

Lakeland Trails in Cartmel

Cartmel Trail Race 18km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time
1.	313	Tom Adams	m		Ilkley Harriers	1:05:46
2.	85	Ben Livesey	m		U/A Lincoln,	1:05:58
3.	1	Christopher Holdsworth	m		Clayton-le-moors Harriers	1:08:11
4.	122	Matthew Lewis	m		U/A London,	1:11:07
5.	4	Breton Holdsworth	m	Veteran 40	Clayton Le Moor Harriers	1:13:07
6.	52	Charlie Lowther	m		Eden	1:15:52
7.	271	Anthony Aimon	m		Hyde Park Harriers	1:17:05
8.	95	Richard Stevenson	m	Veteran 40	Clayton Le Moors Harriers	1:17:07
9.	158	Lee Smith	m		Clayton Le Moor Harriers	1:17:45
10.	275	Lee Winter	m	Veteran 40	GB Bootcamps	1:18:03
11.	267	Ciaran Roddy	m		Red rose runners	1:18:46
12.	112	David Taylor	m		U/A Preston, Lancashire	1:19:30
13.	102	Peter Abraham	m	Veteran 40	Altrincham & District AC	1:19:43
14.	7	Lou Roberts	f	Lady Veteran 40	Ambleside A C	1:19:53
15.	143	John Wilson	m	Veteran 40	Northbrook AC	1:20:37
16.	194	Steven Henderson	m		Sale Harriers Manchester	1:22:19
17.	223	Frank Dudbridge	m	Veteran 40	U/A Huntingdon,	1:24:05
18.	239	David Wilkinson	m	Veteran 50	Borrowdale Fell Runners	1:24:23
19.	309	Gail Stride	f		Knavesmire Harriers	1:24:54
20.	967	Leon Flesher	m	Veteran 40		1:25:06
21.	118	Alexander Nancolas	m		Valley Striders	1:25:33
22.	47	Rebecca Winter	f		Ackworth road runners	1:25:45
23.	86	peter fishpool	m	Veteran 40	U/A driffield, east yorks	1:25:46
24.	290	Kristina Jackson	f		Allithwaite Running Club	1:25:51
25.	236	James Duffy	m		Thornton cleveleys running club	1:26:06
26.	227	Derek Walkden	m	Veteran 40	Barlick Fell Runners	1:26:06
27.	308	Andrew Stuart	m	Veteran 40	None	1:26:08
28.	259	Peter Roome	m	Veteran 50	Southport Waterloo AC	1:26:31
29.	107	Carl Blackburn	m		U/A Carlisle, Cumbria	1:26:50
30.	160	Chris Snell	m		Clayton le moors harriers	1:26:55
31.	141	Darren Hendley	m	Veteran 40	York Knavesmire Harriers	1:27:26
32.	65	Thomas Feather	m		Leeds Bradford Tri Club	1:27:51
33.	27	Garry Owens	m	Veteran 50	NFR	1:28:06
34.	302	NEIL KELLY	m	Veteran 40	U/A Liverpool, MERSEYSIDE	1:28:19
35.	68	Ian Crook	m	Veteran 40	Barrow Striders	1:29:12
36.	221	Dale Grimshaw	m		Trawden Ac	1:29:21
37.	81	Robert Wadsworth	m		Dragons Running Club (Sale)	1:29:23
38.	69	Mike Allison	m	Veteran 50	U/A Penrith, Cumbria	1:29:38
39.	8	Abigail Tiplady	f		U/A Stockton, Cleveland	1:29:40
40.	245	Adam Armata	m		U/A Carlisle ,	1:29:50
41.	89	Andrew Buchanan	m	Veteran 40	U/A Airdrie, Lanarkshire	1:30:03
42.	250	Bjorn Abraham	m		U/A Ambleside, Cumbria	1:30:34
43.	88	Phil Anderson	m		U/A Preston, Lancs	1:30:38
44.	30	Amelie Thickitt	f		U/A Liverpool,	1:30:38
45.	105	Rachel Kane	f		U/A Carlisle, Cumbria	1:31:03
46.	181	Alan Milburn	m	Veteran 50	U/A Macclesfield, Cheshire	1:31:17
47.	49	Paul Rawlinson	m		DH Runners	1:31:23
48.	303	Jono Astle	m		U/A London,	1:31:31
49.	182	Stephen Ray	m		Chorlton Runners	1:31:35
50.	133	Jon Hawker	m	Veteran 50	Delamere Spartans	1:31:39
51.	178	Gary Kendall	m	Veteran 50	Springwell Running Club	1:31:45
52.	256	Kaisleigh Atkinson	f		U/A Kendal, Cumbria	1:31:53
