

Lakeland Trails 2011 10KM Series Results : Women

| Name | Club | Category | Cartmel | Kentmere | Hellvelyn | Total |
|----------------------|----------------------------------|-----------|---------|----------|-----------|-------|
| FIELDING, Samantha | PACTRAC | | 497 | 499 | 500 | 1496 |
| HEATHCOTE, Rachel | Hunters Bog Trotters | | 486 | 495 | 491 | 1472 |
| TINDALL, Pamela | Unattached - Knutsford | | 466 | 488 | 494 | 1448 |
| BRIGG, Judith | Unattached - Barrow in Furness | LadyVet50 | 433 | 484 | 493 | 1410 |
| BOOTH, Hannah | Settle Harriers | | 411 | 477 | 483 | 1371 |
| MILLS, Jo | Unattached - Bridgnorth | | 416 | 474 | 481 | 1371 |
| WHITTINGTON, Zoe | Unattached - Cheshire | | 342 | 464 | 478 | 1284 |
| ANDERSON, Luan | Unattached - York | | 481 | 490 | | 971 |
| ORRELL, Kathryn | Unattached - Bolton | | 476 | 494 | | 970 |
| WESTNUTT, Catherine | Unattached, Kendal | | 479 | 489 | | 968 |
| MACHAM, Angela | Unattached - Chorley, Lancs | | | 476 | 486 | 962 |
| SUDLOW, Tina | Unattached, Kendal | LadyVet50 | 475 | 486 | | 961 |
| CHALMERS, Karen | Unattached : Stotfold | | 446 | 492 | | 938 |
| JEFFREY, Alison | Unattached - Windermere | LadyVet40 | 445 | | 487 | 932 |
| MURRAY, Theresa | Unattached - Windermere | LadyVet40 | 430 | | 489 | 919 |
| MCATEER, Kirsten | City Of Lancaster Triathlon Club | LadyVet40 | 424 | 485 | | 909 |
| TURNER, Ruth | Unattached - Ulverston | | 398 | | 498 | 896 |
| LAMB, Kathryn | Unattached - Carnforth | LadyVet40 | 391 | 467 | | 858 |
| DUNN, Kayleigh | Unattached - Manchester | | 382 | 473 | | 855 |
| METCALFE, Janet | Unattached - Preston, Lancashire | LadyVet50 | 386 | 454 | | 840 |
| BRADLEY, Claire | Unattached - Warwickshire | LadyVet50 | 366 | 471 | | 837 |
| THOMPSON, Alison | Unattached - Harrogate, N Yorks | | 365 | | 470 | 835 |
| ETHERDEN, Kath | SELOC | LadyVet50 | 356 | | 473 | 829 |
| PUTTICK, Meg | Unattached - Yarm | LadyVet40 | 370 | 455 | | 825 |
| VEITCH, Sharon | Unattached - Billingham | LadyVet40 | 337 | 458 | | 795 |
| RAYNER, Catherine | Unattached - Leeds | LadyU18 | 339 | 448 | | 787 |
| VLIES, Ruth | Unattached - Liverpool | | 333 | 450 | | 783 |
| LEWIS, Julie | Unattached - Ormskirk | LadyVet50 | 332 | 449 | | 781 |
| RIDEHALGH, Sarah | Accrington Road Runners | | 500 | | | 500 |
| TWEEDALE, Louisa | Keswick AC | | | 500 | | 500 |
| COLINS, Elizabeth | Unattached - Clitheroe | | 499 | | | 499 |
| MACLEOD, Alison | Unattached - Carnforth | LadyVet40 | | | 499 | 499 |
| BOURGALT, Elodie | Glasgow Running Network | | | 498 | | 498 |
| WILSON, Shirley | Unattached - Burton in Kendal | LadyVet40 | 498 | | | 498 |
| BAHARIE, Clare | Sunderland Strollers | | | 497 | | 497 |
| LUSARDI, Jane | Unattached - Lancaster | LadyVet40 | | | 497 | 497 |
| D'ARCY, Caroline | Unattached, Kendal | | | 496 | | 496 |
| HAYES, Liz | Unattached - Lancaster | LadyVet50 | | | 496 | 496 |
| NORMAN, Sarah | Unattached - Grange over Sands | | 496 | | | 496 |
| CAMPBELL, Lorna | Unattached - Lancaster | LadyVet40 | | | 495 | 495 |
| WHITTAKER, Susan | Unattached - Carnforth | LadyVet40 | 495 | | | 495 |
