

## Cartmel Trail Challenge Emergency Route

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
1.	1116	Matt Anthony	m		U/A Manchester,	0:46:01
2.	1272	andrew foster	m	MV 40	liverpool pembroke & sefton	0:46:24
3.	1181	Sam Carr	m		Liverpool Pembroke & Sefton	0:46:34
4.	1300	paul gregory	m	MV 40	unattached	0:46:54
5.	1155	Colin Bretherton	m	MV 40	U/A Ormskirk, Lancashire	0:47:35
6.	1207	David Connolly	m	MV 40	U/A Burscough, Lancs	0:48:04
7.	1602	Scott Thornton	m	MV 40	U/A Carlisle, Cumbria	0:48:35
8.	1118	Dayle Armstrong	m		U/A Carlisle, Cumbria	0:48:39
9.	1675	Daniel Hunter	m		U/A Carlisle, Cumbria	0:48:41
10.	1283	Tom George	m		U/A SELBY,	0:48:44
11.	1657	philip lonsdale	m	MV 50	U/A durham,	0:48:49
12.	1423	Luke Madge	m		U/A Chopwell , Newcastle Upon Tyne	0:49:04
13.	1199	denis cleary	m	MV 40	none	0:49:16
14.	1146	Steven Boardman	m		U/A Preston, Lancashire	0:49:41
15.	1660	Paul Whittle	m	MV 50	U/A Bickerstaffe, Lancashire	0:50:03
16.	1260	Tom Evans	m		N/A	0:50:18
17.	1255	Stephen Entwistle	m	MV 50	Wirral Vikings TRC	0:51:23
18.	1164	James Buckell	m	MV 40	U/A MILTON KEYNES, Bucks	0:51:26
19.	1516	John Pyrah	m		U/A London,	0:51:28
20.	1330	Isaac Herrington	m		U/A Ilkley,	0:51:33
21.	1571	Richard George Spowart	m		U/A Spennymoor, Durham	0:51:35
22.	1169	Alex Burns	m		U/A Kendal ,	0:51:47
23.	1349	Darren Horobin	m	MV 40	U/A Hensworth,	0:51:58
24.	1509	Jason Pollock	m	MV 40	Border Reiver Runners	0:52:10
25.	1327	Joanne Hazell	f		DH Runners	0:52:33
26.	1105	Joanne Adams	f		U/A Blackpool,	0:52:41
27.	1313	Christopher Hargreaves	m		Red rose runners	0:52:48
28.	1378	Nicholas Johnston	m		U/A Morpeth,	0:52:52
29.	1524	peter reed	m	MV 60	Northumberland Fell Runners	0:53:00
30.	1236	Louise Dermott	f	FV 50	U/A Ormskirk, Lancashire	0:53:03
31.	1110	Mark Aldred	m		U/A Durham,	0:53:06
32.	1319	Siobonne Brewster	f	FV 40	U/A Carlisle, Cumbria	0:53:12
33.	1570	john spowart	m		U/A Spennymoor, Durham	0:53:26
34.	1643	Barry Williams	m		Mersey Tri	0:53:29
35.	1561	Gary Smith	m	MV 50	COLT	0:53:44
36.	1329	Liam Heaphy	m		U/A Warrington, Cheshire	0:53:48
37.	1227	philip Cuthbert	m	MV 40	wallasey ac	0:53:55
38.	1379	Chris Johnstone	m	MV 40	Lonely Goat Running Club	0:54:05
39.	1386	paul kelly	m	MV 40	U/A St helens,	0:54:07
40.	1315	Lorna Harper	f		Merseytri	0:54:08
41.	1217	Jeremy Crate	m	MV 50	U/A Bedlington , Northumberland	0:54:19
42.	1158	Christopher Brookes	m	MV 40	U/A Preston , Lancashire	0:54:29
43.	1690	Pete Lashley	m	MV 40	U/A	0:54:32
44.	1457	Gary Minns	m	MV 40	U/A Bishop Auckland,	0:54:38
45.	1619	carl ward	m	MV 50	U/A driffield, east yorkshire	0:54:50
46.	1292	Adrian Gooding	m	MV 40	Quakers	0:54:57
47.	1375	phillip Johnson	m		U/A manchester,	0:55:04
48.	1523	Dave Raynor	m	MV 50	Red Rose Road Runners	0:55:35
49.	1398	Euan Lawson	m	MV 40	U/A Sedbergh, Cumbria	0:55:35
50.	1136	Matthew Bend	m	MV 40	na	0:55:42
51.	1658	Lizzie O'Mahony	f		Mersey tri	0:55:48
52.	1484	Andrew O'Boyle	m	MV 50	U/A Warrington, Cheshire	0:55:50
53.	1388	katie kerr	f	FV 40	U/A Carlisle,	0:55:53
54.	1458	Iain Mitchell	m		Red Rose Road Runners	0:56:13
