

Lakeland Trails in Cartmel

Cartmel Trail Race 18km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time
1.	1	Tom Adams	m		Ilkely Harriers	1:08:46
2.	3	Christopher Holdsworth	m		Clayton-le-moors Harriers	1:11:47
3.	68	Jonathan Cox	m		Eden Runners	1:14:26
4.	6	Mike Barron	m		Ambleside A C	1:16:34
5.	212	Niall McCartan	m		St Peters GAA	1:20:01
6.	306	Dave Walker	m		Clayton le Moors	1:20:32
7.	33	Lee Winter	m	Veteran 40	GB Bootcamps	1:21:22
8.	293	David Haygarth	m	Veteran 40	Wharfedale Harriers	1:23:10
9.	92	Julie Briscoe	f	Lady Veteran 40	Wakefield Harriers & AC	1:23:26
10.	283	Tom Nicholson	m		Lancaster University Running Club	1:23:48
11.	11	Annie Conway	f		Ambleside AC	1:24:47
12.	210	Daniel Pratt	m		U/A Ilkley, Select State (US Only) ...	1:24:53
13.	201	William Sisson	m		U/A Grange over sands,	1:24:54
14.	34	Chris corless	m	Veteran 40	Team mountain fuel	1:24:57
15.	238	Ed Newbould	m		U/A Skipton, North Yorkshire	1:24:59
16.	10	Lou Roberts	f	Lady Veteran 40	Ambleside A C	1:25:08
17.	104	Sam Green	m		Team Inov8	1:25:20
18.	5	Breton Holdsworth	m	Veteran 40	Clayton Le Moor Harriers	1:26:46
19.	275	Jamie Arkle	m		Eden Runners	1:26:49
20.	53	Stephen Cooper	m		The Always Merk	1:28:26
21.	197	Joe Murphy	m		U/A Aylesbury, Bucks	1:28:28
22.	233	Dan Hartley	m	Veteran 40	Ulverston Tri Club	1:28:30
23.	63	Richard Hayes	m	Veteran 40	West Cheshire AC	1:28:44
24.	117	Lydia Chapman	f		U/A Carlisle, Cumbria	1:28:46
25.	239	Aisling Wall	f		U/A Leeds, West Yorkshire	1:28:58
26.	211	Will Allen	m		U/A Fareham,	1:29:20
27.	307	EMMA TAYLOR	f		ACCRINGTON ROAD RUNNERS	1:29:21
28.	146	Patrick Wardle	m		U/A Skipton,	1:29:33
29.	165	Peter Ellis	m	Veteran 40	Wreccsam Tri	1:29:35
30.	72	Chris Smith	m	Veteran 40	Wreccsam Tri	1:30:14
31.	277	Matthew Brodrick	m		U/A Middlesbrough,	1:30:31
32.	160	Paul Milburn	m		Mersey Tri	1:30:56
33.	47	Jane McCarthy	f	Lady Veteran 40	Ilkley Harriers	1:31:08
34.	304	Dave Ramsay	m	Veteran 50	Bentham Beagles	1:31:38
35.	234	James Rigby	m		U/A Neston, Cheshire	1:31:41
36.	105	Peter Roome	m	Veteran 50	Southport & Waterloo AC	1:31:54
37.	55	Angus McKendrick	m		U/A Kendal, Cumbria	1:32:19
38.	157	Steve Sadler	m	Veteran 50	Richmond & Zetland Harriers	1:32:36
39.	54	Rob Langton	m		U/A LONDON, LONDON	1:33:22
40.	219	janson heath	m	Veteran 40	Team Raidlight Uk	1:33:38
41.	14	Kristina Jackson	f		Allithwaite Running Club	1:33:40
42.	269	Simon West	m		U/A Cleator, Cumbria	1:33:41
43.	153	Mark Dye	m	Veteran 50	York Knavesmire Harriers	1:33:55
44.	95	James Todhunter	m		Helme Hill RC	1:34:24
45.	170	rebecca rennie	f		U/A Cleator, Cumbria	1:35:07
46.	171	Mike Allison	m	Veteran 50	Eden Runners	1:35:13
47.	246	Deborah Oakley	f		Lancaster and Morecambe Athletics	1:35:58
48.	199	Gary Cash	m	Veteran 60	Wirral Vikings TRC	1:36:27
49.	271	Nick Cox	m	Veteran 40	U/A ambleside, cumbria	1:36:40
50.	257	Jay Brittles	m		U/A Liverpool,	1:37:05
