

## Lakeland Trails 2013 10KM Autumn Series Results : Men

Name	Club	Category	Keswick	Coniston	Helvellyn	Total
FISH, Jonathan	Lancaster & Morcambe AC	Vet40	994	997	997	<b>2988</b>
ARMISTEAD, John	Helm Hill		996	996	994	<b>2986</b>
DEAKIN, Thomas	Styal Running Club		990	995	989	<b>2974</b>
FERROL, Daniel	Hexham		975	971	975	<b>2921</b>
CUNDY, Glenn	Unattached - Warrington	Vet40	972	975	972	<b>2919</b>
REID, Andrew	Unattached : Merserside		971	974	971	<b>2916</b>
LEATHEREN, Michael	Fetcheveryone		982	981	952	<b>2915</b>
MCGINLEY, Matt	Backbarrow Bombers		965	948	983	<b>2896</b>
LEES, Robin	Unattached - Ambleside	Vet60	961	966	959	<b>2886</b>
WILLIAMS, Michael	Unattached : Hexham	Vet40	942	968	974	<b>2884</b>
PALMER, Tim	Deeside Orienteering Club	Vet40	959	954	960	<b>2873</b>
MCDOWALL, Ian	Unattached : Linlithgow	Vet50	947	956	942	<b>2845</b>
MACHAM, Graham	Unattached : Chorley		957	935	946	<b>2838</b>
BINKS, David	Allithwaite and District	Vet60	919	931	914	<b>2764</b>
PHILLIPS, Peter	NYPAC	Vet60	904	915	913	<b>2732</b>
PHILLIPS, Gareth	Gateshead Harriers		903	916	912	<b>2731</b>
MCCABE, David	Trawden AC		998		1000	<b>1998</b>
THOMPSON, William	Unattached : Barrow in Furness			998	996	<b>1994</b>
TAYLOR, Paul	Unattached - Carnforth		988		992	<b>1980</b>
FUNNELL, Chris	Unattached : Burnley	Vet40	987		990	<b>1977</b>
JACKSON, Graham	Unattached : Cartmel		985	992		<b>1977</b>
SAXBY, Lance	Unattached - Harrogate	Vet40	978	989		<b>1967</b>
MILLINGTON, Graham	Wigan Harriers AC	Vet40	980	983		<b>1963</b>
ROSS, Andy	Unattached - Wigton	Vet 40		970	987	<b>1957</b>
EWEN, Thomas	ua Stocksfield		969		984	<b>1953</b>
HALL-SPENCER, Tom	Unattached - Newcastle		974		976	<b>1950</b>
CARSON, Kris	Unattached : Egremont		967	976		<b>1943</b>
BERGER, Harry	Unattached : Eskdale	Vet40	962		968	<b>1930</b>
MITCHELL, Collin	Unattached : Hexham	Vet40	958		969	<b>1927</b>
FIDLER, Mark	Delamere Spartans	Vet 40		969	950	<b>1919</b>
THOMPSON, Paul	Unattached : Ashington	Vet 40		952	963	<b>1915</b>
LYDEN, Hunter	Unattached - Manchester		950	959		<b>1909</b>
PATERSON, Ian	ua Bootle		952		955	<b>1907</b>
PRESCOTT, Dave	Bridlington Road Runners	Vet40	939		954	<b>1893</b>
AITKEN, Angus	Unattached : Hexham		936	955		<b>1891</b>
WHITE, Martin	Unattached - Carlisle	Vet50	944	944		<b>1888</b>
JOHNSON, Dickie	Krav Maga Cumbria	Vet 40		942	936	<b>1878</b>
GOODSON, Andy	Unattached - Bowness	Vet50	937	924		<b>1861</b>
WILDMAN, Geoffory	Unattached - Leyland	Vet60	921		918	<b>1839</b>
BALDWIN, Jerry	ua Chalford Hill	Vet60	930		898	<b>1828</b>
TOWNSEND, Alan	Unattached : Radstock	Vet60	906	917		<b>1823</b>
HORNBY, John Fleet	Unattached - Ulverston	Vet60	902	912		<b>1814</b>
BLENKINSOPP, Thomas	Unattached : Appleby			913	897	<b>1810</b>
CROSTHWAITE, David	Unattached - Cheshire	Vet50	900		909	<b>1809</b>
FEATHER, Thomas	Leeds & Bradford Tri Club			1000		<b>1000</b>
WINSKILL, Phil	Keswick AC		1000			<b>1000</b>
BALDES, Ellis	Unattached : York				999	<b>999</b>
JACKSON, Will	Helm Hill		999			<b>999</b>
MUSGREAVE, Simeon	Unattached - Kendal			999		<b>999</b>