55.	1350	Islay Horton	f	FV 40	U/A CREWE, Cheshire	0:56:38
56.	1132	Phill Beard	m	MV 40	N/a	0:56:41
57.	1357	Rachel Hudson	f	FV 40	U/A Todmorden,	0:56:55
58.	1389	Stuart Kershaw	m		Me	0:56:59
59.	1397	Simon Lawlor	m	MV 40	Hartlepool Burn Road Harriers	0:57:08
60.	1538	Nick Rogerson	m	MV 40	U/A Wallsend,	0:57:12
61.	1642	Terry Wilkinson	m	MV 40	U/A Durham,	0:57:18
62.	1541	Chris Ryan	m	MV 40	SW Running Crew	0:57:20
63.	1662	Joanna Connor	f		U/A Liverpool, Please select a region, state or province.	0:57:23
64.	1259	Jonathan Evans	m	MV 50	Red Rose	0:57:32
65.	1542	Fergus Ryan	m	MV 40	SWRC	0:57:32
66.	1143	Zoe Blanks	f		U/A Chopwell, Newcastle Upon Tyne	0:57:33
67.	1406	Fiona Leslie	f	FV 50	U/A Manchester ,	0:57:36
68.	1527	Carol Reid	f		U/A Leeds,	0:57:37
69.	1659	Claire Gray	f	FV 40	U/A Carlisle, Cumbria	0:57:43
70.	1161	Jo Brooks	f	FV 50	U/A Glossop , Derbyshire	0:57:51
71.	1410	Douglas Lindsay	m	MV 40	U/A Glasgow,	0:57:52
72.	1474	Igal Nagar	m	MV 50	U/A Sutton Coldfield, West Midlands	0:57:53
73.	1202	Paul Clemmens	m	MV 60	Rotherham Harriers	0:57:54
74.	1652	Simon WrightRosie	m		U/A MILLOM, Cumbria	0:58:16
75.	1654	Andy Yates	m	MV 50	U/A Colwyn Bay, Conwy	0:58:17
76.	1326	John Hayes	m		U/A Stockport , Cheshire	0:58:23
77.	1687	Andy Williams	m	MV 50	U/A Leamington Spa,	0:58:24

## Lakeland Trails in Cartmel

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
78.	1609	GARETH TOSH	m	MV 50	U/A Halifax,	0:58:24
79.	1376	Ralph Johnson	m	MV 40	U/A Blackburn,	0:58:24
80.	1289	David Gilbert	m	MV 50	U/A Liverpool, Merseyside	0:58:25
81.	1589	David Taylor	m	MV 50	u/a	0:58:36
82.	1201	Michelle Clemmens	f		Rotherham Harriers	0:58:44
83.	1493	alan parker	m	MV 50	U/A stoke on trent,	0:58:45
84.	1626	NICOLA WATSON	f	FV 40	U/A CHORLEY, LANCS	0:58:48
85.	1651	Marion WrightRosie	f		U/A MILLOM, Cumbria	0:59:12
86.	1428	Steven Marsh	m	MV 60	U/A Penrith, Cumbria	0:59:13
87.	1248	Andrew Edwards	m	MV 40	U/A Cupar, Fife	0:59:15
88.	1461	Michael Mitchell	m		U/A ULVERSTON, Please Select...	0:59:26
89.	1549	Chris Scales	m	MV 40	U/A Grange-over-Sands, Cumbria	0:59:28
90.	1182	Neil Carrick	m	MV 40	West Cumbria Tri	0:59:30
91.	1306	Andrew Halcro-Johnston	m	MV 40	U/A York,	0:59:36
92.	1486	Simon Odling	m		U/A Warwick, Leamington Spa	0:59:39
93.	1531	mark rigby	m	MV 50	U/A Huddersfield, West Yorkshire	0:59:45
94.	1224	Stephen Cruickshank	m	MV 50	U/A Formby,	0:59:53
95.	1553	peter searson	m	MV 40	U/A liverpool, merseyside	1:00:00
96.	1174	Stuart Cairns	m	MV 40	U/A Whitley Bay, Tyne and Wear	1:00:11
97.	1192	Amanda Cirelli	f	FV 50	U/A Blackpool , Lancashire	1:00:24
98.	1267	Joanna Fitch	f		U/A Wandsworth, London	1:00:36
99.	1530	John Richmond	m	MV 50	UCLan	1:00:37
100.	1170	Scott Burns	m	MV 50	U/A Kendal,	1:00:37
101.	1434	Helen Mason	f		U/A Chorley, Lancashire	1:00:41
102.	1215	Damian Cowell	m	MV 40	Warrington Running Club	1:00:43
103.	1575	Ian Stephenson	m	MV 50	U/A Swarland, Northumberland	1:00:49
104.	1569	David Spowart	m		U/A Spennymoor, Durham	1:00:52
105.	1491	Ruth Owen-Hughes	f	FV 50	U/A Yarm,	1:01:11
