

2019 Full Series 5K

Lakeland Trails 2019 5K Series' Results: Female

Pos	Name	Club	CAR	STA	KES	HEL	Total
Lakeland Trails 2019 5K Series' Results: Female							
1.	Parry, Ella	U/A Carlisle,	1000	999	1000	1000	3999
2.	Servante-Haddow, Maf	U/A ULVERSTON, Cumbria	956	962	967	979	3864
3.	Quan-Soon, Karen	U/A Preston , Lancashire	952	963	955	973	3843
4.	Hale, Jennifer	U/A Ulverston, Cumbria	923	935	944	956	3758
5.	Pearson, Claire	U/A Grange Over Sands, Cumbria	920	934	943	950	3747
6.	Inman, Lisa	U/A Grange-Over-Sands, Cumbria	987	987	989		2963
7.	Rex, Sara	U/A Shifnal, Shropshire	991	975	992		2958
8.	Wilding, Victoria	U/A Dalton in furness , Cumbria	980	984	991		2955
9.	Newsham, Isla	Chester Tri Club	974	983	988		2945
10.	Briffett, Georgina	Lancaster Runners	967	973		978	2918
11.	Robinson, Heather	U/A Grange-Over-Sands, Cumbria	944	952	982		2878
12.	Hill, Sharon	Parkside Panthers	938	940		962	2840
13.	Turner, Niamh	U/A Leeds,	995	992			1987
14.	Hockenhull, Isabel	Radcliffe AC	994			990	1984
15.	Baines, Carly	U/A Darwen , Lancs	988		995		1983
16.	Harrison, Susan	U/A Carlisle, Cumbria		993		989	1982
17.	O'Boyle, Betty	St Gregory's Catholic High School		989		993	1982
18.	Wilding, Olivia	U/A Dalton in furness , Cumbria		982	987		1969
19.	Irving, Kate	U/A Carlisle, Cumberland	977			985	1962
20.	Saxby, Sian	U/A			979	971	1950
21.	Gall, Hannah	U/A Manchester,	968	980			1948
22.	Patel, Kim	U/A Preston, Lancashire	973		973		1946
23.	Gall, Lauren	U/A Manchester,	965	974			1939
24.	Handley, Jenny	U/A Edinburgh, Midlothian			966	972	1938
25.	Goulding, Natalie	U/A Morecambe, Lancs	950		978		1928
26.	Glover, Bethany	U/A Chorley,		966	960		1926
27.	Turner, Helen	U/A Leeds,	947	976			1923
28.	Stokes, Harriet	U/A Ormskirk, Lancashire			959	961	1920
29.	Patel, Jane	COLT	922			958	1880
30.	Cannon, Tilly	U/A Neston, South Wirral	931	948			1879
31.	Sanders, Wendy	U/A Glossop, Derbyshire	936	941			1877
32.	Cannon, Catherine	Wirral Vikings TRC	929	945			1874

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Pos	Name	Club	CAR	STA	KES	HEL	Total
33.	Lindsey, Emily	U/A Clitheroe, 3563	934	938			1872
34.	Islam, Ruby	Sabden	935	937			1872
35.	Moore, Tira	U/A Durham, Durham	919			952	1871
36.	Islam, Elizabeth	U/A Sabden,	932	936			1868
37.	Muir, Becca	U/A Cockermouth, Cumbria	921	932			1853
38.	Pigford, Anna	Houghton Harriers				1001	1001
39.	Keeler-Clarke, Erin	U/A Durham		1000			1000
40.	Satterly, Holly	Lancaster & Morecambe AC	999				999
41.	Wilson, Sarah	Darlington Harriers AC			999		999
42.	Clayson, Lara	Brighton and Hove Athletics				999	999
43.	Cunliffe, Ali	Ribby Hall Tri Club		998			998
44.	Wilkinson, Katie	U/A	998				998
45.	Smith, Amelia	U/A Warrington,			998		998
46.	Wright, Emilia	Calder Valley fell runners				998	998
47.	williams, joy	U/A CHESTERFIELD, Derbyshlre	997				997
48.	Bond, Grace	Buxton AC			997		997
49.	Lowery, Kathryn	U/A Crewe, Cheshire		997			997
50.	Booth, Jessica	U/A				997	997
51.	Phillips, Jackie	Gateshead Harriers				996	996
52.	Blundell, Bernice	U/A Ormskirk, Lancashire	996				996
53.	Harper, Ciara	U/A Malton, North Yorkshire			996		996
54.	White, Angela	U/A Carlisle, Cumbria		996			996
55.	Gleghorn, Emma	U/A cheadle,		995			995
56.	Drummond, Amy	Birtley ac				995	995
57.	Rudd, Cherie	Wrekin road runners			994		994
58.	Mellor, Kate	U/A Wetherby, West Yorkshire		994			994
59.	Wrennall, Emily	U/A Carnforth, Lancs				994	994
60.	Thompson, Amelia	Glaxo Hoad Hill Harriers	993				993
61.	Hassall, Jessica	3C Tri			993		993
62.	Whyte-Earl, Susan	U/A Carlisle, Cumbria	992				992
63.	Oxtoby, Michelle	Kenilworth Runners				992	992
64.	Dilworth, Jennifer	U/A Saltdean,				991	991
65.	Cope, Billie	U/A Solihull, West mids		991			991

