

# Lakeland Trails in Helvellyn

## Helvellyn Trail Run10km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
1.	1608	Paul Graham	m		Derwent Athletic Club	0:37:04.4	0:37:04.4
2.	1609	Mark Wade	m		Aycliffe AC	0:37:37.9	0:37:37.9
3.	1431	Matthew Phillips	m		Houghton Harriers	0:38:26.7	0:38:26.7
4.	1364	Wayne Laird	m		Border Warrior	0:39:06.7	0:39:06.7
5.	1568	Chris Kelly	m		U/A Milnthorpe, Cumbria	0:40:04.2	0:40:04.2
6.	1124	John Widdrington	m		U/A Newcastle upon Tyne,	0:40:15.0	0:40:15.0
7.	1219	Robbie Robson	m		South Axholme Academy	0:40:44.9	0:40:44.9
8.	1127	Craig Marsh	m		Keswick AC	0:41:25.2	0:41:25.2
9.	1319	Mike Allison	m	Veteran 50	U/A Penrith, Cumbria	0:41:34.2	0:41:34.2
10.	1359	Adam Riley	m		U/A Dewsbury, West Yorkshire	0:42:25.2	0:42:25.2
11.	1396	Rory Coutts	m		U/A Clare, Suffolk	0:42:41.0	0:42:41.0
12.	1587	Joseph Collins	m		U/A Carlisle, Cumbria	0:42:48.6	0:42:48.6
13.	1358	andrew foster	m	Veteran 40	U/A southport,	0:43:17.7	0:43:17.7
14.	1462	Simon Maughan	m	Veteran 50	U/A Blackburn, Lancashire	0:43:25.6	0:43:25.6
15.	1331	Graham Jordan	m		U/A OLDHAM,	0:43:28.9	0:43:28.9
16.	1223	Andrew Gilmour	m		U/A GLASGOW,	0:43:40.9	0:43:40.9
17.	1184	Lance Saxby	m	Veteran 40	U/A Harrogate, North Yorkshire	0:43:56.5	0:43:56.5
18.	1496	Jonathan Creed	m		U/A Preston ,	0:44:08.8	0:44:08.8
19.	1430	Jane Thomas	f		Sale Harriers	0:44:18.0	0:44:18.0
20.	1176	Lawrence Mannion	m	Veteran 50	U/A Kendal,	0:44:27.8	0:44:27.8
21.	1132	sean barry	m	Veteran 40	U/A huddersfield,	0:44:46.4	0:44:46.4
22.	1614	Vicky Penn	f		Smiley Paces	0:44:48.3	0:44:48.3
23.	1595	Robert Eagles	m		Penny Lane Striders	0:45:10.9	0:45:10.9
24.	1613	Helen Wilkinson	f		Leamington Spa Striders	0:45:23.5	0:45:23.5
25.	1322	Andrew Hill	m		U/A Chesterfield, Derbyshire	0:45:38.7	0:45:38.7
26.	1352	Oliver Lees	m		U/A Leeds, West Yorkshire	0:45:46.1	0:45:46.1
27.	1187	Ryan Mewis	m		U/A Preston,	0:45:50.9	0:45:50.9
28.	1611	Elaine Omand	f		Dundee Road Runners AC	0:45:56.4	0:45:56.4
29.	1451	William Marsden	m		U/A Edinburgh,	0:46:06.6	0:46:06.6
30.	1552	Jo Smith	f		Lochaber AC	0:46:21.7	0:46:21.7
31.	1306	Mike Daniels	m		U/A Manchester,	0:46:36.3	0:46:36.3
32.	1400	francesca hamilton	f		U/A penrith, cumbria	0:46:37.6	0:46:37.6
33.	1140	Ian Gibson	m	Veteran 40	U/A Ulverston, Cumbria	0:46:52.7	0:46:52.7
34.	1575	Terence Taylor	m		U/A St Helens , Merseyside	0:46:57.4	0:46:57.4
35.	1286	Sarah linton	f	Lady Veteran 40	U/A st Anne's, Lancashire	0:46:57.8	0:46:57.8
36.	1368	Mat Harrop	m	Veteran 40	U/A Scarborough, North Yorkshire	0:46:58.6	0:46:58.6
37.	1415	Jamie Boulger	m		asics	0:47:04.7	0:47:04.7
38.	1165	Richard Whall	m		U/A Kirkham, Lancashire	0:47:18.0	0:47:18.0
39.	1458	Neil Stephenson	m		U/A Barrow-in-Furness, Cumbria	0:47:31.4	0:47:31.4
40.	1311	Andy MacKenzie	m	Veteran 50	U/A London,	0:47:35.7	0:47:35.7
41.	1349	Robert Robinson	m	Veteran 50	Holmfirth Harriers	0:47:37.7	0:47:37.7
42.	1529	Damien Handslip	m	Veteran 40	Nidd Valley Road Runners	0:47:39.5	0:47:39.5
43.	1536	Stephen Moxley	m		U/A Tarporley,	0:47:41.4	0:47:41.4
44.	1123	andrew pye	m	Veteran 40	U/A skelsmergh,	0:47:43.2	0:47:43.2
45.	1401	Emma Nielsen	f	Lady Veteran 40	Eden Runners	0:47:52.7	0:47:52.7
46.	1391	David Brooks	m	Veteran 50	U/A Preston, Lancs	0:48:06.5	0:48:06.5
47.	1389	Paul Stirrup	m	Veteran 50	Bowland Bimblers	0:48:06.5	0:48:06.5
48.	1435	daniel hunsley	m	Veteran 40	U/A crewe, cheshire	0:48:19.0	0:48:19.0
49.	1185	Louise Winter	f		Keswick AC	0:48:21.5	0:48:21.5
50.	1612	Suzanne Toppin	f	Lady Veteran 40	U/A Penrith, Cumbria	0:48:40.5	0:48:40.5
51.	1169	Jo Haigh	f	Lady Veteran 50	U/A Skipton, North Yorkshire	0:48:56.3	0:48:56.3
52.	1270	James Davies	m		U/A Sutton Courtenay, Oxfordshire	0:49:04.6	0:49:04.6
53.	1501	Jonathan Fairhurst	m		U/A Wigan, lancashire	0:49:06.6	0:49:06.6
54.	1168	Steve Foreman	m	Veteran 40	Sedgefield Harriers	0:49:08.6	0:49:08.6
55.	1134	Andy Hale	m	Veteran 40	Red Rose Road Runners	0:49:20.9	0:49:20.9
