

2018 Series Results 14-18K

Lakeland Trails 2018 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
Lakeland Trails 2018 14-18K Series Results : Men												
1.	Henderson, Steven	Sale Harriers Manchester		988	991	979		995	992	984	996	6925
2.	Richardson, Michael	n/a		922	969	959		961	968	977	989	6745
3.	Christie, Andrew	Red Rose Road Runners		931	957	935		951	957	940	958	6629
4.	Pilkington, Chris	U/A Preston, Lancashire		868	910	856		869	928	916	942	6289
5.	Wigglesworth, Martyn	U/A Richmond, North Yorkshire		870	919	875		838	865	871	898	6136
6.	ARMSTRONG, MICHAEL	sunderland strollers		846	887	869		829	852	825	844	5952
7.	Stainthorpe, Ian	Rochdale Harriers		957	956	952		969	963		981	5778
8.	Oulton, Greg	Lytham St Annes Road Runners		814	846	815		810	831	787	813	5716
9.	Pye, Andrew	U/A Kendal, Cuumbria		926	952	915		932	960	963		5648
10.	johnson, leslie	Northwich Running Club		907		894		937	935	932	939	5544
11.	Green, Sam	Team inov-8.com		994	998	994		993		992		4971
12.	Morgan-Hillam, Mark	Wigan and District Harriers		970	989			985		979	982	4905
13.	Smith, Richard	U/A Ackworth, West Yorkshire		918	945	909		941		912		4625
14.	Smitham, Paul	GMFRS		839	894				872	887	884	4376
15.	Parry, Huw	North Shields Polytechnic				840		876	891	875	892	4374
16.	Draper, David	U/A Ecclestone, Lancs		835	886	884		860	886			4351
17.	Bowker, Chris	Lytham St Anne's Road Runners Club		833	848	830		883	934			4328
18.	Oliver, Robbie	U/A Lancaster,		824	907	871		824	882			4308
19.	Lewis, Dan	Keswick AC		825	867	821			877	908		4298
20.	Cummins, David	U/A chorley,		818	854	842			843	833		4190
21.	Santon, Timothy	U/A Leamington Spa,						982	985	970	988	3925
22.	Taylor, Roger	Preston Harriers		961	962					965	985	3873
23.	Widdrington, Liam	U/A Windermere, Cumbria		958	988	972				952		3870
24.	Vaneris, Harry	U/A London,		966	971	964			961			3862
25.	Penhale, Bruce	Trafford AC			959	934		955	954			3802
26.	fishpool, peter	U/A driffield, east yorks		972	970	946				909		3797
27.	Stratton, Tom	U/A Manchester						943	944	892	927	3706
28.	Oldendorp, Ben	U/A Blackpool , Lancashire		881	926	916		947				3670
29.	Hadley, Adrian	Cumberland AC		872	930	893		933				3628
30.	Cattermole, Gary	U/A Kendal, cumbria				848		868	910		904	3530
31.	Lloyd, Mike	U/A Ossett,						875	880	851	875	3481
32.	Mitchell, Iain	Red Rose Road Runners						852	864	812	932	3460

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Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
33.	Bell, Stuart	Kendal AC		845	884	812			903			3444
34.	Harris, John	U/A Bradford, County (optional)						809	829	778	757	3173
35.	Arkle, Jamie	Eden Runners				986				997	997	2980
36.	corless, Chris	Team mountain fuel		989	996			992				2977
37.	Potter, Benjamin	U/A Darlington,			985					986	991	2962
38.	allan, darren	U/A BARNARD CASTLE,				975				987	994	2956
39.	Smith, Chris	Keswick AC						996	970	988		2954
40.	Roome, Peter	Southport Waterloo AC		981	986	981						2948
41.	Blackwell, Mark	West Cumbria Tri			973				979	985		2937
42.	Bellerby, David	U/A Harrogate, North Yorkshire		967	987	968						2922
43.	Turner, Jonathan	Ilkley Harriers		944	980	965						2889
44.	Dickinson, Adam	U/A Dalston, Cumbria		954	954	953						2861
45.	Ashton, Ben	U/A Nottingham, NOTTINGHAMSHIRE			948					944	964	2856
46.	Taylor, Stuart	U/A Preston, Lancashire		942	967	933						2842
47.	Crowe, Steven	South Cheshire Harriers		950	950	939						2839
48.	Heaton, Jay	U/A Edinburgh,		941	940	944						2825
49.	Melling, Kevin	U/A Chorley, Lancashire				918			955	937		2810
50.	Hargreaves, Christopher	Red rose runners						912	953	945		2810
51.	Cox, Nick	U/A ambleside, cumbria		914	943	940						2797
52.	Kidd, James	U/A Chester ,			917				943	901		2761
53.	cushion, peter	wirral vikings trc		802						969	979	2750
54.	cornish, nathan	U/A Staveley,				889		926	923			2738
55.	Tweddle, Rob	Cumberland AC							914	889	905	2708
56.	Boylin, Philip	U/A Hexham, Northumberland		903					897	896		2696
57.	Casstles, Toby	U/A Rainford, Merseyside		866	896				905			2667
58.	Sharp, Gordon	U/A Poynton, Cheshire			902			887		870		2659
59.	Butterworth, Danny	Barlick Fell Runners		836	913	882						2631
60.	calverley, anthony	U/A morecambe, lancs		861	893	865						2619
61.	Roche, Paul	U/A Chester,			862	863		859				2584
62.	mittchell, ian	helm hill runners		847	883	849						2579
63.	Eaton, Simon	Wesham Road Runners		840	891	816						2547
64.	Schofield, Graham	Chorley Harriers		793	831				842			2466
65.	Upton, Sam	Witney Road Runners		997				1000				1997

