

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
Lakeland Trails 2019 14-18K Series Results : Women										
1.	Owen-Hughes, Ruth	U/A Yarm,	962	959	956	917	815	673	809	6091
2.	Saunders, Lucy	U/A Grange Over Sands, Cumbria	952	932	897	930	751	680	839	5981
3.	Lupton, Margaret	Red Rose Road Runners	872	901	926	912	740	575	766	5692
4.	Shaw, Gerry	St Helens Striders	903	847	851	896	655	624	659	5435
5.	Hailey, Lindsay	U/A Grange Over Sands, Cumbria		974	965	953	804	780	877	5353
6.	Samuelson, Katie	Cambridge & Coleridge AC	803	964	975	954	450	621	565	5332
7.	BARKER, KIRSTY	U/A WIGTON, Cumbria	869	907	835	907	612	453	707	5290
8.	connell, sandra	U/A Liverpool,		986	973	960	837	716	797	5269
9.	Blanks, Zoe	knavrsmire Harriers	977	979		970	824	700	792	5242
10.	Yakobi, Shiran	RSCAC	863	871	864	873	617	491	643	5222
11.	Marshall, Jane	U/A York,	865	916	905	866	560	448	623	5183
12.	White, Debs	Cambridge and Coleridge	816	852	824	843	577	411	548	4871
13.	Howard, Rebecca	Quakers		777	740	800	889	798	757	4761
14.	Dore, Jayne	U/A Formby,		929	923	863	702	591	751	4759
15.	Cresswell, Michelle	U/A Kendal, Cumbria	924	934	891		671	569	759	4748
16.	Fitch, Joanna	U/A Wandsworth, London	964	977		974		746	863	4524
17.	Samuelson, Viv	Swinton RC	804	815	744	733	451	353	564	4464
18.	Nordon, Alison	U/A Paisley,	766	763	742	741	465	358	578	4413
19.	lewis, katy	U/A Liverpool,		896	876	897	628	434	628	4359
20.	Walsh, Josephine	Red Rose Road Runners	763	779	721	742	427	313	516	4261
21.	Reekie, Deborah	U/A holmrook, cumbria		879	823	870	538	436	671	4217
22.	Meeten, Rebecca	U/A Manchester,	783	766	722	728		338	566	3903
23.	Dermott, Louise	U/A Ormskirk, Lancashire	992	995	992			881		3860
24.	Clemmens, Michelle	Rotherham Harriers	971	948	960	980				3859
25.	Fowler, Mindy	U/A Louisville, Colorado, Boulder				990	953	911	951	3805
26.	Clarkson, Alice	U/A Cambridge,				997	939	899	967	3802
27.	Dyer, Charlotte	Fen Edge Runners	825	805	761		485	362	549	3787
28.	Summers, Rachel	U/A Preston,	920		883		670	578	736	3787
29.	sowerby, susan	U/A workington, cumbria	930	953	946	902				3731
30.	Neate, Alison	U/A Allithwaite,	943	937	932	888				3700
31.	Hutchinson, Claire	U/A Liverpool,	809	858	810			458	697	3632
32.	pimblett-tattley, ruth	U/A hebden bridge, w yorks	805	799	747	783	479			3613

2019 Full Series 14-18K

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Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
33.	Schofield, Belinda	U/A Manchester,	948		943	942	761			3594
34.	Brocklehurst, Tracey	U/A Wigan, Lancashire	782	783	727	767	459			3518
35.	Nutt, Sarah	U/A Stockport,		965		959		753	822	3499
36.	Woods, Tracy	Red Rose Road Runners	761	746		721	428	323	513	3492
37.	Edwards, Kerry	U/A Cupar, Fife	874	884	871	813				3442
38.	Moyers, Joanne	Widnes Wasps LRC	947	970	970		501			3388
39.	ryder, megan	U/A galgate, lancashire	936		865	933		651		3385
40.	Thomson, Amy	U/A York,	801		743	838		389	594	3365
41.	Winstanley, Dawn	U/A Preston, Lancashire				968	812	719	850	3349
42.	Frost, Amy	U/A London,	910	891		862			667	3330
43.	Newman, Ginny	U/A Manchester,	940		938			586	767	3231
44.	Lashley, Louise	U/A	945	930			700	653		3228
45.	Moore, katy	U/A Hebden Bridge,	808	801	750		487	329		3175
46.	Wicks, Dawn	U/A Penrith, Cumbria		944	934			543	750	3171
47.	Wilcock, Alexa	U/A Old Langho, Lancashire			749	795	540	433	647	3164
48.	Byrne, Rebecca	St Bees Trier				936	699	713	812	3160
49.	Swift, Hannah	U/A Wigan, Lancashire			748	794	541	432	642	3157
50.	Davies, Jennie	Women On The Run			791	812	548	385	616	3152
51.	Thorpe, Donna	U/A Hornby, Lancs	822	785	752	754				3113
52.	Marron, Al	U/A Lancaster , Lancashire	821	786	751	753				3111
53.	gibson, janet	U/A york, north yorkshire	838	846	849		565			3098
54.	Reely, Jo	Boldmere Bullets	769	743	709			314	517	3052
55.	Griffiths, Nicola	U/A Tarporley, Cheshire		844	827	817	532			3020
56.	Saxby, Dawn	U/A	839	870	840			470		3019
57.	Owens, Sophie	Stockton Striders	886	882	856			392		3016
58.	Hazell, Joanne	DH Runners	995	996		994				2985
59.	Bristo, Gail	Red Rose Road Runners				920	732	580	729	2961
60.	Jefferies, Victoria	U/A Lancaster,			854	908	654	544		2960
61.	Mitchell, Sian	Garden City Runners		928	893			419	615	2855
62.	Paul, Therasa	U/A Kendal	979		972				894	2845
63.	Stirling, Hannah	U/A Wilmslow,			812	884	603	508		2807
64.	Foley, Charlotte	U/A East Boldon, Tyne and Wear			982	979		840		2801
65.	Clennett, Catherine	Stockton Striders	941	926	930					2797

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
66.	Crooks, Samantha	U/A Newcastle,				989		870	930	2789
67.	Bentley, amanda	Warrington Running Club				913	659	516	681	2769
68.	Walsh, Hannah	Team inov-8	984	991			792			2767
69.	Forster, Carol	U/A Cockermouth, Cumbria	789	782	732		458			2761
70.	Sutherland, Karen	U/A Richmond, North Yorkshire				906	668	517	669	2760
71.	Rooney, Katherine	U/A Glasgow,				984	909	865		2758
72.	Butcher, Vicky	U/A Hebden bridge , West yorks	896	923	888					2707
73.	Quayle, Marina	U/A Keswick, Cumbria		862	766		589	471		2688
74.	Cunningham, Clair	Horwich Harriers	885	866	900					2651
75.	Blennerhassett, Claire	U/A Rsinford,	906	924	815					2645
76.	Barclay, Helen	U/A Ulverston,	890	899		851				2640
77.	James, Tanith	Steel City Striders	911	888	841					2640
78.	Blakeley, Alyson	Roundhay Runner's	923		787	883				2593
79.	Cheveaux, Sandra	Gog Triathlon	818	877	889					2584
80.	Atherton, Emma	U/A Cockermouth	888	863	830					2581
81.	Harper, Karen	Sytal Running Club	845	878	858					2581
82.	Maxwell, Sheila	Lostock AC		869	847	861				2577
83.	Csizmadia, Gillian	Wrexham AC	849	861	860					2570
84.	Astin, Sharon	Rammy Runners			925	915	722			2562
85.	Beck, Joanne	U/A Lancs,	847		877	818				2542
86.	McKenna, Catherine	Belle Vue Racers	862	836	836					2534
87.	Harper, Karyn	Yorkshire Wolds Runners		918		921	695			2534
88.	Mckenna, Rebecca	St Helens Striders	880	838	814					2532
89.	Hawkes, Diane	U/A Liverpool, Merseyside	855	868	765					2488
90.	Christy, Jenni	U/A Liverpool ,		854	801	821				2476
91.	Searle, Jane	U/A Liverpool , Merseyside	895	780	796					2471
92.	Napthen, Sally	Chester Tri	927		909		631			2467
93.	Livingstone, Mandy	U/A WGC , Hertfordshire			898			672	888	2458
94.	Hill, Louise	U/A WARRINGTON, CHESHIRE	820	810	820					2450
95.	Goldrick, Sue	U/A Manchester,		824	831	790				2445
96.	Smith, Karen	Chester Triathlon Club	926		875		642			2443
97.	Jones, Lisa	Valley Striders	909		848		662			2419
98.	Shaw, Claire	Red Rose Running Club				887	618	364	546	2415

2019 Full Series 14-18K

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99.	Taggart, Katharine	St. Helens Striders	817	822	735					2374
100.	Croft, Alicia	Red rose road runners	912	914				532		2358
101.	Lloyd, Lisa	Warrington Running Club	901	747	704					2352
102.	Leah, Ange	Warrington Running Club	893	748	705					2346
103.	Davies, Sally	Women on the Run		821	769	732				2322
104.	Sutton-Riley, Jacqui	U/A Ulverston, Cumbria	788	784	745					2317
105.	Ormerod-Pateman, Helen	Red Rose Road Runners				825	522	383	587	2317
106.	Howard, Anna	U/A Scarborough,		776	739	799				2314
107.	Robins, Helen	U/A Welwyn Garden City, Herts			899			643	755	2297
108.	Dudley, Giselle	U/A Sunderland, Tyne and Wear	784	767	734					2285
109.	Greenhalgh, Helen	Red Rose Road Runners			762		572	365	544	2243
110.	Rayner, Jan	Roundhay Runners		829	786				611	2226
111.	Platten, Shaneen	City of Hull AC				949		522	739	2210
112.	Covell, Janette	Red Rose Road Runners	759	730	702					2191
113.	Robson, Laura	York Postal Harriers		820		834	533			2187
114.	knowles, Helen	none		735	712	715				2162
115.	Saxby, Dawn	U/A				895	597		664	2156
116.	Owens, Lucy	Stockton Striders		886	861			391		2138
117.	Jones, Margaret	U/A Stockport, Cheshire	802		813		520			2135
118.	Rooney, Louise	U/A Carlisle,				746	460	361	563	2130
119.	Stanley, Laura	U/A Manchester,		925				526	672	2123
120.	Farron, Julie	Atherton RC			838	856		421		2115
121.	atkinson, Emma	U/A kendal, cumbria		827	795		468			2090
122.	Holmes, Christine	Trentham Running club		999	999					1998
123.	Cullum, Sue	Liss Runners		889				478	627	1994
124.	Simpson, Amanda	RunSmart				720	429	327	514	1990
125.	Wright-Smith, Amanda	Birchfield Harriers				1000			983	1983
126.	Whitehead, Debbie	Farnham Runners		848				492	633	1973
127.	Ashcroft, Angela	U/A WIGAN, Lancashire		983	988					1971
128.	Davies, Laura	U/A Whitley Bay,			991	975				1966
129.	WrightRosie, Marion	U/A MILLOM, Cumbria	969	985						1954
130.	Adair, Lynsay	Widnes Wasps	968	984						1952
131.	Farrow, Ellena	Red Rose Road Runners		956	995					1951