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Pos	Name	Club	CAR	STA	KES	HEL	Total
66.	Marshall, Katie	N/a	990				990
67.	Walsh, Sally	U/A KENDAL, County (optional)			990		990
68.	Cansfield, Judith	U/A Carnforth, Cumbria		990			990
69.	Scarfe, Judith	Lytchett Manor Striders	989				989
70.	grimes, jeanette	U/A prescot, merseyside				988	988
71.	Irish, Catherine	None		988			988
72.	Rouse, Jo-Anne	U/A Olney, Bucks				987	987
73.	Laybourn, Molly	U/A Edinburgh,		986			986
74.	Sudds, Natasha	Olney running club				986	986
75.	McCann, Dawn	Run DMC	986				986
76.	Frost, Carole	Orchard Eagles Running club			986		986
77.	O'Hare, Amanda	RunDMC	985				985
78.	Otway, Faye	Helm			985		985
79.	Rollison, Karen	U/A Newcastle, TYNE AND WEAR		985			985
80.	Oâ€™Boyle, Betty	St Gregoryâ€™s Catholic High School	984				984
81.	Patch, Sarah	U/A Poole, Dorset			984		984
82.	Cameron, Kitty	U/A Newark , Nottinghamshire				984	984
83.	Fox, Joanna	U/A Altrincham,	983				983
84.	Wilson, Jeanette	U/A Poole, Dorset			983		983
85.	Sammut, Rebecca	U/A Liverpool ,				983	983
86.	Earley, Alex	Lakeland Orienteering	982				982
87.	Cameron, Sarah	U/A Newark, Nottinghamshire				982	982
88.	McCaffery, Jo	Wesham Road Runners	981				981
89.	Walmsley, Rebecca	U/A Preston, England			981		981
90.	Stephens, Amy	U/A Grange-Over-Sands ,		981			981
91.	Mead, Elly	U/A Manchester ,				981	981
92.	Beadle, Jen	U/A Windermere,			980		980
93.	Lee, Rachael	U/A Stoke-On-Trent,				980	980
94.	Young, Juliet	U/A Manchester,	979				979
95.	Aitken, Catherine	U/A Congleton , Cheshire		979			979
96.	Moses, Ashleigh	U/A Ulverston, Cumbria	978				978
97.	Morrey, Claire	Unattached		978			978
98.	Quickfall, Sarah	U/A Doncastsr, South Yorkshire			977		977

