

Lakeland Trails 2016 10KM Autumn Series Results : Men							
Name	Category	Club	Keswick	Coniston	Helvellyn	Ullswater	Total
John Widdrington		U/A Newcastle upon Tyne,	995	997	995	991	3978
Craig Marsh		Keswick AC	991	995	993	985	3964
Robbie Robson		South Axholme Academy	988	991	994	979	3952
Lance Saxby	Veteran 40	U/A Harrogate, North Yorkshire	965	973	984	970	3892
sean barry	Veteran 40	U/A huddersfield,	977	984	981	945	3887
andrew pye	Veteran 40	U/A skelsmergh,	974	974	964	960	3872
Ian Gibson	Veteran 40	U/A Ulverston, Cumbria	979	985	974	921	3859
Richard Whall		U/A Kirkham, Lancashire	968	968	970	938	3844
Hunter Lyden		U/A Manchester,	932	945	934	882	3693
Jason Spear	Veteran 40	U/A Chorley, Lancashire	898	938	918	848	3602
ian mitchell	Veteran 50	helm hill runners	925	911	900	835	3571
Paul Donnelly	Veteran 40	U/A Southport, Merseyside	886	912	904	845	3547
Lindon Bolton		Keswick AC	899	894	908	825	3526
David Ellicott	Veteran 40	Keswick AC	871	869	878	793	3411
Philip Loftus	Veteran 50	U/A Bolton, Lancashire	856	896	882	767	3401
Simon Maughan	Veteran 50	U/A Blackburn, Lancashire	986	987	987		2960
andrew foster	Veteran 40	U/A southport,	983	980	988		2951
Graham Jordan		U/A OLDHAM,	975	989	986		2950
Lawrence Mannion	Veteran 50	U/A Kendal,	980	983	982		2945
Ryan Mewis		U/A Preston,	972	981	977		2930
Glenn Morris	Veteran 40	U/A Lancaster, Lancs	957	956	956		2869
Nick Sharp	Veteran 40	U/A Wakefield, West Yorkshire	990	990	883		2863
James Wright		U/A Endmoor, Cumbria	951	967	935		2853
Andy Hale	Veteran 40	Red Rose Road Runners	955		957	916	2828
Gerard Hurst	Veteran 60	U/A Wigan,	936	950	942		2828
Robin NAYLOR	Veteran 60	n/a		939	950	912	2801
Chris Jackson	Veteran 40	U/A Tunstall, East Riding of Yorkshire	910	928	923		2761
Mark Lovering	Veteran 40	U/A Chorley, Lancashire	908	919	917		2744
Andrew Hemsley	Veteran 50	U/A Penrith, Cumbria	916	930		891	2737
Peter Phillips	Veteran 60	Loftus and Whitby AC	896	902	898		2696
Gareth Phillips	Veteran 40	Gateshead Harriers	895	903	897		2695
Peter Jubb	Veteran 50	U/A Nottingham, Nottinghamshire	863	882	902		2647
andrew marrison	Veteran 40	U/A kendal, Cumbria	872	887	887		2646
Mel Jones	Veteran 60	Swinton Running Club	832	892	903		2627
Tom Lawson	Veteran 40	U/A Maryport, Cumbria	859	872	881		2612
BARRY GREEN	Veteran 60	NONE	848	889	874		2611
Tom French		U/A Skipton, North Yorkshire	882		888	797	2567
David Watson	Veteran 40	Red rose road runners	811	874	848		2533
Thomas Jackson		U/A Tunstall, East yorkshire	828	851	851		2530
Jack Waite	Veteran 50	U/A Milnthorpe, Cumbria	812	843	847		2502
Chris Robson	Veteran 70	U/A St Bees, Cumbria	809	841	840		2490
J Howard	Veteran 60	U/A Ashton under Lyne, Lancs	807	840	837		2484
Mark Wade		Aycliffe Running Club	998		999		1997
Wayne Laird		Border Warrior	996		997		1993
Darren Townend	Veteran 40	U/A Harrogate ,	993	993			1986
Jonathan Creed		U/A Preston ,	987		983		1970
Mike Allison	Veteran 50	U/A Penrith, Cumbria			992	978	1970
Oliver Lees		U/A Leeds, West Yorkshire		979	978		1957
Paul Rawlinson		DH Runners	971			953	1924
Steve Foreman	Veteran 40	Sedgefield Harriers	962		958		1920
Richard Manley		U/A Wirral, Merseyside		962	955		1917
Joe Harper		Yorkshire Wolds Runners	947	957			1904
Mike Daniels		U/A Manchester,			975	918	1893
Thomas Ward		U/A Lancaster, Lancashire	946	943			1889
Jamie Homer		Asics	938	949			1887
Gary Smith	Veteran 40	COLT		937	949		1886
Jon Berwick	Veteran 40	Asics	943	942			1885
Nick Postill		U/A Ormskirk,		951	933		1884
Andy MacKenzie	Veteran 50	U/A London,			968	902	1870

Kevin Bloor	Veteran 40	U/A Rothwell,			952	914	1866
Andrew O'Boyle	Veteran 50	U/A Warrington, Cheshire	920		944		1864
Simon Nicholson		U/A Galgate, Lancaster,		935	929		1864
Simon Robson		U/A York, North Yorkshire		914	948		1862
