

Lakeland Trails in Cartmel

Cartmel Trail Run 10K



Name	Bib	Gender	Age Group	Club
Adams, Stephen	375	m	MV 50	U/A READING, Berkshire
Addy, Richard	309	m	MV 50	U/A Southampton, Hampshire
Addy, Kate	308	f	FV 50	U/A BIRMINGHAM, West Midlands
Ainsworth, Chloe	310	f		U/A Wigan,
Alexander, Susan	312	f	FV 50	U/A Darlington, Durham
Alexander, Katy	311	f		U/A DURHAM,
Alldred, Karl	313	m	MV 40	U/A Warrington, Cheshire
Anderson, Amanda	314	f	FV 40	U/A Topcliffe, North Yorkshire
Appleby, Tracey	942	f		U/A Blackpool,
Appleby, Kathy	315	f	FV 50	U/A Lancaster, Lancashire
Ardin, Jo	316	f	FV 40	U/A Bury , Lancs
Armstrong, Nicola	318	f		U/A Millom, Cumbria
Armstrong, Ian	317	m		Millom striders
Arnold, Graham	319	m		-
Ashcroft, Dave	320	m	MV 50	U/A St Helens, Merseyside
Aspinall, Phil	321	m		U/A Clitheroe, Lancashire
Atkins, Tim	324	m		U/A Stretford, Greater Manchester
Atkins, Chloe	323	f		U/A Huddersfield, West Yorkshire
Atkins, Allison	322	f	FV 40	U/A Huddersfield, West Yorkshire
Atkinson, Kathryn	325	f	FV 40	Pendle Triathlon Club
Attwood, Dawn	326	f	FV 50	Millom Striders
Ault, Emily	327	f		Barrow Runners
Averill, Susan	329	f	FV 50	Notts womens runners
Averill, Steven	328	m	MV 50	U/A Nottingham ,
Bailey, Miriam	332	f	FV 50	Trawden Athletic
Bailey, David	331	m	MV 50	U/A Burnley , Lancashire
Bailey, Daniel	330	m		U/A Darlington,
Ball, Nicky	335	f	FV 50	U/A Bolton , Lancashire
Ball, Madeleine	334	f		U/A Preston,
Ball, Frankie	333	f		U/A Salford,
Bamber, Liz	336	f	FV 40	Lancaster Women's Running Club
Barden, Louise	337	f		U/A Kendal, Cumbria
Barford, Bob	338	m	MV 50	U/A Laceby, Lincolnshire
Barker, Tracey	991	f	FV 50	Trail Running Association
Barker, Ben	339	m	MV 40	U/A Warrington, Cheshire
Barnes, Sara	341	f		U/A Wigan, Lancs
Barnes, David	340	m	MV 50	Red Rose
Barnett, Catherine	342	f	FV 50	Garstang running club
Barry, Sarah	343	f		U/A Kilbarchan,
Barsby, James	344	m		U/A clitheroe, Lancashire
Barton, Simon	346	m	MV 60	Hoad Hill Harriers
Barton, Sally	345	f	FV 50	Hoad Hill Harriers
Bateman, Julie	347	f	FV 40	U/A Blaydon,
Bates, Steve	350	m	MV 60	Mossley AFC Running Club
Bates, Paul	349	m	MV 40	Mossley AFC Running Club
Bates, Adam	348	m		U/A Oxford,
Batt, Jayne	351	f	FV 50	U/A York,
Battersby, Anna	935	f		U/A London,
Batty, Fiona	352	f		U/A Worksop, Nottinghamshire
Bedford, Rebecca	353	f		U/A Chorley , Lancashire
Beecham, Rachael	354	f	FV 40	U/A Kendal,
Belford, Alison	355	f	FV 50	Formby Stormers

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Name	Bib	Gender	Age Group	Club
Bell, Gillian	356	f		U/A Keswick , Cumbria
Benn, Colin	357	m	MV 60	Millom Striders
Beresford, Amanda	302	f		U/A
Bescoby, Claire	358	f	FV 40	Helm hill
Betley, Catherine	359	f	FV 40	N/A
Bhavsar, Vishal	360	m		U/A London,
Blackledge, Peter Edward	770	m	MV 40	U/A Congleton,
Blakeley, Philip	361	m		U/A Aughton, Lancs
Blakemore, Paul	362	m		U/A Wigan ,
Bland, Julie	364	f	FV 40	U/A Kendal, Cumbria
Bland, Abby	363	f		U/A Kendal, Cumbria
Bonham, Philippa	365	f	FV 40	U/A Doncaster, South Yorkshire
BOOTH, SUE	886	f	FV 50	U/A MARYPORT, CUMBRIA
Borking, Helen	366	f	FV 50	Women on the Run
Bowden, Louise	367	f	FV 40	Ramsbottom Running Club
Bowerman, Helen	368	f	FV 50	U/A York,
Boyle, Sarah	370	f	FV 50	U/A Kendal,
Boyle, Tony	369	m	MV 40	U/A Liverpool,
Braddon, Karen	371	f	FV 60	Crocwalkers
Brass, Jacob	372	m		U/A Ambleside, Cumbria
Brayshaw, Kate	374	f	FV 40	Helm Hill
Brayshaw, Andy	373	m	MV 40	Helm Hill
Brook, Graham	376	m	MV 50	Wesham Road Runners
Brookfield, Hannah	378	f		U/A Aughton, Lancashire
Brookfield, Daniel	377	m		U/A ORMSKIRK, Lancashire
Brooks, Neil	379	m	MV 40	U/A Preston , Lancashire
Bruce, Tracey	381	f	FV 50	L&MAC
Bruce, Tracey	380	m	MV 40	U/A Lancaster, Lancashire
Brunton, Jackie	382	f	FV 40	Red rose road runners
Bryant, Sue	384	f	FV 50	U/A Leamington Spa, Warwickshire
Bryant, James	383	m	MV 40	Kenilworth Wheelers CC
Buckingham, Jane	386	f	FV 40	Stocksfield Striders
Buckingham, Jan	385	f	FV 50	Blackburn Harriers
Buckle, David	388	m		U/A Grange-over-Sands, Cumbria
Buckle, Alanna	387	f		U/A Grange-over-Sands , Cumbria
Burgess, Christine	389	f	FV 50	thornton cleveleys running club
Butlin, Louie	390	m		U/A Manchester,
Byron, Andrew	936	m		U/A London,
Caisley, Colin	391	m	MV 40	U/A Wilmslow Cheshire
Callaghan, Catherine	392	f	FV 50	WOTR
Campbell, Andrew	394	m		U/A Cheadle Hulme,
Campbell, Alison	393	f	FV 70	Wimbledon Windmilers
Candlish, Dave	395	m	MV 40	Saltwell Harriers
Carr, Matthew	397	m	MV 50	U/A Normanton, West Yorkshire
Carr, Dot	396	f	FV 70	U/A harrogate, yorkshire
Carruthers, Anne-Marie	894	f	FV 40	U/A Lancaster , Lancashire
Carruthers, Rachel	398	f	FV 40	U/A Penrith , Cumbria
Carter, Paul	950	m		U/A Millom, Cumbria
Carter, Gemma	399	f	FV 40	U/A Cockermonth, Cumbria
Cartwright, Matt	400	m	MV 40	U/A Preston, Lancashire
Casserley, Beth	401	f		U/A Sale, Manchester
Cassidy, Ian	951	m		U/A Wigan, Lancashire