NEWBOLD, Ed	Unattached - Skipton				998	<b>998</b>
BARRON, Craig	Keswick AC		997			<b>997</b>
AYRE, Kevin	South Shields Harriers	Vet 50			995	<b>995</b>
MCCONVILLE, Kieran	Unattached : Chorley		995			<b>995</b>
ASKEW, David	Harrogate Harriers	Vet 50		994		<b>994</b>
DE SILVER, Christopher	Unattached				993	<b>993</b>
FOOTE, John	Unattached : Burghfield Common	Vet 40		993		<b>993</b>
MARTIN, Tony	Fife AC	Vet60	993			<b>993</b>
COLLINGS, David	Australia	Vet40	992			<b>992</b>
BLAYLOCK, Phil	St Bees Triers				991	<b>991</b>

OSSELTON, Steve	Unattached - Newcastle	Vet50	991		991
SCOTT, Virgil	ua Cardiff			991	991
NELSON, Jamie	Unattached : St Albans	Vet 40		990	990
WOOD, Peter	Unattached - Carnforth	Vet50	989		989
BROWN, Martin	Unattached	Vet 40		988	988
PADGET, Barry	Unattached - Sunderland	Vet 40			988
BLAKE, Adrian	Unattached : Bury			987	987
BYRNE, Simon	St Bees Tri				986
DONOHUE, Mark	Unattached - Leeds			986	986
MATTHEWS, Harry	Elswick Harriers	Vet60	986		986
BOYD, Martin	Unattached - Rossendale				985
WILDMAN, Paul	Unattached : Catterick Garrison			985	985
ALEXANDER, Michael	Barlick Fell Runners			984	984
WRIGHT, Joff	Droitwich AC	Vet40	984		984
OWEN, Rob	Unattached : Millom		983		983
BOULGER, Andy	Asics	Vet 40			982
MAGUIRE, Peter	Unattached			982	982
THORPE, Chris	Unattached - Newcastle	Vet 40			981
TOLLER, Richard	Unattached : Dundee	Vet50	981		981
GROVES, Matt	Unattached : Broughton in Furness			980	980
O'NEILL, Kevin	Sunderland Strollers	Vet 40			980
CURRY, Jon	Unattached - Kendal			979	979
HEMINGTON, David	Unattached : Market Harborough	Vet 40			979
NEWBY, Colin	Unattached : Kirkby in Furness		979		979
PROUT, David	Unattached - Preston			978	978
WARD, Jerry	Unattached : Market Harborough	Vet 40			978
BLAKEMORE, Paul	ua Wigan			977	977
CAMPBELL, Gervasse	Unattached				977
HENNIN, James	Unattached - Newcastle		977		977
DUNN, Adam	Unattached - Newcastle		976		976
DUNBABIN, Daniel	Unattached - Warrington			973	973
SWEENEY, Derek	Unattached : Windermere	Vet50	973		973
WALDRON, Tim	Unattached - Liverpool				973
DONE, Martin	Unattached - Glossop	Vet 50		972	972
MULLINDER, Daniel	Unattached : Carlisle	Vet40	970		970
SMITH, Lee	Unattached - Newcastle	Vet 40			970
COE, Peter	Unattached - Kendal	Vet50	968		968
CROSSLEY, John	ua Rhyl	Vet 40			967
KRISHNANANDAN, Eason	Unattached : St Albans			967	967
BARTLETT, Robin	Lancaster & Morcambe AC	Vet50	966		966
GLOVER, Chris	Unattached : Lytham St Annes	Vet 40			966
DOTCHIN, James	Unattached : Brampton				965
TOBIN, Jonathan	Unattached - Chorley	Vet 40		965	965
DUNNE, Paul	Unattached : Kingslynn				964
MCINTYRE, Andrew	Unattached - Kendal	Vet50	964		964
ROBINSON, Geoff	Unattached : Alresford	Vet 60		964	964
BENNETT, Steve	Unattached - Kendal	Vet50	963		963
HETHERINGTON, Jonathan	Unattached - Sedgefield	Vet 40		963	963
CAPON, Bradley	Unattached - London			962	962
LINDSEY, David	Unattached - Stirling	Vet 40			962
MILLINGTON, Neil	Unattached - Preston				961
OLDITCH, Rupert	Unattached : Bicester	Vet 40		961	961
BLACKSHAW, Jon	Unattached - Manchester			960	960
