

Lakeland Trails in Cartmel

Cartmel Trail Race 18km

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
1.	1	Tom Adams	f		Ilkley Harriers	1:08:38
2.	2	Christopher Holdsworth	m		Clayton Le Moors Harriers	1:10:32
3.	236	Richard Stirzaker	m		Rochdale Harriers & AC	1:19:15
4.	255	Sam Upton	m		Witney Road Runners	1:19:20
5.	104	Tom Foulerton	m	Veteran 40	Leamington C&AC	1:19:28
6.	93	Bruce Duncan	m		Team inov-8.com	1:22:00
7.	112	Sam Green	m		Team inov-8.com	1:22:10
8.	84	Jon Dearnley-Lane	m		U/A Middleton,	1:22:23
9.	59	Andrew Cairns	m		U/A Keighley, West Yorkshire	1:25:34
10.	12	Annie Conway	f		Ambleside AC	1:25:45
11.	257	Gary Vose	m	Veteran 40	Blackburn Harriers	1:25:59
12.	283	Chris corless	m	Veteran 40	Team mountain fuel	1:27:25
13.	126	Steven Henderson	m		Sale Harriers Manchester	1:27:59
14.	220	paul senior	m	Veteran 40	horsforth harriers	1:28:21
15.	111	Eugene Grant	m	Veteran 40	Milltown Milers	1:28:53
16.	115	Matt Grimshaw	m		Horsforth Harriers	1:28:55
17.	217	Amy Sarkies	f	Lady Veteran 40	Rugby and Northampton AC	1:28:58
18.	49	Steven Brennan	m	Veteran 50	U/A Ulverston, Cumbria	1:29:13
19.	148	Theo Johnson	m		U/A Lancaster,	1:29:16
20.	210	Peter Roome	m	Veteran 50	Southport Waterloo AC	1:29:36
21.	87	Emma Donlon	f		MSB	1:29:40
22.	293	Chris Snell	m		Barlick Fell Runners	1:29:45
23.	184	Ed Newbould	m		U/A Skipton, North Yorkshire	1:29:59
24.	114	Wayne Gregson	m	Veteran 40	Tri preston	1:30:09
25.	113	John Greenwood	m	Veteran 40	U/A Keighley, West Yorkshire	1:30:30
26.	122	Sam Harrison	m		Birstall RC	1:30:58
27.	108	Stuart Gosling	m		UTS	1:32:35
28.	152	Matthew Kelsey	m		U/A Liverpool,	1:32:35
29.	102	peter fishpool	m	Veteran 50	U/A driffield, east yorks	1:33:24
30.	269	John Wilson	m	Veteran 40	Northbrook AC	1:33:42
31.	177	Mark Morgan-Hillam	m	Veteran 40	Wigan and District Harriers	1:33:53
32.	31	John Barker	m		Red Rose Runners	1:34:02
33.	271	Rebecca Winter	f		Ackworth road runners	1:34:05
34.	39	David Bellerby	m	Veteran 40	U/A Harrogate, North Yorkshire	1:34:50
35.	256	Harry Vaneris	m		U/A London,	1:34:59
36.	88	John Douglas	m	Veteran 40	Allithwaite Running Club	1:35:12
37.	85	Kevin Deery	m		U/A Dublin,	1:35:21
38.	127	Aidan Hewitt	m		U/A Edinburgh,	1:36:02
39.	133	James Holland	m		U/A Stockport, Cheshire	1:36:26
40.	247	Roger Taylor	m	Veteran 50	Preston Harriers	1:36:35
41.	141	James Isherwood	m	Veteran 40	Beeston AC	1:36:57
42.	181	Alexander Nancolas	m		Valley Striders	1:37:05
43.	266	Liam Widdrington	m		U/A Windermere, Cumbria	1:37:07
44.	232	Ian Stainthorpe	m	Veteran 50	Rochdale Harriers	1:37:08
