

### Lakeland Trails Series Results ladies 2008

Pos'n	Name	Club	Category	Hawkshead	Garburn	Coniston	Total
1	WOODLEY, Helen	Unattached - Ulverston		490	595	498	1583
2	MARTIN, Laura	Otley AC		491	591	497	1579
3	HUGHES, Isaline	Burnden Road Runners	Lady Vet 40	473	582	490	1545
4	DEMPSEY, Michaela	Wesham Road Runners	Lady Vet 40	481	575	482	1538
5	BALL, Amy	Lancaster & Morecambe		471	589	471	1531
6	CONAGHAN, Maria	Penny Lane Striders,		468	584	470	1522
7	QUIRK, Carole	Skelmersdale Boundary	Lady Vet 50	463	566	480	1509
8	PELLY, Dorothy	Ambleside AC	Lady Vet 50	445	583	476	1504
9	JACKSON, Jane	Unattached - Edinburgh		448	560	481	1489
10	GRAHAM, Emma	St Bees Tri		458	549	478	1485
11	ACKROYD, Jackie	Harrogate Harriers	Lady Vet 50	457	559	460	1476
12	THURLBECK, Sue	Unattached	Lady Vet 40	456	550	469	1475
13	LAW, Sally	Unattached - Ayrshire	Lady Vet 60	441	558	449	1448
14	BARKER, Anita	Unattached		443	508	467	1418
15	SAMUELSON-DEAN,	Unattached - Cambridge		411	538	438	1387
16	ELLIOTT, Catherine	Unattached - Manchester		380	505	420	1305
17	GINGER, Tracey	Women's Running Network		400	496	408	1304
18	INGRAM, Nicky	Cheshire Hash House	Lady Vet 50	357	511	432	1300
19	WARD, Kathryn	Stockport Harriers	Lady Vet 40	392	462	445	1299
20	GRANT, Maggie	Cumberland AC	Lady Vet 60	362	497	422	1281
21	GRAHAM, Julie	Garstang Running Club	Lady Vet 40	326	527	426	1279
22	WOODBURN, Jane	Skelmersdale Boundary	Lady Vet 40	338	504	425	1267
23	CULLEN, Carolyn	Unattached - Manchester		377	452	424	1253
24	PILKINGTON, Kerry	Settle Harriers		334	455	433	1222
25	METCALF, Janice	Preston Harriers	Lady Vet 40	331	482	401	1214
26	HOLLAND, Susan	Stockport Harriers	Lady Vet 40	370	397	446	1213
27	ADAMS, Alyson	Unattached - Cheshire	Lady Vet 40	310	479	412	1201
28	ROBINSON, Hilary	Bolton United Harriers	Lady Vet 40	307	476	413	1196
29	BRAY, Linda	Morpeth Harriers	Lady Vet 40	336	483	367	1186
30	EASTOE, Gay	Blengdale Runners AC	Lady Vet 50	330	493	351	1174
31	BAILEY, Gina	Easingwold Running Club,		359	426	388	1173
32	MCNAMARA, Adelle	Southport Strollers		360	413	399	1172
33	GREENWOOD, Judy	Nidd Valley Road Runners	Lady Vet 40	291	465	410	1166
34	GRAVES, Victoria	City Of York AC			596	499	1095
35	GARBE, Marcia	Unattached - London		249	457	384	1090
36	SMITH, Kate	Unattached - Manchester		232	460	397	1089
37	GUARD, Jennie	Leeds City		489	590		1079
38	WALSH, Philippa	Preston Harriers	Lady Vet 40	484	594		1078
39	YEATES, Julie	Unattached - Carlisle	Lady Vet 40		585	487	1072
40	DANCE, Ruth	Ryton Tri Club, Tyne &	Lady Vet 40	482	588		1070
41	GODDARD, Louise	Unattached - Lancaster	Lady Vet 40	478	587		1065
42	NUMMELA, Miia	Unattached - Leeds		233	434	390	1057
43	O'DOWD, Joanne	Eden Runners	Lady Vet 40	485	571		1056
44	JEYNES, Anne	Mossley Hill AC, Liverpool			573	479	1052
45	BARTON, Helen	The Low Wood,		472	579		1051
46	MORGAN, Carol	Nidd Valley Road Runners		462	581		1043
47	BLACKBURN, Serena	Horsforth Harriers	Lady Vet 40	461	580		1041
48	MUSETTI, Cath	Ambleside AC	Lady Vet 40	470	568		1038
49	DAVIES, Liz	Baildon Runners	Lady Vet 50	258	411	365	1034
50	READ, Anne	Eden Runners		460	574		1034
51	THISTLETON,	Cheshire Hash House	Lady Vet 50	236	415	380	1031
52	HANNA, Sally	Howgill Harriers			570	459	1029
53	PAXTON, Pamela	Teviotdale Harriers			551	474	1025
54	ROSE, Andree	Unattached - Tarporley		239	410	372	1021
55	CARRINGTON, Annie	Settle Harriers	Lady Vet 40		567	451	1018
56	MILBURN, Susan	Newton Aycliffe AC	Lady Vet 40	451	565		1016
57	DUFFIELD, Honor	Skelmersdale Boundary		465	539		1004
58	RIDOUT, Alice	Horsforth Harriers		447	554		1001

