

**Lakeland Trails 2016 18KM Spring Series Results : Men**

Name	Category	Club	Cartmel	Hawkshead	Staveley	Total
Ben Livesey		U/A Lincoln,	999	999	1000	<b>2998</b>
Christopher Holdsworth		Clayton-le-moors Harriers	998	998	999	<b>2995</b>
Charlie Lowther		Eden	995	995	997	<b>2987</b>
Peter Abraham	Veteran 40	Altrincham & District AC	988	984	996	<b>2968</b>
Lee Winter	Veteran 40	GB Bootcamps	991	987	985	<b>2963</b>
Tim Johnstone	Veteran 40	U/A Chorley, Lancashire	986	982	975	<b>2943</b>
paul gregory		unattached	978	974	968	<b>2920</b>
peter fishpool	Veteran 40	U/A driffield, east yorks	979	965	972	<b>2916</b>
Peter Roome	Veteran 50	Southport Waterloo AC	973	971	960	<b>2904</b>
Mike Allison	Veteran 50	U/A Penrith, Cumbria	954	970	974	<b>2898</b>
Andy Rees	Veteran 40	U/A Durham, Durham	947	966	982	<b>2895</b>
Phill Beard	Veteran 40	N/a	964	964	966	<b>2894</b>
Garry Owens	Veteran 50	NFR	962	958	969	<b>2889</b>
Steven Brown		U/A Dunfermline, Fife	966	951	965	<b>2882</b>
Steve Perren	Veteran 40	Meltham	959	960	961	<b>2880</b>
Ian Crook	Veteran 40	Barrow Striders	957	941	958	<b>2856</b>
Adrian Filipek		U/A Coniston, Cumbria	938	947	970	<b>2855</b>
Paul Rawlinson		DH Runners	946	940	931	<b>2817</b>
Nick Howe		U/A Liverpool,	929	926	934	<b>2789</b>
terry moss	Veteran 40	U/A preston, lancashire	924	915	937	<b>2776</b>
Andy Letheran	Veteran 50	U/A Kendal, Cumbria	933	908	932	<b>2773</b>
James Smith		U/A Keighley, West Yorkshire	902	943	916	<b>2761</b>
Richard Hawkins		York Postal Harriers	917	923	910	<b>2750</b>
Dave Raynor	Veteran 50	Red Rose Road Runners	905	927	898	<b>2730</b>
Ashley Barnes		U/A Burnley,	856	934	918	<b>2708</b>
Jeremy Loughran	Veteran 50	U/A Stoke on Trent, Staffordshire	893	906	909	<b>2708</b>
Gareth Cosens		Wigan Phoenix	896	924	886	<b>2706</b>
David Vaughan		U/A Ormskirk, West Lancashire	915	892	891	<b>2698</b>
Iain Rankin	Veteran 40	U/A Macclesfield, Cheshire	885	886	914	<b>2685</b>
Paul Lindley		U/A Liverpool, Merseyside	837	922	920	<b>2679</b>
Paul Elliott	Veteran 50	Meltham ac	884	898	893	<b>2675</b>
Frank Tippin	Veteran 50	U/A Southport,	873	894	902	<b>2669</b>
Jonathan Sadler		U/A Manchester,	876	883	908	<b>2667</b>
Daniel Weston		U/A Manchester,	842	893	922	<b>2657</b>
Paul Johnson	Veteran 40	U/A Kendal, Cumbria	847	891	919	<b>2657</b>
John Field		U/A Skipton, North Yorkshire	861	889	895	<b>2645</b>
Gary Oakford	Veteran 40	Merseyside Fire & Rescue Service	865	881	892	<b>2638</b>
Chris Brookes		U/A Preston, Lancs	843	896	879	<b>2618</b>
Steve Livesey	Veteran 50	Thornton Cleveleys Running club	866	838	890	<b>2594</b>
Matthew Smith	Veteran 40	U/A Lancaster, Lancs	872	859	857	<b>2588</b>
alan parker	Veteran 50	U/A stoke on trent,	817	874	865	<b>2556</b>
Gary Cattermole	Veteran 50	U/A Kendal, cumbria	832	850	869	<b>2551</b>
Steven Gagon	Veteran 40	U/A Manchester,	868	873	793	<b>2534</b>
Dean Lindsey	Veteran 50	U/A Clitheroe, Lancashire	835	844	851	<b>2530</b>
Chris Vincent	Veteran 50	U/A Ormskirk, Lancashire	781	865	877	<b>2523</b>
Nathan Davies	Veteran 40	U/A Kendal, Cumbria	822	862	836	<b>2520</b>
Paul Jenkins	Veteran 40	U/A Wigan, Lancs	829	823	866	<b>2518</b>
Richard Gordon	Veteran 40	U/A Penrith, Cumbria	871	819	826	<b>2516</b>
Jason Brant	Veteran 40	U/A Normanton,	789	848	855	<b>2492</b>
Scott Logie	Veteran 40	U/A Nantwich, Cheshire	795	830	867	<b>2492</b>
Neil Pomfret	Veteran 40	U/A Ilkley,	816	841	825	<b>2482</b>
Stephen Harding	Veteran 40	Jog Scotland	826	825	831	<b>2482</b>
michael pickard	Veteran 50	U/A leeds,	852	822	795	<b>2469</b>
John Bamforth	Veteran 50	U/A Seascale,	808	826	817	<b>2451</b>
Gary Smith	Veteran 40	U/A Morecambe, Lancs	800	804	835	<b>2439</b>
Jake Lane		U/A Haydock,	782	837	820	<b>2439</b>
John Humphryes		U/A Chester, Cheshire	780	842	803	<b>2425</b>
John Wiseman	Veteran 50	Red Rose Runners	796	772	815	<b>2383</b>
peter reed	Veteran 60	Northumberland Fell Runners	777	797	809	<b>2383</b>

Malcolm Marshall	Veteran 50	Scunthorpe & District AC	785	786	807	<b>2378</b>
Chris Westwood	Veteran 40	Telford Harriers	766	793	805	<b>2364</b>
Martyn Wigglesworth	Veteran 40	U/A Richmond, North Yorkshire	815	785	737	<b>2337</b>
Neil MacNeill	Veteran 40	U/A Edinburgh, Midlothian	735	777	824	<b>2336</b>
Jonathan Watt	Veteran 50	U/A Altrincham, Cheshire	760	776	782	<b>2318</b>
Stephen Clements	Veteran 50	U/A Penrith, Cumbria	725	805	788	<b>2318</b>
Richard Clements	Veteran 40	U/A Manchester,	801	780	726	<b>2307</b>
Robert Myatt	Veteran 50	U/A Stoke on trent, Staffordshire	763	779	750	<b>2292</b>
Mark Jesson	Veteran 50	Pendle Forest Orienteers	754	771	765	<b>2290</b>
Owen Davies	Veteran 60	U/A Sedbergh,	742	769	777	<b>2288</b>
Steve Platten	Veteran 40	U/A Hull, East Yorkshire	709	766	806	<b>2281</b>
David Bayliss		Fylde Coast Running	740	775	744	<b>2259</b>
Igal Nagar	Veteran 50	U/A Sutton Coldfield, West Midlands	724	745	785	<b>2254</b>
Damian Cowell	Veteran 40	Warrington Running Club	753	728	730	<b>2211</b>
Darren Gillman	Veteran 40	Spa Striders	846	697	663	<b>2206</b>
Michael Welsh	Veteran 40	U/A Northallerton, North Yorkshire	699	752	740	<b>2191</b>
Steve Green		U/A Cockermouth, Cumbria	664	754	763	<b>2181</b>
Karl Alldred	Veteran 40	Spectrum Striders RC	688	749	728	<b>2165</b>
Lee Hetherington	Veteran 40	South Shields Sanddogs	657	662	843	<b>2162</b>
Mark Brennan	Veteran 50	U/A Stockport, Cheshire	676	757	725	<b>2158</b>
Mike Church		U/A Manchester,	701	738	701	<b>2140</b>
Chris Smart		U/A Halifax,	684	747	697	<b>2128</b>
Richard Watson	Veteran 40	U/A Allithwaite, Cumbria	697	723	706	<b>2126</b>