56.	1466	Glenn Morris	m	Veteran 40	U/A Lancaster, Lancs	0:49:32.4	0:49:32.4
57.	1605	Richard Manley	m		U/A Wirral, Merseyside	0:49:51.1	0:49:51.1
58.	1363	Richard Bowles	m		U/A Sheffield, South Yorkshire	0:49:58.9	0:49:58.9
59.	1432	Alex Sharman	m		U/A Liverpool,	0:50:16.5	0:50:16.5
60.	1253	Angela White	f	Lady Veteran 40	CFR	0:50:21.5	0:50:21.5
61.	1212	Kevin Bloor	m	Veteran 40	U/A Rothwell,	0:50:27.6	0:50:27.6
62.	1520	Ross Stephenson	m		U/A liverpool, merseyside	0:50:33.8	0:50:33.8
63.	1141	Nicola Gibson	f	Lady Veteran 40	U/A Ulverston, cumbria	0:50:34.9	0:50:34.9
64.	1260	Angela Richardson	f		Elswick harriers	0:50:52.0	0:50:52.0
65.	1177	Gill Petrucci	f	Lady Veteran 40	U/A Skipton, North Yorks	0:51:09.1	0:51:09.1
66.	1257	Emily Roche	f		Abingdon & Vale	0:51:20.4	0:51:20.4
67.	1303	Robin NAYLOR	m	Veteran 60	n/a	0:51:21.5	0:51:21.5

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
68.	1227	Julia Gray Carnaffin	f	Lady Veteran 50	U/A Bardon mill, Northumberland	0:51:22.4	0:51:22.4
69.	1292	katy wilde	f		U/A Hexham, Northumberland	0:51:22.4	0:51:22.4
70.	1445	Gary Smith	m	Veteran 40	COLT	0:51:25.1	0:51:25.1
71.	1202	Simon Robson	m		U/A York, North Yorkshire	0:51:28.9	0:51:28.9
72.	1470	Martyn Cottiss	m	Veteran 40	U/A NEWBIGGIN-BY-THE-SEA, Northumberland	0:51:33.4	0:51:33.4
73.	1265	David Case	m		Elvet Stiders	0:51:35.8	0:51:35.8
74.	1566	Linda Aspinall	f	Lady Veteran 40	U/A Carlisle, Cumbria	0:51:39.2	0:51:39.2
75.	1535	Ross Robertson	m		Vegan Runners UK	0:51:40.5	0:51:40.5
76.	1135	Jane Mellor	f		U/A Bridge of Weir,	0:51:48.1	0:51:48.1
77.	1337	Andrew O'Boyle	m	Veteran 50	U/A Warrington, Cheshire	0:51:57.6	0:51:57.6
78.	1449	Sean Williams	m	Veteran 40	-	0:52:08.6	0:52:08.6
79.	1173	Gerard Hurst	m	Veteran 60	U/A Wigan,	0:52:14.7	0:52:14.7
80.	1343	Sian Mitchell	f		Garden City Runners	0:52:34.9	0:52:34.9
81.	1532	John-Paul Jones	m		U/A Gomersal, West Yorkshire	0:52:48.9	0:52:48.9
82.	1193	Mike Bowman	m	Veteran 60		0:53:00.9	0:53:00.9
83.	1599	Daniel Heppell	m		U/A HALTWHISTLE, Select a county	0:53:12.8	0:53:12.8
84.	1565	Matt McGinley	m		Backbarrow Bombers	0:53:15.4	0:53:15.4
85.	1558	Chris Jones	m		U/A Southport,	0:53:35.4	0:53:35.4
86.	1557	Ian Kilshaw	m	Veteran 50	U/A Southport,	0:53:35.4	0:53:35.4
87.	1424	Libby Dixon	f	Lady Veteran 40	U/A Ambleside, cumbria	0:53:36.7	0:53:36.7
88.	1463	Sarah Dove	f	Lady Veteran 40	U/A Blackburn, Lancashire	0:53:43.0	0:53:43.0
89.	1152	James Wright	m		U/A Endmoor, Cumbria	0:53:47.2	0:53:47.2
90.	1112	Hunter Lyden	m		U/A Manchester,	0:54:02.7	0:54:02.7
91.	1409	Nick Postill	m		U/A Ormskirk,	0:54:05.8	0:54:05.8
92.	1186	Ruth Mewis	f		U/A Preston,	0:54:07.5	0:54:07.5
93.	1307	cathryn cotterill	f	Lady Veteran 50	Highland Hill Runners	0:54:08.4	0:54:08.4
94.	1305	Kirsty McIntyre	f		Chorlton Runners	0:54:15.7	0:54:15.7
95.	1426	Annette Golawska	f		Rugby Triathlon Club	0:54:18.2	0:54:18.2
96.	1628	Scott O Shea	m			0:54:18.7	0:54:18.7
97.	1413	Nick Hill	m		U/A Wigan, Lancashire	0:54:18.8	0:54:18.8
98.	1455	Chris Harrop	m	Veteran 40	U/A Warrington, Cheshire	0:54:22.1	0:54:22.1
99.	1472	Helen Westmoreland-Nicholson	f	Lady Veteran 40	U/A Windermere, Cumbria	0:54:23.5	0:54:23.5
100.	1411	Simon Nicholson	m		U/A Galgate, Lancaster,	0:54:33.9	0:54:33.9
101.	1384	Hannah Turner	f		Manchester Tri Club, Vegan Runners	0:54:36.0	0:54:36.0
102.	1429	Callum Grant-Cawdell	m		U/A London, Outside U.S./Canada	0:54:43.6	0:54:43.6
103.	1250	Nicola Brown	f		Hunwick	0:54:46.7	0:54:46.7
104.	1249	Felicity Smith	f	Lady Veteran 40	Elswick	0:54:47.5	0:54:47.5
105.	1540	Clare McGlasson	f		St Bees triers	0:54:57.5	0:54:57.5
106.	1624	Kerry Newton	f		Smiley Paces	0:54:58.6	0:54:58.6
107.	1492	Mathew Fairhurst	m		U/A Wigan, Lancashire	0:55:04.8	0:55:04.8
108.	1412	Billie Jo Dodd	f	Lady Veteran 40	U/A Carlisle, Cumbria	0:55:13.6	0:55:13.6
109.	1560	Warren Cdaman	m	Veteran 40	U/A Lancaster,	0:55:16.1	0:55:16.1