59	WALWYN, Olivia	Altrincham & District AC		498		500	<b>998</b>
60	KING, Julia	Eden Runners	Lady Vet 50	446	540		<b>986</b>
61	GALE, Diane	Unattached - Grange over	Lady Vet 40	428	556		<b>984</b>
62	SEAR, Lorna	Unattached		219	395	364	<b>978</b>
63	BRADY, Kathryn	Clayton Le Moors Harriers	Lady Vet 40	437	536		<b>973</b>
64	SPOORS, Catherine	Unattached - Chester Le		479		493	<b>972</b>
65	ROBSON, Charm	Unattached - St Bees	Lady Vet 60	171	421	379	<b>971</b>
66	COLLINSON, Cherry	Lostock AC		434	531		<b>965</b>
67	HARRISON, Linda	Unattached - Windermere		469	494		<b>963</b>
68	FAWCETT, Elizabeth	Otley AC		421	529		<b>950</b>
69	SCOTT, Norna	Fell Runners Association		195	380	375	<b>950</b>
70	COTTERILL, Cathryn	Women's Running Network	Lady Vet 40	433	516		<b>949</b>
71	DEAKIN, Emma	Preston Harriers		464		485	<b>949</b>
72	JACKSON, Kathryn	Unattached - Blackburn	Lady Vet 40	379	567		<b>946</b>
73	SAMPSON, Helen	Unattached, Kendal		427	519		<b>946</b>
74	WILSON, Helen	Lancaster & Morecambe	Lady Vet 40	420	525		<b>945</b>
75	MAXTED, Claire	Eye Runners, Peterborough		402	541		<b>943</b>
76	WILDING, Polly	Abbey Runners, Leeds		413	528		<b>941</b>
77	CUMMINGS, Ann	Unattached - Cocker mouth	Lady Vet 40	406	533		<b>939</b>
78	GITTINS, Rosanne	Keswick AC		450	487		<b>937</b>
79	WATERS, Elizabeth	Unattached - Warrington		412	524		<b>936</b>
80	RICHARDSON, Lucy	Lancaster & Morecambe		407	520		<b>927</b>
81	SHUTTLEWORTH,	St Bees Tri		425	501		<b>926</b>
82	MITCHELL, Jackie	Wigton Road Runners			490	434	<b>924</b>
83	ECCLESTON, Jill	Settle Harriers		467	451		<b>918</b>
84	WHELAN, Colette	Unattached - Lancaster	Lady Vet 40	387	521		<b>908</b>
85	LUNDRIGAN, Julie	Chorley Harriers		385	522		<b>907</b>
86	MURPHY, Jane	Clayton Le Moors Harriers	Lady Vet 40	365	537		<b>902</b>
87	YEOMANS, Victoria	Long Eaton RC, Derby		369	532		<b>901</b>
88	SMALLWOOD, Mary	Mossley Hill AC, Liverpool	Lady Vet 40	436		464	<b>900</b>
89	O'HANLON, Debbie	Unattached - Slaley	Lady Vet 40	368	530		<b>898</b>
90	PLANT, Karen	Unattached - Poulton le		156	381	360	<b>897</b>
91	HAWORTH, Linda	Unattached - Warwickshire	Lady Vet 40	398	489		<b>887</b>
92	CHAUDHRI, Sarah	Cumberland AC	Lady Vet 40	383	492		<b>875</b>
93	DOCHERTY, Anne	Wesham Road Runners	Lady Vet 50		471	403	<b>874</b>
94	SMART, Elisabeth	Dumfries Running Club	Lady Vet 50	419	455		<b>874</b>
95	BEATTIE, Elspeth	Unattached - Leeds		405	466		<b>871</b>
96	NELSON, Sandra	Unattached - Cocker mouth	Lady Vet 40	417		448	<b>865</b>
97	MERCER, Catherine	Unattached - Wigan	Lady Vet 40	120	366	368	<b>854</b>
98	WAINE, Jacqueline	Kendal AC	Lady Vet 40	416	438		<b>854</b>
99	VITTY, Caroline	Unattached - Liverpool	Lady Vet 50		456	389	<b>845</b>
100	MITCHELL, Sally	Unattached - Stockport	Lady Vet 50	403		441	<b>844</b>
101	ROBINSON,	Tynedale Harriers	Lady Vet 40		491	353	<b>844</b>
102	CLAYTON, Diane	WalkB4Urun	Lady Vet 40	123	351	366	<b>840</b>
103	THOMPSON, Liz	Unattached - Tarporley		376	464		<b>840</b>
104	WRIGHT, Victoria	Unattached - Alston		356	484		<b>840</b>
105	YEOMANS, Melanie	Blackpool, Wyre & Fylde	Lady Vet 40		437	402	<b>839</b>
106	MACLAINE, Claire	Unattached - Cheshire		121	361	354	<b>836</b>
107	ATKINS, Lydia	Stafford Harriers		397		436	<b>833</b>
108	HANLEY, Lynn	Portobello RC, Edinburgh	Lady Vet 40	373	453		<b>826</b>
109	JORDAN, Elizabeth	Unattached - Stockton on	Lady Vet 40	347	475		<b>822</b>
110	HORGAN, Katie	Bolton United Harriers			445	376	<b>821</b>
111	MAKIN, Janet	Achilli Ratti	Lady Vet 40	384	435		<b>819</b>
112	WHITEHOUSE,	Unattached - Milnthorpe	Lady Vet 40	315	498		<b>813</b>
113	SULLIVAN, Cath	Unattached - Chorley,		298	503		<b>801</b>
114	JOHNSON, Sue	Stafford Harriers	Lady Vet 50	283	515		<b>798</b>
115	KENYON, Caroline	Unattached - Liverpool	Lady Vet 40		420	373	<b>793</b>
116	GUEST, Janice	Saddleworth Runners	Lady Vet 50	321	470		<b>791</b>

117	WRIGHT, Angela	Unattached - Alston	Lady Vet 40	301	481		<b>782</b>
118	BARRACLOUGH,	Horsforth Harriers	Lady Vet 40	348	433		<b>781</b>
119	FANCOURT, Julie	Unattached, Kendal		327	454		<b>781</b>
120	BURGESS,	Penistone Hill Runners		305	473		<b>778</b>
121	BARROW, Laura	Stoneclough Striders,		332	444		<b>776</b>
122	BOOTH, Sue	Cumberland AC	Lady Vet 40	306	468		<b>774</b>
123	CLENNETT, Cat	Billingham Marsh House		312	459		<b>771</b>
124	TEALE, Sarah	Unattached - Edinburgh		339	427		<b>766</b>
125	THOMPSON,	Women's Running Network		358		407	<b>765</b>
126	DEAKIN, Judith	Preston Harriers	Lady Vet 60	346		417	<b>763</b>
127	BARBER, Susan	Unattached - York		292	469		<b>761</b>
128	JACKSON, Helen	Unattached - Cockermouth		343		414	<b>757</b>
129	WALDRAM,	Howgill Harriers		322	431		<b>753</b>
130	POWELL, Diane	Parbold Pink Panthers	Lady Vet 40	302	448		<b>750</b>
131	DUNLOP, Trish	Unattached - Cockermouth		329		419	<b>748</b>
132	WALKDEN, Sophie	Ashford Athletic, Kent	Lady Vet 40		387	358	<b>745</b>
133	WEST, Viv	Trail Running Association	Lady Vet 50	318	419		<b>737</b>
134	NORMAN, Julie	Fells Angels	Lady Vet 40	319	402		<b>721</b>
135	MEYRICK, Kathryn	Unattached - Windermere	Lady Vet 40	252	461		<b>713</b>
136	SMITH, Michelle	Nidd Valley Road Runners		294	414		<b>708</b>
137	CROOKS, Alison	Unattached - Dumfries		288	418		<b>706</b>
138	FOX, Sue	Unattached - Leeds	Lady Vet 40	299		405	<b>704</b>
139	GARNETT, Eleanor	Kendal AC		309		391	<b>700</b>
140	HAWKES, Diane	Unattached - Liverpool		275		418	<b>693</b>
141	TABERNER, Josie	Unattached - Keswick	Lady Vet 40	257	429		<b>686</b>
142	FRANCIS-NICHOLS, Jo	Black Combe Runners	Lady Vet 40	254	425		<b>679</b>
143	POUND, Janet	Chorley AC	Lady Vet 50	230	442		<b>672</b>
144	WALSH, Amanda	Women's Running Network	Lady Vet 40	266	406		<b>672</b>
145	LEA, Lynn	Achilli Ratti	Lady Vet 40	261	409		<b>670</b>
146	KIMBER, Helen	Women's Running Network	Lady Vet 40	241	428		<b>669</b>
147	TABERNER, Julie	Unattached - Lancashire	Lady Vet 50	253	405		<b>658</b>
148	BARLOW, Neecol	Unattached - Staveley		197	458		<b>655</b>
149	CARLENS, Nicole	Rosendale Harriers		297	356		<b>653</b>
150	DOWTY, Clare	Ranelagh Harriers, Surrey	Lady Vet 40	223	423		<b>646</b>
151	SHEPHERD, Sue	Unattached - Rochdale	Lady Vet 50	228	412		<b>640</b>
152	FELGATE, Helen	Unattached - Leeds	Lady Vet 50	199	416		<b>615</b>
153	PUTTICK, Meg	Unattached - North Yorkshire	Lady Vet 40	226		383	<b>609</b>
154	MOYER, Julie	Unattached, Kendal	Lady Vet 50	214	394		<b>608</b>
155	COLLINS, Patricia	Unattached - Cambridge		203		400	<b>603</b>
156	PARTRIDGE, Susan	Leeds City			600		<b>600</b>
157	RIGBY, Lucy	Unattached - Penrith, Cumbria		222	378		<b>600</b>
158	NAYLOR, Lorraine	Stainland Lions, Halifax			599		<b>599</b>
159	MINNITI, Antoinette	Redhill Road Runners			598		<b>598</b>

