

Lakeland Trails in Helvellyn

Helvellyn Trail Challenge 15km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
1.	797	Gope Walker	m	Veteran 40	Berkshire Tri Squad	1:06:31.6	1:06:31.1
2.	1020	denis cleary	m	Veteran 40	none	1:07:09.2	1:07:06.4
3.	537	Darren Townend	m	Veteran 40	U/A Harrogate, North Yorkshire	1:08:32.6	1:08:19.4
4.	990	Matt Barton	m		U/A Dalton in furness, Cumbria	1:09:17.4	1:09:16.4
5.	612	Mark Saunders	m	Veteran 40	U/A Wymondham, Norfolk	1:10:02.4	1:09:33.6
6.	883	Steven Gore	m		Wesham Road Runners	1:10:02.9	1:09:59.4
7.	703	Helen Smith	f		U/A Market Rasen, Lincolnshire	1:11:33.9	1:11:25.4
8.	493	Paul Lindley	m		U/A Liverpool, Merseyside	1:11:37.6	1:11:31.7
9.	945	Cadeyrn Thomas	m		U/A Bury, Lancashire	1:11:50.8	1:11:50.0
10.	512	William McAllister	m		Parkside Panthers	1:11:56.1	1:11:18.3
11.	1048	Martin Middlemiss	m	Veteran 40		1:12:10.4	1:12:10.0
12.	875	darren young	m	Veteran 40	U/A heckmondwike, west yorkshire	1:12:13.4	1:11:21.8
13.	1034	Mark Aldred	m		U/A Durham,	1:13:12.4	1:13:11.1
14.	1076	Sam Barton	m		U/A Bowness, Cumbria	1:13:20.7	1:13:12.9
15.	621	William Powis	m		North Shields Polytechnic Club	1:13:33.6	1:13:31.2
16.	778	Barry Green	m	Veteran 40	U/A Cookham, Berkshire	1:13:41.3	1:13:31.3
17.	985	Simon Parker	m	Veteran 50	Cheshire Hash House Harriers	1:13:42.2	1:13:00.0
18.	496	jonathan broome	m	Veteran 50	achille Ratti	1:13:47.3	1:13:35.5
19.	526	Jonathan Fletcher	m	Veteran 50	Bedale and Aiskew	1:13:50.4	1:13:44.6
20.	688	Edward Lloyd	m		U/A sheffield, s. yorks	1:13:57.9	1:13:51.4
21.	913	James Barry	m		U/A High Wycombe, Buckinghamshire	1:14:04.8	1:14:03.9
22.	1018	Andy Martin	m		Red Rose Road Runners	1:14:25.2	1:13:48.0
23.	702	John Field	m		U/A Skipton, North Yorkshire	1:15:30.9	1:15:23.8
24.	907	stephen harthan	m	Veteran 40	mossley hill A/C	1:15:49.6	1:15:06.3
25.	829	Mark Jones	m	Veteran 40	U/A Cookham, Berkshire	1:16:14.0	1:16:11.1
26.	503	Scott Logie	m	Veteran 40	U/A Nantwich, Cheshire	1:16:20.3	1:16:05.3
27.	1087	Andrew Sale	m	Veteran 40	Mersey Tri	1:16:25.7	1:15:50.3
28.	459	terry moss	m	Veteran 40	U/A preston, Lancashire	1:16:31.0	1:15:50.9
29.	514	Clare Smith	f	Lady Veteran 40	U/A Bolton,	1:16:31.3	1:15:51.2
30.	557	Melanie Koth	f	Lady Veteran 40	Lytham St Anne's Roadrunners	1:16:38.3	1:16:07.3
31.	453	Craig Newsham	m		U/A Preston,	1:16:49.5	1:16:23.7
32.	745	Steve Cullen	m	Veteran 50	U/A Ellesmere Port,	1:17:04.0	1:17:01.0
33.	942	Steve Livesey	m	Veteran 50	Thornton Cleveleys Running club	1:17:05.6	1:16:57.2
34.	701	Russell Willett	m		Intense	1:17:16.6	1:17:04.0
35.	877	Courtney Connor	f		Allithwaite	1:17:18.2	1:16:42.8
36.	643	Rob Humphries	m		U/A Bristol, Avon	1:17:20.5	1:16:37.0
37.	501	alan parker	m	Veteran 50	U/A stoke on trent,	1:17:21.8	1:16:47.4
38.	1067	Phil Montgomery	m		Kendal AC	1:17:33.8	1:17:27.3
39.	569	Nick Howe	m		U/A Liverpool,	1:17:35.8	1:16:54.5
40.	563	Jeremy Loughran	m	Veteran 50	U/A Stoke on Trent, Staffordshire	1:17:39.8	1:17:26.6
41.	428	Richard Gordon	m	Veteran 40	U/A Penrith, Cumbria	1:18:12.6	1:18:10.5
42.	1035	Peter Jobes	m		U/A Gateshead,	1:18:55.0	1:18:45.4
43.	896	duncan scott	m	Veteran 50	U/A ulverston, cumbria	1:18:55.1	1:18:49.7
44.	1009	steven beahan	m	Veteran 40	U/A sheffield, south yorkshire	1:19:04.6	1:18:53.9
45.	1085	William Roberts	m		ASICS	1:19:08.4	1:18:16.1
46.	590	Paul Dunne	m		U/A Kings's Lynn, Norfolk	1:19:11.9	1:18:13.8
47.	414	Peter Little	m	Veteran 40	U/A High Harrington, Cumbria	1:19:26.1	1:18:57.2
48.	1078	Vanessa Strickland	f	Lady Veteran 40	Runmum	1:19:41.6	1:19:38.8
49.	1019	Andrew O'Neil	m		U/A Preston, Lancashire	1:19:52.1	1:18:57.1
50.	827	Andrew Fleming	m		U/A Nottingham,	1:19:55.2	1:19:24.8
51.	770	Wayne Rebanks	m	Veteran 40	U/A Penrith, Cumbria	1:19:57.6	1:19:34.5
52.	489	Craig Hetherington	m		Stirling Tri Club	1:20:13.5	1:19:25.9
53.	708	Alex Bennett	m		U/A Irlam, Lancs	1:20:17.2	1:20:16.2
54.	806	Rachel Hollins	f		Biddulph Running Club	1:20:27.3	1:19:49.5
55.	807	Robert Minton	m		Biddulph running club	1:20:27.7	1:19:49.7
56.	927	Liam Crossley	m		Grasmere Muscle Team	1:20:32.4	1:20:17.4
57.	788	James Cull	m		U/A Wallasey	1:20:43.6	1:19:57.7
58.	853	Geoffrey Carter	m	Veteran 40	U/A Cockermonth,	1:20:49.4	1:20:45.4
59.	502	Charlotte Logie	f		South Cheshire Harriers	1:20:52.9	1:20:38.8
60.	594	Phill James	m	Veteran 40	U/A Preston, Lancashire	1:20:54.3	1:20:46.3
61.	648	Jenny Simpson	f		North Shields Poly	1:21:09.9	1:21:07.1
62.	600	Si Greenwood	m	Veteran 50	U/A Chester, Cheshire	1:21:17.2	1:20:34.9
63.	866	Chris Taylor	m	Veteran 40	U/A Bolton, Lancs	1:21:30.5	1:20:52.7
64.	738	Dylan Lawton	m		N/A	1:21:35.7	1:21:08.1
65.	983	helen barton	f	Lady Veteran 40	Windermere	1:21:39.5	1:21:32.2
66.	578	RICHARD HALLY	m	Veteran 40	U/A PRESTON, LANCASHIRE	1:21:44.0	1:21:09.0
67.	460	Steven Averill	m	Veteran 50	U/A Nottingham ,	1:21:45.8	1:21:15.8

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
68.	1007	Phil Elstob	m	Veteran 40	U/A Hexham,	1:21:52.3	1:21:11.2
69.	539	Dean Lindsey	m	Veteran 50	U/A Clitheroe, Lancashire	1:21:55.8	1:21:28.7
70.	792	Paul Johnson	m	Veteran 40	U/A MORECAMBE, Lancashire	1:21:58.7	1:21:34.8