Chris Lockley	Veteran 50	Eden Runners	702	730	689	<b>2121</b>
Michael Smith	Veteran 50	Olney Runners	672	705	696	<b>2073</b>
David Williamson	Veteran 40	Swinton RC	662	719	658	<b>2039</b>
AUSTIN TRELFA	Veteran 60	Red Rose Runners	670	703	665	<b>2038</b>
mark everington	Veteran 60	U/A hebden bridge, yorks	638	710	686	<b>2034</b>
christopher hetheringto	Veteran 40	sanddogs	656	680	684	<b>2020</b>
Andrew Woodhead		U/A Preston, Lancashire	644	689	676	<b>2009</b>
Tom Adams		Ilkley Harriers	1000	1000		<b>2000</b>
Matthew Lewis		U/A London,	997		998	<b>1995</b>
Richard Stevenson	Veteran 40	Clayton Le Moors Harriers	993		992	<b>1985</b>
Mark Morgan-Hillam	Veteran 40	Wigan Harriers		989	993	<b>1982</b>
Lee Smith		Clayton Le Moor Harriers	992	988		<b>1980</b>
Ciaron Roddy		Red rose runners	990	986		<b>1976</b>
David Taylor		U/A Preston, Lancashire	989	979		<b>1968</b>
Breton Holdsworth	Veteran 40	Clayton Le Moor Harriers	996	963		<b>1959</b>
Mark Blackwell	Veteran 40	West Cumbria Tri	982	977		<b>1959</b>
Carl Blackburn		U/A Carlisle, Cumbria	972	975		<b>1947</b>
Thomas Feather		Leeds Bradford Tri Club	965	978		<b>1943</b>
Dale Grimshaw		Trawden Ac	956		980	<b>1936</b>
STEPHEN SHEPHERD	Veteran 60	U/A SOWERBY BRIDGE, W.YORKS	623	668	642	<b>1933</b>
Robert Wadsworth		Dragons Running Club (Sale)	955		977	<b>1932</b>
Bruce Penhale	Veteran 50	U/A Manchester, Greater Manchester		967	964	<b>1931</b>
Stuart Towns	Veteran 40	Wigan Harriers		972	959	<b>1931</b>
John Douglas	Veteran 40	Allithwaite Running Club		962	967	<b>1929</b>
Steven Gore		Wesham Road Runners	970		956	<b>1926</b>
Andrew Stuart	Veteran 40	U/A Lancaster, Lancashire	974		950	<b>1924</b>
John David Peatfield	Veteran 60	U/A Bowston, Cumbria	616	658	645	<b>1919</b>
Andrew Buchanan	Veteran 40	U/A Airdrie, Lanarkshire	952	957		<b>1909</b>
James Duffy		Thornton cleveleys running club	976		927	<b>1903</b>
David Elsander	Veteran 70	Nordic Walker	614	653	634	<b>1901</b>
Phil Anderson		U/A Preston, Lancs	949	949		<b>1898</b>
Chris Heap		U/A Salford,	936	959		<b>1895</b>
denis cleary	Veteran 40	none	941	948		<b>1889</b>
Ian Stainthorpe	Veteran 50	Rochdale Harriers		935	951	<b>1886</b>
nick cox	Veteran 40	U/A ambleside, cumbria		936	939	<b>1875</b>
Sam Crompton		U/A Crosthwaite , Cumbria	927		942	<b>1869</b>
Richard John		Clayton le Moors Harriers		932	929	<b>1861</b>
Pedro Rodriguez		U/A Liverpool,	930	929		<b>1859</b>

Dan Foley		U/A Harrogate, N.Yorks		921	924	<b>1845</b>
Anthony Irving	Veteran 40	U/A Carlisle,		905	938	<b>1843</b>
Carl Ashton	Veteran 40	U/A Warrington, Cheshire		918	921	<b>1839</b>
PHILIP DAVIDSON	Veteran 50	RED ROSE ROAD RUNNERS	913	917		<b>1830</b>
Kevin Bray	Veteran 50	Morpeth Harriers	937	890		<b>1827</b>
Nevil Oldfield	Veteran 40	Shotley bridge harrier		912	912	<b>1824</b>
Richard Toller	Veteran 60	Dundee Road Runners AC	903		906	<b>1809</b>
William McAllister		Parkside Panthers		876	933	<b>1809</b>
Richard Smith	Veteran 50	U/A Potefracr, West Yorkshire	860	931		<b>1791</b>
Paul Leary	Veteran 50	Rochdale Harriers		904	882	<b>1786</b>
Owen Panton		U/A Manchester,	908	877		<b>1785</b>
Nick Brookes	Veteran 50	U/A Standish,		880	904	<b>1784</b>
Peter Little	Veteran 40	U/A High Harrington, Cumbria	878	902		<b>1780</b>
Martyn Willacy	Veteran 40	U/A Grange-Over-Sands, Cumbria	914		859	<b>1773</b>
Michael Storey		DH Runners		870	903	<b>1773</b>
Stephen Davenport	Veteran 40	U/A Warrington, Cheshire	880		878	<b>1758</b>
James Ireland		U/A Knaresborough, North Yorkshire		840	917	<b>1757</b>
Ian Silburn		U/A Edenhall, Cumbria		938	816	<b>1754</b>
Rob Hardwick	Veteran 40	Pennylane Striders		909	842	<b>1751</b>
Jonathan Broome	Veteran 50	Achille Ratti	849	897		<b>1746</b>
Alex Bennett		U/A Irlam, Lancs	844	901		<b>1745</b>
Mark Craig	Veteran 40	U/A Carlisle, Cumbria	874		863	<b>1737</b>
Ray Padgett	Veteran 60	U/A Grange over Sands, Cumbria	887	834		<b>1721</b>
Marc Vincent		Penny Lane Striders		885	832	<b>1717</b>
Alex Fitch		U/A Moreton,	848	868		<b>1716</b>
Phil Stones	Veteran 60	U/A Cleator Moor, Cumbria		853	862	<b>1715</b>
Andrew Myers		U/A NEWCASTLE UPON TYNE, TYNE A	830	884		<b>1714</b>
Adrian Lister		U/A Otley,	823	888		<b>1711</b>
Larry Horne	Veteran 50	Eden runners		860	841	<b>1701</b>
Thomas Barker		U/A Chorley, Lancs	818	878		<b>1696</b>
Russell Thompson	Veteran 50	U/A Barrow-in-Furness,	877		810	<b>1687</b>
David Smith	Veteran 50	U/A Manchester,	809		852	<b>1661</b>
Ian Davenport	Veteran 40	None		833	828	<b>1661</b>
Glen Carden	Veteran 40	U/A Liverpool,	836	821		<b>1657</b>
Rob Davies	Veteran 40	U/A Glossop,	821	820		<b>1641</b>
Williams Roberts		Asics		829	811	<b>1640</b>
Neil Paterson	Veteran 50	U/A Hexham, Northumberland		818	812	<b>1630</b>
Simon Wright	Veteran 50	U/A Lytham St. Annes, Lancashire	768	847		<b>1615</b>
Kevin Sutherland	Veteran 40	ASICS	813		799	<b>1612</b>
Simon Andreassen	Veteran 40	Allen Valley Striders	750		854	<b>1604</b>
John Wiggans	Veteran 40	U/A Preston, Lancashire		800	794	<b>1594</b>
Stuart Bell	Veteran 50	Kendal AC	792		802	<b>1594</b>
Roger Harrison	Veteran 60	Cheshire Hash House Harriers		794	773	<b>1567</b>
Andy Buckroyd	Veteran 50	U/A Bollington, Cheshire		795	771	<b>1566</b>
Colin Sam Walton	Veteran 50	U/A Stockport, Cheshire		765	800	<b>1565</b>
Charles Satterly	Veteran 40	Lancaster & Morecambe A/C		790	769	<b>1559</b>
Shaun Dubiel		U/A Chorley, Lancashire	744	813		<b>1557</b>
Howard Burke	Veteran 50	Unattached	774	778		<b>1552</b>
Neil Brannelly	Veteran 40	U/A Prescot, Merseyside		773	774	<b>1547</b>
Alan Davidson	Veteran 60	U/A Witney,		781	764	<b>1545</b>