160	DEAN-HOWARD, Samantha	Southport & Waterloo H			597		<b>597</b>
161	HAYES, Alwyn	Unattached - Blackburn	Lady Vet 50	221	375		<b>596</b>
162	JONES, Cathy	Keswick AC	Lady Vet 50	198		398	<b>596</b>
163	WHITBY, Helen	Vale Royal Athletics, Cheshire			593		<b>593</b>
164	ELLMAN, Lucy	Tynedale Harriers	Lady Vet 40	175	417		<b>592</b>
165	MACPHERSON, Anne-marie	Nidd Valley Road Runners	Lady Vet 40		592		<b>592</b>
166	RILEY, Jessica	Stainland Lions, Halifax			586		<b>586</b>
167	BOOTHMAN, Liz	Baildon Runners	Lady Vet 50	212	370		<b>582</b>
168	BRADLEY, Claire	Warwickshire Running Club	Lady Vet 40	191	389		<b>580</b>
169	ROGERS, Sarah	Unattached - Middlesborough			578		<b>578</b>
170	DUCKETT, Theresa	Horsforth Harriers			577		<b>577</b>
171	DEAN, Tracy	Stainland Lions, Halifax	Lady Vet 40		576		<b>576</b>
172	MERCER, Helen	Unattached - Wigan	Under 21 Women	193		382	<b>575</b>
173	WOOLDRIDGE, Victoria	Lune Valley Hash House Harriers		177	396		<b>573</b>
174	GEMMILL, Joanna	unattached - chelmsford	Lady Vet 40		572		<b>572</b>
175	HUNTER-ROWE, Carolyn	Dumfries Running Club	Lady Vet 40		569		<b>569</b>
176	PARKER, Eleanor	Unattached - Cockermouth		161	407		<b>568</b>
177	GILBERT, Lisa	Rosendale Harriers		210	357		<b>567</b>
178	TSAI, Jany	Unattached - London			564		<b>564</b>
179	WEBB, Nicola	Serpentine Running Club			563		<b>563</b>
180	SARMIENTO, Alison	Nidd Valley Road Runners			562		<b>562</b>
181	BALDWIN, Aileen	Stainland Lions, Halifax	Lady Vet 50		561		<b>561</b>
182	SWEENEY, Lynne	The Low Wood, Windermere	Lady Vet 40		555		<b>555</b>
183	CRITCHLEY, Alix	Northbrook AC, Coventry			553		<b>553</b>
184	LAXTON-KANE, Martha	Milltown Milers			552		<b>552</b>
185	COLLINGRIDGE, Hannah	Fell Runners Association		172	379		<b>551</b>
186	WINDRIDGE, Jackie	Unattached - Cockermouth	Lady Vet 50	164	385		<b>549</b>
187	GLEDHILL, Susan	Stainland Lions, Halifax			548		<b>548</b>
188	HAYES, Melanie	Unattached - Manchester	Lady Vet 40		547		<b>547</b>
189	WAITE, Diane	Stainland Lions, Halifax	Lady Vet 40		546		<b>546</b>
190	ADAMSON, Janet	Unattached - Liverpool		162	383		<b>545</b>
191	IVANTSOFF, Mariana	Serpentine Running Club			544		<b>544</b>