2019 Full Series 14-18K

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132.	Gray, Claire	U/A Carlisle, Cumbria	974			976				1950
133.	Jackson, Niamh	Kirkstall Harriers	998				937			1935
134.	Sutton, Jo	Shrewsbury Athletics Club		998			935			1933
135.	Jones, Wendy	U/A Bradford, West yorkshire				998		935		1933
136.	Robertson, Karen	Northumberland Fell Runners						955	969	1924
137.	Gilchrist, Jade	U/A Barrow-In-Furness, Cumbria		976	945					1921
138.	Roblin, Aimee	U/A Richmond, North Yorkshire	843					431	646	1920
139.	Sandell, Sarah	U/A Richmond, North Yorkshire	844					430	644	1918
140.	gittins, rosanne	keswick ac		963		950				1913
141.	Ruscoe, Faye	U/A Warrington, Cheshire					645	527	733	1905
142.	Turner, Jane	U/A Newbiggin-on-Lune, Cumbria		968	935					1903
143.	Ryan, Annette	U/A Milnthorpe, Cumbria	955		940					1895
144.	bennett, jose	jog on the tyne		960		926				1886
145.	kerr, katie	U/A Carlisle,	986				896			1882
146.	Stephenson, Elizabeth	U/A Cambridge,		950		932				1882
147.	Towns, Kelly Anne	Wigan Harriers				981	900			1881
148.	Sharman, Helen	U/A Banbury , Oxfordshire						919	956	1875
149.	Davies, Jan	U/A RHAYADER, Powys				830		415	629	1874
150.	Jordan, Lisa	U/A Kendal, Cumbria	935		937					1872
151.	Cullum, Laura	Striders of Croydon		887				345	636	1868
152.	Cirelli, Amanda	U/A Blackpool , Lancashire	965	894						1859
153.	Wilson-Bell, Laura	U/A Durham,	933		917					1850
154.	Hilton, Tara	U/A Ulverston, Cumbria			757		590	502		1849
155.	Johnson, Elizabeth	Wesham Road Runners	928			919				1847
156.	Gilman, Lara	U/A London,			907	940				1847
157.	Campbell, Shirley	U/A Gawsworth, Macclesfield		922	920					1842
158.	Lashley, Louise	N/A			903	929				1832
159.	Lister, Ann	Glasgow Running Network				833		396	601	1830
160.	Reid, Carol	U/A Leeds,	975				850			1825
161.	Heaney, Rachel	Tri Preston				957			862	1819
162.	Sunderland, Joanne	Roundhay Runners		910	908					1818
163.	Brown, Jo	Northbrook AC						894	916	1810
164.	Laybourn, Clare	U/A Edinburgh,	877	931						1808

2019 Full Series 14-18K

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165.	Conlon, Pip	Derwent Athletic Club				971	835			1806
166.	Robinson, Emily	Cumberland Fell Runners						895	908	1803
167.	whetter, lisa	U/A Levens, Cumbria	918		884					1802
168.	watt, nicola	U/A hexham,		909		892				1801
169.	Thomas, Bev	U/A Huddersfield , West Yorkshire	764	726				302		1792
170.	Nuttall, Sally	U/A Chorley, Lancashire		906	885					1791
171.	Beard, Mandy	Swinton RC				835		379	575	1789
172.	Smith, Julie	The Fell Devils	982					801		1783
173.	Clarke, Deborah	Running Rebels	897	885						1782
174.	WATSON, NICOLA	U/A CHORLEY, LANCS	970						811	1781
175.	Broome, Molly	Achille Ratti						849	929	1778
176.	Tooms, Philippa	U/A Chorley, Lancashire			951		825			1776
177.	Ward, Wendy	Red rose road runners			867			363	545	1775
178.	Wright, Hannah	U/A Lancaster, Lancashire		917	852					1769
179.	Woodcock, Anne-Marie	U/A Bamber Bridge, Lancashire			729		575	463		1767
180.	tuffen, fay	U/A troutbeck bridge, cumbria		994				772		1766
181.	Bland, Yvonne	U/A Alton,		803				378	584	1765
182.	Bryan, Hannah	U/A Darlington,				967		794		1761
183.	Gant, Linda	U/A			892	868				1760
184.	Bailey, Rachel	U/A Marple Bridge,		940					819	1759
185.	Matthews, Liz	York Knavesmire Harriers		902		857				1759
186.	Brennan, Alison	Chester Tri Club	892		863					1755
187.	Howard, Lynn	U/A Bollington, Cheshire	899	855						1754
188.	Parkinson, Tracy	Trawden AC	894	860						1754
189.	entwistle, mary ellen	U/A lancaster, lancashire			915	837				1752
190.	White, Jacqui	U/A Preston, Lancashire	884	865						1749
191.	Marsden, Lauren	Swinton Running Club		993		749				1742
192.	Mitchell, Jessica	Penny Lane Striders				963	762			1725
193.	Gill, Olivia	U/A Glasgow,		933					789	1722
194.	Fazackerley, Lauren	U/A SETTLE, North Yorkshire	852		869					1721
195.	KAVANAGH, Anna	U/A Pocklington, East Yorkshire				952	769			1721
196.	Cowie, Emma	U/A Warrington,		867	850					1717
197.	Hall, Sarah	U/A Wigan, Lancashire	881	833						1714

2019 Full Series 14-18K

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198.	jones, dawn	Harlow Athletic Club			971			735		1706
199.	Gruchy, Jo	DCH run club				934	772			1706
200.	Fishwick, Alison	U/A Chorley,	856	840						1696
201.	Wallbank, Angela	U/A Chorley, Lancashire	857	839						1696
202.	Deed, Tracy	Trawden AC	835	859						1694
203.	Chambers, Jennifer	Tattenhall Runners		864		827				1691
204.	Lockhart, Beth	Glasgow Triathlon Club		837		853				1690
205.	Platt, Claire	Tri Preston				900			785	1685
206.	Warrington, Sarah	U/A Tarporley, Cheshire		845	826					1671
207.	O'Doherty, Ree	New Balance Run Club Keswick	921						744	1665
208.	Phair, Melanie	U/A High Wycombe ,						775	887	1662
209.	Clarke, Fiona	U/A Maryport, Cumbria		814			490	354		1658
210.	Melrose, Nancy	Tri-Rivington				937	718			1655
211.	Money, Kathryn	U/A Lincoln, Lincolnshire			792	859				1651
212.	Clancy, Joanne	Dundee Road Runners						774	870	1644
213.	morrison, rosie	U/A North Tyneside,	814			829				1643
214.	Mackintosh, Carolyn	U/A Kendal, Cumbria		830	807					1637
215.	Gaddas, Helen	U/A Kendal, Cumbria		841	794					1635
216.	De-Maine, Sarah	U/A Frizington, Cumbria		853	774					1627
217.	Rix, Linda	Manchester Frontrunners		957				667		1624
218.	Preston, Laura	U/A Glasgow,	939					684		1623
219.	Mills, Mary	Holme Pierrepont RC				922	701			1623
220.	Fairclough, Mary	U/A Ilkley, West Yorkshire						761	861	1622
221.	Schofield, Claire	U/A York,			918		703			1621
222.	Owen, Lynn	Giffnock North Athletics Club						739	876	1615
223.	Toller, Ruth	Dundee Road Runners			789	824				1613
224.	Trace, Katie	Biddulph Running Club						758	854	1612
225.	Summers, Sara	U/A Preston,	815		790					1605
226.	Fenn, Cath	Northbrook AC						766	835	1601
227.	Butler, Amy	Olney runners						730	860	1590
228.	Colquhoun, Nina	Red Rose Road Runners	762					304	520	1586
229.	Graham, Penny	Biddulph Running Club						737	849	1586
230.	Ullrich, Katrin	U/A Leeds, West Yorkshire		804	780					1584

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

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231.	Shack, Marsha	Wigan Harriers		765	816					1581
232.	Waddingham, Hannah	U/A London,			969			612		1581
233.	Davies, Jane	U/A Manchester,		802	776					1578
234.	Borrill, Michelle	U/A Littleborough, Lancashire		789	788					1577
235.	Smallwood, Sarah	U/A Chorley, Lancashire						733	843	1576
236.	Young, Helen	York Knavesmire Harriers						748	827	1575
237.	Morris, Sara	BTR Road Runners	799	770						1569
238.	Pritchard, Michaela	U/A Selby, North Yorkshire				875			692	1567
1316.	Biggs, Gina	Red Rose Road Runners			753			305	509	1567
239.	O'Sullivan, Katie	U/A Liverpool,						721	844	1565
240.	woods, sue	U/A levens, cumbria	917				646			1563
241.	Holmes, Louise	U/A Thursby , Carlisle		796		766				1562
242.	Halsall, Helen	U/A Altrincham, Cheshire			881		674			1555
243.	Allison, Lesley	Eden Runners	793		760					1553
244.	Naylor, Amy	Knaresborough Striders						742	794	1536
245.	Brown, Vicki	Blackhill Bounders			941			593		1534
246.	Bassett, Milly	U/A Lewes, East Sussex		760	773					1533
247.	Gamberini, Lorna	Rocktart Runners			878				649	1527
248.	Brenyah, Charmain	U/A Chinnor hill, Oxfordshire						706	818	1524
249.	Thorn, Sarah	U/A Lancaster, Lancashire			770	747				1517
250.	Morris-Jones, Caroline	U/A Banbury, Oxon		758		757				1515
251.	Williams, Sian	U/A MORECAMBE , Lancs	785	727						1512
252.	Lomas, Sarah	U/A Warrington, Cheshire	768	740						1508
253.	Plant, Sarah	U/A Warrington,	765	741						1506
254.	Broome, Rebecca	Achille Ratti						685	817	1502
255.	Fleming, Hayley	U/A Kendal,	771			729				1500
256.	Fallon, Marie	Jog on the Tyne		759		727				1486
257.	Bettinson, Zoe	St Bees Triers		938				546		1484
258.	Milner, Helen	ledbury Harriers						674	806	1480
259.	Sowden, Cathy	Northwich Running Club	753	722						1475
260.	Stead, Rachel	U/A Bradford ,	751	723						1474
261.	Tisnes, Lucia	Dundee Roadrunners						622	852	1474
262.	Temple, Kelly	U/A York,						678	796	1474

2019 Full Series 14-18K

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263.	Doroszkiewicz, Helen	Northwich Running Club	752	721						1473
264.	Hornby, Jane	Yorkshire Wolds Runners				879	586			1465
265.	Murray, Sara Jane	U/A Bentham, North Yorkshire			844		615			1459
266.	Moody, Karen	U/A Liverpool,		739	718					1457
267.	Stockton, Niki	U/A Manchester,		742	713					1455
268.	Statter, Elaine	Team Graphskill		734		716				1450
269.	Morgan, Paula	U/A Milnthorpe, Cumbria		732	711					1443
270.	Newton, Caroline	Warrington Running Club			703	736				1439
271.	Bowyer, Jodi	U/A Lancaster ,				885		551		1436
272.	Farmer, Siobhan	U/A Salford,				836	594			1430
273.	Semley, Lisa	Red Rose Runners				820	610			1430
274.	McKenna-Seed, Stacey	U/A Blackburn,			944		482			1426
275.	Heathcock, Kate	Mow Cop Runners						584	823	1407
276.	Simms, Emma	U/A Manchester,			777				625	1402
277.	McDowall, Edith	U/A Linlithgow, West Lothian			839		556			1395
278.	Cornell, Marie	U/A Eaglescliffe ,						596	793	1389
279.	Wilson, Lynn	Yorkshire Wolds Runners		835			543			1378
280.	Hackenbroich, Anneke	One life				788			586	1374
281.	Drummond, Kay	Birtley ac						599	773	1372
282.	Hardman, Chloe	U/A Bury,				819	551			1370
283.	Neil, Elizabeth	Bmf Glasgow						616	741	1357
284.	Bradley, Zoe	U/A Nottingham, Nottinghamshire						609	748	1357
285.	Miller, Jessica	U/A London,		911				442		1353
286.	Atkinson, Rebecca	Helm Hill Runners						568	779	1347
287.	Francis, Nadine	U/A Warrington, Cheshire			715				610	1325
288.	Martin, Heidi	CFR		823			497			1320
289.	Graves, Nicky	Batala Drummers	811				492			1303
290.	Sewell, Nicola	Smiley Paces					694	608		1302
291.	Charnock, Jayne	Parbold Pink Panthers				745			556	1301
292.	Ridings, Kate	Lancaster Women's Running Group				865		429		1294
293.	Hall, Anita	St Helens Striders			846			447		1293
294.	Whitmore, Eloise	U/A Manchester,				785	506			1291
295.	Kay, Janet	U/A Hull, East Yorkshire						521	740	1261