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Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
66.	Jones, Craig	YMCA Manchester Harriers				995		998				1993
67.	Walker, Peter	U/A York,								993	998	1991
68.	Abbas, Daniel	U/A Manchester,			994				996			1990
69.	Cairns, Andrew	U/A Keighley, West Yorkshire		992		985						1977
70.	Sewell, Ewan	U/A York, North Yorkshire				983				994		1977
71.	Stephenson, Jonny	Gosforth Harriers				974				996		1970
72.	Holroyd, Ivan	U/A Keswick, Cumbria								976	990	1966
73.	Taylor, Adam	Kendal AAC						981	982			1963
74.	Klavon, Martin	U/A Huddersfield, West Yorkshire				976			984			1960
75.	Tarnowski, Marcus	SV Untermeitingen								975	984	1959
76.	McDonald, Chris	U/A Carlisle, Cumbria						977	976			1953
77.	Newbould, Ed	U/A Skipton, North Yorkshire		978		969						1947
78.	Douglas, John	Allithwaite Running Club		965				976				1941
79.	walker, mark	rochdale harriers and ac			974			967				1941
80.	Miller, Craig	Stainland Lions Running club				961			966			1927
81.	Owens, Garry	NFR		951				974				1925
82.	McKinnon, Iain	U/A Isle of South Uist Western Isles								957	967	1924
83.	Monostori, Zoltan	U/A Kendal,			968	954						1922
84.	Ireland, Kieran	Glaxo Hoad Hill Harriers		945	975							1920
85.	Raso, Roberto	Manchester Frontrunners				960				960		1920
86.	Mallender, Stuart	Team Nidderdale				945				973		1918
87.	Fawcett, Adam	U/A southport, Merseyside								958	959	1917
88.	Jenkinson, Thomas	U/A Bromma,								941	976	1917
89.	Roberts, William Malcolm	St Austell Running Club			966	950						1916
90.	Healy, Luke	U/A Wood Green,								950	963	1913
91.	Sandilands, Steven	U/A Milltimber ,								939	972	1911
92.	Vale, Alastair	U/A Knutsford, Cheshire						939	965			1904
93.	Rawlinson, Paul	U/A Carlisle, Cumbria								938	966	1904
94.	Gardiner, Jonathan	U/A Thornton-Cleveleys, Lancashire						931			971	1902
95.	Cornforth, Philip	Knaresborough Striders		940						959		1899
96.	Duncan, Bruce	Team inov-8.com		995		900						1895
97.	Davenport, Stephen	U/A Warrington,							939		952	1891
98.	Woolgar, Philip	Metres to Miles				929		960				1889

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Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
99.	Croft, Ian	Red rose road runners						924			965	1889
100.	Garcia Rodriguez, Oscar	Aguas Nuevas								930	951	1881
101.	herly, eric	U/A trÅngsund,								933	946	1879
102.	Porter, Ian	U/A Lancaster, Lancashire		923	951							1874
103.	Rodriguez, Pedro	U/A Liverpool,		938		931						1869
104.	Day, Mark	U/A High Peak, Derbyshire			935			929				1864
105.	Price, Chris	York Acorns						916			948	1864
106.	Smitheman, Alan	Loftus & Whitby ac			925				938			1863
107.	Wilson, David	Woo Haa Runnit						930	932			1862
108.	everson, david	U/A Wrea Green, Lancashire								934	928	1862
109.	Robinson, Martyn	BATS		910					950			1860
110.	Hawker, Jon	Delamere Spartans		933		917						1850
111.	Toller, Richard	Dundee Road Runners								917	930	1847
112.	Green, Andrew	U/A York , North Yorkshire						917			926	1843
113.	Thompson, Russell	U/A Barrow-in-Furness,		898	942							1840
114.	Crate, Jeremy	U/A Bedlington , Northumberland						890			944	1834
115.	Whitlock, Andy	U/A Lymm, Cheshire		896					937			1833
116.	Steele, Joe	Roundhay Runners		878					952			1830
117.	Walling-Wefelmeyer, Robert	U/A London,			898					927		1825
118.	colman, sam	U/A otley, yorkshire		897					921			1818
119.	Hughes, Daniel	Red Rose Road Runners		895				923				1818
120.	Silburn, Ian	U/A Edenhall, Cumbria		877	941							1818
121.	Love, Philip	U/A Leeds, West Yorkshire								903	913	1816
122.	Brophy, Dominic	U/A kirkham, Lancashire						896		919		1815
123.	Marchment, Geoff	York Knavesmire Harriers								882	933	1815
124.	Taylor, Andrew	Running 4CF						898	912			1810
125.	Lawson, Jamie	U/A Melrose,		865	937							1802
126.	Wiggins, Simon	Felixstowe Road Runners								879	920	1799
127.	douglas, andrew	U/A kendal, cumbria				876				922		1798
128.	Thomson, Mike	Lower Hardhorn AC		906					890			1796
129.	Mackie, Iain	U/A Preston, Lancashire		892	900							1792
130.	McQuade, Richard	Gosforth Harriers				885				902		1787
131.	Green, Chris	U/A Matlock, Derbyshire								894	893	1787

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Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
132.	braithwaite, stephen	U/A kendal, cumbria			927	859						1786
133.	Kay, David	U/A Wysall, Nottinghamshire								873	910	1783
134.	Lester, Stephen	U/A Ross-on-Wye, Herefordshire						881		897		1778
135.	Buckman, Mike	U/A Liverpool, Merseyside		869	908							1777
136.	Clarke, Ben	Team Nidderdale				862				911		1773
137.	Jackson, Andy	The Fell Devils						851		920		1771
138.	herly, christophe	Stockholm city triathlon								926	845	1771
139.	Newman, Mark	U/A Cambridge,			905	853						1758
140.	March, Chris	U/A Mold, Flintshire			882	872						1754
141.	Gill, Shaun	None		855	897							1752
142.	Atherton, James	U/A Stockport,						862		876		1738
143.	Roberts, Peter	Bramhall Runners		862	866							1728
144.	Mock, Jonathan	Tynedale rfc			864					864		1728
145.	GOODHEW, PAUL	ICHS								846	880	1726
146.	Wiggans, John	Red Rose Road Runners			872	850						1722
147.	Boardman, John	North Derbyshire Running Club								856	862	1718
148.	Powell, Johnny	None								857	861	1718
149.	Connor, David	Carlisle tri club		889		824						1713
150.	earle, mark	U/A knutsford, cheshire			873	832						1705
151.	Buckley, Jonathan	U/A Frizington, Cumbria		885		813						1698
152.	Borrill, Jason	U/A Littleborough, Lancashire				831			863			1694
153.	Hawkins, Richard	York Postal Harriers								838	831	1669
154.	Walsh, David	U/A Walkden, Manchester							838	827		1665
155.	Hargreaves, Aaron	U/A Huddersfield, West Yorkshire				800			859			1659
156.	Brook, Julian	U/A Grundisburgh,							823		835	1658
157.	Bolm, James	U/A St. Neots, Cambridgeshire								829	825	1654
158.	Moir, Ian									824	815	1639
159.	Twitchett, Mark	U/A Leeds,		809					821			1630
160.	Devine, David	U/A Glasgow, Scotland						812			814	1626
161.	Stokes, Richard	FRA		798	827							1625
162.	Griffiths, Colin	U/A Bournemouth, Dorset								804	821	1625
163.	Madden, Rick	U/A Ramsbottom, Lancashire								807	811	1618
164.	Pape, Nick	Hermitage harriers								823	792	1615

