

Lakeland Trails in Cartmel

Cartmel Trail Race 18K



Name	Bib	Gender	Age Group	Club
Abram, Stephen	235	m	MV 40	U/A Warrington , Cheshire
Adair, Lynsay	226	f		Widnes Wasps
Adams, Tom	1	m		Ilkley Harriers
Allison, Mike	236	m	MV 60	Eden Runners
Anderson, Dougal	237	m		U/A Carlisle, Cumbria
Anstiss, Tom	78	m		U/A Morecambe, Lancashire
ARMSTRONG, MICHAEL	243	m	MV 50	sunderland strollers
Bagshaw, Andrew	238	m	MV 50	Bramhall Runners
Bailey, Mark	239	m	MV 40	Glaxo Hoad Hill Harriers
Baldock, James	240	m	MV 40	U/A Halesowen
Bamforth, John	241	m	MV 50	U/A Wigton, Cumbria
Beckett, Neil	242	m	MV 40	UTS Run Club
Beech, Michael	244	m	MV 50	U/A Skipton, North Yorkshire
Belgian, Fiona	25	f	FV 40	Jog on the Tyne
Bell, Carl	10	m		Keswick AC
Bell, Stuart	245	m	MV 60	Kendal AC
Birket, Matthew	246	m		Manchester Road Runners
Blakeley, Matthew	253	m	MV 40	Roundhay Runners
Bowden, Kate	247	f	FV 40	U/A Glossop, Derbyshire
Boylin, Philip	248	m	MV 40	U/A Hexham, Northumberland
Bradshaw, Alison	249	f	FV 40	U/A Preston, Lancashire
Bramall, Joseph	250	m		MerseyTri
Brennan, Mark	270	m	MV 60	U/A Stockport, Cheshire
Brennan, Steven	251	m	MV 50	U/A Ulvertson Cumbria
Briscoe, Julie	31	f		Wakefield Harriers
Brook, Julian	227	m	MV 40	U/A Grundisburgh,
Brophy, Dominic	271	m	MV 50	U/A kirkham, Lancashire
Brown, Nicola	272	f	FV 40	U/A Liverpool , Merseyside
Browne, Lizzie	28	f		Black Combe Runners
Brunger, Paul	273	m		Derwent Valley Running Club
Brunton, David	274	m	MV 40	Red Rose Road Runners
BURTON, DAVID	275	m	MV 50	KESWICK
Byron, Marcus	276	m	MV 50	Tynedale Harriers
Casstles, Toby	277	m	MV 40	U/A Rainford, Merseyside
Cattermole, Gary	278	m	MV 50	U/A Kendal, cumbria
Charles, Philip	279	m	MV 50	U/A Glasgow,
Chivers, Alice	280	f		U/A Kendal,
Cleator, Becca	41	f		U/A Barrow, Cumbria
colman, sam	42	m	MV 40	U/A otley, yorkshire
conrad, matt	43	m	MV 50	U/A Nottingham,
Conway, Annie	21	f		Ambleside AC
corless, Chris	44	m	MV 40	Team mountain fuel
coupe, graham	45	m	MV 40	Wirral Vikings TRC
Coupe, Robert	231	m		U/A Barrow, Cumbria
Coward, Darren	46	m		Glaxo hoad hill harriers
Cox, Nick	48	m	MV 40	U/A ambleside, cumbria
Cox, Gill	47	f	FV 40	U/A Ambleside, Cumbria
Cranham, Matthew	49	m	MV 40	Skelmersdale boundary Harriers
crawley, ryan	228	m		U/A Carlisle, Cumbria
Croft, Ian	50	m	MV 50	Red rose road runners
Crompton, Sam	52	m	MV 40	U/A Kendal, Cumbria
Crompton, Carl	51	m	MV 40	U/A Staveley, Cumbria