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
296.	Jones, Helen	U/A Burntisland , Fife						536	708	1244
297.	King, Sara	U/A Marlow, Bucks						520	719	1239
298.	Taylor, Kate	Running4CF			746		484			1230
299.	Molyneux, Jan	Swinton RC		744			480			1224
300.	johnson, michelle	Catherines Anyone Can Run			779			414		1193
301.	Walton, Liz	NOTFAST						489	704	1193
302.	Hoggarth, Sarah	Orchard Eagles Running Club						500	684	1184
303.	Maxfield, Gail	U/A Bolton						538	630	1168
304.	Sloan, Elizabeth	Glasgow Running Network						619	543	1162
305.	Maggs, Claire	U/A Solihull, West Midlands		791				366		1157
306.	Mackenzie, Lesley	none						482	675	1157
307.	McGreen, Jane	n/a				726	430			1156
308.	Stephenson, Heather	U/A Wallsend, Tyne and Wear						465	678	1143
309.	Aust, Lorna	Stamford striders						459	679	1138
310.	Conway, Mary	Red Rose Runners				756		352		1108
311.	Bailey, Joanne	BRC						472	624	1096
312.	Broome, Kate	Achille Ratti					599	496		1095
313.	Dunne, Sarah	U/A Chester-Le-Street , Durham						460	632	1092
314.	Holland, Sarah	U/A Ilkley, West Yorkshire			755			331		1086
315.	Jeffrey, Helen	U/A HALIFAX, West Yorkshire						437	645	1082
316.	Irving, Jill	Glasgow Running Network						468	613	1081
317.	Connor, Simone	U/A Dalbeattie ,				734		336		1070
318.	Farr, Gail	west hull.ladies						427	634	1061
319.	Park, Karen	U/A						418	641	1059
320.	Collie, Rachel	U/A Edinburgh , Midlothian						374	657	1031
321.	McNeill, Cindy	U/A Glasgow,						416	614	1030
322.	Tosh, Claire	U/A Halifax,		725				301		1026
323.	Leader, Jill	U/A Windermere, Cumbria					576	450		1026
324.	Allen, Jane	West Hull ladies RRC						417	605	1022
325.	Seigler, Jackie	U/A London,						402	606	1008
326.	Bala, Deepa	U/A London ,						454	551	1005
327.	Haworth, Sarah	U/A Castle Douglas, Kirkcudbrightshire						399	603	1002
328.	Holmes, Christine	Trentham Running Club	1000							1000

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
329.	Beecher, Katie	Les Croupiers RC		1000						1000
330.	Beever, Margaret	Stainland Lions AC			1000					1000
331.	Smith, Megan	U/A Manchester, Greater Manchester	999							999
332.	Thomson, Megan	U/A York,				999				999
333.	Lowe, Bethan	U/A Manchester,			998					998
334.	Harman, Louise	Barrow Runners	997							997
335.	Armstrong, Maria			997						997
336.	Johnston, Emma	Helm Hill Runners			997					997
337.	Belgian, Fiona	Jog on the Tyne	996							996
338.	Hayes, Melanie	U/A manchester, Greater Manchester			996					996
339.	Hughes, Heather	Manchester YMCA Harriers				996				996
340.	Gora, Lauren	Lancaster and Morecambe AC				995				995
341.	Adams, Joanne	U/A Blackpool,	994							994
342.	e keeley, ruth	belper			994					994
343.	Hughes, Nicola	Red Rose Road Runners	993							993
344.	Rotherham, Melanie	U/A Nottingham			993					993
345.	Burns, Christine	U/A Cramlington, Northumberland				993				993
346.	Barr, Liz	Forres Harriers		992						992
347.	Smith, Helen	U/A Market Rasen, Lincolnshire				992				992
348.	Kallal, Lisa	U/A London,						395	597	992
349.	Brewster, Siobonne	U/A Carlisle, Cumbria	991							991
350.	Manir-Jolley, Lynn	Wigan Phoenix				991				991
351.	Harper, Lorna	Merseytri	990							990
352.	Jackson, Beverley	Altrincham and District AC		990						990
353.	Ferguson, Anne	Burnden			990					990
354.	Chivers, Alice	U/A Kendal,	989							989
355.	Prow, Annabel	U/A Nottingham,		989						989
356.	Maguire, Kylie	St Helens Striders			989					989
357.	Lapping, Jennifer	Jog on the Tyne		988						988
358.	Treaddell, Beth	U/A Preston, Lancasshire	988							988
359.	Whitaker, Niki	City of Hull AC				988				988
360.	O'Mahony, Lizzie	Mersey tri	987							987
361.	Rawcliffe, Charlotte	Penny Lane Striders		987						987

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
362.	Walch, Sarah	Penistone Footpath Runners			987					987
363.	Atrill, Linda	U/A Keswick, Cumbria				987				987
364.	Lawrenson, Helen	Wesham Road Runners			986					986
365.	Giles, Emma	Selby Striders				986				986
366.	Parkin, Emma	Stratford AC	985							985
367.	Besford, Ruth	St Helens Striders			985					985
368.	Beaumont, Leona	chorlton runners				985				985
369.	Naylor, Lorraine	Stainland Lions Club			984					984
370.	Horton, Islay	U/A CREWE, Cheshire	983							983
371.	Caton, Sally	Stainland Lions Running Club			983					983
372.	Young, Tessa	Durham City Harriers				983				983
373.	Quincey, Katie	U/A Bingley, West Yorkshire		982						982
374.	Simpson, Nicola	U/A Southport, Merseyside				982				982
375.	Fauset, Stephanie	Smiley Paces					982			982
376.	Hudson, Rachel	U/A Todmorden,	981							981
377.	Mann, Rachel	Kendal AC		981						981
378.	Hooton, Zoe	Lancaster & Morecambe AC			981					981
379.	O'Donovan, Toni	Barrow Runners	980							980
380.	Brockhouse, Jo	U/A Hexham, Northumberland		980						980
381.	Lawrence, Chris	U/A Manchester, LANCS			980					980
382.	Robbins, Louise	U/A Urmston, Greater Manchester			979					979
383.	Connor, Joanna	U/A Liverpool, Please select a region, state or province.	978							978
384.	Smoker, Katherine	U/A London,		978						978
385.	Davies, Hilary	U/A Eccles, Manchester			978					978
386.	Lisa, Pye	n/a				978				978
387.	Denny, Gayle	Bentham Beagles			977					977
388.	Powell, Kate	U/A Chelmsford, Essex				977				977
389.	Leslie, Fiona	U/A Manchester ,	976							976
390.	Hindle, Anne-Marie	Rosendale Harriers			976					976
391.	Hamilton, Kelly	St Helens Striders					976			976
392.	Smith, Rebecca	Glossopdale Harriers		975						975
393.	Dunlop, Danielle	U/A Edinburgh,			974					974
394.	Osborn, Lou	Ambleside AC						974		974

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
395.	Brooks, Jo	U/A Glossop , Derbyshire	973							973
396.	Sheldon, Alison	U/A Watnall, Nottinghamshire		973						973
397.	Dryden, Mary	U/A Middlesbrough,				973				973
398.	Fairclough, Rachael	St Helens Striders					973			973
399.	Smith, Michelle	U/A Glasgow ,	972							972
400.	Saunders, Natalie	U/A Leeds, West Yorkshire		972						972
401.	Wood, Diane	U/A Leeds, West Yorkshire				972				972
402.	Penn, Vicky	Smiley Paces					971			971
403.	Lynam, Clare	U/A Leeds ,		971						971
404.	McClellan, Alex	U/A Chislehurst, KENT		969						969
405.	Unsworth, Nicola	Blackpool Wyre & Fylde AC				969				969
406.	Esson, Diane	U/A Amersham, Buckinghamshire			968					968
407.	Tugwell, Lucy	Spa Striders	967							967
408.	Hann, Rebecca	U/A Kettering, Northamptonshire		967						967
409.	Wilson, Karen	U/A Barnsley, South Yorkshire			967					967
410.	Chan Webster, Helen	Smiley paces					967			967
411.	Bodi, Ros	U/A Sandy, Bedfordshire						369	598	967
412.	Bradshaw, Alison	U/A Preston, Lancashire	966							966
413.	Alty, Laura	U/A Manchester,		966						966
414.	McGibbon, Elizabeth	Cheshire Hash Harriers			966					966
415.	Farley, Kate	Bingley Harrier & AC				966				966
416.	Mundy, Lorna	U/A Brdaford						357	608	965
417.	Lloyd, Caitlin	Clapham Chasers				965				965
418.	Fulford, Amy	U/A Leeds,			964					964
419.	Pawelczak, Basia	Blackpool Wyre and Fylde AC				964				964
420.	Smith, Karen	St Bees Triers						964		964
421.	Dickson, Linda	U/A Glasgow,						368	596	964
422.	Mason, Helen	U/A Chorley, Lancashire	963							963
423.	Oliver, Amy	Helm Hill			963					963
424.	Barton, Sally	Hoad Hill Harriers		962						962
425.	Heppke, Sonja	Austria			962					962
426.	Quigley, Maria	U/A Keswick, Cumbria				962				962
427.	Brown, Nicola	U/A Liverpool , Merseyside	961							961

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
428.	Gardiner, Jen	U/A Darlington, Durham		961						961
429.	Chard, Abigail	U/A Halifax, West Yorkshire			961					961
430.	McFarlane, Anne	Dumfries Running Club				961				961
431.	Kelsall, Helen	Kirkby milers ac	960							960
432.	TUFFS, Heather	Team Nidderdale						960		960
433.	McIntyre, Allison	U/A Ayr, Ayrshire	959							959
434.	Campbell, Liz	U/A Settle, North Yorkshire			959					959
435.	Lynch, Emma	U/A Mold,	958							958
436.	Kerfoot, Susan	St Helens Striders		958						958
437.	Lewis, Sara	Meltham AC			958					958
438.	Dale, Zoe	Beverley AC				958				958
439.	MacFarlane, Kate	Penny Lane Striders							958	958
440.	Raaijmakers, Monique	Barrow Runners	957							957
441.	Page, Helen	Orchard Eagles Running Club			957					957
442.	Adlard, Donna	Wirral Vikings	956							956
443.	Mayson, Hannah	U/A Lancaster ,				956				956
444.	Walker, Marie	Sedgefield Harriers		955						955
445.	jackson-roe, katie	U/A wigan,			955					955
446.	Thundercliffe, Colleen	City of Hull AC				955				955
447.	Coombs, Kirsty	U/A Aboyne, Aberdeenshire	954							954
448.	Lewis, Jane	U/A Nottingham,		954						954
449.	Connolly, Fran	Blackpool Wyre & Fylde AC			954					954
450.	Thomas, Lizzie	U/A Palmerston North,	953							953
451.	Mallender, Tiffany	Team Nidderdale			953					953
452.	Willetts, Vicky	SBC Plodders						376	577	953
453.	Ayres, Leanne	Ambleside AC							953	953
454.	Apps, Olivia	U/A Milton Keynes, Buckinghamshire		952						952
455.	Wardell, Catherine	U/A Northampton,			952					952
456.	Hayes, Hannah	U/A Stockport , Cheshire	951							951
457.	Riley, Sally	Wray Runners		951						951
458.	Davies, Siân	U/A				951				951
459.	Hunt, Lisa	Red rose road runners	950							950
460.	Pryor, Gillian	Thornton Cleveleys Running Club			950					950