110.	1561	Russell Edmondson	m	Veteran 40	U/A Morecambe, Lancashire	0:55:17.8	0:55:17.8
111.	1600	Nick Brookes	m		U/A Manchester ,	0:55:18.0	0:55:18.0
112.	1147	Chris Jackson	m	Veteran 40	U/A Tunstall, East Riding of Yorkshire	0:55:20.3	0:55:20.3
113.	1547	Graham Jackson	m		U/A Grange ,	0:55:23.8	0:55:23.8
114.	1554	Richard Tickner	m	Veteran 60	U/A Kendal,	0:55:29.3	0:55:29.3
115.	1419	Caroline Smith	f	Lady Veteran 40	U/A Warrington,	0:55:30.6	0:55:30.6
116.	1398	Paul Finn	m	Veteran 60	U/A High Peak, Derbyshire	0:55:35.2	0:55:35.2
117.	1564	Andy Simms	m		U/A Manchester,	0:55:48.5	0:55:48.5
118.	1116	Isabelle Newhouse	f		Kirkcudbright Academy	0:55:55.0	0:55:55.0
119.	1157	Rebecca HODGSON	f		U/A Kendal , cumbria	0:56:05.1	0:56:05.1
120.	1145	Jason Spear	m	Veteran 40	U/A Chorley, Lancashire	0:56:28.8	0:56:28.8
121.	1465	Mark Lovering	m	Veteran 40	U/A Chorley, Lancashire	0:56:43.5	0:56:43.5
122.	1166	bridget slater	f	Lady Veteran 50	U/A Skipton, N Yorks	0:56:44.1	0:56:44.1
123.	1494	Colin Campbell	m	Veteran 40	U/A Penrith,	0:56:45.1	0:56:45.1
124.	1390	Carole Stirrup	f	Lady Veteran 50	U/A Preston, Lancs	0:56:55.4	0:56:55.4
125.	1329	Clare Ashton	f	Lady Veteran 40	U/A Warrington, Cheshire	0:57:14.7	0:57:14.7
126.	1473	Anthony Matthews	m	Veteran 60	U/A Leyland,	0:57:16.8	0:57:16.8
127.	1417	Glyn McGovern	m	Veteran 50	U/A Altrincham,	0:57:20.0	0:57:20.0
128.	1425	Jenny Broomby	f		U/A Kendal, Cumbria	0:57:22.1	0:57:22.1
129.	1627	Jonathan Peel	m	Veteran 40	U/A	0:57:24.2	0:57:24.2
130.	1491	Helen Orrell	f		U/A Stocksfield ,	0:57:29.6	0:57:29.6
131.	1244	jerry norton	m	Veteran 60	U/A London,	0:57:32.4	0:57:32.4
132.	1503	Sam Cherrington	m		U/A Ashton-in-Makerfield, Greater Manchester	0:57:57.0	0:57:57.0
133.	1251	Colin Goulder	m		Cheshire Tally Ho	0:58:01.4	0:58:01.4
134.	1410	Will Smith	m		U/A Lancaster,	0:58:02.5	0:58:02.5

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
135.	1126	Lindon Bolton	m		Keswick AC	0:58:04.2	0:58:04.2
136.	1268	Sean Lynn	m	Veteran 50	U/A Newcastle upon tyne, Tyne and Wear	0:58:05.7	0:58:05.7
137.	1555	Pete Holding	m	Veteran 60	U/A Kendal, Cumbria	0:58:08.5	0:58:08.5
138.	1300	nicola watt	f	Lady Veteran 40	U/A hexham,	0:58:17.5	0:58:17.5
139.	1171	Lesley Goodson	f	Lady Veteran 50	North Wales Road Runners Club	0:58:19.0	0:58:19.0
140.	1252	Steven Ruddock	m		Cheshire Tally Ho	0:58:19.5	0:58:19.5
141.	1100	Hayley Livesey	f	Lady Veteran 40	U/A Lincoln, Lincolnshire	0:58:25.1	0:58:25.1
142.	1527	Hilary Royston-Bishop	f		Derwent Athletic Club	0:58:30.9	0:58:30.9
143.	1416	Amanda Goode	f		U/A Preston, Lancs.	0:58:31.8	0:58:31.8
144.	1217	Carol Brough	f		Chorlton Runners	0:58:34.1	0:58:34.1
145.	1142	Paul Donnelly	m	Veteran 40	U/A Southport, Merseyside	0:58:37.9	0:58:37.9
146.	1103	Zoe Bridges	f	Lady Veteran 40	U/A Sudbury, Suffolk	0:58:47.8	0:58:47.8
147.	1397	Mel Jones	m	Veteran 60	Swinton Running Club	0:58:49.1	0:58:49.1
148.	1383	Kelly Brown	f		U/A Kendal ,	0:58:51.8	0:58:51.8
149.	1378	Peter Jubb	m	Veteran 50	U/A Nottingham, Nottinghamshire	0:58:52.7	0:58:52.7
150.	1521	Helen Hall	f	Lady Veteran 40	U/A Harrogate, North Yorkshire	0:58:56.6	0:58:56.6
151.	1191	Andrew Goodson	m	Veteran 50	U/A Bowness on Windermere, Cumbria	0:59:02.3	0:59:02.3
152.	1299	elaine shepherd	f	Lady Veteran 50	Jog On The Tyne	0:59:11.2	0:59:11.2
153.	1143	ian mitchell	m	Veteran 50	helm hill runners	0:59:27.9	0:59:27.9
154.	1516	Kieran Lowcock	m		U/A Manchester, Greater Manchester	0:59:29.7	0:59:29.7
155.	1623	Viv Riley	f	Lady Veteran 50		0:59:42.4	0:59:42.4
156.	1004	Peter Phillips	m	Veteran 60	Loftus and Whitby AC	0:59:49.0	0:59:49.0
157.	1005	Gareth Phillips	m	Veteran 40	Gateshead harriers	0:59:49.1	0:59:49.1
158.	1493	James Leach-Holt	m		U/A wigan, Lancashire	0:59:50.8	0:59:50.8
159.	1215	Michael Hogarth	m	Veteran 50	Unattached	0:59:54.8	0:59:54.8
160.	1218	Dawn Trueman	f	Lady Veteran 40	Smiley Paces	1:00:00.2	1:00:00.2
