

Lakeland Trails in Hawkshead

Hawkshead Trail Race 16K

| Pos | Bib | Name | M/F | Age Cat | Club | Finish Time |
|-----|-----|-------------------|-----|-----------------|--|-------------|
| 1. | 1 | Chris Holdsworth | m | | Team Inov 8 | 1:00:26 |
| 2. | 12 | Jonathan Cox | m | | Eden Runners | 1:03:43 |
| 3. | 131 | Paul Brunger | m | | Derwent Valley Running Club | 1:09:04 |
| 4. | 117 | Matthew Doey | m | | Kendal AAC | 1:09:54 |
| 5. | 64 | David Jackson | m | Veteran 40 | Horwich RMI Harriers | 1:11:11 |
| 6. | 107 | Eddie Ware | m | Veteran 40 | U/A London, - - | 1:11:26 |
| 7. | 2 | Mark Palmer | m | Veteran 50 | Achille Ratti | 1:11:27 |
| 8. | 39 | Richard Wilson | m | Veteran 40 | Kendal AC | 1:11:27 |
| 9. | 57 | Steven Henderson | m | | Sale Harriers Manchester | 1:12:23 |
| 10. | 153 | Wayne Gregson | m | Veteran 40 | Tri Preston | 1:12:54 |
| 11. | 4 | Matt Wilson | m | Veteran 40 | Kendal AC | 1:13:43 |
| 12. | 5 | Chris Corless | m | Veteran 40 | Team Mountain Fuel | 1:14:47 |
| 13. | 82 | Martin Klavon | m | | U/A Huddersfield, West Yorkshire | 1:15:14 |
| 14. | 192 | Ryan Crawley | m | | U/A Carlisle, Cumbria | 1:15:23 |
| 15. | 133 | Matthew Birket | m | | Manchester Road Runners | 1:15:28 |
| 16. | 47 | Guy Bettinson | m | Veteran 40 | St Bees Triers | 1:16:01 |
| 17. | 187 | martin oldfield | m | Veteran 50 | darwin dashers | 1:16:15 |
| 18. | 142 | Ian Roberts | m | | LIVERPOOL PEMBROKE AND SEFTON HARRIERS | 1:16:35 |
| 19. | 36 | Adam Lyons | m | | U/A Lisburn, | 1:18:41 |
| 20. | 141 | Peter Roome | m | Veteran 50 | Southport Waterloo AC | 1:19:00 |
| 21. | 35 | Katie Beecher | f | Lady Veteran 40 | Les Croupiers RC | 1:19:09 |
| 22. | 51 | Frazer Durris | m | Veteran 40 | Trawden AC | 1:20:20 |
| 23. | 206 | James Carvello | m | Veteran 40 | Roundhay Runners | 1:20:58 |
| 24. | 128 | Jack Siddoway | m | | U/A Newcastle upon tyne, | 1:21:42 |
| 25. | 129 | Chris Smith | m | | Keswick AC | 1:21:45 |
| 26. | 197 | Christine Holmes | f | | Trentham Running club | 1:21:46 |
| 27. | 60 | yulan brosse | m | | U/A grassington, SKIPTON | 1:22:04 |
| 28. | 80 | Chris Astles | m | | U/A wimblodsley, | 1:22:18 |
| 29. | 66 | Saul Shimmin | m | | U/A Bolton, | 1:22:20 |
| 30. | 70 | Matthew Little | m | Veteran 40 | Trawden running club | 1:22:24 |
| 31. | 78 | Robert Jackson | m | Veteran 40 | ProwBoBob | 1:23:05 |
| 32. | 210 | Chris Graham | m | Veteran 40 | U/A winderemere, | 1:23:13 |
| 33. | 95 | Iain Bethune | m | | Run Sandymoor | 1:23:20 |
| 34. | 209 | Sam Crompton | m | Veteran 40 | U/A Kendal, Cumbria | 1:23:32 |
| 35. | 181 | Peter Fishpool | m | Veteran 50 | U/A | 1:24:16 |
| 36. | 26 | David Walker | m | Veteran 50 | Sedgefield Harriers | 1:24:16 |
| 37. | 63 | Justin Barritt | m | Veteran 40 | U/A Manchester, Greater Manchester | 1:24:17 |
| 38. | 228 | Jo Sutton | f | | Shrewsbury Athletics Club | 1:24:29 |