Mark Thorpe	Veteran 40	U/A Preston, Lancashire	729		792	<b>1521</b>
Jamie Frankland		U/A Preston, Lancashire	807		711	<b>1518</b>
Stephen Cruickshank	Veteran 40	U/A Formby,		759	759	<b>1518</b>
Stuart Oram		U/A Manchester, Greater Manchester	731		781	<b>1512</b>
Peter Hodgson	Veteran 40	U/A Bury,	786		718	<b>1504</b>
Nick Higham	Veteran 40	Lancaster and Morecambe AC		798	704	<b>1502</b>
Donald Peacock	Veteran 50	U/A Durham, Durham		746	742	<b>1488</b>
Carl Joyce	Veteran 50	U/A Wirral, Merseyside	734	748		<b>1482</b>
Ian Grimshaw	Veteran 50	U/A Ingleton, Lancs	739		739	<b>1478</b>
Chris Furphy	Veteran 50	Stockton Striders		724	749	<b>1473</b>
Mike Sinclair	Veteran 50	Warrington Running Club	745		727	<b>1472</b>

Rob Walker	Veteran 50	U/A Bacup, Lancashire	704	761		<b>1465</b>
Mark Hills	Veteran 40	U/A Kings hill, Kent		676	786	<b>1462</b>
Graham Schofield	Veteran 60	Chorley Harriers	710	751		<b>1461</b>
Andrew Melling	Veteran 40	U/A Leyland,	711		734	<b>1445</b>
steven milsom		U/A preston, lancashire	713		731	<b>1444</b>
Liam Moden	Veteran 40	U/A Haslingden, Lancashire	722		719	<b>1441</b>
Andy Dickson	Veteran 50	Dumfries Running Club		718	716	<b>1434</b>
jim little	Veteran 40	Warrington RC		717	707	<b>1424</b>
Matthew Tollitt	Veteran 50	Penny Lane Striders		706	715	<b>1421</b>
Simon Cropper	Veteran 50	U/A Warrington, UK	691		723	<b>1414</b>
Chis Chew	Veteran 40	U/A Kendal,		711	700	<b>1411</b>
Gavin Spickett	Veteran 60	Tynedale Harriers		702	691	<b>1393</b>
john wiseman	Veteran 50	U/A poynton, cheshire		714	672	<b>1386</b>
steven burgess	Veteran 50	thornton cleveleys running club	693		692	<b>1385</b>
John Grey	Veteran 40	U/A Whitley Bay, Tyne and Wear	679		705	<b>1384</b>
John Bide	Veteran 50	Skegness and District Running Club	661	715		<b>1376</b>
John Stout	Veteran 60	U/A Aughton, Lancashire		700	675	<b>1375</b>
Mike Jones	Veteran 40	U/A Blackpool ,		677	698	<b>1375</b>
johnny wild	Veteran 50	lytham st annes RRC	669	704		<b>1373</b>
keith hornby	Veteran 50	U/A LIVERPOOL, Please select...	680		693	<b>1373</b>
kevin burse	Veteran 50	U/A staines, middlesex		684	681	<b>1365</b>
steve brownbill	Veteran 40	U/A wirral, merseyside	666	694		<b>1360</b>
Stephen Brohan	Veteran 40	U/A Worcester,	654		703	<b>1357</b>
Alasdair Start		U/A Leyland,		681	670	<b>1351</b>
Louise Croall	Veteran 50	Lymm Runners	659	688		<b>1347</b>
Mark Finn	Veteran 40	U/A BOLTON, LANCASHIRE		686	661	<b>1347</b>
jim elrick	Veteran 50	U/A glasgow, west dunbartonshire		690	653	<b>1343</b>
John Croall	Veteran 50	Lymm Runners	658	683		<b>1341</b>
Phil Hayes	Veteran 40	Thornton Cleveleys	694		646	<b>1340</b>
Oliver Smethurst	Veteran 40	Asics		661	667	<b>1328</b>
Craig Newsham		U/A Preston,	660		666	<b>1326</b>
Tony Boyle		U/A Liverpool,		675	651	<b>1326</b>
Clive Shaw	Veteran 50	U/A Liverpool,	648		668	<b>1316</b>
gary Ward		St Helens Striders	639	673		<b>1312</b>
Peter Samuelson	Veteran 70	Spectrum striders	645	667		<b>1312</b>
Neil Stoker	Veteran 40	U/A Carnforth, Lancashire	630		678	<b>1308</b>
Gareth Monk		Flyde coast runners	653		654	<b>1307</b>
Jack Pellew		Newcastle Hash House Harriers		670	637	<b>1307</b>
Steve Webster	Veteran 50	U/A Huddersfield, West Yorkshire	635		671	<b>1306</b>
Mark Farmer	Veteran 50	U/A Lincoln, Lincolnshire		660	641	<b>1301</b>
Anthony Jenner	Veteran 50	U/A Sunderland, Tyne and Wear	632	665		<b>1297</b>
robert jeffreys		Queen katherine school? not affiliated	620	669		<b>1289</b>
Iain Wood	Veteran 40	U/A Ormskirk, Lancashire	637		649	<b>1286</b>
rich worsley	Veteran 40	st helens striders		652	633	<b>1285</b>
Dave Dave Cope	Veteran 60	U/A Kendal,	617	659		<b>1276</b>
Rodger Wilkins	Veteran 40	Love Trail Running		997		<b>997</b>
Christian Holmes	Veteran 40	Wharfedale Harriers		996		<b>996</b>
Paul Reilly		Coniston Fell Runners			995	<b>995</b>
Anthony Aimon		Hyde Park Harriers	994			<b>994</b>
David Driver		Hyde Park Harriers		994		<b>994</b>
Timothy Nicholson		Wallsend Harriers			994	<b>994</b>
Dan Golding	Veteran 40	Ambleside AC		993		<b>993</b>
Eugene Grant	Veteran 40	Milltown Milers		992		<b>992</b>
Martin Dunn		Manchester Fronrunners		991		<b>991</b>
Stephen Cooper		U/A Ealing, London			991	<b>991</b>
Ian Hammett		Bedford Harriers AC			990	<b>990</b>
James Peach		U/A Ilkeston, Derbyshire		990		<b>990</b>

Laurie Kearsey		U/A Droitwich,			989	<b>989</b>
Joe Kenny		U/A Ambleside,			988	<b>988</b>
John Wilson	Veteran 40	Northbrook AC		987		<b>987</b>
Tim Gears		Oswestry Olympians			987	<b>987</b>
Martin Haworth		U/A Blackburn, Lancashire			986	<b>986</b>
Mark Griffiths		Manchester YMCA Harriers			985	<b>985</b>
Steven Henderson		Sale Harriers Manchester		985		<b>985</b>
Dan Weatherill	Veteran 40	Wallsend harriers			984	<b>984</b>
Frank Dudbridge	Veteran 40	U/A Huntingdon,		984		<b>984</b>
David Wilkinson	Veteran 50	Borrowdale Fell Runners		983		<b>983</b>
Richard Purser		U/A York, North Yorkshire			983	<b>983</b>
Robin Snaith		U/A Kanagwa Ken,			983	<b>983</b>
Christopher Swire	Veteran 40	East Cheshire Harriers			981	<b>981</b>
Craig Jones		YMCA Manchester Harriers			981	<b>981</b>
Leon Flesher	Veteran 40			981		<b>981</b>
Alexander Nancolas		Valley Striders		980		<b>980</b>
sean mcgill		U/A wallsend, tyne and wear			980	<b>980</b>
Mark Rochester		n/a			979	<b>979</b>
Paul Atkinson		U/A Kendal ,			978	<b>978</b>
Gregory du Tertre		U/A High Wycombe ,		977		<b>977</b>
Paul Bessell		U/A Edinburgh, Midlothian			976	<b>976</b>
Simon Thompson		Keswick AC			976	<b>976</b>
Derek Walkden	Veteran 40	Barlick Fell Runners		975		<b>975</b>
Adam Armata		U/A Carlisle ,			973	<b>973</b>