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Pos	Name	Club	CAR	STA	KES	HEL	Total
99.	scott, ele	U/A workington, Cumbria		977			977
100.	Genoves, Susan	U/A Huddersfield, West Yorkshire				977	977
101.	Moore, Joanna	U/A Salford, Greater Manchester				976	976
102.	Marshall, Sarah	U/A Morecambe, Lancs			976		976
103.	Smythe, Grace	Aks	976				976
104.	Swann, Louise	U/A Leeds, West Yorkshire	975				975
105.	Forster, Phoebe	U/A Whitehaven , Cumbria			975		975
106.	Ngan, Pui	U/A Newcastle-under-Lyme, Staffs				975	975
107.	Owens, Emma	U/A Burnley , Lancashire				974	974
108.	Patel, Abi				974		974
109.	Patel, Abigail	U/A Preston,	972				972
110.	Joyce, Isabel	U/A Preston , Lancashire			972		972
111.	Chick, Caroline	U/A Grantham, Lincolnshire		972			972
112.	Hind, Rachel	U/A Stalmine, Lancashire	971				971
113.	Thompson, Sue	U/A Stoke on Trent, Staffordshire			971		971
114.	STERRY, LUCY	U/A RICHMOND, NORTH YORKSHIRE		971			971
115.	Whettlock, Karol	Athletes with Altitude				970	970
116.	De Graeve, Maud	U/A london,	970				970
117.	Bloye, Sophie	U/A Preston , Lancashire			970		970
118.	Milburn, Michelle	U/A Askam-in-Furness, Cumbria		970			970
119.	Diston, Fiona	U/A Olney, Bucks				969	969
120.	Capstick, Naomi	Glaxo Hoad Hill Harriers	969				969
121.	Sutherland, Christine	U/A Penrith, Cumbria			969		969
122.	frost, janet	Hyde Village Striders		969			969
123.	Hore, Kate	U/A Wolverhampton, Staffordshire			968		968
124.	Vale, Helen	U/A Cannock, Staffordshire		968			968
125.	Blueitt, Jessica	Saltburn				968	968
126.	Berman, Zoe	U/A Bristol, Avon		967			967
127.	Fox, Anne	U/A Barrow-in-Furness , Cumbria				967	967
128.	Oldcorn, Karen	U/A Wantage, Oxon				966	966
129.	newnham, Julie	Glaxo Hoad Hill Harriers	966				966
130.	Rowbottom, Nicola	U/A KNUTSFORD, Cheshire			965		965
131.	Ashton, Linda	U/A Oldham, Lancashire		965			965

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Pos	Name	Club	CAR	STA	KES	HEL	Total
132.	Dodd, Bev	Millom Striders				965	965
133.	Ward, Jacqueline	U/A Kendal, Cumbria	964				964
134.	kelly, julie	St Bees Triers			964		964
135.	Gorman, Libby	U/A Sutton, Surrey		964			964
136.	McCloskey, Lisa	U/A Olney , Buckinghamshire				964	964
137.	Lester, Roisin	Olney Runners				963	963
138.	Smith, Eleni	Didsbury Ladies	963				963
139.	Murray, Maria	U/A Penrith , Cumbria			963		963
140.	Duesbury, Liz	U/A Grange Over Sands, Cumbria	962				962
141.	Dodgson, Hannah	U/A Preston,			962		962
142.	Kilner, Jennifer	U/A Lindale, Cumbria	961				961
143.	Shaw, Claire	U/A Ilkley ,			961		961
144.	Chick, Anna	U/A Grantham, Lincs		961			961
145.	Nicholl, Jane Marie	U/A Newcastle upon Tyne ,	960				960
146.	Gilligan, Claire	U/A Wilmslow,		960			960
147.	MacInnes, Catriona	U/A Glasgow,				960	960
148.	Harbour, Tia	U/A Rochdale, Lancs	959				959
149.	Nottingham, Sarah	Team inov-8				959	959
150.	millar, sue	U/A Brigham, Cumbria		959			959
151.	Winder, Christine	Glaxo Hoad Hill Harriers	958				958
152.	Carruthers, Rachel	U/A Penrith , Cumbria			958		958
153.	Hicks, Helen	U/A Newcastle upon Tyne,		958			958
154.	Moore, Marilyn	U/A Ulverston, Cumbria				957	957
155.	Robinson, Nicola	U/A Preston, Lancs			957		957
156.	Murray, Adele	U/A Newcastle upon Tyne,		957			957
157.	Lawton, Nancy	St Bees Triers	957				957
158.	Wright, Esmay	Thorp Academy		956			956
159.	Spriggs, Julie	Wrekin Road Runners			956		956
160.	Bamber, Charlie	U/A Lancaster, Lancashire	955				955
161.	harrison, elizabeth	U/A Wigan,		955			955
162.	Marron, Ellena	U/A Wigan, Lancashire				955	955
163.	Bennett, Charlotte	U/A Wigan, Lancashire				954	954
164.	Watts, Caroline	Wray women's running club	954				954