192	LASHUA, Jennifer	Serpentine Running Club			543		<b>543</b>
193	LEE, Ruth	Stockport Harriers			542		<b>542</b>
194	MILTON, Janet	Totley AC, Sheffield	Lady Vet 40		535		<b>535</b>
195	MACKINGTOSH, Carolyn	Ambleside AC			534		<b>534</b>
196	BLAND, Linda	Ambleside AC	Lady Vet 40	153	374		<b>527</b>
197	SMITH, Helen	Lakeland X Country Ski Club	Lady Vet 40	141	386		<b>527</b>
198	VAN DER WERF, Hanneke	Wye Valley Runners, Herefordshire	Lady Vet 40		526		<b>526</b>
199	PERRY, Rachel	unattached - Portslade			523		<b>523</b>
200	ROSS, Jane	Ashford Athletic, Kent		158	364		<b>522</b>
201	PICKUP, Gillian	Unattached - Coniston	Lady Vet 40	163		357	<b>520</b>
202	GRIMSHAW, Maxine	WalkB4Urun	Lady Vet 40	148	371		<b>519</b>
203	LAWRENCE, Helen	Unattached - Carlisle			518		<b>518</b>
204	GALLAGHER, Susan	Fetcheveryone - Dumfries			517		<b>517</b>
205	DEVEREUX, Christine	Unattached - Yarm	Lady Vet 40		514		<b>514</b>
206	MORRIS, Janet	Unattached - Knaresborough	Lady Vet 50	147	367		<b>514</b>
207	FRANK, Christine	Unattached - Yarm	Lady Vet 40		513		<b>513</b>
208	SEARS, Glenys	Unattached - Nottingham	Lady Vet 40	135	377		<b>512</b>
209	SIMPSON, Clare	Stainland Lions, Halifax			512		<b>512</b>
210	ARMISTEAD, Carol	Otley AC	Lady Vet 40		510		<b>510</b>
211	VENTER, Daleen	unattached - Wimbledon			509		<b>509</b>
212	FOLEY, Tanya	Parbold Pink Panthers	Lady Vet 40		507		<b>507</b>
213	OLIVE, Philippa	Garstang Running Club	Lady Vet 40		506		<b>506</b>
214	BARKER, Debbie	Unattached - Middlesborough		142		362	<b>504</b>
215	JOHNSTON, Emma	Unattached - Wallasey			502		<b>502</b>
216	WARD, Vicky	Horsforth Harriers			500		<b>500</b>
217	WILKINSON, Vic	Bingley Harriers		500			<b>500</b>
218	TRUMP, Keziah	Bitton Road Runners			499		<b>499</b>
219	TUNSTALL, Sarah	Kendal AC		499			<b>499</b>
220	WIGMORE, Helen	Unattached - York		115	384		<b>499</b>
221	LEAH, Candice	Clayton Le Moors Harriers		497			<b>497</b>
222	BUIS, Clare	Heaton Harriers				496	<b>496</b>
223	FINES, Helen	Bristol & West AC		496			<b>496</b>
224	BROWN, Sophie	Unattached - Ilkley, W Yorkshire			495		<b>495</b>
225	KLEE, Emily	Leeds City		495			<b>495</b>
226	PLUMMER, Vickie	Team Bath AC				495	<b>495</b>
227	GRINDLEY, Suzy	Unattached - Wigton				494	<b>494</b>
228	ROBERTS, Lou	Keswick AC		494			<b>494</b>
229	PICKLES, Karen	Spensborough AC		493			<b>493</b>

230	GREENHAM, Kaisleigh	Stockport Harriers				492	<b>492</b>
231	NOLAN, Nikki	Unattached - Cheshire		133		359	<b>492</b>
232	TAYLOR, Judith	Carnegie Harriers		492			<b>492</b>
233	POSTLETHWAITE, Lesley	Unattached, Kendal	Lady Vet 40	132	358		<b>490</b>
234	ROTHERHAM, Mel	Unattached - Manchester	Lady Vet 40			489	<b>489</b>
235	HOWARD, Jane	Baildon Runners			488		<b>488</b>
236	TAYLOR, Joanne	Kendal AC		488			<b>488</b>
237	WOODLEY, Kath	Unattached, Kendal				488	<b>488</b>
238	BOWEN, Ruth	Unattached - Knaresborough	Lady Vet 40	125	362		<b>487</b>
239	BURNS, Sue	Clayton Le Moors Harriers	Lady Vet 50	487			<b>487</b>
240	MODEN, Mary	Rosendale Harriers		109		378	<b>487</b>
241	DAVEY, Colette	Unattached - Aldershot			486		<b>486</b>
242	GARNER, Helen	Stockport Harriers				486	<b>486</b>
243	WILCOX, Ruth	Leeds City		486			<b>486</b>
244	HUGHES, Catherine	Ilkerton Running Club		117	368		<b>485</b>
245	MCGREEN, Jane	Unattached - West Midlands	Lady Vet 50	131	354		<b>485</b>
246	MILLER, Angie	Unattached - Liverpool	Lady Vet 50		485		<b>485</b>
247	CAYWOOD, Emma	Unattached - York				484	<b>484</b>
248	SHERRATT, Sarah	Wesham Road Runners		483			<b>483</b>
249	WOLSTENHOLME, Carol	Hallamshire Harriers	Lady Vet 60			483	<b>483</b>
250	OWEN, Megan	Unattached - Leeds			480		<b>480</b>
251	WOOD, Jo	The Low Wood, Windermere		480			<b>480</b>
252	CAMPBELL, Shirley	Unattached - Macclesfield	Lady Vet 50		478		<b>478</b>
253	SRIVASTAVA, Angela	Ilkley Harriers	Lady Vet 40			477	<b>477</b>
254	KELLY, Anna	Clayton Le Moors Harriers	Lady Vet 40	476			<b>476</b>
255	AUBREY, Kathleen	Unattached, Kendal	Lady Vet 40	475			<b>475</b>
256	HOLCROFT, Victoria	Unattached - Lathom				475	<b>475</b>
257	HILLER, Eileen	Stainland Lions, Halifax	Lady Vet 60		474		<b>474</b>
258	NEWBY, Pat	Unattached - Barrow in Furness	Lady Vet 50	118		356	<b>474</b>
259	TABY, Briony	Mossley Hill AC, Liverpool		474			<b>474</b>
260	JACKSON, Sandre	Congleton Harriers	Lady Vet 50			473	<b>473</b>
261	BARNES, Susie	Unattached - Kendal				472	<b>472</b>
262	MORTON, Wendy	Unattached - Lightwater			472		<b>472</b>
263	DIXON, Pam	Elmbridge				468	<b>468</b>
264	KNAPPETT, Nikki	Unattached - Cheshire		113	355		<b>468</b>
265	BOOKER, Janet	Stockport Harriers	Lady Vet 50		467		<b>467</b>
266	MCPMAHON, Emma	Unattached, Kendal		114	353		<b>467</b>