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
461.	Richardson, Dawn	Quakers					950			950
462.	Pilkington, Sophie	Red Rose Road Runners							950	950
463.	Preene, Fay	U/A Bowness-on-Windermere , Cumbria	949							949
464.	Mills, Claire	Sodbury Cycle Sport		949						949
465.	McGuire, Christina	Lancaster & Morecambe			949					949
466.	Page, Hilary	U/A Hebden Bridge, W. Yorkshire			948					948
467.	Rose, Rebecca	U/A DIDCOT, Oxfordshire				948				948
468.	Jenkins, Emma	Cardiff Tri		947						947
469.	Allen, Alison	Datchet Dashers			947					947
470.	Wilson, Sally	U/A Harrogate, North Yorkshire				947				947
471.	Peill, Laura	Runstrong						377	570	947
472.	Laycock, Elizabeth	U/A Skipton, North Yorkshire	946							946
473.	Proctor, Kathleen	NBRC Keswick		946						946
474.	Williamson, Charlotte	South Shields Harriers				946				946
475.	Winn, Sara	U/A YORK, North Yorkshire						375	571	946
476.	Reedy, Jane	Ambleside AC							946	946
477.	Brandon, Jane	None		945						945
478.	Jennings, Lynne	U/A Wirral, Merseyside				945				945
479.	Humbleby, Hilary	Roundhay runners	944							944
480.	Rufino, Mariana	Lancaster & Morecambe athletic club				944				944
481.	WIERZBOWSKA, EDYTA	U/A London, - -		943						943
482.	Walker (May), Karen					943				943
483.	Clayton, Jo	U/A Ulverston , Cumbria	942							942
484.	Lambert, Sally	U/A Ambleside, Cumbria		942						942
485.	Tomlinson, Rachel	Metham ac			942					942
486.	graham, julie	Garstang		941						941
487.	Ezard, Jill	U/A Ilkley,				941				941
488.	Oliver, Jan	Tynedale Harriers		939						939
489.	Greenwood, Katharine	U/A Stockton-on-Tees,			939					939
490.	Jeffrey-Read, Louise	St Helens Striders				939				939
491.	Gillies, Stephanie	Glaxo Hoad Hill Harriers	938							938
492.	Brown, Kelly	U/A Kendal ,				938				938
493.	burke, jane	lymm runners	937							937

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
494.	Stevenson, Debra	U/A Doncaster, South Yorkshire		936						936
495.	Smith, Megan	U/A Shrewsbury, Shropshire			936					936
496.	Duncan-Price, Alexandra	Tattenhall Runners		935						935
497.	Piron, Alison	U/A Aughton, Lancashire				935				935
498.	Stiven, Amy	n/a	934							934
499.	Pugh, Jane	U/A Newcastle-upon-Tyne,					934			934
500.	Allardyce, Tina	Mornington Chasers			933					933
501.	hodskinson, Fran	wesham road runners	932							932
502.	Walker, Emma	Trawden AC	931							931
503.	Roberts, Jane	U/A Ambleside,			931					931
504.	Marsden, Joanne	U/A Hexham, Northumberland				931				931
505.	Smedley, Becky	U/A Birmingham ,	929							929
506.	Wilson, Kate	U/A Oldham, Lancs			929					929
507.	Funderburk, Sarah	Mornington Chasers			928					928
508.	Lord, Sarah	DH Runners				928				928
509.	Ayres, Kate	Ambleside A.C.							928	928
510.	Basey, Sarah	Delamere Spartans		927						927
511.	Barker, Carolyn	Burnden Roadrunners			927					927
512.	Fourie, Garance	U/A London,				927				927
513.	GOCER, CAROLINE	U/A STOCKPORT, CHESHIRE	925							925
514.	Smith, Jill	U/A Wakefield, West Yorkshire				925				925
515.	Pollitt, Rachel	Leigh Harriers			924					924
516.	Priestley, Clair	U/A Todmorden,				924				924
517.	Owen, Emma	Me				923				923
518.	Havelock-Allan, Hannah	Keele University Athletics Club						923		923
519.	O'Grady-Thomas, Geraldine	Pennine	922							922
520.	Dixon, Sarah	Easingwold RC			922					922
521.	Martin, Alison	U/A Glasgow, South Lanarkshire		921						921
522.	Jarrett, Dawn	U/A WILMSLOW,			921					921
523.	Munro, Pauline	Ilkley harriers						921		921
524.	Bell, Gillian	Tynedale harriers		920						920
525.	Knowles, Eleanor	Ambleside					920			920
526.	Dent, Emma	Helm Hill	919							919

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
527.	Gittins, Katrina	YacYak		919						919
528.	Macdonald, Alison	U/A Edinburgh ,			919					919
529.	Mayson, Frances	U/A				918				918
530.	Houston, Catherine	U/A Kendal, Cumbria					918			918
531.	Chandler, Elizabeth	Carnethy	916							916
532.	Riley, Jill	U/A Llanberis, Caernarfon Gwynedd			916					916
533.	Wroe, Jenny	Batala Mountain Runners				916				916
534.	Guy, Wendy	U/A Penrith, Cumbria	915							915
535.	Gill, Alexandra	U/A Barrow-in-Furness, Cumbria		915						915
536.	Greenlee, Hannah	Chorlton runners	914							914
537.	Neill, Jacqueline	U/A Jedburgh ,			914					914
538.	Firstbrook, Kim	Tynedale Harriers				914				914
539.	Rotherham, Isabelle	U/A Leeds,						914		914
540.	Stolbrink, Marie	U/A Liverpool,	913							913
541.	Rowlands, Claire	U/A Chester		913						913
542.	Rochester, Louise	U/A Tring, Herts			913					913
543.	Dodd, Michaela	U/A Cheshire			912					912
544.	Weyers, Amy	Chorlton runners		912						912
545.	guttridge, marie	U/A Liverpool, Merseyside						381	531	912
546.	jarvis, kathryn	U/A Edinburgh, Scotland			911					911
547.	Lyons-Gravett, Deborah	U/A Penrith, Cumbria				911				911
548.	McVittie, Rachel	Chorlton runners							911	911
549.	Zambo, Elisabeth	U/A Southampton,			910					910
550.	Pecis, Lara	U/A Lancaster ,				910				910
551.	Alston, Emily	Edinburgh Running Network						334	576	910
552.	Stainthorpe, Lesley	Selby Striders				909				909
553.	Colvin, Jo	U/A Bolton, Lancs					515	394		909
554.	Mccracken, Dawn	Colt	908							908
555.	Storey, Jo	Jogonthetyne		908						908
556.	Essery, Suzanne	Fitness Outdoors	907							907
557.	Davenport, Lorna	U/A Jedburgh, Scottish Borders			906					906
558.	Darby, Samantha	U/A Shrewsbury , Shropshire	905							905
559.	Burgess-Thomas, Jennifer	U/A Liverpool, Merseyside		905						905

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
560.	Kenning, Catherine	Northern Fells Running Club				905				905
561.	Mcbride, Julie	U/A Blackpool, Lancashire	904							904
562.	Basford, Sharon	Tattenhall Runners		904						904
563.	Langfalvy, Anna	U/A Kendal,			904					904
564.	portergill, nicola	U/A newcastle upon tyne,				904				904
565.	Perowne, Rachael	Tyne Bridge Harriers							904	904
566.	Taylor, Jennifer	Tattenhall Runners		903						903
567.	Pearson, Anne-Marie	U/A Wigton, Cumbria				903				903
568.	Evans, Lamyong	U/A Blackpool, Lancashire	902							902
569.	Smart, Elisabeth	Forres Harriers			902					902
570.	Cole, Beth	Smiley Paces					902			902
571.	Hawden, Joanne	Rothwell&District Harriers			901					901
572.	Smith, Sophie	U/A Newcastle upon Tyne,				901				901
573.	Booth, Jessica	U/A							901	901
574.	Patten, Jess	U/A Penrith,	900							900
575.	Jones, Michelle	Delamere Spartans		900						900
576.	Montgomery, Laura	U/A Kendal, Cumbria				899				899
577.	Matzen, Sarah	Northwich Running Club	898							898
578.	Duckers, Fiona	BTR Road Runners		898						898
579.	Hughes-Rudd, Suzanne	Bodyfit Cumbria				898				898
580.	Berry, Anne	Wesham Road runners		897						897
581.	Neal, Hilary	U/A Manchester,					897			897
582.	Omonira, Rebecca	Victoria Park Harriers			896					896
583.	Jeffrey, Nicky	Tynedale Harriers		895						895
584.	blackley, karen	U/A cockermouth, cumbria			895					895
585.	Owen, Nicky	Cheshire Hash House Harriers			894					894
586.	blackman, penny	Lincoln & District Runners				894				894
587.	O'Neill, Linda	Perth Road Runners		893						893
588.	Funge, Lisa	Lonely Goat				893				893
589.	Gilchrist, Claire	U/A Newcastle upon Tyne, Tyne and Wear		892						892
590.	Hawker, Nesta	Helsby	891							891
591.	Cream, Tania	City of Hull AC				891				891
592.	Hackett, Katherine	Quakers Running Club					891			891

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
593.	Birkett, Diana	U/A Northwich, Cheshire		890						890
594.	Aden, Gemma	St Helens Striders			890					890
595.	Lawtey, Judith	City of Hull ac				890				890
596.	Eaton, Catherine	Tyne Bridge Harriers					890			890
597.	Kennedy, Helen	Roundhay Foxes	889							889
598.	Cowden, Lynne	Edinburgh Running Network				889				889
599.	Newland, Samantha	U/A Keswick, Cumbria							889	889
600.	Dalziel, Paula	U/A Bolton, Greater Manchester			887					887
601.	Newton, Georgina	U/A London,	887							887
602.	Gardiner, Jane	Smiley Paces					887			887
603.	Barrett, Sherrill	Lonely Goat			886					886
604.	Roman, Mirabela	JOGGING PALS				886				886
605.	Jeffries, Fiona	Smiley paces					886			886
606.	Griffiths, Ali	Smiley Paces					885			885
607.	Pleasant, Elizabeth	U/A Hyde, Cheshire	883							883
608.	Andrew, Alison	Cumberland AC		883						883
609.	Terry, Lynne	U/A Belper, Derbyshire	882							882
610.	Crowhurst, Susanne	Lonely Goat			882					882
611.	Heaton, Joanna	Roundhay runners				882				882
612.	Bruce, Tracey	L&MAC		881						881
613.	Hilton-Bell, Suzie	City of Hull				881				881
614.	Keiller, Heather	U/A Penrith		880						880
615.	Caspi, Anne	Mornington Chasers			880					880
616.	Sutton, Heather	U/A Nottingham, Nottinghamshire				880				880
617.	Wright, Joanna	U/A Glasgow,						330	550	880
618.	Mccormack, Jeanette	Kirkby Stormers						348	532	880
619.	Hunt, Amelia	City of Lancaster Triathlon	879							879
620.	Hunter, Samantha	U/A Staveley, Cumbria			879					879
621.	Carney, Ann	U/A Manchester,	878							878
622.	Harrison, Cheryl	U/A Leeds, West Yorkshire				878				878
623.	Lynch, Gemma	U/A Stockport ,						878		878
624.	fee, jo	Bodyfit				877				877
625.	CAVEEN, MARIE	Kirkby Stormers						347	530	877

