

## Lakeland Trails in Staveley

## Kentmere Trail Run 10km

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
<b>Kentmere Trail Run 10km</b>						
1.	1487	Ciaron Roddy	m		Red rose runners	0:50:51
2.	1183	Craig Gunn	m		U/A Sunderland, Tyne & Wear	0:52:11
3.	1429	Matt Wilson	m	Veteran 40	Kendal AC	0:52:31
4.	1081	Luke Carter-Brzezinski	m		Chorlton Runners	0:53:11
5.	1432	Richard Wilson	m		Kendal AC	0:53:28
6.	1308	Alex Nixon	m		U/A Preston, Lancashire	0:57:23
7.	1230	alex jarzyna	m	Veteran 40	Muckle Toon Sloggers	0:57:24
8.	1239	John Jones	m	Veteran 50	Kendal Amateur Athletic Club	0:57:30
9.	1274	Simon Maughan	m	Veteran 50	U/A Blackburn, Lancashire	0:57:52
10.	1528	Keith Elliot	m		Muckle Toon Sloggers	0:57:59
11.	1477	Mark McAfee	m		U/A Manchester,	0:58:02
12.	1341	Ian Robinson	m	Veteran 40	SCC	0:58:32
13.	1056	Andy Bennett	m		U/A Morecambe, Lancashire	0:58:40
14.	1497	Sam Crompton	m	Veteran 40	U/A Crosthwaite , Cumbria	0:58:52
15.	1472	Alistair Cooper	m		U/A Manchester,	0:59:01
16.	1514	Garth Spencer	m		Ribble Valley Triathlon Club	0:59:52
17.	1418	Oliver Wilkinson-gray	m		U/A St Anne's,	0:59:55
18.	1524	Malcolm Leece	m	Veteran 40	Jarrow and Hebburn	1:00:36
19.	1509	Neil Jenkins	m	Veteran 50	U/A Ellesmere Port, Cheshire	1:01:10
20.	1521	George Charlesworth	m			1:01:18
21.	1430	Matthew Wilson	m		U/A Workington, Cumbria	1:01:37
22.	1261	Peter Llewellyn	m	Veteran 40	Bowland Fell Runners	1:01:44
23.	1052	Neil Baxter	m	Veteran 40	U/A Rhoose, Vale of Glamorgan	1:02:03
24.	1079	Graham Jackson	m		Allithwaite Running Club	1:02:10
25.	1003	Jane Thomas	f		Sale Harriers	1:02:19
26.	1385	Ian Trafford	m	Veteran 40	U/A Manchester, Greater Manchester	1:02:27
27.	1329	Tom Ratcliffe	m		U/A Baildon,	1:02:29
28.	1494	Stephen Potter	m		Kendal AAC	1:02:30
29.	1462	Lance Saxby	m	Veteran 40	U/A Harrogate, North Yorkshire	1:03:04
30.	1464	Mark Mctigue	m	Veteran 40	U/A Lancaster, Lancashire	1:03:07
31.	1446	Jonny Grisedale	m	Veteran 40	Team inov-8.com	1:03:36
32.	1281	Jeff McCarthy	m	Veteran 40	Rochdale Harriers	1:03:45
33.	1152	Steve Foreman	m	Veteran 40	Sedgefield Harriers	1:04:03
34.	1199	margaret henderson	f		U/A warton, lancs	1:04:51
35.	1109	Allison Daly	f	Lady Veteran 40	Kendal AC	1:04:59
36.	1037	STEPHEN ARMSTRONG	m	Veteran 50	U/A kendal,	1:05:25
37.	1299	terry moss	m	Veteran 40	U/A preston, lancashire	1:05:39
38.	1090	pete coe	m	Veteran 60	U/A Kendal,	1:06:01
39.	1187	Jo Haigh	f	Lady Veteran 60	U/A Skipton, North Yorkshire	1:06:05
40.	1431	Paul Wilson	m	Veteran 50	U/A Durham, Durham	1:06:06
41.	1271	Kylie Maguire	f		St Helens Striders	1:06:18
42.	1260	Nick Lewthwaite	m	Veteran 40	U/A Windermere, Cumbria	1:06:21
43.	1297	Ian Morgan	m	Veteran 50	U/A Kirkby Lonsdale, Cumbria	1:06:26
44.	1095	nick cook	m	Veteran 40	U/A carnforth, lancs	1:06:32
45.	1423	Alan Wilson	m	Veteran 50	Glaxo Hoad Hill Harriers	1:06:41
46.	1108	Steven Cutter-Thomas	m	Veteran 50	U/A Manchester,	1:06:44
47.	1519	Rebecca Dobson	f			1:06:45
48.	1179	Toby Gregory	m	Veteran 40	U/A Preston, Lancashire	1:06:56
49.	1501	Stephen Shaw	m		U/A Standish, Wigan, Gtr Manchester	1:07:03
50.	1113	Bart Decadt	m	Veteran 50	U/A Bolton,	1:07:05
51.	1181	Joe Grimwade	m		U/A Shap , Cumbria	1:07:50
52.	1222	Graham Ingham	m	Veteran 50	U/A Kirkham,	1:07:54