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Pos	Name	Club	CAR	STA	KES	HEL	Total
165.	Kaye, Nancy	U/A Sheffield, South Yorkshire			954		954
166.	Rodman, Sue	U/A Stoke on Trent, Staffordshire		954			954
167.	Mounsey, Liz	U/A Preston	953				953
168.	Cleary, Jo	none			953		953
169.	Wright, Gilly	Thorp Academy		953			953
170.	Wilkinson, Rhoda	U/A Liverpool,				953	953
171.	Jeffrey, Helen	U/A Carlisle, Cumbria			952		952
172.	Robinson, Sarah	U/A Lancaster, Lancashire	951				951
173.	Smith, Alison	U/A Warrington,			951		951
174.	Jardine, Abigail	U/A Penrith, Cumbria		951			951
175.	Gribbin, Steph	Cumberland AC				951	951
176.	Lewis, Julie	U/A Leigh, Greater Manchester			950		950
177.	McDonough, Jenn	U/A Bamber Bridge,		950			950
178.	Wright, Sally	U/A Milnthorpe, Cumbria	949				949
179.	Leaver, Alice	U/A Newcastle upon Tyne,			949		949
180.	Maher, Alison	U/A Derby,		949			949
181.	Barker, Mary	U/A Ashford, kent	948				948
182.	Beardsworth, Susan	Red rose road runners			948		948
183.	Margerison, Rowan	U/A Castle Douglas, Dumfries and Galloway			947		947
184.	Joyce, Nicola	U/A PRESTON, Lancashire		947			947
185.	Thompson, Louise	Glaxo Hoad Hill Harriers	946				946
186.	Margerison, Wendy	U/A Castle Douglas, Dumfries and Galloway			946		946
187.	Bloye, Mary	U/A PRESTON, Lancashire		946			946
188.	Langhorn, Jenny	U/A Grange over sands, Cumbria	945				945
189.	Alderson, Lyndsey	U/A Newcastle upon Tyne,			945		945
190.	Sutcliffe, Susan	U/A Sedbergh, Cumbria		944			944
191.	Mair, Catherine	U/A Prudhoe, Northumberland	943				943
192.	Fox, Lauren	U/A Lancaster,		943			943
193.	Williams, Jeanette	U/A Bolton ,	942				942
194.	Leighton, Sarah	U/A York, Yorkshire			942		942
195.	Howard, Sophie	U/A Bury,		942			942
196.	Butt, Nabeela	U/A Beaconsfield, Bucks	941				941
197.	Johnson, Michelle	Walney Wind Cheetahs			941		941

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Pos	Name	Club	CAR	STA	KES	HEL	Total
198.	HELME, KELLIE	WESHAM ROAD RUNNERS	940				940
199.	Mayer, Beverley	U/A Rossendale , Lancashire	939				939
200.	Eve, Julie	Not got one		939			939
201.	Chambers, Lynne	U/A Dalton in Furness, Cumbria	937				937
202.	Lindsey, Laraine	U/A Clitheroe,	933				933
203.	Zergi, Sue	U/A Scunthorpe , North Lincolnshire		933			933
204.	Holmes, Gillian	U/A Carlisle, Cumbria		931			931
205.	Grundy, Pam	U/A Manchester, Greater Manchester	930				930
206.	Harrison-Wright, Bethan	U/A Harrogate, North Yorkshire	928				928
207.	Curley, Judith	U/A Pateley Bridge	927				927
208.	Brignall, Matisse	U/A Lancashire,	926				926
209.	Hitchin, Julia	Warrington Running Club	925				925
210.	Reid, Olivia	U/A Netherton, Merseyside	924				924
211.	Catling, Helen	U/A Manchester ,	918				918
212.	Marshall, Anna	U/A Warrington,	917				917
213.	Gowlett, Samantha	U/A Poulton Le Fylde , Lancashire	916				916
214.	Buttayotee, Veronica	U/A Whitstable, kent	915				915
215.	Jarrett, Dawn	U/A WILMSLOW,					0
216.	Garforth, Becky	U/A Marple, Cheshire					0
217.	Hillier-Broadley, Meghann	U/A Newport Pagnell, Bucks					0
218.	Bill, Sue	U/A London,					0
219.	Millichamp, Rita	U/A Manchester,					0
220.	Laycock, Jo	U/A Manchester,					0
221.	Nicholson, Karen	U/A Formby					0
222.	Balmer, Kim	U/A Kirkby Stephen,					0
223.	buckle, alison	U/A huddersfield, west yorkshire					0
224.	Burton, Jacqueline	U/A Kendal, Cumbria					0
225.	Graham, Lucy	U/A Windermere, Cumbria					0
226.	hitchen, Liz	U/A Neston, Cheshire					0
227.	Hoggarth, Ammie	U/A Endmoor,					0
228.	Kumari, Pam	U/A LIVERPOOL, 067					0
229.	Martindale, Laura	Women on the Run					0
230.	Metcalfe, Jenny	Thame Runners					0