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
626.	Bidwell, Imogen	U/A e58ad,	876							876
627.	Brosse, Carine	U/A grassington, North Yorkshire		876						876
628.	Beckett, Jude	U/A Wakefield,				876				876
629.	Banks, Helen	U/A Tynemouth, Tyne and Wear						876		876
630.	Mackay, Miriam	U/A Inverness,	875							875
631.	Little, Elizabeth	U/A Newcastle upon Tyne,		875						875
632.	Gallacher, Jude	U/A Newcastle upon Tyne, Tyne and Wear		874						874
633.	Gentilcore, Gabriella	U/A London,			874					874
634.	Polo, Nuria	U/A Durham, durham				874				874
635.	Parkinson, Helen	U/A Salford, Gtr Mcr	873							873
636.	Wood, Sarah	U/A Stockport, Cheshire		873						873
637.	Parton, Helen	U/A Heswall, Wirral			873					873
638.	Freeman, Jean	U/A Ipswich, Select						337	536	873
639.	Sutherland, Lorna	U/A Glasgow ,						332	541	873
640.	Walker, Judith	U/A Appleby - in - Westmorland, Cumbria		872						872
641.	Taylor, Maxine	Didsbury Runners			872					872
642.	Cooper, Kathryn	None				872				872
643.	Lawrence, Christina	U/A Manchester, Lancashire					872			872
644.	Mitchell, Jayne	U/A Penruddock,	871							871
645.	DOBBIN, FIONA	U/A NEWCASTLE UPON TYNE, tyne and wear				871				871
646.	Musetti, Cath	Ambleside AC							871	871
647.	sutton, kate	U/A southport, merseyside	870							870
648.	Wilkie, Veronica	U/A Hartlebury, Worcs			870					870
649.	Kesterton, Dot	Smiley Paces					870			870
650.	Smith, Christine	Sunderland Strollers				869				869
651.	Harrison, Jodie	U/A Lanchester, County Durham	868							868
652.	Fuller, Amanda	Blackpool Wyre & Fylde AC			868					868
653.	Averill, Susan	Notts women runners				867				867
654.	Maddison, Katie	U/A Bishop Auckland, County Durham	867							867
655.	Owen, Nicky	U/A Derby, Derbyshire					867			867
656.	Dyson, Cath	West Hull Ladies						333	534	867
657.	Cleator, Becca	U/A Barrow, Cumbria	866							866
658.	taylor, lorna	Red Rose road runners			866					866

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
659.	Dickinson, Hannah	U/A Warrington, Cheshire	864							864
660.	Precious, Sally	City of hull				864				864
661.	Taylor, Laura	U/A Horsley ,					864			864
662.	Rand, Lorna	U/A swindon, wiltshire			862					862
663.	Blagden, Diane	Wesham Road Runners	861							861
664.	Taylor, Joanna	u/a	860							860
665.	Parkin, Emma	U/A Birmingham,				860				860
666.	Kay, Stephanie	Swinton Running Club	859							859
667.	Lawson, Steph	Easingwold			859					859
668.	Cocker, Anna	U/A Bury,	858							858
669.	Hindmarch, Helen	U/A Wetherby,				858				858
670.	Garner, Claire	U/A London,		857						857
671.	Collett, Suzanne	Women on the Run			857					857
672.	Dale, Jen	U/A WIGAN, Lancashire		856						856
673.	Golubeva, Tina	U/A Basildon, Essex					856			856
674.	Alexander, Deborah	Rosendale Harriers			855					855
675.	mcveigh, joanne	U/A Liverpool ,				855				855
676.	Martin, Emma	U/A Taunton, Somerset	854							854
677.	Sloan, Nicola	Derwent AC Cockermouth				854				854
678.	burlinson, sarah	U/A hyde, cheshire	853							853
679.	Southworth, Debra	U/A Glossop,			853					853
680.	Smith, Ann	U/A Burton Latimer , Northants				852				852
681.	Beveridge, Natalie	U/A Liverpool,	851							851
682.	Taktak, Diane	U/A St Helens, Merseyside		851						851
683.	smyth, julie	Lymm runners	850							850
684.	Chow, Gen-Nam	U/A London, London		850						850
685.	Pilkington, Laura	Miss				850				850
686.	Beuzeval, Trudi	U/A Milnthorpe,		849						849
687.	Shaw, Tracey	Cumberland AC				849				849
688.	Whitehead, Linda	Knowle & Dorrige Running Club	848							848
689.	Wright, Sarah	U/A Penrith, Cumbria				848				848
690.	Christie, Hazel	U/A Edinburgh, Midlothian				847				847
691.	Corrigan, Louise	Swinton	846							846

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
692.	Medlar, Maureen	York Knavesmire Harriers				846				846
693.	langham, jane	smiley paces					846			846
694.	Wilkinson, Helen	U/A Lutterworth,						319	527	846
695.	Martindale, Kirsty	Women On The Run			845					845
696.	Oldfield, louise	darwen dashers				845				845
697.	Peak, Andrea	U/A Lancaster, North Yorkshire				844				844
698.	Tattersall, Liza	U/A Carnforth		843						843
699.	Brannen, Jo	U/A CHESTER LE STREET,			843					843
700.	Nevin, Gill	Crosby Stormers	842							842
701.	Hobbs, Andrea	None		842						842
702.	Watson, Kim	Hartlepool			842					842
703.	Neate-Evans, Binks	Reepham Runners				842				842
704.	Cooper, Emma	U/A Chorley, Lancs	841							841
705.	Lacy, Tracy	Selby Striders				841				841
706.	gibson, Caryl	U/A birmingham,	840							840
707.	Whitehead, Andrea	Selby Striders				840				840
708.	Nicolosi, Maya	U/A Edinburgh,				839				839
709.	Duxbury, Helen	U/A Chorley, Lancashire	837							837
710.	Sealey, Ruth	U/A Kendal,			837					837
711.	Richardson, Charlotte	U/A Chorley	836							836
712.	Sowerby, Maria	Stamford Striders						303	533	836
713.	nicholson, melanie	U/A Hebden bridge, west yorkshire	834							834
714.	Coffey, Linda	Darwen Dashers		834						834
715.	Taylor, Elizabeth	U/A Milnthorpe ,			834					834
716.	Cartwright, Rachel	Warrington Running Club	833							833
717.	Gordon, Amy	U/A Milnthorpe , Cumbria			833					833
718.	COYLE, Trudy	U/A Largs,					833			833
719.	fletcher, sue	U/A High Peak, Derbyshire	832							832
720.	Hodgkins, Lisa	U/A Shifnal,		832						832
721.	Henderson, Catherine	U/A Edinburgh,			832					832
722.	Thurman, Kate	U/A Sale , Manchester				832				832
723.	Thompson, Julie	U/A Manchester,	831							831
724.	Forsyth, Rachel	U/A Ambleside, Cumbria		831						831

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
725.	Fletcher, Susan	Fit mums and Friends				831				831
726.	Mason, Bev	Thornton Cleveleys Running Club	830							830
727.	Rowley, Lucy	U/A Penrith ,							830	830
728.	Foster, Melanie	Thornton-Cleveleys running club	829							829
729.	Iguchi, Ayako	U/A Matsudo, Chiba			829					829
730.	Pryce, Beverley	U/A Alton, Hampshire						311	518	829
731.	Caygill, Nina	U/A Kendal, Cumbria							829	829
732.	Scarfe, Judith	Lytchett Manor Striders	828							828
733.	Leach, Alison	U/A Darwen, Lancashire		828						828
734.	Hara, Kaori	U/A Matsudo, Chiba			828					828
735.	Large, Al	U/A Nottingham ,				828				828
736.	Pomfret, Gill	Smiley Paces					828			828
737.	Rixon, Caroline	U/A Alton, Hampshire						309	519	828
738.	Hockenhull, Sharon	U/A Bolton,	827							827
739.	Ofarrell, Lisa	U/A Stockport, Cheshire	826							826
740.	Finn, Janet	U/A Bolton,		826						826
741.	Pendleton, Sharon	Dockside Runners				826				826
742.	Kirkman, Anita	U/A Bolton,		825						825
743.	Rust, Casey	U/A Edinburgh ,			825					825
744.	Keighley, Jo	U/A Hebden bridge, West Yorkshire	824							824
745.	Beech, Sally	RRRC	823							823
746.	Semley, Caitlin	Red Rose Road Runners				823				823
747.	Hindle, Millie-may	U/A Bacup, Lancs			822					822
748.	Warwick, Natalie	U/A Dalton-in-Furness, Cumbria				822				822
749.	Benson, Emma	U/A Lindale ,			821					821
750.	Neate, Charlotte	U/A Allithwaite ,						821		821
751.	Logie, Charlotte	South Cheshire Harriers					820			820
752.	Wright, Phoebe	U/A Keswick, Cumbria							820	820
753.	Roberts, Michelle	U/A Prestatyn,	819							819
754.	Ackroyd, Lynne	U/A York		819						819
755.	Lacey, Emma	U/A Stourbridge,			819					819
756.	Shorrocks, Katie	U/A Leamington Spa, Warwickshire					819			819
757.	Zbadynski, Diane	Sweat equity		818						818

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
758.	Lockie-Anrig, Keira	U/A Stourbridge,			818					818
759.	scott, rebecca	U/A morpeth, northumberland					818			818
760.	Corinaldi, Ashlin	Razzers Runners						306	512	818
761.	Davies, Marie	Razzers Runners						307	511	818
762.	Thomas, Samantha	U/A Cambridge, Cambridgeshire		817						817
763.	Welburn, Claire	U/A Basingstoke,			817					817
764.	Butler, Laura	U/A Edinburgh,		816						816
765.	Molyneux, Clare	U/A Gloucester, Gloucestershire				816				816
766.	Bell, Leonie	U/A Sutton coldfield, West midlands					816			816
767.	Grubb, Lydia	U/A Chester,				815				815
768.	Goddard, Louise	Lancaster & Morecambe						815		815
769.	McGreevy, Kay	BMF Glasgow							815	815
770.	Cockroft, Julia	U/A London,				814				814
771.	Graves, Cressida	U/A Lancaster, Lancashire	813							813
772.	Wagenvelt, Emma	U/A The Woodlands, Texas		813						813
773.	Aaron, Bonnie	U/A Blackpool, Lancashire	812							812
774.	Whelan, Colette	U/A Lancaster, Lancashire		812						812
775.	Simms, Rebecca	Darwen Dashers		811						811
776.	Beaumont, Katherine	U/A Lower Bentham, Lancashire			811					811
777.	Duncan, Helen	City of Hull AC				811				811
778.	Ley, Amanda	Colt	810							810
779.	Jones, Jacqui	U/A Sandbach, Cheshire				810				810
780.	Parmley, Hannah	Roundhay Runners		809						809
781.	Clementson, Anita	Elvet striders			809					809
782.	Blair, Rachel	U/A Carlisle, Cumbria				809				809
783.	Grimshaw, April	MGPT		808						808
784.	Madarasan, Petra	Jogging Pals			808					808
785.	Nichols, Helen	Millom Striders				808				808
786.	Stewart, Karen	Stocksfield Striders	807							807
787.	Poole, Suzanne	MGPT		807						807
788.	Harvey, Kate	Denby Dale athletics club				807				807
789.	Brier, Esther	U/A Halifax, West Yorkshire					807			807
790.	Chippendale, Sarah	Red rose Road runners						807		807