53.	1294	Sean Mitchell	m	Veteran 40	Barnet & District AC	1:07:57
54.	1225	Chris Jackson	m	Veteran 40	U/A Tunstall, East Riding of Yorkshire	1:08:40
55.	1128	Robbie Edwards	m	Veteran 40	Southport running cluc	1:08:43
56.	1201	Andy Hickson	m	Veteran 50	U/A LONDON,	1:08:46
57.	1232	karen johnson	f	Lady Veteran 40	U/A Ulverston,	1:09:04
58.	1182	Michael Gudgeon	m	Veteran 40	U/A Settle, North Yorkshire	1:09:06
59.	1490	Joe Nicholson	m		U/A Ormskirk, Lancashire	1:09:08
60.	1269	Steven Mackie	m		U/A KENDAL, Cumbria	1:09:11
61.	1247	tim kings	m	Veteran 40	U/A KENDAL,	1:09:11
62.	1402	Paul Weal	m	Veteran 40	U/A Chipperfield, Hertfordshire	1:09:22
63.	1061	Lisa Bolton	f		Red rose road runners	1:09:26
64.	1409	Ian Whalley	m		U/A Huddersfield, West Yorkshire	1:09:38
65.	1436	Simon Withey	m		U/A Shipley, West Yorkshire	1:09:51
66.	1479	Sean Roddy	m		U/A Preston, Lancs	1:10:07
67.	1362	Kevin Stead	m	Veteran 40	U/A Kendal,	1:10:13
68.	1116	Chris Devlin	m		U/A Manchester, LANCS	1:10:15
69.	1219	Gerard Hurst	m	Veteran 60	U/A Wigan,	1:10:28
70.	1469	Denyse Holman	f	Lady Veteran 50	U/A Lanchester , Durham	1:10:30
71.	1484	Gary Hutchinson	m	Veteran 50	U/A Sunderland, Tyne & Wear	1:10:31
72.	1454	Sarah Warwick	f		U/A Wigton	1:10:33
73.	1290	Jane Mellor	f	Lady Veteran 40	U/A Bridge of Weir,	1:10:36
74.	1442	Daniel Wright	m		U/A Carnforth, Lancashire	1:10:38
75.	1215	Phil Horner	m	Veteran 40	Garstang RC	1:10:40

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
76.	1041	David Ashworth	m	Veteran 60	U/A Bolton, Lancs	1:10:47
77.	1330	Andrew Reid	m		U/A Merseyside,	1:10:48
78.	1463	Iain Mackie	m		U/A Preston, Lancashire	1:11:41
79.	1140	Nigel Ezard	m	Veteran 40	U/A Ilkley,	1:12:00
80.	1382	Callie Thornton	f		Canicross Clwyd	1:12:03
81.	1406	Cheryl Westerman	f	Lady Veteran 40	U/A Keswick, Cumbria	1:12:07
82.	1074	Sarah Burnett	f	Lady Veteran 50	U/A Kendal, Cumbria	1:12:20
83.	1489	Ged Foster	m	Veteran 50	U/A Whickham, Newcastle upon Tyne	1:12:27
84.	1136	Mark Etherington	m	Veteran 40	U/A Preston, Lancs	1:12:28
85.	1318	Louisa Phillips	f		U/A Manchester, Greater Manchester	1:12:29
86.	1078	Stephen Careless	m	Veteran 40	U/A Carnforth, Lancashire	1:12:53
87.	1339	KRISTIAN ROBINSON	m	Veteran 40	Rochdale Harriers	1:12:54
88.	1220	amy hutch	f	Lady Veteran 40	U/A glasgow,	1:12:56
89.	1097	Robert Cooper	m		Penny Lane Striders	1:13:08
90.	1515	Gemma Kenny	f		U/A Staveley,	1:13:14
91.	1526	Joe Kenny	m		U/A Staveley	1:13:14
92.	1075	James Burt	m	Veteran 40	Stepping Stone Striders	1:13:16
93.	1401	Alison Weal	f		U/A Chipperfield, Hertfordshire	1:13:17
94.	1328	adam ranner	m	Veteran 40	mudstacle	1:13:18
95.	1255	Jo Lawrence	f		U/A Haslington , Cheshire	1:13:22
96.	1428	Mark Wilson	m	Veteran 40	Skipton Athletics Club	1:13:27
97.	1471	Tom Wild	m		U/A Manchester , Cheshire	1:13:34
98.	1229	Stephen James	m	Veteran 40	Lancaster Runners	1:13:50
99.	1317	Gareth Phillips	m	Veteran 40	Gateshead harriers	1:13:53
100.	1389	Jean Turner	f	Lady Veteran 50	Telford Harriers	1:14:11
101.	1124	Sarah Dove	f	Lady Veteran 40	U/A Blackburn, Lancashire	1:14:15
102.	1450	Margaret Gorman	f	Lady Veteran 60	U/A	1:14:19
103.	1407	David Western	m	Veteran 50	U/A Sutton, Surrey	1:14:29
104.	1415	Russell Whyham	m	Veteran 40	U/A Blackpool,	1:14:43