Sam Burt		U/A Newcastle, Tyne & Wear			973	<b>973</b>
Chris Snell		Clayton le moors harriers		971		<b>971</b>
Graeme Flatman	Veteran 50	Darlington Tri			971	<b>971</b>
Darren Hendley	Veteran 40	York Knavesmire Harriers		969		<b>969</b>
Robert Kaul	Veteran 40	U/A Ashbourne, Derbyshire			969	<b>969</b>
Edward Pugh		School if Science		968		<b>968</b>
Philip Sloan		U/A Cockermonth, Cumbria			968	<b>968</b>
Andrew Burdon		Mac 1 Fitness		967		<b>967</b>
Stuart Davidson					963	<b>963</b>
Tom Evans		N/A		963		<b>963</b>
Tim Major		U/A Sevenoaks, Kent			962	<b>962</b>
Mark Walker	Veteran 40	Rochdale Harriers			961	<b>961</b>
NEIL KELLY	Veteran 40	U/A Liverpool, MERSEYSIDE		961		<b>961</b>
Mike Hopkins	Veteran 50	U/A liverpool,		960		<b>960</b>
Paul Managh	Veteran 40	GB Bootcamp		958		<b>958</b>
John Armstrong	Veteran 40	Mornington Chasers			957	<b>957</b>
Adam Spiller	Veteran 40	Alnwick Harriers			956	<b>956</b>
Paul Milburn		Mersey Tri			955	<b>955</b>
Phil Conroy	Veteran 40	U/A Derby,			955	<b>955</b>
Chris Howarth		U/A Bootle, Merseyside			954	<b>954</b>
Will Bindloss Gibb		U/A Chulmleigh,			954	<b>954</b>
Adam Armata		U/A Carlisle ,		953		<b>953</b>
Geoff King	Veteran 50	Harrogate A C			953	<b>953</b>
James Robinson		U/A Chorlton-Cum-Hardy, Manchester			953	<b>953</b>
Jonathan Astle					952	<b>952</b>
Rob McBain		U/A Northwich, Cheshire			952	<b>952</b>
Nicholas Cooper	Veteran 50	Shelton Striders		951		<b>951</b>
Bjorn Abraham		U/A Ambleside, Cumbria		950		<b>950</b>
Darren Townend	Veteran 40	U/A Harrogate ,			950	<b>950</b>
Tom Hobbins		Stafford Harriers			949	<b>949</b>
Alan Milburn	Veteran 50	U/A Macclesfield, Cheshire		948		<b>948</b>
Richard Biggs	Veteran 40	GRC			948	<b>948</b>

Rob Johnson	Veteran 40	U/A Stockport,		946		<b>946</b>
Jono Astle		U/A London,	945			<b>945</b>
Kyle Footman		U/A Millom , Cumbria		945		<b>945</b>
Stephen Ray		Chorlton Runners	944			<b>944</b>
Tyldon Pyrah	Veteran 40	U/A Morecambe, Lancs		944		<b>944</b>
Jon Hawker	Veteran 50	Delamere Spartans	943			<b>943</b>
Sebastian Rule		Mornington Chasers			943	<b>943</b>
Alex Snaith		U/A Manchester,		942		<b>942</b>
Gary Kendall	Veteran 50	Springwell Running Club	942			<b>942</b>
Robert Maynard	Veteran 40				941	<b>941</b>
James (Mac) McCallum	Veteran 40	Mac 1 Fitness	940			<b>940</b>
Zoltan Monostori		U/A Kendal,			940	<b>940</b>
Darren Irving		U/A Langholm, Dumfriesshire	939			<b>939</b>
Graham Silburn		U/A Penrith,		939		<b>939</b>
David Dicks	Veteran 40	Eden runners		937		<b>937</b>
duncan scott	Veteran 50	U/A ulverston, cumbria			936	<b>936</b>
David Barras		Thornton-Cleveleys Running Club			935	<b>935</b>
Paul Whittemore		U/A Manchester,	935			<b>935</b>
Lee Brogan		U/A Burnley,	934			<b>934</b>
Chris Hutchinson		U/A Edinburgh,		933		<b>933</b>
Alex Rickard			932			<b>932</b>
Dave Ayre		Team Stupidity	931			<b>931</b>
Chris Perry	Veteran 40	Milltown Milers		930		<b>930</b>
Simon Keenan		U/A Frodsham, Cheshire			930	<b>930</b>
Allen Clement	Veteran 50	U/A Brampton, Cumbria			928	<b>928</b>
Andy Shannan	Veteran 40	DH RUNNERS		928		<b>928</b>
James Holland		U/A Stockport, Cheshire	928			<b>928</b>
Ben Joynson		Likely harriers			926	<b>926</b>
Tom Holman	Veteran 40	U/A Grange-over-Sands, Cumbria	926			<b>926</b>
Andrew Dawson		Spectrum Striders			925	<b>925</b>
sam Roach		U/A Wirral, Merseyside	925			<b>925</b>
tom southward		Hoad Hill Harriers		925		<b>925</b>
Andrew Suggitt		U/A York,	923			<b>923</b>
Damien Kimmins					923	<b>923</b>
Mike Innerdale	Veteran 40	U/A Appleby,	922			<b>922</b>
Luke Evans		U/A Windermere, n/a	921			<b>921</b>
Graeme Burns	Veteran 40	U/A Congleton, Cheshire	920			<b>920</b>
Ian Bond	Veteran 50	U/A Preston, Lancashire		920		<b>920</b>
Michael Pritchard		U/A chorley, lancs	919			<b>919</b>
Rob Maynard	Veteran 40	U/A		919		<b>919</b>
Ewan Kirk		U/A York, North Yorkshire	918			<b>918</b>
Ian Pass	Veteran 40	St Helens Sutton		916		<b>916</b>
Toby Campbell		U/A Burnley , Lancs	916			<b>916</b>
Stephen Crook	Veteran 40	U/A Wilmslow,			915	<b>915</b>
Simon Welch	Veteran 40	Keswick Athletic Club		914		<b>914</b>
Jonny Lambert	Veteran 40	U/A Oswestry,			913	<b>913</b>
Malcolm Busfield	Veteran 40	Ashbourne Running Club		913		<b>913</b>
Jonathan Fletcher	Veteran 50	Bedale and Aiskew	912			<b>912</b>
Andrew Symonds	Veteran 40	Totley AC		911		<b>911</b>
Gareth Mcgonagle		U/A Chorley, Lancs	911			<b>911</b>
Scott Robertson	Veteran 40	at Helen Striders			911	<b>911</b>
Michael Jubb		U/A Ulverston, Cumbria		910		<b>910</b>
Mike Holmes	Veteran 40	U/A Skipton,	910			<b>910</b>
Ben Williams		Staffordshire Moorlands AC	909			<b>909</b>
Peter Sanders		U/A Manchester,	907			<b>907</b>
Stuart Haigh		U/A Newcastle upon Tyne, Tyne & Wear		907		<b>907</b>

thomas mac innes	Veteran 40	U/A whitehaven, cumbria			907	<b>907</b>
Darren Collin		U/A Liverpool,	906			<b>906</b>
Anthony Roome	Veteran 40	U/A West Kirkby, Merseyside			905	<b>905</b>
jack coleman		U/A staveley nr kendal, cumbria	904			<b>904</b>
Jamie Sowerby Steel	Veteran 40	Derwent Valley Trail Runners		903		<b>903</b>
Gordie Taylor	Veteran 50	Highland Hill Runners			901	<b>901</b>
Sam Edmondson	Veteran 40	U/A Lancaster, Lancashire	901			<b>901</b>
Charles Paisley	Veteran 40	None			900	<b>900</b>
Ian Hall	Veteran 40	N/a		900		<b>900</b>
Mike Pigram	Veteran 40	U/A Manchester,	900			<b>900</b>
Martin Gribble	Veteran 60	U/A Dursley, Gloucestershire	899			<b>899</b>
Michael Battye		York Triathlon Club		899		<b>899</b>
Tom Stafford		U/A Sedbergh, Cumbria			899	<b>899</b>