106.	1625	Luke Watson	m	MV 40	U/A Manchester,	1:01:12
107.	1624	Ben Watson	m	MV 40	U/A Manchester,	1:01:14
108.	1405	John Leivers	m	MV 40	U/A Nottingham, Nottinghamshire	1:01:14
109.	1316	N.N. 1316				1:01:27
110.	1672	Barry Deakin	m	MV 40	Swinton Running Club	1:01:31
111.	1582	Gary Sutcliffe	m	MV 40	Trawden AC	1:01:48
112.	1159	Nick Brookes	m	MV 50	U/A Standish,	1:01:49
113.	1232	Ian Davenport	m	MV 50	U/A Harrogate, North yorkshire	1:01:49
114.	1167	Michael Burkitt	m	MV 50	U/A Lancaster, Lancashire	1:01:52
115.	1345	Andrew Hollowbread	m	MV 50	U/A DURHAM, Co Durham	1:01:55
116.	1417	Stephen Longworth	m	MV 50	U/A Sheffield, South Yorkshire	1:01:59
117.	1335	Paul Hill	m	MV 40	N/A	1:02:00
118.	1107	Donna Adlard	f	FV 40	Wirral Vikings	1:02:02
119.	1540	Annette Ryan	f	FV 40	U/A Milnthorpe, Cumbria	1:02:04
120.	1608	Frank Tippin	m	MV 60	N/A	1:02:05
121.	1209	Kirsty Coombs	f		U/A Aboyne, Aberdeenshire	1:02:13
122.	1596	Lizzie Thomas	f		U/A Palmerston North,	1:02:13
123.	1513	Simon Poole	m	MV 40	U/A	1:02:17
124.	1377	Simon Johnson	m	MV 50	U/A Kendal, Cumbria	1:02:24
125.	1547	Lucy Saunders	f		Leven Valley AC	1:02:34
126.	1362	Marc Glaysheer	m		U/A Liverpool	1:02:58
127.	1325	Hannah Hayes	f		U/A Stockport , Cheshire	1:02:59
128.	1514	Fay Preeene	f		U/A Bowness-on-Windermere , Cumbria	1:03:09
129.	1499	George Philipson	m		U/A Tadcaster, North Yorkshire	1:03:09
130.	1550	Belinda Schofield	f	FV 50	U/A Manchester,	1:03:11
131.	1644	Stephen Wilson	m	MV 40	U/A Grange-Over-Sands, Cumbria	1:03:27
132.	1296	Steve Green	m		U/A Cockermonth, Cumbria	1:03:34
133.	1399	Tom Lawson	m	MV 40	U/A Maryport, Cumbria	1:03:36
134.	1188	Richard Chandler	m	MV 50	Carnethy	1:03:42
135.	1534	Steven Robinson	m	MV 60	U/A Poulton le Fylde ,	1:03:42
136.	1165	steven burgess	m	MV 50	thornton cleveleys running club	1:03:42
137.	1385	Graham Kelly	m	MV 60	U/A Liverpool, Merseyside	1:03:44
138.	1109	Mark Aldam	m	MV 50	U/A Kendal,	1:03:46
139.	1401	Elizabeth Laycock	f	FV 40	U/A Skipton, North Yorkshire	1:03:48
140.	1129	Tim Bateman	m	MV 40	U/A Preston , Lancashire	1:03:50
141.	1303	Darren Grundy	m	MV 40	U/A Blackpool, Lancashire	1:03:54
142.	1114	JIMMY ANDERSON	m	MV 60	U/A BARROW-IN-FURNESS, CUMBRIA	1:03:55
143.	1178	Bruce Carlisle	m	MV 50	U/A Whitley Bay,	1:03:56
144.	1193	Louise Lashley	f	FV 40	U/A Milnthorpe, Cumbria	1:03:58
145.	1128	Neil Barrett	m	MV 40	U/A Preston, Lancashire	1:03:59
146.	1360	Hilary Humpleby	f	FV 50	Roundhay runners	1:04:00
147.	1347	Stuart Holt	m	MV 50	U/A Oldham, Lancashire	1:04:03
148.	1156	Mark Brocklehurst	m	MV 50	Warrington Youth Club	1:04:11
149.	1689	Dale Donley	m	MV 40	U/A York	1:04:40
150.	1566	Jason Spear	m	MV 50	U/A Chorley, Lancashire	1:04:42
151.	1149	Mike Swift	m	MV 60	U/A Manchester,	1:04:47
152.	1700	Tim Harper	m		U/A Nottingham, Nottinghamshire	1:04:53
153.	1607	Martin Tilbury	m	MV 40	U/A Sale, Cheshire	1:04:55
154.	1676	Andrew Jackson	m	MV 50	Unattached	1:04:58
155.	1197	Jo Clayton	f	FV 40	U/A Ulverston , Cumbria	1:04:59
156.	1282	Claudio Garutti	m		U/A Amsterdam,	1:05:06