267	BENBOW, Lisa	Unattached - Lichfield				466	<b>466</b>
268	GOULDING, Julie	Pewsey Vale RC	Lady Vet 40	466			<b>466</b>
269	WILSON, Angela	Unattached - Liverpool				465	<b>465</b>
270	FONE, Linda	Unattached, Kendal	Lady Vet 40	112	352		<b>464</b>
271	BELLHOUSE, Gina	Southport & Waterloo H	Lady Vet 40	119	344		<b>463</b>
272	DEENEY, Helena	Ilkley Harriers	Lady Vet 40			463	<b>463</b>
273	HART-OAKES, Claire	Unattached - Derbyshire			463		<b>463</b>
274	DINSMOR, Alexis	Stockport Harriers	Lady Vet 50			462	<b>462</b>
275	SPENCER, Michelle	Southport and Waterloo				461	<b>461</b>
276	DAVIES, Nina	Unattached - Bristol		459			<b>459</b>
277	FAIRCLOUGH, Julie	Stockport Harriers	Lady Vet 40			458	<b>458</b>
278	MACKINNON, Karen	Unattached - Dalton in Furness				457	<b>457</b>
279	TEMPLEMAN, Sue	Unattached - Frizington	Lady Vet 40	110	347		<b>457</b>
280	ROBBINS, Brittany	London Orienteering Club				456	<b>456</b>
281	KICKS, Emma	Nidd Valley Road Runners		455			<b>455</b>
282	WILKINS, Maureen	Stockport Harriers	Lady Vet 40			455	<b>455</b>
283	DEACON, Fiona	Nidd Valley Road Runners	Lady Vet 40	454			<b>454</b>
284	DIXON, Angela	Skelmersdale Boundary Harriers				454	<b>454</b>
285	CAMMISH, Kate	Bower Running Club				453	<b>453</b>
286	HORSMAN, Eleanor	Unattached - Leeds		453			<b>453</b>
287	CLAPHAM, Susan	Glossopdale Harriers	Lady Vet 40			452	<b>452</b>
288	MCGUIRE, Christina	Lancaster & Morecambe AC	Lady Vet 40	452			<b>452</b>
289	TROUP, Alice	Bury Pacers, Suffolk	Lady Vet 40	106	346		<b>452</b>
290	HARDY, Jo	Cumberland Fell Runners	Lady Vet 40		450		<b>450</b>
291	WHITE, Jenny	Unattached - Carnforth				450	<b>450</b>
292	DAY, Julia	Horsforth Harriers		449			<b>449</b>
293	SPRAWSON, Kelley	Bournville Harriers			449		<b>449</b>
294	DAVIES, Jan	Rhyader AC, Powys, Wales	Lady Vet 40		447		<b>447</b>
295	JAMES, Carole	Southport and Waterloo	Lady Vet 40			447	<b>447</b>
296	MARTIN, Maria	Rhyader AC, Powys, Wales	Lady Vet 40		446		<b>446</b>
297	ASHFORTH, Janice	Hallamshire Harriers	Lady Vet 50			444	<b>444</b>
298	COLE, Fiona	Kendal AC	Lady Vet 40	444			<b>444</b>
299	INGLIS, Michael	Unattached - Liverpool				443	<b>443</b>
300	WYANT, Julie	Unattached, Birmingham			443		<b>443</b>

301	KNOWLES, Eleanor	Unattached - Ambleside				442	<b>442</b>
302	READ, Alison	Kirkstall Harriers, Leeds		442			<b>442</b>
303	SOWERBY, Sue	Unattached - Workington			441		<b>441</b>
304	COOPER, Jenny	Pudsey Pacers				440	<b>440</b>
305	MIDDLETON, Anne	Denby Dale Travellers	Lady Vet 40	440			<b>440</b>
306	O'DOWD, Janet	Unattached - St Helens	Lady Vet 40		440		<b>440</b>
307	ALEXANDER, Helena	Unattached	Lady Vet 50		439		<b>439</b>
308	CROWLEY- FOXWELL, Michelle	Ambleside AC				439	<b>439</b>
309	JOHNSON, Lisa	Chorley Harriers		439			<b>439</b>
310	JOHNSON, Georgie	Bridgedale's		438			<b>438</b>
311	ROE, Vanessa	Unattached - Manchester				437	<b>437</b>
312	BESTER, Elisca	Unattached - London			436		<b>436</b>
313	SENDLHOFFER, Britta	Ambleside AC		435			<b>435</b>
314	ABBOTT, Sarah	Unattached, Kendal	Lady Vet 40		432		<b>432</b>
315	STRONG, Anne	Tynedale Harriers		432			<b>432</b>
316	DEVER, Louisa	Unattached - Wallasey	Lady Vet 40			431	<b>431</b>
317	DYKINS, Natasha	Tynedale Harriers		431			<b>431</b>
318	DOYLE, Felicity	Congleton Harriers	Lady Vet 50			430	<b>430</b>
319	GARRETT, Rachel	Unattached - Windermere			430		<b>430</b>
320	GOODFELLOW, Jessica	Unattached - Penrith, Cumbria	Lady Vet 40	430			<b>430</b>
321	CONNELL, Anita	Bower Running Club		429			<b>429</b>
322	SHEPLEY, Lynne	Stone Master Marathoners	Lady Vet 50			428	<b>428</b>
323	PULLEN, Jenny	Unattached - Grange Over Sands				427	<b>427</b>
324	HEALEY, Victoria	Stockport Harriers		426			<b>426</b>
325	BAILEY, Alice	unattached - Aviemore	Lady Vet 40		424		<b>424</b>
326	FINLAYSON, Liz	Unattached, Kendal		424			<b>424</b>
327	LANGMEAD, Johannah	Unattached - Cockermouth		423			<b>423</b>
328	FRANKISH, Sally	Unattached - Wigton	Lady Vet 40			421	<b>421</b>
329	PARRY, Lesley	Cleethorpes AC, Lincolnshire	Lady Vet 40	418			<b>418</b>
330	KIRKWOOD, Vicky	Dallam Running Club		415			<b>415</b>
331	KNOWLES, Alyson	Unattached - Ulverston	Lady Vet 40			415	<b>415</b>
332	JONES, Beverley	London Fronrunners		414			<b>414</b>
333	DUNGEY, Vicky	Instinctive Sports	Lady Vet 40			411	<b>411</b>
334	RATCLIFF, Sheelagh	Abbey Runners, Leeds	Lady Vet 40	410			<b>410</b>
335	DAREYS, Anne	Lancaster and Morecambe				409	<b>409</b>
336	FLOREY, Evelyn	St Bees Tri	Lady Vet 50	409			<b>409</b>