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
791.	Logan, Claire	U/A Grange Over sands	806							806
792.	Conroy, Helen	U/A Sunderland,		806						806
793.	Owen, Denise	Rosendale Harriers			806					806
794.	Robinson, Emma	Denby Dale athletics club				806				806
795.	Maguire, Ellis	U/A Lancaster,					806			806
796.	Murnane, Joanna	U/A Bridge of Weir, Renfrewshire						806		806
797.	vitty, caroline	U/A liverpool,				805				805
798.	Rae, Sue	Easingwold			805					805
799.	Christian, Marie	Rosendale harriers			804					804
800.	Schumacher, Sandra	Team Waden-Schaden				804				804
801.	Ulmer, Kim	U/A St. Neots, Cambs			803					803
802.	Sibley, Rosie	U/A London,				803				803
803.	Holmes, Barbara	LSARRC						803		803
804.	Lowe, Gail	Newcastle staffs ac							803	803
805.	King, Julie	Helm Hill Runners			802					802
806.	Bower, Janet	Saltaire Striders						802		802
807.	McCann, Sam	Herne Hill Harriers				802				802
808.	Hodgson, Natalie	U/A Yarm,				801				801
809.	Lightfoot, Susan	U/A Washington, Tyne and Wear					801			801
810.	Auty, Joanne	U/A Huddersfield , West Yorkshire		800						800
811.	Sullivan, Alice	Mornington Chasers			800					800
812.	Poole, Rebecca	Fairwater Runners Cwmbran					800			800
1317.	Leatherland, Jen	U/A Preston, Lancashire	800							800
813.	lamb, elaine	wirral runners			799					799
814.	Dasgupta, Jane	Btr roadrunners	798							798
815.	Smith, Emma	U/A Kirkham,		798						798
816.	Weston, Judith	Marsh House Harriers			798					798
817.	Weisblatt, Emma	Biggleswade AC				798				798
818.	Johnstone, Alecia	Red rose road runners					798			798
819.	Rogan, Sarah	BTR Road Runners	797							797
820.	Horner, Claire	U/A Hornby,		797						797
821.	Woolgar, Kim	U/A Doncaster, South Yorkshire			797					797
822.	Hale, Samantha	U/A Darlaston, West Midlands				797				797

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
823.	Hirons, Carolyn	WilmslowRC	796							796
824.	Hopkins, Sarah	NA				796				796
825.	Gibbons, Anna	n/a	795							795
826.	Boundy, Michelle	Berkshire Tri Squad		795						795
827.	Gibbons, Sarah	U/A London,	794							794
828.	Byrne, Paula	U/A Arnside, Cumbria		794						794
829.	Weir, Pippa	Totley AC running club					794			794
830.	Hodgson, Sorcha	U/A Kendal,		793						793
831.	Spencer, Alison	Davenport Runners			793					793
832.	Lowther, Deborah	U/A Cambridge, Cambridgeshire				793				793
833.	Oliver, Sue	East london triathletes		792						792
834.	Wakeham, Helen	EA Harriers	792							792
835.	Gage, Lucie	Elswick Harriers				792				792
836.	Adams, Alyson	Bramhall Runners	791							791
837.	Cattermole, Helen	City of Hull Athletics				791				791
838.	Margiotta-Mills, Fiorella	Team inov-8					791			791
839.	Russell, Vicky	U/A Carlisle, Cumbria							791	791
840.	Holmes, Kathryn	Bramhall Runners	790							790
841.	Davies, Lorna	Knowle and Dorridge		790						790
842.	Hare, Jen	U/A Cambridge					790			790
843.	Gibson, Jane	U/A Hexham, Northumberland				789				789
844.	Yates, Isobelle	U/A Billinge,		788						788
845.	ROBERT, MARY	U/A STOCKPORT, CHESHIRE	787							787
846.	Baines, Karen	U/A Lancaster , Lancashire		787						787
847.	Wishart, Samantha	West Hull Ladies				787				787
848.	French, Caroline	Smiley Paces					787			787
849.	Lindsay, Fiona	U/A Glasgow,	786							786
850.	Michael, Helen	U/A Leeds,				786				786
851.	Rousell, Christine	U/A Cockermonth, Cumbria							786	786
852.	Hastie, Emma	Parbold Pink Panthers			785					785
853.	Wright, Angie	Smiley Paces					785			785
854.	Edwards, Bernice	U/A Liverpool,			784					784
855.	Price, Rachel	U/A Sandbach , Cheshire				784				784

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
856.	Banks, Vicki	Warrington Running Club			783					783
857.	Navin, Wendy	St Bees Triers			782					782
858.	Williams, Mandy	U/A Malvern, Worcestershire				782				782
859.	Roberts, Fleur	Smiley Paces					782			782
860.	Hill, Diane	Wigan & District Harriers AC		781						781
861.	Jamieson, Sue					781				781
862.	Melvin, Lynn	Red rose running Club	781							781
863.	cunningham, olwen	St Bees triers			781					781
864.	Cornish, Sue	U/A Bedford, Bedfordshire, England							781	781
865.	Barker, Joanna	U/A Ulverston, Cumbria	780							780
866.	Feeney-Johnson, Clare	WOTR Kendal				780				780
867.	Meades, Caroline	U/A Preston, Lancashire					780			780
868.	Birchall, Katie	U/A Ulverston, Cumbria	779							779
869.	Buxton, Ruth	U/A Kendal ,				779				779
870.	Patterson, Sarah	City of Lancaster Triathlon (COLT)	778							778
871.	Rawlings, Yvonne	U/A Bristol,		778						778
872.	Tose, Sheila	U/A manchester, Lancashire			778					778
873.	Rose, Karen	WOTR				778				778
874.	Pound, Isabelle	Smiley Paces					778			778
875.	Fairclough, Jenny	Red Rose Road Runners	777							777
876.	Harris, Delyth	U/A Wirral, Cheshire				777				777
877.	Crozier, Karen	U/A Richmond, North Yorkshire	776							776
878.	Waine, Beckie	Run Mummy Run				776				776
879.	Tarn, Lynda	U/A Hudswell Richmond, North Yorkshire	775							775
880.	Syms, Lesley	U/A Southport, Merseyside		775						775
881.	Clark, Rachel	U/A Dalton, Lancashire			775					775
882.	Byrne, Kirsty	U/A Accrington,				775				775
883.	Mcknight, Sara	Saltwell Harriers							775	775
884.	Lavery, Theresa	U/A Dumfries, Dumfries and Galloway	774							774
885.	Webster, Alison	U/A Hightown, Merseyside		774						774
886.	Harding, Gill	DH Runners				774				774
887.	Leon, Pamela	Smiley Paces					774			774
888.	Fraser, Wendy	U/A Stockton on Tees, Cleveland		773						773

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
889.	Phillipson, Elizabeth	St. Helens Striders	773							773
890.	Tennant, Andrea	U/A Manchester,				773				773
891.	Wood, Diane	U/A Bowburn , Durham					773			773
892.	Mason, Karen	St Helens Striders	772							772
893.	Davies, Tracy	Knowle & Dorrige Running Club		772						772
894.	Dykes, Suzannah	Shorrocks Hill Running Club			772					772
895.	Burge, Robyn	Dockside Runners				772				772
896.	Starks, Madeleine	U/A Reading, Berkshire							772	772
897.	Wassell, Sue	Knowle & Dorrige Running Club		771						771
898.	O'Neill, Sarah	U/A Manchester,			771					771
899.	Parker, Rebecca	U/A Workington ,				771				771
900.	Brough, Emily	U/A Stockport,	770							770
901.	Butcher, Claire	U/A Felixstowe, Suffolk				770				770
902.	Spendlove, Deb	U/A Belper, Derbyshire		769						769
903.	Collins, Giselle	U/A Ross-on-Wye, Herefordshire				769				769
904.	McCoy, Hayley	U/A Dursley, Gloucestershire							769	769
905.	Cooper, Clare	Belper Harriers		768						768
906.	Moore, Jenny	Mornington Chasers			768					768
907.	Lucarello, Lia	U/A London,				768				768
908.	Clasby, Rachel	Wimbledon Windmilers	767							767
909.	Woodley, Samantha	U/A Chester,			767					767
910.	Elderkin, Valerie	U/A Challock, Kent						767		767
911.	Jenkins, Lisa	Quakers Running Club				765				765
912.	McNeill, Grace	U/A Wetherby,		764						764
913.	Rickwood, Cheryl	Blackpool Wyre & Fylde ac			764					764
914.	Wade, Katie	U/A Layton,				764				764
915.	Maher, Sally Anne	U/A Ambleside, Cumbria			763					763
916.	Ellis, Debbie	Avon Valley Runners				763				763
917.	Bates, Helen	U/A Sheffield,						763		763
918.	Gould, Alison	U/A Tynemouth, tyne and wear		762						762
919.	Vickers, Jane	Run in Wirral				762				762
920.	armstrong, michelle	north east vets athletic club		761						761
921.	Brain, Claire	U/A Nottingham,				761				761

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
922.	Johansson, Ann	U/A Bakewell , Derbyshire	760							760
923.	Bennieston, Alexandra	U/A Nottingham,				760				760
924.	Ball, Elaine	NYP TRI						760		760
925.	Rockliffe, Karen	U/A Windermere, Cumbria			759					759
926.	Binks, Victoria	U/A Penny Bridge,				759				759
927.	Bowden, Kate	U/A Glossop, Derbyshire					758			758
928.	Bouttell, Janet	U/A Glasgow,	758							758
929.	Dyer, Michelle	Meltham AC			758					758
930.	McBride, Eileen	U/A Whaley Bridge,				758				758
931.	de Joux, Alexandra	U/A Oxenhope , West Yorkshire							758	758
932.	Pollock, Lulu	Denby Dale Athletics Club	757							757
933.	O'Donnell, Siobhan	U/A Solihull,		757						757
934.	Threadgold, Caroline	Wimbledon windmilers	756							756
935.	Deeley, Claire	Knowle and Dorrige Running Club		756						756
936.	Upton, Jen	Witney Road Runners			756					756
937.	Clayton, Wyn	Women On The Run				755				755
938.	Watts, Sally	Acre Street Runners	755							755
939.	Robinson, Clare	Abingdon & Vale Triathlon Club		755						755
940.	BIRKETT, WENDY	U/A KENDAL, CUMBRIA					755			755
941.	May, Hannah	Acre Street Runners	754							754
942.	Bramwell, Gwen	Ramsbottom Running Club		754						754
943.	McBeth, Sandra	U/A Edinburgh ,			754					754
944.	Leigh, Suzanna	U/A Crewe, Cheshire							754	754
945.	Felstead, Alison	Lymm Runners		753						753
946.	Reed, Dawn	Lymm Runners		752						752
947.	Nation, Helen	Swinton				752				752
948.	Leishman, Moira	U/A Kilmarnock, Ayrshire					752			752
949.	Marsh, Helen	Lymm Runners		751						751
950.	Sullivan, Nicki	Swinton Running Club				751				751
951.	Houghton, Jane	Warrington running club		750						750
952.	Adamsbaum, Kerry	Swinton RC				750				750
953.	Baldock, Clair	Warrington running club		749						749
954.	Carruthers, Lynne	U/A Durham,					749			749

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
955.	Wood, Carole	U/A Kendal, Cumbria				748				748
956.	Hack, Olivia	Pebbles						747		747
957.	Thompson, margaret	Elvet Striders		745						745
958.	Phillips, Luned	U/A Leeds,						745		745
959.	Parker, Claudia	U/A Bury, Lancashire				744				744
960.	Hale, Sally	U/A Arnold, Nottingham						744		744
961.	Cowie, Alison	U/A Whitley Bay , Tyne & Wear				743				743
962.	Bateman, Belinda	U/A Morpeth, Northumberland							743	743
963.	Dickinson, Lara	U/A Manchester, Lancashire					742			742
964.	Hadley, Emma	Helm Hill							742	742
965.	Appleby, Tracey	U/A Blackpool,			741					741
966.	Tasker, Lucy	WeRunLiv				740				740
967.	Stewart, Katherine	Winslow Warriors						740		740
968.	Pym, Alicia	U/A Milton Keynes, Buckinghamshire				739				739
969.	Patten, Mags	U/A London,		738						738
970.	Geist, Chrissy	Warrington Running club			738					738
971.	Lomas, Robyn	U/A Bolton,				738				738
972.	Murphy, Claire	St Helens Striders					738			738
973.	Cannon Jones, Jill	U/A Ulverston		737						737
974.	Roberts, Kathryn	Warrington Running Club			737					737
975.	Simpson, Jenny	U/A Darwen,				737				737
976.	Davies, Jill	U/A Penrith, Cumbria							737	737
977.	Sica, Viridiana	U/A Keswick , Cumbria		736						736
978.	Peters, Kerry	Warrington Running Club			736					736
979.	Kellett, Gillian	Selby Striders				735				735
980.	Clark, Debbie	Spey Runners						734		734
981.	Ramsden, Carol	Horsforth Harriers		733						733
982.	Wood, Kerry	U/A Halifax, West Yorkshire			733					733
983.	Humphris, Claire	U/A Potters bar,						732		732
984.	Chenery, Ruth	None		731						731
985.	Lewis, Anne	Swans Tri Club			731					731
986.	Winn, Susan	U/A Kendal ,				731				731
987.	Poon, Sharon	U/A London,			730					730