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Pos	Name	Club	AG	CAR	HAW	STA	MAR	10K	KES	CON	HEL	ULL	Total
165.	Son, Sam	U/A London,									811	800	1611
166.	Jones, Paul	Trail Tuesday							803		780		1583
167.	Wiblishauser, Martin	SV Untermeitingen									783	775	1558
168.	Payn, Tom	Team inov-8			1000								1000
169.	Richards, Chris	Helm Hill				1000							1000
170.	Kenny, Joe	Ambleside								1000			1000
171.	Thornton-Smith, Mark	U/A Edinburgh									1000		1000
172.	Hopkinson, Greg	Team inov-8/Trail Running Magazine										1000	1000
173.	Holdsworth, Christopher	Clayton Le Moors Harriers		999									999
174.	Palmer, Mark	Achille Ratti			999								999
175.	Cox, Jonathan	Eden Runners				999							999
176.	Cumine, Andrew	U/A London, City of London							999				999
177.	Midwood, Simon	Valley Striders									999		999
178.	Twaddle, Iain	U/A Durham										999	999
179.	Stirzaker, Richard	Rochdale Harriers & AC		998									998
180.	McCarron, Stephen	Team inov-8.com								998			998
181.	Leybourne, Philip	Salford Harriers				998							998
182.	Brunger, Paul	Derwent Valley RC									998		998
183.	Wilson, Matt	Kendal AC			997								997
184.	BARTAS, Jan	Czech Team inov-8.com				997							997
185.	Ally, Leigh	Aldridge running club							997				997
186.	McCarron, Andrew	Queens Park Harriers								997			997
187.	Foulerton, Tom	Leamington C&AC		996									996
188.	Moore, Benedict	Gosforth Harriers				996							996
189.	Chambers, Robert	Tattenhall Runners			995								995
190.	Fletcher, Adam	U/A										995	995
191.	Driver, David	Wharfedale Harriers							994				994
192.	Pickett, Ian	Tyne Bridge Harriers								994			994
193.	Dearnley-Lane, Jon	U/A Middleton,		993									993
194.	Wilson, Richard	Kendal AC			993								993
195.	O'Neill, Shane	U/A Edgware, Middx				993							993
196.	Smith, Oliver	U/A Leeds,								993			993
197.	Blakeley, Matt	Roundhay Runners										993	993

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Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
198.	Firth, Adam	U/A ALTRINCHAM, Cheshire				992						992
199.	Smith, Owen	U/A London, London									992	992
200.	Gloncak, Peter	Czech Team inov-8.com				991						991
201.	Kibble, Jeremy	Metro Aberdeen Running Club						991				991
202.	Reilly, Paul	Helm Hill							991			991
203.	Vose, Gary	Blackburn Harriers		990								990
204.	Carr, Andrew	U/A Glasgow,			990							990
205.	Dunn, Robert	Sale Harriers				990						990
206.	Duffy, James	Thornton Cleveleys Running Club						990				990
207.	Newell, Oliver	thame runners							990			990
208.	Patten, Graham	Team Lakeland Trails								990		990
209.	Heppell, Andrew	Gosforth Harriers				989						989
210.	Neil, Chris	Barrow Runners							989			989
211.	Gray, Chris	Tri Lakeland								989		989
212.	Coles, Marc	Norwich Road Runners						988				988
213.	Marsh, Craig	Keswick AC							988			988
214.	senior, paul	horsforth harriers		987								987
215.	Haworth, James	Keswick ac				987						987
216.	Garlick, Kevin	Bingley Harriers							987			987
217.	Grant, Eugene	Milltown Milers		986								986
218.	Worrall, James	U/A Cuddington, Cheshire						986				986
219.	Brister, Charles	BMF Glasgow							986			986
220.	Cooper, Philip	Howgill Harriers									986	986
221.	Grimshaw, Matt	Horsforth Harriers		985								985
222.	Petty, Richard	Howgill Harriers			984							984
223.	Dalton, Paul	Quakers Running Club						984				984
224.	Brennan, Steven	U/A Ulverston, Cumbria		983								983
225.	Harris, Mike	Wigan and District Harriers & Athletics Club						983				983
226.	Ashworth, James	Yorkshire Regiment							983			983
227.	Spruce, Anthony	U/A Winsford, Cheshire								983		983
228.	Johnson, Theo	U/A Lancaster,		982								982
229.	Thorne, David	Mornington Chasers			982							982
230.	Cooper, Stephen	U/A Ealing, London				982						982