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Name	Bib	Gender	Age Group	Club
Cassidy, Liz	403	f	FV 50	U/A Paisley,
Cassidy, Angela	402	f	FV 50	U/A Barrhead, East Renfrewshire
CHARLES, JACQ	952	f	FV 40	Wirral Vikings TRC
Charlesworth, Lisa	404	f	FV 40	U/A Wollaton, Nottinghamshire
Cheffy, Rachel	405	f	FV 40	U/A Hitchin ,
Chudley, Sylvia	406	f	FV 60	U/A Underbarrow,
Cihlar, adele	407	f	FV 40	U/A Prestwich , Manchester
Clarke, Louise	409	m	MV 40	U/A Driffield,
Clarke, Carla	408	f	FV 40	Durham Mums on the Run
clay, gary	410	m	MV 60	U/A huddersfield, west yorkshire
clements, laura	948	f	FV 40	st bees trier
Cleworth, John	411	m	MV 40	U/A Timperley, Cheshire
Coldham, Paul	412	m	MV 50	U/A Keswick
Cole, Simon	414	m	MV 50	U/A Ansdel, Lancs
Cole, David	413	m	MV 70	U/A Penrith, Cumbria
Collier, Stuart	415	m	MV 50	U/A Manchester , Lancashire
collins, shane	416	m	MV 50	red rose road runners
Cook, Mags	417	f	FV 60	Roundhay Runners
Cookson, Paul	418	m		U/A Altrincham, Cheshire
Cooper, Emma	419	f	FV 40	U/A Preston, Lancashire
Craig, Jennifer	421	f		U/A Blackpool, Lancashire
Craig, Andy	420	m		U/A Blackpool,
Crate, Beverley	422	f	FV 40	U/A Bedlington , Northumberland
Crawford, Clare	423	f	FV 50	U/A Altrincham, Cheshire
Crellin, Rebecca	953	f		U/A Frizington, Cumbria
Cross, Matt	424	m	MV 40	U/A Wolverhampton,
Crossley, Louisa	427	f	FV 50	U/A Rhuddlan, Denbighshire
Crossley, Karen	426	f	FV 40	U/A Penrith,
Crossley, Jonathan	425	m	MV 50	U/A Rhuddlan, Denbighshire
Cumber, Sarah Louise	429	f	FV 40	Halifax Harriers AC
Cumber, Geoff	428	m	MV 70	U/A Sowerby Bridge,
Cummings, Vicki	431	f	FV 40	U/A Lytham,
Cummings, Jessie	430	f		U/A Millom , Cumbria
cunningham, olwen	949	f	FV 40	St Bees triers
Curtis, Catriona	432	f		U/A Kirkby Lonsdale, Cumbria
cuthbert, catherine	433	f	FV 40	wallasey ac
Dakin, Amelia	434	f	FV 50	Ponteland Runners
Dale, Jennifer	435	f		U/A Wigan,
Davenport, Lynda	437	f		U/A Harrogate, North yorkshire
Davenport, Joe	436	m		U/A Preston, Lancashire
Davies, Ken	955	m	MV 40	U/A Richmond, North Yorkshire
Davies, Reece	954	m		DCC
Davies, Robert	441	m		U/A St Asaph,
Davies, Jane	440	f	FV 50	U/A Manchester,
Davies, Christina	439	f		U/A Bishop Auckland, Durham
Davies, Andrew	438	m	MV 50	U/A Wolverhampton, West Midlands
Davis, Rebecca	442	f		U/A Letchworth, Hertfordshire
Dean, Julie	445	f	FV 50	U/A Carnforth , Lancashire
Dean, Jim	444	m	MV 70	U/A Kendal, Cumbria
Dean, Allan	443	m	MV 60	U/A OAKHAM, Rutland
Dean-Ashton, Lauren	446	f	FV 40	U/A Manchester,
Decadt, Louis	956	m		Barcelona

