

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
Lakeland Trails 2018 10K Series Results : Women												
1.	Mellor, Jane	U/A Bridge of Weir,		880	908	928	967	923	939	929	938	7412
2.	Grisedale, Jo	Team inov-8.com		831	883	894	947	892	914	745	812	6918
3.	Johnston, Vicky	St Bees Triers		733	801	735	920	800	849	741	837	6416
4.	Burnett, Sarah	U/A Kendal, Cumbria		861	904	919	959	853	922	917		6335
5.	Turner, Jean	Telford Harriers		867	889	901		915	924	864	815	6175
6.	Mossop, Carol	Dumfries Running Club		594	695	704	888	773	829	769	714	5966
7.	Winter, Louise	Keswick AC		984	957		986		969	978	981	5855
8.	Paton, Julie	U/A Preston, Lancashire		739	794	796		805	880	896	882	5792
9.	Navin, Wendy	Cumberland AC		777	828	785		788	850	747	862	5637
10.	Lee, Lois	SDC		970	913		990	976		993	645	5487
11.	Summers, Sara	U/A Preston,		718	747	701		762	814	836	755	5333
12.	Williams, Claire	Eryri Harriers		768	851	896	962	916	938			5331
13.	Miller, Allyson	U/A Chorley, Lancashire		489	570	636	861	695	746	720	599	5316
14.	Morley, Lizzie	U/A Ambleside, Cumbria		561	689	710		731	820	773	746	5030
15.	Summers, Rachel	U/A Preston,		744	810	797		829	884		876	4940
16.	johnson, karen	U/A Ulverston,		924	941	944		956	971			4736
17.	Dodd, Sarah	U/A Barrow In Furness, Cumbria			677	771		797	860	820	761	4686
18.	Edwards, Kerry	U/A Cupar, Fife			657	747		778	842	841	773	4638
19.	Booth, Jessica	U/A Salford, Greater Manchester			860	890	966	945	958			4619
20.	Phillips, Louisa	U/A Manchester, Greater Manchester			865	916		929	951		903	4564
21.	Collier, Debbie	Thornton Cleveleys Running Club			834	874	951	912		903		4474
22.	Irving, Beth	U/A Carlisle,				783		832	994	861	905	4375
23.	Rickards-Collinson, Edwina	Crocwalkers		476	548	619		650	730	700	611	4334
24.	Brownsmith, Rachel	U/A Lancaster,		650	736	730		712	803		688	4319
25.	Braddon, Karen	Crocwalkers		462	545	613		641	728	701	600	4290
26.	Bonham, Jo	U/A Barrow in Furness, Cumbria		721	780	821			891	908		4121
27.	Gasior, Rachel	Keighley and Craven Athletic Club				801		815	846	832	818	4112
28.	Brown, Tracy	Sedgefield Harriers		749	814	859		786		846		4054
29.	Sullivan, Torrie	U/A Brampton, Cumbria		550	594	687			754	730	633	3948
30.	Haigh, Jo	U/A Skipton, North Yorkshire		940	949	962		971				3822
31.	Ball, Nicky	U/A Bolton , Lancashire		734	773	751			779		719	3756
32.	grimes, jeanette	U/A prescot, merseyside		732	701	695		776	816			3720

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33.	Horne, Gill	Biddulph Running Club		642		765		719		800	787	3713
34.	Elliott, Kate	U/A Manchester,		611	676	738				829	799	3653
35.	Mellor, Kate	U/A Wetherby, W Yorkshire			877		963		907		877	3624
36.	Bale, Liz	U/A Penrith,						872	862	870	924	3528
37.	Parry, Susanne	U/A Carlisle,			849	875		884		905		3513
38.	Gray, Julie	n/a		850	869	885					823	3427
39.	slater, bridget	U/A Skipton, N Yorks		806	832	873		882				3393
40.	Jones, Kate	U/A Eccles,		595	633	676		699	772			3375
41.	Schofield, Belinda	U/A Manchester,		752	841			848	921			3362
42.	Krynen, Hilde	U/A Kendal, Cumbria						837	890	814	811	3352
43.	Oxley, Tara	Stockton Striders			846	845			871		740	3302
44.	Frank, Jackie	U/A Redcar,			836	830		785		844		3295
45.	Sharp, Susan	U/A Wakefield, west Yorkshire						825	852	798	808	3283
46.	Wearing, Catherine	U/A Lancaster,			567	627		683	748		646	3271
47.	White, Angela	CFR			805	779		791	887			3262
48.	Thornycroft, Deborah	U/A Stoke on Trent, Staffs			720	767	919			799		3205
49.	Foster, Jenny	U/A Manchester,		753	795	846					765	3159
50.	Roblin, Aimee	U/A Richmond, North Yorkshire		707		787				847	777	3118
51.	Sandell, Sarah	U/A Richmond, North Yorkshire		708		786				848	776	3118
52.	Jones, Eileen	Clayton le Moors Harriers			740	750		767	799			3056
53.	McCarron, Natalie	U/A		989			998	991				2978
54.	cuthbert, catherine	wallasey ac		658	702	748			854			2962
55.	Higson, Catherine	U/A Keswick		656	761	753		781				2951
56.	Spiby, Alison	U/A Windermere, Cumbria		657	671	714	898					2940
57.	Radcliffe, Tricia	St Bees Triers		704		680		753		784		2921
58.	Daly, Allison	Helm Hill		965	962	966						2893
59.	Hopkins, Sarah	U/A Preston, Lancs		693	691	749					744	2877
60.	Bonner, Clair	U/A Keighley, West Yorkshire		589	647		877			727		2840
61.	Lapping, Jennifer	Jog on the Tyne		916						956	965	2837
62.	Gray Carnaffin, Julia	Jog on the Tyne		915						951	961	2827
63.	Bolton, Lisa	Red rose road runners			901	938		936				2775
64.	Eversfield, Catherine	Ilkley Harriers						888		933	950	2771
65.	Slaney, Jane	U/A Blackpool, Lancashire						684	741	725	616	2766

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Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
66.	Wilson, Abby	U/A Chester,			619			724		739	649	2731
67.	Jackson, Elizabeth	U/A Tunstall, East Riding of Yorkshire			585	655		717	768			2725
68.	Beresford, Amanda	Roundhay Runners						649	729	721	612	2711
69.	Turnbull, Kate	U/A Kendal ,		882	900					923		2705
70.	Mulcrone, Jane	Penny Lane Striders		572	650	706			773			2701
71.	Bridges, Zoe	U/A Sudbury, Suffolk			872					898	925	2695
72.	Pryor, Gillian	Thornton Cleveleys Running Club		887						889	869	2645
73.	Shaw, Gerry	Warrington Running Club						906		925	801	2632
74.	Silcock, Amy	U/A Frodsham,						886		880	863	2629
75.	McLachlan, Ellen	BWFAC				840		854	916			2610
76.	Bale, Katie	U/A Penrith, Cumbria						871	861	867		2599
77.	Hindle, Gill	Jog on the Tyne		799						862	892	2553
78.	Williams, Sara Lloyd	U/A Carlisle, Cumbria			561			651	732		608	2552
79.	Lockett, Sarah	U/A Frodsham , Cheshire		785						874	890	2549
80.	Spratt, Shirley	U/A Congleton, Cheshire				839				873	827	2539
81.	Addy, Louise	U/A Kendal, Cumbria		838	843	853						2534
82.	Ward, Rose	Smiley Paces			768					878	878	2524
83.	Johnson, Hilary	U/A London,				742				888	866	2496
84.	Madarasan, Petra	Jogging Pals				791		816	872			2479
85.	Horne, Fran	U/A Grange over Sands,		796	812	861						2469
86.	Trippitt, Angie	Kendal Tri Club		798	840	819						2457
87.	Jones, Angela	U/A Kendal, Cumbria		804	827	823						2454
88.	Keating, Sharon	U/A Lancaster , Lancashire				768		810			859	2437
89.	Lambert, Sally	U/A Ambleside, Cumbria		740	850	834						2424
90.	Ashton, Clare	U/A Warrington, Cheshire			820	824		775				2419
91.	Crate, Beverley	U/A Bedlington , Northumberland							851	822	737	2410
92.	Green, Karen	U/A Neston, Cheshire		717		766	923					2406
93.	McAninly, Abigail	Durham		747	803	841						2391
94.	Cash, Sue	Wirral Vikings TRC		754						872	758	2384
95.	Aplin, Shelley	U/A Kendal, Cumbria		815	685	837						2337
96.	Rollason, Kate	U/A Skipton, North Yorkshire		680	760	884						2324
97.	Haggerty, Catherine	U/A St Helens, Merseyside			716	795		802				2313
98.	Pye, Alison	U/A Kendal, Cumbria		727	770					802		2299

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Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
99.	Williams, Deborah	Jog on the Tyne		729						806	762	2297
100.	Betley, Catherine	N/A						700	801	778		2279
101.	Taylor, Jane	Women on the Run - Preston		769	709	790						2268
102.	Ashton, Rachel	U/A Nottingham, NOTTINGHAMSHIRE			683					782	767	2232
103.	Cattermole, Emma	Women on the Run		654		723		833				2210
104.	Hanson, Laura	U/A NEWCASTLE UPON TYNE, Tyne and Wear			713	763		727				2203
105.	Simmons, Nicola	Wirral vikings TRC		824						737	638	2199
106.	Kitchen, Zoe	U/A morecambe,		659	752	755						2166
107.	Martin, Heidi	St.Bees Triers				685				780	695	2160
108.	Johnson, Sue	U/A Penrith			634			756		746		2136
109.	Leader, Jill	U/A Kendal , Cumbria		687	722	716						2125
110.	Croft, Rachael	U/A Didsbury, Manchester		661	696					765		2122
111.	Stirling, Hannah	U/A Wilmslow,			666	675		772				2113
112.	FENNA, JOANNE	U/A ORMSKIRK, LANCASHIRE			600				760	735		2095
113.	Jackson, Elizabeth	U/A Tunstall, East Riding of Yorkshire			688	693		703				2084
114.	Gamberini, Ellena	Rocktart Runners				671		744			667	2082
115.	Mather, Lisa	U/A Stockport, Cheshire		651						740	691	2082
116.	Myatt, Ann	Cheadle			572	641	866					2079
117.	Roberts, Rose	261 Fearless				648		745			677	2070
118.	Thompson, Liane	U/A Barrow-in-Furness, Cumbria			646					728	656	2030
119.	Houlihan, Emma	U/A Windermere, Cumbria		638	673	715						2026
120.	Shaw, Nadia	U/A		994			996					1990
121.	Dowthwaite, Cassandra	Smiley Paces			563					732	648	1943
122.	henderson, margaret	U/A warton, lancs			973	967						1940
123.	Lowe, Bethan	U/A Manchester,		945	981							1926
124.	Stockton, Niki	U/A Manchester		513				668	743			1924
125.	Casson, Jennifer	U/A Lancaster ,					976	931				1907
126.	Smith, Felicity	Elswick		922					975			1897
127.	Trace, Katie	Biddulph Running Club								952	939	1891
128.	France, Katherine	U/A Kendal, Cumbria			934			952				1886
129.	Smith, Sue	U/A Morecambe, Lancs		480	552		851					1883
130.	Heys, Stephanie	U/A Wigan, Greater Manchester							929		944	1873
131.	McAuley, Fiona	U/A Manchester, Greater Manchester		628	573	665						1866