derek sweeney	Veteran 50	U/A windermere, cumbria	931	923			1854
gary clay	Veteran 50	U/A huddersfield, west yorkshire	922	927			1849
Paul Finn	Veteran 50	U/A High Peak, Derbyshire		913	920		1833
Will Smith		U/A Lancaster,		922	909		1831
Phil Collinson		Asics.	912	917			1829
Andrew Goodson	Veteran 50	U/A Bowness on Windermere, Cumbria	914		901		1815
Sean Lynn	Veteran 50	U/A Newcastle upon tyne, Tyne and Wear	904		907		1811
Colin Campbell	Veteran 40	U/A Penrith,	892		916		1808
Dave Walton	Veteran 60	LOC	909	898			1807
Pete Holding	Veteran 60	U/A Kendal, Cumbria	889		906		1795
Anthony Stacey	Veteran 60	U/A Burnley, Lancashire	902		886		1788
Jim Mclean	Veteran 60	Red Rose Road Runners	897	890			1787
Marcus Moss	Veteran 40	U/A Leeds, West Yorkshire	857	926			1783
Tim Massey	Veteran 50	U/A Stoke-on-Trent, Staffordshire	893		880		1773
Chris Price	Veteran 50	York Acorns			859	903	1762
Andy Hickson	Veteran 50	U/A LONDON,			889	853	1742
Simon Cowling	Veteran 40	U/A Formby, Liverpool	852	888			1740
Nick Archer	Veteran 40	U/A Manchester,		863	873		1736
Stephen Alecock	Veteran 50	U/A Carlisle, Cumbria	901			829	1730
martin barrett	Veteran 40	U/A stockton-on-tees,	835		893		1728
David Binks	Veteran 60	Allithwaite Running Club		862	864		1726
Dave Newton		None	839	881			1720
Edward Ryder	Veteran 40	None	841		875		1716
Jason Platten		U/A York,	843	873			1716
Andrew Higginson		U/A Blackburn, Lancashire	842		867		1709
Jim Dean	Veteran 70	U/A Kendal, Cumbria	837	850			1687
Marc Carruthers		U/A Stonehaven,	826		860		1686
Paul Coldham	Veteran 50	U/A Keswick, Cumbria	822		857		1679
Alan Stephenson	Veteran 50	U/A North Sheilds, Tyne & Wear	829		849		1678
DAVID LASH	Veteran 60	U/A SEAHAM, CO. DURHAM	820		856		1676
Ian Rigby	Veteran 50	U/A Widnes, Cheshire	817	854			1671
Stuart Waring	Veteran 40	U/A Blackburn, Lancashire	821		850		1671
ANDREW WOODS	Veteran 60	Fell Striders		861		808	1669
Nicki Roberts		ASICS	818		846		1664
Alan Townsend	Veteran 60	U/A Radstock,	819		844		1663
Alon Caspi	Veteran 50	Mornington Chasers			884	778	1662
Mark Sullivan	Veteran 50	U/A Helsby, Cheshire	814	846			1660
Richard Cawdell	Veteran 60	U/A London,			872	788	1660
Sean Smith	Veteran 40	None	805		845		1650
Ken Whittington	Veteran 60	U/A Ilkley, WEST YORKSHIRE	823			810	1633
Ian Symington		U/A Hebden Bridge, West Yorkshire		1000			1000
Paul Graham		Derwent Athletic Club			1000		1000
Tom Adams		Ilkely Harriers				1000	1000
Tom Collins		U/A Chatham, Kent	1000				1000
Ben Granger		U/A Kendal, Cumbria	999				999
Ben Livesey		U/A Lincoln,				999	999
Lee Winter	Veteran 40	GB Bootcamps		999			999
Johnathan Cox		Eden Runners				998	998
Matthew Phillips		Houghton Harriers			998		998
Paul Hughes		Penny Lane Striders		998			998
Alex Robinson		Holmfirth Harriers				997	997
Murray Murray		Barrow Striders	997				997
Chris Kelly		U/A Milnthorpe, Cumbria			996		996
Joshua Blacker		Harrogate Harriers		996			996
Tim Campbell	Veteran 40	U/A Warrington, Cheshire				996	996
Adam Fletcher	Veteran 50	U/A				995	995
Duncan Hill	Veteran 40	Sale Manchester Harriers				994	994

Stephen Hall		North Shields poly	994			994
Tony Wardel	Veteran 40	South Cheshire Harriers		994		994
Daniel Pratt		U/A Shipley, West Yorkshire			993	993
Daniele Trinca		U/A Leeds,			992	992
Larry Simpson	Veteran 50	U/A Kendal, Cumbria	992			992
Matt Harratt		U/A Oldham,		992		992
Adam Riley		U/A Dewsbury, West Yorkshire			991	991
Merlin Duff		U/A Newcastle upon Tyne,			990	990
Rory Coutts		U/A Clare, Suffolk			990	990
Gary Hutchinson	Veteran 50	U/A Sunderland, Tyne & Wear	989			989
Joseph Collins		U/A Carlisle, Cumbria			989	989
Will Sharp		u/a			989	989
David Antill		Tyne Bridge Harriers		988		988
Mark Blackwell	Veteran 40	West Cumbria Tri			988	988
Michael McLean	Veteran 40	U/A Catterick Garrison,			987	987