105.	1420	Claire Williams	f	Lady Veteran 50	Eryri Harriers	1:14:51
106.	1135	Darren Entwistle	m	Veteran 40	U/A Bury , Lancashire	1:14:54
107.	1445	Jo Grisedale	f	Lady Veteran 40	Team inov-8.com	1:15:00
108.	1306	Andy Neville	m		U/A Wesham, Lancs	1:15:15
109.	1338	Ben Robins	m	Veteran 40	U/A Welwyn Garden City, Herts	1:15:16
110.	1332	John Reynolds	m	Veteran 50	U/A Wigton, Cumbria	1:15:28
111.	1470	Jessica Booth	f		U/A Salford, Greater Manchester	1:15:31
112.	1196	Peter Hatch	m	Veteran 50	U/A Billingham,	1:15:32
113.	1505	Jonathan Kaye	m	Veteran 50	U/A Windermere, Cumbria	1:15:35
114.	1373	Tony Swann	m	Veteran 50	AlbaRosaCC	1:15:39
115.	1460	Alison Cardwell	f	Lady Veteran 50	Styal RC	1:15:41
116.	1177	Julie Gray	f	Lady Veteran 50	n/a	1:15:50
117.	1345	Kate Rollason	f		U/A Skipton, North Yorkshire	1:15:55
118.	1525	liza tattersall	f	Lady Veteran 40	U/A carnforth, lancashire	1:15:59
119.	1173	Kevin Gorman	m	Veteran 60	U/A Grange over sands, Cumbria	1:16:03
120.	1400	Steve Watson	m	Veteran 50	U/A Gleaston, Ulverston	1:16:07
121.	1088	Andrew Clayton	m		U/A Blackpool,	1:16:08
122.	1051	Philippa Bather	f		U/A Manchester,	1:16:14
123.	1026	Louise McParland	f	Lady Veteran 40	U/A Glasgow,	1:16:28
124.	1206	Callum Hodgson	m		U/A Arnside, Cumbria	1:16:31
125.	1439	Laura Woollard	f		U/A Ellesmere Port, Cheshire	1:16:33
126.	1311	Susanne Parry	f	Lady Veteran 40	U/A Carlisle,	1:16:34
127.	1092	Debbie Collier	f	Lady Veteran 40	Thornton Cleveleys Running Club	1:16:39
128.	1358	bridget slater	f	Lady Veteran 50	U/A Skipton, N Yorks	1:16:41
129.	1372	Viki Sutton	f	Lady Veteran 50	U/A Lancaster,	1:16:43
130.	1060	Mark Blundell	m	Veteran 50	U/A Ormskirk , Lancashire	1:16:45
131.	1059	Bernice Blundell	f	Lady Veteran 50	U/A Ormskirk, Lancashire	1:16:45
132.	1122	Martin Donohue	m		U/A Wigan , Lancs	1:16:46
133.	1414	Laura Whittaker	f		U/A Kendal, Cumbria	1:16:58
134.	1331	Corrie Renyard	f		U/A Carlisle, Cumbria	1:16:59
135.	1029	Richard Allan	m	Veteran 40	U/A Altrincham, Cheshire	1:17:02
136.	1158	Philip Fry	m		U/A Manchester ,	1:17:40
137.	1302	Peter Murray	m		U/A Davyhulme, MANCHESTER	1:17:40
138.	1084	joseph ciaramitaro	m	Veteran 60	U/A tucson arizona,	1:18:08
139.	1030	Simon Allan	m		U/A Newcastle upon Tyne,	1:18:15
140.	1212	Fran Home	f	Lady Veteran 40	U/A Grange over Sands,	1:18:21
141.	1087	gary clay	m	Veteran 50	U/A huddersfield, west yorkshire	1:18:29
142.	1069	Tracy Brown	f	Lady Veteran 40	Sedgefield Harriers	1:18:36
143.	1245	Donna Kelsall	f		Lostock AC	1:18:39
144.	1502	Martin Free	m	Veteran 40	U/A Huddersfield,	1:18:39
145.	1482	Nicola Bishop	f		U/A Lancaster, Lancashire	1:18:39
146.	1100	Julian Coulthard	m	Veteran 50	Border Harriers	1:18:42
147.	1138	Lorna Evans	f		U/A Preston, Lancashire	1:18:51
148.	1024	Louise Addy	f		U/A Kendal, Cumbria	1:18:54
149.	1327	Andy Rankine	m	Veteran 40	U/A Chorley, Lancashire	1:19:08
150.	1072	Susan Buchan	f	Lady Veteran 50	U/A Glasgow, Glasgow	1:19:09
151.	1071	Scott Buchan	m	Veteran 40	U/A Glasgow, Glasgow	1:19:09
152.	1048	Paul Bates	m	Veteran 40	Mossley AFC Running Club	1:19:11
153.	1049	Steve Bates	m	Veteran 60	Mossley AFC Running Club	1:19:12

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
154.	1188	Brian Hanley	m	Veteran 50	Red Rose Road Runners	1:19:15