POWIS, William	Unattached - Newcastle		960		960
ERNST, Darren	Unattached : Carlisle			958	958
ROONEY, Paul	Unattached - Glasgow				958
CHURNSIDE, Robert	Tri Northumberland	Vet 40			957
SHARMEN, Alex	Unattached : Lemington Spa			957	957
BELL, Steven	Unattached : Whitehaven	Vet 40			956
DAVIES, Stephen	Unattached Durham		956		956
WRIGHT, Simon	Bingley Harriers	Vet40	955		955

CLARKSON, Richard	ua Moffat	Vet40	954			954
PLESTED, Paul	Ellesmere Port Running Club	Vet 50		953		953
SANDS, Andrew	Unattached - Cokermouth				953	953
STOCKDALE, Peter	Unattached - Carlisle		953			953
EATON, Nicholas	ua Nantwich				951	951
HEANEY, Mark	ua Rochdale	Vet 50		951		951
REYNOLDS, Phil	Unattached - Penrith	Vet40	951			951
WILKINSON, Donald	Southport Waterloo AC	Vet 50		950		950
GALLAGHER, Paul	Unattached - Sunderland				949	949
HOTCHKISS, Dan	Unattached	Vet 40		949		949
REED, Mel	Elswick Harriers	Vet50	949			949
BROWN, Christopher	Unattached : York				948	948
OXFORD, Simon	ua Polesworth		948			948
BROWNELL-JUDD, Andy	Unattached : Leeds	Vet 40			947	947
NATUSCH, Phil	Unattached - Lancaster	Vet 40		947		947
CROPPER, Alistair	Unattached : Scunthorpe	Vet50	946			946
DALTON, Jon	Unattached : Ulverston			946		946
BATES, Damian	Unattached : Oldham	Vet 40		945		945
ROBINSON, Tom	Unattached : Poulton Le Fylde		945			945
WHITBY, Chris	Unattached - Carlisle	Vet 40			945	945
THWAITES, Dan	Unattached - Penrith				944	944
BURSTOW, Chris	Unattached - Bowness			943		943
GOODWIN, Steve	ua Cleethorpes				943	943
SHARMAN, Alexander	Unattached - Leamington Spa		943			943
FULLEOVE, Alex	Unattached : Oldham			941		941
HARRISON, Martin	Unattached : Warwick	Vet 40			941	941
MITCHELL, Shane	Unattached - Lancaster		941			941
BOLES, Kevin	Unattached : Windermere	Vet 50			940	940
FRANKS, Tim	Unattached : Barrow on Humber	Vet 50		940		940
VARELIS, George	PDL Panthers		940			940
BROTHERS, Toby	Hampstead Heath Park Run	Vet 40			939	939
MUIRHEAD, Bob	The fat lads sweat			939		939
MCCOWIE, Peter	Unattached - Newcastle	Vet 40			938	938
OXFORD, Saul	ua Nuneaton		938			938
WILLIAMS, Roger	Unattached - Manchester			938		938
HATCH, Peter	Unattached : Billingham	Vet 40		937		937
HITCHIN, Andy	Unattached - Warrington	Vet 40			937	937
SCOTT, Richard	Unattached - Skelmersdale	Vet 50		936		936
PRATT, Michael	Unattached - London				935	935
TOSH, Jeff	Unattached : Heysham		935			935
BALL, Michael	Unattached : Swinton	Vet 40		934		934
CHARTERS, Jon	Unattached : Poulton Le Fylde	Vet 40			934	934
RICHARDSON, Iain	Unattached - Newcastle		934			934
BARTLETT, Richard	Unattached : N Ferriby	Vet 60			933	933
SINGLETON, Ross	Unattached - Bristol	Vet 50		933		933
THOMPSON, Paul	Hornsea Harriers	Vet50	933			933
ALDAM, Mark	Unattached - Kendal	Vet 50		932		932
PEARSON, Adam	Unattached - Manchester				932	932
SPAULDING, Matt	Unattached - Preston		932			932
CASPI, Alon	Mornington Chasers	Vet 50			931	931
HARBACH, Stephen	Carlisle Triathlon	Vet50	931			931
ALECOCK, Stephen	Unattached : Carlisle	Vet 40			930	930
HERBERT, Les	Unattached : Stevenage			930		930