Allan Sumner	Veteran 40	Preston Harriers		986		986
Jamie Arkle		Eden Runners			986	986
Andrew Gilmour		U/A GLASGOW,			985	985
Steve Cumley		Bournville Harriers	985			985
Andrew Gittins		U/A Worcester Park,	984			984
leon flesher	Veteran 40	thornton cleveleys			984	984
Peter Roome	Veteran 50	Southport Waterloo AC			983	983
David Blake		U/A Birmingham,			982	982
Michael Armstrong	Veteran 40	U/A Ulverston, CUMBRIA		982		982
Paul Kelsall	Veteran 40	U/A New Mills ,	982			982
Alan Ramsay	Veteran 40	U/A South Queensferry,			981	981
Nick Kay		U/A Lancaster, Lancashire	981			981
Ben Hall		Elswick			980	980
Robert Eagles		Penny Lane Striders			980	980
Andrew Hill		U/A Chesterfield, Derbyshire			979	979
Leon Dallow	Veteran 50	Oswestry Olympians		978		978
Tim Skelton		Elvet Striders	978			978
Mick Allen		Cumberland Fell Runners			977	977
Paul Managh	Veteran 40	Ulverston Tri Club		977		977
Bruce Hardy		U/A Cockermouth, Cumbria	976			976
James Maxwell		Queen Elizabeth School			976	976
Matthew Wall		U/A Barrow in Furness,		976		976
William Marsden		U/A Edinburgh,			976	976
Kev Logue		Warrington Running Club		975		975
Roger Taylor	Veteran 40	U/A Erding,			975	975
Ben Heathcote		Northumberland Fell Runners			974	974
Chris Chalmers		U/A London,			973	973
Phil Fortun	Veteran 40	Stone MM	973			973
Terence Taylor		U/A St Helens , Merseyside			973	973
Mat Harrop	Veteran 40	U/A Scarborough, North Yorkshire			972	972
Michael Storey		DH Runners			972	972
Tim Waldron		U/A Liverpool, Merseyside		972		972
Ian Stainthorpe	Veteran 50	Rochdale Harriers			971	971
Jamie Boulger		asics			971	971
Simon Bolton	Veteran 50	Wilmslow Running Club		971		971
Jonathan Antill		U/A Oxford,		970		970
Malcolm Lorimer	Veteran 40	U/A Bedlington, Northumberland	970			970
Andy Martin		U/A Lytham,	969			969
Garry Owens	Veteran 50	NFR			969	969
Mark Zicking	Veteran 40	Evesham Vale		969		969
Neil Stephenson		U/A Barrow-in-Furness, Cumbria			969	969
Peter Roberts	Veteran 40	Bramhall Runners			968	968
darren young	Veteran 40	U/A heckmondwike, west yorkshire			967	967
Robert Robinson	Veteran 50	Holmfirth Harriers			967	967
Tim Green	Veteran 50	Les Croupiers Running Club Cardiff	967			967
Clym Stephenson		U/A Kendal,		966		966

Damien Handslip	Veteran 40	Nidd Valley Road Runners			966		966
David Andrews		U/A Cottingham, East Yorkshire	966				966
Harry Vaneris		U/A London,				966	966
Jason Edmondson	Veteran 40	Coniston Fell Runners		965			965
Michael Richardson	Veteran 40	n/a				965	965
Stephen Moxley		U/A Tarporley,			965		965
Harry matthews	Veteran 60	Elswick harriers	964				964
Richard Folley		U/A London,				964	964
Stephen Gilks		U/A Shipley, West Yorkshire		964			964
Antony Weedall	Veteran 50	n/a	963				963
Dave Hogg	Veteran 40	U/A Preston,		963			963
David Brooks	Veteran 50	U/A Preston, Lancs			963		963
Peter Clayton	Veteran 50	Unattached				963	963
Mark Saunders	Veteran 40	U/A Wymondham, Norfolk				962	962
Paul Stirrup	Veteran 50	Bowland Bimblers			962		962
daniel hunsley	Veteran 40	U/A crewe, cheshire			961		961
George Barnes		York acorn r c	961				961
Luke Healy		U/A Wood Green,				961	961
Ricky Mason		U/A Barrow In Furness, Cumbria		961			961
chris gill	Veteran 50	U/A York,	960				960
James Davies		U/A Sutton Courtenay, Oxfordshire			960		960
Powell Andy				960			960
Adrian Blake	Veteran 40	U/A Bury, Lancs	959				959
Jonathan Fairhurst		U/A Wigan, lancashire			959		959
Nathan Drinkall		U/A Scunthorpe , North Links				959	959
Paul Quinn	Veteran 50	U/A Barrow-in-Furness, Cumbria		959			959
Barry Edwards	Veteran 60	North Devon Road Runners		958			958
Edward Bartlett		Asics	958				958
leslie johnson	Veteran 40	Razzer's Runners				958	958
David Lash	Veteran 40	Sunderland Harriers				957	957
Simon Hiscock		U/A Preston , Lancs	956				956