71.	499	Neil Pomfret	m	Veteran 40	Ilkley Harriers	1:22:02.7	1:22:00.8
72.	1055	James Shirley	m		U/A Liverpool,	1:22:05.9	1:21:20.1
73.	650	Stuart Haigh	m		U/A Newcastle upon Tyne, Tyne & Wear	1:22:16.3	1:21:14.5
74.	992	Nigel Ezard	m	Veteran 40	U/A Ilkley,	1:22:19.7	1:22:17.9
75.	955	Simon Thorn	m		U/A Wigan,	1:22:26.6	1:21:52.3
76.	403	Frank Tippin	m	Veteran 50	U/A Southport,	1:22:27.7	1:22:17.8
77.	982	Samuel Neill	m		U/A Gateshead, Tyne and Wear	1:22:33.6	1:21:54.5
78.	830	Katie Rogers	f		U/A Harrogate, North Yorkshire	1:22:42.4	1:22:35.0
79.	1033	Terry Wilkinson	m	Veteran 40	U/A Durham,	1:22:42.8	1:22:40.0
80.	937	Emma Winter	f		U/A Calthwaite, Cumbria	1:22:54.3	1:22:22.5
81.	654	Craig Rimmer	m		U/A Warrington,	1:22:57.0	1:22:32.6
82.	628	John Rudd	m	Veteran 50	Perth Road Runners	1:23:06.4	1:22:31.4
83.	949	Glen Carden	m	Veteran 40	U/A Liverpool,	1:23:21.0	1:23:03.0
84.	837	Helen Lawrenson	f	Lady Veteran 40	Wesham Road Runners	1:23:28.1	1:22:50.5
85.	669	nichola swinbourne	f		Hartlepool burn road harriers	1:23:34.8	1:23:30.8
86.	799	Helen Garth	f	Lady Veteran 40	U/A Preston, Lancashire	1:23:41.6	1:23:39.8
87.	685	Anna Anderson	f		U/A Edinburgh,	1:23:47.9	1:23:38.9
88.	601	Craig Brett	m	Veteran 40	Slinn Allstars	1:23:54.0	1:23:50.8
89.	631	Trudy COYLE	f	Lady Veteran 40	U/A Largs,	1:24:00.0	1:23:37.5
90.	659	Darren Entwistle	m	Veteran 40	Fylde Coast Runners	1:24:02.1	1:23:59.3
91.	668	greg swinbourne	m	Veteran 40	Hartlepool burn road harriers	1:24:03.8	1:23:33.2
92.	873	John Waring	m		U/A Warrington,	1:24:08.0	1:23:31.4
93.	831	Angela Grace	f	Lady Veteran 40	U/A Cranage, Cheshire	1:24:36.5	1:23:54.5
94.	407	Mark Jesson	m	Veteran 50	Pendle Forest Orienteers	1:24:39.5	1:24:16.4
95.	962	simon froggatt	m	Veteran 40	U/A woburn sands, buckinghamshire	1:24:48.4	1:24:27.6
96.	1066	Pete Lashley	m	Veteran 40	U/A	1:24:49.2	1:24:23.7
97.	906	Mike Graham	m		U/A Upton, Wirral	1:25:03.6	1:24:55.3
98.	602	Adam Barker	m	Veteran 40	U/A Altrincham, Cheshire	1:25:06.6	1:24:25.6
99.	1023	Peter Cox	m	Veteran 40	U/A Tonbridge, Kent	1:25:15.7	1:24:41.8
100.	450	Igal Nagar	m	Veteran 50	U/A Sutton Coldfield, West Midlands	1:25:24.4	1:24:47.6
101.	762	Jason Blagden	m	Veteran 40	Wesham Road Runners	1:25:29.3	1:25:13.7
102.	452	michael pickard	m	Veteran 50	U/A leeds,	1:25:30.7	1:25:18.3
103.	922	James Buckell	m	Veteran 40	U/A Woburn Sands, Bedfordshire	1:25:33.5	1:25:13.1
104.	968	Tim Apps	m		U/A Milton Keynes, Buckinghamshire	1:25:38.6	1:25:19.4
105.	1084	Adrian Cross	m	Veteran 40	U/A Arnside, Cumbria	1:25:40.4	1:25:04.1
106.	482	roger harrison	m	Veteran 60	cheshire hash house harriers	1:25:42.0	1:25:01.9
107.	498	Damian Cowell	m	Veteran 40	Warrington Running Club	1:25:50.0	1:25:17.9
108.	658	Andrew Stannard	m		U/A Preston, Lancashire	1:25:56.2	1:25:23.9
109.	821	Tim Selves	m	Veteran 40	U/A York, North Yorkshire	1:25:56.7	1:25:30.5
110.	712	simon wright	m	Veteran 50	U/A lytham st. annes, lancashire	1:26:01.5	1:25:41.9
111.	415	Robert Fry	m	Veteran 60	U/A Wigan,	1:26:10.1	1:25:52.4
112.	963	Dominic Pope	m	Veteran 40	U/A Ulverston, Cumbria	1:26:26.4	1:26:17.3
113.	964	John Wilcock	m	Veteran 40	n/a	1:26:26.4	1:26:16.5
114.	642	Katie O'Sullivan	f		BMF	1:26:31.6	1:25:48.3
115.	732	Gareth Evans	m	Veteran 50	U/A Skipton, north Yorkshire	1:26:34.3	1:26:09.5
116.	561	Alastair McIntosh	m		U/A Warrington, Cheshire	1:26:45.0	1:25:40.7
117.	855	Jane Disley	f	Lady Veteran 40	Black Combe Runners	1:26:47.0	1:26:11.9
118.	852	lisa hunsley	f	Lady Veteran 40	U/A crewe, cheshire	1:26:47.0	1:26:05.0
119.	469	Stuart Bell	m	Veteran 50	Kendal AC	1:26:48.3	1:26:16.0
120.	972	James Hollender	m		U/A Newcastle upon Tyne,	1:27:10.6	1:26:31.3
121.	632	Edward Hill	m	Veteran 40	U/A Huddersfield ,	1:27:13.0	1:27:07.2
122.	948	Adam Ferguson	m		U/A salford, manchester	1:27:18.1	1:27:02.4
123.	724	Kit Erlebach	m	Veteran 40	Durham city Harriers	1:27:37.6	1:26:54.6
124.	933	Mairead Hughes	f		U/A Manchester , Greater Manchester	1:27:40.3	1:27:25.9
125.	787	Rachel Tilburn	f		U/A Ingleton,	1:27:52.1	1:27:31.4
126.	775	Ellie West	f		U/A Ingleton,	1:27:52.2	1:27:31.3
127.	419	Darren Gillman	m	Veteran 40	Cambridge & Coleridge AC	1:28:02.0	1:27:05.3
128.	709	Rosie Kenyon	f		U/A Liverpool, Merseyside	1:28:07.4	1:27:20.2
129.	1043	Philip Weary	m	Veteran 50	Southville RC	1:28:25.5	1:28:23.8
130.	410	Chris Westwood	m	Veteran 40	Telford Harriers	1:28:28.0	1:27:59.6
131.	1008	joanne beahan	f	Lady Veteran 40	U/A sheffield, south yorkshire	1:28:30.6	1:28:19.2
132.	947	Kayleigh Lord	f		U/A Salford, Manchester	1:28:34.7	1:28:20.2
133.	477	David Bayliss	m		Red Rose Road Runners	1:28:57.7	1:28:21.7
134.	653	Chris Aulton	m	Veteran 50	Balanced Performance	1:29:03.0	1:28:38.7

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
135.	914	Jon Horne	m	Veteran 50	Biddulph Running Club	1:29:06.1	1:28:05.7
136.	695	Alice Paterson	f		Hunters Bog Trotters	1:29:19.9	1:29:11.5
137.	670	Stuart Whittaker	m	Veteran 50	Hartlepool burn road harriers	1:29:28.5	1:29:24.1
138.	440	Daniel Weston	m		U/A Manchester,	1:29:31.2	1:28:16.8
139.	768	Les Male	m	Veteran 40	U/A Cambridge, Cambs	1:29:33.0	1:29:00.2
140.	723	GARETH TOSH	m	Veteran 50	U/A Halifax,	1:29:34.9	1:28:22.0