337	BRYAN, Melenie	Fetcheveryone			408		<b>408</b>
338	WHARF, Charlotte	Unattached, Kendal			408		<b>408</b>
339	GREENEP, Helen	Unattached - Carnforth	Lady Vet 40			406	<b>406</b>
340	BRYANT, Jo	Almost Athletes			404		<b>404</b>
341	FOX, Jan	Charnwood AC	Lady Vet 40			404	<b>404</b>
342	HALLWORTH, Louise	Chorlton Runners				404	<b>404</b>
343	ROBINSON, Brenda	Rochdale Harriers	Lady Vet 60			403	<b>403</b>
344	CROSSLAND, Nat	Valley Striders, Leeds				401	<b>401</b>
345	LORD, Carol	Stainland Lions, Halifax	Lady Vet 40			401	<b>401</b>
346	AITKEN, Sue	Stainland Lions, Halifax	Lady Vet 40			400	<b>400</b>
347	GAVIN, Caroline	Unattached - Wigan				399	<b>399</b>
348	GREENWOOD, Judith	Stainland Lions, Halifax	Lady Vet 60			399	<b>399</b>
349	HAMPSHIRE, Mary	Otley AC	Lady Vet 40			398	<b>398</b>
350	DAVIES, Anne	Unattached - Glossop				396	<b>396</b>
351	FAIRFAX, Pat	Unattached - Leeds	Lady Vet 50			396	<b>396</b>
352	CROSS, Felicity	Preston Harriers	Lady Vet 50			395	<b>395</b>
353	COENEN, Sherry	Unattached - Swiss Cottage				394	<b>394</b>
354	FEWTRELL, Lorna	South Cheshire Harriers	Lady Vet 40			394	<b>394</b>
355	BAXTER, Yvonne	Unattached - Hampstead				393	<b>393</b>
356	LEWIS, Liz	Unattached - Camberley, Surrey				393	<b>393</b>
357	RAWLINGS, Yvonne	Unattached - Bristol				393	<b>393</b>
358	GRAY, Heather	Lincoln Wellington AC	Lady Vet 40			392	<b>392</b>
359	WHEATLEY, Katherine	Unattached - Camberley, Surrey				392	<b>392</b>
360	CLAYSON, Catherine	unattached - Turton				391	<b>391</b>
361	STURGEON, Angela	Ilkley Harriers	Lady Vet 40			391	<b>391</b>
362	HAGAN, Rachel	Ilkley Harriers	Lady Vet 40			390	<b>390</b>
363	THORP, Michelle	Unattached - London				390	<b>390</b>
364	WILLIS, Claire	Unattached - London				389	<b>389</b>
365	BRIDDLE, Emily	Unattached - Ambleside				388	<b>388</b>
366	OLIVER, Jan	Tynedale Harriers	Lady Vet 50			388	<b>388</b>
367	MCBRINN, Sarah	Otley AC	Lady Vet 40			387	<b>387</b>
368	HALLOWS, Jane	Penny Lane Striders, Liverpool				386	<b>386</b>
369	ROSEN, Miriam	Lancaster and Morecambe	Lady Vet 50			386	<b>386</b>

370	ADAMS, Gill	Unattached - Liverpool	Lady Vet 40			385	<b>385</b>
371	WALKER, Caroline	Unattached - Goole	Lady Vet 50		382		<b>382</b>
372	WHITE, Patricia	Unattached, Kendal	Lady Vet 40	382			<b>382</b>
373	HUNT, Sue	Unattached - Lancashire		381			<b>381</b>
374	RAWSON, Pamela	Hallamshire Harriers	Lady Vet 60			381	<b>381</b>
375	HOWAT, Gill	Unattached - Leeds	Lady Vet 50	378			<b>378</b>
376	MCCLEERY, Amanda	Allithwaite+ District Running Club				377	<b>377</b>
377	SPARROW, Julie	New Marske Harriers	Lady Vet 50		376		<b>376</b>
378	ROBSON, Jo-anna	Unattached - Shifnal		375			<b>375</b>
379	CORD, Ruth	Unattached - Newcastle				374	<b>374</b>
380	HARROP, Jo	Elswick Harriers	Lady Vet 40	374			<b>374</b>
381	COX, Sarah	Unattached - London			373		<b>373</b>
382	KHATTAB, Hannah	Unattached, Kendal			372		<b>372</b>
383	STAPLEY, Tracey	Unattached - Oxfordshire		372			<b>372</b>
384	PHILO, Becky	Unattached - Hyde	Lady Vet 40			371	<b>371</b>
385	WATSON, Claire	Black Combe Runners	Lady Vet 40	371			<b>371</b>
386	RUSSELL, Mary	Headington Road Runners	Lady Vet 50			370	<b>370</b>
387	CODLING, Pauline	Blackpool, Wyre & Fylde AC	Lady Vet 40		369		<b>369</b>
388	FRANCIS, Kirsten	Unattached - Hexham	Lady Vet 40			369	<b>369</b>
389	TALBOT, Rosanna	Unattached - Lancaster		367			<b>367</b>
390	GRAHAM, Hilary	Tynedale Harriers	Lady Vet 50	366			<b>366</b>
391	LEA, Christine	unattached - Sandbach	Lady Vet 40		365		<b>365</b>
392	BEAHAN, Joanne	Unattached		364			<b>364</b>
393	JONES, Sarah	Derwent AC		363			<b>363</b>
394	KING, Janet	Unattached - Wigton, Cumbria	Lady Vet 40		363		<b>363</b>
395	BELL, Val	Scarborough AC	Lady Vet 50			361	<b>361</b>
396	VINE, Mandy	Fetcheveryone		361			<b>361</b>
397	WOULD, Sue	Unattached - Lincoln	Lady Vet 40		360		<b>360</b>
398	WILLS, Rosemary	unattached - Guelph USA	Lady Vet 40		359		<b>359</b>
399	DAVOILE, Sarah	Unattached - Coventry				355	<b>355</b>
400	OXLEY, Sue	Helm Hill Runners	Lady Vet 50	355			<b>355</b>
401	CUSHION, Lisa	Penny Lane Striders, Liverpool		354			<b>354</b>
402	CARRUTHERS, Sheila	Shepshed Running Club	Lady Vet 50	353			<b>353</b>
403	DAVOILE, Jade	Unattached - Coventry				352	<b>352</b>