| HOLTON, Sarah | Unattached : Catterick | | 494 | | | 494 |
| ANDERSON, Beverley | Unattached - Manchester | | | 493 | | 493 |
| HOYLE, Gail | Red Rose Road Runners | LadyVet40 | 493 | | | 493 |
| MONEY, Kathryn | Unattached - Lincoln | LadyVet40 | | | 492 | 492 |
| SWEENEY, Lynne | The Low Wood, Windermere | LadyVet50 | 492 | | | 492 |
| BEETHAM, Louise | Unattached - Ambleside | LadyVet40 | 491 | | | 491 |
| BOYLE, Lucy | Unattached - Stockport | | | 491 | | 491 |
| LYTHE, Ruth | Serpentine Running Club | | 490 | | | 490 |
| THRESHER, Kathryn | Teesdale AC | | | | 490 | 490 |
| MITCHELL, Sally | Unattached - Stockport | LadyVet50 | 489 | | | 489 |
| CADMAN, Vanessa | Unattached - Lancaster | | | | 488 | 488 |
| LEWIS, Rachel | Unattached - Brampton | LadyU18 | 488 | | | 488 |
| HOWARTH, Victoria | Unattached : Crewe | LadyVet40 | 487 | | | 487 |
| VLIES, Joanna | Unattached - Alderley Edge | | | 487 | | 487 |
| MACLEOD, Fiona | Unattached - Lancaster | LadyVet40 | | | 485 | 485 |
| SCHNEIDER, Alexandra | Unattached - Windermere | LadyVet40 | 485 | | | 485 |
| NEVITT, Lucy | Unattached - Cardiff, S Wales | | | | 484 | 484 |
| STEPHENS, Katie | Unattached : Brackley | LadyVet40 | 484 | | | 484 |

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| ATKINS, Lydia | Stafford Harriers | | | 483 | | 483 |
| WARD, Becky | Unattached - Keighley, W Yorks | LadyVet40 | 483 | | | 483 |
| BARRETT, Jane | Unattached - Keighley, W Yorks | LadyVet40 | | | 482 | 482 |
| NORTHCOTE, Claire | Styal Running Club | LadyVet50 | 482 | | | 482 |
| WILLIAMS, Sabina | Unattached - Keighley, W Yorks | | | 482 | | 482 |
| LEUNG, Irene | Unattached - Coventry | LadyVet40 | | 481 | | 481 |
| CLAYTON, Louise | Unattached, Kendal | | 480 | | | 480 |
| ROE, Sarah | Chorlton Runners | | | 480 | | 480 |
| SUTTON-RILEY, Jacqui | Unattached - Ulverston | LadyVet40 | | | 480 | 480 |
| HINDLE, Elaine | Unattached - Liverpool | | | | 479 | 479 |
| VANNIN, Rebbecca | Petts Wood Runners | | | 479 | | 479 |
| STONARD, Sarah | Petts Wood Runners | | | 478 | | 478 |
| TURNER, Ellen | Unattached - Newcastle | | 478 | | | 478 |
| FOX, KL | Unattached - Windermere | LadyVet40 | 477 | | | 477 |
| PENNINGTON, Alison | Unattached - Standon | | | | 477 | 477 |
| KELLY, Helen | Unattached - Stourbridge | LadyVet40 | | | 476 | 476 |
| COLLINS, Patricia | Unattached - Cambridge | LadyVet40 | | | 475 | 475 |
| KENNEDY, Suzanne | Unattached : Wilmslow | | | 475 | | 475 |
| KENYON, Caroline | Unattached - Liverpool | LadyVet50 | | | 474 | 474 |
| MOUNTAIN, Emily | Unattached - Manchester | | 474 | | | 474 |
| BOYLES, Linda | Unattached - Ashton under Lyne | LadyVet40 | 473 | | | 473 |
| ACKLAM, Christine | Women's Running Network | | | | 472 | 472 |
| NAPTHEN, Sally | Chester Tri Club | LadyVet40 | 472 | | | 472 |
| RILEY, Gaynor | Unattached - Ilkley, W Yorkshire | LadyVet40 | | 472 | | 472 |
| HORSLEY, Eleanor | Unattached - Ulverston | | 471 | | | 471 |
| WILLIAMS, Laura | Unattached - Harrogate, N Yorks | | | | 471 | 471 |
| OFLANAGAN, Naomi | Unattached - Warrington | LadyVet40 | | 470 | | 470 |
| SOULBY, Shelagh | Unattached, Kendal | LadyVet50 | 470 | | | 470 |