157.	1203	Catherine Clennett	f	FV 40	Stockton Striders	1:05:11

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
158.	1277	Chris Furphy	m	MV 50	U/A Guisborough,	1:05:12
159.	1473	Robert Myatt	m	MV 50	U/A Stoke on trent, Staffordshire	1:05:14
160.	1572	James Stacey	m	MV 40	Nuffield Gym Warwick Run Club	1:05:17
161.	1476	Michael Nelson	m	MV 50	U/A Barrow in Furness, Cumbria	1:05:21
162.	1400	Andrew Laycock	m	MV 40	U/A Skipton,	1:05:21
163.	1521	Andy Rankine	m	MV 40	U/A Chorley, Lancashire	1:05:22
164.	1477	Ginny Newman	f	FV 50	U/A Manchester, Greater Manchester	1:05:23
165.	1419	Andy Lowi	m	MV 40	U/A Milton Keynes, Buckinghamshire	1:05:29
166.	1117	Tim Apps	m	MV 40	U/A Milton Keynes, Buckinghamshire	1:05:31
167.	1515	Laura Preston	f		U/A Glasgow,	1:05:31
168.	1633	Michael Welsh	m	MV 40	U/A Northallerton, North Yorkshire	1:05:42
169.	1166	jane burke	f	FV 50	lymm runners	1:05:50
170.	1593	Robert Terry	m	MV 40	Belper Harriers	1:06:07
171.	1274	Anthony Fowler	m	MV 50	U/A Southport, Merseyside	1:06:23
172.	1639	Keith Whitehead	m	MV 60	Knowle and Dorridge Running Club	1:06:28
173.	1265	Martyn Fisher	m	MV 50	Almost Athletes	1:06:31
174.	1645	Laura Wilson-Bell	f		U/A Durham,	1:06:34
175.	1344	Fran hodskinson	f	FV 50	wesham road runners	1:06:35
176.	1616	Emma Walker	f		Trawden AC	1:06:36
177.	1370	James Jardine	m		U/A Penrith, Cumbria	1:06:38
178.	1681	Michael Price	m	MV 50	Team inov-8	1:06:38
179.	1560	Becky Smedley	f		U/A Birmingham ,	1:06:41
180.	1374	Elizabeth Johnson	f		Wesham Road Runners	1:06:43
181.	1475	Sally Napthen	f	FV 50	Chester Tri	1:06:46
182.	1562	Karen Smith	f	FV 40	Chester Triathlon Club	1:06:46
183.	1218	Michelle Cresswell	f	FV 40	U/A Kendal, Cumbria	1:07:02
184.	1668	alyson blakeley	f	FV 40	roundhay runners	1:07:02
185.	303	Ree O'Doherty	f	FV 40	New Balance Run Club Keswick	1:07:06
186.	1579	Rachel Summers	f	FV 40	U/A Preston,	1:07:09
187.	1235	Emma Dent	f	FV 40	Helm Hill	1:07:14
188.	1636	Lisa Whetter	f	FV 40	U/A Levens, Cumbria	1:07:19
189.	1646	sue woods	f	FV 50	U/A levens, cumbria	1:07:19
190.	1187	Elizabeth Chandler	f	FV 50	Carnethy	1:07:35
191.	1130	Rob Batey	m		Team BDE	1:07:46
192.	1304	Wendy Guy	f		U/A Penrith, Cumbria	1:07:52
193.	1497	Richard Pennock	m	MV 40	N/A	1:07:59
194.	1558	Richard Skelton	m	MV 40	None of the above	1:08:00
195.	1297	Hannah Greenlee	f		Chorlton runners	1:08:02
196.	1577	Marie Stolbrink	f		U/A Liverpool,	1:08:02
197.	1621	Pete Wareham	m	MV 50	U/A Grange-Over-Sands, Cumbria	1:08:05
198.	1220	Alicia Croft	f	FV 40	Red rose road runners	1:08:06
199.	1367	Tanith James	f	FV 40	Steel City Striders	1:08:10
200.	1276	Amy Frost	f		U/A London,	1:08:12
201.	1627	Richard Watson	m	MV 40	U/A Allithwaite, Cumbria	1:08:15
202.	1380	Lisa Jones	f	FV 40	Valley Striders	1:08:18
203.	1441	Dawn Mccracken	f	FV 50	Colt	1:08:18
204.	1257	Suzanne Essery	f	FV 40	Fitness Outdoors	1:08:22
205.	1256	Mark Essery	m	MV 40	U/A Chorley,	1:08:22
206.	1144	Claire Blennerhassett	f		U/A Rsinford,	1:08:31
207.	1229	Mark Darby	m		U/A Shrewsbury, Shropshire	1:08:44