53.	108	Sarah Atkinson	f		U/A Kendal, Cumbria	1:32:07
54.	70	Adrian Filippek	m		U/A Coniston, Cumbria	1:32:34
55.	93	Kevin Bray	m	Veteran 50	Morpeth Harriers	1:32:54
56.	248	Paul Whittemore	m		U/A Manchester,	1:33:02
57.	243	Lee Brogan	m		U/A Burnley,	1:33:09
58.	305	Andy Letheran	m	Veteran 50	U/A Kendal, Cumbria	1:33:12
59.	968	Alex Rickard	m			1:33:36
60.	207	Pedro Rodriguez	m		U/A Liverpool,	1:33:41
61.	173	James Holland	m		U/A Stockport, Cheshire	1:33:50
62.	240	Sam Crompton	m		U/A Crosthwaite , Cumbria	1:33:51
63.	172	sam Roach	m		U/A Wirral, Merseyside	1:34:21
64.	311	Andrew Suggitt	m		U/A York,	1:34:27
65.	258	Luke Evans	m		U/A Windermere, n/a	1:34:51
66.	119	Hayley Nancolas	f		Valley Striders	1:34:56
67.	188	Michael Pritchard	m		U/A chorley, lancs	1:35:09
68.	192	Ewan Kirk	m		U/A York, North Yorkshire	1:35:16
69.	37	Richard Hawkins	m		York Postal Harriers	1:35:16
70.	226	Toby Campbell	m		U/A Burnley , Lancs	1:35:35
71.	84	Martyn Willacy	m	Veteran 40	U/A Grange-Over-Sands, Cumbria	1:35:54
72.	161	Gareth MCGONAGLE	m		U/A Chorley, Lancs	1:36:02
73.	274	Darren Collin	m		U/A Liverpool,	1:36:31
74.	41	Dave Raynor	m	Veteran 50	Red Rose Road Runners	1:36:34
75.	242	jack coleman	m		U/A staveley nr kendal, cumbria	1:36:37
76.	291	Richard Toller	m	Veteran 60	Dundee Road Runners AC	1:36:38
77.	53	James Smith	m		U/A Keighley, West Yorkshire	1:36:38

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time
78.	159	Mike Pigram	m	Veteran 40	U/A Manchester,	1:36:39
79.	211	Martin Gribble	m	Veteran 60	U/A Dursley, Gloucestershire	1:36:39
80.	202	Karl Page	m	Veteran 50	U/A Chester, Cheshire	1:36:40
81.	25	Siobonne Brewster	f	Lady Veteran 40	U/A Carlisle, Cumbria	1:36:42
82.	206	Bob Christie	m		U/A Chester, Cheshire	1:36:45
83.	111	Gareth Cosens	m		Wigan Phoenix	1:36:55
84.	187	Jonathan Johnston-Smith	m		U/A Chorley, Lancs	1:36:58
85.	125	Kelli Evans	f		COLT	1:37:08
86.	307	Ian Richardson	m	Veteran 40	COLT	1:37:08
87.	22	Tom Wright	m	Veteran 40	U/A Lytham St.Annes, Lancashire	1:37:16
88.	196	donald nichol	m	Veteran 60	burnden road runners	1:37:18
89.	314	Simon Byrne	m			1:37:30
90.	276	lesley fisher	f	Lady Veteran 50	burnden road runners	1:37:33
91.	217	James Manger	m		U/A Liverpool,	1:37:44
92.	83	Ray Padgett	m	Veteran 60	U/A Grange over Sands, Cumbria	1:37:46
93.	224	Colin Christie	m	Veteran 60	Genial	1:37:51
94.	135	Terry Charles	m	Veteran 50	Delamere Spartans	1:38:10
95.	193	Stephen Davenport	m	Veteran 40	U/A Warrington, Cheshire	1:38:11
96.	200	Russell Thompson	m	Veteran 50	U/A Barrow-in-Furness,	1:38:41
97.	64	Jonathan Sadler	m		U/A Manchester,	1:39:09
98.	130	MARK BARNARD	m	Veteran 60	U/A HENLEY IN ARDEN, WARWICKSHIRE	1:39:29
99.	165	Stephane Paulus	m	Veteran 40	U/A liverpool,	1:39:42
100.	228	Anna Wade	f		Riversway Roadrunners	1:39:57
101.	80	Gary Oakford	m	Veteran 40	Merseyside Fire & Rescue Service	1:40:03
102.	272	Helen Close	f		Hyde Park Harriers	1:40:17
103.	293	Rob Marshall	m	Veteran 50	Scunthorpe and District AC	1:40:28
104.	300	Christopher Bloomer	m		U/A Swindon,	1:40:41