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
988.	Bushell, Tanya	Women on Run				730				730
989.	Mortimer, Helen	U/A Langley, Cheshire					730			730
990.	Winspear, Clare	U/A Guisborough , North Yorkshire							730	730
991.	Williams, Cat	U/A Orpington ,		729						729
992.	Wilkinson, Rebecca	U/A Kendal, Cumbria					729			729
993.	Weed, Gemma	U/A Carnforth , Lancashire		728						728
994.	Wood, Bernie	Easingwold Running Club			728					728
995.	Collier, Debbie	U/A Blackpool, Lancashire					728			728
996.	rose, joanna	U/A cockermouth, cumbria			726					726
997.	PICKLES, Lorraine	Rosendale Harriers			725					725
998.	Miles, Jenny	Chorlton Runners				725				725
999.	Thornton, Faye	U/A Lancaster, -----							725	725
1000.	White, Joanne	U/A Consett, United Kingdom		724						724
1001.	Sanig, Rachel	Didsbury Runners			724					724
1002.	FENNA, JOANNE	U/A ORMSKIRK, LANCASHIRE				724				724
1003.	Chicken, Louise	Tynedale harriers						724		724
1004.	Morgan, Lizzie	Didsbury Runners			723					723
1005.	Heatley, Susan	Red Rose Road Runners				723				723
1006.	Bryant, Sue	U/A Leamington Spa, Warwickshire							723	723
1007.	Grange, Tracy	Team Manvers				722				722
1008.	Bryant, Kathryn	U/A Wigton,							722	722
1009.	Hemsley, Liz	U/A Keighley, West Yorkshire			720					720
1010.	Talbot, Rebecca	Elves Striders			719					719
1011.	Rhodes, Carol	Red Rose Runners				719				719
1012.	Largey, Maeve	U/A Sheffield, South Yorkshire					719			719
1013.	Dean-Ashton, Lauren	U/A Manchester,				718				718
1014.	Rees-Clarke, Tracy	Blackwater Valley Runners							718	718
1015.	Pathy, Yalini	U/A Enfield, Middlesex			717					717
1016.	Tock, Sarah	City of Hull AC				717				717
1017.	Mackenzie, Joanna	U/A Edinburgh,			716					716
1018.	beahan, joanne	U/A sheffield, south yorkshire					716			716
1019.	Woods, Christine	Durham City Harriers					715			715
1020.	Pritchard, Suzanne	U/A St Albans,						715		715

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
1021.	Woodward, Alexandra	Ambleside AC							715	715
1022.	Peacock, Kim	Not			714					714
1023.	Kanagasingam, Shalini					714				714
1024.	Tarrant, Emily	U/A Barnsley , South Yorkshire					714			714
1025.	Pritchard, Rebecca	U/A St Albans,						714		714
1026.	Wallbank, Karen	Dallam Running Club							714	714
1027.	Darer, Polina					713				713
1028.	Shah, Nadia					712				712
1029.	Watson, Liz	Zero to Heroes				711				711
1030.	Stephens, Katie	U/A Brackley Northamptonshire					711			711
1031.	Stead, Rebecca	Lonely Goat Running Club							711	711
1032.	Swindells, Sarah	U/A Preston , Lancashire			710					710
1033.	Bentley, Claire					710				710
1034.	Paterson, Helen	U/A London,						710		710
1035.	Rouse, Jo-Anne	U/A Olney, Bucks							710	710
1036.	Williams, Nicola	Northwich Running Club				709				709
1037.	Meekings, Liz	Smiley Paces					709			709
1038.	Riley, Peta	Womens Rnning network			708					708
1039.	Wood, Stephanie					708				708
1040.	Milner, Sophie	Smiley Paces					708			708
1041.	Seddon, Sarah	Warrington running club			707					707
1042.	collin, Catherine					707				707
1043.	Hayes, Gillian	Warrington Running Club			706					706
1044.	Younas, Haleema					706				706
1045.	Johnson, Christine	10km Running Pals							706	706
1046.	Brown, Cathryn					705				705
1047.	Clegg, Rosie	Smiley Paces					705			705
1048.	Hassan, Rachael					704				704
1049.	Anderson, Liz	U/A Newcastle upon Tyne,						704		704
1050.	Orr, Marie Laure					703				703
1051.	Edwards, Shareen					702				702
1052.	O'Connor, Hannah	U/A Morecambe ,							701	701
1053.	Palmer, Helen	U/A London,						699		699

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
1054.	Durrant, Alice	Chorlton Runners							699	699
1055.	Thompson, Clare	Smiley Paces					698			698
1056.	Elbag, Katrin	Red Rose Road Runners							698	698
1057.	Hamil, Dionne	U/A Durham,					697			697
1058.	Palethorpe, Katie	U/A Durham,					696			696
1059.	Barber, Natalie	Red Rose Road Runners							696	696
1060.	Pearson, Emma	U/A Darlington,							695	695
1061.	Whitfield, Georgina	U/A Darlington,							694	694
1062.	stevens, karen	Smiley paces					693			693
1063.	Panes, Fiona	U/A Sheffield,					692			692
1064.	Towner, Claire	U/A Newcastle under Lyme, Staffordshire					689			689
1065.	ORRICK, Cherryl	ST HELENS STRIDERS						688		688
1066.	Snell, Claerwen	Didsbury Runners							688	688
1067.	Hopwood-Turner, Julia	U/A Stockport						687		687
1068.	Paton, Julie	U/A Preston, Lancashire					687			687
1069.	Hines, Charlotte	U/A Knareaborough , North Yorkshire							687	687
1070.	Cook, Julie	Tynedale Harriers						686		686
1071.	sunderland, samantha	U/A dalton-in-furness, cumbria							686	686
1072.	Kara, Leila	Valley Striders					684			684
1073.	Bennewith, Rebecca	U/A Newcastle upon Tyne,						683		683
1074.	Jackson, Angela	U/A Preston,						681		681
1075.	Wales, Sarah	Smiley Paces					680			680
1076.	Woodger, Charlotte	Smiley Paces					679			679
1077.	Harrison, Ellie	COLT						677		677
1078.	Jacobs, Ruth	Smiley Paces					675			675
1079.	Howe, Emma	U/A Swinton, Lancashire					672			672
1080.	Guste, Julia	U/A London ,					669			669
1081.	Jones, Karen	U/A ORMSKIRK,						666		666
1082.	Taylor, Julie	NA							666	666
1083.	Edmondson, Linda	U/A Sale, Cheshire					664			664
1084.	Croft, Rebecca	U/A Ashington, England					663			663
1085.	Mason, Sandra	U/A Cockermonth, Cumbria						662		662
1086.	Kay, Vanessa	U/A Dundee, Scotland						661		661

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
1087.	Anderson, Amanda	U/A Topcliffe, North Yorkshire							660	660
1088.	Munn, Daisy	U/A Lancaster					658			658
1089.	Knopp, Alexandra	U/A Whitley Bay, Tyne And Wear							658	658
1090.	Reynolds, Andrea	U/A Preston, Lancashire					656			656
1091.	teggart, Emma	U/A Grange-Over-Sands , Cumbria							654	654
1092.	Joyce, Rebecca	Smileys					653			653
1093.	Barnes, Rachel	Smiley Paces					651			651
1094.	Ward, Rose	Smiley Paces					650			650
1095.	Cooper, Theresa	Fellside ladies							650	650
1096.	Simm, Emma	U/A St Albans,						649		649
1097.	Crane, Millie	Bambino Atletico						647		647
1098.	Stewart, Kirsty	bambino atletico						646		646
1099.	Egan, Rosie	Cheshire Hash House Harriers					644			644
1100.	Wade, Jane	U/A Blackpool, Lancashire					643			643
1101.	Bamford, Angela	Altrincham and District Athletics Club					640			640
1102.	McColm, Emma	Dallam							640	640
1103.	Parker, Joanne	U/A Northwich,						639		639
1104.	Griffiths, Michelle	Red Rose Road Runners					638			638
1105.	Moorcroft, Pauline	Red rose road runners					637			637
1106.	Lee, Sarah	U/A Sheffield,					636			636
1107.	Singleton, Karen	Tri Northumberland						636		636
1108.	Spencer, Joanna	U/A Marple , Cheshire					634			634
1109.	Procter, Sue	U/A Hungerford, Berkshire						634		634
1110.	Battersby, Joanne	Smiley Paces					630			630
1111.	Gartside, Sarah	Gosforth Harriers						630		630
1112.	Lockett, Sarah	U/A Frodsham , Cheshire					629			629
1113.	Sudrick, Rachel	Smiley Paces					624			624
1114.	Stolworthy, Kate	U/A Huddersfield,							619	619
1115.	Wyles, Jan	U/A Wilmslow , Cheshire						617		617
1116.	Wisely, Julie	U/A Manchester ,					616			616
1117.	Hawksley-Beake, Charlotte	U/A London,							609	609
1118.	Gall, Zara	Didsbury ladies					608			608
1119.	Seymour Mead, Rachel	U/A Manchester, Manchester					607			607

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
1120.	Richardson, Fiona	Batala					606			606
1121.	Stockley, Anne	U/A St Albans, Herts					605			605
1122.	Painter, Liz	Birmingham Running, Athletics and Triathlon Club					604			604
1123.	Bibby, Sarah	Redcar RC						604		604
1124.	Haggie, Emma	U/A West Rainton Durham							604	604
1125.	Gotham, Elizabeth	U/A Carmarthen,					602			602
1126.	McWilliam, Norah	U/A Bradford,							602	602
1127.	Dawson, Jill	U/A Lancaster, Lancashire					601			601
1128.	Benson, Judith	Ponteland Runners					600			600
1129.	Furgusson, Wendy	U/A Eastleigh , Hampshire							599	599
1130.	Boden, Jane	Smiley Paces					598			598
1131.	Weinberger, Caroline	U/A Cupar, Fife					596			596
1132.	Chisholm, Joy	Dundee Road Runners					595			595
1133.	McIntyre, Helen	U/A Warrington, Cheshire							595	595
1134.	Pennington, Helen	Smiley Paces					593			593
1135.	Whelan, Alison	U/A Newton Aycliffe, Durham							593	593
1136.	Richards, Rebecca	U/A Ulverston, Cumbria					591			591
1137.	Travis, Karen	U/A York,							591	591
1138.	Carlin, Audrey	U/A Glasgow,							590	590
1139.	Dallinger, Angela	Redrose					588			588
1140.	Leitch, Laura	U/A Lancaster,							588	588
1141.	Hoyle, Lucy	U/A Manchester					587			587
1142.	Parish, Rebecca	None					585			585
1143.	Cain, Zoe	Red Rose Road Runners					584			584
1144.	Pollard, Allison	U/A glasgow ,							583	583
1145.	Brion, Miriam	U/A Slingsby ,					582			582
1146.	Abbott, Kathryn	RED ROSE ROAD RUNNERS						582		582
1147.	Tabbner, Adele	U/A Stoke on trent, Staffordshire							582	582
1148.	Culley, Rachael	U/A London,					580			580
1149.	Argall, Kirsty	U/A Brackley Northamptonshire					579			579
1150.	Allen, Caroline	U/A Shrewsbury , Shropshire							579	579
1151.	Hughes, Hannah	U/A Stockport, Cheshire						574		574
1152.	Lester, Roisin	Olney Runners							574	574