William Powis		North Shields Polytechnic Club				956	956
Bruce Helme		U/A Preston, Lancashire		955			955
Richard Hawkins		York Postal Harriers				955	955
Adrian Hadley		U/A Whitehaven, Cumbria	954				954
Edward Lloyd		U/A sheffield, s. yorks				954	954
Michael Bowden	Veteran 40	Holcombe Harriers		954			954
Richard Bowles		U/A Sheffield, South Yorkshire			954		954
Alex Sharman		U/A Liverpool,			953		953
Andrew Laidlow	Veteran 40	U/A Carlisle, Cumbria		953			953
Michael Watson	Veteran 40	Banned out the multi	953				953
Andrew Paton-Jones		U/A Warrington, Cheshire	952				952
Ian Coupe	Veteran 50	U/A Bolton, Lancashire		952			952
Robert Hartley	Veteran 40	U/A Paisley, Renfrewshire				952	952
Paul Lindley		U/A Liverpool, Merseyside				951	951
Ross Stephenson		U/A liverpool, merseyside			951		951
John Field		U/A Skipton, North Yorkshire				950	950
Stephen Pepper	Veteran 40	U/A Ardrossan, North ayshire	950				950
Ian Griffiths		U/A Liverpool, Merseyside	949				949
Tom Wright	Veteran 40	U/A Lytham St.Annes, Lancashire				949	949
Andrew Lancaster		U/A Wakefield, West Yorkshire		948			948
David Lynn	Veteran 40	U/A North Shields, Tyne and wear	948				948
Jason Brown	Veteran 40	U/A Carnforth, Lancs				948	948
Liam Aplin	Veteran 40	U/A Cockermouth, Cumbria		947			947
Martyn Cottiss	Veteran 40	U/A NEWBIGGIN-BY-THE-SEA, Northumberland			947		947
Richard Smith	Veteran 50	U/A Potefract, West Yorkshire				947	947
David Case		Elvet Stiders			946		946

Mark Enescott		Asics		946			946
William Sharp	Veteran 60	U/A Ashington,				946	946
David Sumner	Veteran 50	U/A Nottingham, Notts	945				945
Ross Robertson		Vegan Runners UK			945		945
Joseph Barnes		U/A Leeds,		944			944
Lee Simpson	Veteran 40	U/A West Bridgford, notts	944				944
Stuart Haigh		U/A Newcastle upon Tyne, Tyne & Wear				944	944
Neil May	Veteran 50	City of Hull AC				943	943
Sean Williams	Veteran 40	-			943		943
Jonathan Buckley		U/A Frizington, Cumbria	942				942
Robert Foster	Veteran 40	North Shields Poly AC				942	942
jerry barnes	Veteran 50	york acorn running club	941				941
John-Paul Jones		U/A Gomersal, West Yorkshire			941		941
Stuart Oram		U/A Manchester, Greater manchester		941			941
William McAllister		Parkside Panthers				941	941
Ashley Loader		Jarrow and Hebburn AC				940	940
John Lafferty		U/A Glasgow,	940				940
Mike Bowman	Veteran 60				940		940
Peter Evans	Veteran 50	Kings Heath Running Club		940			940
Daniel Heppell		U/A HALTWHISTLE, Select a county			939		939
David Edwards		U/A scunthorpe,	939				939
Russell Willett		Intense				939	939
Matt McGinley		Backbarrow Bombers			938		938
Chris Jones		U/A Southport,			937		937
chris patterson	Veteran 40	Red Rose Road Runners	937				937
Ian Pass	Veteran 40	St Helens Sutton				937	937
Adrian Mills	Veteran 40	U/A		936			936
Chris Ridley		Dallam				936	936
Ian Kilshaw	Veteran 50	U/A Southport,			936		936
Peter Appleyard	Veteran 40	U/A Middlesbrough, North yorks				935	935
Rathan Jeyapalan		U/A Sheffield ,	935				935
Matt Enescott		Asics	934				934
Michael Brinkhuijsen		U/A Tarleton , Lancs		934			934
Tony Glynn	Veteran 50	Bramhall Runners				934	934
Phillip Armistead		GB bootcamp		933			933
Richard Harrison	Veteran 50	Ambleside AC				933	933
Thomas Pearson		U/A Grange Over Sands, Cumbria	933				933
Gareth Brownson		GB Bootcamps		932			932
Jeffrey Counce	Veteran 40	U/A Southport, Merseyside				932	932
Scott O Shea					932		932
MARK JOWETT		U/A ALVECHURCH, WEST MIDS		931			931
Nick Hill		U/A Wigan, Lancashire			931		931
RICHARD HALLY	Veteran 40	U/A PRESTON, LANCASHIRE				931	931
Alex Bennett		U/A Irlam, Lancs				930	930
Chris Harrop	Veteran 40	U/A Warrington, Cheshire			930		930
Robin Lees	Veteran 60	U/A Ambleside, Cumbria	930				930
DAVID BURTON	Veteran 50	KESWICK				929	929