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Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
132.	Shaw, Stephanie	None		929				937				1866
133.	Aspinall, Linda	U/A Carlisle, Cumbria			910			944				1854
134.	Bluck, Elena	Tynedale Harriers			903			946				1849
135.	Westerman, Cheryl	U/A Keswick, Cumbria				920		927				1847
136.	Johnstone, Alecia	Red rose road runners								911	927	1838
137.	Appleby, Kathy	U/A Lancaster, Lancashire						917			915	1832
138.	Higgins, Donna	U/A Wigan , Lancashire		560	555					716		1831
139.	Taylor, Helen	U/A Bury, Greater Manchester			879					948		1827
140.	Borking, Helen	Women on the Run		516		632		664				1812
141.	Fildes, Christine	Nics Nordic Walks			547	615		648				1810
142.	farquhar, linda	st bees triers		491		629		688				1808
143.	Docherty, Antonia	Jarrow and Hebburn AC								907	900	1807
144.	Brookes, Sara	U/A Preston, Lancashire								887	906	1793
145.	Gorman, Margaret	U/A			890	899						1789
146.	Weal, Alison	U/A Chipperfield, Hertfordshire		879		908						1787
147.	McKay, Kat	U/A Glasgow,								868	919	1787
148.	Wood, Carole	U/A Kendal, Cumbria		530	598	654						1782
149.	Minshull, Heather	U/A Bolton,		518	607	656						1781
150.	Pattison, Lisa	Stockton Striders AC		830			938					1768
151.	Nolan, Anna	Ilkley Harriers		870	897							1767
152.	Islam, Elizabeth	U/A Sabden,		520	588	653						1761
153.	Johnson, Helen	Wirral Vikings								964	794	1758
154.	Richardson, Susan	St Bees Triers								856	895	1751
155.	Marechal, Christina	U/A Manchester, Lancashire			862			885				1747
156.	Hufton, Emily	U/A longridge, lancs								766	970	1736
157.	Sutton, Viki	U/A Lancaster,				872		863				1735
158.	Dove, Sarah	U/A Blackburn, Lancashire			821	900						1721
159.	Hart, Michelle	U/A Stockton on tees, Cleveland		783			937					1720
160.	Parker, Maureen	Tynedale Harriers						880		831		1711
161.	Perkins, Sam	U/A Hexham,								879	829	1708
162.	Millard, Rachel	U/A Worsley, Manchester						811	892			1703
163.	Habsudova, Lenka	U/A Manchester, Lancashire		503	576	621						1700
164.	Gibson, Elizabeth	U/A Kendal , Cumbria				794			903			1697

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165.	Wade, Abby	U/A Kendal, Cumbria				793			902			1695
166.	Whiteley, Lisa	LWhiteley-Personal Training		816	874							1690
167.	Barton, Catherine	U/A Carnforth ,					893	794				1687
168.	hindle, elaine	U/A Liverpool,				825		842				1667
169.	Dinsdale, Nicola	Ribble valley Tri Club				775			881			1656
170.	Walsh, Natasha	COLT			833	820						1653
171.	Meynell, Louise	Billingham Marsh House Harriers			819	832						1651
172.	Nicholls, Emma	U/A Millom, Cumbria		471	554	622						1647
173.	Evans, Lorna	U/A Preston, Lancashire		791		854						1645
174.	Barton, Sally	Hoad Hill Harriers		820	817							1637
175.	Daniels, Louise	Prestwich Athletic Club							847	787		1634
176.	Seigler, Jackie	U/A London,								807	825	1632
177.	Horton, Helen	U/A Otley ,		788	835							1623
178.	Dixon, Jo	U/A Keswick , Cumbria						814			809	1623
179.	Lewis, Anne	Independent					889	729				1618
180.	Edgar, Sal	U/A Ormskirk,			800				810			1610
181.	Ferreira, Sarah	U/A Ormskirk,			799				811			1610
182.	Brookfield, Hannah	U/A Aughton, Lancashire						761	841			1602
183.	Dixon, Margaret	U/A Redcar,		728					869			1597
184.	Tejera, Rachel	U/A Merstham, Surrey								850	747	1597
185.	Swann, Nicola	U/A Leeds, West Yorkshire		784						810		1594
186.	Hanley, vicki	Nordic walking Preston		451	537	605						1593
187.	Stavert, Rachel	U/A Penrith, Cumbria						764	825			1589
188.	Tomlinson, Jackie	U/A Bolton ,				684	904					1588
189.	Ridings, Susan	U/A Mold, Flintshire			763				824			1587
190.	Jones, Debra	Jogging Pals						766	821			1587
191.	O'Brien, Fiona	Jog on the Tyne								827	760	1587
192.	Bristo, Gail	Red Rose Road Runners			739				843			1582
193.	Lumley, Gemma	U/A York, North Yorkshire						789		789		1578
194.	Williams, Irene	U/A Coventry, West Midlands		668			905					1573
195.	Knowles, Claire	Jog on the Tyne								808	763	1571
196.	Parkes, Caron	U/A Kendal, Cumbria						751	819			1570
197.	Sunderland, Samantha									859	699	1558

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198.	Ward, Hazel	Jog on the Tyne		722						834		1556
199.	Gunn, Carol	St Bees Triers								853	694	1547
200.	Goldrick, Sue	U/A Manchester,							744	797		1541
201.	Nevin, Gill	Crosby Stormers				728		799				1527
202.	beattie, mhairi	langholm primary		751	769							1520
203.	Hodgson, Susie	U/A Ambleside, Cumbria			759	760						1519
204.	Shaw, Hilary	U/A gateshead, Tyne & Wear							805		707	1512
205.	Gemson, Fiona	U/A Lancaster, Lancashire			617		895					1512
206.	Keegan, Alex	U/A Carlisle,			791						720	1511
207.	Majtanova, Nikky	U/A Lostock Hall, Lancashire		724	777							1501
208.	watt, nicola	U/A hexham,		736	764							1500
209.	Bamber, Liz	Lancaster Women's Running Club			710	789						1499
210.	Swift, Hannah	N/A						708	788			1496
211.	Hamilton, Sian	Washlands Women Runners								723	769	1492
212.	thomas, julie	hampstead health park run								786	706	1492
213.	Amos, Joanna	U/A Stanley, County Durham				672			818			1490
214.	Jones, Angela	St Helens Striders		653					832			1485
215.	Bennett, Clare	unattached			615		869					1484
216.	Jimenez, Lola	U/A Southport, Merseyside						713	763			1476
217.	Bannister, Sharna	U/A Preston, Lancashire		616				855				1471
218.	Tinsley, Alana	U/A Preston, Lancashire		681	787							1468
219.	Weston, Jacqui	Ilkley Harriers		671	793							1464
220.	Robson, Jo-Anna	U/A Formby,				725		735				1460
221.	Fawkes, Fiona									761	698	1459
222.	Noon, Caroline	U/A London,								748	711	1459
223.	Brocklehurst, Tracey	U/A Wigan, Lancashire								768	689	1457
224.	McGreen, Jane	n/a							742	712		1454
225.	Stafford, Jessica	U/A Preston, Lancashire								779	672	1451
226.	Oram, Sarah	Chorlton Runners		577			872					1449
227.	Waszkiel, Melanie	U/A Heversham,		691		758						1449
228.	Peacock, Bridget	U/A London,								763	676	1439
229.	Mabbutt, Jenny	U/A Accrington , Lancashire			711	727						1438
230.	Thomson, Kate								731	707		1438

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231.	Birch, Deborah	U/A Lancaster, Lancashire			655			780				1435
232.	Airey, James	U/A Kendal,		699		734						1433
233.	Adlard, Angela	Wirral Vikings TRC								767	664	1431
234.	Sharples, Naomi	U/A Bury, Lancashire			694	731						1425
235.	Moor, Tracy	Loftus and Whitby athletics								754	671	1425
236.	Cummings, Deborah	U/A St. Helens, Merseyside			641	780						1421
237.	Crellin, Rebecca	U/A Frizington, Cumbria		674	744							1418
238.	Kirkham, Brenda	U/A Bury, Greater Manchester								743	674	1417
239.	Machin, Claire									762	655	1417
240.	Moorhouse, Heather	Women on the Run-Kendal		665	751							1416
241.	Jackson, Gill	Jog on the Tyne		601						813		1414
242.	Gromova, Marina	U/A London,								729	681	1410
243.	Evans, Kate	U/A Kendal, Cumbria		743	665							1408
244.	Donohue, Helen	U/A Wigan, Lancs		686	706							1392
245.	Hodgson, Sorcha	U/A Burneside, Cumbria				708					682	1390
246.	Byrne, Paula	U/A Arnside, Cumbria				707					680	1387
247.	Kay, Nicola	Horwich RMI Harriers		641				738				1379
248.	Bailey, Miriam	Trawden Athletic		527			849					1376
249.	Avison, Joanne	Wirral Vikings TRC								738	636	1374
250.	Franklin, Sylvia	Washlands women runners								722	644	1366
251.	TICKNER, Rachel	U/A Cockermouth, Cumbria						715			643	1358
252.	Mounsey, Elizabeth	U/A Preston , Lancashire			589				762			1351
253.	Airey, Sarah	U/A Kendal,		618		726						1344
254.	Hodges, Alison	Blackhill Bounders			660	682						1342
255.	Lane, Ellie	U/A Manchester				647		692				1339
256.	Gamberini, Lorna	Rocktart Runners				670					669	1339
257.	Earley, Alex	Lakeland Orienteering			648	686						1334
258.	Twist, Julia	U/A Kendal , Cumbria		633		699						1332
259.	Graves, Nicky	Batala Drummers		632		694						1326
260.	Sanders, Wendy	U/A Glossop, Derbyshire				639		687				1326
261.	WILSON, lynn	U/A New Milton, Hants								706	615	1321
262.	guttridge, marie	U/A Liverpool, Merseyside		600							712	1312
263.	Ewing, Alison	Warrington Running Club			629	683						1312