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Crook, Ian	53	m	MV 50	Barrow Striders
Crosbie, Gary	54	m		U/A Liverpool,
cushion, peter	55	m	MV 40	wirral vikings trc
Dalziel, David	56	m		U/A Appleby-in-Westmorland, Cumbria
Davidson, Andrew	57	m		U/A Altrincham, Cheshire
Davies, Chris	58	m		U/A Witton le wrar, Durham
Day, Mark	59	m	MV 40	U/A High Peak, Derbyshire
DIXON, IAN	61	m	MV 40	U/A STOCKPORT, CHESHIRE
Dixon, Ian	60	m	MV 40	U/A Stockport, Cheshire
Dodd, Michaela	62	f		U/A Cheshire,
Donlon, Emma	23	f		MSB
Dunmore, Sarah	64	f		U/A Epping,
earle, mark	65	m	MV 60	U/A knutsford, cheshire
Edwards, Orlando	9	m		Shaftsbury Barnet Harriers
Elder, John	66	m		U/A Oldmeldrum, Aberdeenshire
Evans, Lamyong	67	f	FV 40	U/A Blackpool, Lancashire
Farrell, Benedict	68	m		U/A manchester,
Fawdington, Rob	69	m		U/A Linlithgow, West Lothian
Ferguson, Dave	70	m		U/A Carlisle ,
Fetherstone, Michael	71	m	MV 50	U/A Preston, Lancashire
Fishpool, Peter	72	m	MV 50	U/A
Fleming, Nick	73	m	MV 50	U/A Largs ,
Floyd, Ian	74	m	MV 50	St Helens Striders
Foulerton, Tom	5	m	MV 40	Leamington C & AC
Garcia Rodriguez, Oscar	75	m	MV 40	Aguas Nuevas
Gibson, Mark	76	m		U/A Whitehaven, Cumbria
Gillies, Stephanie	77	f	FV 50	Glaxo Hoad Hill Harriers
GOCER, CAROLINE	80	f	FV 40	U/A STOCKPORT, CHESHIRE
Gocer, Caroline	79	f	FV 40	U/A Stockport, Cheshire
graham, julie	82	f	FV 50	Garstang
Graham, Chris	81	m	MV 40	U/A Windermere, Cumbria
Graham, Paul	254	m	MV 40	Netherhall AC
Green, Sam	255	m		Team inov-8
Greenwood, John	83	m	MV 40	U/A Keighley, West Yorkshire
Gregory, Michael	256	m	MV 40	Ulverston Tri Club
Gregson, Wayne	84	m	MV 40	Tri Preston
Griffiths, Paul	232	m		U/A Liverpool,
Gudgeon, Ben	85	m		U/A Heysham, Lancashire
Harman, Louise	86	f	FV 40	Barrow Runners
Harris, Matt	88	m		U/A Warrington , Cheshire
Harris, John	87	m	MV 40	U/A Bradford, County (optional)
Hartley, Dan	89	m	MV 40	Black Combe Runners
Hemming, Rob	90	m		U/A Edinburgh,
Hewitt, James	91	m		U/A Orrell, Lancashire
Hill, Ben	92	m		U/A Manchester ,
Hill, Diane	257	f		Wigan & Diatrick Harriers AC
Holden, Phil	93	m	MV 40	U/A Cheadle Hulme,
Holdsworth, Christopher	2	m		Clayton Le Moors Harriers
Holland, James	94	m		U/A Stockport, Cheshire
Holmes, Nick	95	m	MV 60	Tattenhall runners
Holmes, Christine	29	f		Trentham Running Club
Hovell, Mark	96	m		U/A Liverpool, Merseyside