161.	1238	Hazel Ward	f	Lady Veteran 60	Jog on the Tyne	1:00:06.5	1:00:06.5
162.	1175	Hilde Krynen	f	Lady Veteran 50	U/A Kendal, Cumbria	1:00:09.1	1:00:09.1
163.	1304	PAULINE NAYLOR	f	Lady Veteran 50	n/a	1:00:12.7	1:00:12.7
164.	1254	Martin White	m	Veteran 50	CFR	1:00:14.9	1:00:14.9
165.	1510	martin barrett	m	Veteran 40	U/A stockton-on-tees,	1:00:20.0	1:00:20.0
166.	1509	Kelly Barrett	f		U/A Stockton on Tees,	1:00:20.0	1:00:20.0
167.	1452	Rob Fearnley	m		Otley AC	1:00:21.7	1:00:21.7
168.	1588	David Stacey	m		U/A Chorley, Lancashire	1:00:34.2	1:00:34.2
169.	1542	Paul Land	m	Veteran 40	U/A Liverpool, Merseyside	1:00:35.5	1:00:35.5
170.	1408	Alison Little	f	Lady Veteran 40	U/A Carlisle, cumbria	1:00:41.2	1:00:41.2
171.	1256	Andy Hickson	m	Veteran 50	U/A LONDON,	1:00:44.8	1:00:44.8
172.	1474	Amanda Dwan	f	Lady Veteran 40	U/A Ulverston, Cumbria	1:00:47.5	1:00:47.5
173.	1258	Izzy Rourke	f		U/A Workington,	1:00:50.2	1:00:50.2
174.	1282	Tom French	m		U/A Skipton, North Yorkshire	1:01:07.1	1:01:07.1
175.	1365	Rachael Holloway	f		U/A Liverpool,	1:01:08.3	1:01:08.3
176.	1129	andrew marrison	m	Veteran 40	U/A kendal, Cumbria	1:01:18.4	1:01:18.4
177.	1567	Kat Ford	f		U/A Ulverston, Cumbria	1:01:21.6	1:01:21.6
178.	1240	Nicola Sproson	f	Lady Veteran 40	Nics Nordic Walks	1:01:21.8	1:01:21.8
179.	1589	Anthony Stacey	m	Veteran 60	U/A Burnley, Lancashire	1:01:28.6	1:01:28.6
180.	1172	Linda Gant	f	Lady Veteran 50	St.Bees Triers	1:01:31.8	1:01:31.8
181.	1197	Beth Irving	f	Lady Veteran 40	U/A Carlisle,	1:01:35.3	1:01:35.3
182.	1563	Duncan Knights	m		U/A Salford , Greater Manchester	1:01:39.5	1:01:39.5
183.	1245	Lalage Brown	f	Lady Veteran 50	U/A Ponteland, Northumberland	1:01:41.3	1:01:41.3
184.	1201	Vicky Johnston	f	Lady Veteran 40	St Bees Triers	1:01:44.4	1:01:44.4
185.	1626	Joanne Battersby	f	Lady Veteran 50	Smiley Paces	1:01:47.3	1:01:47.3
186.	1522	Lorna Evans	f		U/A Preston, Lancashire	1:02:02.1	1:02:02.1
187.	1119	Elaine Tompkins	f		U/A Colne, Lancashire	1:02:15.1	1:02:15.1
188.	1160	Melissa Anglesea	f		U/A Anderton,	1:02:17.6	1:02:17.6
189.	1216	JACQ JONES	f	Lady Veteran 40	Delamere Spartans	1:02:19.3	1:02:19.3
190.	1167	Tracy Brown	f		Sedgefield Harriers	1:02:22.0	1:02:22.0
191.	1313	Alon Caspi	m	Veteran 50	Mornington Chasers	1:02:40.8	1:02:40.8
192.	1333	Lorna Turney	f		Elswick	1:02:41.3	1:02:41.3
193.	1387	Sarah Cheshire	f	Lady Veteran 40	U/A xx,	1:02:46.9	1:02:46.9
194.	1376	Anna McMillan	f		Baildon Runners	1:02:51.8	1:02:51.8
195.	1310	Toby Brothers	f	Lady Veteran 50	Hampstead Heath Park Run	1:02:53.9	1:02:53.9
196.	1625	Delia Watts	f	Lady Veteran 50	Smiley Paces	1:02:54.4	1:02:54.4
197.	1113	Katie Wray	f		U/A Manchester,	1:02:56.2	1:02:56.2
198.	1475	Gill Horne	f	Lady Veteran 50	Biddulph Running Club	1:02:57.6	1:02:57.6
199.	1482	Lindsey McGahey	f		Women on the Run	1:02:58.9	1:02:58.9
200.	1179	Susan Sharp	f	Lady Veteran 50	U/A Wakefield, west Yorkshire	1:03:01.9	1:03:01.9
201.	1178	Nick Sharp	m	Veteran 40	U/A Wakefield, West Yorkshire	1:03:04.2	1:03:04.2

# Lakeland Trails in Helvellyn

## Helvellyn Trail Run10km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
202.	1350	Lizzie Robinson	f		Holmfirth Harriers	1:03:08.5	1:03:08.5
203.	1468	Yvonne Cottiss	f	Lady Veteran 40	U/A NEWBIGGIN-BY-THE-SEA, Northumberland	1:03:08.6	1:03:08.6
204.	1181	Louise Corrigan	f		Swinton RC	1:03:10.1	1:03:10.1
205.	1138	Philip Loftus	m	Veteran 50	U/A Bolton, Lancashire	1:03:12.7	1:03:12.7
206.	1399	Louise Lashley	f	Lady Veteran 40	U/A Milnthorpe, Cumbria	1:03:16.2	1:03:16.2
207.	1528	Debbie Handslip	f	Lady Veteran 40	Nidd Valley Road Runners	1:03:16.9	1:03:16.9
208.	1393	Tom Lawson	m	Veteran 40	U/A Cardiff,	1:03:20.2	1:03:20.2
209.	1325	Tim Massey	m	Veteran 50	U/A Stoke-on-Trent, Staffordshire	1:03:30.1	1:03:30.1
210.	1481	Simon Barton	m	Veteran 60	Hoad Hill Harriers	1:03:35.7	1:03:35.7
211.	1110	David Ellicott	m	Veteran 40	Keswick AC	1:03:50.8	1:03:50.8
212.	1471	Wendy Navin	f	Lady Veteran 40	St Bees Triers	1:03:50.9	1:03:50.9