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
264.	Murray, Theresa	U/A Crook, Cumbria		598		713						1311
265.	Fairless-Aitken, Suzanne	Jog on the Tyne								702	598	1300
266.	Lawson, Sophie	U/A Melrose,		563				734				1297
267.	Ward, Beverley	U/A Stocksfield, Tyne & Wear			639	657						1296
268.	Dawson, Marie	U/A Peel,		519						774		1293
269.	Owen, Katherine	U/A Bury, Lancs			632	651						1283
270.	Wilson-Lagan, Elizabeth	Crosby Stormers		629	651							1280
271.	Davidson, Lesley	Horwich RMI Harriers		525					750			1275
272.	Hawthorne, Hayley	Ackworth Road Runners						660			613	1273
273.	Morgan-Hillam, Leanne	Wigan and District Harriers			556					714		1270
274.	Barrett, Jenni	U/A Ribchester, Lancashire		544				721				1265
275.	Strother, Susan	U/A Lytham St Annes, Lancashire						656			605	1261
276.	Davies, Vanessa	U/A Formby, Merseyside			602			654				1256
277.	Whiteley, Carole	U/A Kendal, Cumbria			571			669				1240
278.	Atkins, Kathryn	U/A Leeds, West Yorkshire			597	640						1237
279.	green, angela	U/A penrith, cumbria		568	662							1230
280.	Dodd, Bev	U/A Lancaster, Lancashire		486					740			1226
281.	Graves, Cressida	U/A Lancaster, Lancashire		573		644						1217
282.	Whitehead, Lisa	U/A Manchester		488					722			1210
283.	cowdell, Sarah	U/A Huddersfield, west yorks		580	627							1207
284.	Mawson, Briony	U/A Tadcaster, North Yorkshire		581	626							1207
285.	Molloy, Anne	U/A Halifax, West Yorkshire		582	625							1207
286.	Wilson, Alison	U/A Summerbridge,		614	586							1200
287.	Jones, Heidi	U/A Carnforth, Lancashire		578	610							1188
288.	Paxton, Lisa	Women on the Run		515				663				1178
289.	Roberts, Catherine	U/A Settle, N Yorkshire		547		623						1170
290.	Shepherd, Nicky	U/A Blackpool, LANCASHIRE		528		638						1166
291.	Lamb, Kathryn	U/A Carnforth , Lancashire		552	609							1161
292.	Williams, Laura	U/A Harrogate,		566	590							1156
293.	Gutteridge, Fiona	Red Rose Road Runners		505		643						1148
294.	Moore, Tira	U/A Durham, Durham			535	601						1136
295.	Rigby, Sue	Wesham Road Runners		498				636				1134
296.	Gray, Jaclyn	U/A Workington , Cumbria		459				667				1126

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
297.	Davies, Amy	U/A Settle, North Yorkshire		504	587							1091
298.	Carr, Dot	U/A harrogate, yorkshire		467		609						1076
299.	Campbell, Carol	U/A Grange over Sands, Cumbria		469	549							1018
300.	Finn, Gillian	Nordic Walking Preston		468	546							1014
301.	Sewell, Victoria	Knavesmire Harriers		999								999
302.	Slater, Catherine	Preston Harriers		998								998
303.	Conway, Annie	None						998				998
304.	Crank, Helen	U/A Ulverston, Cumbria		454	538							992
305.	Stoney, Jo	U/A Ulverston, Cumbria		453	539							992
306.	Macfarlane, Kate	Penny Lane Striders									992	992
307.	Cooper, Emma	U/A Leeds,								988		988
308.	Hoogkamer, Anna	Team inov-8			987							987
309.	Lomas, Christine	Nordic Walking Preston		450	534							984
310.	Jeffries, Ella	GoodGym					984					984
311.	Toppin, Suzanne	Team Mountain Fuel									983	983
312.	Cocker, Jessica	Cambridge and Coleridge AC			980							980
313.	Davis, Lydia	Newquay Roadrunners						980				980
314.	Cowan, Jess	Goodgym					979					979
315.	Hunt, Sophie	U/A Wirral,		977								977
316.	Thomas, Jane	Sale Harriers				976						976
317.	Smith, Caroline	U/A Warrington,					974					974
318.	Hatch, Jennifer	U/A Manchester,						974				974
319.	Oxlade, Claire						973					973
320.	Wiggans, Olivia	Red Rose Road Runners								973		973
321.	Brewster, Siobonne	U/A Carlisle, Cumbria						972				972
322.	Gillie, Susan	U/A Sheffield, S Yorks					968					968
323.	Paprzycka-Casson, Monika	U/A Uppermill, Oldham, Greater Manchester							967			967
324.	Marsh, Catherine	U/A Goonhavern, Cornwall									966	966
325.	Foley, Charlotte	U/A Tyne And Wear							965			965
326.	Davies, Angela	Team inov-8.com		963								963
327.	Tickle, Michelle	Blackpool Wyre & Fylde AC						963				963
328.	Houghton, Eleanor	U/A Liverpool,									963	963
329.	Philp, Michele	U/A Wylam, Northumberland								961		961

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
330.	Maguire, Kylie	St Helens Striders				960						960
331.	MacFarlane, Anne	Dumfries RC						960				960
332.	Dodds, Natalie	Hoad Hill Harriers							959			959
333.	Clennet, Catherine	Stockton Striders					958					958
334.	Wicks, Lilli	U/A Sheffield, South Yorkshire					956					956
335.	Hale, Sally	U/A Arnold Nottingham									956	956
336.	nuttall, nicola	U/A bury, lancashire					955					955
337.	tuffen, fay	U/A troutbeck bridge, cumbria			954							954
338.	Dobson, Rebecca					954						954
339.	Loughran, Beth	U/A Kendal,							954			954
340.	Muggleton, Julie	U/A Derby, Derbyshire					953					953
341.	Graham, Zoe	Dumfries Running Club		952								952
342.	Higginson, Catherine	U/A Banksia, NSW					952					952
343.	Booth, Lauren	Bury Athletics Club			951							951
344.	Lambert, Hannah	Holcombe Harriers						951				951
345.	Simmons, Sarah	N/A					950					950
346.	Barrett-Walsh, Deborah	U/A Beckermest , Cumbria		949								949
347.	Pawelczak, Basia	Blackpool Wyre and Fylde AC						948				948
348.	Fitzpatrick, Megan	Team inov-8.com			947							947
349.	Graham, Cat	U/A Carlisle ,		946								946
350.	Wilson, Joanne	U/A Wigton , Cumbria			946							946
351.	Wade-Rudin, Jenni	U/A Newcastle,					945					945
352.	Johansen, Miriam	U/A Durham,						940				940
353.	Bryant, Jane	Ilkley Harriers			939							939
354.	Turner, Robyn	U/A Blackburn,									936	936
355.	Fordham, Clare	U/A Bury, Manchester					935					935
356.	MacKenzie, Madeline	U/A London,								934		934
357.	Kirton, Megan	U/A Edinburgh, Edinburgh, City of							934			934
358.	Chapples, Rachael	U/A Askam in Furness, Cumbria					933					933
359.	Harper, Lorna	Merseytri		933								933
360.	Tippin, Susan	U/A Southport					932					932
361.	Rooney, Katherine	U/A Glasgow,									932	932
362.	Wright, Hannah	U/A Millom, Cumbria							932			932

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
363.	Holman, Denyse	U/A Lanchester , Durham				931						931
364.	Malcolm, anne	GoodGym					931					931
365.	Warwick, Sarah	U/A Wigton				929						929
366.	Radcliffe, Alison	U/A Fleetwood, Lancashire					929					929
367.	Rogers, Hannah	U/A Kenilworth,					928					928
368.	Le Bihan, Audrey	U/A Bramhall,					926					926
369.	hunter, manuela	U/A blackburn,					925					925
370.	Forsyth, Jennifer	U/A Ramsbottom, Lancashire					924					924
371.	Worthington, Eileen	U/A Fleetwood, Lancashire					922					922
372.	Bundgaard, Mette	FIF - Copenhagen									922	922
373.	Thornton, Callie	Canicross Clwyd				921						921
374.	Stokes, Carolyn	U/A Ormskirk					921					921
375.	Deane, Barbara	U/A Penrith,									921	921
376.	Fraser, Jenny	U/A Egremont, Cumbria								919		919
377.	Clegg, Bria	U/A Penrith, Cumbria									918	918
378.	Mason, Charlotte	U/A Kendal, Cumbria							917			917
379.	Law, Rose	U/A Preston , Wiltshire					917					917
380.	Holden, Claire	Lonsdale Fell Runners									916	916
381.	Charters, Kate	U/A Whitby, North Yorkshire					915					915
382.	Meadows, Jenny	U/A Fleetwood, Lancashire					914					914
383.	Brandon, Jane	None						914				914
384.	Simpson, Frances	U/A Cononley, North Yorkshire		913								913
385.	hutch, amy	U/A glasgow,				913						913
386.	Philburn-Powell, Katie	U/A Fleetwood, Lancashire					913					913
387.	Dumelow, Kirsty	Washlands Women Runners									913	913
388.	Smith, Anna	Baildon Runners								912		912
389.	Kenny, Gemma	U/A Staveley,				911						911
390.	Munroe, Lindsay	U/A London,					911					911
391.	Campbell, Jenni	U/A Hamilton ,						911				911
392.	Marfell-cadman, Sarah	U/A Bolton, Lancashire					910					910
393.	Sunderland, Joanne	Roundhay Runners					909					909
394.	Bowman, Meggan	U/A Carlisle , Cumbria		908								908
395.	Lambert, Kath	U/A Leeds,					908					908