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Name	Bib	Gender	Age Group	Club
Decadt, Bart	447	m	MV 50	U/A Bolton,
Dever, Louisa	448	f	FV 50	U/A Wallasey,
Dewell, Mark	449	m	MV 40	U/A Wilmslow,
Dewhurst, Victoria	450	f	FV 40	U/A Bolton, Lancs
Dinsdale, Nicola	451	f		Ribble valley Tri Club
Dodd, Sarah	453	f		U/A Barrow In Furness, Cumbria
Dodd, Bev	452	f	FV 40	Millom Striders
Dodds, Rachael	454	f	FV 40	Roundhay Runners
Dods, Jack	455	m		U/A Cheadle, Greater Manchester
Dore, Samuel	958	m		U/A Liverpool,
Dore, Emily	957	f		U/A Formby,
Dougan, Michelle	939	f		U/A Barrow in Furness , Cumbria
Downes, Lindsay	456	f	FV 40	U/A Frome,
Dowson, Jane	457	f	FV 40	Tadcaster Harriers
Duffy, Fergal	458	m	MV 40	U/A Enniskillen, Co. Fermanagh
Dugdale, Julie	459	f	FV 50	U/A Kendal, Cumbria
Duncanson, Helen	460	f	FV 40	St Bees Triers
Dunmore, Sarah	461	f	FV 40	U/A Epping, Essex
Dunn, James	462	m		U/A Kenley, Surrey
Durr, Liam	463	m		U/A Manchester,
Dwan, Ellie	464	f		U/A Ulverston, Cumbria
Dyson, Sadie	465	f	FV 40	U/A ROSSENDALE, LANCASHIRE
Earnshaw, Chris	466	m	MV 40	U/A Kendal, Cumbria
EDMONDSON, JOHN PAUL	467	m		U/A BURNESIDE, CUMBRIA
Edwards, Robbie	470	m	MV 40	Southport running cluc
Edwards, Melanie	469	f	FV 40	Ilkley Harriers
Edwards, Bernice	468	f	FV 40	U/A Liverpool,
egan, rosie	471	f	FV 50	Cheshire hash house harriers
Ellams, Jeff	472	m	MV 40	Helsby
Elliott, Jo	473	f		U/A Oxford,
entwistle, mary ellen	474	f	FV 40	U/A lancaster, lancashire
Ethell, Paul	476	m	MV 50	U/A Preston, Lancashire
Ethell, Marnie	475	f		U/A Preston, Lancashire
Eyles, Caroline	959	f	FV 40	Penistone Footpath Runners
Falconer, Chloe	477	f		Millom Striders
Fane, Harriet	478	f		U/A Penkridge, Staffordshire
fishpool, Luke	479	m		U/A driffield, East Riding of Yorkshire
Fitzpatrick, Megan	960	f		Team inov-8
Fitzpatrick, Sarah	481	f	FV 50	Me
Fletcher, Jonathan	482	m	MV 50	Ripon Runner
Floyd, Victoria	938	f		U/A Poynton, Cheshire
Floyd, Andrew	937	m		U/A Poynton, Cheshire
Fordham, Andrew	483	m	MV 50	U/A Preston, Lancashire
Foster, Jenny	485	f		U/A Manchester,
Foster, Elizabeth	484	f	FV 60	Tynedale Harriers
Fothergill, Tracy	486	f	FV 40	U/A Stutton Tadcaster, North Yorkshire
Frank, Jackie	487	f	FV 40	U/A Redcar,
Free, Martin	488	m	MV 40	U/A Huddersfield,
Friend, Scott	490	m		U/A Clitheroe, Lancashire
Friend, Mark	489	m		U/A Clitheroe, Lancashire
Gaffney, James	491	m		-
Gall, Zara	492	f	FV 40	Didsbury ladies

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Name	Bib	Gender	Age Group	Club
Gallop, Callum	493	m		U/A Kendal, Cumbria
Gant, Linda	961	f	FV 60	Bodyfit Cumbria running club
Garden, David	494	m		U/A Blackpool,
Garvey, Gerry	495	m	MV 50	Muddy Boots Nursery
Gaston, Phillip	497	m		U/A milnthorpe, cumbria
Gaston, Elizabeth	496	f		U/A Milnthorpe, Cumbria
Ghosh, Helene	498	f	FV 40	U/A Gomersal,
Gibson, Jo	499	f	FV 50	Penny Lane Striders
Giles, Bernadette	500	f	FV 50	Mereside Primary Blackpool
Gilpin, Ellie	501	f		U/A Milnthorpe , Cumbria
Godson, Harry	502	m	MV 40	Bentham Beagles
Goldrick, Sue	503	f	FV 50	U/A Manchester,
Goodson, Gay	504	f	FV 40	U/A kirkby-in-Furness, cumbria
Gordon, Amy	505	f		U/A Milnthorpe , Cumbria
Gore, David	506	m	MV 40	U/A Wigan, Lancs
Gourlay, Ross	962	m	MV 40	Roundhay Runners
Grace, Jim	508	m	MV 70	U/A Cranage, Cheshire
Grace, Angela	507	f	FV 40	U/A Cranage, Cheshire
Graham, Melanie	509	f		U/A Holmrook , Cumbria
Graves, Gillian	510	f	FV 50	U/A York, North Yorkshire
gray, julie	511	f	FV 50	U/A st annes, lancashire
Grayston, Lorraine	512	f	FV 50	U/A Preston, Lancs
Gribbin, Laurie	513	m		Millom striders
Griffiths, Karen	516	f	FV 40	U/A BARROW-IN-FURNESS , Cumbria
Griffiths, Tricia	515	f	FV 50	U/A Lancaster,
Griffiths, Grant	514	m	MV 60	U/A Lancaster,
grimes, jeanette	517	f	FV 50	U/A prescot, merseyside
Grimshaw, Siobhan	518	f	FV 50	Blackburn road runners
Grisedale, Jonny	964	m	MV 40	Team inov-8.com
Grisedale, Jo	963	f	FV 40	Team inov-8.com
Gudgeon, Michael	519	m	MV 40	U/A Settle, North Yorkshire
Gunn, Carol	965	f	FV 50	St bees triers
Gutteridge, Fiona	520	f		Red Rose Road Runners
Guy, Josephine	521	f		U/A Windermere, Home
Gyte, Laura	522	f	FV 40	U/A London,
Haddow, Patrick	941	m		U/A Fleetwood, Lancashire
Haigh, Jo	523	f	FV 60	U/A Skipton, North Yorkshire
Haley, John	524	m		Unattached
Halhead, Gillian	525	f	FV 40	U/A Carnforth, Lancs
Hall, Claire	526	f		NA
Halstead, Laura	529	f		U/A London,
Halstead, Emily	528	f		U/A London,
Halstead, David	527	m	MV 50	U/A Lytham St.Annes, Lancashire
Hamilton, Fraser	530	m		U/A Northwich, Cheshire
Hanley, vicki	532	f	FV 40	Nordic walking Preston
Hanley, Brian	531	m	MV 50	Red Rose Road Runners
Hannah, Sharon	533	f	FV 40	U/A Kendal, Cumbria
Harding, Jo	966	f	FV 40	Chester Tri Club
Harland, Richard	535	m	MV 50	U/A Warrington,
Harland, Jackie	534	f	FV 40	U/A Warrington,
Harrison, Richard	538	m	MV 40	None
Harrison, Kate	537	f		U/A Carnforth,