51.	301	Sam ward	m		U/A Chesham, Bucks	1:37:08
52.	236	James Holland	m		U/A Stockport, Cheshire	1:37:16
53.	218	Andy Motch	m		BMC	1:37:30
54.	187	peter fishpool	m	Veteran 40	U/A driffield, east yorks	1:37:52
55.	220	Joe Ellis	m		U/A Penrith, Cumbria	1:37:53
56.	13	Rebecca Winter	f		Ackworth road runners	1:37:55
57.	295	Martyn Robinson	m	Veteran 40	BATS	1:37:55
58.	23	Andrew Pye	m	Veteran 40	U/A Kendal, Cuumbria	1:38:19
59.	169	James Mather	m		U/A Poulton le fylde, Lancashire	1:38:25
60.	214	Timothy Rudd	m		U/A Glossop, Derbyshire	1:38:29
61.	198	Sarah Atkinson	f		U/A Kendal, Cumbria	1:38:35
62.	207	Euan McKinnon	m	Veteran 40	Ulverston Tri Club	1:38:47
63.	140	Ross Husband	m		U/A Barrow In Furness,	1:38:50
64.	312	Dave Garwood	m			1:39:02
65.	235	Alexandra Fairer	f		Ulverston Triathlon Club	1:39:03
66.	88	Ashley Howell	m		Eden Runners	1:39:11
67.	227	Chris Reddy	m		U/A Bolton, Greater Manchester	1:39:12
68.	256	Richard Smith	m	Veteran 50	U/A Potefract, West Yorkshire	1:39:21
69.	78	Jon Hawker	m	Veteran 50	Delamere Spartans	1:39:22
70.	206	Matt Lovett	m	Veteran 40	U/A Mountsorrel, Leicestershire	1:39:25
71.	30	Paul McVittie	m	Veteran 40	U/A Durham,	1:39:59
72.	280	Trevor Foster	m		U/A Holyhead ,	1:40:39
73.	137	Daniel Barnes	m	Veteran 40	Unaffiliated	1:40:57
74.	194	Ben Ashton	m	Veteran 40	U/A Nottingham, NOTTINGHAMSHIRE	1:41:00
75.	222	Michael Wharton	m	Veteran 40	Sale Harriers	1:41:03
76.	270	Ian Crook	m	Veteran 40	Barrow Striders	1:41:06
77.	172	Ian Pass	m	Veteran 40	St Helens Sutton	1:41:14

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time
78.	150	Paul Managh	m	Veteran 40	Ulverston Tri Club	1:41:25
79.	127	Ashley Loader	m		Jarrow and Hebburn AC	1:41:26
80.	286	Jamie Quarry	m	Veteran 40	COLT	1:41:32
81.	29	Robert Hartley	m	Veteran 40	U/A Paisley, Renfrewshire	1:42:25
82.	176	Ian Palfrey	m	Veteran 40	Preston Harriers	1:42:27
83.	209	andrew christian	m	Veteran 40	U/A southport,	1:42:27
84.	292	Joe Robinson	m		The Always Merk	1:42:55
85.	80	Stuart Taylor	m	Veteran 40	U/A Preston, Lancashire	1:43:08
86.	297	Mauro Rotondi	m	Veteran 40	Radcliffe AC	1:43:33
87.	69	Stephen Entwistle	m	Veteran 50	Texercise	1:43:33
88.	156	Stephen Davenport	m	Veteran 40	U/A Warrington,	1:43:34
89.	143	Stephen Impey	m		U/A Penrith,	1:43:53
90.	265	Jonathan Postle	m	Veteran 40	U/A Bolton, Lancashire	1:44:06
91.	296	Mike Thomson	m	Veteran 40	U/A Poulton le Fylde, Lancashire	1:44:15
92.	111	Richard Toller	m	Veteran 60	Dundee Road Runners AC	1:44:31
93.	221	Pedro Rodriguez	m		U/A Liverpool,	1:44:31
94.	52	Andy Letheren	m	Veteran 50	U/A Kendal	1:44:33
95.	126	Mike Pigram	m	Veteran 40	U/A Manchester,	1:44:45
96.	120	ian lock	m	Veteran 40	U/A telford, shropshire	1:44:49
97.	248	Tyldon Pyrah	m	Veteran 40	U/A Morecambe, Lancs	1:44:53
98.	251	David Stevenson	m	Veteran 40	U/A Wilmslow, Cheshire	1:45:12
99.	242	William James	m		U/A Leeds,	1:45:21
100.	276	Richard Swift	m		U/A Chester,	1:45:40