| PRATTLEY, Jennifer | unattached - Kingston-Upon-Thames | | | 469 | | 469 |
| REID, Katherine | Unattached | | 469 | | | 469 |
| SOMERSET, Jo | Unattached - Manchester | LadyVet50 | | | 469 | 469 |
| CLARKE, Liz | Unattached - Manchester | LadyVet40 | | | 468 | 468 |
| HILL, Caroline | LAGS | LadyVet40 | 468 | | | 468 |
| SNEATH, Georgina | Unattached - West Yorkshire | | | 468 | | 468 |
| BELL, Sue | Allen Valley Striders | LadyVet40 | 467 | | | 467 |
| WOOD, Joanna | Unattached - Cheshire | | | 466 | | 466 |
| DEAKIN, Judith | Preston Harriers | LadyVet60 | 465 | | | 465 |
| RILEY, Alison | Unattached - Whitehaven | LadyVet40 | | 465 | | 465 |
| LEWIS, Jo | Unattached - Brampton | LadyVet40 | 464 | | | 464 |
| LAWRIE, Anna | Unattached - Ayrshire | LadyVet40 | | 463 | | 463 |
| SOMERVILLE, Kim | Unattached - Leeds | | 463 | | | 463 |
| GLACE, Cynthia | Unattached - London | | | 462 | | 462 |
| MADDOCK, Rebecca | Unattached - Preston, Lancashire | | 462 | | | 462 |
| DUNWOODY, Jenny | Unattached - Bromley, Kent | | 461 | | | 461 |
| WESTON, Orla | Petts Wood Runners | LadyVet40 | | 461 | | 461 |
| BROHAN, Anna | Unattached - Worcester | | | 460 | | 460 |
| FELTON, Gillian | Unattached - Leeds | LadyVet40 | 460 | | | 460 |
| LAIRD, Lorna | Unattached - Bury, Lancashire | | | 459 | | 459 |
| LOBBAN, Fiona | Unattached, Kendal | | 459 | | | 459 |
| GUITTAP, Frances | Unattached - London | | 458 | | | 458 |
| ATKINS, Kathryn | Unattached - Leeds | LadyVet50 | | 457 | | 457 |
| VINCENT, Bronwen | Parbold Pink Panthers | LadyVet40 | 457 | | | 457 |
| MARTIN, Heidi | St Bees Tri | | | 456 | | 456 |
| MORGANS, Lucy | Unattached - London | | 456 | | | 456 |
| WATTON, Emma | Howgill Harriers | LadyVet40 | 455 | | | 455 |
| RUSHTON, Heidi | Todmorden Harriers | LadyVet40 | 454 | | | 454 |
| BLACKBURN, Gale | Unattached - Bolton | | | 453 | | 453 |
| WELLER, Louise | Styal Running Club | LadyVet40 | 453 | | | 453 |
| RABY, Audrey | Unattached - Cheshire | LadyVet50 | | 452 | | 452 |
| SUTHERS, Sarah | Unattached - Preston, Lancashire | LadyVet40 | 452 | | | 452 |
| BEVERIDGE, Madeleine | Unattached - Edinburgh | | | 451 | | 451 |

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| BUTCHER, Vicky | Unattached - Hebden Bridge | LadyVet40 | 451 | | 451 |
| THURLEY, Susan | Unattached - Ulverston | | 450 | | 450 |
| NAWALANIEC, Olga | Eynsham Road Runners | | 449 | | 449 |
| ROAKE, Maxine | Unattached : Berwick on Tweed | LadyVet40 | 448 | | 448 |
| TODHUNTER, Rose | Allen Valley Striders | LadyVet50 | 447 | | 447 |
| WOOD, Catherine | Unattached - Preston, Lancashire | LadyVet40 | 444 | | 444 |
| ROYLES, Bethan | Unattached : Frodsham | | 443 | | 443 |
| WHITE, Patricia | Unattached, Kendal | LadyVet50 | 442 | | 442 |
| ASKEW, Lorna | Helm Hill Runners | LadyVet40 | 441 | | 441 |
| NUMMELA, Miia | Unattached - Leeds | | 440 | | 440 |
| BARKER, Claire | Unattached - Walsall | | 439 | | 439 |
| CAIRNS, Jody | Unattached - Bolton | | 438 | | 438 |
| CARDOW, Andra | Unattached - Cambridge | | 437 | | 437 |
| MARANOWICZ, Sara | Unattached - Cambridge | | 436 | | 436 |