141.	434	Sinead Hayes	f		Radcliffe AC	1:29:40.5	1:29:22.3
142.	342	Peter Leach	m		Lymm Runners	1:29:41.6	1:28:46.9
143.	772	Michelle Evers	f		U/A Liversedge, West Yorkshire	1:29:42.7	1:29:21.1
144.	1001	Andy Buckroyd	m	Veteran 50	U/A Bollington, Cheshire	1:29:44.0	1:29:12.1
145.	967	Richard Brown	m		Belper Ten Twenty	1:29:46.0	1:28:51.9
146.	981	Andrew Halcro-Johnston	m		U/A York,	1:29:48.6	1:29:39.0
147.	847	David Elsworthy	m	Veteran 40	U/A Elloughton, East Yorkshire	1:29:49.1	1:29:42.3
148.	886	Russell Blythe	m	Veteran 40	U/A York, North yorkshire	1:29:50.5	1:29:29.3
149.	887	hannah grice	f		U/A York,	1:29:50.7	1:29:29.5
150.	479	Jonathan Watt	m	Veteran 50	U/A Altrincham, Cheshire	1:29:52.2	1:29:00.2
151.	409	Vic Knott	f	Lady Veteran 40	U/A Manchester ,	1:29:54.7	1:28:40.3
152.	771	rachel evers	f		U/A Ingleton,	1:30:01.7	1:29:39.4
153.	1061	Find Jorgensen	m	Veteran 50	U/A	1:30:05.8	1:29:45.8
154.	467	Stephen Clements	m	Veteran 50	U/A Penrith, Cumbria	1:30:13.6	1:29:46.5
155.	879	Keith Wise	m	Veteran 60	U/A Dalry, North ayrshire	1:30:17.5	1:29:26.3
156.	505	Neil MacNeill	m	Veteran 40	U/A Edinburgh, Midlothian	1:30:19.9	1:30:04.0
157.	542	Sebastian Cloherty	m		U/A Liverpool,	1:30:21.8	1:29:37.4
158.	991	Lorna Harper	f		Merseytri	1:30:21.9	1:29:34.8
159.	484	Ginny Newman	f	Lady Veteran 50	U/A Manchester,	1:30:22.4	1:29:58.0
160.	417	Helen Halsall	f	Lady Veteran 50	U/A Altrincham, Cheshire	1:30:25.1	1:30:00.2
161.	750	John Culpin	m	Veteran 40	U/A Morpeth, Northumberland	1:30:30.0	1:29:18.4
162.	845	Alan Davidson	m	Veteran 60	U/A Witney,	1:30:35.5	1:30:22.4
163.	892	Chris Davies	m		U/A Witton le wrar, Durham	1:30:36.2	1:29:53.7
164.	343	Richard Wall-Morris	m		U/A Lymm, Cheshire	1:30:37.2	1:29:42.5
165.	861	Ric Jaques	m	Veteran 40	U/A Brampton,	1:30:51.3	1:30:21.2
166.	869	Shawn Gibson	m		U/A Kendal,	1:30:56.4	1:30:39.8
167.	713	Matthew Derrick	m		U/A Cottingham,	1:31:01.8	1:30:38.2
168.	418	Katie Samuelson	f		Cambridge & Coleridge AC	1:31:22.0	1:30:25.7
169.	689	Ruth Smith	f		Little Baddow Ridge Runners	1:31:26.8	1:30:21.4
170.	885	Helen Thomsit	f		Little Baddow Ridge Runners	1:31:26.9	1:30:21.6
171.	588	Camilla James	f		Little Baddow Ridge Runners	1:31:26.9	1:30:21.1
172.	671	Brian Ford	m	Veteran 40	Elvet Striders	1:31:27.9	1:31:12.0
173.	1090	Chris Edwards	m		u/a	1:31:28.8	1:30:16.8
174.	910	Laura Giles	f		U/A Kendal, Cumbria	1:31:30.6	1:30:46.3
175.	547	Christian Oxley	m	Veteran 40	Superfan	1:31:32.5	1:30:44.7
176.	824	Mike Potts	m	Veteran 40	U/A Stockport, Cheshire	1:31:35.2	1:31:22.0
177.	998	Michael Doherty	m		U/A London,	1:31:35.9	1:30:41.6
178.	589	Matthew James	m		U/A Annan, Dumfriesshire	1:31:37.8	1:30:32.2
179.	472	Sabiene Ross	f	Lady Veteran 40	Northern Fells Running Club	1:31:39.4	1:30:55.5
180.	823	David Eatough	m	Veteran 40	U/A Stockport, Cheshire	1:31:40.5	1:31:28.3
181.	881	Darren Dunne	m	Veteran 40	U/A Chester-le-Street,, Durham	1:31:45.2	1:31:33.4
182.	696	Ruth Morgan	f		U/A Edinburgh,	1:31:48.0	1:31:40.7
183.	932	Charles Satterly	m	Veteran 40	Lancaster & Morecambe A/C	1:31:57.5	1:31:34.1
184.	895	Paul Haydon	m	Veteran 50	U/A Great Ayton, North Yorksire	1:32:01.2	1:31:47.7
185.	798	Dave Candlish	m	Veteran 40	Saltwell Harriers	1:32:16.4	1:31:34.6
186.	636	John Hunter	m	Veteran 40	U/A Leyland, Lancs	1:32:21.4	1:31:32.1
187.	844	Michael Lillie	m		U/A York,	1:32:24.8	1:31:31.1
188.	785	Ruud Palmer	m		Chorlton Runners	1:32:27.3	1:31:24.7
189.	786	Victoria Fergusson	f		Chorlton Runners	1:32:28.5	1:31:25.6
190.	639	Ric Turner	m	Veteran 40	U/A Leyland,	1:32:29.9	1:31:39.9
191.	971	Jules Pearson	f	Lady Veteran 40	Tynedale Harriers	1:32:53.6	1:32:44.6
192.	1017	steven gannon	m	Veteran 50	U/A stockport , cheshire	1:32:57.5	1:32:45.5
193.	880	Robert Heminsley	m	Veteran 50	U/A Preston, lancs	1:33:04.0	1:32:43.9
194.	928	steve parkes	m	Veteran 50	U/A darlington, durham	1:33:04.4	1:32:35.1
195.	596	MARTIN Simpson	m		Red Rose Road Runners	1:33:08.3	1:32:18.6
196.	584	Sarah Grundy	f	Lady Veteran 40	U/A Wigton, Cumbria	1:33:10.3	1:32:50.3
197.	657	Rachel Aitken	f	Lady Veteran 40	U/A Crewe, Cheshire	1:33:26.4	1:33:18.6
198.	944	Amanda Hall	f		U/A North Shields, Tyne & Wear	1:33:31.7	1:33:30.1
199.	622	Sean Backhouse	m	Veteran 40	U/A Selby, North Yorkshire	1:33:33.2	1:33:26.0
200.	711	Dawn Winstanley	f	Lady Veteran 40	U/A Preston, Lancashire	1:33:35.2	1:32:36.6
201.	938	Wayne Nickson	m	Veteran 40	Warrington Running Club	1:33:37.7	1:33:06.2

Lakeland Trails in Helvellyn

Helvellyn Trail Challenge 15km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
202.	444	Steve Platten	m	Veteran 40	U/A Hull, East Yorkshire	1:33:39.8	1:33:23.8
203.	443	Shaneen Platten	f	Lady Veteran 40	U/A Hull, East Yorkshire	1:33:39.9	1:33:23.7
204.	802	Hilary Page	f	Lady Veteran 50	U/A Hebden Bridge, W. Yorkshire	1:33:41.7	1:33:18.9
205.	871	JOHN INGRAM	m	Veteran 60	U/A OLNEY, BUCKS	1:33:50.9	1:32:43.8
206.	1077	Karen McGahon	f	Lady Veteran 40	Runmum	1:34:05.6	1:34:01.4
207.	445	Julia Sayburn	f	Lady Veteran 50	U/A Grange over sands, Cumbria	1:34:06.2	1:33:07.6
208.	478	Liam Moden	m	Veteran 50	U/A Haslingden, Lancashire	1:34:08.9	1:33:10.5