| 39. | 177 | Ben Oldendorp | m | Veteran 40 | U/A Blackpool , Lancashire | 1:25:20 |
| 40. | 168 | Andrew Pye | m | Veteran 40 | U/A Kendal, Cuumbria | 1:25:25 |
| 41. | 213 | Andrew Clokey | m | | U/A Lancaster , Lancashire | 1:25:33 |
| 42. | 203 | David Calder | m | Veteran 50 | Westerlands Cross Country Club | 1:25:45 |
| 43. | 122 | Mark Duncan | m | Veteran 40 | Lanehead Runners | 1:26:18 |
| 44. | 100 | Raymond Duff | m | Veteran 40 | U/A Dumfries, | 1:26:18 |
| 45. | 155 | Ian Crook | m | Veteran 50 | Barrow Striders | 1:26:18 |
| 46. | 50 | Richard Hankins | m | Veteran 40 | Helsby Running Club | 1:26:45 |
| 47. | 33 | Dave Burne | m | Veteran 40 | U/A Wendover , Bucks | 1:27:16 |
| 48. | 151 | Nigel Leeson | m | Veteran 50 | Macclesfield Canoe Club | 1:27:27 |
| 49. | 193 | Alan Barr | m | Veteran 40 | Howgill Harriers | 1:28:10 |
| 50. | 41 | Ben Hoyle | m | | U/A Penrith, Cumbria | 1:28:29 |
| 51. | 89 | Chris Davies | m | | U/A Witton le wrar, Durham | 1:29:06 |
| 52. | 88 | David Rice | m | Veteran 40 | Keswick AC | 1:29:10 |
| 53. | 65 | leslie johnson | m | Veteran 50 | Northwich Running Club | 1:29:20 |
| 54. | 201 | Chris Cobb | m | | Roudhay Runners | 1:29:25 |
| 55. | 182 | Maria Armstrong | f | Lady Veteran 40 | Tynedale Harriers | 1:29:39 |
| 56. | 194 | David Davies | m | | U/A Nr. Ulverston, Cumbria | 1:30:18 |
| 57. | 200 | Nick Haughton | m | | U/A Lancaster, Lancashire | 1:30:32 |
| 58. | 43 | Steve Parker | m | Veteran 50 | U/A Chester, Cheshire | 1:30:35 |
| 59. | 136 | Dominic Brophy | m | Veteran 50 | U/A kirkham, Lancashire | 1:30:36 |
| 60. | 149 | Rob Fawdington | m | | U/A Linlithgow, West Lothian | 1:30:54 |
| 61. | 233 | Tom Kirk | m | | | 1:31:22 |
| 62. | 121 | Ian Croft | m | Veteran 50 | Red rose road runners | 1:31:24 |
| 63. | 37 | Gavin Heaton | m | | U/A Stockport, | 1:31:28 |
| 64. | 217 | Hannah Walsh | f | | Team inov-8 | 1:31:29 |
| 65. | 94 | Adam McGinley | m | | U/A Carlisle, Cumbria | 1:31:41 |
| 66. | 44 | Mark Newman | m | Veteran 40 | U/A Cambridge, | 1:32:38 |
| 67. | 81 | Andy Harrod | m | | Lonsdale Fell Runners | 1:32:44 |
| 68. | 140 | Ian MacNamee | m | Veteran 50 | Erewash Valley Running Club | 1:32:51 |
| 69. | 124 | Roberto Raso | m | Veteran 50 | Manchester Frontrunners | 1:33:12 |
| 70. | 184 | Beverley Jackson | f | Lady Veteran 50 | Altrincham and District AC | 1:33:24 |
| 71. | 191 | Ian Robinson | m | Veteran 50 | U/A Beckermat, | 1:34:00 |
| 72. | 221 | Neil Dunlop | m | Veteran 50 | U/A Linlithgow, West Lothian | 1:34:21 |
| 73. | 77 | Annabel Prow | f | | U/A Nottingham, | 1:34:39 |
| 74. | 62 | Andrew Davidson | m | | U/A Altrincham, Cheshire | 1:34:49 |
| 75. | 99 | Thomas Price | m | | U/A WIGAN, Greater Manchester | 1:35:02 |
| 76. | 24 | Bleddyn Edwards | m | Veteran 40 | Cardiff Triathletes | 1:35:06 |
| 77. | 220 | Phillip Whettlock | m | Veteran 50 | Queensbury RC | 1:35:55 |

