

2019 Spring Series

Lakeland Trails 2019 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
Lakeland Trails 2019 14-18K Series Results : Men												
1.	Holdsworth, Christopher	Clayton Le Moors Harriers		1000								1000
2.	Ronaldson, Cameron	U/A Manchester , Lancashire		999								999
3.	Miller, Dan	Endurance store trail team		998								998
4.	Brunger, Paul	Derwent Valley Running Club		997								997
5.	Raven, Gareth	Sale Harriers		996								996
6.	Gregory, Michael	Ulverston Tri Club		995								995
7.	Simpson, Andy	Barrow Runners		994								994
8.	Green, Sam	Team inov-8		993								993
9.	corless, Chris	Team mountain fuel		992								992
10.	Singleton, Paul	Ambleside AC		991								991
11.	Griffiths, Paul	U/A Liverpool,		990								990
12.	Moon, Jonathan	Sowerby Bridge Snails R.C		989								989
13.	Hartley, Dan	Black Combe Runners		988								988
14.	Sisson, William	U/A Grange over sands,		987								987
15.	Smith, Chris	Keswick AC		986								986
16.	Nicholson, Tom	Lancaster University Running Club		985								985
17.	Hewitt, James	U/A Orrell, Lancashire		984								984
18.	Taylor, Adam	Kendal AAC		983								983
19.	Anthony, Matt	U/A Manchester,		982								982
20.	crawley, ryan	U/A Carlisle, Cumbria		981								981
21.	foster, andrew	liverpool pembroke & sefton		980								980
22.	Carr, Sam	Liverpool Pembroke & Sefton		979								979
23.	Roome, Peter	Southport Waterloo AC		978								978
24.	Greenwood, John	U/A Keighley, West Yorkshire		977								977
25.	gregory, paul	unattached		976								976
26.	Gudgeon, Ben	U/A Heysham, Lancashire		975								975
27.	Coupe, Robert	Black Combe Runners		974								974
28.	Allison, Mike	Eden Runners		973								973
29.	Lowrie, Bryan	U/A Grange over sands ,		972								972
30.	Bretherton, Colin	U/A Ormskirk, Lancashire		971								971
31.	Baratta, Francisco	Team inov-8		970								970
32.	hussion, Sylvain	U/A Liverpool, Merseyside		969								969

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Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
33.	Coward, Darren	Glaxo hoad hill harriers		968								968
34.	Fishpool, Peter	U/A		967								967
35.	Connolly, David	U/A Burscough, Lancs		966								966
36.	Birket, Matthew	Manchester Road Runners		965								965
37.	cushion, peter	wirral vikings trc		964								964
38.	Abram, Stephen	U/A Warrington , Cheshire		963								963
39.	Thornton, Scott	U/A Carlisle, Cumbria		962								962
40.	Tadeusiak, Andrzej	U/A LANCASTER, Lancashire		961								961
41.	Armstrong, Dayle	U/A Carlisle, Cumbria		960								960
42.	Hunter, Daniel	U/A Carlisle, Cumbria		959								959
43.	Strachan, Andrew	U/A Manchester,		958								958
44.	George, Tom	U/A SELBY,		957								957
45.	Blakeley, Matthew	Roundhay Runners		956								956
46.	lonsdale, philip	U/A durham,		955								955
47.	Anderson, Dougal	U/A Carlisle, Cumbria		954								954
48.	Madge, Luke	U/A Chopwell , Newcastle Upon Tyne		953								953
49.	Rodriguez, Pedro	U/A Liverpool,		952								952
50.	Pye, Andrew	U/A Kendal, Cuumbria		951								951
51.	cleary, denis	none		950								950
52.	Moss, Marcus	Roundhay Runners		949								949
53.	Leeson, Nigel	Macclesfield Canoe Club		948								948
54.	Boardman, Steven	U/A Preston, Lancashire		947								947
55.	Holmes, Nick	Tattenhall runners		946								946
56.	Sykes, Rich	Spa Striders		945								945
57.	Whittle, Paul	U/A Bickerstaffe, Lancashire		944								944
58.	Woodruffe, Stephen	Red rose Road runners		943								943
59.	Graham, Chris	U/A Windermere, Cumbria		942								942
60.	Spencer, Adrian	Barrow Runners		941								941
61.	Evans, Tom	N/A		940								940
62.	Hemming, Rob	U/A Edinburgh,		939								939
63.	Dalziel, David	U/A Appleby-in-Westmorland, Cumbria		938								938
64.	Davies, Chris	U/A Witton le wrar, Durham		937								937
65.	Ferguson, Dave	U/A Carlisle ,		936								936