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Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
231.	Edwards, Dave	N/A								982		982
232.	Arden, Rob	U/A Chester,			981							981
233.	Judges, Greg	U/A York,								981		981
234.	Mcparland, Daniel	U/A New Longton, Lancashire				980						980
235.	puche, charlie	thame runners							980			980
236.	Fawcett, Simon	U/A Stoke on trent, Staffordshire								980		980
237.	Carr, Sam	Liverpool Pembroke & Sefton									980	980
238.	Spencer, Aaron	St Bees Triers						979				979
239.	Ramsay, Dave	Bentham Beagles								978		978
240.	Keighley, Jack	Preston Harriers			978							978
241.	Blamire, Leo	U/A Castle Douglas,				978						978
242.	Bettinson, Guy	St Bees Triers						978				978
243.	Blakeley, Matthew	Roundhay Runners							978			978
244.	Saunders, Mark	U/A Wymondham, Norfolk									978	978
245.	Gregson, Wayne	Tri preston		977								977
246.	Edwards, Paul	Spa Striders				977						977
247.	Nelson, John	Alchester running club							977			977
248.	Ward, Neil	Ponteland runners									977	977
249.	Greenwood, John	U/A Keighley, West Yorkshire		976								976
250.	Brodrick, Matthew	U/A Middlesbrough,			976							976
251.	Harrison, Sam	Birstall RC		975								975
252.	Ramsay, Dave	U/A							975			975
253.	Whatmough, Daniel	U/A Radcliffe, Greater Manchester									975	975
254.	Gosling, Stuart	UTS		974								974
255.	Male, Jonathon	Barrow Runners							974			974
256.	Hankins, Richard	U/A Forres, Moray									974	974
257.	Kelsey, Matthew	U/A Liverpool,		973								973
258.	Batty, Jonathan	U/A Reftord, Notts						973				973
259.	Kenyon, Richard	U/A Preston, Lancashire							973			973
260.	hall, declan	U/A chorley, lancashire									973	973
261.	Turner, Chase	U/A Didsbury, Greater Manchester			972							972
262.	McGleenan, Michael	U/A penrith, cumbria,						972				972
263.	pace, andy	thame runners							972			972

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264.	SECHER, Emmanuel	U/A HELSBY,								972		972
265.	Wilson, John	Northbrook AC		971								971
266.	Morley, Lewis	Birchfeild harriers						971				971
267.	Staveley, Andy	Burnden Roadrunners								971		971
268.	Norman, David	Dudley Kingswinford						970				970
269.	Kirby, John	Derwent vally running club									970	970
270.	Barker, John	Red Rose Runners		969								969
271.	Young, Roy	North Shields Poly									969	969
272.	Maughan, Simon	U/A Blackburn, Lancashire						968				968
273.	Britton, Graham	U/A Kendal, Cumbria							967			967
274.	Christie, Bob	U/A Chester, Cheshire				966						966
275.	Helm, Ian	N/A						966				966
276.	skelton, john	brickers								966		966
277.	Spratt, Damien	Serpentine Running Club			965							965
278.	Froggatt, Richard	U/A Brierley Hill, West Midlands						965				965
279.	Deery, Kevin	U/A Dublin,		964								964
280.	Crook, Ian	Barrow Striders			964							964
281.	Denman, Graeme	N/A						964				964
282.	Penman, David	Valley Striders								964		964
283.	Hewitt, Aidan	U/A Edinburgh,		963								963
284.	Morgan, Byron	Tidy			963							963
285.	Alcock, Doug	Trentham RC						963				963
286.	Holland, James	U/A Stockport, Cheshire		962								962
287.	Baguley, Jon	U/A London,				962						962
288.	Holland, Lee	U/A Dunfermline, Fife						962				962
289.	Spencer, Adrian	Barrow Runners							962			962
290.	Carter, Sebastien	U/A London,								962		962
291.	Zoeffig, Caspar	U/A Milton Keynes, Buckinghamshire									962	962
292.	Kelly, Andrew	U/A Burnley, Lancashire								961		961
293.	Fletcher, Jonathan	Ripon Runner									961	961
294.	Isherwood, James	Beeston AC		960								960
295.	Hargreaves, Chris	Red Rose Road Runners									960	960
296.	Nancolas, Alexander	Valley Striders		959								959

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Lakeland Trails 2018 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
297.	Blizzard, Simon	Dudley Kingswinford						959				959
298.	Poirrette, Jonathan	U/A Windermere, Cumbria							959			959
299.	Faddy, Ian	Bournville Harriers			958							958
300.	Bourke, Maurice	U/A Newcastle,				958						958
301.	Hendley, Darren	York Knavesmire Harriers							958			958
302.	Edwards, Sam	U/A Lancaster,				957						957
303.	Campion, Adam	Keswick Athletic Club						957				957
304.	Smith, Daniel	U/A Stoke,									957	957
305.	Sheridan, Bob	U/A Banchory ,				956						956
306.	Cloaky, Andrew	Team endure						956				956
307.	Hope, Adrian	Team inov-8.com							956			956
308.	Davidson, Iain	U/A Crewe,								956		956
309.	hall, christopher	U/A chorley, lancashire									956	956
310.	Sykes, Rich	Spa Striders		955								955
311.	Bradley, Chris	U/A PRESTON, Lancashire				955						955
312.	Logie, Scott	South Cheshire Harriers									955	955
313.	Comley, Josh	U/A London, London						954				954
314.	spowart, john	U/A Spennymoor, Durham									954	954
315.	Townhill, Steve	Preston Harriers			953							953
316.	Gray, John	Darlington harriers						953				953
317.	Spowart, Richard George	U/A Spennymoor, Durham									953	953
318.	Pipe, David	U/A Cambridge,								951		951
319.	Ellis, Richard	Derwent AC						950				950
320.	sloan, Neil	U/A tyldesley, Lancashire									950	950
321.	marshall, john	U/A cockerham, lancashire		949								949
322.	Thornton, Lee	Wrexham AAC				949						949
323.	Hood, Peter	Dudley Kingswinford (DK) Running Club						949				949
324.	Horobin, Darren	U/A Hemsworth,								949		949
325.	Davenport, Robert	U/A St Helens, Merseyside									949	949
326.	Read, Aidan	U/A Southport,				948						948
327.	Stewart, Graeme	U/A Edinburgh,						948				948
328.	Page, Mike	U/A Lancaster,							948			948
329.	Hughes, Paul	Claremont Road Runners		947								947