208.	1230	Samantha Darby	f		U/A Shrewsbury , Shropshire	1:08:52
209.	1555	Gerry Shaw	f		St Helens Striders	1:08:54
210.	1673	Darren Eccles	m	MV 40	St. Helens striders	1:08:59
211.	1413	Lisa Lloyd	f	FV 50	Warrington Running Club	1:09:00
212.	1495	Jess Patten	f		U/A Penrith,	1:09:01
213.	1106	Chris Addy	m	MV 40	U/A Penrith,	1:09:02
214.	1354	Lynn Howard	f	FV 40	U/A Bollington, Cheshire	1:09:03
215.	1438	Sarah Matzen	f		Northwich Running Club	1:09:04
216.	1239	Tim Doak	m	MV 40	Lonely Goat RC	1:09:04
217.	1195	Deborah Clarke	f	FV 40	Running Rebels	1:09:18
218.	1194	Andrew Clarke	m	MV 50	Running Rebels	1:09:19
219.	1172	Vicky Butcher	f	FV 50	U/A Hebden bridge , West yorks	1:09:22
220.	1268	Gordon Fletcher	m	MV 70	Batala	1:09:23
221.	1340	Andy Hitchin	m	MV 50	Warrington Running Club	1:09:30
222.	1611	jon trubshaw	m	MV 50	U/A Ormskirk, Lancashire	1:09:30
223.	1552	Jane Searle	f	FV 40	U/A Liverpool , Merseyside	1:09:30
224.	1576	Joe Stevens	m	MV 50	U/A Ormskirk, Lancashire	1:09:32
225.	1494	Tracy Parkinson	f	FV 50	Trawden AC	1:09:33
226.	1402	Ange Leah	f	FV 50	Warrington Running Club	1:09:42
227.	1153	Alison Brennan	f	FV 40	Chester Tri Club	1:09:45
228.	1323	Nesta Hawker	f	FV 50	Helsby	1:09:46
229.	1125	Helen Barclay	f	FV 40	U/A Ulverston,	1:09:47
230.	1677	Helen Kennedy	f		Roundhay Foxes	1:09:49
231.	1120	Emma Atherton	f		U/A Cocker mouth, Cumbria	1:09:53
232.	1480	Georgina Newton	f		U/A London,	1:09:54
233.	1226	Clair Cunningham	f	FV 40	Horwich Harriers	1:10:00
234.	1638	Jacqui White	f	FV 40	U/A Preston, Lancashire	1:10:01
235.	1507	Elizabeth Pleasantr	f	FV 50	U/A Hyde, Cheshire	1:10:03
236.	1186	Richard Cavnar	m	MV 60	N F R	1:10:14
237.	1592	Lynne Terry	f	FV 40	U/A Belper, Derbyshire	1:10:19

## Lakeland Trails in Cartmel

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
238.	1610	AUSTIN TRELFA	m	MV 60	Red Rose Road Runners	1:10:19
239.	1665	Sarah Hall	f		U/A Wigan, Lancashire	1:10:25
240.	1666	Andrew Hall	m		U/A Appley Bridge,	1:10:26
241.	1444	Rebecca McKenna	f	FV 40	St Helens Striders	1:10:26
242.	1361	Amelia Hunt	f	FV 40	City of Lancaster Triathlon	1:10:36
243.	1279	steven gannon	m	MV 60	U/A stockport , cheshire	1:10:38
244.	1678	Clare Laybourn	f	FV 40	U/A Edinburgh,	1:10:41
245.	1190	David Cheung	m	MV 40	U/A Lancaster, Lancashire	1:10:46
246.	1140	Imogen Bidwell	f		U/A e58ad,	1:10:50
247.	1250	Kerry Edwards	f	FV 40	U/A Cupar, Fife	1:11:07
248.	1420	Margaret Lupton	f	FV 50	Red Rose Road Runners	1:11:24
249.	1455	Dave Newton	m	MV 40	U/A	1:11:25
250.	1459	Jayne Mitchell	f		U/A Penruddock,	1:11:28
251.	1127	Kirsty Barker	f	FV 50	U/A Wigton, Cumbria	1:11:35
252.	1171	Gary Burt	m	MV 50	U/A Blackburn, Lancashire	1:11:39
253.	1317	Jodie Harrison	f		U/A Lanchester, County Durham	1:11:40
254.	1422	Katie Maddison	f		U/A Bishop Auckland, County Durham	1:11:40
255.	1429	Jane Marshall	f	FV 40	U/A York,	1:11:44
256.	1238	Hannah Dickinson	f		U/A Warrington, Cheshire	1:11:47
257.	1382	Michael Jones	m	MV 60	U/A Stockport, Cheshire	1:11:49
258.	1447	Stewart McNicholl	m	MV 40	U/A Morpeth , Northumberland	1:11:54