101.	241	Martin Rogers	m		NA	1:45:59
102.	60	Harry Vaneris	m		U/A London,	1:46:19
103.	274	Andrew Taylor	m	Veteran 40	Running 4CF	1:46:25
104.	249	IAN HODGSON	m	Veteran 50	North York Moors AC	1:46:48
105.	305	Andrew Clokey	m		U/A Lancaster , Lancashire	1:46:56
106.	142	Michael Jubb	m		U/A Ulverston, Cumbria	1:47:16
107.	182	Peter Adlard	m	Veteran 40	Wirral Vikings TRC	1:47:55
108.	213	Richard Armishaw	m	Veteran 40	U/A Crewe , Cheshire	1:47:56
109.	118	Jonathan Buckley	m		U/A Frizington, Cumbria	1:48:10
110.	231	james smith	m	Veteran 40	wingerworth wobblers r c	1:48:15
111.	62	Lisa Talbot	f	Lady Veteran 40	Fell Runners	1:48:27
112.	244	Lucy Stuart	f		Warrington Triathlon Club	1:48:32
113.	57	Frank Tippin	m	Veteran 60	U/A Southport,	1:49:03
114.	131	Philip Oliver	m		U/A Lancaster,	1:49:08
115.	154	Darren Collin	m		U/A Liverpool,	1:49:17
116.	152	Mandy Clarke	f	Lady Veteran 40	York Knavesmire Harriers	1:49:48
117.	240	Christian Merriman	m		U/A Leeds,	1:51:03
118.	179	Alfred Goozee	m		U/A Frinton on Sea,	1:51:08
119.	132	MARK BARNARD	m	Veteran 60	U/A HENLEY IN ARDEN, WARWICKSHIRE	1:51:10
120.	261	Marcus Gowling	m		U/A Appleby,	1:51:15
121.	79	Michael Mitchell	m		U/A ULVERSTON, Please Select...	1:51:40
122.	40	Paul Smitham	m	Veteran 50	GMFRS Mountain Running Club	1:51:51
123.	217	Lewis McIntyre	m	Veteran 50	U/A Ayr,	1:51:52
124.	133	Toby Gregory	m		U/A Preston, Lancashire	1:52:01
125.	298	Chris Cobb	m		Roudhay Runners	1:52:02
126.	287	Alastair Duncan	m		U/A Preston, lancs	1:52:16
127.	45	Andrew Bagshaw	m	Veteran 40	Bramhall Runners	1:52:41
128.	66	Helen Waddington	f	Lady Veteran 40	Ilkley Harriers	1:52:45
129.	149	Robin NAYLOR	m	Veteran 60	N/A	1:52:47
130.	291	James Bartholomew	m	Veteran 40	U/A Mawdesley , Lancshire	1:53:29
131.	106	Rhiannon Page	f		Bowland Fell Runners	1:53:59
132.	43	Garry Owens	m	Veteran 60	NFR	1:54:22
133.	215	anja coulthard	f		KESWICK AC	1:54:22
134.	158	stephen braithwaite	m	Veteran 40	U/A kendal, cumbria	1:54:40
135.	308	Paul Hadley	m	Veteran 50	Stornoway Running & Athletic Club	1:54:58
136.	175	Terry Charles	m	Veteran 50	Wirral Vikings TRC	1:55:09
137.	281	Richard Harrison	m	Veteran 50	Marshall Milton Keynes AC	1:55:24
138.	20	Stuart Bell	m	Veteran 60	Kendal AC	1:56:04
139.	294	Mark Eccles	m	Veteran 50	U/A Warton, Lancashire	1:56:14
140.	192	Diane Wilson	f	Lady Veteran 40	U/A Richmond, North Yorkshire	1:56:49
141.	70	tim hazeltine	m	Veteran 50	U/A belton, north lincs	1:57:15
142.	101	john rodgers	m	Veteran 60	COLT	1:57:23
143.	159	Ian Lambert	m		U/A Littleborough, Lancs	1:57:25
144.	162	Marc Aspden	m		U/A Blackburn, Lancashire	1:57:40
145.	25	Doug Bryden	m	Veteran 40	Red Rose Road Runners	1:59:48
146.	193	Martyn Wigglesworth	m	Veteran 40	U/A Richmond, North Yorkshire	2:01:01
147.	147	Neil Croskery	m	Veteran 40	U/A Preston, Lancashire	2:01:35
148.	86	Malcolm Marshall	m	Veteran 50	Scunthorpe & District AC	2:01:41