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
1153.	WOODS, MARGARET	MILLOM STRIDERS					573			573
1154.	Diston, Fiona	U/A Olney, Bucks							573	573
1155.	D'Andreta, Sonia	Manchester Road Runners						572		572
1156.	Fearnside, Diana	U/A Thirsk,							572	572
1157.	Bell, Rachel	U/A Altrincham,					569			569
1158.	Cook, Elizabeth	Northwich RC							569	569
1159.	Cook, Grace	U/A Barrow in Furness							568	568
1160.	Zablocki, Janine	U/A Wednesbury, West Midlands						567		567
1161.	Taylforth, Andrea	U/A							567	567
1162.	Hollyoak, Catherine	U/A Ilkley, West Yorkshire						564		564
1163.	Blake, Rachel	U/A Bingley , West Yorks						563		563
1164.	grimes, jeanette	U/A prescot, merseyside							561	561
1165.	Seago, Amanda	U/A Ulverston, Cumbria						560		560
1166.	Witkowska, Magda	U/A Stanstead Abbots, Hertfordshire							560	560
1167.	Holloway, Rachael	U/A Liverpool,					559			559
1168.	Pirie, Cherry	None							558	558
1169.	Griffiths, Samantha	Orchard eagles							557	557
1170.	Woods, Charlotte	U/A Leeds,						556		556
1171.	Rendall, Melanie	U/A London,					555			555
1172.	Voller, Fay	U/A Ormskirk, Lancs							555	555
1173.	Moss, Joanne	U/A Scunthorpe,					554			554
1174.	Jones, Katie	Lonely goat							554	554
1175.	Vaneris, Catherine	U/A Manchester,					552			552
1176.	Higson, Catherine	U/A Keswick					550			550
1177.	Gilson, Julie	Na						550		550
1178.	Luckman, Julie	Rochdale Triathlon Club					549			549
1179.	Withnell, Louise	Red Rose Road Runners					547			547
1180.	Deakin, Jennifer	U/A Sale, Cheshire					545			545
1181.	Dailey, Paula	U/A Newcastle Upon Tyne, Tyne & Wear					544			544
1182.	Wilcockson, Diane	U/A Bolton,						542		542
1183.	brown, julie	U/A Glasgow,							542	542
1184.	Chapman, Rachael	U/A London,							540	540
1185.	Easton, Deborah	U/A Newcastle upon Tyne,					539			539

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
1186.	Byrne, Mrs Emma	Newlyweds							538	538
1187.	Connor, Elizabeth	U/A St Helens ,					537			537
1315.	Small, Hazel	U/A Edinburgh,						537		537
1188.	Airey, Sarah	U/A Kendal,					535			535
1189.	Davidson, Katherine	U/A Carlisle,							535	535
1190.	Duckworth, Jo-Anne	U/A St Helens,					534			534
1191.	Kimberley, Samantha	U/A Lancaster,					531			531
1192.	Hall, Isobel	U/A Kendal, Cumbria					529			529
1193.	Wynne, Anna	U/A Cairndow, Argyll						529		529
1194.	Grover, Marianne	U/A Kilmarnock, Ayrshire							529	529
1195.	Bunnage, Vicky	Glossop ladies					528			528
1196.	Sadler, Debbie	U/A Malton ,							528	528
1197.	WALKER, DENISE	U/A YORK, NORTH YORKSHIRE					527			527
1198.	Daley, Nicola	Widnes Wasps					526			526
1199.	Moses, Julie	Widnes Wasps LRC					525			525
1200.	Shaw, Emma	U/A Lancashire, Lancashire						525		525
1201.	Hulley, Lisa	U/A Welham Green, Herts							524	524
1202.	Kirkwood, Lisa	U/A Windermere , Cumbria					523			523
1203.	Keighley, Harriet	Darlington Triathlon Club						523		523
1204.	Hulley, Nicole	U/A Manchester,							522	522
1205.	Williams, Sarah	U/A Arnside, Lancashire					519			519
1206.	Burton, Melanie	U/A Windermere, Cumbria					518			518
1207.	Pike, Jane	U/A BOLTON, County (optional)					516			516
1208.	Clark, Kathryn	Elvet Striders							515	515
1209.	Ingram, Amanda	U/A WIGTON, Cumbria						512		512
1210.	bonneau, teri	U/A mission, CA/BC_CA					510			510
1211.	Gilbertson, Sarah	U/A Hope Valley,						510		510
1212.	Hunter, Jane	Lancaster Womens Running Club					508			508
1213.	Greenwood, Jackie	U/A Ipswich, Suffolk					507			507
1214.	Smalley, Diana	St. Bees Triers						507		507
1215.	fell, natasha	U/A waddington,						506		506
1216.	Rawlinson, Annie	U/A Kendal, Cumbria					505			505
1217.	Wither, Caroline	U/A Leeds,						505		505

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
1218.	Delaney, Julia	Smiley Paces					504			504
1219.	Wheen, Cath	Smiley Paces					503			503
1220.	Huertas, Laura	St Bees Triers						501		501
1221.	Nunn, Sharon	Widnes Wasps Ladies RC					500			500
1222.	Waters, Lyn-Marie	U/A TODMORDEN, West Yorkshire					499			499
1223.	Fairless, Katie	Todmorden Harriers					498			498
1224.	Trottet, Rebecca	U/A Glasgow,						497		497
1225.	Ryder, Christine	Marshall Milton Keynes					496			496
1226.	Iddon, Diane	Fylde coast runners					494			494
1227.	Master, Sara	U/A Lancaster, Lancs					493			493
1228.	Telford, Jules	U/A Kendal, Cumbria					489			489
1229.	Ryan, Nancy	U/A Altrincham, Cheshire					488			488
1230.	Hollister, Sarah	U/A Milnthorpe , Cumbria						488		488
1231.	Holmes, Kathryn	U/A Bingley,						487		487
1232.	Harland, Jackie	U/A Warrington, Cheshire						484		484
1233.	Tunney, Veronica	U/A Manchester,					483			483
1234.	Stevenson, Carol	U/A Lutterworth, Leics						480		480
1235.	Clark, Stacey	Widnes Wasps Ladies Running Club					478			478
1236.	Kuypers, Rachel	Widnes Wasps Ladies R C					477			477
1237.	Ormerod, Alison	U/A Lytham, Lancashire						477		477
1238.	Morris, Anna	U/A Stockport,					476			476
1239.	Ing, Charlotte	U/A Bingley,						476		476
1240.	Lewis, Jennifer	U/A Manchester,					475			475
1241.	Irving, Angela	U/A Silloth, Cumbria						475		475
1242.	Davies, Helen	Widnes Wasps Ladies Rc					474			474
1243.	Scaife, Nadine	U/A Keighley, West yorkshire						474		474
1244.	Lindsay, Michele	Widnes wasps					473			473
1245.	Bowman, Catherine	Smiley Paces					472			472
1246.	Price, Lucy	Smiley Paces					471			471
1247.	Carman, Sandi	Smiley Paces					470			470
1248.	Stockley, Lisa	U/A London, London					469			469
1249.	McGillicuddy, Joanne	Wisnes Wasps Ladies RC					467			467
1250.	Formby, Alison	Pinetops Running Club						467		467

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
1251.	Midgley-ward, Lynne	Ponteland Runners					466			466
1252.	Beckett, Helen	Widnes Wasps					464			464
1253.	Wood, Sandra	Proper Northern Plodders					463			463
1254.	Bonner, Clair	U/A Keighley, West Yorkshire					462			462
1255.	Thompson, Liane	U/A Barrow-in-Furness, Cumbria					461			461
1256.	morris, jess	U/A Ainsdale, southport						461		461
1257.	McCallum, Jo	Ramsbottom Running Club						457		457
1258.	Church, Hazel	Marshall Milton Keynes AC					456			456
1259.	Townsend, Robyn	Sunderland Harriers & AC						456		456
1260.	Griffiths, Amy	Smiley Paces					455			455
1261.	Findlay, Marie	Leverets						455		455
1262.	Merry, Ruth	Smiley Paces					454			454
1263.	Naylor, Jane	Smiley Paces					453			453
1264.	Jordan, Julie	Smiley Paces					452			452
1265.	Moore, Helen	Widnes Wasps LRC					448			448
1266.	Rutkowska, Agata	Widnes Wasps LRC					447			447
1267.	Bracken, Sara	U/A Wilmslow,					446			446
1268.	Chadwick, Jenni	U/A Macclesfield, Cheshire					443			443
1269.	Jones, Michelle	Wigan Harriers						443		443
1270.	Russell, Louise	U/A Sale, Cheshire					442			442
1271.	Russell, Anna	U/A Sale, Cheshire					441			441
1272.	Ross, Elizabeth	U/A Sale, Cheshire					440			440
1273.	Strickland, Lesley	Hartlepool Burn Road Harriers						440		440
1274.	Ellis, Lucy	U/A Knutsford, Cheshire					439			439
1275.	Hardy, Helen	U/A Morpeth , Northumberland					438			438
1276.	Rose, Caroline	Proper Northern Plodders					437			437
1277.	Robinson, Elaine	U/A Barnsley , South Yorkshire					434			434
1278.	Wilson, Lynn	U/A					433			433
1279.	Stevenson, Hannah	U/A Lancaster, Lancashire					432			432
1280.	Santar, Heather	U/A Huddersfield						428		428
1281.	Penney, Emma	This Mum Runs					426			426
1282.	Maxwell, Holly	St bees triers						423		423
1283.	Atkinson, Kathryn	Pendle Triathlon Club						420		420

2019 Full Series 14-18K

Lakeland Trails 2019 14-18K Series Results : Women

Pos	Name	Club	CAR	HAW	STA	KES	CON	HEL	ULL	Total
1284.	Hardacre, Mary	Lions Running Community						413		413
1285.	Agar, Clare	Redcar running club						410		410
1286.	Kirkham, Ronni	Redcar running club						409		409
1287.	Wilde, Jeannie	Redcar running club						408		408
1288.	Little, Fiona	U/A Carlisle, Cumbria						404		404
1289.	Gibson, Jo	U/A Kendal , Cumbria						398		398
1290.	Coleman, Tracey	VPRC						393		393
1291.	Brown, Sarah	Derwent Valley Trail Runners						390		390
1292.	Strang, Sue	U/A Wilmslow , Cheshire						384		384
1293.	Ruderham, Samantha	Lonely goat running club						372		372
1294.	Owen, Sara	U/A Arnside, Cumbria						370		370
1295.	Heaton, Carole	Lions Running Community						360		360
1296.	Sidery, Caroline	Lions Running Community						359		359
1297.	Berry, Amanda	Red Rose Road Runners						351		351
1298.	Habsudova, Lenka	U/A Manchester,						350		350
1299.	Mercer, Elaine	Women on the rum						349		349
1300.	Hunt, Catherine	Women on the Run						343		343
1301.	Burns, Susan	Pinetops Running Club						342		342
1302.	Jones, Cathy	U/A Liverpool,						341		341
1303.	Dixon, Joanne	U/A Blackpool, Lancashire						339		339
1304.	Maxfield, Victoria	U/A Bolton						326		326
1305.	Dean, Rebecca	Victoria Park Running Club						322		322
1306.	Shaw, Emma	Victoria Park Running Club Warrington						321		321
1307.	Peterkin, Sharon	Radcliffe AC						320		320
1308.	Berry, Sarah	U/A Consett, Durham						318		318
1309.	Collins, Tricia	Blackhill Bounders						317		317
1310.	Dick, Alison	Red rose road runners						316		316
1311.	Gutteridge, Fiona	Red Rose Road Runners						315		315
1312.	Fleming, Kirsty	Kelvin Runners						312		312
1313.	Gray, Jaclyn	U/A Workington , Cumbria						310		310
1314.	Bartlett, Miranda	U/A ulverston, cumbria						308		308

Number of records: 1317