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
396.	Astle, Hannah	U/A Edinburgh,						908				908
397.	Blake, Lorna	U/A Carshalton,					907					907
398.	Kenyon, Sally	U/A Liverpool,		906								906
399.	Lawrence, Jo	U/A Haslington , Cheshire				906						906
400.	Molenkamp, Victoria	GoodGym					906					906
401.	Haygarth, Julie	U/A Kirkby Stephen, Cumbria							905			905
402.	Batty, Fiona	U/A Worksop, Nottinghamshire					901					901
403.	Abbas, Andrea	U/A Manchester,							900			900
404.	sowerby, susan	U/A workington, cumbria					900					900
405.	Ingham, Becky	U/A Kirkham, Lancashire						900				900
406.	Rooke, Rebecca	Black Combe Runners		897								897
407.	Weston, Lynda	U/A Sutton Coldfield, West Midlands					897					897
408.	Carruthers, Anne-Marie	Wray Running Club								897		897
409.	Leon, Pamela	Smiley Paces									897	897
410.	White, Jackie	U/A Leek, Staffordshire					896					896
411.	Rousell, Christine	U/A Cockermouth, Cumbria							895			895
412.	Sandilands, Yat	U/A Aberdeen , Aberdeenshire					894					894
413.	Fletcher, Maxine	U/A Gargrave, Skipton									893	893
414.	Hughes, SAMANTHA	Accrington Road Runners							893			893
415.	Gott, Julie	U/A Kendal,					892					892
416.	birks, sarah	U/A london,								891		891
417.	Keyse, Bryony	U/A Derby, Derbyshire									889	889
418.	Bonham, Philippa	U/A Doncaster, South Yorkshire							889			889
419.	Wisely, Julie	U/A Manchester ,							888			888
420.	Bibby, Susan	U/A cumbria,			887							887
421.	Burnett, Helen	Clayton-le-Moors Harriers					887					887
422.	Noonan, Ruth	U/A Cockermouth, Cumbria									887	887
423.	King, Cheryl	U/A Barrow in Furness, Cumbria		886								886
424.	Brayshaw, Kate	U/A Kendal,			886							886
425.	Cardwell, Alison	Styal RC				886						886
426.	Wood, Helen	U/A Wylam , Northumberland								886		886
427.	Elson, Sarah	U/A Derby, Derbyshire									886	886
428.	Powrie, Frances	GoodGym Race Team					885					885

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
429.	Trueman, Dawn	Smiley Paces			884							884
430.	Longbon, Kim	GoodGym Sheffield					884					884
431.	Eggett, Alyson	U/A Seaton Sluice,								884		884
432.	tattersall, liza	U/A carnforth, lancashire				883						883
433.	Hammond, Angela						882					882
434.	Duncan, Jennifer	U/A York, Yorkshire		881								881
435.	Baxter, Joy	U/A Fleetwood, Lancashire					881					881
436.	Staunton, Hayley	U/A warrington, cheshire									881	881
437.	Johnston, Denise	U/A Maghull, Merseyside					880					880
438.	Davidson, Zoe	U/A Crewe,									880	880
439.	Bather, Philippa	U/A Manchester,				879						879
440.	Lutton, Heather	U/A Ashton, Chester, Cheshire					879					879
441.	McParland, Louise	U/A Glasgow,				878						878
442.	Willis, Donna	U/A Consett, Co Durham					878					878
443.	Buck, Lindsay	U/A Seascale, Cumbria							877			877
444.	Reynolds, Emma	Riversway Roadrunners		876								876
445.	Woollard, Laura	U/A Ellesmere Port, Cheshire				876						876
446.	Giddins, Jane	U/A Nottingham,					876					876
447.	Paul, Therasa	U/A Kendal, Cumbria						875				875
448.	Kirkham, Laura	riversway road runners		874								874
449.	Chaplin-Brice, Elizabeth	U/A Keswick,									873	873
450.	Thompson, Michelle	U/A Preston, Lancashire									872	872
451.	Hinch, Sara	Steel City Striders					871					871
452.	Blundell, Bernice	U/A Ormskirk, Lancashire				870						870
453.	Brant, Helen	Saltaire Striders		869								869
454.	McCullagh, Vanora	U/A Keighley, West Yorkshire						869				869
455.	Taylor, Cara	U/A Ulverston ,			868							868
456.	Whittaker, Laura	U/A Kendal, Cumbria				868						868
457.	Rawlinson, Annie	U/A Kendal, Cumbria					868					868
458.	Proctor, Wendy	Newcastle (Staffs) Triathlon Club						868				868
459.	Jenner, Mary	U/A Ambleside,			867							867
460.	Renyard, Corrie	U/A Carlisle, Cumbria				867						867
461.	Farquar, Linda	St Bees Triers					867					867

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
462.	Clark, Hazel	Ware Joggers									867	867
463.	Butcher, Bethany	U/A Ramsbottom ,							867			867
464.	Choe, Claire	U/A London, London					865					865
465.	Storey, Anna	U/A Newcastle, Tyne & Wear								865		865
466.	Proctor, Kathleen	U/A Keswick									865	865
467.	McFarlane, Kirsten	U/A Manchester, Greater Manchester							865			865
468.	Sherlock-Smith, Jessica	U/A Macclesfield,			863							863
469.	Forster, Carol	U/A Cockermouth, Cumbria					863					863
470.	Bethune, Julie	U/A Runcorn,							863			863
471.	Hoskins, Bethan	GoodGym					862					862
472.	Lynch, Anna	Ilkley Running Group			861							861
473.	Stevens, Christina	Tring Running Club						861				861
474.	Leishman, Moira	U/A Kilmarnock, Ayrshire		860								860
475.	O'Sullivan, Katie	BMF									860	860
476.	Wardle, Stephanie	U/A Salford,						859				859
477.	Randle, Jennifer	U/A Southport							859			859
478.	Munnely, Karen	Riversway Road Runners		858								858
479.	Kelsall, Donna	Lostock AC				858						858
480.	Waddington, Rachel	U/A Wigginton , N Yorks					858					858
481.	Downing, Carol	Howgill Harriers							858			858
482.	Gibson, Jo	Penny Lane Striders					857					857
483.	Bland, Gillian	U/A Carnforth , Lancashire						857				857
484.	Preston, Joanne	Wirral Vikings TRC		856								856
485.	Bishop, Nicola	U/A Lancaster, Lancashire				856						856
486.	Young, Rachel	U/A Carlisle,									856	856
487.	Dyer, Camilla	Giffnock North							856			856
488.	Averill, Susan	Notts Women Runners					855					855
489.	Gall, Zara	Didsbury ladies							855			855
490.	Orf, Kate	U/A LONDON, London		853								853
491.	Loftus, Julie	U/A Bolton, Lancashire					853					853
492.	Wicks, Dawn	U/A Penrith, Cumbria									853	853
493.	Phillips, Nicola	U/A Manchester,							853			853
494.	Fairburn, Janice	U/A Fleetwood, Lancashire					852					852

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
495.	Willetts, Annie	U/A wylam, northumberland								852		852
496.	Lace, Chloe	U/A Wigan, Greater Manchester									852	852
497.	Scally, Sandra	Carnethy Hill Runners		851								851
498.	Buchan, Susan	U/A Glasgow, Glasgow				851						851
499.	Rushton, Heidi	U/A Hebden Bridge, West Yorkshire								851		851
500.	Howard, Bianca	U/A Bedford,					850					850
501.	Peters, Amy	U/A Sunderland,						850				850
502.	ryder, megan	U/A boston spa,									850	850
503.	Reiter, Karolina	U/A London,						849				849
504.	Jerram, Melanie	U/A Strathaven, South Lanarkshire								849		849
505.	Smith, Susanne	Leigh Harriers		848								848
506.	Mann, Catherine	Uttoxeter Road Runners				848						848
507.	Butler, Molly	U/A Ely, Cambridgeshire									848	848
508.	Anderson, Amanda	U/A Topcliffe, North Yorkshire							848			848
509.	McKinlay, Jessica	Wallasey AC									847	847
510.	Russell, Katharine	U/A Stocksfield, Northumberland				846						846
511.	Rowland, Caroline	U/A						845				845
512.	Battersby, Anna	U/A London,									845	845
513.	Macdonald, Larissa	U/A Clarkston,				844						844
514.	Bell, Alexandra	RAF						844				844
515.	Pratt, Claire	U/A Bolton,						843				843
516.	Hannam, Jude	YacYak									843	843
517.	Crowther, Sarah	U/A Ambleside , Cumbria			842							842
518.	Laverack, Julia	Ambleside AC				842						842
519.	Ford, Ruth	Washlands Women Runners									842	842
520.	Bullock, Emma	U/A Wood Green,									841	841
521.	Beckers, Angelique	U/A Nijmegen,								840		840
522.	Bailey, Rachel	U/A Marple Bridge,									840	840
523.	Sewell, Nicola	Smiley Paces									839	839
524.	Hall, Sarah	U/A Leeds,			838							838
525.	DeCurtis, Alison	U/A Padiham,				838						838
526.	Jacobs, Ruth	Smiley Paces									838	838
527.	Jones, Christina	U/A Birmingham, West Midlands		837								837