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Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
66.	Maudsley, Ian	U/A Sale, Cheshire		935								935
67.	Vincent, Robert	U/A Leeds,		934								934
68.	Beckett, Neil	UTS Run Club		933								933
69.	Entwistle, Stephen	Wirral Vikings TRC		932								932
70.	Buckell, James	U/A MILTON KEYNES, Bucks		931								931
71.	Pyrah, John	U/A London,		930								930
72.	Herrington, Isaac	U/A Ilkley,		929								929
73.	Croft, Ian	Red rose road runners		928								928
74.	Spowart, Richard George	U/A Spennymoor, Durham		927								927
75.	coupe, graham	Wirral Vikings TRC		926								926
76.	Brophy, Dominic	U/A kirkham, Lancashire		925								925
77.	Burns, Alex	U/A Kendal ,		924								924
78.	Stockton, Daniel	The Fell Devils		923								923
79.	Stockdale, Kev	Preesall Fire		922								922
80.	Lane, Peter	U/A Newark, Nottinghamshire		921								921
81.	Horobin, Darren	U/A Hemsworth,		921								921
82.	Pollock, Jason	Border Reiver Runners		920								920
83.	Oldendorp, Ben	U/A Blackpool , Lancashire		919								919
84.	Stainthorpe, Ian	Rochdale Harriers		918								918
85.	Taylor, Stuart	U/A Preston, Lancashire		917								917
86.	Hargreaves, Christopher	Red rose runners		916								916
87.	Johnston, Nicholas	U/A Morpeth,		915								915
88.	Mellor, Andy	U/A Sale,		914								914
89.	reed, peter	Northumberland Fell Runners		913								913
90.	Hughes, Daniel	Red Rose Road Runners		912								912
91.	Aldred, Mark	U/A Durham,		911								911
92.	MacNamee, Ian	Erewash Valley Running Club		910								910
93.	Day, Mark	U/A High Peak, Derbyshire		909								909
94.	spowart, john	U/A Spennymoor, Durham		908								908
95.	Williams, Barry	Mersey Tri		907								907
96.	Smith, Richard	U/A Ackworth, West Yorkshire		906								906
97.	McGurk, Stuart	Kendal		905								905
98.	Smart, Chris	Sowerby Bridge Snails		904								904

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Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
99.	Garcia Rodriguez, Oscar	Aguas Nuevas		903								903
100.	Smith, Gary	COLT		902								902
101.	Heaphy, Liam	U/A Warrington, Cheshire		901								901
102.	DIXON, IAN	U/A STOCKPORT, CHESHIRE		900								900
103.	Macgregor, Hugh	U/A Glasgow,		899								899
104.	Cuthbert, philip	wallasey ac		898								898
105.	Moston, David	Wirral Vikings		897								897
106.	Johnstone, Chris	Lonely Goat Running Club		896								896
107.	kelly, paul	U/A St helens,		895								895
108.	Casstles, Toby	U/A Rainford, Merseyside		894								894
109.	Melling, Kevin	U/A		893								893
110.	Jackson, Andy	The Fell Devils		892								892
111.	Bailey, Mark	Glaxo Hoad Hill Harriers		891								891
112.	Stevenson, David	U/A Wilmslow, Cheshire		890								890
113.	Robson, Dave	Barrow Runners		889								889
114.	Crate, Jeremy	U/A Bedlington , Northumberland		888								888
115.	Brookes, Christopher	U/A Preston , Lancashire		887								887
116.	Lashley, Pete	U/A		886								886
117.	Minns, Gary	U/A Bishop Auckland,		885								885
118.	rowlandson, dean	U/A grange over sands, cumbria		884								884
119.	ward, carl	U/A driffield, east yorkshire		883								883
120.	Gooding, Adrian	Quakers		882								882
121.	Johnson, phillip	U/A manchester,		881								881
122.	Raynor, Dave	Red Rose Road Runners		880								880
123.	Lawson, Euan	U/A Sedbergh, Cumbria		879								879
124.	Bend, Matthew	na		878								878
125.	O'Boyle, Andrew	U/A Warrington, Cheshire		877								877
126.	mcgougan, craig	Lochaber AC		876								876
127.	Robertson, Paul	Wirral Vikings		875								875
128.	Beech, Michael	U/A Skipton, North Yorkshire		874								874
129.	Mitchell, Iain	Red Rose Road Runners		873								873
130.	roberts, rich	n/a		872								872
131.	Elder, John	U/A Oldmeldrum, Aberdeenshire		871								871