105.	59	Nicola Raby	f	Lady Veteran 40	Chorley Athletic and Tri Club	1:41:01
106.	50	Richard Smith	m	Veteran 50	U/A Potefract, West Yorkshire	1:41:10
107.	106	Ashley Barnes	m		U/A Burnley,	1:41:36
108.	148	Lisa Talbot	f	Lady Veteran 40	Fell Runners	1:41:38
109.	169	Luis Molero	m		U/A St boswells, Scottish borders	1:41:51
110.	97	Laura Davies	f		U/A Whitley Bay,	1:42:02
111.	252	Johnathan Smith	m	Veteran 40	Roundhay Runners	1:42:18
112.	190	Suzanne McArdle	f		U/A Carlisle, Cumbria	1:42:48
113.	115	Tamsin Cass	f		Tynedale Harriers	1:43:27
114.	280	Louise Watson	f		ASICS	1:43:29
115.	299	Edward Shaw	m		U/A Newcastle upon Tyne,	1:43:40
116.	215	John Foulds	m	Veteran 50	Astley and Tyldesley RC	1:44:07
117.	257	Glenn Darbyshire	m	Veteran 40	U/A Chorley , Lancashire	1:44:30
118.	175	Chris Addy	m	Veteran 40	U/A Penrith, Cumbria	1:44:33
119.	58	Gary Cattermole	m	Veteran 50	U/A Kendal, cumbria	1:44:38
120.	298	Naomi Shaw	f		U/A Newcastle upon Tyne,	1:45:03
121.	51	Stephen Harding	m	Veteran 40	Jog Scotland	1:45:48
122.	124	Steve Gornall	m	Veteran 50	U/A Fleetwood, Lancashire	1:45:54
123.	185	Bill Chadwick	m	Veteran 50	U/A Rainow, Macclesfield	1:45:58
124.	101	Nathan Davies	m	Veteran 40	U/A Kendal, Cumbria	1:46:04
125.	114	rob davies	m	Veteran 40	U/A glossop,	1:46:26
126.	310	Alan Young	m		U/A Carlisle,	1:46:36
127.	230	Kay McGreevy	f	Lady Veteran 50	BMF Glasgow	1:46:45
128.	29	Diane Wilson	f	Lady Veteran 40	U/A Richmond, North Yorkshire	1:47:28
129.	28	Martyn Wigglesworth	m	Veteran 40	U/A Richmond, North Yorkshire	1:47:28
130.	277	Kevin Sutherland	m	Veteran 40	ASICS	1:47:34
131.	295	Dean Nugent	m		Beanz	1:47:34
132.	131	Andrew Langley	m		U/A London, London	1:48:12
133.	154	Yana Maksimochkina	f		U/A London,	1:48:12
134.	74	Gill Cox	f		U/A Ambleside, Cumbria	1:48:15
135.	183	David Smith	m	Veteran 50	U/A Manchester,	1:48:16
136.	113	John Bamforth	m	Veteran 50	U/A Seascale,	1:48:40
137.	273	Caroline Middleton	f		U/A Hull, East Yorkshire	1:48:42
138.	87	Chris Pilkington	m		U/A Preston, Lancashire	1:49:00
139.	201	David Oneil	m	Veteran 40	Unattached	1:49:04
140.	61	Richard Clements	m	Veteran 40	U/A Manchester,	1:49:12
141.	163	John Wiseman	m	Veteran 50	Red Rose Runners	1:50:01
142.	315	cem acar	m		U/A blyth, northumberland	1:50:33
143.	186	Jane Saint	f	Lady Veteran 50	U/A Alcester, Warwickshire	1:50:33
144.	155	Nick Anderton	m	Veteran 40	U/A London,	1:51:03
145.	255	Peter Hodgson	m	Veteran 40	U/A Bury,	1:51:05
146.	20	Malcolm Marshall	m	Veteran 50	Scunthorpe & District AC	1:51:28
147.	98	Hilary Davies	f		U/A Sale,	1:51:39
148.	76	John Humphryes	m		U/A Chester, Cheshire	1:52:24
149.	121	Charlie Michaelis	m	Veteran 50	U/A Stratford-upon-Avon, Warwicks	1:52:33
150.	288	peter reed	m	Veteran 60	Northumberland Fell Runners	1:53:07
151.	254	Maggie Davies	f		U/A Fraserburgh, Aberdeenshire	1:53:21
152.	262	Damien Cullington	m		U/A Leeds, West Yorkshire	1:53:29
153.	208	Paul Cleary	m	Veteran 40	U/A Alsager, Stoke-on-Trent	1:53:36
154.	138	Billy Elliott	m	Veteran 40	U/A North Berwick,	1:53:40
155.	205	Richard Trinder	m	Veteran 70	U/A Frinton on Sea UK,	1:53:53