209.	595	Robert Bentley	m		U/A Manchester,	1:34:20.0	1:33:29.9
210.	974	steven burgess	m	Veteran 50	thornton cleveleys running club	1:34:24.6	1:33:58.2
211.	714	Phil Hayes	m	Veteran 40		1:34:31.1	1:34:05.3
212.	608	jose bennett	f	Lady Veteran 50	jog on the tyne	1:34:32.1	1:34:06.7
213.	897	Gary Turner	m		Fylde Coast Running	1:34:58.6	1:34:22.1
214.	634	Carl Fisher	m		U/A Leyland, Lancashire	1:35:08.9	1:34:19.3
215.	916	Andrew Wilkinson	m	Veteran 40	U/A Leeds, West Yorkshire	1:35:11.7	1:34:59.0
216.	843	Richard Crossley	m	Veteran 40	U/A Stafford, Staffs	1:35:18.2	1:35:01.5
217.	742	John Millington	m	Veteran 40	Warrington Running Club	1:35:20.6	1:34:51.4
218.	565	jim little	m	Veteran 40	Warrington RC	1:35:30.1	1:35:00.3
219.	969	Helen Gomm	f	Lady Veteran 40	U/A London,	1:35:37.1	1:34:56.6
220.	749	Ross Crombie	m	Veteran 50	U/A West Bridgford,	1:35:39.8	1:35:18.5
221.	804	Frank Miller	m	Veteran 60	Garstang RC	1:35:58.5	1:35:19.9
222.	431	christopher hetherington	m	Veteran 40	sanddogs	1:36:13.2	1:36:01.4
223.	456	Lorraine Hetherington	f		sanddogs	1:36:21.9	1:36:10.3
224.	813	Joanne Day	f	Lady Veteran 40	Macclesfield Harriers	1:36:23.5	1:35:19.3
225.	814	Lawrence Day	m	Veteran 40	Macclesfield Harriers	1:36:23.8	1:35:20.4
226.	681	Nicky Jeffrey	f	Lady Veteran 50	Tynedale Harriers	1:36:56.4	1:36:38.2
227.	731	Angie Evans	f	Lady Veteran 50	U/A Skipton, north Yorkshire	1:37:03.4	1:36:39.1
228.	527	Amanda Anderson	f	Lady Veteran 40	U/A Brompton on Swale, North Yorkshire	1:37:11.4	1:37:02.1
229.	687	kim firstbrook	f	Lady Veteran 50	U/A hexham, northumberland	1:37:11.5	1:36:32.9
230.	564	Christine Loughran	f	Lady Veteran 50	U/A Stoke on Trent, Staffordshire	1:37:17.4	1:37:04.0
231.	935	Nigel Peters	m	Veteran 50	U/A Holmfirth, West Yorkshire	1:37:28.3	1:37:09.0
232.	921	Chris Haselden	m	Veteran 40	None	1:37:31.7	1:36:28.2
233.	1088	Graham Flynn	m	Veteran 40	Mersey Tri	1:37:47.8	1:37:09.4
234.	1089	Ian Graham	m	Veteran 50	Mersey Tri	1:37:48.1	1:37:08.6
235.	549	Laura Bujard	f		U/A Keswick,	1:37:51.7	1:37:50.7
236.	617	Jo Still	f	Lady Veteran 40	U/a Kendal	1:37:56.7	1:37:53.2
237.	839	Jamie Still	m		U/A Kendal,	1:37:59.1	1:37:55.5
238.	633	Martyn Fisher	m	Veteran 50	Almost Athletes	1:38:06.8	1:38:01.3
239.	1079	Richard Caver	m	Veteran 60	NFR	1:38:15.6	1:38:11.6
240.	940	Gayle Clarke	f		Telford Harriers	1:38:31.8	1:38:04.2
241.	411	Georgina Westwood	f	Lady Veteran 40	Telford Harriers	1:38:32.1	1:38:03.7
242.	486	Chris Furphy	m	Veteran 50	Stockton Striders	1:38:38.0	1:37:45.1
243.	485	Catherine Clennett	f	Lady Veteran 40	Stockton Striders	1:38:38.5	1:37:45.4
244.	893	Aimee Roblin	f		U/A Richmond, North Yorkshire	1:38:45.1	1:38:17.8
245.	902	Sarah Sandell	f		U/A Richmond, North Yorkshire	1:38:45.3	1:38:17.8
246.	1091	Louise Robbins	f	Lady Veteran 40	U/A Salford,	1:38:56.3	1:37:52.6
247.	1036	Paul Dewey	m	Veteran 50	U/A Altrincham,	1:39:01.4	1:38:05.6
248.	604	Ian Stephenson	m	Veteran 50	U/A Swarland, Northumberland	1:39:01.5	1:38:53.3
249.	587	Richard Pennock	m	Veteran 40	U/A Bridgend,	1:39:03.3	1:38:02.3
250.	776	Sally Hale	f		U/A Arnold, Nottingham	1:39:05.0	1:38:01.9
251.	640	Rob Whitham	m		U/A Leyland,	1:39:06.5	1:38:16.6
252.	649	Holly Blakemore	f		Warrington running club	1:39:16.8	1:38:45.5
253.	672	Alison Hanlon	f	Lady Veteran 40	U/A Edinburgh,	1:39:23.2	1:39:15.6
254.	800	Jamie Littlewood	m	Veteran 40	U/A Preston, Lancashire	1:39:27.1	1:39:22.5
255.	1068	Ian Goodall	m		U/A Salford,	1:39:39.1	1:39:16.5
256.	593	john wiseman	m	Veteran 50	U/A poynton, cheshire	1:39:40.8	1:38:43.2
257.	406	Helen Little	f	Lady Veteran 40	U/A High Harrington, Cumbria	1:39:42.7	1:39:13.5
258.	707	Sarah West	f	Lady Veteran 40	U/A Grimsby, Lincs	1:39:45.1	1:39:41.3
259.	677	andrea McEwan	f	Lady Veteran 40	U/A Bristol,	1:39:45.5	1:39:43.2
260.	838	Ben Rigg	m		N/A	1:40:07.1	1:39:22.0
261.	487	Nicky Owen	f	Lady Veteran 50	Cheshire Hash House Harriers	1:40:18.2	1:39:35.4
262.	488	Gina Bellhouse	f	Lady Veteran 40	Southport Waterloo AC	1:40:22.8	1:40:01.5
263.	521	Janice Allan	f	Lady Veteran 50	U/A Dumfries, Dumfries & Galloway	1:40:27.7	1:40:00.0
264.	891	Jayne Batt	f	Lady Veteran 50	U/A York,	1:40:28.6	1:39:37.3
265.	717	Michael Crozier	m	Veteran 50	U/A Colne,	1:40:37.4	1:39:53.1
266.	582	Nicola Stanley	f	Lady Veteran 40	U/A Southport,	1:40:41.7	1:40:31.4
267.	611	Rachel Chester	f	Lady Veteran 50	Wymondham Athletic Club	1:40:45.6	1:40:14.7
268.	795	Bryony Catlow	f		U/A Windermere, Cumbria	1:40:49.8	1:40:10.3

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Helvellyn Trail Challenge 15km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
269.	1075					1:40:50.0	1:40:10.7
270.	544	sarah barry	f	Lady Veteran 40	U/A huddersfield,	1:40:53.8	1:40:48.0
271.	532	Andy Dickson	m	Veteran 50	Dumfries Running Club	1:40:58.2	1:40:17.4
272.	810	Victoria Carter	f		U/A Ashton Under Lyne,	1:41:10.5	1:40:18.0
273.	433	Jill Ezard	f	Lady Veteran 40	U/A Ilkley,	1:41:13.2	1:40:52.3
274.	416	Michael Rafferty	m	Veteran 40	U/A Cramlington, Northumberland	1:41:16.6	1:41:05.5
275.	441	Lee Hetherington	m	Veteran 40	South Shields Sanddogs	1:41:16.9	1:41:05.7