155.	1154	Jenny Foster	f		U/A Manchester,	1:19:34
156.	1209	Tara Oxley	f		Stockton Striders	1:19:45
157.	1267	Larissa Macdonald	f	Lady Veteran 40	U/A Clarkston,	1:19:51
158.	1386	AUSTIN TRELFA	m	Veteran 60	Red Rose Road Runners	1:19:54
159.	1253	Julia Laverack	f	Lady Veteran 50	Ambleside AC	1:19:58
160.	1278	Abigail McAninly	f	Lady Veteran 40	Durham	1:20:00
161.	1286	Ellen McLachlan	f		BWFAC	1:20:00
162.	1485	Shirley Spratt	f	Lady Veteran 50	U/A Congleton, Cheshire	1:20:04
163.	1114	Alison DeCurtis	f	Lady Veteran 40	U/A Padiham,	1:20:08
164.	1036	Shelley Aplin	f		U/A Kendal, Cumbria	1:20:11
165.	1104	Nicola Crompton	f	Lady Veteran 40	U/A Near Kendal,	1:20:14
166.	1103	Carl Crompton	m	Veteran 40	U/A Near Kendal, Cumbria	1:20:14
167.	1250	Sally Lambert	f	Lady Veteran 50	U/A Ambleside, Cumbria	1:20:23
168.	1268	Ellie Mackay	f		U/A Kendal,	1:20:26
169.	1291	Louise Meynell	f	Lady Veteran 50	Billingham Marsh House Harriers	1:20:27
170.	1507	ben Silva	m		carleton house	1:20:29
171.	1156	Jackie Frank	f	Lady Veteran 40	U/A Redcar,	1:20:29
172.	1238	Michael Jones	m	Veteran 60	Altrincham & District AC	1:20:35
173.	1035	Liam Aplin	m	Veteran 40	U/A Cockermouth, Cumbria	1:20:44
174.	1285	Lindsey McGahey	f	Lady Veteran 40	Women on the Run	1:20:49
175.	1105	Felicity Cross	f	Lady Veteran 60	Preston Harriers	1:20:50
176.	1506	elaine hindle	f	Lady Veteran 40	U/A Liverpool,	1:20:56
177.	1038	Clare Ashton	f	Lady Veteran 40	U/A Warrington, Cheshire	1:20:57
178.	1235	Angela Jones	f	Lady Veteran 40	U/A Kendal, Cumbria	1:21:00
179.	1322	Christopher Pye	m	Veteran 60	U/A LIVERPOOL, Merseyside	1:21:01
180.	1062	Jo Bonham	f	Lady Veteran 50	U/A Barrow in Furness, Cumbria	1:21:05
181.	1393	Natasha Walsh	f	Lady Veteran 40	COLT	1:21:07
182.	1387	Angie Trippitt	f	Lady Veteran 50	Kendal Tri Club	1:21:11
183.	1144	Darren Finch	m	Veteran 40	U/A Belton, North Lincs	1:21:11
184.	1280	Sandy McBride	f	Lady Veteran 50	U/A London, London	1:21:15
185.	1357	Yvonne Skelton	f	Lady Veteran 60	U/A Harrogate,	1:21:21
186.	1195	Ian Hartwell	m		U/A Manchester,	1:21:23
187.	1167	Zoe Gerrard	f	Lady Veteran 40	U/A Ashton-under-Lyne, Lancashire	1:21:29
188.	1099	Tessa Coulson	f		U/A Manchester,	1:21:47
189.	1425	Charlotte Wilson	f		U/A Manchester,	1:21:47
190.	1449	James Rogers	m		Team inov-8.com	1:21:48
191.	1314	Thomas Pearson	m		U/A Grange Over Sands, Cumbria	1:21:55
192.	1397	Jonathan Washington	m		U/A Dalton-in-Furness, Cumbria	1:22:07
193.	1131	David Ellicott	m	Veteran 40	Keswick AC	1:22:18
194.	1383	Keith Tolley	m	Veteran 50	U/A Buxton,	1:22:32
195.	1266	Debbie Macaro	f	Lady Veteran 40	U/A Banbury,	1:22:35
196.	1149	David Fisher	m		U/A Kendal,	1:22:40
197.	1023	Sarah Adams	f		U/A Kendal,	1:22:40
198.	1218	James Humphreys	m	Veteran 40	U/A Bury,	1:22:49
199.	1480	Tony Orr	m	Veteran 50	U/A burton in kendal, cumbria	1:22:54
200.	1161	Rachel Gasior	f	Lady Veteran 40	Keighley and Craven Athletic Club	1:23:01
201.	1163	Kevin Gelder	m	Veteran 50	U/A Cleckheaton, West Yorkshire	1:23:04
202.	1162	Clare Gelder	f		U/A Cleckheaton, West Yorkshire	1:23:05
203.	1527	Kevin Kendal	m	Veteran 40	Howgill Harriers	1:23:10
204.	1370	Rachel Summers	f	Lady Veteran 40	U/A Preston,	1:23:28
205.	1312	Julie Paton	f	Lady Veteran 40	U/A Preston, Lancashire	1:23:38