45.	37	Fiona Belgian	f	Lady Veteran 40	Jog On The Tyne	1:37:11
46.	245	Rich Sykes	m	Veteran 40	Spa Striders	1:37:13
47.	86	Adam Dickinson	m		U/A Dalston, Cumbria	1:37:22
48.	182	Hayley Nancolas	f		Valley Striders	1:37:29
49.	211	Nickey Russell	f	Lady Veteran 40	U/A Lancaster, Lancs	1:37:43
50.	191	Garry Owens	m	Veteran 60	NFR	1:37:47
51.	77	Steven Crowe	m		South Cheshire Harriers	1:37:51
52.	166	john marshall	m	Veteran 40	U/A cockerham, lancashire	1:37:53
53.	109	Amy Grace	f		South Cheshire Harriers	1:37:54
54.	137	Paul Hughes	m	Veteran 40	Claremont Road Runners	1:38:15
55.	89	Paul Downham	m	Veteran 40	U/A chorley, lancashire	1:38:20
56.	274	Kieran Ireland	m		Glaxo Hoad Hill Harriers	1:38:21
57.	252	Jonathan Turner	m	Veteran 40	Ilkley Harriers	1:38:30
58.	202	Paul Richardson	m		Cunning Runts	1:38:31
59.	248	Stuart Taylor	m	Veteran 40	U/A Preston, Lancashire	1:38:34
60.	124	Jay Heaton	m		U/A Edinburgh,	1:38:38
61.	73	Phillip Cornforth	m	Veteran 40	Knarborough Striders	1:38:44
62.	100	Stephen Entwistle	m	Veteran 50	Wirral Vikings TRC	1:38:55
63.	207	Pedro Rodriguez	m		U/A Liverpool,	1:38:57
64.	259	ian waller	m	Veteran 50	knarborough striders	1:39:14
65.	173	Christian Merriman	m		U/A Leeds,	1:39:34
66.	26	Adam Armata	m		U/A Carlisle ,	1:39:41
67.	240	Lucy Stuart	f		Warrington Triathlon Club	1:39:51
68.	123	Jon Hawker	m	Veteran 50	Delamere Spartans	1:40:00
69.	121	John Harrison	m	Veteran 50	Skipton AC	1:40:03
70.	67	Andrew Christie	m		Red Rose Road Runners	1:40:05
71.	144	William James	m		U/A Leeds,	1:40:07
72.	244	Richard Swift	m		U/A Chester,	1:40:26
73.	270	Rob Wilson	m	Veteran 40	Birtley AC	1:40:41
74.	161	Tony Little	m	Veteran 40	Growing Well	1:40:44
75.	199	Andrew Pye	m	Veteran 40	U/A Kendal, Cuumbria	1:40:52
76.	99	Karl Edwards	m	Veteran 60	Hartlepool Burn Road Harriers	1:41:02
77.	188	Anthony Oliver	m	Veteran 50	HartlepoolBurn road harriers	1:41:02

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
78.	197	Ian Porter	m	Veteran 40	U/A Lancaster, Lancashire	1:41:22
79.	201	Michael Richardson	m	Veteran 40	n/a	1:41:28
80.	15	Aisling Wall	f		U/A Leeds W Yorks	1:41:38
81.	280	Josh Murphy	m		Black Combe Runners	1:41:38
82.	272	Marcin Ziomek	m		U/A BLACKPOOL, Lancashire	1:41:58
83.	228	Richard Smith	m	Veteran 50	U/A Ackworth, West Yorkshire	1:42:13
84.	281	Max Nicholson	m		Ulverston Tri Club	1:42:34
85.	209	Martin Rogers	m		NA	1:42:41
86.	25	Mike Allison	m	Veteran 60	U/A Penrith, Cumbria	1:42:43
87.	284	Nick Cox	m	Veteran 40	U/A ambleside, cumbria	1:42:45
88.	285	Andrew Clokey	m		U/A Lancaster , Lancashire	1:42:45