Karl Page	Veteran 50	U/A Chester, Cheshire	898			<b>898</b>
Bob Christie		U/A Chester, Cheshire	897			<b>897</b>
Steve Foreman	Veteran 40	Sedgefield Harriers			897	<b>897</b>
Stephen Stuart	Veteran 40	U/A Banbury, Oxfordshire			896	<b>896</b>
Jonathan Johnston-Smit		U/A chorley, Lancs	895			<b>895</b>
Stephane CATHERINE	Veteran 40	U/A WHITLEY BAY,		895		<b>895</b>
Ian Richardson	Veteran 40	COLT	894			<b>894</b>
Tim Waldron		U/A Liverpool, Merseyside			894	<b>894</b>
Tom Wright	Veteran 40	U/A Lytham St.Annes, Lancashire	892			<b>892</b>
donald nichol	Veteran 60	burnden road runners	891			<b>891</b>
Michael Carratu		U/A Milton Keynes, Bucks	890			<b>890</b>
Ashley Howell		Eden Runners			889	<b>889</b>
Simon Byrne			889			<b>889</b>
James Manger		U/A Liverpool,	888			<b>888</b>
SEAN RODDY		U/A PRESTON, LANCS			888	<b>888</b>
David Giggle		U/A Windermere, Cumbria			887	<b>887</b>
Ian Davies		U/A Edinburgh,		887		<b>887</b>
Colin Christie	Veteran 60	Genial	886			<b>886</b>
Barry O'Brien	Veteran 40	U/A Malton, North Yorkshire			885	<b>885</b>
Paul Barker		U/A Loveclough,			884	<b>884</b>
johnny Dunsrunner	Veteran 50	U/A borders,	883			<b>883</b>
Steven scott		U/A st annes ,			883	<b>883</b>
CHARLES COLBY	Veteran 40	Bowland Fell Runners	882			<b>882</b>
Charles Filtness		U/A Manchester, Greater Manchester		882		<b>882</b>
Oliver Jones		U/A Bedford, Bedfordshire			881	<b>881</b>
Terry Charles	Veteran 50	Delamere Spartans	881			<b>881</b>
Dan Poltawski		U/A Lancaster,			880	<b>880</b>
Colin McGonagle	Veteran 40	Carlisle Tri Club		879		<b>879</b>
Craig Farrell		U/A Keighley,	879			<b>879</b>
Ashley Leach		U/A Liverpool,			876	<b>876</b>
Andrew O'Neil		U/A Preston, Lancashire			875	<b>875</b>
Jefferson Gard	Veteran 40	U/A Liverpool, Merseyside		875		<b>875</b>
MARK BARNARD	Veteran 60	U/A HENLEY IN ARDEN, WARWICKSHIRE	875			<b>875</b>
Harry Vaneris		U/A London,			874	<b>874</b>
keith robbins	Veteran 40	U/A tarporley, cheshire			873	<b>873</b>
Christopher Edwards		U/A Manchester,			872	<b>872</b>
kevin tomlinson	Veteran 50	milltown milers		872		<b>872</b>
Chris Duke	Veteran 40	Sunderland Strollers		871		<b>871</b>
Kay Steinkamp		U/A North Shields, Tyne and Wear			871	<b>871</b>
Paul O'Brien		Lostock AC			870	<b>870</b>
Stephane Paulus	Veteran 40	U/A liverpool,	870			<b>870</b>
Mark Baron	Veteran 50	Biddulph Running Club	869			<b>869</b>
Richard Hall	Veteran 40	Bramhall Runners		869		<b>869</b>

Colin Cowan	Veteran 40	U/A Clarkston,			868	<b>868</b>
Alastair Macdonald		gb bootcamps	867			<b>867</b>
Peter Horsell	Veteran 60	U/A Newton Stewart, Wigtownshire		867		<b>867</b>
Garry Rathbone	Veteran 50	U/A Manchester, Gtr Manchester		866		<b>866</b>
Andrew Quinn		U/A Lancaster, Lancashire			864	<b>864</b>
Peter Cottam		U/A Higher Kinnerton, Flintshire		864		<b>864</b>
Rob Marshall	Veteran 50	Scunthorpe and District AC	864			<b>864</b>
Dave Hogg	Veteran 40	U/A Preston,		863		<b>863</b>
Mark Lightfoot	Veteran 40	U/A Liverpool,	863			<b>863</b>
Christopher Bloomer		U/A Swindon,	862			<b>862</b>
mark young	Veteran 40	U/A leeds, West Yorkshire			861	<b>861</b>
Roger Brown	Veteran 40	Crown Paints		861		<b>861</b>
john steele	Veteran 60	U/A wigton, cumbria			860	<b>860</b>
ashley kaye		U/A garforth,	859			<b>859</b>
Charlie Madge		U/A Ambleside , Cumbria			858	<b>858</b>
Peter Lashley	Veteran 40	U/A Milnthorpe, Cumbria	858			<b>858</b>
Richard Tarren	Veteran 60	U/A York,		858		<b>858</b>
Paul Stanfield	Veteran 40	U/A Den Haag,		857		<b>857</b>
Steve Evans	Veteran 40	U/A Congleton,	857			<b>857</b>
andrew davies	Veteran 60	bridgnorth running club		856		<b>856</b>
Scott Liddell	Veteran 60	U/A Warrington, Cheshire			856	<b>856</b>
Luis Molero		U/A St boswells, Scottish borders	855			<b>855</b>
Tom Darkey	Veteran 40	U/A Standish,		855		<b>855</b>
Johnathan Smith	Veteran 40	Roundhay Runners	854			<b>854</b>
Mick Haynes	Veteran 50	U/A Burton-on-Trent, Staffordshire		854		<b>854</b>
Ben Brennan	Veteran 40	U/A poulton-le-fylde, Lancashire	853			<b>853</b>
Richard Slack	Veteran 50	Claremont Road Runners			853	<b>853</b>
Stuart Holding		Wigan Harriers		852		<b>852</b>
Joseph O'Donnell	Veteran 40	U/A Normanton,		851		<b>851</b>
Mark Robinson	Veteran 40	Parkside Panthers	851			<b>851</b>
Daniel King		U/A Blackpool, Lancashire	850			<b>850</b>
Jonathan Ashworth		U/A Maryport, Cumbria			850	<b>850</b>
Danny Tanfield	Veteran 40	U/A Kendal, CUMBRIA			849	<b>849</b>
Wesley Evans		Chorlton Runners		849		<b>849</b>
Gary Spriggs	Veteran 40	St Helens Striders			848	<b>848</b>
Andrew Kyle		U/A Spennymoor, Durham			847	<b>847</b>
Adam Bird		Bramhall Runners		846		<b>846</b>
George Critchley	Veteran 50	Holcombe Harriers			846	<b>846</b>
Craig Hetherington		Stirling Tri Club	845			<b>845</b>
Jim O Sullivan	Veteran 50	U/A London,			845	<b>845</b>
steven beahan	Veteran 40	U/A sheffield, south yorkshire		845		<b>845</b>
Dale McCready	Veteran 40	London Trail Runners			844	<b>844</b>
Graeme Lawson	Veteran 50	U/A Newcastle,		843		<b>843</b>
Edward Shaw		U/A Newcastle upon Tyne,	841			<b>841</b>
John Foulds	Veteran 50	Astley and Tyldesley RC	840			<b>840</b>
Michael Shelton		Mornington Chasers			840	<b>840</b>
Andy Yates	Veteran 50	N/A	839			<b>839</b>
Marcus Byron	Veteran 50	Tynedale Harriers			839	<b>839</b>
Paul Jones	Veteran 40	U/A Chester ,		839		<b>839</b>
Jonathan Gardiner		U/A Thornton-Cleveleys, Lancashire			838	<b>838</b>
Mark Bond	Veteran 50	U/A Southport,	838			<b>838</b>
Chris Devlin		U/A Manchester, LANCS			837	<b>837</b>
Stephen Davies	Veteran 40	U/A Chorley, Lancashire		836		<b>836</b>