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Name	Bib	Gender	Age Group	Club
hudson, clive	97	m	MV 50	none
Hughes, Nicola	99	f		Red Rose Road Runners
Hughes, Daniel	98	m		Red Rose Road Runners
Hunt, Lisa	230	f		Red rose road runners
husson, Sylvain	100	m		U/A Liverpool, Merseyside
Ibison, Adrian	101	m	MV 50	Garstang Running Club
Jackson, Paul	104	m	MV 50	Chorley Athletic and Triathlon Club
Jackson, Niamh	103	f		Kirkstall Harriers
Jackson, Andy	102	m	MV 40	The Fell Devils
Jones, Saran	107	f	FV 50	Lothian Running Club
Jones, Kenton	106	m	MV 50	Lothian Running Club
JONES, ALAN	105	m	MV 60	GARSTANG RUNNING CLUB
Jordan, Lisa	109	f	FV 40	U/A Kendal, Cumbria
Jordan, David	108	m	MV 40	U/A Kendal, Cumbria
Judkowski, Mark	110	m	MV 50	U/A Ilkley, West Yorkshire
Kelsall, Helen	111	f		Kirkby milers ac
King, Cheryl	112	f	FV 40	Black Combe Runners
Langton, Rob	113	m		U/A Birmingham, British
Lapping, Jennifer	114	f	FV 40	Jog on the Tyne
Leeson, Nigel	115	m	MV 50	Macclesfield Canoe Club
Leigh, Nick	6	m		Altrincham & District AC
Lester, Stephen	116	m	MV 60	Cumberland Fell Runners
Livesey, Chris	117	m		Salford Harriers
Lowrie, Bryan	118	m	MV 40	U/A Grange over sands ,
Lupton, Anna	26	f		Black Combe Runners
Lynch, Emma	119	f		U/A Mold,
Lyon, Jennifer	233	f		U/A Lancaster, Lancashire
Macgregor, Hugh	120	m		U/A Glasgow,
Mackay, Miriam	121	f	FV 40	U/A Inverness,
MacNamee, Ian	122	m	MV 50	Erewash Valley Running Club
Male, Jonathon	123	m	MV 40	Barrow Runners
Manson, Paul	124	m		U/A Glasgow,
March, Chris	125	m		U/A Mold,
Maudsley, Ian	126	m	MV 40	U/A Sale, Cheshire
Mcbride, Julie	127	f	FV 40	U/A Blackpool, Lancashire
McDonald, Chris	128	m	MV 50	U/A Carlisle, Cumbria
McGinley, Adam	129	m		U/A Carlisle, Cumbria
mcgougan, craig	130	m		Lochaber AC
McGurk, Stuart	131	m	MV 50	Kendal
McIntyre, Lewis	133	m	MV 50	U/A Ayr,
McIntyre, Allison	132	f	FV 40	U/A Ayr, Ayrshire
Meeten, Jon	134	m	MV 50	U/A Manchester,
Mellor, Andy	135	m	MV 40	U/A Sale,
Michaelis, Charlie	136	m	MV 50	U/A Stratford-upon-Avon,
Miller, Dan	258	m		Endurance store trail team
Millward, Jason	259	m	MV 40	Team inov-8.com
Moon, Jonathan	137	m		Sowerby Bridge Snails R.C
Morris, Drew	138	m	MV 40	U/A Liverpool,
Moss, Marcus	139	m	MV 40	Roundhay Runners
Moston, David	140	m	MV 40	Wirral Vikings
Moyers, Joanne	182	f	FV 40	Widnes Wasps LRC
Murdy, Jackie	281	f	FV 50	U/A Sunderland Tyne & Wear

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Name	Bib	Gender	Age Group	Club
Neate, Alison	141	f	FV 50	U/A Allithwaite,
Nicholson, Tom	143	m		Lancaster University Running Club
O'Donovan, Toni	144	f	FV 40	Barrow Runners
O'farrell, Lisa	145	f	FV 40	U/A Stockport, Cheshire
O'Grady-Thomas, Geraldine	146	f	FV 50	Pennine
Oldendorp, Ben	147	m	MV 40	U/A Blackpool , Lancashire
Oulton, Greg	260	m	MV 50	Lytham St Annes Road Runners
Owens, Garry	252	m	MV 60	NFR
Owens, Sophie	148	f		U/A Stockton on Tees,
Palmer, Mark	149	m	MV 50	Wimbledon Windmilers
Parkin, Emma	150	f	FV 40	Stratford AC
Parkinson, Helen	151	f		U/A Salford, Gtr Mcr
Paterson, Neil	261	m	MV 60	U/A Hexham, Northumberland
Paul, Therasa	152	f	FV 50	U/A Keswick, Cumbria
pimlott, Rob	262	m		Team inov-8
Potts, Duncan	153	m	MV 40	U/A Widnes, Cheshire
Prout, Chris	154	m	MV 40	Wirral
Pye, Andrew	263	m	MV 40	U/A Kendal, Cuumbria
Raaijmakers, Monique	155	f	FV 50	Barrow Runners
Raven, Gareth	8	m		Sale Harriers
Rayner, Ian	156	m	MV 50	Roundhay Runner&™s
Rimmer Greaves, Kyle	157	m		U/A Southport, Sefton
ROBERT, MARY	158	f	FV 50	U/A STOCKPORT, CHESHIRE
Roberts, Lou	30	f	FV 40	Ambleside AC
roberts, rich	160	m	MV 50	n/a
Roberts, Ian	159	m		LIVERPOOL PEMBROKE AND SEFTON HARRIERS
Robertson, Paul	162	m	MV 50	Wirral Vikings
Robertson, Iain	161	m	MV 50	Stop the Wee Grumpy
Robinson, Joe	163	m		The Always Merk
Robson, Dave	164	m	MV 50	Barrow Runners
Roche, Paul	165	m	MV 50	U/A Chester,
Rodriguez, Pedro	166	m		U/A Liverpool,
Ronaldson, Cameron	167	m		U/A Manchester , Lancashire
Roome, Peter	168	m	MV 50	Southport Waterloo AC
rowlandson, dean	169	m		U/A grange over sands, cumbria
ryder, megan	265	f		U/A boston spa,
ryder, john	264	m	MV 40	U/A wetherby,
Sadler, Jonathan	170	m		U/A Manchester
Sanz, Luis	171	m		n/a
Sarkies, Amy	22	f	FV 40	Rugby and Northampton AC
Scarfe, Judith	173	f	FV 50	U/A Poole,
Scarfe, Dougie	172	m	MV 50	U/A Poole,
Schofield, Graham	174	m	MV 60	Chorley Harriers
Scotney, Marcus	7	m		Dumfries Running Club
senior, paul	234	m	MV 40	horsforth harriers
Sharp, Gordon	175	m	MV 60	The Fell Devils
Shevelan, John	176	m	MV 40	Black Combe Runners
Simpson, Andy	177	m	MV 40	Barrow Runners
Singleton, Paul	19	m		Amblesida AC
Sisson, William	178	m		U/A Grange over sands,
Slack, Richard	180	m	MV 50	Claremont Road Runners
Slack, Matthew	179	m		U/A Southport, Merseyside

