

Lakeland Trails 2007 Series Results – Women

Name	Club	Category	Hawkshead	Garburn	Derwentwater	Coniston	Total
WALSH, Philippa	Preston Harriers	Lady Vet 40	493	594	481	492	2060
DEMPSEY, Michaela	Wesham Road Runners	Lady Vet 40	480	580	463	493	2016
QUIRK, Carole	Skelmersdale Boundary Harriers	Lady Vet 40	464	575	458	478	1975
ACKROYD, Jacqueline	Harrogate Harriers	Lady Vet 50	468	570	457	472	1969
HARROD, Lindsay	Tunbridge Wells Harriers	Lady Vet 40	463	573	451	481	1968
JONES, Beverley	London Fronrunners		472	577	438	470	1957
DAY, Julia	Horsforth Harriers		462	563	450	470	1945
RIDOUT, Alice	Horsforth Harriers		459	557	437	458	1911
CRITCHLEY, Alix	Unattached - Coventry		483	572	367	474	1896
RUSSELL, Rachel	Pudsey & Bramley AC, Leeds		430	554	440	468	1892
LAW, Sally	Unattached - Ayrshire	Lady Vet 60	451	548	434	454	1887
JOHNSON, Sue	Stafford Harriers	Lady Vet 50	455	536	433	456	1880
ELLIOTT, Sarah	Lancaster & Morecambe AC		456	483	439	469	1847
SMITHSON, Rosalind	Lune Valley Hash House Harriers	Lady Vet 40	418	538	414	452	1822
SAMUELSON-DEAN, Katie	Unattached - Cambridge		442	525	406	424	1806
MAKIN, Janet	Todmorden Harriers	Lady Vet 40	428	526	366	427	1747
WILDMAN, Mandy	Unattached - Morecambe	Lady Vet 40	406	544	379	397	1726
MORGAN, Kate	Unattached, Kendal		423	523	378	392	1716
MITCHELL, Jackie	Harlow AC, Essex		405	497	402	408	1712
WARRINER, Alison	Mossley Hill AC, Liverpool	Lady Vet 40	419	486	380	416	1701
EASTOE, Gay	Blengdale Runners AC	Lady Vet 50	381	498	386	429	1694
BALL, Jo	Glaxo Hoad Hill Harriers		340	500	347	497	1684
MCENERY, Rachel	Keighley & Craven AC		408	513	382	369	1672
WARD, Kathryn	Stockport Harriers	Lady Vet 40	343	464	400	415	1622
HYLTON, Jane	Unattached - Lancaster	Lady Vet 40	387	484	319	399	1589
FARTHING, Helen	The Low Wood, Windermere	Lady Vet 40	370	476	351	368	1583
MCNAMARA, Adelle	Unattached - Southport		375	472	321	403	1571
POUND, Janet	Chorley AC	Lady Vet 50	391	515	333	330	1569
KIRKMAN, Nicola	Achilli Ratti	Lady Vet 40	378	509	309	364	1560
FOX, Sue	Unattached - Leeds	Lady Vet 40	348	482	336	388	1554
WOOD, Jo	The Low Wood, Windermere		481	583		488	1552
SIENKIEWICZ, Karen	Lune Valley Hash House Harriers	Lady Vet 40	333	461	343	391	1528
EVERETT, Annie	Nidd Valley Road Runners	Lady Vet 40	344	458	350	367	1519
WEST, Vivien	Trail Running Association	Lady Vet 40	372	442	332	370	1516
READ, Anne	Eden Runners			576	446	464	1486
YEOMANS, Victoria	Long Eaton RC, Derby			556	465	460	1481
HARRISON, Linda	Unattached - Windermere		458	565	455		1478
SCOWCROFT, Catherine	The Low Wood, Windermere	Lady Vet 40	441	560		465	1476
WORRALL, Kate	Witney RR, Oxfordshire	Lady Vet 40	315	470	331	353	1469
CRUSE, Julie	Wesham Road Runners	Lady Vet 40	470	547	420		1447
SMART, Elisabeth	Dumfries Running Club	Lady Vet 40	449	555		436	1440
KING, Julia	Eden Runners	Lady Vet 50		540	441	453	1434
SWEENEY, Lynne	The Low Wood, Windermere	Lady Vet 40	450	561	417		1428
HOYER, Kathleen	Wesham Road Runners	Lady Vet 40	427	564	427		1418
SAMSON, Helen	Helm Hill Runners		413	558	447		1418
WILDING, Polly	Unattached - Leeds		300	445	302	359	1406
JACKSON, Kathryn	Unattached - Blackburn	Lady Vet 40		543	391	480	1405
MCBRINN, Sarah	Otley AC		471		448	484	1403
WHITFIELD, Kath	Trail Running Association	Lady Vet 50	421	529	390		1340
SMALLWOOD, Mary	Mossley Hill AC, Liverpool	Lady Vet 40	452		436	440	1328
STEPHENS, Helen	Lancaster & Morecambe AC			527	413	387	1327
JOHNSTON, Emma	Unattached - Wirral		401	524		393	1318
HAYES, Melanie	Unattached - Manchester			552	291	450	1293

