



21st March 2020 Important Update About Lakeland Trails in Hawkshead and Staveley

Thank you to everyone who has shown their support, expressed their good wishes and been patient whilst we're faced with some extremely difficult decisions in these times of uncertainty. We hope that you, your family and friends remain safe and well whilst life is disrupted for so many of us.

Considering the rapidly changing situation regarding COVID-19, including the [latest Government guidelines on Social Distancing](#) and the impact it is having on life, we have now taken the difficult decision to **postpone both Lakeland Trails in Hawkshead**, scheduled to have taken place on Saturday 18th April, **and Lakeland Trails in Staveley**, scheduled for Saturday 9th May. These are in addition to the already-re-scheduled Lakeland Trails in Cartmel, which will now take place on Saturday 19th September.

- Lakeland Trails in Hawkshead – Saturday 15th August 2020 – date confirmed
- Lakeland Trails in Staveley – Saturday 17th October 2020 – date confirmed

All entries will automatically be transferred to the new dates. We appreciate that these dates might not work for everybody. If this is the case for you, **please await a further update on Wednesday 25th March** when we will outline your options. We need this time to ensure all of our boxes (and there are a lot of them) are ticked to ensure a smooth transition to the new dates. We will look to re-open entry for some of the events at a later date if we have any spare places.

We have to prioritise the health and safety of not only you, our runners, but also our crew, volunteers and locals. Our events require a huge number of staff for them to operate smoothly and safely. With people being asked to self-isolate if they are showing symptoms of Corona virus, we cannot guarantee that everyone who is so far confirmed as being able to attend, including medics, safety teams, volunteers, car park stewards or crew, will be fit and well on the day. This in itself would put runners at an increased risk, regardless of the threat of COVID-19 being transmitted at the event, however small that chance may be.

At this stage, other events remain on the calendar on their original dates but we are monitoring the situation carefully.

On most of our courses, there are **sections of private land which we have kindly been granted permission to cross over**. We don't want to jeopardise future events by upsetting landowners and tenants at a time of year that there are lambs in fields. With that in mind, and as it increases the risk of bringing more people together in the small towns and villages where our events are based and where there is often limited parking, **please avoid the temptation to run the trails**.

We were due to start our 17th year on the Lakeland Trails and in that time there has only been one cancellation (a testament to our amazing team who've worked in some atrociously challenging conditions) so it really is disappointing that our 2020 season will be delayed. We know that so many of you will be disappointed too but we ask that you are supportive of the decisions we are taking so that we can continue to put on inspiring races in beautiful places this year and in the future. I always think of Lakeland Trails as a big family and I'm hopeful we can all pull through this together.

Please stay safe and if you are going out for a run (which the Government is still saying is a good thing) please do follow their guidelines to protect yourselves and those who are more vulnerable.

Best wishes,

Phil and the Lakeland Trails team