259.	1262	Timothy Fallon	m		U/A LONDON, London	1:12:05
260.	1653	Shiran Yakobi	f	FV 40	RSCAC	1:12:08
261.	1445	Catherine McKenna	f	FV 40	Belle Vue Racers	1:12:12
262.	1142	Diane Blagden	f	FV 50	Wesham Road Runners	1:12:13
263.	1590	Joanna Taylor	f	FV 50	u/a	1:12:14
264.	1656	Stephanie Kay	f		Swinton Running Club	1:12:16
265.	1204	Anna Cocker	f		U/A Bury,	1:12:21
266.	1332	Matthew Hewson	m		U/A Holystone, North Tyneside	1:12:22
267.	1617	Angela Wallbank	f	FV 40	U/A Chorley, Lancashire	1:12:22
268.	1266	Alison Fishwick	f	FV 40	U/A Chorley,	1:12:23
269.	1324	Diane Hawkes	f	FV 50	U/A Liverpool, Merseyside	1:12:29
270.	1430	Emma Martin	f	FV 40	U/A Taunton, Somerset	1:12:36
271.	1168	sarah burlinson	f	FV 50	U/A hyde, cheshire	1:12:53
272.	1291	neil ginley	m	MV 40	asr	1:12:53
273.	1564	Michael Smith	m	MV 60	Olney Runners	1:12:57
274.	1263	Lauren Fazackerley	f	FV 40	U/A SETTLE, North Yorkshire	1:13:03
275.	1138	Natalie Beveridge	f		U/A Liverpool,	1:13:09
276.	1655	julie smyth	f	FV 50	Lymm runners	1:13:11
277.	1225	Gillian Csizmadia	f	FV 50	Wrexham AC	1:13:18
278.	1640	Linda Whitehead	f	FV 60	Knowle & Dorridge Running Club	1:13:18
279.	1133	Joanne Beck	f	FV 50	U/A Lancs,	1:13:20
280.	1212	Louise Corrigan	f		Swinton	1:13:22
281.	1314	Karen Harper	f	FV 50	Syfal Running Club	1:13:23
282.	1546	Sarah Sandell	f		U/A Richmond, North Yorkshire	1:13:23
283.	1535	Aimee Roblin	f		U/A Richmond, North Yorkshire	1:13:24
284.	1101	Gill Nevin	f	FV 40	Crosby Stormers	1:13:26
285.	1210	Emma Cooper	f		U/A Chorley, Lancs	1:13:28
286.	1287	Caryl gibson	f	FV 50	U/A birmingham,	1:13:31
287.	1121	Joe Atherton	m	MV 60	U/A birmingham, WEST MIDLANDS	1:13:32
288.	1489	Martin O'Neill	m	MV 40	U/A Liverpool, Merseyside	1:13:40
289.	1548	Dawn Saxby	f	FV 50	Unattached	1:13:58
290.	1288	janet gibson	f	FV 50	U/A york, north yorkshire	1:14:05
291.	1508	Andrew Pollock	m	MV 70	Denby Dale Athletic Club	1:14:05
292.	1408	Owen Lewis	m	MV 40	Independent	1:14:08
293.	1244	Martin Duffy	m	MV 40	U/A Swinton,	1:14:10
294.	1245	Helen Duxbury	f	FV 50	U/A Chorley, Lancashire	1:14:13
295.	1528	Charlotte Richardson	f		U/A Chorley	1:14:13
296.	1587	John tattersall	m	MV 60	York Acorn running club	1:14:14
297.	1234	Tracy Deed	f	FV 40	Trawden AC	1:14:32
298.	1233	Alan Deed	m	MV 50	Trawden Athletic club	1:14:34
299.	1482	melanie nicholson	f		U/A Hebden bridge, west yorkshire	1:14:40
300.	1311	John Hammill	m	MV 60	Batala	1:14:55
301.	1184	Rachel Cartwright	f	FV 40	Warrington Running Club	1:15:04
302.	1269	sue fletcher	f	FV 60	U/A High Peak, Derbyshire	1:15:09
303.	1348	Alex Horne	m		U/A Manchester, Greater Manchester	1:15:10
304.	1598	Julie Thompson	f		U/A Manchester,	1:15:10
305.	1433	Bev Mason	f	FV 50	Thornton Cleveleys Running Club	1:15:11
306.	1273	Melanie Foster	f	FV 50	Thornton-Cleveleys running club	1:15:11
307.	1341	Sharon Hockenhill	f	FV 40	U/A Bolton,	1:15:22
308.	1669	geoff Bogacki	m	MV 50	U/A South Hykeham,	1:15:26
309.	1246	Charlotte Dyer	f	FV 50	Fen Edge Runners	1:15:33
310.	1384	Jo Keighley	f	FV 40	U/A Hebden bridge, West Yorkshire	1:15:38