Lee Rice		U/A Chester le street , Durham	929				929
Steve Boston	Veteran 40	U/A Manchester,		929			929
Andrew Marshall		U/A Kendal,	928				928
Callum Grant-Cawdell		U/A London, Outside U.S./Canada			928		928
Jonathan Fletcher	Veteran 50	Bedale and Aiskew				928	928
Glenn Tait		U/A Edinburgh ,				927	927
Mathew Fairhurst		U/A Wigan, Lancashire			927		927
Simon Osmond	Veteran 40	U/A Carnforth, Lancashire	927				927
Mark Ashton	Veteran 50	U/A Northallerton, North Yorkshire	926				926

Steven Averill	Veteran 50	U/A Nottingham ,			926	926
Warren Cdaman	Veteran 40	U/A Lancaster,		926		926
Adam Birch		U/A Kendal, Cumbria		925		925
James Marsh		Lancaster			925	925
Russell Edmondson	Veteran 40	U/A Morecambe, Lancashire		925		925
darryl cribbens	Veteran 40	U/A kendal,		924		924
frank mcpartland	Veteran 50	haddington pacemakers			924	924
Kevin Wallace		U/A Wigton, Cumbria	924			924
Nick Brookes		U/A Manchester ,			924	924
Mick Green	Veteran 50	U/A Chorley, Lancashire	923			923
Russell Thompson	Veteran 50	U/A Barrow-in-Furness,			923	923
Craig Hetherington		Stirling Tri Club			922	922
Graham Jackson		U/A Grange ,			922	922
Luke Harbour	Veteran 40	U/A Wardle,	921			921
Richard Tickner	Veteran 60	U/A Kendal,			921	921
Stephen Edgar	Veteran 50	U/A Dorking, Surrey		921		921
Derek Woolley	Veteran 60	U/A Heysham, Lancashire		920		920
Richard Toller	Veteran 60	Dundee Road Runners AC			920	920
Allistair Wright	Veteran 40	U/A Carlisle, Cumbria	919			919
Andrew McDonald	Veteran 40	U/A Dalton-in-Furness, Cumbria			919	919
Andy Simms		U/A Manchester,			919	919
Craig Abbott	Veteran 40	U/A Lancaster, Lancashire		918		918
Paul Shawcross	Veteran 40	Banned out the multi	918			918
Daniel Weston		U/A Manchester,			917	917
Steve Beard		U/A Poulton le Fylde ,		916		916
Anthony Matthews	Veteran 60	U/A Leyland,			915	915
James Alderson		U/A Poulton le Fylde ,		915		915
Nigel Hassell		U/A Sheffield,	915			915
Paul Hughes	Veteran 50	U/A			915	915
Glyn McGovern	Veteran 50	U/A Altrincham,			914	914
Adam Townsend		U/A Radstock,	913			913
Jonathan Peel	Veteran 40	U/A			913	913
Peter Little	Veteran 40	U/A High Harrington, Cumbria			913	913
jerry norton	Veteran 60	U/A London,			912	912
Gary Cornish	Veteran 40	U/A nottingham, notts	911			911
Sam Cherrington		U/A Ashton-in-Makerfield, Greater Manchester			911	911
Scott Logie	Veteran 40	U/A Nantwich, Cheshire			911	911
Andrew Vincent	Veteran 50	U/A Macclesfield, Cheshire			910	910
Colin Goulder		Cheshire Tally Ho			910	910
Paul Whittle	Veteran 40	U/A Bickerstaffe, Lancashire		910		910
Ian Sarginson		U/A Sedbergh, Cumbria		909		909
Nick Higham	Veteran 40	Lancaster and Morecambe AC			909	909
Joe Goldsmith		U/A Leeds, West Yorkshire			908	908
John Yates	Veteran 40	U/A Wilmslow, Cheshire		908		908
Dave Prescott	Veteran 40	Bridgnorth Running Club	907			907
Jason Copp	Veteran 40	U/A Birmingham, West Midlands		907		907
Mark Jesson	Veteran 50	Pendle Forest Orienteers			907	907
Ian Moir	Veteran 40	British Military Fitness			906	906
Mark Whalley		U/A Manchester,	906			906
Paul Heigham	Veteran 40	U/A Wakefield, West Yorkshire		906		906
Andy Neville		U/A Wesham, Lancs		905		905
George Sugden		U/A Huddersfield, West Yorkshire			905	905
Nicola Cumley		Bournville Harriers	905			905
Steven Ruddock		Cheshire Tally Ho			905	905
alan parker	Veteran 50	U/A stoke on trent,			904	904
David Beuzeval	Veteran 40	U/A Minlthorpe,		904		904

Chris Robinson	Veteran 50	U/A Carlisle, Cumbria	903				903
Craig Rimmer		U/A Warrington,				901	901
ian hobro Hobro	Veteran 50	U/A Preston, - -		901			901
Callum Linger		Asics	900				900
Dave Ramsay	Veteran 50	Bentham beagles running club				900	900
Steven Mcgregor		U/A Edinburgh,		900			900
brian richardson	Veteran 50	blackhill bounders				899	899
Kieran Lowcock		U/A Manchester, Greater Manchester				899	899