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Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
132.	Strachan, Euan	U/A Glasgow,		870								870
133.	Palmer, Mark	Wimbledon Windmilers		869								869
134.	Beard, Phill	N/a		868								868
135.	Anstiss, Tom	U/A Morecambe, Lancashire		867								867
136.	Kershaw, Stuart	Me		866								866
137.	Boylin, Philip	U/A Hexham, Northumberland		865								865
138.	Lawlor, Simon	Hartlepool Burn Road Harriers		864								864
139.	Rogerson, Nick	U/A Wallsend,		863								863
140.	Wilkinson, Terry	U/A Durham,		862								862
141.	Ryan, Chris	SW Running Crew		861								861
142.	Evans, Jonathan	Red Rose		860								860
143.	Cattermole, Gary	U/A Kendal, cumbria		859								859
144.	Ryan, Fergus	SWRC		858								858
145.	Shevelan, John	Black Combe Runners		857								857
146.	Lindsay, Douglas	U/A Glasgow,		856								856
147.	Nagar, Igal	U/A Sutton Coldfield, West Midlands		855								855
148.	Clemmens, Paul	Rotherham Harriers		854								854
149.	Jordan, David	U/A Kendal, Cumbria		853								853
150.	Meeten, Jon	U/A Manchester,		852								852
151.	Fawdington, Rob	U/A Linlithgow, West Lothian		851								851
152.	Charles, Philip	U/A Glasgow,		850								850
153.	WrightRosie, Simon	U/A MILLOM, Cumbria		849								849
154.	Manson, Paul	U/A Glasgow,		848								848
155.	Yates, Andy	U/A Colwyn Bay, Conwy		847								847
156.	Hayes, John	U/A Stockport , Cheshire		846								846
157.	Williams, Andy	U/A Leamington Spa,		845								845
158.	TOSH, GARETH	U/A Halifax,		844								844
159.	Johnson, Ralph	U/A Blackburn,		843								843
160.	Gilbert, David	U/A Liverpool, Merseyside		842								842
161.	Gibson, Mark	U/A Whitehaven, Cumbria		841								841
162.	Harris, Matt	U/A Warrington , Cheshire		840								840
163.	Wright, Tom	U/A Lytham St.Annes, Lancashire		839								839
164.	Taylor, David	u/a		838								838

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165.	parker, alan	U/A stoke on trent,		837								837
166.	wilson, john	U/A Lytham, Lancashire		836								836
167.	Marsh, Steven	U/A Penrith, Cumbria		835								835
168.	Edwards, Andrew	U/A Cupar, Fife		834								834
169.	Mitchell, Michael	U/A ULVERSTON, Please Select...		833								833
170.	Scales, Chris	U/A Grange-over-Sands, Cumbria		832								832
171.	Carrick, Neil	West Cumbria Tri		831								831
172.	Halcro-Johnston, Andrew	U/A York,		830								830
173.	Odling, Simon	U/A Warwick, Leamington Spa		829								829
174.	Sharp, Gordon	The Fell Devils		828								828
175.	rigby, mark	U/A Huddersfield, West Yorkshire		827								827
176.	earle, mark	U/A knutsford, cheshire		826								826
177.	Cruickshank, Stephen	U/A Formby,		825								825
178.	March, Chris	U/A Mold,		824								824
179.	searson, peter	U/A liverpool, merseyside		823								823
180.	Hovell, Mark	U/A Liverpool, Merseyside		822								822
181.	Cairns, Stuart	U/A Whitley Bay, Tyne and Wear		821								821
182.	Charles, Terry	Wirral Vikings TRC.		820								820
183.	Richmond, John	UCLan		819								819
184.	Burns, Scott	U/A Kendal,		818								818
185.	Cowell, Damian	Warrington Running Club		817								817
186.	Stephenson, Ian	U/A Swarland, Northumberland		816								816
187.	Spowart, David	U/A Spennymoor, Durham		815								815
188.	Scarfe, Dougie	Lytchett Manor Striders		814								814
189.	Watson, Luke	U/A Manchester,		813								813
190.	Watson, Ben	U/A Manchester,		812								812
191.	Leivers, John	U/A Nottingham, Nottinghamshire		811								811
192.	Jackson, Paul	Chorley Athletic and Triathlon Club		810								810
193.	harrison, roger	cheshire hash house harriers		809								809
194.	Deakin, Barry	Swinton Running Club		808								808
195.	Wood, Mike	U/A Ryton, Tyne &Wear		807								807
196.	Sutcliffe, Gary	Trawden AC		806								806
197.	Brookes, Nick	U/A Standish,		805								805