2018 Series Results 14-18K

Lakeland Trails 2018 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
330.	Chrisp, Paul	Delamere Spartans			947							947
331.	Devlin, Matt	U/A Hoddesdon,							947			947
332.	Downham, Paul	U/A chorley, lancashire		946								946
333.	Denton, Jason	Leigh Harriers			946							946
334.	Wilson, Matthew	U/A Workington, Cumbria								946		946
335.	Allen, John	Red Rose Road Runners							946			946
336.	Duckworth, Kevin	Dudley Kingswinford						945				945
337.	Overton, Robert	U/A Huddersfield ,							945			945
338.	Fawdington, Rob	U/A Linlithgow, West Lothian									945	945
339.	Gallimore, Mark	Dudley Kingswinford						944				944
340.	Richardson, Paul	Cunning Runts		943								943
341.	Brown, Derek	city of Hull AC								943		943
342.	Patrick, Alasdair	U/A Formby,									943	943
343.	Lomax, Michael	Gosforth Harriers				942						942
344.	Chung, Kawai	Mornington Chasers							942			942
345.	Brash, Matt	U/A Leamington Spa,								942		942
346.	thomas, kevin	gosforth harriers				941						941
347.	Barr, Nick	Forres Harriers									941	941
348.	Jennings-Temple, Martyn	Birchfield Harriers						940				940
349.	Emmett, Mark	Thame Runners							940			940
350.	Entwistle, Stephen	Wirral Vikings TRC		939								939
351.	rappa, mauro	U/A harrow,			939							939
352.	Hill, Rob	U/A Ambleside, Cumbria			938							938
353.	Rimmer, Craig	U/A Warrington,									938	938
354.	waller, ian	knaresborough striders		937								937
355.	Tillott, Nigel	Tewkesbury AC				937						937
356.	Callcott, Andrew	Derwent Valley Running Club									937	937
357.	Merriman, Christian	U/A Leeds,		936								936
358.	Butler, Michael	U/A Exeter,			936							936
359.	Eggett, Chris	U/A Seaton sluice,				936						936
360.	Marsh, Adrian	U/A Shrewsbury, Shropshire						936				936
361.	Milner, Paul	U/A Malvern, Worcestershire									936	936
362.	Fairclough, Peter	St Helens Striders								936		936

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Lakeland Trails 2018 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
363.	Armata, Adam	U/A Carlisle ,		935								935
364.	Smith, Michael	Lymm Runners			934							934
365.	Lawlor, Simon	Hartlepool Burn Road Harriers									934	934
366.	Ratray, Ian	Colchester Harriers AC							933			933
367.	Harrison, John	Skipton AC		932								932
368.	Hodgson, Richard	Wray Runners			932							932
369.	Coope, Barry	U/A SETTLE,			931							931
370.	Unitt, Andrew	Barrow Runners							931			931
371.	Holman, Michael	U/A Manchester,								931		931
372.	Aiken, David	Darlington Harriers & AC									931	931
373.	James, William	U/A Leeds,		930								930
374.	Munday, Seb	U/A Leeds, West Yorkshire				930						930
375.	Leech, Ralph	U/A Bristol,							930			930
376.	Swift, Richard	U/A Chester,		929								929
377.	Hope, Clive	U/A Hyde, Cheshire			929							929
378.	Butterworth, Aarron	U/A Northallerton, N Yorkshire							929			929
379.	Craggs, David	U/A Hartlepool,								929		929
380.	Lewis, Dan	Keswick AC	Children U8								929	929
381.	Wilson, Rob	Birtley AC		928								928
382.	Duff, Raymond	U/A Dumfries, Dumfriesshire				928						928
383.	Brook, Damien	U/A Chorley, Lancashire								928		928
384.	Little, Tony	Growing Well		927								927
385.	Gwilym, Matthew	U/A Belmont, Durham				927						927
386.	osborne, peter	U/A Reading, Berkshire							926			926
387.	Edwards, Karl	Hartlepool Burn Road Harriers		925								925
388.	Thompson, Ian	Heaton Harriers				925						925
389.	Drumey, Chris	U/A Esher, Surrey						925				925
390.	Ratcliffe, Tom	U/A Baildon,							925			925
391.	Wallbank, Simon	U/A Wigan,								925		925
392.	Oliver, Anthony	HartlepoolBurn road harriers		924								924
393.	Wandless, John	U/A Durham, Durham			924							924
394.	young, mark	U/A leeds, West Yorkshire				924						924
395.	Fisher, Joseph	U/A Harrogate,							924			924

2018 Series Results 14-18K

Lakeland Trails 2018 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
396.	Haist, Joshua	U/A Whitley Bay, Tyne and Wear									924	924
397.	Slack, Richard	Claremont Road Runners			923							923
398.	Pegden, Oliver	U/A London,								923		923
399.	Hutchinson, Simon	Derwent Valley Running Club									923	923
400.	Mitchell, Sean	Barnet & District AC			922							922
401.	Anderson, Phil	U/A Preston, Lancs				922						922
402.	Wade, Steven	U/A Newcastle Upon Tyne,									922	922
403.	Cole, Trevor	U/A Edinburgh,				921						921
404.	Carr, Jonathan	U/A Newcastle,									921	921
405.	Murphy, Josh	Black Combe Runners		920								920
406.	Langton, Rob	U/A LONDON, LONDON				920						920
407.	Kramer, Adam	U/A Keswick, Cumbria						920				920
408.	Ziomek, Marcin	U/A BLACKPOOL, Lancashire		919								919
409.	Kerruish, Kewin	Manx Fell Runners						919				919
410.	Craine, Fletcher	Manx Fell Runners						918				918
411.	Raynor, Dave	Red Rose Road Runners								918		918
412.	Lewis, Ian	St Bee's Triers									918	918
413.	Nicholson, Max	Ulverston Tri Club		917								917
414.	Dabin, Sam	U/A Harrogate,							917			917
415.	Vincent, Chris	U/A Ormskirk, Lancashire									917	917
416.	Rogers, Martin	NA		916								916
417.	Gunn, Paul	BMF Glasgow							916			916
418.	Allison, Mike	U/A Penrith, Cumbria		915								915
419.	ODDY, JONATHAN	n/a			915							915
420.	rowlandson, dean	U/A grange over sands, cumbria								915		915
421.	Dowling, Paul	U/A Longhope, Gloucester									915	915
422.	Silburn, Graham	U/A Penrith,			914							914
423.	Swiers, Jonny	U/A Snape, North Yorkshire				914						914
424.	Biglin, Matt	Goyt valley striders						914				914
425.	coupe, graham	Wirral Vikings TRC								914		914
426.	Clokey, Andrew	U/A Lancaster , Lancashire		913								913
427.	Nunnerley, David	Lymm Runners				913						913
428.	Chapman, Tom	Quakers						913				913