276.	531	Clare Laybourn	f	Lady Veteran 40	U/A Edinburgh,	1:41:24.1	1:41:17.7
277.	1069	Wayne Singleton	m	Veteran 40	Ulverston Tri Club	1:41:30.5	1:40:21.5
278.	405	Tara Oxley	f		Stockton Striders A.C.	1:41:42.8	1:40:54.8
279.	812	simon jones	m	Veteran 40	U/A sawbridgeworth, herts	1:41:48.1	1:40:42.0
280.	400	Rob Walker	m	Veteran 50	U/A Bacup, Lancashire	1:41:52.0	1:40:42.3
281.	437	Allison Pollard	f	Lady Veteran 50	U/A glasgow ,	1:41:53.1	1:40:48.8
282.	1024	Sharon Hockenhull	f	Lady Veteran 40	U/A Bolton,	1:41:54.1	1:40:57.7
283.	805	James Pass	m		U/A Keswick, Cumbria	1:41:55.2	1:41:21.3
284.	556	Margaret Lupton	f	Lady Veteran 40	Red Rose Road Runners	1:41:56.7	1:41:07.8
285.	825	Ian Jones	m	Veteran 40	U/A blandford forum, dorset	1:42:00.7	1:40:53.0
286.	774	Naomi Face	f		U/A Lancaster,	1:42:03.6	1:41:41.6
287.	715	Caroline Rowland	f	Lady Veteran 40	U/A Ulverston, Cumbria	1:42:05.0	1:41:47.1
288.	854	Sarah De-Maine	f	Lady Veteran 50	U/A Frizington, Cumbria	1:42:11.9	1:41:02.7
289.	917	Vicki Brown	f	Lady Veteran 40	Blackhill Bounders	1:42:14.8	1:41:14.2
290.	918	Ken Brown	m	Veteran 50	Blackhill Bounders	1:42:14.9	1:41:14.0
291.	686	Vanessa Connor	f	Lady Veteran 40	Wigton Road Runners	1:42:29.6	1:42:13.2
292.	562	Emma Corrie	f		U/A Windermere ,	1:42:42.2	1:41:40.7
293.	680	Linda Walz	f		U/A York,	1:42:45.0	1:42:31.4
294.	791	CLAUDIA JOHNSON	f	Lady Veteran 40	U/A MORECAMBE, Lancashire	1:42:55.2	1:42:30.7
295.	1045	Bev Hughes	f	Lady Veteran 50	Crosby stormers	1:42:55.9	1:42:18.6
296.	591	Dirk Etgeton	m	Veteran 40	U/A Rommerskirchen, Germany	1:43:03.6	1:43:00.7
297.	743	claire adamson	f		bedford harriers	1:43:09.9	1:42:07.1
298.	908	Jodie Peary	f		Harrogate Harriers	1:43:18.8	1:42:15.6
299.	900	Kate Bowden	f	Lady Veteran 40	U/A Glossop, Derbyshire	1:43:25.6	1:42:47.0
300.	1011	Debra Southworth	f	Lady Veteran 50	U/A Glossop,	1:43:25.6	1:42:47.5
301.	901	charmayne brierley	f	Lady Veteran 40	U/A glossop, Derbyshire	1:43:25.8	1:42:47.4
302.	684	Susan Gallagher	f		Dunfries RC	1:43:28.2	1:43:01.2
303.	566	amanda Bentley	f	Lady Veteran 40	Warrington Running Club	1:43:43.8	1:43:12.6
304.	966	Robert Terry	m	Veteran 40	Belper Harriers	1:43:46.0	1:42:51.9
305.	859	Gay Goodson	f	Lady Veteran 40	U/A kirkby-in-Furness, cumbria	1:43:46.0	1:42:30.7
306.	1056	Mathew Jenkins	m		U/A Liverpool,	1:43:49.9	1:43:04.3
307.	766	Jacqui Candlish	f	Lady Veteran 40	Saltwell Harriers	1:43:52.2	1:43:10.3
308.	570	Diane Hawkes	f	Lady Veteran 40	U/A Liverpool, Merseyside	1:44:05.9	1:43:12.6
309.	1072	Peter Roome	m	Veteran 50	Southport Waterloo AC	1:44:06.4	1:43:08.2
310.	656	Gina Mumford	f	Lady Veteran 50	U/A Penrith, Cumbria	1:44:12.8	1:43:22.4
311.	993	Hannah Jenkinson	f		U/A Urmston, Greater Manchester	1:44:13.3	1:43:49.3
312.	716	Tracey Appleby	f		U/A Blackpool ,	1:44:13.4	1:43:31.0
313.	664	Patrick Haddow	m		U/A Fleetwood, Lancashire	1:44:13.4	1:43:30.5
314.	977	Gemma Louise Harris	f		U/A Liverpool, Merseyside	1:44:13.9	1:43:50.3
315.	492	Shiran Yakobi	f	Lady Veteran 40	RSCAC	1:44:15.7	1:44:09.0
316.	978	Christian Ainsley	m		U/A Liverpool, Merseyside	1:44:16.5	1:43:52.7
317.	994	Matthew Jenkinson	m		U/A Manchester,	1:44:16.6	1:43:52.0
318.	1002	Matthew Atkinson	m		Leeds Bradford Tri	1:44:18.1	1:43:10.0
319.	1003	Mark Hammond	m		U/A Shipley,	1:44:18.1	1:43:10.0
320.	924	John Stout	m	Veteran 60	U/A Aughton, Lancashire	1:44:35.6	1:44:29.2
321.	755	Jane Davies	f	Lady Veteran 50	U/A Manchester,	1:44:39.5	1:43:30.8
322.	739	Guy Simpson	m		U/A Penrith, Cumbria	1:44:48.7	1:44:17.3
323.	760	Philip Harland	m	Veteran 50	U/A Warrington, Cheshire	1:44:52.8	1:43:52.9
324.	520	Chis Chew	m	Veteran 40	U/A Kendal,	1:45:10.7	1:44:07.1
325.	740	Carol Brown	f	Lady Veteran 40	U/A shiskine, Isle of Arran	1:45:15.0	1:44:48.0
326.	882	Tony Orr	m	Veteran 50	U/A burton in kendal, cumbria	1:45:23.2	1:45:06.2
327.	442	Dawn Saxby	f	Lady Veteran 50	U/A Harrogate, North Yorkshire	1:45:39.7	1:44:42.2
328.	726	Andrea Harrison	f	Lady Veteran 40	Swinton running club	1:45:47.7	1:44:53.9
329.	449	Patty Davies	f	Lady Veteran 40	U/A Ulverston, Cumbria	1:45:57.8	1:44:55.3
330.	509	Anthony Church	m		U/A Manchester,	1:46:04.2	1:45:46.8
331.	999	Sarah Lockett	f		U/A Frodsham , Cheshire	1:46:09.4	1:45:55.2
332.	1012	Lydia Atkinson	f		U/A Lancaster, Lancashire (county)	1:46:11.6	1:45:57.6
333.	923	Gillian Csizmadia	f	Lady Veteran 50	Wrexham AC	1:46:17.2	1:45:43.8
334.	655	ANDREW WOODS	m	Veteran 60	Fell Striders	1:46:17.7	1:45:18.2
335.	874	Jessica Mather	f		U/A Warrington,	1:46:17.9	1:45:42.1

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
336.	904	Christina Greatwood	f		U/A Castle Cary , Somerset	1:46:33.6	1:45:48.5
337.	905	David Churchward	m		U/A Newton Abbot,	1:46:33.6	1:45:48.8
338.	841	jon stock	m	Veteran 50	U/A penarth, vale of glamorgan	1:46:40.3	1:45:49.8
339.	1015	Michael Milburn	m	Veteran 50	U/A Milnthrope, Cumbria	1:46:41.5	1:45:46.8
340.	865	Evelyn Donoghue	f	Lady Veteran 40	W&DAC	1:46:48.7	1:46:30.4
341.	1070	Gillian Brightwell	f	Lady Veteran 50	Wellingborough and district	1:46:48.8	1:46:30.6
342.	727	Jenny Castle	f	Lady Veteran 40	Swinton RC	1:46:59.4	1:46:06.1
343.	1016	Amy Silcock	f		U/A Frodsham,	1:47:07.6	1:46:52.2