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Name	Bib	Gender	Age Group	Club
Harrison, John	536	m	MV 70	U/A Carlisle, Cumbria
Harrison-Wright, Willem	539	m		U/A Harrogate,
Harvey, Claire	540	f	FV 40	U/A Ellesmere Port , Cheshire
Harvey, Joanna	480	f		U/A Liverpool,
Haughton, Kathryn	947	f	FV 50	U/A Nr. Grange-over-Sands, Cumbria
Haworth, Mandy	541	f	FV 50	New Balance Run Club Keswick
Head, Ritchie	542	m	MV 50	U/A Wallasey,
Headon, Carol	543	f	FV 40	Garstang Running Club
Heighton, Sandra	544	f	FV 50	Women On The Run
Hemsley, Andrew	545	m	MV 50	U/A Penrith, Cumbria
henderson, margaret	546	f		U/A warton, lancs
Henniker, Victoria	547	f	FV 40	Warrington Running Club
Henshaw, Paul	548	m	MV 40	U/A Altrincham ,
henworth, andy	549	m	MV 40	U/A lancaster, lancashire
Hewitt, Mary	550	f	FV 60	Garstang Running Club
Higgins, Philip	551	m	MV 50	Kendal Tri Club
Higginson, Ben	552	m	MV 60	Preston Harriers
Higgs, Lynne	553	f	FV 40	U/A Ulverston, Cumbria
Hill, Phil	556	m	MV 50	Roundhay Runners
Hill, Penny	555	f	FV 50	Roundhay Runners
Hill, Hannah	554	f	FV 40	U/A Kendal, Cumbria
hindle, elaine	557	f	FV 40	U/A Liverpool,
Hodson, Barrie	967	m	MV 40	U/A Leyland,
Holden, Andrew	558	m	MV 50	U/A Lancashire,
Holland, Michael	559	m		U/A Stockport,
Holman, Ceri	560	f	FV 40	U/A Grange over Sands, Cumbria
Holmes, Richard	562	m	MV 40	U/A Lytham,
Holmes, Alison	561	f	FV 50	Whitchurch tri club
Hooper, Karen	563	f	FV 40	Team Coco
Hopper, Jon	564	m		U/A Manchester, Greater Manchester
Horn, Fatima	565	f		Rothwell Harriers
Horne, Fran	990	m	MV 40	U/A Grange Over Sands, Cumbria
Huggett, Chris	566	m		U/A Cartmel,
Hughes, Dan	567	m		U/A Burnley, Lancashire
Humphrey, Edward	568	m	MV 40	U/A London,
Humphreys, James	968	m	MV 40	U/A Bury,
Hunt, Catherine	569	f	FV 40	Women on the Run
Hunter, Jane	597	f	FV 50	Lancaster Women's Running Club
Hunter, Carol	570	f		U/A Preston, Lancashire
Hurst, Gerard	571	m	MV 60	U/A Wigan,
Ingham, Graham	572	m	MV 50	U/A Kirkham,
Irving, Beth	573	f	FV 40	U/A Carlisle,
Islam, Mahfuzul	574	m	MV 40	U/A Sabden,
Jackson, Thomas	579	m		U/A Stalmine, Lancashire
jackson, sandre	578	f	FV 60	U/A congleton, cheshire
jackson, malcolm	577	m	MV 50	U/A congleton, cheshire
Jackson, Gill	576	f	FV 60	Jog on the Tyne
Jackson, David	575	m	MV 40	Horwich RMI Harriers
James, Stephen	581	m	MV 40	Lancaster Runners
James, Annabel	580	f		Millom Striders
Jeffrey, Helen	583	f	FV 40	U/A Carlisle, Cumbria
Jeffrey, Helen	582	f		U/A Halifax, West Yorkshire

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Name	Bib	Gender	Age Group	Club
Jensen, Peter	584	m	MV 50	U/A Thornton Cleveleys , Lancashire
Jerram, Melanie	585	f	FV 40	U/A Strathaven, South Lanarkshire
Jimenez, Lola	586	f		U/A Southport, Merseyside
johnson, michelle	970	f	FV 50	Catherines Anyone Can Run
Johnson, Helen	969	f	FV 40	Wirral Vikings
Johnson, Stephen	588	m	MV 60	Millom Striders
johnson, karen	587	f	FV 40	U/A Ulverston,
Johnston, Vicky	590	f	FV 40	St Bees Triers
Johnston, Emily	589	f		U/A Newcastle upon Tyne, Tyne & Wear
Jones, Jacqueline	595	f	FV 40	U/A Darlington , Durham
Jones, Kate	594	f	FV 50	U/A Eccles,
Jones, Helen	593	f		U/A Burntisland , Fife
Jones, Fiona	592	f	FV 40	U/A Preston, Lancashire
Jones, Andrew	591	m	MV 40	U/A Prescot, Merseyside
Jubb, Peter	596	m	MV 50	U/A Nottingham, Nottinghamshire
Kay, Nicola	598	f	FV 40	Horwich RMI Harriers
Keating, Sharon	599	f	FV 40	U/A Lancaster , Lancashire
Keiller, Heather	600	f	FV 40	U/A Penrith , Cumbria
Keohane, Kate	601	f	FV 60	Cockermouth HHH
Kirkman, Jill	602	f	FV 50	U/A Morecambe, Lancashire
Kitchin, Steven	604	m	MV 40	U/A Lancaster, Select One
Kitchin, Nicola	603	f	FV 50	U/A Lancaster, Select One
Kitching, Jake	605	m		n/a
knowles, Timothy	607	m	MV 50	none
Knowles, Amy	606	f		U/A STOCKPORT, cheshire
Krynen, Hilde	608	f	FV 50	U/A Kendal, Cumbria
Laing, Richard	609	m		U/A Altrincham, Cheshire
Lamb, Darren	610	m	MV 40	U/A Preston, Lancashire
Lancaster, Kelly	611	f		Millom Striders
Lane, Vanessa	615	f	FV 40	None
Lane, Steven	614	m	MV 40	None
Lane, Peter	613	m	MV 40	U/A Newark, Nottinghamshire
Lane, Ellie	612	f	FV 50	U/A Manchester , Lancashire
Larden, Anna	616	f		U/A Southampton, Hampshire
Laverack, Julia	617	f	FV 50	Ambleside AC
Laycock, Jo	618	f	FV 40	U/A Manchester,
Layton, Margaret	619	f	FV 70	Wimbledon Windmilers
Leahy, Stephen	621	m		U/A Kendal, Cumbria
Leahy, Michael	620	m	MV 60	U/A Grange-Over-Sands, Cumbria
Leece, Victoria	622	f		U/A Millom, Cumbria
Lees, Oliver	623	m		U/A Leeds, West Yorkshire
Lewis, Jennifer	625	f	FV 40	U/A Manchester,
Lewis, Anne	624	f	FV 60	Swans Tri Club
Lewthwaite, Nick	626	m	MV 40	U/A Windermere, Cumbria
Libert, Sebastien	945	m		U/A london,
Liptrott, Mark	627	m	MV 40	U/A Ormskirk, Lancashire
Littlefield, Paul	628	m	MV 50	U/A Bolton,
Livesey, Michelle	629	f		Red Rose Road Runners
Llewellyn, Peter	630	m	MV 50	Bowland Fell Runners
Lloyd, Huw	631	m		U/A Richmond, North Yorkshire
Logan, Andrew	632	m		U/A Warrington,
Lord, Sarah	634	f	FV 40	U/A CARLISLE, Cumbria