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|------|------|--------------------|-----|-----------------|------------------------------------|-------------|
| 78. | 34 | Carl Dunk | m | Veteran 50 | U/A Shipley, | 1:36:10 |
| 79. | 91 | Richard Hodgson | m | Veteran 50 | Wray Runners | 1:36:13 |
| 80. | 174 | Tom Wright | m | Veteran 40 | U/A Lytham St.Annes, Lancashire | 1:36:23 |
| 81. | 93 | Andrew Mitchinson | m | Veteran 40 | Team Otter | 1:36:24 |
| 82. | 92 | Jennifer Lapping | f | Lady Veteran 40 | Jog on the Tyne | 1:36:39 |
| 83. | 74 | Aaron Hargreaves | m | | U/A Huddersfield, West Yorkshire | 1:36:49 |
| 84. | 46 | Stephen Clarke | m | Veteran 60 | U/A Kelsall, Cheshire | 1:36:52 |
| 85. | 110 | Wayne Fox | m | | St. Bees Triers | 1:37:02 |
| 86. | 138 | Gary Cattermole | m | Veteran 50 | U/A Kendal, cumbria | 1:37:02 |
| 87. | 190 | Richard Hall | m | Veteran 50 | Bramhall Runners | 1:37:17 |
| 88. | 119 | RYLAND HOWARD | m | | U/A Todmorden, West Yorkshire | 1:37:57 |
| 89. | 120 | Tom Bateson | m | | U/A Rochdale, Lancs | 1:37:58 |
| 90. | 156 | Richard Smith | m | Veteran 50 | U/A Ackworth, West Yorkshire | 1:38:19 |
| 91. | 207 | Philip Boylin | m | Veteran 40 | U/A Hexham, Northumberland | 1:38:19 |
| 92. | 71 | Katie Quincey | f | | U/A Bingley, West Yorkshire | 1:39:30 |
| 93. | 135 | Ian Stainthorpe | m | Veteran 50 | Rochdale Harriers | 1:40:24 |
| 94. | 52 | tim kings | m | Veteran 50 | U/A KENDAL, | 1:40:35 |
| 95. | 69 | Lawrence Collinson | m | Veteran 50 | None | 1:40:35 |
| 96. | 214 | Rachel Mann | f | | Kendal AC | 1:40:41 |
| 97. | 146 | Jon Meeten | m | Veteran 50 | U/A Manchester, | 1:40:57 |
| 98. | 195 | Jo Brockhouse | f | Lady Veteran 60 | U/A Hexham, Northumberland | 1:41:38 |
| 99. | 139 | Stephen Lester | m | Veteran 60 | Cumberland Fell Runners | 1:41:46 |
| 100. | 159 | Andrew Taylor | m | Veteran 40 | Running 4CF | 1:42:11 |
| 101. | 67 | Katherine Smoker | f | | U/A London, | 1:42:32 |
| 102. | 130 | graham coupe | m | Veteran 40 | Wirral Vikings TRC | 1:42:46 |
| 103. | 185 | Jade Gilchrist | f | | U/A Barrow-In-Furness, Cumbria | 1:42:51 |
| 104. | 170 | Neil Paterson | m | Veteran 60 | U/A Hexham, Northumberland | 1:42:51 |
| 105. | 227 | Rebecca Smith | f | Lady Veteran 40 | Glossopdale Harriers | 1:43:27 |
| 106. | 101 | Adrian Cross | m | Veteran 40 | U/A Arnside, CUMBRIA | 1:43:33 |
| 107. | 72 | Stewart Walker | m | Veteran 50 | U/A Egremont, CUMBRIA | 1:43:43 |
| 108. | 83 | Natalie Saunders | f | | U/A Leeds, West Yorkshire | 1:44:12 |
| 109. | 127 | Clare Lynam | f | | U/A Leeds , | 1:44:13 |
| 110. | 158 | Benedict Farrell | m | | U/A manchester, | 1:44:29 |
| 111. | 114 | Jane Turner | f | | U/A Newbiggin-on-Lune, Cumbria | 1:45:15 |
| 112. | 115 | Richard Greener | m | | U/A Newbiggin-on-Lune, | 1:45:15 |
| 113. | 205 | rich roberts | m | Veteran 50 | elswick | 1:45:49 |