MARSHALL, David	Unattached : Stupidity	Vet 40		929		929
STAFFORD, Nick	Deeside Orienteering Club	Vet 40			929	929
WHALLEY, Ian	Unattached - Huddersfield		929			929
JACKSON, Gareth	SWITZERLAND			928		928
MACKENZIE, Steven	Unattached - Guisborough		928			928
THORNS, Ben	Unattached : Whitehaven				928	928
KENNY, Mark	Unattached	Vet 40		927		927
LAWRENCE, Philip	Unattached - Warrington		927			927

WATERFIELD, Mathew	Unattached - Gateshead				927	927
ALLEN, Heather	Unattached - Manchester			926		926
BULMER, Danny	Team Grassbanks				926	926
WARING, David	Unattached - Gateshead	Vet50	926			926
BUTTERWORTH, Richard	Unattached - Ilkley				925	925
FULLELOVE, Simon	Unattached - Manchester	Vet 40		925		925
GRAVES, Philip	Unattached : Cockermouth	Vet40	925			925
BARKER, David	Unattached - St Bees	Vet 40			924	924
PARGETER, Gary	Unattached : Northwich	Vet40	924			924
HANSEN, Ian	Unattached				923	923
SHARP, Nick	Unattached - Wakefield	Vet40	923			923
WILDMAN, Geoffory	Unattached - Leyland	Vet 60		923		923
CONACHER, Neil	JRC	Vet50	922			922
JEWELL, Richard	Unattached : Whitehaven	Vet 40			922	922
WEERERATNE, Cheehan	Unattached - London			922		922
NYGAARD, Kaare	NORWAY	Vet 40			921	921
PEARSON, Chris	Unattached : Grange Over Sands	Vet 50		921		921
CARTER, Matt	Unattached : Berkhamsted	Vet 40		920		920
GRAHAM, David	Carlisle Triathlon		920			920
ORR, Tony	Unattached : Burton in Kendal	Vet 50			920	920
BROOKES, Richard	Unattached - Kendal	Vet 60		919		919
STOREY, Mel	Unattached : Culcheth	Vet 50			919	919
HAYES, Andy	Unattached - Wigton	Vet40	918			918
PORTER, Bob	Unattached : Tyne and Wear			918		918
JONES, Matt	Unattached - Preston				917	917
MARR, Nick	Unattached - Reading	Vet40	917			917
ARCHER, Nick	Unattached - Manchester	Vet40	916			916
BOOTH, Rob	Unattached				916	916
STEVENSON, Adrian	Unattached - Manchester	Vet40	915			915
SWIFT, Ian	Unattached : Salford				915	915
MIDDLEBROUGH, David	Unattached	Vet40	914			914
WOODLEY, Lawrie	Unattached	Vet 70		914		914
CHADWICK, Alastair	Unattached : Telford	Vet50	913			913
RODGERS, Pete	Unattached : Ennerdale		912			912
BONE, James	Unattached - Kendal		911			911
CARSWELL, Thomas	Unattached : Broughton in Furness			911		911
WANING, Mathew	Unattached - Wigton				911	911
BLACKER, John	Harrogate Harriers	Vet 50		910		910
HAMBLY, Paul	Unattached	Vet 60			910	910
TWOMLOW, Steve	Kings Heath RC		910			910
BROOKSBANK, Tom	Unattached : Leeds			909		909
COOK, Alan	Unattached	Vet50	909			909
ARMITAGE, William	Unattached - Holmfirth				908	908
MARTIN, Darren	ua Gainford	Vet40	908			908
RAYMOND, Jon	St Bees Tri	Vet 40		908		908
CROSSLAND, Charles	Holmfirth Harriers				907	907
WALKER, Emma	Derwent AC		907			907
CLACK, Mike	Unattached : Cheltenham				906	906
HARRISON, John	Unattached - Carlisle	Vet 60			905	905
HUTTON, Phil	Unattached	Vet60	905			905
SMITH, Adrian	Unattached : broughton Astley	Vet 40			904	904
SHAPLEY, Nick	Unattached : Horsham				903	903
MCIVOR, Steven	Unattached - Newcastle				902	902
MALE, Roy	Unattached - Solihull	Vet 70			901	901
MCGEORGE, Mo	Unattached : Leeds	Vet40	901			901

