U/A Hexham, Northumberland	0:56:59
99.	144	Toni O'Donovan	f	FV 40	Barrow Runners	0:57:17
100.	152	Therasa Paul	f	FV 50	U/A Keswick, Cumbria	0:57:22
101.	278	Gary Cattermole	m	MV 50	U/A Kendal, cumbria	0:57:32
102.	176	John Shevelan	m	MV 40	Black Combe Runners	0:57:41
103.	108	David Jordan	m	MV 40	U/A Kendal, Cumbria	0:57:54
104.	134	Jon Meeten	m	MV 50	U/A Manchester,	0:58:05
105.	69	Rob Fawdington	m		U/A Linlithgow, West Lothian	0:58:07
106.	279	Philip Charles	m	MV 50	U/A Glasgow,	0:58:14
107.	124	Paul Manson	m		U/A Glasgow,	0:58:16
108.	188	Michelle Smith	f		U/A Glasgow ,	0:58:17
109.	76	Mark Gibson	m		U/A Whitehaven, Cumbria	0:58:27
110.	88	Matt Harris	m		U/A Warrington , Cheshire	0:58:28
111.	223	Tom Wright	m	MV 40	U/A Lytham St.Annes, Lancashire	0:58:32
112.	221	john wilson	m		U/A Lytham, Lancashire	0:59:00
113.	226	Lynsay Adair	f		Widnes Wasps	0:59:25
114.	175	Gordon Sharp	m	MV 60	The Fell Devils	0:59:42
115.	213	Lucy Tugwell	f		Spa Striders	0:59:44
116.	65	mark earle	m	MV 60	U/A knutsford, cheshire	0:59:48
117.	125	Chris March	m		U/A Mold,	0:59:54
118.	96	Mark Hovell	m		U/A Liverpool, Merseyside	1:00:00
119.	249	Alison Bradshaw	f	FV 40	U/A Preston, Lancashire	1:00:03
120.	224	Terry Charles	m	MV 60	Wirral Vikings TRC.	1:00:21
121.	172	Dougie Scarfe	m	MV 50	Lytchett Manor Striders	1:00:57
122.	104	Paul Jackson	m	MV 50	Chorley Athletic and Triathlon Club	1:01:21
123.	272	Nicola Brown	f	FV 40	U/A Liverpool , Merseyside	1:01:23
124.	111	Helen Kelsall	f		Kirkby milers ac	1:01:25
125.	132	Allison McIntyre	f	FV 40	U/A Ayr, Ayrshire	1:01:35
126.	119	Emma Lynch	f		U/A Mold,	1:01:41
127.	222	Mike Wood	m	MV 50	U/A Ryton, Tyne &Wear	1:01:43
128.	155	Monique Raaijmakers	f	FV 50	Barrow Runners	1:01:46
129.	230	Lisa Hunt	f		Red rose road runners	1:03:08
130.	182	Joanne Moyers	f	FV 40	Widnes Wasps LRC	1:03:17
131.	227	Julian Brook	m	MV 40	U/A Grundisburgh,	1:04:04
132.	261	Neil Paterson	m	MV 60	U/A Hexham, Northumberland	1:04:05
133.	184	David Smith	m	MV 50	U/A Manchester,	1:04:43
134.	141	Alison Neate	f	FV 50	U/A Allithwaite,	1:04:49
135.	77	Stephanie Gillies	f	FV 50	Glaxo Hoad Hill Harriers	1:05:39
136.	265	megan ryder	f		U/A boston spa,	1:05:52
137.	74	Ian Floyd	m	MV 50	St Helens Striders	1:05:53
138.	264	john ryder	m	MV 40	U/A wetherby,	1:05:54
139.	109	Lisa Jordan	f	FV 40	U/A Kendal, Cumbria	1:05:57
140.	194	Amy Stiven	f		n/a	1:06:16
141.	174	Graham Schofield	m	MV 60	Chorley Harriers	1:06:27
142.	266	susan sowerby	f	FV 40	U/A workington, cumbria	1:06:36
143.	243	MICHAEL ARMSTRONG	m	MV 50	sunderland strollers	1:06:48
144.	80	CAROLINE GOCER	f	FV 40	U/A STOCKPORT, CHESHIRE	1:06:59
145.	146	Geraldine O'Grady-Thomas	f	FV 50	Pennine	1:07:04
146.	165	Paul Roche	m	MV 50	U/A Chester,	1:07:27
147.	73	Nick Fleming	m	MV 50	U/A Largs ,	1:07:53
148.	196	Richard Stokes	m	MV 60	FRA	1:07:57
149.	127	Julie McBride	f	FV 40	U/A Blackpool, Lancashire	1:08:53
150.	67	Lamyong Evans	f	FV 40	U/A Blackpool, Lancashire	1:08:58
151.	171	Luis Sanz	m		n/a	1:09:27
152.	148	Sophie Owens	f		U/A Stockton on Tees,	1:09:57
153.	87	John Harris	m	MV 40	U/A Bradford, County (optional)	1:09:57
154.	121	Miriam Mackay	f	FV 40	U/A Inverness,	1:11:06
155.	151	Helen Parkinson	f		U/A Salford, Gtr Mcr	1:11:10
156.	260	Greg Oulton	m	MV 50	Lytham St Annes Road Runners	1:11:33
157.	199	kate sutton	f		U/A southport, merseyside	1:11:33

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
158.	57	Andrew Davidson	m		U/A Altrincham, Cheshire	1:11:35
159.	41	Becca Cleator	f		U/A Barrow, Cumbria	1:11:42
160.	173	Judith Scarfe	f	FV 50	Lytchett Manor Striders	1:15:20
161.	270	Mark Brennan	m	MV 60	U/A Stockport, Cheshire	1:15:26
162.	145	Lisa Ofarrell	f	FV 40	U/A Stockport, Cheshire	1:15:32
163.	43	matt conrad	m	MV 50	U/A Nottingham,	1:21:19
164.	158	MARY ROBERT	f	FV 50	U/A STOCKPORT, CHESHIRE	1:23:59

Number of records: 164