206.	1186	Catherine Haggerty	f		U/A St Helens, Merseyside	1:23:48
207.	1171	Elizabeth Gibson	f		U/A Kendal , Cumbria	1:23:48
208.	1392	Abby Wade	f		U/A Kendal, Cumbria	1:23:48
209.	1478	Jennifer Marley	f		U/A Manchester,	1:23:49
210.	1270	Petra Madarasan	f	Lady Veteran 40	Jogging Pals	1:23:54
211.	1377	Jane Taylor	f	Lady Veteran 40	Women on the Run - Preston	1:23:56
212.	1047	Liz Bamber	f	Lady Veteran 40	Lancaster Women's Running Club	1:23:58
213.	1214	Claire Horner	f	Lady Veteran 40	U/A Hornby,	1:24:02
214.	1342	Aimee Roblin	f		U/A Richmond, North Yorkshire	1:24:13
215.	1348	Sarah Sandell	f		U/A Richmond, North Yorkshire	1:24:13
216.	1305	Wendy Navin	f	Lady Veteran 40	Cumberland AC	1:24:25
217.	1518	Carolyn Mackintosh	f	Lady Veteran 40	Ambleside AC	1:24:30
218.	1504	Beth Irving	f	Lady Veteran 40	U/A Carlisle,	1:24:31
219.	1244	Linda Kelly	f	Lady Veteran 40	Shildon Athletic Running Club	1:24:32
220.	1170	Christopher Gibson	m		Shildon Athletic	1:24:32
221.	1474	Deborah Cummings	f	Lady Veteran 40	U/A St. Helens, Merseyside	1:24:33
222.	1410	Angela White	f	Lady Veteran 40	CFR	1:24:39
223.	1058	John Bide	m	Veteran 50	U/A Wainfleet All Saints, Lincolnshire	1:24:40
224.	1355	Jonathan Shaw	m	Veteran 50	U/A Macclesfield,	1:24:42
225.	1157	Tom French	m		U/A Skipton, North Yorkshire	1:25:01
226.	1118	Nicola Dinsdale	f		Ribble valley Tri Club	1:25:08
227.	1264	Wendy Lynch	f	Lady Veteran 40	Low Fell Running Club	1:25:08
228.	1468	Debbie Torr	f	Lady Veteran 40	U/A Kendal, Cumbria	1:25:09
229.	1129	Stuart Edwards	m	Veteran 50	U/A North Shields, Tyne and Wear	1:25:22
230.	1120	Sarah Dodd	f		U/A Barrow In Furness, Cumbria	1:25:23
231.	1500	Vera Schleiffer	f		Wigan and District Harriers and AC	1:25:28

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
232.	1510	Stewart Mcnicholl	m	Veteran 40	U/A Morpeth , Northumberland	1:25:42
233.	1242	Sharon Keating	f	Lady Veteran 40	U/A Lancaster , Lancashire	1:25:44
234.	1381	Deborah Thorneycroft	f	Lady Veteran 50	U/A Stoke on Trent, Staffs	1:25:54
235.	1178	Karen Green	f	Lady Veteran 40	U/A Neston, Cheshire	1:26:04
236.	1213	Gill Horne	f	Lady Veteran 60	Biddulph Running Club	1:26:10
237.	1476	Lisa Semley	f	Lady Veteran 50	Red Rose Runners	1:26:10
238.	1190	Laura Hanson	f		U/A NEWCASTLE UPON TYNE, Tyne and Wear	1:26:12
239.	1422	Lydia Willson	f		Lymm Runner	1:26:14
240.	1380	Catherine Thomson	f	Lady Veteran 40	U/A Manchester,	1:26:18
241.	1208	Susie Hodgson	f		U/A Ambleside, Cumbria	1:26:20
242.	1044	Dan Babic	m	Veteran 50	Independent	1:26:26
243.	1398	Melanie Waszkiel	f	Lady Veteran 40	U/A Heversham,	1:26:33
244.	1335	Jill RITSON	f	Lady Veteran 40	WOTR	1:26:33
245.	1039	Maggie Ashton	f		U/A Carlisle,	1:26:41
246.	1248	Zoe Kitchen	f		U/A morecambe,	1:26:45
247.	1486	John Hammill	m	Veteran 50	Batala	1:26:51
248.	1452	Catherine Higson	f		U/A Keswick	1:27:08
249.	1046	Jordi Ballester	m	Veteran 50	U/A Worsley, Manchester	1:27:19
250.	1045	Nicky Ball	f	Lady Veteran 50	U/A Bolton , Lancashire	1:27:19
251.	1503	Eileen Jones	f	Lady Veteran 60	Clayton le Moors Harriers	1:27:22
252.	1211	Sarah Hopkins	f	Lady Veteran 40	U/A Preston, Lancs	1:27:35
253.	1107	catherine cuthbert	f	Lady Veteran 40	wallasey ac	1:27:38
254.	1110	Kerry Edwards	f	Lady Veteran 40	U/A Cupar, Fife	1:27:40