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198.	Davenport, Ian	U/A Harrogate, North yorkshire		804								804
199.	Burkitt, Michael	U/A Lancaster, Lancashire		803								803
200.	Hollowbread, Andrew	U/A DURHAM, Co Durham		802								802
201.	Longworth, Stephen	U/A Sheffield, South Yorkshire		801								801
202.	Hill, Paul	N/A		800								800
203.	Tippin, Frank	N/A		799								799
204.	Poole, Simon	U/A		798								798
205.	Johnson, Simon	U/A Kendal, Cumbria		797								797
206.	Glaysheer, Marc	U/A Liverpool		796								796
207.	Philipson, George	U/A Tadcaster, North Yorkshire		795								795
208.	Wilson, Stephen	U/A Grange-Over-Sands, Cumbria		794								794
209.	Green, Steve	U/A Cockermouth, Cumbria		793								793
210.	Lawson, Tom	U/A Maryport, Cumbria		792								792
211.	Chandler, Richard	Carnethy		791								791
212.	Robinson, Steven	Thornton RC ,		790								790
213.	burgess, steven	thornton cleveleys running club		789								789
214.	Kelly, Graham	U/A Liverpool, Merseyside		788								788
215.	Aldam, Mark	U/A Kendal,		787								787
216.	Bateman, Tim	U/A Preston , Lancashire		786								786
217.	Grundy, Darren	U/A Blackpool, Lancashire		785								785
218.	ANDERSON, JIMMY	U/A BARROW-IN-FURNESS, CUMBRIA		784								784
219.	Carlisle, Bruce	U/A Whitley Bay,		783								783
220.	Barrett, Neil	U/A Preston, Lancashire		782								782
221.	Holt, Stuart	U/A Oldham, Lancashire		781								781
222.	Brook, Julian	U/A Grundisburgh,		780								780
223.	Paterson, Neil	U/A Hexham, Northumberland		779								779
224.	Brocklehurst, Mark	Warrington Youth Club		778								778
225.	Donley, Dale	U/A York		777								777
226.	Spear, Jason	U/A Chorley, Lancashire		776								776
227.	Smith, David	U/A Manchester,		775								775
228.	Swift, Mike	U/A Manchester,		774								774
229.	Harper, Tim	U/A Nottingham, Nottinghamshire		773								773
230.	Tilbury, Martin	U/A Sale, Cheshire		772								772

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Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
231.	Jackson, Andrew	Unattached		771								771
232.	Garutti, Claudio	U/A Amsterdam,		770								770
233.	Furphy, Chris	U/A Guisborough,		769								769
234.	Myatt, Robert	U/A Stoke on trent, Staffordshire		768								768
235.	Stacey, James	Nuffield Gym Warwick Run Club		767								767
236.	Nelson, Michael	U/A Barrow in Furness, Cumbria		766								766
237.	Laycock, Andrew	U/A Skipton,		765								765
238.	Rankine, Andy	U/A Chorley, Lancashire		764								764
239.	Lowi, Andy	U/A Milton Keynes, Buckinghamshire		763								763
240.	Apps, Tim	U/A Milton Keynes, Buckinghamshire		762								762
241.	Welsh, Michael	U/A Northallerton, North Yorkshire		761								761
242.	Floyd, Ian	St Helens Striders		760								760
243.	ryder, john	U/A wetherby,		759								759
244.	Terry, Robert	Belper Harriers		758								758
245.	Fowler, Anthony	U/A Southport, Merseyside		757								757
246.	Schofield, Graham	Chorley Harriers		756								756
247.	Whitehead, Keith	Knowle and Dorridge Running Club		755								755
248.	Fisher, Martyn	Almost Athletes		754								754
249.	Jardine, James	U/A Penrith, Cumbria		753								753
250.	Price, Michael	Team inov-8		752								752
251.	ARMSTRONG, MICHAEL	sunderland strollers		751								751
252.	Roche, Paul	U/A Chester,		750								750
253.	Batey, Rob	Team BDE		749								749
254.	Fleming, Nick	U/A Largs ,		748								748
255.	Stokes, Richard	FRA		747								747
256.	Pennock, Richard	N/A		746								746
257.	Skelton, Richard	None of the above		745								745
258.	Wareham, Pete	U/A Grange-Over-Sands, Cumbria		744								744
259.	Watson, Richard	U/A Allithwaite, Cumbria		743								743
260.	Essery, Mark	U/A Chorley,		742								742
261.	Darby, Mark	U/A Shrewsbury, Shropshire		741								741
262.	Eccles, Darren	St. Helens striders		740								740
263.	Addy, Chris	U/A Penrith,		739								739