156.	241	Rob Newsham	m		Merseytri	1:54:52
157.	162	Fran Walker	f	Lady Veteran 40	U/A Bolton,	1:55:12

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time
158.	263	Peter Shields	m	Veteran 50	U/A Glasgow,	1:55:37
159.	264	Linda Shields	f	Lady Veteran 60	U/A Glasgow,	1:55:37
160.	246	Jim Barrow	m	Veteran 50	Pensby Runners	1:56:05
161.	94	David Hanson	m	Veteran 40	U/A Earby, Lancashire	1:56:40
162.	137	Dorothy Elliott	f	Lady Veteran 40	U/A North Berwick,	1:56:52
163.	72	Kate Bowden	f	Lady Veteran 40	U/A Glossop, Derbyshire	1:57:09
164.	129	Gail Tombs	f	Lady Veteran 60	Calder Valley Fell Runners	1:57:17
165.	176	katie Georgeson	f		U/A liverpool,	1:57:20
166.	153	Shaun Dubiel	m		U/A Chorley, Lancashire	1:57:27
167.	222	ian grimshaw	m	Veteran 50	U/A ingleton, lincs	1:58:08
168.	170	Rachel Mcaleese	f		U/A St boswells, Scottish borders	1:58:13
169.	177	Kay Hack	f	Lady Veteran 50	Springwell Running Club	1:58:16
170.	149	Julia Sorensen	f		U/A London,	1:58:16
171.	152	Victoria Dodd	f		U/A Kendal,	1:58:16
172.	67	Renata Ruskiewicz	f	Lady Veteran 50	Ealing Eagles	1:58:20
173.	220	Rachel Todd	f	Lady Veteran 40	Clayton Le-moor Harriers	1:58:44
174.	265	paul jackson	m		U/A widnes, cheshire	1:58:57
175.	260	Laura Kirkham	f		riversway road runners	1:59:08
176.	261	Cherry Collison	f	Lady Veteran 40	Bolton United harriers	1:59:09
177.	199	Mirek Sawicz	m		U/A Ellesmere Port,	2:00:04
178.	26	Richard Cavnar	m	Veteran 60	Fell runners Association	2:00:40
179.	66	Sally Robinson	f	Lady Veteran 40	Veloart	2:00:52
180.	204	Ermias Desta	m		U/A London,	2:01:03
181.	99	Helen Walker	f	Lady Veteran 40	U/A Kendal, Cumbria	2:01:38
182.	33	Graham Schofield	m	Veteran 60	Chorley Harriers	2:02:06
183.	312	Laura Ruxton	f		Great Langdale AC	2:02:34
184.	174	Jessica Patten	f		U/A Penrith, Cumbria	2:02:45
185.	212	Stewart Bailey	m	Veteran 40	Cheshire Hash House Harriers	2:02:52
186.	269	Andrew Speer	m	Veteran 50	Red Rose Road Runners	2:03:39
187.	100	Heather Acton	f	Lady Veteran 40	U/A Preston, Lancashire	2:04:19
188.	31	Elisabeth Zambo	f	Lady Veteran 40	U/A Southampton,	2:05:37
189.	79	Chris Lockley	m	Veteran 50	Eden Runners	2:05:48
190.	247	Owen Redpath	m		MADAC	2:06:22
191.	279	Elsbeth Fawcett	f		U/A Aberlady ,	2:06:23
192.	171	Peter Roach	m	Veteran 50	U/A Bebington, Wirral	2:07:28
193.	198	lawrence crees	m	Veteran 40	Genial	2:09:50
194.	219	Kat Healey	f		Bolton Harriers	2:12:24
195.	218	Sean McMenamin	m	Veteran 40	Certas Energy	2:12:24
196.	214	Oliver Bullock	m		U/A Frinton on Sea, Essex	2:13:01
197.	213	Kevin Bullock	m	Veteran 50	U/A Frinton on Sea, Essex	2:13:01
198.	145	Di Newton	f	Lady Veteran 60	U/A Kendal,	2:13:33
199.	134	Julia Lowes	f	Lady Veteran 50	U/A Bradwell, Derbyshire	2:15:40
200.	35	Anna McClarnon	f	Lady Veteran 40	U/A Eastleigh, Hampshire	2:16:35
201.	301	victoria valovin	f		U/A clitheroe , Lancashire	2:19:50
202.	306	Samantha Goodwin	f	Lady Veteran 40	U/A Oldham, Lancs	2:21:01
203.	268	Helen Orson	f	Lady Veteran 50	Red Rose Road Runners	2:28:54

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