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Name	Bib	Gender	Age Group	Club
Lord, Robert W	633	m		U/A Chorlton, Manchester
Lupton, Sarah	635	f	FV 40	Millom Striders
MacDonald, Neil	636	m	MV 50	Millom Striders
Macfarlane, Paul	971	m	MV 40	Helmhill / Batala
madden, Sue	637	f	FV 60	U/A Kendal, Cumbria
Maguire, Carl	638	m	MV 40	U/A Barrow in furness, Cumbria
Mahony, Michelle	639	f	FV 40	U/A Ulverston ,
Mallinson, Amy	640	f		U/A Grange over sands, Cumbria
Manderson, Ian	641	m	MV 50	Jogging pals
Mannion, Lawrence	642	m	MV 50	U/A Kendal,
Marechal, Christina	644	f		U/A Manchester, Lancashire
Marechal, Anthony	643	m	MV 60	U/A STROUD, Glos
Marks, Darren	645	m		U/A Oswestry,
Marshall, Joanne	972	f	FV 40	U/A Warrington, Cheshire
Marshall, Gemma	646	f		Millom Striders
Master, Sara	647	f		U/A lancaster, Lancs
Mather, Tony	649	m	MV 50	U/A Stockport, Cheshire
Mather, Lisa	648	f	FV 40	U/A Stockport, Cheshire
Mathews, Tim	650	m	MV 60	U/A Port Sunlight, Wirral
Mault, Tracy	652	f	FV 40	U/A Preston, Lancs
Mault, Leslie	651	m	MV 60	U/A Preston, Lancashire
Mayer, Peter	653	m	MV 50	U/A Rossendale , Lancs
Mayor, Rhys	973	m		U/A Liverpool,
McAninly, Abigail	654	f	FV 40	Durham
McDermott, James	655	m		U/A Worsley, Manchester
McDowall, Ian	657	m	MV 60	U/A Linlithgow,
McDowall, Edith	656	f	FV 50	U/A Linlithgow, West Lothian
Mcginnes, Angela	658	f	FV 40	U/A knutsford,
McGregor, Laura	659	f		U/A Durham, Durham
McIntosh, Sophie	660	f		U/A Burnley, Lancashire
McIntyre, Nigel	662	m	MV 50	U/A Longton, Lancashire
McIntyre, Lynda	661	f	FV 50	U/A Longton, Lancashire
McKenzie, Louise	663	f		U/A Linlithgow, West Lothian
McLachlan, Ellen	664	f		BWFAC
McMahon, Terry	665	m	MV 50	U/A kendal, cumbria
McManus, Daniel	666	m		Salford Harriers
McMonagle, Paul	307	m		U/A Ormskirk, Lancashire
McMurtha, Damien	667	m		Millom stridders
McNeela, Charlotte	668	f		U/A Preston, Non-US/Other
McNeil, Karen	669	f		U/A Carlisle, Cumbria
McNeill, Kerrie	670	f	FV 40	U/A Thornton Cleveleys Lancs
Mcpartlin, Andrew	671	m	MV 40	U/A Manchester,
meadows, sharon	672	f	FV 40	ilkley harriers
Medlicott, Alison	673	f	FV 50	U/A Leigh, Lancs
Melling, Andrew	674	m	MV 40	U/A Leyland,
Mercer, Elaine	675	f	FV 40	Women on the rum
Middleton, Ruth	676	f	FV 40	Quakers running club
Miles, Tim	677	m	MV 40	Millom Striders
Miller, Chris	679	m		U/A Altrincham, MANCHESTER
Miller, Allyson	678	f	FV 40	U/A Chorley, Lancashire
Mitchell, Richard	680	m		U/A Kirkham, Lancashire
Molloy-Johnston, Anna	681	f		U/A Preston, Lancashire