| 114. | 204 | Mike Wood | m | Veteran 50 | U/A Ryton, Tyne &Wear | 1:45:49 |
| 115. | 32 | Stuart O'Neill | m | Veteran 40 | U/A Lindal - In - Furness, Cumbria | 1:45:51 |
| 116. | 176 | john wilson | m | | U/A Lytham, Lancashire | 1:46:03 |
| 117. | 169 | MICHAEL ARMSTRONG | m | Veteran 50 | sunderland strollers | 1:46:06 |
| 118. | 188 | rosanne gittins | f | Lady Veteran 50 | keswick ac | 1:46:11 |
| 119. | 45 | Sally Barton | f | Lady Veteran 50 | Hoad Hill Harriers | 1:46:20 |
| 120. | 125 | Paul Roche | m | Veteran 50 | U/A Chester, | 1:46:26 |
| 121. | 223 | Ellena Farrow | f | | Cambridge & Coleridge AC | 1:46:46 |
| 122. | 49 | Ian Birkett | m | Veteran 40 | U/A Northwich, Cheshire | 1:46:57 |
| 123. | 56 | Philip Charles | m | Veteran 50 | U/A Glasgow, | 1:47:14 |
| 124. | 53 | Jane Lewis | f | Lady Veteran 50 | U/A Nottingham, | 1:47:14 |
| 125. | 183 | Joris Volmer | m | | U/A Nethy Bridge | 1:47:36 |
| 126. | 30 | Debra Stevenson | f | Lady Veteran 40 | U/A Doncaster, South Yorkshire | 1:47:52 |
| 127. | 134 | Stuart Bell | m | Veteran 60 | Kendal AC | 1:48:17 |
| 128. | 31 | Claire Mills | f | Lady Veteran 40 | Sodbury Cycle Sport | 1:49:14 |
| 129. | 23 | Emma Jenkins | f | Lady Veteran 40 | Cardiff Tri | 1:49:20 |
| 130. | 61 | michael hoare | m | Veteran 40 | U/A nelson, lancashire | 1:49:20 |
| 131. | 189 | steve fairclough | m | Veteran 50 | Bramhall Runners | 1:49:59 |
| 132. | 186 | Peter Mylett | m | Veteran 40 | Wirral Vikings TRC | 1:50:38 |
| 133. | 90 | David Moston | m | Veteran 40 | Wirral Vikings | 1:50:38 |
| 134. | 106 | EDYTA WIERZBOWSKA | f | | U/A London, - - | 1:50:43 |
| 135. | 160 | John Bamforth | m | Veteran 50 | U/A Wigton, Cumbria | 1:51:20 |
| 136. | 218 | David Walsh | m | Veteran 50 | Team inov-8 | 1:51:50 |
| 137. | 25 | Paul Oâ€™Regan | m | Veteran 40 | U/A Edinburgh, | 1:51:56 |
| 138. | 40 | ALAN JONES | m | Veteran 60 | GARSTANG RUNNING CLUB | 1:52:10 |
| 139. | 48 | Zoe Bettinson | f | Lady Veteran 40 | St Bees Triers | 1:52:11 |
| 140. | 1187 | ian rayner | m | Veteran 50 | Roundhay Runners | 1:52:24 |
| 141. | 29 | Paul Stevenson | m | Veteran 40 | U/A Selby, North Yorkshire | 1:52:35 |
| 142. | 102 | Olivia Gill | f | Lady Veteran 40 | U/A Glasgow, | 1:53:09 |
| 143. | 150 | Graham Schofield | m | Veteran 60 | Chorley Harriers | 1:54:41 |
| 144. | 175 | John Harris | m | Veteran 40 | U/A Bradford, County (optional) | 2:01:24 |
| 145. | 97 | Richard Stokes | m | Veteran 60 | FRA | 2:01:26 |
| 146. | 79 | Lucy Owens | f | Lady Veteran 40 | Stockton Striders | 2:01:40 |
| 147. | 58 | Alison Andrew | f | Lady Veteran 50 | Cumberland AC | 2:02:16 |
| 148. | 152 | Colin Wightman | m | Veteran 40 | U/A Formby, | 2:02:20 |
| 149. | 148 | Sophie Owens | f | | U/A Stockton on Tees, | 2:02:24 |
| 150. | 196 | Mark Grundy | m | Veteran 50 | Bramhall Runners | 2:02:32 |

Number of records: 150