344.	957	Jane Dobson	f	Lady Veteran 40	Wigton rd Runners	1:47:12.1	1:46:51.8
345.	603	Vicky Barker	f	Lady Veteran 40	U/A Altrincham, Cheshire	1:47:14.8	1:46:33.9
346.	538	Steve Green	m		U/A Cockermouth, Cumbria	1:47:19.1	1:46:12.9
347.	483	rose egan	f	Lady Veteran 50	U/A West Kirby,	1:47:32.1	1:46:48.3
348.	987	Fiona Little	f	Lady Veteran 40	U/A Carlisle, Cumbria	1:47:44.5	1:47:39.5
349.	722	Yvonne Collingham	f	Lady Veteran 40	U/A High Shincliffe, Durham	1:47:48.3	1:47:05.1
350.	652	Sarah Halford	f	Lady Veteran 40	Balanced Performance	1:47:58.8	1:47:47.5
351.	497	catherine broome	f	Lady Veteran 50	achille ratti	1:48:04.0	1:46:58.2
352.	644	Helen Magell	f	Lady Veteran 40	Sark Running Club	1:48:24.0	1:47:19.1
353.	645	Alex Magell	m	Veteran 40	Sark Running Club	1:48:24.4	1:47:19.6
354.	899	Joanne Godwin	f	Lady Veteran 40	Sark	1:48:24.4	1:47:19.2
355.	1060	David Cassells	m			1:48:28.1	1:48:17.1
356.	494	Andrew Woodhead	m		U/A Preston, Lancashire	1:48:30.8	1:47:51.2
357.	519	Rebecca Hanson	f		U/A Manchester,	1:48:30.9	1:47:51.3
358.	782	Ashley Price-Sabate	f	Lady Veteran 40	Elvet Striders	1:48:37.9	1:47:36.4
359.	629	Linda O'Neill	f	Lady Veteran 50	Perth Road Runners	1:48:38.2	1:48:03.8
360.	682	cath Fairlam	f	Lady Veteran 40	wigton road runners	1:48:49.5	1:48:29.5
361.	540	Laraine Lindsey	f	Lady Veteran 40	U/A Clitheroe, Lancashire	1:48:55.1	1:47:47.9
362.	581	Lee Johnston	m	Veteran 40	U/A Southport,	1:48:57.5	1:48:47.1
363.	448	Susan Averill	f	Lady Veteran 50	U/A Nottingham,	1:49:11.5	1:48:41.0
364.	725	Jennie Davies	f	Lady Veteran 60	U/A Sedbergh, Cumbria	1:49:12.9	1:48:28.6
365.	943	janet gibson	f	Lady Veteran 50	U/A york, north yorkshire	1:49:18.6	1:48:19.4
366.	1021	Alison Formby	f	Lady Veteran 40	Pinetops Running Club	1:49:27.8	1:49:01.6
367.	606	Bob Bayliss	m	Veteran 60	U/A Preston, Lancashire	1:49:30.8	1:48:54.9
368.	447	Michael Smith	m	Veteran 50	Olney Runners	1:49:36.8	1:49:29.6
369.	744	MICHAEL MOSS	m	Veteran 40	U/A LITTLE NESTON, CHESHIRE	1:49:40.9	1:49:19.0
370.	794	Caroline Johnson	f	Lady Veteran 40	U/A Leeds,	1:50:03.3	1:49:12.2
371.	862	Robin Dearden	m	Veteran 40	U/A Pudsey, Leeds, West Yorks	1:50:08.8	1:49:35.9
372.	863	Claire Dearden	f	Lady Veteran 40	U/A Ilkley, West Yorks	1:50:09.0	1:49:36.8
373.	683	Kelly Fleetwood	f		U/A Edinburgh, Midlothian	1:50:09.4	1:49:57.6
374.	1086	Christian Bolton	m		ASICS	1:50:23.8	1:49:28.8
375.	860	Leo Stevenson	m	Veteran 50	Mossley hill A/C	1:50:25.3	1:50:04.1
376.	553	Sally Robinson	f	Lady Veteran 40	Veloart	1:50:40.2	1:49:36.0
377.	422	Richard Wheatley	m	Veteran 50	Redhill Road Runners	1:50:48.3	1:49:52.5
378.	690	Anita Kirkman	f	Lady Veteran 40	U/A Bolton,	1:50:56.0	1:50:17.7
379.	779	liza tattersall	f	Lady Veteran 40	U/A carnforth, lancashire	1:51:01.3	1:50:51.2
380.	780	Neil Stoker	m	Veteran 40	U/A Carnforth, Lancashire	1:51:01.4	1:50:52.5
381.	781	Andrea Hobbs	f	Lady Veteran 50	U/A Bolton le Sands, Lancashire	1:51:01.5	1:50:51.0
382.	402	deborah Reekie	f		U/A holmrook, cumbria	1:51:04.5	1:51:00.8
383.	1071	Penny Oliver	f	Lady Veteran 40	U/A Penrith, Cumbria	1:51:15.8	1:50:16.9
384.	816	Jan Makinson	f	Lady Veteran 50	walkB4Urun	1:51:17.6	1:51:12.9
385.	835	Lin Borkin	f	Lady Veteran 50	WALKB4URUN	1:51:18.4	1:51:13.4
386.	867	Stacy Hackner	f		U/A LONDON, -- Select A State --	1:51:22.3	1:50:20.6
387.	1037	Ruth Dewey	f	Lady Veteran 40	U/A Altrincham, Cheshire	1:51:30.1	1:50:34.0
388.	911	Susan Taylor	f		U/A Milnthorpe, Cumbria	1:51:31.8	1:50:25.4
389.	507	Sue Kearney	f	Lady Veteran 50	U/A Bolton, Lancs	1:51:33.9	1:50:28.5
390.	613	Jacqui Sutton-Riley	f	Lady Veteran 40	U/A Ulverston, Cumbria	1:51:35.1	1:50:34.7
391.	763	Susan Moss	f	Lady Veteran 50	U/A Manchester, Lancs	1:51:35.3	1:50:37.9
392.	504	Kev Kendal	m	Veteran 40	Howgill Harriers	1:51:36.5	1:50:55.3
393.	412	Alasdair Start	m		U/A Leyland,	1:51:56.5	1:51:52.4
394.	626	Caroline Johns	f	Lady Veteran 40	U/A Selby, North yorkshire	1:52:01.3	1:51:55.1
395.	461	AUSTIN TRELFA	m	Veteran 60	Red Rose Road Runners	1:52:04.6	1:51:05.1
396.	868	Samantha Downes	f		Notts Women Runners	1:52:05.5	1:51:03.8
397.	551	Ruth Toller	f	Lady Veteran 60	U/A Dundee,	1:52:13.0	1:51:23.9
398.	834	Sarah Jane Cook	f	Lady Veteran 50	U/A CARLISLE,	1:52:29.2	1:51:27.4
399.	1082	Ann Lister	f	Lady Veteran 60	Glasgow Running Network	1:52:33.6	1:51:29.3
400.	625	Jenny Williams	f	Lady Veteran 50	U/A Formby, Merseyside	1:52:35.1	1:51:58.1
401.	430	Alison Belford	f	Lady Veteran 50	Formby Stormers	1:52:35.6	1:51:58.6
402.	673	Mark Scott	m	Veteran 40	U/A Haslemere, Surrey	1:52:41.3	1:52:31.0

Lakeland Trails in Helvellyn

Helvellyn Trail Challenge 15km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
403.	1073	Kevin Hathaway	m	Veteran 50	U/A Menston, West Yorkshire	1:52:48.0	1:52:10.7
404.	1029	Helen Kelly	f	Lady Veteran 40	U/A Stourbridge, West Midlands	1:53:02.5	1:52:00.6
405.	912	Michelle Sanday	f		U/A Kendal, Cumbria	1:53:05.3	1:51:58.9
406.	506	Alison MacDonald	f	Lady Veteran 50	Unattached - Edinburgh	1:53:32.5	1:53:16.6
407.	674	Vanessa Scott	f	Lady Veteran 40	U/A Haslemere, Surrey	1:53:37.1	1:53:26.7
408.	697	Neil Turnbull	m	Veteran 40	U/A Edinburgh,	1:53:38.6	1:52:40.4