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Name	Bib	Gender	Age Group	Club
Moore, Sam	684	m		Millom Striders RC
Moore, Karen	683	f	FV 50	Millom Striders
Moore, Andy	682	m		U/A Cockermouth, Cumbria
Moran, Mark	685	m	MV 40	Swinton
Morgan, Paula	686	f	FV 40	U/A Milnthorpe, Cumbria
Morris, James	687	m		U/A Preston,
Morrison, Lucy	688	f		U/A Dalston,
Morrisroe, Keith	689	m	MV 40	Liverpool
Mulcrone, Jane	691	f	FV 40	Penny Lane Striders
Munro, Sam	693	f	FV 40	U/A Freckleton ,
Munro, Iain	692	m	MV 40	U/A Preston, Lancashire
Murray, Theresa	694	f	FV 50	U/A Crook, Cumbria
Myatt, Ann	695	f	FV 50	Cheadle
Myerscough, Richard	697	m	MV 40	U/A Reading , Berkshire
Myerscough, Joanna	696	f	FV 40	U/A Reading, Berkshire
Navin, Wendy	698	f	FV 40	St Bees Triers
Neale, Stephanie	699	f	FV 50	Me
Neil, Emma	701	f		Barrow Runners
Neil, Chris	700	m		Barrow Runners
Neill, Paul	702	m	MV 40	Warrington Running Club
Newton, Louise	703	f		Stocksfield Striders
Nixon, Alex	306	m		U/A Preston Lancs
Noble, Victoria	704	f	FV 40	S&P
Norman, Tracy	705	f	FV 50	Wirral Vikings TRC
Nowak, Basia	706	f	FV 40	U/A Grange-over-Sands,
O'boyle, Gillian	707	f	FV 40	U/A warrington, Cheshire
Ogg, Rosie	708	f		U/A Gretna, Dumfriesshire
Oliver, Gillian	709	f	FV 50	Lytham St Annes Road Running Club
Oram, Stuart	711	m	MV 40	U/A Manchester, Manchester
Oram, Sarah	710	f	FV 40	Chorlton Runners
Orlans, Michael	712	m		U/A Greater London, --
Otway, Paul	713	m	MV 40	U/A Natland, Cumbria
ovans, simpson	715	m	MV 40	U/A malvern,
Ovans, helen	714	f	FV 40	Stowmarket Striders
Owen, William	718	m	MV 40	U/A Leyland ,
Owen, Stephen	717	m	MV 40	Victoria Park Running Club
Owen, Jamie	716	m		U/A leyland,
Palmer, Tim	720	m	MV 40	None
Palmer, Lorraine	719	f	FV 40	U/A Holmfirth,
Park, Julia	721	f	FV 40	Me
Parka, Michal	722	m		U/A Ulverston, Cumbria
Parker, Mike	725	m	MV 40	Elvet Striders
Parker, Henry	724	m		U/A Leeds, West Yorkshire
parker, Claire	723	f	FV 40	Mrs
Parmley, Hannah	726	f		Roundhay Runners
Parry, Susanne	727	f	FV 40	U/A Carlisle,
Parsons, Anna	728	f	FV 40	Northwich running club
Patten, Graham	736	m	MV 50	Team Lakeland Trails
Pattison, David	729	m	MV 40	U/A Chester, Cheshire
Paxton, Lisa	730	f	FV 40	Women on the Run
Pearson, Thomas	733	m		U/A Grange Over Sands, Cumbria
Pearson, Emma	732	f	FV 40	U/A Carlisle, Cumbria

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Name	Bib	Gender	Age Group	Club
Pearson, Chris	731	m	MV 50	U/A Grange Over Sands, Cumbria
Pennington, Gina	974	f	FV 40	Helm hill
Phillips, Rob	975	m	MV 40	U/A Heversham,
Phillips, Louisa	735	f		U/A Manchester, Greater Manchester
Pierce-Roberts, Danielle	737	f		Warrington Running Club
Pinney, Sarah	738	f	FV 50	Millom Striders
Pleasance, Robert	739	m	MV 50	U/A Manchester, Greater Manchester
polley, caleb	740	m	MV 40	U/A Stockport,
popple, richard	741	m	MV 40	U/A Sheffield, South Yorkshire
Porter, Jonathan	742	m		U/A Grange over sands , Cumbria
Priestley, Clair	743	f	FV 40	U/A Todmorden,
Prout, David	745	m		U/A Preston, Lancashire
Prout, Charmay	744	f		U/A Preston,
Pye, Alison	746	f		U/A Kendal, Cumbria
Pyke, Christopher	747	m	MV 40	U/A Manchester,
Quigley, Lorna	748	f	FV 50	U/A Prenton Merseyside
Rainford, Sarah	749	f	FV 50	WOTR
Reeves, Lucy	976	f		U/A MORECAMBE, Lancashire
Regan, Shelley	750	f		U/A Preston, Lancashire
Reynolds, Jodie	751	f		U/A Rochdale,
Richards, Gail	753	f	FV 40	Evenwood Road Runners
Richards, Rebecca	752	f		U/A Ulverston, Cumbria
Richardson, Gary	757	m	MV 40	U/A Kendal , Cumbria
Richardson, Susan	756	f	FV 50	St Bees Triers
Richardson, Simon	755	m	MV 40	U/A Seascale ,
Richardson, Jennifer	754	f	FV 40	U/A Near Kendal, Cumbria
RICKARDS COLLINSON, EDWINA	758	f	FV 60	CROCWALKERS
Rigby, Ian	760	m	MV 50	U/A Widnes, Cheshire
Rigby, Carolyn	759	f	FV 50	Widnes Wasps
Roberts, Shaun	764	m	MV 40	Tyne Bridge Harriers
Roberts, Rose	763	f	FV 50	U/A Lancaster, Lancashire
Roberts, Catherine	762	f		U/A Stainforth, North Yorkshire
Robertson, Kirsty	765	f	FV 50	Jog Cowdenbeath
Robinson, Ian	769	m	MV 40	SCC
Robinson, Antonia	768	f	FV 40	U/A Preston, Lancs
Robinson, Peter	767	m		U/A Leeds, Yorkshire
Robinson, Louise	766	f		WotR Kendal
Robson, Jo-Anna	771	f	FV 40	U/A Formby,
Roche, Rachel	977	f		U/A Birmingham,
Rogers, Simon	773	m		Kilbarchan AAC
Rollason, Kate	774	f		U/A Skipton, North Yorkshire
Rooks, Adrian	775	m	MV 50	U/A Hull, East yorkshire
Rooney, Dave	776	m	MV 50	U/A Southport, Merseyside
Rose, Alison	777	f	FV 40	U/A Ilkley, West Yorkshire
Ross, Ben	778	m		U/A St Asaph,
Routledge, Jackie	978	f	FV 60	Thornton Cleveleys
Routledge, Perrie	779	f		U/A Carlisle, Cumbria
Rudge, Malcolm	305	m		U/A Kendal
Russell, Katharine	780	f	FV 40	U/A Stocksfield, Northumberland
Ryan, Nancy	781	f	FV 40	U/A Altrincham, Cheshire
Safrany, Ben	782	m		U/A Worskop, Notta
Salcedo, Maria	979	f	FV 50	U/A Chester, Cheshire