149.	208	Moira Alderson	f	Lady Veteran 40	Stainland Lions Running Club	2:02:05
150.	134	Charlie Michaelis	m	Veteran 50	U/A Stratford-upon-Avon,	2:02:07
151.	299	John Moran	m			2:03:07
152.	260	Mark Haslam	f	Lady Veteran 40	U/A Bolton, Lancs	2:03:14
153.	21	Lisa Carter	f	Lady Veteran 40	Radcliffe AC	2:03:18
154.	188	julie graham	f	Lady Veteran 50	Garstang	2:03:19
155.	202	Tim Walker	m	Veteran 50	Stainland Lions	2:03:24
156.	124	Jason Platten	m		U/A York, PLEASE SELECT	2:04:48
157.	191	Neil Ginley	m	Veteran 40	Acre Street Runners	2:05:37

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time
158.	190	Kate Shaw	f	Lady Veteran 40	Acre Street Runners	2:05:40
159.	74	ALAN JONES	m	Veteran 60	GARSTANG RUNNING CLUB	2:05:42
160.	273	David Smith	m	Veteran 50	U/A Manchester,	2:07:15
161.	272	Gill Cox	f		U/A Ambleside, Cumbria	2:07:20
162.	163	Beverley Aspden	f	Lady Veteran 40	U/A Blackburn, Lancashire	2:07:22
163.	278	Annette Quarry	f	Lady Veteran 40	COLT	2:07:37
164.	121	Mark Yates	m	Veteran 40	Beaver Lodge	2:07:40
165.	64	Maurice Talbot	m	Veteran 60	U/A Burntwood, Staffs	2:08:56
166.	309	Ian Rayner	m	Veteran 50	Roundhay runners	2:09:01
167.	46	Chris Price	m	Veteran 50	York Acorns	2:09:04
168.	129	Kevin Bullock	m	Veteran 50	U/A Frinton on Sea, Essex	2:09:15
169.	91	Richard Davies	m		Man Tri Club	2:09:54
170.	37	Graham Schofield	m	Veteran 60	Chorley Harriers	2:10:40
171.	81	Peter Hodgson	m	Veteran 40	GMFRS Mountain Running Club	2:11:35
172.	205	Robbie Beak	m	Veteran 40	Beaverlodge	2:11:37
173.	138	Mark Twitchett	m	Veteran 40	U/A Leeds,	2:11:41
174.	77	Sarah Hall	f		U/A Leeds,	2:11:45
175.	216	Allison McIntyre	f	Lady Veteran 40	U/A Ayr, Ayrshire	2:11:54
176.	128	Stuart Meanwell	m		U/A Rothwell, West Yorkshire	2:12:05
177.	97	John-Paul Jones	m		U/A Gomersal, West Yorkshire	2:12:05
178.	282	Simon Stafford	m	Veteran 40	U/A Burnley,	2:12:07
179.	250	Ian Grace	m	Veteran 60	Chorley Harriers	2:12:08
180.	148	PAULINE NAYLOR	f	Lady Veteran 50	N/A	2:12:09
181.	100	David Pugsley	m	Veteran 50	U/A Lytham,	2:12:56
182.	116	katharine murugesan	f		U/A lytham,	2:12:56
183.	288	Dean Gatley	m	Veteran 50	U/A Church Minshull,	2:13:24
184.	196	Jean Turner	f	Lady Veteran 50	Telford Harriers	2:13:44
185.	145	Laura Woodhead	f		Fellandale	2:14:44
186.	31	Helen Walker	f	Lady Veteran 40	U/A	2:15:04
187.	94	lindsay Donald	f	Lady Veteran 50	carnehy hill running club	2:16:16
188.	252	Phil Kidman	m	Veteran 50	N/A	2:16:20
189.	310	Laura Ruxton	f	Lady Veteran 40	Great Langdale	2:16:20
190.	303	Jason Swapp	m		U/A Stockport,	2:17:17
191.	302	Lesley Jackson	f		U/A Ormskirk, Lancashire	2:17:17
192.	27	David Devine	m	Veteran 50	U/A Glasgow, Scotland	2:21:19
193.	255	Anita Mackie	f	Lady Veteran 40	Rons Runners	2:23:14
194.	226	Heather Acton	f	Lady Veteran 40	U/A Preston, Lancs	2:23:43
195.	259	Sam Button	m		U/A Chorley, Lancashire	2:34:34

Number of records: 195