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Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
528.	Jerram, Julie	U/A Leeds,								837		837
529.	Crompton, Nicola	U/A Near Kendal,				836						836
530.	robinson, sarah	U/A poulton-le-fylde,							836			836
531.	Harper, Karyn	Yorkshire Wolds Runners		835								835
532.	townsley, julie	st bees triers						835				835
533.	Robinson, Lizzie	U/A Holmfirth ,								835		835
534.	Tomlinson, Sarah	U/A Poulton-le-Fylde, Lancs							835			835
535.	Walton, Anna								834			834
536.	Mackay, Ellie	U/A Kendal,				833						833
537.	Ashton, Laura	U/A Telford, Shropshire			831							831
538.	thomas, clare	U/A kendal, cumbria						831				831
539.	O'Neill, Helen	U/A ULVERSTON, CUMBRIA									831	831
540.	Hall, Isobel	U/A Kendal, Cumbria							831			831
541.	Thorpe, Rebecca	U/A Millom, Cumbria									830	830
542.	Chanter, Rachel	U/A Manchester ,							830			830
543.	Guenther, Lisa	U/A Lancaster,		829								829
544.	McBlane, Kate	U/A Derby, Derbyshire						828				828
545.	Tracy, Aynsley	U/A Glasgow, Glasgow City							828			828
546.	McGahey, Lindsey	Women on the Run				827						827
547.	Baxter, Val	Birtley AC		826								826
548.	Melvin, Lyn	Red Rose Road Runners			826							826
549.	Cross, Felicity	Preston Harriers				826						826
550.	DALE, JILL	None						826				826
551.	Clennett, Catherine	Stockton Striders									826	826
552.	Barry, Sarah	U/A Kilbarchan,		825								825
553.	Holden, Charlotte	U/A Cockermouth, Cumbria								825		825
554.	Cook, Lindsey	U/A Lancaster, Lancashire						824				824
555.	Gordon, Katherine	U/A Cockermouth, Cumbria								824		824
556.	Hadfield, Lauren	Washlands Womens Runners									824	824
557.	Ellis, Catherine	U/A Cockermouth, Cumbria						823				823
558.	Mahony, Michelle	U/A Ulverston ,								823		823
559.	Singh, Tessa	U/A Manchester ,		822								822
560.	Black, Elaine	U/A Dundee,			822							822

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
561.	Chapman, Claire	Quakers						822				822
562.	Moss, Zoe	U/A Manchester,		821								821
563.	Maher, Dawn	Blackpool Wyre and Fylde AC						820				820
564.	Raassum, Kristin	Serpentine									820	820
565.	Miller, Kirstie	U/A Hexham,		819								819
566.	Barry, Sharon	U/A Cockermouth Cumbria								819		819
567.	Butler, Wendy	U/A Carlisle, Cumbria		818								818
568.	Steels, Nicky	U/A Ambleside								818		818
569.	Gill, Alexandra	U/A Barrow-in-Furness, Cumbria		817								817
570.	McBride, Sandy	U/A London, London				817						817
571.	Matharu, Ranj	U/A Manchester,								817		817
572.	de Gruchy, Jeanelle	U/A London ,						817				817
573.	Skelton, Yvonne	U/A Harrogate,				816						816
574.	Thomas, Linda	U/A Wylam,								815		815
575.	Overshott, Ella	U/A manchester, Select county						815				815
576.	Gerrard, Zoe	U/A Ashton-under-Lyne, Lancashire				814						814
577.	Coulson, Tessa	U/A Manchester,				813						813
578.	Murray, Rachel	U/A Millom, Cumbria									813	813
579.	Eaton, Helen	Kirkby Milers						813				813
580.	Cockburn, Rachel	Skelmersdale Boundary Harriers						812				812
581.	Wilson, Charlotte	U/A Manchester,				812						812
582.	DICKINSON, HILARY	TYNEDALE HARRIERS & A C			811							811
583.	bellis-jones, Clare	U/A Barrow In Furness, Cumbria		810								810
584.	Taylor, Susan	U/A Milnthorpe, Cumbria									810	810
585.	Wellings, Dean	Scunthorpe & District AC						809				809
586.	Collins, Clare	U/A Prudhoe, Northumberland								809		809
587.	Salt, Fiona	The Salts						808				808
588.	Wellings, Sharon	Scunthorpe and district AC						808				808
589.	Marritt, Kate	U/A Altrincham,						807				807
590.	Longhorn, Ellen	U/A Millom, Cumbria							807			807
591.	Macaro, Debbie	U/A Banbury,				806						806
592.	Purser, Beth	Yac yak									806	806
593.	Jones, Sarah	U/A Kendal,						806				806

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
594.	Adams, Sarah	U/A Kendal,				804						804
595.	Stevens, Sandra	U/A Chorley, Lancs								804		804
596.	Johnston, Sophie	U/A Carlisle,									804	804
597.	Joyce, Charlotte	U/A Newcastle ,							804			804
598.	Norman, Tracy	Wirral Vikings TRC		802								802
599.	Heatley, Juliet	Smiley Paces			802							802
600.	Miller, Jessica	U/A London,									802	802
601.	Blundell, Kay	U/A Manchester, Greater Manchester							802			802
602.	Stevenson, Carol	U/A Lutterworth, Leicestershire								801		801
603.	Houghton, Julie	Mossley Hill athletic club		800								800
604.	Harman, Sandra	York Knavesmire Harriers							800			800
605.	Gelder, Clare	U/A Cleckheaton, West Yorkshire				799						799
606.	Dowson, Jane	Tadcaster Harriers						798				798
607.	Livesey, Michelle	Red Rose Road Runners							798			798
608.	Brunton, Jackie	Red rose road runners							797			797
609.	Irving, Angela	U/A Silloth, Cumbria			796							796
610.	Skelton, Angela	Me								796		796
611.	Frost, Pella	U/A London, London							796			796
612.	blakeley, alyson	roundhay runners		795								795
613.	Evans, Lindy	Wirral Vikings									795	795
614.	Love, Leanne	Farsley Flyers								795		795
615.	Benson, Courtney	Howgill harriers							795			795
616.	Ramsdale, Ruth	U/A Preston,		794								794
617.	Lowry, Brenda	Red Kites								794		794
618.	cunningham, olwen	St Bees triers		793								793
619.	Derham, Ruth	U/A Bingley, West Yorkshire								793		793
620.	Bond, Isabelle	U/A Windermere,			792							792
621.	Marley, Jennifer	U/A Manchester,				792						792
622.	Wright, Sarah	U/A Penrith						792				792
623.	Battersby, Joanne	Smiley Paces									792	792
624.	Caluseru, Jayne	U/A Kendal, Cumbria							792			792
625.	Palmerley, Sheila	U/A Longbenton , Tyne and wear								791		791
626.	Darby, Samantha	U/A Shrewsbury , Shropshire									791	791

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
627.	Burn, Carolyn	U/A Millom,			790							790
628.	Finn, Janet	U/A Bolton,								790		790
629.	Hodge, Kate	U/A earlsfield,									790	790
630.	Swann, Penny	U/A Lancaster,							790			790
631.	McIntosh, Sophie	U/A Burnley, Lancashire			789							789
632.	Gittins, Katrina	YacYak									789	789
633.	Butcher, Debra	U/A Ramsbottom ,							789			789
634.	Horner, Claire	U/A Hornby,				788						788
635.	Gore, Vicky	Wesham Road Runners						787				787
636.	Forsman, Rebecca	U/A Millom,							787			787
637.	Hyatt, Karen	Smiley Paces			786							786
638.	Pickervance, Sherron	U/A Preston , Lancs									786	786
639.	Denning, Jeannette	Dragons running club leeds			785							785
640.	McGhee, SUSAN	U/A Prudhoe, Northumberland, Northumberland								785		785
641.	Mackintosh, Carolyn	Ambleside AC				784						784
642.	Murphy, Jo	TYnedale Harriers						784				784
643.	Rayner, Philippa	Quakers Running Club							784			784
644.	Rebello, Stef	U/A Bollington,			783							783
645.	Shaw, Francesca	U/A Ulverston, Cumbria							783			783
646.	Kelly, Linda	Shildon Athletic Running Club				782						782
647.	Dobson, Sara	Helm Hill Runners							782			782
648.	Castro, Sarah	Up and Running								781		781
649.	Blakemore, Holly	Warrington running club									781	781
650.	Wood, Jennifer	U/A Kendal, Cumbria							781			781
651.	Fairclough, Kym	South ribble runners							780			780
652.	Stubbs, Lucy	U/A LIVERPOOL, Merseyside			779							779
653.	White, Annmarie	U/A Kendal, Cumbria									779	779
654.	Meyrick, Kathrin	U/A Windermere, Cumbria							778			778
655.	Penny, Laura	U/A Bradford,						777				777
656.	Nicholl, Jane Marie	U/A Newcastle upon Tyne ,							777			777
657.	Streets, Emma	U/A London,			776							776
658.	Eccles, Kathryn	U/A Lincoln,								776		776
659.	Fox, Amelia	U/A Lancaster,							776			776

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
660.	cross, Joanne	Resolution Runners							775			775
661.	Hope, Deborah	U/A Carlisle , Cumbria		774								774
662.	Palmer, Sally	U/A London,			774							774
663.	Lynch, Wendy	Low Fell Running Club				774						774
664.	Davie, Shelagh	U/A Stoke-on-Trent, Staffordshire						774				774
665.	Rothwell, Amanda	U/A Manchester, Lancashire							774			774
666.	Torr, Debbie	U/A Kendal, Cumbria				773						773
667.	Adshead, Jo	Me		772								772
668.	Noble, Hannah	Washlands									772	772
669.	Bradley, Claire	Warwickshire RC						771				771
670.	Owen, Kirsty	U/A Whickham , Tyne and Wear			771							771
671.	Halliwell, Jemma	U/A NEWTON-LE-WILLOWS, Merseyside								771		771
672.	Stringer, Rebecca	Washlands Womens Runners									771	771
673.	McDonald, Caroline			770								770
674.	Schleiffer, Vera	Wigan and District Harriers and AC				770						770
675.	Woolgar, Kim	Metres to Miles						770				770
676.	eley, alison	washlands women runners									770	770
677.	Whittington, Ann	U/A Ilkley, WEST YORKSHIRE							770			770
678.	Downing, Gemma	U/A Stourbridge							769			769
679.	Caisley, Jo	Bellahousten Harriers						768				768
680.	Cleaver, Michelle	Washlands Women Runners									768	768
681.	Wignall, Dorinda	Ulverston Triathlon club		767								767
682.	Foster, Pauline	Wigan Harriers									766	766
683.	Stevens, Hannah	EDMC							766			766
684.	Hetherington, Alison	U/A Cockermouth , Cumbria						765				765
685.	Ryan, Nancy	Mums on the Run							765			765
686.	Semley, Lisa	Red Rose Runners				764						764
687.	Morton, Kerry	U/A York , Yorkshire								764		764
688.	Hutchinson, Kate	U/A Roslin, Midlothian									764	764
689.	Fox, Kathryn	U/A Lancaster,							764			764
690.	Vigar, Madeleine	U/A nr Haverhill, Essex						763				763
691.	Thacker, Holly	U/A Market Harborough, Leicestershire		762								762
692.	Willson, Lydia	Lymm Runner				762						762