David BUII	Veteran 40	U/A Macmerry, East Lothian		835		<b>835</b>
Glenn Darbyshire	Veteran 40	U/A Chorley , Lancashire	834			<b>834</b>
Richard Kent	Veteran 40	U/A BRAMPTON,			834	<b>834</b>



Chris Addy	Veteran 40	U/A Penrith, Cumbria	833			<b>833</b>
Ian Pickles	Veteran 40	U/A Altrincham,			833	<b>833</b>
Joe Cornmell		U/A Bootle,		832		<b>832</b>
Michael Lancaster	Veteran 40	Metham	831			<b>831</b>
Robert Thompson	Veteran 40	U/A Lytham St Annes, Lancashire		831		<b>831</b>
Graham Carson	Veteran 60	U/A London,			830	<b>830</b>
John Hargreaves	Veteran 40	U/A Burnley, Lancashire			829	<b>829</b>
John Rudd	Veteran 50	Perth Road Runners		828		<b>828</b>
Liam Goode		U/A Glasgow,	828			<b>828</b>
James Lewis		U/A hyde,		827		<b>827</b>
paul roche	Veteran 50	merseyside police			827	<b>827</b>
Sam Coward		U/A Manchester,	827			<b>827</b>
Steve Gornall	Veteran 50	U/A Fleetwood, Lancashire	825			<b>825</b>
Bill Chadwick	Veteran 50	U/A Rainow, Macclesfield	824			<b>824</b>
Chris Haselden	Veteran 40	None		824		<b>824</b>
John Leivers	Veteran 40	U/A Nottingham, Nottinghamshire			823	<b>823</b>
Matthew Leivers		U/A Nottingham, Nottinghamshire			822	<b>822</b>
Trevor Duncan	Veteran 50	Sunderland strollers			821	<b>821</b>
Alan Young		U/A Carlisle,	820			<b>820</b>
Nigel Forster	Veteran 40	U/A Whitehaven, Cumbria	819			<b>819</b>
Steve Crame	Veteran 50	U/A Kendal, Cumbria			819	<b>819</b>
austin burrows		U/A blackpool, lancs			818	<b>818</b>
Phil Heaward		Bramhall Runners		817		<b>817</b>
Anthony Smith	Veteran 40	U/A Wigan, Lancashire		816		<b>816</b>
Andy Zwolinski	Veteran 40	Ashbourne RC		815		<b>815</b>
Christopher Murphy		U/A Manchester, Lancashire	814			<b>814</b>
Peter Evans	Veteran 50	Kings Heath Running Club		814		<b>814</b>
trevor mercer	Veteran 60	U/A darwen, lancs			814	<b>814</b>
Bruce Helme		U/A Preston, Lancashire			813	<b>813</b>
Dean Nugent		Beanz	812			<b>812</b>
Michael Graham		U/A Upton, Merseyside		812		<b>812</b>
Carl Dunk	Veteran 40	U/A Shipley,		811		<b>811</b>
Paul Henderson		Elswick Harriers	811			<b>811</b>
Andrew Langley		U/A London, London	810			<b>810</b>
Jamie Bowden	Veteran 40	u/a		810		<b>810</b>
Dan Lewis		U/A Kirkoswald, Cumbria		809		<b>809</b>
Howard Plaut	Veteran 50	U/A Crook, County Durham		808		<b>808</b>
tim kings	Veteran 40	U/A KENDAL,			808	<b>808</b>
Nigel Ezard	Veteran 40	U/A Ilkley,		807		<b>807</b>
Paul Denvers		U/A Ilkley, West Yorkshire		806		<b>806</b>
Steven Averill	Veteran 50	U/A Nottingham ,	806			<b>806</b>
Chris Pilkington		U/A Preston, Lancashire	805			<b>805</b>
Matt McCairn		U/A St Helens, Merseyside	804			<b>804</b>
Stuart Dunning		U/A Whitley Bay, Tyne and Wear			804	<b>804</b>
Baljit Dhanda	Veteran 50	Ealing Eagles	803			<b>803</b>
Ian Lambert		U/A Littleborough, Lancs		803		<b>803</b>
David Oneil	Veteran 40	Unattached	802			<b>802</b>
Jeremy Mycock	Veteran 40	U/A Sale, Greater Manchester		802		<b>802</b>
Adrian Cross	Veteran 40	U/A Arnside, Cumbria			801	<b>801</b>
Garry Smith	Veteran 70	Milltown Milers		801		<b>801</b>
Adam Stafford		U/A Edinburgh,		799		<b>799</b>
Mark Lobb		U/A Leeds,	799			<b>799</b>
Graham Kelly	Veteran 50	U/A Liverpool, Merseyside	798			<b>798</b>
stuart rome		U/A Carlisle, Cumbria			798	<b>798</b>
David Gilbert	Veteran 40	U/A Liverpool, Merseyside			797	<b>797</b>
Simon Willett		U/A Skipton, North Yorkshire	797			<b>797</b>

Joe Parkins	Veteran 40	U/A Kendal,			796	<b>796</b>
Mark Wilde	Veteran 50	U/A Wirral, Merseyside			796	<b>796</b>
Stephen Wilson	Veteran 40	U/A Grange-Over-Sands, Cumbria	794			<b>794</b>
cem acar		U/A blyth, northumberland	793			<b>793</b>
Harry Dryden		U/A London,			792	<b>792</b>
Jonathan Vose		None	791			<b>791</b>
Oliver Branagan		U/A Ottringham, East Yorkshire			791	<b>791</b>
Ric Jaques	Veteran 40	U/A Brampton,			791	<b>791</b>
Max Beddall		U/A London,			790	<b>790</b>
Peter Ling	Veteran 40	-	790			<b>790</b>
Peter Murray		U/A Davyhulme, MANCHESTER			789	<b>789</b>
steve fairclough	Veteran 50	Bramhall Runners			789	<b>789</b>
Colin Newby	Veteran 50	U/A Newcastle Upon Tyne, Tyne and Wear			788	<b>788</b>
Dave Stevenson	Veteran 40	The Runner Beans	788			<b>788</b>
Nick Alexander	Veteran 40	U/A Newark, Nottinghamshire			787	<b>787</b>
Nick Anderton	Veteran 40	U/A London,	787			<b>787</b>
Steven Hartle		Parkside Panthers			787	<b>787</b>
Michael Harrison		U/A Southport,			784	<b>784</b>
trevor mercer	Veteran 60	U/A darwen, lancs	784			<b>784</b>
William Murgatroyd	Veteran 60	U/A Huddersfield, Yorkshire			784	<b>784</b>
Daniel Hunt		U/A Lytham st annes, Lancashire			783	<b>783</b>
Mark Bainton	Veteran 50	Lymm Runners			783	<b>783</b>
Owen McTeggart	Veteran 40	U/A Kendal, Cumbria	783			<b>783</b>
Robert Fry	Veteran 60	U/A Wigan,			782	<b>782</b>
Paul Waldram	Veteran 40	U/A Bolton, England			780	<b>780</b>
Charlie Michaelis	Veteran 50	U/A Stratford-upon-Avon, Warwicks	779			<b>779</b>
Scott Lord	Veteran 40				779	<b>779</b>
Jonathan Green	Veteran 40	U/A Birkenhead,			778	<b>778</b>
Jonathan Rix		U/A York,	778			<b>778</b>
Mark Cannell	Veteran 40	U/A Wigan, Lancashire	776			<b>776</b>
Richard Tickner	Veteran 50	U/A Kendal, Cumbria			776	<b>776</b>
Chris Taylor		U/A Cramlington, Northumberland	775			<b>775</b>
Wayne McIntosh		Trawden AC			775	<b>775</b>
Pete Lashley		U/A Milnthorpe			774	<b>774</b>
Damien Cullington		U/A Leeds, West Yorkshire	773			<b>773</b>
James Semple		U/A DARLINGTON, Durham			772	<b>772</b>
Paul Cleary	Veteran 40	U/A Alsager, Stoke-on-Trent	772			<b>772</b>
Billy Elliott	Veteran 40	U/A North Berwick,	771			<b>771</b>