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Name	Bib	Gender	Age Group	Club
Slater, Catherine	142	f		Helm Hill
Smart, Chris	181	m		Sowerby Bridge Snails
Smith, Michelle	188	f		U/A Glasgow ,
Smith, Richard	187	m	MV 50	U/A Ackworth, West Yorkshire
Smith, Megan	186	f		U/A Manchester, Greater Manchester
Smith, Julie	185	f	FV 50	The Fell Devils
Smith, David	184	m	MV 50	U/A Manchester,
Smith, Chris	183	m		Keswick AC
sowerby, susan	266	f	FV 40	U/A workington, cumbria
Spencer, Adrian	189	m	MV 40	Barrow Runners
Stainthorpe, Ian	190	m	MV 50	Rochdale Harriers
Steele, Joe	191	m	MV 40	Roundhay Runners
Stevens, Bethany	192	f		U/A Wigan, Lancashire
Stevenson, David	193	m	MV 40	U/A Wilmslow, Cheshire
Stirzaker, Richard	3	m		Rochdale Harriers and AC
Stiven, Amy	194	f		n/a
Stockdale, Kev	195	m		Preesall Fire
Stockton, Daniel	267	m		The Fell Devils
Stokes, Richard	196	m	MV 60	FRA
Strachan, Euan	198	m		U/A Glasgow,
Strachan, Andrew	197	m		U/A Manchester,
Stubblings, Louise	32	f		St Bees Triers
sutton, kate	199	f		U/A southport, merseyside
Sykes, Rich	201	m	MV 40	Spa Striders
Tadeusiak, Andrzej	202	m		U/A LANCASTER, Lancashire
Taylor, Andrew	206	m	MV 40	Running 4CF
Taylor, Stuart	205	m	MV 40	U/A Preston, Lancashire
Taylor, Roger	204	m	MV 50	Preston Harriers
Taylor, Adam	203	m		Kendal AAC
THOMPSON, Charlie	207	m	MV 50	Wray Runners
Towns, Stuart	209	m	MV 40	U/A Warrington , Cheshire
Towns, Kelly anne	208	f	FV 40	U/A Warrington , Cheshire
Treaddell, Beth	210	f	FV 40	U/A Preston, Lancashire
Trewby, William	212	m		U/A Sherburn Village, County Durham
Trewby, Tom	211	m		U/A Bedford,
Tugwell, Lucy	213	f		Spa Striders
Upton, Sam	4	m		Witney Road Runners
Vincent, Robert	215	m	MV 40	U/A Leeds,
Vincent, Emma	214	f	FV 40	U/A Leeds,
Walsh, David	269	f	FV 50	Team inov-8
Walsh, Hannah	268	f		Team inov-8
Ward, Neil	216	m	MV 40	Ponteland runners
WHITAKER, NEIL	217	m		U/A Bury, Lancashire
Whitlock, Andrew	218	m	MV 40	U/A Lymn,
Widdrington, Liam	219	m		U/A Windermere, Cumbria
wilson, john	221	m		U/A Lytham, Lancashire
Winter, Rebecca	24	f		Ackworth Road Runners
Wood, Mike	222	m	MV 50	U/A Ryton, Tyne &Wear
Woodley, Helen	27	f		
Woodruffe, Stephen	229	m	MV 50	Red rose Road runners
Wright, Tom	223	m	MV 40	U/A Lytham St.Annes, Lancashire
Zoefitig, Caspar	225	m		U/A Milton Keynes, Buckinghamshire