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
693.	Thomson, Catherine	U/A Manchester,				761						761
694.	Marsh, Penny	U/A Gravesend, Kent							761			761
695.	caunce, andrea	Tri Preston						759				759
696.	Martin, Julie	Kent Police AC									759	759
697.	Gray, Amanda	U/A Bedford, Bedfordshire							759			759
698.	Syrett, Katie	U/A Manchester , Greater Manchester		758								758
699.	Christmas, Pauline	U/A Kidderminster,			758							758
700.	Saville, Josie	U/A Stockport,		757								757
701.	Faulkner, Elspeth	Smiley Paces			757							757
702.	Maxwell, Sheila	U/A Bolton,						757				757
703.	RITSON, Jill	WOTR				757						757
704.	Dodd, Helen	U/A Hexham, Northumberland								757		757
705.	Latimer, Nicola	Wigton Road Runners									757	757
706.	fishpool, Alex	U/A driffield, East Riding of Yorkshire			756							756
707.	Ashton, Maggie	U/A Carlisle,				756						756
708.	Davies, Christina	U/A Bishop Auckland, Durham							756			756
709.	Howkins, Lucy	U/A Wellingborough, Northants								756		756
710.	Robson, Laura	York Postal Harriers									756	756
711.	walshaw, samantha	U/A preston,						754				754
712.	Pye, Jane	U/A Lancaster, Lancashire									754	754
713.	Barden, Louise	U/A Kendal, Cumbria									753	753
714.	Helm, Katherine	Unattached						752				752
715.	Atkinson, Kathryn	Pendle Triathlon Club								752		752
716.	Robinson, Carol	U/A Kendal, Cumbria									752	752
717.	Evans, Laura	U/A York,								751		751
718.	Smith, Lynn	Horwich RMI Harriers							751			751
719.	Goodson, Gay	U/A kirkby-in-Furness, cumbria			750							750
720.	Campion, Peggy	NA						750				750
721.	Clark, Bethany	U/A York,								750		750
722.	O'Neill, Linda	U/A Dundee									750	750
723.	Carruthers, Kirsty	U/A Morpeth, Northumberland			749							749
724.	Smith, Despina	U/A Manchester ,							749			749
725.	Tompkins, Lucy	U/A Cockermonth , Cumbria						749				749

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
726.	O'boyle, Gillian	U/A warrington, Cheshire								749		749
727.	Tomkow, Nichola	U/A Newton-le-Willows, Merseyside		748								748
728.	Kon, Ella	U/A Harrogate,			748							748
729.	Cock, Florence	U/A London,						748				748
730.	Dyche, Helen	Washland women runners									748	748
731.	Oliver, Gillian	Lytham St Annes Road Running Club							747			747
732.	Flanagan, Katie	U/A Morecambe , Lancashire		746								746
733.	Watts, Delia	Smiley Paces			746							746
734.	Astall, Laura	U/A Prudhoe,				746						746
735.	Boyles, Jude	U/A Leeds, West Yorkshire						746				746
736.	Joinson, Emma	U/A Chorley Lancs				745						745
737.	Bandesha, Gunjit	U/A Manchester, Grtr Manchester							745			745
738.	Allan, Kathy	U/A Newcastle upon Tyne,				744						744
739.	Eccles, Anne	U/A Lincoln, Lincs								744		744
740.	Dickie, Sue	U/A London, camden				743						743
741.	Seton, Ruth	U/A Sale Cheshire						743				743
742.	Benson, Judith	Ponteland Runners									743	743
743.	Epstein, Amanda	U/A Newton-le-willows, Merseyside		742								742
744.	Chambers, Jennifer	Tattenhall Runners			742							742
745.	jackson, sandre	U/A congleton, cheshire		741								741
746.	Felstead, Alison	Lymm Runners				741						741
747.	Aaron, Bonnie	U/A Blackpool, Lancashire						740				740
748.	Westney, Charlie	U/A Arnside, Cumbria				739						739
749.	dos SANTOS, Paloma	U/A Durham, DURHAM						739				739
750.	Park, Julia	U/A							739			739
751.	Parry, Sandra	Eden Runners									738	738
752.	Barrett, Julie	Resolution Runners							738			738
753.	Wright, Pauline	Jog on the Tyne		737								737
754.	Evans, Julie	Kings Heath Running Club			737							737
755.	Storey, Katie	U/A Liverpool , Merseyside				737						737
756.	Moss, Victoria	Bollys Warriors						737				737
757.	Napier, Lisa	U/A Wigan ,							737			737
758.	Shaw, Tracey	Cumberland AC						736				736

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
759.	Hudson, Catherine	Washlands Womens Runners								736		736
760.	hudd, lindsay	na							736			736
761.	Tomlins, Jacqueline	U/A Edinburgh,			735							735
762.	bennett, jose	jog on the tyne							735			735
763.	Bradshaw, Steph	U/A Keswick,			734							734
764.	Lomas, Robyn	U/A Westhoughton, Bolton, Greater Manchester								734		734
765.	Letman, Angela	Ellesmere port running club									734	734
766.	Fallon, Marie	Jog on the Tyne							734			734
767.	Bradshaw, Heather	U/A Workington, Cumbria			733							733
768.	Ibbotson, Sarah	U/A Skipton, North Yorkshire				733						733
769.	Husbands, Alison	Biddulph Running Club						733				733
770.	Turner, Lucinda	U/A London,									733	733
771.	Watson, Vivienne	Jog on the Tyne							733			733
772.	Sharrock, Tracey	Blackpool Wyre & Fylde						732				732
773.	Campbell, Fiona	U/A London,		731								731
774.	Grimshaw, Siobhan	Blackburn road runners								731		731
775.	Turner, Dawn	Ilkley Harriers									731	731
776.	Kidd, Lizzy	Head Torches		730								730
777.	Outterside, Joanna	U/A Cheadle, Cheshire			730							730
778.	Herbert, Niki	U/A Warrington, Cheshire						730				730
779.	Gregg, Jill	Parbold Pink Panthers									730	730
780.	Knight, Sarah	Parbold Pink Panthers									729	729
781.	Munn, Jane	U/A Milton Keynes,						728				728
782.	Leigh, Claire	Washland Women Runners									727	727
783.	Fenna, Phoebe	U/A Bradford, West yorkshire							727			727
784.	Mack, Caroline	U/A Sale, Cheshire			726							726
785.	Lumaca, Silvia	U/A Birmingham,						726				726
786.	Sugden, Fiona	U/A Huddersfield,								726		726
787.	Peters, Cat	U/A Penrith, Cumbria									726	726
788.	Seymour Mead, Rachel	U/A Manchester, Manchester		725								725
789.	Maas, Mandy	U/A London, London						725				725
790.	Richmond, Nicola	U/A Broadstairs , Kent							725			725
791.	Hill, Lucy	Women on the run									724	724

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
792.	Burke, Gemma	U/A Eccles , Manchester								724		724
793.	Hill, Micheala	U/A Huddersfield, West Yorkshire			723							723
794.	Whittington, Kate	U/A Ilkley, LEEDS									723	723
795.	O'Grady, Marion	Red Rose Road Runners						722				722
796.	Bonner, Naomi	Rosemere				721						721
797.	Murray, Louise	Unnattached							721			721
798.	Knight, Cindy	Biddulph Running Club						720				720
799.	Ayaz, Jo	U/A Heswall, Wirral		719								719
800.	Peacock, Kathy	U/A Shipton by Beningbrough ,			719							719
801.	Hickson, Jennifer	U/A LONDON,				719						719
802.	Sendlhofer, Britta	Team inov-8.com			718							718
803.	Christie, Karen	U/A penarth,								718		718
804.	Flight, Becky	N/A				717						717
805.	Barrett, Elizabeth	U/A Frodsham,								717		717
806.	Ridley, Michaela	Riverside Runners									717	717
807.	Mann, Laura	U/A Falkirk,						716				716
808.	Jackson, Laura	Washland Women Runners									716	716
809.	Keiller, Heather	U/A Penrith , Cumbria		715								715
810.	Mitchell, Sian	Garden City Runners			715							715
811.	Johnstone, Ann-Marie	U/A Middlesbrough, Cleveland								715		715
812.	Stockley, Anne	U/A St Albans, Herts									715	715
813.	Norton, Angela	U/A York,		714								714
814.	Davies, Jennie	U/A Sedbergh, Cumbria			714							714
815.	Dewhurst, Victoria	U/A Bolton, Lancs						714				714
816.	Wood, Laura	U/A Ormesby, Middlesbrough								713		713
817.	Monkhouse, Lucy	U/A Huddersfield,						711				711
818.	Holmes, Claire	U/A Grange over Sands, Cumbria						710				710
819.	Healy, Kerry	U/A Huthwaite, Nottingham								710		710
820.	Warner, Jane	Skelmersdale Boundary Harriers									710	710
821.	Longhorn, Marie	The dude club						709				709
822.	Hurn, Jane	Parbold Pink Panthers									709	709
823.	Holloway, Rachael	U/A Liverpool,			708							708
824.	O'Hare, Belinda	U/A Leeds, West Yorkshire			707							707

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
825.	Tweedy, Julie	Billingham Marsh House Harriers						707				707
826.	Jurin, Amanda	U/A Lytham St Annes, Lancashire						706				706
827.	Richardson, Sara	U/A St Annes, Lancashire						705				705
828.	van der Vliet, katrina	U/A Penarth, Vale of Glamorgan								705		705
829.	Childe, Casey	U/A Abberley,			704							704
830.	muir, rachel	U/A alyth, perthshire								704		704
831.	Baldwin, Georgia	U/A Carnforth , Lancashire									704	704
832.	Spibey, Nicole	U/A Cartmel ,		703								703
833.	Gibson, Kelly	Darlington Tri			703							703
834.	blackburn, susie	U/A Barnard Castle , Co Durham								703		703
835.	Coupe, Hannah	U/A Parbold, Lancs									703	703
836.	Mclinden, Jessica	U/A Liverpool, Merseyside		702								702
837.	Mcguinness, Andrea	mersey tri						702				702
838.	Gill, Sue	Parbold Pink Panthers									702	702
839.	Whitworth, Melissa	manchester frontrunners		701								701
840.	Gunn, Sarah	U/A Nottingham									701	701
841.	Berry, Tracy	Skelmersdale Harriers		700								700
842.	West, Viv	Staveley Choral				700						700
843.	Viccars, Becky	U/A Nr Kendal,									700	700
844.	Fasolino, Jennie	U/A Wallasey, Merseyside			699							699
845.	Barnard, Rachel	U/A Workington, Cumbria		698								698
846.	Holman, Ceri	U/A Grange over Sands, Cumbria				698						698
847.	Harrison-Round, Tammy	U/A westhoughton, Lancashire			698							698
848.	Waring, Laura	U/A Wigan, Lancashire						698				698
849.	Belford, Alison	Formby Stormers		697								697
850.	Leigh, Lisa	U/A Wigan,						697				697
851.	Hoyle, Lucy	U/A Manchester,									697	697
852.	Williams, Jenny	U/A Formby, Merseyside		696								696
853.	Gentilcore, Gabriella	U/A Edgware, Middx				696						696
854.	Weston, Judith	Marsh House Harriers									696	696
855.	Graham, Carol	U/A Dumfries,		694								694
856.	MacFarlane, Fiona	U/A						694				694
857.	Barnett, Clare	U/A Edinburgh, Scotland						693				693