404	HUNTER, Jane	Unattached - Cockermouth	Lady Vet 40	352			<b>352</b>
405	WILLIAMS, Donna	Chorley Harriers	Lady Vet 40	351			<b>351</b>
406	CASS, Rebecca	Unattached - Aspatria				350	<b>350</b>
407	POMFRET, Mary	Blackburn Harriers	Lady Vet 50		350		<b>350</b>
408	WALTER, Kate	Baildon Runners	Lady Vet 40	350			<b>350</b>
409	CASS, Gail	Team Cocco	Lady Vet 50			349	<b>349</b>
410	CROWNSHAW, Jane	Killamarsh Kestrels, Sheffield	Lady Vet 40	349			<b>349</b>
411	ROBERTS, Rosalyn	unattached - Bishop Auckland	Lady Vet 50		349		<b>349</b>
412	FLYNN, Susan	Unattached - Liverpool	Lady Vet 50		348		<b>348</b>
413	VARNFIELD, Deborah	Unattached - Kettering	Lady Vet 40	345			<b>345</b>
414	WILDE, Birgit	Nordic Walking North Cheshire			345		<b>345</b>
415	ROBERTS, Amanda	Unattached - Sheffield		344			<b>344</b>
416	FERGUSON, Pat	Unattached - Berkshire	Lady Vet 40		343		<b>343</b>
417	BROADHURST, Bridget	Tynedale Harriers	Lady Vet 40	342			<b>342</b>
418	BURNS, Annie	Nidd Valley Road Runners	Lady Vet 50	341			<b>341</b>
419	MAINES, Morna	Mossley Hill AC, Liverpool		340			<b>340</b>
420	MCKENZIE, Kath	GMP	Lady Vet 40	337			<b>337</b>
421	SIENKIEWICZ, Karen	Lune Valley Hash House Harriers	Lady Vet 40	335			<b>335</b>
422	CLIFF, Janet	Fell Ponies	Lady Vet 40	333			<b>333</b>
423	BRADY, Caroline	Unattached - Poulton le Fylde		328			<b>328</b>
424	STRETTON, Alison	Unattached - Ilkley, W Yorkshire	Lady Vet 40	325			<b>325</b>
425	HILL, Hannah	Unattached, Kendal		324			<b>324</b>
426	WOODS, Sue	Burgess Hill Runners		323			<b>323</b>
427	VALLIANT, Sylvie	Unattached - Sydenham, Devon	Lady Vet 40	320			<b>320</b>
428	MCKAY, Tina	Cleethorpes AC, Lincolnshire	Lady Vet 40	317			<b>317</b>
429	STOCKS, Caroline	Unattached - Southampton		316			<b>316</b>
430	FITTON, Caroline	Unattached - Glossop		314			<b>314</b>
431	BURNIP, Eileen	Clayton Le Moors Harriers	Lady Vet 50	313			<b>313</b>
432	HOPKINS, Erica	Unattached - Wigan		311			<b>311</b>
433	WALSH, Colette	Bolton United Harriers	Lady Vet 40	308			<b>308</b>

434	BARFOOT, Jill	Unattached - Carnforth	Lady Vet 40	304			<b>304</b>
435	BAMBER, Jacquie	Unattached - Carnforth	Lady Vet 40	303			<b>303</b>
436	HUTTON, Lorna	Unattached - Cockermouth		300			<b>300</b>
437	HENDERSON, Sarah	Unattached - Penrith, Cumbria		296			<b>296</b>
438	SUDLOW, Tina	Unattached, Kendal	Lady Vet 40	295			<b>295</b>
439	WING, Abbie	Unattached - Solihull, W Midlands		293			<b>293</b>
440	BOLTON, Vicky	Accrington Road Runners		290			<b>290</b>
441	EDNIE, Hazel	Unattached - Fife, Scotland		289			<b>289</b>
442	ROE, Sarah	Chorlton Runners		287			<b>287</b>
443	ALLAN, Janice	Unattached - Dumfries	Lady Vet 40	286			<b>286</b>
444	SPARLING, Lois	Unattached, Kendal	Lady Vet 40	285			<b>285</b>
445	HOLMES, Janine	Unattached - Ruthin		284			<b>284</b>
446	WYATT, Felicity	Ashbourne RC, Derbyshire		282			<b>282</b>
447	PEGG, Angie	Baildon Runners	Lady Vet 50	281			<b>281</b>
448	COOK, Sarah	Unattached - London		280			<b>280</b>
449	RUANE, Natalie	Eden Runners		279			<b>279</b>
450	COUPE, Gemma	Unattached - Preston, Lancashire		278			<b>278</b>
451	FIRSTBROOK, Kim	Unattached - Hexham	Lady Vet 40	277			<b>277</b>
452	STYLES, Isobel	Unattached - St Bees		276			<b>276</b>
453	POLLOCK, Becky	Unattached - Dundee, Scotland		274			<b>274</b>
454	BARNETT, Jodi	Unattached - Dundee, Scotland		273			<b>273</b>
455	FEEGEL, Anja	Unattached - Nottingham		272			<b>272</b>
456	PHILIPS, Emma	Penny Lane Striders, Liverpool		271			<b>271</b>
457	MORGAN, Kate	Unattached, Kendal		270			<b>270</b>
458	COOK, Helen	Unattached - Ilkley, W Yorkshire	Lady Vet 40	269			<b>269</b>
459	SPRAGG, Lynn	Unattached - Carnforth		268			<b>268</b>
460	WALKER, Denise	Unattached - York	Lady Vet 40	267			<b>267</b>
461	GREENWOOD, Lindzi	Unattached - Penrith, Cumbria		265			<b>265</b>
462	COATES, Dawn	Unattached - Penrith, Cumbria	Lady Vet 40	264			<b>264</b>
463	GREENWOOD, Becky	Unattached - Lancaster	Under 21 Women	263			<b>263</b>
464	FIELDING, Anne	The Low Wood, Windermere	Lady Vet 40	262			<b>262</b>
465	GUMLEY, Anna	Unattached - Newcastle		260			<b>260</b>
466	SCOTT-BURNS, Laura	Unattached - Congleton, Cheshire	Lady Vet 40	259			<b>259</b>

467	CROWTHER, Emma	Unattached - Todmorden		256			<b>256</b>
468	HARRIS, Natalie	Unattached - North East		255			<b>255</b>
469	HARRISON, Judith	Unattached - Upper Batley	Lady Vet 40	251			<b>251</b>
470	MAGGIORI, Lucy	Unattached - Dumfries		250			<b>250</b>
471	PARDOE, Elaine	Unattached - Manchester	Lady Vet 40	248			<b>248</b>
472	NEESON, Mary	Unattached, Kendal	Lady Vet 60	243			<b>243</b>
473	SUNDERLAND, Samantha	Unattached - Dalton in Furness	Lady Vet 40	242			<b>242</b>
474	KELLY, Jo	Unattached - Liverpool	Lady Vet 40	240			<b>240</b>
475	LEWIN, Theresa	Mossley Hill AC, Liverpool	Lady Vet 40	238			<b>238</b>
476	MONHEMIUS, Lucy	Unattached, Kendal		235			<b>235</b>
477	LEA, Alysson	Unattached - Blackpool		234			<b>234</b>
478	EVERARD, Sue	Unattached - York	Lady Vet 40	231			<b>231</b>
479	GORNALL, Laura	Unattached - Southport	Lady Vet 40	229			<b>229</b>
480	TAYLOR, Kathryn	Unattached	Lady Vet 40	227			<b>227</b>
481	WOOD, Nicky	The Low Wood, Windermere	Lady Vet 40	225			<b>225</b>
482	TAIT, Judith	Unattached - Peebles, Scotland	Lady Vet 40	224			<b>224</b>
483	WILLIAMS, Judy	Unattached - Warwickshire		220			<b>220</b>
484	TAYLOR, Caroline	Unattached - Ripponden		218			<b>218</b>
485	JEFFS, Ella	Unattached - Grange over Sands	Lady Vet 50	217			<b>217</b>
486	WILCOCKS, Tracey	Unattached - Ripponden		216			<b>216</b>
487	CLARKE, Claire	GERMANY - Verden Aller		215			<b>215</b>
488	FORDHAM, Angie	Unattached - Hawkshead	Lady Vet 50	213			<b>213</b>
489	GLEN, Emma	Goyt Valley Striders		211			<b>211</b>
490	KEARNEY, Sue	Unattached - Bolton	Lady Vet 40	209			<b>209</b>
491	MALE, Maria	Unattached - Ripponden	Lady Vet 40	208			<b>208</b>
492	MACCOLL, Lorna	Unattached - Hebden Bridge	Lady Vet 40	207			<b>207</b>
493	HARMER, Kerry	Eden Runners		206			<b>206</b>
494	TATHAM, Elaine	Sandbach Striders		205			<b>205</b>
495	COLLIER, Sally	Unattached - Salisbury, Wiltshire	Lady Vet 40	204			<b>204</b>
496	BIDDLE, Emily	Unattached - Ambleside		202			<b>202</b>
497	O'NEIL, Lisa	Unattached - Cleator Moor	Lady Vet 40	201			<b>201</b>
498	BLACKBURN, Gale	Unattached - Bolton		200			<b>200</b>
499	BARLOW, Shelley	Unattached - Staveley		196			<b>196</b>
500	WHITNEY, Alison	Unattached - Tewkesbury, Glos	Lady Vet 40	194			<b>194</b>