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Lakeland Trails 2018 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
429.	Cash, Gary	Wirral Vikings TRC		912								912
430.	Dunk, Carl	U/A Shipley,			912							912
431.	Sadler, Steve	Richmond & Zetland Harriers				912						912
432.	mann, vincent	U/A MANCHESTER, lancashire									912	912
433.	Mc Glynn, Darren	U/A Edinburgh,		911								911
434.	Langdale, Nick	U/A PRESTON, UK						911				911
435.	Walker, Robin	U/A Manchester,							911			911
436.	Dawson, Andrew	Spectrum Striders				910						910
437.	Robson, Aidan	U/A Helton,								910		910
438.	Beverly, Anair			909								909
439.	Haynes, Mick	U/A Burton-on-Trent, Staffordshire			909							909
440.	braddock, lee	U/A wigan, lancashire									909	909
441.	Pritchard, Michael	U/A chorley, lancs		908								908
442.	Daniels, Simon	Gosforth Harriers & AC				908						908
443.	Hilton, Mick	Team inov-8/Trail Running Magazine						908				908
444.	Smith, Gary	COLT									908	908
445.	hurst, tony	U/A Manchester, lancashire				907						907
446.	Bond, Robert	Staffordshire Moorlands AC						907				907
447.	Downey, Richard	U/A Cockermouth, Cumbria							907			907
448.	Coupe, Tom	U/A Liverpool,								907		907
449.	Gee, Steve	Cannock Chase Trail Runners								906		906
450.	Verra, Carl	U/A Newcastle upon Tyne, Tyne and Wear									906	906
451.	sale, Andrew	merseytri				905						905
452.	Reynolds, Alan	The Fell Devils								905		905
453.	Dunlop, Neil	U/A Linlithgow, West Lothian			904							904
454.	Spiller, Adam	Alnwick Harriers				904						904
455.	Wrigley, Peter	U/A Harrogate, North Yorkshire						904				904
456.	brewster, keith	U/A leeds,							904			904
457.	Sear, Benjamin	U/A Southport , Merseyside		902								902
458.	Molero, Luis	U/A St boswells, Scottish borders						902				902
459.	Thacker, Daniel	U/A Salford, Greater Manchester									902	902
460.	Drummond, Lee	Birtley ac		901								901
461.	Slolinghur, Hari	Lymm runners				901						901

2018 Series Results 14-18K

Lakeland Trails 2018 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
462.	Lau, Chee	U/A Morecambe							901			901
463.	Spowart, David	U/A Spennymoor, Durham									901	901
464.	Robertson, Iain	Stop the Wee Grumpy		900								900
465.	Millward, Jason	Team inov-8.com						900				900
466.	Calderbank, Chris	U/A Manchester,							900			900
467.	Shanks, Simon	The Stragglers			899							899
468.	Boocock, Steven	Bramley Breezers				899						899
469.	Beckett, Neil	UTS Run Club						899				899
470.	Butler, Keith	U/A Preston, Lancashire							899			899
471.	Waterhouse, James	U/A Harrogate, N.Yorks								899		899
472.	Baglee, David	U/A Penrith, Cumbria									899	899
473.	McIntyre, Lewis	U/A AYR, South Ayrshire				898						898
474.	Cooling, Mark	U/A Lancaster,								898		898
475.	Chapman, Philip	York Knavesmire Harriers				897						897
476.	Foster, Andrew	Durham City Harriers						897				897
477.	Readman, Darren	Thame runners							896			896
478.	Jorgensen, Find	Norway									896	896
479.	Horn, Nick	Total Racing Newcastle			895							895
480.	Baines, Jordan	U/A Preston, Lancashire				895						895
481.	Bowen, Robert	U/A Dudley, West Midlands						895				895
482.	Hook, Christian	Chorlton Runners							895			895
483.	Stiles, Andy	U/A Buckingham, Buckinghamshire								895		895
484.	Crooks, Steve	U/A Hartlepool,						894				894
485.	Mo, Jimmy	U/A Manchester,							894			894
486.	Shaw, Charles	U/A Kendal, Cumbria		893								893
487.	Pritchard-Jones, Berwyn	thame runners							893			893
488.	Ward, Richard	Red rose road runners			892							892
489.	McGlynn, Andy	U/A Newton Le Willows, Newton Le Willows						892				892
490.	Ryan, Neil	Manchester Harriers		891								891
491.	Stuart, Stephen	U/A Banbury, Oxfordshire				891						891
492.	Altham, Rob	U/A Southport,								891		891
493.	Gilbert, David	U/A Liverpool, Merseyside									891	891
494.	WHITAKER, NEIL	U/A Bury, Lancashire		890								890

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Lakeland Trails 2018 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR	10K	KES	CON	HEL	ULL	Total
495.	Dale, Graham	U/A Wigan, Lancashire			890								890
496.	HAMILTON, Mark	St Helens Striders								890			890
497.	Forster, Nigel	U/A Whitehaven, Cumbria										890	890
498.	Protic, mark	N/A			889								889
499.	Johnson, Mark	Sweatshop Running Community							889				889
500.	Rogers, Michael	None								889			889
501.	BURTON, DAVID	KESWICK		888									888
502.	Johnston, Jamie	U/A Chorley,				888							888
503.	Calderbank, Daniel	U/A Wigan, Lancashire								888			888
504.	Burns, David	Dumfries RC									888		888
505.	swinbourne, greg	Hartlepool burn road harriers										888	888
506.	Barker, Ollie	U/A Preston, British		887									887
507.	Gant, Samuel	Gosforth Harriers				887							887
508.	Wilkinson, Andrew	U/A Stanley, Co Durham								887			887
509.	Rogerson, Nick	U/A Wallsend,										887	887
510.	Staruch, Rob	U/A EAST MOLESEY, Surrey		886									886
511.	Shail, Jamie	U/A Ambleside, Cumbria				886							886
512.	Marshall, Nathaniel	U/A Leeds, West Yorkshire							886				886
513.	Mitchell, Daniel	Elvet Striders			885								885
514.	Baker, David	U/A Widnes, Cheshire							885				885
515.	McCarron, Bernard	Macclesfield Harriers								885			885
516.	Duffy, Mike	The Fell Devils									885		885
517.	Cairns, Chris	U/A Glasgow,									884		884
518.	McGlynn, James	Wigan Harriers							884				884
519.	Ellis, Brandon	Manx Tri Club								884			884
520.	Whittaker, Paul	U/A Hyde, Cheshire				883							883
521.	Rowntree, Adam	U/A Lancaster,									883		883
522.	Walker, Stephen	Beverley AC										883	883
523.	Harding, Mark	U/A Long Newton, Stockton on Tees		882									882
524.	Holding, Stuart	Wigan & District Harriers AC							882				882
525.	Eagan, Peter	Derwent Valley Running Club										882	882
526.	Rigg, Nigel	Halifax Harriers			881								881
527.	Halcro-Johnston, Andrew	U/A York,										881	881