Ian Kearney		U/A Newcastle Upon Tyne, Tyne and V	770			<b>770</b>
Stewart Lamb		U/A Lancaster , Lancs			770	<b>770</b>
Ted Townsend	Veteran 60	South Molton Strugglers			770	<b>770</b>
Richard Trinder	Veteran 70	U/A Frinton on Sea UK,	769			<b>769</b>
Mike Fishpool	Veteran 40	U/A Skipton, N Yorkshire			768	<b>768</b>
Steve Tilsley	Veteran 50	Ashbourne Running Club			768	<b>768</b>
amjid khan	Veteran 40	U/A harrogate,			767	<b>767</b>
David Marshall	Veteran 50	Team Stupidity	767			<b>767</b>
John Gardiner	Veteran 60	U/A Lanchester , Durham			767	<b>767</b>
Wayne Rebanks	Veteran 40	U/A Penrith, Cumbria			766	<b>766</b>
John Tomlinson	Veteran 50	U/A Bolton,	765			<b>765</b>
Gordon Fletcher	Veteran 60	Fell Running Association	764			<b>764</b>
Simon Tulley	Veteran 40	U/A Kendal,			764	<b>764</b>
Adrian Mills	Veteran 40	U/A Manchester,			763	<b>763</b>
David Newton	Veteran 50	U/A Newcastle upon tyne,			762	<b>762</b>
Rob Newsham		Merseytri	762			<b>762</b>
Tom Hunt		U/A Barrow in Furness, Cumbria			762	<b>762</b>
gary blades	Veteran 50	U/A kendal, cumbria			761	<b>761</b>

Shawn Gibson		U/A Kendal,	761			<b>761</b>
GARETH TOSH	Veteran 50	U/A Halifax,		760		<b>760</b>
Robert Moody	Veteran 60	None			760	<b>760</b>
john Burgess	Veteran 40	U/A West kirby, Wirral	759			<b>759</b>
Edward Swinden	Veteran 40	U/A Manchester,	758			<b>758</b>
Michael Edwards	Veteran 50	U/A Liverpool,			758	<b>758</b>
PAUL LAWTON	Veteran 40	VICTORIA PARK RUNNERS		758		<b>758</b>
Paul Bowden	Veteran 40	U/A Selby, North Yorkshire			757	<b>757</b>
Peter Shields	Veteran 50	U/A Glasgow,	757			<b>757</b>
Bruce Carlisle	Veteran 40	U/A Whitley Bay,			756	<b>756</b>
malcolm jackson	Veteran 50	U/A congleton, cheshire	756			<b>756</b>
Robert Wallace		U/A Castle Douglas ,		756		<b>756</b>
David Toth	Veteran 40	U/A Durham,			755	<b>755</b>
Iain Armstrong		U/A Carlise, Cumbria		755		<b>755</b>
Thomas Jones			755			<b>755</b>
paul christian	Veteran 40	U/A gateshead, tyne and wear			754	<b>754</b>
rob hackett		U/A thornton-cleveleys, lancashire			753	<b>753</b>
Stephen Shaw	Veteran 50	-		753		<b>753</b>
Francis Wooff	Veteran 50	Chorlton Runners	752			<b>752</b>
Mark Hunt	Veteran 50	U/A Solihull, West Midlands			752	<b>752</b>
Daniel Towers		U/A Kendal, Cumbria			751	<b>751</b>
Jim Barrow	Veteran 50	Pensby Runners	751			<b>751</b>
Martin Pymm	Veteran 50	U/A LIVERPOOL, Merseyside		750		<b>750</b>
Matthew Tyrer		U/A Heath charnock, Lancashire	749			<b>749</b>
David Hanson	Veteran 40	U/A Earby, Lancashire	748			<b>748</b>
John Edwards	Veteran 60	U/A Yarm, Cleveland			748	<b>748</b>
Matthew Atkinson		Leeds Bradford Tri	747			<b>747</b>
Roj Fawcett	Veteran 40	U/A Northwich, Cheshire			747	<b>747</b>
Dean Graham		Hardly AC			746	<b>746</b>
Mark Hammond			746			<b>746</b>
John Mercer	Veteran 50	U/A St Albans, Hertfordshire			745	<b>745</b>
Carl Peacock	Veteran 40	n/a		744		<b>744</b>
Bob Barford	Veteran 50	U/A Laceby, Lincolnshire	743			<b>743</b>
kevin watkins	Veteran 40	U/A lancaster, lancashire			743	<b>743</b>
Sarmid Al-Kamil	Veteran 50	Bramhall Runners		743		<b>743</b>
David Devine	Veteran 50	U/A Glasgow, Scotland		742		<b>742</b>
Barry Skelton	Veteran 40	U/A Darwen, Lancashire		741		<b>741</b>
David West-Watson	Veteran 60	U/A Rhosneigr, Isle of Anglesey			741	<b>741</b>
Ian Gibson	Veteran 50	Tynedale Harriers	741			<b>741</b>
Richard Pennock	Veteran 40	U/A Bridgend,		740		<b>740</b>
Luke Harbour	Veteran 40	U/A Wardle,		739		<b>739</b>
colin denney	Veteran 50	thornton cleveleys running club			738	<b>738</b>
Ryan McShane		U/A Great Eccleston, Lancashire	738			<b>738</b>
Greg Cameron	Veteran 40	U/A Brampton, Cumbria	737			<b>737</b>
Richard Bond	Veteran 40	U/A York,		737		<b>737</b>
Anthony Brockbank	Veteran 50	U/A Morpeth, Northumberland	736			<b>736</b>
Dave Candlish	Veteran 40	Saltwell Harriers			736	<b>736</b>
Simon Funnell	Veteran 40	U/A Guildford, Surrey			735	<b>735</b>
Craig Coates		Bridgnorth Running Club	733			<b>733</b>
Malcolm Sygrove	Veteran 50	Elvet Striders			733	<b>733</b>
Ian Verber	Veteran 60	Black Combe Runners		732		<b>732</b>
paul jackson		U/A widnes, cheshire	732			<b>732</b>
Tony Ainsworth	Veteran 40	U/A Kendal,			732	<b>732</b>
Greg Oulton	Veteran 40	lytham st annes RRC		731		<b>731</b>
steve parkes	Veteran 50	U/A darlington, durham	730			<b>730</b>
Frank Miller	Veteran 60	Garstang RC		729		<b>729</b>

Scott Baxter	Veteran 40	U/A Holmfirth, West Yorkshire			729	<b>729</b>
Trevor Chaytor	Veteran 50	Elvet Striders	728			<b>728</b>
Martin Woolley	Veteran 40	U/A Padfield,	727			<b>727</b>
Peter Sutton	Veteran 40	Pure AV		727		<b>727</b>
George Lalande	Veteran 60	U/A Malton, North Yorkshire		726		<b>726</b>
Mirek Sawicz		U/A Ellesmere Port,	726			<b>726</b>
Andy truswell	Veteran 40	U/A rochdale, Lancashire		725		<b>725</b>
Martin White	Veteran 50	U/A Carlisle, Cumbria			724	<b>724</b>
Mark Maclagan		Tri Preston	723			<b>723</b>
Christopher Beaves		U/A Sheffield, South Yorkshire		722		<b>722</b>
Dan Loughney		U/A Leeds, W Yorks			722	<b>722</b>
Andrew Jones	Veteran 50	non-affiliated			721	<b>721</b>
Jason Rush	Veteran 40	U/A St Albans, Hertfordshire	721			<b>721</b>
Richard Quine	Veteran 40	U/A Harrogate, North Yorkshire		721		<b>721</b>
chris douglas	Veteran 50	U/A delph,		720		<b>720</b>
Matt Wynne	Veteran 40	U/A Cairndow, Argyll & Bute			720	<b>720</b>
Robert Biggs	Veteran 40	U/A St Albans, Hertfordshire	720			<b>720</b>
Dan Weir	Veteran 40	U/A St Albans, Hertfordshire	719			<b>719</b>
stefan wood		U/A St Helens,	718			<b>718</b>
Kev Kendal	Veteran 40	Howgill Harriers			717	<b>717</b>