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Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
858.	Horsman, Jen	Witney Road Runners									693	693
859.	Coutts, Janet	Skipton AC				692						692
860.	Bowyer, Jodi	U/A Lancaster , Lancashire			690							690
861.	Taggart, Ailsa	Galloway Harriers				690						690
862.	Richardson, Joanne	Elvet Striders						690				690
863.	Wright, Nicola	U/A Ambleside,				689						689
864.	Shakespeare, Fleur	U/A Northampton,						689				689
865.	Kenyon, Rosie	U/A Liverpool,		688								688
866.	teggart, Emma	U/A Grange-Over-Sands , Cumbria									687	687
867.	Davenport, Carrie	U/A Stockport,			686							686
868.	Holmes, Janet	St Helens Sutton AC									686	686
869.	McNeill, Janine	Glaxo Hoad Hill Harriers		685								685
870.	Cleminson, Shiran	Boldmere Bullets									685	685
871.	Piacentini, Maria	Batala Mountain Drummers		682								682
872.	Willet, Lesley	U/A Braco, Perthshire			681							681
873.	Weir, Lynsey	U/A Renfrew, Renfrewshire						681				681
874.	Fallon, Jackie	U/A Paisley , Renfrewshire						680				680
875.	Dawson, Ana	U/A Peel,		679								679
876.	Fuller, Amanda	Blackpool Wyre & Fylde AC						679				679
877.	Mackenzie, Joanna	U/A Edinburgh,				678						678
878.	Harper, Charlotte	U/A London,									678	678
879.	Dyball, Melissa	U/A Darlington, Durham				677						677
880.	Bloor-Steen, Mel	U/A Llandudno, Conwy						677				677
881.	Peake, Louise	U/A Liverpool, Merseyside		675								675
882.	Maclean, Laura	U/A Manchester,						675				675
883.	Rooney, Louise	U/A Carlisle,									675	675
884.	Fortun, Dawn	U/A SOT, Staffordshire			674							674
885.	WILSON, KATE	U/A KENDAL, CUMBRIA						674				674
886.	Sumner, Suzanne	Ribble Valley Triathlon Club				673						673
887.	Dyer, Kath	U/A Kirkby Stephen, Cumbria						673				673
888.	Monkman, Sophie	U/A Preston, Lancashire									673	673
889.	Whitby, Debby	U/A Carlisle, Cumbria		672								672
890.	Wilding, Hannah	U/A Lakeside, Ulverston,			672							672

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
891.	Bean, Emily	Vegan Runners						672				672
892.	Cartledge, Emma	U/A Gatley, Cheadle, Greater Manchester			670							670
893.	Pearce, Sara	U/A Ilkley,			669							669
894.	Donthamsetty, Tripthi	Lymm runners				669						669
895.	Latimer, Hannah	Wigton Road Runners				668						668
896.	Dawson, Hannah	U/A Kendal, Cumbria			667							667
897.	Gibbins, Ann	U/A Grimsby , North East Lincs				667						667
898.	GRAHAM, DIANE	DH RUNNERS		666								666
899.	Brazier, Caroline	U/A Aylesbury,						666				666
900.	Winspear, Sarah	U/A Riding Mill, Northumberland									666	666
901.	Green, Rebecca	U/A Norwich,						665				665
902.	Bescoby, Claire	Helm hill		664								664
903.	Kon, Colette	U/A Harrogate, North Yorkshire			664							664
904.	Dempsey, Justine	Lymm runners				664						664
905.	Davidson, Marie	U/A Blackpool,				663						663
906.	Kelsall, Anna	U/A Bolton, Manchester									663	663
907.	Hindle, Rachel	U/A Grange-over-Sands, Cumbria		662								662
908.	Kelly, Denise	U/A Ferryhill, Durham				662						662
909.	Rodgerson, Hilary	U/A Middlesbrough, North Yorkshire						662				662
910.	Burns, Gill	U/A Edgworth,									662	662
911.	Crimlisk, Helen	Smiley Paces			661							661
912.	Wood, Angela	U/A Great Ayton, North Yorkshire						661				661
913.	Wilkinson, Laura	U/A Huddersfield,				660						660
914.	Crocker, Jennifer	U/A Manchester									660	660
915.	Robinson, Lizzie	U/A Huddersfield,				659						659
916.	Strother, Bethany	U/A Lytham St Annes, United Kingdom						659				659
917.	Bell, Joanne	Washlands women runners									659	659
918.	Fox, Jo	U/A Altrincham,			658							658
919.	Firth, Helen	U/A Altrincham, Cheshire				658						658
920.	Casey, Mon	U/A Manchester , Greater Manchester						658				658
921.	Greenhalgh, Helen	Red Rose Road Runners									658	658
922.	Shuttleworth, Jo	U/A Manchester						657				657
923.	Mihaly, Beata	U/A Sidcup, Kent									657	657

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
924.	Chard, Joanne	Women on the Run			656							656
925.	Hamilton, Victoria	U/A Ramsbottom, Lancs		655								655
926.	Harris, Katherine	U/A Wigan, Lancashire						655				655
927.	Huntley, Bethane	Team Cropper			654							654
928.	Ley, Amanda	Colt									654	654
929.	Talbot, Rebecca	Elves Striders			653							653
930.	Conway, Kate	The Garland Girls						653				653
931.	Benson, Nicola	City of Lancaster Triathlon Club									653	653
932.	Berry, Kristen	U/A Sheffield ,		652								652
933.	Levitt, Emma	U/A Leeds,				652						652
934.	Mcgregor, Laura	The garland girls						652				652
935.	McCracken, Dawn	City of Lancaster Triathlon COLT									652	652
936.	Greenney, Anne	U/A Carnforth, Lancashire									651	651
937.	Rothwell, Mandy	U/A Manchester, LANCS				650						650
938.	Patterson, Sarah	City of Lancaster Triathlon (COLT)									650	650
939.	Deakin, Ruth	U/A Bury,		649								649
940.	Self, Katherine	U/A Keighley,			649							649
941.	Lavery, Theresa	U/A Dumfries, Dumfries and Galloway				649						649
942.	Oliver, Penny	U/A Penrith, Cumbria		648								648
943.	Lweis-Briggs, Sarah	Head Torches around the Tarn - Brampton		647								647
944.	Hardy, Nicola	U/A Bolton,						647				647
945.	Oldcorn, Karen	U/A Wantage, Oxon									647	647
946.	Simpson, Jen	U/A Wirral, Merseyside		646								646
947.	Hughes, Ellen	U/A Manchester, Greater Manchester			644							644
948.	Griffiths, Rachel	U/A Altrincham,		643								643
949.	McNicholl, Fritha	U/A Morpeth, Northumberland			643							643
950.	Rogan, Laura	U/A Kirkby Stephen, Cumbria						643				643
951.	Schindler, Sabine	U/A Durham, Durham			642							642
952.	Brookes, Jane	None						642				642
953.	Ashford, Pamela	U/A Barnard Castle, Durham									641	641
954.	Carmichael, Lynne	Run in Wirral		640								640
955.	Aldred, Vanessa	N/a									640	640
956.	Fairlam, cath	wigton road runners						639				639

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
957.	Todd, Megan	N/A									639	639
958.	Bee, Michelle	U/A Johnstown, Wrexham						638				638
959.	O'Kane, Geraldine	U/A Glasgow,		637								637
960.	Thorpe, Donna	U/A Hornby, Lancs			637							637
961.	Fitzgerald, Isla	U/A kendal ,				637						637
962.	Raynor, Laura	Blackpool Wyre and Fylde AC						637				637
963.	Marron, Al	U/A Lancaster , Lancashire			636							636
964.	ainsley, paula	U/A york, north yorkshire		635								635
965.	Maxfield, Victoria	U/A Bolton,			635							635
966.	Little, Fiona	Blackpool Wyre & Fylde Athletics Club						635				635
967.	Kelly, Gillian	St. Helens striders						634				634
968.	Francis, Nadine	U/A Warrington, Cheshire				633						633
969.	Marsh, Fiona	U/A Penrith , Cumbria									632	632
970.	Lehm, Kathryn	U/A Kendal, Cumbria				631						631
971.	Ward, Maxine	Durham mums on the run									631	631
972.	Ridings, Kate	Lancaster Women's Running Group			630							630
973.	White, Christina	U/A Sedgefield , Cleveland									630	630
974.	Kain, Ann	U/A Sedgefield , Cleveland									629	629
975.	Stretton, Maddy	Washland womens runner									628	628
976.	Murray, Fran	U/A Manchester,		627								627
977.	Stubbs, Anna	Washlands Women Runners									627	627
978.	McCluskey, Andrea	U/A Warrington , cheshire				626						626
979.	Jackson, Karen	Washlands Women Runners									626	626
980.	Richardson, Lucy	U/A Altrincham ,		625								625
981.	Collins, Sam	U/A Warrington, Cheshire				625						625
982.	Owen, Sam	Washland women									625	625
983.	Bennett, Karen ann	walney wind cheetahs		624								624
984.	Bowden, Sally	U/A SELBY, North Yorkshire				624						624
985.	Taylor, Sharon	walney wind cheetahs		623								623
986.	Newton, Georgina	U/A Altrincham, Cheshire									623	623
987.	Pyrah, Janie	U/A Altrincham ,									622	622
988.	Long, Clare	U/A Whitehaven,		621								621
989.	Cox, Angela	U/A Skipton, North Yorkshire			621							621