Paul Wilson		U/A Barrow in Furness, Cumbria		899			899
Chris Adams		I Wear Womens Knickers				898	898
Andy Yates	Veteran 50	N/A				897	897
Clive Beard	Veteran 40	U/A Winchester,		897			897
Geoff Lowe	Veteran 50	Charlbury Cricket Club				896	896
James Leach-Holt		U/A wigan, Lancashire				896	896
Gary Robson	Veteran 40	U/A York,		895			895
Jeremy Loughran	Veteran 50	U/A Stoke on Trent, Staffordshire				895	895
Michael Hogarth	Veteran 50	Unattached				895	895
Martin White	Veteran 50	CFR				894	894
Stephen Lester	Veteran 50	U/A Ross-on-Wye, Herefordshire	894				894
Terje Sletnes	Veteran 40	U/A Lier,				894	894
Jon Gilson	Veteran 40	U/A Leek,		893			893
Simon Withey		U/A Shipley, West Yorkshire				893	893
Gary Cattermole	Veteran 50	U/A Kendal, cumbria				892	892
Rob Fearnley		Otley AC				892	892
David Stacey		U/A Chorley, Lancashire				891	891
Stephen Edwards	Veteran 40	Sweatshop Running Community	891				891
Trevor Watts	Veteran 50	U/A Henley in Arden, West Midlands		891			891
David Pugsley	Veteran 50	U/A Lytham,	890				890
John Waring		U/A Warrington,				890	890
Paul Land	Veteran 40	U/A Liverpool, Merseyside				890	890
Iain Asher	Veteran 50	U/A Darwen, Lancashire				889	889
David Cavill		U/A Otley, LEEDS				888	888
PHILIP CHARLTON	Veteran 50	U/A GATESHEAD, TYNE AND WEAR	888				888
Graham Hawkins	Veteran 40	motherwell ac	887				887
Lee Darch	Veteran 50	U/A Ellesmere Port, Cheshire				887	887
Ian Jones		U/A Mere brow, Lancashire				886	886
kevin Gelder	Veteran 50	U/A Cleckheaton, West Yorkshire		886			886
Duncan Knights		U/A Salford , Greater Manchester				885	885
Leigh Rollin	Veteran 50	U/A Flockton,		885			885
Scott Amos	Veteran 40	U/A Hawick,	885				885
Stuart Cowan	Veteran 40	U/A Castle Douglas, Kirkcudbrightshire				885	885
Ian Paterson		U/A Bootle, Merseyside	884				884
Igal Nagar	Veteran 50	U/A Sutton Coldfield, West Midlands				884	884
Michael Holmes	Veteran 40	DH Runners		884			884
John Gravett	Veteran 50	U/A Keswick, Cumbria	883				883
Mark Aldam	Veteran 50	U/A Kendal,		883			883
Paul Dunne		U/A Kings's Lynn, Norfolk				883	883
John Rudd	Veteran 50	Perth Road Runners				881	881
Keith Bell	Veteran 40	U/A Doncaster, South yorkshire	881				881
Gary Richmond	Veteran 50	U/A Broadstairs, Kent		880			880
James Alexander		U/A Ovington, Northumberland				880	880
John Mercer	Veteran 50	U/A St Albans, Hertfordshire	880				880
Anthony McCully	Veteran 50	none		879			879
Gavin Taylor		U/A doncaster,	879				879
John Humphryes		U/A Chester, Cheshire				879	879
Simon Barton	Veteran 60	Hoad Hill Harriers				879	879

Michael Ward	Veteran 50	U/A LEIGHTON BUZZARD,		878			878
Oliver Collins		U/A Bolton, Lancashire	878				878
roger harrison	Veteran 60	cheshire hash house harriers				878	878
Chris Lees	Veteran 40	U/A Penrith, Cumbria	877				877
David Bayliss		Red Rose Runners				877	877
Mike Gill	Veteran 70	Blackhill Bounders				877	877
Shaun Halse		U/A Farleton, Lancashire		877			877
David Felton	Veteran 40	U/A Scunthorpe,	876				876
Mark Twitchett	Veteran 40	U/A Leeds,				876	876
Peter Flynn	Veteran 60	U/A Glossop,		876			876
Terance Li		U/A London,				876	876
Clive Woods	Veteran 50	U/A Oxford,	875				875
David Middlebrough	Veteran 50	Me		875			875
Larry Horne	Veteran 50	Eden runners				875	875
Craig Preston	Veteran 50	Walney Wind Cheetahs	874				874
Stuart Bell	Veteran 60	Kendal AC				874	874
Adi Drinkall		U/A scunthorpe,	873				873
Darren Entwistle	Veteran 40	Fylde Coast Runners				873	873
Martyn Wigglesworth	Veteran 40	U/A Richmond, North Yorkshire				872	872
Richard Bremner		U/A Preston, Lancashire		871			871
Richard Gordon	Veteran 40	U/A Penrith, Cumbria				871	871
Rob Wilkinson	Veteran 50	Welsh Athletics				871	871
Daniel Brookfield		U/A ORMSKIRK, Lancashire				870	870