89.	279	Gary Cash	m	Veteran 60	Wirral Vikings TRC	1:42:48
90.	168	Darren Mc Glynn	m		U/A Edinburgh,	1:43:12
91.	205	Martyn Robinson	m	Veteran 40	BATS	1:43:14
92.	292	Anair Beverly	m			1:43:30
93.	198	Michael Pritchard	m		U/A chorley, lancs	1:44:07
94.	147	leslie johnson	m	Veteran 40	Northwich Running Club	1:44:25
95.	250	Mike Thomson	m	Veteran 40	Lower Hardhorn AC	1:44:34
96.	179	Jackie Murdy	f	Lady Veteran 50	U/A Sunderland , Tyne and Wear	1:44:36
97.	142	Beverley Jackson	f	Lady Veteran 50	Altrincham And District Athletic Club	1:44:52
98.	45	Philip Boylin	m		U/A Hexham, Northumberland	1:44:54
99.	219	Benjamin Seard	m		U/A Southport , Merseyside	1:45:14
100.	91	Lee Drummond	m	Veteran 40	Birtley ac	1:45:20
101.	204	Iain Robertson	m	Veteran 50	Stop the Wee Grumpy	1:45:42
102.	62	Nicola Carter	f	Lady Veteran 40	Knaresborough Striders	1:45:43
103.	249	Russell Thompson	m	Veteran 50	U/A Barrow-in-Furness,	1:46:06
104.	70	sam colman	m	Veteran 40	U/A otley, yorkshire	1:46:17
105.	265	Andy Whitlock	m		U/A Lymm, Cheshire	1:46:33
106.	134	Daniel Hughes	m		Red Rose Road Runners	1:46:35
107.	136	Nicola Hughes	f		Red Rose Runners	1:46:35
108.	221	Charles Shaw	m	Veteran 40	U/A Kendal, Cumbria	1:46:36
109.	165	Iain Mackie	m		U/A Preston, Lancashire	1:46:51
110.	213	Neil Ryan	m		Manchester Harriers	1:46:59
111.	264	NEIL WHITAKER	m		U/A Bury, Lancashire	1:47:02
112.	72	David Connor	m	Veteran 40	Carlisle tri club	1:47:13
113.	56	DAVID BURTON	m	Veteran 50	KESWICK	1:47:42
114.	291	Ollie Barker	m			1:47:44
115.	234	Rob Staruch	m		-	1:47:45
116.	52	Jonathan Buckley	m		U/A Frizington, Cumbria	1:47:57
117.	48	Renell Brennan	f	Lady Veteran 40	Glaxo Hoad Hill Harriers	1:48:06
118.	231	Niamh Stack	f		U/A NEWCASTLE UPON TYNE,	1:48:49
119.	119	Mark Harding	m	Veteran 40	U/A Long Newton, Stockton on Tees	1:49:11
120.	186	Ben Oldendorp	m	Veteran 40	U/A Blackpool , Lancashire	1:49:28
121.	135	ian hughes	m	Veteran 40	Guinea Pig Racing Club	1:49:38
122.	143	Niamh Jackson	f		Kirkstall Harriers	1:49:54
123.	235	Joe Steele	m	Veteran 40	Roundhay Runners	1:49:54
124.	225	Ian Silburn	m		U/A Edenhall, Cumbria	1:50:22
125.	105	Nicola Fullwood	f		U/A Retford, Notts	1:50:25
126.	149	Jonathan Johnston-Smith	m		U/A chorley, Lancs	1:50:34
127.	42	Stuart Bond	m	Veteran 40	U/A Skipton,	1:50:44
128.	40	Christopher Bloomer	m		U/A Swindon,	1:50:46
129.	116	Adrian Hadley	m		Cumberland AC	1:51:29
130.	140	Freddie Ingleby	m		U/A Edinburgh ,	1:51:36
131.	267	Martyn Wigglesworth	m	Veteran 40	U/A Richmond, North Yorkshire	1:51:51