255.	1042	Laura Astall	f		U/A Prudhoe,	1:27:40
256.	1455	Emma Joinson	f		U/A Chorley Lancs	1:27:46
257.	1028	Kathy Allan	f		U/A Newcastle upon Tyne,	1:27:53
258.	1117	Sue Dickie	f	Lady Veteran 50	U/A London, camden	1:28:01
259.	1231	Hilary Johnson	f	Lady Veteran 50	U/A London,	1:28:01
260.	1142	Alison Felstead	f	Lady Veteran 40	Lymm Runners	1:28:03
261.	1511	Chris Jones	m		U/A Bury, Greater Manchester	1:28:19
262.	1408	Charlie Westney	f	Lady Veteran 40	U/A Arnside, Cumbria	1:28:28
263.	1132	Kate Elliott	f		U/A Manchester,	1:28:33
264.	1367	Katie Storey	f		U/A Liverpool , Merseyside	1:28:36
265.	1022	Paul Abrams	m	Veteran 40	U/A St Helens, Lancs	1:28:39
266.	1234	Vicky Johnston	f	Lady Veteran 40	St Bees Triers	1:28:55
267.	1492	James Airey	f		U/A Kendal, Cumbria	1:28:56
268.	1221	Sarah Ibbotson	f		U/A Skipton, North Yorkshire	1:29:05
269.	1133	David Ellis	m		U/A Skipton, North Yorkshire	1:29:05
270.	1353	Naomi Sharples	f	Lady Veteran 50	None	1:29:10
271.	1070	Rachel Brownsmith	f		U/A Lancaster,	1:29:11
272.	1191	Simon Hanson-Hamilton	m	Veteran 40	U/A Preston,	1:29:13
273.	1020	Gill Nevin	f	Lady Veteran 40	Crosby Stormers	1:29:15
274.	1265	Jenny Mabbutt	f		U/A Accrington , Lancashire	1:29:17
275.	1491	Sarah Airey	f		U/A Kendal,	1:29:18
276.	1344	Jo-Anna Robson	f	Lady Veteran 40	U/A Formby,	1:29:42
277.	1481	Lucy Hill	f	Lady Veteran 40	Women on the run	1:29:43
278.	1082	Emma Cattermole	f	Lady Veteran 40	U/A Kendal, Cumbria	1:29:45
279.	1224	Mahfuzul Islam	m	Veteran 40	U/A Sabden,	1:29:45
280.	1063	Naomi Bonner	f	Lady Veteran 40	Rosemere	1:29:51
281.	1320	Daniel Pressler	m		U/A Bolton, Lancashire	1:30:11
282.	1202	Jennifer Hickson	f	Lady Veteran 50	U/A LONDON,	1:30:12
283.	1441	Graeme Wordsworth	m	Veteran 40	North Shields Poly	1:30:15
284.	1151	Becky Flight	f		N/A	1:30:22
285.	1493	Jill Leader	f	Lady Veteran 60	U/A Kendal , Cumbria	1:30:34
286.	1216	Emma Houlihan	f		U/A Windermere, Cumbria	1:30:56
287.	1361	Alison Spiby	f	Lady Veteran 40	U/A Windermere, Cumbria	1:30:56
288.	1303	Theresa Murray	f	Lady Veteran 50	U/A Crook, Cumbria	1:31:01
289.	1159	Peter Gaines	m	Veteran 40	U/A Warrington, Cheshire	1:31:05
290.	1316	Slavomir Petrik	m		U/A Hitchin, Hertfordshire	1:31:05
291.	1298	Lizzie Morley	f		U/A Ambleside, Cumbria	1:31:18
292.	1379	Michael Thompson	m		U/A Cheadle Hulme, Cheshire	1:31:21
293.	1207	Sorcha Hodgson	f		U/A Burneside, Cumbria	1:31:39
294.	1076	Paula Byrne	f	Lady Veteran 60	U/A Arnside, Cumbria	1:31:42
295.	1301	Jane Mulcrone	f	Lady Veteran 40	Penny Lane Striders	1:31:44
296.	1376	Simon Taggart	m	Veteran 50	Galloway harriers	1:31:44
297.	1300	Carol Mossop	f	Lady Veteran 50	Dumfries Running Club	1:31:51
298.	1204	Ben Higginson	m	Veteran 60	Preston Harriers	1:31:54
299.	1411	Martin White	m	Veteran 50	CFR	1:32:05
300.	1371	Sara Summers	f	Lady Veteran 50	U/A Preston,	1:32:21
301.	1466	Viv West	f	Lady Veteran 50	Staveley Choral	1:32:23
302.	1390	Julia Twist	f		U/A Kendal , Cumbria	1:32:27
303.	1210	Ceri Holman	f	Lady Veteran 40	U/A Grange over Sands, Cumbria	1:32:40
304.	1313	Chris Pearson	m	Veteran 50	U/A Grange Over Sands, Cumbria	1:32:45
305.	1166	Gabriella Gentilcore	f		U/A Edgware, Middx	1:32:49
306.	1180	jeanette grimes	f	Lady Veteran 50	U/A prescot, merseyside	1:32:54