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Pos	Name	Club	CAR	STA	KES	HEL	Total
231.	Millichamp, Rita	U/A Manchester,					0
232.	Morrisroe, Mia	Liverpool Harriers					0
233.	Murray, Kay	U/A Morecambe, Lancashire					0
234.	Nolan, Paula	U/A Knutsford , Cheshire					0
235.	parker, Lottie	U/A Northwich, Cheshire					0
236.	Parsons, Emma	U/A Northwich, Cheshire					0
237.	Peacock, Emily	U/A Northwich, Cheshire					0
238.	Peet, Caroline	Hoad Hill Harriers					0
239.	Ridley, Rebecca	U/A Lytham St Annes, Lancs					0
240.	Sheaff, Tanya	U/A BRAMPTON, CUMBRIA					0
241.	Sheehan, Emily	U/A Stockport , Cheshire					0
242.	Smith, Sophie	Didsbury ladies					0
243.	Tomlinson, Zoe	Mrs					0
244.	Woodruff, Elaine	U/A Chorley, Lancashire					0
245.	Woodruff, Kate	U/A Chorley, Lancashire					0
246.	Grabham, Emily	U/A Whitstable, Kent					0
247.	Millichamp, Josie	U/A Manchester,					0
248.	Kaletka, Olga	U/A Kendal					0
249.	Boothroyd, Claire	Lakeland Trails					0
250.	Harding, Jo	Chester Tri Club					0
251.	Brown, Sharon	U/A Southport,					0
252.	Chinery, Sally	U/A Penrhyndeudraeth, Gwynedd					0
253.	Cranham, lindsey	U/A busough,					0
254.	cranham, Lucy	U/A Burscough,					0
255.	English, Leane	U/A Manchester,					0
256.	Grogan, Annette	U/A Keswick, Cumbria					0
257.	Hart, Marie	U/A Leyland, Lancs					0
258.	Hill, Annie	Rosley Rockets					0
259.	Postlethwaite, Jean	U/A Kendal,					0
260.	Pretten, Jo	U/A Burscough,					0
261.	Schmutz, Alison	U/A Carlisle, Cumbria					0
262.	Shaw, Emily	U/A Ilkley,					0
263.	Stubbs, Susie	U/A Manchester,					0

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Pos	Name	Club	CAR	STA	KES	HEL	Total
264.	Swainston, Caroline	U/A Bishop auckland, Durham					0
265.	Taylor, Miriam	U/A Backworth,					0
266.	Wight, Charlotte	Women on the Run					0
267.	North, Nic	U/Alancaster					0
268.	McDougall, James	DHRunners					0
269.	Shaw, Chris	U/A Macclesfield,					0
270.	Corlett, Louisa	U/A Whitworth Lancashire					0
271.	Grayson, Rachel	Quakers					0
272.	Shuttleworth, Pam	U/A Castle Douglas , Kirkcudbrightshire					0
273.	Locker, Jill	U/A Blyth, Northumberland					0
274.	Gibson, Trudi	U/A Wesham ,					0
275.	Sanderson, Helen	U/A Kendal, Cumbria					0
276.	Lowe, Kiera	U/A Wesham ,					0
277.	Mellor, Jane	U/A Bridge of Weir,					0
278.	Flanagan, Kirsten	U/A Manchester, Greater Manchester					0
279.	Salthouse, Rachel	U/A Garstang ,					0
280.	Kearsey, Emma	Team inov-8					0
281.	Walker, Laura	U/A Lincoln,					0
282.	Lumsden, Emma	U/A Preston, Lancashire					0
283.	Fitzgerald, Eva	U/A London, Brixton					0

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