501	WATKINS, Sarah	Unattached - Chorley, Lancs	Lady Vet 40	192			<b>192</b>
502	MAGGS, Hannah	Unattached - Bath		190			<b>190</b>
503	TRIM, Zoe	Unattached - Bath		189			<b>189</b>
504	TAYLOR, Abi	Unattached	Under 21 Women	187			<b>187</b>
505	AINSCOUGH, Nicola	Unattached - Chorley, Lancs		186			<b>186</b>
506	SCHICKHOFF-BROWN, Claire	Unattached - Wigan		185			<b>185</b>
507	STYLES, Pam	Dudley Ladies	Lady Vet 50	184			<b>184</b>
508	TASARKAN, Zara	Unattached - Sydenham, Devon		183			<b>183</b>
509	MATHER, Sandra	Unattached, Kendal	Lady Vet 40	182			<b>182</b>
510	HOLMES, Kathryn	Unattached - Cheshire	Lady Vet 40	181			<b>181</b>
511	RIMINGTON, Jane	Unattached - Windermere	Lady Vet 40	180			<b>180</b>
512	MURPHY, Nichola	Hurlston RC, Ormskirk		179			<b>179</b>
513	KENDALL, Sally	Unattached - Leeds	Lady Vet 40	178			<b>178</b>
514	GIBSON, Lorna	Unattached - Cheshire		176			<b>176</b>
515	STACEY, Joanne	Women's Running Network		174			<b>174</b>
516	BRIDGE, Alison	Women's Running Network		173			<b>173</b>
517	SANDISON, Liz	Tynedale Harriers	Lady Vet 60	170			<b>170</b>
518	HILL, Lynda	Unattached - Windermere		169			<b>169</b>
519	BARRON, Amanda	Wigton Road Runners		168			<b>168</b>
520	PETTIT, Kirsty	Unattached - Steeton		167			<b>167</b>
521	CRAWLEY, Patricia	Unattached - Keighley, W Yorks	Lady Vet 40	166			<b>166</b>
522	MARSHALL, Sheila	Southport & Waterloo H	Lady Vet 60	165			<b>165</b>
523	ROBERTS, Becky	Unattached - Cheshire		160			<b>160</b>
524	HALE, Kate	Unattached - Manchester		159			<b>159</b>
525	BURNETT, Patricia	Unattached - Windermere	Lady Vet 40	157			<b>157</b>
526	BLEIKER, Jill	Unattached - Devon	Lady Vet 50	155			<b>155</b>
527	CARR, Dot	Unattached - Harrogate, N Yorks	Lady Vet 60	154			<b>154</b>
528	HERBERT, Sarah	Unattached - London		152			<b>152</b>
529	CUMMINS, Chris	Penny Lane Striders, Liverpool		151			<b>151</b>
530	BALMER, Julie	Penny Lane Striders, Liverpool	Lady Vet 40	150			<b>150</b>
531	MCCOLLOCH, Amber	Unattached - London		149			<b>149</b>
532	WOODING, Paula	Unattached - Barry, S Wales		146			<b>146</b>
533	HAZELDINE, Donna	Unattached - Altrincham		145			<b>145</b>
534	DOBBYN, Helen	Unattached - Nottingham		144			<b>144</b>

535	PIGG, Victoria	Unattached - Middlesex		143			<b>143</b>
536	FINNIGAN, Susan	Unattached - Yarm	Lady Vet 40	140			<b>140</b>
537	GOWERS, Joanna	Unattached - London		139			<b>139</b>
538	WEBSDALE, Rachel	Ilkley Harriers	Lady Vet 40	138			<b>138</b>
539	KEENAN, Lauren	Unattached - London		137			<b>137</b>
540	PLACKETT, Linda	Women's Running Network	Lady Vet 50	136			<b>136</b>
541	THOMAS, Rebecca	Unattached - Ulverston		134			<b>134</b>
542	KANE, Annette	Unattached - Carnforth	Lady Vet 50	130			<b>130</b>
543	MULLINS, Caroline	Unattached - Manchester		129			<b>129</b>
544	INGRAM, Karen	Unattached - Barry, S Wales	Lady Vet 40	128			<b>128</b>
545	RILEY, Peta	Women's Running Network	Lady Vet 40	127			<b>127</b>
546	WILSON, Lynn	Unattached - Hants	Lady Vet 40	126			<b>126</b>
547	SYME-SMITH, Lorraine	Unattached - Edinburgh	Lady Vet 40	124			<b>124</b>
548	MCCURRIE, Josephine	Unattached - Ambleside		122			<b>122</b>
549	OXLEY, Rebecca	Unattached - Great Ayton		116			<b>116</b>
550	PILLA, Stefania	Unattached - Manchester		111			<b>111</b>
551	JONES, Fiona	INWA Instructor	Lady Vet 40	108			<b>108</b>
552	CROOK, Megan	Unattached - London		107			<b>107</b>
553	DENT, Liz	Unattached - Stockport	Lady Vet 50	105			<b>105</b>