213.	1371	Diane Blagden	f	Lady Veteran 50	Wesham Road Runners	1:03:52.3	1:03:52.3
214.	1379	Micheala Hill	f	Lady Veteran 40	U/A Huddersfield, West Yorkshire	1:03:54.7	1:03:54.7
215.	1161	Jackie Frank	f	Lady Veteran 40	U/A Redcar,	1:03:59.8	1:03:59.8
216.	1502	Mike Gill	m	Veteran 70	Blackhill Bounders	1:04:01.7	1:04:01.7
217.	1497	Catherine Higson	f		U/A Keswick, Cumbria	1:04:05.9	1:04:05.9
218.	1596	Rachel Horrobin	f	Lady Veteran 40	U/A Carnforth, Lancs	1:04:10.1	1:04:10.1
219.	1182	Claire Bewsher	f	Lady Veteran 40	U/A Chorley, Lancashire	1:04:13.8	1:04:13.8
220.	1273	Terance Li	m		U/A London,	1:04:23.4	1:04:23.4
221.	1457	Kim Crossfield	f		U/A Barrow-in-Furness, Cumbria	1:04:24.7	1:04:24.7
222.	1122	alison chambers	f		U/A skelsmergh,	1:04:33.2	1:04:33.2
223.	1314	sally Slack	f		U/A Penrith,	1:04:34.4	1:04:34.4
224.	1108	Helen Scott	f		U/A Osgodby, North Yorkshire	1:04:37.1	1:04:37.1
225.	1139	Lesley Allison	f	Lady Veteran 50	U/A Penrith, Cumbria	1:04:41.4	1:04:41.4
226.	1476	Edward Ryder	m	Veteran 40	None	1:04:45.9	1:04:45.9
227.	1442	Linda Hull	f	Lady Veteran 50	U/A Richmond, N. YORKS	1:05:06.5	1:05:06.5
228.	1128	BARRY GREEN	m	Veteran 60	NONE	1:05:21.5	1:05:21.5
229.	1348	Kim Coles	f	Lady Veteran 40	U/A Ryton, Tyne & Wear	1:05:22.1	1:05:22.1
230.	1351	Kirsty Duggins	f	Lady Veteran 40	Elswick Harriers	1:05:24.0	1:05:24.0
231.	1221	Kay Campbell	f	Lady Veteran 40	RL Hughes Primary School	1:05:56.2	1:05:56.2
232.	1136	Carol Dent	f	Lady Veteran 60	Crocwalkers	1:06:03.6	1:06:03.6
233.	1607	Rebecca Greaves	f		U/A Blackpool,	1:06:03.9	1:06:03.9
234.	1534	Ella Kon	f		U/A Harrogate,	1:06:04.2	1:06:04.2
235.	1546	Laura Evans	f		U/A York,	1:06:18.0	1:06:18.0
236.	1107	Nick Archer	m	Veteran 40	U/A Manchester,	1:06:20.7	1:06:20.7
237.	1308	Richard Cawdell	m	Veteran 60	U/A London,	1:06:29.6	1:06:29.6
238.	1530	Michele Philp	f	Lady Veteran 40	U/A Wylam, Northumberland	1:06:33.4	1:06:33.4
239.	1151	Jenna Butler	f		U/A Kendal, Cumbria	1:06:34.2	1:06:34.2
240.	1480	Sally Barton	f	Lady Veteran 50	Hoad Hill Harriers	1:06:35.0	1:06:35.0
241.	1243	sophie newman	f	Lady Veteran 50	U/A bath,	1:06:37.4	1:06:37.4
242.	1264	Jill Young	f		Elvet striders	1:06:39.1	1:06:39.1
243.	1298	Rob Wilkinson	m	Veteran 50	Welsh Athletics	1:06:45.6	1:06:45.6
244.	1584	Daniel Brookfield	m		U/A ORMSKIRK, Lancashire	1:07:07.2	1:07:07.2
245.	1315	Josh Casswell	m		U/A London,	1:07:15.1	1:07:15.1
246.	1525	Jeff Tosh	m	Veteran 40	U/A Lancaster, Lancashire	1:07:16.4	1:07:16.4
247.	1266	Debbie McFarland	f		Elvet striders	1:07:22.5	1:07:22.5
248.	1478	Rose Ward	f		Smiley Paces	1:07:28.2	1:07:28.2
249.	1477	Rachel Barnes	f		Smiley Paces	1:07:28.4	1:07:28.4
250.	1524	Andrew Higginson	m		U/A Blackburn, Lancashire	1:07:32.3	1:07:32.3
251.	1271	Hilary Shaw	f	Lady Veteran 50	U/A gateshead, Tyne & Wear	1:07:36.3	1:07:36.3
252.	1101	Heather Gilbert	f	Lady Veteran 40	U/A Disley, Cheshire	1:07:38.0	1:07:38.0
253.	1603	Sarah Dawson	f			1:07:39.8	1:07:39.8
254.	1228	Barbara Jenkins	f	Lady Veteran 50	Smiley Paces	1:07:59.2	1:07:59.2
255.	1131	Rachel Lee	f	Lady Veteran 50	DH Runners	1:08:07.3	1:08:07.3
256.	1444	Rebecca Watson	f	Lady Veteran 40	U/A Nottingham, Nottinghamshire	1:08:14.2	1:08:14.2
257.	1317	Heidi Martin	f		St.Bees Triers	1:08:16.6	1:08:16.6
258.	1469	Paul Simpson	m	Veteran 40	U/A Newbiggin by the Sea, Northumberland	1:08:18.4	1:08:18.4
259.	1283	Kate McBlane	f		U/A Derby, Derbyshire	1:08:23.5	1:08:23.5
260.	1296	Darleen Taylor	f		U/A Derby, Derbyshire	1:08:23.6	1:08:23.6
261.	1447	julie thomas	f	Lady Veteran 50	hampstead health park run	1:08:25.2	1:08:25.2
262.	1538	Wayne Lee	m	Veteran 40	Border Reivers Runners	1:08:31.3	1:08:31.3
263.	1302	Juliet Rodgers	f	Lady Veteran 50	U/A London,	1:08:33.2	1:08:33.2
264.	1559	Vanessa Cadman	f	Lady Veteran 40	U/A Lancaster,	1:08:33.6	1:08:33.6
265.	1562	Abigail Edmondson	f		U/A Morecambe , Lancashire	1:08:33.9	1:08:33.9