Lee Hardwick	Veteran 40	Team Rocket slippers		870			870
Rob Marshall	Veteran 50	Scunthorpe and District AC				870	870
William Staniard	Veteran 50	Stockport Tri Club	870				870
Josh Casswell		U/A London,				869	869
Robert Fry	Veteran 60	U/A Wigan,				869	869
Tim Ford		U/A Sunderland, Tyne and Wear	869				869
Jeff Tosh	Veteran 40	U/A Lancaster, Lancashire				868	868
MARK HOBSON		U/A LEEDS, WEST YORKSHIRE	868				868
Steve Gleadall		U/A Ackworth, West Yorkshire		868			868
Tony Mather	Veteran 50	U/A Stockport, Cheshire				868	868
Adam Barker	Veteran 40	U/A Altrincham, Cheshire				867	867
Ian Beadle	Veteran 50	U/A durham, durham		867			867
STEVEN GIBSON		U/A PRESTON,	867				867
Damian Cowell	Veteran 40	Warrington Running Club				866	866
Guy Simpson		U/A Penrith, Cumbria	866				866
Mike Mills	Veteran 60	Totton R C		866			866
Paul Simpson	Veteran 40	U/A Newbiggin by the Sea, Northumberland				866	866
Alex Murray	Veteran 40	U/A		865			865
Neil MacNeill	Veteran 40	U/A Edinburgh, Midlothian				865	865
PAUL DENYER	Veteran 40	St Bees Triers	865				865
Wayne Lee	Veteran 40	Border Reivers Runners				865	865
David Cummins	Veteran 40	U/A Preston, Lancashire				864	864
Michael Bremner		U/A Blyth,		864			864
Steve Goodwin	Veteran 40	U/A Cleethorpes, N E Lincs	864				864
hannah brookfield		U/A southport ,				863	863
Stephen Clements	Veteran 50	U/A Penrith, Cumbria				863	863
Daniel Woodcock		U/A Wigan, Lancashire				862	862
Malcolm Alderton	Veteran 60	Fylde Coast Runners	862				862
Matt Seddon	Veteran 40	U/A Moffat, Dumfriesshire				862	862
Chris Edwards		u/a				861	861
Mahfuzul Islam	Veteran 40	U/A Sabden,				861	861
Neil Jasani		N/A	861				861
Derek Campbell		U/A Glasgow, Strathclyde	860				860

Frank Tippin	Veteran 50	U/A Southport,				860	860
Peter Murray		Gorilla Wetsuits		860			860
Joseph Murray		Gorilla Wetsuits		859			859
Wayne Macintosh		Trawden AC				859	859
Graham Roberts		Red Rose Road Runners	858				858
James Shaw	Veteran 60	U/A Gateshead,			858		858
Jason Deacon	Veteran 40	U/A Wakefield, West Yorkshire		858			858
John Gray						858	858
Find Jorgensen	Veteran 50					857	857
Terry Orr	Veteran 40	U/A Clitheroe, Lancs		857			857
Michael Cummins	Veteran 50	U/A Lancashire,				856	856
Robert Hudson	Veteran 40	BATS MNCC Runners		856			856
david wood	Veteran 50	manchester harriers	855				855
Paul Thackwray	Veteran 60	Harrogate Harriers		855			855
peter reed	Veteran 60	Northumberland Fell Runners				855	855
Phil Blakeley		U/A southport, lancs			855		855
Ben Wallace		U/A Lancaster, Lancs	854				854
Liam Moden	Veteran 50	U/A Haslingden, Lancashire				854	854
wayne carruthers	Veteran 50	U/A Carlisle, Cumbria			854		854
Christian Ainsley		U/A Liverpool, Merseyside	853				853
Jonathan Andrews	Veteran 50	U/A Sheffield, South Yorkshire			853		853
Thomas Beuzeval		Helm Hill / QES		853			853
Luis Madeira	Veteran 40	U/A Milton Keynes,		852			852
Robert Bentley		U/A Manchester,				852	852
Simon Edens	Veteran 40	U/A Harrogate,			852		852
David Devine	Veteran 50	U/A Glasgow, Scotland				851	851
Terry Hill	Veteran 40	U/A Manchester,	851				851
Philip Beaumont	Veteran 50	no	850				850
Robert Peacock	Veteran 40	Blaydon Harriers				850	850
Chris Aulton	Veteran 50	Balanced Performance				849	849
David Jones	Veteran 50	U/A Spital, Cheshire	849				849
Joseph McCullough		U/A Wakefield,		849			849
Chris Pollard		U/A Manchester,		848			848
Christian Oxley	Veteran 40	Superfan	847				847
John Blacker	Veteran 50	Harrogate Harriers AC		847			847
Philip Evans		Balanced Performance				846	846
Steve Dunn	Veteran 50	U/A Tyne and Wear, Whitley Bay	846				846
Ken Lawton	Veteran 70	U/A Burgess Hill, West Sussex		845			845
Matthew Stevens	Veteran 40	U/A Ashbourne,	845				845
Alex Billings		U/A Torquay,		844			844
David Johnson		Asics	844				844