James McGilligan		U/A Glasgow, Lanarkshire	716			<b>716</b>
Roger Williams	Veteran 40	U/A Hullbridge, Essex		716		<b>716</b>
Richard Caverner	Veteran 60	Fell runners Association	715			<b>715</b>
Ermias Desta		U/A London,	714			<b>714</b>
Simon Jones	Veteran 40	U/A Sawbridgeworth, Herts			714	<b>714</b>
Joseph Atherton	Veteran 50	U/A Stafford, Staffordshire		713		<b>713</b>
Kevin Mather	Veteran 50	U/A Warrington,			713	<b>713</b>
Andrew Tan		U/A Cheadle Hulme,	712			<b>712</b>
Jonathan Clubb	Veteran 40	U/A Harrogate,		712		<b>712</b>
Richard Crossley	Veteran 40	U/A Stafford, Staffs			712	<b>712</b>
Jonathan Downs		U/A Preston,			710	<b>710</b>
phillip humphrey	Veteran 50	U/A caterham,		709		<b>709</b>
Richard Bartlett	Veteran 60	U/A ulverston, cumbria			709	<b>709</b>
john long	Veteran 50	east hull harriers		708		<b>708</b>
Michael Milburn	Veteran 50	U/A Milnthrope, Cumbria			708	<b>708</b>
Stewart Bailey	Veteran 40	Cheshire Hash House Harriers	708			<b>708</b>
Peter Jackson	Veteran 60	U/A MILLOM, Cumbria		707		<b>707</b>
Richard Hope	Veteran 40	U/A Liverpool , Merseyside	707			<b>707</b>
James Anderton	Veteran 40	U/A Congleton, Cheshire	706			<b>706</b>
Andrew Speer	Veteran 50	Red Rose Road Runners	705			<b>705</b>
Paul Thompson	Veteran 50	Hornsea Harriers	703			<b>703</b>
Jon Shaw	Veteran 50	Macclesfield Harriers			702	<b>702</b>
Duncan Milne		U/A Peterborough,		701		<b>701</b>
Owen Redpath		MADAC	700			<b>700</b>
Dom Gilvarry		U/A Liverpool,		699		<b>699</b>
STEVEN JOBSON	Veteran 40	U/A HILLDALE, PARBOLD, LANCASHIRE			699	<b>699</b>
Glyn Hodgson		U/A Lancaster ,	698			<b>698</b>
Tony McNeill	Veteran 50	Durham Harriers		698		<b>698</b>
James Harris	Veteran 40	U/A Leyland, Lancashire	696			<b>696</b>
Martin Bennett	Veteran 50	U/A LIVERPOOL, Merseyside		696		<b>696</b>
Graham Jordan	Veteran 60	Stockton Striders	695			<b>695</b>
michael cross	Veteran 40	Northwich Running Club		695		<b>695</b>
Sean Backhouse	Veteran 40	U/A Selby, North Yorkshire			695	<b>695</b>
Pete Holding	Veteran 50	U/A Kendal, Cumbria			694	<b>694</b>
walter gibson	Veteran 60	U/A Tarporley, Cheshire		693		<b>693</b>
ali cherni	Veteran 40	U/A Nottingham,		692		<b>692</b>

Clark Craft	Veteran 40	Mac 1 Fitness	692			<b>692</b>
Jessica Gordon-Smith		U/A hyde,		691		<b>691</b>
Jonny Boyes	Veteran 40	U/A golborne, cheshire			690	<b>690</b>
Peter Roach	Veteran 50	U/A Bebington, Wirral	690			<b>690</b>
Gabriel Uttley	Veteran 50	U/A York, North Yorkshire	689			<b>689</b>
Martyn Weddell		U/A Edinburgh,			688	<b>688</b>
Chris Young	Veteran 40	Mac 1 Fitness	687			<b>687</b>
Simon Wood		U/A Guildford,			687	<b>687</b>
Will Routh		U/A London,		687		<b>687</b>
Dean Pallister	Veteran 40	Allithwaite Running Club	686			<b>686</b>
Bernard Brown	Veteran 50	U/A St Helens, Merseyside			685	<b>685</b>
Clive Barker	Veteran 50	U/A Chorley, Lancs		685		<b>685</b>
steve taylor	Veteran 40	Red Rose road runners	685			<b>685</b>
Ian Stephenson	Veteran 50	U/A Swarland, Northumberland			683	<b>683</b>
Maurice Talbot	Veteran 60	U/A Burntwood, Staffs	683			<b>683</b>
Graham Parker	Veteran 50	U/A Kendal, Cumbria			682	<b>682</b>
lawrence crees	Veteran 40	Genial	682			<b>682</b>
Simon Taggart	Veteran 50	Galloway Harriers		682		<b>682</b>
Philip Donnison	Veteran 50	U/A Kendal,	681			<b>681</b>
John Millington	Veteran 40	Warrington Running Club			680	<b>680</b>
Mike Dunn	Veteran 70	Headington road runners		679		<b>679</b>
Steve Starkie		U/A Whitehaven,			679	<b>679</b>
Jim Clark	Veteran 40	U/A Hertford,		678		<b>678</b>
Jonathan Davidson	Veteran 50	U/A Warrington,	678			<b>678</b>
Sean McMenamin	Veteran 40	Certas Energy	677			<b>677</b>
Stephen Ralston	Veteran 50	Lonsdale Fell Runners			677	<b>677</b>
steven gannon	Veteran 50	U/A stockport , cheshire	675			<b>675</b>
Martin Leung	Veteran 40	U/A Near Coventry, West Midlands		674		<b>674</b>
Oliver Bullock		U/A Frinton on Sea, Essex	674			<b>674</b>
Oliver Collins		U/A Bolton, Lancashire			674	<b>674</b>
Kevin Bullock	Veteran 50	U/A Frinton on Sea, Essex	673			<b>673</b>
Nick Pape	Veteran 40	Hermitage harriers			673	<b>673</b>
Kerry Macfarlane	Veteran 60	U/A Liverpool, Merseyside		672		<b>672</b>
Richard Chandler	Veteran 50	Carnethy		671		<b>671</b>
Vincent Holme	Veteran 40	Batala Mountain Runners	671			<b>671</b>
Ian Andrews	Veteran 40	U/A Torpoint, Cornwall			669	<b>669</b>
Robert Heminsley	Veteran 50	U/A Preston, lancs	668			<b>668</b>
james warburton		U/A knaresborough, north yorkshire	667			<b>667</b>
Neil Stirling	Veteran 70	Allithwaite Running Club		666		<b>666</b>
Richard Warren		U/A sawley, derbyshire	665			<b>665</b>
David Watson	Veteran 40	Red rose road runners			664	<b>664</b>
Kevin Pluck	Veteran 40	U/A Altrincham,		664		<b>664</b>
Gary Baker	Veteran 50	Baildon Runners		663		<b>663</b>
Jeremy Davis		U/A Wakefield, West Yorkshire	663			<b>663</b>
Anthony Church	Veteran 50	U/A Vigo Village, Kent			662	<b>662</b>
Ron Leary	Veteran 40	U/A Hull,			660	<b>660</b>
James Chappell	Veteran 40	U/A Cottingham,			659	<b>659</b>
Gerald Greeves	Veteran 50	U/A Redcar, Cleveland		657		<b>657</b>
Simon Poole	Veteran 40	St Helens Striders			657	<b>657</b>
Paul Wallace	Veteran 40	U/A Stone, Staffordshire			656	<b>656</b>
Ryan Deakin				656		<b>656</b>
Christopher Ramshaw	Veteran 50	U/A Newcastle Upon Tyne, Tyne and Wear		655		<b>655</b>
dinesh patel	Veteran 50	U/A preston, lancashire			655	<b>655</b>
Nigel Beeson	Veteran 50	U/A Lancaster,	655			<b>655</b>
steve kenyon	Veteran 40	U/A Widnes , Cheshire		654		<b>654</b>
Jim Mclean	Veteran 60	Red Rose Road Runners			652	<b>652</b>