2018 Series Results 14-18K

Lakeland Trails 2018 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
528.	hughes, ian	Guinea Pig Racing Club		880								880
529.	Jones, Paul	U/A Chester, No State Required				880						880
530.	Taylor, Mark							880				880
531.	Harrison, Richard	Ambleside AC								880		880
532.	Bateman, Mark	U/A Windermere ,				879						879
533.	Allen, Charles	Datchet Dashers						879				879
534.	Fox, Wayne	St. Bees Triers						878				878
535.	Crawley, Jonathan	U/A Kenilworth, Warwickshire							878			878
536.	Evans, Dyfed	U/A York,									878	878
537.	Willson, Greg	Lymm Runner				877						877
538.	turner, andrew	U/A whipsnade,								877		877
539.	Cornthwaite, Roger	U/A Preston, lancashire							876			876
540.	Johnston-Smith, Jonathan	U/A chorley, Lancs		875								875
541.	Richardson, Brian	U/A Darlington, Durham			875							875
542.	Paterson, Neil	U/A Hexham, Northumberland							875			875
543.	Bond, Stuart	U/A Skipton,		874								874
544.	myerscough, peter	Sunderland Strollers								874		874
545.	Bloomer, Christopher	U/A Swindon,		873								873
546.	Briscoe, Clive	U/A Altrincham ,				873						873
547.	Horner, Phil	Garstang RC						873				873
548.	Swift, Mike	U/A Manchester, Manchester							873			873
549.	Edwards, Andrew	U/A Cupar, Fife									873	873
550.	Blakemore, Ian	Sedgefield Harriers						872				872
551.	Ingleby, Freddie	U/A Edinburgh ,		871								871
552.	Childe, Mark	U/A Abberley,			871							871
553.	Brereton, Joseph	N/a							870			870
554.	Mabbett, Russell	Wesham Road Runners			869							869
555.	Kedian, Rob	Manchester YMCA Harriers							869			869
556.	dixon, malcolm	U/A carlisle, cumbria			868							868
557.	Jones, David	Black Pear Joggers									868	868
558.	Lawrenson, Lee	U/A Preston, Lancs		867								867
559.	Crankshaw, Richard	U/A Southport, Merseyside								867		867
560.	Waldram, Paul	U/A Bolton,									867	867

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Lakeland Trails 2018 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
561.	Lightfoot, Lee	U/A Washington, Tyne and Wear						865				865
562.	Johnson, Stuart	Tynedale								865		865
563.	Taylor, Alan	U/A NEWCASTLE UPON TYNE, Northumberland		864								864
564.	Levi, Martin	U/A Manchester,				864						864
565.	Ross, Andy	Northern Fells Running Club						864				864
566.	Davies, Owen	U/A									864	864
567.	Kenny, Steven	U/A Bury, Lancashire			863							863
568.	Hall, Chris	U/A Hexham ,								863		863
569.	Laws, Ben	U/A Barrow In Furness,							862			862
570.	Hedley, Mark	U/A Edinburgh, Midlothian				861						861
571.	Baker, Simon	U/A Newcastle upon Tyne ,								861		861
572.	Moston, David	Wirral Vikings		860								860
573.	Mellor, Andy	U/A Sale,				860						860
574.	Dainty, Philip	U/A Wombourne , Wolverhampton			859							859
575.	McCabe, Jonathan	U/A wilmslow,								859		859
576.	Thomas, Leigh	U/A Liverpool, Merseyside									859	859
577.	Henderson, Colin	U/A Leeds, West Yorkshire						858				858
578.	Alam, Az	U/A Wilmslow,								858		858
579.	Liggett, Jayson	U/A Runcorn,			857							857
580.	Francis, Jez	U/A MANCHESTER, CHESHIRE				857						857
581.	Kain, Paul	Team inov-8.com							857			857
582.	Smith, Brian	U/A Stoke,									857	857
583.	Lyons, Jack	U/A Sowerby Bridge, West Yorkshire		856								856
584.	Clarke, Allan	U/A Wigan, Lancs							856			856
585.	Perez, Jose	Knutsford tri club				855						855
586.	Walker, Stewart	U/A Egremont, CUMBRIA						855				855
587.	Coates, Nigel	U/A Bolton, Lancashire		854								854
588.	Smithson, Richard	SRC				854						854
589.	Hamilton, John	U/A Milton Keynes,								854		854
590.	Metcalf, Alan	Preston Harriers									854	854
591.	Marshall, Malcolm	Scunthorpe & District AC		853								853
592.	Smithers, Ben	Red Rose Road Runners						853				853
593.	Perry, Tony	Running4cf								853		853

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Lakeland Trails 2018 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
594.	Barram, Mike	U/A Manchester,		852								852
595.	nichol, donald	burnden road runners				852						852
596.	Snell, Chris	Barlick Fell Runners		851								851
597.	Gillman, Darren	Cambridge & Coleridge AC									851	851
598.	Madge, Nick	U/A Leeds,			850							850
599.	souter, gavin	thame runners							850			850
600.	Challinor, Richard	U/A LEEDS,			849							849
601.	Wallach, Michael	U/A London ,							849			849
602.	Gourlay, Ross	Roundhay Runners							848			848
603.	Charnley-Parry, Ioan	CP								848		848
604.	Pennock, Richard	U/A Bridgend,									848	848
605.	Heaward, Phil	Bramhall Runners			847							847
606.	Wilson, Matthew	U/A Oldham, Lancs				847						847
607.	Richards, Paul	Dudley Kingswinford Running Club						847				847
608.	Smith, Phil	Dudley Kingswinford Running Club						846				846
609.	Skelton, Richard	None of the above								845		845
610.	Connolly, Pete	Wirral Vikings Trail Running Club		844								844
611.	Croft, Max	Red rose road runners						844				844
612.	Topping, Graham	U/A Preston, Lancashire						843				843
613.	Kleiser, John	Delamere Spartans									843	843
614.	Shaw, Stephen	-		842								842
615.	Hudson, Simon	U/A Walsall, West Midlands						842				842
616.	Artemis, Andrew	U/A Barnet,				841						841
617.	Robson, Dave	Barrow Runners							841			841
618.	Haigh, Matt	Didsbury Runners						840				840
619.	Tomlin, Robert	Prestwich AC								840		840
620.	Livesey, Fraser	Howgill Harriers									840	840
621.	Moffat, Neil	Dumfries Running Club				839						839
622.	Wood, Mike	U/A Ryton, Tyne & Wear								839		839
623.	Bradshaw, Robert	Derwent valley running club									839	839
624.	Wennington, Cameron	U/A Newton le Willows , Merseyside									838	838
625.	Mylett, Peter	Wirral Vikings TRC		837								837
626.	Patel, Dilip	Birchfield Harriers						837				837