311.	1568	Gavin Spickett	m	MV 60	Tynedale Harriers	1:15:43
312.	1124	Matthew Balson	m	MV 40	U/A Kirkham, Lancashire	1:16:05
313.	1135	Sally Beech	f	FV 50	RRRC	1:16:07
314.	1603	Donna Thorpe	f	FV 40	U/A Hornby, Lancs	1:16:12
315.	1427	Al Marron	f	FV 40	U/A Lancaster , Lancashire	1:16:12
316.	1334	Louise Hill	f		U/A WARRINGTON, CHESHIRE	1:16:14
317.	1532	Michelle Roberts	f		U/A Prestatyn,	1:16:16

## Lakeland Trails in Cartmel

## Cartmel Trail Challenge Emergency Route

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
318.	1191	Sandra Cheveaux	f	FV 50	Gog Triathlon	1:16:18
319.	1511	Dan Poltawski	m		U/A Lancaster,	1:16:21
320.	1448	Peter Medicott	m	MV 40	Warrington Road Runners	1:16:42
321.	1586	Katharine Taggart	f	FV 40	St. Helens Striders	1:16:43
322.	1453	Anthony Metcalf	m		Ramsbottom Running Club	1:17:16
323.	1637	Debs White	f	FV 40	Cambridge and Coleridge	1:17:32
324.	1580	Sara Summers	f	FV 50	U/A Preston,	1:17:49
325.	1470	rosie morrison	f		U/A North Tyneside,	1:17:50
326.	1293	Cressida Graves	f	FV 50	U/A Lancaster, Lancashire	1:17:54
327.	1102	Bonnie Aaron	f		U/A Blackpool, Lancashire	1:18:01
328.	1103	Leon Aaron	m	MV 40	U/A Blackpool , Lancashire	1:18:02
329.	1578	John Stout	m	MV 60	U/A Leigh, Greater Manchester	1:18:11
330.	1294	Nicky Graves	f	FV 50	Batala Drummers	1:18:18
331.	1409	Amanda Ley	f	FV 50	Colt	1:18:54
332.	1363	Claire Hutchinson	f	FV 40	U/A Liverpool,	1:19:16
333.	1465	katy Moore	f	FV 40	U/A Hebden Bridge,	1:19:32
334.	1683	Karen Stewart	f		Stocksfield Striders	1:19:40
335.	1414	Claire Logan	f		U/A Grange-over-Sands,	1:19:42
336.	1502	Ruth Pimblett-Tattley	f	FV 50	none	1:19:46
337.	1545	Viv Samuelson	f	FV 40	Swinton RC	1:19:51
338.	1290	Darren Gillman	m	MV 40	Trail Running Association	1:19:52
339.	1543	Katie Samuelson	f	FV 40	Cambridge & Coleridge AC	1:19:52
340.	1381	Margaret Jones	f	FV 60	U/A Stockport, Cheshire	1:19:56
341.	1600	Amy Thomson	f	FV 40	U/A York,	1:19:58
342.	1390	Phil Kinner	m	MV 40	U/A Ashby De La Zouch,	1:19:59
343.	1403	Jen Leatherland	f	FV 40	U/A Preston, Lancashire	1:20:16
344.	1113	Steve Amos	m	MV 60	Cobra running and triathlon	1:20:21
345.	1469	Sara Morris	f	FV 40	BTR Road Runners	1:20:43
346.	1468	Roy Morris	m	MV 50	BTR Road Runners	1:20:43
347.	1231	Jane Dasgupta	f	FV 50	Btr roadrunners	1:20:43
348.	1537	Sarah Rogan	f	FV 40	BTR Road Runners	1:20:43
349.	1663	Peter Gallienne	m		BTR RR	1:20:43
350.	1440	Bernard McCarron	m	MV 50	Macclesfield Harriers	1:20:58
351.	1337	Carolyn Hiron	f	FV 50	Wilmslow RC	1:20:58
352.	1284	Anna Gibbons	f		n/a	1:21:18
353.	1285	Sarah Gibbons	f	FV 40	U/A London,	1:21:18
354.	1112	Lesley Allison	f	FV 50	Eden Runners	1:21:42
355.	1615	Helen Wakeham	f	FV 50	EA Harriers	1:22:34
356.	1104	Alyson Adams	f	FV 50	Bramhall Runners	1:22:46
357.	1346	Kathryn Holmes	f	FV 50	Bramhall Runners	1:22:47
358.	1271	Carol Forster	f	FV 40	U/A Cockermonth, Cumbria	1:23:38
359.	1286	Andrew Gibson	m	MV 50	U/A Cockermonth, Cumbria	1:23:42
360.	1584	Jacqui Sutton-Riley	f	FV 40	U/A Ulverston, Cumbria	1:23:58
361.	1411	Fiona Lindsay	f	FV 40	U/A Glasgow,	1:24:06