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
990.	Brothers, Toby	Hampstead Heath Park Run									621	621
991.	Gilmour, Laura	Kings Heath Running Club		620								620
992.	Clarke, Anita	U/A Lichfield,				620						620
993.	Penrice, Rachel	U/A Kendal, Cumbria		619								619
994.	Carter, Cynthia	Crosby stormers									619	619
995.	Davies, Hannah	U/A Liverpool, Merseyside			618							618
996.	vitty, caroline	U/A liverpool,									618	618
997.	Weldegebriel, Temesgen	U/A Brighthouse ,		617								617
998.	Fox, Janet	Nordic Walker				617						617
999.	Ward, Sharon	Smiley Paces									617	617
1000.	Hrachowina, Catherine	U/A Heysham, Lancashire			616							616
1001.	Henworth, Julie	U/A Lancaster,		615								615
1002.	Garnock-Jones, Christine	Smiley Paces			614							614
1003.	Gardiner, Sam	U/A Bedford, Bedfordshire				614						614
1004.	Wormald, Jessica	U/A York, Yorkshire		613								613
1005.	McIntyre, Helen	U/A Warrington, Cheshire			613							613
1006.	Gray, Natalie	U/A Warrington,		612								612
1007.	Daintith, Meg	Warrington RC				612						612
1008.	WOODS, MARGARET	FELLSTRIDERS			612							612
1009.	Hanley, Gillian	U/A Warrington, Cheshire			611							611
1010.	Walsh, Josephine	Red Rose Road Runners									610	610
1011.	Plowman, Sarah	U/A Swindon,		609								609
1012.	Colquhoun, Nina		Children U8								609	609
1013.	Kelly, Rebecca	U/A Leeds, West Yorkshire			608							608
1014.	Abernethy, Michelle	U/A Wilmslow, Cheshire				608						608
1015.	Cooper, Emma	U/A Preston, Lancashire		607								607
1016.	Pearson, Shonagh	U/A Handforth , Cheshire				607						607
1017.	Hamilton, Joyce	Dumfries running club									607	607
1018.	Grayston, Lorraine	U/A Preston, Lancs		606								606
1019.	Davies, Tracy	Knowle & Dorrige Running Club			606							606
1020.	Davies, Lorna	Knowle and Dorrige			605							605
1021.	Paterson, Jackie	Knowle &Dorrige RC			604							604
1022.	Finch, Linda	Rosemere Cancer Foundation				604						604

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
1023.	Macpherson, Kate	Elvet Striders		603								603
1024.	Wassell, Sue	Knowle & Dorridge Running Club			603							603
1025.	Wilson, Jennifer	U/A Doncaster, South Yorkshire				603						603
1026.	Preston, Katherine	U/A Sacriston, Durham		602								602
1027.	Allan, Hannah	U/A Altrincham, Cheshire				602						602
1028.	Smith, Andrea	U/A Lytham St Annes, Lancashire									602	602
1029.	Lewis, Natalie	Fellside Ladies Kirkoswald									601	601
1030.	Mccormack, Jeanette	Kirkby Stormers		599								599
1031.	Ensor, Bev	Smiley Paces			599							599
1032.	Thompson, Helen	U/A Silsden, West Yorkshire									597	597
1033.	Rogers, Lisa	U/A Little sutton, Cheshire		596								596
1034.	Wilson, Penny	U/A COCKERMOUTH,		593								593
1035.	Tracey, Fiona	U/A Northallerton, NORTH YORKSHIRE			592							592
1036.	Marsh, Nicky	U/A Catterall, Lancs		591								591
1037.	Wilson, Michelle	Warrington Running Club		588								588
1038.	Eastham, Rachel	U/A Dalton-in-Furness, Cumbria		587								587
1039.	Kaye, Caroline	U/A Windermere, Cumbria			584							584
1040.	Harrison, Kathryn	U/A Carnforth, Lancashire		583								583
1041.	Clark, Lyndsey	U/A Edinburgh,			582							582
1042.	Hancock, Tanya	Wigan harriers			581							581
1043.	Brooks, Amanda	U/A Preston, Lancashire			580							580
1044.	Taylor, Katie	U/A Cramlington, Northumberland		579								579
1045.	Medlicott, Alison	U/A Leigh, Lancs			579							579
1046.	Lomas, Sarah	U/A Warrington, Cheshire			577							577
1047.	Murray, Leanne	U/A Sale, Cheshire		576								576
1048.	Kaur, Amrit	U/A Manchester ,		575								575
1049.	Hamilton, Robyn	U/A Morpeth, Northumberland			575							575
1050.	Jones, Claire	U/A Gomersal, West Yorkshire		571								571
1051.	Wilson, Louise	U/A Carlisle,		570								570
1052.	Sowerby, Tracey	DH RUNNERS		569								569
1053.	Lewis, Jennifer	U/A Manchester,		567								567
1054.	Jaszczuk, Agata	U/A			566							566
1055.	Cook, Grace	U/A BARROW-IN-FURNESS,		565								565

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
1056.	Cummings, Karen	U/A St Helens, Merseyside			565							565
1057.	Cook, Elizabeth	U/A Northwich, Cheshire		564								564
1058.	Weekes, Emma	U/A Saffron Walden Essex			564							564
1059.	Egan, Rosie	Cheshire Hash House Harriers			562							562
1060.	Parry, Abbie	U/A Caernarfon, Gwynedd			560							560
1061.	Cannon, Catherine	Wirral Vikings		559								559
1062.	Rodman, Sue	U/A Stoke on Trent, Staffordshire			559							559
1063.	Parmley, Hannah	Roundhay Runners		558								558
1064.	Townley, Kerry	U/A Cambridge			558							558
1065.	Taylorson, Julie	U/A Hartlepool , Cleveland			557							557
1066.	Thomas, Sharon	U/A Chapels, Kirkby in Furness		556								556
1067.	cunningham, susan	U/A manchester, Greater Manchester		554								554
1068.	Rigby, Carolyn	Widnes Wasps		553								553
1069.	McIntyre, Lynda	U/A Longton, Lancashire		551								551
1070.	Hogge, Amanda	U/A Isle of Arran, Ayrshire		549								549
1071.	Senior, Isla	RED		548								548
1072.	Guth, Jessica	U/A Keighley, West Yorkshire			544							544
1073.	Graves, Gillian	U/A York, North Yorkshire		543								543
1074.	Elmore, Rosie	Smiley Paces			542							542
1075.	Mclinden, Joanne	U/A Liverpool, Merseyside		541								541
1076.	Gregson, Vikki	U/A Leyland, Lancashire			541							541
1077.	park, laura	U/A lyth,		540								540
1078.	park, mariann	U/A crook,		539								539
1079.	myers, shelley	U/A millom, cumbria		538								538
1080.	Dowe, Rosie	U/A Leeds,		537								537
1081.	Delcassian, Sabina	U/A London,		536								536
1082.	Delcassian, Derfogail	U/A Cheshire,		535								535
1083.	Alston, Charlotte	U/A Gateshead, Tyne and Wear		534								534
1084.	Alston, Emily	U/A Gateshead, Tyne and Wear		533								533
1085.	Hannay, Gill	U/A Rossendale, Lancashire		532								532
1086.	Flanagan, Christina	U/A Rossendale, Lancashire		531								531
1087.	Laxton-Kane, Martha	Milltown Milers		529								529
1088.	Sutcliffe, Jeanette	Trawden Athletic		526								526

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
1089.	Macleod, Fiona	U/A Lancaster,		523								523
1090.	Hastie, Sarah	U/A Shap, Cumbria		522								522
1091.	Clarke, Fiona	U/A Maryport, Cumbria		521								521
1092.	Ovans, helen	Stowmarket Striders		517								517
1093.	Ghosh, Helene	U/A Gomersal,		514								514
1094.	Beardmore, Alison	Cheshire Hash House Harriers		512								512
1095.	Melville, Alice	U/A Newcastle upon Tyne,		511								511
1096.	Pye, Eliza	U/A Liverpool, Merseyside		510								510
1097.	Daintree, Helen	U/A Dalton-in-Furness, Cumbria		508								508
1098.	Wicks, Kirsty	N/A		507								507
1099.	Hall, Jo	U/A Carnforth, Lancashire		506								506
1100.	Black, Roisin	U/A Skipton		502								502
1101.	Sutton, Suzanne	U/A Kirkby Lonsdale, Lancs		500								500
1102.	Rooney, Julie	Wesham road runners		499								499
1103.	Coombe, Patricia	U/A Carlisle, Cumbria		496								496
1104.	Britton, Laura	Head torches around the Tarn		495								495
1105.	Crossley, Alison	U/A Carnforth, Cumbria		494								494
1106.	Nelson, Pauline	U/A Hoghton, Preston		492								492
1107.	Berry, Amanda	Red Rose Road Runners		485								485
1108.	bowling, davina	redrose road runners		484								484
1109.	Lord, Julie	Beeston AC		482								482
1110.	Tasker, Lucy	WeRunLiv		481								481
1111.	Grzywna, Jayne	U/A Preston, Lancs		479								479
1112.	Winslow, Jacqueline	Red Rose Road Runners		478								478
1113.	Clayton, Wyn	Women on the Run		477								477
1114.	Andrews, Emma	U/A Carlisle, Cumbria		475								475
1115.	Scott, Laura	Red rose road runners		474								474
1116.	McLean, Dawn	Red Rose Road Runners		473								473
1117.	pyciak, sylwia	U/A workington, cumbria		472								472
1118.	Cleary, Jo	none		470								470
1119.	hodgson, maddi	Victoria Park Running Club		466								466
1120.	Rutter, Eileen	U/A Warrington , Cheshire		464								464
1121.	Coleman, Tracey	VPRC		463								463

2018 Series Results 10K

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
1122.	Lonergan Cooke, Tracy	U/A Bowness, Cumbria		461								461
1123.	Mcleavy, Danielle	U/A Wigton, Cumbria		458								458
1124.	nixon, samantha	Victoria Park Running Club		457								457
1125.	Cunningham, Nat	Victoria Park Running Club		455								455

Number of records: 1125