307.	1176	Nicky Graves	f	Lady Veteran 50	Batala Drummers	1:32:57
308.	1227	Elizabeth Jackson	f		U/A Tunstall, East Riding of Yorkshire	1:33:32
309.	1101	Janet Coutts	f	Lady Veteran 60	Skipton AC	1:33:37

## Lakeland Trails in Staveley

## Kentmere Trail Run 10km

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
310.	1461	Adrian Dobson	m	Veteran 50	Team Dobson	1:34:01
311.	1375	Ailsa Taggart	f	Lady Veteran 50	Galloway Harriers	1:34:07
312.	1444	Nicola Wright	f		U/A Ambleside,	1:34:16
313.	1443	Nick Wright	m		U/A Ambleside,	1:34:17
314.	1369	Torrie Sullivan	f		U/A Brampton, Cumbria	1:34:18
315.	1517	Alex Earley	f		Lakeland Orienteering	1:34:23
316.	1273	Heidi Martin	f		St.Bees Triers	1:34:28
317.	1384	Jackie Tomlinson	f	Lady Veteran 50	U/A Bolton ,	1:34:36
318.	1139	Alison Ewing	f	Lady Veteran 50	Warrington Running Club	1:34:43
319.	1205	Alison Hodges	f	Lady Veteran 50	Blackhill Bounders	1:34:45
320.	1333	brian richardson	m	Veteran 50	blackhill bounders	1:34:46
321.	1326	Tricia Radcliffe	f	Lady Veteran 50	St Bees Triers	1:34:47
322.	1193	John Harrison	m	Veteran 70	U/A Carlisle, Cumbria	1:34:58
323.	1475	Joanna Mackenzie	f	Lady Veteran 40	U/A Edinburgh,	1:35:31
324.	1125	Melissa Dyball	f		U/A Darlington, Durham	1:35:39
325.	1237	Kate Jones	f	Lady Veteran 50	U/A Eccles,	1:35:56
326.	1364	Hannah Stirling	f		U/A Wilmslow,	1:36:12
327.	1263	David Lomas	m	Veteran 40	U/A Rochdale , Greater Manchester	1:36:32
328.	1498	Suzanne Sumner	f	Lady Veteran 50	Ribble Valley Triathlon Club	1:36:56
329.	1032	Joanna Amos	f	Lady Veteran 50	U/A Stanley, County Durham	1:37:17
330.	1522	Ellena Gamberini	f		U/A	1:37:48
331.	1523	Lorna Gamberini	f	Lady Veteran 50	Rocktart Runners	1:37:48
332.	1123	Tripthi Donthamsetty	f		Lymm runners	1:38:06
333.	1252	Hannah Latimer	f		Wigton Road Runners	1:38:17
334.	1168	Ann Gibbins	f	Lady Veteran 50	U/A Grimsby , North East Lincs	1:38:32
335.	1169	Paul Gibbins	m	Veteran 50	U/A Grimsby, North East Lincs	1:38:32
336.	1279	Fiona McAuley	f	Lady Veteran 50	U/A Manchester, Greater Manchester	1:38:50
337.	1115	Justine Dempsey	f	Lady Veteran 40	Lymm runners	1:38:52
338.	1111	Marie Davidson	f		U/A Blackpool,	1:38:53
339.	1243	Denise Kelly	f	Lady Veteran 40	U/A Ferryhill, Durham	1:38:55
340.	1033	Neil Anderson	m	Veteran 60	U/A Preston, Lancs	1:39:22
341.	1416	Laura Wilkinson	f		U/A Huddersfield,	1:39:36
342.	1340	Lizzie Robinson	f		U/A Huddersfield,	1:39:37
343.	1147	Helen Firth	f		U/A Altrincham, Cheshire	1:39:37
344.	1495	Beverley Ward	f		U/A Stocksfield, Tyne & Wear	1:39:39
345.	1293	Heather Minshull	f	Lady Veteran 40	U/A Bolton,	1:40:02
346.	1226	Elizabeth Jackson	f	Lady Veteran 40	U/A Tunstall, East Riding of Yorkshire	1:40:17
347.	1437	Carole Wood	f	Lady Veteran 50	U/A Kendal, Cumbria	1:40:23
348.	1223	Elizabeth Islam	f		U/A Sabden,	1:40:48
349.	1259	Emma Levitt	f		U/A Leeds,	1:40:53
350.	1309	Katherine Owen	f	Lady Veteran 50	None	1:41:02
351.	1346	Mandy Rothwell	f	Lady Veteran 50	U/A Manchester, LANCS	1:41:23
352.	1254	Theresa Lavery	f	Lady Veteran 40	U/A Dumfries, Dumfries and Galloway	1:41:27
353.	1337	Rose Roberts	f	Lady Veteran 50	261 Fearless	1:41:47
354.	1251	Ellie Lane	f	Lady Veteran 50	U/A Manchester , Lancashire	1:42:03