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Name	Bib	Gender	Age Group	Club
Sanderson, Rachael	783	f		U/A Preston, Lancashire
Satterly, Charles	784	m	MV 50	Lancaster & Morecambe A/C
Saxby, Lance	785	m	MV 50	unattached
Schaffer, Nicholas	786	m	MV 50	Millom Striders
Scott, Michelle	788	f		Millom Striders Running Club
Scott, Claire	787	f		Millom Striders Running Club
Sewell, Ewan	304	m		U/A York
Sewell, Victoria	301	f		Knavesmire Harriers
Shanahan, Robert	789	m	MV 50	Wirral Viking
shard, jon	790	m	MV 40	U/A manchester, lancashire
Sharp, Susan	792	f	FV 50	U/A Wakefield, west Yorkshire
Sharp, Nick	791	m	MV 50	U/A Wakefield, West Yorkshire
Shaw, Michael	794	m	MV 40	U/A CARLISLE, Cumbria
Shaw, Andy	793	m		St Helens Striders
Shaw, Nadia	303	f		U/A
Sheridan, Michelle	795	f	FV 50	Lytham st Anne's road runners
Silva, ben	796	m		carleton house
Simmons, Lizzie	797	f	FV 40	U/A Ulverston ,
Simpson, Jeanette	799	f		U/A Kendal, Cumbria
Simpson, Amanda	798	f		RunSmart
Sims, Stuart	800	m		U/A Kirkby Lonsdale,
Simson, Camila	801	f		U/A ULVERSTON, Cumbria
Skelton, Angela	802	f	FV 40	Me
Slater, John	804	m	MV 50	U/A Carnforth, Lancs
slater, bridget	803	f	FV 50	U/A Skipton, N Yorks
Smedley, Ted	805	m	MV 40	U/A Prescott, Merseyside
Smith, Domenyk	946	m	MV 40	U/A Kirkham, Lancashire
Smith, Emma	940	f	FV 40	U/A Kirkham,
Smith, Sue	810	f	FV 50	U/A Morecambe, Lancs
Smith, Richard	809	m	MV 50	Thame Runners
Smith, Lisa	808	f	FV 50	U/A Kendal, Cumbria
Smith, James	807	m		Barrow Runners
Smith, Despina	806	f	FV 40	U/A Manchester ,
Smithurst, Martin	944	m	MV 40	None
Smythe, Katy	811	f	FV 40	Me
Spencer, Garth	812	m		Ribble Valley Triathlon Club
Spibey, Nicole	980	f		U/A Cartmel ,
Spiby, Alison	813	f	FV 50	U/A Windermere, Cumbria
Spratt, Shirley	814	f	FV 50	U/A Congleton, Cheshire
Stanton, Laura	815	f	FV 40	U/A Leyland, Lancashire
Statham, Andrew	816	m	MV 40	U/A Manchester, Greater Manchester
Stavert, Rachel	817	f	FV 50	Allithwaite
Stefanuto, Francesca	818	f		U/A Manchester ,
Stephenson, Lorna	821	f	FV 40	Alnwick Harriers
stephenson, Hilary	820	f		U/A leeds,
stephenson, Craig	819	m	MV 40	U/A leeds,
Stevenson, Hannah	822	f		U/A lancaster, lancashire
Stockton, Niki	823	f	FV 50	U/A Manchester,
Stone, Susannah	824	f	FV 40	U/A Barbon, Lancs
Stoneman, Hannah	825	f	FV 40	Valley Striders
Stones, Phil	826	m	MV 60	U/A Cleator Moor, Cumbria
Storey, Mark	829	m		U/A Newcastle, Tyne & Wear

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Name	Bib	Gender	Age Group	Club
Storey, Jo	828	f	FV 40	Jogonthetyne
Storey, Anna	827	f		U/A Newcastle, Tyne & Wear
Strickland, Mark	832	m	MV 50	U/A Holywell, Flintshire
Strickland, Emily	831	f		U/A Holywell, Flintshire
Strickland, Anne	830	f	FV 50	U/A Holywell, Flintshire
Sutcliffe, Jeanette	833	f	FV 50	Trawden AC
Swainston, Ray	981	m	MV 40	U/A Bishop Auckland , Durham
Swann, Nicola	834	f	FV 40	Otley A.C.
swart, elizabeth	836	f	FV 50	U/A Manchester,
Swart, Ann Matrice	835	f	FV 50	U/A Clare, Suffolk
Swift, Peter	838	m	MV 50	U/A Wigan, Lancashire
SWIFT, HANNAH	837	f		U/A OLD LANGHO, LANCASHIRE
Tasker, Lucy	839	f		WeRunLiv
Tate, Matt	840	m	MV 40	Lonely Goat Running Club
Taylor, Stephanie	845	f	FV 40	U/A Lindal, Cumbria
Taylor, Mark	844	m		U/A Essendine , Rutland
Taylor, Jane	843	f	FV 50	Women on the Run - Preston
Taylor, Elizabeth	842	f		U/A Milnthorpe , Cumbria
Taylor, Becky	841	f		U/A Essendine ,
Teare, Michelle	846	f	FV 40	Blackburn harriers
Teasdale, Shaun	847	m	MV 50	U/A Durham, Durham
Terry, Amelia	982	f		U/A Congleton, Cheshire
Thacker, Emma	983	f		U/A Kendal, Cumbria
Thacker, Sarah	848	f		U/A Milnthorpe, Cumbria
Thatcher, Kate	849	f		U/A Manchester,
Thomlinson, Martin	850	m	MV 40	Muckle Toon Sloggers
Thompson, Steve	852	m		U/A Barrow in Furness, Cumbria
Thompson, Liane	851	f	FV 50	U/A Barrow-in-Furness, Cumbria
THOMSON, SAMMY	984	f		U/A WARRINGTON, CHESHIRE
Thorn, Sarah	854	f	FV 50	U/A Lancaster, Lancashire
Thorn, Heather	853	f	FV 40	Women on the run
Thornber, Catherine	856	f	FV 50	Pendle triathlon club
Thornber, Mark	855	m	MV 60	U/A Arnside, Cumbria
Thorneycroft, Deborah	857	f	FV 50	U/A Stoke on Trent, Staffs
TICKNER, Rachel	859	f	FV 60	U/A Cocker mouth, Cumbria
TICKNER, PAUL	858	m	MV 60	U/A Cocker mouth, Cumbria
TINKLER, ANDREW	860	m	MV 40	U/A LANCASTER, LANCS
Tomkow, Nichola	862	f	FV 40	U/A Sandbach, Cheshire
Tomlinson, John	863	m	MV 50	U/A Bolton,
Towers, Paul	864	m	MV 40	U/A Morecambe,
Towler, George	865	m	MV 40	U/A Northwich,
Tucker, James	866	m	MV 40	U/A Kendal,
Tuite, Danielle	867	f	FV 40	U/A Kendal,
Turland, Lisa	868	f		Castle Tri
Turner, Robyn	872	f		U/A Blackburn,
Turner, Rob	871	m	MV 40	U/A Blackburn ,
Turner, John	870	m	MV 40	Lancaster Runners
Turner, Jean	869	f	FV 50	Telford Harriers
van den Driessche, Joanna	873	f		U/A London,
Vick, Tony	874	m	MV 60	Ponteland Runners
Walker, Mark	876	m	MV 40	U/A Grange-Over-Sands, Cumbria
Walker, Ian	875	m	MV 50	Glaxo Hoad Hill Harriers