INGRAM, Nicky	Cheshire Hash House Harriers	Lady Vet 40	389	491		411	1291
GREENWOOD, Judy	Nidd Valley Road Runners	Lady Vet 40	392	503	377		1272
COLLINGRIDGE, Hannah	Trail Running Association		284	416	259	307	1263
MCGRATH, Sally	Unattached - Southampton		359	519		384	1262
HAWKES, Diane	Unattached - Liverpool		376	532	348		1256
NORMAN, Julie	Unattached - Cockermouth	Lady Vet 40	380	493		377	1250
SHARP, Sonia	Unattached - Sheffield	Lady Vet 40	245	418	254	333	1250
JONES, Sarah	Derwent AC			490	395	361	1246
SCOTT, Norna	Trail Running Association		272	417	250	306	1245
PARK, Nichola	Glaxo Hoad Hill Harriers		403	447	393		1243
ROBINSON, Hilary	Bolton United Harriers	Lady Vet 40	360	488		395	1243
FARADAY, Ann	Blackpool, Wyre & Fylde AC		273	419	242	305	1239
FOX, Jan	Charnwood AC, Leicestershire	Lady Vet 40	395	454		389	1238
RELTON, Caroline	Tynedale Harriers		402		399	437	1238
MARTHUR, Fiona	Meltham AC	Lady Vet 50	385	474		376	1235
ADAMS, Alyson	Unattached - Cheshire	Lady Vet 40	367	481		378	1226
ROBINSON, Rhiannon	Tynedale Harriers	Lady Vet 40	404		397	418	1219
SOWERBY, Sue	Unattached - Workington		366	485		365	1216
BEDWELL, Carol	Unattached - Merseyside	Lady Vet 40	374	465	368		1207
THOMPSON, Elizabeth	Unattached - Cheshire		386		389	428	1203
GREENWOOD, Melanie	Quakers Running Club, Cleveland	Lady Vet 40	345	494	358		1197
MCGREEN, Jane	Unattached - West Midlands	Lady Vet 50	261	410	229	291	1191
HADZIABDIC, Alison	Birkenhead AC	Lady Vet 40		459	345	385	1189
POSTLETHWAITE, Lesley	Unattached, Kendal	Lady Vet 40	229	413	232	290	1164
WALTER, Kate	Baildon Runners	Lady Vet 40	377		364	404	1145
TABERNER, Julie	Unattached - Lancashire	Lady Vet 50	319	439		383	1141
JONES, Fiona	INWA Instructor	Lady Vet 40	232	409	226	268	1135
YEOMANS, Melanie	Blackpool, Wyre & Fylde AC			456	311	357	1124
HARRIS, Natalie	Unattached - North East		329		385	381	1095
BROWN, Sophie	Airienteers Orienteers, Leeds		326		320	442	1088
ROSE, Andree	Unattached - Tarporley		296	437		345	1078
ROBINSON, Brenda	Rochdale Harriers	Lady Vet 60	301	441		331	1073
MEE, Michelle	Vagabond AC, Cheshire		305		357	390	1052
JONES, Cathy	Keswick AC	Lady Vet 40	325		341	362	1028
BAINBRIDGE, Shelley	Trail Running Association	Lady Vet 40	311	440	263		1014
DAVIES, Liz	Baildon Runners	Lady Vet 50	244	436		328	1008
COULSON, Lynn	Unattached - Gateshead	Lady Vet 50	355		317	380	1007
ROBSON, Charm	Unattached - St Bees	Lady Vet 60	270	420	303		993
BARROW, Laura	Stoneclough Striders, Bolton		358		316	315	989
RODEN-DAVIES, Caroline	Lincolnshire & District Runners	Lady Vet 50	292	433	264		989
ROSEN, Miriam	Lancaster & Morecambe AC	Lady Vet 50	332		308	336	976
HORGAN, Kate	Bolton United Harriers		324		340	308	972
BELLHOUSE, Gina	Southport & Waterloo H			429	252	289	970
WATSON, Diane	Unattached - Wigton, Cumbria	Lady Vet 40	259	404		304	967
GARDINER, Ariane	Dallam Running Club		234	407		318	959
PRESTON, Karen	Long Eaton RC, Derby	Lady Vet 40	264	421	269		954
GUY, Anne	Unattached - Manchester	Lady Vet 40	297		298	348	943
ENSOLL, Anne	Unattached - Windermere	Lady Vet 40	276		313	352	941
HORDER, Katherine	West Cumberland Orienteers	Lady Vet 40	295		297	329	921
SMITH, Helen	Lakeland X Country Ski Club		226	415		277	918
CASS, Gail	Team Coco	Lady Vet 50	255	411	248		914
PARDOE, Elaine	Unattached - Manchester		298		284	324	906
KHATTAB, Hannah	Unattached, Kendal		235	408	243		886
PEGG, Angie	Baildon Runners	Lady Vet 50	266		276	341	883
MERCER, Helen	Unattached - Wigan	Under 21 Women	214		273	340	827

CARR, Dot	Unattached - Harrogate, N Yorks	Lady Vet 60	268		257	301	826
RILEY, Gaynor	Unattached - Ilkley, W Yorkshire	Lady Vet 40	249		234	282	765
SNEATH, Georgina	Unattached - West Yorkshire		248		233	283	764