| HINDLE, Rachel | Unattached - York | | 435 | | 435 |
| WILSON, Angela | Unattached - Liverpool | LadyVet40 | 434 | | 434 |
| WILLIS, Abi | Unattached - Wrexham | | 432 | | 432 |
| MCKINNON, Gill | Unattached - Ulverston | LadyVet40 | 431 | | 431 |
| LOUGH, Carissa | Unattached, Kendal | | 429 | | 429 |
| CONNOLLY, Dora | Unattached - Newcastle | | 428 | | 428 |
| REES, Nathalie | Chester Tri Club | LadyVet40 | 427 | | 427 |
| HIBBERD, Lynne | Unattached - Holmfirth | LadyVet40 | 426 | | 426 |
| KNOX, Catherine | Unattached - Leyland, Lancashire | LadyVet40 | 425 | | 425 |
| SUTTON, Nikola | Unattached - Stockport | | 423 | | 423 |
| THOMAS, Laura | Team Thomas | | 422 | | 422 |
| RUMSEY, Jan | Unattached - Workington | LadyVet50 | 421 | | 421 |
| BOND, Wendy | Unattached : Mossley | LadyVet40 | 420 | | 420 |
| BROWN, Hannah | Unattached | | 419 | | 419 |
| CARPENTER, Alison | Unattached - Grange over Sands | | 418 | | 418 |
| ROSEN, Miriam | Lancaster & Morecambe AC | LadyVet60 | 417 | | 417 |
| MASON, Lisa | Unattached, Kendal | | 415 | | 415 |
| WADDINGTON, Victoria | Unattached - Burnley | | 414 | | 414 |
| HIBBERT, Emma | Unattached : Woodbridge | | 413 | | 413 |
| LENNOX, Ros | Unattached : Dalbeattie | LadyVet40 | 412 | | 412 |
| BROWN, Kate | Allen Valley Striders | LadyVet40 | 410 | | 410 |
| BAINES, Elizabeth | Unattached - Preston, Lancashire | LadyVet50 | 409 | | 409 |
| HURST, Ann | Arragons Cumbrian Tri Club | LadyVet40 | 408 | | 408 |
| SILSON, Gillian | Eden Runners | LadyVet50 | 407 | | 407 |
| WILDMAN, Louise | Unattached - Leyland, Lancashire | | 406 | | 406 |
| O'HARE, Belinda | Unattached - Leeds | LadyVet40 | 405 | | 405 |
| BARKER, Susan | Women's Running Network | LadyVet40 | 404 | | 404 |
| COX, Julie | Unattached : Offerton | LadyVet40 | 403 | | 403 |
| LAWRIE, Margaret | Unattached : Hazel Grove | LadyVet40 | 402 | | 402 |
| JUDGE, Kate | Unattached - Penrith, Cumbria | | 401 | | 401 |
| MCFIE, Rachel | Unattached - Hebden Bridge | LadyVet40 | 400 | | 400 |
| HOWSON, Janine | Unattached - Todmorden | | 399 | | 399 |
| DOBBS, Catherine | Women's Running Network | LadyVet40 | 397 | | 397 |
| BREWSTER, Andrea | Clayton Le Moors Harriers | LadyVet50 | 396 | | 396 |
| DEWHURST, Katie | Unattached - Leyland, Lancashire | | 395 | | 395 |
| MCGOWAN, Victoria | Women's Running Network | | 394 | | 394 |
| KEMP, Jeanette | Unattached : Crewe | LadyVet40 | 393 | | 393 |
| CHERRY, Lynne | Unattached - West Midlands | LadyVet40 | 392 | | 392 |
| NAYLOR, Patsy | Unattached - Penrith, Cumbria | LadyVet50 | 390 | | 390 |
| STANFORD, Dianne | Unattached - Wigan | LadyVet40 | 389 | | 389 |
| MILLICAN, Roberta | Unattached - Morpeth | | 388 | | 388 |
| CAMPBELL, Carol | Unattached - Grange over Sands | LadyVet50 | 387 | | 387 |
| LUNN, Elizabeth | Unattached - Newcastle | LadyVet40 | 385 | | 385 |
| MORGAN, Simone | Unattached - Whitehaven | | 384 | | 384 |
| MULHOLLAND, Ruth | Unattached - Preston, Lancashire | LadyVet40 | 383 | | 383 |
| BISSON, Claudine | Unattached - Sheffield | | 381 | | 381 |
| CARRUTHERS, Christine | Unattached - Newcastle | | 380 | | 380 |