Joe Mellor	Veteran 50	U/A Leeds, ---Please Select---				844	844
Chris Green	Veteran 40	U/A Derby, Derbyshire				843	843
Christopher Atherton		U/A Salford, Greater Manchester			843		843
Luke Brookfield		U/A Ormskirk, Lancashire			842		842
Neil Anderson	Veteran 60	U/A Preston, Lancs		842			842
Steve Platten	Veteran 40	U/A Hull, East Yorkshire				842	842
Rich Walker					841		841
William Marshall	Veteran 50	U/A Ambleside, Cumbria				841	841
Brian Stephens	Veteran 70	None	840				840
Mike Swift	Veteran 50	U/A Manchester, Manchester				840	840
Mike Parker	Veteran 40	Elvet Striders			839		839
Paddy McDonald	Veteran 60	Haddington Pacemakers				839	839
Adam Clarke		U/A Derby,	838				838
Ian Stephenson	Veteran 50	U/A Swarland, Northumberland				838	838
Neil Jennings	Veteran 50	Elvet Striders			838		838

Alastair McIntosh		U/A Warrington, Cheshire			837	837
Andrew Dawson	Veteran 40	U/A Cleethorpes, Lincolnshire	836			836
Oliver Oldfield		U/A Broxbourne, Herts			836	836
Chris Pearson	Veteran 50	U/A Grange Over Sands, Cumbria	834			834
Donal Kerrigan	Veteran 60	U/A London,			834	834
Chris Westwood	Veteran 40	Telford Harriers			833	833
Trevor Mackay	Veteran 40	U/A Edinburgh,	833			833
Richard Pennock	Veteran 40	U/A Bridgend,			832	832
Michael Price	Veteran 40	u/a			831	831
Sohel Islam	Veteran 40	U/A Clitheroe, Lancashire	831			831
Michael Thompson		U/A Cheadle Hulme, Cheshire	830			830
Richard Clements	Veteran 40	U/A Manchester,			830	830
Jonathan Levitt		U/A Leeds, West Yorkshire			828	828
Daniel OBrien	Veteran 50	U/A Macclesfield, Cheshire	827			827
jim little	Veteran 40	Warrington RC			827	827
Steve Green		U/A Cockermouth, Cumbria			826	826
David Cheung	Veteran 40	U/A Lancaster, Lancashire	825			825
Graeme Wordsworth	Veteran 40	North Shields Poly			824	824
joe dobbs	Veteran 70	independent	824			824
Nick Pape	Veteran 40	Hermitage harriers			823	823
Ian Raynor	Veteran 50	Roundhay Runners			822	822
MARTIN Simpson		Red Rose Road Runners			821	821
John Hunter	Veteran 40	U/A Leyland, Lancs			820	820
Carl Fisher		U/A Leyland, Lancashire			819	819
Ric Turner	Veteran 40	U/A Leyland,			818	818
Rob Whitham		U/A Leyland,			817	817
Ashley Hogg	Veteran 40	U/A Leamington Spa, Warwickshire			816	816
Gary Martin		U/A St Helens, Merseyside	816			816
Neil Pritchett	Veteran 50	U/A Liverpool, Merseyside	815			815
Walt Cartwright	Veteran 40	U/A South shields, Tyne and wear	813			813
Dirk Etgeton	Veteran 40	U/A Rommerskirchen, Germany			811	811
Dawn Hartley	Veteran 40	U/A Blackburn, Lancashire	810			810
Tom Whittington		Ilkley			809	809
Steven Dailey	Veteran 40	U/A Newcastle Upon Tyne,	808			808
Andy Dickson	Veteran 50	Dumfries Running Club			807	807
Sean Backhouse	Veteran 40	U/A Selby, North Yorkshire			806	806
Tom Saxby		St Anselm's College	806			806
Lee Johnston	Veteran 40	U/A Southport,			805	805
Anthony Metcalf		U/A Rossendale,	804			804
Paul Bowden	Veteran 40	U/A Selby, North Yorkshire			804	804
Kev Kendal	Veteran 40	Howgill Harriers			803	803
Andrew Woodhead		U/A Preston, Lancashire			802	802
Stephen Harding	Veteran 40	Jog Scotland			801	801
Phil Walton	Veteran 40	Warrington Running Club			800	800
Peter BADKIN	Veteran 50	Abbey Runners			799	799
Damien Cullington		U/A Leeds, West Yorkshire			798	798
Chris Furphy	Veteran 50	Stockton Striders			796	796
Anthony Church		U/A Manchester,			795	795
Michael Smith	Veteran 50	Olney Runners			794	794
Martyn Fisher	Veteran 50	Almost Athletes			792	792
Gary Blackwell	Veteran 50	U/A Colaton Raleigh, Devon			791	791
Mark Scott	Veteran 40	U/A Haslemere, Surrey			790	790
Alasdair Start		U/A Leyland,			789	789
Philip Cowling		I wish I lived in Halifax!			787	787
Richard Wheatley	Veteran 50	Redhill Road Runners			786	786
Malcolm Marshall	Veteran 50	Scunthorpe & District AC			785	785