362.	1371	Anthony Jenner	m	MV 50	U/A Sunderland, Tyne and Wear	1:25:16
363.	1583	Neil Sutcliffe	m	MV 60	Blackburn Road Runners	1:25:38
364.	1661	Sian Williams	f	FV 40	U/A MORECAMBE , Lancs	1:26:27
365.	1243	Giselle Dudley	f	FV 50	U/A Sunderland, Tyne and Wear	1:26:34
366.	1449	Rebecca Meeten	f	FV 50	U/A Manchester,	1:26:41
367.	1157	Tracey Brocklehurst	f	FV 50	U/A Wigan, Lancashire	1:26:47
368.	1544	Lynn Melvin	f		Red rose running Club	1:26:56
369.	1557	MARTIN Simpson	m		Red Rose Road Runners	1:26:56
370.	1126	Joanna Barker	f	FV 50	U/A Ulverston, Cumbria	1:27:13
371.	1141	Katie Birchall	f		U/A Ulverston, Cumbria	1:27:13
372.	1496	Sarah Patterson	f	FV 50	City of Lancaster Triathlon (COLT)	1:27:31
373.	1261	Jenny Fairclough	f	FV 60	Red Rose Road Runners	1:27:32
374.	1671	Karen Crozier	f	FV 40	U/A Richmond, North Yorkshire	1:27:37
375.	1684	Lynda Tarn	f	FV 40	U/A Hudswell Richmond, North Yorkshire	1:27:37
376.	1395	Theresa Lavery	f	FV 40	U/A Dumfries, Dumfries and Galloway	1:28:27
377.	1501	Elizabeth Phillipson	f		St. Helens Striders	1:28:35
378.	1435	Karen Mason	f	FV 50	St Helens Striders	1:28:35
379.	1686	Simon Wilkinson	m	MV 40	U/A Carlisle,	1:28:36
380.	1674	Hayley Fleming	f		U/A Kendal,	1:28:36
381.	1162	Emily Brough	f		U/A Stockport,	1:29:49
382.	1526	Jo Reely	f	FV 40	Boldmere Bullets	1:30:13
383.	1415	Martin Lomas	m	MV 50	U/A Warrington, Cheshire	1:30:19
384.	1416	Sarah Lomas	f	FV 40	U/A Warrington, Cheshire	1:30:19
385.	1196	Rachel Clasby	f	FV 50	Wimbledon Windmilers	1:30:26
386.	1483	Alison Nordon	f	FV 40	U/A Paisley,	1:30:53
387.	1632	Garry Webster	m	MV 60	U/A Ambleside, Cumbria	1:31:20
388.	1505	Sarah Plant	f		U/A Warrington,	1:32:36
389.	1504	Mike Plant	m		U/A Warrington,	1:32:39
390.	1594	Bev Thomas	f	FV 60	U/A Huddersfield , West Yorkshire	1:32:46
391.	1618	Josephine Walsh	f	FV 40	Red Rose Road Runners	1:33:44
392.	1205	Nina Colquhoun	f		Red Rose Road Runners	1:33:44
393.	1647	Tracy Woods	f	FV 50	Red Rose Road Runners	1:33:46
394.	1372	Ann Johansson	f	FV 50	U/A Bakewell , Derbyshire	1:35:33
395.	1631	Steve Webster	m	MV 50	U/A Huddersfield, West Yorkshire	1:35:33
396.	1333	Anthony Hill	m	MV 40	U/A Warrington, Cheshire	1:38:21
397.	1214	Janette Covell	f	FV 50	South Ribble Runners	1:38:27

Lakeland Trails in Cartmel

**Cartmel Trail Challenge Emergency Route**

<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>M/F</b>	<b>Age Cat</b>	<b>Club</b>	<b>Finish Time</b>
398.	1150	Janet Bouttell	f	FV 50	U/A Glasgow,	1:39:53
399.	1510	Lulu Pollock	f	FV 60	Denby Dale Athletics Club	1:41:42
400.	1605	Caroline Threadgold	f		Wimbledon windmilers	1:41:48
401.	1585	JAMES SWIRE	m		U/A Southport, Merseyside	1:43:22
402.	1629	Sally Watts	f		Acre Street Runners	1:50:13
403.	1439	Hannah May	f		Acre Street Runners	1:50:13
404.	1364	Nicola Ingle	m	MV 40	Acre street runners	1:50:13
405.	1565	Cathy Sowden	f	FV 40	Northwich Running Club	1:52:24
406.	1242	Helen Doroszkiewicz	f	FV 40	Northwich Running Club	1:52:24
407.	1574	Rachel Stead	f		U/A Bradford ,	2:07:48

Number of records: 407