409.	599	Dawn Wicks	f	Lady Veteran 40	U/A Penrith, Cumbria	1:53:50.3	1:53:42.6
410.	784	STUART ADAMSON	m	Veteran 60	U/A BRADFORD, WEST YORKSHIRE	1:54:22.7	1:54:03.8
411.	710	Amanda Gray	f	Lady Veteran 50	U/A Bedford, Bedfordshire	1:54:31.6	1:54:12.5
412.	809	Elaine Simpson	f	Lady Veteran 40	U/A Blackburn, Lancashire	1:54:35.7	1:54:13.9
413.	815	Michael Pettigrew	m	Veteran 60	U/A Blackburn, Lancashire	1:54:35.8	1:54:12.9
414.	676	Roger Beaconsfield	m	Veteran 70	Westbury harriers	1:54:50.2	1:54:48.2
415.	995	Bev Thomas	f	Lady Veteran 50	U/A Huddersfield , West Yorkshire	1:54:54.8	1:53:41.9
416.	1041	Sara Owen	m	Veteran 40		1:54:57.1	1:54:23.1
417.	836	dinesh patel	m	Veteran 50	U/A preston, lancashire	1:54:58.1	1:54:12.7
418.	651	Petrina Cassell	f	Lady Veteran 50	U/A Barford St Michael, Oxfordshire	1:55:30.2	1:54:39.5
419.	474	Sarah Martin	f	Lady Veteran 40	U/A Bolton, Lancashire	1:55:34.7	1:54:48.5
420.	638	Mark Daniels	m	Veteran 40	Warrington Running Club	1:55:40.3	1:55:08.4
421.	420	Lindsay Plumb	f		Warrington Running Club	1:55:41.1	1:55:09.5
422.	475	Gavin Spickett	m	Veteran 60	Tynedale Harriers	1:55:42.7	1:55:01.9
423.	567	Vivienne Purdy	f	Lady Veteran 40	U/A Penrith, Cumbria	1:55:48.1	1:55:22.0
424.	1025	sue burns	f	Lady Veteran 40	U/A Liverpool, Merseyside	1:55:52.1	1:55:25.7
425.	678	Emma Phillips	f		Penny Lane Striders	1:56:05.8	1:55:50.7
426.	471	Paula Dalziel	f	Lady Veteran 50	U/A Bolton, Greater Manchester	1:56:10.6	1:55:24.3
427.	872	Linda Carey	f	Lady Veteran 50	Baildon Runners	1:56:24.2	1:55:11.8
428.	930	louise clayton	f	Lady Veteran 40	U/A kendal, cumbria	1:56:32.2	1:55:20.9
429.	929	Alison Gilchrist	f	Lady Veteran 50	Independent	1:56:32.2	1:55:20.6
430.	1080	Margaret Parker	f	Lady Veteran 60	U/A	1:56:32.3	1:55:21.0
431.	890	nigel harris	m	Veteran 50	U/A stafford, staffordshire	1:56:37.9	1:56:20.4
432.	961	Fiona Bell	f	Lady Veteran 40	U/A Manchester, Manchester	1:56:41.5	1:56:26.9
433.	541	Mike Jones	m	Veteran 40	U/A Blackpool ,	1:56:46.2	1:55:28.8
434.	1010	Sophie Mackay	f		U/A Edinburgh,	1:56:47.3	1:55:47.1
435.	546	Amanda Cirelli	f	Lady Veteran 40	U/A Blackpool ,	1:56:48.2	1:55:31.6
436.	840	Leanne Day	f	Lady Veteran 40	U/A Keswick, Cumbria	1:56:53.3	1:56:20.0
437.	641	Heidi Haigh	f	Lady Veteran 40	U/A Thornton clevely's	1:56:54.9	1:55:41.5
438.	451	kevin burse	m	Veteran 50	U/A staines, middlesex	1:57:18.8	1:56:09.6
439.	898	Lucy Turner	f		Fylde Coast Running	1:57:37.4	1:57:01.3
440.	857	Gareth Burton	m		U/A Wakefield,	1:57:49.5	1:57:01.3
441.	856	Sabeera Hussain	f		U/A Manchester , LANCASHIRE	1:58:08.0	1:57:20.0
442.	529	Anthony Jenner	m	Veteran 50	U/A Sunderland, Tyne and Wear	1:58:16.2	1:57:53.2
443.	849	Clare O'Callaghan	f		U/A Liverpool,	1:58:21.1	1:57:34.0
444.	850	Claire Stanistreet	f		U/A Liverpool,	1:58:21.2	1:57:34.6
445.	573	Gerald Bradley	m	Veteran 50	U/A West Cornforth, County Durham	1:58:29.4	1:57:34.2
446.	528	Giselle Dudley	f	Lady Veteran 50	U/A Sunderland, Tyne and Wear	1:58:33.7	1:58:10.2
447.	1032	Aidan Egleston	m	Veteran 50	U/A Newport, Shropshire	1:58:59.1	1:58:28.3
448.	1028	Stephanie Egleston	f	Lady Veteran 50	Telford Harriers	1:58:59.7	1:58:29.4
449.	413	Viv Samuelson	f	Lady Veteran 40	Swinton RC	1:59:14.2	1:58:17.6
450.	635	Margaret Wilson	f	Lady Veteran 60	U/A Poulton-le-Fylde,	1:59:27.3	1:58:58.9
451.	958	Jack Pellew	m		Newcastle Hash House Harriers	1:59:46.0	1:58:35.9
452.	577	Heather Berrill	f		U/A Preston, Lancashire	1:59:56.2	1:59:18.8
453.	522	Lucy Maggiori	f	Lady Veteran 40	U/A Dumfries,	2:00:27.7	2:00:00.0
454.	758	Jane Hunter	f	Lady Veteran 50	Lancaster Womens Running Club	2:00:32.0	1:59:31.2
455.	1083	Anna McClarnon	f	Lady Veteran 40	U/A Eastleigh, Hampshire	2:00:35.3	1:59:32.9
456.	515	samantha sunderland	f	Lady Veteran 50	U/A dalton-in-furness, cumbria	2:01:03.3	2:00:26.2
457.	516	Fiona Fawkes	f	Lady Veteran 50	U/A Barrow-in-Furness , Cumbria	2:01:03.7	2:00:27.5
458.	934	Rebecca Howard	f		Quakers	2:01:14.7	2:00:26.1
459.	936	Anna Howard	f		U/A Scarborough,	2:01:14.8	2:00:26.0
460.	408	Yolande Davies	m	Veteran 50	Dumfries Running Club	2:01:30.8	2:01:25.2
461.	1059	Alison Ewing	f	Lady Veteran 50	Warrington RC	2:01:35.1	2:01:25.6
462.	920	stephen higson	m	Veteran 60	U/A Keswick, Cumbria	2:01:44.7	2:00:47.6
463.	583	fiona sutherland	f	Lady Veteran 50	U/A york, north yorks	2:01:45.9	2:00:54.2
464.	737	Alison Gould	f	Lady Veteran 40	U/A Tynemouth, tyne and wear	2:02:04.3	2:01:50.5
465.	736	michelle armstrong	f	Lady Veteran 50	north east vets athletic club	2:02:04.6	2:01:50.5
466.	1092	Lyndsey Higham	f	Lady Veteran 40	Lancaster & Morecambe A/C	2:02:31.9	2:01:18.4
467.	555	Cynthia Carter	f	Lady Veteran 60	Crosby stormers	2:02:40.2	2:01:40.5
468.	1026	Cathy Jones	f	Lady Veteran 50	U/A Liverpool,	2:02:41.6	2:02:15.7
469.	513	caroline vitty	f	Lady Veteran 50	U/A liverpool,	2:02:43.2	2:01:44.0

Lakeland Trails in Helvellyn

Helvellyn Trail Challenge 15km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
470.	691	Gail Maxfield	f	Lady Veteran 60	U/A Bolton, Greater Manchester	2:03:04.0	2:01:57.1
471.	618	Caroline Kenyon	f	Lady Veteran 50	U/A Liverpool,	2:03:04.0	2:02:04.0