355.	1093	Stuart Collier	m	Veteran 50	U/A Manchester , Lancashire	1:42:05
356.	1417	Paul Wilkinson	m		U/A Stanley, County Durham	1:42:12
357.	1175	Cressida Graves	f	Lady Veteran 50	U/A Lancaster, Lancashire	1:42:45
358.	1184	Fiona Gutteridge	f		Red Rose Road Runners	1:43:15
359.	1435	John Wiseman	m	Veteran 50	Red Rose Road Runners	1:43:16
360.	1304	Ann Myatt	f	Lady Veteran 50	Cheadle	1:43:52
361.	1043	Kathryn Atkins	f	Lady Veteran 60	U/A Leeds, West Yorkshire	1:44:07
362.	1349	Wendy Sanders	f	Lady Veteran 50	U/A Glossop, Derbyshire	1:44:12
363.	1356	Nicky Shepherd	f	Lady Veteran 40	U/A Blackpool, LANCASHIRE	1:44:25
364.	1150	Isla Fitzgerald	f	Lady Veteran 40	U/A kendal ,	1:44:34
365.	1292	Allyson Miller	f	Lady Veteran 40	U/A Chorley, Lancashire	1:44:42
366.	1363	David Stirling	m	Veteran 60	U/A Lancaster, Lancashire	1:44:44
367.	1246	Imran Khan	m		U/A Accrington, Lancashire	1:45:18
368.	1155	Nadine Francis	f		U/A Warrington, Cheshire	1:45:31
369.	1064	Helen Borking	f	Lady Veteran 50	Women on the Run	1:45:37
370.	1258	Kathryn Lehm	f	Lady Veteran 40	U/A Kendal, Cumbria	1:46:01
371.	1065	Joshua Bowden	m		U/A SELBY, North Yorkshire	1:46:35
372.	1141	linda farquhar	f	Lady Veteran 70	st bees triers	1:46:48
373.	1399	David Watson	m	Veteran 50	Red rose Road runners	1:47:23
374.	1404	Catherine Wearing	f		U/A Lancaster,	1:47:24
375.	1283	Andrea McCluskey	f		U/A Warrington , cheshire	1:47:40
376.	1094	Sam Collins	f		U/A Warrington, Cheshire	1:47:40
377.	1465	Sally Bowden	f		U/A SELBY, North Yorkshire	1:47:40
378.	1336	Catherine Roberts	f		U/A Settle, N Yorkshire	1:47:49
379.	1307	Emma Nicholls	f		U/A Millom, Cumbria	1:49:34
380.	1185	Lenka Habsudova	f		U/A Manchester, Lancashire	1:51:10
381.	1086	Anita Clarke	f		U/A Lichfield,	1:53:21
382.	1457	Edwina Rickards-Collinson	f	Lady Veteran 50	Croc walkers	1:53:39
383.	1368	Mark Sullivan	m	Veteran 50	U/A FRODSHAM, Cheshire	1:55:02
384.	1496	Janet Fox	f	Lady Veteran 60	Nordic Walker	1:55:46
385.	1374	JAMES SWIRE	m		U/A Southport,	1:56:45
386.	1143	Christine Fildes	f	Lady Veteran 50	Nics Nordic Walks	1:58:19
387.	1160	Sam Gardiner	f	Lady Veteran 40	U/A Bedford, Bedfordshire	1:58:20

Lakeland Trails in Staveley**Kentmere Trail Run 10km**

<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>M/F</b>	<b>Age Cat</b>	<b>Club</b>	<b>Finish Time</b>
388.	1067	Karen Braddon	f	Lady Veteran 60	Crocwalkers	1:58:28
389.	1200	Meg Daintith	f	Lady Veteran 40	Warrington Runing Club	1:59:19
390.	1217	J Howard	m	Veteran 60	U/A Ashton under Lyne, Lancs	1:59:35
391.	1343	Chris Robson	m	Veteran 70	U/A St Bees, Cumbria	2:02:20
392.	1080	Dot Carr	f	Lady Veteran 70	U/A harrogate, yorkshire	2:02:30
393.	1021	Michelle Abernethy	f	Lady Veteran 40	U/A Wilmslow, Cheshire	2:03:01
394.	1315	Shonagh Pearson	f	Lady Veteran 40	U/A Handforth , Cheshire	2:03:01
395.	1134	David Elsender	m	Veteran 70	Nic's Nordic Walks	2:03:32
396.	1189	vicki Hanley	f	Lady Veteran 40	Nordic walking Preston	2:03:34
397.	1145	Linda Finch	f	Lady Veteran 40	Rosemere Cancer Foundation	2:03:37
398.	1426	Jennifer Wilson	f	Lady Veteran 40	U/A Doncaster, South Yorkshire	2:03:38
399.	1027	Hannah Allan	f	Lady Veteran 40	U/A Altrincham, Cheshire	2:15:00
400.	1296	Tira Moore	f	Lady Veteran 40	U/A Durham, Durham	2:21:17

Number of records: 400