132.	53	Mike Buckman	m	Veteran 40	U/A Liverpool, Merseyside	1:52:15
133.	196	Chris Pilkington	m		U/A Preston, Lancashire	1:52:23
134.	157	Lee Lawrenson	m		U/A Preston, Lancs	1:52:59
135.	63	Toby Casstles	m		U/A Rainford, Merseyside	1:53:17
136.	158	Jamie Lawson	m		U/A Melrose,	1:53:43
137.	246	Alan Taylor	m		U/A NEWCASTLE UPON TYNE, Northumberland	1:53:46
138.	273	Darina Delinova	f		U/A	1:54:20
139.	203	Peter Roberts	m	Veteran 40	Bramhall Runners	1:54:30
140.	60	anthony calverley	m	Veteran 50	U/A morecambe, lancs	1:55:08
141.	178	David Moston	m	Veteran 40	Wirral Vikings	1:55:34
142.	290	Tanya Crofts	f	Lady Veteran 40		1:55:51
143.	51	Sharon Bryan	f	Lady Veteran 40	U/A Preston, Lancs	1:56:00
144.	30	Andrew Bagshaw	m	Veteran 50	Bramhall Runners	1:56:21
145.	163	Jack Lyons	m		U/A Sowerby Bridge, West Yorkshire	1:56:23
146.	106	Shaun Gill	m		None	1:56:25
147.	69	Nigel Coates	m	Veteran 60	U/A Bolton, Lancashire	1:56:31
148.	167	Malcolm Marshall	m	Veteran 50	Scunthorpe & District AC	1:56:34
149.	34	Mike Barram	m	Veteran 40	U/A Manchester,	1:57:02
150.	230	Chris Snell	m		Barlick Fell Runners	1:57:15
151.	50	siobhan brewer	f	Lady Veteran 40	U/A cockermouth, cumbria	1:57:20
152.	162	Emma Lynch	f		U/A Mold,	1:57:28
153.	268	Diane Wilson	f	Lady Veteran 40	U/A Richmond, North Yorkshire	1:57:44
154.	176	ian mitchell	m	Veteran 50	helm hill runners	1:58:07
155.	27	MICHAEL ARMSTRONG	m	Veteran 50	sunderland strollers	1:58:10
156.	38	Stuart Bell	m	Veteran 60	Kendal AC	1:58:50
157.	71	Pete Connolly	m	Veteran 40	Wirral Vikings Trail Running Club	1:58:55

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
158.	239	Lesley Strickland	f	Lady Veteran 50	Hartlepool Burn Road Harriers	1:59:45
159.	223	Stephen Shaw	m	Veteran 50	-	2:00:23
160.	222	Janet Shaw	f	Lady Veteran 40	-	2:00:25
161.	98	Simon Eaton	m	Veteran 40	Wesham Road Runners	2:00:38
162.	229	Paul Smitham	m	Veteran 50	GMFRS	2:00:48
163.	66	Nuria Stephanie Chhabra	f		U/A Ambleside, Cumbria	2:00:52
164.	180	Peter Mylett	m	Veteran 40	Wirral Vikings TRC	2:00:56
165.	57	Danny Butterworth	m		Barlick Fell Runners	2:01:04
166.	90	David Draper	m		U/A Ecclestone, Lancs	2:02:33
167.	74	Gill Cox	f		U/A Ambleside, Cumbria	2:02:41
168.	44	Chris Bowker	m		Lytham St Anne's Road Runners Club	2:02:46
169.	151	Danny Keir	m		Ride Tour Explore	2:03:13
170.	54	Kevin Bullock	m	Veteran 50	U/A Frinton on Sea, Essex	2:03:26
171.	146	Anthony Jeffery	m	Veteran 50	Lancaster & Morecambe	2:03:38
172.	238	Jo Storey	f	Lady Veteran 40	Jogonhetyne	2:03:49
173.	95	Graeme Dymond	m	Veteran 40	U/A Manchester,	2:04:10