472.	692	Victoria Maxfield	f		U/A Bolton, Lancs	2:03:04.0	2:01:57.2
473.	462	Jane Marshall	f	Lady Veteran 40	U/A York,	2:03:08.6	2:01:56.3
474.	510	Amanda Benson	f		Roundhay Runners	2:03:10.1	2:01:57.3
475.	427	Alison Nordon	f	Lady Veteran 40	U/A Paisley,	2:03:20.2	2:03:10.3
476.	454	Emma Pitt	f	Lady Veteran 40	Team pie	2:03:23.0	2:03:19.6
477.	558	Tracey Martin	f		Widnes Wasps	2:03:23.0	2:03:20.7
478.	828	Kerry Cooper	f	Lady Veteran 40	U/A Kendal, Cumbria	2:03:25.5	2:03:01.2
479.	878	Kristy Wise	f		U/A Dalry, North ayrshire	2:03:33.8	2:02:41.4
480.	660	Catherine Isaac	f	Lady Veteran 40	U/A London, -Select one-	2:03:48.2	2:02:54.1
481.	423	Jane Wheatley	f	Lady Veteran 40	U/A Nottingham, Notts	2:04:13.1	2:03:18.4
482.	1000	Debbie Hindley	f	Lady Veteran 40	Thornton-Cleveleys Running Club	2:04:27.8	2:04:05.2
483.	741	Steven Brown	m	Veteran 40	U/A Isle Of Arran,	2:04:33.2	2:04:06.2
484.	470	Wendy Ward	f	Lady Veteran 40	Red rose road runners	2:04:41.5	2:03:52.2
485.	884	Ale Salvini	f	Lady Veteran 40	U/A Warrington,	2:04:51.1	2:04:31.6
486.	832	Thomas Salvini	m	Veteran 40	U/A Warrington,	2:04:51.1	2:04:32.5
487.	864	Tracey J Burlinson Campbell	f	Lady Veteran 40	Sunderland Strollers	2:05:03.0	2:03:58.1
488.	888	Magda Witkowska	f		U/A Stanstead Abbots, Hertfordshire	2:05:39.1	2:05:30.1
489.	959	Ian Rigby	m	Veteran 50	U/A Widnes, Cheshire	2:05:39.6	2:04:29.2
490.	826	Robert Robinson	m	Veteran 40	Northumberland fell runners	2:05:59.2	2:05:29.0
491.	960	Carolyn Rigby	f	Lady Veteran 40	Widnes Wasps	2:06:37.8	2:05:27.2
492.	576	Simon Berrill	m		U/A Preston, Lancs	2:06:59.6	2:06:16.7
493.	817	Maxine Grimshaw	f	Lady Veteran 50	walkB4Urun	2:08:11.9	2:07:20.5
494.	620	Alison Webster	f	Lady Veteran 40	Formby Stormers	2:08:12.9	2:07:44.3
495.	619	Suzannah Dykes	f	Lady Veteran 40	Shorrocks Hill Running Club	2:08:13.3	2:07:44.5
496.	495	Mark Farmer	m	Veteran 50	U/A Lincoln, Lincolnshire	2:08:20.4	2:07:06.1
497.	1030	Laura Harrison	f		U/A Manchester, Greater Manchester	2:08:39.2	2:07:31.5
498.	1031	Ian Simpson	m	Veteran 40	U/A Wigan, Lancashire	2:08:39.3	2:07:31.5
499.	764	Gunjit Bandesha	f	Lady Veteran 40	U/A Manchester, Grtr Manchester	2:08:48.0	2:07:50.6
500.	592	Mayumi Ishita	f	Lady Veteran 40	U/A Rommerskirchen, Germany	2:09:29.4	2:09:27.2
501.	769	Karen Chandler-Smith	f	Lady Veteran 40	U/A Bury St Edmunds,	2:09:51.7	2:09:19.1
502.	808	Gillian Graves	f	Lady Veteran 50	U/A York, North Yorkshire	2:10:27.2	2:09:25.8
503.	446	Sharon White	f	Lady Veteran 40	U/A Kendal, Cumbria	2:11:37.2	2:10:26.1
504.	661	marie guttridge	f		U/A Liverpool, Merseyside	2:11:38.6	2:10:53.2
505.	647	MARIE CAVEEN	f	Lady Veteran 60	Kirkby Stormers	2:11:39.6	2:10:53.8
506.	646	Jeanette McCormack	f	Lady Veteran 50	Kirkby Stormers	2:11:40.1	2:10:54.8
507.	756	Louise Murray	f	Lady Veteran 50	U/A Manchester,	2:11:55.6	2:10:46.5
508.	630	Fiona Murphy	f	Lady Veteran 60	U/A Glasgow,	2:12:18.3	2:11:06.1
509.	700	Gareth Roberts	m		U/A Wetherby,	2:13:03.2	2:12:04.9
510.	699	Clare Newbegin	f		U/A Sicklinghall,	2:14:12.6	2:13:14.5
511.	858	Peter Samuelson	m	Veteran 70	Spectrum striders	2:15:09.5	2:14:13.4
512.	585	rosalind dyde	f	Lady Veteran 60	U/A SALE, CHESHIRE	2:15:19.0	2:14:18.3
513.	773	Charmian Robson	f	Lady Veteran 70	U/A St Bees, Cumbria	2:17:33.5	2:17:24.8
514.	919	Fiona Wood	f		Elvet Striders	2:17:56.8	2:17:44.0
515.	627	David Toth	m	Veteran 40	U/A Durham, Durham	2:19:31.4	2:19:15.9
516.	765	rachel Toth	f	Lady Veteran 40	Elvet Striders	2:19:31.5	2:19:16.3
517.	965	Laura Cheers	f		Warrington Running Club	2:20:52.3	2:20:21.9
518.	637	Trish Preston	f	Lady Veteran 40	Warrington Running Club	2:20:52.5	2:20:21.8
519.	846	Cheryl Elsworth	f	Lady Veteran 40	U/A Elloughton ,	2:21:23.6	2:21:17.5
520.	752	Allison Atkins	f	Lady Veteran 40	U/A Huddersfield, West Yorkshire	2:22:09.1	2:21:17.9
521.	976	Fiona Saxby	f	Lady Veteran 40	U/A Neston,	2:22:29.6	2:21:19.3
522.	975	Sue Sperring	f	Lady Veteran 50	U/A Wirral,	2:22:30.1	2:21:19.9
523.	500	Tracey McEwan	f	Lady Veteran 40	Leverets	2:25:33.3	2:25:28.0
524.	579	Linda Anderson	f	Lady Veteran 50	leverets	2:25:34.3	2:25:27.6
525.	554	Jo Reely	f	Lady Veteran 40	Boldmere KB Club	2:27:21.1	2:27:17.5
526.	616	Christine Winch	f		U/A South Tyneside, Tyne and Wear	2:36:59.1	2:36:57.8
527.	1038	Angela-Lee Kennedy	f	Lady Veteran 40	N/A	2:38:51.0	2:38:38.2
528.	476	Jacqueline Wilson	f		Dumfries Running Club	2:39:31.3	2:39:26.3
529.	848	Ssily Buck	f		U/A Liverpool,	2:48:53.9	2:48:07.4
530.	473	Joanna HOLMES	f		U/A Cockermouth, Cumbria	2:54:07.0	2:52:48.8
531.	404	Sarah Blundell	f	Lady Veteran 40	U/A Tebay, Cumbria	2:54:07.1	2:52:49.3
532.	468	Linda Wood	f		U/A Cockermouth, Cumbria	2:54:07.2	2:52:49.3
533.	1063	Catherine Bowman	f	Lady Veteran 40	Smiley Paces	2:56:45.4	2:56:12.4
534.	1064	Ruth Jacobs	f	Lady Veteran 50	Smiley Paces	2:56:45.4	2:56:13.0
535.	1065	Isobel Platt	f		Smiley Paces	2:56:46.5	2:56:12.6
536.	1062	Julie Jordan	f	Lady Veteran 50	Smiley Paces	2:56:46.6	2:56:12.3

Lakeland Trails in Helvellyn

Helvellyn Trail Challenge 15km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
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Number of records: 536