266.	1318	Madeline MacKenzie	f		U/A London, London	1:08:36.7	1:08:36.7
267.	1189	Jane Taylor	f	Lady Veteran 40	Women on the Run - Preston	1:08:41.2	1:08:41.2
268.	1211	Liz Bamber	f	Lady Veteran 40	Lancaster Women's Running Club	1:08:43.9	1:08:43.9

# Lakeland Trails in Helvellyn

## Helvellyn Trail Run10km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
269.	1226	Helen Dodd	f		U/A Hexham, Northumberland	1:08:47.5	1:08:47.5
270.	1332	Kay Thompson	f	Lady Veteran 40	Elswick	1:08:48.8	1:08:48.8
271.	1531	Linda Thomas	f		U/A Wylam,	1:08:50.5	1:08:50.5
272.	1210	David Binks	m	Veteran 60	Allithwaite Running Club	1:08:59.1	1:08:59.1
273.	1545	Victoria Dewhurst	f	Lady Veteran 40	U/A Bolton, Lancs	1:09:00.7	1:09:00.7
274.	1362	Louise Harrop	f	Lady Veteran 40	U/A Sheffield, South Yorkshire	1:09:02.4	1:09:02.4
275.	1291	Jill Ford	f	Lady Veteran 50	Crook & District AC	1:09:02.6	1:09:02.6
276.	1232	Marie Fallon	f	Lady Veteran 50	Jog on the Tyne	1:09:08.7	1:09:08.7
277.	1380	Elizabeth Midgley	f	Lady Veteran 40	U/A Skipton, North Yorkshire	1:09:10.6	1:09:10.6
278.	1577	hannah brookfield	m		U/A southport ,	1:09:20.1	1:09:20.1
279.	1263	karen hooper	f	Lady Veteran 40	Elvet Striders	1:09:24.5	1:09:24.5
280.	1159	Cath Malone	f		U/A Cockermouth , Cumbria	1:09:26.5	1:09:26.5
281.	1367	Jenny Mabbutt	f		U/A Accrington , Lancashire	1:09:32.8	1:09:32.8
282.	1190	Anne Caspi	f	Lady Veteran 50	U/A London,	1:09:33.3	1:09:33.3
283.	1242	Vivienne Watson	f	Lady Veteran 40	U/A Hexham, Northumberland	1:09:33.8	1:09:33.8
284.	698	Anne Caspi	f	Lady Veteran 50	Mornington Chasers	1:09:34.0	1:09:34.0
285.	1234	Linda Clark	f	Lady Veteran 60	Jog on the Tyne	1:09:42.8	1:09:42.8
286.	1594	Daniel Woodcock	m		U/A Wigan, Lancashire	1:09:48.4	1:09:48.4
287.	1188	Theresa Murray	f	Lady Veteran 50	U/A Troutbeck Bridge, Cumbria	1:10:15.4	1:10:15.4
288.	1207	Alison Spiby	f	Lady Veteran 40	U/A Windermere, Cumbria	1:10:16.1	1:10:16.1
289.	1506	Mahfuzul Islam	m	Veteran 40	U/A Sabden,	1:10:16.9	1:10:16.9
290.	1586	Eleanor Barr	f		U/A Dumfries,	1:10:20.7	1:10:20.7
291.	1585	Lizzie Edwards	f		U/A Dumfries ,	1:10:20.8	1:10:20.8
292.	1289	Karen Chalmers	f	Lady Veteran 40	U/A Ware, Hers	1:10:24.7	1:10:24.7
293.	1590	Marc Carruthers	m		U/A Stonehaven,	1:10:26.6	1:10:26.6
294.	1403	Carmen Norman	f	Lady Veteran 40	U/A Bassenthwaite, Cumbria	1:10:26.8	1:10:26.8
295.	1330	Janine Jordan	f		U/A Oldham,	1:10:35.8	1:10:35.8
296.	1153	sam perkins	f	Lady Veteran 40	U/A ingleton, n. yorkshire	1:10:38.5	1:10:38.5
297.	1377	Kate Edwards	f		U/A Shirley, Solihull	1:10:38.6	1:10:38.6
298.	1507	Elizabeth Islam	f		U/A Sabden,	1:10:49.1	1:10:49.1
299.	1373	Deborah Thorneycroft	f	Lady Veteran 50	U/A Stoke on Trent, Staffs	1:11:05.8	1:11:05.8
300.	1229	Emily Alston	f	Lady Veteran 40	Edinburgh Running Network	1:11:08.7	1:11:08.7
301.	1629	Chris Price	m	Veteran 50	York Acorns	1:11:10.4	1:11:10.4
302.	1388	Sarah Oxley	f	Lady Veteran 40	Prestwich AC	1:11:10.6	1:11:10.6
303.	1486	Michelle Donnelly	f	Lady Veteran 40	Unattached	1:11:11.7	1:11:11.7
304.	1487	Alison Wingate	f	Lady Veteran 40	U/A Liverpool, Merseyside	1:11:25.5	1:11:25.5
305.	1272	James Shaw	m	Veteran 60	U/A Gateshead,	1:11:30.5	1:11:30.5
306.	1192	Laura Clements	f	Lady Veteran 50	U/A Penrith, Cumbria	1:11:35.8	1:11:35.8
307.	1220	Jane Dowson	f	Lady Veteran 40	U/A Tadcaster, North Yorkshire	1:11:46.9	1:11:46.9
308.	1102	Paul Coldham	m	Veteran 50	U/A Keswick, Cumbria	1:11:50.3	1:11:50.3
309.	1495	DAVID LASH	m	Veteran 60	U/A SEAHAM, CO. DURHAM	1:12:05.8	1:12:05.8
310.	1434	Ashley Powell	f		U/A Durham,	1:12:08.7	1:12:08.7
311.	1133	Anna Walton	f	Lady Veteran 40	None	1:12:09.2	1:12:09.2
312.	1576	Phil Blakeley	m		U/A southport, lancs	1:12:11.7	1:12:11.7
313.	1513	Stefanie Jansohn	f		U/A Workington, Cumbria	1:12:19.8	1:12:19.8
314.	1514	elaine carruthers	f	Lady Veteran 40	U/A Carlisle, cumbria	1:12:20.0	1:12:20.0
315.	1515	wayne carruthers	m	Veteran 50	U/A Carlisle, cumbria	1:12:20.5	1:12:20.5