2018 Series Results 14-18K

Lakeland Trails 2018 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
627.	McGuire, Vinn	U/A Morecambe, Lancashire				836						836
628.	Wennington, Rob	U/A Newton Le Willows, Merseyside									836	836
629.	Robertson, Joe	U/A Manchester,				834						834
630.	Wilcockson, Paul	U/A Bolton,						833				833
631.	Mackay, Trevor	U/A Edinburgh,							833			833
632.	Keir, Danny	Ride Tour Explore		832								832
633.	Bullock, Kevin	U/A Frinton on Sea, Essex		831								831
634.	deeming, Gary	U/A HARROGATE, North Yorkshire						831				831
635.	Jeffery, Anthony	Lancaster & Morecambe		830								830
636.	Calderbank, Allan	U/A Wigan, Lancashire							830			830
637.	Lunn, Gary	U/A Leeds,								830		830
638.	Dymond, Graeme	U/A Manchester,		828								828
639.	Brant, Adam	Chorlton Runners				828						828
640.	Hollowbread, Andrew	U/A DURHAM, Co Durham									828	828
641.	Lambert, Matt	U/A Darlington,				827						827
642.	Waring, John	U/A Warrington, Cheshire									827	827
643.	Beech, Michael	U/A Skipton, North Yorkshire		826								826
644.	Robson, Tony	Derwent Valley Running Club									823	823
645.	MacSymons, Richard	Rossall Tri Club			822							822
646.	Burkitt, Nigel							822				822
647.	Kenyon, David	Ribble Valley Triathlon Cklub		820								820
648.	gribbin, matthew	U/A Stalybridge, cheshire						820				820
649.	Liddell, Scott	U/A Warrington Cheshire				819						819
650.	Simpson, Guy	U/A Penrith, Cumbria									819	819
651.	Herriman, Simon	Cannock Chase Trail Runners								818		818
652.	Holden, richard	U/A PREESALL, Lancashire		817								817
653.	Gill, Justin	U/A Padiham,				817						817
654.	KERR, GARETH	U/A Northwich, Cheshire									817	817
655.	Fisher, Dave	Wirral Vikings		816								816
656.	Heaword, Philip	Bramhall Runners		815								815
657.	Wynne, Matt	U/A Cairndow, Argyll & Bute								814		814
658.	Rayner, Ian	U/A Leeds		812								812
659.	Vaitha, Mehul	Beaumont RC								809		809

2018 Series Results 14-18K

Lakeland Trails 2018 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
660.	McGovern, Glyn	U/A Altrincham				808						808
661.	Perry, Stephen	Lancaster and Morecambe ac				806						806
662.	Lee, Steve	Leamington spa striders		805								805
663.	Ennis, Chris	U/A York,									805	805
664.	Lacey, Paul	U/A High Wycombe, Buckinghamshire									804	804
665.	Turton, Les	Marshall Milton Keynes Athletic Club								803		803
666.	Dunne, Darren	U/A Chester-le-Street,, Durham									803	803
667.	Wynne, Matthew	U/A				802						802
668.	Hviid, Rasmus Skovhede	Copenhagen Adventure Sport								802		802
669.	Hawden, Graham	Rothwell & District Harriers				801						801
670.	Ryder, Edward	None									801	801
671.	Michaelis, Charlie	U/A Stratford-upon-Avon,		800								800
672.	McPheat, Martin	Bridlington Road Runners								800		800
673.	Dickinson, Mal	U/A STONEGATE, North Yorkshire									798	798
674.	McGee, Richard	U/A Stratford on Avon,		796								796
675.	Auckland-Lewis, Julian	None						796				796
676.	Poole, Ricky	U/A Cwmbran, Gwent								796		796
677.	Webb, Peter	U/A Oldham, Lancs				795						795
678.	Needham, James	Ackworth Road Runners								794		794
679.	Charles, Terry	Wirral Vikings TRC		792								792
680.	Gray, Michael	Thornton and cleveleys RC									791	791
681.	OHara, Steven	U/A Sunderland, Tyne & Wear									790	790
682.	Robson, David	U/A Newcastle ,		789								789
683.	Walton, Dave	LOC									788	788
684.	Reynolds, Spencer	Wirral Viking's		787								787
685.	Dyer, Jeremy	Fen edge runners									785	785
686.	Fairclough, Thomas	U/A Clitheroe,									784	784
687.	Wheatley, Richard	Redhill Road Runners									779	779
688.	Deeks, Peter	U/A Cockermouth, Cumbria								777		777
689.	bainbridge, troy	U/A spennymoor, durham									753	753
690.	Kendal, Kev	Howgill Harriers									740	740
691.	Williams, Kevin	U/A Settle, North Yorkshire									739	739
692.	Coldham, Paul	U/A Keswick, Cumbria									737	737

2018 Series Results 14-18K

Lakeland Trails 2018 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR	10K	KES	CON	HEL	ULL	Total
693.	Rohde, Sam	U/A Uxbridge, Middlesex										724	724
694.	Chalmers, David	U/A Symington, Lanarkshire										723	723
695.	Samuelson, Peter	Spectrum Striders										710	710
696.	Lockwood, Carl	U/A Leeds, West Yorkshire										709	709

Number of records: 696