174.	43	Kate Bowden	f	Lady Veteran 40	U/A Glossop, Derbyshire	2:04:39
175.	36	Michael Beech	m	Veteran 50	U/A Skipton, North Yorkshire	2:05:16
176.	160	Dan Lewis	m	Veteran 40	U/A Kirkoswald, Cumbria	2:05:31
177.	189	Robbie Oliver	m		U/A Lancaster,	2:06:21
178.	107	Stephanie Goodchild	f	Lady Veteran 50	Manchester YMCA Harriers	2:07:50
179.	282	katie winder	f		U/A cumbria, cumbria	2:08:20
180.	262	Jackie Welburn	f		Holme Pierrepont RC	2:08:42
181.	155	David Kenyon	m		Ribble Valley Triathlon Ckub	2:09:33
182.	139	Gill Hutchinson	f		U/A Whalley , Lancashire	2:09:34
183.	79	David Cummins	m	Veteran 40	U/A chorley,	2:09:51
184.	131	richard Holden	m	Veteran 40	U/A PREESELL, Lancashire	2:10:22
185.	101	Dave Fisher	m	Veteran 60	Wirral Vikings	2:10:49
186.	294	Philip Heaward	m		Bramhall Runners	2:10:51
187.	190	Greg Oulton	m	Veteran 50	Lytham St Annes Road Runners	2:11:14
188.	118	Helen Halsall	f	Lady Veteran 50	U/A Altrincham, Cheshire	2:12:03
189.	275	Ian Rayner	m	Veteran 50	U/A Leeds	2:12:13
190.	164	Miriam Mackay	f	Lady Veteran 40	U/A Inverness,	2:12:19
191.	117	Sarah Hall	f	Lady Veteran 40	U/A Leeds,	2:14:50
192.	254	Mark Twitchett	m	Veteran 40	U/A Leeds,	2:14:50
193.	276	Julie Graham	f	Lady Veteran 50	Garstang	2:15:19
194.	214	Jane Saint	f	Lady Veteran 50	U/A Alcester, Warwickshire	2:16:47
195.	156	elaine lamb	f	Lady Veteran 50	wirral runners	2:17:57
196.	159	Steve Lee	m	Veteran 50	Leamington spa striders	2:18:38
197.	170	Julie McBride	f	Lady Veteran 40	Preesall Fire	2:19:24
198.	132	sarah holden	f	Lady Veteran 40	Preesall Fire	2:19:29
199.	81	peter cushion	m	Veteran 40	wirral vikings trc	2:19:33
200.	130	Cat Holden	f	Lady Veteran 40	Red Rose Road Runners	2:19:33
201.	174	Charlie Michaelis	m	Veteran 50	U/A Stratford-upon-Avon,	2:19:44
202.	28	Rebecca Atkinson	f		U/A Kendal, Cumbria	2:21:05
203.	237	Richard Stokes	m	Veteran 60	FRA	2:21:56
204.	260	Anna Ward	f		Birstall RC	2:22:10
205.	171	Richard McGee	m	Veteran 50	U/A Stratford on Avon,	2:22:42
206.	23	Ruth Akers	f		Keswick AC	2:23:20
207.	194	sam perkins	f	Lady Veteran 40	U/A Ingleton, n. yorkshire	2:23:30
208.	218	Graham Schofield	m	Veteran 60	Chorley Harriers	2:26:15
209.	65	Terry Charles	m	Veteran 50	Wirral Vikings TRC	2:28:39
210.	22	Angela Adlard	f	Lady Veteran 40	Wirral Vikings TRC	2:28:40
211.	138	Penny Hunt	f	Lady Veteran 50	U/A Settle, N Yorks	2:30:25
212.	206	David Robson	m		U/A Newcastle ,	2:31:11
213.	80	David Cummins	m	Veteran 40	U/A Chorley, Lancashire	2:36:05
214.	200	Spencer Reynolds	m	Veteran 40	Wirral Viking's	2:39:47

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