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Name	Bib	Gender	Age Group	Club
Walmsley, Heather	877	f	FV 40	U/A CHORLEY, Lancashire
Walton, Matthew	878	m		U/A Carlisle , Cumbria
Wan, Oliver	943	m	MV 40	U/A Lytham St. ANNES, Lancashire
Ward, Sarah	882	f		Wakefield Triathlon Club
Ward, Rick	881	m	MV 40	Triathlon Coaching UK
Ward, Hazel	880	f	FV 60	U/A Hexham, Northumberland
Ward, Amanda	879	f	FV 40	U/A Stockport,
wardley, mark	883	m	MV 40	U/A preston, lancs
Waring, Jon	884	m	MV 40	U/A Bolton ,
Waszkiel, Melanie	885	f	FV 40	U/A
Watson, Steve	888	m	MV 50	U/A Gleaston, Ulverston
Watson, David	887	m	MV 50	Red rose road runners
Wearing, Catherine	889	f		U/A Lancaster,
Weber, Lesley	985	f	FV 40	U/A London,
Webster, Robert	892	m	MV 50	U/A Formby, Lancashire
Webster, John	891	m	MV 50	N/A
Webster, James	890	m		N/A
Weller, Bridget	893	f	FV 40	U/A Whittle le Woods,
West, Toby	895	m	MV 40	Lonely Goat RC
Westaway, Jonathan	896	m	MV 50	U/A Lancaster,
Westerman, Cheryl	897	f	FV 40	U/A Keswick, Cumbria
Western, David	898	m	MV 50	U/A Sutton, Surrey
Westnutt, Catherine	899	f	FV 40	U/A Kendal, Cumbria
Whalley, Ian	900	m		U/A Huddersfield, West Yorkshire
Whipple, Kath	986	f	FV 50	Hoad Hill Harriers
White, Elizabeth	901	f	FV 40	U/A Ulverston,
Whitehead, Andrew	902	m	MV 50	U/A Carnforth, Lancashire
Whiteley, David	904	m	MV 60	U/A Kendal, Cumbria
Whiteley, Carole	903	f	FV 50	U/A Kendal, Cumbria
Whitfield, Denise	905	f		U/A Barrow in furness , Cumbria
Whitlock, Joanne	906	f	FV 40	U/A Foulridge,
Whitworth, Melissa	907	f	FV 40	manchester front runners
Wicks, Kirsty	908	f	FV 40	N/A
Wightman, Sarah	909	f	FV 40	U/A Banbury, Oxfordshire
Wightman, Colin	912	m	MV 40	U/A Formby,
WILCOCK, ALEXA	910	f		U/A OLD LANGHO, LANCASHIRE
Wilkinson, Rebecca	913	f		U/A Kendal,
Wilkinson, David	911	m	MV 50	U/A Southport , Merseyside
Williams, Susanna	916	f		U/A Leeds, West Yorkshire
williams, joy	915	f	FV 50	U/A CHESTERFIELD, Derbyshlre
Williams, Irene	914	f	FV 50	U/A Coventry, West Midlands
Willink, Patrick	917	m	MV 50	Helm Hill
Willoughby, Becky	918	f	FV 40	Helm Hill
Wilson, Martin	921	m		U/A Warton,
Wilson, Lynn	920	f	FV 40	U/A Kendal, Cumbria
Wilson, Alan	919	m	MV 50	Glaxo Hoad Hill Harriers
Winder, Brian	987	m	MV 70	Darwen Running Group
Wisely, Julie	922	f	FV 40	U/A Manchester ,
Wiseman, Julie	924	f	FV 60	Lytham St Anne's Road Runners
Wiseman, John	923	m	MV 50	Red Rose Road Runners
Wood, Carole	925	f	FV 60	U/A Kendal, Cumbria
Woodburn, Natalie	926	f		Millom Striders

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Name	Bib	Gender	Age Group	Club
Woodcock, Anne-Marie	927	f	FV 40	U/A Bamber Bridge, Lancashire
Woods, Harvey	929	m	MV 40	U/A Wilmslow,
Woods, Georgie	928	f		U/A Liverpool, Merseyside
wookey, luke	930	m		U/A Manchester,
Worboys, Hannah	988	f		U/A Northallerton,
Wormald, Jessica	931	f		U/A YORK, North Yorkshire
Wright, Gilly	932	f	FV 40	Thorp Academy
Wroe, Jenny	989	f		Batala Mountain Runners
Wynne, Chris	933	m	MV 50	U/A Ormskirk,
Yardley, Edward	934	m		U/A York, North Yorkshire