316.	1274	Jonathan Andrews	m	Veteran 50	U/A Sheffield, South Yorkshire	1:12:22.5	1:12:22.5
317.	1275	Deborah Andrews	f	Lady Veteran 50	U/A Sheffield, South Yorkshire	1:12:22.6	1:12:22.6
318.	1406	Carol Stafford	f	Lady Veteran 50	U/A Lutterworth, Leicestershire	1:12:25.9	1:12:25.9
319.	1407	Jessica Stafford	f		U/A Lutterworth, Leicestershire	1:12:26.1	1:12:26.1
320.	1382	Nicolaa Ashton	f	Lady Veteran 40	U/A Harrogate,	1:12:42.6	1:12:42.6
321.	1381	Simon Edens	m	Veteran 40	U/A Harrogate,	1:12:42.7	1:12:42.7
322.	1148	Thomas Jackson	m		U/A Tunstall, East yorkshire	1:12:43.3	1:12:43.3
323.	1541	jayne land	f	Lady Veteran 40	U/A liverpool , MERSEYSIDE	1:12:43.6	1:12:43.6
324.	1592	Kirsty Carruthers	f		U/A Morpeth, Northumberland	1:12:53.4	1:12:53.4
325.	1372	Helen Borking	f	Lady Veteran 50	Women on the Run	1:12:58.2	1:12:58.2
326.	1233	Catherine Almond	f	Lady Veteran 60	Jog on The Tyne	1:13:20.8	1:13:20.8
327.	1511	Bev Mason	f	Lady Veteran 50	Thornton Cleveleys Running Club	1:13:42.2	1:13:42.2
328.	1203	Jan Molyneux	f	Lady Veteran 50	U/A Manchester,	1:13:54.6	1:13:54.6
329.	1180	Rachel Archer	f	Lady Veteran 40	Swinton Running Club	1:13:54.8	1:13:54.8
330.	1149	Elizabeth Jackson	f	Lady Veteran 40	U/A Tunstall, East Riding of Yorkshire	1:14:02.3	1:14:02.3
331.	1551	Rachel Capstick	f	Lady Veteran 40	U/A Skipton, North Yorkshire	1:14:17.1	1:14:17.1
332.	1284	Roisin Black	f		U/A Skipton, North Yorkshire	1:14:33.1	1:14:33.1
333.	1285	Maria Varlas	f		Giggleswick Gazelles	1:14:33.4	1:14:33.4
334.	1146	Rachel Brownsmith	f		U/A Lancaster,	1:14:34.2	1:14:34.2
335.	1287	Clair Bonner	f	Lady Veteran 40	U/A Keighley, West Yorkshire	1:14:35.9	1:14:35.9

# Lakeland Trails in Helvellyn

## Helvellyn Trail Run10km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
336.	1288	Liane Thompson	f	Lady Veteran 50	U/A Barrow-in-Furness, Cumbria	1:14:35.9	1:14:35.9
337.	1334	Lucie Gage	f	Lady Veteran 50	Elswick	1:14:44.6	1:14:44.6
338.	1224	Helen Crimlisk	f	Lady Veteran 50	Simley Paces	1:14:58.5	1:14:58.5
339.	1549	Ruth Merry	f		Smiley Paces	1:15:00.1	1:15:00.1
340.	1395	Ann Matrie Swart	f	Lady Veteran 50	U/A Clare, Suffolk	1:15:05.2	1:15:05.2
341.	1484	Stuart Waring	m	Veteran 40	U/A Blackburn, Lancashire	1:15:06.7	1:15:06.7
342.	1483	Lorelei Waring	f	Lady Veteran 40	U/A Blackburn, Lancashire	1:15:06.7	1:15:06.7
343.	1464	nicola parker	f	Lady Veteran 40	U/A carnforth,	1:15:20.9	1:15:20.9
344.	1402	Gemma Swart	f	Lady Veteran 40	U/A Cartmel, Cumbria	1:15:34.1	1:15:34.1
345.	1276	Bronwyn Wilkinson	f		U/A Neath,	1:15:36.3	1:15:36.3
346.	1214	Susan Dunne	f		U/A King's Lynn, Norfolk	1:15:40.6	1:15:40.6
347.	1312	Bridget Peacock	f	Lady Veteran 40	U/A London,	1:15:40.6	1:15:40.6
348.	1335	Ann Myatt	f	Lady Veteran 50	Cheadle	1:15:51.7	1:15:51.7
349.	1326	Alan Stephenson	m	Veteran 50	U/A North Shields, Tyne & Wear	1:15:52.0	1:15:52.0
350.	1489	Lisa Paxton	f		Women on the run	1:16:01.1	1:16:01.1
351.	1295	kath baxter	f	Lady Veteran 50	U/A filey, north yorks	1:16:02.2	1:16:02.2
352.	1539	Lisa Charlesworth	f	Lady Veteran 40	U/A Wollaton, Nottinghamshire	1:16:48.1	1:16:48.1
353.	1385	Wendy Sanders	f	Lady Veteran 50	U/A Glossop, Derbyshire	1:16:48.6	1:16:48.6
354.	1130	David Watson	m	Veteran 40	Red rose road runners	1:16:50.7	1:16:50.7
355.	1490	Julie Grime	f	Lady Veteran 40	Women on the Run	1:16:51.1	1:16:51.1
356.	1277	Hayley Hawthorne	f		Ackworth road runners	1:17:15.2	1:17:15.2
357.	1450	Kathryn Atkins	f	Lady Veteran 60	U/A Leeds, West Yorkshire	1:17:20.8	1:17:20.8
358.	1517	Christine Burgess	f	Lady Veteran 50	thornton cleveleys running club	1:17:36.3	1:17:36.3
359.	1301	Abbi French	f		U/A York, North yorkshire	1:18:28.5	1:18:28.5
360.	1498	Karen Livesey	f	Lady Veteran 50	Thornton Cleveleys Running Club	1:19:00.1	1:19:00.1
361.	1213	Jack Waite	m	Veteran 50	U/A Milnthorpe, Cumbria	1:19:02.8	1:19:02.8
362.	1121	Niki Stockton	f	Lady Veteran 40	Swinton Running Club	1:19:36.9	1:19:36.9