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264.	Doak, Tim	Lonely Goat RC		738								738
265.	Clarke, Andrew	Running Rebels		737								737
266.	Fletcher, Gordon	Batala		736								736
267.	Sanz, Luis	n/a		735								735
268.	Hitchin, Andy	Warrington Running Club		734								734
269.	trubshaw, jon	U/A Ormskirk, Lancashire		733								733
270.	Stevens, Joe	U/A Ormskirk, Lancashire		732								732
271.	Bidwell, Clement	U/A Salford,		731								731
272.	Harris, John	U/A Bradford, County (optional)		730								730
273.	Cavner, Richard	N F R		729								729
274.	TRELFA, AUSTIN	Red Rose Road Runners		728								728
275.	Hall, Andrew	U/A Appley Bridge,		727								727
276.	Cheung, David	U/A Lancaster, Lancashire		726								726
277.	Newton, Dave	U/A		725								725
278.	Oulton, Greg	Lytham St Annes Road Runners		724								724
279.	Davidson, Andrew	U/A Altrincham, Cheshire		723								723
280.	Burt, Gary	U/A Blackburn, Lancashire		722								722
281.	Jones, Michael	U/A Stockport, Cheshire		721								721
282.	Mcnicoll, Stewart	U/A Morpeth , Northumberland		720								720
283.	Fallon, Timothy	U/A LONDON, London		719								719
284.	Hewson, Matthew	U/A Holystone, North Tyneside		718								718
285.	ginley, neil	asr		717								717
286.	Smith, Michael	Olney Runners		716								716
287.	Atherton, Joe	U/A birmingham, WEST MIDLANDS		715								715
288.	O'Neill, Martin	U/A Liverpool, Merseyside		714								714
289.	Pollock, Andrew	Denby Dale Athletic Club		713								713
290.	Lewis, Owen	Independent		712								712
291.	Duffy, Martin	U/A Swinton,		711								711
292.	tattersall, John	York Acorn running club		710								710
293.	Deed, Alan	Trawden Athletic club		709								709
294.	Hammill, John	Batala		708								708
295.	Horne, Alex	U/A Manchester, Greater Manchester		707								707
296.	Bogacki, geoff	U/A South Hykeham,		706								706

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297.	Brennan, Mark	U/A Stockport, Cheshire		705								705
298.	Spickett, Gavin	Tynedale Harriers		704								704
299.	Balson, Matthew	U/A Kirkham, Lancashire		703								703
300.	Poltawski, Dan	U/A Lancaster,		702								702
301.	Medlicott, Peter	Warrington Road Runners		701								701
302.	Metcalf, Anthony	Ramsbottom Running Club		700								700
303.	Aaron, Leon	U/A Blackpool , Lancashire		699								699
304.	Stout, John	U/A Leigh, Greater Manchester		698								698
305.	Gillman, Darren	Trail Running Association		697								697
306.	Kinner, Phil	U/A Ashby De La Zouch,		696								696
307.	Amos, Steve	Cobra running and triathlon		695								695
308.	Morris, Roy	BTR Road Runners		694								694
309.	Gallienne, Peter	BTR RR		693								693
310.	McCarron, Bernard	Macclesfield Harriers		692								692
311.	conrad, matt	U/A Nottingham,		691								691
312.	Gibson, Andrew	U/A Cockermouth, Cumbria		690								690
313.	Jenner, Anthony	U/A Sunderland, Tyne and Wear		689								689
314.	Sutcliffe, Neil	Blackburn Road Runners		688								688
315.	Simpson, MARTIN	Red Rose Road Runners		687								687
316.	Wilkinson, Simon	U/A Carlisle,		686								686
317.	Lomas, Martin	U/A Warrington, Cheshire		685								685
318.	Webster, Garry	U/A Ambleside, Cumbria		684								684
319.	Plant, Mike	U/A Warrington,		683								683
320.	Webster, Steve	U/A Huddersfield, West Yorkshire		682								682
321.	Hill, Anthony	U/A Warrington, Cheshire		681								681
322.	SWIRE, JAMES	U/A Southport, Merseyside		680								680
323.	Ingle, Nicola	Acre street runners		679								679

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