363.	1533	Colette Kon	f	Lady Veteran 50	U/A Harrogate,	1:19:42.1	1:19:42.1
364.	1454	Angela Wood	f	Lady Veteran 50	U/A Great Ayton, North Yorkshire	1:20:11.6	1:20:11.6
365.	1259	Briony Fane	f	Lady Veteran 50	U/A London, London	1:20:19.5	1:20:19.5
366.	1526	Leigh Tomlinson	f	Lady Veteran 40	U/A Slyne with hest, Lancashire	1:20:24.4	1:20:24.4
367.	1137	Julie Loftus	f	Lady Veteran 50	U/A Bolton, Lancashire	1:20:28.9	1:20:28.9
368.	1323	fiona reid	f	Lady Veteran 40	U/A manchster, Greater Manchester	1:20:45.1	1:20:45.1
369.	1324	susan cunningham	f	Lady Veteran 50	U/A manchster, Greater Manchester	1:20:45.1	1:20:45.1
370.	1630	Nicki Roberts	m		ASICS	1:20:50.0	1:20:50.0
371.	1278	Lynn Smith	f	Lady Veteran 50	Horwich RMI Harriers	1:20:56.0	1:20:56.0
372.	1279	Lesley Davidson	f	Lady Veteran 60	Horwich RMI Harriers	1:20:56.2	1:20:56.2
373.	1423	Meghann Hillier-Broadley	f		U/A Newport Pagnell, Bucks	1:21:17.4	1:21:17.4
374.	1631	Vicky Moss	f			1:21:18.7	1:21:18.7
375.	1570	alexandra modder	f	Lady Veteran 50	U/A liverpool, merseyside	1:21:37.6	1:21:37.6
376.	1569	Mandy Schofield	f	Lady Veteran 50	U/A Liverpool,	1:21:38.2	1:21:38.2
377.	1583	MICHELLE MACKAY	f	Lady Veteran 40	DH RUNNERS	1:22:07.6	1:22:07.6
378.	1582	FRANCES BRAITHWAITE	f		DH Runners	1:22:08.1	1:22:08.1
379.	1606	Adrienne Harris	f	Lady Veteran 50	DH Runners	1:22:08.6	1:22:08.6
380.	1297	Viki Wilkinson	f	Lady Veteran 40	Welsh Athletics	1:22:09.0	1:22:09.0
381.	1366	Karen Routledge	f	Lady Veteran 50	Elswick Harriers	1:22:10.2	1:22:10.2
382.	1344	Jo Holmes	f	Lady Veteran 40	Elswick Harriers	1:22:10.2	1:22:10.2
383.	1369	Gillian O'boyle	f	Lady Veteran 40	U/A warrington, Cheshire	1:22:39.5	1:22:39.5
384.	1144	Clare Proctor	f		U/A Manchester,	1:22:48.4	1:22:48.4
385.	1114	Kate Jones	f	Lady Veteran 50	U/A Eccles,	1:22:50.2	1:22:50.2
386.	1120	Lisa Whitehead	f	Lady Veteran 50	Swinton	1:22:50.4	1:22:50.4
387.	1392	Amanda Brooks	f	Lady Veteran 40	U/A Preston, Lancs	1:22:57.9	1:22:57.9
388.	1597	melanie heppell	f	Lady Veteran 40	U/A haltwhistle,	1:23:13.3	1:23:13.3
389.	1598	Lorna Hook	f	Lady Veteran 40	U/A Gilsland, Cumbria	1:23:13.7	1:23:13.7
390.	1446	Sue Smith	f	Lady Veteran 50	U/A Morecambe, Lancs	1:23:27.9	1:23:27.9
391.	1230	Sean Smith	m	Veteran 40	None	1:23:31.9	1:23:31.9
392.	1544	Julie Tyrer	f	Lady Veteran 40	U/A Preston,	1:23:57.6	1:23:57.6
393.	1420	Alan Townsend	m	Veteran 60	U/A Radstock,	1:24:06.9	1:24:06.9
394.	1225	Sheila Fitzgerald	f	Lady Veteran 50	Hampstead Heath parkrun	1:24:36.6	1:24:36.6
395.	1261	Eliza Kaczynska-Nay	f	Lady Veteran 50	U/A London,	1:24:39.2	1:24:39.2
396.	1504	Christopher Atherton	m		U/A Salford, Greater Manchester	1:25:03.2	1:25:03.2
397.	1294	Clare Houlihan	f	Lady Veteran 50	Nic's Nordic Walkers	1:25:07.0	1:25:07.0
398.	1150	Karen Braddon	f	Lady Veteran 60	Crocwalkers	1:25:28.6	1:25:28.6
399.	1580	Luke Brookfield	m		U/A Ormskirk , Lancashire	1:25:40.9	1:25:40.9
400.	1581	Jordan Holden	f		U/A Crosby, Sefton	1:25:41.0	1:25:41.0
401.	1460	JOANNE FENNA	f	Lady Veteran 40	U/A ORMSKIRK, LANCASHIRE	1:25:58.1	1:25:58.1
402.	1345	Rich Walker	m			1:26:41.4	1:26:41.4

## Lakeland Trails in Helvellyn

### Helvellyn Trail Run10km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
403.	1488	Christine Fildes	f	Lady Veteran 50	Nics Nordic Walks	1:26:41.7	1:26:41.7
404.	1375	Chris Robson	m	Veteran 70	U/A St Bees, Cumbria	1:28:35.8	1:28:35.8
405.	1571	Mike Parker	m	Veteran 40	Elvet Striders	1:32:09.2	1:32:09.2
406.	1293	Neil Jennings	m	Veteran 50	Elvet Striders	1:32:09.7	1:32:09.7
407.	1156	Fiona Anderson	f		Leverets	1:32:26.7	1:32:26.7
408.	1374	J Howard	m	Veteran 60	U/A Ashton under Lyne, Lancs	1:33:16.4	1:33:16.4
409.	1461	Sian Williams	f		U/A Darlington,	1:33:25.5	1:33:25.5
410.	1438	Angela Bates	f	Lady Veteran 50	Kirkby Milers	1:36:59.7	1:36:59.7
411.	1437	Karen Sullivan	f	Lady Veteran 50	Formby Stormers	1:37:00.9	1:37:00.9

Number of records: 411